

1 **Assessment of DNA quality for whole genome**
2 **library preparation**

3 Linda Jansson^{a,b}, Siri Aili Fagerholm^a, Emelie Börkén^c, Arvid Hedén Gynnå^a,
4 Maja Sidstedt^a, Christina Forsberg^a, Ricky Ansell^{a,d}, Johannes Hedman^{a,b} and
5 Andreas Tillmar^{c,e,*}

6 a) National Forensic Centre, Swedish Police Authority, Linköping, Sweden

7 b) Applied Microbiology, Department of Chemistry, Lund University, Lund, Sweden

8 c) Department of Forensic Genetics and Forensic Toxicology, National Board of Forensic Medicine,
9 Linköping, Sweden

10 d) Department of Physics, Chemistry and Biology, IFM, Linköping University, Linköping, Sweden

11 e) Department of Biomedical and Clinical Sciences, Faculty of Medicine and Health Sciences,
12 Linköping University, Linköping, Sweden

13 * Corresponding author

14 Title: Dr. Andreas Tillmar

15 Postal address: Artillerigatan 12, 587 58 Linköping, Sweden

16 E-mail: andreas.tillmar@rmv.se

17

18

19 **Abstract**

20 In recent years, more sophisticated DNA technologies for genotyping have enabled considerable
21 progress in various fields such as clinical genetics, archaeogenetics and forensic genetics. DNA
22 samples previously rejected as too challenging to analyze due to low amounts of degraded DNA can
23 now provide useful information. To increase the chances of success with the new methodologies, it is
24 crucial to know the fragment size of the template DNA molecules, and whether the DNA in a sample
25 is mostly single or double stranded. With this knowledge, an appropriate library preparation method
26 can be chosen, and the DNA shearing parameters of the protocol can be adjusted to the DNA
27 fragment size in the sample. In this study, we first developed and evaluated a user-friendly
28 fluorometry-based protocol for estimation of DNA strandedness. We also evaluated different capillary
29 electrophoresis methods for estimation of DNA fragmentation levels. Next, we applied the developed
30 methodologies to a broad variety of DNA samples processed with different DNA extraction protocols.
31 Our findings show that both the applied DNA extraction method and the sample type affect the DNA
32 strandedness and fragmentation. The established protocols and the gained knowledge will be
33 applicable for future sequencing-based high-density SNP genotyping in various fields.

34 **Keywords**

35 DNA extraction; DNA degradation; Double stranded DNA; Single stranded DNA, Genome
36 sequencing

37 **1. Introduction**

38 Efficient extraction of high-quality genomic DNA from limited sample amounts is a key challenge for
39 cutting edge downstream applications like massively parallel sequencing (MPS). Numerous studies
40 have evaluated and compared different DNA extraction methods [1-6], but the methodology for
41 assessing DNA quality often relies on agarose gel electrophoresis and spectrophotometry which
42 requires quite high amounts of DNA [7-9]. This may be problematic in fields such as forensic
43 genetics, archaeogenetics, and clinical genetics, where the only samples available often contain low
44 amounts of poor-quality DNA [10-15]. High-density single nucleotide polymorphism (SNP)
45 genotyping through whole genome sequencing (WGS) or targeted hybridization capture sequencing
46 have rapidly emerged as useful technologies in such fields [10-12, 16, 17]. While the use of
47 microarrays has long been the state of the art for SNP genotyping, the requirement for high amounts
48 of pure and intact DNA limits its application for several types of challenging samples [10, 18]. The
49 recent progress in sequencing techniques has enabled the analysis of low quantities of degraded DNA
50 [19-22] and the successful generation of genotypes from aged samples [1, 10, 14, 23-27]. The
51 possibility of re-analyzing difficult DNA samples with more sophisticated methods has also spurred
52 the continuation and reopening of unsolved investigations of “cold cases” and unidentified human
53 remains [14, 24, 26]. However, low DNA quantity and quality often lead to reduced coverage,
54 missing genotypes, and genotyping errors [14, 28]. The use of specific DNA extraction protocols may
55 further augment DNA fragmentation [1, 2, 24, 27], possibly making an initial shearing step in whole
56 genome library preparation protocols excessive [23]. Incomplete SNP results may also be due to
57 having a large percentage of single-stranded DNA (ssDNA) in the extracts when applying a library
58 preparation kit designed for double stranded DNA (dsDNA) [24, 29]. Attainable methodologies for
59 assessment of DNA quality in terms of strandedness and fragmentation based on low DNA amounts
60 are thus highly desired.

61 A major challenge when stored samples are re-analyzed with new technologies is that the DNA
62 extraction methods initially applied were optimized for conventional approaches where DNA
63 strandedness and fragmentation had minor impact on the outcome. For prospective sequencing-based
64 genotyping, it is essential to know the proportion of dsDNA *versus* ssDNA and the level of DNA
65 fragmentation prior to analysis. Only then, an appropriate library preparation kit optimized for either
66 dsDNA or ssDNA can be chosen, input amount of DNA modified, and the DNA fragmentation
67 parameters adjusted to the fragmentation level of the sample [30]. Thus, increased knowledge around
68 the influence of relevant DNA extraction methods on DNA strandedness and fragmentation may
69 greatly improve the success rate of downstream analyses.

70 We have developed, evaluated, and validated a set of analysis protocols for convenient determination
71 of strandedness and fragmentation of DNA. Fluorometry measurements and linear regression

72 modelling were applied to develop a protocol for estimation of the proportions of dsDNA *versus*
73 ssDNA. Two different capillary electrophoresis methods were evaluated for determination of dsDNA
74 fragment sizes and the performance of denaturing gel electrophoresis was applied for an approximate
75 estimation of ssDNA fragment range. The developed methodology was used to determine the
76 strandedness and fragmentation of a broad variety of both mock casework samples and forensic
77 casework samples. Our aim was to determine the effect on DNA quality of various DNA extraction
78 protocols and cell types and to highlight the importance of choosing an appropriate combination of
79 methods for DNA extraction and library preparation. The developed methodology may be used prior
80 to whole genome library preparation to optimize the chance of analytical success. In addition, it may
81 be used to enable informed decisions on applicable DNA extraction methodology depending on
82 downstream applications.

83

84 **2. Materials and methods**

85 **2.1 Overview**

86 The first scope of this study was to establish appropriate methods for estimation of DNA
87 strandedness, *i.e.*, the proportion of dsDNA *versus* ssDNA, and DNA fragment size. For estimation of
88 DNA strandedness, a protocol and a linear regression model based on fluorometry measurements of
89 dsDNA and ssDNA with Qubit (Qiagen, Hilden, Germany) were developed and validated. For
90 estimation of DNA fragment size, the performance of the capillary electrophoresis instruments
91 Fragment Analyzer and TapeStation (Agilent Technologies, Santa Clara, CA, USA) were evaluated
92 and compared to results from denaturing gel electrophoresis. Next, the established protocols were
93 used to analyze the impact of different DNA extraction protocols and cell/sample types on DNA
94 strandedness and fragment size. Human genomic DNA of high molecular weight (gDNA) and
95 forensic mock casework samples (nasal secretion on cotton swabs, whole blood, saliva on adhesive
96 tapes, bone, semen) were prepared and processed with various DNA extraction protocols. The
97 fragment sizes provided by the Fragment Analyzer were compared to the degradation indices obtained
98 from real-time quantitative polymerase chain reaction (qPCR) with PowerQuant System (Promega
99 Corporation, Madison, WI, USA). After one year of storage in -20°C , all mock casework samples
100 were re-analyzed applying the fluorometry-based model and Fragment Analyzer.

101 In addition to mock casework samples, 45 forensic casework samples from closed investigations were
102 assessed for DNA strandedness and fragment size applying the established protocols. These samples
103 were divergent in terms of age (collected 2001-2020), sample type (blood, semen, saliva, bone, non-
104 visible traces), background (swab, paper, clothes, chewing gum etc.), and DNA extraction methods
105 (phenol-chloroform protocols, Chelex-based protocols, PrepFiler Express) (see sample details in
106 section 3.3).

107 This study was approved by the Swedish Ethical Review Authority (2023-02627-01) and was
108 conducted in accordance with the guidelines of the Declaration of Helsinki.

109

110 **2.2 Preparation of biological samples**

111 Human genomic DNA of high molecular weight (Roche Diagnostics, Basel, Switzerland) were
112 processed in a single replicate per DNA extraction protocol (Table 1). For preparation of mock
113 casework samples, nasal secretion on cotton swabs, whole blood (with 1.8 mg $\text{K}_2\text{EDTA}/\text{mL}$ blood),
114 saliva and semen were collected from anonymous volunteers with informed consent. Bone samples
115 were collected from anonymized forensic autopsy cases. For each biological sample type, three
116 replicates were prepared for DNA extraction according to Table 1. Selefa cotton swabs (OneMed,
117 Malmö, Sweden) with nasal secretion were cut into microfuge tubes or Investigator Lyse&Spin

118 Baskets (Qiagen) for DNA extraction on EZ1. Homogenized saliva (200 μ L) was pipetted onto
 119 SceneSafe Fast adhesive tapes (SceneSafe, Burnham-on-Crouch, UK) which were left to dry for 1
 120 hour prior to placing the tape with the saliva into microfuge tubes. Bone pieces were pulverized using
 121 IKA Tube Mill control (IKA-Werke GmbH, Staufen, Germany) and placed in 50 mL Falcon tubes.
 122 The prepared samples were processed according to Table 1 with the DNA extraction protocols
 123 described in section 2.3. For the initial step of assessing methods for estimation of DNA strandedness
 124 and fragment size, 50 μ L saliva samples were prepared. Blood samples (10 μ L) with and without 1.8
 125 mg K_2EDTA /mL blood were prepared for an experiment investigating the effect of EDTA on DNA
 126 quality.

127 *Table 1. Overview of prepared mock casework samples and the applied DNA extraction protocols.*

Sample type/ DNA extraction protocol	Nasal secretion	Blood	Saliva	Semen	Bone	gDNA
BioRobot EZ1 Advanced XL	Swab	100 μ L	-	-	-	3 μ g
Chelex protocol 1	Swab	50 μ L	200 μ L	-	-	3 μ g
Chelex protocol 2	Swab	50 μ L	200 μ L	-	-	3 μ g
Chelex protocol 3	Swab	100 μ L	-	-	-	3 μ g*
Differential lysis	-	-	-	50 μ L	-	3 μ g*
QIAamp DNA Mini kit	Swab	N/A	-	-	-	3 μ g
Phenol protocol 1	Swab	100 μ L	-	-	-	3 μ g
Phenol protocol 2	-	-	-	-	pulverized	3 μ g
PrepFiler Express	-	-	-	-	pulverized	3 μ g

128
 129 *All biological samples were prepared in triplicates and the gDNA in a single replicate per extraction protocol.*
 130 *Asterisk (*) indicates that the gDNA was added to the extraction tubes together with the Chelex solution, to*
 131 *avoid loss of DNA in the previous washing steps.*

133 2.3 DNA extraction and purification protocols

134 2.3.1 BioRobot EZ1 Advanced XL

135 DNA extraction with EZ1 DNA Investigator kit (Qiagen) was performed according to the
 136 manufacturer's instructions and the large volume protocol [31]. Briefly, 0.5 mL G2 buffer and 25 μ L
 137 proteinase K was added to the samples prior to incubation on a thermoshaker at 56 $^{\circ}$ C, 900 rpm, for 1-
 138 18 hours. Samples were then centrifuged at 20,000 rcf for 5 min and the filter part with swab material
 139 removed. 400 μ L of MTL buffer was added prior to placing samples in the EZ1 instrument. Elution
 140 volume was 50 μ L.

141

142 2.3.2 Chelex direct lysis protocol (Chelex protocol 1 and 2)

143 0.2 – 1 mL (sufficient to cover the sample) of 5% Chelex 100 Resin (Bio-Rad Laboratories, Hercules,
 144 CA, USA) with 0.2% Tween20 and 0.1 μ g/mL proteinase K (Merck, Darmstadt, Germany) in

145 Super-Q water was added to the microfuge tubes with samples [32]. For DNA extraction of mock
146 casework samples, 800 μ L was added to blood, 1 mL to samples with saliva on adhesive tape, 400 μ L
147 to the cotton swabs with nasal secretion, and 100 μ L to the gDNA. Samples were incubated in
148 ambient temperature for 30 min and briefly vortexed 3 times during this incubation. Mock samples
149 were then incubated at 56 $^{\circ}$ C for either 45 (protocol 1) or 75 min (protocol 2), briefly vortexed, and
150 then incubated for either 20 (protocol 1) or 40 min (protocol 2) at 100 $^{\circ}$ C in a heat cabinet. The
151 forensic casework samples were incubated at 56 $^{\circ}$ C for 45 – 75 min followed by incubation at
152 100 $^{\circ}$ C for 20 – 40 min, according to a more flexible protocol. After incubation, the samples were
153 allowed to cool down for 15 min at ambient temperature, before being briefly centrifuged at
154 11,000 rcf. Sample volumes of the adhesive tape samples were reduced to 200 μ L using Amicon
155 Ultra-2 30K tubes (Merck, section 2.3.9).

156

157 2.3.3 Chelex protocol 3

158 1 mL of deionized water was added to the samples which were incubated in ambient temperature for
159 15-30 min and briefly vortexed 3 times during this incubation. Samples were then centrifuged at
160 11,000 rcf for 3 min and supernatant removed, leaving 30 – 50 μ L in the tubes. 170 μ L of 20%
161 Chelex and 2 μ L of proteinase K (10mg/mL) was added and samples were vortexed followed by two
162 incubation steps at 56 $^{\circ}$ C for 75 min (mock casework samples) or 45 – 75 min (forensic casework
163 samples) and 100 $^{\circ}$ C for 40 min (mock casework samples) or 20 – 40 min (forensic casework
164 samples) with vortexing in between. After cooling down for 15 min at ambient temperature, samples
165 were briefly centrifuged at 11,000 rcf.

166

167 2.3.4 Differential lysis protocol

168 300 μ L 0.5% digest buffer (10 mM Tris-HCl pH 7.5, 10 mM EDTA pH 8.5, 50 mM NaCl (Merck)
169 and 0.5% sodium dodecyl sulfate, SDS (Invitrogen, Waltham, MA, USA)) and 60 μ L proteinase K
170 (10 mg/mL) were added to the samples. After a brief vortexing, samples were incubated at 56 $^{\circ}$ C for
171 30 min, then vortexed and centrifuged at 11,000 rcf for 5 min. 300 μ L supernatant was removed
172 (epithelial cell fraction) and 0.5 mL 2% digest buffer (10 mM Tris-HCl pH 7.5, 10 mM EDTA pH
173 8.5, 50 mM NaCl and 2% SDS) added to wash the remaining sperm fraction. After centrifugation at
174 11,000 rcf for 5 min, the supernatant was removed (leaving 30 – 50 μ L) and the washing step with 2%
175 digest buffer was repeated twice. 1 mL deionized water was added, and samples were centrifuged at
176 11,000 rcf for 5 min and supernatant removed (leaving 30 – 50 μ L). 170 μ L of 5% Chelex, 8 μ L
177 proteinase K (10 mg/mL) and 8 μ L of 1 M DTT (Merck) was added to the sperm fraction which were
178 vortexed and incubated at 56 $^{\circ}$ C for 60 min (mock casework samples) or 30 – 60 min (forensic

179 casework samples). Samples were vortexed and incubated at 100 °C for 40 min (mock casework
180 samples) or 20 – 40 (forensic casework samples), then vortexed again and briefly centrifuged at
181 11,000 rcf. Samples were then purified using Amicon Ultra-2 30K tubes (section 2.3.9).

182

183 2.3.5 QIAamp DNA Mini kit

184 DNA extraction was performed according to the manufacturer's protocol [33], with 200 µL elution
185 volume. The swabs were removed after heat incubation at 56 °C for 2 hours by transferring samples
186 including swab material to QIAshredder tubes (Qiagen) and centrifugation at 12,000 rcf for 2 min.

187

188 2.3.6 Phenol protocol 1

189 0.5 mL 2% digest buffer and 15 µL proteinase K (10 mg/mL) was added to the samples. Samples
190 were vortexed and incubated at 56 °C for 16 hours (mock samples) or 6 – 24 hours (forensic casework
191 samples). Samples were briefly vortexed and centrifuged at 11,000 rcf, then transferred to a Phase
192 Lock Gel (PLG) tube (QuantaBio, Beverly, MA, USA) containing 0.5 mL phenol:chloroform:isoamyl
193 alcohol (25:24:1) buffer (Merck). After thorough vortexing, samples were centrifuged at 11,000 rcf
194 for 5 min, and additional 0.5 mL phenol:chloroform:isoamyl alcohol buffer added. Thorough
195 vortexing and centrifugation at 11,000 rcf for 5 min was repeated and the upper water phase
196 containing DNA was carefully transferred to a microfuge tube with 0.5 mL H₂O saturated n-butanol
197 (Merck). Tubes were vortexed and centrifuged at 11,000 rcf for 5 min, and the lower DNA containing
198 phase was transferred to Amicon Ultra-2 30K tubes for purification (section 2.3.9).

199

200 2.3.7 Phenol protocol 2

201 6 mL bone extraction buffer (1 M Trizma base, 0.1 M NaCl, 50 mM TitriplexIII (Merck), 0.5% SDS
202 (Life Technologies, Carlsbad, CA, USA)) and 150 µL proteinase K (2 mg/mL) was added to the
203 samples with pulverized bone. Tubes were shaken, incubated at 56 °C for 2 hours, then centrifuged at
204 2,000 rcf for 15 min. The upper phase was carefully poured into 15 mL MaXtract high density gel
205 tubes (Qiagen) and 4 mL of phenol:chloroform:isoamyl alcohol (25:24:1) buffer added. Tubes were
206 vigorously shaken and centrifuged at 1,500 rcf for 5 min. 4 mL of phenol:chloroform:isoamyl alcohol
207 buffer was added, and tubes vigorously shaken and centrifuged at 1,500 rcf for 5 min. The upper
208 phase was poured into an Amicon Ultra-2 30K filter device which were centrifuged at 3,500 rcf for 10
209 min. Flow-through was discarded and 3 mL Milli-Q water was added, the tubes were centrifuged at
210 3,500 rcf for 10 min. Samples were transferred to QIAquick tubes for purification according to
211 QIAquick PCR purification kit protocol (Qiagen). Purification was performed according to the

212 manufacturer's instructions [34], with the modification that two purification steps with 650 μ L PE
213 buffer was performed prior to elution in 200 μ L.

214

215 2.3.8 PrepFiler Express BTA Forensic DNA extraction kit

216 DNA extraction was performed according to the bone and tooth protocol accompanying PrepFiler
217 Express BTA Forensic DNA extraction kit (Applied Biosystems, Life Technologies Corporation,
218 Carlsbad, CA, USA) [35]. Elution volume was 200 μ L.

219

220 2.3.9 Purification and volume reduction with Amicon Ultra-2 30K filter devices

221 Amicon Ultra-2 30K filter devices were used to reduce the volumes of adhesive tape samples and to
222 purify the samples processed with differential lysis and phenol protocol 1. Sample extracts were
223 added to the Amicon tubes together with low TE buffer (10 mM Tris-HCl, 0.1 mM EDTA, pH 8.0,
224 Medicago, Uppsala, Sweden) to a total volume of 2 mL. Amicon tubes were centrifuged at 4,000 rcf
225 for 15 min, flow-through discarded and additional 2 mL low TE buffer added to the filter tubes. After
226 centrifugation at 4,000 rcf for 15 min, flow-through was discarded and filter devices inverted and
227 centrifuged at 1,000 rcf for 2 min. Low TE buffer was applied to adjust the final sample volumes to
228 200 μ L.

229

230 2.3.10 Preparation of DNA dilutions

231 Following DNA extraction, the samples were quantified by qPCR (RB1 assay [36], details in section
232 2.4) and dilutions with concentrations of 0.5, 2 and 5 ng/ μ L DNA were generated for each extract. For
233 blood samples extracted with Chelex protocol 1 and 2, DNA dilutions of 5 ng/ μ L could not be
234 generated due to low DNA yields for this combination. The highest DNA concentration for these
235 Chelex-processed blood samples were thus 2 ng/ μ L. Extraction blanks (DNA extraction performed
236 without any biological material) were used to dilute the samples. This was done to preserve any
237 effects on the measurements from the DNA extraction background. All extracted samples and
238 dilutions were stored at -20° C until further analysis.

239

240 2.4 DNA quantification with qPCR

241 DNA quantification of the mock casework extracts was performed on a CFX96 Touch real-time PCR
242 instrument (Bio-Rad Laboratories). The RB1 qPCR assay [36] was applied with 10X Immobuffer
243 (Meridian Bioscience, Cincinnati, OH, USA), 0.2 mM dNTP (Roche Diagnostics), 4 mM MgCl₂

244 (Roche Diagnostics), 0.3 μ M of each primer (RB1_80F and RB1_235R, 0.2 μ M hydrolysis probe
245 (Integrated DNA Technologies, Coralville, IA, USA), 2 μ g BSA (Roche Diagnostics) and 1 U
246 Immolase DNA polymerase (Meridian Bioscience) in a total volume of 20 μ L (2 μ L sample). The
247 qPCR protocol included DNA polymerase activation at 95 $^{\circ}$ C for 10 min, followed by 45 cycles at
248 95 $^{\circ}$ C for 10 s, 60 $^{\circ}$ C for 20 s and 72 $^{\circ}$ C for 30 s.

249 DNA quantification of forensic casework samples was performed applying PowerQuant System [37]
250 on the real-time PCR instrument QuantStudio 5 (Thermo Fisher Scientific, Waltham, MA, USA).
251 DNA quantification was based on amplification of the smaller autosomal target (84 bp) and a
252 degradation index (DI) was generated from the ratio [small target] / [large target (294 bp)]. The mock
253 casework samples of different DNA concentrations (0.5, 2 and 5 ng/ μ L) were also analyzed applying
254 PowerQuant System, to obtain DI values. Standard curves based on 1:10 dilutions of 2800 M control
255 DNA (Promega Corporation) (0.001 – 10 ng/ μ L, limit of quantification (LOQ) 0.001 ng/ μ L) were
256 included for both DNA quantification protocols.

257

258 2.5 Determination of DNA strandedness and DNA fragmentation

259 2.5.1 Measurements of dsDNA and ssDNA using Qubit

260 A protocol based on fluorometry was developed to estimate the proportion of dsDNA *versus* ssDNA
261 in a DNA extract. The ratio of DNA concentrations as measured with Qubit dsDNA assay kit and
262 Qubit ssDNA assay kit (Thermo Fisher Scientific) was assessed. Since the fluorescent dye of the
263 Qubit ssDNA Assay Kit binds not only to ssDNA but also to dsDNA, the dsDNA was removed by
264 treating the samples with dsDNase prior to measuring ssDNA. First, the DNA extracts (2 μ L
265 subsample) were quantified using Qubit dsDNA HS assay kit according to the manufacturer's manual
266 [38]. Prior to quantification with Qubit ssDNA assay kit, 2 μ L subsamples were treated with shrimp
267 dsDNase (Thermo Fisher Scientific) according to protocol (incubation at 37 $^{\circ}$ C for 5 min) to remove
268 all dsDNA [39]. The total volume (10 μ L) of the dsDNase-treated sample was added for measurement
269 with Qubit ssDNA assay kit [40]. Measurements were performed 9-11 min after the sample extract
270 was added to the Qubit working solution to acquire stable values with both Qubit assays (ssDNA and
271 dsDNA). A Qubit 3.0 instrument was used for all mock casework samples, and a Qubit 2.0 instrument
272 was used for the forensic casework samples.

273

274 2.5.2 Model generation for estimation of DNA strandedness

275 A linear regression model for estimation of the proportion of dsDNA in a sample as a function of the
276 ratio of the DNA concentration given by Qubit dsDNA HS assay kit and the concentration given by

277 Qubit ssDNA assay kit (after treatment with dsDNase) was established based on reference samples
278 with known proportions of dsDNA and ssDNA. Human gDNA of high molecular weight (Roche
279 Diagnostics) and ssDNA (M13mp18 single-stranded virion DNA, TaKaRa Bio, Kusatsu, Japan) were
280 added in proportions of (in %) 0:100, 5:95, 10:90, 15:85, 20:80, 25:75, 30:70, 35:65, 40:60, 45:55,
281 50:50, 55:45, 60:40, 65:35, 70:30, 75:25, 80:20, 85:15, 90:10, 95:5, and 100:0 to generate samples
282 with total DNA concentrations of 0.5, 2 and 5 ng/ μ L (n = 63). The model was validated based on
283 mean absolute error (MAE) with a second set of reference samples, with dsDNA and ssDNA mixed in
284 proportions of (in %) 0:100, 5:95, 10:90, 25:75, 50:50, 75:25, 90:10, 95:5, and 100:0 with total DNA
285 concentrations of 0.5, 2 and 5 ng/ μ L (n = 26). By analyzing dilutions of saliva samples extracted with
286 QIAamp DNA Mini kit and Chelex protocol 2 (two-fold serial dilutions from 0.0095 - 5 ng/ μ L as
287 quantified by qPCR (RB1 assay, n = 3 per protocol and dilution), the LOQ was determined along with
288 the precision of the method, assessed based on the coefficient of variation (CV).

289

290 2.5.3 Assessment of DNA fragmentation

291 To assess DNA fragmentation, samples were analyzed on Fragment Analyzer with Genomic DNA
292 50kb Kit and TapeStation with either High Sensitivity D5000 ScreenTape System or High Sensitivity
293 RNA ScreenTape System (Agilent Technologies) according to the manufacturer's protocols [41-43].
294 Average fragment size, peak width, and percentage of DNA in the two major peaks along with the
295 genomic quality number (GQN) with a fragment size threshold of 10 kb were obtained by Fragment
296 Analyzer. Additionally, extracts with high percentages of ssDNA were analyzed on denaturing gels (1
297 M urea, 0.8% agarose, 1x Tris-acetate-EDTA (TAE) buffer and 1x SybrGold (Thermo Fisher
298 Scientific)) at 50 V for 3 hours. To resolve any secondary structures, the samples were mixed with
299 NorthernMax formaldehyde-based loading dye (Thermo Fisher Scientific) and heated to 65 °C for 15
300 min, prior to loading the gel.

301 The LOQ of Fragment Analyzer (50kb kit) and TapeStation (D5000 kit) were determined by
302 analyzing dilutions of saliva extracts processed with QIAamp DNA Mini kit (two-fold serial dilutions
303 from 0.0095 - 5 ng/ μ L as quantified by qPCR, n = 3 per dilution). The precision (CV) of DNA
304 fragment size data generated by Fragment Analyzer was also determined. DI values based on the
305 PowerQuant amplification of two PCR targets of different lengths were generated for both mock and
306 forensic casework samples.

307

308 2.5.3 Statistical analyses

309 The mean absolute error (MAE) was determined by

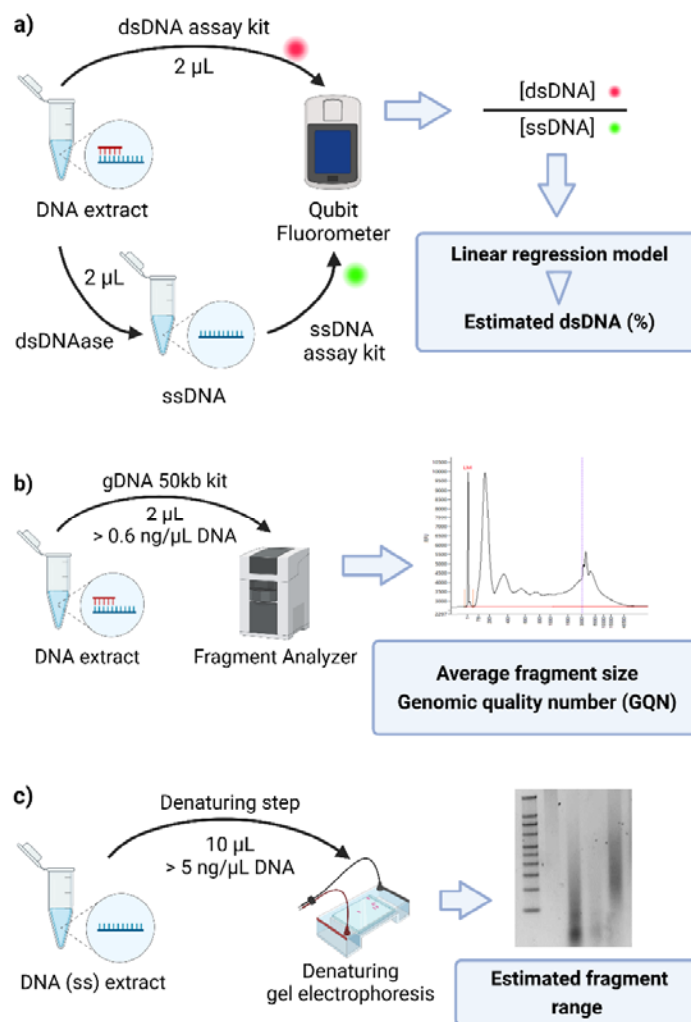
310 $MAE = \frac{1}{n} \sum_{i=1}^n |x_i - x|$

311 where n = number of measurements and $|x_i - x|$ = the absolute error (absolute difference between
312 true and estimated value). One-way ANOVA followed by Bonferroni post hoc tests (*i.e.* significance
313 level 0.05 divided by the number of comparisons), was applied to investigate whether dilutions of
314 DNA extracts processed by Chelex protocol 2 and QIAamp gave equivalent [dsDNA]/[ssDNA],
315 average fragment sizes and GQN, respectively. The data sets subjected to one-way ANOVA met the
316 criteria of approximately normal distributed data (evaluated by inspection of residuals histograms)
317 and approximately equal variances (tested by applying Levene's test in R package car [44, 45].
318 Heteroscedastic two-tailed t-tests were applied for 1) comparison of average DNA fragment sizes and
319 GQN in saliva samples processed with QIAamp DNA Mini kit and Chelex protocol 2, 2)
320 investigations of differences in [dsDNA]/[ssDNA], fragment size or DI:s between mock and forensic
321 casework extracts from the same sample types, and 3) differences in DI values between forensic
322 casework samples derived from non-visible traces and blood samples. A power regression analysis
323 was performed to describe the relationship between average DNA fragment sizes and the DI values.
324 Two-tailed paired t-tests with a significance level of 0.05 were applied to assess whether the
325 percentage of dsDNA and average fragment sizes had changed after one-year storage in $-20\text{ }^{\circ}\text{C}$.

326 3. Results and discussion

327 3.1 Development and evaluation of methods for estimation of DNA quality

328 The first scope of this study was to develop and establish useful methods for estimation of DNA
329 quality prior to whole genome library preparation, overview of protocols and workflow in Fig 1.



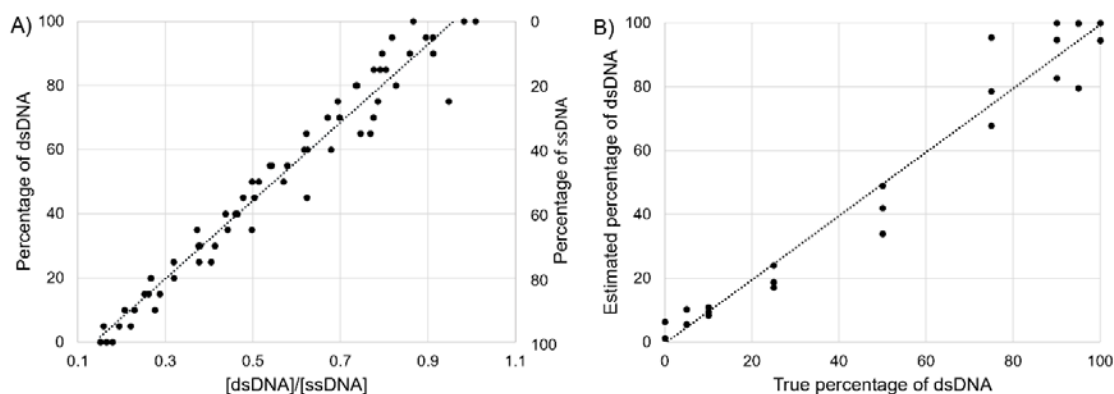
330

331 **Fig 1. Overview of protocols and workflow for determining DNA quality.** A) Generation of [dsDNA]/[ssDNA]
332 for estimation of strandedness by a linear regression model. B) Analysis on Fragment Analyzer to generate the
333 average DNA fragment size and genomic quality number (GQN) for samples with mainly dsDNA. c) Denaturing
334 gel electrophoresis to estimate the fragment size range for samples with mainly ssDNA. The figure was created
335 with BioRender.

336 3.1.1 Development and validation of a protocol for determination of DNA strandedness

337 It is not trivial to identify a method for estimation of the proportion of dsDNA *versus* ssDNA in a
338 sample, as most DNA quantification methods detect both dsDNA and ssDNA, although the signal
339 intensities may differ [46, 47]. As we developed a fluorometric protocol based on the ratio of dsDNA

340 and ssDNA Qubit measurements, we found that the Qubit dsDNA assay kit [38] is not exclusively
341 providing signals from dsDNA but also from ssDNA, although in lower intensities. This was evident
342 as the Qubit dsDNA assay kit generated fluorescent signals from pure ssDNA samples and from
343 samples treated with dsDNases (S1 Table). Similarly, the Qubit ssDNA assay kit generates
344 fluorescent signals from dsDNA in addition to ssDNA [40]. Thus, we included a dsDNase step prior
345 to the ssDNA measurement. The ratios of the dsDNA and ssDNA values of reference samples with
346 known proportions of dsDNA and ssDNA were plotted and a linear regression model was generated
347 ($y = 121.9x - 16.9$, where x is the $[\text{dsDNA}]/[\text{ssDNA}]$, $R^2 = 0.96$) for prediction of DNA strandedness
348 (Fig 2A). The model was validated against a second set of reference samples ($n = 26$), where all y
349 values below 0 were set to 0% dsDNA and all y values above 100 were set to 100% dsDNA (Fig 2B).
350 The mean absolute error (MAE) was 5.4 for all samples, but lower for samples with $\leq 25\%$ dsDNA
351 (MAE = 2.9) and higher for samples with $\geq 75\%$ dsDNA (MAE = 7.6), indicative of a higher
352 precision for samples with low proportions of dsDNA. The uncertainty of measurement suggests that
353 when applying this regression model, percentages of dsDNA calculated to below 5 and above 95
354 should be presented as $< 5\%$ and $> 95\%$, respectively.



355
356 **Fig 2. Estimation of DNA strandedness.** A) A model to determine the percentage of dsDNA was generated
357 using linear regression analysis, resulting in the linear equation $y = 121.9x - 16.9$, where x is
358 $[\text{dsDNA}]/[\text{ssDNA}]$ from Qubit measurements. The data is generated from reference samples with known
359 proportions of dsDNA (left y axis) and ssDNA (right y axis), with total DNA concentrations of 0.5, 2 and 5
360 ng/ μL ($n = 63$). B) Estimated versus true percentage of dsDNA, using the linear regression model ($n = 26$). All
361 estimated values above 100% are set to 100%. R^2 is 0.96.

362 The model was further tested on dilutions of saliva samples processed with two different DNA
363 extraction protocols (QIAamp DNA Mini kit or Chelex protocol 2, $n = 3$ per protocol and dilution, S1
364 Table). $[\text{dsDNA}]/[\text{ssDNA}]$ ratios were calculated for DNA concentrations 0.075 - 5 ng/ μL where the
365 mean predicted dsDNA percentage was not deemed significant between the dilutions (one-way
366 ANOVA, $p > 0.05$). The LOQ of the method was determined as the lowest DNA concentration that
367 generated quantifiable results with the Qubit dsDNA and ssDNA assay kits (2 μL of 0.075 ng/ μL),
368 *i.e.*, providing a dsDNA/ssDNA concentration ratio. The precision of the method is indicated by the

369 coefficients of variation (CV) calculated for the [dsDNA]/[ssDNA] of all replicates (17% for the
370 QIAamp dilutions and 13% for the Chelex 2 dilutions). From this experiment, it was clear that saliva
371 samples processed by QIAamp DNA Mini kit yielded higher amounts of dsDNA (above 95%) than
372 samples processed by Chelex protocol 2 (13 – 30% dsDNA).

373 To estimate whether the majority of DNA in a sample is double- or single-stranded prior to library
374 preparations, the sensitivity of the model we have developed is sufficient. The protocol is user-
375 friendly, and the instrumentation affordable and convenient to implement. Another method to
376 determine DNA strandedness has previously been presented by the National Institute of Standard and
377 Technology (NIST). Their method relies on digital PCR and provides a resolution down to 2-3%
378 ssDNA [48, 49].

379

380 3.1.2 Evaluation of methods for determination of DNA fragmentation

381 First, we applied mock saliva samples processed by Chelex protocol 2 and QIAamp DNA Mini kit to
382 compare the performance of Fragment Analyzer with Genomic DNA 50kb kit and TapeStation with
383 High Sensitivity D5000 ScreenTape System. The LOQs were identical for the two systems, as dsDNA
384 concentrations down to 0.6 ng/μL could be detected by both Fragment Analyzer and TapeStation.
385 However, the TapeStation results for the Chelex processed extracts were considered unreliable as the
386 TapeStation failed to detect the size markers for 50% of these samples. Further, the DNA
387 concentrations given by TapeStation were not proportional to the known concentrations of the
388 Chelex-processed samples (S1 Fig). Fragment Analyzer with Genomic DNA 50kb Kit was thus
389 applied for further assessment of DNA fragment size.

390 For DNA dilutions (0.6 – 5 ng/μL, n = 3 per dilution) of saliva samples processed with QIAamp DNA
391 Mini kit, no significant differences in average DNA fragment sizes were seen (24 ± 2.7 kb, one-way
392 ANOVA: $p > 0.05$, S2 Table). The precision was 11% (CV), all replicates and dilutions taken
393 together. The dilutions of Chelex-processed saliva samples showed an average DNA fragment size of
394 97 ± 13 bp, which most likely is an underestimation due to the high content of ssDNA in these
395 samples. It is known that ssDNA migrates faster than dsDNA in a native gel such as the one used in
396 the Fragment Analyzer, which will result in an incorrect fragment size determination of ssDNA [50,
397 51]. In addition to average fragment size, the genomic quality number (GQN) with a fragment size
398 threshold of 10 kb was generated for each sample. GQN is a number from 0 – 10 that indicates the
399 fraction of DNA with a larger size than the fragment size threshold, thus a GQN of 10 indicates that
400 100% of the DNA is above the fragment size threshold. For the DNA dilutions processed with either
401 QIAamp DNA Mini Kit or Chelex protocol 2, there were no differences in the obtained GQN (one-way
402 ANOVA: $p > 0.05$). However, the GQN differed significantly between samples processed with
403 QIAamp DNA Mini kit and Chelex protocol 2 respectively (3.8 ± 0.1 and 0.08 ± 0.04 , t-test: $p <$

404 0.001). Unprocessed human gDNA of high molecular weight analyzed with the Genomic DNA 50kb
405 kit on Fragment Analyzer showed an average fragment size of 35 ± 7.4 kb and a GQN of 6.2 ± 0.31 ,
406 serving as a reference to all processed samples.

407 It was concluded that analysis on Fragment Analyzer with Genomic DNA 50kb Kit provided reliable
408 results regarding fragment size and GQN with dsDNA in concentrations between 0.6 – 5 ng/ μ L, but
409 that results for samples with a higher percentage of ssDNA than dsDNA should be carefully
410 interpreted. Preferably, alternative methods should be used for extracts known or expected to contain
411 high proportions of ssDNA.

412 To assess the fragment size of ssDNA, we employed two different methods on DNA extracts
413 processed with Chelex protocol 2, known from 3.1.1 to contain more than 70% ssDNA (S1 Table):
414 TapeStation with High Sensitivity RNA ScreenTape System and denaturing agarose gel. Analysis on
415 TapeStation with High Sensitivity RNA ScreenTape System gave slightly higher average fragment
416 sizes (around 200 nt) compared to the Fragment Analyzer with Genomic DNA 50kb kit (around 100
417 bp, S1 Fig). However, single strands of DNA may form secondary sequence-dependent structures, and
418 the migration rate is thus contingent on both size and conformation. Adding a denaturant to the gel,
419 such as urea, results in single-stranded DNA without secondary structures and thus only the size of the
420 DNA fragment will affect mobility. Analysis of undiluted DNA extracts processed by Chelex protocol
421 2 on denaturing gels resulted in a smear with denser regions over a broad size range (0.5 – 9 kb). It
422 was difficult to estimate a precise fragment size from the smear, but it could be concluded that the
423 DNA fragment sizes given by Fragment Analyzer (around 100 bp) and TapeStation with High
424 Sensitivity RNA ScreenTape System (around 200 nt) were underestimations.

425

426 3.2 Impact on DNA quality of various DNA extraction protocols and sample 427 types

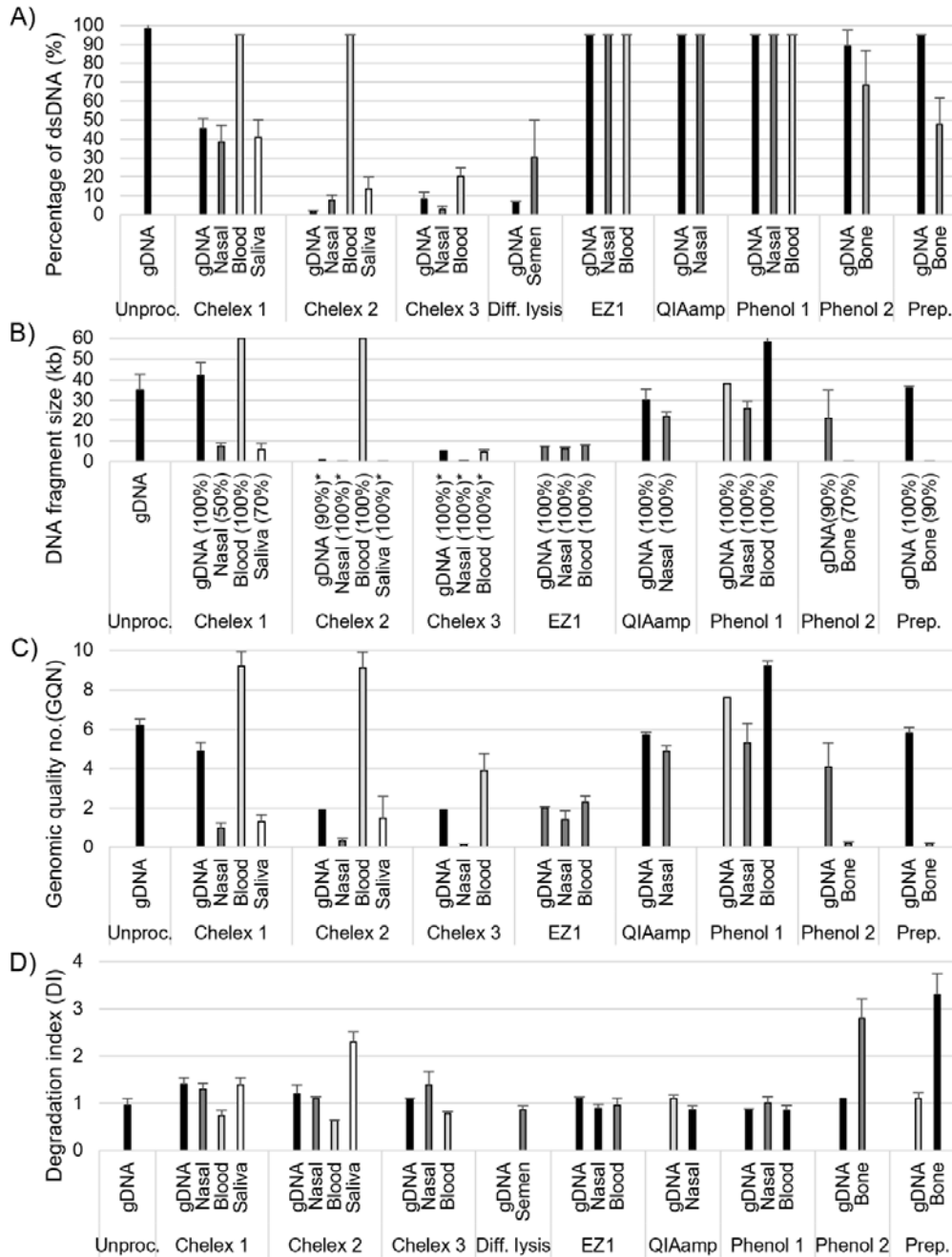
428 The established methods (Fig 1) from section 3.1 were used to investigate how different DNA
429 extraction methods and different mock casework samples (nasal secretion on swabs, blood, saliva on
430 adhesive tapes, semen, and bone) affect the DNA quality in terms of strandedness and DNA
431 fragmentation (Table 1). In addition, the DI values provided from qPCR analysis with PowerQuant
432 System were generated for comparison to the DNA fragment sizes.

433

434 3.2.1 DNA strandedness

435 The model for estimation of strandedness showed that the gDNA samples processed by different
436 DNA extraction protocols provided very different percentages of dsDNA (Fig 3A, S3 Table). All non

437 Chelex-based protocols generated more than 90% dsDNA, while all Chelex-based protocols gave less
438 than 50% dsDNA. Chelex protocol 1 with a shorter heat incubation generated approximately 45% of
439 dsDNA while Chelex protocol 2 and 3 and the differential lysis protocol with longer heat incubation
440 steps gave less than 10% dsDNA. When the different mock casework samples were processed, we
441 found that all samples extracted with QIAamp DNA Mini kit, Phenol protocol 1 and EZ1 Advanced
442 XL contained more than 95% dsDNA (Fig 3A). Nasal secretion and saliva samples processed by
443 Chelex protocol 1 – 3 showed similar percentages of dsDNA as the gDNA (around 40% dsDNA with
444 protocol 1 and less than 15% dsDNA with protocol 2 and 3). Semen samples extracted with the
445 Chelex-based differential lysis protocol also gave a low percentage of dsDNA (< 20%). DNA
446 extracted from blood remained mainly double stranded for the Chelex protocols 1 and 2 but not for
447 Chelex protocol 3 which resulted in around 20% dsDNA.



448

449 **Fig 3. The effects of different DNA extraction protocols and sample types on DNA quality.** The effects on A)
 450 DNA strandedness, B) average DNA fragment size, C) genomic quality number (GQN), and D) degradation
 451 index (DI) as given by PowerQuant System qPCR are shown as average values \pm standard deviations ($n = 2-9$,
 452 see S2 Table for exact number). DNA strandedness is presented as the approximate proportion of dsDNA (%).
 453 DNA fragmentation is presented as the average fragment size of the major DNA peak as given by the Fragment
 454 Analyzer. The percentage of total DNA in the major peak is presented in parenthesis. Asterisk (*) indicates that
 455 the fragment sizes may be underestimated as a cause of higher gel migration speed of single-stranded DNA. The
 456 effect of the extraction protocol alone is given by the strandedness/fragment size of gDNA. Additional effects of
 457 sample types are given for nasal secretion on cotton swab, blood, saliva on adhesive tapes, semen, and bone.

458 *The fragment size and GQN are not given for samples processed with differential lysis due to failed detection.*

459 *Unproc: Unprocessed samples, Diff. lysis: Differential lysis, Prep: PrepFiler Express.*

460 Others have previously shown that Chelex-based extraction protocols generate single-stranded DNA
461 and that the proportion of ssDNA increases with longer heat incubation [52-55]. In addition to heat
462 exposure at 100°C, the alkalinity of the Chelex suspension (pH 10-11) causes denaturing of DNA
463 during the Chelex procedure [46, 52]. Additionally, Chelex chelates magnesium ions which help to
464 counteract the electrostatic repulsion of the DNA strands, further promoting ssDNA. However,
465 subsequent DNA purification of Chelex extracts including exchange of storage buffer to phosphate
466 buffered saline (PBS) with pH 8, was not sufficient for renaturation of the DNA (S2_File_A).

467 Bone extracted with PrepFiler or Phenol protocol 2 resulted in around 50-70% dsDNA, which may be
468 attributed to initial poor DNA quality of the bone samples [3, 56]. This is supported by comparing the
469 results to the gDNA processed with PrepFiler and Phenol protocol 2, which remained double stranded
470 (> 90% dsDNA). The Phenol protocol 2 gave a slightly higher percentage of dsDNA compared to
471 PrepFiler Express. This is concordant with previous studies describing that the choice of extraction
472 method influences DNA quality from bone samples [4, 57, 58].

473 Re-analysis of all mock casework samples after one year showed that the percentage of dsDNA
474 remained rather stable (S4 Table). None of the sample groups showed an increased proportion of
475 ssDNA after one year in -20 °C.

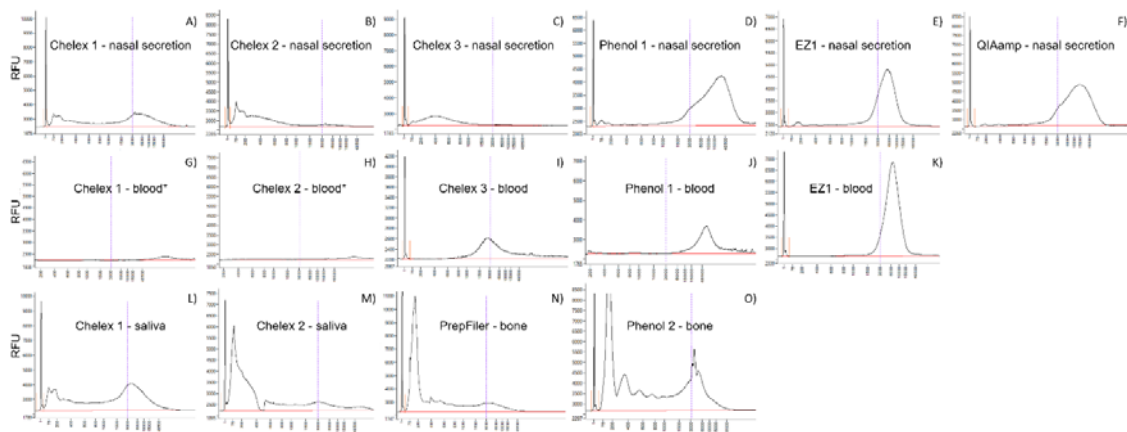
476

477 3.2.2 DNA fragmentation

478 DNA fragmentation was assessed by fragment size and peak width of the two major peaks in the
479 Fragment Analyzer electropherogram, along with the GQN with a threshold of 10 kb (Figs 3B-C and
480 4, S3 Table). Undiluted extracts containing a majority of ssDNA were analyzed on denaturing gels to
481 assess the fragment sizes of ssDNA (S2 Fig).

482

483



484

485 **Fig 4. Electropherograms generated by the Fragment Analyzer.** Representative DNA fragment sizes for nasal
486 secretion samples (A-F), blood samples (G-K), and saliva and bone samples (L-O) extracted using Chelex
487 protocols 1-3, Phenol protocol 1-2, BioRobot EZ1 Advanced XL, QIAamp DNA Mini kit, and PrepFiler Express
488 BTA Forensic DNA extraction kit. Electropherograms are shown for 5 ng/ μ L DNA extracts, except for blood
489 samples extracted with Chelex protocol 1-2 (*) which are shown for 2 ng/ μ L dilutions. The x axes show DNA
490 fragment size (bp) in logarithmic scale (log 10). The y axes show relative fluorescence units (RFU). It should be
491 noted that the scales on the y axes differ between the graphs. The vertical lines in the graphs indicate the
492 position of DNA fragments of 3 kb.

493 Analysis of gDNA samples processed by the different DNA extraction protocols revealed that Chelex
494 protocol 1, QIAamp DNA Mini kit, Phenol protocol 1 and PrepFiler Express resulted in large DNA
495 fragments (30 – 42 kb), similar to the unprocessed gDNA (35 ± 7.4 kb, Fig 3B). Phenol protocol 2
496 gave fragment sizes around 21 kb and EZ1 Advanced XL yielded DNA fragments around 7 kb.
497 gDNA processed with Chelex protocol 2 and 3 provided DNA fragments of approximately 1 and 5 kb,
498 respectively, when analyzed on Fragment Analyzer. No DNA peaks were detected in gDNA samples
499 processed with differential lysis, possibly due to DNA amounts below the detection limit.

500 Nasal secretion samples processed with QIAamp DNA Mini kit and Phenol protocol 1 yielded slightly
501 smaller DNA fragments compared to the gDNA, with average fragment sizes of 22 ± 2.1 kb and $26 \pm$
502 3.8 kb, respectively. Nasal secretion and blood samples processed with the EZ1 Advanced XL
503 harbored DNA fragments of around 7 kb, similar to the gDNA samples. Such limited range of DNA
504 fragment sizes may depend on the concentration and size of magnetic beads in the EZ1 method,
505 factors known to dictate the DNA size binding preference [59]. Chelex protocol 1 gave one peak with
506 average DNA fragments of 7.5 ± 1.7 kb (nasal secretion) and 5.6 ± 3.4 kb (saliva), and one additional
507 peak with fragments around 200 bp. The results from denaturing gel electrophoresis for these samples
508 showed a constant smear ranging from 1-2 to above 9 kb. In comparison to the gDNA processed with
509 Chelex protocol 1, the DNA from nasal secretion on swabs and saliva on adhesive tapes processed
510 with the same method appears to be much more fragmented. The majority of DNA from nasal
511 secretion and saliva samples processed with Chelex protocol 2 and 3 were shown to be highly

512 fragmented (< 300 bp) by the Fragment Analyzer, but the denaturing gels showed a smear with a
513 denser region between 0.5 – 3 kb.

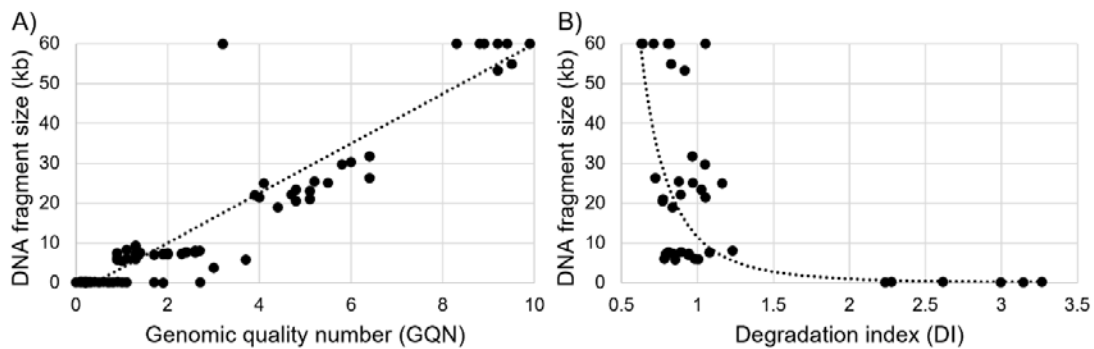
514 When bone samples were processed by PrepFiler Express and Phenol protocol 2, the DNA was shown
515 to be highly fragmented (around 200 bp with Fragment Analyzer and < 1 kb with denaturing gels).
516 This is not surprising, as bone casework samples have been exposed to the decay process beginning at
517 the moment of death, where released enzymes and microbial activity rapidly cause degradation of
518 DNA [3, 56]. The analysis of semen extracted with a differential lysis method yielded fluorescence
519 spikes in the Fragment Analyzer and these results could not be used. Semen samples on denaturing
520 gels showed a smear with a denser region and a thin band > 9 kb (S2 Fig).

521 DNA derived from blood consisted of large DNA fragments regardless of the protocol applied. All
522 DNA from the blood samples processed with Chelex protocol 1 and 2 had an average fragment size of
523 above 60 kb, while blood samples processed with Chelex 3 and Phenol 1 gave average fragment sizes
524 of 4.8 ± 1.4 kb and 58 ± 3.1 kb, respectively. This is remarkable as all other biological sample types
525 gave smaller single-stranded DNA fragments when processed with the Chelex protocols. We
526 speculated that the addition of EDTA, added as an anti-coagulant to the blood in the mock casework
527 samples, counteracted fragmentation and denaturation of DNA due to its capacity to chelate metal
528 cations required as cofactors for DNases. It has been shown that addition of EDTA to blood samples
529 reduces DNA degradation due to its inhibition of DNase activity [60, 61]. As we examined the DNA
530 strandedness and fragmentation of blood samples extracted with Chelex protocol 1 with and without
531 the addition of EDTA (n = 3), the results showed that all blood samples gave over 95% dsDNA of
532 high fragment size (> 60 kb), regardless of EDTA addition. This indicates that EDTA is not
533 responsible for counteracting fragmentation and denaturation of DNA during the extraction process of
534 blood samples.

535 The GQN indicates the fraction of DNA of larger size than the fragment size threshold and may be
536 used as a complement to the average DNA fragment size (Figs 3C and 5A). GQN and DNA fragment
537 size are derived from the same Fragment Analyzer data but while the GQN provides one value from 1
538 to 10 for the total DNA amount, the average fragment size is given for each DNA peak in the
539 electropherogram (Fig 4). If the GQN with a fragment size threshold of 10 kb is approaching 10, the
540 vast majority of DNA consists of fragments larger than 10 kb and is considered “genomic” in the
541 DNA shearing protocols of Covaris [62], an ultrasonicator instrument commonly used to shear DNA
542 prior to library preparations. For samples with smaller DNA fragments than 10 kb, Covaris
543 recommends setting up a time dose response experiment for determining appropriate shearing times.

544 A common method for assessing DNA degradation in forensics is to compare the amplification of one
545 small and one large DNA target in qPCR [63, 64]. With the PowerQuant System that was used in our
546 study, a DI above 2 signifies DNA degradation of a degree that may be critical to forensic DNA

547 profiling [63, 65]. In our study, the relationship between the DI and average fragment size of the
548 major peak for all samples harboring more than 60% dsDNA is best described by a non-linear power
549 regression model ($R^2 = 0.77$, $p < 0.0001$, $n = 38$, Fig 5B). According to this model, the average DNA
550 fragment size must be around 1 kb or smaller to generate a DI of 2 or above. Thus, applying the DI to
551 predict average DNA fragment sizes larger than 1 kb is not very useful, as the DI values are
552 approximately 1 regardless of a DNA fragment size of 5 or 60 kb (Figs 3B, 3D and 5). In accordance
553 with our data, it has previously been shown that the relationship between DI values and DNA
554 fragment sizes is non-linear [66] and that the DI values indeed increase as samples are exposed to
555 DNA degrading treatments such as sonication and UV-C radiation [65, 67]. The DI is undoubtedly a
556 valuable tool to predict DNA degradation prior to forensic DNA profiling that relies on amplification
557 of target sequences smaller than 500 bp, although substantial deviations between the DI value and the
558 impact DNA degradation has on the forensic DNA profiles also have been reported [68, 69]. For
559 estimating DNA fragment sizes larger than 1 kb, as required for correct shearing parameters prior to
560 library preparation, assessing the DI is not an optimal method.



561

562 **Fig 5. DNA fragment size plots.** The average DNA fragment sizes are plotted against A) the genomic quality
563 numbers (GQN) with a threshold of 10 kb, and B) the degradation indices (DI) provided by PowerQuant qPCR.
564 Data on y-axis shows the average DNA fragment size of the major peak given by Fragment Analyzer. Data on
565 GQN includes all mock casework samples ($n = 95$) and data on DI includes all mock casework samples with
566 more than 60% double stranded DNA ($n = 38$).

567 Re-analysis of all samples after one year on Fragment Analyzer showed that the average DNA
568 fragment sizes were relatively stable, although small but statistically significant reductions in
569 fragment size were seen for nasal secretion samples processed with Chelex protocol 2 and for bone
570 processed with Phenol protocol 2 (S4 Table). An increase in measured fragment size was seen for
571 blood processed with Chelex protocol 3 (from 4.8 ± 1.0 to >60 kb, $p < 0.01$), which is difficult to
572 explain. We speculated that the presence of blood may disturb the fluorescent signal from the DNA-
573 binding dye applied in the analysis methods, causing this anomaly. For example, it has been shown
574 that immunoglobulin G binds with a high affinity to ssDNA and that hemoglobin and hemein can
575 quench the fluorescent signal in qPCR [70]. We thus performed an experiment where whole blood

576 was added to samples with dsDNA and ssDNA extracts of known concentrations, but we found no
577 effect of blood on the Qubit signal (S1_File_B).

578

579 3.3 Determination of DNA quality of forensic casework samples

580 45 forensic casework samples of various types were processed with different DNA extraction
581 protocols and assessed for DNA strandedness and fragmentation (Table 2).

582

583 *Table 2. DNA quality of forensic casework samples*

Extraction protocol	Sample	Year	DNA conc. (ng/μL)	dsDNA (%)	Degradation index	GQN 10kb	Average fragment size (kb), peak 1	Fragment size range (kb), peak 1	Average fragment size (kb), peak 2	Fragment size range (kb), peak 2
Chelex 1-2	Saliva	2018	2.7	6	1.5	0.1	0.20	0.01 - 0.74		N/D
Chelex 1-2	Non-visible trace on glove	2019	0.91	<5*	1.5	N/A			N/D	
Chelex 1-2	Non-visible trace on swab	2020	0.47	<5*	1.3	N/A			N/D	
Chelex 1-2	Toothbrush	2020	1.1	<5*	2.4	0.8	0.06	0.02 - 0.14		N/D
Chelex 1-2	Non-visible trace on glove	2020	4.9	5	1.6	0.2	0.26	0.02 - 0.87		N/D
Chelex 3	Plastic bottle	2001	1.2	<5*	2.3	N/A			N/D	
Chelex 3	Non-visible trace on swab	2005	0.82	9	1.6	N/A			N/D	
Chelex 3	Cigarette butt	2007	0.25	13	3.2	N/A			N/D	
Chelex 3	Non-visible trace on swab	2009	2.2	14	3.0	0	0.14	0.02 - 0.46		N/D
Chelex 3	Cigarette filter paper	2011	0.56	10	1.5	N/A			N/D	
Phenol 1	Chewing gum	2001	0.89	84	2.3	0.8	8.0	1.1->60; 50%	0.21	0.03 - 0.48; 50%
Phenol 1	Non-visible trace on paper	2007	0.44	52	1.2	4.3	32	5.5 - >60		N/D
Phenol 1	Chewing gum	2009	4.0	59	1.1	2.6	15	1.2 - >60; 67%	0.09	0.02 - 0.23; 33%
Phenol 1	Faeces on paper tissue	2012	2.1	51	1.7	0.1	0.09	0.01 - 0.29; 52%	4.0	1.1 - 20; 48%
Phenol 1	Adipose tissue on knife	2013	1.1	61	1.1	3.5	29	1.8 - >60; 64%	0.11	0.03 - 0.26; 36%
Chelex 1-2	Blood on sweater	2018	4.2	5	1.0	1.3	0.68	0.36 - 1.1		N/D
Chelex 1-2	Blood on swab	2018	1.3	<5*	0.89	N/A			N/D	
Chelex 1-2	Blood on sweater	2019	1.2	5	1.1	N/A			N/D	
Chelex 1-2	Blood on glove	2020	5.4	12	0.65	N/A			N/D	
Chelex 1-2	Blood on swab	2020	0.48	<5*	0.82	N/A			N/D	
Chelex 3	Blood on swab	2001	0.41	<5*	2.1	N/A			N/D	
Chelex 3	Blood on swab	2005	0.96	<5*	1.7	N/A			N/D	
Chelex 3	Blood on jeans	2006	1.9	8	1.6	0.1	0.05	0.03 - 0.10		N/D
Chelex 3	Blood on swab	2010	0.93	<5*	1.1	N/A			N/D	
Chelex 3	Blood on swab	2014	0.92	<5*	0.93	0	0.94	0.80 - 1.2		N/D
Phenol 1	Blood on trousers	2001	0.89	60	0.92	3.1	36	6.8 - >60; 55%	0.10	0.02 - 0.25; 45%
Phenol 1	Blood on paper tissue	2009	0.49	>95*	0.85	8.6	44	10 - >60		N/D
Phenol 1	Blood on paper tissue	2009	11	>95*	1.1	4.5	16	1.2 - >60; 98%	0.07	0.03 - 0.14; 2%
Phenol 1	Blood on sweater	2011	1.5	>95*	1.1	7.6	31	3.6 - >60		N/D
Phenol 1	Blood on paper tissue	2014	0.35	>95*	1.0	N/A			N/D	
Phenol 2	Bone, ocean 1 year	2019	0.01	21	2.5	N/A			N/D	
Phenol 2	Bone, outside since 1970	2019	0.02	78	18	0.2	0.71	0.02 - 11		N/D
Phenol 2	Bone, indoors 1-2 years	2019	0.36	46	6.3	0	0.11	0.05 - 0.21	N/D	N/D
Phenol 2	Bone, water 1-2 weeks	2015	29	>95*	2.8	0.5	6.2	0.90 - >60; 42%	0.14	0.03 - 0.28; 35%
Phenol 2	Bone, indoors 4 months	2019	0.01	22	7.2	N/A			N/D	
PrepFiler	Bone, indoors 6 months	2018	0.03	<5*	4.9	N/A			N/D	

PrepFiler	Bone, indoors 1 week	2017	38	42	3.0	0.5	0.2	0.03 - 0.64; 61%	6.7	0.65 - >60; 39%
PrepFiler	Bone, indoors 1 month	2019	2.0	14	10	0	0.13	0.03 - 0.29		N/D
PrepFiler	Bone, indoors 1 month	2019	0.31	16	3.8	0.1	0.11	0.03 - 0.21		N/D
PrepFiler	Bone, indoors 1 week	2019	0.52	9	8.6	0.1	0.10	0.03 - 0.20		N/D
Diff. Lysis	Semen on underwear	2005	0.56	6	1.2	N/A				N/D
Diff. Lysis	Semen on sheet	2008	0.39	9	1.1	N/A				N/D
Diff. Lysis	Semen on underwear	2009	3.3	<5*	1.2	0.1	0.41	0.19 - 0.67; 59%	0.09	0.02 - 0.19; 41%
Diff. Lysis	Semen on underwear	2010	2.5	5	1.2	0.2	0.10	0.03 - 0.23; 50%	0.49	0.27 - 0.76; 50%
Diff. Lysis	Semen on pantyhose	2014	0.65	45	1.0	N/A				N/D

584 *The table includes information on DNA extraction protocols, sample description and year of collection. The*
585 *following data are presented: DNA concentration (ng/μL) obtained from qPCR with PowerQuant, percentage of*
586 *dsDNA, degradation index (given by qPCR, PowerQuant), the GQN_{10kb} and average fragment size and width for*
587 *peak 1 and 2 (kb) including the percentages of total DNA the peaks constitute (given by Fragment Analyzer).*
588 *N/D: not detected, N/A: not available. Asterisk (*) indicates that the calculated percentage of dsDNA were*
589 *below 5 or above 95, and thus approximated to < 5% or >95%.*

590 All samples processed with Chelex-based protocols exhibited dsDNA percentages below 14% except
591 for one semen sample that contained 45% dsDNA. Extraction with Phenol protocol 1 gave a dsDNA
592 content ranging from 51 to 84% for nasal secretion samples and from 60 to above 95% for blood
593 samples. The percentage of dsDNA in bone samples ranged from 21 to above 95% when processed
594 with Phenol protocol 2 and from 2 to 42% when PrepFiler Express was applied. The proportions of
595 dsDNA in the forensic casework extracts were lower compared to the mock casework samples
596 compared on group level (S5 Table). This implies that apart from the sample type (nasal secretion on
597 swabs, blood, saliva on adhesive tapes, semen, and bone) and the applied DNA extraction protocol,
598 additional factors such as storage time or environmental conditions at the sampling site may affect the
599 strandedness. The most notable difference was seen for blood samples extracted with Chelex protocol
600 1-2, with mock casework samples containing >95% dsDNA and forensic casework samples around
601 5% dsDNA. Considering that the re-analysis of the mock casework extracts after one year in -20°C
602 resulted in similar or higher percentages of dsDNA in the Chelex-processed samples (S4 Table), it is
603 not plausible that DNA in the forensic casework extracts goes from double-stranded to almost
604 completely single-stranded after a few years in storage. Rather, we hypothesized that the high
605 percentage of dsDNA in blood-derived mock casework samples could be due to higher amounts of
606 processed blood or the immediate freezing of the mock casework samples after collection. Forensic
607 casework samples may originate from less than a few microliters blood and the time between
608 deposition and sample collection may range from days to years. We assessed these differences
609 experimentally and found that regardless of the amount of blood in the Chelex-processed samples, the
610 DNA remained double stranded (S1_File_C). When processing blood stains collected at different time
611 points after deposition (from 0 days to 8 weeks), we found no substantial differences in DNA
612 strandedness between any of the time points (S1_File_D). It has previously been reported that DNA
613 from blood samples stored at room temperature shows a higher level of degradation compared to
614 directly processed samples [68, 71, 72], and it is common knowledge that high molecular weight
615 DNA best can be isolated from fresh tissue. However, the molecular mechanisms explaining the
616 differences in DNA qualities we observed in forensic and mock casework samples respectively,
617 remains to be elucidated.

618 The Fragment Analyzer was able to detect DNA peaks in 9 of 25 samples extracted with the Chelex-
619 based protocols. These samples all exhibited small DNA fragments (< 1 kb, Table 2), but as
620 previously stated the fragment size of ssDNA is likely underestimated due to a faster gel migration

621 speed compared to dsDNA. Unfortunately, the low volumes of available forensic casework samples
622 did not allow for analysis on denaturing gels. Forensic casework samples derived from non-visible
623 traces, saliva or faeces that were processed with Phenol protocol 1 harbored DNA fragments ranging
624 0.09 - 32 kb while blood-derived samples revealed larger fragment sizes ranging 16 - 44 kb. In
625 accordance, DNA extracted from non-visible DNA traces, saliva and faeces revealed higher DI values
626 (1.82 ± 0.64) compared to blood samples (1.12 ± 0.37 , $p = 0.002$, $n = 15$). Most forensic casework
627 samples derived from bone had a high degree of fragmented DNA ($< 1\text{kb}$), in line with the
628 PowerQuant DI values (2.5 – 18).

629 A comparison of the fragment sizes and DI values between mock and forensic casework samples
630 suggests a higher level of DNA degradation in forensic casework samples for most sample groups (S5
631 Table). This suggests that DNA fragmentation, similar to DNA strandedness, is also affected by
632 factors such as storage and original sample conditions, in addition to sample type and applied DNA
633 extraction protocol. While numerous studies have shown that Chelex-based extraction protocols are
634 cost-effective with similar or better performance compared to commercially available kits [6, 52, 73-
635 78], concerns have been raised whether Chelex-based extracts provide adequate DNA stability for
636 long-term storage [79]. The high pH (10-11) of the Chelex solution has been shown to decrease over
637 time [80], and the chelating effect of the Chelex resin, removing metal cations required for DNase
638 activity, may also decline over time. However, we find no clear indications that DNA fragmentation
639 increases in Chelex-processed samples during storage for 1 year (S4 Table). In agreement, other
640 studies have shown that storage up to 3 years and several freeze-thaw cycles of DNA samples
641 generated from Chelex-based extractions showed no negative effects on DNA concentrations or
642 forensic STR profile quality [78, 81]. In the past, storage conditions of forensic samples have been
643 adjusted and validated primarily to preserve the DNA for an eventual re-analysis of DNA profiles
644 based on STRs [81]. Although PCR-based generation of STR profiles is theoretically indifferent to
645 whether the DNA is single- or double-stranded from the start [54], slightly fragmented single-stranded
646 DNA molecules may provide an advantage in PCR due to easier accessibility for the primers to bind
647 to its template DNA. In whole genome DNA library preparations however, it is crucial to know
648 whether the DNA is single- or double-stranded. For example, the ThruPLEX kit, designed for
649 dsDNA, was employed in two Swedish case studies [23, 24], wherein the later Chelex-processed
650 samples were assessed and repeated analyses were needed to obtain useful results. For samples with a
651 majority of ssDNA, there are more suitable kits available, for instance the SRSly kit from Claret
652 Bioscience [82]. The insight on typical DNA characteristics of different sample types provides
653 important knowledge that may be used for guidance to which library preparation kit to apply. By also
654 knowing the initial level of DNA fragmentation in a sample, excessive DNA shearing may be avoided
655 through proper adjustments of shearing parameters prior to library preparation. The future prospective

656 of applying SNP and WGS, or targeted hybridization capture sequencing, on degraded DNA of low
657 quantity is undeniably a potent tool.

658

659 **4. Conclusions**

660 A fluorometry-based model for estimation of DNA strandedness was developed and validated to give
661 reliable results for low amounts of DNA (0.15 ng). Analysis of DNA fragment sizes using Fragment
662 Analyzer was evaluated and considered useful for samples with mostly double stranded DNA and a
663 total DNA concentration ≥ 0.6 ng/ μ L. However, for samples with a high content of single-stranded
664 DNA, the fragment size was underestimated and must be interpreted with caution. DNA extracts from
665 forensic mock and forensic casework samples were assessed for DNA strandedness and
666 fragmentation. The results show that the choice of DNA extraction protocol highly influences whether
667 the DNA comes out as single- or double-stranded, as well as the level of DNA fragmentation. It was
668 also found that DNA quality in terms of DNA strandedness and fragmentation was dependent on the
669 sample type. DNA derived from bone samples was often at least partly single-stranded and
670 fragmented in contrast to other forensic samples extracted with a phenol-based protocol. Interestingly,
671 DNA derived from blood in mock casework samples remained double stranded and of high molecular
672 weight compared to DNA originating from saliva and nasal secretion, when the same DNA extraction
673 protocols were applied. However, forensic casework samples processed by Chelex-based protocols
674 showed single-stranded and highly fragmented DNA. The results of this study have provided
675 knowledge of how different DNA extraction methods influence DNA quality in typical forensic DNA
676 samples, which may be useful for future selections of appropriate DNA extraction protocols. The
677 established workflow to estimate DNA quality in “old” samples such as from cold cases and
678 unidentified human remains will be valuable for prospective sequencing-based high-density SNP
679 genotyping, as it enables the choice of an appropriate library preparation kit with DNA shearing
680 parameters adjusted to the specific fragmentation level. Such workflows and knowledge are also
681 applicable to other fields, such as clinical genetics and archaeology.

682

683 **5. Acknowledgement**

684 We would like to express our gratitude to the donors of cell material that made this study possible.

685

686 **6. References**

- [1] McDonough SJ, Bhagwate A, Sun Z, Wang C, Zschunke M, Gorman JA, et al. Use of FFPE-derived DNA in next generation sequencing: DNA extraction methods. PLoS One. 2019 Apr

11;14(4):e0211400. <https://doi.org/10.1371/journal.pone.0211400>

- [2] Zeng X, Elwick K, Mayes C, Takahashi M, King JL, Gangitano D, et al. Assessment of impact of DNA extraction methods on analysis of human remain samples on massively parallel sequencing success. *Int J Legal Med.* 2019 Jan;133(1):51-58. <https://doi.org/10.1007/s00414-018-1955-9>
- [3] Kuś M, Ossowski A, Zielińska G. Comparison of three different DNA extraction methods from a highly degraded biological material. *J Forensic Leg Med.* 2016 May;40:47-53. <https://doi.org/10.1016/j.jflm.2016.03.002>
- [4] Xavier C, Eduardoff M, Bertoglio B, Amory C, Berger C, Casas-Vargas A, et al. Evaluation of DNA Extraction Methods Developed for Forensic and Ancient DNA Applications Using Bone Samples of Different Age. *Genes (Basel).* 2021 Jan 22;12(2):146. <https://doi.org/10.3390/genes12020146>
- [5] Gand M, Bloemen B, Vanneste K, Roosens NHC, De Keersmaecker SCJ. Comparison of 6 DNA extraction methods for isolation of high yield of high molecular weight DNA suitable for shotgun metagenomics Nanopore sequencing to detect bacteria. *BMC Genomics.* 2023 Aug 4;24(1):438. <https://doi.org/10.1186/s12864-023-09537-5>
- [6] Lienhard A, Schäffer S. Extracting the invisible: obtaining high quality DNA is a challenging task in small arthropods. *PeerJ.* 2019 Apr 12;7:e6753. <https://doi.org/10.7717/peerj.6753>
- [7] Simbolo M, Gottardi M, Corbo V, Fassan M, Mafficini A, Malpeli G, et al. DNA qualification workflow for next generation sequencing of histopathological samples. *PLoS One.* 2013 Jun 6;8(6):e62692. <https://doi.org/10.1371/journal.pone.0062692>
- [8] Viljoen CD, Booysen C, Tantuan SS. The suitability of using spectrophotometry to determine the concentration and purity of DNA extracted from processed food matrices. *J Food Compost Anal.* 2022 Sep 112:104689. <https://doi.org/10.1016/j.jfca.2022.104689>
- [9] Bag S, Saha B, Mehta O, Anbumani D, Kumar N, Dayal M, et al. An Improved Method for High Quality Metagenomics DNA Extraction from Human and Environmental Samples. *Sci Rep.* 2016 May 31;6:26775. <https://doi.org/10.1038/srep26775>
- [10] Kling D, Phillips C, Kennett D, Tillmar A. Investigative genetic genealogy: Current methods, knowledge and practice. *Forensic Sci Int Genet.* 2021 May;52:102474. doi: 10.1016/j.fsigen.2021.102474. <https://doi.org/10.1016/j.fsigen.2021.102474>
- [11] Fu Q, Hajdinjak M, Moldovan OT, Constantin S, Mallick S, Skoglund P, et al. An early modern human from Romania with a recent Neanderthal ancestor. *Nature.* 2015 Aug 13;524(7564):216-9. <https://doi.org/10.1038/nature14558>
- [12] Rohland N, Mallick S, Mah M, Maier R, Patterson N, Reich D. Three assays for in-solution enrichment of ancient human DNA at more than a million SNPs. *Genome Res.* 2022 Nov-Dec;32(11-12):2068-2078. <https://doi.org/10.1101/gr.276728.122>
- [13] Dabney J, Meyer M, Pääbo S. Ancient DNA damage. *Cold Spring Harb Perspect Biol.* 2013 Jul 1;5(7):a012567. <https://doi.org/10.1101/cshperspect.a012567>
- [14] Davawala A, Stock A, Spiden M, Daniel R, McBain J, Hartman D. Forensic genetic genealogy using microarrays for the identification of human remains: The need for good quality samples - A

- pilot study. *Forensic Sci Int*. 2022 May;334:111242. <https://doi.org/10.1016/j.forsciint.2022.111242>
- [15] So AP, Vilborg A, Bouhlal Y, Koehler RT, Grimes SM, Pouliot Y, et al. A robust targeted sequencing approach for low input and variable quality DNA from clinical samples. *NPJ Genom Med*. 2018 Jan 15;3:2. <https://doi.org/10.1038/s41525-017-0041-4>
- [16] Craig DW, Stephan DA. Applications of whole-genome high-density SNP genotyping. *Expert Rev Mol Diagn*. 2005 Mar;5(2):159-70. <https://doi.org/10.1586/14737159.5.2.159>
- [17] Sun Y, Liu F, Fan C, Wang Y, Song L, Fang Z, et al. Characterizing sensitivity and coverage of clinical WGS as a diagnostic test for genetic disorders. *BMC Med Genomics*. 2021 Apr 13;14(1):102. <https://doi.org/10.1186/s12920-021-00948-5>
- [18] Hadrill PR. Developments in forensic DNA analysis. *Emerg Top Life Sci*. 2021 Sep 24;5(3):381-393. <https://doi.org/10.1042/ETLS20200304>
- [19] Levy SE, Myers RM. Advancements in Next-Generation Sequencing. *Annu Rev Genomics Hum Genet*. 2016 Aug 31;17:95-115. <https://doi.org/10.1146/annurev-genom-083115-022413>
- [20] Park ST, Kim J. Trends in Next-Generation Sequencing and a New Era for Whole Genome Sequencing. *Int Neurourol J*. 2016 Nov;20(Suppl 2):S76-83. <https://doi.org/10.5213/inj.1632742.371>
- [21] Petersen BS, Fredrich B, Hoepfner MP, Ellinghaus D, Franke A. Opportunities and challenges of whole-genome and -exome sequencing. *BMC Genet*. 2017 Feb 14;18(1):14. <https://doi.org/10.1186/s12863-017-0479-5>
- [22] Thomas JT, Cavagnino C, Kjelland K, Anderson E, Sturk-Andreaggi K, Daniels-Higginbotham J, et al. Evaluating the Usefulness of Human DNA Quantification to Predict DNA Profiling Success of Historical Bone Samples. *Genes*. 2023; 14(5):994. <https://doi.org/10.3390/genes14050994>
- [23] Tillmar A, Sjölund P, Lundqvist B, Klippmark T, Älgenäs C, Green H. Whole-genome sequencing of human remains to enable genealogy DNA database searches - A case report. *Forensic Sci Int Genet*. 2020 May;46:102233. <https://doi.org/10.1016/j.fsigen.2020.102233>
- [24] Tillmar A, Fagerholm SA, Staaf J, Sjölund P, Ansell R. Getting the conclusive lead with investigative genetic genealogy - A successful case study of a 16 year old double murder in Sweden. *Forensic Sci Int Genet*. 2021 Jul;53:102525. <https://doi.org/10.1016/j.fsigen.2021.102525>
- [25] Nachmanson D, Pagadala M, Steward J, Cheung C, Bruce LK, Lee NQ, et al. Accurate genome-wide genotyping from archival tissue to explore the contribution of common genetic variants to pre-cancer outcomes. *J Transl Med*. 2022 Dec 27;20(1):623. <https://doi.org/10.1186/s12967-022-03810-z>
- [26] Greytak EM, Moore C, Armentrout SL. Genetic genealogy for cold case and active investigations. *Forensic Sci Int*. 2019 Jun;299:103-113. <https://doi.org/10.1016/j.forsciint.2019.03.039>
- [27] Alaeddini R, Walsh SJ, Abbas A. Forensic implications of genetic analyses from degraded DNA--a review. *Forensic Sci Int Genet*. 2010 Apr;4(3):148-57. <https://doi.org/10.1016/j.fsigen.2009.09.007>
- [28] Chu MC, Morimoto C, Kawai C, Miyao M, Tamaki K. Effects of DNA degradation and genotype imputation on high-density SNP microarray in pairwise kinship analysis. *Leg Med (Tokyo)*. 2023 Feb;60:102158. <https://doi.org/10.1016/j.legalmed.2022.102158>

- [29] ThruPLEX® DNA-Seq Kit User Manual. Takara Bio USA, Inc, Mountain View, CA, USA, 2018 [accessed 10 Sept 2023]. Available from: https://www.takarabio.com/documents/User%20Manual/ThruPLEX%20DNA/ThruPLEX%20DNA-Seq%20Kit%20User%20Manual_112219.pdf
- [30] Wales N, Carøe C, Sandoval-Velasco M, Gamba C, Barnett R, Samaniego JA, et al. New insights on single-stranded versus double-stranded DNA library preparation for ancient DNA. *Biotechniques*. 2015 Dec 1;59(6):368-71. <https://doi.org/10.2144/000114364>.
- [31] EZ1® Advanced XL User Manual. Qiagen, Hilden, Germany, 2017 [accessed 10 Sept 2023]. Available from: <https://www.qiagen.com/us/resources/resourcedetail?id=c9ecd500-147b-4a8e-ae71-3dc86cd3d17a&lang=en>
- [32] Forsberg C, Jansson L, Ansell C, Hedman J. The need for automation is limited when using a quick and inexpensive one-tube DNA extraction protocol for crime scene samples. *Forensic Sci Int Genet Suppl Ser*. 2019 Dec;7(1):377-78. <https://doi.org/10.1016/j.fsigss.2019.10.019>
- [33] QIAamp® DNA Mini and Blood Mini Handbook, Fifth Edition. Qiagen, Hilden, Germany, 2016 [accessed 10 Sept 2023]. Available from: <https://www.qiagen.com/us/resources/resourcedetail?id=62a200d6-faf4-469b-b50f-2b59cf738962&lang=en>
- [34] QIAquick® PCR Purification Kit and QIAquick® PCR & Gel Cleanup Kit [accessed 10 Sept 2023]. Qiagen, Hilden, Germany, 2018. Available from: <https://www.qiagen.com/us/resources/resourcedetail?id=a72e2c07-7816-436f-b920-98a0ede5159a&lang=en>
- [35] PrepFiler Express and PrepFiler Express BTA™ Forensic DNA Extraction kits, revised Jan 2012 [accessed 10 Sept 2023]. Applied Biosystems, Life Technologies Corporation, Carlsbad, CA, USA, 2012. Available from: https://tools.thermofisher.com/content/sfs/manuals/cms_099065.pdf
- [36] Niederstätter H, Köchl S, Grubwieser P, Pavlic M, Steinlechner M, Parson W. A modular real-time PCR concept for determining the quantity and quality of human nuclear and mitochondrial DNA. *Forensic Sci Int Genet*. 2007 Mar;1(1):29-34. <https://doi.org/10.1016/j.fsigen.2006.10.007>
- [37] PowerQuant® System Technical manual TM0047, revised Aug 2022 [accessed 10 Sept 2023]. Promega Corporation, Madison, WI, USA, 2022. Available from: <https://se.promega.com/resources/protocols/technical-manuals/d0/powerquant-system-protocol/>
- [38] Qubit® dsDNA HS Assay Kits User guide, MAN0002326 [accessed 30 Aug 2023]. Molecular probes, Life Technologies Corporation, Carlsbad, CA, USA, 2015. Available from: https://tools.thermofisher.com/content/sfs/manuals/Qubit_dsDNA_HS_Assay_UG.pdf
- [39] Thermo Scientific dsDNase User guide EN0771 [accessed 10 Sept 2023]. Thermo Fisher Scientific, Waltham, MA, USA, 2013. Available from: https://www.thermofisher.com/document-connect/document-connect.html?url=https://assets.thermofisher.com/TFS-Assets%2FSLG%2Fmanuals%2FMAN0012879_dsDNase_EN0771_UG.pdf
- [40] Qubit® ssDNA Assay Kit User guide MAN0001988 [accessed 10 Sept 2023]. Molecular probes, Life technologies, Corporation, Carlsbad, CA, USA, 2015. Available from: <https://www.thermofisher.com/document-connect/document-connect.html?url=https://assets.thermofisher.com/TFS->

Assets%2FSLG%2Fmanuals%2FQubit_ssDNA_Assay_UG.pdf

- [41] Agilent DNF-468 HS Genomic DNA 50 kb Kit Quick Guide for the Fragment Analyzer Systems, edition Feb 2022 [accessed 10 Sept 2023]. Agilent Technologies, Santa Clara, CA, USA, 2021. Available from: <https://www.agilent.com/cs/library/usermanuals/public/quick-guide-dnf-468-hs-genomic-50kb-kit-SD-AT000129.pdf>
- [42] Agilent D5000 ScreenTape System Quick Guide, edition Sep 2015 [accessed 10 Sept 2023]. Agilent Technologies, Santa Clara, CA, USA, 2015. Available from: https://www.agilent.com/cs/library/usermanuals/public/ScreenTape_D5000_QG.pdf
- [43] Agilent High Sensitivity RNA ScreenTape System Quick Guide, edition Sep 2015 [accessed 7 Sept 2023]. Agilent Technologies, Santa Clara, CA, USA, 2015. Available from: https://www.agilent.com/cs/library/usermanuals/public/ScreenTape_HSRNA_QG.pdf
- [44] R Core Team. R: A Language and Environment for Statistical Computing. R Foundation for Statistical Computing, Vienna, Austria 2019. (<http://www.R-project.org/>)
- [45] Fox J, Weisberg S. An R Companion to Applied Regression. Third edition. Sage, Thousand Oaks CA 2018.
- [46] Wang X, Son A. Effects of pretreatment on the denaturation and fragmentation of genomic DNA for DNA hybridization. *Environ Sci Process Impacts*. 2013 Dec;15(12):2204-12. <https://doi.org/10.1039/c3em00457k>
- [47] Nakayama Y, Yamaguchi H, Einaga N, Esumi M. Pitfalls of DNA Quantification Using DNA-Binding Fluorescent Dyes and Suggested Solutions. *PLoS One*. 2016 Mar 3;11(3):e0150528. <https://doi.org/10.1371/journal.pone.0150528>
- [48] Kline MC, Duewer DL. Evaluating digital PCR for the quantification of human nuclear DNA: determining target strandedness. *Anal Bioanal Chem*. 2020 Jul;412(19):4749-4760. <https://doi.org/10.1007/s00216-020-02733-2>
- [49] Kline M, Duewer D. NIST Special Publication 1200-27: Evaluation of Methods for Assessing the proportion of Single-Stranded Nuclear DNA in Human Blood Extracts [accessed 2 Sept 2023]. National Institute of Standards and Technology, Gaithersburg, MD, USA, 2021. Available from: <https://www.nist.gov/publications/nist-special-publication-1200-27-evaluation-methods-assessing-proportion-single>
- [50] Shin S, Day LA. Separation and size determination of circular and linear single-stranded DNAs by alkaline agarose gel electrophoresis. *Anal Biochem*. 1995 Apr 10;226(2):202-6. <https://doi.org/10.1006/abio.1995.1214>
- [51] Pluen A, Tinland B, Sturm J, Weill G. Migration of single-stranded DNA in polyacrylamide gels during electrophoresis. *Electrophoresis*. 1998 Jul;19(10):1548-59. <https://doi.org/10.1002/elps.1150191005>
- [52] Walsh PS, Metzger DA, Higushi R. Chelex 100 as a medium for simple extraction of DNA for PCR-based typing from forensic material. *BioTechniques* 10(4): 506-13 (April 1991). *Biotechniques*. 2013 Mar;54(3):134-9. <https://doi.org/10.2144/000114018>
- [53] Butler JM. *Fundamentals of Forensic DNA Typing*. 1st ed. Elsevier Inc, USA, 2010. Chapter 5,

DNA Extraction, p. 99-109. <https://doi.org/10.1016/C2009-0-01945-X>

- [54] Kline M, Duewer D. Evaluating Digital PCR for the Quantification of Human Nuclear DNA: Factors Influencing Target Strandedness. Special Publication (NIST SP) 1200-28, National Institute of Standards and Technology, Gaithersburg, MD, USA, 2021 [accessed 10 Sept 2023]. Available from: https://tsapps.nist.gov/publication/get_pdf.cfm?pub_id=931523
- [55] Casquet J, Thebaud C, Gillespie RG. Chelex without boiling, a rapid and easy technique to obtain stable amplifiable DNA from small amounts of ethanol-stored spiders. *Mol Ecol Resour.* 2012 Jan;12(1):136-41. <https://doi.org/10.1111/j.1755-0998.2011.03073.x>
- [56] Rennick SL, Fenton TW, Foran DR. The effects of skeletal preparation techniques on DNA from human and non-human bone. *J Forensic Sci.* 2005 Sep;50(5):1016-9.
- [57] Le TN, Muratovic D, Handt O, Henry J, Linacre A. DNA profiling from human bone cells in the absence of decalcification and DNA extraction. *J Forensic Sci.* 2022 Jul;67(4):1690-1696. <https://doi.org/10.1111/1556-4029.15033>
- [58] Tillmar A, Sturk-Andreaggi K, Daniels-Higginbotham J, Thomas JT, Marshall C. The FORCE Panel: An All-in-One SNP Marker Set for Confirming Investigative Genetic Genealogy Leads and for General Forensic Applications. *Genes (Basel).* 2021 Dec 10;12(12):1968. <https://doi.org/10.3390/genes12121968>
- [59] Kovačević, N. Magnetic Beads Based Nucleic Acid Purification for Molecular Biology Applications. In: Micic, M. (eds) *Sample Preparation Techniques for Soil, Plant, and Animal Samples*. Springer Protocols Handbooks. Humana Press, New York, NY; 2016. https://doi.org/10.1007/978-1-4939-3185-9_5
- [60] Barra GB, Santa Rita TH, de Almeida Vasques J, Chianca CF, Nery LF, Santana Soares Costa S. EDTA-mediated inhibition of DNases protects circulating cell-free DNA from ex vivo degradation in blood samples. *Clin Biochem.* 2015 Oct;48(15):976-81. <https://doi.org/10.1016/j.clinbiochem.2015.02.014>
- [61] Lahiri DK, Schnabel B. DNA isolation by a rapid method from human blood samples: effects of MgCl₂, EDTA, storage time, and temperature on DNA yield and quality. *Biochem Genet.* 1993 Aug;31(7-8):321-8. <https://doi.org/10.1007/BF02401826>
- [62] Covaris® Quick Guide. DNA Shearing with ME220 Focused-ultrasonicator. Part Number: 010349 Rev L, 2020 [accessed 10 Sept 2023]. Available from: https://www.covaris.com/wp/wp-content/uploads/resources_pdf/pn_010349.pdf
- [63] Holmes AS, Houston R, Elwick K, Gangitano D, Hughes-Stamm S. Evaluation of four commercial quantitative real-time PCR kits with inhibited and degraded samples. *Int J Legal Med.* 2018 May;132(3):691-701. <https://doi.org/10.1007/s00414-017-1745-9>
- [64] Swango KL, Timken MD, Chong MD, Buoncristiani MR. A quantitative PCR assay for the assessment of DNA degradation in forensic samples. *Forensic Sci Int.* 2006 Apr 20;158(1):14-26. <https://doi.org/10.1016/j.forsciint.2005.04.034>
- [65] Ewing MM, Thompson JM, McLaren RS, Purpero VM, Thomas KJ, Dobrowski PA, et al. Human DNA quantification and sample quality assessment: Developmental validation of the PowerQuant(®) system. *Forensic Sci Int Genet.* 2016 Jul;23:166-177.

<https://doi.org/10.1016/j.fsigen.2016.04.007>

- [66] Johnston AD, Lu J, Korbie D, Trau M. Modelling clinical DNA fragmentation in the development of universal PCR-based assays for bisulfite-converted, formalin-fixed and cell-free DNA sample analysis. *Sci Rep*. 2022 Sep 26;12(1):16051. <https://doi.org/10.1038/s41598-022-18196-7>
- [67] Morrison J, McColl S, Louhelainen J, Sheppard K, May A, Girdland-Flink L, et al. Assessing the performance of quantity and quality metrics using the QIAGEN Investigator® Quantiplex® pro RGQ kit. *Sci Justice*. 2020 Jul;60(4):388-397. <https://doi.org/10.1016/j.scijus.2020.03.002>
- [68] Schulze Johann K, Bauer H, Wiegand P, Pfeiffer H, Vennemann M. Detecting DNA damage in stored blood samples. *Forensic Sci Med Pathol*. 2023 Mar;19(1):50-59. <https://doi.org/10.1007/s12024-022-00549-3>
- [69] Lin SW, Li C, Ip SCY. A performance study on three qPCR quantification kits and their compatibilities with the 6-dye DNA profiling systems. *Forensic Sci Int Genet*. 2018 Mar;33:72-83. <https://doi.org/10.1016/j.fsigen.2017.11.016>
- [70] Sidstedt M, Hedman J, Romsos EL, Waitara L, Wadsö L, Steffen CR, et al. Inhibition mechanisms of hemoglobin, immunoglobulin G, and whole blood in digital and real-time PCR. *Anal Bioanal Chem*. 2018 Apr;410(10):2569-2583. <https://doi.org/10.1007/s00216-018-0931-z>
- [71] Permenter J, Ishwar A, Rounsavall A, Smith M, Faske J, Sailey CJ, et al. Quantitative analysis of genomic DNA degradation in whole blood under various storage conditions for molecular diagnostic testing. *Mol Cell Probes*. 2015 Dec;29(6):449-453. <https://doi.org/10.1016/j.mcp.2015.07.002>
- [72] Madisen L, Hoar DI, Holroyd CD, Crisp M, Hodes ME. DNA banking: the effects of storage of blood and isolated DNA on the integrity of DNA. *Am J Med Genet*. 1987 Jun;27(2):379-90. <https://doi.org/10.1002/ajmg.1320270216>
- [73] Panda BB, Pradhan N, Hazra RK. Comparative analysis of three methods from dried blood spots for expeditious DNA extraction from mosquitoes; suitable for PCR based techniques. *Mol Biol Rep*. 2019 Feb;46(1):151-160. <https://doi.org/10.1007/s11033-018-4456-5>
- [74] Strøm GE, Tellevik MG, Hanevik K, Langeland N, Blomberg B. Comparison of four methods for extracting DNA from dried blood on filter paper for PCR targeting the mitochondrial Plasmodium genome. *Trans R Soc Trop Med Hyg*. 2014 Aug;108(8):488-94. <https://doi.org/10.1093/trstmh/tru084>
- [75] Hansson H, Saidi Q, Alifrangis M. Preservation and Extraction of Malaria Parasite DNA from Dried Blood Spots. *Methods Mol Biol*. 2022;2470:27-36. https://doi.org/10.1007/978-1-0716-2189-9_4
- [76] Phillips K, McCallum N, Welch L. A comparison of methods for forensic DNA extraction: Chelex-100® and the QIAGEN DNA Investigator Kit (manual and automated). *Forensic Sci Int Genet*. 2012 Mar;6(2):282-5. <https://doi.org/10.1016/j.fsigen.2011.04.018>
- [77] Konakandla B, Park Y, Margolies D. Whole genome amplification of Chelex-extracted DNA from a single mite: a method for studying genetics of the predatory mite *Phytoseiulus persimilis*. *Exp Appl Acarol*. 2006;40(3-4):241-7. <https://doi.org/10.1007/s10493-006-9042-1>
- [78] Simon N, Shallat J, Williams Wietzikoski C, Harrington WE. Optimization of Chelex 100 resin-based extraction of genomic DNA from dried blood spots. *Biol Methods Protoc*. 2020 May

2;5(1):bpaa009. <https://doi.org/10.1093/biomet/bpaa009>

- [79] Burgosa G, Flores-Espinoza R, Ruiz-Pozod V, Villacrés Grandac I. Efficient preservation of DNA extracted from blood in FTA cards by Chelex method. *Forensic Sci Int Genet Suppl Ser.* 2019 Dec 1;7(1):539-41. <https://doi.org/10.1016/j.fsigss.2019.10.082>
- [80] Kambara CS, Boissaye R, Stewart J, Staton PJ. Development and Internal Validation of a Chelex® DNA Extraction Protocol for Reference Oral Swabs, poster [accessed 10 Sept 2023]. Available from: <https://www.marshall.edu/forensics/files/Poster1.pdf>
- [81] Forsberg C, Pettersson L, Boiso L. The effect of freezing, thawing and long-term storage on forensic DNA extracts. *Forensic Sci Int Genet Suppl Ser.* 2022 Dec 1;8:77-78. <https://doi.org/10.1016/j.fsigss.2022.09.028>
- [82] Troll CJ, Kapp J, Rao V, Harkins KM, Cole C, Naughton C, et al. A ligation-based single-stranded library preparation method to analyze cell-free DNA and synthetic oligos. *BMC Genomics.* 2019 Dec 27;20(1):1023. <https://doi.org/10.1186/s12864-019-6355-0>

687