Hepatitis E virus replication is facilitated by epithelial cell turnover and targets

enteroendocrine cells in human intestinal organoids

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Abstract

Hepatitis E virus (HEV) is an emerging pathogen responsible for acute viral hepatitis globally. There is no specific antiviral and non-universal vaccine, partly due to limitations in its *in vitro* cultivation. Although HEV is mainly fecal-oral transmitted and excreted in the feces in high titers, the role of the gut in HEV-induced disease remains unexplored. Little is known about how the virus spreads from gut to liver, or about the gut potentially acting as an HEV reservoir. To address this, we developed an HEV infection model using human intestinal enteroids (HIEs). HEV infection was done using: a) differentiated 3D-HIEs; b) differentiated 2D-HIEs in transwells; c) electroporation of HIEs with HEV capped RNA. 3D infection with HEV-3 strains resulted in a limited increase in HEV RNA. Infection of 2D-HIEs yielded similar replication levels, with shedding mainly to the apical side of the intestinal epithelial layer. Importantly, electroporation of HIEs with HEV-3 RNA resulted in a sustained increase in viral load over time in the supernatant, with the detection of infectious virus particles. Likewise, electroporation of HEV-1 and 3 luciferase replicon RNA, a 5-fold and 20-fold increase in luciferase signal was observed. Treatment with the current off-label ribavirin effectively inhibited viral replication in the luciferase subgenomic or full-length genomic HEV RNA electroporated HIEs.

Moreover, here we investigate the cellular tropism of hepatitis E virus in HIEs. Abundant HEV ORF2 antigen was detected in infected HIEs, including proliferating cells, enterocytes and enteroendocrine cells, with increased mRNA expression for the latter cell type. Overall, we here established a model for HEV infection in HIEs and discovered that the fast cell turnover of the intestine is an important feature that enables efficient HEV replication. Furthermore, HEV infection promotes differentiation towards enteroendocrine cells, which the virus can infect.

Introduction

The enteric hepatitis E virus (HEV) poses a substantial global health burden. It is mainly transmitted through the fecal-oral route, with strains causing human infection predominantly belonging to the *Paslahepevirus balayani* species of the *Hepeviridae* family[1]. HEV-1 and HEV-2 are endemic in developing regions and are mainly transmitted via contaminated drinking water, with an estimated 70,000 deaths annually[2,3]. HEV-1 and 2 occasionally result in fulminant hepatitis with an overall mortality rate of 0.5 to 4%, but with an even higher risk of 20 to 30% in pregnant women[4]. HEV-3 and HEV-4, on the other hand, are zoonotic viruses infecting swine, deer and wild boar and are transmitted via contaminated animal products (*e.g.* raw or undercooked meat products), resulting in sporadic autochthonous infections in both developing and industrialized regions[2]. Extra-hepatic manifestations are often described, affecting mostly the kidney, and the neurological and hematological system[5]. HEV-3 can also lead to chronic infections, especially in immunocompromised individuals, resulting in an increased risk for rapid progression to cirrhosis, graft loss and death[6]. Moreover, HEV is an emerging potential threat to blood safety in industrialized countries after the documentation of several cases of transmission by HEV-contaminated blood, blood products, or by transplantations[7]. There is currently no widely available vaccine or approved specific antiviral therapy. The broad-spectrum antiviral ribavirin is used off-label to treat the chronically infected patients, but is associated with marked adverse effects and treatment failure[8–10].

Many knowledge gaps still remain on fundamental aspects of HEV infection and disease, partly due to difficulties in its cultivation. HEV *in vitro* cultivation in liver-derived primary cells and immortalized cell lines is often used despite its slow replication to low titers. Recent progress involving the generation of cDNA clones and passaging primary patient isolates in distinct cell lines has improved *in vitro* HEV propagation[11]. Nonetheless, new and improved models are needed to replicate the full tropism of HEV.

HEV is a positive-sense single-stranded RNA virus with an icosahedral capsid[12]. Infected hosts produce two types of HEV virions, quasi-enveloped particles (HEV env$^+$) and naked/non-enveloped particles (HEV env$^-$). In infected patients or animals, HEV env$^+$ is released from the apical membrane into the bile duct, where the lipid envelope is degraded by detergents and proteases in the bile, resulting in the presence of HEV env$^-$ in feces and bile[13]. This is presumed to be the main form responsible for

transmission and associated with higher infectivity[14,15] In cell culture, intracellular HEV

is predominantly HEV env⁻, while membrane associated HEV env⁺ is secreted into the

supernatant and circulates in blood[16].

Despite the fact that HEV is an enteric virus transmitted fecal-orally and shed in high

titers in the stool[12], little attention has been given thus far to the role and contribution

of the gut compartment in HEV-induced disease. Evidence that HEV effectively

replicates in intestinal epithelial cells was recently brought forward[17]. HEV was found

to produce infectious particles that are released from both the basal and apical sides

of polarized primary enterocytes, with preferential apical release. Moreover, ribavirin

failed to block viral secretion into the apical side, possibly explaining viral relapses in

chronic infected patients. Here, authors postulated that the gut epithelium is the initial

site of virus amplification before dissemination to the liver, and a reservoir for

replicating HEV, especially during chronic infections. Still, viral dissemination

strategies between the gut and liver remain poorly understood, and in what way the

gut functions as an HEV reservoir is unknown. Moreover, a detailed understanding of

HEV infection in the intestine is still lacking, namely regarding the specific intestinal

cell types that are infected, their host response upon infection, the viral dissemination

strategies to extra-intestinal tissues and disease-inducing mechanisms.

The development of organoid technology provides the opportunity to advance

knowledge in virus biology and host-pathogen interactions to a much higher level of

physiological relevance and thus is/will be revolutionary in many fields of biomedical

research, including drug discovery. Indeed, HEV replication in human liver-derived

organoids has been reported[18]. Human intestinal organoids are the closest model to

mimic the human intestinal epithelium *in vitro* and have been used to dissect virus-

host interaction of several viruses, such as noroviruses[19], rotaviruses[20], astroviruses[21],

adenoviruses[22], enteroviruses[23] and coronaviruses. Intestinal organoids are non-

transformed three- dimensional (3D) cell cultures arranged in a crypt-villus structure

that incorporate the physiological features of the intestinal epithelium, including the

presence of different cell populations (enterocytes, goblet cells, enteroendocrine and

Paneth cells). Self-renewal of the small intestinal epithelium is driven by the

proliferation of intestinal stem cells and their progenitors located in the crypts. These

stem cells move along different molecular gradients from the bottom of the crypt to the

villi domain, resulting in an increasing maturation of specialized cell types[24]. Intestinal

organoids can be produced from pluripotent stem cells (iPSCs) or derived from tissue

containing Lgr5+ stem cells, better known as human intestinal enteroids (HIEs)[25,26].

We here used HIEs to establish an HEV infection model of the small intestine using

various formats, with the aim of studying the infection dynamics and characterizing the

cellular tropism of hepatitis E virus in the human intestine.

Results

Infection of differentiated 3D human intestinal enteroids with HEV

To investigate whether HIEs are permissive to HEV replication, infection of adult and fetal HIEs was performed using 3D-HIEs after 5 days of differentiation, as previously described[27,28]. Infection of differentiated 3D-HIEs was performed in suspension with Kernow-C1 p6 or Kernow-C1 p6 G1634R (i.e. bearing a fitness enhancing mutation[8]), after which viral load (derived from pooled cell extracts and supernatant) was assessed at different days post-infection (pi) (Fig. 1A). Even with an inoculum of 1.0×10^7 HEV RNA copies, infection with Kernow-C1 p6 of either adult or fetal HIEs resulted in a very limited gain in HEV RNA over input (Fig. 1B). Infection with 5.0×10^7 RNA copies of Kernow-C1 p6 G1634R yielded a modest increase of ~1 $\log_{10}$ in HEV RNA from 6 to 24 hours pi, after which levels remained stable until the end of the experiment at 5 days pi (Fig.1C). This shows that a high inoculum is required to kick-start infection. Given that HEV is a slowly replicating virus, prolonging the assay past 5 days pi would likely favor replication. However, this was not feasible due to the differentiated state of the cells and the consequent accumulation of debris in the lumen of the 3D organoid structure, resulting in loss of viability past that timepoint. Supplementation with the bile acid glycochenodeoxycholic acid (GCDCA) together with ruxolitinib was attempted, which was previously shown to facilitate the replication of other enteric viruses[27], yielded no obvious benefit (Fig. S1).

Infection of HIE polarized monolayers with HEV

Next, we cultured HIEs as polarized monolayers (2D) in a transwell system, thus allowing us to study virus shedding into the apical and basolateral compartments (Fig. 2A). Before HEV infection, we determined the transepithelial electrical resistance (TEER) of the monolayers to be > 300 Ω/cm^2. Infection of differentiated fetal and adult 2D-HIEs (Fig. 2B and 2C) with Kernow-C1 p6 G1634R yielded a constant virus shedding (HEV RNA levels were ~ 5.5 $\log_{10}$/mL) to the apical side of the intestinal epithelial layer. Basolateral shedding was also detected, albeit at lower levels of ~ 3.5 - 4 $\log_{10}$ HEV RNA copies/mL from day 1 to 7 pi. Considering that every 2 days, half of the culture media was replaced by fresh media in both compartments, this indicates a considerable amount of new virions were being produced and shed into the cultures supernatant. Intracellularly, HEV RNA levels detected were approximately 5 $\log_{10}$ copies/well (Fig. 2C).

Efficient electroporation of HIEs with HEV capped RNA

We next evaluated whether electroporation of a HIE single-cell suspension was feasible and would result in more efficient HEV replication. Given that electroporation of fully differentiated HIEs resulted in non-viable cells, undifferentiated HIEs were used instead, which were electroporated with subgenomic or full-length HEV capped RNA from human HEV-1 (Sar55/S17), HEV-3 (Kernow-C1 p6 or Kernow-C1 p6 G1634R), and rat HEV (pLA-B350), as illustrated in Fig. 3A. For electroporation experiments, 3D-HIEs were first dissociated into single cells. Previous reports, showed that adding a rho-associated protein kinase (ROCK) inhibitor and replacement of Wnt activators with a glycogen synthase kinase 3 (GSK-3) inhibitor enhanced the recovery of single cells[29,30] that otherwise fail to replicate sufficiently, primary due to anoikis[29]. HIEs were therefore pre-treated with Y-27632 (ROCK inhibitor) and CHIRR99021 (GSK-3 inhibitor) in OGM for 2 days prior to electroporation. The cultures were substantially composed of intestinal stem cells that continue to proliferate and constitute 3D structures.

HIEs electroporated with HEV subgenomic RNA of HEV-3 Kernow-C1 p6/luc or HEV-1 Sar55/S17/luc yielded a 20-fold or 5-fold higher luciferase signal, respectively, at 11 days post-electroporation (pe) (Fig. 3B). By contrast, electroporation with rat HEV pLA-B350 resulted in 1-2 $\log_{10}$ lower luciferase levels, which may be due to the fact that this is not a human virus or to the absence of the replication-enhancing human ribosomal protein S17 in the viral genome[31]. Treatment with ribavirin resulted in lower luciferase signals when compared to non-treated control, with an half-maximum concentration between 25 and 50 µM (Fig. 3C). Electroporation with full length Kernow-C1 p6 or Kernow-C1 p6 G1634R resulted in a sustained increase in viral load in the supernatant over time, reaching 3.1×10^5 and 5.5×10^5 HEV RNA copies/mL, respectively, at 11 days pe (Fig. 3D). Treatment of full length Kernow-C1 p6 G1634R electroporated HIEs with ribavirin resulted in a dose-dependent reduction of intracellular and extracellular HEV levels (Fig. 3E).

Light microscopy of electroporated HIEs shows that they continued to proliferate during the experiment, forming the characteristic 3D structures (Fig. 3F). Immunostaining showed a marked presence of viral antigens (ORF2) in HIEs electroporated with Kernow-C1 p6 or Kernow-C1 p6 G1634R at 15 days pe (Fig. 3G). However, HIEs electroporated with HEV appeared to be smaller than the mock-

electroporated ones (Fig. 3F), which is likely not due to cell death since HEV-
electroporated HIEs presented less propidium iodide staining (indicative of intact cell
membranes), than mock-infected (Fig. S2). HEV replication thus appears to slow down
HIE proliferation.

More importantly, we confirm that Kernow-C1 p6 G1634R electroporated HIEs
produce HEV infectious particles as evidenced by the expression of HEV ORF2
antigens on day 7 pi in HepG2/C3A cells that were infected with supernatants from
electroporated HIEs (collected on 11 days pe, Fig. S3), resulting in a titer of 3.0×10^7
focus forming units (FFU)/mL. Overall, electroporation of HIEs with HEV capped RNA
allowed more efficient HEV replication, alike with what is reported in human
hepatocytes[15].

Infection of undifferentiated 3D- or 2D-HIEs does not improve HEV replication
We next wondered whether the enhanced HEV replication upon electroporation could
be due to the use of undifferentiated HIEs. Hence, we repeated the HEV infection
experiment using 3D-HIEs and 2D-HIEs (transwell). However, a subset of the HIEs
was not treated with differentiation media (ODM) but instead only with growth media
(OGM), thereby retaining the stem cell niche and associated proliferation capacity.
Infection of undifferentiated 3D-HIEs with HEV Kernow-C1 p6 G1634R yielded a more
efficient first replication cycle (8.0×10^3 RNA copies in OGM versus 3.3×10^3 RNA
copies in ODM) at 1 day pi (Fig. 4A) but resulted in similar viral loads overtime as in
differentiated 3D-HIEs. Moreover, viral load remained more or less constant up to 10
days pi, even when half medium was changed every 2 days (from 4 days pi).

Infection of undifferentiated 2D-HIEs in transwell resulted in a continuous apical
release of virus (Fig. 4B and 4C). Importantly, despite being infected with the same
input (2.0×10^8 copies), virus attachment (and likely entry) was less efficient in
undifferentiated 2D-HIEs compared to differentiated 2D-HIEs, resulting in lower levels
of viral RNA being detected intra and extracellularly (Fig. 2B-C and Fig. 4B-C). In
summary, the differentiation state of the HIEs at the start of infection does not seem to
play a critical role in supporting HEV replication (at least not alone).

HEV infection induces HIE differentiation into mature cell lineages
Since viral infections might affect intestinal cell differentiation, we next investigated the
differentiation state of electroporated HIEs at the end of the experiments (hence 11

days pe), by comparing it to day 0 pe cultures using gene expression analysis (Fig. 5).

Comparison of mRNA levels of Lgr5 (stem cells), lysozyme (Paneth cells), sucrose

isomaltase (mature enterocytes), mucin 2 (goblet cells) and chromogranin A

(enteroendocrine cells), revealed that Kernow-C1 p6 G1634R induces expression of

mature cell types, mainly enterocytes and enteroendocrine cells. However, infection

with Kernow-C1 p6 resulted in the reduction of the expression of intestinal stem cells

(Lgr5+), with similar transcript levels of the other cells types compared to mock-

electroporated HIEs.

HEV shows tropism to proliferating and mature intestinal cells

We next investigated which intestinal cell lineages are permissive to HEV replication.

To that end, we performed confocal imaging of immunostainings with virus marker and

cell markers of HIEs electroporated with HEV Kernow-C1 p6 or p6 G1634R at the peak

of viral replication, *e.g.* 11 days pe (Fig. 6). This revealed that proliferating cells, *e.g.*

positive for Ki67 (proliferation marker), are positive for HEV ORF2 protein (Fig. 6A and

Fig. S4, as indicated by the white arrows). Due to Ki67 labelling the cell nuclei, while

HEV localizes to the cytoplasm, determining their colocalization based on intensity is

not feasible. Likewise, most enterocyte-specific antibodies (*e.g.* SI - sucrose

isomaltase) stain the apical surface thus making colocalization studies challenging.

However, enterocytes are the major cell type of the intestinal epithelium and infected

HIEs show a broad and extensive signal of ORF2 hinting that enterocytes are most

likely infected (Fig. 6B). Importantly, HEV ORF2 signal was also found in

enteroendocrine cells (CHGA – chromogranin A) (Fig. 6C and Fig. S5, as indicated by

the white arrows). Colocalization of virus with chromogranin A showed that 2.2% of the

thresholded capsid protein ORF2 signal colocalized with enteroendocrine cell marker,

while 21.7% of the thresholded enteroendocrine cells signal overlapped with ORF2

signal (Pearson coefficient of 0.328). Moreover, HIEs containing a high amount of

mucins (WGA – wheat germ agglutinin), produced by goblet cells, have less virus (Fig.

6D). Colocalization analysis showed that 9.1% of the thresholded capsid protein ORF2

signal colocalized with mucus-producing goblet cells (based on mucin staining), while

2.4% of the thresholded goblet cells signal overlapped with ORF2 signal (Pearson

coefficient of -0.056). Overall, HEV ORF2 capsid protein is present in both proliferating

and mature cells.

Discussion

Hepatitis E virus has been recognized as enterically transmitted since the last century[32], yet evidence supporting its infection in the gastrointestinal tract has remained limited, which partly due to relatively inefficient *in vitro* cultivation. Understanding HEV infection in the primary infection site, the intestine, as well as HEV dissemination to the liver is essential to grasp its pathogenesis. Additionally, identifying the intestinal cellular tropism of HEV will offer novel insights into virus-host interactions and potential disease mechanisms, all of which is very relevant for the development of therapeutics. The advent of the organoid technology has revolutionized the *in vitro* culture of several enteric viruses, enabling us to study some of them for the first time. This holds great promise also for HEV, which is regarded a slow hard-to-cultivate virus. While organoid cultures are complex and demanding, they are also flexible and incredibly powerful since they can be of iPSC- or tissue-derived origin, from different organ segments, from donors of different ages, sex and ethnicity thus enabling us to achieve a much more realistic view of host and disease.

There are several methods to deliver infectious organisms into organoid cultures[33]. We here established three different setups for HEV infection in HIE cultures. First, 3D-HIEs were mechanically disrupted into fragments and incubated with HEV. The fragments reassemble into intact organoids containing the pathogens within the lumen. Second, HIEs were enzymatically disrupted into single cells and seeded in transwell membranes forming 2D monolayers that offer easy access to the apical side of the epithelium, which can be used for HEV infection. Third, electroporation of undifferentiated HIE single cells with *in vitro*–transcribed HEV RNA was performed. HEV Kernow-C1 p6 and p6 G1634R were able to replicate in fetal or adult differentiated 3D-HIEs in an input dependent-manner. However, replication was somewhat limited, with a constant viral load detected up to 5 days pi. Furthermore, adding ruxolitinib (a selective inhibitor of JAK1 and JAK2[34]) or GCDCA (required for efficient replication for other enteric virus[35]), to the infection medium had no significant impact on Kernow-C1 p6 G1634R replication in 3D-HIEs. The same was observed when infecting 2D-differentiated HIE monolayers in transwell, showing that access to the apical surface was not the limitation for inefficient replication in 3D-HIEs. 2D-HIE infection mainly resulted in apical release of HEV: basolateral shedding was ~ 2 $\log_{10}$ lower. These data, in line with previously described results in primary intestinal

epithelial cells[17], suggests that new HEV virions can be continuously excreted into the

lumen. This supports the idea that the intestine functions as a reservoir for HEV.

Electroporation of HIE single cell suspensions with HEV capped RNA was the most

effective approach for exploring HEV infection in the gut, resulting in continuous and

steady viral replication overtime with either full-length or replicon HEV RNA.

Productive infection was further confirmed by the detection of infectious virus particles

in the culture supernatant. In addition, the model was amenable to antiviral studies to

evaluate the efficacy of new therapeutic approaches in the intestinal compartment.

Importantly, previous work on primary intestinal cells highlighted that a multi-organ

view on HEV infection of the host may be the key to understanding the failure of

ribavirin treatment (or of yet-to-be developed treatments) in some patients[17]. Here, we

validated our infection model by showing that ribavirin reduced the viral RNA levels

both intra- and extracellularly in a dose-dependent manner in the HEV-electroporated

HIEs.

Given that upon electroporation, HIE cells are in a proliferative state, we assessed

whether the use of undifferentiated HIEs, either in 3D or 2D, would result in better viral

yields, comparable to electroporation. However, the outcome of this infection was alike

what was obtained with differentiated HIEs, hinting that HEV does not have a strong

preference for undifferentiated cells. Starting HEV infection from undifferentiated

populations does offer the opportunity to prolong assays (given differentiated cells stay

viable for less days), which may allow additional HEV replication over time. Yet, there

was no obvious advantage in 3D-HIEs or 2D-HIEs. Other factors likely play a role in

the replication and/ or further dissemination of the virus. An obvious one is that

electroporation overcomes the early replicative steps of entry and uncoating. However,

the fact that a truly exponential increase in viral load is only apparent 3 days after

electroporation hints that the advantage is perhaps related to cell multiplication (which

is a slower process). If viral entry would be the main bottleneck, a strong and steady

increase in virus yield would be detected as early as 1 day pe. Moreover, HEV

sustained viral load over time, despite frequent medium changes, indicates HEV is a

slow growing virus in intestinal cells, a feature we see in hepatocyte-like immortalized

models, primary hepatocytes[15] and liver organoids[18].

Up to now, the cell tropism of HEV in the intestinal epithelium has not been described.

Confocal microscopy of HEV electroporated HIEs stained with an HEV ORF2-specific

polyclonal antibody showed the presence of abundant viral capsid antigen in

proliferating cells, enteroendocrine cells, and most likely enterocytes. Enteroendocrine
cells are estimated to comprise approximately 1% of the intestinal epithelial cell
population, while enterocytes are the major intestinal cell type[36]. Infected HIEs show
a broad and extensive signal of ORF2 suggesting enterocytes are infected.
Furthermore, the gene expression data suggests that HEV infection promotes cell
differentiation without affecting or even suppressing (Kernow-p6) the proliferation
niche. In light of these findings, we hypothesize that HEV infection directly benefits
from the fast cellular turnover of the intestinal crypt/ villi and its constant proliferation
and maturation. In fact, the virus appears to, on one hand infect proliferating cells and
on the other hand, promote and direct cell maturation in the direction of desired
lineages, particularly in the case of enteroendocrine cells. Further analysis is
necessary to determine precisely how does the virus benefit from this process and
what advantages may infecting enteroendocrine cells bring. Conversely, mucus-
producing goblet cells seem to have mainly a protective role against HEV, given their
absence of colocalization with the virus. Further investigations could determine how
HEV infection affects mucus production, as a part of the host response to infection.
An equally important future step will be to determine which HEV particles are produced
in HIEs, *e.g.* naked or quasi-enveloped virions, as HEV infectivity has mostly been
determined in hepatocyte-like models, showing HEV env⁻ virions are more infectious.
Overall, we here established a model for HEV infection in HIEs and discovered that
the fast cell turnover of the intestine is an important feature that enables efficient HEV
replication. Moreover, we discovered that HEV infection promotes differentiation
towards enteroendocrine cells, which the virus can infect. The use of intestinal
organoids will contribute to much deeper understanding of HEV infection and disease.

Material and Methods

Cells and enteroids culture

HepG2/C3A cells (ATCC CRL-10741) were cultivated in DMEM, supplemented with 10% FBS, 2 mM L-glutamine, 0.75 g/L sodium bicarbonate (Gibco) and 1 mM sodium pyruvate (Gibco).

The experimental plate for HepG2/C3A cells was prepared by coating with 100 µg/mL of rat tail collagen (Sigma-Aldrich) and 0.02 M glacial acetic acid in PBS for a minimum of 2h at 37°C. Subsequently, the plates were washed three times with PBS.

Human intestinal enteroids derived from fetal ileum (HT124), adult jejunum (J2) and adult small intestine (Lonza), were maintained at 37°C with 5% CO_2 in extracellular matrix (Matrigel, Corning, 354234) and IntestiCult™ Organoid Growth Medium (OGM, StemCell Technologies), that was replaced every other day. Differentiation was triggered by Wnt3a removal with IntestiCult™ Organoid Differentiation Medium (ODM, StemCell Technologies) for 5 days with medium changes every other day.

Viruses and generation of infectious virus stocks

Genotype 3 full-length Kernow-C1 p6 infectious cDNA clone (GenBank accession number JQ679013) and its G1634R variant, containing the G1634R mutation in the viral polymerase, were previously detailed[8]. The subgenomic Kernow-C1 p6/luc, which partial of ORF2 was replaced by the *Gaussia* luciferase gene, was constructed as described previously[31]. Similarly, the genotype 1 reporter replicon Sar55/S17/luc was derived from the HEV strain Sar55/S17 (GenBank accession number AF444002), as described earlier[37]. Plasmids Kernow-C1 p6, Kernow-C1 p6/luc, and Sar55/S17/luc, were kind gifts provided by Prof. Suzanne Emerson (formerly at the National Institute of Allergy and Infectious Diseases, National Institutes of Health, Bethesda, MD, USA). The construction of plasmid pLA-B350/luc was previously mentioned[38].

Capped viral RNA was generated from the cDNA plasmids as previously described[10]. In brief, Kernow-C1 p6, Kernow-C1 p6 G1634R, Kernow-C1 p6/luc, and pLA-B350/luc were linearized by MluI, Sar55/S17/luc was linearized by BglII. Subsequently, *in vitro* transcription was carried out using the Ribomax large-scale RNA production systems from Promega, and capping using the ScriptCap m7G capping system (Cellscript).

Kernow-C1 p6 or G1634R virus stocks were the mixture of non-enveloped and enveloped virus (env$^{+/-}$) or only non-enveloped virus (env$^-$)[15,39]. In short, capped Kernow-C1 p6 or G1634R RNA was transfected into HepG2/C3A cells through

electroporation as previously described[15,39]. After seven days of incubation,
extracellular enveloped and intracellular non-enveloped Kernow-C1 p6 or G1634R
were harvested as follows. To harvest the virus from extracellular, supernatant was
collected and centrifuged at 4,000 rpm at 4°C for 15 min, after remove the cell debris,
the supernatant was concentrated around 10 times by using minimate tangential flow
filtration capsules (100K pore size, Pall Corporation).
For intracellular virus harvesting, collect the electroporated cells by trypsinization,
resuspended the cells in fresh complete DMEM, and release the virus from cells by
three freeze-thaw cycles in the liquid nitrogen. The lysate was subsequently
centrifuged at 10,000 xg for 10 min. Concentrated enveloped virus were mixed with
non-enveloped virus, or non-enveloped virus, aliquoted, and stored at -80°C. To
evaluate the infectious virus titer and viral RNA level of the stock, immunofluorescence
staining of the HEV ORF2 protein and RT-qPCR were conducted, as previously
described[15].
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HEV infection in 3D enteroids

HEV infection of 3D-HIEs was performed as previously describe for other enteric
viruses with minor modifications[23,27,28]. Briefly, 3D-HIEs were removed from matrigel,
thoroughly washed with CMGF (-) medium (Advanced DMEM/F12 supplemented with
GlutaMAX-1 2 mM (Gibco), HEPES 10 mM (Gibco), penicilin-streptomicin 100 U/mL
(Gibco) and primocin 100 µg/mL (Invivogen), and gently fragmented. 3D-HIEs were
resuspended in infection medium (ODM supplemented with 500 µM
glycochenodeoxycholic acid (GCDCA; Sigma-Aldrich) and 10 µM Y-27632 (StemCell
Technologies) and inoculated with HEV or mock infected. After virus inoculation, 3D-
HIEs were incubated for 6h at 37°C with homogenization every hour. After, 3D-HIEs
were washed with CMGF(-) (5 x), resuspended in matrigel and plated in pre-warmed
48-well plates (20 µL drop containing 1.0×10^5 cells). After matrigel polymerization for
10 min at 37°C, infection media (ODM supplemented with 500 µM GCDCA and 10 µM
Y-27632 and 2 mM ruxolitinib (Toronto Research Chemicals) was added to each well.
At multiple timepoints post infection, cells and supernatant were collected for RNA
extraction. Infection of undifferentiated 3D-HIEs followed the same protocol with HIEs
always cultured in OGM, including the infection medium.
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HEV infection in transwells

3D-HIEs in OGM were collected and dispersed into single cells with TrypLE express

(Gibco) and seeded on semipermeable transwell inserts (0.4 µm PET membrane,

VWR) that were precoated with collagen type IV (EMD Millipore). After 2 days in OGM,

cells were maintained in ODM until formation of a polarized monolayer (6-7 days).

TEER of monolayers was measured using an epithelial voltohmmeter (EVOM, WPI).

Polarized monolayers were infected with HEV Kernow-p6-G1634R (2.0×10^8 copies)

through the apical side for 6h at 37°C. After, cells were washed five times with CMGF

(-). ODM containing 500 µM GCDCA and 2 µM ruxolitinib was added to apical and

basal compartments and incubated at 37°C with 5% CO_2. Supernatant from the apical

and basolateral sides, and cells from apical side were harvested at multiple time points

pi. Infection of undifferentiated 2D-HIE monolayers followed the same protocol with

HIEs always cultured in OGM, including the infection medium.

Enteroids electroporation

HIE culture and preparation of single cell suspension was performed as described

previously[29]. Briefly, 3D-HIEs were kept in OGM for 5 days. Forty eight hours prior to

electroporation, medium was replaced by ODM supplemented with 5 µM CHIR99021

(StemCell technologies) and 10 µM Y-27632. Twenty four hours prior to electroporation,

medium was replaced by ODM supplemented with 5 µM CHIR99021, 10 µM Y-27632

and 1.25% (V/V) DMSO. HIE single cell suspensions were prepared with TrypLE

express supplemented with 10 µM Y-27632 for 20 min at 37°C.

Single-cell suspensions of HIEs (1.0×10^6 cells) were resuspended in 200 µL BTX

buffer (BTXpress; BTX Harvard Apparatus), mixed with 10 µg capped Kernow-C1 p6,

Kernow-C1 p6-G1634R, Kernow-C1 p6/luc, Kernow-C1 p6 G1634R/luc, pLA-B350/luc,

or Sar55/S17/luc RNA in a 4-mm (VWR International) cuvette. An ECM 830 Electro

Square Porator™ (BTX Harvard Apparatus) was used to deliver 2 pulses at 450 V, 2

msec, 2 pulses with 100 ms intervals between each pulse. The addition of viral RNA

to the electroporation mixture was omitted for the cell control samples. Immediately

after the electroporation, the cells were transferred to a falcon tube containing 1.5 mL

of ODM with 10 µM Y-27632 and incubated at RT for 40 min. After, cells were

centrifuged, resuspended in 100% matrigel and plated in pre-warmed 48-well plates

(20 µL drop containing 1.0×10^5 cells). For immunofluorescence experiments,

electroporated cells were resuspended in 50% matrigel-ODM solution and plated in

black wall 96-well plates (Greiner) pre-coated with 5% matrigel. Electroporated cells

were cultured in ODM supplemented with 10 µM Y-27632 (10 µM), 5 µM CHIR99021
(StemCell technologies) and 1.25% V/V DMSO), with or without ribavirin (Sigma-
Aldrich).

Luminescence-based replicon assay
To track the replication kinetics of luciferase expression activities in enteroids
electroporated with HEV replicons carrying the luciferase gene, 20 µL of culture
medium was collected at various time points post-electroporation (day 1 to 11).
Luciferase activity was assessed via the Renilla luciferase kit (Promega). In brief, 20
µL of the culture medium was transferred to white 96-well Culture Plates (PerkinElmer),
followed by the addition of 50 µL (1:100 diluted) *Gaussia* substrate. Luminescence
produced by the secreted *Gaussia* luciferase was measured using a Spark microplate
reader (Tecan).

Cell viability
Enteroid viability was assessed with Live-Dead Cell Viability Assay Kit (EMD Millipore)
according to the manufacturer instructions. Briefly, media was aspirated and replaced
with dye mixture and incubate for 60 min at 37°C. Images were acquired on DMi8
(Leica) fluorescence microscope with a 10x objective.

RNA extraction and real-time quantitative PCR (RT-qPCR)
Extracellular viral RNA was extracted from 50 or 150 µL supernatant collected from
infected/transfected HIEs or HepG2/C3A cells, by using the NucleoSpin RNA virus kit
(Macherey-Nagel). For intracellular viral RNA cells were harvested in TRI Reagent and
RNA extraction (Zymo Research, R2051) was performed according to manufacturer's
instructions. The HEV RNA loads were quantified using an established human HEV
RT- qPCR protocol as previously described[40,41].

Immunofluorescence staining and focus-forming assay
Immunofluorescence assays were performed at the peak of replication, *e.g.* after 11
days pe, as described previously[23]. Briefly, supernatant was removed without
disturbing the HIE layer and cells were fixated with a 2% PFA solution at 4°C overnight.
Then cells were permeabilized, blocked and incubated with primary antibodies. The
following antibodies were used: anti-ORF2 (HEV-specific rabbit hyperimmune serum),

anti-Ki67 (EMD Millipore, MAB4190), anti-sucrose isomaltase (Santa Cruz Biotechonology, sc-393424), anti-chromogranin A (Santa Cruz Biotechonology, sc-393941), phalloidin (Invitrogen, A12380) or wheat germ agglutinin (WGA, Vector laboratories, RL-1022). Subsequently, cells were incubated with correspondent secondary antibodies (Invitrogen) and nuclear counterstaining for 1h at RT. Images were acquired on an Andor Dragonfly 200 series High Speed confocal platform system (Oxford instruments, Abingdon, UK) at a 25x magnification connected to a Leica DMi8 (Leica Microsystems, Wetzlar, Germany). Image processing was done with the Imaris analysis software (version 9.8.2). The 3D colocalization analysis of virus and intestinal epithelial cell markers was done using Imaris 3D colocalization software (voxel-based colocalization). Images are presented as maximum projections.

For detecting HEV ORF2 in HepG2/C3A cells infected with HEV stocks, cells were fixed on 7 dpi with 3.7 % of PFA and incubated for 30 min at RT. Next, cells were permeabilized with 0.1% Triton X-100, incubated for 30 min at RT, followed by blocking with 3% bovine serum albumin (BSA). Subsequently, the cells were incubated overnight at 4°C with primary antibody anti-ORF2 (HEV-specific rabbit hyperimmune serum), after which incubated with a secondary antibody goat anti-rabbit Alexa Fluor 488 (1:800, Thermo Scientific) for 1h. The nuclei were labelled with DAPI (1:1000 dilution; Sigma).

HepG2/C3A cells (7500 cells/well) were seeded in a 96-well plate with 10% complete DMEM the day prior to HEV infection. Viruses were serially diluted at 1:3, with a 1:6 dilution as the starting dilution. On the 7 dpi, the 96-well plate was fixed for immunofluorescence assay (IFA), and fluorescence images of each well were acquired using a high-content imager (Arrayscan XTI, Thermo Fisher Scientific). Viral titers were determined by counting the number of focus-forming units (FFU) containing HEV ORF2-positive cells through image analysis using the HCS Studio Cellomics software (Thermo Fisher Scientific, Version 6.6.2).

Statistical analysis

All statistical analyses were performed using the GraphPad Prism 10.2.0 software (GraphPad Software, Inc.).

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Figure 1

Figure 1 – HEV replication in 3D-HIEs. (A) Schematic representation of the

experimental layout. **(B)** Fetal and adult differentiated 3D-HIEs were infected with

increasing inputs of HEV Kernow-C1 p6 (env⁻) (N=2). **(C)** Fetal (N=2) or adult (N=3)

differentiated 3D-HIEs were infected with HEV Kernow-C1 p6 (env⁻) 5.0×10^7 GEs.

Infection medium was supplemented with GCDCA and ruxolitinib. Intracellular and

extracellular HEV RNA was quantified by RT-qPCR. The dotted line represents the

LLOQ (lower limit of quantification). Data are presented as mean ± SD. GEs – genome

equivalents. Figure created with BioRender.com.

Figure 2

Figure 2 – HEV replication in polarized HIEs in a transwell system. (A) Schematic representation of the experimental layout. **(B)** Extracellular HEV released into apical or basal supernatant of fetal (N=2) or adult (N=1) differentiated 2D-HIEs infected with HEV Kernow-C1 p6 G1634R (env⁻) (2.0×10^8 copies). Half of the medium (100 µL apical and 300 µL basolateral compartment) was refreshed every 2 days (black arrows). **(C)** Intracellular HEV RNA levels in fetal or adult differentiated 2D-HIEs cell lysates. HEV RNA was quantified by RT-qPCR. The dotted line represents the LLOQ (lower limit of quantification) or the LOD (limit of detection). Data are presented as mean ± SD. Figure created with BioRender.com.

Figure 3

Figure 3 – Electroporated HIEs are permissive to HEV replication. (A) Schematic representation of the experimental layout. (B) Fetal HIEs were electroporated with mock, HEV-3 Kernow-C1 p6/luc (N=2), HEV-1 Sar55/S17/luc (N=2) or ratHEV pLA-B350/luc (N=1) capped RNA. (C) HEV-3 Kernow-C1 p6/luc electroporated HIEs were treated with increasing concentrations of ribavirin (RBV) (N=2) up to 11 days post-electroporation (pe). Viral replication related luciferase activity was determined in 20 µL supernatant (extracellular HEV) up to 11 days pe. (D) Fetal HIEs were electroporated with mock, HEV-3 Kernow-C1 p6 (N=3) or Kernow-C1 p6 G1634R (N=2) full-length capped RNA. Half medium was refreshed at 11 days pe. Viral replication was determined by RT-qPCR in 50 µL supernatant (extracellular HEV) up to 15 days pe. (E) HEV-3 Kernow-C1 p6 G1634R electroporated HIEs were treated with increasing concentrations of ribavirin (RBV) (N=1). Viral load was determined at 13 days pe by RT-qPCR in HIE cells (intracellular HEV) or in 50 µL supernatant (extracellular HEV). (F) Light microscopy of mock and Kernow-C1 p6 electroporated fetal HIEs up to 15 days pe. Images acquired on DMi8 microscope (Leica) using a 10x objective. Scale bar – 100 µm. (G) Representative images of HEV ORF2 expression in Kernow-C1 p6 or Kernow-C1-p6 R electroporated fetal HIEs at 15 days pe. Immunofluorescence staining with ORF2 (green) – HEV; Phalloidin (red) – actin; and DAPI (blue) – Nuclei. Images acquired on Spinning-disk confocal with a 25x objective. Scale bar – 50 µm. RLU, relative luminescence units. Dpe – days post-electroporation. Data are presented as mean ± SD. The dotted line represents the LLOQ of the intracellular or extracellular. Figure created with BioRender.com.

Figure 4

Figure 4 – HEV replication in proliferating fetal HIEs. (A) Proliferating (OGM) and differentiated (ODM) fetal 3D-HIEs were infected with HEV Kernow-C1 p6 G1634R (env$^{+/-}$) 3.0×10^7 GEs (N=3). Medium was supplemented with GCDCA and ruxolitinib. Half infection medium (300 µL) was replaced every 2 days starting from day 4 post-infection (pi) (black arrow). Intracellular and extracellular HEV RNA was quantified by RT-qPCR. Data are presented as mean ± SD. **(B)** Proliferating fetal 2D-HIEs in transwells were infected with HEV Kernow-C1 p6 G1634R (env$^-$) 2.0×10^8 GEs (N=2). Extracellular HEV released into apical or basal supernatant was quantified. Half medium (100 µL apical and 300 µL basolateral compartment) was refreshed every 2 days (black arrows). **(C)** Intracellular HEV RNA in proliferating 2D-HIE cell lysates. HEV RNA was quantified by RT-qPCR. The dotted line represents the LLOQ (lower limit of quantification) or the LOD (limit of detection). Data are presented as mean ± SD. *, P < 0.05. Student's t test.

Figure 5

Figure 5 – HIE intestinal epithelial cell expression upon electroporation with HEV RNA. Stem cells (LGR5+), Paneth cells (lysozyme), enterocytes (sucrose isomaltase), goblet cells (MUC2) and enteroendocrine cells (chromogranin A) gene expression in mock-, Kernow-C1 p6 (N=1) or Kernow-C1 p6 G1634R (N=3) electroporated fetal HIEs at 11 days post electroporation (dpe). mRNA levels of selected host genes were quantified by RT-qPCR. Cell number was normalized with GADPH gene. Fold change is relative to mock HIEs at 0 dpe. *, $P < 0.05$. Kruskal-Wallis test.

Figure 6

Figure 6 – HEV tropism in human intestinal epithelial cells. Representative images of immunofluorescence staining of Kernow-C1 p6 or Kernow-C1 p6 G1634R electroporated fetal HIEs at 11 days pe stained with HEV ORF2-specific antibody (green) and specific antibody for **(A)** proliferating cells (Ki67), **(B)** enterocytes (SI - sucrose isomaltase), **(C)** enteroendocrine cells (CHGA - chromogranin A) or **(D)** goblet cells (WGA – wheat germ agglutinin). Mock electroporated HIEs were included as negative control. DAPI (blue) was used as counterstaining (nuclei) ORF2 (green). Scale bar – 50 µm.

794 **Supplementary figure 1**

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Figure S1 – Effect of GCDCA and ruxolitinib in HEV replication. (A) Fetal
differentiated 3D-HIEs were infected with Kernow-C1 p6 (env-) 1.0 × 107 GEs (N=2).
(B) Differentiated 3D-HIEs (data from fetal and adult HIEs was combined) were
infected with Kernow-C1 p6 G1634R (env-) 5.0 × 107 GEs (N=4). Intracellular and
extracellular HEV RNA was quantified by RT-qPCR. Data are presented as mean ±
SD. GEs – genome equivalents.

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806 **Supplementary figure 2**

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Figure S2 – Representative images of live-dead cell viability assay of mock or
HEV Kernow-C1 p6 electroporated fetal HIEs at 15 days pe. Calcein-AM (green),
propidium iodide (red) and Hoechst 33342. Images acquired on DMi8 (Leica) with a
10x objective. Scale bar – 100 µm.

Supplementary figure 3

Figure S3 - Immunofluorescence staining of HEV ORF2 in HepG2/C3A cells

infected with supernatant of Kernow-C1 p6 G1634R electroporated HIEs (1:6

dilution). Uninfected HepG2/C3A cells were included as negative control. Scale bar

– 100 µm. Green = ORF2; Blue = DAPI. Images acquired on DMi8 (Leica) with a 10x

objective.

834 **Supplementary figure 4**

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838 **Figure S4 - Immunofluorescence staining of HEV ORF2 and proliferating cells**
839 **upon Kernow-C1 p6 G1634R infection in HIEs.** The HEV ORF2 (green) and
840 proliferating cells (Ki67, red) are visualized in Kernow-C1 p6 G1634R electroporated
841 HIEs at 11 days pe. Counterstaining with DAPI (nuclei, blue). Scale bar – 50 µm.

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Supplementary figure 5

Figure S5 - Immunofluorescence staining of HEV ORF2 and enteroendocrine
cells upon Kernow-C1 p6 G1634R infection in HIEs. The HEV ORF2 (green) and
enteroendocrine cells (chromogranin A, red) are visualized in Kernow-C1 p6 G1634R
electroporated HIEs at 11 days pe. Counterstaining with DAPI (nuclei, blue). Scale bar
– 50 µm.