Title:

Ridge and crossrib height of butterfly wing scales is a toolbox for structural color diversity

Authors:

Cédric Finet[1*], Qifeng Ruan[2,3*], Yi Yang Bei[1], Vinodkumar Saranathan[4,5,6], Antónia Monteiro[1*]

Keywords:
Biophotonics, structural coloration, butterfly scale, ridge, crossrib, interference

Affiliations:

[1] Biological Sciences, National University of Singapore, Singapore 117543, Singapore

[2] Ministry of Industry and Information Technology Key Lab of Micro-Nano Optoelectronic

Information System, Harbin Institute of Technology, Shenzhen 518055, P. R. China

[3] Guangdong Provincial Key Laboratory of Semiconductor Optoelectronic Materials and

Intelligent Photonic Systems, Harbin Institute of Technology, Shenzhen 518055, P. R. China

[4] Division of Science, Yale-NUS College, National University of Singapore, 138609,

Singapore

[5] NUS Nanoscience and Nanotechnology Initiative (NUSNNI), National University of

Singapore, 117581, Singapore

[6] Present address: Division of Sciences, School of Interwoven Arts and Sciences, Krea

University, Sricity, India

Correspondence:

* Cédric Finet: cedric.finet@ens-lyon.org
* Qifeng Ruan: ruanqifeng@hit.edu.cn
* Antónia Monteiro: antonia.monteiro@nus.edu.sg

ABSTRACT

The brightest and most vivid colors of butterflies usually originate from light reflecting off the cuticular scales that cover the wing membrane. These scales have an intricate architecture that consists of an upper layer, a grid of longitudinal ridges and transverse crossribs, connected to a lower lamina by pillars called trabeculae. Whereas the role of the lower lamina as a reflector has been well documented in simpler scales, this study unveils the role of the scales' upper surface in generating or fine-tuning hue, brightness, and saturation. In the nymphalid *Bicyclus anynana*, we showed that changes in ridge and trabecula heights accompanied changes in hue of scales produced via artificial selection. We further found that this correlation between ridge height and hue can be generalized to 40 scale types from 35 species across butterfly families. By combining focused ion beam milling, microspectrophotometry, and optical modelling, we found that modifying the ridge height is sufficient to change ridge hue, notably in *Morpho didius* whose blue color was thought to be generated exclusively by lamella protruding from ridges, rather than ridge height. This study identifies the scale's upper surface as a toolbox for structural color diversity in butterflies and proposes a geometrical model to predict color that unifies species with and without *Morpho*-type Christmas-tree ridges.

INTRODUCTION

Organismal structural colors result from the reflection of specific wavelengths of light by sub-micrometer structures found in biological materials [1–3]. In butterflies, structural colors originate primarily from the scales that cover the wing membrane [4–6]. These scales, around 100 µm in length, are the dead cuticular skeletons of single epidermal cells that grow and project out of the epithelial layer during pupal development. Scales are highly diverse in morphology [7–9], but most share a common Bauplan with an upper surface made of a grid of longitudinal ridges and transverse crossribs defining open windows. Pillars, or trabeculae,

support this grid structure on a lower lamina of finite thickness [10]. This Bauplan is believed to

represent the scales found in the last common ancestor of extant butterflies [11].

The current paradigm for structural color production in these architecturally simple,

stereotypical scales is via light interacting with the lower lamina that acts as a thin film

reflector [12,13]. Variation in the thickness of this lower lamina across nymphalid butterflies

changes the color hue produced by thin-film interference [13–16]. Similar thin-film structural

coloration has been described in scales formed of a fused upper and lower lamina in extant

butterflies [17,18] and primitive Lepidoptera [19,20]. This current simple model, however, is

incomplete as it does not consider the contribution of the upper lamina (in non-fused scales)

for color generation. Here we demonstrate the important role of this upper surface,

specifically of the longitudinal ridges, in generating structural coloration even in stereotypical

"simple" butterfly wing scales.

RESULTS

The upper surface substantially contributes to overall scale coloration

To disentangle the relative contributions of upper surface and lower lamina on scale

coloration, we measured and compared how light was reflected from the upperside (abwing

side) and underside (adwing side) surfaces of 40 scales with stereotypical morphologies from

35 species (Figure 1A). This allowed us to quantify how much the upper surface modulates

the thin-film structural color produced by the lower lamina. We restricted our sampling to

scales with the simple, "ancestor-like" Bauplan. Thus, we excluded broadband reflective

scales that contain a contiguous upper lamina with no windows [21–25], as well as scales having

a modified lumen filled with multilayers or highly-ordered photonic crystals [10,26–29].

We first investigated how the presence of the upper surface impacted hue, reflectance

intensity, and saturation in our sample of 40 scales. We found that the presence of an upper

surface nearly always shifted the reflectance peak, or hue, of the lower lamina to either higher

or lower wavelengths depending on the sample (Figure 1B). The shift in reflectance peak

ranged from approximately 0 to 85 nm, without a significant directional bias (Figure 1B').

The upper surface could also either increase or decrease the reflectance intensity of a scale

(Figure 1C). In the majority of species, the upper surface decreased reflectance by a small

amount, but in a small proportion of species, this surface contributed to a very large increase

in reflectance intensity (Figure 1C'). For instance, the intensity of the blue ground scales in

Morpho sulkowskyi increases by 77% through light reflecting from its upper surface

nanostructures. Finally, we found that the upper surface can also either increase or decrease

color "purity", or saturation, similarly in a bi-directional manner (Figure 1D, D'). In summary,

the upper surface — and its associated nanostructures — impacts the final hue and brightness

of the scale in most of the scales investigated in this study.

Artificial selection acts on the geometry of the upper surface to evolve structural color

To further examine the contribution of the upper surface of scales in the generation of color,

we revisited an artificial selection experiment performed on scale hue in *Bicyclus anynana*

butterflies. This experiment produced violet-blue scales from UV-reflecting brown ground

scales over eight generations of artificial selection in the laboratory. The overall violet-blue

coloration was shown to result, at least in part, from an increased thickness of the lower

lamina [14]. By re-examining conserved, dried specimens used to establish the violet-blue lines,

we now further observed that the ridges and crossribs also acquired a violet-blue coloration

(Figures 2A, A'). We quantified this change in color by measuring the reflectance of the

ridges and crossribs on upper surfaces manually isolated from the underlying lower lamina.

We found that the reflectance peak for the ridges and crossribs shifted towards blue

wavelengths over the course of the experiment (Figure 2B, C). By measuring the height of

ridges and crossribs from transverse and sagittal focused ion beam scanning electron

micrograph (FIB-SEM) sections (Figure 2D, D'), we also found that the height of both

structures increased over the course of the experiment (Figure 2E, F). Similar trends were

found for the thicknesses of the air layer below the ridges (Figure 2G) and crossribs (Figure

2H), as well as for the total height (chitin + air layer) of ridges (Figure 2I) and crossribs

(Figure 2J). Lastly, we detected an increase in the mean distance between crossribs (d_{WT} =

862±71 nm versus d_{G8} = 1160±116 nm) (Figure S1B) (Tables S2 and S3), but not between

ridges (Figure S1C). The increase in the distance between crossribs increased the mean

window area (Figure S1D) ($area_{WT}$ = 0.72±0.2 μm^2 versus $area_{G8}$ = 1.2±0.3 μm^2) (Tables S2

and S3). These results suggest that artificial selection acted simultaneously on several

components of the scale geometry: the lower lamina thickness as previously identified [14], but

also the ridge and crossrib heights, as well as the spacing between crossribs (this study).

These morphological changes all contribute to the color shift observed over several

generations of artificial selection in *B. anynana*.

Scale ridge hue correlates with ridge height

To test if conclusions drawn from the *B. anynana* selection lines can be generalized to other

species, we measured both ridge reflectance and geometries in the same 40 stereotypical scale

types from the 35 species sampled above, but using intact scales. We first investigated how

the reflectance measurements on ridges made in manually separated scales of *B. anynana*

compared to those made in intact scales of the G8 generation (Figures S2A and S2B). The

wavelength of peak light reflection was identical regardless of sampling strategy (Figure S2C).

Furthermore, reflectance measurements centered on the ridges and on the lower lamina had

distinct wavelength peaks (Figure S2C), demonstrating that our microspectrophotometer

enables the measurement of individual ridge reflectance. Measurements of ridge reflectance

of all subsequent species were, therefore, done on intact scales. Under epi-illumination, ridges

exhibited a continuum of colors ranging from violet to green (Figures 3A-F). The morphology

and the geometry of these colored ridges (and crossribs) varied substantially across scales

(Figures 3A'-F' and 3A''-F''), including cases where ridges and/or crossribs had the

appearance of chitinous walls with almost no underlying air gaps.

Our analysis revealed that ridge hue strongly and positively correlated with ridge height, but

this correlation was only visible when ridge height was broken down into two separate height

intervals (Figure 4A). When the ridges were between 268 and 1036 nm in height, their color

hue ranged from about 379 to 594 nm, with a significant positive correlation (Pearson $r(16)=$

0.64 p= 4.5e-03) (Figure 4B). As the ridge height continued to increase, the color sequence

began again at cool blues and progressed to warmer hues. This positive correlation was very

significant for taller ridges between 1126-2184 nm (Pearson $r(19)=$ 0.84 p= 2.1e-06) (Figure

4C).

The correlation between the ridge height and color hue can be explained by a newly described

interference model [30], in which two light waves propagate through the ridges and through the

air next to the ridges (the windows), and interfere with each other when they exit either into

the air gap below the ridges, or above the ridges, as light travels back via the same path after

reflection from the lower lamina of the scale. When the phase difference between the ridge

path and the air path equals an even multiple of Pi (π), the constructive interference of the two

waves gives rise to spectral peaks, whose wavelengths/hues (λ) are given by:

$$\lambda = \frac{2(n_{\mathrm{ridge}} - n_{\mathrm{air}})}{i} h_{\mathrm{ridge}}$$

where i is an arbitrary even number, h_{ridge} is the height of the ridge, and n_{ridge} and n_{air} are the

refractive indices of chitin and air, respectively. The plots where i equals 2 and 4 (Figure 4D)

represent the cases with the phase difference of 2π and 4π, and they fit the datapoints in

Figure 4B and 4C, respectively. This model also predicts a third interval for ridges with the

height higher than 1500 nm, which could correspond to our single datapoint in black (Figure

4A).

Experimental and simulation-based manipulation of ridge height impacts coloration

To go beyond correlations, we manipulated the ridge height in the nymphalid butterfly

Morpho didius (Figure 5A and 5B). The current model for the metallic blue color of *M. didius*

wings assumes that the spatial separation between the stacked lamellae — sometimes referred

to as Christmas tree-like reflectors — that protrude from the sides of the ridges is the key

structural feature that produces blue color [8,31,32]. The reflected light waves from consecutive

lamellae interfere with each other so that the reflected blue wavelengths are intensified via

constructive interference, whereas other wavelengths cancel each other out via destructive

interference.

To test the role of ridge height in blue color generation, we performed a series of FIB-SEM

millings of the full ridge (core + lamellae) of an uncoated scale at three different depths: 100

nm, 500 nm and 800 nm (Figure 5C), followed by reflectance measurements. We found that

the reflection spectrum was UV-shifted when the ridge height was decreased (Figure 5C').

The shift in the hue was also accompanied by a progressive decrease in overall light reflected

(Figure 5C').

To better understand how shortening ridges affects scale hue, we developed an optical model

consisting of parallel ridges with lateral lamellae, with dimensions obtained from our SEM

images (Figure S3). The simulated reflectance shows a peak around 430 nm that matches the

reflection measured for the ridge in real scales (Figure 5D''). Shortening the ridge height

showed a shift towards shorter (UV) wavelengths as the full ridge shortened by 100 to 1000

nm (Figure 5C''). In summary, both our experimental and *in silico* data show that changes in

ridge height alter color hue, and suggests that the height of the central, core part of the ridge

alone might control the blue color in *M. didius*.

To disentangle the relative roles of ridge elements further, we selectively removed ridge

lamellae from both sides of a single ridge at three different depths (500 nm, 1000 nm and

1300 nm) by FIB milling (Figure 5D). A limitation of gallium ion milling lies in the

implantation of ions up to tens of nanometers from the milled area, resulting in local variation

in chitin thickness near the edge [33]. However, our purposely use of low beam voltage and

beam current reduced this artifact [34]. We found that the position of the reflectance peak (~430

nm) remained unchanged regardless of the depth of milling (Figure 5D'), but light reflection

was drastically reduced, being halved by milling to a depth of z = 1000 nm (Figure 5D'). We

confirmed these results in our model, by varying the height of the lamellar stack, while

keeping constant the height of the core part of the ridge (Figure 5D''). Similarly, we found

that the height of the stack of lamellae is crucial for brilliance and saturation, as previously

shown [31,32,35]. In summary, the height of the central, core part of the ridge, and the ridge

lamella both seem to be tuned to produce the overall structural blue color of *M. didius*, with

the lamellar layers considerably increasing the brightness of the reflected blue light.

DISCUSSION

Our findings challenge the traditional currently accepted view that thickness variations in the

lower lamina of a stereotypical scale is the main 'evolutionary accessible' route to alter the

scale's structural color.

First, our study of the artificially selected blue scales of *B. anynana*, showed that ridge and

crossrib height and (to a lesser extent), the airgap height beneath these structures, all

contributed to the generation of the blue scale hue, previously ascribed solely to changes in

lower lamina thickness [14].

Second, by revealing a general law between ridge height and color hue, our findings shed

new light on a new causative mechanism of structurally colored ridges across nymphalids

[31,36–39], pierids [40,41], and lycaenid butterflies [42]. In many of these species the ridges have a

Christmas-tree-like, or Morpho type, structure [8,43], whose prominent side lamella were

thought to be the main color-generating features [8,31,32,35,44]. However, our comparative

analyses, ridge manipulative experiments, and modelling work propose that ridge coloration

is produced both by ridge height, and independently from ridge lamella, where the precisely

spaced stacked lamellae are primarily amplifying a pre-existing structural hue produced by

ridge height.

The optical phenomenon that underlies ridge coloration differs from thin-film interference

known to take place in the lower lamina. The structural color coming from the ridges is not

due to light interference from reflections produced at the top and bottom of the ridge, as

observed in a thin film of chitin. The color results from interference between light which is

weakly guided inside the ridge, and light that travels in between consecutive ridges. In other

words, light travels slower inside the chitinous ridges compared to light travelling on the

outside of the ridges. This phenomenon has already been observed (and modelled) in the lab

using non-biological, synthetic nanomaterials. Engineered ridge-like nanostructures made of

transparent chitosan (*i.e.*, highly deacetylated chitin) produced the entire structural color

palette via variations in height alone [45]. This is a striking example of how synthetic biology

aided our understanding on natural materials, such as butterfly scales.

Interestingly, the ability of simple wall-like ridges and crossribs to produce colors appears to

be an ancestral feature of insects and is found in the scales of basal moths and springtails

[19,46,47]. Our newfound understanding of how simple wall-like ridges, and the upper lamina in

general, is producing color can be harnessed in future to predict the color of fossil insect

scales by measuring the dimensions of their scales.

Third, we have shown that the addition of an upper surface can, either increase or decrease a

scale's brilliance, and this may have selective consequences. In cases where a scale's natural

brilliance has been subdued, which often happens in ventral surfaces of butterfly wings [48,49],

we hypothesize that this evolved for better crypsis and protection from predators, even if

iridescence can sometimes act as camouflage in other insects [50,51]. In cases where the upper

surface makes scales brighter, as in the case of *Morpho* butterflies [52], we hypothesize that this

evolved for purposes of sexual signaling [31] and/or to confuse predators by signaling

unprofitability [53,54].

MATERIAL AND METHODS

Butterfly wing scale sampling

Bicyclus anynana violet-blue lines were previously generated in our laboratory by artificial

selection [14]. Scales from other butterfly species were sampled on specimens predominantly

from the entomological collection of ETH Zurich (ETHZ), the Lee Kong Chian Natural

History Museum (LKCNHM) in Singapore, the Museum National d'Histoire Naturelle

(MNHN) in Paris, or alternatively from private insect retailers. Details on specimens and

sampled scales are provided in Table S1.

Scanning electron microscopy (SEM)

Scales were mounted on carbon tape, and sputter coated with platinum for 100 s at 40 mA

using a JFC-1600 Fine Coat Ion Sputter (JEOL Ltd, Japan). Samples were imaged using a FEI

Versa 3D with the following parameters: voltage 10 kV, current 23 pA. Distances between

features in scale images were measured using the Line tool implemented in Fiji [55]. For the

ridge-ridge distance, 20 measurements were taken per scale with five scales sampled for each

genotype. For the crossrib-crossrib distance, 50 measurements were taken per scale with five

scales sampled for each genotype. For the area window, 50 measurements were taken per

scale with five scales sampled for each genotype.

Focused ion beam scanning electron microscopy (FIB-SEM)

Cross sections of wing scales were obtained by FIB milling using the gallium ion beam of the

FEI Versa 3D with the following parameters: beam voltage 8 kV, beam current 12 pA, tilt 52°.

Milled samples were imaged using a FEI Versa 3D with the following parameters: voltage 10

kV, current 23 pA. The ridge, crossrib, and air gap thicknesses were measured using the Line

tool implemented in Fiji [55], and corrected for tilted perspective (measured thickness / sin (52°))

[56]. Ten independent measurements were taken and averaged.

Microspectrophotometry

Scales were individually mounted on carbon tape. Reflectance spectra, with a usable range of

340-950 nm, were acquired under normal incidence with a microspectrophotometry set-up

including a mercury-xenon light source (Thorlabs, New Jersey, USA) connected to a uSight-

2000-Ni microspectrophotometer (Technospex Pte. Ltd, Singapore), using a polished

aluminium mirror as a light reference. The microscope's Nikon TU Plan Fluor objectives

have the following specifications: 20x (NA = 0.5), 100x (NA = 0.9). Each measurement was

averaged 10 times over an integration time of 100 ms. Reflectance spectra were obtained by

averaging three measurements taken at different locations on the scale to account for

variability. Reflectance spectra were analysed and plotted using the R package pavo version

2.9 [57].

Color quantification

The reflectance spectra were analyzed to estimate parameters such as wavelength, intensity,

and saturation of the reflectance peak. The full-width at half-maximum (FWHM) of the

reflectance peak characterizes the desaturation, opposite of saturation [58]. These parameters

were calculated using the peakshape() function of the R package pavo version 2.9 [57]. The

FWHM was calculated using the absolute minimum reflectance of the spectrum. When the R

package pavo failed to identify optical peak parameters, we used a split Gaussian function

with a Levenberg-Marquardt least square method to fit all the spectral features, using the

open-source program Fityk [59].

Optical simulation

The electromagnetic simulations were conducted using a two-dimensional finite-difference

time-domain (FDTD) method. A complex refractive index was used for chitin with the

refractive index (real part) n = 1.56 and the extinction coefficient (imaginary part) k = 0.06 [31].

A broadband plane wave was normally incident to periodic arrays of either full ridges, ridges

with partially milled core and lamellae, or ridges with partially milled lamellae. The perfectly

matched layer-absorbing boundary condition was applied along the light propagation

direction to absorb light outside the structure regions. Energy monitors were placed behind

the light source to record the reflected light. Input values of the model are indicated in Figure

S3. Detailed discussion for the newly described interference model used in Figure 4D is

available in [30].

Quantification and statistical analysis

Statistical analysis and plots were done with R 4.2.2 [60]. The differences in mean

height/thickness, distance, or window area between the *B. anynana* wildtype and blue lines

were analyzed using a linear mixed model (LME) that allows both fixed and random effects.

The rationale was the non-independent, hierarchical nature of the data with multiple

measurements taken from each scale, and multiple scales for each individual. LME was run

using the nlme 3.1 package [61], and different models were compared using the Akaike

information criterion (AIC) method. Adjusted *P*-values for different pairwise comparisons

were obtained by the Bonferroni post hoc analysis using the multcomp 1.4 package [62] and

Tukey contrasts. Outputs of the LME tests and adjusted *P*-values for multiple comparisons are

shown in Tables S2 and S3.

Data availability

Measured and simulated reflectance spectra, and measurements of scale geometries have been

deposited   in   Dryad   (https://datadryad.org/stash/share/Up0r8AmL-

aeoeXaP6POI6uRGfODHdl_68cz0d4LkWDg).

ACKNOWLEDGEMENTS

We thank Michael Greeff (ETHZ), Rodolphe Rougerie (MNHN) and Wei Song Hwang

(LKCHM) for access to entomological collections; Anupama Prakash for help with statistical

analyses; Javier Fernandez (SUTD), Joel Yang (SUTD), and Duane Loh (NUS) for

discussions, and the Electron Microscopy Facility (EMF, NUS) for use of FIB-SEM. This

project was supported by the National Research Foundation (NRF) Singapore, under the

Competitive Research Program award NRF-CRP20-2017-0001 to A.M. and V.S. Q.F.R

acknowledges the National Natural Science Foundation of China (No. 12304415) and the

Natural Science Foundation of Guangdong Province (No. 2023A1515012912).

AUTHOR CONTRIBUTIONS

C.F. contributed to conceptualization, methodology, investigation, visualization, supervision,

writing original draft, draft review and editing. Q.R. contributed to conceptualization,

methodology, investigation, writing original draft, draft review and editing. Y.Y.B.

contributed to investigation, draft review and editing. V.S. contributed to methodology, draft

review and editing. A.M. contributed to conceptualization, methodology, supervision, writing

original draft, draft review and editing.

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352 **COMPETING INTERESTS**
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354 All other authors declare they have no competing interests.
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FIGURES AND LEGENDS

Figure 1. Contribution of upper surface to overall scale coloration. (A) Samples used in

this study are mapped onto the phylogeny of butterflies by Espeland *et al.* 2018 [63]. (B-D) Shift

in peak reflectance, reflectance intensity, and saturation between upper surface and lower

lamina across sample scales. (B'-D') Distribution of the absolute value of shift in peak

reflectance, reflectance intensity, and saturation, towards lower or higher wavelengths in the

visible light spectrum. The central line in the violin plot indicates the median of the

distribution, while the top and bottom of the box represent the third and first quartiles of the

data, respectively. The whiskers show up to 1.5 times the inter-quartile range.

Figure 2. Evolution of scale reflectance and thicknesses of upper surface nanostructures

over the course of an artificial selection experiment in *B. anynana* that targeted (blue)

scale hue. (A, A') Optical microscopy images of the abwing side of WT and violet-blue line

(G8) ground scales. Scale bar is 4 μm. (B, C) Measured reflectance spectra of ridges and

crossribs over generations. Graph colors were arbitrarily chosen: WT scales (brown), violet-

blue line (G6) scales (purple), violet-blue line (G8) scales (blue). (D, D') SEM images of the

abwing side of G8 ground scales after FIB milling, showing both transverse (D) and sagittal

(D') views. (E, F) Ridge and crossrib height over generations. (G, H) Air layer thickness

under ridge and crossrib over generations. (I, J) Total height over generations. Means sharing

the same letter are not significantly different (Tukey-adjusted comparisons). The central line

in the violin plot indicates the median of the distribution, while the top and bottom of the box

represent the third and first quartiles of the data, respectively. The whiskers show up to 1.5

times the inter-quartile range.

Figure 3. Diversity of ridge and crossrib structural coloration. Optical microscopy images

of the abwing side of blue or green cover scales of (A) *Prothoe franck* (Nymphalidae), (B)

Pyrrhopyge hadassa (Hesperiidae), (C) *Euploea mulciber* (Nymphalidae), (D) *Jalmenus*

evagoras (Lycaenidae), (E) *Paralaxita orphna* (Riodinidae), (F) *Trogonoptera brookiana*

(Papilionidae). (A'-F') FIB-SEM images showing sagittal view of scale. (A''-F'') FIB-SEM

images showing transverse view of scale. Scale bars indicate 2 μm on optical microscopy

images, and 500 nm on FIB-SEM images.

Figure 4. Correlation between ridge height and ridge color hue across species. (A)

Scatterplot with error bars showing the whole dataset that includes 40 scales from 35 species

(Table S1). Distinct colors were used to help visualize the different cohorts that belong to a

different heigh category (step function): 268-1036 nanometers high ridges (orange), 379-594

nanometers high ridges (pink), above 1036 nanometers high ridges (black). (B-C) Linear

regression and standard deviation for two sub datasets (= height categories). (D) Plots of peak

wavelengths versus the ridge height according to the interference model where *i* equals 2, 4,

and 6, respectively.

Figure 5. Testing the role of ridge height in *Morpho didius*. (A) Adult specimen of *M.*

didius from Peru (photo: Didier Descouens, Muséum d'Histoire Naturelle de Toulouse, CC

BY-SA 4.0). (B) Epi-illumination of the wing showing the blue colored ridges (magnification

100X). (C) SEM top view of scale after milling of two consecutive ridges (core + lamellae).

(C') Measured reflectance of intact and milled ridges at different depths. (C'') Simulated

reflectance of intact and milled ridges at different depths. (D) SEM top view of scale after

milling of lateral lamellae of the same ridge. (D') Measured reflectance of intact and milled

lamellae at different depths. (D'') Simulated reflectance of intact and milled lamellae at

different depths.