Structure and function of an intermediate GPCR-Gαβγ complex

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Abstract

Unraveling the signaling roles of intermediate complexes is pivotal for G protein-coupled receptor (GPCR) drug development. Despite hundreds of GPCR-Gαβγ structures, these snapshots primarily capture the fully activated end-state complex. Consequently, a comprehensive understanding of the conformational transitions during GPCR activation and the roles of intermediate GPCR-G protein complexes in signaling remain elusive. Guided by a conformational landscape profiled by ^{19}F quantitative NMR (^{19}F-qNMR) and Molecular Dynamics (MD) simulations, we resolved the structure of an unliganded GPCR-G protein intermediate complex by blocking its transition to the fully activated end-state complex. More importantly, we presented direct evidence that the intermediate GPCR-$Gα_sβγ$ complex initiates a rate-limited nucleotide exchange without progressing to the fully activated end-state complex, thereby bridging a significant gap in our understanding the complexity of GPCR signaling. Understanding the roles of individual conformational states and their complexes in signaling efficacy and bias will help us to design drugs that discriminately target a disease-related conformation.

Main

G protein-coupled receptors (GPCRs) are the largest family of human membrane proteins, encompassing over 800 distinct members. Due to their vital roles in various (patho)physiological processes, significant efforts have been made to unravel their activation mechanisms, aiming to modulate therapeutic signaling with precision. Recent advancements, especially in single-particle cryo-electron microscopy (cryo-EM), have facilitated the structural determination of hundreds of GPCR-G$\alpha\beta\gamma$ complex since 2017[1-3]. These complex structures primarily represent the receptors in their fully activated end-states. Yet, the GPCR signaling process is more intricate than what these structures alone can depict. Multiple studies have shown that GPCR activation entails transitions through several intermediate complexes, including pre-coupled and partially activated GPCR-G protein complexes[4-12]. Isolating such transient complexes to study their signaling roles presents a significant challenge.

Using the adenosine-A$_{2A}$ receptor (A$_{2A}$R) as a model system and applying ^{19}F quantitative NMR (^{19}F-qNMR), we mapped the conformational landscape of this GPCR in response to ligand actions. Within this landscape, we identified two transient active-like intermediates (S3 and S4) that are positioned between the inactive (defined as S1 and S2) and the fully activated states (S5)[13] (Fig. 1a). Among these conformations, S1 and S2 have been defined by crystal structures [14,15], and the S5 state has been characterized by cryo-EM (PDB ID: 6GDG)[16] (Fig. 1b and Extended Data Fig. 1). The structures of S3 and S4, however, remain uncharacterized. With the R291A point mutation, which we previously determined to trap A$_{2A}$R uniquely in the intermediate S4 state (Fig. 1)[13], we have continued to investigate the structure and function of this intermediate state. Our study seeks to answer questions such as whether the intermediate S4 can directly interact with and regulate G protein without transitioning to the S5 state and how the G protein responds to the intermediate S4. Understanding the structural and functional roles of individual intermediate GPCR-G protein complexes will significantly advance our knowledge at the molecular mechanistic level regarding the signaling efficacy, bias, and allostery, which is pivotal for improving drug designs[5,17,18].

S4 state binds to G$\alpha_s\beta\gamma$ and initiates nucleotide exchange

We first examined whether the WT*-R291A mutant, which is trapped in the S4 state, can

bind to the G$\alpha\beta\gamma$. Here, the S4 trapped mutant was introduced to a previously defined

construct (A$_{2A}$R-316-V229C, denoted as WT*),[13] and we referred to WT*-R291A simply

as R291A. We incubated ^{19}F-labeled R291A with G$\alpha\beta\gamma$, subjected it to ^{19}F-NMR, and

measured the linewidth of the NMR resonance. Indeed, we observed a linewidth

broadening for the S4 resonance compared to the receptor alone, suggesting direct

binding of G$\alpha\beta\gamma$ to A$_{2A}$R in the S4 state (Extended Data Fig. 2a). This was further

confirmed by a complex band of apo R291A-G$\alpha_s\beta\gamma$ in native-PAGE (Extended Data Fig.

2b).

Next, we assessed how the S4 regulates G protein function by performing nucleotide

hydrolysis, binding, and exchange assays. As shown in Fig. 2a, the R291A mutant-

mediated GTP hydrolysis from the G protein occurred at a much slower rate compared to

the full agonist-bound WT*-G$\alpha_s\beta\gamma$ (representing the S5-G$\alpha_s\beta\gamma$). However, the addition of

full, partial, or inverse agonists did not alter the GTP hydrolysis level substantially in the

R291A mutant. This ligand-independent hydrolysis behavior is in stark contrast to the

wild-type construct, where ligand binding dramatically changes the hydrolysis level[19,20].

To further investigate the reduced hydrolysis level, we measured the initial rates and

Michaelis constants of GTP hydrolysis. The initial rate of GTP hydrolysis mediated by

R291A was only one-twentieth of that mediated by WT* (Fig. 2b), while the Michaelis

constant exhibited a similar pattern (Fig. 2c).

We proposed a simple model to explain the limited GTP hydrolyzing capacity of the S4-

mediated G protein, where nucleotide binding to G protein is a two-step process. A

nucleotide GTP initially binds to a site with low affinity and hydrolysis (site1) in the

intermediate S4-G protein complex. Upon the transitioning from S4 to S5, the G protein

changes its conformation to allow the GTP to access the site 2, the canonical nucleotide-

binding site. We tested this model by examining the binding of BODIPY-FL-GDP (Figs.

2d and 2h). The BODIPY-FL-GDP bound to the WT*-mediated G protein exhibited a

higher K$_D$ than that of the R291A-mediated G protein, although both reached equilibrium

at 1.5 hrs. For the R291A-mediated G protein, a secondary association event was
observed after 1.5 hrs with a K_D value 10 times lower, which was not the case observed
in the WT*. We attribute this difference to the restricted accessibility of the site 2, caused
by spatial constraints resulting from the partially open AHD domain in the S4 mediated
G-protein, while this site is freely accessible in the WT*. A similar pattern was noted in
BODIPY-FL-GTP binding assays, where BODIPY-FL-GTP showed more efficient binding
to the S5-mediated G protein with a higher K_D value (Fig. 2e and 2h). The spatial limited
association process was also evident in BODIPY-FL-GTP-γ-S (Fig.2f) in both S5 and S4
mediated G protein because the BODIPY head was linked to γ-phosphate, which is meant
to be inserted into the site 2. The bulky BODIPY head insertion restricted exchange and
hydrolysis. Titration of GTP into the BODIPY-FL-GDP equilibrium system led us to
conclude that the S4-mediated G protein has a reduced nucleotide exchange rate
compared to the S5-mediated G protein (Fig. 2g). A previous study of β$_2$AR indicated that
GDP release occurs much faster than the formation of fully activated complex[21], while
MD simulations suggested that GDP is released when the Gα$_s$ is not fully opened[22].
Collectively, our data suggests the intermediate S4 state mediated G-protein initiates
nucleotide exchange before transitioning to the fully activated S5 state, albeit at a reduced
rate.

Structure of the ligand-free intermediate S4-mini-Gα$_s$βγ complex
Building upon the two-step nucleotide binding model, we hypothesized that the S4 state
not only adopts a conformation distinct from S5 but also binds to the G protein in a manner
conformationally different from the S5-bound state. To test this hypothesis and enhance
our understanding of the molecular mechanisms involved, we aimed to determine the
structure of the intermediate S4 state in complex with the G protein.

To capture the structure of intermediate S4 state in complex with G proteins, we
assembled a stable complex by incubating the R291A mutation with mini-Gα$_s$, known as
mini-Gα$_s$399, and the Gα$_s$-stabilizing nanobody, NB35, in conjunction with Gβ1γ2. As
evidenced by ^{19}F-qNMR, the receptor preserves the conformation of the S4 state in
complex with G proteins (Fig.1b and 1c). We determined a cryo-EM structure of this S4-

mini-G$\alpha_s\beta\gamma$ complex at a 2.8 Å resolution, revealing the key interaction sites between A$_{2A}$R and mini-G$\alpha_s\beta\gamma$ without ligand (Figs. 1d-f and Fig.3a). For a comprehensive understanding of our methods, we have detailed the sample preparation, cryo-EM data acquisition, and processing steps in Extended Data Figs. 3-6, and Supplementary Table 1.

Comparisons of the S4-mini-G$\alpha_s\beta\gamma$ complex with the S5-mini-G$\alpha_s\beta\gamma$ complex (PDB ID: 6GDG), as depicted in Supplementary videos 1 and 2, reveal key differences between the two states. The extracellular orthosteric binding pocket of the intermediate complex S4-mini-G$\alpha_s\beta\gamma$ is less compact than of the S5-mini-G$\alpha_s\beta\gamma$ (Fig. 3b), yet more constricted compared to the inactive state[14,15]. Transitioning from the inactive to the intermediate state S4 involves significant inward movements of all domains relative to TM1 in the extracellular domains. The shift from the intermediate to the fully activated complex results in observable movements of these domains. This is consistent with the ^{19}F-qNMR study, which recorded a substantial chemical shift (~400 Hz) when the receptor transitioned from the inactive states S1-2 to intermediate S4, while the shift from S4 to S5 resulted in a minor chemical shift (~60 Hz) (Fig.3f). Closer inspection of the TM6 domain, using the ^{19}F-tag labeling site as a reference, revealed a clockwise rotation consistent with the ^{19}F-qNMR resonance, where the NMR signal for the S4 state is at a lower field than the S5 state. Indeed, the conformation of the intermediate S4 state is thus on the trajectory from the inactive S1-2 to the fully activated S5 states.

One of the key microswitches in the receptor is the P$^{5.50}$I$^{3.40}$F$^{6.44}$ motif, which is a crucial hydrophobic switch between TM5, TM3 and TM6 and is implicated in receptor activation[1,23]. In the fully activated receptor, P$^{5.50}$ and F$^{6.44}$ are in cis positions, forming a strong CH-π interaction[24], and the CH$_3$ group of I$^{3.40}$ also forms a robust CH$_3$-π interaction with F$^{6.44}$, stabilizing the fully activated conformation. In contrast, these interactions are weakened in the S4-mini-G$\alpha_s\beta\gamma$ complex because P$^{5.50}$ and I$^{3.40}$ are oriented away from F$^{6.44}$ (Fig. 3d). Another key microswitch is the CW$^{6.48}$xP motif, where P$^{6.50}$ acts as a hinge in TM6 and facilitates the opening of the cytoplasmic cavity during activation[25]. Our cryo-EM structure clearly shows P$^{6.50}$ in an "intermediate" position, bridging the inactive and

active states (Fig. 3e). The third microswitch, the NPxxY$^{7.53}$ on TM7, along with a conserved tyrosine Y$^{5.58}$ in TM5, stabilizes the receptor's active state[26-28]. As illustrated in Fig. 3g, a strong H-bond is observed between Y$^{5.58}$ and Y$^{7.53}$ in the S5-mini-G$\alpha\beta\gamma$ complex. This interaction draws Y$^{5.58}$ on TM5 closer to TM7, maintaining the compactness of the TM bundle in the S5-G protein complex, as shown in the animation from the S4-mini-G$\alpha_s\beta\gamma$ transitioning to the S5-mini-G$\alpha\beta\gamma$ (Supplementary videos 1 and 2). Therefore, transitioning from the S4- to the S5-mini-G$\alpha_s\beta\gamma$ strengthens the H-bond interaction as Y$^{5.58}$ moves closer to the TM7 domain, aiding in the insertion of the G protein into the cavity. Our analysis indeed supports the idea that the S4 conformation can regulate G protein signaling to some degree without transitioning to the fully activated S5 state.

Next, we examined the interfacial interaction between Cα5 helix of mini-Gα_s (Fig. 3c) and the transmembrane bundle comprising TM3, TM6 and TM7 domains - critical components in regulating G protein nucleotide exchange. As highlighted in Fig. 3c, the S4-mini-G$\alpha_s\beta\gamma$ adopts a slightly more open conformation than the S5-mini-G$\alpha_s\beta\gamma$. The Cα5 helix is significantly rotated outward and retracted from the G protein-binding pocket, accompanied by the disengagement of the αN helix of the Gα_s protein from the H8 helix of the receptor. This retraction measures approximately 2 Å and the rotation is at a 2° spinal clockwise angle from the S5-mini-G$\alpha_s\beta\gamma$. This motion is further detailed in Fig. 3h, which shows the primary interactions at the junction composed of TM3, TM6, TM7 domains, and the Cα5 segment from mini-Gα_s. During the activation process, the clockwise rotation of TM6 and counterclockwise rotation of Cα5 culminate in a compact end-state complex. The transition from the S4- to the S5-mini-G$\alpha_s\beta\gamma$ entails a further insertion of the G protein and an inward rotation of the receptor domain, evidenced by the formation of the salt bridge R$^{7.56}$-E392$^{G\alpha}$ and the cation-π interaction between R$^{7.56}$ and H$^{6.32}$, coupled with a strengthened cation-π interaction between R$^{3.50}$ and Y391$^{G\alpha}$. However, the R$^{7.56}$ to A$^{7.56}$ mutation eliminates this interaction.

Molecular basis of A$_{2A}$R function in the S4 state

To validate the conformational transition between the S4 and S5 states, we applied all-
atom Gaussian accelerated MD (GaMD) simulations, starting from atomic structure of the
S5-mini-G$\alpha_s\beta\gamma$ complex (6GDG) with a R291A mutation modeled in silico. Indeed, the
R291A mutation facilitated transition of the 6GDG structure (S5 state, Fig.1b) to an energy
minimum conformation that closely matches our new cryo-EM structure. We refer to this
as cS4 state, where "c" stands for computational model, and here the Cα5 helix in Gα_s
retracted from the receptor by ~2 Å. The center-of-mass distance between the receptor
NPxxY motif and the last five residues of Cα5 helix increased from ~13.2 Å in the "S5"
state to ~15.3 Å in the "cS4" state (Fig. 4a and Extended Data Fig. 7). As a control, GaMD
simulations showed that the cWT-mini-G$\alpha_s\beta\gamma$ complex remained stable, mainly sampling
one low-energy state, corresponding to the S5 (Fig.4b). These simulations independently
validated the conformation of the intermediate S4 state determined from single particle
cryo-EM.
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Furthermore, we performed additional GaMD simulations to examine GDP release. In the
cWT-G$\alpha_s\beta\gamma$ system, GDP was observed moving away from the initial binding site by up
to ~12 Å repeatedly (Fig.4c). In contrast, GDP underwent significantly smaller movements
up to only ~8 Å in the cR291A-G$\alpha_s\beta\gamma$ system (Fig. 4f). Free energy calculations also
indicated a "GDP Released" state in the cWT-G$\alpha_s\beta\gamma$ system and only a "Partially
Released" state in the cR291A-G$\alpha_s\beta\gamma$ system (Extended Data Figs. 8a-c), where the AHD
domain of Gα_s transitioned from the "Open" to "Partially Open" conformation, with the
orientation angle between the AHD and Ras-like domain decreasing to ~30° (Extended
Data Figs. 8d-e) [1,29]. Together, these observations suggest that the S4 state mediated G
protein has a reduced capacity for GDP release compared to the S5 state, aligning with
the nucleotide exchange data shown above.
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A limited nucleotide exchange model for intermediate GPCR-G$\alpha_s\beta\gamma$ complex
A mechanistic model is proposed to understand the rate-limited nucleotide exchange in
the intermediate GPCR-G protein complex (Fig.5). The transition from the intermediate
to the fully activated complex involves a conformational change at the interface, where
the TM6 helix of the receptor rotates clockwise by 8° while the Cα5 helix from the Ras-

like domain rotates anticlockwise by 2°. This leads to a more compact interaction between

the receptor and G protein, coupled with a 2 Å uplift of the Cα5 helix. This uplift results in

the disengagement of the H1 from the Cα5 helix, facilitating the separation of AHD

domain from Ras-like domain and thereby exposing the bound GDP at site 2.

Simultaneously, this process assists the relocation of GTP from site 1 to site 2, replacing

GDP. However, in the S4-mediated G protein, the substitution of R$^{7.56}$ with alanine (A$^{7.56}$)

results in the loss of both the intramolecular cation-π (R$^{7.56}$-H$^{6.32}$) interaction and the

intermolecular salt bridge (R$^{7.56}$-E392$^{G\alpha}$). Instead, a partially opened AHD domain is seen

(Fig.4e), which can be attributed to a weak electrostatic H-bond (Q59-T369, 4 Å)[30]

between Cα5 and H1 helices. While in the closed state of the AHD domain, an additional

CH$_3$-π interaction between F376 and M60 plays a significant role (Fig.4d and Figs.4g-i).

Of note, in all complex structure resolved so far, the crystallographic complex structure of

β2AR-G$\alpha\beta\gamma$ represents the sole fully activated complex structure, in which the AHD

domain with an open of 88° while all others are between 55-65°. This could be the effect

from crystallographic packing in the crystallization process [31]. Collectively, these findings

provide a molecular basis for the limited nucleotide exchange observed in the

intermediate GPCR-G protein complex.

Discussion

Previous MD simulation has indicated that GTPγS and GDP exhibited different contact

patterns with G protein[32]. A recent study also demonstrated a transition process of GTP

nucleotide in a β_2AR-regulated G protein from a "loose" interaction site to the final

nucleotide-binding pocket by 2 Å[33]. Our study provides evidence for a 2 Å distance

dislocation of nucleotide, regulated by a "lift" of the Cα5 tail by 2 Å, which is essential for

dislodging the AHD domain of the G protein from the Ras-like domain. This facilitates the

opening of the canonical site 2, accommodating GTP for free-nucleotide exchange and

hydrolysis[34]. However, the precise location of site 1 en route from the S4-G$\alpha\beta\gamma$ to the S5-

G$\alpha\beta\gamma$ in the GPCR activation process and its specific functional role in G protein signaling

remain unclear and require further characterization in the future.

GPCR activation is known to involve the transition through multi-states[4-12]. However,

transient intermediate states represent higher energy substates from energy landscape

perspective and are thus challenging to characterize, especially with regard to obtaining

transient GPCR-G protein complexes and studying their functions. Our current study

demonstrates a strategy whereby intermediate conformational states can be identified by

^{19}F-qNMR, trapped by point mutation, and structurally and functionally characterized in

their complexes with G proteins. Although we used $A_{2a}R$ as a model system, it is clear

that such strategy of utilizing 19F-qNMR-guided cryo-EM, in which 19F-NMR serves as

conformational indicator, can be broadly applied to study transient complexes of other

GPCRs and proteins of interest during activation or inhibition processes. Deciphering the

functions of intermediate states and their complexes enables a comprehensive

understanding of GPCR signaling complexity and the exploration of alternative

therapeutic approaches by targeting a specific disease-related conformation(complex).

As the advance of our knowledge on structures and functions of individual conformational

states and their complexes, it will become possible to design drug based on their

conformational selectivity on the receptor, considering signaling bias originated from

conformational bias [5].

 Figures and Legends

Fig.1: Identification of the intermediate complex investigated in this study. a, Proposed activation model of GPCR, including inactive states S1 and S2, pre-coupled complex (S3-G$\alpha_s\beta\gamma$), intermediate complex (S4-G$\alpha_s\beta\gamma$), and the fully activated complex (S5-G$\alpha_s\beta\gamma$), in which S4-G$\alpha_s\beta\gamma$ was highlighted in teal for this study. **b,** In reference to Extended Data Fig. 1, the deconvoluted conformational profiles probed by^{19}F-qNMR for the R291A construct were presented as a function of G$\alpha_s\beta\gamma$ and mini-G$\alpha_s\beta\gamma$. ^{19}F-qNMR spectra of WT* and R291A were used as the benchmarks for S1 through S5, adapted from the reference (Wang et al, 2023, Nature Commun). The spectrum of WT*+mini-G$\alpha_s\beta\gamma$+NECA+NB35 represents the feature for PDB: 6GDG. **c,** The population distributions of conformational states for R291A+mini-G$\alpha_s\beta\gamma$+NB35, R291A+G$\alpha_s\beta\gamma$, and WT*+mini-G$\alpha_s\beta\gamma$+NB35 (S5-G$\alpha_s\beta\gamma$). The SD values were determined based on spectral S/Ns and fitting errors of the deconvolutions. **d,** Ribbon representation of S4-mini-G$\alpha_s\beta\gamma$. **e,** Highlighted interfacial section of S4-mini-G$\alpha_s\beta\gamma$. **f,** cryo-EM density map of intermediate S4-mini-G$\alpha_s\beta\gamma$ complex.

Fig. 2: S4 mediated GTP hydrolysis and nucleotide exchange. a, GTP hydrolysis of the S4 mediated $G\alpha_s\beta\gamma$ as a function of inverse, partial, and full agonists, in reference to $G\alpha_s\beta\gamma$ alone (negative control) and the S5 mediated $G\alpha_s\beta\gamma$ (positive control). **b,** Time course of GTP hydrolysis of the S4 mediated $G\alpha_s\beta\gamma$, in reference to $G\alpha_s\beta\gamma$ alone (negative control) and the S5 mediated $G\alpha_s\beta\gamma$ (positive control); the initial rate of each catalysis was also calculated as presented. **c,** Km values for S4 mediated $G\alpha_s\beta\gamma$, in reference to $G\alpha_s\beta\gamma$ alone (negative control) and the S5 mediated $G\alpha_s\beta\gamma$ (positive control). **d,** BODIPY-FL-GDP binding assay. **e,** BODIPY-FL-GTP binding assay. **f,** BODIPY-FL-GTP-γ-S binding assay **g,** GTP-GDP exchange rate comparison. **g,** The structures of BODIPY-FL-GDP, BODIPY-FL-GTP, and BODIPY-FL-GTP-γ-S.

Fig. 3: Structural features of the receptor in intermediate complex. a, Superimposed cylinder representations of S4-mini-Gα$_s$βγ and S5-mini-Gα$_s$βγ. **b,** Top view of ligand binding domain of the S4 state compared to the S5 state. **c,** Cα5 motion of Gα$_s$. **d,** PIF microswitch. **e,** CWxP motif. **f,** ^{19}F-tag rotation, and corresponding NMR spectrum. **g,** NPxxY motif. **h,** TM6 and TM7 cation-π interaction in two complexes.

Fig. 4: Structural features of A₂AR and G protein in GaMD simulation. a, 2D free energy profiles of the cR291A-mini-G$\alpha_s\beta\gamma$ complex system. **b**, 2D free energy profiles of the cWT*-mini-G$\alpha_s\beta\gamma$ complex systems. The white triangle and asterisk indicate cryo-EM structures of the S5 and S4 states, respectively. **c**, Root-mean square deviation (RMSD) of GDP relative to the initial position in the GaMD simulation for cS5 mediated G protein. **d**, Superimposed positions of Cα5 and H1 helices when G protein is inactive, partial activated, and fully activated. **e**, The positions of AHD domain when G protein is inactive, partial activated, and fully activated. **f**, RMSD of GDP relative to the initial position in the GaMD simulation for cS4 mediated G protein. **g-i**, The relative positions of Cα5 and H1 helices when G protein is inactive (6EG8), partial activated (cS4 mediated), and fully activated (cS5 mediated).

Figure 5: A limited nucleotide exchange model for intermediate GPCR-G$\alpha_s\beta\gamma$ complex. In the S5-mediated Gα the interaction between Cα5 and H1 helices was interrupted while this interaction is partially maintained through a weakened H-bond between Cα5 and H1 helices in Ras-like domain.

Methods

Plasmid construction and transformation

The full-length human $A_{2A}R$ gene, originating from construct pPIC9K_ADORA2A, was generously provided by Prof. Takuya Kobayashi (Kyoto University, Kyoto, Japan). The C-terminally truncated construct $A_{2A}R\_316$, constructed in our previous study, has an integrated FLAG tag on the N-terminus and a poly-his tag on the C-terminus[7]. Based on this construct, the mutations V229C and R291A were described elsewhere[13]. All constructs were sequenced by a facility at Eurofins genomics, with the AOX1 primer pair of PF_{AOX1} and PR_{AOX1}. Freshly prepared competent cells of strain *Pichia Pastoris* SMD 1163 (*Δhis4 Δpep4 Δprb1,* Invitrogen) were electro-transformed with *Pme*I-HF (New England Biolabs) linearized plasmids containing different mutant genes using a Gene Pulser II (Bio-Rad). High-copy clone selection was performed using an in-house protocol described previously[8,35]. A high-yield construct was then screened by an immunoblotting assay with both anti-FLAG and anti-Poly-his for further large-scale expression screening.

Receptor expression, purification, and labeling

The screened WT* and mutants R291A, were pre-cultured on YPD [1% (w/v) yeast extract, 2% (w/v) peptone and 2% (w/v) glucose] plates containing 0.1 mg/mL G418. A single colony for each construct was inoculated into 4 mL YPD medium and cultured at 30 °C for 12 hours, then transferred into 200 mL BMGY medium [1% (w/v) yeast extract, 2% (w/v) peptone, 1.34% (w/v) YNB (yeast nitrogen base) without amino acids, 0.00004% (w/v) biotin, 1% (w/v) glycerol, 0.1 M PB (phosphate buffer) at pH 6.5] and cultured at 30 °C for another 30 h. The cells were then transferred into 1 L of BMMY medium [1% (w/v) yeast extract, 2% (w/v) peptone, 1.34% (w/v) YNB without amino acids, 0.00004% (w/v) biotin, 0.5% (w/v) methanol, 0.1 M phosphate buffer at pH 6.5, 0.04% (w/v) histidine and 3% (v/v) DMSO, 10 mM theophylline] at 20 °C. 0.5% (v/v) methanol was added every 12 h. 60 h after induction by methanol, cells were harvested for purification.

The cell pellets were collected by centrifugation at 4,000 ×g for 20 minutes and washed one time with washing buffer (50 mM HEPES, 10% glycerol, pH 7.4) before the addition

of breaking buffer (50 mM HEPES, pH 7.4, 100 mM NaCl, 2.5 mM EDTA, 10% glycerol) in a ratio of 4:1 (buffer: cells). The resuspended cell pellets were subject to disruption 3 times using a Microfluidizer at a pressure of 20,000 psi. Intact cells and cell debris were separated by low-speed centrifugation (8,000 ×g) for 30 minutes. The supernatant was collected and centrifuged at 100,000 ×g for 2 h, and the precipitated cell membrane was then immediately dissolved in membrane lysis buffer (50 mM HEPES, pH 7.4, 100 mM NaCl, 0.5% LMNG-3 (Lauryl Maltose Neopentyl Glycol) and 0.1% CHS (cholesteryl hemisuccinate)) with rotation 2 h or overnight at 4 °C until the membrane was dissolved. Subsequently, Talon resin (Clontech) was added to the solubilized membranes and incubated for at least 2 h or overnight under gentle agitation.

The $A_{2A}R$-bound Talon resin was washed twice with a buffer of 50 mM HEPES, pH 7.4, 100 mM NaCl, 0.02% LMNG-3 and 0.002% CHS and resuspended in the same buffer. The $A_{2A}R$-bound Talon resin was then resuspended in buffer made of 50 mM HEPES, pH 7.4, 100 mM NaCl, 0.02% LMNG-3 and 0.002% CHS, and combined with 10-20 fold excess of the NMR label (2-bromo-N-(4-(trifluoromethyl)phenyl)acetamide, BTFMA, Apollo Scientific, Stockport, UK) under gentle agitation overnight at 4 °C. Another aliquot of NMR label was then added and incubated for an additional 6 h to ensure complete labeling. The $A_{2A}R$-bound Talon resin was washed in a disposable column extensively with buffer containing 50 mM HEPES, pH 7.4, 100 mM NaCl, 0.02% LMNG-3 and 0.01% CHS, and apo $A_{2A}R$ was then eluted from the Talon resin with 50 mM HEPES, pH 7.4, 100 mM NaCl, 0.02% LMNG-3 and 0.01% CHS, 250 mM imidazole and concentrated to a volume of 5 mL. The XAC-agarose gel and $A_{2A}R$ were then incubated together for 2 h under gentle agitation. The functional $A_{2A}R$ was eluted with 50 mM HEPES, pH 7.4, 0.02% LMNG-3, 0.002% CHS, 100 mM NaCl, 20 mM theophylline. The eluted samples were concentrated to 1 mL by centrifugal filtration (MWCO, 3.5 KDa), and an extensive dialysis was performed to remove the XAC in the sample. The functional apo $A_{2A}R$ was then prepared for NMR. All receptors described in this manuscript were purified using poly-his resin followed with a ligand-column, in which the $A_{2A}R$ antagonist xanthine amine congener (XAC) was conjugated to Affi-Gel 10 activated affinity media.

Preparation of mini-G$\alpha_s\beta\gamma$ heterotrimer

The plasmid for mini-Gα_s399 was generously provided by Drs. Christopher G. Tate from MRC Laboratory of Molecular Biology, Cambridge and Javier García Nafría from Institute for Biocomputation and Physics of Complex Systems (BIFI) and Laboratorio de Microscopías Avanzadas (LMA), University of Zaragoza. It was expressed in the *E. coli* strain BL21(DE3). Cells were collected by centrifugation at 4,000 ×g for 20 min and lysed by sonication. After another centrifugation, the supernatant was purified by Talon resin. The sample was loaded into a HiLoad16/60 column to obtain purified mini-Gα_s protein. The purified protein was concentrated to 3 mg/mL and flash frozen in liquid nitrogen and stored at -80 °C for further use. The expression and purification of the respective components and assembly to make the complex containing mini-G$\alpha_s\beta_1\gamma_2$, and the preparation of nanobody Nb35, were all performed following the protocols described previously [1,36,37].

^{19}F NMR experiments

NMR samples typically consisted of 280-300 μL volumes with 20-50 μM A$_{2A}$R in 50 mM HEPES buffer and 100 mM NaCl, doped with 10% D$_2$O. The receptor was stabilized in 0.02% LMNG-3 and 0.002% CHS. All ^{19}F NMR experiments were performed on a 600 MHz Varian Inova spectrometer using a ^{19}F dedicated resonance probe. Typical experimental setup included a 16 μs 90° excitation pulse, an acquisition time of 200 ms, a spectral width of 15 kHz, and a repetition time of 1 s. Most spectra were acquired with 15,000-50,000 scans. Processing typically involved zero filling, and exponential apodization equivalent to 15 Hz line broadening.

GTPase hydrolysis assay

The GTPase hydrolysis assay was analyzed using a modified protocol of the GTPase-Glo^{TM} assay (Promega)[38]. The reaction was started by mixing 300 nM G$\alpha_s\beta\gamma$ with the purified receptors in varied concentrations with a final volume of 10 μL in the buffer containing 50 mM HEPES, pH 7.4, 100 mM NaCl, 0.002% CHS, 0.02% LMNG-3. For the GTP hydrolysis capacity of the S4 state as a function of ligand measurement, 5x and 25x

ligand compared to receptor concentration was added. After 30 min incubation at room

temperature, 10 µL 2xGTP-GAP solution containing 10 µM GTP, 1 mM DTT and the

cognate GAP was added to each well, followed with a 120 min incubation at room

temperature. For the Michaelis–Menten constant measurement, the 2xGTP-GAP solution

containing 5-50 µM GTP was used. Then, 20 µL reconstituted GTPase-Glo^{TM} reagent

containing 5 µM ADP was added to each sample and incubated for another 30 min at

room temperature with shaking. Luminescence was measured following the addition of

40 µL detection reagent and incubation for 10 min at room temperature using a BioTEK-

Flx800 plate reader at 528±20 nm. Determine the amount of GTP consumed in a

biochemical reaction by referencing a standard curve that relates light units (RLU)

indicative of product formation to GTP concentration. Using this data, calculate the rate

of the enzymatic reaction (velocity, v) by applying the Michaelis-Menten equation: $v =$

$V_{max}/(1+(K_m/[S]))$. To facilitate the determination of V_{max} and K_m, construct a Lineweaver-

Burk plot, which linearizes the relationship by graphing the reciprocal of the velocity ($1/v$)

against the reciprocal of the substrate concentration ($1/[S]$). The calculations of initial

rates were performed at 1.08 min in the linear reaction phase of catalysis. Analysis of

data was performed by Excel and GraphPad Prism® 9.0.

BODIPY-FL-GTP, BODIPY-FL-GDP binding, and nucleotide exchange

The nucleotide-binding assay utilized BODIPY-FL-GTP and BODIPY-FL-GDP, from

Invitrogen™, each supplied as a mixture of two isomers with the fluorophore attached at

either the 2′ or 3′ position on the ribose ring. BODIPY-FL-GTP could be hydrolyzed to

BODIPY-FL-GDP. To form the GPCR-G protein complex, a solution containing 2 µM G

protein and 100 µM receptor was incubated for 30 minutes at 22°C. The fully activated

state of the WT* receptor was achieved by supplementing the mixture with 10 mM NECA.

Assays were conducted at 22°C using 96-well half-area microtiter plates in a BioTek plate

reader, with excitation at 475 nm and emission measured at 528 nm. The assay buffer

comprised 20 mM HEPES (pH 7.4), 1 mM EDTA, and 10 mM $MgCl_2$, supplemented with

0.01% LMNG-3 for protein stability. Initial kinetic data were acquired for 100 nM BODIPY-

FL-GTP/BODIPY-FL-GDP in the absence of G protein for 70 seconds to establish a

baseline fluorescence intensity. Subsequently, 200 nM heterotrimer G proteins, with or

without the receptor, were added, and mixing was rapidly performed in the fluorescence
cuvette. Data collection proceeded uninterrupted, and resulting kinetics spectra were
plotted and fitted to a one-phase association function using GraphPad Prism 9.0. For the
GTP-GDP exchange assay, the GPCR-G protein complex was formed as described,
followed by incubation with 100 nM BODIPY-FL-GDP for 2 hours. Baseline fluorescence
intensity was measured for 70 seconds using the plate reader, after which 1 µM GTP (in
a concentration of 10×GDP), procured from Invitrogen™, was added to facilitate the
exchange of BODIPY-FL-GDP to GTP. All experiments were repeated three times, and
resulting kinetics spectra were analyzed using GraphPad Prism 9.0.

Gaussian accelerated molecular dynamics (GaMD)

GaMD is an enhanced sampling method that works by adding a harmonic boost potential
to reduce the system energy barriers [39,40]. When the system potential $V(\vec{r})$ is lower than
a reference energy E, the modified potential $V^*(\vec{r})$ of the system is calculated as:

473
$$V^*(\vec{r})=V(\vec{r})+\Delta V(\vec{r})$$

474
$$\Delta V(\vec{r})=\begin{cases} \frac{1}{2}k\left(E\text{-}V(\vec{r})\right)^2, & V(\vec{r})<E \\ 0, & V(\vec{r})\geq E, \end{cases} \tag{1}$$

where k is the harmonic force constant. The two adjustable parameters E and k are
automatically determined on three enhanced sampling principles. First, for any two
arbitrary potential values $v_1(\vec{r})$ and $v_2(\vec{r})$ found on the original energy surface, if
$V_1(\vec{r})<V_2(\vec{r})$, ΔV should be a monotonic function that does not change the relative order
of the biased potential values; i.e., $V_1^*(\vec{r})<V_2^*(\vec{r})$. Second, if $V_1(\vec{r})<V_2(\vec{r})$, the potential
difference observed on the smoothened energy surface should be smaller than that of the
original; i.e., $V_2^*(\vec{r})\text{-}V_1^*(\vec{r})<V_2(\vec{r})\text{-}V_1(\vec{r})$. By combining the first two criteria and plugging in
the formula of $V^*(\vec{r})$ and ΔV, we obtain

483
$$V_{max}\leq E\leq V_{min}+\frac{1}{k}, \tag{2}$$

Where V_{min} and V_{max} are the system minimum and maximum potential energies. To
ensure that Eq. 2 is valid, k has to satisfy: $k\leq1/(V_{max}\text{-}V_{min})$. Let us define: $k=k_0\cdot1/(V_{max}\text{-}$
$V_{min})$, then $0<k_0\leq1$. Third, the standard deviation (SD) of ΔV needs to be small enough
(i.e. narrow distribution) to ensure accurate reweighting using cumulant expansion to the

second order: $\sigma_{\Delta V} = k(E - V_{avg})\sigma_V \leq \sigma_0$, where V_{avg} and σ_V are the average and SD of

ΔV with σ_0 as a user-specified upper limit (e.g., $10k_B T$) for accurate reweighting. When E

is set to the lower bound $E = V_{max}$ according to Eq. 2, k_0 can be calculated as

$$k_0 = \min(1.0, k_0') = \min\left(1.0, \frac{\sigma_0}{\sigma_V} \cdot \frac{V_{max} - V_{min}}{V_{max} - V_{avg}}\right), \tag{3}$$

492 Alternatively, when the threshold energy E is set to its upper bound $E = V_{min} + 1/k$, k_0 is set

493 to:

$$k_0 = k_0'' \equiv \left(1 - \frac{\sigma_0}{\sigma_V}\right) \cdot \frac{V_{max} - V_{min}}{V_{avg} - V_{min}}, \tag{4}$$

495 If k_0'' is calculated between 0 and 1. Otherwise, k_0 is calculated using Eq. 3.

System setup and simulation analysis

The cryo-EM structure of wild-type NECA-bound $A_{2A}R$ bound by mini-$G\alpha_s$ (PDB ID:

6GDG[16]) was used for setting up simulation systems of the wild-type NECA-bound cWT*-

$A_{2A}R$-mini-$G\alpha_s\beta\gamma$, *apo* cR291A-mini-$G\alpha_s\beta\gamma$, *apo* cWT*-$A_{2A}R$-$G\alpha_s\beta\gamma$ and *apo* cR291A-

$G\alpha_s\beta\gamma$. The missing residues in the extracellular loop 2 (ECl2) and intracellular loop 3

(ICL3) of the receptor were modelled with Swiss-Modeller[41]. For the *apo* cR291A-mini-

$G\alpha_s\beta\gamma$, the simulation structure was generated by mutanting the correspoding R291A and

V229C in the wild-type system and deleting the agonist NECA. To build the wild-type *apo*

$A_{2A}R$ bound by the full-length of Gs protein (*apo* cWT*-$A_{2A}R$-$G\alpha_s\beta\gamma$), the Swiss-Modeller[41]

was used to build the Gs protein with a geometry and orientation similar to the Gs protein

in the fully active state of the β_2AR-Gs complex (PDB ID: 3SN6[1]). The coordinates of the

GDP and Mg^{2+} were obtained by aligning the Ras domain of the crystal structure of Gs-

bound GDP (PDB ID: 6AU6[42]) to the modelled full-length Gs protein bound by the

$A_{2A}R$. The simulation structure of the *apo* cR291A-$G\alpha_s\beta\gamma$ was generated by substituting

residues Arg291 and Val232 in the wild-type system (*apo* cWT*-$A_{2A}R$-$G\alpha_s\beta\gamma$) with Ala and

Cys, respectively.

VMD was used to insert the NECA-bound cWT*-$A_{2A}R$-mini-$G\alpha_s\beta\gamma$, *apo* cR291A-mini-

$G\alpha_s\beta\gamma$, *apo* cWT*-$A_{2A}R$-$G\alpha_s\beta\gamma$, and *apo* cR291A-$G\alpha_s\beta\gamma$ complex into POPC (palmitoyl-2-

oleoyl-sn-glycero-3-phosphocholine) lipids to prepare simulation systems. In each
simulation system, the protein and lipid bilayer were solvated with TIP3P water molecules
in a box of 11.2 nm x 13.1 nm x 14.6 nm with the periodic boundary condition. The system
charge was neutralized with 150 mM NaCl. The CHARMM36m parameter set[43-45] was
used for the proteins and lipids, and Guanosine diphosphate (GDP). Force field
parameters of the NECA agonist were obtained from the ParamChem web server[46]. The
four simulation systems were first energy minimized for 5,000 steps with constraints on
the heavy atoms of the proteins and phosphor atom of the lipids. The hydrogen-heavy
atom bonds were constrained using the SHAKE algorithm and the simulation time step
was set to 2.0 fs. The particle mesh Ewald (PME) method[47] was employed to compute
the long-range electrostatic interactions and a cutoff value of 9.0 Å was applied to treat
the non-bonded atomic interactions. The temperature was controlled using the Langevin
thermostat with a collision frequency of 1.0 ps^{-1}. The system was then equilibrate using
the constant number, volume, and temperature (NVT) ensemble at 310K for 250 ps and
under the constant number, pressure, and temperature (NPT) ensemble at 310 K and 1
bar for another 1 ns with constraints on the heavy atoms of the protein, followed by 10 ns
short conventional MD (cMD) without any constraint.

The GaMD module implemented in the GPU version of AMBER22[48-50] was then applied
to perform the simulations of NECA-bound cWT*-A$_{2A}$R-mini-G$\alpha_s\beta\gamma$, *apo* cR291A-mini-
G$\alpha_s\beta\gamma$, *apo* cWT*-A$_{2A}$R-G$\alpha_s\beta\gamma$, and *apo* cR291A-G$\alpha_s\beta\gamma$. GaMD simulations included a 8-
ns short cMD run used to collect the potential statistics for calculating GaMD acceleration
parameters, an 56-ns GaMD equilibration after adding the boost potential, and finally
three independent 2,000-ns GaMD production simulations with randomized initial atomic
velocities for the systems of the NECA-bound cWT*-A$_{2A}$R-mini-G$\alpha_s\beta\gamma$ and *apo* cR291A-
A$_{2A}$R-mini-G$\alpha_s\beta\gamma$ complex, and 3,000-ns GaMD production simulations for the systems of
apo cWT*-A$_{2A}$R-G$\alpha_s\beta\gamma$ and *apo* cR291A-G$\alpha_s\beta\gamma$ with randomized initial atomic velocities.
The average and SD of the system potential energies were calculated every 800,000
steps (1.6 ns). All GaMD simulations were performed at the "dual-boost" level by setting
the reference energy to the lower bound. One boost potential was applied to the dihedral

energetic term and the other to the total potential energetic term. The upper limit of the

boost potential SD, σ_0 was set to 6.0 kcal/mol for both the dihedral and the total potential

energetic terms.

For each simulation system, all three GaMD production trajectories were combined

together for analysis with CPPTRAJ[51]. The distance between the NPxxY motif of the

receptor and the last five residues of $G\alpha_s$ $\alpha5$ helix ($A_{2A}AR:NPxxY$-$G\alpha_s:\alpha5$ distance), the

distance between the receptor TM3 and TM6 intracellular ends (measured by the distance

between the Cα atoms of receptor residues Arg102$^{3.50}$ and Glu228$^{6.30}$), the root-mean-

square derivation of GDP (GDP RMSD) relative to the simulation starting structure were

selected as reaction coordinates. The angle between the Ras domain and α helical

domain (AHD) was used as another reaction coordinate to indicate their relative

orientation, which was defined by the two vectors of $G\alpha_s$ AHD and $G\alpha_s$ Ras domain. Vector

1 went through the $G\alpha_s$ AHD and A161 centers and vector 2 went through $G\alpha_s$ Ras domain

and E299 centers. The PyReweighting[52] toolkit was applied to reweight GaMD

simulations to recover the original free energy profiles of the simulation systems. 2D free

energy profiles were computed using the combined trajectories from all the three

independent GaMD simulations for each system with the $A_{2A}R:NPxxY$-$G\alpha_s:\alpha5$ distance,

TM3-TM6 distance, GDP RMSD and the angle between the Ras domain and AHD as

reaction coordinates. A bin size of 1.0 Å was used for the $A_{2A}R:NPxxY$-$G\alpha_s:\alpha5$ distance,

TM3-TM6 distance and GDP RMSD. A bin size of 6.0° was used for the angle between

the Ras domain and AHD as reaction coordinate. The cutoff was set to 500 frames for 2D

free energy calculations.

Preparation of the $A_{2A}R$-mini-$G_s\beta_1\gamma_2$-Nb35 complex

$A_{2A}R$, mini-G_S-$\beta_1\gamma_2$ and Nb35 were mixed in a molar ratio of 1:2:4, to yield a final complex

concentration of 1 mg/mL. To this mixture, 0.1 U of apyrase was added, followed by an

overnight incubation at 4°C. The mixture was then concentrated with a 100 kDa MWCO

Amicon filter and injected onto a Superdex200 Increase 10/300 GL gel filtration column

equilibrated with buffer (50 mM HEPES, 100 mM NaCl, 0.002% LMNG-3, 0.0002% CHS

(w/v)). Monodisperse fractions were concentrated with a 100 kDa MWCO Amicon filter
immediately prior to cryo-EM grid preparation.
578
579 Negative staining of the complex was performed with 0.75% uranium formate, following
580 an established protocol[53].Grids were examined using an FEI T12 microscope operated at
581 120 kV, and images were recorded using a 4K x 4K charge-coupled device (CCD) camera
582 (UltraScan 4000, Gatan).
583
Cryo-EM sample preparation and data acquisition
Freshly prepared $A_{2A}R$-mini-G_S-$\beta_1\gamma_2$-Nb35 complex at a final concentration of 1 mg/mL,
was applied to glow-discharged gold grids coated with either holey carbon film (Quantifoil,
300 mesh 1.2/1.3, Au) or holey gold film (UltrAuFoil, 300, mesh 1.2/1.3). These grids were
then plunge-frozen using a Vitrobot Mark IV with a blotting time of 4 s and blotting force
of 0, at 4 °C and 100% humidity. Grids were subsequently examined and screened using
an FEI Tecnai Arctica operated at 200 kV and equipped with an XFEG and a Gatan K3
camera. Cryo-EM data collection was performed on a Titan Krios at the UCSF Cryo-EM
Center for Structural Biology, operated at an acceleration voltage of 300 kV, equipped
with an XFEG, a BioQuantum energy filter (slit width set to 20 eV) and a K3 camera
(Gatan).
595
All cryo-EM datasets were collected using SerialEM[54]. A multishot collection (3x3 arrays)
was employed, incorporating beam-tilt compensation and maximum image shift is 3.5
micros. All images were acquired with a nominal magnification of 105 K, resulting in a
super-resolution pixel size of 0.4175 Å (physical pixel size of 0.835 Å). Defocus range
was set from -0.8 µm to -1.8 µm. A total of 8,805 images were collected, each was dose-
fractionated into 80 movie frames with a total exposure time of 2.024 s, resulting in a total
fluence of approximately 47.7 electrons per $Å^2$. Data collection statistics are shown in
Supplementary Table 1.
604
Image process

A total of 8,805 movie stacks were motion-corrected, dose-weighted, and binned by
Fourier cropping to the physical pixel size of 0.835 Å on-the-fly using MotionCor2[55].
Motion-corrected, does-weighted sums were used for contrast transfer function (CTF)
determination and resolution estimation in cryoSPARC[56]. 424,536 particles were picked
from randomly selected 500 micrographs using cryoSPARC blob picker with a diameter
of 80-150 Å. These particles were subjected to ab-initio reconstruction and multi-round
heterogenous refinement. One class with distinct features of $A_{2A}R$ bound to mini-$G\alpha_s\beta_1\gamma_2$-
Nb35 was identified, from which 16 different projection images were created for template
picking, yielding 7,282,317 particles from all micrographs.

After removing junk particles by extensive 2D classifications, 2,328,810 particles were
selected for ab-initio reconstruction and multi-round heterogenous refinement. One
distinct class of 307,568 particles was identified for further non-uniform refinement of the
$A_{2A}R$-mini-$G\alpha_s\beta_1\gamma_2$-Nb35 complex, yielding a reconstruction with a global resolution of
3.04Å. This particle stack was then exported to RELION[57] for multiple rounds of 3D
refinement (initial low-pass filter: 10 Å; mask diameter: 360 Å; reference mask: no) to
produce a new reconstruction, from which a mask without the detergent micelle was
generated by using the segment map function in Chimera[58] (initial threshold: 0.0001;
extend_inimask: 4; width_soft_edge: 4). Particle subtraction function in RELION was
applied by using this mask to generate a micelle removed particle stack.

Next, we applied 3D classification to the micelle subtracted particles with a reference
model without micelle (reference mask: generated last step; initial low-pass filter: 10 Å;
mask diameter: 260 Å; regularisation parameter T: 3; number of iterations: 50; number of
classes: 5; perform local angular searches: no). A new reconstruction of the entire $A_{2A}R$-
mini-G_S-$\beta_1\gamma_2$-Nb35 complex from 71,547 particles was identified for further refinement in
RELION (initial low-pass filter: 3.5 Å; mask diameter: 260 Å; angular sampling interval:
1.8º; local search from auto-sampling: 0.9º). A final 3D reconstruction was calculated in
cisTEM[59] with default settings and without further refinement. The numeric resolution was
determined from Fourier Shell Correction (FSC) using criterion of FSC = 0.143[60]. The final

map was sharpened by DeepEMhancer[61] and used for model building and figure
generation.
638

Model building

For model building, the initial model was generated by fitting the existing coordinates of
the activated state of $A_{2A}R$-mini-G_S-$\beta_1\gamma_2$-Nb35 complex (PDB: 6GDG) into our cryo-EM
density maps using ChimeraX[62]. Discrepancies between the initial model and the density
maps were then manually built and refined ISOLDE[63] and coot[64]. Subsequent refinements
were performed in Phenix[65] with secondary structure constraints. The model was
validated by wwPDB validation server[66] and no major issues was reported. A summary
of the parameters used in data collection and model building is provided in Supplementary
Table 1.
648
649

Data representation

651 All statistical tests such as GTP hydrolysis assessments were conducted using GraphPad
652 Prism 9.0. The central point of all data points gives the mean value with s.d. for all data
653 unless otherwise specified. Visualization of the atomic models (figures and videos) were
654 made using UCSF ChimeraX and PyMoL (The PyMOL Molecular Graphics System,
655 Version 2.0 Schrödinger, LLC.)

Data Availability

657 The atomic coordinates of intermediate $A_{2A}R$-mini-$G\alpha_s\beta\gamma$ has been deposited in the
658 Protein Data Bank with ID: 8VM3.
659

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Author contributions

L. Y. conceptualized the study. M.B prepared and purified complex for cryo-EM and
performed all structural analysis. X. W. expressed and purified the receptors and different
component proteins. X. W. also performed NMR spectral acquisition, data process and
spectral analyses in addition to biochemical assessments. J. W. performed the MD
simulation. J. X prepared G proteins. W.S prepared part of the receptors and conducted
biochemical assays. V.A.A was involved in MD simulation. Y.M. supervised the MD
simulation. Y.C supervised the structural analysis. L. Y. supervised receptor and G protein
purification, NMR acquisition, and spectral analysis, and biochemical assays. All authors
participated in manuscript writing and revisions.

Competing interests

686 The authors declare no competing financial interests.

Extended Data Figures

Extended Data Fig. 1: Conformational profiles of the mutant R291A and its complexes probed by ^{19}F-qNMR. (A) and **(B),** Deconvoluted conformational profiles probed by ^{19}F-qNMR as a function of mini-G$\alpha_s\beta\gamma$ and G$\alpha_s\beta\gamma$ (S4-G$\alpha\beta\gamma$), in reference to the WT*-mini-G$\alpha_s\beta\gamma$+NB35 (S5-G$\alpha_s\beta\gamma$), representing the conformational profile for the structure PDB ID: 6GDG.

Extended Data Fig. 2: Both linewidth broadening of ^{19}F-qNMR resonance for S4 intermediate and native-PAGE indicated the complex formation between the S4 and G protein. a, Linewidths of S4 resonance for R291A, R291A-G$\alpha_s\beta\gamma$, and R291A-mini-G$\alpha_s\beta\gamma$-NB35. **b,** Native-PAGE for R291A and G$\alpha_s\beta\gamma$ interaction.

Extended Data Fig. 3: Preparation of A$_{2A}$R sample and cryo-EM screening. a, Size exclusion chromatography of purified A2AR-R291A with and without mini-G$_s$βγ+NB35. **b,** SDS-PAGE of the indicated fraction, corresponding to R291A+mini-G$_s$βγ+NB35. **c**, Negative staining of the R291A+ mini-G$_s$βγ+NB35 complex. **d**, Representative cryo-EM micrograph of the complex. **e**, Representative 2D average image of the complex.

a

Extended Data Fig. 4: Cryo-EM data and image processing flow. Schematic flow-chat representing the image processing approach for A$_{2A}$R-R291A. Thumbnail images of each 3D class or refinement are shown along with global GS-FSC resolution in black, particles counts in blue, and dashed black boxes to indicate selected 3D classes. Cryo-EM map (red box) and atomic model are used in main figures to present A$_{2A}$R-R291A features.

Extended Data Fig. 5: Resolution estimation and atomic model quality. a, Fourier shell correlation curve with resolution determined by the 'gold-standard' FSC. **b,** Model-to-map FSC plots calculated by PHENIX between the map and the model. **c,** Cryo-EM map colored by local resolution estimates using RELION with resolution scale bar (Å). **d**, Histogram representation of the Euler angle distribution from the final particles used in the reconstruction.

Extended Data Fig. 6: Representative cryo-EM densities from selected structural features of A$_{2A}$R. a, Densities of all transmembrane helices. **b**, Representative densities of mini-G. **c,** Cryo-EM densities of V229C and R291A. **d,** Representation of surface hydrophobicity.

Extended Data Fig. 7: GaMD simulations for cR291A-mini-G$\alpha_s\beta\gamma$ and cWT*-mini-G$\alpha_s\beta\gamma$.
a-b, Time course of the center-of-mass (COM) distance between the receptor NPxxY motif in TM7 and the Cα5 helix (A$_{2A}$R:NPxxY-Gαs:Cα5 distance) calculated from the GaMD simulations of cR291A-mini-G$\alpha_s\beta\gamma$ (**a**) and cWT*-mini-G$\alpha_s\beta\gamma$ (**b**) complex systems. **c-d**, Representative low-energy conformations of the cR291A-mini-G$\alpha_s\beta\gamma$ (**c**) and (**d**) cWT*-mini-G$\alpha_s\beta\gamma$ complex identified from the GaMD simulations. The receptor NPxxY motif and the last five residues of Gα5 helix were colored in orange.

Extended Data Fig. 8: The behaviors of AHD domain in cS4 and cS5 mediated G protein.
a, The AHD angle is illustrated by comparing the GaMD simulation conformation with the inactive conformation of $G\alpha_s$ (PDB: 6EG8); Vector 1 goes through centers of the $G\alpha_s$ AHD and Ras-like domain of the inactive conformation (6EG8). Vector 2 goes through the centers of the $G\alpha_s$ AHD and Ras-like domain of the GaMD simulation conformations after aligning the Ras-like domain to the inactive conformation of $G\alpha_s$. **b-c**, The time course of the AHD angle calculated from the GaMD simulations for the *apo* cR291A-$G\alpha_s\beta\gamma$ (**b**) and *apo* cWT*-A_{2A}R-$G\alpha_s\beta\gamma$ (**c**) complexes. **d-e**, 2D free energy profiles of the *apo* cR291A-$G\alpha_s\beta\gamma$ (**d**) and *apo* cWT*-$G\alpha_s\beta\gamma$ (**e**) complexes calculated from GaMD simulations regarding the GDP RMSD and the AHD angle.

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