Title: Multiomics analyses decipher intricate changes in the cellular and metabolic landscape of steatotic livers upon dietary restriction and sleeve gastrectomy

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One Sentence Summary: Multiomics analyses demonstrate dynamic cellular crosstalk therapeutic mechanisms in steatotic livers upon dietary restriction and sleeve gastrectomy.

Abstract: Metabolic dysfunction-associated steatotic liver disease (MASLD) is a chronic, progressive liver disease that encompasses a spectrum of steatosis, steatohepatitis (or MASH), and fibrosis. Evidence suggests that dietary restriction (DR) and sleeve gastrectomy (SG) can lead to remission of hepatic steatosis and inflammation through weight loss, but it is unclear whether these procedures induce distinct metabolic or immunological changes in MASLD livers. This study aims to elucidate the intricate hepatic changes following DR, SG or sham surgery in rats fed a high-fat diet as a model of obesity-related MASLD, in comparison to a clinical cohort of patients undergoing SG. Single-cell and single-nuclei transcriptome analysis, spatial

metabolomics, and immunohistochemistry revealed the liver landscape, while circulating biomarkers were measured in serum samples. Artificial intelligence-assisted image analysis characterized the spatial distribution of hepatocytes, myeloid cells and lymphocytes. In patients and experimental MASLD rats, SG improved BMI, circulating liver injury biomarkers and triglyceride levels. Both DR and SG attenuated liver steatosis and fibrosis in rats. Metabolism-related genes (*Ppara*, *Cyp2e1* and *Cyp7a1*) were upregulated in hepatocytes upon DR and SG, while SG broadly upregulated lipid metabolism on cholangiocytes, monocytes, macrophages, and neutrophils. Furthermore, SG promoted myeloid cell accumulation in the liver not only ameliorating inflammation but activating liver repair processes. Regions with potent myeloid infiltration were marked with enhanced metabolic capacities upon SG. Additionally, a disruption of periportal hepatocyte functions was observed upon DR. In conclusion, this study indicates a dynamic cellular crosstalk in steatotic livers undergoing SG. Notably, PPARα- and gut-liver axis-related processes, and metabolically-active myeloid cell infiltration indicate intervention-related mechanisms supporting SG for the treatment of MASLD.

Keywords: MASLD; NAFLD; Weight loss; Bariatric surgery; Liver macrophage; Immunometabolism; Liver zonation; Deep learning; Gut-liver axis

Main Text:

INTRODUCTION

Obesity and overweight represent significant global health challenges, affecting approximately 2 billion people worldwide (1). Obesity-related complications encompass a spectrum of metabolic syndromes, including metabolic dysfunction-associated liver diseases (MASLD), metabolic dysfunction-associated steatohepatitis (MASH) and multi-organ disorders, contributing to elevated mortality rates among affected individuals (2, 3). MASLD encompasses a range of chronic liver pathologies affecting more than a quarter of the global population, characterized predominantly by steatosis and fibrosis, with potential progression to cirrhosis and hepatocellular carcinoma and potent immune cell involvement at all disease stages (4). Despite considerable research efforts, pharmacotherapeutic targets for MASLD remain largely elusive, with only a limited number of candidates demonstrating efficacy. Only recently, resmetirom (a selective thyroid hormone receptor beta agonist) was approved by the Food and Drug Administration (FDA), USA as the first treatment of patients with MASH with moderate to advanced liver fibrosis, along with diet management and exercise (5).

Lifestyle modifications, such as dietary restriction (DR) and exercise, remain the mainstay of recommended therapeutic interventions in overweight and obese individuals with MASLD, with the aim of reducing body weight by at least 10% (6). However, the sustainability of long-term (hypocaloric) dietary management poses several challenges, particularly for individuals with severe obesity (7). Consequently, bariatric surgery (BS) has emerged as a viable option for obese patients, particularly when conventional nutritional and behavioral therapy fails to achieve desired therapeutic outcomes. In a randomized controlled clinical trial, BS-based interventions were superior to lifestyle intervention alone in weight loss as well as in improving histological features of MASLD such as resolution of MASH and improvement of liver fibrosis by at least 1 stage (8). Furthermore, observational studies demonstrated long-term benefits regarding cardiovascular and liver-related morbidity as well as mortality (9).

Among various surgical modalities, sleeve gastrectomy (SG) is the most frequently performed
procedure, supported by robust evidence of long-term efficacy and safety (10). SG restricts
nutritional intake by reducing the stomach volume and capacity, without reconstructing the
gastrointestinal tract (11). Emerging studies have suggested that BS potentially mitigates lipid
accumulation and halts MASLD progression (12-14). Furthermore, Although the primary
consequence of SG is the restriction of food intake, akin to dietary restriction (DR) without
surgery, SG induces favorable alterations in systemic inflammation and gut microbiota
composition (15). Recent advancements in omics technologies allow for sophisticated inquiries
into liver diseases from diverse angles, including gene expression, protein function, metabolism,
and microbiome activity, which paved the way for dissecting hepatic alterations upon weight-
loss management with an unprecedented resolution (16). Our previous research demonstrated
that BS exerts superior protective effects in livers from patients with MASLD compared to DR, a
finding associated with increased macrophage infiltration in BS (13).

Here, we sought to compare the molecular and cellular consequences of DR and SG related to
the ameliorated of liver steatosis, using a rodent obesity-MASLD model. Single-cell (sc)/single-
nuclei (sn) transcriptome analysis was utilized to describe intracellular alterations and
extracellular interactions, while spatial metabolomics with the assistance of artificial intelligence
(AI)-based image analysis was implemented to decipher metabolite production collating immune
cell zonation. We provide novel insights into multiomics alterations in steatotic livers
undergoing DR and SG, which may hopefully facilitate understanding mechanistic consequences
of surgery-based therapies in MASLD.

RESULTS

SG induces weight loss and ameliorates non-invasive biomarkers in human patients with MASLD

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BMI and serological indexes were analyzed retrospectively in 18 patients who underwent SG
(Figure 1A). In comparison to baseline at one day pre-SG, significant declines of BMI,
postprandial blood glucose (PPG), aspartate aminotransferase (AST), alanine aminotransferase
(ALT), gamma-glutamyltransferase (γ-GT), triglycerides (TG), high-density lipoprotein-
cholesterol (HDL-C) and TBIL occurred at 6 months post-SG, while total bile acids (TBA) (p =
0.051) and fibroblast growth factor (FGF)-19 (p = 0.058) tended to increase (Figure 1B-D, Table
S1). This data hence revealed profound changes in varying processes, including inflammatory,
metabolic and gut-derived endocrine signals. Intriguingly, male patients benefitted more from
SG particularly on serological TG and low-density lipoprotein-cholesterol (LDL-C) levels than
female patients (Table S2). Thus, and to further investigate the cellular mechanisms involved in
the liver response to SG and compare with DR, healthy wild-type male rats were used to
recapitulate interventions on an obesity-related MASLD model (Figure 2A, Figure S1). All rats
gained weight after 12 weeks of a high-fat diet (HFD) feeding, whereas Sham + DR and SG had
a reduced weight gain in the 8 weeks following the intervention compared to HFD alone.
Moreover, SG was the most efficient approach to halt weight gain (Figure 2B). Serum analysis
revealed that in comparison to Sham animals on HFD, Sham + DR rats had lower levels of LDL.
SG significantly suppressed levels of TG, LDL and AST, but increased the levels of HDL, TBA
and FGF-19. Additionally, SG drastically suppressed cholesterol levels (p = 0.06) but led to
increased serum FGF-21 (p = 0.06) (Figure 2C). HFD exaggerated hepatic lipid accumulation in

comparison to rats fed a normal diet. Yet, both Sham + DR and SG intervention dramatically
diminished hepatic lipid accumulation compared to the HFD-fed sham group (Figure 2D and E).
Simultaneously, fibrosis was increased after HFD, while it was significantly attenuated by both
DR and SG (Figure 2F and G). Results imply that both DR and SG effectively ameliorated
obesity, liver steatosis and fibrosis, while SG was the most efficient intervention for improving
systemic levels of lipid metabolism and bile acid (BA) production.

Sc/sn-transcriptome analysis evidences an altered hepatic cellular landscape after DR and
SG

Rat liver samples (n=3 each per Sham [on HFD], Sham + DR and SG group) were analyzed
using sc/snRNA-sequencing analysis, with an explicit classification of main hepatic and immune
cell populations [including hepatocytes, cholangiocytes, hepatic stellate cells (HSC), endothelial
cells, macrophages, monocytes, neutrophils, dendritic cells (DC), B cells, T cells and NK cells]
(Figure 3A, Figure S2A and B). Reconstituted cell composition suggested higher numbers of NK
cells, B cells, neutrophils and cholangiocytes leading to a lower proportion of hepatocytes and
hepatic stellate cells upon Sham + DR (vs. Sham). In contrast, SG intervention led to increased
proportions of macrophages and cholangiocytes but fewer monocytes and DCs (Figure 3A).
Metabolism-related marker expression (*Cyp2e1*, *Cyp7a1*, *Ppara*, *Nr1h4*, *Pnpla3* and *Gcg*) in
liver steatosis was detected in hepatocytes and immune cells, and these pathways were
transcriptionally regulated in Sham + DR and SG groups (*vs.* Sham) (Figure 3B). IHC evidenced
that PNPLA3 protein was significantly downregulated in Sham + DR and SG groups (*vs.* Sham),
while PPARα-expressing liver cells increased in the SG group (*vs.* Sham) (Figure 3C and D),
thereby confirming the profound regulation towards beneficial metabolic pathways in
hepatocytes on a protein level after SG.

Furthermore, differentially expressed genes (DEGs) were screened in parenchymal (Figure 4A)
and immune cells (Figure 4B) by comparing Sham + DR and SG to Sham groups.
Transcriptomic influences of diverse cell types in the liver upon Sham + DR and SG were
assessed based on cell proportions and significant DEG numbers. The distance of dots to value
'0' can be considered as magnitude of influences. Data shows that hepatocytes and
cholangiocytes were most influenced by SG, indicating a substantial impact of SG on metabolic
functions of liver parenchymal cells, whereas endothelial cells were most influenced by Sham +
DR (Figure 4C), indicating ameliorated endothelial dysfunction as a consequence of DR. In
accordance with the Kyoto Encyclopedia of Genes and Genomes (KEGG) database, enriched
signaling pathways were identified based on significantly upregulated DEGs. Up- and down-
regulated DEGs at the bulk levels were compared between Sham, Sham + DR and SG groups,
indicating enhanced metabolic processes (SG *vs.* Sham and SG *vs.* Sham + DR) and declined
metabolic processes (Sham + DR *vs.* Sham) (Figure S3B), which were in line with findings on
liver samples from patients from our earlier study (13).

Next, regulated signaling pathways were compared between the groups (Sham + DR *vs.* Sham,
SG *vs.* Sham, and SG *vs.* Sham + DR) for each cell population (Figure 5A). Fatty acid
degradation-related gene expression was increased not only in hepatocytes (Sham + DR *vs.*
Sham, SG *vs.* Sham, SG *vs.* Sham + DR) but also in cholangiocytes and endothelial cells (SG *vs.*
Sham). Furthermore, PPAR signaling pathways, fatty acid degradation and cholesterol
metabolism were more pronounced (not only in hepatocytes) by both Sham + DR and SG
interventions (*vs.* Sham). Interestingly, in comparison to Sham + DR, the PPAR signaling
pathway was promoted in cholangiocytes, endothelial cells and myeloid cell populations

(monocytes, macrophages, DCs and neutrophils). Of note, butanoate metabolism was enhanced
in hepatocytes upon both Sham + DR and SG (Figure 5A). In addition, cellular interactions (total
and ligand-receptor) were elucidated between each gradual pair of cell types among all three
groups using the CellChat algorithm (Figure S4A and B). Key signaling pathways that enriched
according to total cellular interactions were described (Figure S5A). In contrast to Sham, both
Sham + DR and SG elevated ligand reception of neutrophils from immune cells, while SG
elevated ligand release from cholangiocytes to other cells. Of note, in contrast to Sham + DR
groups, SG promoted interaction levels of non-hepatocyte parenchymal cells (cholangiocytes,
HSCs and endothelial cells) as well as immune cells (mainly for macrophages and neutrophils)
(Figure 5B). Further dissecting cholangiocyte-associated cellular interactions, significant
signaling pathways from cholangiocytes to monocytes, macrophages, neutrophils, B
lymphocytes, T lymphocytes and NK cells, as well as from monocytes, macrophages, DCs,
hepatocytes, T lymphocytes and NK cells to cholangiocytes were illustrated (Figure S5B and C).

Taken together, both Sham + DR and SG improve liver lipid metabolism (remarkably PPAR-
associated processes) in steatotic livers. In particular, SG triggers metabolic enhancement
broadly in liver cells, including hepatocytes, cholangiocytes, endothelial cells and myeloid cells.
Additionally, cholangiocytes appear to actively interact with multiple liver cell types upon SG.

SG promotes liver metabolic capacities by accumulating myeloid cell population

To explore the metabolic landscape of the liver, three representative liver samples were freshly
acquired from the Sham, Sham + DR and SG groups and then analyzed using an ambient MSI
metabolomics approach (Figure 6A). The spectrum and distribution of total metabolites (with
positive and negative ions) were illustrated (Figure S6A – E). Histological features of liver
samples together with spatially distributed metabolite abundance were displayed, indicating
strongly reduced production of total metabolites in steatotic livers undergoing DR or SG (Figure
6B). Function enrichment analysis based on the total abundance of differentially upregulated
metabolites illustrated that both Sham + DR and SG enhanced lipid metabolism in steatotic livers
in contrast to Sham groups, potentially attenuating steatotic stress in the liver. It is worth noting
that SG significantly enhanced the capacities of linoleic acid metabolism, fat digestion and
absorption, and cholesterol metabolism compared to Sham + DR (Figure 6C).

Artificial intelligence (AI)-based pathological exploration has evolved as a promising and
precise tool for MASLD investigations (17). Hence in this study, a deep-learning model was
established based on cell annotations (hepatocytes, lymphocytes and myeloid cells) that were
supervised by liver pathology experts (Figure 7A). Accordingly, numbers of hepatocytes,
lymphocytes and myeloid cells were assessed on a total of 18 rat liver samples. Importantly,
hepatocyte proportions (70 – 80%) of total liver cells were not significantly altered by different
interventions (Figure 7B). Lymphocyte proportions were significantly increased in Sham with
HFD (1.5 – 6.1%) *vs.* healthy control (0.05 -2.1%) but declined upon Sham + DR (0.7 – 2.0%)
and SG (0.5 – 2.2%) (*vs.* Sham) (Figure 7B). Simultaneously, SG exacerbated the infiltration of
myeloid cells (*vs.* healthy control, *vs.* Sham + DR) (Figure 7B). In comparison, the numbers of
lymphocytes and myeloid cells were assessed based on the sc/sn RNA-seq dataset. Myeloid cell
proportions tended to increase by SG (Figure S7A and B). Besides, the cell distribution of
lymphocytes and myeloid cells was depicted to correspondingly map the metabolites in diverse
cell regions (Figure 7C). The abundance of total metabolites between regions with high or low
myeloid cell infiltration was compared (high-/low-infiltration region selection displayed in
Figure 7C). SG remarkably increased metabolite abundance in regions with high myeloid cell

infiltration (Figure 7D). In addition, upregulated metabolites in regions rich in myeloid cells
significantly refer to processes of autophagy, together with the metabolism of choline, linoleic
acids, cholesterol and glycerophospholipids (Figure 7E). Given the diverse phenotypic functions
of macrophages in the liver, a list of markers (*Trem2, Spp1, Gpnmb, Mmp9, Mmp13, Plin2,*
Ppara, Pparg, Cd207, Cx3cr1, Clec4f, Nos2, Cd80, Nlrp3, Il1b, Tnfa, Cd163, Mrc1, Il10 and
Tgfb1) was selected from the sc/sn RNA-seq dataset to assess phenotypes of scar-associated
macrophage (SAM), lipid-associated macrophage (LAM), liver capsular macrophage (LCM),
Kupffer cell (KC), pro- and anti-inflammatory macrophages (18-20). Comparing macrophage
clusters (SG vs. Sham), markers of SAM, LCM and KC were upregulated (SG *vs.* Sham),
whereas pro-inflammatory macrophage markers were downregulated (SG *vs.* Sham and Sham +
DR *vs.* Sham) (Figure 7F, Figure S7C). Simultaneously, SG promoted classical phenotypes of
monocytes bur suppressed neutrophil maturation. In contrast, DR tended to promote
conventional DC phenotype and neutrophil maturation (Figure 7F, Figure S7C). Taken together,
SG and DR enhanced lipid metabolism in the liver, while SG promoted myeloid cell
accumulation in the liver, facilitating metabolic improvement and liver repair processes.

SG facilitates liver repair processes in steatotic livers

The strong accumulation of macrophages in SG-treated livers, in conjunction with the weight
development and metabolic improvement, suggested the induction of myeloid cell-driven hepatic
repair processes (21). To further assess the cellular phenotypic alterations in the liver, a list of
markers was explored (for hepatocytes: *Pcna, Ppara, Cyp2e1, Cyp7a1* and *Afp*; for
cholangiocytes: *Pcna, Sox9, Slc4a2, Hnf4a* and *Hnf1b*; for HSCs: *Pdgfrb, Tgfb1, Col1a1, Acta2*
and *Vim*) (Figure 8A). The expression of *Pcna, Ppara, Cyp2e1* and *Cyp7a1* in hepatocytes, the
expression of *Pcna* and *Hnf1b* in cholangiocytes, and the expression of *Pdgfrb* in HSCs were
significantly upregulated by SG (*vs.* Sham). In contrast, the expression of *Pcna* in hepatocytes
and cholangiocytes, together with the expression of *Pdgfrb* were downregulated by Sham + DR
(*vs.* Sham) (Figure 8A). Besides, cell differentiation was assessed and depicted using a cell
trajectory analysis model (Figure 8B). Cell trajectory of hepatocytes implied higher expression
of *Pcna, Cyp2e1* and *Ppara* in Sham + DR and SG groups than the Sham group, while the
expression distinctly varied with the cell trajectory (Figure 8B, Figure S3C). Cholangiocytes
were classified into three groups. Cholangiocytes from Sham and SG groups were more
associated with the expression of *Pcna* and *Slc4a2* but not with the expression of *Sox9* (Figure
8B, Figure S3C). Furthermore, HSCs of Sham + DR groups were shown in relatively inactivated
clusters with low *Pdgfrb* expression (Figure 8B), but not correlated with the expression of Tgfb1
and Col1a1 (Figure S3B). In addition, CK7-expressing cells accumulated more in Sham and SG
groups (*vs.* Ctrl and *vs.* Sham + DR) (Figure 8C and D). Simultaneously, interleukin (IL)-17A-
expressing cells increased in Sham groups (*vs.* Ctrl) but decreased in Sham + DR and SG groups
(*vs.* Sham) (Figure 8C and D). Taken together, SG can facilitate liver repair processes by
enhancing the proliferation of hepatocytes and cholangiocytes, as well as fueling the fibrogenesis
of HSCs.

DR affects zonation characteristics of periportal hepatocytes

Given the remarkable cell trajectory with variable expression of phenotypic markers, differential
characteristic alterations in hepatocyte subtypes were hypothesized. Hence, hepatocytes were
further dissected into subpopulations based on sc/sn RNA-seq dataset (Figure 9A). Metabolism-
related function enrichment analysis revealed two distinct groups: metabolism one group (Met1,
including cluster 6, 7 and 10) enriched metabolism processes of glycolysis, lipids and drugs,

while metabolism two groups (Met2, including clusters 1, 2, 3, 4, 5, 8 and 9) enriched fatty acid
biosynthesis (Figure 9B). Interestingly, illustrations of the gene expression (pericentral
hepatocyte markers: *Ctnnb1*, *Cnne1*, *Lrp5*, *Lrp6*, *Myc* and *Glul*; periportal hepatocyte markers:
Cyp2f2 and *Alb*) further identified that the Met1 group harbors more periportal hepatocytes,
while the Met2 group harbors more pericentral hepatocytes (Figure 9C and D). Furthermore, cell
trajectory analysis indicated the explicit differentiation status of these two metabolism groups,
which supports the zonal classification (Figure 9E). In comparison to periportal (Met1)
hepatocytes, pericentral (Met2) hepatocytes illustrated higher numbers and strength of
interactions with immune cells, while myeloid cells, T lymphocytes and NK cells exerted
particularly high involvement in cellular interactions (Figure S8A and B). Particularly, periportal
hepatocytes accounted for 15 - 20% of total hepatocytes in both Sham and SG groups but were
almost absent (0.4%) in the Sham + DR group (Figure 9F). Strikingly, proliferative cells (Ki67$^+$)
were more present in the liver tissues of Sham and SG groups in comparison to Ctrl groups.
Significantly, SG enhanced cell proliferation among all groups (Figure 9G). In addition,
metabolism markers (CYP2E1 and CYP7A1) and cell proliferation (Ki67) were investigated in
situ. CYP2E1 and CYP7A1 were determined to be more enriched surrounding central veins in
Ctrl, Sham and SG groups, but to be homogeneously distributed in Sham + DR groups (Figure
9G and H). In addition, the spatial metabolite distribution of fatty acids, BAs and sphingolipids
appeared to be enriched around periportal areas in Sham and SG groups but rather widely spread
in Sham + DR groups (Figure 9I). Taken together, DR reshapes hepatocyte zonation features
potentially by depriving periportal hepatocyte characteristics, which may compromise the
capacities of metabolism and regeneration in steatotic livers in comparison to SG.

DISCUSSION

In this study, we employed multiomics methods to elucidate significant attenuation of obesity-
related parameters and liver steatosis following SG and DR in both patient cohorts and rat
models. Specifically, sc/sn RNA-seq data unveiled an augmentation of lipid metabolism in both
hepatocytes and immune cells, with a notable emphasis on myeloid cells following SG.
Furthermore, spatial metabolomics analysis revealed the strengthened metabolic capacities of
liver cells induced by SG and DR. Notably, SG elicited elevated lipid metabolic capacities in
regions exhibiting heightened myeloid cell infiltration, underscoring the intricate interplay
between metabolic and immune responses in the liver microenvironment. PPAR-α emerged as a
prominent factor mediating the observed metabolic enhancements induced by both SG and DR.
Additionally, the increased serological levels of bile acids and gut-derived FGF-19, together with
hepatic butanoate metabolism underscored the pivotal roles of the gut-liver axis in modulating
liver metabolism post-SG.

To date, only a few studies employing the bulk-RNA transcriptome analysis of patients' liver
samples post-BS to identify transcriptome alterations of inflammation and lipid metabolism,
suggesting potential therapeutic mechanisms of MASLD (22). Essentially, PPARα was
elucidated as a key nuclear receptor that regulates weight-loss-induced MASLD amelioration
(23, 24). The PPAR agonism has been regarded as a promising approach to improving MASLD
(25, 26). Robust preclinical data have determined the potential of targeting PPARα to improve
lipid metabolism, inflammation, and fibrosis in MASLD (27, 28). Our previous study has proved
that the elevating PPAR levels by lanifibranor (a pan-PPAR agonist) significantly improves liver
steatosis and fibrosis in in-vivo mouse and in-vitro liver-on-a-chip models of MASLD (29).

However, numerous PPAR dual/pan agonists have failed to reach the endpoint, because of diverse side-effect events (e.g., liver injury, worsened fibrosis, increasing liver fat volumes) (30).

Noteworthy, immunometabolism enhancement, especially on myeloid cell populations, was revealed in post-SG steatotic livers. Myeloid cells, especially macrophages, play a pivotal role in pathological and therapeutic mechanisms of metabolic liver diseases (26, 31, 32). The involvement of liver macrophages can mediate hepatic lipid metabolism during steatotic stress (33, 34), while lipid metabolism is closely associated with phenotypic alterations in macrophages (35, 36). Thus, the liver macrophage remains a novel target for MASLD therapies (37-39). In addition, SG effectively enhanced the PPARα level and metabolic pathways broadly on hepatic parenchymal and immune cells, superior to DR. It has been demonstrated that PPARα activation in the liver can ameliorate the accumulation of circulating monocytes upon DR intervention (40). Intriguingly, in rat MASLD models, SG can strengthen the macrophage pool despite a broad PPARα activation in the liver. Further characterization of the macrophage population indicates that SG endows the anti-inflammatory and repair-associated potential of macrophages rather than promotes inflammation in the liver.

Given the essential roles of gut-derived signals in the liver, the current understanding of MASLD pathogenesis lacks insights into gut-liver crosstalk, encompassing hepatic cell metabolism, inflammation, fibrogenesis, and complex cellular interactions, which likely play pivotal roles in MASLD progression (21, 26, 41). Increasing evidence indicates critical roles that BS may play in regulating the gut-liver axis, including GM, and BA metabolism (42). As suggested by recent studies, post-BS changes in the GM and BA circulation, as well as a decrease in the portal influx of free fatty acids, are beneficial to steatotic livers (43, 44). BAs regulate the composition of microbial communities and the outcome of surgical obesity in terms of body weight (45). As characterized, BAs revive insulin sensitivity and reduce gluconeogenesis, enhancing glucose metabolism (46). Furthermore, BS can drastically repopulate GM and reverse the primary/secondary BA ratio in the intraluminal ileal, inducing improvement in metabolic syndrome in patients with MASLD (47). Similarly, our study determined improved capacities of BA secretion and butanoate metabolism, as well as elevated FGF19 levels in serum upon the SG, suggesting that SG influences liver metabolism by regulating the gut-liver axis. On the other hand, the butanoate production by GM was reported to be associated with bile acids and mediating liver metabolism (48). Notably, butanoate production can be enhanced after bariatric surgery (49).

To note, our single-cell and spatial analysis characterized hepatocyte zonation features by a list of common zonation markers and metabolic activity profiling, indicating potential regulatory roles during DR and SG interventions. The hepatocyte functional zonation has been characterized by differences in metabolism, xenobiotic processing and repair capacities (50). Emerging studies demonstrated that absent metabolic function in the periportal zone provokes cholestasis and ductular reaction (51). On the other hand, compromised hepatic periportal characteristics may be attributed to the dysregulated WNT signaling and cell regeneration, which fuels the potential hepatic carcinogenesis (51, 52). In this study, hepatic periportal characteristics were dramatically subsided by DR, whereas preserved by SG. Since DR is rarely associated with adverse events in the liver, we hypothesize that periportal hepatocytes might temporarily acquire 'pericentral' features to support hepatic metabolism. In contrast, enhanced immunometabolism levels may interpret the preservation of zonal features upon the SG intervention. However, the mechanisms remain unclear yet.

Essentially, the limitations inherent in the current study should be acknowledged. Firstly, the sample size utilized for spatial metabolomics analysis was relatively modest, potentially constraining the generalizability of the findings. Secondly, the absence of a mapped spatially resolved transcriptomic analysis may have hindered the characterization of additional cell populations necessary for metabolite detection at a single-cell level. Additionally, the exclusion of patients with MASLD and obesity who solely underwent DR for disease modification constitutes a limitation. This exclusion stemmed from challenges associated with dietary normalization to SG and inherent biases in dietary quantification. Furthermore, it remains challenging to distinguish the precise causes of liver steatosis improvement between weight-loss and surgical interference.

MATERIALS AND METHODS

Human cohort

The clinical retrospective study was conducted on 18 patients who received SG in Changzhou Second People's Hospital (from January 2023 to July 2023). This cohort comprised n=8 male (44.4%) and n=10 female (55.6%) individuals at a median age of 34 years (range: 29 - 40). We included patients that fulfilled the following criteria: 1) BMI > 32.5 kg/m2; 2) Age: 16 – 65; 3) clinically diagnosed with MASLD (based on cardiometabolic risk factors and presence of steatosis on liver imaging; 4) diagnosed with type 2 diabetes or sleep apnea syndrome; 5) without a history of other hepatic or genetic illness; 6) received sleeve gastrectomy, without postoperative complications. Clinical indexes (e.g., BMI, serological indexes) were evaluated on the day before SG and 6 months post-surgery. This clinical retrospective study was approved by the ethics committee of the Affiliated Changzhou No. 2 People's Hospital of Nanjing Medical University (ID: [2023]KY124-01).

Animal models and surgical interventions

Male wild-type SPRAGUE DAWLEY® rats aged 8 weeks were obtained from Laboratory Animal Co., Ltd. (Changzhou, China). Rats were bred under specific-pathogen-free conditions and fed an HFD (D12492, Research Diets, Inc., USA) for 12 weeks. Five rats received sham surgery followed by uncontrolled HFD, 9 rats received sleeve gastrectomy followed by uncontrolled HFD, and 8 rats received sham surgery followed by restricted HFD feeding (comparable to dietary intake of post-SG rats) for 8 weeks. Procedures of sleeve gastrectomy were illustrated in supplementary data (Supplementary Methods and Figure S1) and were based on our previous research (53). Five healthy control rats were set with normal diet feeding but without any specific interventions. All these procedures were performed and supported by Kerbio Co., Ltd., Changzhou, China. Animal experiments were approved by the Institutional Animal Care and Use Committee (ID: IACUC23-0068).

Serological tests

Patients' blood samples were acquired from the median cubital vein. Rat blood samples were harvested through rat hearts immediately after rats were sacrificed. Serum was harvested using centrifugation (450×g, 10 min), and stored at -80℃. Circulating markers including AST, ALT, PPG, γ-GT, TG, cholesterol (CHO), HDL-C, LDL-C, alkaline phosphatase (ALP) and TBA were measured using Indiko analyzer (ThermoFisher, USA). Cytokines including IL-6, IL-10, FGF-19, FGF-21 and transferrin (TRF) were measured using ELISA kits and a microplate reader

399 (Rayto, China). All measurements were conducted following the manufacturer's instructions.
400 Antibodies that were used in this study are listed in Table S2.

Immunohistochemistry and tissue staining

Liver tissues were harvested immediately after rats were sacrificed. Tissues were fixed in 10%-
formalin for 24 hours, followed by paraffin embedding. Sections of 5 μm thickness were
obtained using a HistoCore BIOCUT microtome (Leica, Germany). Hematoxylin and eosin
(H&E) staining were performed using standard procedures. Extracellular collagen area was
indicated using the Picro Sirius Red Stain Kit (Abcam, UK). Immunohistochemistry (IHC) was
employed using the kits purchased from Beyotime Biotechnology, China. Antigen retrieval was
conducted using a heat-induced epitope retrieval method within a citrate buffer. Primary
antibodies against the target proteins were applied, followed by appropriate secondary
antibodies. Diaminobenzidine (DAB) was used for chromogenic detection, and counterstaining
was performed with hematoxylin. Slides were examined under a microscope to evaluate protein
localization and expression levels. In situ staining was observed under a light microscope
(Olympus, Japan). Antibodies used in this study are listed in Table S2. For the quantitation of
cell nucleus and protein levels, FIJI software was utilized (54). In particular, relative staining
densities of proteins per μm^2 were assessed and compared between peri-central and -portal
regions in each tissue slide.

Single-cell and single-nuclei sequencing and analysis

Single cells and cell nuclei were isolated and extracted from freshly collected rat liver samples
using the dissection kit purchased from OE Biotech Co., Ltd., Shanghai, China. The libraries
were acquired following the manufacturer's protocol and then sequenced using the MobiNova
platform (Shanghai, China). The integration of sc/sn-RNA sequencing data was operated
following the common protocol with eliminating batch effects (55). Cell Ranger was used to
filter the data, while the downstream analyses were conducted using Seurat (V5.0.1) (56),
CellChat (1.6.0) (57), and Monocle2 (58) software packages for R. Function enrichment was
performed based on KEGG databases. All the technical procedures including sampling, quality
control, library build-up and sequencing analysis were supported by the genome platform of OE
Biotech Co., Ltd., Shanghai, China.

Spatial metabolomics analysis

Liver samples were freshly acquired from rats and then frozen at -80°C immediately after
optimal cutting temperature (OCT) embedding. Embedded tissue samples were sliced into 5 μm
using a cryo-microtome CM 1950 (Leica, Germany). In-situ profiles of total metabolites were
detected with positive and negative ion binding approaches using the mass spectrometry imaging
(MSI) metabolomics method (59). Tissue regions were annotated after H&E staining. Metabolite
enrichment was assessed based on the KEGG database. All the technical procedures including
sample preparation, quality control, detection and analysis were supported by the metabolomics
platform of Luming Biotechnology Co., Ltd. Shanghai, China.

AI-guided imaging analysis

438 The AI-guided imaging analysis performed herein is based on a previously published approach
439 (60-62). H&E-stained rat liver sections were scanned using a light microscope (Olympus, Japan).
440 Processing of the whole slide images (WSIs) was operated using QuPath 0.4.4 following a pre-
441 defined protocol (63). Sparse annotations, comprising approximately 15 cells for each of the cell

populations, were manually labeled across three WSIs representing different conditions (Sham, Sham + DR and SG). A simple artificial neural network classifier with two hidden layers, consisting of 20 and 10 neurons, respectively, was trained to distinguish between the three classes versus the rest. Example regions without these classes were used as negative examples during training. Subsequently, cell classification and measurements were exported, and for each cell population, 2D hexagonal binning plots of the number of cells were generated in Python (using the matplotlib function 'hexbin') (64). The model was trained for representative cells (at least 15 cells / sample' of hepatocytes, lymphocyte-like cells and myeloid-like cells) based on three liver tissue slides, which were defined with the assistance of pathological expertise. The trained model was applied to the sample cohort of rat liver sections (including 5 Ctrl, 5 Sham, 8 Sham + DR and 8 SG samples). Detailed methodology is described in the Supplementary methods.

Statistical analysis

The GraphPad Prism 9.0 software (GraphPad Software, USA) and the ggplot2 package (version: 3.4.4) for R were used to generate plots (65). The statistical tests used in this study are indicated in the figure legend for each panel. Data are presented as the mean ± S.D. 'p < 0.05' was considered a significant difference.

List of Supplementary Materials

Supplementary methods and figures

Table S1. Clinical follow-up data

Table S2. List of antibodies used in this study.

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Acknowledgments: The authors thank Shanghai OE Biotech CO., Ltd. and Shanghai Luming Biological Technology Co., Ltd. for the access to the MobiNova single-cell system and AFADESI-MSI platforms. Xiurong Cai and Hanyang Liu were funded by China Scholarship Council Foundation.

Funding:

National Nature Science Foundation of China (82300730)

731   Changzhou Health Commission of China (CZQM2022007 and QN202121)

732   Changzhou Science and Technology Bureau of China (CJ20220142)

733   Changzhou Medical Center of Nanjing Medical University (CZKYCMCB202221)

734   German Research Foundation (DFG Ta434/8-1, SFB/TRR 296 and CRC1382, Project-
735   ID 403224013).

Author contributions:
         Conceptualization: HL, SC
         Methodology: SC, QZ, XC, JX, PS, CK
         Investigation: SC, QZ, XC, JX, PS, CK, LT
         Visualization: SFB, MJM, JLS, EH
         Funding acquisition: HL, FT, AG
         Project administration: HL, FT, AG
         Supervision: HL, AG
         Writing – original draft: HL, SC, QZ
         Writing – review & editing: HL, FT, AG

Competing interests: FT's lab has received research funding from Gilead, AstraZeneca and MSD (funding to the institution). FT has received honoraria for consulting or lectures from AstraZeneca, Gilead, AbbVie, BMS, Boehringer, Madrigal, Intercept, Falk, Inventiva, MSD, GSK, Orphalan, Merz, Pfizer, Alnylam, CSL Behring, Novo Nordisk, Sanofi and Novartis.

Data and materials availability: Raw and processed data of sc/sn-RNA sequencing analysis can be obtained from the GEO database (https://www.ncbi.nlm.nih.gov/geo/) with the reference number GSE254841. Raw data of spatial metabolomics can be obtained from the OMIX, China National Center for Bioinformation (https://ngdc.cncb.ac.cn/omix/) with the reference number OMIX005793. Technical materials for the deep-learning-based image analysis model may be provided by the corresponding authors upon reasonable requests.

Figures

Figure 1. Sleeve gastrectomy induces weight loss and MASLD amelioration in patients. (A)
Description of the patient cohort receiving SG. Comparisons of (B) BMI and (C) PPG,
together with (D) ALT, AST, TG, γ-GT, ALP, CHO, HDL-C, LDL-C, TBA, TBIL, TRF,
FGF-19, FGF-21, IL-6 and IL-10 in patients between one day pre-SG and 6 months post-
SG. Abbreviations: SG: sleeve gastrectomy; BMI: body mass index; PPG: postprandial
blood glucose; AST: aspartate aminotransferase; ALT: alanine aminotransferase; γ-GT:
gamma-glutamyltransferase; TG, triglycerides; CHO, cholesterol; HDL-C, high-density

779   lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; TBIL, total bilirubin;
780   ALP, alkaline phosphatase; TBA, total bile acid. TRF: transferrin; IL: interleukin; FGF,
781   fibroblast growth factor. The paired t-test was performed. '*' represents '$p < 0.05$' and
782   statistical significance.

Figure 2. Sleeve gastrectomy and dietary restriction induce weight loss and MASLD amelioration in rat models. (A) The technical scheme of the rat MASLD model and surgical interventions. (B) Body weight was recorded for 20 weeks of modeling. (C)

Serological indexes (glucose, triglycerides, cholesterol, HDL-C, LDL-C, TBA, ALT, AST, ALP, IL-6, IL-10, FGF-19 and FGF-21) were measured. (D) H&E-stained rat liver tissue and (E) quantification of steatosis (area of hepatocyte lipid vesicles) from Ctrl, Sham, Sham + DR and SG groups. (F) Sirius red-stained rat liver tissue and (G) quantification of fibrosis from Ctrl, Sham, Sham + DR and SG groups. Abbreviations: Sham/S: sham surgery; DR: dietary restriction; SG: sleeve gastrectomy; Ctrl: control fed a normal diet; HDL-C: density lipoprotein-cholesterol, LDL-C: low-density lipoprotein-cholesterol; TG: triglycerides; TBA: total bile acids, ALT: alanine transaminase; AST: aspartate aminotransferase; ALP: alkaline phosphatase; IL: interleukin; FGF: fibroblast growth factor. The one-way ANOVA test was performed. '*' represents '$p < 0.05$' and statistical significance.

Figure 3. Sleeve gastrectomy improves hepatic metabolism according to sc/sn-transcriptome analysis and in-situ exploration. (A) UMAPs describe the distribution of B cells, cholangiocytes, DCs, endothelial cells, hepatic stellate cells, hepatocytes, macrophages, monocytes, neutrophils, T cells and NK cells. Histograms describing cell proportions. (B) Gene expressions of Cyp2e1, Cyp7a1, Ppara, Nr1h4, Pnpla3 and Gcg were illustrated on rat liver cells upon Sham, Sham + DR and SG. Protein levels of PNPLA3, PPARα and FXR were illustrated (C) and quantified (D) on rat liver tissue of Ctrl, Sham, Sham + DR and SG groups. Abbreviations: Ctrl: control fed a normal diet; Sham: sham surgery; DR: dietary restriction; SG: sleeve gastrectomy; PPAR: peroxisome proliferator-activated receptor; PNPLA: patatin-like phospholipase domain-containing protein; FXR: farnesoid X receptor; CK: cytokeratin; IL: interleukin; DC: dendritic cells; NK: natural killer cells; B: B lymphocytes; T: T lymphocytes; Neu: neutrophils; Mac: macrophages; Mono: monocytes: Endo: endothelial cells; HSC: hepatic stellate cells; Chol: cholangiocytes; HepaC: hepatocytes.

Figure 4. Sc/sn-transcriptome analysis illustrates differentially expressed genes in diverse liver cells. (A & B) Differentially expressed genes of hepatocytes, cholangiocytes, endothelial cells, hepatic stellate cells, B, T, NK, DCs, macrophages, monocytes and neutrophils (Sham + DR vs. Sham and SG vs. Sham) were illustrated in volcano plots. (C) Transcriptomic influences of hepatocytes, cholangiocytes, endothelial cells, hepatic stellate cells, B, T, NK, DCs, macrophages, monocytes and neutrophils in the liver were assessed with DEG numbers and cell proportion of total cells Abbreviations: Sham: sham surgery; DR: dietary restriction; SG: sleeve gastrectomy; DC: dendritic cells; NK: natural killers; B: B lymphocytes; T: T lymphocytes; Neu: neutrophils; Mac: macrophages; Mono: monocytes: Endo: endothelial cells; HSC: hepatic stellate cells; Chol: cholangiocytes; HepaC: hepatocytes; DEG: differentially expressed gene. The one-way ANOVA test was performed. 'Adjust $p < 0.05$' represents statistical significance.

A KEGG function enrichment (upregulated)

B Differential cellular interactions

Figure 5. Sc/sn-transcriptome analysis illustrates up-regulated enriched pathways and cellular interactions in diverse liver cells. Significantly up-regulated (A) KEGG signaling pathways and (B) cellular interactions (numbers and strength) in hepatocytes, cholangiocytes, endothelial cells, hepatic stellate cells, B, T, NK, DCs, macrophages, monocytes and neutrophils were illustrated (Sham + DR vs. Sham and SG vs. Sham). Abbreviations: Sham: sham surgery; DR: dietary restriction; SG: sleeve gastrectomy; HepaC: hepatocytes; Chol: cholangiocytes; HSC: hepatic stellate cells; Endo: endothelial cells; Mono: monocytes; Mac: macrophages; DC: dendritic cells; Neu: neutrophils; NK: natural killer cells; B: B lymphocytes; T: T lymphocytes; KEGG: Kyoto encyclopedia of genes and genomes. The one-way ANOVA test was performed.

Figure 6. Sleeve gastrectomy and dietary restriction enhance metabolic capacities in steatotic livers. (A) Technical scheme of the ambient mass spectrometry imaging metabolomics method. (B) H&E-stained rat liver sample section was mapped with the abundance of total metabolites in Sham, Sham + DR and SG groups. (C) Function enrichment of upregulated differentially generated metabolites (Sham + DR vs. Sham, SG vs. Sham and SG vs. Sham + DR) was analyzed based on the KEGG database. Abbreviations: Sham: sham surgery; DR: dietary restriction; SG: sleeve gastrectomy; KEGG: Kyoto encyclopedia of genes and genomes.

Figure 7. Sleeve gastrectomy facilitates lipid metabolism and phenotypic alterations in myeloid cells. (A) The technical scheme of the deep-learning-based image analysis. The deep-learning approach assessed (B) proportions of hepatocytes, lymphocytes and myeloid cells in total liver cells per tissue section and (G) spatial distribution in representative liver samples. Regions with higher (red circles) and lower (green circles) myeloid cell densities were selected (D) Differentially generated metabolites were illustrated (higher myeloid cell infiltrated regions vs. lower myeloid cell infiltrated regions) in Sham, Sham + DR and SG groups. (E) Function enrichment of upregulated differentially generated metabolites (higher myeloid cell infiltrated regions vs. lower myeloid cell infiltrated regions) in the liver sample of SG group was analyzed based on the KEGG database. (F) The expression of phenotype-associated markers in myeloid cell clusters were illustrated based on sc/sn RNA-seq data (SG vs. Sham). Abbreviations: C: control; Sham/S: sham surgery; DR: dietary restriction; SG: sleeve gastrectomy; KEGG: Kyoto encyclopedia of genes and genomes. sc/sn: single-cell/single-nuclei; Mono: monocytes; Mac: macrophages; DC: dendritic cells; Neu: neutrophils; SAM: scar-associated macrophage; LAM: lipid-associated macrophage; LCM: liver capsular macrophage; KC: Kupffer cell; cDC: conventional DC. The unpaired t-test and one-way ANOVA test were performed. '*' represents 'p < 0.05' and statistical significance.

Figure 8. Dietary restriction and sleeve gastrectomy alter the cellular differentiation of hepatocytes, cholangiocytes and hepatic stellate cells. (A) Cellular characteristic markers of HepaC (Pcna, Ppara, Cyp2e1, Cyp7a1 and Afp), Chol (Pcna, Sox9, Slc4a2, Hnf4a and Hnf1b) and HSC (Pdgfrb, Tgfb1, Col1a1, Acta2 and Vim) were displayed. (B) Cell trajectories of HepaC, Chol and HSC together with Cyp2e1 expression in HepaC, Pcna expression in Chol, and Pdgfrb expression in HSC. CK7- and IL-17A- expressing cells were (C) illustrated in situ and (D) quantified from total rat liver cells. Abbreviations: C: control; Sham/S: sham surgery; DR: dietary restriction; SG: sleeve gastrectomy; HepaC: hepatocyte; Chol: cholangiocyte; HSC: hepatic stellate cell; KEGG: Kyoto encyclopedia of genes and genomes. The one-way ANOVA test was performed. '*' represents 'p < 0.05' and statistical significance.

A HepaC clusters

Cluster 1-10

Sham + DR
SG
Sham

B Metabolism enrichment

Enrichment score

Other glycan degradation
Steroid biosynthesis
Ether lipid metabolism
Sphingolipid metabolism
Pantothenate and CoA biosynthesis
Fatty acid biosynthesis
Glycerophospholipid metabolism
Glycerolipid metabolism
Pentose and glucuronate interconversions
Biosynthesis of unsaturated fatty acids
Primary bile acid biosynthesis
Galactose metabolism
Fatty acid degradation
Fatty acid elongation
Metabolism of xenobiotics by cytochrome P450
Drug metabolism - cytochrome P450
Drug metabolism - other enzymes
Pyruvate metabolism
Fructose and mannose metabolism
Oxidative phosphorylation
Citrate cycle (TCA cycle)
Glycolysis / Gluconeogenesis

10 6 7 3 4 2 5 9 1 8
Hepatocyte clusters

C Zonation markers

Normalized expression

Ctnnb1   *Cnne1*
Lrp5   *Lrp6*
Myc   *Glul*
Cyp2f2   *Alb*

D HepaC clusters

Met1
Met2

E Cell trajectory (HepaC)

Pericentral   Periportal

Met1
Met2

F Cell proportion (HepaC)

Sham
16.3%
83.7%

Sham + DR   SG
0.4%   18.0%
99.6%   82.0%

Met1
Met2

G

Ctrl   Sham   Sham + DR   SG

Ki67

CYP2E1

CYP7A1

100 μm

Periportal / Pericentral

H Relative difference (peri-central *vs.* -portal)

CYP2E1

CYP7A1

C   S   DR   SG

I

Periportal / Pericentral   Distribution of metabolism abundance

Fatty acids   Bile acids   Sphingolipids

Sham

Sham + DR

SG

200 μm

Figure 9. Dietary restriction compromises zonation characteristics of periportal hepatocytes. (A) Subclusters of rat hepatocytes from Sham, Sham + DR and SG illustrated in UMAPs. (B) Metabolism enrichment on each hepatocyte subcluster is displayed in a matrix. (C) Gene expression of Ctnnb1, Cnne1, Lrp5, Lrp6, Myc, Glul, Cyp2f2 and Cyp7a1 illustrated in rat hepatocytes. (D) Metabolism group-1 and -2 in rat hepatocytes. (E) Metabolism group-1 and -2 in the cell trajectory of rat hepatocytes. (F) Proportions of metabolism group-1 and -2 in rat hepatocytes of Sham, Sham + DR and SG groups. (G) Protein levels of Ki67, CYP2E1 and CYP7E1 illustrated in rat liver tissue (each view contains one or more portal and central areas) of Sham, Sham + DR and SG groups. (H) Relative differences of CYP2E1 and CYP7E1 levels between peri-central and -portal regions in each rat liver tissue of Sham, Sham + DR and SG groups. (I) Spatial distribution of fatty acid, bile acid and sphingolipid metabolites. In H&E- and IHC-characterized rat liver sample sections, periportal regions were outlined in red circles and pericentral regions were outlined in blue circles. Abbreviations: Sham: sham surgery; DR: dietary restriction; SG: sleeve gastrectomy; HepaC: hepatocyte; Met: metabolism; CYP: cytochrome. H&E: hematoxylin and eosin. '*' represents 'p < 0.05' and statistical significance.