Single-cell imaging of the lytic phage life cycle in bacteria

Charlie Wedd[1], Temur Yunusov[2], Aaron Smith[2], Ruizhe Li[1], Georgeos Hardo[1], Michael Hunter[2], Racha Majed[2], Diana Fusco[2]*, Somenath Bakshi[1]*

[1]Department of Engineering, University of Cambridge, Trumpington Street, Cambridge, CB2 1PZ, UK.

[2]Department of Physics, University of Cambridge, JJ Thomson Avenue, Cambridge, CB3 0HE, UK.

*Corresponding author(s). E-mail(s): df390@cam.ac.uk; somenath.bakshi@eng.cam.ac.uk

Abstract

When a lytic bacteriophage infects a bacterial cell, it commandeers the cell's resources to replicate, ultimately causing cell lysis and the release of new virions. As phages function as obligate parasites, each stage of the infection process depends on the physiological parameters of the host cell. Given the inherent variability of bacterial physiology, we ask how the phage infection dynamic reflects such heterogeneity.

Here, we introduce a pioneering imaging assay for investigating the kinetics of individual infection steps by a single lytic phage on a single bacterium. The high-throughput, time-resolved nature of the assay allows us to monitor the infection progression simultaneously in multiple cells, revealing substantial heterogeneity in each step and correlations between the dynamics of infection steps and physiological properties of the infected cell. Simulations of competing phage populations with distinct lysis time distributions indicate that this heterogeneity can have considerable impact on phage fitness, recognizing variability in infection kinetics as a potential evolutionary driver of phage-bacteria interactions.

Key words:

Lytic phage, Single-cell, Microfluidics, High-throughput microscopy, Phage genome injection, Phage infection, Host takeover, Cell lysis, Phage evolution

Introduction

Bacteriophages, viruses that infect bacteria, play pivotal roles in shaping bacterial communities in nature and hold significant promise in medicine and biotechnology as biocontrol agents[1,2]. Among them, lytic bacteriophages stand out for their potential in combating antibiotic-resistant infections[2]. As these viruses rely on the host molecular machinery and precursors to proliferate, the infection-to-lysis process intricately depends on

the physiological characteristics of the target cell: for instance, factors such as
lipopolysaccharide (LPS) composition and receptor density influence the adsorption rate[3]; the
resources and machinery of the host cell affect the rate of virion replication[4,5] and the
production of lytic agents necessary for cell lysis. Recent single-cell studies have unveiled
significant physiological variability among genetically identical bacterial cells, raising questions
about how this diversity impacts the kinetics of phage infection and how the variability in
infection kinetics, in turn, influences the overall effectiveness of phages in eliminating their
target bacteria at a population level[6].
47
The vast majority of current methods used to study the kinetics of phage infections steps in
bacteria rely on bulk culture approaches and omics analysis[7–9], which lack the necessary
single-cell resolution to analyse cell-to-cell heterogeneity, or on cryo-EM imaging for high-
resolution investigation of structural aspects, which lacks time-resolved information to monitor
the progress of individual infection steps and their interrelations[10,11]. Recent single-cell studies
have revealed unprecedented insights into the mechanisms underlying phage infection[12].
However, in order to quantify and understand how the physiological diversity of host cells
influences the infection dynamics of phages, a method is needed that can: (i) precisely track
each stage of infection initiated by a single phage targeting a solitary living bacterium in a
time-resolved fashion, (ii) maintain a spatiotemporally homogeneous environment to isolate
the impact of intrinsic variations in host cell physiology on infection parameters, and (iii) be
sufficiently high throughput for quantifying the detailed distribution across these target
bacterial cells.
61
Here, we present an innovative approach tailored to address these challenges. Our method
harnesses a microfluidic platform engineered to maintain isolated populations of target cells
under uniform growth conditions, to enable the tracking of infection dynamics as individual
cells become infected and lysed by individual phages. Using high-speed scanning time-
resolved microscopy[13], and a combination of fluorescent markers on the model system of
phage T7, we are able to follow individual infection events from phage adsorption to cell lysis
on individual cells of *Escherichia coli*. Altogether, the method provides the first quantification
of the timing and variability in the kinetics of lytic phage infections. Moreover, employing this
method allows us to correlate the observed fluctuations in infection parameters with the
physiological parameters of the host, thereby elucidating the source of such variations.
72
Analysis of these comprehensive datasets has yielded unprecedented insights into the
temporal dynamics and variability of each infection stage, revealing their detailed distributions,
interrelationships, and broader implications in terms of selective pressure on phage
populations. Results from our simulations show that the details of the distribution of these
kinetic parameters are crucial in determining the competitive fitness of a lytic phage,
suggesting that variability in the phage life history parameters could constitute an evolutionary
trait that is currently under-explored. Looking forward, we anticipate that our method will offer
the opportunity to quantify the distribution of infection parameters, revealing an understanding
of phage-bacteria interactions and their evolution previously unattainable.
82

Results

Single cell imaging of the T7 phage infection cycle

To identify and monitor the timing of the different steps in the T7 life cycle using fluorescence microscopy, we introduced two fluorescent labels in the phage (Fig. 1a). First, we modified the wild-type T7 genome to include a fluorescent reporter of capsid gene expression (gp10A-B, Methods, Supplementary note 1). The capsid genes are among the most highly expressed T7 genes[14], making them an excellent target to obtain a strong fluorescent signal for phage transcription. mVenus NB, a yellow fluorescent protein (YFP) with a very fast maturation time (4 min)[15], was selected as suitable fluorescent reporter given the short phage life cycle (15-20 min)[16]. This modified T7 phage (referred to as T7*) was then stained with a DNA binding dye, SYTOX Orange (Fig. 1a, Methods, Supplementary note 2), to visualise phage adsorption to the host cell (t_0) and subsequent genome injection. SYTOX Orange is spectrally compatible with the YFP reporter, has been previously used for labelling lambda phage genome[17] and does not affect cell growth[18].

Individual phage infection cycles in single bacterial cells (*E. coli* MG1655 7740 ΔmotA) were monitored using a modified version of the 'mother machine' microfluidic device[19]. In this device, cells are cultivated in linear colonies within narrow (1.4 μm wide) trenches, receiving nutrients diffusively from the media flowing through the orthogonal flow channel (Fig. 1b). In contrast to the regular mother machine design[20], the narrow trenches are flanked by shallow side trenches that facilitate the diffusion of both nutrients and phage along the length of the trench[19]. We found that the presence of side trenches is essential for phages to infect cells deeper in the trench, so that infection events can be monitored over time all the way to lysis before the corresponding infected cell is pushed out of the trench by the replicating cells above (Supplementary note 3). As individual lineages are isolated in their own trenches and the media continuously flows throughout the experiment, the device maintains cells in a spatiotemporally uniform environment. This uniformity is key to minimise potential sources of heterogeneity arising from a variable environment and truly quantify the stochasticity of individual steps in the infection process across a bacterial population experiencing identical external conditions Additionally, as we operate at very low multiplicity of infection, we can ensure that the first lysis events in each trench are truly originating from the infection of one bacterium by one single phage, as evidenced by the rare occurrences of such events (Supplementary movie 1).

The cells are loaded into the device and grown in LB Miller with pluronic for a minimum of three hours to allow them to reach a steady-state exponential growth phase. Subsequently, the media is switched to media with added phage (Methods). High-speed time-resolved scanning microscopy[13] was used to collect multichannel data at high time-resolution (2 frames min^{-1}) during the infection events (Supplementary movie 2) and processed using a machine-learning model trained with synthetic micrographs[21] (Methods, Supplementary note 4), to quantify cell physiology and infection markers over time. Individual infected cells were tracked across frames using a custom-designed lineage-tracking algorithm, which accommodates the disappearance of a subset of cells due to phage-induced lysis (Supplementary note 5). An example of a resultant multichannel kymograph of a single infection event is shown in Fig. 1c and its corresponding time-series data in Fig. 1d. In the orange channel, the adsorption of the

SYTOX Orange stained phage to a cell is seen as an orange dot (t_0), which fades and
disappears over time as the genome is injected (t_1). In the yellow channel, the YFP signal of
the capsid production reporter can be seen increasing in intensity (t_3) after genome injection
is completed and up to cell lysis. The phase contrast channel shows cell growth up until a
point, post-phage-adsorption, when the growth in length stops abruptly (t_2), and the cell
eventually lyses (t_5). In the following sections, we analyse the heterogeneity of each of these
steps across different infection events.

Fig. 1: An assay for imaging the T7 phage infection cycle at the single-cell level
a. An overview of six key time points in the T7 life cycle, which we use throughout the study
to quantify the kinetics of infection steps in the phage life cycle. The DNA staining method and
genomic location of the capsid production reporter are indicated in the centre of the loop. **b.** A
description of the microfluidic device and infection assay used in this study. **c.** Kymographs
showing a T7* phage (indicated by the red arrow) infecting a single bacterial cell. The orange
channel image has been bandpass filtered to remove bleed-through from the YFP capsid
production reporter (Supplementary note 6). **d.** Time series data corresponding to the phage
infection images presented in **c** demonstrate the typical progression of signals during T7*

infection. With the exception of perforation, which happens very close to lysis, all time points
from Fig. 1a are labelled on the time series.

Genome injection kinetics show two distinct entry modalities

The molecular mechanisms that lead to T7 genome entry have been extensively studied[22–25]
and result in a three-step process: (i) up to the first 850 base-pairs[26] enter the cell as the phage
tail penetrates the cell wall and membrane, (ii) the host RNA polymerase (RNAP) recognizes
a series of binding sites on the genome and translocates it while transcribing the early genes,
including the T7 RNAP, (iii) once expressed, the T7 RNAP takes over the process and pulls
in the remaining 85% of the genome.
155
Studies in bulk cultures have shown that the whole process takes approximately 4 minutes on
average[26,27], however, the variability of its dynamics within a population is unknown. In our
setup, we can track such dynamics across multiple infection events, by quantifying the
fluorescence signal coming from the labelled phage DNA over time (Fig. 2, Methods,
Supplementary note 7). When the phage binds to a cell, a bright spot suddenly appears in the
orange channel due to the immobilisation of the phage upon adsorption (Fig. 2c). The
fluorescence intensity of the spot then decreases over time as the genome gradually leaves
the viral capsid and enters the cell (Supplementary movie 3).
164
Across multiple adsorption events, we observed significant heterogeneity in the progression
of genome injection (Fig. 2d-e). The intensity trends reveal two broad classes of entry
dynamics. In one, the injection progresses steadily to completion at an approximate rate of 4
kbps min^{-1} (Supplementary note 8). In the other, the entry proceeds similarly up to
approximately 1.5 min, but then a sudden transition occurs in which the rest of the genome
quickly enters the cell. These results suggest two potential modes of entry. The first class of
trajectories would be consistent with the host RNAP being responsible for translocating the
whole phage genome into the cell (*E. coli* RNAP's transcription velocity is between 1.2 and
5.4 kbps min^{-1})[28]. The second class aligns with the established three-step genome entry
process, in which the first 6 kbps of the phage genome are translocated by the host RNAP
and the rest by the much faster T7 RNAP. The distribution of the injection time duration (Fig.
2e) displays a mean duration time of 4.9 min, consistent with previous bulk experiments, with
a large variability across infection events (coefficient of variation (CV) = 74%, n = 31).
This large variability could be explained by the observed bimodality of the process in which
approximately one third of the injection events belong to the first class, and two thirds to the
second.

Fig. 2: Heterogeneity in phage genome injection kinetics
a. A timeline showing the temporal location of genome injection in the T7 life cycle. **b.** A schematic of T7 genome injection. **c.** A kymograph of genome injection shown as a heat map. The phage spot moves vertically downwards in sequential frames due to cell growth. **d.** A comparison of phage spot intensities over time for several genome injection events. Signals have been background corrected and normalised. The injection shown in (**c**) is displayed in orange and examples of ten other injections are displayed in grey. **e.** A violin plot showing the distribution of genome injection durations (t_0 to t_1). The central dashed line represents the median and the outer dashed lines the first and third quartiles. The mean injection duration is 4.9 min (n = 31, CV = 74%).

Kinetics of host cell shutdown, viral takeover, and lysis are remarkably consistent across infection events

The T7 early (class I) genes, transcribed at the beginning of the infection process by the host RNAP, are responsible for the shutdown of the host cell, including the inhibition of cell wall synthesis[29,30]. We therefore expect cell growth arrest to be among the first signs that phage proteins are being produced. Our fluorescent transcriptional reporter for the capsid proteins, in addition, pinpoints the onset of expression of late (class III) genes from the phage genome. Together, these two markers (growth arrest and capsid expression reporter) allow us to analyse the kinetics and variability in phage protein production during the infection process (Fig. 3a).

A representative time series from a single infection event is illustrated in Fig. 3b. The green line depicts cell length, $L(t)$, where the abrupt periodic drops prior to infection correspond to cell division events. The instantaneous growth rate for each cell, λ, is calculated from the local slope of the $ln(L(t))$ time series (Fig. 3c, Supplementary note 9). The precise moment of growth arrest (t_2) is determined when the instantaneous growth rate falls below a given threshold (Supplementary note 9). Soon after growth arrest is detected, we observe the level of capsid expression ($I(t)$, yellow line) to increase rapidly until lysis occurs (Fig. 3b).

Growth arrest dynamics are found to be remarkably robust across different infection events
(Fig. 3c). Cells transition from pre-infection growth rates to complete cessation within 3-4 min
and in a consistent fashion, independently of their size or position in the cell-cycle. By contrast,
expression of the capsid reporter displays considerable variability (Fig. 3d), with the maximum
intensity of the reporter, I_{max}, varying by almost an order of magnitude across infection events.
We found the variability in I_{max} to be strongly correlated with the size of the growth arrested
cell (L_{GA}) (Fig. 3d, right). Larger production rates in larger cells would be consistent with the
presence of more ribosomes, which is likely the limiting factor in phage protein production. We
investigate this in the next section.

The concluding stage of the infection process involves the lysis of the host cell. We collected
high-frame rate images (100 Hz) to visualise the events preceding cell lysis (methods,
Supplementary movie 4). The process of lysis unfolds in two distinct phases. The initial phase,
here termed as perforation, involves a gradual leakage of material from the cell, resulting in a
subtle increase in phase brightness (Fig. 3g), accompanied by a gradual decrease in the
intensity of the surrounding environment. Typically, this phase occurs on a slower (~1 s)
timescales and begins with a small but sharp increase in phase brightness (Fig. 3i), marking
the onset of perforation (t_4). Material is then steadily lost from the cell until the commencement
of the second phase at t_5. The subsequent phase, referred to as lysis, represents the final
structural breakdown of the cell envelope. This is indicated by the rapid increase in the phase
contrast intensity (purple arrow in Fig. 3i). We estimated the mean duration of the perforation
until lysis (t_4 to t_5) to be 6.57 s.

In five of the 23 example infections presented in Fig. 3d, the YFP intensity sharply decreases
in the final observation before lysis (highlighted in green, Fig. 3d). This decline in signal
coincides with the perforation of the cell envelope (t_4, detailed in Supplementary note 10).
This phenomenon is only observed in a fraction of the infection events due to the short interval
between perforation and lysis compared to the frame rate of the images taken. With a mean
perforation to lysis time of 6.57 s, as shown in Fig. 3j, we only expect to observe the drop in
YFP in 21.9% of infections when imaging at 2 frames min^{-1}, which is consistent with the results
shown in Fig. 3d and Fig S7.

Unlike the genome injection process discussed earlier (t_0 to t_1), the time intervals between
growth arrest and subsequent lysis (t_2 to t_5) and between start of capsid production and lysis
(t_3 to t_5) are narrowly distributed (respectively, CV of 15% and 17%, Fig. 3e), with the latter
delayed on average by 1.9 min compared to the first. We note here that the folding and
maturation of the reporter proteins can take minutes, implying that actual expression of the
capsid genes might start at the same time, if not earlier than the growth halt of the host cell.
Taken together, these results suggest that once the phage has taken control over the cell, the
timing of events proceeds almost deterministically.

255
Fig. 3: Kinetics of host shutdown and phage gene expression
a. A timeline showing the temporal location of growth arrest and capsid production start in the
T7 life cycle. **b.** Example time series data showing representative cell length and capsid
reporter expression data of a cell which becomes infected. Three time points, the growth arrest
(t_2), capsid production start (t_3) and lysis (t_5), are indicated. The threshold intensity used to
define production start is also indicated. **c.** We use the growth arrested cell length as a
measure of cell size post-host takeover(left, top panel). The cell growth rate is calculated as
the instantaneous slope of the natural log-transformed cell length (left, bottom panel).

Comparison of the cell length (right, top panel) and growth rate (right, bottom panel) between
the cell in panel (**b**) (green lines) and 22 other infected cells (grey lines). The growth arrest
kinetic is highly consistent between cells. **d.** Capsid reporter production is highly variable
between different infection events. We use total YFP intensity summed over the cell, I, as a
measure of capsid reporter production, and hence the maximum total YFP intensity, I_{max}, (left,
top panel) as a proxy for the total number of capsid proteins produced in a cell. Example data
from 23 infection events (left, bottom panel) shows the variability in capsid reporter production
kinetics, comparing the example from panel (**b**) (yellow line) to other events (grey lines). Five
events are highlighted in green; these cells show a sharp drop in YFP signal in the final
observation before lysis due to the perforation of the cell envelope (see Supplementary note
10). The variability in production kinetics is linked to differences in cell size (right). The lines
are coloured by the growth arrested cell length of each cell and the maximum total YFP
intensity is positively correlated with the growth arrested cell length ($r = 0.67$). **e.** Growth arrest
typically precedes production start by a mean time delay of 1.9 min. The violin plots show
kernel density estimates of the timings from growth arrest (green) and production start (yellow)
to lysis, along with the timings between growth arrest and production start (grey). The central
dashed line represents the median and the outer dashed lines the first and third quartiles. The
mean time from growth arrest to lysis (t_2 to t_5) is 9.6 min (n = 166, CV = 15%). The mean time
from production start to lysis (t_3 to t_5) is 7.7 min (n = 160, CV = 17%). The mean time from
growth arrest to production start (t_2 to t_3) is 1.9 min (n = 160, CV = 39%). **f.** A timeline of the
T7 phage life cycle, indicating the timing of perforation (t_4) and lysis (t_5). **g.** A kymograph
showing the cell lysis on timescales of 1.00 s. The time axis is offset such that perforation (t_4)
starts at time zero. **h.** A schematic illustrating the gradual loss of material from the cell which
follows perforation and gives a loss of contrast in the images. **i.** Time series data showing the
phase contrast intensity within and outside the cell shown in the kymograph in (**g**). **j.** Violin plot
showing the distribution of perforation duration across different infection events (perforation to
lysis, t_4 to t_5). The mean perforation duration is 6.57 s (n = 41, CV = 51%).

Production of phage proteins strongly depends on host cell physiology

293
The observed high variability in protein production, despite the remarkable robustness of
timing of events, hints to other sources of heterogeneity beyond time. To understand the
source of this heterogeneity and its correlation with the cell size at the moment of growth
arrest, L_{GA} (Fig. 3d), we developed a mathematical model that takes into account viral genome
replication, transcription, and translation (Fig. 4a, details in Supplementary note 11). In brief,
the model assumes that the phage genome replication is autocatalytic, and the genome
replicates exponentially with a rate λ_1. If the number of genome copies and not T7 RNAP is
the limiting factor in transcription, this leads to an exponentially growing amount of mRNA
encoding YFP. The translation rate, and thus YFP production, depends on the available
number of mRNA copies, m, and the number of ribosomes present in the cell according to a
simple Hill equation (Fig. 4a, Supplementary note 11). The maximum translation rate, λ_2, is
then a proxy for the total number of ribosomes in the cell.
306

Fig. 4: Maximum translation capacity explains phage protein production
a. Schematic diagram of the mathematical model for phage protein production from viral genome duplication, through gene transcription to protein translation. The two analytical functions, dP/dt as a function of P (eq. 1) and P as a function of time (eq. 2) are sequentially used to fit the experimental data and determine λ_1, λ_2, and production start time, t_3*. **b.** Time-series data of YFP expression are shifted to align production start time (t_3*), with traces coloured according to cell length at growth arrest. The maximum YFP signal observed, I_{max}, strongly correlates with the inferred maximum translation rate λ_2, and only moderately with inferred production time (t_3* to t_5). **c.** Maximum translation rate correlates with cell length at growth arrest (L_{GA}), linking cell physiology with this parameter. By contrast, phage genome duplication rate, λ_1, shows no correlation with host cell features (Supplementary note 11). Intriguingly, λ_1 and λ_2 show a negative correlation.

The dynamics of YFP can be solved analytically, providing simple functional forms for $dYFP/dt$ as a function of YFP and of YFP as a function of time:

$$dYFP/dt = \lambda_2[1 - exp(-\lambda_1/\lambda_2 YFP)], \quad (1)$$
$$YFP = \lambda_2/\lambda_1 log\{1 + \{exp[\lambda_1(t - t_3*)] - 1\}/K_0\}, \quad (2)$$

where $K_0 = K/m_0$ (Fig. 4a and Supplementary note 11).

These allow us to estimate the model parameters from the experimental fluorescence intensity time series (Fig. 4a, Supplementary note 11). By fitting each cell's time series, we can extract values for λ_1, λ_2 (from eq. 1), and the time, t_3* (from eq. 2) at which protein production starts (Fig. 4b). We find that the maximum translation rate, λ_2, strongly correlates with maximum YFP values, pointing at the number of ribosomes in the infected cell as the key variable controlling phage protein production (Fig. 4b). By contrast, production time, defined as $t_5 - t_3*$, shows only a weak correlation with maximum YFP, in line with the idea that the major source of variability in phage protein production lies in the number of ribosomes of the infected cell and, therefore, the cell's physiological state at the time of viral takeover, and not the latent period of infection, as previously thought[31–33]. Unsurprisingly, we find that λ_2 positively correlates with cell size at the point of growth arrest (Fig. 4c), which explains the empirical correlation between maximum YFP and cell size in the experimental data (Fig. 3d). Importantly, our YFP marker was designed to track capsid protein expression and, as such, is our best proxy for the number of viral capsids produced by the infected cell, i.e., the burst size. Our results therefore suggest that burst size could, in principle, vary over one order of magnitude even in perfectly homogeneous conditions, simply because of physiological differences across infected cells.

Beyond maximum YFP production, the model results reveal some additional intriguing observations. The lack of correlation between λ_1 and any of the experimentally observed features of the infected cell (Fig. 4c and Supplementary note 11) suggests that viral genome replication and late genes transcription is independent of the host physiology, at least in these experimental settings. Surprisingly, we also observe a significant negative correlation between λ_1 and λ_2, suggesting the presence of a negative feedback between viral genome replication and translation. A possible explanation is that, if translation is fast, viral capsids might assemble rapidly, spooling in viral DNA and thus depleting the pool of viral genomes that could replicate. Further work is necessary to test this or alternative hypotheses.

Heterogeneity in lysis time is driven by variability in the early stages of infection

Having measured the timing of several points in the infection cycle, we set out to construct a full timeline of the typical T7 infection cycle, alongside a comparison of the relative contributions of each individual infection step to the overall variability in lysis time.

Fig. 5a illustrates a comprehensive timeline of the typical infection cycle of T7* on *E. coli* cells, from phage adsorption onto the cell to the mean of four key time points in the infection cycle: genome injection (t_1), host cell shutdown (t_2), capsid expression (t_3), and cell lysis (t_5). Error bars accompany each time point, representing the range of variability (95% confidence interval). The perforation step (t_4) is not represented here due to its negligible duration compared to the other stages (Supplementary note 10).

Analysis of this timeline reveals that genome injection typically concludes 4.8 min after phage adsorption, accounting for just over one quarter of the overall lysis time (18.8 min).

Approximately 9.2 min into the infection cycle, the host cell ceases growth, then capsid production starts at 11.1 min after adsorption (just over halfway through the infection cycle). However, the adjusted production start time inferred from the model ($t_3 *$) is 9.3 mins after adsorption, suggesting the capsid production actually starts almost simultaneously with host takeover. Approximately 9.6 min after the host takeover (calculated as $t_5 - t_2$), the cell undergoes lysis, releasing the phage copies into the surrounding environment. The average duration from adsorption to lysis, the lysis time, is 18.8 ± 1.6 min for T7*, consistent with the value obtained from bulk experiments (20.1 ± 2.7 min, n = 3, Fig. 5c, Supplementary note 12). For wild type T7 phage without the genomically integrated capsid expression reporter, we estimated the average time between adsorption and lysis to be 16.2 ± 0.9 min, also consistent with the corresponding bulk average (14.8 ± 1.9 min, n = 3, Fig. 5c). The observed difference in lysis time between the two strains could be explained by the additional burden imposed by the expression of the capsid reporter.

Our results show that the lysis time exhibits a CV of 21% across infection events. Fig. 5b illustrates the contribution of each step in the infection cycle towards this variability. Here, all time points are directly measured with reference to cell lysis, as this is the most sudden and clearly identifiable of the events. We find that the variability in the overall lysis time is comparable to the variability in the time interval between the end of injection (t_1) and lysis (t_5). Conversely, both the durations between growth arrest and lysis (t_2 to t_5), and capsid production start and lysis (t_3 and t_5), are very consistent, with interquartile ranges spanning just 1.5 min (<10% of the lysis time). These data suggest that the primary sources of variability in lysis time stem from the initial stages of infection up to the point in which cell growth stops. After this point, which delineates the time when the phage has likely taken control of the host cellular machinery, the timing of events is remarkably consistent across infection events.

Fig. 5: The timing of individual steps of infection and the associated variability across events

a. Timeline of phage infection steps. Each bar represents the mean time from adsorption to the indicated time point in the T7* phage life cycle. The adjusted production start time from the model results in Fig. 4, $t_3 *$, is indicated as a dashed line on the yellow bar. The error bars represent a 95% confidence interval. The data is pooled from three single cell experiments, giving total sample sizes for the measurement of t_1 (injection end), t_2 (growth arrest), t_3 (production start) and t_5 (lysis) of 20, 166, 160 and 23, respectively. **b.** Kernel density estimates of the timing distributions from different time points in the T7* phage life cycle to lysis. Each single-cell infection event measured is shown as a white dot. Inner and outer dashed lines in each violin represent the median and lower and upper quartiles respectively. Adsorption to lysis (grey violin) has mean 18.8 min, CV = 21%, n = 23. Injection end to lysis (orange violin) has mean 13.4 min, CV = 33%, n = 20. Growth arrest to lysis (green violin) has mean 9.6 min, CV = 15%, n = 166. Production start to lysis (yellow violin) has mean 7.7 min, CV = 17%, n = 160. The perforation to lysis time is not included, as relative to the timescales of the other steps, the contributed noise from this step is negligible (the mean is 6.57 s, CV = 51%, n = 41). **c.** Lysis times measured with single-cell and population level methods are comparable. Purple bars represent the mean of single-cell lysis times from one experiment,

and grey bars represent the mean of three population level lysis time measurements (three biological replicates). Accordingly, dashed error bars are calculated from single-cell data as described, and solid error bars are calculated from biological replicates of population level assays. The blue error bars represent ± 1 standard deviation, and the black error bars represent the 95% confidence interval. The mean lysis times of T7* obtained from single-cell and population level measurements (18.3 min, n = 10 and 20.1 min, n = 3 respectively) are not significantly different when compared with a t-test. The mean lysis times of T7 obtained from single-cell and population level measurements (16.2 min, n = 7 and 14.8 min, n = 3 respectively) are also not significantly different when compared with a t-test. For all data in Fig. 5, events with a lysis time of 30 min or more are treated as outliers and excluded from the distribution. More detail on the single-cell selection criteria is given in Supplementary note 13.

Lysis time variability can provide fitness advantages to phage populations

Lysis time represents a key life history parameter for lytic phages and is known to be under strong selective pressure in laboratory experiments[34–38] and potentially in the wild. Its fitness effect on phage populations in different environments is theoretically well studied, however, due to the lack of experimental data regarding its level of stochasticity, it is typically assumed to be either noiseless or exponentially distributed for modelling convenience[39–42]. Our data provide the unprecedented opportunity to quantify lysis time variability, raising the question of whether it can represent an evolutionary trait conferring a fitness advantage to a phage population.

To investigate this question, we used stochastic agent-based simulations of a serial passage experiment, in which two phage populations, denoted as "wild type" and "mutant", are initially mixed in equal proportion and then passaged through several population bottlenecks until one phage approaches fixation (Fig. 6a, Methods, Supplementary note 14). The wild type and mutant phage share the same burst size distribution but have distinct and inheritable lysis time distributions. Some examples of these distributions are shown in Fig. 6c. Mutant 1 has the same mean lysis time as the wild type, but different standard deviation. Mutant 2 has the same mean and standard deviation in lysis time as the wild type, but different skew.

Fig. 6d shows the probability of mutant fixation as a function of standard deviation (mutant 1, left panel) and skew (mutant 2, right panel) determined over 25 independent simulations. The results show that a larger standard deviation confers a fitness advantage, if mean and skew are the same, while a negative skew in lysis time is advantageous when the mean and standard deviation are the same. Overall, our results clearly indicate that the mean lysis time alone is not sufficient to predict phage fitness, and the higher order moments of the distribution can significantly alter a phage's competitive advantage. We note that, although here we investigate the effect of variation in lysis time, while keeping the other phage life history parameters constant, in reality, these parameters are likely dependent on each other, giving rise to a range of tradeoffs. Future work will explore how such inter-dependencies in variability can shape phage fitness.

Fig. 6: Simulations predict lysis time variance and skewness impact phage fitness
a. A schematic explaining the serial passage simulation, where a wild type and mutant phage with corresponding lysis times drawn from different distributions (Fig. 6c) compete and undergo several rounds of dilution into fresh bacteria. A full explanation of the simulation can be found in the methods section and Supplementary note 14. **b.** Example time series data from the simulations, demonstrating the growth and lysis of the bacteria (yellow line), and the proliferation of the wild type and mutant phage (blue and purple lines respectively). At the population bottleneck, a 1000-fold dilution of the phage into fresh bacteria is simulated. If, after a bottleneck, one phage accounts for more than 70% of the total phage population, it is declared the winner. **c.** Example lysis time distributions of wild type and mutant phage. Mutant 1 (purple) has the same mean as the wild type (blue), but the standard deviation in lysis time is varied (Fig. 6d, left panel). Mutant 2 (grey) has the same mean and standard deviation as the wild type, but the skew in lysis time is varied (Fig. 6d, right panel). **d.** When competing against a wild type phage, mutants with lysis times drawn from a distribution with equal mean but greater variance are predicted to have a fitness advantage (left panel). Mutants with lysis times draw from a distribution with equal mean and variance to the wild type but with negative skew are also predicted to have a fitness advantage (right panel). Each data point is computed from 25 simulations.

Discussion

Here, we have reported the first study that quantifies the kinetics of individual steps in the lytic cycle of phage T7 at single phage-single cell resolution. Our novel assay provides a new way to quantify phage-bacteria interactions that is orthogonal to omics analyses, which provide dynamic but averaged phenotypes, and structural investigation, which assess variability but are based on static observations. Our approach enables dynamic measurements across many infection events in a precisely controlled environment, while maintaining the individuality of each of them in order to assess variability and correlations across the phenotypes of the phage and the corresponding infected cell.

We find that the major source of variability in the timing of infection events comes from the early steps of viral DNA entry up to cell growth arrest, while the second part of the infection process, between host take-over and cell lysis, is remarkably robust. A possible explanation for this difference is that the initial steps of infection rely on low copy-number molecules, such as one viral genome, or an initial few copies of T7 RNAP, which are subject to large relative number fluctuations. However, we cannot exclude that variability in the structural properties of the capsid[43] and consequent attachment to the host cell receptors might contribute to what we observe. Future studies that quantify the proportion of unsuccessful adsorptions on one side, and the spatial dynamic of the T7 RNAP within the infected cell, on the other, will help answer this question.

The second phase, in which capsid proteins and, arguably, viable phage particles are produced within the host cell, exhibits a surprisingly large variability in kinetics and final amount, despite the robustness in the timing of the events. The strong correlation between the total protein production and the size of the growth-arrested host suggests that this variability may originate in physiological differences across infected cells. Indeed, using our mathematical model, we find that the phage protein production rate strongly depends on the translational resources of the cell, which scale with cell size, providing a strong mechanistic link between host cell physiology and phage burst size.

Accurate quantification of the sources of phenotypic variability and their relative correlations across infection events is not only important to understand the underlying molecular mechanisms controlling phage infection outcomes but can also have significant evolutionary consequences. Our simulation results clearly show that mean phenotypic values, such as average lysis time, are insufficient to predict the fitness advantage of a phage population and that higher moments of the distribution can have a significant impact. These findings open the intriguing and currently under-explored possibility that variability in phage phenotype could be under strong selective pressure[44,45], raising fascinating questions regarding how evolution shapes it in different scenarios.

Finally, although this work has primarily focused on T7-*E. coli* to benchmark the assay using a well-studied model system, the approach can readily be applied to any natural, evolved, or engineered phage. The high-throughput and scalable nature of the platform can be harnessed for multiplexity, to benchmark a variety of sequence variants of phages against specific target bacteria or multiple mutants of a target bacteria against a particular phage. Precise characterisation of properties associated with infection steps (such as adsorption, production,

and lysis) can generate a multi-phenotypic profile for each phage-bacteria pair, enabling
detailed analysis of mechanisms underlying response, resistance, and phage-bacteria co-
evolution. Similarly, a collection of natural or engineered phages can be evaluated for their
efficacy in eradicating a target strain, with implications for medical or biotechnological
applications. In summary, this assay promises to open up new avenues for the systems
analysis of phage-bacteria interactions and their practical applications.
527

Online Methods

Bacterial strains and growth conditions

530 The following bacterial strains were used in this study.
531

532 **Table 1: List of *E. coli* strains used in this study**

Name	Species	Genotype	Use
SB8	*E. coli*	MG1655 7740 Δ*motA*	Experiments for Figs. 1 to 5.
SB7	*E. coli*	SB8-*glmS*::PRNA1-mCherry-mKate2	Microfluidic device optimisation experiment (Supplementary note 3), training data for cell segmentation (Supplementary note 4).
BW25113	*E. coli*	BW25113	Generating phage lysates.

Prior to experiments in the microfluidic device, cells were grown overnight in a shaking
incubator at 250 rpm and 37 °C in LB Miller (Invitrogen) containing 0.8 g L^{-1} of pluronic F-108
(Sigma, part number 542342). Cultures were started directly from a frozen stock to maintain
a consistent genetic diversity across the cells used in experiments across different days. The
LB Miller was sterilised by autoclaving. The pluronic F-108 was first prepared as a 100 g L^{-1}
solution and filter sterilised, and then diluted 0.8 % v/v into the LB Miller.

Phage lysate preparation

E. coli BW25113 strain cells were grown overnight in a shaking incubator at 250 rpm and 37
°C in LB Miller (Invitrogen). 500 µL of the overnight liquid culture was used to inoculate 20 mL
volume of LB Miller and left to grow in a shaking incubator at 37 °C for 1 h 40 min. Once the
culture reached OD 0.6-0.7, 500 µL of stock phage lysate was added and left in the shaking
incubator for 7 min. The phage-inoculated cells were centrifuged in a pre-chilled (4 °C)
centrifuge at 5000 rpm for 5 min. The supernatant was discarded and the pelleted cells were
resuspended in 2 mL of fresh LB Miller. The resuspended culture was left in the shaking
incubator for 1 h at 37 °C for the infected cells to fully lyse. The lysate was aliquoted in 1.5 mL
Eppendorf tubes and centrifuged at 14000 rpm for 10 min. The resulting supernatant was
passed through 0.22 µm filters to remove any traces of cell debris and unlysed cells.
551

PFU estimation

The number of plaque forming units (PFU) in the filtered lysate was estimated using a plaque assay. For this, serial dilutions of the filtered lysate were set up ranging from dilution factor 10^5 to 10^8. 20 µL of each diluted lysate was mixed with 100 µL of overnight BW25113 cells in 5 mL of 0.7% agar LB, kept at 50 °C. The mixture was briefly vortexed and poured as a thin layer of agar on 9 cm-diameter plates and incubated at 37 °C for 4 h. The formed plaques were counted and the number divided by 20 to estimate the number of PFU per µL of each dilution factor. Measurements across three dilution factors were used to estimate the concentration of PFUs per µL of the filtered lysate. The titres of lysates used for experiments in this study were measured as follows:

Table 2: List of T7 strains and corresponding PFUs used in this study

Experiment	Phage strain	Lysate PFU
Figs. 1, 3a to 3e, 5	T7*, Sytox Orange labelled	1.0×10^7 µL^{-1}
Fig. 2	Wild type (WT) T7, Sytox Orange labelled	3.5×10^7 µL^{-1}
Fig. 3f to 3j	WT T7, unlabelled	4.0×10^7 µL^{-1}

Filtered lysate was used either directly or stained as per protocol below. Note that lysate titres listed in Table 2 are diluted into growth media during microfluidic experiments.

Genetic engineering of phage: construction of T7*

Transgenic T7 strain T7* was created by assembling PCR-cloned fragments of WT T7 genome along with the fragment encoding T7 phi10 promoter followed by *E. coli* codon-optimised mVenus NB (SYFP2) into a circular plasmid. This circularised transgenic genome was then electroporated into BW25113 cells to produce the transgenic phage lysate. Virions from individual plaques were isolated and sequenced to establish the isogenic strain of T7*. Full account of the PCR protocol to clone the required fragments, Gibson Assembly of the transgenic genome, the electroporation protocol and isolation of transgenic strains is available as Supplementary Note 1.

Staining the DNA of the phage genome

The phage lysate was treated with DNAse I-XT to remove any residual bacterial DNA and then stained with Sytox Orange at the final concentration of 25 uM. Details of the DNAse I-XT treatment and Sytox Orange staining protocol is available as Supplementary Note 2.

Population level measurement of lysis time

Population level measurements of the mean lysis time of wild type T7 and T7* were carried out according to the 'one-step growth curve' or 'lysis curve' protocol[46], a full account of which is available as Supplementary note 12. Measurements were taken in LB using SB8 (Table 1) as the host bacteria. Each phage's lysis time was measured over three biological replicates, and we find these values to be 14.8 ± 1.3 min for wild type T7, and 20.1 ± 2.0 min for T7* (mean ± 1 standard error of the mean).

Microfluidic device fabrication

The microfluidic devices were fabricated using soft lithography, by casting a silicone elastomer onto a silicon wafer. We received this wafer as a gift from Dr. Matthew Cabeen of Oklahoma State University. It was fabricated by the Searle Clean Room at the University of Chicago (https://searle-cleanroom.uchicago.edu/) according to the specifications provided by Dr. Cabeen and his colleague, Dr. Jin Park. These specifications were based on the design presented by Norman *et al.*[19]. The silicone elastomer was prepared by mixing polydimethylsiloxane (PDMS) and curing agent from the Sylgard 184 kit (Dow) in a 5:1 ratio and degassing for 30 min in a vacuum chamber. The elastomer was then poured onto the silicon wafer and degassed in a vacuum chamber for a further 1 h. The elastomer was then cured for 1 h at 95 °C. The appropriate devices were then cut out and inlet and outlet holes were punched with a 0.75 mm biopsy punch (WPI). Devices were then cleaned with Scotch Magic tape before being sonicated in isopropanol for 30 min, blow dried with compressed air and then sonicated in distilled water for 20 min. 22x50 mm glass coverslips (Fisherbrand) were sonicated for 20 minutes in 1 M potassium hydroxide, rinsed and then sonicated for 20 min in distilled water before blow drying with compressed air. The devices and coverslips were then dried for 30 min at 95 °C. Devices and coverslips were plasma bonded using a Diener Electronic Zepto plasma cleaner, by first pulling a vacuum to 0.1 mbar, and then powering on the plasma generator at 35% and admitting atmospheric air to a chamber pressure of 0.7 mbar for 2 min. Device and coverslip were then bonded and heated on a hotplate at 95 °C for 5 min, before transferring to an oven at 95 °C for 1 h to produce the finished microfluidic devices.

Single cell infection assay

On the day of the experiment, sterile growth media containing LB Miller (Invitrogen) with 0.8 g L^{-1} pluronic F-108 (Sigma-Aldrich) was loaded into a syringe. The pluronic is added as a surfactant to prevent cell clumping in the overnight culture, to improve cell loading, and to prevent cells clumping at the outlet of trenches. It is added to the media at sub-inhibitory concentrations[13]. The lane of the microfluidic device to be loaded was first passivated by adding the above-described growth media into the lane with a gel loading tip, and allowing it to rest for 10 min. A 1 mL volume of the cells grown overnight were transferred into a 1.5 mL tube and spun gently at 1000 g for 3 min to sediment the cells. The supernatant was poured away, and the cells resuspended in the residual volume. A small volume of this dense cell culture was then pushed into the passivated lane using a gel loading tip and left to rest for 10 min. During this time, the small stationary phase cells will diffuse into the trenches.

While the cells are diffusing into the trenches, growth media from the syringe is pushed through a silicone tubing path to purge the tubing of air. The tubing has a forked path, and the flow is directed down a given fork using a 3-way solenoid pinch valve (Cole Parmer). One fork supplies the microfluidic device with growth media, while the other leads directly to the waste bottle.

The media flow is then connected to the lane of the device containing the cells using 0.83 mm outer diameter needles. The outlet flow goes to a waste bottle. Inlet flow from the media syringe is driven by a syringe pump, and initial flow is set to 100 µL min^{-1} for 10 min to clear excess cells from the lane. Media flow is then reduced to 5 µL min^{-1}. Following this, 365 nm illumination light is shone onto the inlet of the device such that each part of the inlet receives

632 at least 7 min of illumination. This kills any cells not removed by the high flow rate and helps
633 to prevent biofilm formation in the device inlet.
634
The cells are grown in the device for a minimum period of 3 h from the introduction of fresh
growth media into the lane, to allow the cells to reach a steady state, exponential growth
phase. After this wake-up period, the media is switched to media containing phage to begin
the infection imaging. A typical phage media composition is described in Table 3, which would
result in a final phage titre of 10^6 PFU µL^{-1}. Note that the phage lysate is also washed and
resuspended in LB Miller (Supplementary note 2), so the exact lysate volume used is unlikely
to significantly change the nutritional composition of the media.
642
643 **Table 3: Phage treatment media composition**

Component	Volume (µL)	Volume fraction (-)	Concentration in media
LB Miller	4460	0.892	N/A
Pluronic F-108, 100 g L^{-1}	40	0.008	0.8 g L^{-1} pluronic F-108
Phage lysate, PFU 10^7 µL^{-1}	500	0.100	10^6 PFU µL^{-1}
Total	5000	1.000	N/A

644
645 The phage titre must be sufficiently high to ensure at least some infections occur in each given
646 trench, but the exact titre is unimportant in the ranges used, as we operate at very low
647 multiplicity of infection in order to ensure that all first-round infections result from just one
648 phage binding to a cell. The phage titres used in each experiment are listed in Supplementary
649 table 6 in Supplementary note 15.
650
To change the media to phage media, the solenoid pinch valve is activated to block flow to
the microfluidic device. The flow to the microfluidic device is blocked for a maximum of 10 min.
While it is blocked, the growth media syringe is changed to a syringe containing growth media
with phage, and then the tubing is flushed with the phage media at high flow rates, such that
the growth media without phage is completely cleared from the tubing. Then, the flow rate is
returned to 5 µL min^{-1} and the flow is switched to introduce phage media to the cells. Purging
the initial section of tubing with phage media reduces the time between the switch and the
phages reaching the cells, without having to expose the cells to high flow rates which could
cause mechanical stress. Additionally, it purges bubbles which can sometimes be introduced
when the syringes are switched.
661
662 Once the media is switched, time-resolved image acquisition begins.

Time-resolved image acquisition

Images were acquired using a Nikon Eclipse Ti2 inverted microscope with a Hamamatsu
C14440-20UP camera. The microscope has an automated stage and a perfect focus system,
which automatically maintains focus over time. The microscope contains two multiband filter
cubes, each of which contains a multi-bandpass dichroic mirror and corresponding multiband

excitation and emission filters. There is an additional emission filter which can be quickly
switched to select the correct emission wavelength band. Together the multiband cubes and
the emission filter wheel allow for fast imaging in multiple colour channels. All captured images
are initially saved using Nikon's ND2 file format. For the experiments in Figs. 1, 2, 3a to 3e
and 5, imaging began before the phage media reached the cells, and continued at a regular
frequency for the duration of the experiments.
674
675 The microscope settings used for each channel are listed in Table 4 below.
676
677 **Table 4: Imaging settings for different experiments used in this paper**

Experiment	Channel	Light source	Filter cube	Emission filter band centre/ band width (nm)	Objective	Imaging interval (s)
Figs. 1, 3a to 3e, 5	Yellow	514 nm	LED-CFP/YFP/mCherry-3X3M-A	540/21	Plan Apo λ 100x Oil Ph3 DM	30
Figs. 1, 3a to 3e, 5	Orange	561 nm	LED-DA/FI/TR/Cy5-B	595/40	Plan Apo λ 100x Oil Ph3 DM	30
Figs. 1, 3a to 3e, 5	Phase contrast	Köhler	LED-CFP/YFP/mCherry-3X3M-A	540/21	Plan Apo λ 100x Oil Ph3 DM	30
Fig. 2	Orange	561 nm	LED-DA/FI/TR/Cy5-B	595/40	Plan Apo λ 100x Oil Ph3 DM	10
Fig. 2	Phase contrast	Köhler	LED-DA/FI/TR/Cy5-B	515/30	Plan Apo λ 100x Oil Ph3 DM	10
Fig. 3f to 3j	Phase contrast	Köhler	LED-DA/FI/TR/Cy5-B	515/30	Plan Apo λ 100x Oil Ph3 DM	0.01

678
We have used high-speed timelapse imaging (100 frames s^{-1}) to capture the events preceding
the lysis, as our initial attempts using 1 frame s^{-1} imaging revealed that the structural changes
occurring during lysis unfold on sub-second timescales. The high frame rate, while conducive
to observing rapid dynamics, renders fluorescence imaging unsuitable due to photobleaching
and potential phototoxicity. Nonetheless, phase-contrast imaging is sufficient to gain a detailed
insight into the material loss from the cell to its surroundings in the fleeting moments preceding
lysis (Fig. 3f to 3j). A short exposure time (3 ms) and a small region of interest (ROI) around
individual trenches enabled us to achieve an imaging interval of 10.2 ms (see supporting
movie 4).

Image preprocessing

All captured images were pre-processed before feature extraction. First, individual frames from the Nikon ND2 format were extracted and saved as PNG files using custom Python code which makes use of the nd2 module (https://pypi.org/project/nd2/). Using custom Python code (https://github.com/georgeoshardo/PyMMM), these frames were then registered to correct for any stage drift and rotated to ensure the trenches were vertical in the images. We then use automated methods to find the position of each trench in the images and crop out the trenches for further processing, as described below.

Cell segmentation

The phase contrast images of cells in the extracted trench images from our experiments in Figs. 1, 3 and 5 were segmented using a custom trained Omnipose machine learning model[47]. The model was trained on images (taken on a different day) of SB7 *E. coli* (Table 1) growing in our device where both fluorescence and phase contrast images were acquired using the same objective as for the experiments. These images will be referred to as training images and are separate from the experiment image data.

To train the model, our approach was to first train an Omnipose model to segment fluorescence images. To generate a high volume of training data and corresponding ground truth masks for fluorescence images of cells in the mother machine, we use a virtual microscopy platform called SyMBac[21]. Using this fluorescence model, we segmented fluorescence images of cells and generated cell masks for the fluorescence channel of the training images.

The cell masks for the fluorescence channel were then checked against the phase contrast training images, and pairs of fluorescence masks and phase contrast training images which matched well were manually curated into a training data set. This training data was used to train an Omnipose model for the segmentation of phase contrast images. The phase contrast model was then used to generate cell masks for the experiment image data. This pipeline is further described in Supplementary note 4.

Feature extraction

Basic cell properties, such as cell position, length, area, and YFP intensity, were extracted from regions of the images corresponding to the cell masks produced by segmentation. The cell properties were extracted using custom Python code (https://github.com/CharlieW313/MM_regionprops) utilising the scikit-image regionprops function[48]. For the data in Fig. 3, further properties are calculated from the basic cell properties. Mathematical descriptions are found in Supplementary table 7 of Supplementary Note 16.

Single cell lineage tracking

The single cell growth and lysis traces were tracked over time using features extracted at each frame, including cell position, area, orientation, and Zernike moments. This process was done using a custom Python script (https://github.com/erezli/MMLineageTracking). The algorithm predicts many potential states of these features for each cell at subsequent time steps. It then finds the best match to the feature states in the following frame to determine the tracking

730 outcome. The results are stored in tree-structured Python objects containing detailed cell
731 properties such as YFP mean intensity. The tracking results are visually checked using
732 visualisation in kymographs. Further information about the algorithm can be found in
733 Supplementary note 5.

Single phage tracking

To track the injection of the phage genome, we monitored the intensity of the bright spot
indicating the phage location over consecutive frames until injection was complete. Spot
intensity was measured as the mean intensity of a fraction of the brightest pixels in a
rectangular box centred on the spot, with a control box alongside for background comparison.
Genome injection duration was estimated as the time between adsorption and spot intensity
returning to control box levels. Further details concerning the tracking of individual phage spots
and the calculation of genome injection time are presented in Supplementary Note 7.

Analysis of capsid production data

The fluorescence intensity in the yellow channel was analysed to determine the start of capsid
production, as the time point where the signal from the YFP reporter of capsid production
increases above the baseline. We subtract the background intensity from the raw total
intensity of the YFP reporter to give a total intensity, $I(t)$, as described in Supplementary table
7. The production start time, t_3, is calculated as the first time point when the total intensity
reaches a threshold value (chosen to be 1420 AU based on inspection of the intensity time-
series), and then subsequently remains above that threshold for a total of four consecutive
time points. This start is later adjusted to t_3* by fitting the model, as explained in
Supplementary note 11.

Analysis of perforation and lysis

For the high time resolution imaging of phage induced lysis, a machine learning based
approach for cell segmentation was unsuitable. This was because we wished to monitor the
phase contrast intensity of the cell before, during and after lysis, so any attempt to segment
the cells using features of the image would begin to fail as those features markedly changed
through the lysis process. We therefore used a hand-drawn manual segmentation of a static
region at the location of each cell in Fiji (ImageJ), as the cells did not move significantly over
the short timescales of lysis. The mean phase contrast pixel intensity of this region, $i_{PC}(t)$,
was then measured in each frame. By translating the static region by 1.43 µm to the left and
right of the cell (along the short axis of the trench), the phase contrast intensities of the regions
adjacent to the cell were also measured. By further translating the region on the right of the
cell an additional 0.72 µm to the right and 4.29 µm along the long axis of the trench towards
its closed end, a region in the side trench far away from the lysis was used as a control region
for the phase contrast intensity.
766
To determine the start of perforation (t_4), the mean and standard deviation of the phase
contrast intensity over 200 time points (a window ending a few seconds prior to the perforation
start) were computed. The perforation start was declared when the phase contrast intensity
first exceeds this calculated mean plus three standard deviations, for a minimum of five
consecutive time points. The start of lysis (t_5) was determined as the point where the phase

contrast intensity sharply increases from the perforation line (indicated by the arrow in Fig. 3i).
We refer to the time interval between these two timepoints as the perforation time.

Serial passage simulations

The simulation extends infection kinetic ODEs[39] to a stochastic, agent-based model (for a full
description of the implementation see Supplementary note 14). The simulation begins with 2
pools of 100 phage and 10,000 susceptible bacteria in a simulated well mixed volume of 10^{-5}
ml. All bacteria begin the simulation in the 'uninfected' state, at random points in their cell
cycle. In each simulation time-step, 'bacterial growth', 'adsorption', 'infection', 'lysis', and
'decay' substeps occur.
781
782   Once the number of cells has dropped below 100, we simulate a 'bottleneck': a 1,000-fold
783   dilution of the phage and remaining cells, and addition of 10,000 new susceptible bacteria.
784   The simulation continues, with bottlenecks occurring every time the bacterial population falls
785   below 100, until either one phage pool outnumbers the other 70:30 and is declared the winner,
786   or until a preset timeout, at which point we declare a tie.

Acknowledgements

788   We are thankful to the members of the Bakshi Lab and Fusco lab for their support and
789   feedback on this work.

Declarations

Funding

The research in the Bakshi lab was supported by the Wellcome Trust Award (grant number
RG89305), a University Startup Award for Lectureship in Synthetic Biology (grant number
NKXY ISSF3/46), an EPSRC New Investigator Award (EP/W032813/1) and a seed fund from
the School of Technology at University of Cambridge. The research in the Fusco lab was
supported by the Department of Physics, University of Cambridge, a Royal Society Research
Grant (RGS\R2\212131) and an ERC Starting Grant/UKRI Horizon Europe Guarantee
(EP/Y030141/1). Charlie Wedd was supported by the UK Engineering and Physical Sciences
Research Council (EPSRC) grant EP/S023046/1 for the EPSRC Centre for Doctoral Training
in Sensor Technologies for a Healthy and Sustainable Future. Georgeos Hardo was supported
by United Kingdom Biotechnology and Biological Sciences (BBSRC) University of Cambridge
Doctoral Training Partnership 2 (BB/M011194/1). Michael Hunter was supported by a UKRI
EPSRC Doctoral Studentship from the Department of Physics, University of Cambridge
(2125180). Simulations in this work were performed using resources provided by the
Cambridge Service for Data Driven Discovery (CSD3) operated by the University of
Cambridge Research Computing Service (www.csd3.cam.ac.uk), provided by Dell EMC and
Intel using Tier-2 funding from the Engineering and Physical Sciences Research Council
(capital grant EP/T022159/1), and DiRAC funding from the Science and Technology Facilities
Council (www.dirac.ac.uk).

Competing interests

The authors declare no competing interests.

Authors' contributions

S.B. and D.F conceived the study and were in charge of the overall direction and planning. C.W., T.Y., A.S., M.H., D.F., and S.B. designed the experiments and simulations. C.W. carried out the microfluidics microscopy experiments, A.S. and M.H. carried out the bulk experiments, and T.Y. carried out the staining and genetic engineering of phages. C.W., R.L., G.H., and S.B designed the data analysis pipeline and carried out the data analysis. M.H., A.S., and D.F. carried out the simulations and associated analysis. D.F. developed the mathematical model and associated analysis. C.W., D.F., and S.B., lead the manuscript writing. R.M. contributed experimental material and methods. All the other authors provided critical feedback and contributed to the manuscript.

Data availability:

Data for this paper is available from the Zenodo repository associated with this paper, which can be found at 10.5281/zenodo.13227935.

Code availability:

Microscopy images were registered using the custom-built python script: https://github.com/georgeoshardo/PyMMM. Registered images were segmented using an Omnipose model trained with synthetic image data generated using the SyMBac pipeline: https://github.com/georgeoshardo/SyMBac. Single-cell features from the segmented images were extracted using https://github.com/CharlieW313/MM_regionprop. The custom-built Python script for tracking individual cell lineages in time series data is available at: https://github.com/erezli/MMLineageTracking. Python scripts for phage diffusion simulations, phage competition simulations, and Matlab script for fitting gene-expression data to mathematical models are available at: https://github.com/FuscoLab/single-cell-phage-tracking .

References

1. Campbell, A. The future of bacteriophage biology. *Nat. Rev. Genet.* **4**, 471–477 (2003).

2. Koskella, B., Hernandez, C. A. & Wheatley, R. M. Understanding the Impacts of Bacteriophage Viruses: From Laboratory Evolution to Natural Ecosystems. *Annu. Rev. Virol.* **9**, 57–78 (2022).

3. Schwartz, M. The adsorption of coliphage lambda to its host: Effect of variations in the surface density of receptor and in phage-receptor affinity. *J. Mol. Biol.* **103**, 521–536 (1976).

4. Weigel, C. & Seitz, H. Bacteriophage replication modules. *FEMS Microbiol. Rev.* **30**, 321–381 (2006).

5. You, L., Suthers, P. F. & Yin, J. Effects of Escherichia coli Physiology on Growth of Phage T7 In Vivo and In Silico. *J. Bacteriol.* **184**, 1888–1894 (2002).

6. Davis, K. M. & Isberg, R. R. Defining heterogeneity within bacterial populations via single cell approaches. *BioEssays* **38**, 782–790 (2016).

7. Hyman, P. & Abedon, S. T. Practical Methods for Determining Phage Growth Parameters. in *Bacteriophages: Methods and Protocols, Volume 1: Isolation, Characterization, and Interactions* (eds. Clokie, M. R. J. & Kropinski, A. M.) 175–202 (Humana Press, Totowa, NJ, 2009).

8. Kobiler, O. *et al.* Quantitative kinetic analysis of the bacteriophage λ genetic network. *Proc. Natl. Acad. Sci.* **102**, 4470–4475 (2005).

9. Wolfram-Schauerte, M., Pozhydaieva, N., Viering, M., Glatter, T. & Höfer, K. Integrated Omics Reveal Time-Resolved Insights into T4 Phage Infection of E. coli on Proteome and Transcriptome Levels. *Viruses* **14**, 2502 (2022).

10. Conners, R. *et al.* Cryo-electron microscopy of the f1 filamentous phage reveals insights into viral infection and assembly. *Nat. Commun.* **14**, 2724 (2023).

11. Wang, C., Tu, J., Liu, J. & Molineux, I. J. Structural dynamics of bacteriophage P22 infection initiation revealed by cryo-electron tomography. *Nat. Microbiol.* **4**, 1049–1056 (2019).

12. Golding, I. Single-Cell Studies of Phage λ: Hidden Treasures Under Occam's Rug. *Annu. Rev. Virol.* **3**, 453–472 (2016).

13. Bakshi, S. *et al.* Tracking bacterial lineages in complex and dynamic environments with applications for growth control and persistence. *Nat. Microbiol.* **6**, 783–791 (2021).

14. Jack, B. R., Boutz, D. R., Paff, M. L., Smith, B. L. & Wilke, C. O. Transcript degradation and codon usage regulate gene expression in a lytic phage. *Virus Evol.* **5**, vez055 (2019).

15. Balleza, E., Kim, J. M. & Cluzel, P. Systematic characterization of maturation time of fluorescent proteins in living cells. *Nat. Methods* **15**, 47–51 (2018).

16. Studier, F. W. The genetics and physiology of bacteriophage T7. *Virology* **39**, 562–574 (1969).

17. Van Valen, D. *et al.* A Single-Molecule Hershey-Chase Experiment. *Curr. Biol.* **22**, 1339–1343 (2012).

18. Bakshi, S. *et al.* Nonperturbative Imaging of Nucleoid Morphology in Live Bacterial Cells during an Antimicrobial Peptide Attack. *Appl. Environ. Microbiol.* **80**, 4977–4986 (2014).

19. Norman, T. M., Lord, N. D., Paulsson, J. & Losick, R. Memory and modularity in cell-

fate decision making. *Nature* **503**, 481–486 (2013).

20.   Wang, P. *et al.* Robust growth of Escherichia coli. *Curr. Biol. CB* **20**, 1099–1103
(2010).

21.   Hardo, G., Noka, M. & Bakshi, S. Synthetic Micrographs of Bacteria (SyMBac) allows
accurate segmentation of bacterial cells using deep neural networks. *BMC Biol.* **20**, 263
(2022).

22.   Chen, W. *et al.* Structural changes in bacteriophage T7 upon receptor-induced
genome ejection. *Proc. Natl. Acad. Sci.* **118**, e2102003118 (2021).

23.   Swanson, N. A. *et al.* Cryo-EM structure of the periplasmic tunnel of T7 DNA-
ejectosome at 2.7 Å resolution. *Mol. Cell* **81**, 3145-3159.e7 (2021).

24.   Pao, C.-C. & Speyer, J. F. Order of Injection of T7 Bacteriophage DNA. *J. Virol.* **11**,
1024–1026 (1973).

25.   Molineux, I. J. No syringes please, ejection of phage T7 DNA from the virion is
enzyme driven. *Mol. Microbiol.* **40**, 1–8 (2001).

26.   Kemp, P., Gupta, M. & Molineux, I. J. Bacteriophage T7 DNA ejection into cells is
initiated by an enzyme-like mechanism. *Mol. Microbiol.* **53**, 1251–1265 (2004).

27.   García, L. R. & Molineux, I. J. Rate of translocation of bacteriophage T7 DNA across
the membranes of Escherichia coli. *J. Bacteriol.* **177**, 4066–4076 (1995).

28.   Proshkin, S., Rahmouni, A. R., Mironov, A. & Nudler, E. Cooperation between
translating ribosomes and RNA polymerase in transcription elongation. *Science* **328**, 504–
508 (2010).

29.   Kiro, R. *et al.* Gene product 0.4 increases bacteriophage T7 competitiveness by
inhibiting host cell division. *Proc. Natl. Acad. Sci.* **110**, 19549–19554 (2013).

30.   Molshanski-Mor, S. *et al.* Revealing bacterial targets of growth inhibitors encoded by
bacteriophage T7. *Proc. Natl. Acad. Sci. U. S. A.* **111**, 18715–18720 (2014).

31.   Doermann, A. H. The intracellular growth of bacteriophages. I. Liberation of
intracellular bacteriophage T4 by premature lysis with another phage or with cyanide. *J.
Gen. Physiol.* **35**, 645–656 (1952).

32.   Abedon, S. T., Herschler, T. D. & Stopar, D. Bacteriophage Latent-Period Evolution
as a Response to Resource Availability. *Appl. Environ. Microbiol.* **67**, 4233–4241 (2001).

33.   Wang, I.-N. Lysis timing and bacteriophage fitness. *Genetics* **172**, 17–26 (2006).

34.   Nguyen, H. M. & Kang, C. Lysis Delay and Burst Shrinkage of Coliphage T7 by
Deletion of Terminator Tφ Reversed by Deletion of Early Genes. *J. Virol.* **88**, 2107–2115
(2014).

35.   Bull, J. J. & Wang, I. -N. Optimality models in the age of experimental evolution and
genomics. *J. Evol. Biol.* **23**, 1820–1838 (2010).

36.   Kerr, B., Neuhauser, C., Bohannan, B. J. M. & Dean, A. M. Local migration promotes
competitive restraint in a host-pathogen 'tragedy of the commons'. *Nature* **442**, 75–78
(2006).

37.   Heineman, R. H., Bull, J. J. & Hansen, T. Testing Optimality with Experimental
Evolution: Lysis Time in a Bacteriophage. *Evol. Int. J. Org. Evol.* **61**, 1695–1709 (2007).

38.   Kannoly, S., Singh, A. & Dennehy, J. J. An Optimal Lysis Time Maximizes
Bacteriophage Fitness in Quasi-Continuous Culture. *mBio* **13**, e03593-21 (2022).

39.   Yin, J. & McCaskill, J. S. Replication of viruses in a growing plaque: a reaction-
diffusion model. *Biophys. J.* **61**, 1540–1549 (1992).

40.   Fort, J. & Méndez, V. Time-Delayed Spread of Viruses in Growing Plaques. *Phys.
Rev. Lett.* **89**, 178101 (2002).

41.   Hunter, M. & Fusco, D. Superinfection exclusion: A viral strategy with short-term

benefits and long-term drawbacks. *PLOS Comput. Biol.* **18**, e1010125 (2022).

42.   Hunter, M., Krishnan, N., Liu, T., Möbius, W. & Fusco, D. Virus-Host Interactions
Shape Viral Dispersal Giving Rise to Distinct Classes of Traveling Waves in Spatial
Expansions. *Phys. Rev. X* **11**, 021066 (2021).

43.   Coshic, K., Maffeo, C., Winogradoff, D. & Aksimentiev, A. The structure and physical
properties of a packaged bacteriophage particle. *Nature* **627**, 905–914 (2024).

44.   Bull, J. J., Heineman, R. H. & Wilke, C. O. The Phenotype-Fitness Map in
Experimental Evolution of Phages. *PLOS ONE* **6**, e27796 (2011).

45.   Dominguez-Mirazo, M., Harris, J. D., Demory, D. & Weitz, J. S. Accounting for
cellular-level variation in lysis: implications for virus–host dynamics. *mBio* **0**, e01376-24
(2024).

46.   Ellis, E. L. & Delbrück, M. The Growth of Bacteriophage. *J. Gen. Physiol.* **22**, 365–
384 (1939).

47.   Cutler, K. J. *et al.* Omnipose: a high-precision morphology-independent solution for
bacterial cell segmentation. *Nat. Methods* **19**, 1438–1448 (2022).

48.   Walt, S. van der *et al.* scikit-image: image processing in Python. *PeerJ* **2**, e453
(2014).

49.   Pedro Coelho, L. Mahotas: Open source software for scriptable computer vision. *J.
Open Res. Softw.* **1**, 1–7 (2013).

50.   Taheri-Araghi, S. *et al.* Cell-size control and homeostasis in bacteria. *Curr. Biol. CB*
25, 385–391 (2015).

51.   Tinevez, J.-Y. *et al.* TrackMate: An open and extensible platform for single-particle
tracking. *Methods* **115**, 80–90 (2017).

52.   Crocker, J. C. & Grier, D. G. Methods of Digital Video Microscopy for Colloidal
Studies. *J. Colloid Interface Sci.* **179**, 298–310 (1996).

53.   Dunn, J. J. & Studier, F. W. Complete nucleotide sequence of bacteriophage T7 DNA
and the locations of T7 genetic elements. *J. Mol. Biol.* **166**, 477–535 (1983).

54.   Steinier, Jean., Termonia, Yves. & Deltour, Jules. Smoothing and differentiation of
data by simplified least square procedure. *Anal. Chem.* **44**, 1906–1909 (1972).