Sickness behaviour within cleaning interactions

Tânia Marquês[1*], Beatriz Pereira[1], Mélanie Marques[1], Tiago Repolho[1,2], José Ricardo

Paula[1,2,3*]

[1]MARE – Marine and Environmental Sciences Centre & ARNET – Aquatic Research Network,

Laboratório Marítimo da Guia, Faculdade de Ciências Universidade de Lisboa, Cascais,

Portugal

[2]Departamento de Biologia Animal, Faculdade de Ciências Universidade de Lisboa, Lisboa,

Portugal

[3]Hawaiʻi Institute of Marine Biology, University of Hawaiʻi at Mānoa, Kaneohe, HI, USA

*Correspondance:

T. Marquês: trsmreg@gmail.com

J. R. Paula: jrpaula@ciencias.ulisboa.pt

Abstract

The benefits of sociality bring a hidden burden as constant social interactions increase the probability of pathogen transmission. When facing diseases, simple strategies such as social distancing have proven effective in preventing disease spread. Cleaning interactions are textbook examples of multispecies sociality, where cleaner organisms remove ectoparasites, diseased and injured tissue from a heterospecific client. These interactions can be potential vectors of infectious diseases in reef fishes, being characterised as potential disease hotspots. Here, we aimed to determine if, in the context of infections, cleaner wrasses (*Labroides dimidiatus*) employ social distancing and other behavioural tactics to prevent disease spread within the context of cleaning interactions. To this end, we used bacterial lipopolysaccharides (LPS) immunostimulation to induce "sickness" behaviour in cleaner wrasses without harming the fish. After LPS immunostimulation, we performed four behavioural trials: the social preference test (from cleaner and client perspectives), the social interaction test, and the bystander cooperativeness test. In the social preference test, LPS-injected cleaners showed lower activity rates but no change in their social preference. However, two tested client species preferred "sick" cleaners. Contrarily, during the social interaction test, cleaners reduced the number of interactions, despite clients' willingness to interact. For the bystander test, LPS-injected cleaners were unable to adjust their behaviour to be more cooperative. Reduced activity levels revealed lethargy, which may lead to passive self-isolation, allowing for some social distancing of healthy individuals. The findings of these experiments suggest that while feeling sick, immune-stimulated cleaners undergo changes in their behaviour which can be viewed as a passive social distancing-like barrier preventing disease spread. This is especially relevant as some clients prefer and continue to request interactions from "sick" cleaners.

Keywords: *Labroides dimidiatus*, immunostimulation, sickness behaviour, social distancing, disease.

Introduction

In an unprecedented way, the recent COVID pandemic brought to our attention the need to consider the costs of social living, such as disease transmission, and, in a similar way, what measures social species can use to prevent these costs (Schmid-Hempel, 2021; Townsend et al., 2020). Considering how social interactions create opportunities for diseases to spread, strategies can be employed to prevent disease transmission, such as early recognition of infected individuals and associated measures that reduce the costs of infections (Lopes, 2014; Schmid-Hempel, 2021). One possible tool for early disease recognition is the identification of common sickness behaviours exhibited by infected individuals. These behaviours encompass several modifications including lethargy, somnolence, anorexia, as well as withdrawal from social interactions, characterized by a drop in interest in social activities (Lopes, 2014; Lopes et al., 2012; Rosengaus et al., 2022).

Several factors may facilitate disease spread in the context of social interactions. Reduced spatial distance and the specific locations where interactions occur, such as doctors' waiting rooms, where there is a higher infection pressure, increasing the risk of transmission for those who attend such disease hotspots (Narvaez, Vaughan, et al., 2021) (Kappeler et al., 2015; Rosengaus et al., 2022; Schmid-Hempel, 2021).

Social distancing is a basic, low-cost behavioural strategy that individuals can use to mitigate disease spread (Grueter et al., 2020; Schmid-Hempel, 2021; Townsend et al., 2020). Nevertheless, contrary to initial perceptions, humans are far from being the only animal that increase the distance between individuals (social distancing) and employ active behavioural strategies to avoid disease (Rosengaus et al., 2022; Stockmaier et al., 2021; Townsend et al., 2020). Sickness behaviour, active self-isolation, social avoidance and exclusion of sick individuals, and other adaptative strategies, including changes in appearance, smell and vocalisations, are commonly used (Rosengaus et al., 2022; Stockmaier et al., 2021). This shows how looking at disease avoidance behaviours in non-human animals is important, as they can provide insights into ecological and evolutionary processes between sociality and disease transmission (Stockmaier et al., 2021). It is also important to consider the costs of social distancing and how living in groups can leverage even when there is a high risk of infection. While social isolation can lead to increased stress, group living allows, among other benefits, for more effective predator vigilance and efficient foraging, justifying that social distancing could be disregarded (Stephenson et al., 2018; Townsend et al., 2020).

Cleaning interactions involve a cooperative exchange where an organism—the
cleaner—removes ectoparasites, bacteria, and diseased or injured tissue from a host—the
client. These interactions benefit both partners; the first uses the interaction as a food
source while the second improves its health. Because of the benefits these interactions
bring, they may be interpreted as examples of socially relevant interactions (Vaughan et al.,
2017). Furthermore, cleaning mutualisms represent a key role in coral reef ecosystems by
reducing ectoparasites' abundance and infestation rates, which translates into improving
client fish fitness, experimental removal of cleaners from the wild showed a direct impact
on client fish, resulting in slower growth rates and decreased abundance and diversity
(Aellen et al., 2021; Grutter et al., 2018; Ros et al., 2020; Soares, 2017).

Cleaners have the potential to spread diseases, as evidenced by certain wrasse
species used as cleaners in fish farms (Vaughan et al., 2017). Since the likelihood of parasite
transmission is directly related to the number of daily contacts, the bluestreak cleaner
wrasse, *Labroides dimidiatus*, which engages in a high number of daily interactions, has been
considered to be a potential carrier of parasites to new clients, a phenomenon known as the
"cleaners as transmitters" hypothesis described by Narvaez et al. (2021). Furthermore, the
parasite hotspot hypothesis suggests that parasite infection pressure may be higher in areas
near cleaning stations, which can represent disease hotspots (Narvaez et al., 2021). This
way, the frequency and duration of cleaning interactions must be balanced so that cleaners
don't act as "superspreaders", akin to healthcare providers, who also face the risk of
transmitting pathogens to those they interact with. (Stockmaier et al., 2021).

In this study we aimed to investigate whether cleaner wrasses (*Labroides
dimidiatus*) use social distancing and other behavioural tactics to prevent the spread of
disease during cleaning interactions. To achieve this, we used bacterial lipopolysaccharides
(LPS) immunostimulation to induce sickness behaviour in cleaner wrasses without causing
harm to the fish. After the LPS immunostimulation, we conducted four behavioral trials: the
social preference test (from both cleaner and client perspectives), the social interaction test,
and the bystander cooperativeness test.
107

Material and Methods

▪ Acclimation

All fish species (cleaner wrasse *Labroides dimidiatus*, n=23; clients *Acanthurus leucosternon*, n=3, *Naso elegans*, n=8, *Zebrasoma scopas*, n=9, *Dascyllus trimaculatus*, n=5) were captured in Maldives and obtained through TMC-Iberia, being transported under controlled conditions (temperature, dissolved oxygen, salinity) to the aquatic facilities of Laboratório Marítimo da Guia (Cascais, Portugal). Upon arrival, cleaner wrasses *Labroides dimidiatus* were kept in individual tanks and provided with a PVC (polyvinyl chloride) tube for refuge (approximately 2 cm diameter and 5 cm length). The clients were laboratory-acclimated in common tanks within an additional tank. All tanks were maintained in seawater conditions similar to the collection site: salinity = 35±0.5, temperature 26°C, pH 8.1 and photoperiod of 12h/12h. Natural seawater (NSW) was pumped from the sea into a 5 m^3 storage tank, filtered (0.35 μm) and UV-irradiated (Vecton 300, TMC, Portugal). Temperature was regulated using submerged seawater heaters (300W, TMC, Portugal) in temperature-controlled rooms. Additionally, the seawater abiotic conditions were monitored manually daily: temperature and oxygen (VWR® DO220, VWR, Portugal), salinity (HI98319 salinity tester, Hanna Instruments, Portugal) and pH (pH1100H, VWR, Portugal). Following three days of acclimation, cleaners were trained to feed on plexiglass plates.

▪ Immune stimulation

For the first experimental stage, on the third day of experiments and following a two-day learning phase of the bystander test (see below), cleaners were randomly divided into two groups of 15 individuals each (the remaining individual was used in intraspecific tests, check below). One group receved treatment with LPS while the other served as the control treatment and received phosphate-buffered saline. LPS or saline was administered via intraperitoneal injections using heparinised 29-gauge insulin syringes (heparin concentration: 28 mg ml-1). For the LPS treatment fish, a dosage of 30 mg kg^1 was used (Sigma-Aldrich L2880, serotype 055: B5), while control fish were injected with a 0,01 μmol PBS (Sigma-Aldrich, Steinheim, Germany), following the protocol outlined by Binning et al. (2018). For both treatments, the injection volume was mass-adjusted for each fish (Binning et al., 2018; Sakai, 1999).

After performing the experiments, the spleen-somatic index (SSI) was used to measure immune activation in the fish. Cleaner fish were euthanised with an overdose of MS-222 (morphine sulfate) (Acros Organics, Geel, Belgium, at a concentration of 0,5 g per 200 ml). Total and spleen weights were measured using a precision scale (Shimadzu, AUW220D).

143 Total length (TL), and standard length (SL) were measured using a caliper (Vernier Analog
144 Calliper 150 mm, Macfer). The spleen-somatic index was calculated using the following
145 formula (Binning et al., 2018; Kroon et al., 2017; Ruane et al., 2000).
146

147
$$SSI = \frac{spleen\ mass\ (g)}{total\ wieght\ (g)} \times 100$$

148
149

▪ Bystander test

Since previous experiments demonstrated how cleaner wrasses are more cooperative in the
presence of an audience (Pinto, 2011), this experimental test assessed whether "sick"
cleaners could adjust their feeding behaviour when an image-scoring bystander was
present. Plexiglas plates were used to simulate the presence of other reef fish as clients,
offering two types of food items: prawn (which represented the preferred food item
equivalent to the client's mucus and, when chosen, is considered cheating) and a mix of fish
flakes and prawn (hereafter referred to as "flakes", representing less preferred
ectoparasites) (Soares, 2017; Triki et al., 2018).
The "bystander test" included two phases: a learning phase and a test phase. For the
learning phase there were six trials in total (two trials on day one, and four on the second
day of the experiment), with each trial separated by at least one hour. In each learning trial,
a Plexiglas plate with fourteen food items (twelve flakes and two prawns) was presented to
the individual cleaner. If the cleaner fed on prawn the plate was removed for 60 seconds
before being made available again. If the cleaner cheated a second time, the plate was
removed until the next trial. However, if the cleaner only fed on flakes, the plate would
remain available without being removed. The purpose of the learning phase was to train the
cleaner to feed on flakes instead of prawns (Triki et al., 2018).
The test phase intended to determine if cleaners can adjust its feeding behaviour when an
image-scoring bystander is present. During the test phase, which started on day four of the
first experimental stage, cleaners were presented with new plates, similar to those used in
the training phase. However, this time, half the plates had a yellow and green stripe, while
the other half had a grey stripe, each containing four food items, two flakes, and two prawns.
The test phase involved two scenarios: a single plate scenario (control) where the cleaners
were presented with a single plate representing the client, and a double plate scenario
(treatment) where they were exposed to two plates simultaneously, with one representing
the client and the other representing the bystander (an "image-scoring situation"). In both
cases, the plate(s) were removed immediately if a prawn item was consumed and remained

if flakes were eaten. In the image-scoring scenario, cleaners had access to a bystander plate

to increase their image score and demonstrate cooperation. Cleaners could achieve this by

only feeding on flake items on the first plate and then having access to the second plate,

eating a total of four flake items before eating the prawn item. The test phase consisted of

five rounds, each with two trials (the single plate and the double plate scenario) spaced 30

minutes apart, with the following round starting 60 minutes later. Four rounds were

performed on day four, and the fifth round on day five. The colour of the stripe (yellow and

green/grey) for the "image-scoring situation" and the position of the plate (left/right) were

randomly assigned. At the beginning of each trial, the subjects were confined to the back of

the aquarium using an opaque partition that was removed once the plates were in place

(Triki et al., 2018).

The learning phase was conducted in the days immediately before the day of the injection

with LPS and the test phase trials started the day after the the injection (four trials on the

first day and the last one the following day). The bystander effect score was calculated by

subtracting the control trial ratio (i.e., number of flake items divided by the number of

prawn items eaten) from the treatment trial ratio (i.e., number of flake items divided by the

number of prawn items eaten) (Triki et al., 2018).

▪   Social preference

The social preference test intended to determine an individual's preference for social

stimuli. It involved two phases: a habituation phase, during which an individual was placed

in a tank to explore an environment devoid of any social stimulus, and an interaction phase,

during which a social stimulus was presented to the individual.

In this study, both cleaners and clients were submitted to the social preference test. For the

cleaners, two different experimental treatments were used: one tested the preference

between a client (*Acanthurus leucosternon*) and a novel non-social object (NO), and the

other tested the preference between a conspecific and a NO (Angiulli et al., 2020; Kirsten et

al., 2018). To perform the test, rectangular shaped tanks were used (81 cm length x 18.5 cm

high x 20.5 cm wide), featuring two smaller lateral chambers (15.5 cm) and a larger central

chamber divided by transparent partitions to allow visual contact with the stimuli. The

central chamber was marked with tape to indicate the area near both stimuli. After the

stimuli were in place, an opaque partition was used to hide them. The individuals were

placed in the central chamber for the habituation phase (5 minutes), after which the opaque

partition was removed. The interaction phase began, and the individuals was free to move

within the chamber for 10 min, recorded by a SONY camera (HDR-CX240E, 9.2 Megapixels)

from above. After completing both treatments, the seawater of the central chamber was

replaced before another individual was tested, with the stimuli alternating location among

rounds. These tests were conducted on days five and six of the experiment.

For the clients (*Dascyllus trimaculatus*, n=5, *Naso elegans* n=8 and *Zebra*soma *scopas*, n=9),

social preference was tested in a second experimental phase, following the same procedure

as cleaners. The clients were presented with two cleaners (i.e., as social stimuli), one

injected with LPS and the other with saline (control), with interactions also recorded from

above, but using a GoPro Hero 3+.

Social preference was inferred by measuring the percentage of the total time the individual

spent in proximity to the stimuli. Videos were analysed using AnimalTA, which allowed to

attain several variables, such as total duration of the test, time spent in near the stimuli and

in central area, and activity levels of cleaners, measured by total distances roamed (Chiara

& Kim, 2023).

▪   Interaction

The interaction test was designed to assess the interaction between an individual (cleaner)

that has been immune-stimulated (i.e. has an activated immune system) and a fish species

that is commonly serviced by this individual in their natural environment (i.e. the "client"

fish, namely the *Acanthurus leucosternon*), by placing them together in a tank.

This test began with a habituation phase (5 minutes), during which both fish were separated

by an opaque partition to acclimate to the environment. After the partition was removed,

the interaction phase began, lasting a minimum of 15 minutes. During this time, the

behaviour of both fish was recorded (SONY, HDR-CX240E, 9.2 Megapixels; CANON EOS

350D, 8.0 Megapixels) and later analysed. Interaction tests occurred following the cleaners'

social preference test, on days six and seven of the experiments.

The recorded videos of the interactions were analysed using Boris software (Friard &

Gamba, 2016), facilitating the identification of different behaviours, namely i) chases (when

the client fish chases the cleaner as a form of punishment after it cheats), ii) interactions

started by the cleaner (when the cleaner approaches the client and initiates the interaction),

iii) interactions started by the client (when the client approaches the cleaner and initiates

the interaction), iv) client jolts (sudden movements of the client in response to something

the cleaner did, such as removing mucus), v) posing (when the client positions itself

submissively to demonstrates willingness to be cleaned), vi) cleaning (when the cleaner

removes parasites from the client), vii) tactile stimulation (when the cleaner uses its

pectoral fins to stimulate the client), and viii) dance (the oscillatory swimming movements
of the cleaner to demonstrate availability to clean) (Paula et al., 2019).
251
252
▪ Statistical analysis

To perform data exploration, and following Zuur & Ieno (2016), generalised linear models
(GLM) were used to analyse behavioural data, namely SSI, Bystander-effect, Total Distances
and Interaction related variables (number of interactions, proportion of interactions started
by cleaners, proportion of client jolt events per second, proportion of posing displays by
clients) with LPS injection treatment (factor with two levels: injected and control), using
Gaussian distribution for these variables (excluding number of interactions where Poisson
distribution was used). For all Social Preference scenarios, and to analyse the time spent in
the proximity the stimuli, the function 'glmmTMB' from the package 'glmmTMB' was used
(Brooks et al., 2017), and Post hoc multiple comparisons were performed using the package
'emmeans' (Lenth, 2020) with Tukey corrections.
With the exception of the Bystander-effect, for which it was used the function "T-Test", the
treatment effects for all variables where analysed using the function "Anova" (Fox &
Weisberg, 2011). Model assumptions and performance validation used the package
"performance" (Lüdecke et al., 2021), with the analysis being performed in R, version 3.4.3
(R Core Team, 2017) and using the HighstatLibV10 R library from Highland Statistics (Zuur
et al., 2009).

Results

- Immune response

Cleaner fish injected with LPS had a significantly higher SSI than saline-injected fish ($\chi 2$ = 7.060, d.f. = 1, p = 0.008, Fig. S1).

- Bystander test

Regarding the bystander test, results revealed that saline-injected cleaners exhibited, on average, higher bystander scores than LPS-injected cleaners. For this specific test, and since passing this test, revealing the ability to adjust behaviour in presence of a bystander, implies having an average score higher than zero, results show that while the control group had a score significantly different from zero (t = 2.333, d.f. = 9, p = 0.044, mean = 0.280), while LPS-injected did not differ from zero (t = -0.238, d.f. = 6, p = 0.8194, mean = -0.031) (Fig.1).

Figure 1 – Bystander score for control and LPS-injected individuals. Back-transformed predicted means ±95% C.I. from the model and raw data values are presented.

- Social Preference

In the results of the social preference test performed on cleaners, concerning the variables associated with activity levels such as the total distance roamed, cleaners injected with LPS swamed shorter distances than cleaners in the control group, regardless of the social stimuli presented to them (client: $\chi 2$ = 5.192, d.f. = 1, p = 0.023, Fig. 2A; cleaner: $\chi 2$ = 7.648, d.f. = 1, p = 0.006, Fig. 2B).

Figure 2 – Social preference of control and LPS injected cleaners, in the scenarios of client

(*Acanthurus leucosternon*) versus NO and of conspecific (other cleaner) with NO. A) total

distance, in meters (m), roamed when with client; B) total distance, in meters (m), roamed

when with other cleaner. Back-transformed predicted means ±95% C.I. from the model and

raw data values are presented.

Regarding the time spent near the stimuli, significant differences were observed in the

scenario involving a client (*Acanthurus leucosternon*) *versus* a non-social object (NO),

regardless of the treatment cleaners had been submitted to (control or LPS). However, in

the scenario of conspecific *versus* NO, there were no significant differences in the time spent

near either stimuli. This was despite the difference in time spent by control individuals in

proximity of a conspecific or in the neutral area (Table 1, Table 2, Fig. 3).

Table 1 - Analysis of deviance table (type II tests) for cleaners' social preference.

Predictor	Time in proximity of		
	df	X^2	P
Client *versus* NO			
Cue	2	6.429	**0.040**
Treatment	1	0.080	0.778
Cue * Treatment	2	0.364	0.834
Conspecific *versus* NO			
Cue	2	3.172	0.204

Treatment	1	0.219	0.640
Cue * Treatment	2	3.960	0.138

Values of P < 0.05 are shown in bold.

Table 2 - Contrasts of the post hoc multiple comparisons for cleaners' social preference.

Post hoc comparisons	Time in proximity of	
	t	P
Client *versus* NO		
Treatment = Control		
Client <-> Neutral	1.478	0.423
Client <-> NO	0.392	0.696
Neutral <-> NO	-1.086	0.423
Treatment = LPS		
Client <-> Neutral	2.101	0.120
Client <-> NO	1.208	0.348
Neutral <-> NO	-0.893	0.376
Conspecific *versus* NO		
Treatment = Control		
Conspecific <-> Neutral	2.548	**0.040**
Conspecific <-> NO	1.149	0.255
Neutral <-> NO	-1.400	0.250
Treatment = LPS		
Conspecific <-> Neutral	-0.198	0.844
Conspecific <-> NO	-0.758	0.844
Neutral <-> NO	-0.560	0.844

Values of P < 0.05 are shown in bold.

Figure 3 – Social preference of control and LPS injected cleaners, in the scenarios of client

(*Acanthurus leucosternon*) *versus* NO and of conspecific (other cleaner) *versus* NO. A) time,

in seconds (sec.), spent near the each stimuli (Client, Neutral and NO); B) time, in seconds

(sec.), spent near the each stimuli (Conspecific, Neutral and NO); Back-transformed

predicted means ±95% C.I. from the model and raw data values are presented.

In the assessment of clients' social preference, variations in the time spent near each

stimulus (control or LPS injected cleaners) were observed, regardless of clients' species.

Specfically, differences were noted in the time spent by *Dascyllus trimaculatus* near LPS-

injected cleaners or in the neutral area, as well as in time spent by *Zebrassoma scopas* near

control and LPS cleaners, and near LPS cleaners and in the neutral area (Table 3, Table 4,

Fig. 4).

Table 3 - Analysis of deviance table (type II tests) for clients' social preference.

Predictor	Time in proximity of		
	df	X^2	P
Cue	2	11.741	**0.002**
Species	2	0.083	0.959
Cue * Species	4	8.167	0.086

328 Values of P < 0.05 are shown in bold.

330 Table 4 - Contrasts of the post hoc multiple comparisons for clients' social preference.

Post hoc comparisons	Time in proximity of	
	t	P

Species = *Dascyllus trimaculatus*		
Control <-> LPS	-2.135	0.056
Control <-> Neutral	1.093	0.280
LPS <-> Neutral	3.228	**0.006**
Species = *Naso elegans*		
Control <-> LPS	-0.675	0.754
Control <-> Neutral	-0.975	0.754
LPS <-> Neutral	-0.300	0.765
Species = *Zebrassoma scopas*		
Control <-> LPS	-2.367	**0.032**
Control <-> Neutral	0.194	0.847
LPS <-> Neutral	2.561	**0.032**

Values of P < 0.05 are shown in bold.

Figure 4 – Social preference of clients' species ((*Dascyllus trimaculatus*, *Naso elegans* and
*Zebra*soma *scopas*). Time, in seconds (sec.), spent near each stimuli (Control = saline
injected cleaner, LPS = LPS injected cleaner and Neutral area). Back-transformed predicted
means ±95% C.I. from the model and raw data values are presented.

▪ Interactions

LPS injection significantly lowered the number of interactions ($\chi2$ = 14.206, d.f. = 1, p =
0.0002, Fig. 5A), with the proportion of client jolts events per second also being significantly
altered by LPS injection, interactions involving LPS injected cleaners jolts had less jolts ($\chi2$
= 4.958, d.f. = 1, p = 0.026, Fig. 5C). However, no significant differences were found between
control and LPS-injected cleaners regarding the proportion of interactions initiated by

cleaners ($\chi 2$ = 1.324, d.f. = 1, p = 0.250, Fig. 5B), or the proportion of posing displays by

clients ($\chi 2$ = 1.142, d.f. = 1, p = 0.285, Fig. 5D).

Figure 5 – Behavioral responses observed during the interaction test between the cleaner

(*Labroides dimidiatus*) and the client (*Acanthurus leucosternon*) A) number of interactions;

B) proportion of interactions initiated by the cleaner; C) proportion of client jolt events per

second; D) proportion of posing displays by clients. Back-transformed predicted means

±95% C.I. from the model and raw data values are presented.

Discussion

354
The induction of sickness behaviour in cleaner wrasses aimed to determine whether
active behavioural strategies are employed to mitigate disease spread within cleaning
mutualisms. Following LPS injection, cleaner wrasses exhibited a higher SSI than saline-
injected cleaners, indicating that LPS injection successfully induced immunostimulation. As
anticipated, immunostimulation induced sickness behaviour in cleaners, with *L. dimidiatus*
being less active (lower distances travelled, Fig. 2A and Fig. 2B), suggesting that pathogen-
free LPS immunostimulation is a suitable method for studying sickness behaviour.

According to Stockmaier et al. (2021), behavioural responses resulting from
immune challenges possibly stem from a combination of factors, including modifications in
social cues and infection signs. While social hosts, may disguise the infection condition to to
continue benefiting from group living, cleaners failed to conceal their sick status (Fig. 1 &
Fig. 2). This could be attributed to the intensity of the symptoms induced by LPS
immunostimulation (Lopes et al., 2012; Stephenson et al., 2018, Perkins & Cable, 2017), or
other factors such as gender or social rank (Lopes, 2014). Additionally, the interplay
between immune system function and neurological disturbances may contribute to
behavioural changes (Kirsten et al., 2018). Furthermore, passive-self isolation due to
indirect physiological responses to infection, such as lethargy, can modify movement
patterns and reduce contact with other individuals (Stockmaier et al., 2021). When feeling
sick, individuals tend to be less likely to engage in social relationships due to lethargy. This
phenomenon is widely observed across species, highlighting the interplay between sickness
behaviour and social context, as well as between immune response and exploratory and
social behavior (Kappeler et al., 2015; Kirsten et al., 2018; Lopes et al., 2012; Stockmaier et
al., 2021). Therefore, the difference in activity levels of these immune stimulated cleaners
can be attributed to the lethargy characteristic of sickness behaviour.

In social preference tests, the behaviour of injected cleaners varied depending on
the scenario. When faced with a choice between a client and a non-social object (NO) there
were significant differences in the time spent in the proximity of each stimulus. However, in
the scenario of a conspecific versus a NO, the time spent in the proximity of the stimuli did
not show variance (Table 1, Table 2, Fig. 3). These results underscore the natural tendency
of cleaners to prioritize cleaning interactions with clients, regardless of their own health
status. As highly social animals that engage in thousands of daily interactions, cleaners are
expected to maintain sociability and favour social interactions (Stephenson et al., 2018).
Therefore, by abstaining from social distancing, cleaners prevented potential conflicts of
interest that might arise from such behaviour (Stockmaier et al., 2021). By suppressing their
sickness behaviour, individuals gain direct fitness benefits and sustain their normal

functioning (Lopes, 2014). Moreover, the influence of social environment (e.g. rich social life of complex societies where individuals are widely stimulated during their early development stages) must be considered. Such environments modulate behaviour, providing a background that encourages individuals to diminish or even foregone sickness behaviour (Grueter et al., 2020; Lopes, 2014; Ward & Webster, 2016). By considering the changes in physical, environmental, and social factors and how these will influence individual behaviour, group formation, and sociality, one can better evaluate the possibility of highly social individuals, such as cleaners, to include social distancing as part of their behavioural repertoire (Komdeur & Ma, 2011; Triki & Bshary, 2020; Wismer et al., 2021).

LPS-injected cleaners engaged in fewer cleaning interactions (Fig. 5A), potentially indicating social distancing or increased lethargy. The higher number of client jolts (i.e., dishonesty) observed for control group cleaners compared to LPS-injected ones (Fig. 5C), suggests that the reduction of interactions in LPS-injected cleaners may be related to lethargy. Additionally, decreased cooperativeness was also evident in the bystander test (Fig. 1), where LPS-injected cleaners failed to adjust their behaviour cooperatively, unlike control cleaners. Despite this, client fish maintained their intention to socially interact with LPS-injected cleaners (i.e. posing displays, Fig. 5D), suggesting a lack of measures on behalf of the client to prevent disease transmission, such as avoidance behaviours (Stockmaier et al., 2021).

Previous interactions influence the stability of mutualism, with clients returning to the cleaning station where there was no conflict. Additionally, studies have shown that the quality of service provided by cleaners is influenced by their interaction with previous clients, with short-term stress often resulting in higtened levels of cooperation (Bshary et al., 2011; Bshary & Schäffer, 2002). In our study, although LPS-injected cleaners failed to adjust their behaviour towards the clients and manage their reputation effectively, clients continue to exhibet interest in engaging in cleaning interactions with these individuals. The extent to which these results demonstrate the inability of clients to detect sickness behaviour in cleaners or if they deliberately chose to interact despite it remains uncertain.

Given that fish may be more susceptible to pathogen transmission during cleaning interactions, and considering the frequent, prolific, transient, and intimate nature of these interactions among cleaners, the lack of social distancing, and the absence of social avoidance among clients, cleaning interactions can indeed be viewed as potential 'super-spreader' events (Narvaez et al., 2022).

LPS-injected cleaner were unable to adjust their behaviour in the presence of an audience (Fig. 1), suggesting a potential decline in their highly sophisticated decision-making abilities (Pinto, 2011; Tebbich et al., 2002). Similar cognitive impairments have

been reported in other species affected by pathogens, highlighting the intricate relationship
between behaviour and the immune system in fish (Barber et al., 2017; Kirsten et al., 2018).
Moreover, the energy consumption associated with infection can lead to resource
reallocation, further compromising cognitive function, which is further influenced by the
severity of the infection (Binning et al., 2018). Considering how cleaning mutualism relie on
cognitive processes, it comes as no surprise that the finetuning of this interaction is
negatively impacted by sick behaviour (Soares, 2017). The extent to which the inability of
cleaner to adjust their behaviour in the presence of a bystander is attributed to cognitive
impairments alone or a combination of cognitive decline and socioecological pressures
requires further investigation.
436

Conclusions

In conclusion, despite the benefits of simple social adaptations like social distancing
are known in reducing the costs of disease spread (Stockmaier et al., 2021), there is no
evidence of such measures in this cleaning mutualism. Furthermore,our findings suggest
that clients failed to detect sickness behaviour, such as lethargy, and did not use it to control
pathogens' transmission (Kappeler et al., 2015; Stockmaier et al., 2021). Moreover, the fact
that LPS-injected cleaners did not adjust their behaviour in the presence of a bystander
suggests that sickness may compromise cognitive sophistication and ability to manage their
reputation (Truskanov et al., 2020).

Further studies could benefit from exploring the possible use of social distancing
among cleaners by using immunostimulated cleaners as stimuli in the social preference
tests. It would also be beneficial to understand how the sickness behavior in clients may
influence the cleaning mutualism in both the social preference test and the interactions.
Finally, the study of neuromodulators could also provide valuable insights on the
neurobiological processes associated with sickness behavior.

Our findings underscore the lack of social avoidance towards sick-behaving
cleaners, reinforcing the characterization of cleaning interactions as super-spreader events
(Narvaez et al., 2022; Narvaez, Yong, et al., 2021)
455

Funding
457 This work was supported by FCT—Fundação para a Ciência e Tecnologia, I.P., within the
458 project grant PTDC/BIA-BMA/0080/2021 - ChangingMoods to JRP, the scientific
459 employment stimulus program 2021.01030.CEECIND to JRP, the strategic project
460 UIDB/04292/2020 to MARE and project LA/P/0069/2020 to the Associate Laboratory
461 ARNET.

Acknowledgements

464 We would like to acknowledge all members of the Behavioural Ecology and Evolution group

465 who contributed with comments and help throughout this work.

References

Aellen, M., Dufour, V., & Bshary, R. (2021). Cleaner fish and other wrasse match primates in their ability to delay gratification. *Animal Behaviour*, *176*, 125–143. https://doi.org/10.1016/j.anbehav.2021.04.002

Angiulli, E., Pagliara, V., Cioni, C., Frabetti, F., Pizzetti, F., Alleva, E., & Toni, M. (2020). Increase in environmental temperature affects exploratory behaviour, anxiety and social preference in Danio rerio. *Scientific Reports*, *10*(1), 5385. https://doi.org/10.1038/s41598-020-62331-1

Ashby, B., & Farine, D. R. (2022). Social information use shapes the coevolution of sociality and virulence. *Evolution*, *76*(6), 1153–1169. https://doi.org/10.1111/evo.14491

Barber, I., Mora, A. B., Payne, E. M., Weinersmith, K. L., & Sih, A. (2017). Parasitism, personality and cognition in fish. *Behavioural Processes*, *141*, 205–219. https://doi.org/10.1016/j.beproc.2016.11.012

Binning, S. A., Roche, D. G., Grutter, A. S., Colosio, S., Sun, D., Miest, J., & Bshary, R. (2018). Cleaner wrasse indirectly affect the cognitive performance of a damselfish through ectoparasite removal. *Proceedings of the Royal Society B: Biological Sciences*, *285*(1874), 20172447. https://doi.org/10.1098/rspb.2017.2447

Brooks, M., E., Kristensen, K., Benthem, K., J. ,van, Magnusson, A., Berg, C., W., Nielsen, A., Skaug, H., J., Mächler, M., & Bolker, B., M. (2017). glmmTMB Balances Speed and Flexibility Among Packages for Zero-inflated Generalized Linear Mixed Modeling. *The R Journal*, *9*(2), 378. https://doi.org/10.32614/RJ-2017-066

Brown, C. (Ed.). (2008). *Fish cognition and behavior* (Nachdr.). Blackwell.

Bshary, R., Oliveira, R. F., & Grutter, A. S. (2011). Short-Term Variation in the Level of Cooperation in the Cleaner Wrasse Labroides dimidiatus: Implications for the Role of Potential Stressors: Short-Term Stress Promotes Cooperation. *Ethology*, *117*(3), 246–253. https://doi.org/10.1111/j.1439-0310.2010.01872.x

Bshary, R., & Schäffer, D. (2002). Choosy reef fish select cleaner fish that provide high-quality service. *Animal Behaviour*, *63*(3), 557–564. https://doi.org/10.1006/anbe.2001.1923

Chiara, V., & Kim, S. (2023). ANIMALTA: A highly flexible and easy-to-use program for tracking and analysing animal movement in different environments. *Methods in Ecology and Evolution*, *14*(7), 1699–1707. https://doi.org/10.1111/2041-210X.14115

De Waal, F. B. M. (2019). Fish, mirrors, and a gradualist perspective on self-awareness. *PLOS Biology*, *17*(2), e3000112. https://doi.org/10.1371/journal.pbio.3000112

Dunbar, R. I. M. (1998). The social brain hypothesis. *Evolutionary Anthropology: Issues, News, and Reviews*, *6*(5), 178–190. https://doi.org/10.1002/(SICI)1520-6505(1998)6:5<178::AID-EVAN5>3.0.CO;2-8

Evans, J. C., Silk, M. J., Boogert, N. J., & Hodgson, D. J. (2020). Infected or informed? Social structure and the simultaneous transmission of information and infectious disease. *Oikos*, *129*(9), 1271–1288. https://doi.org/10.1111/oik.07148

Friard, O., & Gamba, M. (2016). BORIS: A free, versatile open-source event-logging software for video/audio coding and live observations. *Methods in Ecology and Evolution*, *7*(11), 1325–1330. https://doi.org/10.1111/2041-210X.12584

Gingins, S., Marcadier, F., Wismer, S., Krattinger, O., Quattrini, F., Bshary, R., & Binning, S. A. (2018). The performance of cleaner wrasse, *Labroides dimidiatus,* in a reversal learning task varies across experimental paradigms. *PeerJ*, *6*, e4745. https://doi.org/10.7717/peerj.4745

Grueter, C. C., Qi, X., Zinner, D., Bergman, T., Li, M., Xiang, Z., Zhu, P., Migliano, A. B., Miller, A., Krützen, M., Fischer, J., Rubenstein, D. I., Vidya, T. N. C., Li, B., Cantor, M., & Swedell, L. (2020). Multilevel Organisation of Animal Sociality. *Trends in Ecology & Evolution*, *35*(9), 834–847. https://doi.org/10.1016/j.tree.2020.05.003

Grutter, A. S., De Brauwer, M., Bshary, R., Cheney, K. L., Cribb, T. H., Madin, E. M. P., McClure, E. C., Meekan, M. G., Sun, D., Warner, R. R., Werminghausen, J., & Sikkel, P. C. (2018). Parasite infestation increases on coral reefs without cleaner fish. *Coral Reefs*, *37*(1), 15–24. https://doi.org/10.1007/s00338-017-1628-z

Humphrey, N. K., & Ford, H. (sem data). *The social function of intellect.*

Kappeler, P. M., Cremer, S., & Nunn, C. L. (2015). Sociality and health: Impacts of sociality on disease susceptibility and transmission in animal and human societies. *Philosophical Transactions of the Royal Society B: Biological Sciences*, *370*(1669), 20140116. https://doi.org/10.1098/rstb.2014.0116

Kirsten, K., Fior, D., Kreutz, L. C., & Barcellos, L. J. G. (2018). First description of behavior and immune system relationship in fish. *Scientific Reports*, *8*(1), 846. https://doi.org/10.1038/s41598-018-19276-3

Kohda, M., Sogawa, S., Jordan, A. L., Kubo, N., Awata, S., Satoh, S., Kobayashi, T., Fujita, A., & Bshary, R. (2022). Further evidence for the capacity of mirror self-recognition in cleaner fish and the significance of ecologically relevant marks. *PLOS Biology*, *20*(2), e3001529. https://doi.org/10.1371/journal.pbio.3001529

Komdeur, J., & Ma, L. (2021). *Keeping up with environmental change: The importance of sociality.*

Kroon, F., Streten, C., & Harries, S. (2017). A protocol for identifying suitable biomarkers to assess fish health: A systematic review. *PLOS ONE*, *12*(4), e0174762. https://doi.org/10.1371/journal.pone.0174762

Lopes, P. C. (2014). When is it socially acceptable to feel sick? *Proceedings of the Royal Society B: Biological Sciences*, *281*(1788), 20140218. https://doi.org/10.1098/rspb.2014.0218

Lopes, P. C., Adelman, J., Wingfield, J. C., & Bentley, G. E. (2012). Social context modulates sickness behavior. *Behav Ecol Sociobiol*.

McAuliffe, K., Drayton, L. A., Royka, A., Aellen, M., Santos, L. R., & Bshary, R. (2021). Cleaner fish are sensitive to what their partners can and cannot see. *Communications Biology*, *4*(1), 1127. https://doi.org/10.1038/s42003-021-02584-2

Narvaez, P., Morais, R. A., Vaughan, D. B., Grutter, A. S., & Hutson, K. S. (2022). Cleaner fish are potential super-spreaders. *Journal of Experimental Biology*, *225*(15), jeb244469. https://doi.org/10.1242/jeb.244469

Narvaez, P., Vaughan, D. B., Grutter, A. S., & Hutson, K. S. (2021). New perspectives on the role of cleaning symbiosis in the possible transmission of fish diseases. *Reviews in Fish Biology and Fisheries*, *31*(2), 233–251. https://doi.org/10.1007/s11160-021-09642-2

Narvaez, P., Yong, R. Q.-Y., Grutter, A. S., & Hutson, K. S. (2021). Are cleaner fish clean? *Marine Biology*, *168*(5), 59. https://doi.org/10.1007/s00227-021-03858-3

Paula, J. R., Baptista, M., Carvalho, F., Repolho, T., Bshary, R., & Rosa, R. (2019). The past, present and future of cleaner fish cognitive performance as a function of CO_2 levels. *Biology Letters*, *15*(12), 20190618. https://doi.org/10.1098/rsbl.2019.0618

Paula, J. R., Repolho, T., Pegado, M. R., Thörnqvist, P.-O., Bispo, R., Winberg, S., Munday, P. L., & Rosa, R. (2019). Neurobiological and behavioural responses of cleaning mutualisms to ocean warming and acidification. *Scientific Reports*, *9*(1), 12728. https://doi.org/10.1038/s41598-019-49086-0

Pinto, A. (2011). *Cleaner Wrasses Labroides dimidiatus Are More Cooperative in the Presence of an Audience*. *21*(13).

Ros, A. F. H., Nusbaumer, D., Triki, Z., Grutter, A. S., & Bshary, R. (2020). The impact of long-term reduced access to cleaner fish on health indicators of resident client fish. *Journal of Experimental Biology*, jeb.231613. https://doi.org/10.1242/jeb.231613

Rosengaus, R., Traniello, J., & Bakker, T. (2022). Sociality and disease: Behavioral perspectives in ecological and evolutionary immunology. *Behavioral Ecology and Sociobiology*, *76*(7), 98, s00265-022-03203–03208. https://doi.org/10.1007/s00265-022-03203-8

Ruane, N. M., Nolan, D. T., Rotllant, J., Costelloe, J., & Wendelaar Bonga, S. E. (2000). Experimental exposure of rainbow trout Oncorhynchus mykiss (Walbaum) to the infective stages of the sea louseLepeophtheirus salmonis (Krøyer) influences the physiological response to an acute stressor. *Fish & Shellfish Immunology*, *10*(5), 451–463. https://doi.org/10.1006/fsim.1999.0260

Sakai, M. (1999). Current research status of fish immunostimulants. *Aquaculture*, *172*(1–2), 63–92. https://doi.org/10.1016/S0044-8486(98)00436-0

Schmid-Hempel, P. (2021). Sociality and parasite transmission. *Behavioral Ecology and Sociobiology*, *75*(11), 156. https://doi.org/10.1007/s00265-021-03092-3

Seyfarth, R. M., & Cheney, D. L. (2015). How sociality shapes the brain, behaviour and cognition. *Animal Behaviour*, *103*, 187–190. https://doi.org/10.1016/j.anbehav.2015.01.026

Soares, M. C. (2017). The Neurobiology of Mutualistic Behavior: The Cleanerfish Swims into the Spotlight. *Frontiers in Behavioral Neuroscience*, *11*, 191. https://doi.org/10.3389/fnbeh.2017.00191

Stephenson, J. F., Perkins, S. E., & Cable, J. (2018). Transmission risk predicts avoidance of infected conspecifics in Trinidadian guppies. *Journal of Animal Ecology*, *87*(6), 1525–1533. https://doi.org/10.1111/1365-2656.12885

Stockmaier, S., Stroeymeyt, N., Shattuck, E. C., Hawley, D. M., Meyers, L. A., & Bolnick, D. I. (2021). Infectious diseases and social distancing in nature. *Science*, *371*(6533), eabc8881. https://doi.org/10.1126/science.abc8881

Tebbich, S., Bshary, R., & Grutter, A. (2002). Cleaner fish Labroides dimidiatus recognise familiar clients. *Animal Cognition*, *5*(3), 139–145. https://doi.org/10.1007/s10071-002-0141-z

Townsend, A. K., Hawley, D. M., Stephenson, J. F., & Williams, K. E. G. (2020). Emerging infectious disease and the challenges of social distancing in human and non-human animals. *Proceedings of the Royal Society B: Biological Sciences*, *287*(1932), 20201039. https://doi.org/10.1098/rspb.2020.1039

Triki, Z., & Bshary, R. (2020). Long-term memory retention in a wild fish species *Labroides dimidiatus* eleven months after an aversive event. *Ethology*, *126*(3), 372–376. https://doi.org/10.1111/eth.12978

Triki, Z., & Bshary, R. (2021). Sex differences in the cognitive abilities of a sex-changing fish species *Labroides dimidiatus*. *Royal Society Open Science*, *8*(7), 210239. https://doi.org/10.1098/rsos.210239

Triki, Z., Wismer, S., Levorato, E., & Bshary, R. (2018). A decrease in the abundance and
strategic sophistication of cleaner fish after environmental perturbations. *Global*
Change Biology, *24*(1), 481–489. https://doi.org/10.1111/gcb.13943
Truskanov, N., Emery, Y., & Bshary, R. (2020). Juvenile cleaner fish can socially learn the
consequences of cheating. *Nature Communications*, *11*(1), 1159.
https://doi.org/10.1038/s41467-020-14712-3
Vaughan, D. B., Grutter, A. S., Costello, M. J., & Hutson, K. S. (2017). Cleaner fishes and shrimp
diversity and a re-evaluation of cleaning symbioses. *Fish and Fisheries*, *18*(4), 698–
716. https://doi.org/10.1111/faf.12198
Ward, A., & Webster, M. (2016). *Sociality: The Behaviour of Group-Living Animals*. Springer
International Publishing. https://doi.org/10.1007/978-3-319-28585-6

Figure legends:

Figure 1. Bystander score, i.e., change in the flake to prawn ratio eaten by cleaners as a

performance score in the presence of a bystander plate, in following saline (control) or LPS

injection. Back-transformed predicted means ±95% C.I. from the model and raw data values

are presented.

Supplemental Materials:

Figure 1 – Spleen-somatic index for control and LPS-injected individuals. Back-transformed

predicted means ±95% confidence intervals (C.I.) from the model and raw data values are

presented.