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Cortical tracking of hierarchical rhythms orchestrates the multisensory processing of biological motion

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Abstract

When observing others' behaviors, we continuously integrate their movements with the corresponding sounds to enhance perception and develop adaptive responses. However, how the human brain integrates these complex audiovisual cues based on their natural temporal correspondence remains unclear. Using electroencephalogram (EEG), we demonstrated that rhythmic cortical activity tracked the hierarchical rhythmic structures in audiovisually congruent human walking movements and footstep sounds. Remarkably, the cortical tracking effects exhibit distinct multisensory integration modes at two temporal scales: an additive mode in a lower-order, narrower temporal integration window (step-cycle) and a super-additive enhancement in a higher-order, broader temporal window (gait-cycle). Furthermore, while neural responses at the lower-order timescale reflect a domain-general audiovisual integration process, cortical tracking at the higher-order timescale is exclusively engaged in the integration of biological motion cues. In addition, only this higher-order, domain-specific cortical tracking effect correlates with individuals' autistic traits, highlighting its potential as a neural marker for autism spectrum disorder. These findings unveil the multifaceted mechanism whereby rhythmic cortical activity supports the multisensory integration of human motion, shedding light on how neural coding of hierarchical temporal structures orchestrates the processing of complex, natural stimuli across multiple timescales.

Keywords: multisensory integration, biological motion, rhythm, cortical tracking, autistic traits

Introduction

The perception of biological motion (BM), the movements of living creatures, is a fundamental ability of the human visual system. Extensive evidence shows that humans can readily perceive BM from a visual display depicting just a handful of light dots attached to the head and major joints of a moving person (Blake & Shiffrar, 2007). Nevertheless, in real life, BM perception often occurs in multisensory contexts. For instance, one may simultaneously hear footstep sounds while seeing others walking. The integration of these visual and auditory BM cues facilitates the detection, discrimination, and attentional processing of BM (Mendonça et al., 2011; Shen, Lu, Wang, et al., 2023; Thomas & Shiffrar, 2013; van der Zwan et al., 2009). Notably, such benefits are diminished when the visual BM is deprived of characteristic kinematic cues but not low-level motion attributes (Brooks et al., 2007; Shen, Lu, Wang, et al., 2023; Thomas & Shiffrar, 2010), and the temporal windows of perceptual audiovisual synchrony are different between BM and non-BM stimuli (Arrighi et al., 2006; Saygin et al., 2008), highlighting the specificity of audiovisual BM processing. This specificity may relate to the evolutionary significance of BM and its pivotal role in social situations. In particular, integrating multisensory BM cues is foundational for perceiving and attending to other people and developing further social interaction. Such ability is usually compromised in people with social deficits, such as individuals with autism spectrum disorder (ASD) (Falck-Ytter et al., 2013, 2018; Feldman et al., 2018). These findings underline the unique contribution of multisensory BM processing to human perception and social cognition. However, despite the behavioral evidence, the neural

coding of audiovisual BM cues and its possible link with individuals' social cognitive

capability remains largely unexplored.

An intrinsic property of human movements (such as walking and running) is that

they are rhythmic and accompanied by frequency-congruent sounds. The audiovisual

integration (AVI) of such rhythmic stimuli may involve a process that brain activity

aligning with and tracking external rhythms, revealed by increased power or phase

coherence of neural oscillations at corresponding frequencies (Bauer et al., 2020; Ding

et al., 2016; Obleser & Kayser, 2019). Studies based on simple or discrete stimuli show

that temporal congruency in auditory and visual rhythms significantly enhances the

cortical tracking of rhythmic stimulations in both modalities (Covic et al., 2017; Keitel &

Müller, 2016; Nozaradan et al., 2012b). Unlike these stimuli, BM conveys complex

hierarchical rhythmic structures corresponding to integration windows at multiple

temporal scales. For example, the human locomotion movement has a narrower

integration window consisting of each step (i.e., step cycle) and a broader integration

window incorporating the opponent motion of the two feet (i.e., gait cycle). A recent

study suggests that neural tracking of these nested kinematic structures contributes to

the spatiotemporal integration of visual BM cues in different manners (Shen, Lu, Yuan,

et al., 2023). However, it remains open whether and how the cortical tracking of

hierarchical rhythmic structures underpins the AVI of BM information.

To tackle this issue, we recorded electroencephalogram (EEG) signals from

participants who viewed rhythmic point-light walkers or/and listened to the

corresponding footstep sounds under visual (V), auditory (A), and audiovisual (AV)

conditions in Experiments 1a & 1b (**Fig. 1**). An enhanced cortical tracking effect in the

AV condition compared to each unisensory condition will indicate significant

multisensory gains. Moreover, we adopted an additive model to classify multisensory

integration based on the AV vs A+V comparison. This model assumes independence

between inputs from each sensory modality and distinguishes among sub-additive (AV

< A+V), additive (AV = A+V), and super-additive (AV > A+V) response modes (see a

review by Stevenson et al., 2014). The additive mode represents a linear combination

between two modalities. In contrast, the super-additive and sub-additive modes

indicate non-linear interaction processing, either with potentiated neural activation to

facilitate the perception or detection of near-threshold signals (super-additive) or a

deactivation mechanism to minimize the processing of redundant information cross-

modally (sub-additive) (Laurienti et al., 2005; Metzger et al., 2020; Stanford et al., 2005;

Wright et al., 2003). Distinguishing among these integration modes may help elucidate

the neural mechanism underlying AVI in specific contexts.

Experiment 2 examined to what extent the AVI effect was specific to the

multisensory processing of BM by using non-BM (inverted visual stimuli) as a control.

Inversion disrupts the unique, gravity-compatible kinematic features of BM but not the

rhythmic signals generated by low-level motion cues (Ma et al., 2022; Shen, Lu, Yuan,

et al., 2023; Simion et al., 2008; Troje & Westhoff, 2006; Wang et al., 2022), thus is

expected to interfere with the BM-specific neural processing. Participants perceived

visual BM stimuli accompanied by temporally congruent or incongruent BM sounds.

Comparing the congruency effect in neural responses between the upright and

inverted conditions allowed us to verify whether the AVI of BM involves a mechanism

distinct from that underlies the AVI of non-BM. In addition, we further explored the

possible linkage between the BM-specific neural tracking effect and observers' autistic

traits. Previous behavioral studies found reduced orienting to audiovisually

synchronized BM stimuli in ASD (Falck-Ytter et al., 2018). Since individuals with

varying social cognitive abilities lie on a continuum extending from clinical to nonclinical

populations with different levels of autistic traits, we investigated whether cortical

tracking of audiovisual BM correlates with individuals' autistic traits, as measured by

the Autism-Spectrum Quotient (AQ) (Baron-Cohen et al., 2001).

Results

In all experiments, 17%–23% of the trials were randomly selected as catch trials, in

which the color of the walker changed one or two times throughout the trial, and there

was no color change in other trials. Participants were required to detect the color

change of visual stimuli (0-2 times during one trial) to maintain attention. Behavioral

analysis on all trials showed that their performances for the task were generally high

and equally well in all conditions of Experiment 1a (mean accuracy > 98%; $F(2, 46) =$

0.814, $p = .450$, $\eta_p^2 = 0.034$), Experiment 1b (mean accuracy > 98%; $F(2, 46) = 0.615$,

$p = .545$, $\eta_p^2 = 0.026$), and Experiment 2 (mean accuracy > 98%; $F(3, 69) = 0.493$, p

$= .688$, $\eta_p^2 = 0.021$), indicating comparable attention state across conditions. The catch

trials were excluded from the following EEG analysis.

Cortical tracking of rhythmic structures in audiovisual BM reveals AVI

Experiment 1a. In Experiment 1a, we examined the cortical tracking of rhythmic BM

information under V, A, and AV conditions (**Fig. 1c**). We were interested in two critical

rhythmic structures in the walking motion sequence, i.e., the gait cycle and the step

cycle (**Fig. 1a & 1b**). During walking, each step of the left or right foot occurs

alternatively to form a step cycle, and the antiphase oscillations of limbs during two

steps characterize a gait cycle (Shen, Lu, Yuan, et al., 2023). In Experiment 1a, the

frequency of a full gait cycle is 1 Hz, and the step-cycle frequency is 2 Hz. The strength

of the cortical tracking effect was quantified by the amplitude peaks emerging from the

EEG spectra at these frequencies.

As shown in the grand average amplitude spectra (**Fig. 2a**), both the responses in

three conditions showed clear peaks at step-cycle frequency (2 Hz; V: t (23) = 6.963,

$p < 0.001$; A: t (23) = 6.073, $p < .001$; AV: t (23) = 7.054, $p < 0.001$; FDR corrected). In

contrast, at gait-cycle frequency (1 Hz), only the response to AV stimulation showed

significant peaks (V: t (23) = -2.072, p = 0.975; A: t (23) = -0.054, p = 0.521; AV: t (23)

= 4.059, $p < 0.001$; FDR corrected). Besides, we also observed significant peaks at 4

Hz in all three conditions (ps < 0.001, FDR corrected), which showed a similar

audiovisual integration mode as 2 Hz (see more details in Supplementary Information).

Furthermore, we directly compared the cortical tracking effects between different

conditions via a two-tailed paired t-test. At both 1 Hz (**Fig. 2b**) and 2 Hz (**Fig. 2c**), the

amplitude in the AV condition was greater than that in the V condition (1 Hz: t (23) =

4.664, $p < 0.001$, Cohen's $d = 0.952$; 2 Hz: $t(23) = 5.132$, $p < 0.001$, Cohen's $d = 1.048$)

and the A condition (1 Hz: $t(23) = 2.391$, $p = 0.025$, Cohen's $d = 0.488$; 2 Hz: $t(23) =$

3.808, $p < 0.001$, Cohen's $d = 0.777$), respectively, suggesting multisensory gains.

More importantly, at 1Hz, the amplitude in the AV condition was significantly larger than

the algebraic sum of those in the A and V conditions ($t(23) = 3.028$, $p = 0.006$, Cohen's

$d = 0.618$), indicating a super-additive audiovisual integration effect. While at 2Hz, the

amplitude in the AV condition was comparable to the unisensory sum ($t(23) = -0.623$,

$p = 0.539$, Cohen's $d = -0.127$), indicating additive audiovisual integration.

Experiment 1b. To further test whether such cortical tracking effect can apply to stimuli

with a different speed, Experiment 1b altered the frequencies of the gait cycle and the

corresponding step cycle to 0.83 Hz and 1.67 Hz while adopting the same paradigm

as Experiment 1a. Consistent with Experiment 1a, the frequency-domain analysis

revealed significant cortical tracking of the audiovisual stimuli at the new speeds. As

shown in **Fig. 2d**, both the responses to V, A, and AV stimuli showed clear peaks at

step-cycle frequency (1.67 Hz; V: $t(23) = 3.473$, $p = .001$; A: $t(23) = 9.194$, $p < .001$;

AV: $t(23) = 8.756$, $p < .001$; FDR corrected) and its harmonics (3.33 Hz, ps $< .001$,

FDR corrected). In contrast, at gait-cycle frequency (0.83 Hz), only the response to AV

stimuli showed significant peaks (V: $t(23) = -1.125$, $p = .846$; A: $t(23) = -2.449$, $p = .989$;

AV: $t(23) = 3.052$, $p = .003$; FDR corrected).

At both 0.83 Hz (**Fig. 2e**) and 1.67 Hz (**Fig. 2f**), the amplitude in the AV condition

was stronger or marginally stronger than that in the V condition (0.83 Hz: $t(23) = 2.665$,

p = .014, Cohen's d = 0.544; 1.67 Hz: t (23) = 6.380, p < .001, Cohen's d = 1.302) and

the A condition (0.83 Hz: t (23) = 3.625, p < .001, Cohen's d = 0.740; 1.67 Hz: t (23) =

1.752, p = .093, Cohen's d = 0.358), respectively, suggesting multisensory gains. More

importantly, at 0.83 Hz, the amplitude in the AV condition was significantly larger than

the sum of those in the A and V conditions (t (23) = 3.240, p = .004, Cohen's d = 0.661),

indicating a super-additive audiovisual integration effect. While at 1.67 Hz, the

amplitude in the AV condition was comparable to the unisensory sum (t (23) = -0.735,

p = .470, Cohen's d = -0.150), indicating linear audiovisual integration. Significant

peaks were also observed at 3.33 Hz in all three conditions (ps < 0.001, FDR corrected),

which showed similar audiovisual integration mode as 1.67 Hz (see more details in

Supplementary Information).

In summary, results from Experiments 1a & 1b consistently showed that the

cortical tracking of the audiovisual signals at different temporal scales exhibit distinct

audiovisual integration modes, i.e., the super-additive effect at gait-cycle frequency

and the additive effect at step-cycle frequency, indicating that the cortical tracking

effects at the two temporal scales might be driven by functionally dissociable

mechanisms.

Cortical tracking of higher-order rhythmic structure contributes to the AVI

of BM

To further explore whether and how the cortical tracking of rhythmic structures

contributes to the specialized audiovisual processing of BM, both upright and inverted

BM stimuli were adopted in Experiment 2. The task and the frequencies of visual stimuli

in Experiment 2 were same as Experiment 1a. Specifically, participants were required

to perform the change detection task when perceiving upright and inverted visual BM

sequences (1 Hz for gait-cycle frequency and 2 Hz for step-cycle frequency)

accompanied by frequency congruent (1 Hz) or incongruent (0.6 Hz and 1.4 Hz)

footstep sounds (**Fig. 1c**). The audiovisual congruency effect, characterized by

stronger neural responses in the audiovisual congruent condition compared with the

incongruent condition, can be taken as an index of AVI (Fleming et al., 2020; Maddox

et al., 2015; Wuerger, Crocker-Buque, et al., 2012). A stronger congruency effect in

the upright condition relative to the inverted condition characterizes an AVI process

specific to BM information.

We contrasted the congruency effect between the upright and inverted conditions

to search for clusters showing a significant difference, which equaled identifying an

interaction effect, using a cluster-based permutation test over all electrodes (n = 1000,

alpha = 0.05; see *Methods*). At 1 Hz, the congruency effect in the upright condition was

significantly stronger than that in the inverted condition in a cluster at the right

hemisphere (**Fig. 3a**, lower panel, p = 0.029; C2, CPz, CP2, CP4, CP6, Pz, P2, P4,

P6). Then, we averaged the amplitude of electrodes within the significant cluster and

performed two-tailed paired t-tests to examine whether the congruency was significant

in the upright and the inverted conditions, respectively. Results showed that (**Fig. 3b**)

audiovisual congruency enhanced the oscillatory amplitude only for upright BM (t (23)

= 4.632, p < 0.001, Cohen's d = 0.945) but not when visual BM was inverted (t (23) =

0.480, p = 0.635, Cohen's d = 0.098). Together, these findings suggest that cortical

tracking of the high-order gait cycles involves a domain-specific process exclusively

engaged in the AVI of BM.

In contrast, at 2 Hz, no cluster showed a significantly different congruency effect

between the upright and inverted conditions (**Fig. 3d**). We then conducted further

analysis based on the electrodes yielded by 1 Hz as marked in **Fig. 3a**. Results showed

that both upright and inverted stimuli induced a significant congruency effect at 2 Hz

(**Fig. 3e**; Upright: t (23) = 3.096, p = 0.005, Cohen's d = 0.632; Inverted: t (23) = 2.672,

p = 0.014, Cohen's d = 0.545). These findings suggest that neural tracking of the lower-

order step cycles is associated with a domain-general AVI process mostly driven by

temporal correspondence in physical stimuli.

BM-specific cortical tracking correlates with autistic traits

Furthermore, we examined the link between individuals' autistic traits and the

neural responses underpinning the AVI of BM, measured by the difference of

congruency effect between the upright and the inverted BM conditions, using Pearson

correlation analysis. After removing one outlier (whose neural response exceeded 3

SD from the group mean), we observed an evident negative correlation between

individuals' AQ scores and their neural responses at 1 Hz (**Fig. 3c**, r = -0.493, p =

0.017) but not at 2 Hz (**Fig. 3f**, r = -0.158, p = .460). The lack of significant results at 2

Hz was not attributable to electrode selection bias based on the significant cluster at 1

Hz, as similar results were observed when we performed the analysis on clusters

showing non-selective significant congruency effects at 2 Hz (see the control analysis

in Supplementary Information for details). Besides, we split the participants based on

their median AQ score and found that, compared with the high AQ group, the low AQ

group showed a greater BM-specific cortical tracking effect at 1 Hz but not at 2 Hz.

These findings provide further support to the possible linkage between social cognition

and cortical tracking of biological motion as well as its dissociation at the two temporal

scales (see more details in Supplementary Information).

Discussion

The current study investigated the neural implementation for the AVI of human BM

information. We found that, even under a motion-irrelevant color detection task,

observers' neural activity tracked the temporally corresponding audiovisual BM signals

at the frequencies of two rhythmic structures, i.e., the higher-order structure of gait

cycle at a larger integration window and the basic-level structure of step cycle at a

smaller integration window. The strength of these cortical tracking effects was

enhanced under the audiovisual condition than in the visual-only or auditory-only

condition, indicating multisensory gains. More crucially, although the cortical tracking

of both gait-cycle and step-cycle gain benefits from multisensory correspondence, the

mechanisms underlying these two processes appear to be different. At step-cycle

frequency, the cortical tracking effect in the AV condition equaled the additive sum of

the unisensory conditions. Such linear integration may result from concurrent,

independent processing of unisensory inputs without additional interaction of them

(Stein et al., 2009). In contrast, at gait-cycle frequency, the congruent audiovisual

signals led to a super-additive multisensory enhancement over the linear combination

of auditory and visual conditions (AV > A+V), despite that there was no evident cortical

tracking effect in the visual condition, different from previous findings obtained with a

motion-relevant change detection task (Shen, Lu, Yuan, et al., 2023). This super-

additive multisensory enhancement may bring about decreased thresholds of

detection and identification (Stanford et al., 2005), allowing us to achieve a more clear

and stable perception of the external environment and detect weak stimulus changes

in time and respond adaptively.

Furthermore, results from Experiment 2 demonstrated that the cortical tracking of

rhythmic structure corresponding to the gait cycle rather than the step cycle underlies

the specialized processing of audiovisual BM information. In particular, the AVI effect

at step-cycle frequency was significant for both upright and inverted BM signals and

comparable between the two conditions, while the AVI effect at gait-cycle frequency

was only significant in the upright condition and was greater than that in the inverted

condition. The inversion effect has long been regarded as a marker of the specificity

of BM processing in numerous behavioral and neuroimaging studies (Grossman &

Blake, 2001; Ma et al., 2022; Shen, Lu, Yuan, et al., 2023; Simion et al., 2008; Troje &

Westhoff, 2006; Vallortigara & Regolin, 2006; Wang et al., 2014; Wang & Jiang, 2012;

Wang et al., 2022). Our current findings of the inversion effect in the cortical tracking

of audiovisual BM at the gait-cycle frequency suggest that the neural encoding of the

higher-order rhythmic structure reflects the AVI of BM and contributes to the

specialized processing of BM information. In contrast, the cortical tracking of the step-

cycle may reflect the integration of basic motion signals and corresponding sounds.

Together, these results reveal that the neural tracking of rhythmic structures at different

temporal scales plays distinct roles in the AVI of BM, which may result from the

interplay of stimulus-driven and domain-specific mechanisms.

Besides the temporal dynamics of neural activity revealed by the cortical tracking

process, we found that the BM-specific AVI effect was associated with neural activity

in the right temporoparietal electrodes. This finding likely relates to the activation of the

right posterior superior temporal sulcus (pSTS), a region responding to both auditory

and visual BM information and being causally involved in BM perception (Bidet-Caulet

et al., 2005; Grossman et al., 2005; Wang et al., 2022). While previous fMRI studies

have observed STS activation when processing spatial or semantic correspondence

between audiovisual BM (Meyer et al., 2011; Wuerger, Parkes, et al., 2012), whether

this region also engages in the audiovisual processing of BM signals based on

temporal correspondence remains unknown. The current study provides preliminary

evidence for such a possibility, inviting future research to localize the exact source of

the multisensory integration processes based on imaging data with high spatial and

temporal resolutions, such as MEG.

Cortical tracking of external rhythms is also described as cortical entrainment in a

broad sense (Ding et al., 2016; Obleser & Kayser, 2019). Controversy remains

regarding the involvements of endogenous neural oscillations and stimulus-evoked

responses in these processes (Duecker et al., 2024), as it is challenging to fully

dissociate these components due to their intricate interplay (Herrmann et al., 2016; Hosseinian et al., 2021). Despite the complexity of the neuronal mechanisms, previous research suggests that cortical tracking or entrainment plays a role in the multisensory processing of simple or discrete rhythmic signals (Covic et al., 2017; Keitel & Müller, 2016; Nozaradan et al., 2012b). These findings may partially explain the non-selective AVI effect at the step-cycle in the current study. However, we found that the cortical tracking of the higher-order rhythmic structure formed by spatiotemporal integration of meaningful BM information (i.e., the gait cycle of upright walkers rather than inverted walkers) is selectively engaged in the AVI of BM, suggesting that the multisensory processing of natural continuous stimuli may involve unique mechanisms besides the purely stimulus-driven AVI process. These findings advance our understanding of the recently proposed view that multi-timescale neural processes coordinate multisensory integration (Senkowski & Engel, 2024), especially from the perspective of natural stimuli processing. Similar to BM, other natural rhythmic stimuli, like speech and music, also convey hierarchical structures that can entrain neural oscillations at different temporal scales, both in unisensory (Ding et al., 2016; Doelling & Poeppel, 2015) and multisensory contexts (Biau et al., 2022; Crosse et al., 2015; Nozaradan et al., 2016). Possibly, the audiovisual processing of these stimuli engages multi-scale neural coding mechanisms that play distinct functions in perception. Investigating this issue and comparing the results with BM studies will help complete the picture of how the human brain integrates complex, rhythmic information sampled from different sensory

modalities to orchestrate perception in natural scenarios.

Since the scope of the current study mainly focused on the neural processing of

BM, the task we employed was unrelated to audiovisual correspondence and not for

establishing a direct link between neural responses and behavior. This is a limitation

of the current study. A recent study demonstrated that listening to frequency-congruent

footstep sounds, compared with incongruent sounds, enhanced the visual search for

human walkers but not for non-BM stimuli containing the same rhythmic signals,

indicating that audiovisual correspondence specifically enhances the perceptual and

attentional processing of BM (Shen, Lu, Wang, et al., 2023). Future research could

examine whether the cortical tracking of rhythmic structures plays a functional role in

such behaviorally relevant tasks. They could also apply advanced neuromodulation

techniques to elucidate the causal relevance of the cortical tracking effect to BM

perception (e.g., Kösem et al., 2018, 2020).

Last but not least, our study demonstrated that the selective cortical tracking of

higher-level rhythmic structure in audiovisually congruent BM signals negatively

correlated with individual autistic traits. This finding highlights the critical role of the

neural tracking of audiovisual BM signals in social cognition. It also offers the first

evidence that differences in audiovisual BM processing are already present in

nonclinical individuals at the neural level and associated with their autistic traits,

extending previous behavioral evidence for atypical audiovisual BM processing in ASD

populations (Falck-Ytter et al., 2013, 2018; Klin et al., 2009). Meanwhile, given that

impaired audiovisual BM processing at the early stage may influence social

development and result in cascading consequences for lifetime impairments in social

interaction (Falck-Ytter et al., 2018; Klin et al., 2005), it is worth exploring neural

tracking of audiovisual BM signals in children, which may pave the way for utilizing it

as a potential early neural marker for ASD.

Materials and Methods

Participants

Seventy-two participants (mean age ± SD = 22.4 ± 2.6 years, 35 females) took part in the study, 24 for each of Experiment 1a, Experiment 1b, and Experiment 2. All of them had normal or corrected-to-normal vision and reported no history of neurological, psychiatric, or hearing disorders. They were naïve to the purpose of the study and gave informed consent according to procedures and protocols approved by the institutional review board of the Institute of Psychology, Chinese Academy of Sciences.

Stimuli

Visual stimuli. The visual stimuli (**Fig. 1a**, left panel) consisted of 13 point-light dots attached to the head and major joints of a human walker (Vanrie & Verfaillie, 2004). The point-light walker was presented at the center of the screen without translational motion. It conveys rhythmic structures specified by recurrent forward motions of bilateral limbs (**Fig. 1a**, right panel). Each step, regardless of left or right foot, occurs recurrently to form a step cycle. The antiphase oscillations of limbs during two steps characterize a gait cycle (Shen, Lu, Yuan, et al., 2023). In Experiment 1a, a full gait cycle took 1 second and was repeated 6 times to form a 6-second walking sequence. That is, the gait-cycle frequency is 1 Hz and the step-cycle frequency is 2 Hz. In Experiment 1b, the gait-cycle frequency was 0.83 Hz and the step-cycle frequency was 1.67 Hz. The gait cycle was repeated 6 times to form a 7.2-second walking sequence.

The stimuli in Experiment 2 were the same as that in Experiment 1a. Meanwhile, the point-light BM was flipped vertically to generate inverted BM (**Fig. 1a**, left panel), which preserves the temporal structure of the stimuli but distorts its distinctive kinematic features, such as movement that is compatible with the effect of gravity (Shen, Lu, Yuan, et al., 2023; Troje & Westhoff, 2006; Wang et al., 2022).

Auditory stimuli. Auditory stimuli were continuous footstep sounds (6 s) with a sampling rate of 44,100 Hz. As shown in **Fig. 1b**, in Experiments 1a & 2, the gait-cycle frequency of congruent sounds was 1 Hz, which consisted of two steps or two impulses generated by each foot striking the ground within one gait cycle. The incongruent sounds included a faster (1.4 Hz) and a slower (0.60 Hz) sound. Both congruent and incongruent sounds were generated by manipulating the temporal interval between two successive impulses based on the same auditory stimuli. In Experiment 1b, the gait-cycle frequency of sound was 0.83 Hz.

Stimuli presentation. The visual stimuli were rendered white against a grey background and displayed on a CRT (cathode ray tube) monitor. Participants sat 60 cm from the computer screen (1280×1024 at 60 Hz; High: 37.5 cm; Width: 30 cm), with their heads held stationary on a chinrest. The auditory stimuli were presented binaurally over insert earphones. All stimuli were generated and presented using MATLAB together with the Psychophysics Toolbox (Brainard, 1997; Pelli, 1997).

Procedure and task

Experiment 1a. The experiment was conducted in an acoustically dampened and electromagnetically shielded chamber. Participants completed the task under three conditions (Visual: V; Auditory: A; Audiovisual: AV) with the same procedure (**Fig. 1c**) except for the stimuli. In the V condition, each trial began with a white fixation cross (0.42° × 0.42°) displayed at the center of a gray background for a random duration (0.8 s to 1 s). Subsequently, a 6-s point-light walker (3.05°×5.47°) walked toward the left or right at a constant walking cycle frequency (1 Hz). To maintain observers' attention, 17%–23% of the trials were randomly selected as catch trials, in which the color of the walker changed (the RGB values changed from [255 255 255] to [207 207 207]) one or two times throughout the trial. Each change lasted 0.5 s. Observers were required to report the number of changes (0, 1, or 2) via keypresses as accurately as possible after the point-light display was replaced by a red fixation. The next trial started 2–3 s after the response. In the A condition, the 6 s-stimuli were replaced by a visually static BM figure accompanied by continuous footstep sounds. The frequency of footstep sounds was congruent with the frequency of visual BM in the V condition. In the AV condition, the stimuli were temporally congruent visual BM sequences (as in the V condition) and footstep sounds (as in the A condition). Three conditions were conducted in separate blocks. V condition was performed in the middle of A and AV conditions. The order of A and AV conditions was counterbalanced across participants. Each participant completed 40 experimental trials without changes and 10-15 catch trials in each condition, resulting in a total of 150-165 trials. In each condition,

participants completed a practice session with 3 trials to get familiar with the task before the formal EEG experiment.

Experiment 1b. The procedure of Experiment 1b was the same as that for Experiment 1a but with two exceptions. First, to test if the cortical tracking effect can apply to stimuli with a different speed, we altered the frequencies of gait and step cycles to 0.83 Hz and 1.67 Hz. Second, we presented the 3 conditions (V, A, and AV) in a completely random order to eliminate the influence of presentation order. To minimize the potential influence of condition switch, we increased the trial number in the practice session from 3 to 14 for each condition.

Experiment 2. The procedure in Experiment 2 was similar to the AV condition in Experiment 1a, except that the visually displayed BM was accompanied by frequency congruent (1 Hz) or incongruent (0.6 or 1.4 Hz) footstep sounds. Each participant completed a total of 76 experiment trials, consisting of 36 congruent-trials, 20 incongruent-trials with faster sounds (1.4 Hz), and 20 incongruent-trials with slower sounds (0.6 Hz). These trials were assigned to 3 blocks based on the frequency of the footstep sounds, with the order of the three frequencies balanced across participants. Besides, an inverted BM was used as a control to investigate whether there is a specialized mechanism tuned to the AVI of life motion signals. The order of upright and inverted conditions was balanced across participants. Meanwhile, we measured the participants' autistic traits by using the Autism-Spectrum Quotient, or AQ questionnaire (Baron-Cohen et al., 2001). Higher AQ scores indicate a higher level of autistic traits.

EEG recording and analysis

EEG was recorded at 1000 Hz using a SynAmps^2 NeuroScan amplifier System with 64 electrodes placed on the scalp according to the international 10-20 system. Horizontal and vertical eye movements were measured via four additional electrodes placed on the outer canthus of each eye and the inferior and superior areas of the left orbit. Impedances were kept below 5 kΩ for all electrodes.

Preprocessing. The catch trials were excluded from EEG analysis. All preprocessing and further analyses were performed using the FieldTrip toolbox (Oostenveld et al., 2011; http://fieldtriptoolbox.org) in the MATLAB environment. EEG recordings were pass-filtered between 0.1 and 30 Hz, and down-sampled to 100 Hz. Then the continuous EEG data were cut into epochs ranging from -1s to 6 gait cycles (7.2 s in Experiment 1b and 6 s in other experiments) time-locked to the onset of the visual point-light stimuli. The epochs were visually inspected, and trials contaminated with excessive noise were excluded from the analysis. After the trial rejection, eye and cardiac artifacts were removed via independent component analysis based on the Runica algorithm (Bell & Sejnowski, 1995; Jung et al., 2000; Makeig, 2002). Then the cleaned data were re-referenced to the average mastoids (M1 and M2). To minimize the influence of stimulus-onset evoked activity on EEG spectral decomposition, the EEG recording before the onset of the stimulus and the first cycle (1 s in Experiments 1a & 2; 1.2 s in Experiment 1b) of each trial was excluded (Nozaradan et al., 2012a). After that, the EEG epochs were averaged across trials for each participant and

condition.

Frequency-Domain analysis and statistics. A Fast Fourier Transform (FFT) with

zero padding (1200) was used to convert the averaged EEG signals from the temporal

domain to the spectral domain, resulting in a frequency resolution of 0.083 Hz, i.e.,

1/12 Hz, which is sufficient for observing neural responses around the frequency of the

rhythmic BM structures in all experiments. When performing FFT, a Hanning window

was adopted to minimize spectral leakage. Then, to remove the 1/f trend of the

response amplitude spectrum and identify spectral peaks, the response amplitude at

each frequency was normalized by subtracting the average amplitude measured at the

neighboring frequency bins (two bins on each side) (Nozaradan et al., 2012a). We

calculated the normalized amplitude separately for each electrode (except for

electrooculogram electrodes, CB1, and CB2), participant, and condition.

In Experiment 1, the normalized amplitude in all electrodes was averaged and a right-

tailed one-sample t-test against zero was performed on the grand average amplitude

to test whether the neural response in each frequency bin showed a significant tracking

effect or spectral peak. This test was applied to all frequency bins below 5.33 Hz and

multiple comparisons were controlled by false discovery rate (FDR) correction at $p <$

0.05 (Benjamini & Hochberg, 1995). In Experiment 2, to further identify the BM-specific

AVI process, the audiovisual congruency effect was compared between the upright

and inverted conditions using a cluster-based permutation test over all electrodes

(1000 iterations, requiring a cluster size of at least 2 significant neighbors, a two-sided

t-test at p < 0.05 on the clustered data) (Oostenveld et al., 2011;

http://fieldtriptoolbox.org). This allowed us to identify the spatial distribution of the BM-

specific congruency effect.

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Authors Contributions

Li Shen: Conceptualization, Methodology, Formal analysis, Investigation, Visualization, Writing-original draft, Writing–review & editing. **Shuo Li & Yuhao Tian**: Investigation, Writing-original draft. **Ying Wang**: Conceptualization, Methodology, Supervision, Writing–review & editing. **Yi Jiang**: Conceptualization, Supervision, Writing–review & editing.

Conflict of interest declaration

The authors declare no conflicts of interest.

Data availability

The supplementary information files, data, and code accompanying this study are

486   made available at https://www.scidb.cn/en/s/jeiiea.

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Figure

 Fig.1

Fig. 1 Illustrations of audiovisual stimuli and experimental procedures. The illustration

was based on stimuli with a gait-cycle frequency of 1 Hz. **(a) Visual stimuli.** The left panel

depicts the static schematic of upright and inverted point-light walkers. The right panel shows

the keyframes from a gait cycle of the BM sequence. The colors of dots and lines between dots

are for illustration only and are not shown in the experiments. **(b) Auditory stimuli.** The auditory

sequences contain periodic impulses of footstep sounds whose peak amplitudes occur around

the points when the foot strikes the ground. The duration of two successive impulses defines

the gait cycle of footstep sounds, which is temporally congruent (Con) or incongruent (InC) with

the visual stimuli. **(c) Experimental procedure and design**. The color of the visual stimuli

changed one or two times within 6 s in the catch trials but did not change in the experimental

trials. Participants were required to report the number of changes when the point-light stimulus

was replaced by a red fixation. In Experiment 1, participants viewed rhythmic point-light walkers

or/and listened to the corresponding footstep sounds under visual (V), auditory (A), and

audiovisual (AV) conditions. The visual stimulus was the BM sequence in the V and AV

conditions but a static frame from the sequence in the A condition. Experiment 2 included only

the AV condition with different stimulus orientations (upright vs. inverted) and audiovisual

congruency (congruent vs. incongruent).

Fig.2

Fig. 2 Cortical tracking of visual (V), auditory (A), and audiovisual (AV) BM signals at gait-cycle and step-cycle frequencies. (a) & (d) The amplitude spectra of EEG response in three conditions in Experiment 1a and Experiment 1b, respectively. The solid lines show the grand average amplitude over all electrodes and subjects. The shaded regions depict standard errors of the group mean. Asterisks indicate significant spectra peaks (one-sample t-test against zero; $p < .05$, FDR corrected). **(b) & (e)** The normalized amplitude at gait-cycle frequency in the AV condition exceeded the arithmetical sum of those in V and A conditions (AV > A+V), **(c) & (f)** but the normalized amplitude at step-cycle frequency in the AV condition was comparable to the sum of V and A (AV = A+V). Colored dots represent individual data in each condition. Error bars represent ±1 standard error of means. *: $p < .05$; **: $p < .01$; ***: $p < .001$; *m.s.*: $.05 < p < .10$; *n.s.*: $p > .05$.

Fig.3

Fig. 3 Cortical tracking at gait-cycle rather than step-cycle frequency contributes to the BM-specific audiovisual integration (AVI) effect. The lower panels in **(a)** and **(d)** depict the topographic maps of the BM-specific AVI effect, measured by the difference of congruency effect between the Upright and Inverted conditions at 1 Hz and 2 Hz, respectively. A significantly enhanced congruency effect in the upright condition relative to the inverted condition was observed at 1 Hz (marked by black dots) but not at 2 Hz. The amplitude at these significant electrodes was averaged to quantify the congruency effect for the upright and inverted conditions at 1 Hz **(b)** and 2 Hz **(e)**. Error bars represent ±1 standard error of means. *: $p < .05$; **: $p < .01$; ***: $p < .001$; *n.s.*: $p > .05$. Individuals' autistic traits correlated with the BM-specific AVI effect at 1 Hz **(c)** but not at 2 Hz **(f)**. Shaded regions indicate the 95% confidence intervals.

Supplementary Information

Results on other peaks in Experiment 1

As shown in **Fig. 2a&d**, the audiovisual BM signals induced significant amplitude

peaks at 1f (1/0.83 Hz), 2f (2/1.67 Hz), and 4f (4/3.33 Hz) relative to the gait cycle frequency

(ps < .001; FDR corrected). To further test the roles of the neural activity at different

frequencies, we analyzed the audiovisual integration modes at each frequency, by

comparing the neural responses in the AV condition with the sum of those in the A and V

conditions. Given that Experiments 1a & 1b yielded similar results, we collapsed the data

and presented the results as follows.

As shown in **Fig.S1**, at 4f, the amplitude of neural responses showed significant peaks

in all three conditions (V: t (47) = 6.869, p < 0.001; A: t (47) = 7.938, p < .001; AV: t (47)

= 8.303, p < 0.001). Moreover, the amplitude in the AV condition was larger than that in

the V condition (t (47) = 4.855, p < .001, Cohen's d = 0.701;) and the A condition (t (47) =

3.080, p = .003, Cohen's d = 0.445), respectively, suggesting multisensory gains. In

addition, the amplitude in the AV condition was comparable to the unisensory sum (t (47)

= -1.049, p = .300, Cohen's d = -0.151), indicating linear audiovisual integration. These

results were similar to those observed at 2f but different from those at 1f, as reported in the

main text. Together, these results show a similar additive audiovisual integration mode at

2f and 4f and a super-additive integration mode only at 1f, suggesting that the cortical

tracking effects at 2f and 4f may be functionally linked but independent of that at 1f.

Fig. S1 Cortical tracking of audiovisual BM information at different frequencies.
Colored dots represent individual data in each condition. Error bars represent ±1 standard error of means. *: $p < .05$; **: $p < .01$; ***: $p < .001$; n.s.: $p > .05$.

Control analysis of correlation in Experiment 2

The control analysis mainly aims to eliminate the potential bias due to electrode selection. As reported in the main text, both correlation analyses at 1 Hz and 2 Hz were performed based on electrodes in the significant cluster observed at 1 Hz because there was no significant cluster at 2 Hz (**Fig. 3a&d**, lower panel**)**. There is a possibility that these electrodes did not show a significant congruency effect at 2 Hz, either in the upright or the inverted condition, thus were not able to capture the correlation between the variance in neural responses and that in autistic traits. To rule out such a possibility, we conducted a control analysis based on electrodes showing a significant congruency effect at 2 Hz, for the upright ($p = .004$, cluster-based permutation test) and inverted ($p = .002$, cluster-based permutation test) conditions (**Fig. S2a**), respectively. As shown in **Fig.S2a**, both upright and inverted stimuli induced a significant congruency effect at 2 Hz (Upright: t (23) = 4.217, $p < 0.001$, Cohen's d = 0.861; Inverted: t (23) = 5.072, $p < 0.001$, Cohen's d = 1.035). The difference of congruency effect between upright and

inverted conditions is still not significant in the group level (t (23) = -0.689, *p* = 498,

Cohen's d = -0.141), while it shows individual variance (SD = 0.079, range: [-0.173

0.153]) larger than that for the 1 Hz condition (SD = 0.041, range: [-0.023 0.135]),

which allows us to identify a correlation if existing. Analysis of these data showed a

non-significant correlation (**Fig. S2b**, r = -0.091, *p* = .674), similar to the results

illustrated in **Fig. 3f**.

(a) Congruncy effect at 2 Hz   **(b)** Neural-AQ correlation at 2 Hz

Fig. S2 Control analysis at step-cycle frequency. (a) The amplitude at the electrodes

marked by solid black dots was averaged to quantify the cortical tracking effect under the

upright and inverted conditions, respectively. The congruency effect was not significantly

different between these conditions at the group level. **(b)** The individual congruency effect

in the upright BM condition over the inverted condition was not significantly correlated with

the AQ score.

Additional analysis in Experiment 2

To further examine the linkage between autistic traits and the BM-specific cortical

tracking effect, we split the participants into high (above 20) and low (below or equal

to 20) AQ groups by the median AQ score (20) of this sample. Similar to correlation

analysis, one outlier, whose BM-specific audiovisual congruency effect (Upright –

Inverted) in neural responses at 1 Hz exceeds 3 SD from the group mean, was

removed from the following analysis. As shown in **Fig.S3**, at 1 Hz, participants with low

AQ showed a greater cortical tracking effect compared with high AQ participants (t (21)

= 2.127, p = 0.045). At 2 Hz, low and high AQ participants showed comparable neural

responses (t (22) = 0.946, p = 0.354). These results are in line with the correlation

analysis, providing further support to the relevance between social cognition and

cortical tracking of biological motion as well as its dissociation at the two temporal

scales.

Fig. S3 The BM-specific cortical tracking effect for high and low AQ groups at 1 Hz and

2 Hz