Tap into non-symbiotic carbon? Exogenous myristate fuels the growth of symbiotic

arbuscular mycorrhizal fungi but disrupts their carbon–phosphorus exchange with

host plants

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Abstract

Arbuscular mycorrhizal fungi (AMF) facilitate plant uptake of mineral nutrients, particularly phosphorus, and draw organic carbon from the plant. The ability of symbiotic AMF to utilize external non-symbiotic carbon sources remains unclear, complicating our comprehension of their ecosystem functions. Here we examine the direct absorption of exogenous $^{13}C_1$-labeled myristate by symbiotic AMF and their growth responses using an in-vitro dual culture system. We also investigated the impact of exogenous myristate on the carbon–phosphorus exchange between AMF and two different host plants in a greenhouse experiment, employing both stable isotope labeling ($^{13}CO_2$) and profiling of P transporter genes. Our results indicate that the extraradical hyphae of symbiotic AMF are capable of absorbing external myristate and transporting it (or its metabolic products) to intraradical structures. Myristate serves a dual function as a carbon source and signaling molecule, leading to increased intraradical and extraradical fungal biomasses, with RNA-Seq data indicating a suppressed mycorrhizal defense response as a potential mechanism. Intriguingly, exogenous myristate generally reduced the mycorrhizal phosphorus benefits for both alfalfa and rice, and decreased their carbon allocation to symbiotic AMF, likely by interfering with their normal trading mechanisms. These findings provide novel insights into the ecosystem functions and ecological applications of AMF.

Keywords：arbuscular mycorrhizal fungi (AMF), alfalfa (*Medicago sativa*), exogenous myristate, rice (*Oryza sativa*), carbon–phosphorus exchange, carbon source, signaling molecule

INTRODUCTION

Arbuscular mycorrhizal fungi (AMF) are among the most widely distributed soil microorganisms, forming symbiotic relationships with the roots of 70–90% of terrestrial vascular plants (Shi *et al.*, 2023). In this symbiotic association, known as arbuscular mycorrhiza (AM), AMF develop an extensive extraradical hyphal network in the soil, facilitating nutrient uptake for host plants, particularly phosphorus (P) acquisition, and enhancing plant resilience to both biotic and abiotic stressors (Smith & Read, 2008). In return, host plants allocate 4−20% of their photosynthetically fixed carbon (C) to their fungal partners in the form of sugars and, more importantly, fatty acids (Helber *et al.*, 2011; Jiang *et al.*, 2017). This C−P nutrient exchange, which serves as the cornerstone of the AM symbiosis (Smith & Read, 2008), not only plays a pivotal role in the biogeochemical cycling of C and P elements but also acts as a key mechanism through which AMF influences plant community structure and productivity (Johnson, 2010; Wipf *et al.*, 2019).

As one of the most ancient symbiotic relationships, AM have undergone extensive evolutionary processes (Foster *et al.*, 2006; Rich *et al.*, 2021), with their establishment and development intricately regulated by a set of symbiotic genes and signaling molecules based on biotic and abiotic conditions (Maclean *et al.*, 2017; Shi *et al.*, 2021). For instance, in AM plants, the two pathways for P uptake (i.e., the direct P pathway (via root hair and epidermis) and mycorrhizal P pathway (via AMF hyphae)) are coordinately regulated by the same phosphate sensing-centered pathway in plants (Shi *et al.*, 2021; Das *et al.*, 2022). Under P deficiency conditions, host plants synthesize and release strigolactones into the soil, activating the mycorrhizal P pathway by stimulating the elongation and branching of AMF hyphae (Mori *et al.*, 2016; Yu *et al.*, 2022). Additionally, the extent of AMF

colonization and AM benefits also largely rely on the host plant species, with some being

"responsive plants" that exhibit positive growth responses (e.g., alfalfa, maize) and others

being "nonresponsive plants" that show minimal or no growth enhancement (like rice,

wheat) (Hata *et al.*, 2010, Cope *et al.*, 2022).

AMF are thought to be obligate symbionts that depend on living host plants to

complete their life cycle by producing daughter spores (Smith & Read, 2008), which

hinders basic research on AM and their applications in agriculture and other fields. Thus

far, achieving a pure (plant-independent) culture of asymbiotic AMF has not been

successful, largely due to their dependence on plant-derived C (Bravo *et al.*, 2017;

Luginbuehl *et al.*, 2017; Kameoka *et al.*, 2019). Previous genomic and transcriptomic

analyses have revealed that AMF lack genes for their own biosynthesis of long-chain fatty

acids, and thereafter several research groups have demonstrated that fatty lipids are

transferred from host plants to AMF as the primary C source (Bravo *et al.*, 2017; Jiang *et

al.*, 2017; Keymer *et al.*, 2017; Luginbuehl *et al.*, 2017). Nevertheless, the molecular

mechanism underlying the transportation and absorption of plant-derived fatty acids to

fungi in AM symbiosis remains unclear. In plants, AMF colonization triggers the

expression of lipid biosynthesis and transport genes, including *DIS*, *FatM*, *RAM2*, and

STR2 (Gutjahr *et al.*, 2012; Bravo *et al.*, 2017; Keymer *et al.*, 2017; Luginbuehl *et al.*,

2017), with lipid transport to the AM symbiotic interface relying on the periarbuscular

membrane-located transporters STR and STR2 (Zhang *et al.*, 2010; Gutjahr *et al.*, 2012)

and fungal uptake of plant-derived lipids via RiFAT1 in the model AMF species

Rhizophagus irregularis (Brands & Dörmann, 2022).

Fatty acids and their derivatives, crucial structural elements and energy materials of

plant, animal, and microbial cells, are commonly found in soil, especially in the rhizosphere,

where plant-derived fatty acids are accessible through root exudates and rhizodeposition

(Swenson *et al.*, 2018; Dai *et al.*, 2022; Liu *et al.*, 2024). Building on the discovery that

AMF receive fatty acids from their hosts during symbiosis, the utilization of fatty acids in

the cultivation of asymbiotic AMF has received considerable attention. Kameoka *et al.*

(2019) illustrated that under asymbiotic conditions exogenous palmitoleic acid (C16:1 fatty

acid) and several other fatty acids stimulated the elongation and branching of *R. irregularis*

hyphae, leading to the formation of morphologically and functionally incomplete spores.

Moreover, Sugiura *et al.* (2020) showed that exogenous myristate (tetradecanoic acid,

C14:0 fatty acid), a prevalent organic acid in various plant root exudates (Fernández-Piñar

et al., 2012; Luo *et al.*, 2014; Li *et al.*, 2017; Liu *et al.*, 2024) and in soil substrates

(Swenson *et al.*, 2018; Dai *et al.*, 2022), can be used as a C and energy source for the

asymbiotic growth of *R. irregularis,* promoting spore germination, hyphae growth,

formation of branched absorbing structures, and the production of morphologically

incomplete fertile spores. Subsequent studies revealed that the combined use of plant

hormones (strigolactone and methyl jasmonate) with myristate improved the efficiency of

myristate as a C and energy source in asymbiotic *R. clarus*, leading to the generation of

numerous fertile spores that were smaller than those generated under symbiotic conditions

(Sugiura *et al.*, 2020; Tanaka *et al.*, 2022). These discoveries have significantly progressed

the pure culture of AMF and, equally importantly, identified myristate as the first external

C source accessible to asymbiotic AMF, offering outstanding opportunities to understand

and leverage the ecological functions of AMF (Rillig *et al.*, 2020).

However, the extent to which the physiological and ecological responses of AMF to

external myristate during the asymbiotic phase mirror those in symbiotic growth, the

typical state of AMF in nature, remains unclear. A recent investigation reported that

although exogenous myristate does not affect the extraradical biomass of symbiotic AMF,

it enhances AMF colonization by stimulating the growth and development of extraradical

hyphae (Liu *et al.*, 2023). To date, the effects of exogenous fatty acid on AM symbiosis

and their underlying mechanisms are still largely unexplored. Specifically, the ability of

symbiotic AMF to use myristate as an external non-symbiotic C source in the presence of

plant-derived C is yet to be determined. Given its prevalent presence in root exudates and

soil, this is a question vital for understanding the ecosystem roles and functions of AMF

(Rillig *et al.*, 2020). For sugars, the other host-derived C source for AM, symbiotic AMF

seems unable to additionally absorb them through extraradical hyphae (Bücking *et al.*,

2008; Helber *et al.*, 2011; Sugiura *et al.*, 2020; but see Pfeffer *et al.*, 1999).

This study aims to investigate the ability of symbiotic AMF to utilize external non-

symbiotic myristate and the impact of exogenous myristate on the symbiotic relationships.

Specifically, we sought to determine: (i) whether symbiotic AMF can utilize myristate as

an external non-symbiotic C source, and if so, (ii) how this additional non-symbiotic C

source influences the symbiotic C allocation from plants to AMF, and (iii) the P transfer

from AMF to host plants. To address these questions, we performed a $^{13}C_1$-labeled

myristate tracing experiment to examine the direct uptake of exogenous myristate by AMF

in symbiosis with plant roots using a vitro dual culture system. Additionally, we assessed

the impact of various myristate concentrations on spore germination and the intra- and

extraradical growth of AMF associated with carrot hairy roots. Furthermore, a greenhouse

experiment, coupled with ^{13}C-Phospholipid fatty acid- isotope ratio mass spectrometry

(^{13}C-PLFA-IRM) technology, and physiological and transcriptome analyses, was

conducted further investigate how exogenous myristate influences the symbiotic

interaction between AMF and two host plants with different mycorrhizal responsiveness

(*Medicago sativa* and *Oryza sativa*). Our study provides, to our knowledge, the first solid

evidence showing that symbiotic AMF can tap into non-symbiotic C sources beyond those

allocated directly by their host plant. Additionally, our results suggest that under symbiotic

conditions, exogenous myristate functions as both a C source and a signaling molecule for

AMF, and, unexpectedly, disrupts C–P exchange, the cornerstone of AM symbiosis.

MATERIALS AND METHODS

Experimental design

Two interconnected and complementary experiments were conducted. In Exp. 1, a

^{13}C$_1$-labeled myristate (^{13}C$_1$-Myr) tracing experiment was conducted to verify if the

exogenous myristate can be directly taken up by AMF extraradical hyphae using a two-

compartment AMF-carrot hairy root co-cultivation system. Additionally, the effects of

exogenous myristate at various application concentrations (0.1, 0.5, 1, 5, 10 mM) on the

spore germination and growth of AMF intraradical and extraradical structures associated

with carrot hairy roots were assessed in an *in vitro* dual culture system.

In Exp. 2, a pot experiment in soil substrate was conducted to investigate the

mechanisms of the effect of exogenous myristate on the symbiotic relationship between

AMF and two typical host species (*Medicago sativa* and *Oryza sativa*) under two P levels.

The C delivery from plants to AMF was evaluated using a ^{13}C-Phospholipid fatty acid-

isotope ratio mass spectrometry technology. The P transfer from AMF to plants was

evaluated by analyzing the expression levels of the mycorrhizal P pathway marker genes

and plant P concentration. Additionally, the root transcriptome was analyzed to assess the

general effects of exogenous myristate on AMF-induced transcriptional reprogramming.

AMF-hairy root co-cultivation system and quantification of AMF parameters

In Exp. 1, 4 cm-long sterile carrot hairy root segments were cultivated in Modified

Strullu-Romand (MSR) medium with or without *R. irregularis* inoculations (200 sterilized

spores per plate). Potassium myristate solution (0, 0.1, 0.5, 1, 5, 10 mM, 200 μl) was

applied to the plates weekly. The AMF spore germination rate, hyphal branching, and

hyphal length were measured 4 days post AMF inoculation using ImageJ (Schneider *et al.*,

2012). The spore density was dynamically monitored every 2 weeks since 8 weeks post

AMF inoculation. The carrot hairy roots and culture medium were harvested at 14 weeks

post AMF inoculation. The roots and solid culture medium were separated using sterile

tweezers, and the biomass of carrot hairy roots was measured. The medium was dissolved

in 10 mM sodium citrate, and extraradical hyphae and spores were collected through

filtration using a 250 μm and 37 μm nylon mesh, respectively, assisted by manual selection

using tweezers under a stereoscopic microscope. The extraradical biomass of AMF was

then quantified after oven-dried at 80 °C for 48 h.

For assessment of AMF colonization intensity, 100 root segments (approximately 1

cm in length) were treated with a 10% KOH solution at 95°C for 10 min, decolorized in a

30% H_2O_2 solution at 25°C for 3 min, softened in a 1% HCl solution at 25°C for 3 min,

and then stained with 0.05% Trypan Blue at 95°C for 15 min. The evenly arranged root

segments were scored under a 400× magnification with a light microscope (Nikon Eclipse

80i, Japan). The colonization rate was determined using the gridline intersect method

(Giovannetti *et al.*, 1980).

$^{13}C_1$-labeled myristate ($^{13}C_1$-Myr) tracing experiment

A two-compartment AMF-hairy root co-cultivation system was utilized, with 25 ml

of solid MSR added in one compartment (hyphal compartment, HC) and 10 ml of solid

MSR media in the other (root compartment, RC), situated near the physical root barrier to

form a slope. This arrangement allowed fungal hyphae (but not roots) to traverse the

physical barrier from the RC to grow into the HC. A 4 cm-long sterile carrot hairy root

segments were co-cultivated with *R. irregularis* spores (200 spores per plate) in the RC for

ten weeks, after which dense AMF hyphae were noted in the HC. Subsequently, 200 µl of

0.1 mM Myr with 98% $^{13}C_1$ labeling or Myr without ^{13}C labeling was added weekly to the

HC. Four weeks later, AMF extraradical hyphae from both the HC and RC were collected

separately by dissolving the media in 10 mM sodium citrate and filtering through a 37 µm

nylon mesh. The carrot hairy roots in the root compartment were also harvested.

To determine ^{13}C, freeze-dried root and AMF hyphal materials (1.0 mg) were sealed

in tin capsules and analyzed using continuous-flow isotope ratio mass spectrometry

(IRMS). The $^{13}C:^{12}C$ ratio of CO_2 from the combusted samples was determined, and

expressed as atom % of ^{13}C, using a sucrose standard calibrated against the Pee Dee

Belemnite standard. The ^{13}C enrichments in plant root and fungal materials were calculated

by subtracting the background ^{13}C levels, which were determined from five non-labeled

controls (Bao et al., 2019).

Establishment and maintenance of pot experiment (Exp. 2) and measurement of plant

physiological parameters

In the greenhouse experiment (Exp. 2), *Medicago sativa* and *Oryza sativa* seeds were

germinated for 14 days in sterilized sand, and then transplanted into the corresponding

substrate consist of vermiculite, perlite, and sand (3:1:1, v/v/v). To mitigate potential

biomass differences between the two plant species, 3 *Medicago* seedlings or 1 *Oryza*

seedling were planted in each pot, containing either 300 or 1000 mL of substrate,

respectively, with or without *R. irregularis* spores (10 spores/mL of substrate). The plants

were grown in a greenhouse under a long-day photoperiod (16 h of light/8 h of dark), with

a temperature ranging from 20–30℃. For P treatments, 10 ml Hoagland nutrient solution

with either relatively low or high P level (*Medicago*: 25 (low) or 100 μM (high) KH_2PO_4,

Oryza: 100 (low) or 400 μM (high) KH_2PO_4) was supplied twice a week (Liu *et al.*, 2020;

Shi *et al.*, 2021). For myristate application, 5 ml of potassium myristate solution (0.1 mM)

or ddH_2O (Mock) was applied near the plant roots twice a week.

The plants were harvested at eight weeks post inoculation. Plants shoot and root parts

were washed, oven dried (60°C for 7 d) and weighted. Plant P concentration was

determined using a molybdenum antimony colorimetric method.

RNA extraction and Illumina sequencing

In Exp. 2, alfalfa and rice roots inoculated with AMF, both with and without myristate

application at two P levels, were sequenced, using three biological replicates (24 samples

in total). Total RNA was extracted from 100 mg of root tissue using the TRIzol R Plus RNA

purification kit (Takara, Dalian, China) following the manufacturer's instructions. Library

preparation was carried out with the NebNext Ultra RNA Library Prep Kit (New England

Biolabs, Ipswich, MA, USA). Qualified libraries were sequenced on the Illumina HiSeq

4000 platform with 150-bp paired-end reads. Fastp was used for basic statistics and quality

filtering of raw data. Hisat2 was utilized to map the sequencing results to the rice reference

genome (IRGSP-1.0) or alfalfa reference genome (zhongmuNO.1, Shen *et al.*, 2020).

Salmon quant was used for gene expression quantification analysis. The RNA-seq data

have been deposited in the Sequence Read Archive at the National Center for

Biotechnology Information under the BioProject ID numbers PRJNA1083641.

Quantitative real-time PCR (qRT-PCR)

The RNA was reverse-transcripted to cDNA using the QuantiTect Reverse

Transcription Kit (Qiagen, Valencia, CA). The qRT-PCR was performed in a

QuantStudio™ 5 Real-Time PCR System (Applied Biosystems, CA, USA) with the SYBR

ROX Mastermix Kit (Qiagen, Valencia, CA) following the manufacturer's instructions. All

reactions were performed with three technical replicates. The relative expression levels of

genes involved in C delivery from plants to AMF (*MsSTR2*, *OsSTR2* and *RiFAT*) and in the

mycorrhizal P pathway (*MsPT8*, *OsPT11* and *RiPT*) were analyzed, using the alfalfa *actin*

2 gene (*MsACT2*, Li *et al.*, 2018), rice cycle 2 gene (*Oscyc2*, Yang *et al.*, 2012) and *R.*

irregularis elongation factor-1 beta gene (*RiEF-1β*, Corrêa *et al.*, 2014) as reference genes.

Details of all the qRT-PCR primers used are available in the Supporting Information

(Table S1).

^{13}C labeling of plants, lipid extraction and measurement of signature fatty acids

The ^{13}C labeling procedure were conducted following our previous study with minor

modifications (Bao *et al.*, 2019). Five days prior to harvest, alfalfa and rice plants

(randomly selected five replicates) were placed in a sealed acrylic chamber with $^{13}CO_2$ and

incubated for 4 hours each.

Extraction and analysis of signature fatty acids followed the method described by

Olsson *et al.* (2005), with slight modifications according to Bao et al. (2019). The

identification and quantification of fatty acid methyl esters were performed relative to an

added internal standard (fatty acid methyl ester 19:0). NLFA 16:1ω5 was used as a marker

for AMF in roots (Olsson & Lekberg, 2022).

Quantification of ^{13}C enrichment and excess ^{13}C in fatty acids

The ^{13}C enrichment in root and fatty acid methyl esters was assessed using IRMS

coupled to a Trace GC Ultra gas chromatograph via the ConFlow IV interface (Thermo

Fisher Scientific, Bremen, Germany), following our previous study (Bao *et al.*, 2019). The

chromatographic conditions were identical to those specified for lipid analysis, using

helium (He) as the carrier gas. The effluent from the capillary column was directed through

an Al tube filled with CuO wires at 860°C. The δ^{13}C values were calibrated against the

Vienna Pee Dee Belemnite (V-PDB) with reference to the CO_2 standard (RM 8542 (IAEA-

CH-6, sucrose)) and adjusted for the additional non-labeled methyl group introduced

during methanolysis. The ^{13}C enrichment was calculated by subtracting the background

^{13}C levels determined from five non-labeled controls.

Statistical analysis

Mycorrhizal response (MR) was calculated for each treatment according to Corrêa *et*

al. (2014): MR(%) = (AM–NM) / NM * 100%, where NM represents the mean of the non-

mycorrhizal plants, and AM represents the sample values of the mycorrhizal plants.

Multiple comparisons among different treatments were conducted using one-way

analysis of variance (ANOVA) followed by post hoc Tukey's tests (equal variances). A

univariate two-way ANOVA, followed by a post hoc Tukey test, was utilized to examine

the effects of myristate, P level, and their interactions on AMF colonization intensity and

plant P concentration. The significant differences between AM and NM groups were

compared using Student's t test (for normally distributed data). For RNA-seq data, the

DESeq2 R package was employed to perform differentially expressed gene (DEG) analysis

between plants with (Myr) and without (Mock) myristate application (Love *et al.*, 2014).

The *p* values obtained were adjusted using the Benjamini-Hochberg correction to control

false discovery rate. Genes (transcripts) with an adjusted *p* value < 0.05 and |$\log_2$(fold

change)| > 1 identified by DESeq2 were considered as differentially expressed. The

clusterProfiler method was applied for Gene Ontology (GO) enrichment analysis of DEGs

(Wu *et al.*, 2021), with GO terms showing an adjusted *p* value < 0.05 deemed significantly

enriched.

RESULTS

Tracing of ^{13}C in AMF extraradical hyphae and carrot hairy root in a two-

compartment AMF-carrot hairy root co-cultivation system

In the two-compartment AMF-carrot hairy root co-cultivation system, ^{13}C levels in

AMF hyphae from the HC (1.1635 ± 0.0329, n = 5) and the RC (1.1026 ± 0.0039, n = 3)

in the $^{13}C_1$-Myr treatment were significantly elevated compared to those in AMF hyphae

(HC: 1.0923 ± 0.0001, n = 5; RC: 1.0923 ± 0.0001, n = 3) from the non-labeled systems

($P < 0.05$), demonstrating that under symbiotic conditions AMF extraradical hyphae are

capable of directly absorbing exogenous myristate Additionally, there was a significant

enrichment of ^{13}C in hairy root in the $^{13}C_1$-Myr treatment (1.0927 ± 0.0006, n = 5) after

subtracting the natural background (non-labeled) ^{13}C level in roots (1.0910 ± 0.0001, n=5)

($P < 0.01$, Fig. 2a), and this enrichment was significantly lower than that observed in AMF

hyphae ($P < 0.01$). These results suggested that the extraradical hyphae absorbed myristate

and transported it (or its metabolic derivatives) into AMF intraradical structures during

symbiosis.

Effects of exogenous myristate on AMF colonization, mycorrhizal growth response (MGR) and extraradical structure development in AMF-carrot hairy root co-cultivation systems

In Exp. 1, exogenous myristate significantly promoted AMF spore germination ($P <$

0.05, Fig. 1c, g), and enhanced hyphal branching and length ($P < 0.05$, Fig. 1d, e) before

physical contact between AMF hyphae and hairy roots at 4-days post AMF inoculation.

When no exogenous myristate was applied, the extraradical hyphae tips oriented towards

the host roots (tropism growth); however, in myristate treated medium, extraradical hyphae

of AMF showed no tropism growth (Fig. 1h, i). Notably, discernible fungal branched

absorbing structures was exclusively observed in myristate-treated medium from 14 days

post-AMF inoculation (Fig. 1i). These observations indicate that myristate acts as signaling

molecule to AMF.

Morphological examinations showed that exogenous myristate significantly enhanced

the colonization intensities of hyphae, vesicles and arbuscules in carrot hairy roots across

various application levels ($P < 0.05$, Fig. 2a), with its promotional effects generally

increasing at higher myristate concentrations. Exogenous myristate also significantly

increased the extraradical biomass of AMF (hyphae and spore) at various application

concentrations ($P < 0.05$, Fig. 1b). Conversely, the mycorrhizal growth response (MGR)

of myristate-treated carrot hairy roots was significantly lower than that of the control

(mock), and it typically declined with rising myristate concentrations ($P < 0.05$, Fig. 1c).

Meanwhile, exogenous myristate significantly increased the density of AMF spores

from eight weeks post-AMF inoculation ($P < 0.05$, Fig. 1d), and the diameter of newly

produced AMF spores in mediums with exogenous myristate were identical to those in

mediums without myristate (Fig. 1e).

Effects of exogenous myristate on AMF colonization and biomass during symbiosis

with alfalfa and rice in pot experiments

In AMF-inoculated groups (AM), all typical AMF structures (hyphae, arbuscules, and

vesicles) were observed in the roots of both alfalfa and rice, while no AMF colonization

was detected in the non-inoculated (NM) groups. Under low-P conditions, exogenous

myristate significantly increased the arbuscule colonization in alfalfa roots ($P < 0.05$), but

did not significantly affect hyphae and vesicle colonization ($P > 0.05$, Fig. 3a). Similarly,

exogenous myristate significantly enhanced arbuscular colonization and vesicle

colonization in rice roots ($P < 0.05$, Fig. 3b). However, under high-P conditions, exogenous

myristate had no significant impact on AMF colonization in both alfalfa and rice roots.

The content of the AMF signature fatty acid (NLFA 16:1ω5) in AMF-inoculated roots

(alfalfa: 143.2 ± 13.8 nmol g^{-1}; rice: 197.3 ± 11.9 nmol g^{-1}) was 10–20 times higher than

their corresponding non-inoculated roots (alfalfa: 6.1 ± 0.5 nmol g^{-1}; rice: 17.3 ± 1.2 nmol

g^{-1}), suggesting that NLFA 16:1ω5 serves as a distinctive fatty acid marker for AMF in this

study. The levels of NLFA 16:1ω5 in plant roots correspond with the patterns observed in

AMF colonization. Under low-P conditions, the addition of exogenous myristate

significantly increased the NLFA 16:1ω5 levels in both alfalfa and rice roots ($P < 0.05$, Fig.

3c, d); however, it had no significant effect under high-P conditions. Similar patterns were

observed in the rhizosphere soils: under low-P conditions, exogenous myristate increased

the NLFA 16:1ω5 levels in the rhizosphere soils of alfalfa ($P < 0.05$) and rice ($P = 0.14$)

(Fig. 3c, d), but it had no significant impact on the NLFA 16:1ω5 levels in the rhizosphere

soil of either plant under high-P conditions.

Effects of exogenous myristate on the activity of mycorrhizal P pathway and the MGR

In pot experiments, AMF inoculation significantly increased P concentrations in both

alfalfa and rice plants ($P < 0.05$, Fig. 4a, b), indicating the improvement in P acquisition

through AM symbiosis. Exogenous myristate significantly influenced the mycorrhizal P

responses (MPR) in both alfalfa and rice ($P < 0.01$, Fig. 4c, d). Specifically, under low-P

conditions, exogenous myristate significantly decreased the MPR in both alfalfa and rice

($P < 0.01$). Under high-P conditions, while exogenous myristate significantly decreased the

MPR in alfalfa ($P < 0.01$), it had no significant effect on rice.

The expression of marker genes in the mycorrhizal P pathway, including *MsPT8* in

alfalfa and *OsPT11* in rice, as well as the AMF gene *RiPT* responsible for P transfer to the

symbiotic interface, was detected in the roots of AMF-inoculated plants but not in non-

inoculated roots. This observation confirmed that AM symbiosis activated the mycorrhizal

P pathway at the transcriptional level in both species (Fig. 4e, f). Notably, exogenous

myristate significantly affected the transcriptional responses of the mycorrhizal P pathway

in both alfalfa and rice ($P < 0.01$). In alfalfa, the expression levels of *MsPT8* and *RiPT* were

diminished by exogenous myristate under both low- and high-P conditions ($P < 0.05$, Fig.

4e). In rice, exogenous myristate similarly decreased the expression levels of *OsPT11* and

RiPT under low-P conditions ($P < 0.05$, Fig. 4f), but not under high-P conditions.

AMF inoculation significantly increased the biomass of alfalfa plants under both low-

and high-P conditions ($P < 0.05$, Supplementary Fig. S1a), and the MGR was significantly

higher under high-P conditions compared to low-P conditions ($P < 0.05$, Supplementary

Fig. S1c). In rice, AMF inoculation had no effect on the biomass under low-P conditions

($P > 0.05$, Supplementary Fig. S1b). However, it significantly reduced rice biomass under

high-P conditions ($P < 0.05$, Supplementary Fig. S1d). Generally, exogenous myristate had

no impact on the MGR in either alfalfa or rice, while P levels significantly influenced MGR

($P < 0.05$, Supplementary Fig. S1c, d).

Effects of exogenous myristate on plant transcriptional responses to AMF

RNA-seq data encompassed the majority of plant genes (transcripts), with 39,944 and

33,056 genes in alfalfa and rice, respectively. Principal component analysis (PCA) of gene

expression profiles in mycorrhizal roots of alfalfa and rice showed that the first and second

principal components explained 32.4% and 45.8% of the variation (Fig. 5a, b). Under low-

P (but not high-P) conditions, the gene expression profiles with or without exogenous

myristate were distinctly separated in both alfalfa and rice, highlighting the significant

impact of exogenous myristate on their mycorrhizal transcriptional responses.

Exogenous myristate triggered a considerable number of differentially expressed gene

(DEG, Myr *vs.* Mock) in mycorrhizal alfalfa (LP: 308, HP: 137) and rice (LP: 590, HP:

855) roots, respectively (Fig. 5c, d), and its influence was markedly affected by soil P

conditions and plant species. In alfalfa, the number of downregulated DEGs exceeded that

of upregulated DEGs under both P conditions (Fig. 5c). In rice, the number of

downregulated DEGs was higher than that of upregulated DEGs under low P condition,

whereas the reverse was observed under high P condition (Fig. 5d).

Gene Ontology (GO) enrichment analysis for DEGs in response to exogenous

myristate (Myr *vs.* Mock) revealed that downregulated DEGs were primarily enriched in

defense-related GO terms in both alfalfa and rice (Fig. 5e,f). These include

glycosyltransferase activity, oxidoreductase activity, heme binding, sesquiterpene

biosynthesis, and methylation processes in alfalfa, along with defense response, salicylic

acid response, heme binding, and peroxide metabolism processes in rice (Fig. 5f). This

suggests that exogenous myristate attenuates the AMF-triggered defense responses in host

plants. Additionally, under high-P condition myristate also reduced the transcriptional

activities of processes involved in fatty acid biosynthesis and elongation in rice (marked in

green, Fig. 5f). In both alfalfa and rice, exogenous myristate upregulated GO terms

associated with signaling and transcription/translation-related processes (Fig. 5e, f).

This study specifically examined the response of symbiotic genes involved in

signaling recognition and regulation to exogenous myristate in plants, revealing differential

impacts of exogenous myristate on symbiotic signals in alfalfa (19 genes) and rice (25

genes) (Fig. 5g, h, Supplementary Table S2). In alfalfa, exogenous myristate significantly

upregulated symbiotic signal recognition genes (*MsNSP1*, *MsLysM-RLK3*), the SL

synthesis gene (*MsCullin-4*) under low-P condition, and the symbiotic signal recognition

gene (*MsLysM-RLK3*) under high-P conditions. Conversely, the expression of the

symbiotic signal negative regulatory gene (*MsSMAX1L*) was significantly downregulated

under high-phosphorus ($P < 0.05$, Fig. 5g). In rice, exogenous myristate significantly

downregulated symbiotic signal recognition genes (*OsPOLLUX*, *OsBCP1a*, *OsLYK1*) and

SL receptor gene (*OsD14L*) under low-P (but not high-P) conditions ($P < 0.05$, Fig. 5h).

Effects of exogenous myristate on the transfer of plant-derived C to AMF

The ^{13}C-NLFA-IRMS experiment aimed to investigate the effect of exogenous

myristate on C transfer from plants to AMF. In AMF-inoculated plants, a significant

enrichment of ^{13}C (δ^{13}C = 1.75 ± 0.6) in AMF signature fatty acid (NLFA 16:1ω5) was

observed compared to non-inoculated plants ($\delta^{13}C$ = -24.8 ± 2.3), demonstrating the

transfer of newly fixed ^{13}C from plants to AMF. Exogenous myristate significantly

influenced this C transfer to AMF ($P < 0.05$), with its impact varying based on P levels and

plant species. Under low-P conditions, exogenous myristate significantly decreased the

allocation of ^{13}C to AMF in alfalfa ($P < 0.05$, Fig. 6a), but significantly increased it in rice

($P < 0.05$, Fig. 6b). Under high-P conditions, exogenous myristate did not significantly

affect the allocation of ^{13}C to AMF in either plant species ($P > 0.05$).

qRT-PCR results revealed that expressions of the symbiotic lipid transfer marker

genes *STR2* (in alfalfa and rice) and the gene responsible for fatty acid uptake at the

symbiotic interface *RiFAT* (in AMF), were exclusively detected in AMF-inoculated roots.

This indicates that AMF colonization triggers the activation of the plant symbiotic lipid

transfer pathway at the transcriptional level (Fig. 6c, d). Exogenous myristate significantly

altered the expression profiles of the symbiotic lipid transfer marker genes ($P < 0.05$), with

the effect being dependent on P levels and plant species ($P < 0.05$). Under low-P conditions,

exogenous myristate significantly downregulated the expression of *MsSTR2* in alfalfa roots

($P < 0.05$, Fig. 6c), but significantly upregulated the expression of *OsSTR2* and *RiFAT* in

rice roots ($P < 0.05$, Fig. 6d). Under high-P conditions, exogenous myristate had no

significant impact on the expression of symbiotic lipid transfer pathway genes in both

alfalfa and rice roots ($P > 0.05$).

We further investigated the transcriptional profiles of plant glycolysis and FA

biosynthesis pathways in RNA-seq data, revealing generally stronger transcriptional

responses to exogenous myristate in rice compared to alfalfa (Fig. 6e). In alfalfa,

exogenous myristate significantly reduced the expression of a glycolysis gene (*MsPGK*)

and a fatty acid biosynthesis gene (*MsACCD*) under low-P conditions. Conversely, it

significantly increased the expression of glycolysis genes (*MsPFK*, *MsPK*, *MsAceE*) and

decreased fatty acid biosynthesis genes (*MsACCD*, *MsFabH*) under high-P conditions (P

< 0.05, Fig. 6e). In rice, exogenous myristate significantly elevated the expression of

glycolysis genes (*OsPGM*, *OsPFP*, *OsGAPDH*, *OsENO*, *OsPK*) and fatty acid biosynthesis

genes (*OsFabH*, *OsFabD*, *OsFabG*, *OsFabI*) under low-P conditions ($P < 0.05$, Fig. 6e).

However, it had no significant effect under high-P conditions.

DISCUSSION

Our results from $^{13}C_1$-myristate tracing experiment demonstrate that AMF, in

symbiosis with plants, can absorb external non-symbiotic myristate, and transport it (or its

metabolic products) toward intraradical structures. Myristate is a common component of

root exudates from various plants, including the non-host species of AMF (Fernández-Piñar

et al., 2012; Guelette *et al.*, 2012; Li *et al.*, 2017; Liu *et al.*, 2024), and is widely present in

litter and soil substrates (Swenson *et al.*, 2018; Dai *et al.*, 2022). Therefore, our findings

suggest that in realistic environments extraradical hyphae of symbiotic AMF could uptake

myristate from sources such as root exudates, decaying plant/animal material, litter, or

other microbes, as C sources in addition to directly from the host plant. Supportively, in

our greenhouse experiment, myristate application generally resulted in a significant

increase in both intraradical and extraradical AMF biomasses, even when there was a

decline in symbiotic C supply from the plant to AMF. This study provides, to our

knowledge, the first solid evidence showing that symbiotic AMF can tap into organic C

sources beyond those allocated directly by their host plant. It has largely, but not universally,

been suggested that AMF are limited to assimilating inorganic forms of nutrients (Hodge

& Storer, 2015; Smith *et al.*, 2015), which makes the reason for AMF hyphae colonizing

and proliferating in leaf litter and not-yet-decomposed plant matter, a common

phenomenon observed since half a century ago (Went & Stark, 1968a, b; Bunn *et al.*, 2019),

still unresolved (see Bunn *et al.*, 2019). Our findings offer another possible explanation for

this phenomenon: AMF may assimilate organic nutrients such as myristate from dead

leaves as an additional C source for proliferation. Although further research is required to

understand how often symbiotic AMF encounter myristate (and other unidentified C

sources) and to determine the concentration of myristate in various microenvironments,

our study offers novel insights into the roles of AMF in ecosystems.

Our work revealed that in the presence of host plants, exogenous myristate acts as a

signaling (stimulating) molecule, enhancing AMF branching and sporulation. Intriguingly,

exogenous myristate caused a loss of directional growth in extraradical hyphae towards the

roots (tropism) in our study (Fig. 1) and in others' research (Liu *et al.*, 2023), suggesting

an interruption in the normal signal communication in AM. Notably, the signaling role of

myristate has also been found in several soil-borne bacteria (Fernández-Piñar *et al.*, 2012;

Liu *et al.*, 2024), implying its universal role in regulating the soil microbiome. AMF signal

molecules such as strigolactones and flavonoids increase AMF colonization by promoting

spore germination, and hyphal growth and branching (Mori *et al.*, 2016; Lidoy *et al.*, 2023;

Yu *et al.*, 2022); and palmitoleic acid even stimulates asymbiotic AMF to generate

infection-competent, albeit morphologically and functionally incomplete, secondary

spores, without increasing AMF biomass (Sugiura *et al.*, 2020). Unlike those signaling

molecules, myristate enhanced both intraradical and extraradical fungal biomasses in our

study, likely due to its dual role as a signaling molecule and a C source for AMF.

Remarkably, contrary to asymbiotic conditions, myristate triggered the formation of

morphologically complete secondary spores of the symbiotic AMF in our study, suggesting

that plant roots may provide additional substances to AMF beyond myristate. Our findings

suggest myristate as a potential strategy to enhance AMF biomass accumulation *in situ*, but

also emphasize the importance of identifying plant-derived substances other than myristate

for the successful pure culture of AMF.

During AM establishment, plant roots exhibit varying levels of mycorrhizal defense

responses to prevent excessive C consumption due to over-colonization (Blilou *et al.*, 2000;

Siciliano *et al.*, 2015; Feng *et al.*, 2019). In our study, exogenous myristate led to the

downregulation of various genes associated with mycorrhizal defense, including those

related to oxidative stress, salicylic acid defense response, and secondary metabolite

production, suggesting that exogenous myristate hinders the transcriptional activation of

normal mycorrhizal defense in host roots. This effect contrasts with some other AM

signaling molecules, such as strigolactones and quercetin, which have been reported to

enhance mycorrhizal defense responses in plants (Sudheeran *et al.*, 2020; Kusajima *et al.*,

2022). Our findings suggest that the suppression of mycorrhizal defense response is a

mechanism through which exogenous myristate facilitates AMF colonization, although the

precise regulatory mechanisms remain to be clarified.

In our study, exogenous myristate reduced MPR, and downregulated the expression

of mycorrhizal P transporter genes in both alfalfa and rice, indicating a decrease of

mycorrhizal P benefit. There are several possible explanations for this. Firstly, prior study

has shown that introducing *R. irregularis* into *F. mosseae*-plants interaction system

enhances *F. mosseae*'s cooperation, indicating a shift in resource value due to altered

supply-demand dynamics (Argüello *et al.*, 2016). Kiers *et al.* (2011) further revealed that

AMF can assess and adjust to the plants' C supply rate, thus regulating P transport. In our

study, myristate, serving as an external non-symbiotic C source, likely lowered the "price"

of symbiotic C supply from plants, leading to decreased P transfer. Secondly, exogenous

myristate interrupted the signal communication in AM, potentially limiting the extent of P

acquisition by fungal extraradical hyphae and its delivery to host. This might partly explain

why the impact of exogenous myristate on reducing MPR is only evident under low-P

conditions. Thirdly, AMF growth and development also require the consumption of

nutrients such as P and N. In low-P soil, AMF P transport proteins expressed in arbuscular

cells can re-uptake P from the symbiotic interface, leading to nutrient competition between

the plant and AMF (Xie *et al.*, 2022). In our study, exogenous myristate led to a significant

increase in fungal biomass, suggesting an increased demand for P consumption by AMF.

Along with the reduction of mycorrhizal P benefits for the host, external myristate

also decreased the C supply to AMF from both alfalfa and rice, with the exception of rice

under low-P conditions. This decrease could be attributed to several factors. First, in AM

symbiosis, there is a competition for C sources between plants and fungi (Bitterlich *et al.*,

2014). In our study, AMF could switch for symbiotically obtained C to external C

(myristate), thereby reducing its competition for C. Second, symbiotic signaling molecules

like strigolactones and flavonoids can modulate fatty acid biosynthesis and metabolism in

host plant (Xuan *et al.*, 2018; Richmond *et al.*, 2022). In our study, myristate significantly

reduced the expression of essential genes involved in symbiotic C allocation and various

genes from the common symbiosis signaling pathway (Figs. 5, 6), which are vital for

nutrient exchange (Gutjahr *et al.*, 2008; Gutjahr *et al.*, 2012; Shi *et al.*, 2021). These findings suggest that myristate, acting as a signaling molecule, could interfere with the essential signal exchange needed for symbiotic C allocation. Third, this effect could be interrelated to the reduced fungal P delivery to the host plant, as in AM symbiosis, the C−P exchange is functionally coupled (Hammer *et al.*, 2011; Kiers *et al.*, 2011). Collectively, our research reveals that exogenous myristate disrupted the symbiotic C−P exchange, which is fundamental to the functioning and maintenance of AM (Smith & Read, 2008).

The exception that exogenous myristate increased, rather than decreased, the allocation of plant-derived C to AMF in rice under low-P conditions indicates the non-ignorable impacts of host identity and soil P status on symbiotic nutritional exchanges and their reaction to exogenous myristate. In AM-responsive alfalfa, both the ^{13}C transfer efficiency and the expression level of the *RiFAT* gene are over tenfold higher than in AM-non-responsive rice (Fig. 6), accompanied with approximately fivefold greater expression levels of fungal P transporter genes. Notably, the boost in rice-derived C caused by myristate under low-P conditions appears to be unrewarded, as it correlates with a diminished mycorrhizal P benefit. AM symbiosis represents one of the most ancient coevolving species interactions (Rich *et al.*, 2021), with its evolutionary and ecological success depending on an efficient and multifactorial communication system for partner recognition, and on a fine-tuned and reciprocal metabolic regulation of each symbiont to reach an optimal functional integration (Lanfranco *et al.*, 2018). The observation of the disruptive effect of myristate on AM symbiosis in our study emphasizes the necessity for a thorough comprehension of this ancient relationship while developing strategies to improve AM outcomes.

CONCLUSIONS

Our study revealed that extraradical hyphae of symbiotic AMF can absorb external non-symbiotic myristate and transport it (or its metabolic products) towards intraradical structures, offering the first solid evidence that symbiotic AMF may utilize organic C sources beyond those allocated directly from their host plant. Additionally, myristate serves as a signaling molecule, and its dual role leads to the enhanced proliferation of both intraradical and extraradical biomasses for symbiotic AMF. RNA-seq data suggested that the suppression of mycorrhizal defense response may be a mechanism through which exogenous myristate facilitates AMF colonization. Interestingly, exogenous myristate disrupts the C−P exchange in AM symbiosis, possibly by interfering with their normal trading mechanisms, resulting in diminished mycorrhizal P benefits for plants and reduced plant-derived C allocation to AMF, although these effects are influenced by host identity and soil P conditions. These findings offer novel insights into the ecosystem roles of AM and the modulation of this symbiosis.

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TL participated in sampling and data collection. YW and BG wrote the manuscript. YW,

JL and SW supervised the study.

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Fig. 1 Effects of exogenous myristate on arbuscular mycorrhizal fungal (AMF) spore germination and hyphae growth, and the uptake of exogenous $^{13}C_1$-labeled myristate by AMF extraradical hyphae. **(a)** Carrot hairy root and AMF hyphae growth in two-compartment AMF-carrot hairy root co-cultivation system; and **(b)** ^{13}C enrichment in AMF hyphae and root. ^{13}C enrichment is the excess ^{13}C when the natural background, determined in the hairy root (1.0910 ± 0.0001, n = 5) and extraradical hyphae (1.0923 ± 0.0001, n = 5)

from the non-labeled (Mock) systems, has been subtracted. **(c)** Spore germination rate; **(d)**

hyphae branch; and **(e)** hypha length in AMF-hairy roots dual culture systems with or

without 0.1 mM myristate (n = 6). **(f−i)** AMF spore germination, extraradical hyphal

growth and branched absorbing structures (BAS) in the solid medium without **(f, h)** or with

0.1 mM Myr **(g, i)**. Arrows show the spore in germination (d, e) and the direction of hyphal

elongation (f, g). Means ± SE, different letters indicate significant differences at $P < 0.05$

level based on the Tukey's test; *** represents statistically significant at the 0.001

probability levels.

Fig. 2 Effects of exogenous myristate on arbuscular mycorrhizal fungal (AMF) development and mycorrhizal growth responses in the *in vitro* dual culture system. **(a)** AMF colonization intensities of hyphae, vesicles and arbuscules; **(b)** biomass of the AMF extraradical structures; **(c)** mycorrhizal growth responses (MGR) of the hairy root organ; **(d)** AMF spore density time curves; **(e)** AMF spore diameter with 0.1, 0.5, 1, 5, 10 mM

801   myristate (Myr) or ddH$_2$O (Mock) (n = 6). Means ± SE, different letters indicate significant

802   differences at $P < 0.05$ level based on the Tukey's test.

Fig. 3 Effects of exogenous myristate on arbuscular mycorrhizal fungal (AMF)

colonization and biomass of intraradical and extraradical structures in alfalfa and rice under

low- (L) or high-P (H) conditions in soil substrate. **(a, b)** AMF colonization intensities of

hyphae, vesicles and arbuscules (n =10). **(c, d)** AMF signature fatty acid (NLFA 16:1ω5)

in roots and rhizosphere soil of alfalfa and rice treated with 0.1 mM myristate (Myr) or

ddH$_2$O (Mock) (n =5). Means ± SE denoted by the different letter are significantly different

based on the Tukey's test (P < 0.05). *, ** represent statistically significant at the 0.05 and

0.01 probability levels, respectively.

Fig. 4 Effects of exogenous myristate on plant P concentration, mycorrhizal P response

(MPR), and relative expression of mycorrhizal P pathway marker genes for alfalfa and rice

during greenhouse experiment. **(a, b)** Phosphorus concentration, **(c, d)** MPR (n = 10). **(e,**

f) Relative expression of *OsPT11/MsPT8* and *RiPT* (n = 3) of *Medicago sativa* and *Oryza*

sativa at low (L) and high (H) phosphorus levels applied with 0.1 mM myristate (Myr) or

ddH$_2$O (Mock). Means ± SE denoted by the different letter are significantly different based

on the Tukey's test ($P < 0.05$). *, **, *** represent statistically significant at the 0.05, 0.01

and 0.001 probability levels, respectively.

Fig. 5 Effects of exogenous myristate on transcriptomic responses *Medicago sativa* and

Oryza sativa roots to arbuscular mycorrhizal fungi (AMF). **(a, b)** Number of up- and down-

regulated differentially expressed genes (DEGs), **(c, d)** principal component analysis **(PCA)**

of gene expression Transcript per million (TPM) values, **(e, f)** enrich gene ontology (GO)

terms of the DEGs (adjust $P < 0.05$), **(g, h)** expression profiles of symbiotic signaling genes

(Gene list is available in Supplemental Information Table S2) in AMF-infected roots of

Medicago sativa and *Oryza sativa* at low (L) and high (H) phosphorus levels applied with

0.1 mM myristate (Myr) or ddH$_2$O (Mock). Gene Ratio represents the ratio of DEG

numbers (beside or in the bar) to the number of background genes in each GO category. In

red and green are defense-related and fatty acid biosynthesis GO terms, respectively. *

represents significant difference between Myr and Mock plants ($P < 0.05$).

Fig. 6 Effects of exogenous myristate on the C allocation from plants to arbuscular mycorrhizal fungi (AMF), the relative expression of the marker genes for symbiotic carbon transportation, and the differentially expressed genes (DEGs) in glycolysis and fatty acid biosynthesis pathways in *Medicago sativa* and *Oryza sativa*. **(a, b)** ^{13}C flow to the AMF signature fatty acid NLFA 16:1ω5 (n = 5). **(c, d)** Relative expression of the symbiotic lipid

transfer marker genes *STR2* and *RiFAT* (qRT-PCR, n = 3). Means ± SE denoted by the

different letter are significantly different based on the Tukey's test ($P < 0.05$). **(e)**

Expression profiles of genes in glycolysis and fatty acid biosynthesis pathways (Gene list

is available in Supplemental Information Table S2) in mycorrhizal roots of *Medicago sativa*

and *Oryza sativa* treated with 0.1 mM myristate (Myr) or ddH$_2$O (Mock) under low- and

high-P conditions. * represents significantly different in plants treated with 0.1 mM

potassium myristate compared to the mock plants ($P < 0.05$).