Placental Malaria Induces a Unique Placental Methylation Profile Associated with Fetal Growth
Restriction

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Abstract: (216/350 words)

Background: Fetal growth restriction (FGR) is associated with perinatal death and other adverse birth

outcomes, as well as long term complications including increased childhood morbidity, abnormal

neurodevelopment, and cardio-metabolic diseases in adulthood. FGR has been associated with placental

epigenetic reprogramming, which may mediate these long term outcomes. Placental malaria (PM) is the

leading cause of FGR globally, but the impact on placental epigenetics is unknown. We hypothesized that

methylomic profiling of placentas from non-malarial and malarial FGR would reveal common and distinct

mechanistic pathways associated with FGR.

Results: We used a methylation array to compare the CpG profiles between FGR from a cohort with no

malaria exposure and a cohort of pregnancies complicated by both PM and FGR. Non-malarial FGR was

associated with 65 differentially methylated CpGs, whereas PM-FGR was associated with 133 DMCs,

compared to their corresponding controls. One DMC (cg16389901) was commonly hypomethylated in

both groups, corresponding to the promoter region of *BMP4*. Comparison of FGR vs. PM-FGR identified

522 DMCs between these two groups, which was not attributable to geographic location or different

cellular compositions of these two groups.

Conclusion: Placentas from pregnancies with PM-associated FGR showed distinct methylation profiles

as compared to non-malarial FGR, suggesting novel epigenetic reprogramming in response to malaria.

There may be distinct long-term health outcomes in FGR pregnancies also complicated by PM.

Background

Malaria in pregnancy leads to various adverse outcomes including fetal growth restriction (FGR).
low birth weight, preterm birth, and fetal loss. The WHO reports that in 2021, 34% of pregnant individuals
in sub-Saharan Africa were exposed to malaria which resulted in 819,000 babies born with low birth
weight. Placental malaria (PM), characterized by the sequestration of parasite-infected red blood cells in
the placental intervillous spaces, is the leading global cause of FGR and has been associated with small
for gestational age and worse neurodevelopmental outcomes (1–4). PM may lead to FGR through
multiple mechanisms. Congestion and inflammation secondary to sequestration of infected RBC in the
intervillous spaces during pregnancy disrupts trophoblast invasion and angiogenesis, decreasing
umbilical artery flow and subsequently to FGR (5–7). Vascular dysfunction and chronic inflammation may
contribute to impaired nutrient exchange at the fetal-maternal interface and imbalances in the growth
factors (8).

Fetal growth, as measured by ultrasound-estimated fetal weight for gestational age, has
important influences on human health. Early onset FGR (<32 weeks gestation) and severe FGR (<3rd
percentile) are associated with up to 1.5-fold increased risk of stillbirth and a 2 to 5-fold risk of perinatal
death (9). Long term complications of FGR include increased childhood morbidity, and even
cardiovascular, metabolic, and neuropsychiatric diseases in adulthood (2,4,10–22). Non-malarial
etiologies of FGR include maternal comorbidities, placental dysfunction, genetics, and environmental
exposures (e.g. tobacco smoke) (23).

Separate fields of research have demonstrated that PM and FGR independently impact infant
growth and neurodevelopment (24–28). These long-term health impacts may be mediated through
epigenetic modifications, including DNA methylation, histone marks, and non-coding RNAs. In FGR,
placental epigenetic modifications in genes related to cellular growth, nutrient transport, and inflammatory
responses have been described (29–33). Epigenetic studies of human responses to malaria have been
largely focused on immune markers of disease susceptibility (34,35). Altered DNA methylation has been
demonstrated in monocytes after malaria infection, resulting in age-dependent changes in innate immune
and inflammatory responses (36,37). There is no data on placental epigenetic reprogramming after
malaria in pregnancy.

In this study we aimed to identify whether non-malaria FGR is associated with similar methylation

profiles as PM-associated FGR. This data is important to understand the shared and divergent

mechanisms of fetal programming in PM and FGR.

Methods

Study design and subjects

Placental samples were collected from two independent patient cohorts to investigate the placental

methylation levels in malarial and non-malarial FGR. Cohort 1 (no malaria) was comprised of placental

samples prospectively collected at the University of California, San Francisco from 2018 to 2022. (IRB

#10-00505, #20-32077 and #21-33986). Cohort 2 (malaria endemic) was comprised of placental samples

prospectively collected from 2021-2022 in Busia, Uganda, as part of an ongoing randomized-controlled

trial of intermittent preventative treatment for malaria in pregnancy (NCT04336189, IRB#19-29105).

Case definitions: All patients were primigravidas and had no evidence of fetal genetic or structural

anomalies. FGR cases were identified by estimated fetal weight < 10%ile for gestational age on all

prenatal ultrasounds throughout pregnancy (up to 4) and birth weight <10%ile for gestational age by

Intergrowth-21 birth weight standards (38). PM-FGR cases were complicated by both FGR and placental

malaria (PM) diagnosed by placental histopathology. Control cases from each cohort were from healthy

pregnancies with no pregnancy complications and no evidence of malaria in pregnancy at any time during

the study (for Cohort 2). Cases were divided into four groups: 1) FGR (no malaria, n=8), 2) C^{FGR} (healthy

controls from the United States, n=4), 3) PM-FGR (placental malaria and FGR, n=8), and 4) C^{PM-FGR}

(healthy controls from Uganda, n=4) (**Figure 1A**. Detailed case information is provided in **Table 1.**

Specimen collection

Placental biopsies were collected from the maternal side of the placenta within 1 hour of delivery.

Biopsies no larger than 5 x 10 x 10mm were washed with ice-cold PBS three times and placed in

RNAlater™ (Qiagen, Germantown, MD). After a minimum incubation of 24 hours in RNAlater at 4°C,

biopsies were frozen and stored at -80°C.

DNA extraction

DNeasy Blood & Tissue Kit (Qiagen, Germantown, MD) was used according to the manufacturer's

standard protocol to extract DNA from placental biopsies. Samples were treated with RNase for 2

minutes. Infinite M NanoQuant (Tecan, Morrisville, NC) was used to estimate the purity and concentration

of extractive DNA. The A260/A280 ratio for all samples was between 1.75-1.93.

Illumina Infinium MethylationEPIC v1 assay

Methylation levels were assessed using Infinium Methylation EPIC v1.0 (Illumina, San Diego, CA) assay

following the manufacture's protocol. The EZ DNA Methylation-Lightning Kit (Zymo Research, Irvine, CA)

following the standard protocol was used for bisulfite conversion. Briefly, bisulfite conversion was

performed on genomic DNA. Bisulfite converted DNA was amplified and fragmented. DNA was

precipitated and resuspended before hybridizing to the BeadChip. After hybridization, BeadChip was

washed to remove any unspecific binding, extended and stained primers before BeadChip was ready for

imaging using iScan (Illumina, San Diego, CA) platform.

Bioinformatic analysis

The raw data obtained from the iScan platform was cleaned and preprocessed for data analysis using R

(version 4.2.1) and minfi package (version 1.44.0). The quality of the samples was assessed by

computing detection p-values for all probes. The samples which exhibit a detection p-value higher than

0.05 in at least 10% of all the probes was excluded from the analysis. Data preprocessing was performed

using the quantile normalization method. Low-quality probes that failed at a detection p-value of 0.05 in at

least 10% of the samples, probes located on the sex chromosome (X and Y), probes with SNPs at the

CpG site, and cross-reactive probes were filtered out prior to differential methylation analysis. No samples

were excluded based on high p-value probes. The total number of probes before filtering was 865,859,

whereas total number of probes after filtering was 786,227.

Differential methylation analysis was performed using M values (log-ratio of methylated and unmethylated

signals) of methylation by limma (version 3.54.2) implemented in the minfi package, replacing expression

levels with M values in the data analysis process. β-value was used to represent the methylation levels of

all the probes. Differentially methylated CpGs were identified based on an unadjusted *p*-value < 0.0001

and absolute difference in mean methylation (|Δβ|) > 10% (test group vs. control group). Target gene

name was identified based on UCSC database and functional enrichment analysis was conducted using

DAVID.

Cellular deconvolution analysis was conducted using *planet* (v1.12) package on R (39). Figures were

generated using R Studio (v2023.03.0+386), GraphPad Prism (v10.2.3) and BioRender.

Results

<u>Dimensional reduction analysis</u>

The methylation levels of >850,000 CpG sites were detected using Illumina Infinium MethylationEPIC

Array v1 for 24 placentas. We identified 786,227 CpG sites after applying quality control measures as

described above. First, principal component analysis was applied using the M-values of all CpG sites to

understand the influence of FGR, placental malaria-FGR (PM-FGR) or geographic location on the overall

methylation profiles (**Figure 1**). We did not observe any distinct separation between the four groups:

FGR, PM-FGR, C^{FGR} and $C^{PM\text{-}FGR}$ (**Figure 1B**) or among any of the pairwise comparisons based on FGR

status or collection site (**Figure 1C-E**). Separation was most prominent between FGR and PM-FGR

groups (**Figure 1F**).

<u>Identification of Differentially Methylated CpGs (DMCs)</u>

We investigated the specific changes in placental methylation levels observed with non-malarial and

placental malarial FGR. To capture a broader range of differentially methylated CpG sites, we used an

unadjusted p value cutoff of p<0.0001 and a secondary cutoff of at least 10% absolute difference in mean

methylation (|Δβ| > 0.10). To confirm the power of the significance cutoff in terms of differentiating the

groups, unsupervised hierarchical clustering was performed using β-values of the respective DMCs. As

expected, our samples clustered based on study group (**Supplemental Figure 1, Supplemental Table**

1).

<u>Changes observed with non-malarial FGR</u>

We first investigated the influence of non-malarial FGR on placental methylation profiles. The overall

distribution of CpG sites with a p<0.0001 was equally distributed across all 22 autosomal chromosomes

(**Figure 2A**). Between FGR vs. C^{FGR}, 65 CpG sites were differentially methylated (p<0.0001 and

|Δβ|>0.1), of which 17 were hypermethylated and 48 were hypomethylated with FGR (**Figure 2B**).

Functional enrichment analysis using the genes linked to those 65 DMCs showed that the CpGs

hypermethylated with non-malarial FGR were associated with genes related to negative regulation of

signaling. In contrast, hypomethylated CpGs were associated with genes related to response to stimulus,

suggesting an overall activation to cellular signals in FGR placenta.

Changes observed with placental malaria and FGR

To identify the changes observed with placental malaria and FGR, we compared methylation levels of

CpG sites between PM-FGR vs. C^{PM-FGR}. The overall distribution of CpG sites with a p<0.0001 were

homogenous across all 22 autosomal chromosomes (**Figure 2C**). Between PM-FGR vs.

C^{PM-FGR}, 133 CpGs were differentially methylated (p<0.0001 and |Δβ|>0.1); of these, 51 were

hypermethylated and 82 were hypomethylated with PM-FGR (**Figure 2D**). Functional enrichment analysis

was conducted using the genes linked to these 133 DMCs. The CpGs hypermethylated with PM-FGR

were associated with genes related to developmental processes, whereas the hypomethylated CpGs

were associated with genes related to stimulus response.

Common changes observed with non-malarial FGR and PM-FGR

To identify the epigenetic modulations observed with both non-malarial and PM-FGR, we investigated the

overlapping DMCs between FGR vs. C^{FGR} and PM-FGR vs. C^{PM-FGR} comparisons. We identified only a

single CpG, cg16389901, that was commonly hypomethylated with both FGR and PM-FGR when

compared to their respective controls (**Figure 3A**). The cg16389901site is in the promoter region of two

splice variants of *BMP4*, a cell growth-related gene known to participate in trophoblast differentiation

within the placenta (40) (**Figure 3B**). DNA methylation levels of other CpGs associated with *BMP4* did not

show a difference between FGR vs. C^{FGR} or PM-FGR vs. C^{PM-FGR} comparisons.

Differentially methylated CpGs between non-malarial FGR vs. placental malarial FGR

We next compared the methylation profiles between FGR and PM-FGR. The distribution of CpGs with

p<0.0001 was equal across all 22 autosomal chromosomes (**Figure 4A**). There was a higher number of

CpG sites (529 CpGs) with a p<0.0001 and |Δβ|>0.1 cutoff between FGR vs. PM-FGR (**Figure 4B**) when

compared to FGR vs. C^{FGR} (**Figure 2B)** or PM-FGR vs. $C^{PM\text{-}FGR}$ (**Figure 2D**), highlighting the distinct

changes observed with placental malaria. To account for baseline epigenetic differences based on the

distinct geographical locations of the two cohorts, we compared the DMCs between our two control

groups (C^{FGR} vs. $C^{PM\text{-}FGR}$), which 183 CpGs that were differentially methylated between the two study

sites. Of these 183 DMCs, 7 CpG sites were also identified when comparing FGR vs. PM-FGR. Exclusion

of these 7 CpGs as potentially affected by population-based differences resulted in 522 CpGs that were

impacted by PM status (**Figure 4C**). Of these, 143 were hypermethylated in FGR placenta, and 379 were

hypermethylated in PM-FGR placenta. The CpGs hypermethylated with FGR were associated with genes

related to cellular developmental processes. With FGR, 3 CpG sites in the promoter region of *ARPC1B*

and 4 CpG sites in the promoter region of *ZSCAN23* were hypermethylated. CpGs hypermethylated with

PM-FGR were associated with genes related to metabolic processes. On the other hand, 7 CpG sites in

the promoter region of *FAM124B* and 4 CpG sites in the promoter region of *SPG7* were hypermethylated

with PM-FGR.

<u>Identifying the cellular composition of all placental samples</u>

Our study used DNA extracted from homogenized placental tissue, combining various cell types as a

single sample. To understand the estimated cellular composition of each sample, we performed cellular

deconvolution analysis based on reference methylation data of term placental cells generated by Yuan et

al. (39) (**Figure 5A**). Robust partial correlations (RPC) method was used to identify the percentage of

syncytiotrophoblast, trophoblasts, endothelial cells, stromal cells, Hofbauer cells and nucleated red blood

cells (nRBC) based on β-values of the most distinguishing CpG sites among these cell types. Our

samples demonstrated a high proportion of syncytiotrophoblast, constituting an average of 69.5%. The

next most prevalent cell types were stromal cells (13.9%), endothelial cells (12.1%) and trophoblasts

(3.8%). The average abundance of Hofbauer cells and nRBC in total was less than 0.6%. We performed

unsupervised hierarchical clustering to investigate whether the cellular composition of our samples was

leading to distinct separation between our four study groups (**Figure 5B**). Overall, the cellular composition

of our samples did not show any clear separation among groups (**Figure 5B, Supplemental Figure 2**).

Hierarchical clustering of only FGR and PM-FGR samples demonstrated distinct clustering between these

two groups (**Figure 5C**). This separation was primarily driven by the significant increase in the percentage

of syncytiotrophoblast in PM-FGR (%74.4) samples compared to FGR (%65.5) ($p<0.002$). Only a single

CpG site was overlapping with the 522 identified CpGs used for cellular deconvolution analysis, indicating

that DMCs identified between FGR vs. PM-FGR were not driven by differences in cellular composition

(**Figure 5D**).

Discussion

To our knowledge, this is the first study to investigate methylation profiles in PM. We found that

placentas from malaria and non-malaria FGR cases exhibited highly divergent methylation profiles.

Interestingly, there was only a single CpG site, associated with the promoter region of *BMP4* that was

commonly hypomethylated with both malarial and non-malarial FGR. In PM-FGR, hypermethylated CpGs

were associated with genes related to developmental processes whereas hypermethylated CpGs in FGR

were associated with genes related to metabolic processes. Cellular deconvolution demonstrated

differences in the relative abundances of placental cell types; however, these differences did not explain

the distinct methylation profiles between non-malarial and PM-FGR. These results suggest novel

epigenetic modifications in response to PM-FGR compared to non-malarial FGR.

Previous studies investigating placental epigenetic changes occurring with FGR have identified

various differentially methylated CpG sites and related genes involved with fatty acid oxidation,

transcriptional regulation, immune responses, cell adhesion, metabolism, cell growth (32,41–44). Our

results did not have any clear overlap between the most of these studies. This may be due to diverse

mechanisms of epigenetic modulation, as well as differences in study populations. Similar to our study,

one study from Korea investigating the methylation levels of placenta and cord blood samples with FGR

described changes in methylation profiles of genes related to metabolism and developmental pathways

(43).

Both non-malarial FGR and PM-FGR are independently associated with moderate numbers of

differentially methylated CpGs when compared to their corresponding controls. Interestingly, a single CpG

site was commonly hypomethylated with both non-malarial and PM-FGR—cg16389901. This site is

located 200-1500 bases upstream of the transcription start site of the *BMP4* gene. BMP4 is a well-known

growth associated protein which also plays important role in trophoblast differentiation (40). The Korean

study also described hypermethylation of the negative regulation of the BMP signaling pathway, which is

aligns with our results (43). Hypomethylation of *BMP4*, resulting in increased expression, may be a

common compensatory mechanism in the placenta to counteract other functional changes that lead to

inhibited fetal growth.

Hypermethylated CpG sites with FGR compared to PM-FGR included CpGs located at the

promoter regions of *ARPC1B* and *ZSCAN23*. Homozygous mutations in the *ARPC1B* gene have been

associated with disruptions of the immune system (45). Promoter region hypermethylation of *ZSCAN23*

has been associated with acceleration of pancreatic cancer growth (46). Hypermethylated CpG sites in

PM-FGR compared to FGR included CpGs located at the promoter regions of *FAM124B* and *SPG7*.

FAM124B has been proposed as an important protein involved in neurodevelopmental disorders while

SpG7 mutations have been linked to spastic paraplegia and cerebellar ataxia (47,48). Further follow up

studies on offspring are needed to investigate the long-term outcomes occurring with non-malarial FGR

vs. PM-associated FGR and to understand whether these clinical outcomes are potentially mediated by

these diverse epigenetic profiles.

Cellular deconvolution analysis revealed dominance of syncytiotrophoblasts, which had

significantly higher proportions in PM-FGR samples. The increased proportion of syncytiotrophoblasts

may be a consequence of syncytial knot formation commonly observed with PM, which is thought to be a

response to inflammatory damage associated with infected RBC in the intervillous spaces (49). Despite

the differences in cellular composition between non-malarial FGR and PM-FGR, the differentially

methylated CpGs were distinct from those associated with specific cell types. In contrast, a study that

conducted the same deconvolution analysis on placentas from monochorionic twins complicated by

selective FGR found decreased proportions of stromal cells with FGR compared the normally grown twin

(41). This suggests a distinct placental response to FGR in twins compared with singletons.

Our study has some limitations. First, this is a small sample size and larger studies are needed to

confirm our findings. Due to the homogenization of placental tissue, we were also unable to distinguish

the differences between cell types, particularly the maternal and fetal cells. Due to the high prevalence of

malaria in pregnancy at our study site in Uganda, we were unable to identify any FGR cases from

Uganda that did not have any evidence of malaria infection during pregnancy; these cases would provide

a more accurate comparison for non-malarial and PM-FGR in a similar population. Finally, we have

focused on methylation profiles detected by a targeted methylation array, rather than whole genome

bisulfide sequencing which may identify additional differentially methylated CpGs. Further studies

investigating other types of epigenetic mechanisms such as histone modifications or assessment of open

chromatin regions would provide deeper insight into epigenetic changes occurring with non-malarial FGR

and PM-FGR. Additional transcriptomic and proteomic analysis of similar cohorts would also reveal

insight into downstream effects of epigenetic modifications.

The strengths of our study include detailed characterizations of the pregnancies, allowing for the

selection of appropriate controls for each population. We only included primigravid patients to avoid

confounding from gravidity-induced differences in methylation profiles. Finally, placental biopsies from

both sites were collected and processed with the same protocol, allowing for comparison between the

different patient populations.

The significant divergence in DMCs in FGR and PM-FGR, even after controlling for geographic

location, suggests distinct pathways of epigenetic reprogramming in these two populations. Placental

responses to malaria may have a strong influence on placental epigenetics, with potential implications for

long-term health in the offspring.

Declarations

Ethics approval and consent to participate

This study was approved by the University of California, San Francisco and Makerere University. Written

informed consent was obtained from all participants.

<u>Availability of data and materials</u>

The dataset generated during the study will available in the GEO repository (waiting for accession

number).

<u>Competing interests</u>

The authors declare that they have no competing interests.

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<u>Authors' contributions</u>

Conceptualization: NO and SLG

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Investigation: NO, CM, JA, LL, SB, JFR

Funding acquisition: MRK, GD, PJR, SLG

Project administration: AK, JK

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Figure and Table Legends

Table 1. Patient characteristics. cHTN; chronic hypertension, gHTN; gestational hypertension, gDM;

gestational DM, PreE; preeclampsia, SIPE; superimposed preeclampsia.

Figure 1. Principal Component Analysis. A. Schematic demonstration of study groups and collection

sites. **B.** Principal component analysis including all samples. **C.** Principal component analysis of FGR and

C^{FGR} samples. **D.** Principal component analysis of PM-FGR and C^{PM-FGR} samples **E.** Principal component

analysis of C^{FGR} and C^{PM-FGR} samples **F**. Principal component analysis of FGR and PM-FGR samples.

Figure 2. Differentially methylated CpGs (DMCs) observed with non-malarial FGR and placental

malaria associated FGR and their respective controls. A. Manhattan plot of CpGs with a p-

value<0.0001 between FGR vs. C^{FGR} **B.** Volcano plot displaying DMCs between FGR vs. C^{FGR} in red

based on significance cutoff (p<0.0001 and |Δβ| > 0.1) **C.** Manhattan plot of CpGs with a p-value<0.0001

between PM-FGR vs. $^{CPM-FGR}$. **D.** Volcano plot displaying DMCs between PM-FGR vs. C^{PM-FGR} in red

based on significance cutoff (p<0.0001 and |Δβ| >0.1)

Figure 3. Commonly differentially methylated CpG site with non-malarial FGR and placental

malarial FGR. A. Venn diagram demonstrating the sole overlapping differentially methylated CpG site,

cg16138990, that was commonly hypomethylated with both non-malarial and placental malarial FGR

when compared to their controls. **B.** Average DNA methylation of CpG sites associated with BMP4,

including cg16138990 (marked in red), for all four groups. Red asterisk indicated significance.

Figure 4. Differentially methylated CpGs (DMCs) observed between non-malarial FGR vs. placental

malaria associated FGR. A. Manhattan plot of CpGs with a p-value<0.0001 between FGR vs. PM-FGR

B. Volcano plot displaying 529 CpGs with a p<0.0001 and |Δβ| >0.1 value between FGR vs. PM-FGR in

red based**. C.** Venn diagram demonstrating the 522 DMCs between FGR vs. PM-FGR after subtracting

geographical location-driven baseline differences.

Figure 5. Cellular deconvolution analysis based on overall methylation levels. A. Cell composition

of all samples estimated using robust partial correlations analysis through planet package in R. **B.**

Hierarchical clustering of all samples based on cellular deconvolution results. **C.** Hierarchical clustering of

FGR and PM-FGR samples based on cellular deconvolution analysis. **D.** Venn diagram demonstrating

the overlap between CpGs used for cellular deconvolution analysis and differentially methylated CpGs

between FGR vs. PM-FGR.

Supplemental Figure 1. Hierarchical clustering of samples based on methylation levels of

differentially methylated CpGs (DMCs). A. Methylation level of 65 DMCs between FGR vs. C^{FGR} **B.**

Methylation level of 133 DMCs between PM-FGR vs. C^{PM-FGR} **C.** Methylation level of 183 DMCs between

C^{FGR} vs. C^{PM-FGR} **D.** Methylation level of 522 DMCs between FGR vs. PM-FGR

Supplemental Figure 2. Hierarchical clustering of samples based on cellular composition. A.

Hierarchical clustering of FGR and C^{FGR} samples based on cellular composition**. B.** Hierarchical

clustering of PM-FGR and C^{PM-FGR} samples based on cellular composition.

Supplemental Table 1. List of differentially methylated CpG sites.

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Figure 1.

Figure 2.

A.

B.

Figure 4.

A.

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C.

Figure 5.

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C.

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