fmo-4 promotes longevity and stress resistance via

ER to mitochondria calcium regulation in *C. elegans*

Authors:

Tuckowski AM[1], Beydoun S[2], Kitto ES[2], Bhat A[2], Howington MB[1], Sridhar A[4], Bhandari M[2],
Chambers K[2], *Leiser SF[2,3].

*Corresponding author and lead contact (leiser@umich.edu)

Affiliations:

1. Cellular and Molecular Biology Program, University of Michigan, Ann Arbor, MI 48109, USA.

2. Department of Molecular and Integrative Physiology, University of Michigan, Ann Arbor, MI
48109, USA.

3. Department of Internal Medicine, University of Michigan, Ann Abor, MI 48109, MI, USA.

4. Department of Molecular, Cellular, and Developmental Biology, University of Michigan, Ann
Arbor, MI 48109, MI, USA.

Keywords:

aging, flavin-containing monooxygenases, longevity, stress resistance, lifespan, calcium
signaling, endoplasmic reticulum, mitochondria, UPR[ER]

Abstract:

Flavin-containing monooxygenases (FMOs) are a conserved family of xenobiotic enzymes

upregulated in multiple longevity interventions, including nematode and mouse models.

Previous work supports that *C. elegans fmo-2* promotes longevity, stress resistance, and

healthspan by rewiring endogenous metabolism. However, there are five *C. elegans* FMOs and

five mammalian FMOs, and it is not known whether promoting longevity and health benefits is a

conserved role of this gene family. Here, we report that expression of *C. elegans fmo-4*

promotes lifespan extension and paraquat stress resistance downstream of both dietary

restriction and inhibition of mTOR. We find that overexpression of *fmo-4* in just the hypodermis

is sufficient for these benefits, and that this expression significantly modifies the transcriptome.

By analyzing changes in gene expression, we find that genes related to calcium signaling are

significantly altered downstream of *fmo-4* expression. Highlighting the importance of calcium

homeostasis in this pathway, *fmo-4* overexpressing animals are sensitive to thapsigargin, an ER

stressor that inhibits calcium flux from the cytosol to the ER lumen. This calcium/*fmo-4*

interaction is solidified by data showing that modulating intracellular calcium with either small

molecules or genetics can change expression of *fmo-4* and/or interact with *fmo-4* to affect

lifespan and stress resistance. Further analysis supports a pathway where *fmo-4* modulates

calcium homeostasis downstream of activating transcription factor-6 (*atf-6*), whose knockdown

induces and requires *fmo-4* expression. Together, our data identify *fmo-4* as a longevity-

promoting gene whose actions interact with known longevity pathways and calcium

homeostasis.

Introduction:

Aging is a major risk factor for the onset of cancer, cardiovascular disease, dementia, and many other serious illnesses. Studying the aging process is crucial because a more comprehensive understanding can lead to the development of therapeutics that treat multiple diseases simultaneously. The use of model organisms, from yeast to mammals, has helped define genetic and environmental pathways that influence aging[1]. Many of these pathways, such as dietary restriction (DR), defined as a decrease in nutrient intake without malnutrition, involve active modification of metabolism that robustly and reproducibly improve health and longevity across species[2-4]. Similarly, the response to oxygen deficiency, or hypoxic response, can lead to increased longevity, healthspan, and stress resistance[5]. Interestingly, in *C. elegans,* both DR and the hypoxic response converge upon a single gene, *fmo-2,* that is necessary and sufficient to improve health and longevity[6].

Flavin-containing monooxygenases (FMOs) are a family of enzymes that use oxygen and NADPH to oxygenate nucleophilic substrates. FMOs oxygenate a wide array of xenobiotic substrates and were discovered ~50 years ago for their role in drug metabolism[7,8]. Consequently, a majority of published data on FMOs relate to this role. Recently, studies have begun to focus on the endogenous role(s) of FMOs. Results show that multiple mammalian FMO proteins are involved in systemic metabolism[9,10]. We initially discovered a role for *C. elegans fmo-2* in regulating stress resistance and longevity downstream of DR and hypoxia and have continued to identify role(s) for FMO-2 in *C. elegans* metabolism and longevity[10]. However, the conserved mechanisms for FMO-mediated health benefits are still unclear, as are the roles of individual FMO enzymes. Thus, to best understand how FMOs could be leveraged to improve health, we need to understand the conserved mechanism of these enzymes in longevity and metabolism.

There are five *C. elegans* FMOs, and three of the five share significant structural overlap

with mammalian FMOs. This overlap involves a predicted endoplasmic reticulum (ER)

localization and a membrane spanning domain, which are each found in *fmo-1, fmo-2*, and *fmo-*

4. In comparison to the more well-studied longevity gene *fmo-2, fmo-4* in particular shares 88%

identity in the catalytic domain amino acids, suggesting that FMO-2 and FMO-4 may bind similar

substrates and could plausibly have overlapping endogenous roles. Published data also show

that DR induces both *fmo-2* and *fmo-4* gene expression, implying a role for *fmo-4* in longevity

regulation[8]. Based on this, we hypothesized that *fmo-4* may play a role in *C. elegans* longevity

and that studying this role can help to understand this gene family and its relevance to aging.

FMOs are transmembrane enzymes thought to primarily reside in the ER. While mainly

studied for its involvement in protein and lipid synthesis, the ER also plays a key role in

metabolism and maintaining homeostasis within the cell. For instance, the ER responds to

misfolded proteins by eliciting its unfolded protein response (UPR[ER]), thereby removing

dysfunctional proteins and restoring homeostasis[11]. The ER is also responsible for storing and

releasing calcium in a coordinated manner with the cytosol and mitochondria[12]. The ER

establishes calcium homeostasis through processes involving 1) sequestering calcium in the

lumen with the calreticulin chaperone[12,13], 2) releasing calcium into the cytosol through the

inositol triphosphate receptor (IP$_3$R)[12,14], and 3) bringing calcium into the ER lumen through the

sarcoplasmic endoplasmic reticulum ATPase (SERCA) pump[12,15]. Interestingly, the ER's role in

regulating metabolic and calcium homeostasis in the cell has recently been linked to longevity in

C. elegans. Knocking out <u>a</u>ctivating <u>t</u>ranscription <u>f</u>actor (*atf*)-6, one of the three branches of the

UPR[ER], modulates calcium signaling from the ER to the mitochondria, resulting in increased

mitochondrial turnover and lifespan extension in *C. elegans*[16].

Given that 1) *fmo-4* is induced by a longevity-promoting pathway (DR), 2) *fmo-4* is

predicted to be an ER transmembrane protein, and 3) the ER's role in cellular homeostasis is

linked to aging, we hypothesized that *fmo-4* regulates longevity by modulating ER-related

processes. Here, we test this hypothesis by modifying *fmo-4* expression and interrogating

interactions between *fmo-4,* stress resistance, longevity, and the ER. Our resulting data show

that *fmo-4* promotes longevity and paraquat stress resistance downstream of mTOR and DR

through calcium homeostasis. We find that not only is *fmo-4* a regulator of multiple longevity

promoting pathways, but it is also sufficient to extend lifespan and confer paraquat stress

resistance when overexpressed either ubiquitously or in the hypodermis. Transcriptomics data

and stress assays reveal that calcium signaling is altered downstream of *fmo-4* expression, and

that *fmo-4* interacts with calcium regulation between the ER and mitochondria to promote

longevity and paraquat stress resistance. Together, these results establish *fmo-4* as a longevity

promoting gene and provide evidence as to how *fmo-4* extends *C. elegans* lifespan through

calcium-mediated ER to mitochondrial processes.

Results

***Cefmo-4* is required for DR and mTOR-mediated lifespan extension**

C. elegans fmo-4 shares significant similarity to its family member and longevity gene,

fmo-2, including 88% conservation in catalytic residues (**Supplementary Fig 1**), a

transmembrane domain (**Fig 1A**) and predicted subcellular localization in the ER

(**Supplementary Fig 2**)[17]*.* Additionally, *fmo-4* is induced by the longevity intervention DR[8].

These structural similarities and DR-mediated induction led us to hypothesize that *fmo-4* may

play a role in aging. To test this, we first asked whether *fmo-4* is required for well-studied

longevity pathways, including DR. We utilized *fmo-4* (*ok294*) knockout (KO) animals[18] on five

conditions reported to extend lifespan in *C. elegans.* Since *fmo-4* is induced by dietary

restriction, we started with fed and DR (sDR[19]) conditions. Our results show that loss of *fmo-4*

has no significant effect on control fed worms but prevents nearly all the lifespan extension seen

under DR (**Fig 1B**). Wild-type (WT) worms on DR experience a ~35% lifespan extension

compared to fed WT worms, but when *fmo-4* is knocked out this extension is reduced to ~10%

and this interaction is significant by cox regression (p-value < $4.50e^{-6}$). These data support that

fmo-4 is required for the DR longevity pathway (**Fig 1B**). Having established this role, we

continued lifespan analyses of *fmo-4* KO worms exposed to RNAi knockdown of the S6-kinase

gene *rsks-1* (mTOR signaling)[20], the von hippel lindau gene *vhl-1* (hypoxic signaling)[21], the

insulin receptor *daf-2* (insulin-like signaling)[22], and the cytochrome c reductase gene *cyc-1*

(mitochondrial electron transport chain, cytochrome c reductase)[23] (**Fig 1C-F**). The resulting

data show that *fmo-4* is fully required for *rsks-1*-mediated longevity as marked by a complete

abrogation of the *rsks-1* RNAi lifespan extension when *fmo-4* is knocked out (**Fig 1C**), placing

fmo-4 downstream of mTOR. *fmo-4* was not required for the hypoxic response (**Fig 1D**), insulin-

like signaling (**Fig 1E**), or cytochrome c reductase inhibition pathways (**Fig 1F**) to increase

lifespan. It is notable that, unlike *fmo-4, fmo-2* is required for *vhl-1*-mediated longevity[6]. This

result, coupled with *fmo-4* and *fmo-2* each being required for DR, suggests that these two genes

in the same family are overlapping but distinct in their requirement. Together, these data

suggest that *fmo-4* plays a necessary role in *C. elegans* longevity regulation downstream of at

least two pathways: DR and mTOR signaling.

Figure 1. *Cefmo-4* regulates mTOR and dietary restriction mediated longevity. (A)
Hydropathy plots of FMO-2 and FMO-4 predicting endoplasmic reticulum (ER) transmembrane
(TM) domains based on protein sequence analysis. Analysis was done using Deeploc-2.0. (B)
Lifespan analysis of wild-type (WT) worms and *fmo-4* knockout (*fmo-4* KO) worms on fed and
dietary restricted (DR) conditions. (C) Lifespan analysis of WT and *fmo-4* KO worms on empty
vector (EV) RNAi and *rsks-1* RNAi. (D) Lifespan analysis of WT and *fmo-4* KO worms on EV
and *vhl-1* RNAi. (E) Lifespan analysis of WT and *fmo-4* KO worms on EV and *daf-2* RNAi. (F)
Lifespan analysis of WT and *fmo-4* KO worms on EV and *cyc-1* RNAi. For each lifespan, n =
~120 worms per condition per experiment, and three replicate experiments were performed.
Significance was determined at $p < 0.05$ using log-rank analysis and significant interactions
between the condition of interest and genotype was determined at $p < 0.01$ using Cox
regression analysis.

***fmo-4* is required for *fmo-2*-mediated longevity, stress resistance, and healthspan**

Having established that, like *fmo-2, fmo-4* is required for DR-mediated longevity, we next

hypothesized that *fmo-2* and *fmo-4* may be acting in the same pathway. To test this, we crossed

fmo-2 overexpressing (OE) worms with *fmo-4* KO worms to create an *fmo-2* OE; *fmo-4* KO

strain (*fmo-2*OE;4KO). We validated this strain via qPCR analysis (**Supplementary Table 1**).

Upon measuring their lifespan compared to *fmo-2* OE animals, we find that knocking out *fmo-4*

completely abrogates the lifespan extension from *fmo-2* OE (**Fig 2A**). This result suggests that

fmo-4 is required for *fmo-2*-mediated longevity and thus may act downstream of *fmo-2* to

promote longevity in *C. elegans.*

We previously showed that *fmo-2* OE is not just sufficient for lifespan extension but is

also sufficient to promote resistance to multiple forms of stress, including oxidative stress

(paraquat), heat stress, and ER stress (tunicamycin)[6]. Since *fmo-4* is required for *fmo-2*-

mediated longevity, we hypothesized that *fmo-4* would also be required for *fmo-2*-mediated

stress resistance. Following exposure to 5mM paraquat, 37°C heat stress, or 5μg/mL

tunicamycin, we find that the *fmo-2*OE;4KO worms survive similar to WT worms and are no

longer resistant to these stresses (**Fig 2B-D**). Thus, knocking out *fmo-4* blocks *fmo-2*-mediated

broad stress resistance.

Healthspan is a crucial component to longevity, and we previously found that *fmo-2* OE

is sufficient to promote healthspan benefits with age in *C. elegans*[6]. As *fmo-4* is required for

both the lifespan extension and stress resistance observed with *fmo-2* OE, we hypothesized

that *fmo-4* would also be required for *fmo-2*-mediated healthspan benefits. To test this, we

measured the thrashing rate of *fmo-2* OE;4KO worms at day 2 and day 10 of adulthood. We find

that knocking out *fmo-4* abrogates the healthspan benefits of the *fmo-2* OE worms with age (**Fig**

2E-F). Thus, *fmo-4* is required for *fmo-2*-mediated health and resilience benefits, further

supporting its acting downstream of *fmo-2* to promote health and longevity.

Figure 2. *fmo*-4 is required for the health benefits of *fmo*-2 overexpression. (A) Lifespan
analysis of wild-type (WT), *fmo-2* overexpressing (*fmo-2* OE), *fmo*-4 knockout (*fmo-4* KO), and
fmo-2 OE;*fmo-4* KO (*fmo*-2OE;4KO) worms on *E. coli* OP50 (n = ~120 worms per condition,
three replicate experiments). Significance was determined at $p < 0.05$ using log-rank analysis.
(B) Survival of WT, *fmo*-2 OE, *fmo*-4 KO, and *fmo*-2OE;4KO worms exposed to 5mM paraquat
at L4 stage (n = ~90 worms per condition, three replicate experiments). Significance was
determined at $p < 0.05$ using log-rank analysis. (C) Survival of worms exposed to 37°C heat
shock for 3 hours (hrs) at L4 stage (n = 100 worms per condition, three replicate experiments).
(D) Survival of worms exposed to 0, 1, and 5µg/mL tunicamycin from egg until day 1 of
adulthood (n = ~60 eggs per condition, three replicate experiments). (E) Healthspan analysis of
worm thrashing in a drop of M9 solution for 30 seconds on day 2 of adulthood (n = 10 worms
per condition, three replicate experiments). (F) Healthspan analysis of worm thrashing in a drop
of M9 solution for 30 seconds on day 10 of adulthood (n = 10 worms per condition, three
replicate experiments). For heat stress, tunicamycin stress, and healthspan assessments, *
denotes significant change at $p < 0.05$ using unpaired two-tailed t test or one-way ANOVA.
N.S. = not significant.

Overexpression of *fmo-4* promotes longevity, healthspan, and paraquat stress resistance

While being necessary for increased healthspan, lifespan, and stress resistance shows

that *fmo-4* is required for these benefits, it does not test whether it can modulate aging directly.

Therefore, to better understand *fmo-4's* role in longevity and health, we next asked whether

fmo-4 is sufficient for lifespan extension, stress resistance, and healthspan benefits. We created

a ubiquitous *fmo-4* OE worm strain with *fmo-4* expressed under the *eft-3* promoter via multicopy

extrachromosomal array followed by random integration. qPCR analysis shows that *fmo-4* is

overexpressed ~150 fold over WT in the ubiquitous *fmo-4* OE worms (**Supplementary Table 1),**

and their development time is slightly (~1.5 hours) but statistically significantly delayed

compared to WT (**Supplementary Fig 3**). Interestingly, we find that ubiquitous *fmo-4* OE is

sufficient to reproducibly extends lifespan by ~20% (**Fig 3A**). Epistatic analysis with *fmo-2*

shows that *fmo-4* OE lifespan extension is not additive with *fmo-2* OE (**Supplementary Fig 4A**),

as determined by comparing the individual OE strains to the *fmo-2* OE;*fmo*-4 OE (*fmo*-

*2*OE;4OE) worm strain (**Supplementary Table 1**). This further supports that these two genes in

the same family act in the same pathway. To test whether *fmo-4* requires *fmo-2,* we

overexpressed *fmo-4* in the context of *fmo-2* knockout (*fmo-4* OE;2KO) (**Supplementary Table**

1). The results show that *fmo-4* OE does not require *fmo-2* for its longevity benefits

(**Supplementary Fig 5A**). This further validates that *fmo-4* likely acts downstream of *fmo-2*.

Increased longevity is frequently observed in tandem with increased healthspan and

resistance to toxic stress[24]. We assessed the healthspan of the ubiquitous *fmo-4* OE worms at

days 2 and 10 of adulthood by measuring thrashing rates (movement). We find that ubiquitous

fmo-4 OE is sufficient for an improvement (p = 0.011) in healthspan benefits with age (**Fig B-C**).

We next measured the stress resistance of the ubiquitous *fmo-4* OE worms to 5mM paraquat

(oxidative stress), 37°C heat stress, 5μg/mL of tunicamycin (ER glycosylation stress), and

1mg/mL thapsigargin (ER calcium stress). We included two ER stresses because FMO-4 is

predicted to be an ER transmembrane protein. We find that ubiquitous *fmo-4* OE is sufficient to

convey paraquat stress resistance (**Fig 3D**) but does not offer any protection from heat (**Fig 3E**)

or tunicamycin stress (**Fig 3F**). Interestingly, ubiquitous *fmo-4* overexpressing animals are

sensitive to thapsigargin, as shown by the worms' inability to develop compared to WT control

worms (**Fig 3G-I**). These results suggest a narrow stress resistance and even some sensitivity

for *fmo-4* in comparison to other longevity genes. To test whether *fmo-4* OE would interact with

fmo-2 OE, we combined the strains and measured their stress resistance. We find that the *fmo-*

2 OE strain is still resistant to paraquat, heat, and tunicamycin stress in the presence of

increased *fmo-4,* suggesting that overexpression of *fmo-4* does not affect resistance to these

stresses (**Supplementary Fig 4B-D**). Interestingly, the *fmo-2* OE strain is sensitive to

thapsigargin stress in the presence of increased *fmo-4,* suggesting that *fmo-4* likely also acts

downstream of *fmo-2* in this stress pathway (**Supplementary Fig 4E-I**). Overall, these results

suggest that *fmo-4* 1) is sufficient to improve healthspan, 2) is both necessary and sufficient to

promote paraquat resistance, 3) is necessary but not sufficient to improve heat and tunicamycin

resistance, and 4) promotes sensitivity to calcium-mediated ER stress from thapsigargin. As

expected under the hypothesis that *fmo-4* acts downstream of *fmo-2,* the *fmo-4*OE;2KO strain

phenocopies the *fmo-4* OE strain in all stress assays (**Supplementary Fig 5B-I**). Together,

these data suggest that *fmo-4* OE is sufficient to promote lifespan extension and paraquat

stress resistance as well as a healthspan benefit, while exhibiting sensitivity to ER calcium

stress.

Figure 3. Overexpressing *fmo*-4 is sufficient for lifespan extension, paraquat stress resistance and improved healthspan. (A) Lifespan analysis of wild-type (WT), *fmo-4* overexpressing (*fmo-4* OE), and *fmo*-4 knockout (*fmo*-4 KO) worms on *E. coli* OP50 (n = ~120 worms per condition, three replicate experiments). Significance was determined at $p < 0.05$ using log-rank analysis. (B) Healthspan analysis of worms thrashing in a drop of M9 solution for 30 seconds (sec) on day 2 of adulthood (n = 10 worms per condition, three replicate experiments). (C) Healthspan analysis of worms thrashing in a drop of M9 solution for 30 seconds on day 10 of adulthood (n = 10 worms per condition, three replicate experiments). (D) Survival of worms exposed to 5mM paraquat starting from L4 stage (n = ~90 worms per condition, three replicate experiments). Significance was determined at $p < 0.05$ using log-rank analysis. (E) Survival of worms exposed to 37°C for 3 hours (hrs) at L4 stage (n = 100 worms per condition, three replicate experiments). (F) Survival of worms exposed to 0, 1, and 5µg/mL tunicamycin starting from egg until day 1 of adulthood (n = ~60 eggs per condition, three replicate experiments). (G) Brightfield images of WT and ubiquitous *fmo-4* OE worms exposed to DMSO or 1mg/mL thapsigargin (n = ~20 worms per condition, three replicate experiments). Quantifications of (G) images in (H-I). For heat stress, tunicamycin stress, thapsigargin stress, and healthspan assessments, * denotes significant change at $p < 0.05$ using t test. N.S. = not significant.

Hypodermal overexpression of *fmo-4* is sufficient for longevity and paraquat resistance

While using the ubiquitous overexpressing worm strain is helpful to probe into *fmo-4's* involvement in longevity, stress resistance, and healthspan, it is also important to note that *fmo-4* is normally localized and expressed primarily in the hypodermis (**Fig 4A-C**)[25]. Thus, we asked whether hypodermal-specific *fmo-4* overexpression is sufficient for these health benefits. We created a hypodermal-specific *fmo-4* OE worm strain expressing *fmo-4* under the *dpy-7* promoter via multicopy extrachromosomal arrays followed by random integration. qPCR data show that *fmo-4* is expressed ~45 fold over WT in the hypodermal-specific *fmo-4* OE worms (**Supplementary Table 1**), and their developmental time does not differ from WT (**Supplementary Fig 3**). We measured lifespan, resistance to paraquat, heat, tunicamycin and thapsigargin stress, as well as healthspan of the hypodermal-specific *fmo-4* OE worms (*fmo-4* OE^{Hyp}). We find that the *fmo-4* OE^{Hyp} strain exhibits a lifespan extension (**Fig. 4D**), resistance to paraquat (**Fig. 4E**) but not heat or tunicamycin stress (**Fig. 4F-G**), and sensitivity to thapsigargin stress (**Fig. 4H-J**). However, the *fmo-4* OE^{Hyp} strain did not have a statistically significant effect on healthspan unlike the ubiquitous *fmo-4* OE strain (**Fig 4K-L**). Overall, these results agree with the *C. elegans* single cell atlas as well as previously published work[25] showing that *fmo-4* is mostly localized to the hypodermis (**Fig 4A**) and are consistent with the ubiquitous strain primarily benefiting from expressing additional *fmo-4* in the hypodermis. Thus, ubiquitous or hypodermal-specific overexpression of *fmo-4* is sufficient for longevity and paraquat stress resistance (**Fig 3A,D**, **Fig 4D-E**), does not affect heat or tunicamycin resistance (**Fig 3E-F, Fig 4F-G**), and results in thapsigargin sensitivity (**Fig 3G-I**, **Fig 4H-J**).

Figure 4. Overexpressing *fmo-4* in the hypodermis is sufficient for lifespan extension and paraquat stress resistance. (A) Complete cell atlas of *C. elegans* aging cluster map highlighting regions of *fmo-4* gene expression. (B) Image of the ubiquitous *fmo*-4 overexpressing (*fmo-4* OE) worm by the *eft-3* promoter showing expression throughout its body. (C) Image of the hypodermal-specific *fmo-4* OE worm by the *dpy-7* promoter showing expression in the hypodermis. (D) Lifespan analysis of wild-type (WT), *fmo-4* OE, hypodermal-specific *fmo-4* OE (*fmo-4* OE^Hyp), and *fmo*-4 knockout (*fmo-4* KO) worms (n = ~120 worms per condition, three replicate experiments). Significance was determined at $p < 0.05$ using log-rank analysis. (E) Survival of worms exposed to 5mM paraquat starting at L4 stage (n = ~90 worms per condition, three replicate experiments). Significance was determined at $p < 0.05$ using log-rank analysis. (F) Survival of worms exposed to 37°C heat for 3 hours (hrs) at L4 stage (n = 100 worms per condition, three replicate experiments). (G) Survival of worms exposed to 0, 1, and 5ug/mL tunicamycin starting at egg until day 1 of adulthood (n = ~60 eggs per condition, three replicate experiments). (H) Brightfield images of WT and *fmo*-4 OE^Hyp worms exposed to DMSO or 1mg/mL thapsigargin (n = ~20 worms per condition, three replicate experiments). Quantification of (H) in (I-J). (K) Healthspan analysis of worms thrashing in a drop of M9 solution for 30 seconds (sec) on day 2 of adulthood (n = 10 worms per condition, three replicate experiments). (L) Healthspan analysis of worms thrashing in a drop of M9 solution for 30

seconds on day 10 of adulthood (n = 10 worms per condition, three replicate experiments). For
heat stress, tunicamycin stress, thapsigargin stress, and healthspan assessments, * denotes
significant change at $p < 0.05$ using t test. N.S. = not significant.

***fmo-4* OE transcriptomics reveal a link to calcium regulation**

To identify the downstream effects of *fmo-4* expression, we analyzed the transcriptome

of *fmo-4* OE animals and compared them with control animals (**Fig 5A**). Based on a p-value of <

0.05, we find ~800 transcripts are upregulated and ~500 transcripts are downregulated when

fmo-4 is overexpressed (**Supplemental Data 1**). Of the upregulated and downregulated

transcripts unique to the *fmo-4* OE profile, we noticed that some of the significant pathways

include transcription, Wnt signaling, TGFβ signaling, protein processing in the ER, and other

subsets of signaling, as determined by the **D**atabase for **A**nnotation, **V**isualization and

Integrated **D**iscovery (DAVID) Functional Annotation Bioinformatics Microarray Analysis (**Fig**

5A). Based on its known role as a xenobiotic enzyme, we were intrigued to find that *fmo-4* OE is

modulating signaling pathways. We were further intrigued to find that one of the signaling

pathways affected by *fmo-4* is calcium signaling (**Supplementary Table 2**). This was interesting

considering that *fmo-4* OE worms are sensitive to thapsigargin (**Fig 3G-I**), implicating an

interaction between calcium signaling and *fmo-4*. To further verify this possibility, we used

another tool called PANTHER Classification System Protein Class, which identified FMO-4 as a

putative transmembrane signal receptor (G-protein coupled receptor), ion transporter, and/or

calcium-binding protein (**Supplemental Data 2**). Together, these results support the possibility

that FMO-4 is involved in calcium-related processes.

To begin exploring this interaction, we determined how changes in intracellular calcium

levels impact *fmo-4* expression and lifespan. We first manipulated calcium levels by

supplementing the acetylcholine agonist, carbachol. Carbachol activates acetylcholine

receptors, increasing overall intracellular calcium levels[26]. We measured *fmo-4* gene expression

upon exposure to carbachol using an *fmo-4p::mCherry* transcriptional reporter strain.

Interestingly, we find that supplementation of 300μM carbachol induces *fmo-4* promoter

expression fluorescence nearly 2-fold over a water control (**Fig 5B-C**). This was similar to the

level of induction of *fmo-4* in fasted (DR-like) conditions (**Fig 5B-C**). We postulate that *fmo-4* is

induced by carbachol because increased intracellular calcium activates *fmo-4* gene expression.

Since carbachol supplementation induces *fmo-4*, we hypothesized that carbachol may affect

lifespan and would interact with *fmo-4*. We measured lifespan of worms supplemented with

50µM carbachol and find that while WT lifespan is significantly extended by carbachol, this

extension is not additive with *fmo-4* OE (**Fig 5D**), and requires *fmo-4,* as the *fmo-4* KO is

shorter-lived when exposed to carbachol (**Fig 5E**).

To test whether reducing calcium has an opposing effect to increasing it, we utilized

EthyleneDiamineTetraAcetic acid (EDTA) to deplete calcium levels[27]. First, we placed *fmo-*

4p::mCherry reporter worms on plates containing 10mM EDTA and measured fluorescence.

Surprisingly, we find that EDTA also significantly induces *fmo-4* expression (**Fig 5B-C**). We then

assessed the survival of WT, *fmo-4* OE and KO worms on plates supplemented with 50µM

EDTA. We find that EDTA significantly extends WT lifespan without further extending *fmo-4* OE

lifespan (**Fig 5F**), while shortening the lifespan of *fmo-4* KO animals (**Fig 5G**). Overall, these

data suggest that *fmo-4* is highly sensitive to changing calcium levels in either direction, and

that both increasing and depleting calcium 1) induces *fmo-4,* 2) extends WT lifespan, 3) is not

additive with *fmo-4* OE lifespan, and 4) is deleterious to *fmo-4* KO animals. Thus, these results

support an interaction between *fmo-4* and calcium signaling.

Figure 5. *fmo*-4 OE transcriptomics reveals a link to calcium regulation. (A) Gene ontology
(GO) analysis of significantly regulated pathways unique to *fmo*-4 overexpression (*fmo-4* OE).
(B) Fluorescence images of *fmo-4p::mCherry* reporter worms exposed to a water control,
dietary restriction (DR) control, 300μM carbachol, or 10mM EDTA, which is quantified in (C) (n =
~20 worms per condition, three replicate experiments). (D) Lifespan assessment of wild-type
(WT) and *fmo-4* OE worms exposed to a water control or 50μM carbachol. (E) Lifespan
assessment of WT and *fmo-4* knockout (*fmo-4* KO) worms exposed to a water control or 50μM
carbachol (F) Lifespan assessment of WT and *fmo*-4 OE worms exposed to a water control or
50μM EDTA. (G) Lifespan assessment of WT and *fmo-4* KO worms exposed to a water control
or 50μM EDTA. For all lifespan analyses, n = ~120 worms per condition, three replicate
experiments performed. Significance was determined at $p < 0.05$ using log-rank analysis and
significant interactions between the condition of interest and genotype was determined
at $p < 0.01$ using Cox regression analysis. For imaging experiments, * denotes significant
change at $p < 0.05$ using unpaired two-tailed t test. N.S. = not significant.

350 *fmo-4* **genetically interacts with calcium signaling to promote longevity and paraquat**

351 **resistance.**

352   Having established an interaction between *fmo-4* and calcium perturbations, we next

353 asked if *fmo-4* interacts with genes involved in calcium signaling. These genes include

354 calreticulin (*crt-1*), inositol triphosphate receptor (IP$_3$R, *itr-1*), and the mitochondrial calcium

355 uniporter (*mcu-1*)[16]. Calreticulin is responsible for binding and sequestering calcium in the ER

356 lumen[12,13]. It was previously shown that FMO protein extracted from rabbit lung can form a

357 complex with calreticulin, suggesting a physical interaction[28]. When testing for genetic

358 interactions between *crt-1* and *fmo-4,* we find that *crt-1* RNAi extends WT lifespan, as previously

359 reported[16], and that this lifespan extension is not additive with *fmo-4* OE (**Fig 6A**). Treating *fmo-*

360 *4* KO worms with *crt-1* RNAi can significantly extend lifespan (**Supplementary Fig 6A**), but this

361 result was inconsistent (**Supplemental Data 3**). Overall, this suggests that *fmo-4* and *crt-1* are

362 acting in the same genetic pathway. IP$_3$R, or *itr-1* in *C. elegans,* is located in the ER membrane

363 and is critical for exporting calcium from the ER lumen into the cytosol[12,14]. Previous results

364 suggest that loss of *itr-1* decreases WT lifespan[16], which our results confirm (**Fig 6B**).

365 Importantly, we also find that *itr-1* RNAi decreases lifespan of *fmo-4* KO worms similarly

366 (**Supplementary Fig 6B**) and *fmo-4* OE (**Fig 6B**) worms to a greater extent than WT, negating

367 the relative longevity of *fmo-4* OE worms compared to WT. Thus, *itr-1* is required to increase

368 lifespan downstream of *fmo-4.* MCU (*mcu*-1) is located in the inner mitochondrial membrane

369 and allows cytosolic calcium into the inner mitochondrial matrix[12,15]. We also find that *mcu-1* is

370 required downstream of *fmo-4* OE, as *mcu-1* RNAi abrogates the *fmo-4* OE lifespan (**Fig 6C**).

371 The *fmo-4* KO lifespan is slightly decreased on *mcu-1* RNAi (**Supplementary Fig 6C**). These

372 data support that *fmo-4* extends lifespan through its interactions with the calcium signaling

373 genes, *crt-1, itr-1,* and *mcu-1.*

In addition to lifespan assessment, we were curious whether these genes also interact

with *fmo-4* expression to modify resistance to paraquat. We exposed WT, *fmo-4* OE, and *fmo-4*

KO worms to 5mM paraquat plates with RNAi for *crt-1, itr-1* or *mcu-1* and assessed survival

over time. Interestingly, we find that *crt-1* RNAi promotes resistance in WT worms and this effect

is not additive in *fmo-4* OE worms (**Fig 6D**). Further, *crt-1* RNAi extends the lifespan of *fmo-4*

KO worms (**Supplementary Fig 6D**), suggesting that *crt-1* and *fmo-4* act in the same pathway

and that *crt-1* may act downstream of *fmo-4* to promote paraquat stress resistance. Neither *itr-1*

RNAi nor *mcu-1* RNAi confers resistance to paraquat, and *fmo-4* OE resistance is lost when

exposed to these RNAi (**Fig 6E-F**). The *fmo-4* KO worms show a decrease in paraquat survival

when treated with *itr-1* and *mcu-1* RNAi (**Supplementary Fig 6E-F**). These data support a

model where *fmo-4* OE converges onto a shared pathway mediating paraquat stress resistance

and longevity regulation. Together, we conclude that *fmo-4* interacts with ER to mitochondrial

calcium signaling through *crt-1, itr-1,* and *mcu-1,* to promote longevity and paraquat stress

resistance.

Figure 6. *fmo-4* **interacts with calcium signaling genes to promote longevity and paraquat resistance.** (A) Survival analysis of wild-type (WT) and *fmo-4* overexpressing (*fmo-4* OE) worms on empty vector (EV) and *crt-1* RNAi. (B) Survival analysis of worms on EV and *itr-1* RNAi. (C) Survival analysis of worms on EV and *mcu-1* RNAi. For all lifespan analyses, n = ~120 worms per condition, three replicate experiments performed. (D) Survival of WT and *fmo-4* OE worms on EV and *crt-1* RNAi exposed to 5mM paraquat at L4 stage. (E) Survival of worms on EV and *itr-1* RNAi exposed to 5mM paraquat at L4 stage. (F) Survival of worms on EV and *mcu-1* RNAi exposed to 5mM paraquat at L4 stage. For all paraquat survival assays, n = ~90 worms per condition, three replicate experiments performed. Significance was determined at $p < 0.05$ using log-rank analysis and significant interactions between the condition of interest and genotype was determined at $p < 0.01$ using Cox regression analysis.

400   ***atf-6* KD regulates *fmo-4*-mediated longevity and paraquat resistance**

401   Our data establish that *fmo-4* interacts with ER and mitochondrial calcium signaling to

402   promote lifespan extension and resistance to paraquat. A previous study linked many of these

403   components to a major regulator of UPR[ER], activating transcription factor-6 (*atf-6*)[16]. When *atf-6*

404   is lost, lifespan is extended through changes in calcium signaling between the ER and

405   mitochondria requiring *crt-1, itr-1* and *mcu-1*[16]. Based on our transcriptomics data and *fmo-4's*

406   interactions with calcium signaling genes, we hypothesized that *fmo-4* could interact with *atf-6* to

407   promote longevity and paraquat resistance. To test whether *atf-6* is regulating *fmo-4,* we utilized

408   our *fmo-4p::mCherry* transcriptional reporter strain. We measured *fmo-4* gene expression after

409   RNAi knockdown of *atf-6* and find that *fmo-4p::mCherry* worms on *atf-6* RNAi show a consistent

410   ~2-fold increase in fluorescence (**Fig 7A-B**), similar to what we observe from calcium

411   perturbations (**Fig 5B-C**). Since *atf-6* is one of three branches of UPR[ER], we were curious to see

412   if *fmo-4* interacts specifically with *atf-6* or also with the other two branches, *ire-1/xbp-1* and *pek-*

413   *1/atf-4*[11]. We treated the *fmo-4p::mCherry* reporter worms with *ire-1, xbp-1, pek-1,* or *atf-4* RNAi

414   and measured fluorescence. We find that knocking down the components of the IRE-1 or PEK-1

415   branches does not induce *fmo-4* gene expression (**Supplementary Fig 7A-B**). Thus, only

416   knockdown of the ATF-6 branch of UPR[ER] induces *fmo-4* expression.

417   We hypothesized that *atf-6* limits *fmo-4* expression and thus *fmo-4* acts downstream of

418   *atf-6* knockdown to modulate lifespan extension. To test this, we assessed survival and find that

419   while *atf-6* RNAi extends the lifespan of WT worms, as reported[16], this effect is abrogated when

420   *fmo-4* is knocked out **(Fig. 7C)**. This result suggests that *fmo-4* is indeed acting downstream of

421   *atf-6* to promote longevity. To determine if *atf-6* is also involved in *fmo-4*-mediated paraquat

422   resistance, we exposed WT and *fmo-4* KO worms to 5mM paraquat plates with *atf-6* RNAi. We

423   find that *atf-6* RNAi promotes stress resistance to paraquat, but this effect is lost when *fmo-4* is

424   knocked out, supporting the hypothesis that *atf-6* is involved in *fmo-4*-mediated paraquat

resistance (**Fig 7D**). Together, these data suggest that *fmo-4* modulates lifespan and paraquat

stress resistance downstream of the reduction in *atf-6*, ultimately regulating ER to mitochondria

calcium signaling (**Fig 7E**).

Figure 7. *atf*-6 KD regulates *fmo*-4-mediated longevity and paraquat stress resistance (A)
Fluorescence imaging of the *fmo-4p::mCherry* reporter worms on empty vector (EV) and *atf-6*
RNAi. (B) Quantification of (A) (n = ~20 worms per condition, three replicate experiments). (C)
Lifespan analysis of wild-type (WT) and *fmo*-4 knockout (*fmo-4* KO) worms on EV and *atf-6*
RNAi (n = ~120 worms per condition, three replicate experiments). (D) Survival of WT and *fmo*-
4 KO worms on EV and *atf-6* RNAi exposed to 5mM paraquat at L4 stage (n = ~90 worms per
condition, three replicate experiments). Significance was determined at $p < 0.05$ using log-rank
analysis and significant interactions between the condition of interest and genotype was
determined at $p < 0.01$ using Cox regression analysis. (E) Working model showing reduced
expression of *atf-6* induces *fmo-4* expression, which regulates calcium regulation from the
endoplasmic reticulum (ER) to the mitochondria to promote lifespan extension and paraquat
stress resistance. For imaging experiments, * denotes significant change at $p < 0.05$ using
unpaired two-tailed t test. N.S. = not significant.

Discussion

Together, our data present a model where *fmo-4* acts downstream of DR and mTOR to

positively affect healthspan and longevity (**Fig 1B-C**). *fmo-4* overexpression is sufficient to

provide these benefits (**Fig 3**) and does not require the DR-mediating family member, *fmo-2*

(**Fig 2**)*.* Our results also suggest that *fmo-4* gene expression is upregulated upon changes in

intracellular calcium, and that *fmo-4* interacts with calcium signaling through key genes like *crt-*

1, itr-1, and *mcu-1*, to promote longevity and paraquat stress resistance (**Fig 5-6**). The

relationship between *fmo-4* and calcium is further illustrated by *fmo-4* OE's susceptibility to

thapsigargin, a calcium-mediated ER stress. Furthermore, we find that knocking down the

UPR[ER] transcription factor and calcium regulator, *atf-6,* induces *fmo-4* gene expression and

requires *fmo-4* to promote longevity (**Fig 7**). Collectively, our data suggest that *fmo-4* promotes

longevity and paraquat stress resistance by regulating calcium homeostasis between the ER

and mitochondria (**Fig 7E**).

Previous studies from our lab have elucidated how *C. elegans fmo-2* promotes longevity

through endogenous metabolism[10]. Based on the conservation within the *fmo* gene family and

that multiple Fmos are induced in long-lived worms and mammals, it was reasonable to

hypothesize that Fmos could play overlapping roles in longevity regulation. Our data here

support the broader hypothesis that Fmos have a conserved role in aging, but interestingly, that

the mechanisms by which they modulate aging are separable. Importantly, we find that *fmo-4* is

required for multiple longevity-promoting pathways, including DR and mTOR, but is not required

for lifespan extension through the hypoxic response, insulin-like signaling, or cytochrome c

reductase pathways. We also find that *fmo-4* does not require *fmo-2,* but that *fmo-2* does

require *fmo-4.* This is interesting because not only do these data tell us that *fmo-4* is important

in the context of longevity, but also that it acts distinctly from *fmo-2.*

After creating ubiquitous and hypodermal-specific *fmo-4* overexpressing strains, we find

that *fmo-4* is sufficient for longevity and paraquat stress resistance but not heat, tunicamycin, or

thapsigargin stress. These results further differentiate *fmo-4* from *fmo-2* and also provide insight

into *fmo-4's* potential roles in the cell. For instance, *fmo-4* OE worms' resistance to paraquat

could suggest a role in responding to or controlling reactive oxygen species (ROS) production in

the mitochondria. Additionally, *fmo-4* OE worms' sensitivity to thapsigargin likely points towards

an involvement in ER calcium regulation. These are both interesting plausible roles for *fmo-4,*

and may go hand in hand, as calcium levels are known to impact ROS levels[29], and changes in

ROS levels are known to impact ER calcium release[29]. Based on this and the data with calcium

perturbations, we speculate that FMO-4 acts as a calcium sensor, and when calcium levels are

too high or too low, FMO-4 responds by regulating downstream calcium signaling proteins to

restore homeostasis in the cell. As FMO-4 is a predicted ER transmembrane protein, we

hypothesize that FMO-4 is sensing changes in calcium levels in the ER and/or cytosol.

We note that our data reveal genetic interactions between *fmo-4* and other longevity

pathways like DR, mTOR, FMO-2*,* and ATF-6*.* However, it is important to also understand on

the protein level how FMO-4 is interacting with these pathways and how FMO-4 is regulating

downstream calcium signaling components to promote longevity and paraquat stress

resistance. For instance, it was previously shown that rabbit FMO protein forms a complex with

calreticulin[28]. It is possible that an increase in FMO-4 leads to more binding between FMO-4

and calreticulin, which ultimately prevents calreticulin from binding ER calcium. This would then

allow for proper calcium flux from the ER to the mitochondria via the IP$_3$R and MCU,

respectively. Our future work will look into these protein interactions so that we can further tease

apart the FMO-4-mediated longevity pathway.

While our transcriptomics analysis and calcium manipulations suggest *fmo-4*

involvement in calcium regulation, there are other measures that can better assess an

interaction between *fmo-4* and calcium. Carbachol and EDTA supplementation are not perfect

assessments of altered calcium levels, as carbachol does not act in every tissue and EDTA may

be depleting more than just calcium from the cell. Thus, future studies should measure calcium

levels and calcium flux in *fmo-4* OE and KO worms using GCaMP expressing worms to

determine the direct link between *fmo-4* expression and calcium in the cell. Additionally, to

determine if FMO-4 is acting as a calcium sensor or interacting with one to regulate calcium

homeostasis, development of FMO-4 antibodies for immunoprecipitation assays would be

useful[32]. Together, it will be important to establish the biochemical parameters of the FMO-4

calcium interaction.

As calcium signaling occurs between the ER and the mitochondria, our results could

have interesting implications in ER-mitochondrial metabolism. We would expect that FMO-4

regulates ER-mitochondria metabolism because 1) FMO-4 is a predicted ER transmembrane

protein and blocking the expression of another ER transmembrane protein, ATF-6, induces the

expression of *fmo-4*, 2) *fmo-4* OE worms are highly sensitive to ER calcium stress but resistant

to ROS induced stress, 3) lifespan extension driven by *fmo-4* depends on mitochondrial calcium

import (*mcu-1*), and 4) Fmo gene expression is induced by mitochondrial inhibitors[33].

Additionally, changes in mitochondrial calcium import affect various mitochondrial measures like

respiration, dynamics (i.e., fission and fusion), membrane potential, and TCA cycle activity[34].

Future studies will delve into how *fmo-4* perturbations impact each of these measures and if

they act in the *fmo-4*-mediated longevity pathway. Based on our data, we speculate that *fmo-4*

OE may increase mitochondrial calcium by regulating *mcu-1* activity, and that *fmo-4* OE worms

may in turn be regulating ROS production in the mitochondria. We hypothesize that changes in

fmo-4 expression will alter mitochondrial respiration, dynamics, membrane potential, and TCA

cycle activity. Taken together, future experiments will shed light on the role that FMOs play in

calcium regulation and mitochondrial metabolism and will help to further tease apart the FMO-

mediated longevity pathway.

Methods and Materials:

Strains and Growth Conditions

Standard *C. elegans* cultivation procedures were used as previously described[6]. Briefly, all worm strains were maintained on solid nematode growth media (NGM) using *E. coli* OP50 throughout life except where double stranded (ds) RNAi (*E. coli* HT115) were used. Worms were transferred using a platinum wire. All worm strains were kept at 20°C. RNAi used is listed in **Supplementary Table 3**. Worm strains are listed in **Supplementary Table 4**. Genotyping primers are listed in **Supplementary Table 5**.

Development Assays

Animals were synchronized by placing 10 gravid adult worms on NGM plates seeded with *E. coli* OP50 to lay eggs for 1 hour at 20°C. The gravid adult worms were then removed, and the eggs were allowed to hatch and develop at 20°C until larval stage 2 (L2). At this point the L2 worms were moved to individual 35mm NGM plates seeded with *E. coli* OP50, one worm per plate. This was done for each worm strain tested and ten total 35mm plates per worm strain were prepared. The worms were then followed through development and watched hourly during young adulthood to score the time of the first egg lay, as previously described[6]. Development time was reported in hours since egg lay. Three replicate experiments were performed.

Stress Resistance Assays

Paraquat stress assay: Paraquat (Methyl viologen dichloride hydrate, 856177, Sigma-Aldrich) was used to induce oxidative stress. Worms were synchronized from eggs on either NGM plates seeded with *E. coli* OP50 or RNAi plates seeded with HT115 strain expressing dsRNAi for a particular gene. At L4 stage, 30 worms were transferred to either NGM plates or RNAi-FUdR (40690016, Bioworld) plates containing 5mM paraquat dissolved in water. Three plates per strain per condition were prepared, for a total of 90 worms per condition. As previously

described, worms were then scored every other day and considered dead when they did not

move in response to prodding under a dissection microscope[6]. Worms that crawled off the plate

were not considered, but ruptured worms were noted and considered. Three replicate

experiments were performed. Log-rank test was used to derive p-value for paraquat stress

resistance survival assays using $p < 0.05$ cut-off threshold compared to EV or wild-type

controls. Cox regression was also used to assess interactions between genotype and condition

for paraquat stress resistance survival assays using $p < 0.01$ cut-off threshold compared to

controls.

Heat stress assay: Worms were synchronized from eggs on NGM plates seeded with *E. coli*

OP50. Once the worms reached day 1 of adulthood, 25 worms of each strain were transferred

to 35mm NGM plates seeded with *E. coli* OP50[16]. Four plates per strain per condition were

prepared, for a total of 100 worms per condition. The plates were placed in a single layer on a

tray and incubated at 37°C for 3 hours. After 3 hours, the plates were removed and placed at

20°C for 24 hours to give the worms time to recover. After 24 hours, the number of dead and

alive worms was counted. % Alive was calculated as (# alive / # total)×100 and graphed in

Graphpad Prism using unpaired two-tailed t tests with Welch's correction as well as one-way

ANOVA to determine significance. Three replicate experiments were performed.

Tunicamycin stress assay: *E. coli* OP50 was cultured at 37°C shaking overnight and then

centrifuged and concentrated to 100x. 100µL of bacteria was added to 9.9mL of S-media to create

a 1x mixture. 100µL of this bacteria/S-media mixture was added to the wells of a Falcon non

tissue culture treated clear flat bottom 96 well plate (Falcon, 351172). Approximately 20 eggs per

worm strain were added to the wells of the 96 well plate as previously described[6]. Three replicates

per worm strain were added to the 96-well plate, for a total of 60 eggs per worm strain. Then

either 0, 1, 2, or 5µg/mL of tunicamycin (Sigma, T7765) diluted in dimethyl sulfoxide (DMSO)

(Sigma, D2650) was added to the wells. Total volume per well was 100µL. The plate was

incubated covered at room temperature on an orbital shaker for 72 hours. After 72 hours, each

well containing worms was rinsed with 100µL M9 and then added to individual 35mm NGM plates

seeded with *E. coli* OP50 to sit covered at room temperature overnight. The following day, plates

were assessed for live adults. % Alive Adults was calculated by determining how many of the

three technical replicates of a given strain showed at least one live adult and then graphed in

Microsoft Excel. Three replicate experiments were performed.

Thapsigargin stress assay: To assess development of worms during chronic ER calcium

stress, NGM plates seeded with *E. coli* OP50 were spotted with 25µL 1mg/mL thapsigargin in

DMSO (Sigma) or DMSO only directly on to the *E. coli* OP50 lawns and allowed to dry

overnight. Then, 30 synchronized L1's per worm strain were added directly to the spotted

lawns[16]. Forty-eight hours later, worms were picked off these plates, added to a 2% agarose

pad on a glass slide, anesthetized in 0.5M sodium azide (Sigma), and imaged at 6.3x

magnification (brightfield) with the LASx software and Leica scope. Three replicates were

performed. Each worm was recorded in ImageJ. Data were analyzed in GraphPad Prism using

unpaired two-tailed t tests with Welch's correction.

Thrashing Assays

Animals were synchronized by placing 10 gravid adult worms on NGM plates seeded with *E.*

coli OP50 and allowing them to lay eggs for 2 hours at 20°C. The gravid adult worms were then

removed, and the eggs were allowed to hatch and develop at 20°C until day 1 adulthood.

Worms were placed in a drop of M9 solution, as previously described[6]. The individual body

bends were counted at maximum rate for 30 seconds. Thrashing was assayed on day 2 and

day 10 of adulthood. The animals that were not used for the day 2 assay were transferred to

fresh fed FUdR plates 4 times until they were ready to be assayed. Three replicates were

performed. Data were analyzed in GraphPad Prism using unpaired two-tailed t tests with

Welch's correction as well as one-way ANOVA.

Lifespan Assays

Gravid adults were placed on NGM plates containing 1mM β-D-isothiogalactopyranoside

(IPTG), 25µg/ml carbenicillin, and the corresponding RNA interference (RNAi) clone from the

Vidal or Ahringer RNAi library. 200µL of HT115 bacteria expressing double stranded (ds) RNA

of either the control empty vector (EV) or the RNAi of interest at optical density (OD) of 3.0 and

concentration of 3X was added to each plate. After 3 hours, the adults were removed, and the

eggs were allowed to develop at 20°C until they reached late L4/young adult stage. From here,

70 worms were placed on each RNAi plate and transferred to fresh RNAi + FUDR plates on day

1, day 2, day 4, and day 6 of adulthood. A minimum of two plates per strain per condition were

used per replicate experiment. Experimental animals were scored every 2-3 days and

considered dead when they did not move in response to prodding under a dissection

microscope. Worms that crawled off the plate were not considered, but ruptured worms were

considered as previously described[6]. A similar method was used for non-RNAi lifespan

experiments, except the plates did not contain IPTG and worms were fed *E. coli* OP50. 200µL of

E. coli OP50 at OD of 3.0 and concentration of 3X was added to each plate. A similar method

was also used for carbachol (ThermoFisher, L06674.14) and ethylenediaminetetraacetic acid

(EDTA) (ThermoFisher, AM9260G) supplementation lifespan experiments, except 50µM

carbachol or 50µM EDTA was added to the NGM plates without IPTG, and worms were fed *E.*

coli OP50. 200µL of *E. coli* OP50 at OD of 3.0 and concentration of 3X was added to each

plate. Optimal concentrations of carbachol and EDTA (50µM) were determined by assessing

survivability of worms exposed to a range of concentrations. Log-rank test was used to derive p-

value for lifespan assays using $p < 0.05$ cut-off threshold compared to EV or wild-type controls.

Cox regression was also used to assess interactions between genotype and condition for

lifespan assays using $p < 0.01$ cut-off threshold compared to controls.

Dietary Restriction (sDR) Lifespan Assay

Gravid adults were placed on NGM plates seeded with 200µL *E. coli* OP50. After 3 hours, the
adults were removed, and the eggs were allowed to develop at 20°C until they reached late
L4/young adult stage. From here, 70 worms were transferred to fed FUdR plates seeded with
200µL of *E. coli* OP50 at OD of 3.0 and concentrated 3X on days 1 and 2 of adulthood. On day
3 of adulthood, DR conditions were transferred to plates with 10^9 seeded lawns and transferred
every other day four times while the corresponding controls were transferred equally to fed ad-
lib plates. This form of DR is termed solid DR (sDR)[19]. 80µL of 10mM palmitic acid (Sigma-
Aldrich) dissolved in 100% EtOH was added to the outer rim of the plate to prevent fleeing. A
minimum of two plates per strain per condition were used per replicate experiment.
Experimental animals were scored every 2-3 days and considered dead when they did not
move in response to prodding under a dissection microscope. Worms that crawled off the plate
were not considered, but ruptured worms were considered as previously described[6].

Transcriptomic Analysis

Approximately 600 day 1 adult worms per biological replicate were washed with M9 buffer three
times, frozen in liquid nitrogen, and then stored at -80°C. RNA was extracted by adding 500mL
of Trizol reagent to the frozen worm pellets, followed by three freeze-thaw cycles with liquid
nitrogen and water bath at 42°C. Then, 500µL of ethanol was added to the samples, and RNA
was isolated using the Direct-Zol Miniprep Plus Kit (Cat#R2072). Purified RNA was sent to
Novogene (Novogene Corporation Inc) for sequencing on the Illumina HWI-ST1276 instrument.
Messenger RNA was purified from total RNA by using poly-T oligo-attached magnetic beads.
After fragmentation, first strand cDNA was synthesized using random hexamer primers,
followed by second strand cDNA. The library was constructed, which entailed end repair, A-
tailing, adapter ligation, size selection, amplification, and purification, and then was sequenced

on an Illumina device using paired-end sequencing. Gene ontology analysis was done using the

National Institutes of Health DAVID Bioinformatics tool.

Gene Expression Assays

RNA was isolated from day 1 adult worms (approximately 600 worms per strain) following three

rounds of freeze-thaw in liquid nitrogen using Invitrogen's Trizol extraction method, similar to the

method described above. 1µg of isolated and purified RNA was reverse transcribed to cDNA

using SuperScript™ II Reverse Transcriptase (18064071, Invitrogen,). Gene expression levels

were measured using 600ng of cDNA and SYBR™ Green PCR Mastermix (A25742, Applied

Biosystems) with primers at 10µM concentration. mRNA levels were normalized using

Y45F10D.4 as a reference gene[35]. List of qPCR primers used are in **Supplementary Table 6**.

fmo-4 **induction on RNAi**

Gravid *fmo-4p::mCherry* transcriptional reporter adult animals were placed on NGM plates

containing 1mM β-D-isothiogalactopyranoside (IPTG), 25 µg/ml carbenicillin, and the

corresponding RNAi clone from the Vidal or Ahringer RNAi library. After 3 hours, the adults were

removed, and the eggs were allowed to develop at 20°C until they reached late L4/young adult

stage. Then 40-50 worms per plate were transferred to similar plates that contain FUdR for

overnight. The following day, ~20 worms per condition were picked off these plates, added to a

2% agarose pad on a glass slide, anesthetized in 0.5M sodium azide (Sigma), and imaged at

6.3x magnification with the LASx software and Leica scope using the mCherry fluorescence

channel[36]. Three replicates were performed. Fluorescent intensity in the mCherry channel was

measured in ImageJ. Brightness of images within a dataset was increased to the same level.

Data were analyzed in GraphPad Prism using unpaired two-tailed t tests with Welch's

correction.

fmo-4 induction on Carbachol

Gravid *fmo-4p::mCherry* transcriptional reporter adult animals were placed on NGM plates seeded with *E. coli* OP50. After 3 hours, the adults were removed, and the eggs were allowed to develop at 20°C until they reached late L4/young adult stage. Then 30 worms were transferred to NGM plates seeded with *E. coli* OP50 also containing either 300µM carbachol (ThermoFisher, L06674.14) or water. An optimal concentration of carbachol was determined by first assessing survivability of worms exposed to a range of concentrations and then by assessing fluorescence of the *fmo-4p::mCherry* reporter worms exposed to a range of concentrations. The worms were incubated for 24 hours at 20°C. After 24 hours, ~20 worms per condition were then picked off these plates and added to unseeded NGM plates, anesthetized in 0.5M sodium azide (Sigma), and imaged at 6.3x magnification with the LASx software and Leica scope using the mCherry fluorescence channel[36]. Three replicates were performed. Each worm was measured for fluorescence in ImageJ. Data were analyzed in GraphPad Prism using t tests.

fmo-4 Induction Assay on EDTA

Gravid *fmo-4p::mCherry* transcriptional reporter adult animals were placed on NGM plates seeded with *E. coli* OP50. After 3 hours, the adults were removed, and the eggs were allowed to develop at 20°C until they reached late L4/young adult stage. Then 30 worms were transferred to NGM plates seeded with *E. coli* OP50 topically spotted with 150µL of 0.5M ethylenediaminetetraacetic acid (EDTA) (ThermoFisher, AM9260G) or 150µL of water. An optimal concentration of EDTA was determined by first assessing survivability of worms exposed to a range of concentrations and then by assessing the fluorescence of the *fmo-4p::mCherry* reporter worms exposed to a range of concentrations. The worms were incubated for 24 hours at 20°C. After 24 hours, ~20 worms per condition were then picked off these plates and added to unseeded NGM plates, anesthetized in 0.5M sodium azide (Sigma), and imaged at 6.3x magnification with the LASx software and Leica scope using the mCherry fluorescence

channel[36]. Three replicates were performed. Each worm was recorded in ImageJ. Data were

analyzed in GraphPad Prism using t tests.

Statistical Analyses

Log-rank test was used to derive p-value for lifespan and stress resistance survival assays

using $p < 0.05$ cut-off threshold compared to EV or wild-type controls. Cox regression was also

used to assess interactions between genotype and condition for lifespans and stress resistance

survival assays using $p < 0.01$ cut-off threshold compared to controls. **Supplemental Data 3**

provide the results of the Log-rank test and Cox regression analysis, which were run in Rstudio.

Acknowledgements

This work was supported by grants from NIH. AMT was supported by NIH T32AG000114 and

the University of Michigan Rackham Research Grant. SFL was supported by R01AG075061

and the Glenn Foundation for Medical Research.

References

1.   Kenyon CJ. The genetics of ageing. *Nature*. Mar 2010;464(7288):504-12.
doi:10.1038/nature08980
2.   Bodkin NL, Alexander TM, Ortmeyer HK, Johnson E, Hansen BC. Mortality and
morbidity in laboratory-maintained Rhesus monkeys and effects of long-term dietary restriction.
J Gerontol A Biol Sci Med Sci. Mar 2003;58(3):212-9. doi:10.1093/gerona/58.3.b212
3.   Swindell WR. Dietary restriction in rats and mice: a meta-analysis and review of the
evidence for genotype-dependent effects on lifespan. *Ageing Res Rev*. Apr 2012;11(2):254-70.
doi:10.1016/j.arr.2011.12.006
4.   Kapahi P, Kaeberlein M, Hansen M. Dietary restriction and lifespan: Lessons from
invertebrate models. *Ageing Res Rev*. Oct 2017;39:3-14. doi:10.1016/j.arr.2016.12.005
5.   Shen C, Nettleton D, Jiang M, Kim SK, Powell-Coffman JA. Roles of the HIF-1 hypoxia-
inducible factor during hypoxia response in Caenorhabditis elegans. *J Biol Chem*. May 27
2005;280(21):20580-8. doi:10.1074/jbc.M501894200
6.   Leiser SF, Miller H, Rossner R, et al. Cell nonautonomous activation of flavin-containing
monooxygenase promotes longevity and health span. *Science*. Dec 2015;350(6266):1375-8.
doi:10.1126/science.aac9257
7.   Krueger SK, Williams DE. Mammalian flavin-containing monooxygenases:
structure/function, genetic polymorphisms and role in drug metabolism. *Pharmacol Ther*. Jun
2005;106(3):357-87. doi:10.1016/j.pharmthera.2005.01.001
8.   Rossner R, Kaeberlein M, Leiser SF. Flavin-containing monooxygenases in aging and
disease: Emerging roles for ancient enzymes. *J Biol Chem*. Jul 2017;292(27):11138-11146.
doi:10.1074/jbc.R117.779678
9.   Steinbaugh MJ, Sun LY, Bartke A, Miller RA. Activation of genes involved in xenobiotic
metabolism is a shared signature of mouse models with extended lifespan. *Am J Physiol*
Endocrinol Metab. Aug 2012;303(4):E488-95. doi:10.1152/ajpendo.00110.2012
10.   Choi HS, Bhat A, Howington MB, et al. FMO rewires metabolism to promote longevity
through tryptophan and one carbon metabolism in C. elegans. *Nat Commun*. Feb 2
2023;14(1):562. doi:10.1038/s41467-023-36181-0
11.   Read A, Schröder M. The Unfolded Protein Response: An Overview. *Biology (Basel)*.
Apr 29 2021;10(5)doi:10.3390/biology10050384
12.   Groenendyk J, Agellon LB, Michalak M. Calcium signaling and endoplasmic reticulum
stress. *Int Rev Cell Mol Biol*. 2021;363:1-20. doi:10.1016/bs.ircmb.2021.03.003
13.   Park BJ, Lee DG, Yu JR, et al. Calreticulin, a calcium-binding molecular chaperone, is
required for stress response and fertility in Caenorhabditis elegans. *Mol Biol Cell*. Sep
2001;12(9):2835-45. doi:10.1091/mbc.12.9.2835
14.   Berridge MJ. Inositol trisphosphate and calcium signalling. *Nature*. Jan 28
1993;361(6410):315-25. doi:10.1038/361315a0
15.   Marchi S, Pinton P. The mitochondrial calcium uniporter complex: molecular
components, structure and physiopathological implications. *J Physiol*. Mar 01 2014;592(5):829-
39. doi:10.1113/jphysiol.2013.268235
16.   Burkewitz K, Feng G, Dutta S, et al. Atf-6 Regulates Lifespan through ER-Mitochondrial
Calcium Homeostasis. *Cell Rep*. Sep 08 2020;32(10):108125. doi:10.1016/j.celrep.2020.108125
17.   Kishore R, Arnaboldi V, Van Slyke CE, et al. Automated generation of gene summaries
at the Alliance of Genome Resources. *Database (Oxford)*. Jan 01
2020;2020doi:10.1093/database/baaa037
18.   Consortium CeDM. large-scale screening for targeted knockouts in the Caenorhabditis
elegans genome. *G3 (Bethesda)*. Nov 2012;2(11):1415-25. doi:10.1534/g3.112.003830

19.   Greer EL, Brunet A. Different dietary restriction regimens extend lifespan by both
independent and overlapping genetic pathways in C. elegans. *Aging Cell*. Apr 2009;8(2):113-27.
doi:10.1111/j.1474-9726.2009.00459.x
20.   Pan KZ, Palter JE, Rogers AN, et al. Inhibition of mRNA translation extends lifespan in
Caenorhabditis elegans. *Aging Cell*. Feb 2007;6(1):111-9. doi:10.1111/j.1474-
9726.2006.00266.x
21.   Leiser SF, Fletcher M, Begun A, Kaeberlein M. Life-span extension from hypoxia in
Caenorhabditis elegans requires both HIF-1 and DAF-16 and is antagonized by SKN-1. *J
Gerontol A Biol Sci Med Sci*. Oct 2013;68(10):1135-44. doi:10.1093/gerona/glt016
22.   Kimura KD, Tissenbaum HA, Liu Y, Ruvkun G. daf-2, an insulin receptor-like gene that
regulates longevity and diapause in Caenorhabditis elegans. *Science*. Aug 15
1997;277(5328):942-6. doi:10.1126/science.277.5328.942
23.   Lee SJ, Hwang AB, Kenyon C. Inhibition of respiration extends C. elegans life span via
reactive oxygen species that increase HIF-1 activity. *Curr Biol*. Dec 2010;20(23):2131-6.
doi:10.1016/j.cub.2010.10.057
24.   Soo SK, Rudich ZD, Ko B, Moldakozhayev A, AlOkda A, Van Raamsdonk JM. Biological
resilience and aging: Activation of stress response pathways contributes to lifespan extension.
Ageing Res Rev. Jul 2023;88:101941. doi:10.1016/j.arr.2023.101941
25.   Petalcorin MI, Joshua GW, Agapow PM, Dolphin CT. The fmo genes of Caenorhabditis
elegans and C. briggsae: characterisation, gene expression and comparative genomic analysis.
Gene. Feb 2005;346:83-96. doi:10.1016/j.gene.2004.09.021
26.   Masoumi N, Ghollasi M, Raheleh Halabian, Eftekhari E, Ghiasi M. Carbachol, along with
calcium, indicates new strategy in neural differentiation of human adipose tissue-derived
mesenchymal stem cells. *Regen Ther*. Jun 2023;23:60-66. doi:10.1016/j.reth.2023.04.001
27.   Mellau LS, Jørgensen RJ. Does EDTA-infusion affect calcium homeostatis leading to
increased resistance to challenge? *Acta Vet Scand Suppl*. 2003;97:29-34.
28.   Guan SH, Falick AM, Williams DE, Cashman JR. Evidence for complex formation
between rabbit lung flavin-containing monooxygenase and calreticulin. *Biochemistry*. Oct 15
1991;30(41):9892-900. doi:10.1021/bi00105a012
29.   Görlach A, Bertram K, Hudecova S, Krizanova O. Calcium and ROS: A mutual interplay.
Redox Biol. Dec 2015;6:260-271. doi:10.1016/j.redox.2015.08.010
30.   Chisholm AD, Hsiao TI. The Caenorhabditis elegans epidermis as a model skin. I:
development, patterning, and growth. *Wiley Interdiscip Rev Dev Biol*. 2012;1(6):861-78.
doi:10.1002/wdev.79
31.   Lytton J, Westlin M, Hanley MR. Thapsigargin inhibits the sarcoplasmic or endoplasmic
reticulum Ca-ATPase family of calcium pumps. *J Biol Chem*. Sep 15 1991;266(26):17067-71.
32.   Kaufmann C, Sauter M. Pull-down Assay to Characterize Ca. *Methods Mol Biol*.
2017;1621:151-159. doi:10.1007/978-1-4939-7063-6_15
33.   Huang S, Howington MB, Dobry CJ, Evans CR, Leiser SF. Flavin-Containing
Monooxygenases Are Conserved Regulators of Stress Resistance and Metabolism. *Front Cell
Dev Biol*. 2021;9:630188. doi:10.3389/fcell.2021.630188
34.   Duchen MR. Mitochondria and calcium: from cell signalling to cell death. *J Physiol*. Nov
15 2000;529 Pt 1(Pt 1):57-68. doi:10.1111/j.1469-7793.2000.00057.x
35.   Taki FA, Zhang B. Determination of reliable reference genes for multi-generational gene
expression analysis on C. elegans exposed to abused drug nicotine. *Psychopharmacology
(Berl)*. Nov 2013;230(1):77-88. doi:10.1007/s00213-013-3139-0
36.   Miller HA, Huang S, Dean ES, et al. Serotonin and dopamine modulate aging in
response to food odor and availability. *Nat Commun*. 06 07 2022;13(1):3271.
doi:10.1038/s41467-022-30869-5

796