Alzheimer's disease-associated protective variant Plcg2-P522R modulates peripheral macrophage function in a sex-dimorphic manner and confers functional advantage in female mice

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ABSTRACT

Genome-wide association studies have identified a protective mutation in the phospholipase C

gamma 2 (*PLCG2*) gene which confers protection against Alzheimer's disease (AD)-associated

cognitive decline. Therefore, PLCG2, which is primarily expressed in immune cells, has become

a target of interest for potential therapeutic intervention. The protective allele, known as *P522R*,

has been shown to be hyper-morphic in microglia, increasing phagocytosis of amyloid-beta (Aβ),

and increasing the release of inflammatory cytokines. However, the effect of this protective

mutation on peripheral tissue-resident macrophages, and the extent to which sex modifies this

effect, has yet to be assessed. Herein, we show that peripheral macrophages from wild-type

(WT) female and male mice harbor intrinsic differences, with macrophages from females

exhibiting less phagocytosis and lysosomal protease activity, as well as a more pro-inflammatory

phenotype upon stimulation compared to those from male mice. Furthermore, we demonstrate

that the *P522R* mutation does indeed alter peripheral macrophage function in a sex-dependent

manner, with more prominent effects seen in females, including pushing macrophages from

females toward an M2 protective phenotype that more closely resembles macrophages from

males. These results suggest that the *P522R* mutation may be partially conferring protection

against protein aggregation via activation of peripheral immune cell function and underscore the

importance of considering sex as a biological variable when assessing the viability of potential

immune system-targeted therapies.

Keywords: Alzheimer's disease, macrophage, PLCG2, sex differences

BACKGROUND

Alzheimer's disease (AD) is a devastating neurodegenerative disorder that afflicts millions of

people worldwide over two-thirds of which are women (1). Classically, AD is histologically

characterized by the presence of amyloid-beta (Aβ) plaques extracellularly, and the formation of

tau tangles within neurons. However, over recent years, the immune system has been implicated

in the pathogenesis and progression of the disease. Of particular interest are cells of the innate

immune system, which includes both peripheral monocytes and macrophages, and the brain-

resident macrophages, microglia. These cells are considered to be the body's first line of defense,

and are main propagators of inflammation, which has been shown to exacerbate

neurodegeneration (2-4). Early in the course of AD, monocytes and macrophages have been

shown to be hyper-active, skewing towards a more pro-inflammatory phenotype, and performing

less phagocytosis (5). As the disease progresses, the cells of the immune system become

dysregulated, senescent, and associated with low-grade chronic inflammation (6). The lack of

disease-modifying interventions for AD until recently has fueled the search for identification of

dysregulated immune pathways as potential new targets to delay, arrest and perhaps prevent

disease development (7).

Genome-wide association studies identified a mutation within the phospholipase C

gamma 2 (*PLCG2*) gene, called *P522R*, that protects against AD-related cognitive decline (8, 9).

PLCG2 is highly expressed in immune cells including brain-resident microglia, peripheral

monocytes, and tissue-resident macrophages (10). Determining how this mutation confers its

protection in these cell populations will allow us to better understand how these cells play a role

in the progression of AD, and may open up new avenues for therapeutic development. PLCG2

has been shown to support numerous myeloid cell functions including phagocytosis, cytokine

secretion, survival, and lipid metabolism (11). To do so, it acts downstream of receptors such as

triggering receptor expressed on myeloid cells 2 (TREM2) and toll-like receptors (TLRs) to

cleave phosphatidylinositol (4,5) bisphosphate (PIP2) into diacylglycerol (DAG) and inositol

1,4,5 triphosphate (IP3). DAG and IP3 go on to both release intracellular calcium and activate

downstream pathways including nuclear factor light chain enhancer of activated B cells (NF-κB)

(11, 12). The *P522R* mutation has been shown to be hypermorphic, indicating an enhancement of

immune cell functions (13). As the primary brain cells that express PLCG2 are microglia, much

of the work aimed at investigating how its protective effect is conferred has focused on how it

alters microglial function. Studies have shown that the *P522R* mutation increases the release of

inflammatory cytokines by microglia, and has variable effects on phagocytosis depending on

cargo size (14). For example, studies showed that the *P522R* mutation reduced phagocytosis of

Escherichia coli but increased phagocytosis of Aβ (15, 16). Further *in vivo* work confirmed this

increased uptake of Aβ in a 5XFAD mouse model of amyloid-pathology (17).

However, the effect of this mutation in peripheral tissue-resident macrophages has yet to

be studied. As this protective pathway is of interest in the development of potential therapeutics,

it is important then to understand how those therapeutics may affect the immune system globally,

and not just within the brain. Furthermore, peripheral macrophages may not just be bystanders in

the progression of AD, as it has been shown that they are not only more efficient phagocytes of

Aβ than microglia, but they are also capable of traversing the blood-brain barrier during times of

injury and disease (18-22). Therefore, determining the effect of this protective mutation on

peripheral macrophage function is of vital importance. Additionally, given that women are at

higher risk for the development of AD, we posit that sex-dependent differences in the immune

system may be partially responsible for this increased risk. For instance, it has been well

established that females are at greater risk for autoimmune conditions due to an overactive and

inflammatory immune system (23). Given that activated microglia and infiltrating monocytes are

detectable in the early stages of AD (24), basal over-activation of innate immune cells in females

could be a potential link to the increased prevalence of AD in women. Further studies have also

shown that relative to healthy control females, females with AD possess a higher prevalence of

less phagocytic pro-inflammatory M1 macrophages and fewer M2-activated macrophages, which

are associated with phagocytosis, wound-healing, and anti-inflammatory properties (25). With

this in mind, we determined that sex as a biological variable should be investigated in the present

study, as sexually-dimorphic differences have been described for both immune function and risk

for AD.

The aims of our study were two-fold. First, we aimed to study the effect of the *P522R*

mutation on a peripheral macrophage population to determine how these cells may be

differentially affected by the mutation. To do so, we assessed changes in major macrophage

functions including phagocytosis and inflammatory cytokine secretion, as well as the

transcriptional changes that underlie these functions. We utilized peritoneal macrophages

(pMacs) which can be separated into two main populations, large peritoneal macrophages

(LPMs) and small peritoneal macrophages (SPMs). In broad terms, LPMs are known to be

resident to the peritoneal cavity, and SPMs are derived from blood-monocytes, which travel to

the peritoneal cavity upon infection or other inflammatory events (26). Recent studies have

shown that these recruited monocytes can, over time, differentiate into macrophages that closely

mimic the resident LPMs (27). Second, we aimed to address how sex may influence the effector

functions of this population of macrophages, both with and without the *P522R* mutation, as

knowing the baseline sex differences in wild-type (WT) mice would more easily allow us to

assess additional effects of the *P522R* mutation. We found that not only do pMacs exhibit

marked sex-differences, but that the *P522R* mutation has sexually dimorphic affects.

Mechanistically, we provide evidence that the *P522R* mutation may be selectively conferring its

protection in females by shifting macrophages from an inflammatory M1 phenotype to an

alternatively-activated M2 phenotype.

METHODS

Animals

Congenic mice expressing the *P522R* mutation in the *Plcg2* gene were purchased from the

Jackson Laboratory (strain #029598) and housed at the University of Florida McKnight Brain

Institute vivarium. Mice heterozygous for the *P522R* mutation were produced by breeding

heterozygous mice and C57BL/6 control littermates. They were kept at 22°C in 60-70%

humidity and on a 12-hour light-dark cycle and fed *ad libitum*. All animal procedures were

approved by the University of Florida Institutional Animal Care and Use Committee and were in

accordance with the National Institute of Health Guide for the Care and Use of Laboratory

Animals (NIH Publications No. 80-23) revised 1996. Both male and female mice were bred and

used in these experiments and were 3-5 months old at the time of sacrifice. Mice were sacrificed

via cervical dislocation, and all experiments included 5-6 biological replicates.

pMac isolation and culture

Three days prior to pMac extraction, mice were injected with 1mL of a 3% thioglycolate

(Brewer) solution. Thirty minutes prior to thioglycolate injection mice were injected with 50uL

of sustained-release Buprenorphine (ZooPharm) to alleviate pain. After three days, the mice were

sacrificed via cervical dislocation. The abdomen was sprayed with 70% ethanol and the skin was

split along the midline. Once the peritoneal cavity was exposed, a 10mL syringe filled with

10mL of cold RPMI (Gibco, 11875119) was injected into the peritoneal cavity using a 27G

needle, avoiding blood vessels. Once the 10mL of cold RPMI was injected, another empty 10mL

syringe with a 25-gauge needle was used to withdraw and place the peritoneal fluid into a 15mL

Falcon collection tube. Any remaining fluid was aspirated via transfer pipette and placed into the

collection tube. Once all mice were sacrificed and peritoneal fluid was collected into separate

collection tubes, the fluid was passed through a 70uM nylon filter pre-wet with 5mL of cold

HBSS-/- (Gibco, 14175103) into a 50mL conical tube. 5mL of cold HBSS-/- was then placed

into the collection tube to rinse any remaining cells and passed through the filter as well. The

filter was then washed with 5mL of HBSS-/- and the 50mL tube containing the fluid and HBSS-

/- were centrifuged at 400g for 5 minutes at 4°C to pellet the cells. If any blood cells were

present the pellet was resuspended in 1mL of ammonium-chloride-potassium lysis buffer for 1

minute and then centrifuged again at 400g for 5 minutes at 4°C. Once all cells were pelleted, the

supernatant was aspirated and each pellet was resuspended in 3mL of plating media (RPMI, 10%

fetal bovine serum, and 1% penicillin/streptomycin). Viable cells were identified and counted

using trypan-blue exclusion on an automated cell counter (Countess™). The volume of growth

media was adjusted so that cells were plated at a density appropriate for the intended assay

(detailed below). Cells were incubated at 37°C, 5% CO_2 for a minimum of 2-hours to allow

macrophages to adhere. Wells were washed with sterile DPBS (Gibco, 14190235) to remove any

non-adherent cells, and new, pre-warmed growth media was added.

Flow Cytometry

For flow cytometry analysis, cells were plated at a density of 3×10^5 cells/well in a 24-well plate

and treated with either vehicle (sterile phosphate buffered saline [PBS]) or 10ng/mL of LPS

(O111:B4 Sigma, L4391, Lot#0000185317) for 18 hours. 1 hour prior to collection, DQ-BSA

green (Invitrogen, D12050) was added to each well at a concentration of 10ug/mL to measure

protein degradation. After 1 hour, the cells were washed 3 times with sterile PBS (Gibco,

10010023) and then transferred to a 96-well v-bottom plate and centrifuged at 300g for 5 minutes

at 4°C. The cells were then resuspended in 50uL of PBS containing fluorophore-conjugated

antibodies for CD11b (1:100, Biolegend, 101216), MHCII (1:100, Biolegend, 107628), and

Live/Dead stain (1:2000, Fisher, 130113144). The cells were then incubated in the dark at 4°C for

20 minutes at which point they were centrifuged again at 300g for 5 minutes at 4°C. The cells were

then washed with sterile PBS, and this process was repeated twice. The cells were then fixed in

50uL per well of 1% paraformaldehyde in PBS for 30 minutes in the dark at 4°C. After 30 minutes

the cells were centrifuged at 300g for 5 minutes at 4°C, resuspended in 200uL of FACs buffer

(PBS, 0.5 mM EDTA, 0.1% sodium azide), and taken to the Macs quant analyzer (Miltenyi) for

flow cytometric analysis. A minimum of 100,000 events were captured per sample and data were

analyzed using FlowJo version 10.6.2 software (BD Biosciences). When validating flow cytometry

panels and antibodies, fluorescence minus one controls (FMOCs) were used to set gates and

isotype controls were used to ensure antibody-specific binding.

Phagocytosis Assay

For phagocytosis studies, cells were plated at a density of 5x10^4 cells/well in a 96-well black

wall plate (Cellvis, NC1648269) in triplicate. Cells were then treated with either vehicle or LPS

at a concentration of 10ng/mL for 6 hours at 37°C in a 5% CO_2 humidified cell culture incubator.

2mL of Live Cell imaging solution (Invitrogen, A59688DJ) was added to each vial of pHrodo

green *E. coli* bioparticles (Invitrogen, P35366), equating to a final concentration of 1mg/mL, and

these solutions were sonicated for 10 minutes. After sonication, the media was removed from the

cells in the plate and replaced with 100uL of *E. coli* bioparticle solution, at which point the plate

was placed into an onstage incubator connected to an EVOS M7000 microscope to maintain the

cells at 37°C and 5% CO_2 humidified atmosphere throughout the duration of the live-cell

imaging. GFP images were captured at 20X magnification with 5 images per well every 30

minutes for 15 hours within each well, and the EVOS Celleste (Version 5) software was used to

count cells and determine the integrated optical density of GFP fluorescence within each well

over time. Brightfield images were used for automated-focus throughout the time course.

Treatment conditions were performed in triplicate wells and averaged for analysis.

Multiplexed Immunoassays

For inflammatory cytokine secretion, isolated pMacs were plated at a density of $1x10^6$ cells/well

in a 6-well plate and treated with either vehicle or LPS at a concentration of 10ng/mL. The cells

were then placed in a humidified cell culture incubator at 37°C and 5% CO2. Conditioned media

was collected at 2, 6, and 24 hours post stimulation for assessment of specific protein

concentrations of TNF, IL-6, IL-1B, KC/GRO, IL-4, IL-10, IFN-Y, IL-5, IL-2, and IL-12p70

(MSD, K15048D-2) using multiplexed immunoassays on the MesoScale Discovery (MSD)

platform. Samples were plated in duplicate at a 1:1 dilution with MSD diluent 41 and the rest of

the experimental procedure was performed according to the manufacturer's instructions. The

plate was then analyzed on the MSD Quickplex machine and MSD software (Discovery

Workbench Version 4.0). Cytokines with values below the lower limit of detection (LLOD) were

not quantified.

RNA Isolation

For RNA extraction, cells were plated at $1x10^6$ cells/well in a 6-well plate and treated with either

vehicle or LPS at 10ng/mL. The cells were placed back in a humidified cell culture incubator at

37°C and 5% CO_2 for 6 hours. Buffer RLT from the RNeasy mini kit (Qiagen, 74104) was

combined with β-mercaptoethanol (Sigma, 63689) at a concentration of 20uL of BME per 1mL

of buffer RLT. Media was aspirated from the plate and then 350uL of RLT+BME solution was

then added to each well to lyse the cells. Each well was scraped with a mini cell scraper (Fisher,

NC0325221) and collected into a Qiashredder (Qiagen) column and centrifuged at 10,000g for 2

minutes. 350uL of 70% ethanol was added to the homogenized lysate and then transferred to a

RNeasy spin column. The columns were then centrifuged for 30 seconds at 10,000g and

afterwards the flow-through was discarded. 700uL of buffer RW1 was then added to each

column and the columns were centrifuged at 10,000g for 30 seconds and the flow-through was

discarded. 500ul of buffer RPE was added to each column and they were spun at 10,000g for 2

minutes and the flow-through was again discarded. This step was repeated twice, and the column

was then placed into a 1.5mL collection tube, 30uL of elution buffer was added to the column,

and then centrifuged for 1 minute at 10,000g to elute the RNA. Concentration of RNA was

analyzed on a spectrophotometer, and RNA quality was assessed using Bioanalyzer 2100

(Agilent, Denmark).

Gene expression analysis

For quantification of mRNA transcripts in pMacs, the NanoString nCounter platform and Mouse

Immune Exhaustion Panel RNA (CAT#PSTD-M-EXHAUST-12) containing 785 genes was

used. 25ng/ul of RNA was loaded and hybridized to the provided capture and reporter probes

overnight at 65°C according to the manufacturer's instructions. The samples were then added

into the provided nCounter chip via the use of the NanoString MAX/FLEX

robot. Unhybridized capture and reporter probes were removed, and the hybridized mRNAs were

immobilized for transcript count quantification on the nCounter digital analyzer. The data was

then imported into the nSolver analysis software v4.0 for quality check and analysis according to

the manufacturer's instructions. Raw counts were normalized to the geometric mean of the

positive and negative controls and count expression was calculated via nSolver Advanced

Analysis v2.0.134. Gene expression was considered significant if $p < 0.05$ after adjustment using

the Benjamini-Hochberg method for false discovery rate.

Statistical Analysis

Statistical analysis was performed using Prism Graphpad version 10.2.2. Differences between

groups was determined using 2-way ANOVA with multiple comparisons using Fisher's

uncorrected LSD. Results were considered statistically significant if $p<0.05$. Each graph depicts

individual data points with error bars representing the standard error of the mean (SEM).

RESULTS

The P522R mutation ablates sex-dependent population differences in pMacs

Before addressing cellular functionality, it is beneficial to first understand and characterize the

macrophage populations present within our samples. As mentioned, pMacs are not a

homogenous population, with SPMs arising from blood monocytes and LPMs being resident to

the peritoneal cavity. To determine whether sex and/or the *P522R* mutation have any effect on

the frequencies of these cell populations we used flow cytometry to distinguish SPMs from

LPMs on the basis of CD11b expression, as has been previously described (Supp. Figure 1) (28).

We determined that sex significantly affects the frequencies of SPMs and LPMs present in the

peritoneal cavity. WT males exhibited a higher frequency of LPMs (Figure 1A) and WT females

exhibited a higher frequency of SPMs (Figure 1B). This was further confirmed via raw counts of

LPMs and SPMs (Supp. Figure 2A, B). Unexpectedly, these sex-dependent differences were not

observed in mice carrying the *P522R* mutation, as evident by the lack of significant differences

in LPM and SPM frequencies between females and males (Figure 1A, B).

Figure 1: The P522R mutation ablates sex-dependent population differences in pMacs. pMacs from male and
female, WT and *P522R* animals were isolated and populations within vehicle treated groups of (A) LPM (B) SPM
(C) MHCII+ LPM and (D) MHCII+ SPM were quantified via flow cytometry. The same experiment was repeated
but cells were treated with 10ng/mL of LPS and populations of (E) LPM (F) SPM (G) MHCII+ LPM and (H)
MHCII+ SPM were quantified via flow cytometry. Data was quantified via two-way ANOVA with multiple
comparisons using Fisher's uncorrected LSD. Groups that share a letter are considered non-significant (p>0.05) and
groups that do not share a letter are considered significantly different (p<0.05).
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After reviewing the raw counts, we determined that this effect was driven primarily by an

increase in LPM count in pMacs from *P522R* females, while SPM counts did not change, leading

to an increase in the total live cell counts of pMacs in *P522R* female mice (Supp. Figure 2).

Next, we used major histocompatibility complex class II (MHCII) as a marker of antigen

presentation. We found that LPMs from female WT mice displayed a higher frequency of

MHCII+ cells, but that this difference did not persist in mice that carry the *P522R* mutation

(Figure 1C). Finally, SPMs from female and male WT mice showed no differences in the

frequency of MHCII+ cells, but when comparing mice carrying the *P522R* mutation, female

mice showed a higher frequency of MHCII+ SPMs compared to males (Figure 1D). To evaluate

the functional significance of these differences, cells were challenged with the inflammagen

lipopolysaccharide (LPS), a component of gram-negative bacterial cell walls, to determine

whether these population differences still persisted after stimulation. We found that regardless of

LPS stimulation, all previously described macrophage population differences between male and

female WT mice were still evident, and the *P522R* mutation had the same effect of reducing

these population differences, aside from the higher frequency of MHCII+ SPMs which still

persisted as well after LPS stimulation (Figure 1E-H). These data indicate that female and male

WT mice harbor intrinsic differences in the makeup of their pMac populations, and the presence

of the *P522R* mutation ablates these sex-dependent differences.

pMacs from WT female mice exhibit increased expression of immune activation and

inflammation-related genes

Our previous data indicated that sex-dependent population differences were diminished in mice

that carry the *P522R* mutation. It could be assumed then that these shifts in population dynamics

would be followed by changes in macrophage function. To better assess how the *P522R*

mutation may alter macrophage function, we first aimed to understand how baseline sex

differences within these populations may be affecting function, as this will provide us a basis for

comparison. To do so, we performed a targeted transcriptomic analysis assessing genes

associated with immune cell function comparing baseline and LPS-stimulated gene expression in

pMacs from WT males and females. As transcription is the code for downstream functional

protein synthesis, obtaining data assessing gene expression can provide useful knowledge on

how these cells may be functioning. We found that compared to pMacs from WT male mice,

pMacs from WT females exhibit baseline up-regulation of numerous genes related to immune

activation and inflammatory processes, including but not limited to *Tnf, Tlr2, Ccl3, Ccl2, Cd14*,

and numerous genes related to *NF-kB* signaling, including *NF-kB2, NF-kBia, and NF-kBie*

(Figure 2A).

Figure 2: pMacs from WT female mice exhibit increased expression of immune activation and inflammation-
related genes. pMacs from male and female WT mice were plated and treated with either vehicle or LPS and left to
incubate for 6 hours. Cells were then collected and RNA was isolated for gene expression analysis. (A) Volcano plot
comparing gene expression of pMacs from female WT mice to gene expression of pMacs from male WT mice, grey
dashed line indicating adjusted p<0.05 (B) Volcano plot comparing gene expression of pMacs from female WT
mice to gene expression of pMacs from male WT mice after LPS stimulation. (C) Venn diagram comparing number
of differentially expressed genes between pMacs from WT females and pMacs from WT females after LPS
stimulation. (D) Heatmap of the top ten pathways implicated in altered function between pMacs from male and
female WT mice indicated by z-score.

When treated with LPS, the gene expression profile differs even more between the sexes, with

WT females exhibiting increased expression of *Tlr2, Csf1, Cd86, Stat1, IL-6, Lrrk2,* and *NF-*

kBib (Figure 2B). In total, pMacs from WT female mice exhibit 20 differentially expressed genes

compared to pMacs from WT males, and this difference widens after LPS treatment, with pMacs

from WT females showing differential expression of 35 genes (Figure 2C). To further understand

how these differentially expressed genes may be related to cellular functionality, we assessed the

top ten pathways associated with these genes. We found that the up-regulated genes seen in

pMacs from WT females are associated with pathways that implicate cytotoxicity, hypoxia

response, and TLR, TNF, chemokine, and NF-kB signaling, all of which may be associated with

the pro-inflammatory M1 macrophage phenotype (Figure 2D). These data reveal that pMacs in

females may be primed toward a M1 inflammatory phenotype, and may respond more robustly

to immune activators such as LPS.

The P522R mutation reduces differences in gene expression between the sexes

Based on the data showing that the *P522R* mutation is able to reduce pMac population

differences between the sexes, we hypothesized that the gene expression profile would be more

similar between pMacs from *P522R* females and males than it was between the WT groups.

Indeed, we found that only 8 genes were differentially expressed in pMacs from *P522R* female

mice compared to *P522R* males in the vehicle-treated condition, and only 1 gene was

differentially expressed between these two groups in the LPS-treated condition (Figure 3A-C).

Figure 3: The P522R mutation reduces differences in gene expression between the sexes. pMacs from male and
female *P522R* mice were plated and treated with either vehicle or LPS and left to incubate for 6 hours. Cells were

then collected and RNA was isolated for gene expression analysis. (A) Volcano plot comparing gene expression of
pMacs from female *P522R* mice to gene expression of pMacs from male *P522R* mice, grey dashed line indicating
adjusted p<0.05 (B) Volcano plot comparing gene expression of pMacs from female *P522R* mice to gene expression
of pMacs from male *P522R* mice after LPS stimulation. (C) Venn diagram comparing number of differentially
expressed genes between pMacs from *P522R* females and pMacs from *P522R* females after LPS stimulation.
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Although the magnitude of differentially expressed genes is smaller, pMacs from *P522R* female

mice still exhibit more activation and inflammation-related genes than males, including *Cd14,*

NF-kBia, and *Csf1* (Figure 3A). After LPS treatment, the only gene that is upregulated in pMacs

from *P522R* females compared to males is vascular endothelial growth factor A (*Vegfa)*, which

has often been associated with the M2 macrophage phenotype (Figure 3B). Taken together, these

data indicate that the *P522R* protective mutation reduces some of the intrinsic sex differences

evident in peripheral macrophage populations at the transcriptional level and support that the

mutation shifts pMacs from female mice toward an M2 phenotype.

The P522R mutation alleviates sex-dependent differences in phagocytic and lysosomal

function

Given our findings that pMacs from WT females display a transcriptional profile that aligns

more closely with the canonical M1 activation phenotype, we hypothesized that this would lead

to differences in macrophage effector functions, such as phagocytosis, between pMacs from WT

males and females. As the M1 phenotype is characterized by lower levels of phagocytosis, we

hypothesized that pMacs from WT females may show deficiencies in phagocytic uptake

compared to pMacs from WT males. Furthermore, we hypothesized that the ability of the *P522R*

mutation to ablate population and transcriptional differences would also reduce functional

differences. To assess the phagocytic capabilities of these macrophages, we utilized fluorescently

labeled *E. coli* bioparticles which only fluoresce after being internalized and exposed to the low

pH associated with the lysosome, thereby reporting on the extent of bacterial uptake by the cells.

In accordance the lower abundance of M1 associated genes present in WT male mice, the pMacs

from WT male mice exhibited significantly higher levels of *E. coli* uptake compared to pMacs

from WT females (Figure 4A, B and D).

Figure 4: The P522R mutation alleviates sex-dependent differences in phagocytic and lysosomal function.
pMacs from WT males and females were plated, treated with vehicle, and incubated for 6 hours, at which point
200ug of *E. coli* was added to each experimental well. (A) GFP fluorescence was imaged at 20X magnification. (B)
Integrated optical density of GFP fluorescence was plotted over 15 hours. This experiment was repeated with *P522R*
carrier males and females and (C) Integrated optical density of GFP fluorescence was plotted over 15 hours of
pMacs from male and female *P522R* carriers. (D) Groups were compared via area under the curve. 1 hour prior to
cell collection DQ-BSA was added to the plate and then cells were collected for flow cytometry and (E) DQ-BSA
MFI is represented. pMacs from WT males and females were plated, treated with LPS, and incubated for 6 hours, at
which point 200ug of *E. coli* was added to each experimental well. (F) GFP fluorescence was imaged at 20X
magnification. (G) Integrated optical density of GFP fluorescence was plotted over 15 hours. This experiment was
repeated with *P522R* carrier males and females and (H) Integrated optical density of GFP fluorescence was plotted
over 15 hours of pMacs from male and female *P522R* carriers. (I) Groups were compared via area under the curve. 1
hour prior to cell collection DQ-BSA was added to the plate and then cells were collected for flow cytometry and (J)

370 DQ-BSA MFI is represented. Data were quantified via two-way ANOVA with multiple comparisons using Fisher's
371 uncorrected LSD. Groups that share a letter are considered non-significant (p>0.05) and groups that do not share a
372 letter are considered significantly different (p<0.05).
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However, pMacs from *P522R* males and females did not show any significant difference in *E.*

coli uptake, consistent with our previous result showing that the *P522R* mutation was able to

decrease the differential expression of these M1 related genes in females (Figure 4A, C, and D).

Although the macrophages were able to take up the *E. coli* particles, we further assessed whether

pMacs from males and females displayed any differences in lysosomal function, or the ability to

successfully break down that which has been phagocytosed. To do so, we treated the cells with

DQ-BSA, a substrate for proteases that only fluoresces after it has been cleaved within the

lysosome, and quantified via flow cytometry. We found that similar to our previous result,

pMacs from WT male mice also displayed higher protease activity compared to pMacs from WT

females, but this difference was ablated by the presence of the *P522R* mutation (Figure 4E).

Next, we repeated the experiments with the addition of LPS stimulation and similar patterns

were detected with pMacs from WT male mice displaying higher *E. coli* uptake even after

stimulation compared to pMacs from WT female mice (Figure 4F, G and I), while pMacs from

P522R male and female mice showed no difference in *E. coli* uptake even after stimulation

(Figure 4F, H, and I). Additionally, even after LPS stimulation the *P522R* mutation was able to

rescue the lower lysosomal protease activity in females (Figure 4J). Specifically, these findings

revealed that pMacs from WT female mice had reduced phagocytic and lysosomal function

compared to pMacs from WT males, and that the *P522R* mutation alleviated this sex-dependent

difference.

The P522R mutation increases inflammatory cytokine release by pMacs from females but not

from males

Macrophages are known to be one of the major propagators of inflammation in response to

immune activation, particularly via the M1 pro-inflammatory activation phenotype (29). As we

saw that M1 associated genes were up-regulated in pMacs from WT female mice, we

hypothesized that pMacs from WT females may be more pro-inflammatory in response to LPS

stimulation. To test this, we treated pMacs from WT males and females with LPS and measured

the protein concentration of cytokines within the media at 2, 6, and 24 hours post-LPS treatment.

Concurrent with our hypothesis, we found that in general, pMacs from WT females displayed a

stronger inflammatory response to LPS treatment compared to pMacs from WT males, with

media from pMacs from WT females exhibiting higher concentrations of IL-1β and IL-12p70 by

6 hours post LPS, and higher concentrations of TNF, IL-6, IL-1β, IL-12p70, and IL-2 by 24

hours post LPS treatment (Figure 5A-E).

Figure 5: The P522R mutation increases inflammatory cytokine release by pMacs from females but not from
males. pMacs from male and female WT and *P522R* mice were plated and treated with LPS, and their conditioned
media was collected at 2, 6, and 24 hours post LPS stimulation. Concentrations of (A) TNF (B) IL-6 (C) IL-1B (D)
IL-12p70 (E) IL-2 (F) KC/GRO (G) IL-10 and (H) IFN-Y were then assessed via MesoScale Discovery
immunoassays. Data was quantified via two-way ANOVA with multiple comparisons using Fisher's uncorrected
LSD. Groups that share a letter are considered non-significant (p>0.05) and groups that do not share a letter are
considered significantly different (p<0.05).
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Based on the finding that the *P522R* mutation reduced sex-related population, transcriptional,

and functional differences, we originally hypothesized that this hyper-inflammatory phenotype

associated with pMacs from WT females would be reversed by the presence of the *P522R*

mutation. Surprisingly, we found that pMacs from *P522R* females exhibited an exacerbated

inflammatory phenotype relative to pMacs from WT females, with higher concentrations of

TNF, IL-1β, and IL-12p70 at 6 hours post LPS treatment, and higher concentrations of TNF, IL-

6, IL-1β, IL-12p70, KC/GRO, and IL-2 at 24 hours post LPS treatment (Figure 5A-F). Cytokine

release from WT male mice seemed to be largely unaffected by the *P522R* mutation, except for a

higher concentration of IFN-γ at 24 hours post LPS treatment (Figure 5H). Additionally, IL-10

secretion appeared to be similar, regardless of sex or genotype (Figure 5G). These results reveal

that pMacs from WT female mice are more pro-inflammatory in response to stimulation than

pMacs from WT males and this may be modified by genotype, raising the interesting possibility

that pMacs from male mice possess the ability to down-regulate cytokine production better than

pMacs from females.

Gene expression analysis reveals that pMacs from male mice regulate cytokine gene

expression more effectively than those from female mice

In every outcome measured, aside from cytokine secretion, the presence of the *P522R* mutation

was associated with reduced sex-dependent differences in macrophage function. As was

previously shown, pMacs from WT female mice are more pro-inflammatory in response to LPS

stimulation than pMacs from WT males (Figure 5). In contrast to most other outcome measures,

the presence of the *P522R* mutation did not ablate this difference, but rather exacerbated it, with

pMacs from *P522R* female mice producing more inflammatory cytokines than pMacs from either

WT females or *P522R* males (Figure 5). These observations raised the question as to whether

pMacs from male mice, regardless of genotype, possess a more effective method to regulate

cytokine expression in response to LPS stimulation compared to females that could explain these

findings. To determine this, we compared the overlap of all differentially expressed genes

(DEGs) from every group (male and female, WT and *P522R*) in response to LPS stimulation and

looked specifically at DEGs only shared between male groups. We found that 30 DEGs were

shared only by the pMacs in WT and *P522R* male groups (Figure 6A).

Figure 6: Gene expression analysis reveals that pMacs from male mice regulate cytokine gene expression
more effectively. pMacs from male and female WT and *P522R* mice were plated and treated with LPS and left to
incubate for 6 hours. Cells were then collected and RNA was isolated for gene expression analysis. (A) Venn
Diagram comparing overlap of differentially expressed genes after LPS treatment between all four groups. (B)
DEGs only shared by male groups.

Of these 30 genes, we discovered 5 up-regulated genes that have been associated with the down-

regulation of cytokine production in macrophages (Figure 6B). These data support a model in

which the *P522R* mutation exerts hyper-morphic effects, but peripheral macrophages in males

possess effective intrinsic mechanisms to effectively down-regulate the increased activity

conferred by the mutation, consistent with the differences observed in cytokine production

between males and females harboring the *P522R* mutation in this study.

DISCUSSION

Numerous studies have implicated the immune system as a player in the progression of neurodegenerative disorders, both within the brain and in the periphery. This includes evidence that peripheral myeloid cells, including monocytes and tissue-resident macrophages, are dysregulated early in the course of AD, displaying lower phagocytosis and higher expression of *NF-kB* (5). Over the course of disease progression immune cells become immunosenescent and contribute to low-grade chronic inflammation (6). Therefore, it is of critical importance to investigate the nature of these dysregulated immune mechanisms to identify potential new targets for therapeutic intervention. With this objective in mind, many groups have studied the effects of the *Plcg2-P522R* protective mutation in myeloid cells, primarily microglia, to try to determine how this protection is being conferred since the effects manifest themselves in improved cognitive function. However, the effect of the *P522R* mutation on peripheral tissue-resident macrophages, which have become of increasing importance in the context of AD, had yet to be determined. Additionally, we assessed how these protective effects may differ between sexes, as it is well known that both AD risk and immune system function is highly affected by sex. Herein, we show for the first time that the effects of the *P522R* mutation in the periphery seem to be heavily influenced by sex-intrinsic differences in the regulation of immune-related genes and functions and that these differences may underlie the protective mechanism exerted by the *P522R* mutation against AD-related cognitive decline that is more prominent in women.

We found that pMac populations vary greatly depending on sex, with males exhibiting a higher frequency of LPMs and females having a higher frequency of SPMs. Additionally, although the frequency of LPMs was lower in females, more of them were MHCII+. This was in accordance with recent studies showing that blood-derived monocytes more readily differentiate

into resident (LPM) macrophages in males (30). However, in mice that possess the *P522R*

mutation this negative female bias is ablated as males and females have similar frequencies of

LPMs and SPMs. As this effect was driven by an increase in LPMs in pMacs from *P522R* female

mice, we can deduce that the *P522R* mutation may enhance the ability of female pMacs to

differentiate into mature macrophages. These data reveal for the first time that the *P522R*

mutation has different effects depending on sex.

Based on this data, we sought to understand how these shifts in macrophage populations

might alter the functionality of these cells, and to do so we started with assessing and comparing

the transcriptional profiles of our samples. We found that pMacs from female mice display

increased expression of genes such as *Cd14, Tlr2, Ccl2, Ccl3, Csf1, Stat1,* and *NF-kB*-related

genes at baseline, and *Cd86* and *Lrrk2* after LPS stimulation than do pMacs from male mice.

Additionally, many of these genes up-regulated in pMacs from females correspond to the M1

macrophage phenotype, which is known to be pro-inflammatory and anti-microbial (31-35).

Particularly *NF-kB* genes, which are responsible for cytokine production (36, 37). Additionally,

our data showing the ability of the *P522R* mutation to significantly reduce M1 phenotype-related

gene expression down to just *Cd14* and *NF-kB* suggests that this mutation may be altering

macrophage function in females toward a more M2 alternately-activated phenotype. This is

supported also by the increased expression of *Vegfa* by pMacs from P522R females, which is

canonically associated with the tissue repair and regeneration phenotype M2 (38). Based on these

findings, we sought to determine whether these underlying changes in transcription would be

reflected in observable changes in function.

As pMacs from WT females exhibited increased expression of M1 activation-related

genes compared to males, we hypothesized that pMacs from WT females would display lower

levels of phagocytosis compared to males. In line with this, we observed that pMacs from male

mice exhibited both higher phagocytic capacity of *E. coli* and higher lysosomal protease activity

compared to pMacs from female mice. Additionally, in accordance with our data showing that

pMacs from *P522R* females no longer exhibited up-regulation of as many M1-associated genes

compared to pMacs from males, we observed that the sex-dependent deficits in phagocytic

capacity and lysosomal protease activity in females no longer persisted. The literature addressing

the effect of the *P522R* mutation on phagocytosis is inconsistent, showing both increased and

decreased phagocytosis (15-17). This discrepancy was hypothesized to be due to the size of the

cargo, with studies showing lower phagocytosis of larger particles such as zymosan and *E. coli*,

and more phagocytosis of smaller-sized dextrans (15, 16). We show here that the sex of the mice

from which the cells are taken can also influence the results. Additionally, we show that the

mutation may be more effective at improving phagocytosis and lysosomal function in females, as

pMacs from female mice seem to be more predisposed to deficiencies in these functions than

pMacs from males.

Previous studies have shown that post-pubescent females are more inflammatory in

response to injury and pathogens than males (5, 23, 39). Additionally, studies done in pMacs

specifically have shown that pMacs from female mice secrete more IL-6 and IL-1β in response

to stimulation than pMacs from male mice (40, 41). In this study, we were able to identify a

potential transcriptional pathway that may explain these higher incidences of inflammation in

females. This being the increased basal expression of the inflammation-associated M1 phenotype

related genes in macrophages from female mice. Additionally, we identified increased

expression of *Cd14*, a known co-receptor for LPS, suggesting another possible mechanism by

which pMacs in females might be more responsive to immune stimulation (42, 43). We

hypothesized based on these previous studies and our own transcriptional data that this increased

gene expression in pMacs from WT females would lead to a more pro-inflammatory response to

stimulation compared to pMacs from WT males. Our data addressing cytokine secretion after

LPS stimulation confirmed this, and showed that pMacs from female mice display a more pro-

inflammatory phenotype and increased release of not just IL-6 and IL-1β, but also TNF, IL-

12p70, and IL-2 across time than pMacs from male mice. Surprisingly, although our data

assessing population frequencies, transcription, phagocytosis and lysosomal activity showed that

the *P522R* mutation reduced differences between pMacs from male and female mice, this was

not the case for cytokine secretion. Our findings regarding cytokine secretion differences in spite

of the presence of the *P522R* mutation are particularly interesting and intriguing and as such

stood out from the rest of the data, as all other outcome measures we performed also suggested

the ability of the *P522R* mutation to reduce sex differences evident in pMacs. We discovered that

pMacs in female mice may be disproportionately pro-inflammatory compared to those in male

mice, regardless of genotype, due to the fact that male mice are able to upregulate genes

associated with cytokine regulation, thereby counteracting the hypermorphic effects of the

P522R mutation. These male-specific upregulated genes included *Dusp1* (also known as *MKP-*

1), *Usp15, Ptpn7, Ppm1a,* and *Tmed2*. All of these genes have been shown to regulate cytokine

production via inhibiting *NF-kB* or adjacent pathways (44-49). In line with previous studies

assessing the effect of the *P522R* mutation on cytokine release, pMacs from *P522R* mice

displayed a more pro-inflammatory phenotype than pMacs from WT mice, but our data showed

that this effect was restricted to females as males were largely unaffected by the mutation (14).

Taken together, these results highlight the importance of assessing sex as a biological

variable in research studies that look to identify potential therapeutic pathways, as sex will not

only affect the magnitude of an effect, but in some cases the directionality of an effect as well.

While it is well known that women are disproportionately affected by AD compared to males (1),

exactly how women are at higher risk for the development of AD is unknown; however, sex

differences in immune system function have been implicated in this difference. As has been

shown in our study and others, immune cells from females tend to mount a larger inflammatory

response to immunological stimuli (23, 39), several of which have been shown to enhance

chronic inflammation and increase risk for neurodegeneration (50-53). Additionally, studies have

shown that microglia from females display limited phagocytic capacity and a more pro-

inflammatory phenotype in most AD models, leading to increased accumulation of Aβ plaques

and chronic neuroinflammation (54, 55).

Based on our findings and the published literature on the effects of *P522R*, we propose

here that the protective effect of the *P522R* mutation may be partially mediated by pushing

macrophages in females away from the typical M1 phenotype and towards a more protective M2

phagocytic phenotype. Although cytokine secretion levels are higher in pMacs from *P522R*

female mice, the increased ability to phagocytose and degrade pathogens and physiologically

relevant proteins would likely mean that the inflammation would be acute, and therefore less

deleterious, and may even help remove amyloid plaques. Under normal physiological conditions,

macrophages typically only produce inflammatory cytokines in the presence of an immune

stimulus, and if the *P522R* mutation confers pMacs in females with the ability to more readily

resolve or process an immunological stimulus such as amyloid-beta oligomers or diffuse plaque

via phagocytosis and processing through endo-lysosomal pathways, their hyper-secretory

cytokine phenotype is likely to abate and/or aid in processing of toxic protein aggregates.

Importantly, it should be recognized that inflammation is an essential part of the body's

protective immune response in particular in the periphery, and therefore necessary and beneficial

as long as it does not become un-regulated and chronic. In summary, we provide herein novel

findings that the *P522R* mutation may confer differential advantages to peripheral macrophages,

and that this effect may be stronger in females. Further investigation is warranted to determine

whether the effects of the *P522R* mutation are also present in other peripheral myeloid cell

populations such as dendritic cells which have been implicated in the pathophysiology of AD

(56, 57).

CONCLUSION

Inflammation and the cells of the peripheral immune system have been implicated in the

progression of AD. Therefore, identifying targetable pathways that have the potential to

modulate these dysregulated immune cell functions has been of recent interest. Others have

demonstrated that the *P522R* mutation has the ability to enhance important immune functions in

microglia, such as phagocytosis and cytokine secretion. Herein we provide the first evidence that

the *P522R* mutation may be conferring its protective effect via modulating peripheral tissue-

resident macrophage functions, and that this effect is strongly seen in macrophages from

females. Taken together, the results suggest that peripheral immune cells may be able to become

a target for AD drug intervention and that sex as a biological variable should be an integral part

of any study looking to do so.

LIST OF ABBREVIATIONS

PLCG2, phospholipase C gamma 2

AD, Alzheimer's disease

Aβ, amyloid-beta

TREM2, triggering receptor expressed on myeloid cells 2

TLR, toll-like receptor

PIP2, phosphatidylinositol (4,5) bisphosphate

DAG, diacylglycerol

IP3, inositol 1,4,5 triphosphate

NF-KB, nuclear factor kappa-light-chain-enhancer of activated B cells

LPM, large peritoneal macrophage

SPM, small peritoneal macrophage

WT, wild-type

PBS, phosphate buffered saline

FMOC, fluorescence minus one control

MSD, MesoScale Discovery

LLOD, lower limit of detection

SEM, standard error of the mean

MHCII, major histocompatibility complex II

LPS, lipopolysaccharide

Vegfa, vascular endothelial growth factor A

DEG, differentially expressed gene

DECLARATIONS

Ethics approval and consent to participate

Mice were utilized in accordance with protocols approved by the Institutional Animal Care and

Use Committee of the University of Florida.

Consent for publication

Not applicable.

Availability of data and materials

All data are included in the present study or contained within the supplemental files. Raw data

can be provided upon request.

Competing Interests

The authors declare no conflicts of interest.

Funding

The funding for this project was provided by the McKnight Brain Institute and Norman Fixel

Institute for Neurological Diseases.

Authors Contributions

HAS and MGT conceived the study. HAS designed the experiments, performed them, and

analyzed and interpreted the data. MLB, RLW, JJ, KBM, CC, NN, and AMT assisted with

various experimental procedures. HAS designed all figures. HAS and MGT wrote and edited the

manuscript. All authors approved the final version of the manuscript and figures.

Acknowledgements

The authors thank the Tansey, Khoshbouei, and Chakrabarty labs for useful discussions.

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