Discovery and mechanistic characterization of a probiotic-origin 3β-OH-Δ$^{5\text{-}6}$-

cholesterol-5β-reductase directly converting cholesterol to coprostanol

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Conflict of Interest

The authors declare no competing interests.

Abstract

On the one hand, cholesterol is a foundational molecule for various structural and

biochemical pathways, while elevated cholesterol levels are associated with

cardiovascular diseases. Some selected strains of Lactobacilli are also known for

modulating cholesterol levels. However, the molecular mechanism of cholesterol

transformation by lactobacilli has remained challenging to reveal. This study reports

the discovery and role of a microbial 3β-OH-Δ$^{5-6}$-cholesterol-5β-reductase from

Limosilactobacillus fermentum NKN51, which directly converts cholesterol to

coprostanol, thereby resolving the enigma. Protein engineering of the reductase

enzyme identified the cholesterol and NADP$^+$ interacting amino acids, detailing the

catalytic mechanism of 5βChR. Phylogenetic studies emphasize the abundance of

5βChRs in gut commensal lactobacilli, which shares a common ancestor with plant 5β

reductases. Meta-analysis results of healthy participant microbiomes underline the

significance of 5βChR homologs, while a cohort study reveals an association between

higher 5βChR abundance and diabetes. The discovery of the 5βChR enzyme and its

molecular mechanism in cholesterol metabolism pave the way for a better

understanding of the gut-associated microbiome and the design of practical

applications to ameliorate dyslipidemia.

Introduction

Cholesterol is a vital animal sterol, serving essential structural and metabolic functions.

However, high cholesterol levels are a critical risk factor for cardiovascular diseases

(CVDs) and atherosclerosis, which can lead to heart failure, obesity, diabetes, fatty

liver, and Alzheimer's disease [1-3]. Gut microbes can transform dietary cholesterol

into coprostanol by direct stereospecific reduction of the Δ5 double bond or via forming

intermediates such as cholestenone and coprostanone **(Fig. S1)** [4]. The short-chain

dehydrogenase (SDRs) enzyme family has recently been shown to contribute to gut

cholesterol transformation [5]. The commensal gut microflora possesses SDRs that

facilitate the conversion of hydroxyl groups in alcohols, carbohydrates, and xenobiotics

from their enol to keto forms [6-8]. The SDRs contain conserved motifs spanning the

Rossmann fold for $NADP^+/NAD^+$ cofactor binding and a catalytic tetrad comprising

serine, tyrosine, lysine, and asparagine residues [9, 10]. Eight 5β reductases classified

as SDRs have been thoroughly studied in plants; however, their role in bacteria has

received considerably less attention[11, 12]. Only recently has the mechanism of

cholesterol metabolism been described for the obligatory gut anaerobes *Eubacterium*

coprostanoligenes, Bacteroides thetaiotaomicron, and *Oscillibacter* species [5, 13,

14]. The genome of *E. coprostanoligenes* encodes the cholesterol dehydrogenase

enzyme 'Intestinal steroid metabolism A' (IsmA), which converts cholesterol into

cholestenone and coprostanone into coprostanol [5]. However, information on the

steps involved in transforming cholestenone into coprostanone is lacking. On the other

hand, *B. thetaiotaomicron* exhibits unique sulfotransferase activity that converts

cholesterol into cholesterol sulfate [13]. Furthermore, *Oscillibacter* species convert

cholesterol to cholestenone, cholesterol glucoside, and hydroxycholesterol [14].

Overall, coprostanol, cholesterol sulfate, cholesterol glucoside, and

hydroxycholesterol are excreted, thereby regulating cholesterol homeostasis [5, 13,

14]. These anaerobes do not metabolize cholesterol directly. Although the direct

conversion of cholesterol to coprostanol in the gut was suggested as early as 1954,

the underlying mechanism of this transformation remains a mystery [4, 15, 16].

Selected strains of probiotic lactobacilli display potential for cholesterol metabolism.

However, the specific mechanisms involved in cholesterol reduction have not yet been

elucidated [17-22].

We report a novel cholesterol-specific microbial 5β reductase (5βChR) from

Limosilactobacillus fermentum NKN51 isolated from fermented Himalayan yak milk.

Our study provides mechanistic evidence of the direct conversion of cholesterol to

coprostanol by 5βChR through its 3β-OH-Δ$^{5-6}$-cholesterol-5β-reductase activity. The

biochemical and structural analysis of 5βChR identify and characterize cholesterol

metabolism in lactobacilli. Furthermore, phylogenetic and metagenomic analysis

suggests the prevalence of 5βChR in microbes and its association with human

physiology. Our findings addressed a primarily unexplored frontier of microbial

cholesterol metabolism in *L. fermentum* NKN51 by identifying a novel enzyme class

from the SDR family, establishing a path for unveiling the metabolic capabilities of one

of the most popular probiotic bacteria.

Results

L. fermentum **NKN51 exhibit 3β-OH-Δ$^{5-6}$-cholesterol-5β-reductase activity**

To understand the mechanism of cholesterol metabolism in lactobacilli, we performed

cholesterol depletion assays with a battery of Lactobacillus spp. isolated from an

ethnic fermented yak milk cheese (churppi) prepared by the native population in the

Western Indian Himalayas. Among other strains, *L. fermentum* NKN51 depleted the

maximum (~64%) cholesterol in the media **(Fig. S2)**. Thin layer chromatography (TLC)

and Liquid chromatography-mass spectrophotometry (LC-MS) analysis of *L. fermentum* NKN51 whole-cell lysate confirmed the conversion of cholesterol to coprostanol **(Fig. S3, 1*a*)**. We could not detect cholestenone or coprostanone in these assays, suggesting that *L. fermentum* NKN 51 might directly convert cholesterol to coprostanol in NADP$^+$-dependent but oxygen-independent conditions **(Fig. S4, S5)**. Furthermore, a known cholesterol SDR from *E. coprostanoligenes* HL ATCC51222[5] (WP_078769004.1) was used as a query against the *L. fermentum* NKN51 draft genome, which highlights the putative cholesterol dehydrogenase protein with ~30% identity in NKN51. The putative cholesterol dehydrogenase was cloned, and the 29.5 kDa overexpressed protein was purified by immobilized affinity chromatography (IMAC) **(Fig. S6)**. The recombinant purified protein converted cholesterol to coprostanol using NADP$^+$ as a cofactor instead of NAD$^+$, validating the activity we initially observed with *L. fermentum* whole-cell lysate assays **(Fig. 1*a*)**. To determine the binding affinities of protein with its cofactor and substrates, we performed isothermal titration calorimetry (ITC) analysis. NADP$^+$ had an affinity for protein with K_d 6.88 µM and the protein-NADP$^+$ complex bound with cholesterol with K_d of 4.66 µM **(Fig. 1*b, c*)**. However, protein-NADP$^+$ did not display an affinity for cholestenone or coprostanone, substantiating that neither of these compounds is cognate substrates of the enzyme **(Fig. S7)**. Unlike typical microbial SDRs, the cholesterol dehydrogenase remains primarily a dimeric protein in solution, confirmed by size exclusion chromatography **(Fig. S8)**. The substrate specificity experiments validated that protein can specifically catalyze the direct conversion of cholesterol to coprostanol by saturating Δ^5 double bond with the OH group at the 3β position **(Fig. S9, 1*d*)**. Hence, these distinctive catalytic features of the protein ascribed it to a newly identified class within microbial SDRs, i.e., 3β-OH- Δ^{5-6}- cholesterol-5β-reductase (5βChR). Enzyme-

substrate kinetic studies confirmed that 5βChR obeys the Michaelis–Menten equation,

with a K_m of 19.09 μM and V_{max} of 15.35x10^{-6} μmol sec^{-1} nmol^{-1} **(Fig. S10)**. At the

genetic level, 5βChR transcript expression levels were ~1.5-fold increased when the

NKN51 strain was grown in the presence of cholesterol, signifying that the 5βChR

genetic locus was induced upon cholesterol supplementation (p=0.0022) in the native

host **(Fig. 1e)**. The biophysical characterization and *in-vitro* assay of 5βChR map the

molecular basis of cholesterol metabolism in *L. fermentum* NKN51.

5βChR interacts with cholesterol via C-terminus and NADP$^+$ by N-terminus

The 5βChR AlphaFold tertiary structure depicts conserved motifs of the SDR

superfamily, including the N-terminus dinucleotide binding Rossmann fold consisting

of seven central β-strands flanked by six α-helices and a catalytic tetrad (NSYK) **(Fig.**

1a-b). Molecular docking results predicted that the cholesterol was bound in the C-

terminus pocket of the protein. Cholesterol steroid ring-1 interacts with methionine

(Met189) and phenylalanine (Phe190) residues of 5βChR through hydrophobic forces.

An electrostatic interaction was seen between the threonine (Thr187) and the hydroxyl

group of cholesterol. NADP$^+$ was linked to the N-terminus of 5βChR via the conserved

glycine-rich (Gly 8, 9, 12, and 14) motif. The tyrosine (Tyr152), lysine (Lys156), serine

(Ser11), and threonine (Thr10 and Thr187) amino acid residues contributed to a total

of eight polar interactions with NADP$^+$. Furthermore, 5βChR is directed towards the

nicotinamide oxygen (O=C-NH) by Tyr152 and Lys156 amino acid residues. The N-

terminus Ser11 amino acid residue interacts with the diphosphate group of NADP$^+$. On

the other hand, the ribose phosphate group of the NADP$^+$ coordinates with the Thr10

amino acid residue of 5βChR **(Fig. 1c)**. The superimposition of 5βChR and its

structural homologs (SDR reductase, sorbitol dehydrogenase, and putative

oxidoreductase RV2002) revealed a shared topological arrangement with root square

mean (r.m.s) deviations of 1.3, 1.3, and 1.2 Å, respectively and confirmed that 5βChR

belongs to SDRs **(Fig. S11)**.

Identification of catalytic residues for NADP$^+$ and cholesterol binding in 5βChR

Using site-directed mutagenesis, we elucidated the role of the catalytic tetrad (NSYK)

and other conserved residues of 5βChR. Since the C-terminus of SDRs was reportedly

involved in substrate binding,[6] we mutated the C-terminus of the protein to

investigate its role in cholesterol binding **(Fig. S12)**. TLC and LC-MS experiments of

5βChR mutants with NADP$^+$ and cholesterol revealed the importance of Ser139,

Tyr152, Thr187, Met189, and Phe190 amino acid residues in cholesterol conversion

to coprostanol **(Fig. S13, 3*a*)**. Furthermore, ITC data revealed that the S139A and

Y152A mutants lost NADP$^+$ binding but retained the cholesterol binding, with K_d values

of 24.8 μM and 4.44 μM, respectively. On the other hand, T187A, M189A, and F190A

mutants retained NADP$^+$ binding (K_d 8.77 μM, 7.49 μM, and 5.2 μM, respectively) **(Fig.**

3*b*) but lost the binding ability to cholesterol. Thus, the C-terminus of 5βChR is

important for substrate interaction, and the C-terminus of SDRs is indeed necessary

for substrate interaction[6]. Other mutations, such as N136A, K156A, H131A, Y170A,

E172A, and T187A, did not affect the ability to convert cholesterol to coprostanol, thus

indicating their nonsignificant role in enzyme activity **(Fig. 3*a*)**. Circular dichroism

spectral analysis of the wild-type and mutant 5βChR enzymes did not predict any

change in protein structure. Thus indicating that the changes in cofactor and substrate

binding were not due to perturbations in the secondary structure of the 5βChR

enzymes. **(Fig. S14)**. Since plant and microbial 5β reductases belong to the SDR

superfamily, we performed an in-depth analysis of the structural attributes of plant and

microbial 5β reductases. A systematic comparison of the NADP$^+$ binding pocket of

microbial 5βChR with the plant origin 5β-progesterone reductases (5β-POR) (PDB:

2V6G) was accomplished [11]. It revealed that the NADP$^+$ was bound to the Rossmann

fold in plant and bacterial 5β reductase. However, the lysine residue of a conserved

catalytic tetrad of SDRs does not interact with the O-2' or O-3' of nicotinamide ribose

in either case **(Fig. 4)** [9, 23].

5βChRs is a prevalent enzyme class in microbes and shows its association with
human physiology

Since 5βChRs are a novel class of enzymes discovered in bacteria, we focused on

assessing the diversity and abundance of these enzymes within Lactobacillaceae and

overall in eubacteria. A local database of 256 lactobacilli was screened to determine

the prevalence of 5βChRs in the genome. The maximum likelihood method confirmed

the presence of the 5βChR sequence in 84 lactobacilli genomes, which were further

divided into six major clades. Most of these representatives (*Lactiplantibacillus*

plantarum,   Limosilactobacillus   mucosae,   Levilactobacillus   parabrevis,

Latilactobacillus sakei, *Latilactobacillus curvatus*, *Ligilactobacillus salivarius,* and

Levilactobacillus brevis) were associated with a healthy commensal gut community

(Fig. 5) [24, 25]. We traced the evolutionary relationship of microbial 5βChRs with

plant 5β reductases using human homologs as an outgroup, which revealed that plant

and microbial 5β reductases originated from a common ancient ancestor **(Fig. S15)**.

To assess the distribution of 5βChRs in different microbial taxa, we retrieved 5000

5βChRs and interpreted the data using Cytoscape. 5βChR homologs were grouped

into 33, 138, and 269 clusters with threshold values for sequence identity (e-value) of

10^{-60}, 10^{-70}, and 10^{-80}, respectively **(Fig. S16, S17a)**. A threshold value of 10^{-80} was

chosen to map the 5βChR homologs to ensure similar functional and structural

aspects, which led to the grouping of proteins into 269 distinct clusters. The phylum-

level taxonomic classification of the respective clusters was considered to assess the

prevalence of microbial 5βChRs. Across the different clusters, 5βChRs were predominantly present in Pseudomonadota, Actinomycetota, Planctomycetota, Chloroflexota, Cyanobacteria, Acidobacteriota, Bacillota, and Candidatus omnitrophota **(Fig. S17*b*, S18).** The SSN analysis indicated that inhabiting different niches belonging to different phyla harbored 5βChR homologs, possibly providing some benefit to their respective hosts. To understand the importance of the aforementioned 5βChR clusters, we assessed the data through ShortBRED, which consists of protein classes in 380 high-quality, healthy human metagenome sequences (from the human microbiome project), covering samples from the different regions of the body. Using the EFI-Computationally Guided Functional Profiling (EFI-CGFP) tool, we identified 20 clusters of 5βChR homologs in the Human Microbiome Project data **(Fig. S19)**. Clusters 3, 9, and 11 were abundant in the oral microbiome (supragingival plaque, buccal cavity, and tongue dorsum). In contrast, clusters 2, 3, 6, 9, 11, 52, 83, 104, 119, 122, 128, 140, 156, 172, 185, and 24 were the dominant clusters in the fecal samples, indicating the presence of 5βChR homologs in anaerobes. Among the bacteria-dominated clusters, 16 and 139 had more significant distributions in the posterior fornix (vaginal microbiome) and anterior nares, respectively **(Fig. 7, S20)**. The comprehensive analysis of the 5βChR family in the human gut inhabitants highlights this enzyme's prevalence and potential role in maintaining cholesterol homeostasis.

5βChR has an inverse association with diabetes

We explore the correlation of 5βChR with diabetes because diabetes can induce changes in lipid levels, leading to diabetic dyslipidemia, which exacerbates risk factors for CVDs [26-28]. Analyzing the relationship between 5βChR and diabetes using Chinese-type 2 diabetes shotgun data (PRJNA855128). The two independent

metagenomic cohorts included diabetic individuals (n=10) and healthy controls (n=10).

The interpretation of the data confirmed that 5βChRs exhibited a significantly greater

prevalence in healthy individuals than in those with diabetes (p=0.0213) **(Fig. 6***b***)**.

These findings corroborate the inverse relationship between 5βChR and diabetes in

this cohort study, indicating that 5βChR expression might reduce the risk of premature

coronary heart disease and stroke in patients with diabetic dyslipidemia [29].

Discussion

The gastrointestinal tract is a site for cholesterol metabolism and regulation of blood

cholesterol levels. Although cholesterol metabolism by lactobacilli has been known for

almost 50 years, the exact mechanism has remained elusive [16]. Recently, three

independent studies have reported the mechanism of cholesterol metabolism by

different bacterial gut residents. Still, the role of lactobacilli has not been addressed in

either of the reports[5, 13, 14]. Here, we discovered and characterized a novel

microbial 5β-reductase under the SDR superfamily, which catalyzes the direct

transformation of cholesterol to coprostanol **(Fig. 7)**. Molecular docking observations

of the cofactor and substrate with the wild-type and mutant 5βChRs identified the

critical residues for NADP$^+$ binding and revealed novel residues important for

cholesterol binding to the protein. The structural and mutational analysis of 5βChR

represents its similarity with microbial SDRs and plant 5β reductase, categorizing it

into a new class of SDRs. Furthermore, evolutionary analysis of plant and microbial

5βChR enzymes suggested that both are paraphyletic groups and confirmed the

presence of 5βChR in gut lactobacilli. Shotgun data analysis highlights the low levels

of 5βChR transcripts in diabetic patients. Metagenomic mining revealed that the

representatives of 5βChRs are present in *Clostridia, Eubacteria, Oscillopsia,*

Peptostreptococcus, Fusobacteria Bifidobacteria, and Lactobacillus. Our findings

suggest that 5βChR homologs are also acquired by uncharacterized bacterial classes,

which may be explored further. The prevalence of 5βChR in the microbiomes of

healthy individuals indicates the critical role this enzyme can play in designing

strategies to regulate lipid homeostasis. We believe this study can pave the way for

developing next-generation probiotics that can be explored to formulate functional

foods to ameliorate dyslipidemia.

Materials and methods

In vitro cholesterol reduction assay

Limosilactobacillus fermentum NKN51,[30] *Lacticaseibacillus casei* NKN344, and

Lacticaseibacillus casei NKN347 were fermented food isolates from our laboratory.

For the cholesterol estimation assay, the secondary culture was inoculated in sterile

anaerobic Man, Rogosa, and Sharpe (MRS) media (Difco Laboratories, USA)

supplemented with cholesterol (Sigma Aldrich, USA) (100 µg/ml) and sodium

thioglycolate (STG) (0.1%) (Tokyo Chemical Industry, China) and incubated at 37°C

for 24 h. After incubation, the samples were centrifuged at 13,000 rpm for 5 min. The

supernatant was subjected to a cholesterol estimation assay using the Rudel and

Morris methods [31]. This procedure was performed in triplicate, and the average

values were plotted. For whole-cell lysate assay, a 12 h *L. fermentum* NKN51 culture

was pelleted by centrifugation at 4500 rpm for 20 min at 4°C, resuspended in

phosphate-buffered saline (PBS) (1x) (Sigma Aldrich, USA), and lysed with a Branson

probe sonicator 102C (CE) (Thermo Fisher Scientific, USA) and centrifuged at 13,000

rpm for 30 min at 4°C. The 500 µL supernatant (whole cell lysate) with cholesterol (100

µM) and NADP$^+$ (100 µM) (Sigma Aldrich, USA) was incubated at 37°C for 12 h.

Further, the sterols were extracted by adding double the volume of hexane (Merck,

USA), followed by vigorous mixing. The microcentrifuge tube was left for phase separation for an hour at room temperature. After the phase separation, the upper organic layer was transferred into a fresh microcentrifuge tube and evaporated by a refrigerated centriVape concentrator (Labconco, USA). The sterols were resuspended in 10µl of methanol (Merck, USA) and separated by TLC (explained later). The reaction products were also checked via LC-MS (details are provided in the LC-MS instrument section).

Cloning of the putative cholesterol dehydrogenase gene

The genomic DNA of *L. fermentum* NKN51 was isolated using the HiPurA® Bacterial Genomic DNA Purification Kit (Himedia, India). The 5βChR gene was amplified using Phusion High Fidelity DNA polymerase (Thermo Fisher Scientific, USA) with the primers listed in **Table S1**. Furthermore, the PCR product and pET28(a) were double digested with NdeI (Thermo Fisher Scientific, USA) and XhoI (Thermo Fisher Scientific, USA). The digested products were ligated using T4 DNA ligase (Thermo Fisher Scientific, USA) and transformed into chemically competent *E. coli* cells. The transformants were checked via double digestion of the plasmid, followed by sequencing.

Site-directed mutagenesis of the putative cholesterol dehydrogenase gene

 WT5βChR carrying plasmid was used to construct its mutants with the Q5® Site-Directed Mutagenesis Kit (New England Biolabs, USA). Primers containing the desired mutation were designed with the NEBase Changer webpage tool (https://nebasechanger.neb.com/). The primers used are listed in **Table S1**, and the transformants were confirmed by sequencing.

Overexpression and purification of the N-His terminal tagged WT and mutant 5βChR proteins

Confirmed clones containing WT and mutant 5βChR were transformed into ultracompetent BL21AI (arabinose induction) (Thermo Fisher Scientific, USA) cells for protein overexpression. 5βChR protein (29.5 kDa) overexpression was optimized with IPTG (0.05 mM) (Tokyo Chemical Industry, China) and arabinose (0.2%) (Himedia, India). For protein purification, the cells were grown in Luria–Bertani broth (Difco Laboratories, USA) supplemented with kanamycin (50 μg/ml) (Sigma Aldrich, USA) overnight at 37°C with shaking at 180 rpm. The secondary culture was inoculated with a primary culture of WT or the 5βChR mutant (1%) and incubated at 37°C with shaking at 180 rpm until the optical density (OD_{600}) reached ~0.8. The bacterial cultures were induced with IPTG (0.05 mM) and 0.2% arabinose (0.2%) and incubated at 18°C with shaking at 180 rpm for 18 h. The cells were harvested at 4500 rpm for 20 min at 4°C and resuspended in 20 mL of buffer A (50 mM Tris-Cl, 500 mM NaCl 5% glycerol) (pH 7.8). The resuspended cells were lysed with a Branson probe sonicator 102C (CE) and then centrifuged at 4500 rpm for 30 min at 4°C. The clarified supernatant was loaded into the buffer A saturated HisTrap column (AKTA Pure-50 L; GE Healthcare). Purified protein fractions were eluted with Buffer B (50 mM Tris-Cl, 500 mM NaCl, 500 mM imidazole 5% glycerol) (pH 7.8) and analyzed via SDS–PAGE. Furthermore, the protein was dialyzed in dialysis buffer (20 mM Tris-Cl, 300 mM NaCl 5% glycerol) with a 10 kDa membrane (Pall Corporation Centrifugal Devices, USA) for 8h intervals. The protein concentration was checked via SDS–PAGE, and the proteins were stored in aliquots at -80°C. Purified protein fractions were subjected to further assays, which were discussed later.

Thin-Layer Chromatography of Sterols

We checked the enzyme activity by TLC in the presence of cofactor and substrate.

The reaction mixture was prepared with an enzyme (WT and mutants) (10 nm), NADP$^+$

(100 µM), and substrate (100 µM) (cholesterol, cholestenone, and coprostanone) in

dialysis buffer was incubated at 37°C for 12 h. These reaction mixtures were subjected

to sterol extraction (as explained above) and analyzed via TLC. The resuspended

sterol was spotted on a pretreated TLC plate (silica gel IB2-F flexible 20 × 20 cm) with

methanol at 100°C for 30 min. The sterols were separated with a mobile phase

(benzene: chloroform) (90:10) (Merck, USA). After being treated with 15% sulfuric acid

in methanol, the plate was visualized and incubated at 110°C for 10 min.

LC-MS instrumentation conditions for the measurement of sterols

The enzyme-cofactor-substrate analysis was conducted on ultra-high performance

liquid chromatography (UHPLC) coupled with tandem mass spectrometry. The Exion

LC UHPLC was equipped with an online degasser, binary pump, computer-controlled

sample cooler, and column heater. Mass spectrometric analysis was on QTRAP

6500+ (Sciex, MA). UHPLC and mass spectrometer parameters were controlled using

Analyst (ver 1.7.1; Sciex, MA, USA). The chromatographic separation was achieved

on the Discovery C8 column (150X4.6 mm, 5µm; Supelco, Sigma-Aldrich, USA). An

isocratic mobile phase consisting of ultra-pure water (A) and acetonitrile (B) at a ratio

of 10:90 (A: B) was used for the separation. The flow rate was maintained at 1 mL/min,

and the column oven was kept at ambient. A 20 µL of sample was injected into the

column. The mass spectrometric analysis was done by an atmospheric pressure

chemical ionization (APCI) probe operated at positive ion mode. The multiple reaction

monitoring (MRM) mode was used for the quantification of sterols with the following

mass transitions: cholesterol (369.3 →161.2), and coprostanol (371.3 → 95.1).

qPCR of the 5βChR transcript

The chloroform-phenol (VWR, USA) extraction method was used for total RNA purification from triplicate *L. fermentum* NKN51 cell pellets grown with or without cholesterol for 24 h. DNase-treated RNA samples were used to prepare cDNA using the PrimeScript 1st strand cDNA Synthesis Kit (Takara, Japan). The 5βChR transcript was quantified by real-time PCR with PowerTrack SYBR Green Master Mix (Applied Biosystems, USA). The expression was normalized to the 16S rRNA gene expression. The primers used in the analysis are listed in **Table S1**.

Gel filtration chromatography of 5βChR

5βChR gel filtration chromatography (column: Hiload^{TM} 16/600 Superdex^{TM} 200 pg) was performed on an AKTA pure-50 L chromatography system (GE Healthcare) at 4°C. The concentrated, purified protein (10 mg/mL) was loaded onto an analytical column equilibrated with Tris-Cl (20 mM) and NaCl buffer (200 mM) at pH 7.8 and eluted at a flow rate of 1 ml/min. A protein standard consisting of thyroglobulin bovine, γ-globulins, ovalbumin, ribonuclease A type I, and p-aminobenzoic acid (pABA) (Merck, India) was used to determine the native molecular mass of 5βChR.

Enzyme kinetic assay

The enzyme activity of the purified protein was measured spectrophotometrically by monitoring NADP$^+$ levels at 340 nm. The standard reaction mixture comprised sodium acetate trihydrate buffer (20 mM) (pH 7.8), NADP$^+$ (100 μM), and the enzyme (20 nm), and the substrate concentration varied from 10 to 300 μM. GraphPad Prism was used to plot the data using the Michaelis–Menton saturation curve and Lineweaver–Burk plots to calculate the kinetic parameters.

Substrate-specificity assay

Cholic acid, lithocholic acid, and hydrocortisone (100 μM) (Tokyo Chemical Industry,

China) substrate analogs of cholesterol were separately added to the reaction, and

cholesterol (100 μM) as a control. The reaction mixture was incubated at 37°C for 12

h after the sterols were extracted; after that, the samples were subjected to LC-MS to

determine the enzymatic activity of 5βChR. The flow injection analysis (FIA) was

performed using an electrospray ionization (ESA) source working in positive mode for

hydrocortisone and lithocholic acid while operating in negative mode for cholic acid. A

gradient mobile phase containing pure acetonitrile was pumped into the mass

spectrometer without a column. All injection volumes were kept at 20 μL.

Circular dichroism spectroscopy of WT 5βChR and its mutants.

CD spectroscopy of 5βChR (WT) or 5βChR-mutant strains was conducted using a J-

815 CD spectropolarimeter (Jasco, Tokyo, Japan). The protein samples (20 μM) were

prepared in KH_2PO_4 buffer (10 mM) (pH 7.8). A quartz cell 0.1 cm in length was used

for the CD scan, and scans were carried out at 25°C from 190 to 260 nm at a 50

nm/min speed with a wavelength pitch and three accumulation data points. The data

were analyzed using GraphPad Prism.

Isothermal titration calorimetry assay for binding analysis

ITC analysis was performed using a MicroCal PEAQ-ITC (Malvern Panalytical, United

Kingdom) with 300 cell volumes. The $NADP^+$ cofactor was dissolved in dialysis buffer,

and the substrate was dissolved in methanol. Purified 5βChR (20 μM) was injected

with 18 successive 2 μl aliquots of $NADP^+$ (1 mM) at 150 s intervals. Furthermore,

protein-$NADP^+$ was injected similarly to the substrate (500 μM). The data were fitted

to a nonlinear regression model using a single binding site with MicroCal Origin

software. The thermodynamic parameters were calculated using the Gibbs free energy equation ($\Delta G = \Delta H - T\Delta S$ and $\Delta G = -RT\ln(K_a)$).

5βChR structure determination

5βChR structural modeling was performed using the ColabFold (v.1.5.5) implementation of Alphafold (https://github.com/sokrypton/ColabFold) [32, 33]. Multiple sequence alignment was performed using the MMseq2 algorithm [34]. The models were ranked through the pTM score, and the highest-scoring model was used for analysis. PyMOL [35] (v2.5.7 Schrödinger, LLC) was used for protein visualization and structural analysis of 5βChR. The DALI server [36] was used for structural similarity searches.

Molecular docking of multiple ligands with 5βChR

The three-dimensional structure of 5βChR was predicted using ColabFold (v.1.5.5), which uses MMseqs2 along with AlphaFold2 in its background [32, 33]. The potential ligands of the 5βChR-NADP$^+$-cholesterol dataset were downloaded from the ZINC drug database in SD format (https://zinc.docking.org/). AutoDockTools-1.5.7 was used to convert the 5βChR PDB files and ligand structures into PDBQT format [37]. Autodock Vina (v.1.2.3) performed molecular docking with multiple ligands [38]. The protein–ligand interactions were computed and visualized with PyMOL [35] (v2.5.7 Schrödinger, LLC).

Phylogenetic analysis of 5βChR within lactobacilli and plants

The prevalence of 5βChR was examined by creating a protein-based custom-made database for available lactobacilli from RefSeq using BLAST (v2.15.0) **(Table S2)**. 5βChR was used as a query search in the database, and the homologous proteins were retrieved for evolutionary studies. To determine the ancestral relationship of

5βChR in plants, 100 related sequences **(Table S3)** were removed from UniProt (https://www.uniprot.org/) [39]. MUSCLE (v3.8.31)[40] was used to align all the respective sequences, and phylogenetic analysis was performed using RAxML (v8) via the maximum likelihood Protcat blossom62 model [41].

5βChR sequence similarity network data analysis

For 5βChR sequence similarity network (SSN)[42] analysis, the amino acid sequence of 5βChR was used as a query in the UniProt database via BLASTp with a series of cutoff e-values of 10^{-60}, 10^{-70}, and 10^{-8} and protein identity values >50%, >60% and >70%, respectively. The EFI-EST tool was used to construct the protein SSNs of these sequences with various e-values, which were visualized by Cytoscape 3.3 [43].

Determination of 5βChR abundance using healthy human metagenomic data

The abundance of 5βChR was checked in HMP[44, 45] as previously described using the ShortBRED **(Table S4)** [46]⁻[47]. This was performed using the EFI-chemically guided functional profiling (EFI-CGFP) platform [48-50]. Using UniProt, 5βChR sequence representatives were filtered at 80% amino acid similarity thresholds to identify nonredundant peptide markers. ShortBRED-quantify was used with default parameters to quantify the marker abundances in the 380 metagenomic database. The relative abundance was calculated based on reads per kilobase million (RPKM) values and converted into 'copies per microbial genome', as explained earlier [50, 51].

Abundance analysis of the 5βChR gene in human gut metagenomes under disease conditions

The shotgun metagenomic sequencing datasets of the human gut microbiomes describing diabetes were downloaded from the Sequence Read Archive of the NCBI (https://www.ncbi.nlm.nih.gov/sra). The dataset was divided into healthy and diseased

based on the metadata provided with the original data. The read quality was checked

using FastQC (v0.11.9) (https://www.bioinformatics.babraham.ac.uk/projects/fastqc/),

followed by MultiQC (v1.11) [52]. Only reads with a phread score higher than 30 were

included in the study. The high-quality sequencing reads were assembled using

MEGAHIT (v1.2.9) with a minimum contig length of 500 bp [53]. The assembled

sequences were matched to the nucleotide sequence of 5βChR using DIAMOND

(v2.0.15.1531) with the following parameters: e value – 0.00001, query coverage 30,

and percent identity 30 [54].

Authors contribution

U.N. designed the study, curated the data, developed the methodology,

conceptualized the project, and wrote the original draft. V.B. methodology and writing.

A.G. Methodology, Data curation, Visualization, and writing. RS methodology. A.G.

methodology. V.S.B. methodology and data curation. KA. Formal analysis. HPS. LC-

MS methodology and data analysis. SM. LC-MS methodology and data analysis. SL.

Methodology. MS. Methodology. K.T. Formal analysis and writing. NKN Formal

analysis, conceptualization, writing, resources, and project administration.

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Supporting information

Additional experimental data are provided in the supplementary information section.

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Figures

Fig.1

L. fermentum NKN51 harbors a cholesterol dehydrogenase that can convert cholesterol to coprostanol. **(a).** Extracted ion chromatograph shows the reaction product of *L. fermentum* NKN51 whole-cell lysate (WCL) and purified cholesterol-5β-reductase (5βChR) incubated with NADP⁺ (100 μM) and cholesterol (100 μM) for 12 h. **(b).** Isothermal Titration Calorimetry (ITC) data displaying binding affinity of the 5βChR (20 μM) for NADP⁺ (1 mM). **(c).** The titration curve provides the interaction between the 5βChR + NADP⁺ complex and cholesterol (500 μM), where DP stands

for differential power, and ΔH represents the enthalpies (normalized with the control).

(d). The bar graph indicates the conversion of cholesterol to coprostanol (grey block)

by 5βChR under the same conditions. The other structurally similar compounds are

not metabolized into their respective metabolites. Abbreviations: PG stands for

pregnenolone, LA-lithocholic acid, CA-cholic acid, and HC-hydrocortisone. Spectra

analysis of this substrate specificity assay is given in Supplementary Figure 8. **(e).** The

transcript levels of 5βChR in a cholesterol-rich medium compared to a medium without

cholesterol at 24 h under anaerobic conditions show ~1.5-fold change. In the graph,

each point represents a biological replicate, with the centre bar representing the mean

and the error bars representing the standard deviation. ** denotes the *p*-value- 0.0022

calculated by the Mann-Whitney test.

Fig. 2

Structure and mutation analysis of 5βChR for ligand binding and comparison study with the plant 5β reductase. **(a).** Alphafold2 predicted a top-ranked 5βChR structure with high confidence (>90%), a high preresidue confidence score (>90%), and a low domain position confidence, and visualized by PyMOL. **(b).** The surface representation of 5βChR shows the active binding pocket of cholesterol and NADP⁺ (blue). **(c).** The molecular docking results of 5βChR-NADP⁺-cholesterol depict the interacting amino acids. The Cofactor (NADP⁺) binding pocket highlights the ionic interaction (red) (indicated by dashed lines). The amino acids involved in hydrogen bonding are Thr10, Ser11, and Tyr152, while Lys156, Ala32, Arg33, Gly89, Ile89, Ser139, Asp146, Met149, Ser11, Ile90, and Ala9 showcase involvement in van der Waals bonds (green). Protein-substrate (5βChR-cholesterol) complex shows hydrophilic interaction with Thr187, whereas the hydrophobic forces are present between Pro182, Pro184, Met189, Phe190, Phe198, and Phe238.

Fig. 3

Characterization of 5βChR mutants. **(a).** The LC-MS data is represented by the

extracted ion chromatographs of 5βChR mutants supplemented with NADP⁺ (100 μM)

and cholesterol (100 μM) under similar conditions. **(b).** The normalized enthalpy

curves represent the interaction profile of 5βChR mutants with their ligands. S139A

and Y152A mutants have an affinity for cholesterol and lost binding for NADP⁺. T187A,

M189A, and F190A mutants do not bind to cholesterol. In contrast, they retained an

affinity for NADP⁺.

661

Fig. 4

Comparison of the active sites of 5βChR and 5β-POR with their respective substrates.

The comparison study of the active site of 5βChR and plant 5β reductase (5β-POR)

with their respective substrates. The stereo view of 5βChR complexed with NADP⁺ is

mediated by tyrosine (Tyr152) and serine (Ser139) of the conserved tetrad. In 5β-POR

- two arginine residues (Arg63 & Arg64) stabilise NADP⁺ interaction. 5β-POR has two

Rossmann folds (glycine residues) (GXXGXXG), whereas 5βChR harbors a single N-

terminus fold, contributing to NADP⁺ binding.

Fig. 5

Mapping the prevalence of 5βChR in lactobacilli in gut lactobacilli. The cladogram of 5βChR protein across 256 lactobacilli depicts its abundance in 84 strains. This study used the PROTCATWAG model in RAxML and rooted using the branch leading to *Lacticaseibacillus songhuajiangensis* and *Escherichia coli* as the outgroups.

AN- Anterior nares, BM- Buccal mucosa, SP- Supragingival plaque, TD- Tongue dorsum, S- Stool, and PF- Posterior fornix

Fig. 6

Meta-analysis depicting the abundance of 5βChR homologs in healthy microbiomes

and comparative analysis in a human diabetic cohort study. **(a).** The box-plot graphs

highlight the presence of 5βChR homologs in various body sites. Clusters 3, 9, 11,

and 56 dominate the oral microbiome (supragingival plaque, buccal cavity, and tongue

dorsum) and stool samples. Cluster 16 is predominant in vaginal samples. The

enzymes from other clusters 139 showed higher distribution in anterior nares samples

of human microbiomes. Further, clusters 83 and 249 are abundant in stool samples,

indicating their abundance in the gut. **(b).** 5βChR has a lower abundance among

diabetic patients than healthy individuals in the shotgun metagenomic data of a

Chinese type 2 diabetes cohort study. Individuals with 5βChR high copy number are

predominantly reported as healthy. The points in the graph represent the number of

individuals in each category. *p value- 0.0213 is determined by the Mann-Whitney test.

Fig. 7

A comprehensive representation of microbial cholesterol transformation in the human

gut. Various gut microbes transform cholesterol in the gut via direct and indirect

pathways. **(a).** A cholesterol dehydrogenase (ismA) of *Eubacterium coprostanoligenes*

is reported to catalyze the first and last step of the indirect pathway of cholesterol

metabolism. **(b).** The gut cholesterol is also converted to cholesterol-sulphate with the

help of a cholesterol sulfotransferase encoded by *Bacteroidetes thetaiotaomicron.* **(c).**

A group of enzymes, cholesterol-α-glucosyltransferase, and translocator protein

expressed by *Oscillibacter* species transformed cholesterol into cholesterolglucoside

and hydroxycholesterol while **(d).** A comprehensive study demonstrates that 5βChR

expressed by *Limosilactobacillus fermentum* NKN51 can directly convert cholesterol

to coprostanol by a cholesterol-5β-reductase.

Supplementary information

Discovery and mechanistic characterization of a probiotic-origin 3β-OH-Δ$^{5-6}$-cholesterol-5β-reductase directly converting cholesterol to coprostanol

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24   **Table of Contents**

1. Supplementary Figures……………………………………………...1-14

2. Supplementary Tables……………………………………………15-35

1. Supplementary Figures

Fig. S1 Biotransformation pathways of cholesterol to coprostanol by gut microbes.

Fig. S2

Rudel & Morris cholesterol depletion assay representing in-vitro cholesterol removal by different

Lactobacillus strains. Each point represents the biological replicate and *p- value* calculated by the

Mann-Whitney test (**p*- 0.0286).

A B C D E F G H I J

Coprostanone →
Cholestenone →
Coprostanol →{
Cholesterol →

A- Standards of cholesterol, cholestenone, coprostanone, and coprostanol
B- NKN51+cholesterol, C-NKN51+cholestenone, D-NKN51+coprostanone
E- NKN344+cholesterol, F-NKN344+cholestenone, G- NKN344+coprostanone
H- NKN347+cholesterol, I-NKN347+cholestenone, J- NKN347+coprostanone

Fig. S3

Thin-layer chromatography (TLC) screening of cholesterol transformation to coprostanol by lactobacilli.

The whole-cell lysate of different lactobacilli strains supplemented with NADP⁺ (100 µM) and either of

substrates, cholesterol (100 µM), cholestenone (100 µM), or coprostanone (100 µM) for 12 h in

anaerobic conditions.

Fig. S4

Analysis of *L. fermentum* NKN51 lysate activity in microaerophilic conditions by Liquid chromatography

Mass Spectrometry (LC-MS). The provided extracted ion chromatogram (EIC) represents the product

of the whole-cell lysate assay of *L. fermentum* NKN51 supplemented with NADP⁺ (100 µM) and

cholesterol (100 µM) over 12 h in microaerophilic and anaerobic conditions as a control.

Fig. S5

50 Investigating the role of NAD⁺ as a cofactor for cholesterol metabolism by LC-MS. The reaction mixture

51 of *L. fermentum* NKN51 whole-cell lysate with cholesterol (100 µM) and NAD⁺ (100 µM) or NADP⁺ (100

52 µM) for 12 h. No reaction was observed with NAD⁺ as a cofactor.

Fig. S6

Recombinant putative cholesterol dehydrogenase protein purification by immobilized affinity

chromatography (IMAC). The SDS-PAGE depicts purified 5βChR protein by Ni-NTA-based affinity

chromatography, with a theoretical molecular weight of 29.5 kDa.

Fig. S7

Binding studies of 5βChR protein with substrates. The Isothermal Titration Calorimetry (ITC)

of WT5βChR with (a) cholestenone and (b) coprostanone, wherein the points represent the

normalized enthalpy change of the reaction at the different time intervals.

Fig. S8

Calculation of native molecular size of recombinant 5βChR. **(a).** The gel filtration graph of the

standard mixture consists of various proteins represented by a distinct peak and their

respective molecular weight along with elution volumes, which are as follows: A- Thyroglobulin

(670kDa) 49.33ml, B- Gamma globulin (150 kDa) 65.63ml, C- Ovalbumin (44.5 kDa) 80.02 ml

and, D- Ribonuclease A (13.7 kDa) 96.97 ml. **(b).** A 29.5 kDa recombinant cholesterol

dehydrogenase (E) eluted at 78.43 ml, depicts its dimeric form.

Fig. S9

5βChR enzyme activity with a similar structure compound like cholesterol. The total ion chromatograph demonstrates no reaction observed by 5βChR incubated with either 100 μM cholic acid (CA), hydrocortisone (HC), or lithocholic acid (LCA). EIC shows the coprostanol detection from the reaction of 5βChR incubated with cholesterol (100 μM) and NADP$^+$ (100 μM).

Fig. S10

Enzyme kinetics of WT5βChR. The Michalis-Menton curve is determined from the reaction of cholesterol with 5βChR. The saturation curve predicts the kinetics of cholesterol reduction by recombinant 5βChR enzyme with Km- 19.09 μM and V_{max}- 15.35x10^{-6} μmol sec^{-1} nmol^{-1}.

a 5βChR+ 5X8H **b** 5βChR+ 4NPC **c** 5βChR+ INFR

84 **Fig. S11**

85 Structural comparison of 5βChR with its predicted homologs. According to the DALI server, the closest

86 structural homologs of 5βChR are SDR reductase (PDB ID: 5X8H), Sorbitol dehydrogenase (PDB ID:

87 4NPC), and Putative oxidoreductase RV2002 (PDB ID: 1NFR). These three enzymes are superimposed

88 onto 5βChR with root square mean value (r.m.s) deviation of 1.3, 1.3, and 1.2 Å, respectively.

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Amino acid number 131    136    139      152     156    172   182184  187  189190  194    198
           WT    HG..... N........SV............YN.........KG.........ED.....P.P.......T......M  F......MK......F
        H131A    HG..... N........SV............YN.........KG.........ED.....P.P.......T......M  F......MK......F
        N136A    HG..... N........SV............YN.........KG.........ED.....P.P.......T......M  F......MK......F
        S139A    HG..... N........SV............YN.........KG.........ED.....P.P.......T......M  F......MK......F
        Y152A    HG..... N........SV............YN.........KG.........ED.....P.P.......T......M  F......MK......F
        K156A    HG..... N........SV............YN.........KG.........ED.....P.P.......T......M  F......MK......F
        E172A    HG..... N........SV............YN.........KG.........ED.....P.P.......T......M  F......MK......F
        P182A    HG..... N........SV............YN.........KG.........ED....P.P.......T......M  F......MK......F
        P184A    HG..... N........SV............YN.........KG.........ED.....P.P.......T......M  F......MK......F
        T187A    HG..... N........SV............YN.........KG.........ED....P.P.......T......M  F......MK......F
        M189A    HG..... N........SV............YN.........KG.........ED....P.P.......T......M  F......MK......F
        F190A    HG..... N........SV............YN.........KG.........ED....P.P.......T......M  F......MK......F
        M194A    HG..... N........SV............YN.........KG.........ED....P.P.......T......M  F......MK......F
        F198A    HG..... N........SV............YN.........KG.........ED....P.P.......T......M  F......MK......F
```

90 **Fig. S12**

91 Site-directed mutagenesis of WT5βChR. The highlighted amino acids represent the mutation in

92 conserved residues of WT5βChR. N-terminus residues, H131, N136, S139, Y152, K156 and E172

93 mutated to alanine. C-terminus residues, P182, P184, T187, M189, F190, M194, and F198, are

94 converted to alanine for cholesterol binding analysis.

A- Cholesterol standarda, B-Coprostanol standard, C-5βChR, D-S139A,
E- Y152A, F- T187A, G- M189A, H- F190A, I- H131A, J-N136A, K-156A,
L- E172A, M- P182A,N- P184A, O- M194A, and P- F198A

Fig. S13

Cholesterol transformation profile of WT and mutant 5βChR**. The reaction mixture of 5βChR WT and
mutants with cholesterol (100 µM) and NADP⁺ (100 µM) are analyzed through TLC. S139A, Y152A,
T187A, M189A, and F190A show the spot equivalent to cholesterol. H131A, N136A, 156A, E172A,
P182A, P184A, M194A, and F198A highlighting spots corresponding to coprostanol.

Fig. S14

Circular Dichroism spectra of 5βChR and its mutants. The graph represents the secondary structure
profiles of WT5βChR, S139A, Y152A, T187A, M189A, and F190A.

Fig. S15

Mapping the prevalence of 5βChR within plants by phylogenetic profiling. **(a).** The evolution
analysis of 5βChR homologs in plants (~100) is acquired from UniProt in RAxML using the
PROTCATWAG model with human 5β reductase as an outgroup. 5βChR and plant 5β
reductase evolved from a common ancestor. A pink circle indicates a bootstrap value of more
than 70.

Fig. S16

5βChR sequence similarity network. **(a)** A sequence similarity Network (SSN) is built using 5000 proteins from the UniProt with 60% sequence coverage and >50% sequence identity to 5βChR. 4383 proteins out of 5000 are combined into a single cluster, and the rest of the protein sequences are divided into 32 clusters. **(b)** With a 70% threshold and >60% sequence identity to 5βChR, the 5000 proteins are divided into 138 clusters based on functional similarity and increasing sequence identity.

a

b

Percent

Phylum
- Bacillota
- Bacteroidota
- Candidatus sp
- Fusobacteriota
- Others
- Pseudomonadota
- Thermodesulfobacteriota
- Uncharacterised
- Verrucomicrobiota

A B C D E F G H I J K L M N O
Clusters

c

Percent

Family
- Bacillaceae
- Carnobacteriaceae
- Clostridiaceae
- Desulfitobacteriaceae
- Oscillospiraceae
- Lactobacillaceae
- Others
- Selenomonadaceae
- Peptoniphilaceae
- Uncharacterised
- Unclassified

A F H K L M N O
Clusters

Clusters					
A	–	3	F	–	9	K	–	16
B	–	4	G	–	10	L	–	56
C	–	5	H	–	11	M	–	83
D	–	6	I	–	12	N	–	139
E	–	8	J	–	13	O	–	249

Fig. S17

Network maps illustrating the abundance and distribution of the 5βChR gene family across the different

microbes. **(a)**. Microbial origin 5βChR protein homologs are retrieved from UniProt for sequence

similarity network (SSN) analysis. These networks are visualized by the Enzyme Function Initiative-

Enzyme Similarity Tool (EFI-EST) with threshold values of 10^{-80}. The proteins are divided into 269

clusters based on sequence identity, structural similarities, and functional profile of 5βChR proteins,

highlighting their presence in various microbes. **(b-c)** The graphs depict the taxonomy of microbial

5βChR homologs from the selected clusters, which are prevalent in human microbiome data. The
representative sequences of clusters belong to different bacteria belonging to diverse phyla and
families.

A- Pseudomonadota,
B-Actinomycetota
and C- others

A- Acidobacteriota, B- Actinomycetota, C- Armatimonadota, D-Atribacterota
E- Bacillota, F- Bacteroidota, G- Candidatus spp., H-Chloroflexota, I-
Cyanobacteriota, J- Deinococcota, K- Euryarchaeota, L- Gemmatimonado-
ta, M- Ignavibacteriota, N- Uncharacterised, O- Nitrospinota, P- Planctomy-
cetota, Q- Pseudomonadota, R- Synergistota, and S- Thermoproteota

Fig. S18

Assessing the taxonomy of 5βChR representatives. The phyla-based classification of clusters 1 and 2
of 5βChR homologs with >80% sequence coverage and >70% sequence identity. The bar graphs show
the prevalence of 5βChR protein in various phyla.

Fig. S19

Meta-analysis depicts the abundance of 5βChR homologs in a healthy microbiome. The heat map
illustrates the prevalence of 5βChR homologs in the human metagenomic data of 380 healthy
individuals. Analysis validates the presence of 20 clusters in the participants' metagenome data.

AN- Anterior nares, BM- Buccal cavity, SP- Supragingival plaque, TD- Tongue dorsum, S-Stool, and PF- Posterior fornix

Fig. S20

The distribution of different 5βChR homolog clusters in the 380-microbiome data of healthy human

participants. The box plot displays the various clusters of 5βChR homologs primarily present in stool

samples.

2. Supplementary Tables

Table S1. Primer details used in this study.

Primer name	Sequence 5'-3'
5βChR FP	TTATCATATGATGCAAACAGTTGTTATCACGGGGGCC
5βChR RP	TTTATCTCGAGTTATACCTGCTTCGGTTGGCCCGTCG
5βChR RT FP	CGTGGAACCAGAGGAAGTGG
5βChR RT RP	TGGCCCGTCGAAATCTCAAA
16S rRNA RT FP	AGTCACGGCTAACTACGTGC
16S rRNA RT RP	ACCGCCTGCACTCTCTTTAC
S139RP	TAACATCTCGgcgGTTTCCGGGATGG
S139FP	ACAATGGCGCCGTGTCGT
Y152RP	GATGGTGGCCgcgAACGCCACCAAG
Y152FP	CCGTAGTCACCACCCATC
K156FP	TAACGCCACCgcgGGGGCCATCATC
K156RP	TAGGCCACCATCCCGTAG
H131 FP	AGACCAACGAgcgGGCGCCATTGTTAACATCTCGTCC
H131 RP	AGCATGGTCGGCAGGACC
N136 FP	CGCCATTGTTgcgATCTCGTCCGTTTC
N136 RP	CCGTGTCGTTGGTCTAGC
E172 FP	TGACTACGGTgcgGACCAGATCCG
E172 RP	ATCGCCATCGCCCGGGTC
P182 FP	CAGCGTGGCCgcgGGTCCAACCA
P182 RP	TTGACGCGGATCTGGTCCTCACC
P184 FP	GGCCCCGGGTgcgACCAACACCC
P184 RP	ACGCTGTTGACGCGGATCTGG
T187 FP	TCCAACCAACgcgCCGATGTTCCCGC
T187 RP	CCCGGGGCCACGCTGTTG
M189 FP	CAACACCCCGgcgTTCCCGCAAGACATGAAGG
M189 RP	GTTGGACCCGGGGCCACG
F190 FP	CACCCCGATGgcgCCGCAAGACATGAAGGGG
F190 RP	TTGGTTGGACCCGGGGCC
M194 FP	CCCGCAAGACgcgAAGGGGACCT
M194 RP	AACATCGGGGTGTTGGTT
F198 FP	GAAGGGGACCgcgGCCAAAAACAG
F198 RP	ATGTCTTGCGGGAACATC

Table S2. Lactobacillus strains used for phylogenetic analysis.

Species
Lactobacillus_delbrueckii_subsp._bulgaricus
Lactobacillus_delbrueckii_subsp._delbrueckii
Lactobacillus_delbrueckii_subsp._indicus
Lactobacillus_delbrueckii_subsp._Jakobsenii
Lactobacillus_delbrueckii_subsp._lactis
Lactobacillus_delbrueckii_subsp._sunkii
Lactobacillus_acetotolerans
Lactobacillus_acidophilus
Lactobacillus_amylolyticus
Lactobacillus_amylovorus
Lactobacillus_apis
Lactobacillus_bombicola
Lactobacillus_crispatus
Lactobacillus_equicursoris
Lactobacillus_gallinarum
Lactobacillus_gasseri
Lactobacillus_gigeriorum
Lactobacillus_jensenii
Lactobacillus_johnsonii
Lactobacillus_hamsteri
Lactobacillus_helsingborgensis
Lactobacillus_helveticus
Lactobacillus_hominis
Lactobacillus_iners
Lactobacillus_intestinalis
Lactobacillus_kalixensis
Lactobacillus_kefiranofaciens_subsp._kefiranofaciens
Lactobacillus_kefiranofaciens_subsp._kefirgranum
Lactobacillus_kimbladii
Lactobacillus_kitasatonis
Lactobacillus_kullabergensis
Lactobacillus_melliventris
Lactobacillus_mulieris
Lactobacillus_panisapium
Lactobacillus_paragasseri
Lactobacillus_pasteurii
Lactobacillus_psittaci
Lactobacillus_rodentium

Lactobacillus_taiwanensis
Lactobacillus_ultunensis
Lactobacillus_xujianguonis
Amylolactobacillus_amylophilus
Holzapfelia_floricola
Bombilactobacillus_mellifer
Bombilactobacillus_bombi
Bombilactobacillus_mellis
Companilactobacillus_alimentarius
Companilactobacillus_allii
Companilactobacillus_baiquanensis
Companilactobacillus_bobalius
Companilactobacillus_crustorum
Companilactobacillus_farciminis
Companilactobacillus_formosensis
Companilactobacillus_furfuricola
Companilactobacillus_futsaii
Companilactobacillus_ginsenosidimutans
Companilactobacillus_halodurans
Companilactobacillus_heilongjiangensis
Companilactobacillus_huachuanensis
Companilactobacillus_hulinensis
Companilactobacillus_insicii
Companilactobacillus_jidongensis
Companilactobacillus_kedongensis
Companilactobacillus_keshanensis
Companilactobacillus_kimchiensis
Companilactobacillus_kimchii
Companilactobacillus_metriopterae
Companilactobacillus_mindensis
Companilactobacillus_mishanensis
Companilactobacillus_musae
Companilactobacillus_nantensis
Companilactobacillus_nodensis
Companilactobacillus_nuruki
Companilactobacillus_paralimentarius
Companilactobacillus_suantsaicola
Companilactobacillus_tucceti
Companilactobacillus_versmoldensis

Companilactobacillus_zhachilii
Companilactobacillus_zhongbaensis
Lapidilactobacillus_concavus
Lapidilactobacillus_bayanensis
Lapidilactobacillus_dextrinicus
Agrilactobacillus_composti
Agrilactobacillus_yilanensis
Schleiferilactobacillus_perolens
Schleiferilactobacillus_harbinensis
Schleiferilactobacillus_shenzhenensis
Lacticaseibacillus_casei
Lacticaseibacillus_baoqingensis
Lacticaseibacillus_brantae
Lacticaseibacillus_camelliae
Lacticaseibacillus_chiayiensis
Lacticaseibacillus_hulanensis
Lacticaseibacillus_jixianensis
Lacticaseibacillus_manihotivorans
Lacticaseibacillus_nasuensis
Lacticaseibacillus_pantheris
Lacticaseibacillus_paracasei_subsp._paracasei
Lacticaseibacillus_paracasei_subsp._tolerans
Lacticaseibacillus_porcinae
Lacticaseibacillus_rhamnosus
Lacticaseibacillus_saniviri
Lacticaseibacillus_sharpeae
Lacticaseibacillus_songhuajiangensis
Lacticaseibacillus_thailandensis
Paralactobacillus_selangorensis
Latilactobacillus_sakei_subsp._carnosus
Latilactobacillus_sakei_subsp._sakei
Latilactobacillus_curvatus
Latilactobacillus_fuchuensis
Latilactobacillus_graminis
Loigolactobacillus_coryniformis_subsp._coryniformis
Loigolactobacillus_coryniformis_subsp._torquens
Loigolactobacillus_backii
Loigolactobacillus_bifermentans
Loigolactobacillus_iwatensis

Loigolactobacillus_jiayinensis
Loigolactobacillus_rennini
Loigolactobacillus_zhaoyuanensis
Dellaglioa_algida
Liquorilactobacillus_mali
Liquorilactobacillus_aquaticus
Liquorilactobacillus_cacaonum
Liquorilactobacillus_capillatus
Liquorilactobacillus_ghanensis
Liquorilactobacillus_hordei
Liquorilactobacillus_nagelii
Liquorilactobacillus_satsumensis
Liquorilactobacillus_oeni
Liquorilactobacillus_sucicola
Liquorilactobacillus_uvarum
Liquorilactobacillus_vini
Ligilactobacillus_salivarius
Ligilactobacillus_acidipiscis
Ligilactobacillus_agilis
Ligilactobacillus_animalis
Ligilactobacillus_apodemi
Ligilactobacillus_araffinosus
Ligilactobacillus_aviarius
Ligilactobacillus_ceti
Ligilactobacillus_equi
Ligilactobacillus_hayakitensis
Ligilactobacillus_murinus
Ligilactobacillus_pobuzihii
Ligilactobacillus_ruminis
Ligilactobacillus_saerimneri
Lactiplantibacillus_plantarum_subsp._plantarum
Lactiplantibacillus_plantarum_subsp._argentoratensis
Lactiplantibacillus_daoliensis
Lactiplantibacillus_daowaiensis
Lactiplantibacillus_dongliensis
Lactiplantibacillus_fabifermentans
Lactiplantibacillus_herbarum
Lactiplantibacillus_modestisalitolerans
Lactiplantibacillus_mudanjiangensis

Lactiplantibacillus_nangangensis
Lactiplantibacillus_paraplantarum
Lactiplantibacillus_pentosus
Lactiplantibacillus_pingfangensis
Lactiplantibacillus_plajomi
Lactiplantibacillus_songbeiensis
Lactiplantibacillus_xiangfangensis
Furfurilactobacillus_rossiae
Furfurilactobacillus_siliginis
Paucilactobacillus_vaccinostercus
Paucilactobacillus_hokkaidonensis
Paucilactobacillus_kaifaensis
Paucilactobacillus_nenjiangensis
Paucilactobacillus_oligofermentans
Paucilactobacillus_suebicus
Paucilactobacillus_wasatchensis
Limosilactobacillus_fermentum
Limosilactobacillus_antri
Limosilactobacillus_coleohominis
Limosilactobacillus_equigenerosi
Limosilactobacillus_frumenti
Limosilactobacillus_gastricus
Limosilactobacillus_gorillae
Limosilactobacillus_ingluviei
Limosilactobacillus_mucosae
Limosilactobacillus_oris
Limosilactobacillus_panis
Limosilactobacillus_pontis
Limosilactobacillus_reuteri
Limosilactobacillus_secaliphilus
Limosilactobacillus_vaginalis
Secundilactobacillus_malefermentans
Secundilactobacillus_collinoides
Secundilactobacillus_kimchicus
Secundilactobacillus_mixtipabuli
Secundilactobacillus_odoratitofui
Secundilactobacillus_oryzae
Secundilactobacillus_paracollinoides
Secundilactobacillus_pentosiphilus

Secundilactobacillus_silagei
Secundilactobacillus_silagincola
Secundilactobacillus_similis
Levilactobacillus_brevis
Levilactobacillus_acidifarinae
Levilactobacillus_bambusae
Levilactobacillus_cerevisiae
Levilactobacillus_fujinensis
Levilactobacillus_fuyuanensis
Levilactobacillus_hammesii
Levilactobacillus_huananensis
Levilactobacillus_koreensis
Levilactobacillus_lindianensis
Levilactobacillus_mulengensis
Levilactobacillus_namurensis
Levilactobacillus_parabrevis
Levilactobacillus_paucivorans
Levilactobacillus_senmaizukei
Levilactobacillus_spicheri
Levilactobacillus_suantsaii
Levilactobacillus_suantsaiihabitans
Levilactobacillus_tangyuanensis
Levilactobacillus_tongjiangensis
Levilactobacillus_yonginensis
Levilactobacillus_zymae
Fructilactobacillus_fructivorans
Fructilactobacillus_florum
Fructilactobacillus_lindneri
Fructilactobacillus_sanfranciscensis
Acetilactobacillus_jinshanensis
Apilactobacillus_kunkeei
Apilactobacillus_apinorum
Apilactobacillus_micheneri
Apilactobacillus_ozensis
Apilactobacillus_quenuiae
Apilactobacillus_timberlakei
Lentilactobacillus_buchneri
Lentilactobacillus_curieae
Lentilactobacillus_diolivorans

Lentilactobacillus_farraginis
Lentilactobacillus_hilgardii
Lentilactobacillus_kefiri
Lentilactobacillus_kisonensis
Lentilactobacillus_otakiensis
Lentilactobacillus_parabuchneri
Lentilactobacillus_parafarraginis
Lentilactobacillus_parakefiri
Lentilactobacillus_raoultii
Lentilactobacillus_rapi
Lentilactobacillus_senioris
Lentilactobacillus_sunkii
Lapidilactobacillus_achengensis
Lapidilactobacillus_gannanensis
Lapidilactobacillus_mulanensis
Lapidilactobacillus_wuchangensis
Lacticaseibacillus_daqingensis
Lacticaseibacillus_hegangensis
Lacticaseibacillus_suibinensis
Lacticaseibacillus_yichunensis
Loigolactobacillus_binensis
Lactiplantibacillus_garii
Levilactobacillus_angrenensis

152 **Table S3. List of 5βChR plants homologs**

Name & Uniprot ID
Digitalis_lanata_Q6PQJ
Sesamum_indicum_A0A6I9TR48_SESIN (Sesamum_indicum d)
Erythranthe_guttata_A0A022RBG3_ERYGU
Handroanthus_impetiginosus_A0A2G9HCN6_9LAMI (Handroanthus_impetiginosus c)
Sesamum_indicum_A0A6I9UEB3_SESIN
Handroanthus_impetiginosus_A0A2G9HDB4_9LAMI (Handroanthus_impetiginosus b)
Handroanthus_impetiginosus_A0A2G9FZQ9_9LAMI (Handroanthus_impetiginosus d)
Handroanthus_impetiginosus_A0A2G9G080_9LAMI (Handroanthus_impetiginosus a)
Phtheirospermum_japonicum_A0A830BWA5_9LAMI (Phtheirospermum_japonicum a)
Striga_asiatica_A0A5A7PVK4_STRAF
Olea_europaea_subspe_uropaea_A0A8S0T3M5_OLEEU (Olea_europaea f)
Handroanthus_impetiginosus_A0A2G9HCM6_9LAMI (Handroanthus_impetiginosus e)

Olea_europaea_subsp_europaea_A0A8S0UNL0_OLEEU (Olea_europaea d)
Olea_europaea_subsp_europaea_A0A8S0TDW3_OLEEU (Olea_europaea c)
Olea_europaea_subsp_europaea_A0A8S0T0U6_OLEEU (Olea_europaea e)
Dorcoceras_hygrometricum_A0A2Z7BQP4_9LAMI (Dorcoceras_hygrometricum b)
Nepeta_racemosa_ISY1_NEPRA
Sesamum_indicum_A0A6I9TWM7_SESIN (Sesamum_indicum b)
Genlisea_aurea_S8DQY0_9LAMI
Sesamum_indicum_A0A8M8V613_SESINO (Sesamum_indicum a)
Coffea_arabica_A0A6P6WBJ5_COFAR (Coffea_arabica a)
Coffea_canephora_A0A068TPH4_COFCA (Coffea_arabica b)
Coffea_arabica_A0A6P6VU68_COFAR
Phtheirospermum_japonicum_A0A830BZG9_9LAMI (Phtheirospermum_japonicum b)
Salvia_splendens_A0A8X8Y7X1_SALSN (Salvia_splendens a)
Salvia_splendens_A0A8X8Y1P7_SALSN (Salvia_splendens b)
Nicotiana_attenuata_A0A1J6KD04_NICAT
Nicotiana_tabacum_C0SUC5_TOBAC (Nicotiana_tabacum c)
Solanum_lycopersicum_A0A3Q7IFK3_SOLLCOX
Nicotiana_sylvestris_A0A1U7W281_NICSY (Nicotiana_sylvestris b)
Nicotiana_tabacum_A0A1S4C7K6_TOBAC (Nicotiana_tabacum d)
Salvia_splendens_A0A8X8XA34_SALSN (Salvia_splendens c)
Olea_europaea_subsp_europaea_A0A8S0S199_OLEEU (Olea_europaea a)
Solanum_tuberosum_M1A3I7_SOLTU
Erythranthe_guttata_A0A022RB89_ERYGU
Salvia_splendens_A0A8X8X5Q9_SALSN (Salvia_splendens d)
Solanum_commersonii_A0A9J5WZQ5_SOLCO
Dorcoceras_hygrometricum_A0A2Z7AKE5_9LAMI (Dorcoceras_hygrometricum a)
Capsicum_baccatum_A0A2G2W4K4_CAPBA
Cuscuta_campestris_A0A484KG59_9ASTE
Camellia_sinensis_A0A7J7HHB0_CAMSI
Olea_europaea_subsp_europaea_A0A8S0SEQ7_OLEEU
Cuscuta_australis_ A0A328D8P5_9ASTE
Capsicum_baccatum_A0A2G2XN52_CAPBA
Actinidia_chinensis_var_chinensis_A0A2R6Q5W0_ACTCC (Actinidia_chinensis a)
Juglans_regia_A0A2I4FQH4_JUGRE (Juglans_regia a)
Juglans_regia_A0A2I4FWX2_JUGRE (Juglans_regia c)
Daucus_carota_subsp_sativus_A0A166GIS8_DAUCS
Lactuca_sativa_A0A166GIS8_DAUCS
Actinidia_chinensis_var_chinensis_A0A2R6RGX9_ACTCC (Actinidia_chinensis b)
Carya_illinoinensis_A0A8T1N750_CARIL

Nelumbo_nucifera_A0A1U8 (Nelumbo_nucifera b)
Carpinus_fangiana_A0A5N6RKZ6_9ROSI
Prunus_yedoensis_var_nudiflora_A0A314XHP9_PRUYE
Prunus_dulcis_A0A5E4E997_PRUDU
Cynara_cardunculus_var_scolymus_A0A103XM59_CYNCS
Sesamum_indicum_A0A6I9U2W0_SESIN (Sesamum_indicum c)
Morus_notabilis_W9SGC8_9ROSA
Nelumbo_nucifera_A0A1U8B751_NELNU (Nelumbo_nucifera a)
Prunus_avium_ A0A6P5RCG0_PRUAV
Prunus_persica_A0A251RBQ8_PRUPE
Kingdonia_uniflora_A0A7J7LY63_9MAGN
Durio_zibethinus_A0A6P6B6U9_DURZI (Durio_zibethinus a)
Pyrus_ussuriensis_Pyrus_communis_A0A5N5GW02_9ROSA (Pyrus_ussuriensis a)
Helianthus_annuus_ A0A251TMZ3_HELAN
Abrus_precatorius_A0A8B8LJU1_ABRPR (Abrus_precatorius b)
Pyrus_ussuriensis_Pyrus_communis (Pyrus_ussuriensis b)
Durio_zibethinus_A0A6P5WM40_DURZI (Durio_zibethinus b)
Actinidia_rufa_A0A7J0GN97_9ERIC
Nicotiana_tabacum_A0A1S4B9B5_TOBAC (Nicotiana_tabacum a)
Abrus_precatorius_A0A8B8LHB1_ABRPR (Abrus_precatorius a)
Vigna_radiata_var_radiata_A0A1S3TXR7_VIGRR
Mikania_micrantha_A0A5N6LLS5_9ASTR
Phaseolus_vulgaris_V7AWY5_PHAVU
Theobroma_cacao_A0A061FFF0_THECC
Ziziphus_jujuba_A0A6P3ZUB5_ZIZJJ
Nicotiana_sylvestris_A0A1U7WAQ4_NICSY (Nicotiana_sylvestris a)
Nicotiana_tabacum_A0A1S3XWC9_TOBAC (Nicotiana_tabacum b)
Castanea_mollissima_A0A8J4RLX8_9ROSI
Capsicum_annuum_A0A2G3AN45_CAPAN
Manihot_esculenta_A0A2C9VXF4_MANES
Vitis_vinifera_F6H675_VITVI
Hibiscus_syriacus_A0A6A2WIU1_HIBSY (Hibiscus_syriacus b)
Morella_rubra_A0A6A1W9A5_9ROSI
Pyrus_ussuriensis_Pyrus_communis_A0A5N5I733_9ROSA
Tripterygium_wilfordii_A0A7J7CZC2_TRIWF
Juglans_regia_A0A2I4HD46_JUGRE (Juglans_regia c)
Prunus_avium_A0A6P5RRI7_PRUAV
Cucurbita_maxima_A0A6J1J0N7_CUCMA
Populus_alba_A0A4U5N810_POPAL

Castanea_mollissima_A0A8J4RN14_9ROSI
Phaseolus_angularis_A0A0L9UHR8_PHAAN
Prunus_avium_A0A6P5RFJ5_PRUAV
Salix_brachista_A0A5N5K873_9ROSI
Momordica_charantia_A0A6J1DZW3_MOMCH
Citrus_clementina_V4T9V0_CITCL
Hibiscus_syriacus_A0A6A2WII9_HIBSY (Hibiscus_syriacus a)
Prunus_armeniaca_A0A6J5W5F7_PRUAR
Medicago_truncatula_G8A2B2_MEDTR

154 **Table S4. NCBI accession number of metagenome samples.**

Metagenome ID	Body Site
SRS011061	stool
SRS011090	buccal mucosa
SRS011098	supragingival plaque
SRS011126	supragingival plaque
SRS011132	anterior nares
SRS011134	stool
SRS011140	tongue dorsum
SRS011144	buccal mucosa
SRS011152	supragingival plaque
SRS011239	stool
SRS011243	tongue dorsum
SRS011247	buccal mucosa
SRS011255	supragingival plaque
SRS011263	anterior nares
SRS011269	posterior fornix
SRS011271	stool
SRS011302	stool
SRS011306	tongue dorsum
SRS011310	buccal mucosa
SRS011343	supragingival plaque
SRS011355	posterior fornix
SRS011397	anterior nares
SRS011405	stool
SRS011452	stool
SRS011529	stool
SRS011584	posterior fornix

SRS011586	stool
SRS012273	stool
SRS012279	tongue dorsum
SRS012281	buccal mucosa
SRS012285	supragingival plaque
SRS012291	anterior nares
SRS012294	posterior fornix
SRS012663	anterior nares
SRS012902	stool
SRS013155	anterior nares
SRS013158	stool
SRS013164	tongue dorsum
SRS013170	supragingival plaque
SRS013215	stool
SRS013234	tongue dorsum
SRS013239	buccal mucosa
SRS013252	supragingival plaque
SRS013269	anterior nares
SRS013476	stool
SRS013502	tongue dorsum
SRS013506	buccal mucosa
SRS013521	stool
SRS013533	supragingival plaque
SRS013542	posterior fornix
SRS013637	anterior nares
SRS013687	stool
SRS013705	tongue dorsum
SRS013711	buccal mucosa
SRS013723	supragingival plaque
SRS013800	stool
SRS013818	tongue dorsum
SRS013825	buccal mucosa
SRS013836	supragingival plaque
SRS013876	anterior nares
SRS013879	tongue dorsum
SRS013881	buccal mucosa
SRS013945	buccal mucosa
SRS013949	supragingival plaque
SRS013951	stool

SRS013956	anterior nares
SRS014124	tongue dorsum
SRS014126	buccal mucosa
SRS014235	stool
SRS014271	tongue dorsum
SRS014287	stool
SRS014313	stool
SRS014459	stool
SRS014464	anterior nares
SRS014470	tongue dorsum
SRS014472	buccal mucosa
SRS014476	supragingival plaque
SRS014494	posterior fornix
SRS014573	tongue dorsum
SRS014575	buccal mucosa
SRS014578	supragingival plaque
SRS014613	stool
SRS014629	posterior fornix
SRS014682	anterior nares
SRS014683	stool
SRS014684	tongue dorsum
SRS014686	buccal mucosa
SRS014690	supragingival plaque
SRS014888	tongue dorsum
SRS014890	buccal mucosa
SRS014894	supragingival plaque
SRS014901	anterior nares
SRS014923	stool
SRS014979	stool
SRS015038	tongue dorsum
SRS015040	buccal mucosa
SRS015044	supragingival plaque
SRS015051	anterior nares
SRS015054	posterior fornix
SRS015133	stool
SRS015154	buccal mucosa
SRS015158	supragingival plaque
SRS015168	posterior fornix
SRS015190	stool

SRS015209	tongue dorsum
SRS015215	supragingival plaque
SRS015217	stool
SRS015225	posterior fornix
SRS015264	stool
SRS015269	anterior nares
SRS015272	tongue dorsum
SRS015274	buccal mucosa
SRS015278	supragingival plaque
SRS015369	stool
SRS015374	buccal mucosa
SRS015378	supragingival plaque
SRS015395	tongue dorsum
SRS015425	posterior fornix
SRS015430	anterior nares
SRS015434	tongue dorsum
SRS015436	buccal mucosa
SRS015440	supragingival plaque
SRS015450	anterior nares
SRS015470	supragingival plaque
SRS015537	tongue dorsum
SRS015574	supragingival plaque
SRS015578	stool
SRS015640	anterior nares
SRS015644	tongue dorsum
SRS015646	buccal mucosa
SRS015650	supragingival plaque
SRS015663	stool
SRS015745	buccal mucosa
SRS015752	anterior nares
SRS015755	supragingival plaque
SRS015762	tongue dorsum
SRS015782	stool
SRS015893	tongue dorsum
SRS015895	buccal mucosa
SRS015899	supragingival plaque
SRS015921	buccal mucosa
SRS015937	anterior nares
SRS015941	tongue dorsum

SRS015947	supragingival plaque
SRS015960	stool
SRS015989	supragingival plaque
SRS015996	anterior nares
SRS016002	tongue dorsum
SRS016018	stool
SRS016033	anterior nares
SRS016037	tongue dorsum
SRS016039	buccal mucosa
SRS016043	supragingival plaque
SRS016056	stool
SRS016086	tongue dorsum
SRS016088	buccal mucosa
SRS016092	supragingival plaque
SRS016095	stool
SRS016111	posterior fornix
SRS016188	anterior nares
SRS016191	posterior fornix
SRS016196	buccal mucosa
SRS016200	supragingival plaque
SRS016203	stool
SRS016225	tongue dorsum
SRS016267	stool
SRS016292	anterior nares
SRS016297	buccal mucosa
SRS016319	tongue dorsum
SRS016331	supragingival plaque
SRS016335	stool
SRS016342	tongue dorsum
SRS016349	buccal mucosa
SRS016360	supragingival plaque
SRS016434	anterior nares
SRS016495	stool
SRS016501	tongue dorsum
SRS016503	buccal mucosa
SRS016513	anterior nares
SRS016516	posterior fornix
SRS016529	tongue dorsum
SRS016533	buccal mucosa

SRS016553	anterior nares
SRS016559	posterior fornix
SRS016569	tongue dorsum
SRS016575	supragingival plaque
SRS016581	anterior nares
SRS016585	stool
SRS016600	buccal mucosa
SRS016746	supragingival plaque
SRS016752	anterior nares
SRS016753	stool
SRS016954	stool
SRS016989	stool
SRS017013	buccal mucosa
SRS017025	supragingival plaque
SRS017044	anterior nares
SRS017080	buccal mucosa
SRS017103	stool
SRS017120	tongue dorsum
SRS017127	buccal mucosa
SRS017139	supragingival plaque
SRS017156	anterior nares
SRS017191	stool
SRS017209	tongue dorsum
SRS017215	buccal mucosa
SRS017227	supragingival plaque
SRS017244	anterior nares
SRS017247	stool
SRS017304	supragingival plaque
SRS017307	stool
SRS017433	stool
SRS017439	tongue dorsum
SRS017441	buccal mucosa
SRS017445	supragingival plaque
SRS017451	anterior nares
SRS017497	posterior fornix
SRS017511	supragingival plaque
SRS017520	posterior fornix
SRS017521	stool
SRS017533	tongue dorsum

SRS017537	buccal mucosa
SRS017687	buccal mucosa
SRS017691	supragingival plaque
SRS017697	anterior nares
SRS017700	posterior fornix
SRS017701	stool
SRS017713	tongue dorsum
SRS017808	tongue dorsum
SRS017810	buccal mucosa
SRS017814	supragingival plaque
SRS017820	anterior nares
SRS017821	stool
SRS018133	stool
SRS018145	tongue dorsum
SRS018149	buccal mucosa
SRS018157	supragingival plaque
SRS018300	tongue dorsum
SRS018312	anterior nares
SRS018329	buccal mucosa
SRS018337	supragingival plaque
SRS018351	stool
SRS018357	tongue dorsum
SRS018359	buccal mucosa
SRS018369	anterior nares
SRS018394	supragingival plaque
SRS018427	stool
SRS018439	tongue dorsum
SRS018463	anterior nares
SRS018573	supragingival plaque
SRS018575	stool
SRS018585	anterior nares
SRS018591	tongue dorsum
SRS018656	stool
SRS018661	buccal mucosa
SRS018665	supragingival plaque
SRS018671	anterior nares
SRS018739	tongue dorsum
SRS018769	posterior fornix
SRS018778	supragingival plaque

SRS018784	anterior nares
SRS018791	tongue dorsum
SRS018817	stool
SRS019215	anterior nares
SRS019219	tongue dorsum
SRS019221	buccal mucosa
SRS019225	supragingival plaque
SRS019267	stool
SRS019327	tongue dorsum
SRS019329	buccal mucosa
SRS019333	supragingival plaque
SRS019339	anterior nares
SRS019379	posterior fornix
SRS019386	anterior nares
SRS019387	supragingival plaque
SRS019389	tongue dorsum
SRS019391	buccal mucosa
SRS019397	stool
SRS019587	buccal mucosa
SRS019591	supragingival plaque
SRS019597	anterior nares
SRS019600	posterior fornix
SRS019601	stool
SRS019607	tongue dorsum
SRS019968	stool
SRS019974	tongue dorsum
SRS019976	buccal mucosa
SRS019980	supragingival plaque
SRS019986	anterior nares
SRS019989	posterior fornix
SRS020220	tongue dorsum
SRS020226	supragingival plaque
SRS020232	anterior nares
SRS020233	stool
SRS020328	stool
SRS020334	tongue dorsum
SRS020336	buccal mucosa
SRS020340	supragingival plaque
SRS020349	posterior fornix

SRS020386	anterior nares
SRS020856	tongue dorsum
SRS020858	buccal mucosa
SRS020862	supragingival plaque
SRS020868	anterior nares
SRS020869	stool
SRS022137	stool
SRS022143	tongue dorsum
SRS022145	buccal mucosa
SRS022149	supragingival plaque
SRS022158	posterior fornix
SRS022530	tongue dorsum
SRS022532	buccal mucosa
SRS022536	supragingival plaque
SRS022719	tongue dorsum
SRS022721	buccal mucosa
SRS022725	supragingival plaque
SRS022734	posterior fornix
SRS023346	stool
SRS023352	tongue dorsum
SRS023354	buccal mucosa
SRS023358	supragingival plaque
SRS042428	posterior fornix
SRS042457	buccal mucosa
SRS042643	tongue dorsum
SRS043001	stool
SRS043646	buccal mucosa
SRS043663	tongue dorsum
SRS043755	supragingival plaque
SRS044373	tongue dorsum
SRS045004	stool
SRS045049	buccal mucosa
SRS045254	buccal mucosa
SRS045262	buccal mucosa
SRS045313	supragingival plaque
SRS045713	stool
SRS046344	anterior nares
SRS047824	tongue dorsum
SRS048164	stool

SRS048719	buccal mucosa
SRS049389	tongue dorsum
SRS049712	stool
SRS049900	stool
SRS049959	stool
SRS050007	buccal mucosa
SRS050025	anterior nares
SRS050029	buccal mucosa
SRS050184	posterior fornix
SRS050244	tongue dorsum
SRS050628	buccal mucosa
SRS050752	stool
SRS051244	supragingival plaque
SRS051505	posterior fornix
SRS051613	anterior nares
SRS051941	supragingival plaque
SRS052227	tongue dorsum
SRS052330	posterior fornix
SRS052590	anterior nares
SRS052604	supragingival plaque
SRS052697	stool
SRS052876	supragingival plaque
SRS053335	stool
SRS053398	stool
SRS053437	anterior nares
SRS053854	tongue dorsum
SRS054061	anterior nares
SRS054590	stool
SRS054653	supragingival plaque
SRS054687	tongue dorsum
SRS054956	stool
SRS055118	buccal mucosa
SRS055401	supragingival plaque
SRS055426	tongue dorsum
SRS056323	tongue dorsum
SRS056695	posterior fornix
SRS057539	tongue dorsum
SRS057791	tongue dorsum
SRS057807	posterior fornix

SRS058053	supragingival plaque
SRS058213	anterior nares
SRS058808	supragingival plaque