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Synchronicity transitions determine coupling fluctuations in a model of coupled oscillators with plasticity

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Abstract

Sleep and rest are crucial to knowledge abstraction and creativity. During these periods,
synapses undergo plastic modification, while neuronal activities are collectively synchronized,
accompanied by large shifts in the excitation-inhibition (EI) balance. These phenomena differ
from the learning processes that occur during task engagement. However, the detailed
mechanism by which synchronized neuronal activity reshapes neural circuits through
plasticity remains unclear. The Kuramoto model is used to study the collective
synchronization of oscillators, including neurons. We previously proposed the EI-Kuramoto
model, in which an EI balance was implemented in the Kuramoto model. The model alters its
synchronicity based on the EI balance of the interaction strength. In this study, we further
developed the EI-Kuramoto model by implementing Hebbian and homeostatic plasticity,
leading to a plastic EI-Kuramoto model. Models with robust inhibition consistently showed
desynchronization and stable coupling. Contrastingly, weaker inhibition produced a bistable
synchronization state, in which couplings with intermediate strengths fluctuated, while strong
couplings remained stable. Our findings suggest that the dynamic interplay between network
activity and plasticity explains why stronger synapses in the brain exhibit greater stability than
their weaker counterparts. Moreover, this mechanism facilitated network reorganization during
sleep and rest.

Significance Statement

The reorganization of neuronal circuits during sleep and rest is essential for knowledge
abstraction and creativity. These states involve synaptic plasticity and collective neuronal
synchronization, accompanied by significant shifts in the excitation-inhibition (EI) balance.
However, the precise mechanism through which synchronized activity reshapes neural
circuits via plasticity remains unclear. We developed a novel computational model, the plastic
EI-Kuramoto model, which incorporates both coupling plasticity and EI balance. Our model
demonstrates that robust inhibition leads to desynchronization and stable coupling. In
contrast, weaker inhibition induces bistable synchronization, in which the intermediate-
strength couplings fluctuate, whereas strong couplings remain stable. These findings provide
a fundamental mechanism for network reorganization during sleep and rest.
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Main Text

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Introduction
35 Empirical evidence suggests that brain activity during sleep and rest promotes memory
36 consolidation, abstraction of knowledge, and the creation of new ideas (1, 2) through the
37 reorganization of neural circuits (3, 4). This reorganization should differ from the learning
38 process during task performance. Indeed, synaptic plasticity during sleep and rest improves
39 task performance (5, 6).
40
Neuronal synchronization occurs in two distinct states. Collective neuronal firing is
desynchronized during active wakefulness, including task engagement, movement, and
attentional states, as well as during rapid eye movement (REM) sleep. These conditions are
referred to as brain-activated states (7, 8) throughout this paper. In contrast, neuronal firing
synchronizes during non-REM (NREM) sleep and quiet wakefulness, collectively termed
brain-deactivated states (7, 8). The transition between these states is associated with shifts in
the excitation-inhibition (EI) balance. Firing rates of inhibitory neurons and synaptic
conductance of inhibitory synapses are significantly elevated during brain-activated states,
while those of excitatory synapses show comparatively smaller changes (9–12). These
observations suggest that, during brain-deactivated states, EI-balance-dependent changes in
collective neuronal synchronization, together with synaptic plasticity, can influence network

reorganization. However, the detailed mechanisms by which neuronal synchronization in the
brain-deactivated state reshapes the neural network structure remain unclear.
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The collective synchronization of oscillators, including neurons, has been studied using a
model of coupled oscillators. Among these, the Kuramoto model is considered to be the
simplest framework (13, 14), and numerous variants have been proposed. One variant, the
EI-Kuramoto model, incorporates the EI balance by dividing oscillators into excitatory and
inhibitory groups and assigning four interaction types between them (15, 16). We have
previously shown that tuning these four strengths toggles the network between synchronized,
desynchronized, and bistable states, potentially reflecting a neuronal synchronization
mechanism (16). That study, however, kept all coupling weight—defined in this paper as pair-
specific interaction strengths—fixed and identical, and therefore did not address how the EI
balance and its associated dynamical states influence plastic changes in the coupling
weights.
66
In this study, we focused on Hebbian and homeostatic plasticity. Hebbian plasticity, based on
the principle "fire together, wire together," strengthens synapses between neurons that fire in
close temporal proximity (17). In contrast, homeostatic plasticity regulates neuronal
excitability and synaptic strength to maintain network stability, thereby preventing excessive
excitation or quiescence (18). The interplay between these plasticity mechanisms enables the
emergence of diverse neuronal functions and firing patterns (19–22). Previous studies have
incorporated plasticity into Kuramoto models, enabling coupling weights to adapt based on
the oscillator activity to examine their impact on system synchronization (23–33). However,
these studies focused on promoting synchronization under a single dynamic state. The effects
of different collective dynamics, induced by shifts in the EI balance, on plastic changes in the
network remain unexplored.
78
To address these gaps, we developed the EI-Kuramoto model by implementing Hebbian and
homeostatic plasticity into the coupling weights between excitatory oscillator unit pairs
(referred to as plastic EI [pEI]-Kuramoto model). We observed that the network maintained
robustness and minimal fluctuations in coupling strength when inhibition was strong,
corresponding to the desynchronized state. Conversely, with weaker inhibition, corresponding
to the bistable state, couplings with moderate weights tended to fluctuate, whereas couplings
with strong weights remained stable. These findings on the network dynamics of the pEI-
Kuramoto model may provide important insights into the mechanisms of neural networks in a
brain-deactivated state.
88
Results
Establishment of the pEI-Kuramoto model. The pEI-Kuramoto model comprised two
oscillator groups: excitatory units, referred to as excUnits, and inhibitory units, referred to as
inhUnits. These specific terms clarify that the units represented excitatory and inhibitory factors
in this model, not actual neurons or synapses. Four interaction strengths were assigned
between the groups, with only excitatory-excitatory couplings (J_{ee}) being distributed and plastic.
The other interaction strengths, K_{ii} (repulsive strength between inhUnits), K_{ei} (attractive strength
from excUnits to inhUnits), and K_{ie} (repulsive strength from inhUnits to excUnits), were constant
across time and cell pairs (Fig. 1A; see Materials and Methods). The interactions are modeled
as zero-phase lag sine functions. The interactions from excUnits are purely attractive, while
those from inhUnits are purely repulsive. Accordingly, the terms "excitatory" and "inhibitory" are
used synonymously with "attractive" and "repulsive," respectively.
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First, we investigated how the distribution of pair-specific excitatory-excitatory coupling weights
J_{ee} affected the dynamics of the pEI-Kuramoto model in the absence of plasticity (Fig. 1B and
C). In our previous study, we demonstrated that the Kuramoto model with EI balance (EI-
Kuramoto model) exhibits three distinct dynamic states: synchronized, bistable, and
desynchronized, depending on the balance between the constant values of the interaction
strengths (16). In this study, J_{ee} followed a Gaussian distribution with a mean of μ_{Jee} and a
standard deviation of σ_{Jee}, where σ_{Jee} was set to 0, 1/10, and 1/2 of μ_{Jee} (Fig. 1B). The collective
synchronization was quantified using the order parameter R, which represents the magnitude

of the average vector between the oscillator units. In this simulation, regardless of the standard
deviation value, all systems with a distributed J_{ee} also exhibited synchronized (high R), bistable
(alternating high and low R), and desynchronized (low R) dynamics, as observed with constant
(σ_{Jee} = 0) values (Fig. 1C).

Next, we incorporated plasticity into J_{ee} by applying Hebbian potentiation and homeostatic
regularization plasticity rules (see Materials and Methods). Among the various methods
available for implementing Hebbian plasticity in the Kuramoto model, we initially selected the
simplest method: the cosine function (SI Appendix, Fig. S1A; see Materials and Methods) (23–
25, 28, 32, 33). In this process, when a pair of excUnits exhibits closer phases, their J_{ee} coupling
weight is potentiated. Simultaneously, the J_{ee} distribution was rescaled to maintain the initial
mean and standard deviation, thereby preventing over potentiation through homeostatic
regularization plasticity (see Materials and Methods). The system dynamics were evaluated
using the parameter set (μ_{Jee} = 1, σ_{Jee} = 0.1, K_{ei} = 3, K_{ie} = 3, K_{ii} = 3), at which the system
exhibited a desynchronized state in the absence of J_{ee} plasticity. Under the cosine rule, unit
pairs with smaller phase differences acquire a larger J_{ee} weight. This rule causes the J_{ee}
distribution, which was initially Gaussian, to become bimodal (SI Appendix, Fig. S1B). Plasticity
also influences the distribution of oscillator units, making the distributions of both phase and
phase difference become bimodal (SI Appendix, Fig. S1C), consistent with previous studies
that incorporated the Hebbian rule into the Kuramoto model (23, 28). This bimodal distribution
of the coupling weight deviates from the long-tailed skewed distributions typically observed in
biological synaptic weights (12, 34, 35).

To address this discrepancy, we introduced an exponential-based Hebbian plasticity rule to
adjust the decay rate (Sparseness γ) of the gain for the phase difference (Fig. 1D). We applied
this rule to a range of parameter sets and evaluated the resulting J_{ee} distribution using
skewness, kurtosis, and dip values, which quantify the distribution bimodality (36). Although J_{ee}
distributions initially followed a Gaussian pattern, they transitioned into various bimodal or
skewed forms (Fig. 1E and F). We also quantified the synchronization of the excUnits using the
mean and standard deviation of the order parameter R_{exc} over time, denoted as $E[R_{exc}]_t$ and
$S[R_{exc}]_t$, respectively. Plasticity in J_{ee} affects synchronization (Fig. 1G), resulting in uniform,
bimodal, or unimodal phase and phase-difference distributions depending on the plasticity
parameters (Fig. S1D). Moreover, the boundary of the statistical features of the J_{ee} distribution
(Fig. 1E) appears to coincide with the synchronization boundary (Fig. 1G). For further analysis,
we chose a parameter set that resulted in a long-tailed skewed J_{ee} distribution (Fig. 1F, top,
magenta circle), which more closely reflects the synaptic weight distributions observed in the
brain (12, 34, 35).

Coupling fluctuation increases in bistable synchronization state. We next investigated
how the dynamic state affects coupling weight, focusing on the role of inhibition, which varies
significantly across brain states (9–12), resulting in changes in EI balance (7, 37). To this end,
we altered the EI balance of the pEI-Kuramoto model by manipulating the interaction strength
from inhUnits. We unified K_{ie} and K_{ii} into a single parameter, K_i, to simplify the simulation,
following the approach used in our previous study (16). We then examined how the J_{ee}
fluctuations were associated with the K_i values, quantified as the standard deviation of J_{ee} over
time ($S[J_{ee}]_t$; see Materials and Methods) (Fig. 2A and B). We determined the system's dynamic
state by analyzing the time course of R_{exc}, (Fig. 2C and D), as previously described (16).

When K_i < 0.4, both the average ($E\{S[J_{ee}]_t\}_n$) and standard deviation ($S\{S[J_{ee}]_t\}_n$) of $S[J_{ee}]_t$ across
unit pairs were almost zero (Fig. 2A and B), indicating no plastic changes in J_{ee}. In this K_i range,
the system was in a synchronized state, characterized by high $E[R_{exc}]_t$ and low $S[R_{exc}]_t$ (Fig. 2C
and D). The coupling weights between individual pairs exhibited no fluctuation over time after
reaching the synchronized state (Fig. 2E and F, K_i: 0.1; SI Appendix, Movie S1).

As K_i increased, $E\{S[J_{ee}]_t\}_n$ also increased, peaking at K_i = 0.7, then decreased, and eventually
stabilized around K_i = 1.5 (Fig. 2A). Meanwhile, the $S\{S[J_{ee}]_t\}_n$ continued to increase (Fig. 2B).
For K_i values above 1.5, the system transitioned into a desynchronized state characterized by
low $E[R_{exc}]_t$ and $S[R_{exc}]_t$ values (Fig. 2C and D). Strong or weak couplings remained stable over

time, whereas those of intermediate strength fluctuated (Fig. 2E, K_i: 1.5; SI Appendix, Movie
S2). The system generated transient clusters of units coupled with strong J_{ee} weights (Fig. 2F,
K_i: 1.5, the lower leftmost panel, t = 24). Over time, most units left these clusters, leaving only
small, stable subsets of the clusters (Fig. 2F, K_i: 1.5, the lower panels, t = 29–50).

In the intermediate range (0.4 < K_i < 1.5), the system exhibited a bistable state with high S[R_{exc}]$_t$
(Fig. 2D). Notably, the S[J_{ee}]$_t$ was significantly higher in this bistable state (Fig. 2A). Similar to
the desynchronized state (K_i > 1.5), the couplings with high or low weights were stable.
However, the intermediate-weighted couplings fluctuated more (Fig. 2E and F, K_i: 0.8 and 1.0).
Notably, the number of these intermediate fluctuating couplings was higher in the intermediate
K_i range (Fig. 2E and F, K_i: 0.8 and 1.0; SI Appendix, Movies S3 and S4) than in the low and
high K_i ranges. Thus, transitions in the dynamic state were accompanied by changes in the
coupling-weight fluctuations. In particular, the bistable state tended to exhibit larger J_{ee}
fluctuations.

Note that Hebbian plasticity affected the dynamic state of the pEI-Kuramoto model (SI
Appendix, Fig. S2A), slightly shifting the bifurcation points between the synchronized and
bistable states and the bistable and desynchronized states toward larger K_i values. Owing to
this effect, we observed a small discrepancy from the state predicted by the eigenvalue-based
classification for the EI-Kuramoto model (16) (data not shown). However, the overall trend of
the state transition from synchronized to bistable and then to desynchronized as K_i values
increased remained consistent across different Hebbian learning rates. The enhancement of
synchronization induced by Hebbian plasticity was consistent with the findings of previous
reports on Kuramoto models incorporating cosine-shaped Hebbian plasticity (28, 33). In
contrast, σ_{Jee} did not affect the dynamic states (SI Appendix, Fig. S2B), consistent with the
results in the absence of J_{ee} plasticity shown in Fig. 1C.

Strong-weighted couplings are stable while intermediate couplings fluctuate. We further
investigated coupling weight fluctuations under conditions of slightly weakened inhibition from
the desynchronized state, assuming intermediate brain states between brain-activated and
deactivated states. We analyzed the individual J_{ee} coupling weights at selected points of K_i (K_i
= 0.8, 1.0, and 1.5, red crosses in Fig. 2A–D, except K_i = 0.1). Histograms of E[J_{ee}]$_t$ (mean of
J_{ee} over time for each pair of units) and S[J_{ee}]$_t$ also tended to shift toward higher values as K_i
decreased (Fig. 3A and B). A scatter plot of E[J_{ee}]$_t$ and S[J_{ee}]$_t$ formed a characteristic "bow-
shaped" distribution (Fig. 3C). In this two-dimensional distribution, data points near the
minimum and maximum E[J_{ee}]$_t$ values had lower S[J_{ee}]$_t$ values, whereas intermediate E[J_{ee}]$_t$
showed a higher S[J_{ee}]$_t$. This pattern was consistent across all distributions for different K_i
values. A similar phenomenon, the stabilization of strong couplings (e.g., synapses with large
mushroom-shaped spines), has been observed in brain synapses (38–40).

Furthermore, the S[J_{ee}]$_t$ values tended to increase at intermediate E[J_{ee}]$_t$ values with decreasing
K_i (Fig. 3C), suggesting that K_i can regulate the fluctuations in individual J_{ee} plastic couplings.
At high K_i values in desynchronized states (K_i = 1.5, green dots), the couplings stabilize,
whereas at low K_i values in bistable states (K_i = 1.0 and 0.8, orange and blue dots), the
couplings of intermediate weights become unstable. The high J_{ee} coupling remained stable with
small fluctuations, even when K_i was low. These dynamics appear to be a mechanism that
preserves the coupling of particularly strong pairs and resets pairs of moderate weight,
facilitating the reorganization of the network structure (Fig. 2E and 2F).

To enable a direct comparison with Figure 7A and 7B of (40), which report the relationship
between spine volume and its changes in hippocampal slices, we quantified the change in
coupling weight, ΔJ_{ee} (= $J_{ee}(t+\Delta t) - J_{ee}(t)$), as a function of its current value, J_{ee}, at each time
step in our pEI-Kuramoto model (Fig. 3D and E). We pooled J_{ee} values and their changes ΔJ_{ee}
across all excUnit pairs and time points, binned the J_{ee} values, and computed the mean and
the standard deviation of ΔJ_{ee} for each J_{ee} bin (E[ΔJ_{ee}]$_{t,n}$ and S[ΔJ_{ee}]$_{t,n}$). In the desynchronized
state (K_i = 1.5, green lines), E[ΔJ_{ee}]$_{t,n}$ was slightly but significantly positive for small J_{ee}
(Wilcoxon signed-rank test, bin=[0.011,0.012), mean=1.1×10^{-8}, n=6,686,034, W=1.06×10^{13},
p<1.0×10^{-308}), then decreased with increasing J_{ee}, reaching a local minimum near $J_{ee}\approx0.02$.

Subsequently, $E[\Delta J_{ee}]_{t,n}$ increased and approached zero around $J_{ee} \approx 0.025$ (Fig. 3D), a region
corresponding to the peak of $E[J_{ee}]_t$ (Fig. 3A and C). $S[\Delta J_{ee}]_{t,n}$ increased monotonically over the
same range of J_{ee} (Fig. 3E). These trends closely mirror observations in hippocampal slices
and *in vivo* cortical imaging (40, 41). In comparison, the bistable regimes (K_i=0.8 and 1.0,
orange and blue lines) showed large deviations in the mean change, $E[\Delta J_{ee}]_{t,n}$, either in the
same direction (K_i=1.0, orange line) or the opposite direction (K_i=0.8, blue line) as the
desynchronized state (Fig. 3D). Furthermore, the standard deviation, $S[\Delta J_{ee}]_{t,n}$, was generally
elevated relative to the desynchronized state across the range of J_{ee} from 0.01 to 0.025 (Fig.
3E).

Factors determining coupling weight properties. To identify the parameters that determine
the individual J_{ee} coupling properties ($E[J_{ee}]_t$ and $S[J_{ee}]_t$) shown in Fig. 3, we explored the
candidate parameters (natural frequency difference $\Delta\omega$, initial phase difference $\Delta\theta$, and initial
J_{ee} values of each excUnit pair) involved in J_{ee} fluctuations (Fig. 4). We colored the dots of
$E[J_{ee}]_t$ vs. $S[J_{ee}]_t$ distribution (Fig. 3C) according to each parameter value (Fig. 4A–C). For
statistical comparison, couplings were roughly categorized based on whether $E[J_{ee}]_t$ exceeded
0.018 (high $E[J_{ee}]_t$ group) or not (low $E[J_{ee}]_t$ group) because the correlation between $E[J_{ee}]_t$ and
$S[J_{ee}]_t$ reversed around this point (Fig. 4D–F).

Regarding differences in the natural frequency $\Delta\omega$, most pairs in the high (>=0.018) $E[J_{ee}]_t$
group had relatively small $\Delta\omega$, whereas pairs with larger $\Delta\omega$ tended to be in the low (<0.018)
$E[J_{ee}]_t$ group (Fig. 4A and 4D). In the low $E[J_{ee}]_t$ group, $S[J_{ee}]_t$ appeared to increase with
increasing $\Delta\omega$ (Fig. 4A). The initial phase differences $\Delta\theta$ between the pairs were also
significantly different between high and low $E[J_{ee}]_t$ groups (Fig. 4B and E). In the high $E[J_{ee}]_t$
group, most pairs exhibited small initial $\Delta\theta$, whereas in the low $E[J_{ee}]_t$ group, the initial $\Delta\theta$ were
uniformly distributed. Additionally, we examined the effect of the initial J_{ee} coupling weight,
which showed no noticeable bias (Fig. 4C) and followed a normal distribution for both high and
low $E[J_{ee}]_t$ groups (Fig. 4F). Considering these results, pairs with small differences in natural
frequency and initial phase positions maintained more stable and larger J_{ee} weights (Fig. 4G
and H). Conversely, the initial J_{ee} weight was not an important factor in determining the stability
and strength of the couplings.

Theoretical analysis of quasi-steady coupling weight distribution. We investigated the
theoretical mechanism underlying the fluctuation of coupling weights J_{ee} by analyzing their
distribution in a quasi-steady state, assuming $J_{ee,kj}(t + \Delta t) \approx J_{ee,kj}(t)$ (SI Appendix, Supporting
Text). Although a true static steady weight distribution does not exist in the desynchronized or
bistable states due to the non-constant phases of each oscillator unit, the desynchronized
condition allows for a quasi-steady state, where the phase and weight distributions evolve on a
sufficiently slow timescale, resulting in minimal fluctuation of the J_{ee} distribution. Under this
assumption, the coupling weights do not change as a result of the plastic modulation in Eqs.
M11 and M14, leading to the following relationship (SI Appendix, Eq. S3).

$$J_{ee,kj} = \hat{J}_{ee,kj} + c \exp\left(-\gamma|\Delta\theta_{kj}|\right) \tag{1}$$

$$c = \frac{\alpha(1-\beta)}{\beta}$$

The first term, $\hat{J}_{ee,kj}$, represents the value of $J_{ee,kj}$, which is rescaled with the homeostatic
regulation plasticity rule so that the mean and variance become $\hat{\mu}_{Jee}$ an $\hat{\sigma}_{Jee}$, respectively. The
second term is the Hebbian potentiation component, scaled by the ratio between the Hebbian
and homeostatic plasticity learning rates c. This equation indicates that the weight $J_{ee,kj}$
depends on the distribution of $\hat{J}_{ee,kj}$ and the distribution of phase difference between unit k
and j $\Delta\theta_{kj}$ $\left(c \exp\left(-\gamma|\Delta\theta_{kj}|\right)\right)$. Assuming this rule remains applicable during the approach to a
quasi-steady state, successive iteration of the update rule progressively integrates the second
$\Delta\theta$-dependent Hebbian term into the J_{ee} distribution. Furthermore, the distribution of $\Delta\theta$ is
dependent on that of θ (SI Appendix, Supporting Text). Therefore, when the weight dynamics
are sufficiently slow, the J_{ee} distribution is determined by the phase distribution. Indeed, the
characteristics of the J_{ee} distribution appear to be correlated with the synchronization state of
the system, which reflects the shape of the phase distribution (Fig. 1E, 1F, and SI Appendix,
Fig. S1). Specifically, a uniform phase (and phase difference) distribution (desynchronized

state) corresponds to a right-skewed, long-tailed J_{ee} distribution (magenta circle in Fig. 1E, F
and S1D). A bimodal phase distribution corresponds to a bimodal J_{ee} distribution (green circle
in Fig. 1E, F and S1D and the cos rule in Fig. S1B and S1C). A unimodal phase distribution
(synchronized state) corresponds to a left-skewed J_{ee} distribution (yellow circle in Fig. 1E, F
and S1D).

Next, we considered the change in the phase difference for a pair of excUnits, $\Delta\theta_{kj}$. Assuming
that $J_{ee,kj}$ and $\Delta\theta_{kj}$ are constant, the following relationship can be derived from Eqs. 1 and M9
(SI Appendix, Eq. S18):

$$-\Delta\omega + F_{inh} - F_{exc}^{(-kj)} = -2\left\{\hat{J}_{ee,kj} + c\exp\left(-\gamma|\Delta\theta_{kj}|\right)\right\}\sin\left(\Delta\theta_{kj}\right) \qquad (2).$$

$\Delta\omega$ is the natural frequency difference between units k and j, F_{inh} is the interaction strength
from the inhUnits, and $F_{exc}^{(-kj)}$ is the interaction strength from the excUnits, except for units k
and j. $F_{inh} - F_{exc}^{(-kj)}$ is the R_{exc}- and R_{inh}-dependent term; its direction can be either attractive or
repulsive, depending on the phase configuration of the system (SI Appendix, Supporting
Text). The right-hand side of this equation represents the interaction strength between units k
and j, whereas the left-hand side represents the net forces of the other factors. A stable fixed
point for $\Delta\theta_{kj}$ exists, where the functions for the left- and right-hand sides intersect (SI
Appendix, Fig. S3).

On the right-hand side, the attractive force is driven by both the homeostatic set-point, $\hat{J}_{ee,kj}$,
and the Hebbian potentiation term. Near $\Delta\theta\approx0$, the Hebbian effect is strong, yielding a large
attractive force. As the phase difference $|\Delta\theta|$ increases, this Hebbian potentiation weakens,
and the coupling weight relative position within the J_{ee} distribution falls to a lower value,
causing an overall attractive force reduction.

On the left-hand side, while the influence of F_{inh} and $F_{exc}^{(-kj)}$ is limited in a desynchronized state
where R_{exc} and R_{inh} are near zero, their impact becomes non-negligible in the bistable state,
where these order parameters undergo periodic modulation. Sufficiently large fluctuations in
these forces cause the stable fixed point to disappear or be substantially displaced, thereby
leading to large fluctuations in the phase difference between the unit pair.

Cyclic modulation of inhibition. Finally, we varied K_i to mimic the sleep-wake cycle (7, 8). J_{ee}
fluctuated (Fig. 5A, SI Appendix, Movie S5) in response to K_i modulation (Fig. 5B, top panel).
R_{exc} alternated between the desynchronized and bistable states (Fig. 5B, middle), with
corresponding changes in $E\{S[J_{ee}]_t\}_n$ (Fig. 5B, bottom). When K_i was high, the system was in a
desynchronized state, and $E\{S[J_{ee}]_t\}_n$ was small. Conversely, when K_i was low, the system
exhibited a bistable state, and $E\{S[J_{ee}]_t\}_n$ increased. These dynamics can be considered as
modeling how the circuit structure is stabilized during the brain-activated state and destabilized
during the brain-deactivated state, thereby promoting circuit reorganization.

Discussion
In this study, we extended the previously developed EI-Kuramoto model by incorporating
Hebbian and homeostatic plasticity to establish the pEI-Kuramoto model and analyzed its
dynamics. We propose that this model represents a continuous transition between the
stabilization and reorganization of network structures, modulated by the desynchronized-
bistable state cycle through inhibition (Figs 2–5). This study introduces a possible mechanism
for preserving strong couplings and reorganizing network structures during brain-deactivated
states, as viewed through the dynamics of collective oscillators.

Potential mechanism for network reorganization. Although the brain-deactivated state is
often associated with synchrony, it is not uniformly synchronized. Near the transition between
synchronized and desynchronized states, the dynamics tend to become irregular or weakly
stable, as captured by two-population coupled-oscillator models (42, 43). Sleep onset can be
formalized as a noisy saddle-node bifurcation (44), and macroscopic brain-state transitions
are often argued to occur near the bifurcation point (45, 46). Beyond transition periods, even
within sleep, the microarchitecture shows intrinsic instability, such as NREM-REM sleep cycle
(3, 4, 7, 8), the cyclic alternating pattern in NREM sleep (47), UP–DOWN state alternations

(48, 49), and microarousals (50), which may reflect switching among synchronized and
desynchronized states. These fluctuation-driven transitions during state changes and in brain-
deactivated conditions align with the bistable regime of our model under reduced inhibition.

Preserving robust couplings while randomizing weaker ones simplifies the network, rendering
it sparse. The choice of plasticity parameters, which yield a long-tailed coupling weight
distribution (Fig. 1E and F), similar to that observed in the brain (12, 34, 35) and mirror EI
balance during state transitions and in brain-deactivated states (9–12), appears to facilitate
network sparsification. The selective preservation of strong synaptic connections is also
frequently observed in the brain (38–40) and is understood through molecular mechanisms,
including the dynamics of NMDA receptors (5, 51) and actin filaments (52). Our findings
introduce a potential mechanism for sustaining strong coupling when viewed from another
aspect of the dynamic system of collective oscillators. Additionally, our results may be
mechanistically linked to the systems-level observation that only a few neuronal populations
remain stable, while others drift (53–55). This process aligns with the pruning method used in
artificial neural networks, which facilitates knowledge generalization (56, 57). This pruning-like
mechanism is particularly relevant when synaptic downregulation is dominant during brain-
deactivated states (5, 51), as fluctuations in couplings can weaken the weights and eventually
reset them to baseline.

Fluctuations in network connectivity can promote network reorganization. In our model,
bistable states under low inhibition conditions, mirroring the EI balance during state transitions
and brain-deactivated states (9–12), promoted fluctuating coupling weights between excUnits.
It has also been proposed that the brain enhances neuronal circuit reorganization during the
brain-deactivated state (3, 4). Combined with unknown mechanisms to evaluate and stabilize
reorganized circuits (58), such as dopaminergic signaling during NREM sleep (59), which can
provide a reinforcement-like signal and gate plastic changes, we may gain insights into how
new creative ideas or innovative problem-solving methods are generated during the brain-
deactivated state.

Dynamics of the pEI-Kuramoto model. The characteristic "bow-shaped" relationship
between the mean ($E[J_{ee}]_t$) and standard deviation ($S[J_{ee}]_t$) of the coupling weights (Fig. 3C)
can be explained by the stability analysis of the phase difference between the excUnit pair
(Eq. 2). We can divide the coupling pairs into three groups: large, small, and intermediate
weights. Pairs with large weights maintain a small and stable phase difference ($\Delta\theta \approx 0$). This
ensures that the Hebbian potentiation term, $c \exp\left(-\gamma|\Delta\theta_{kj}|\right)$, and its relative position in the J_{ee}
distribution $\hat{J}_{ee,kj}$ remain consistently high. Consequently, these couplings sustain a high
$E[J_{ee}]_t$ with a very small $S[J_{ee}]_t$. Conversely, for pairs with small weights, the phases evolve
almost independently of each other. Consequently, $S[J_{ee}]_t$ depends primarily on the natural
frequency difference $\Delta\omega$. The largest $S[J_{ee}]_t$ was found in pairs with intermediate weights. In
this regime, the intrinsic synchronizing force between the two units is closely counterbalanced
by external driving influences, chiefly their natural frequency difference, $\Delta\omega$. Furthermore,
Hebbian potentiation and homeostatic depression are also balanced. Small fluctuations in $\Delta\theta$
can frequently tip these balances and reverse the direction of the weight change, leading to
large fluctuations in the coupling weight J_{ee}.

From a dynamics perspective, these mechanisms not only explain the characteristic bow-
shaped distribution in Fig. 3C but also a key feature of biological synapses: larger synapses
are more stable than smaller ones (38–40). Moreover, particularly in the desynchronized
state, our model reproduces the relationship between the synaptic size and its changes
reported in experimental studies (40, 41) (Fig. 3D and E, green lines; see Results). This
alignment with detailed experimental trends further supports the notion that our model
effectively captures synaptic dynamics.

The quasi-steady J_{ee} distribution is determined by the phase difference distribution (Fig. 1E,
1F, and SI Appendix, Fig. S1C and S1D), as it is a transformation of the $\Delta\theta$ distribution via the
Hebbian function (Eq. 1). In this study, the exponential rule $c \exp\left(-\gamma|\Delta\theta_{kj}|\right)$ transforms the
uniform phase difference distribution into a hyperbolic weight distribution (Appendix, Eq. S8–

12). This framework suggests that by modifying the Hebbian function, it is possible to
generate the J_{ee} distribution into an arbitrary form, such as a log-normal distribution observed
in the brain (12, 34, 35).
400
Eq. 2 further suggests that unit pairs with small natural frequency differences ($\Delta\omega$) and small
initial phase differences ($\Delta\theta$) are more robust and more likely to return to a stable,
synchronized state even after large perturbations. This explains the results shown in Figure 4,
where a small $\Delta\omega$ and initial $\Delta\theta$ lead to stable and robust coupling. In our simulation setting
(Fig. 1F, magenta circle), the Hebbian plasticity-induced enhancement of interaction strength
near $\Delta\theta$=0 is limited, even though the plasticity slightly strengthens the restoring force near
the stable point (Appendix, Fig. S3). Thus, the tendency for pairs with small $\Delta\omega$ and small
initial $\Delta\theta$ to be more robust and stable arises primarily from the underlying sinusoidal form of
the baseline interaction function rather than plasticity-induced modifications. This finding
resonates with observations in the brain, where neurons that exhibit synchronized firing prior
to learning (analogous to a small $\Delta\theta$) are more likely to be grouped into the same assembly
during learning (60–62). However, it remains unclear whether these neurons also share
similar intrinsic firing frequencies, which would correspond to a small $\Delta\omega$ in our model.
414
The fluctuation of J_{ee} when K_i is intermediate (Figs. 2–4, K_i=0.8, 1.0) can be attributed to the
system dynamics becoming bistable and alternating between synchronization and
desynchronization. This causes fluctuations in the phase distribution, which is the primary
factor driving changes in J_{ee}. Furthermore, in this state, the periodic fluctuation of the order
parameters R_{exc} and R_{inh} constantly changes in the interaction term, $F_{inh} - F_{exc}^{(-kj)}$ (Eq. 2). This
dynamic instability also strongly perturbs the phase differences $\Delta\theta$ of moderately coupled
pairs.
422
Limitations. While the Kuramoto model provides foundational insights, it is considerably
simpler than actual neuronal behavior and has some limitations. First, our model simplifies
neuronal interactions to mere attractive and repulsive forces, overlooking the pulse-like
nature, interaction delay, and intricate coupling relationships of real neurons (63). Second, the
model underrepresents the complexity of neuroplasticity, such as the influence of
neurotransmitters and internal conditions (64), plasticity in inhibitory neurons (65, 66), and
short-term plasticity, including adaptation (67). Lastly, the model does not distinguish between
brain states, such as full wakefulness, NREM sleep, and REM sleep, which are believed to
play unique roles in learning and neural reorganization (3, 4). Addressing these limitations is
essential for a more accurate and comprehensive understanding of neural dynamics and
plasticity.
434
Future directions. Future research can consider multiple directions to expand the system. In
this study, we observed a behavior in which strong couplings were retained and intermediate
couplings were randomly perturbed at low levels of inhibition. Creativity may require
mechanisms for evaluating and stabilizing randomly reorganized circuits (58, 68). This
mechanism is not yet fully understood; however, dopamine activity during rest (59) may be a
key factor. Another important question is how changes in overall synchrony during sleep
affect the interactions between functionally distinct networks, such as the hippocampus and
cerebral cortex. Exploring the influence of synchrony transitions on interregional plasticity
could shed light on how memory traces originally stored in the hippocampus gradually
become integrated or transferred to cortical regions (69). Moreover, our model did not
specifically consider the dimensionality of information; however, understanding how the brain
represents and selects multidimensional information is crucial for cognition (70). We must
consider the biases, interactions, and plasticity rules required to represent and select
multidimensional information from the external world. Clarifying these mechanisms will
contribute to a deeper understanding of how neural circuits are reorganized to support
abstraction and creativity in the brain.
451
452
453   **Materials and Methods**
454

pEI-Kuramoto model. The original Kuramoto model (13, 14, 71) is expressed as:

$$\frac{d\theta_j(t)}{dt} = \omega_j + \frac{K}{N}\sum_{k}^{N} \sin\left(\theta_k(t) - \theta_j(t)\right) \quad \text{(M1)},$$

where $\theta_j(t)$ is the phase of unit j at time t, ω_j is the natural frequency of unit j following a probability distribution $g(\omega)$, N is the number of units, and K is the interaction strength among the oscillation units. In the original Kuramoto model, K is applied constantly and uniformly to all unit pairs. The order parameter R and the mean phase ψ are then calculated from the mean vector of the oscillators as:

$$Re^{i\psi} = \frac{1}{N}\sum_{j}^{N} e^{i\theta_j} \quad \text{(M2)},$$

where i denotes an imaginary unit. Given Euler's formula and Eq M2,

$$\frac{1}{N}\sum_{k}^{N}\sin(\theta_k - \theta_j) = \frac{1}{N}\sum_{k}^{N}\text{Im}\left[e^{i\theta_k}e^{-i\theta_j}\right] = \text{Im}\left[Re^{i\psi}e^{-i\theta_j}\right] = R\sin(\psi - \theta_j) \quad \text{(M3)}.$$

Considering Eq M3, Eq M1 becomes

$$\frac{d\theta_j}{dt} = \omega_j + KR\sin(\psi - \theta_j) \quad \text{(M4)}.$$

In our previous EI-Kuramoto model (16), the oscillation units were categorized into two groups: excitatory and inhibitory units, referred to as excUnits and inhUnits, respectively. Employing these terms clarified that the units in the model represented excitatory and inhibitory factors, distinguishing them from actual neurons or synapses. The interaction strength of the sine wave functions with zero phase lag is characterized by purely attractive interactions in excUnits and purely repulsive interactions in inhUnits. Hence, the terms "excitatory" and "inhibitory" are used interchangeably with "attractive" and "repulsive," respectively. The interaction strength K is divided into four quantifiable parameters: K_{ee} (attractive strength between excUnits), K_{ii} (repulsive strength between inhUnits), K_{ei} (attractive strength from excUnits to inhUnits), and K_{ie} (repulsive strength from inhUnits to excUnits). K_{ee}, K_{ii}, K_{ei}, and K_{ie} are distinct positive real numbers that are uniformly applicable across all the unit pairs. Consequently, Eq M4 becomes:

$$\frac{d\theta_{j,exc}}{dt} = \omega_{j,exc} + K_{ee}R_{exc}\sin(\psi_{exc} - \theta_{j,exc}) - K_{ie}R_{inh}\sin(\psi_{inh} - \theta_{j,exc}) \quad \text{(M5)}$$

for excUnits, and

$$\frac{d\theta_{j,inh}}{dt} = \omega_{j,inh} + K_{ei}R_{exc}\sin(\psi_{exc} - \theta_{j,inh}) - K_{ii}R_{inh}\sin(\psi_{inh} - \theta_{j,inh}) \quad \text{(M6)}$$

for inhUnits, where exc and inh represent the parameters for excUnits and inhUnits, respectively. The order parameter and mean phase of each excUnit and inhUnit are

$$R_{exc}e^{i\psi_{exc}} = \frac{1}{N_{exc}}\sum_{j}^{N_{exc}} e^{i\theta_{j,exc}} \quad \text{(M7)}$$

and

$$R_{inh}e^{i\psi_{inh}} = \frac{1}{N_{inh}}\sum_{j}^{N_{inh}} e^{i\theta_{j,inh}} \quad \text{(M8)}.$$

In the present study, we developed a pEI-Kuramoto model (Fig. 1A). A pivotal modification of our previous EI-Kuramoto model is that the constant and uniform interaction strength value K_{ee} is replaced with the heterogeneous and plastic coupling weight (interaction strength of an individual unit pair) matrix J_{ee}. The J_{ee} distribution is defined by its mean μ_{Jee} and standard deviation σ_{Jee}, which are scaled with the inverse of N_{exc} to adjust for the system size and to facilitate comparisons with other Kuramoto-model variants. Accordingly, the initial J_{ee} distribution follows the Gaussian distribution $g(J_{ee}) \sim \mathcal{N}(\hat{\mu}_{Jee}, (\hat{\sigma}_{Jee})^2)$, where $\hat{\mu}_{Jee} = \mu_{Jee}/N_{exc}$, $\hat{\sigma}_{Jee} = \sigma_{Jee}/N_{exc}$. The other interaction strengths, K_{ii}, K_{ei}, and K_{ie}, were uniform and consistently applicable across all units. Eq M5 becomes

$$500 \qquad \frac{d\theta_{j,exc}}{dt} = \omega_{j,exc} + \sum_{k}^{N_{exc}} J_{ee,kj} \sin\left(\theta_{k,exc} - \theta_{j,exc}\right) - K_{ie} R_{inh} \sin\left(\psi_{inh} - \theta_{j,exc}\right) \qquad \text{(M9)}.$$

$J_{ee,kj}$ is the coupling weight between the excUnits k (pre) and j (post).

Given the rotational symmetry, when the mean natural frequencies of excUnits and inhUnits
are equal, $\bar{\omega} = \bar{\omega}_{exc} = \bar{\omega}_{inh}$, the mean natural frequencies can be set to 0 rad/s. This is
equivalent to rotating a coordinate by the mean natural frequency $\bar{\omega}$ (71). For all simulations
in this study: $N_{exc} = 80$, $N_{inh} = 20$; total simulation duration $T = 50$ s; time step $dt = 0.01$ s.
The $g(\omega)$ followed the Gaussian distribution $g(\omega) \sim \mathcal{N}(0, 0.01)$ for both excUnits and inhUnits.
In Figs. 2–5, K_{ii} and K_{ie} are unified with the same parameter K_i to simplify the simulation.

$$509 \qquad K_i = K_{ie} = K_{ii} \qquad \text{(M10)}.$$

511 At each time step Δt (= dt = 0.01 s in this study), the J_{ee} values were first modulated by
512 Hebbian potentiation and then rescaled using homeostatic regularization rules. The Hebbian
513 potentiation plasticity is implemented as an exponential function:

$$514 \qquad J_{Hebb} = J_{ee,kj}(t) + \alpha \exp\left(-\gamma |\Delta\theta_{kj}|\right) \qquad \text{(M11)}.$$

515 α is the learning rate for Hebbian plasticity. Note that α should scale proportionally with an
516 inverse of N_{exc} as $\alpha \propto 1/N_{exc}$ to maintain consistency across different system sizes. γ
517 determines the sharpness of the exponential decay from the peak. $\Delta\theta_{kj}$ is the phase
518 difference between excUnit k and j

$$519 \qquad \Delta\theta_{kj} = \theta_{k,exc} - \theta_{j,exc} \left(-\pi \le \Delta\theta_{kj} < \pi\right) \qquad \text{(M12)}.$$

520 The implementation of Hebbian plasticity with a cosine function (SI Appendix, Fig. S1A) is
521 defined as

$$522 \qquad J_{Hebb} = J_{ee,kj}(t) + \frac{\alpha}{2}\{\cos\left(\Delta\theta_{kj}\right) + 1\} \qquad \text{(M13)}.$$

523 In any Hebbian learning rule in this paper, weight changes of $J_{ee,kj}$ and $J_{ee,jk}$ are the same due
524 to the symmetry with respect to the sign of $\Delta\theta_{kj}$.

526 After the Hebbian modulations, J_{Hebb} was rescaled with the homeostatic regularization
527 plasticity rule to prevent overpotentiation. Plasticity was implemented as follows:

$$528 \qquad \hat{J}_{Hebb} = \frac{\hat{\sigma}_{Jee}}{S[J_{Hebb}]_n}(J_{Hebb} - E[J_{Hebb}]_n) + \hat{\mu}_{Jee}$$

$$529 \qquad J_{ee,kj}(t + \Delta t) = \beta\hat{J}_{Hebb} + (1 - \beta)J_{Hebb} \qquad \text{(M14)}.$$

530 $\hat{J}_{Hebb}$ represents the normalized value (homeostatic set point) of J_{Hebb} under the initial setting
531 of the mean $\hat{\mu}_{Jee}$ and standard deviation $\hat{\sigma}_{Jee}$. β is the learning rate for homeostatic plasticity.
532 This procedure scales $J_{ee,kj}$ toward the initial targets, $\hat{\mu}_{Jee}$ and $\hat{\sigma}_{Jee}$.

534 The change in coupling weight at each time step ΔJ_{ee} (Fig. 3D and E) was defined as

$$535 \qquad \Delta J_{ee} = J_{ee}(t + \Delta t) - J_{ee}(t) \qquad \text{(M15)}$$

536 For plotting, pairs of ΔJ_{ee} and $J_{ee}(t)$ values were pooled across all excUnit pairs and time points,
537 and the $J_{ee}(t)$ values were binned (bin size = 0.001).

539 **Cyclic inhibitory modulation.** In Fig. 5, K_i is modulated as a sine function

$$540 \qquad K_i = A_s \sin(\omega_s t) + C_s \qquad \text{(M16)},$$

where A_s (= 0.32), ω_s (= 0.004π), and C_s (= 1.28) are the amplitude, frequency, and baseline
constant for the sine modulation, respectively. The other parameters for interaction strengths
are held constant to simplify the simulation: μ_{Jee} = 1, σ_{Jee} = 0.1, K_{ei} = 3, and T = 3,000 s.

Statistics. $E[\cdot]_t$ (also $E\{\cdot\}_t$) and $S[\cdot]_t$ are the mean and the standard deviation over time,
respectively, where t indicates the number of time points. $E[\cdot]_n$ and $S[\cdot]_n$ are the mean and
the standard deviation among unit pairs, respectively, where n indicates the number of unit
pairs. $E[\cdot]_{t,n}$ and $S[\cdot]_{t,n}$ represent mean and standard deviation, respectively, pooling all
values across time and unit pairs. Here, $\cdot$ represents a certain variable. The range of time for
the time series analyses ($E[\cdot]_t$, $S[\cdot]_t$, $E[\cdot]_{t,n}$, and $S[\cdot]_{t,n}$) is [$T/2$, T] to exclude the initial

fluctuations. For Fig. 5B lower panel, value of $E\{S[J_{ee}]t\}_n$ was estimated in the time window [-
15s, +15 s] for each time point.
553
Descriptive statistics (mean, standard deviation, kurtosis, and skewness) and statistical tests
were performed using the Python NumPy and SciPy libraries. The Dip test (36) was
performed using the Python Diptest Library (https://github.com/RUrlus/diptest). The dip value
is the maximum distance between the actual data distribution and the fitting result of the
monomodal Gaussian distribution. If the data distribution is close to a monomodal Gaussian
distribution, the dip value is low. If is bimodal, then its value is high. Hierarchical clustering
was performed using the linkage function of the Python SciPy library.
561
562 **Code Availability Statement.** The scripts for this study can be found at Google Colaboratory:
563 https://colab.research.google.com/drive/1v8JF97G9YdwUOh_Wuh9i_TvuGa42fLAu?usp=sha
564 ring
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566
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Figures and Tables

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Figure 1. EI-Kuramoto model with distributed J_{ee} and plasticity
(A) Schematic representation of the pEI-Kuramoto model
Left: Oscillator units are excitatory (warm-colored) or inhibitory (cool-colored), each with its
own natural frequency (shown by color gradients). Middle: J_{ee} functions attractively between
excUnits (red arrows). K_{ei} is the attractive interaction strength from excUnit to inhUnit
(magenta arrow). K_{ii} represents the repulsive strength between inhUnits (blue arrows). K_{ie} is
the repulsive strength from inhUnit to excUnit (cyan arrow). K_{ei}, K_{ii}, and K_{ie} are constants that
are applied uniformly across all units. Right: Each J_{ee} unit pair has its own coupling weight
and undergoes plastic modification. (B) Distribution of J_{ee} coupling weights with different σ_{Jee}.
$\mu_{Jee} = 1$, $N_{exc} = 80$. (C) R_{exc} time traces of synchronized, bistable, and desynchronized states

with each σ_{Jee} and no plasticity. (D) Exponential rules of Hebbian potentiation plasticity. The
J_{ee} weight of each pair of units is potentiated based on the phase difference between the
units. (E) Evaluation of the J_{ee} distribution at the last frame (t = 50 s) with various plasticity
parameters. Skewness (top panels), kurtosis (middle), and dip values (bottom). (F) J_{ee}
distribution of exponential Hebbian plasticity rules at the last frame (t = 50 s) with various
parameter settings. The parameter settings of the top, middle, and bottom panels correspond
to those marked by magenta, green, and yellow circles in (E). (G) Evaluation of state
synchrony with various plasticity parameters. $E[R_{exc}]_t$ and $S[R_{exc}]_t$ denote the time-averaged
mean and standard deviation, respectively, of the order parameter for excUnits, R_{exc}. The
parameters used for evaluation were N_{exc} = 80, N_{inh} = 20, μ_{Jee} = 1, σ_{Jee} = 0.1, K_{ei} = 3, K_{ie} = 3,
K_{ii} = 3, corresponding to a desynchronized state of the system without plasticity (E–G).

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Figure 2. Changes in J_{ee} fluctuation with K_i modification
(A–D) (A) $E\{S[J_{ee}]_t\}_n$, (B) $S\{S[J_{ee}]_t\}_n$, (C) $E[R_{exc}]_t$, and (D) $S[R_{exc}]_t$ as a function of K_i.
Red crosses indicate each value in the K_i conditions shown in (E) and (F). (E) Time course of
J_{ee} weights under different K_i conditions. The order of unit pairs is sorted by $E[J_{ee}]_t$ for each K_i
value. (F) Upper panels show R_{exc} traces. The lower panels show the J_{ee} weight matrix at
selected time points indicated by the red and blue vertical lines in the top panels (red and blue
are local maximum and local minimum, respectively, for K_i = 0.8 and 1.0; t = 24, 29, 34, 39,
44, and 50 for K_i = 0.1 and 1.5). The order of units is rearranged by the result of hierarchical
clustering for the leftmost panel (around t: 24-25). E and F share the color bar. μ_{Jee} = 1, σ_{Jee} =
0.1, K_{ei} = 3, α = 0.01, β = 0.5, γ = 2.
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Figure 3. Relationship between the magnitude and fluctuation of J_{ee}

(A) $E[J_{ee}]_t$ histogram. (B) $S[J_{ee}]_t$ histogram. (C) $E[J_{ee}]_t$ vs. $S[J_{ee}]_t$ scatter plot for different K_i values. (D) $E[\Delta J_{ee}]_{t,n}$ as a function of J_{ee} for different K_i values. The right panel shows an enlarged view of the region enclosed by the dotted rectangle in the left panel. Black line indicates $E[\Delta J_{ee}]_{t,n} = 0$. Error bars indicate the standard error of the mean (SEM). (E) $S[\Delta J_{ee}]_{t,n}$ as a function of J_{ee} for different K_i values. At each time point, all pairs of ΔJ_{ee} and the immediately preceding J_{ee} values were collected, binned by the J_{ee} values, and used to compute the statistics within each bin (D, E). $\mu_{Jee} = 1$, $\sigma_{Jee} = 0.1$, $K_{ei} = 3$, $\alpha = 0.01$, $\beta = 0.5$, $\gamma = 2$.

Ki=0.8   Ki=1.0   Ki=1.5

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Figure 4. Factors affecting the J_{ee} fluctuation
(A–C) $E[J_{ee}]_t$ vs. $S[J_{ee}]_t$ scatter plot with color coding of (A) the natural frequency difference $\Delta\omega$, (B) the initial phase difference $\Delta\theta$, and (C) the initial J_{ee} weight over different K_i. The red dotted line for each panel indicates $E[J_{ee}]_t = 0.018$. Left column, $K_i = 0.8$; middle column, $K_i = 1.0$; right column, $K_i = 1.5$.
(D–F) Violin plots provide distribution densities based on whether the threshold $E[J_{ee}]_t \geq 0.18$ or not for (D) natural frequency differences $\Delta\omega$, (E) initial phase differences $\Delta\theta$, and (F) initial J_{ee} weights across different K_i. The red and blue horizontal lines indicate the mean and median values, respectively. The red vertical lines indicate the standard errors. The numbers in the upper right corner of each panel are the p-values from the Mann–Whitney U-test. The numbers of unit pairs were as follows: for $K_i = 0.8$, $E[J_{ee}]_t < 0.018$: $n = 5968$, $E[J_{ee}]_t \geq 0.018$: $n = 352$; for $K_i = 1.0$, $E[J_{ee}]_t < 0.018$: $n = 5920$, $E[J_{ee}]_t \geq 0.018$: $n = 400$; for $K_i = 1.5$, $E[J_{ee}]_t < 0.018$: $n = 5852$, $E[J_{ee}]_t \geq 0.018$: $n = 468$. The statistics were as follows: (D, natural frequency difference), $K_i = 0.8$, $z = 24.7$, $p < 0.001$; $K_i = 1.0$, $z = 26.8$, $p < 0.001$; $K_i = 1.5$, $z = 27.8$, $p < 0.001$. (E, initial phase difference) $K_i = 0.8$, $z = 9.20$, $p < 0.001$; $K_i = 1.0$, $z = 16.4$, $p < 0.001$; $K_i = 1.5$, $z = 16.7$, $p < 0.001$. (F, initial J_{ee} weight) $K_i = 0.8$, $z = -0.046$, $p = 0.96$; $K_i = 1.0$, $z = 0.046$, $p = 0.96$; $K_i = 1.5$, $z = 0.17$, $p = 0.87$.
(G and H) Scatter plots of natural frequency differences $\Delta\omega$ and initial phase differences $\Delta\theta$ with color coding of (G) $E[J_{ee}]_t$ and (H) $S[J_{ee}]_t$ ($K_i = 1.5$).
$\mu_{Jee} = 1$, $\sigma_{Jee} = 0.1$, $K_{ei} = 3$, $\alpha = 0.01$, $\beta = 0.5$, $\gamma = 2$.

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797 **Figure 5. J_{ee} fluctuation changes with K_i cyclic modulation**
798 (A) Time trace of each J_{ee} weight sorted by $E[J_{ee}]_t$. (B) Time traces of (top) K_i modulation,
799 (middle) R_{exc}, and (low) $E\{S[J_{ee}]_t\}_n$. $\mu_{Jee} = 1$, $\sigma_{Jee} = 0.1$, $K_{ei} = 3$, $\alpha = 0.01$, $\beta = 0.5$, $\gamma = 2$.
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