Whole Tissue Imaging of Cellular Boundaries at Sub-Micron Resolutions for Automatic Cell Segmentation: Applications in Epithelial Bending of Ectodermal Appendages

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Abstract

For decades, biologists have relied on confocal microscopy to understand cellular morphology and the fine details of tissue structure. However, traditional confocal microscopy of tissues have limited penetration depths of light ~ 100 µm due to tissue opaqueness. Researchers have, thus, developed tissue clearing protocols to be used with confocal microscopy, however, current clearing protocols are not compatible with labels of cell boundaries, especially at high enough resolution to precisely segment individual cells. In this work, we devise a method to retain markers of cell boundaries, and refractive index-match the tissues with water to enable tissue imaging at high magnification using long working distance water dipping objectives. The sub-micron resolution of these images allows us to automatically segment each individual cell using a trained neural network segmentation model. These segmented images can then be utilized to quantify cell properties and morphology of the entire three-dimensional tissue. As an example application, we first test our methodology on mandibles of mutant mice that express fluorescent proteins in their membranes. We then examine a non-model animal, the catshark, and explore the cellular properties of their dental lamina and dermal denticles, which are invaginating and evaginating ectodermal structures, respectively. We, thus, demonstrate that the technique presented here provides a powerful tool to quantify, in high-throughput, the 3D structures of cells and tissues during organ morphogenesis.

Introduction

Biologists have long visualized the microstructure of cells and tissues by acquiring thin sections that provide two-dimensional (2-D) maps of biological information. These maps can be further analyzed to understand spatial relationships of RNA transcripts, proteins, and cellular morphology and organization. However, to better image native tissue structures, images that contain three-dimensional (3-D) information are required. To acquire information of the inherently 3-D structure of tissues, scientists have used traditional approaches such as MRI, computed tomography and ultrasound imaging, but unlike optical microscopy, these traditional approaches are unable to provide submicron resolutions and single molecule imaging (*1*). Early methods to acquire 3-D optical microscopy images included serial 2-D sections, but the z-resolution of these reconstructed 3-D images was poor and limited to the slice thickness of the microtome. Now, with advances in fluorescence microscopy and computing power to handle large datasets, scientists are able to perform volumetric optical microscopic imaging to investigate 3-D cell and tissue microstructure (*2*). Native tissues, however, pose a complicated problem for optical microscopes: their composition of various lipids, proteins, minerals, pigments, among others components render the tissues optically opaque due to scattering and distortion of light from refractive index mismatch, which limits the penetration depth of light, and thus the optical imaging depth of tissues (*3*).

Efforts to reduce tissue opaqueness have been ongoing for at least a century, where early efforts primarily focused on matching the refractive index (RI) of the tissue to the RI of the medium surrounding the tissue; early improvements to this technique included bleaching, decalcifying, dehydrating, and removal of hydrophilic components from the tissues (*4*). In the past decade, optical clearing methods have accelerated. Researchers have used a combination of advanced chemical techniques to remove high RI particles, such as lipids and fibrous proteins, endogenous pigments with strong absorption, such as heme and melanin, and the use of more efficient and appropriate RI-matching chemical agents without damaging or altering the native

cell and tissue structures of interest (*3*). The combination of tissue clearing, fluorescence labeling (small-

molecule dyes, tagged antibodies and fluorescent proteins), and efficient confocal and light-sheet microscopes

has revolutionized the ability of scientists to visualize biological specimens (*5–8*).

One particularly intriguing application of deep-tissue volumetric imaging is the ability to fully appreciate 3-D

cellular and tissue morphology, which bypasses the need to section through different angles/axes to piece

together tissue morphology. By segmenting individual cells, scientists can now quantify individual 3-D cell

properties such as volume, sphericity, and cell length/orientation instead of area, roundness, and other

incomplete 2-D cell properties obtained from often oblique tissue slices. In addition, 3-D images also reveal

morphological characteristics, such as protrusions and other cell-cell or cell-matrix interactions that would

otherwise be lost. Recent advances in machine learning and neural network image processing techniques have

improved our understanding of cell biology by accurately segmenting both individual nuclei and entire cell

bodies in an automated fashion with little-to-no user input (*9*, *10*). Such tools now allow one to track the 3D

morphology of thousands of cells at once.

We find that in order to image entire "cleared" tissue samples and to automatically segment each individual

cell within the tissues, several requirements must be met: A) a high numerical aperture (N.A. $\geq$ 0.8), high

magnification microscope objective of 25× or above is needed to obtain necessary axial resolution (Z-

resolution) to properly segment cell boundaries; B) the objective must have a long working distance, or

enough to image through the entire tissue, ideally >1 mm; C) the objective must be RI-matched to the RI of

the tissue and the RI of the medium surrounding the tissue; D) the cells must be stained with an appropriate

marker that delineates cell boundaries. Unfortunately, light-sheet microscopy does not offer the resolving

power needed to segment individual cells, and there are currently extremely few confocal on the market that

fulfill criteria A-C: higher power oil and glycerol objectives are limited to short working distances, typically

< 200 µm; and longer working distance, high refractive index objectives are limited to lower magnification,

typically $< 20\times$, and are not designed for confocal microscopes. Finally, segmenting cell boundaries by either

cytoplasmic or cell membrane markers can be challenging. While transgenic model species expressing

genetically encoded membrane-targeted fluorescent proteins is useful, cell boundaries in wild-type animals

and non-model species must be externally labeled. To this end, lipophilic fluorescent dyes, such as DiI, and

markers of filamentous actin (F-actin), such as phalloidin (*11*), are not compatible with existing clearing

methods as lipids and/or staining signals are lost during the clearing process.

To overcome these limitations, we employ a novel combination of techniques. First, since we find phalloidin

to be the most consistent marker for cell body segmentation for various animal species, we devise a method

to retain its signal during the clearing process. Next, we aim to take advantage of high power, long working

distance water immersion (dipping) objectives by digesting the tissues with proteinase K, which renders them

optically transparent in water. To prevent the enzymatic digestion from completely dissolving structures of

interest, the antibodies and other fluorescent small molecules are covalently bound into polyacrylamide

network using a heterobifunctional linker (*12*). As a proof of principle, we use the developing mouse and

catshark embryos as systems, focusing on oral dental lamina and dermal denticle structures. Our results

showed that the described technique allows us to fully segment each individual cell in the tissues of interest

and quantify their 3-D morphological characteristics with both speed and precision.

Results and Discussion

To fully understand how tissues develop, it is desirable to understand the shape of cells and

structure of entire tissues in their native 3-D form. In mice, this is achievable using genetically

Figure 1. Virtual z-axis section of a 3D confocal volume without any tissue clearing. Image shows a sagittal view of a E12.5 $K14^{Cre}$;$R26^{mT/mG}$ mouse mandibular incisor tooth bud (yellow arrow) counterstained with DAPI and phalloidin-Alexa Fluor 633. Epithelial cells are labelled by membrane GFP, mesenchymal cells retain expression of membrane tdTomato, while all cells are labelled by phalloidin. Scalebar: 100 µm.

encoded fluorescent proteins that label the cell membrane or nucleus. For example,

$K14^{Cre}$;$R26^{mT/mG}$ mice express a *Keratin 14* promoter-driven Cre recombinase that activates the

expression of membrane GFP in ectodermally derived epithelial tissues, such as the developing

dental epithelium. In mesenchymal cells where the Cre is inactive, membrane tdTomato is

expressed. These signals can thus be used to delineate both individual epithelial and mesenchymal

cells. We examined the development of the vertebrate tooth by obtaining individual 3-D cellular

morphology, first using non-cleared tissues under conventional confocal microscopy. This allowed

us to visualize the entire embryonic day (E) 12.5 incisor tooth bud, but the resolution of cells at a

penetration depth beyond ~100 µm became severely limited (Figure 1).

To overcome the limitation of confocal penetration depth, we next incubated E12.5

$K14^{Cre}$;$R26^{mT/mG}$ mouse mandibles in a refractive index matching solution, termed CUBIC-R (*13*),

that rendered tissues optically transparent. To image these cleared tissues we utilized a 25×/0.8

glycerine immersion objective (Figure 2), and we were able to visualize cell boundaries and tissue

structures at sub-micron resolutions and at z-depths beyond the incisor tooth bud, deep into the

underlying mesenchyme (Figure 2A). Before RI-matching, we have also counterstained the tissues

with DAPI and phalloidin, a small molecule toxin produced in death cap mushrooms, in order to

visualize the nucleus and filamentous actin (F-actin) respectively. However, while signals from

genetically encoded fluorescence (membrane GFP and tdTomato) and DAPI staining were retained

after RI-matching (Figure 2C), phalloidin staining was ultimately lost. This methodology is

Figure 2. Example 3D confocal volume of E12.5 *K14^{Cre-};R26$^{mT/mG}$* mouse mandible counterstained with DAPI and phalloidin-Alexa Fluor 633, and cleared with CUBIC-R refractive index matching media. Image aquired using a 25× glycerine immersion objective. Yellow arrows indicate location of the incisor bud. A) Reconstructed 3D image of the dorsal view of the mandible. B) Virtual transverse (left) and sagittal (right) sections of the 3D confocal volume showing the incisor tooth bud. C) Single channel images of sagittal section. Epithelial cells are labelled by membrane GFP and mesenchymal cells retain expression of membrane tdTomato. Note that phalloidin stain is not maintained after tissue clearing. Scalebars: A) 300 µm; B) 200 µm; C) 100 µm.

therefore not applicable to certain dye-labelling in wild-type animals or non-traditional model

animals.

To apply this methodology to animals that do not express fluorescent proteins in their membranes,

we explored other methods to fluorescently tag cell boundaries. Motivated by the highly conserved

nature of actin, and the non-species-specific binding of phalloidin (*14*), we sought to identify ways

that would enable the retention of the phalloidin signal after optical clearing of the tissues. Inspired

by previously reported techniques that stabilize phalloidin binding (*11*), we turned to the catshark

embryos, a non-traditional model species, for proof-of-principle experiments and labelled the

phalloidin-conjugated Alexa Fluor 488 fluorescent dye with an anti-Alexa Fluor 488 antibody

(Figure 3A, B). After formaldehyde fixation, the antibodies and their respective conjugated

fluorescent dyes were not affected by refractive index matching solutions (*13*) and the tissue can

be cleared while maintaining patterns of phalloidin binding (Figure 3C). As such, embryonic

Figure 3. Schematic of phalloidin retention and tissue clearing process using catshark embryos as an example. A) After fixation, permeabilization, and blocking, tissues are stained with phalloidin conjugated to Alexa Fluor 488. B) Phalloidin is then antibody-tagged with anti-fluorescent dye (Alexa Fluor 488) primary antibodies, followed by fluorescently-tagged secondary antibodies. At this point, the sample can undergo refractive index-matching imaging. C) The tissue sample is then incubated in heterobifunctional linker (Ac-X) that converts primary amines on the antibodies to reactive acrylamide groups. These acrylamide groups are then polymerized along with acrylamide monomers and bis-acrylamide crosslinkers into a polyacrylamide hydrogel network. From here, the tissue can be digested with proteinase K to RI-match the tissue to water.

catsharks maintain the phalloidin signal after RI-matching and can be imaged at sub-micron

resolutions at full tissue penetration depths using confocal microscopy (Figure 4A).

A major limitation of the protocol outlined in Figure 3A-C is that high powered ($\geq 25\times$) glycerine or oil

immersion objectives are typically manufactured with limited working distances ($\leq 570\,\mu m$ for Zeiss, Leica,

and Nikon objectives) and that the full thickness of larger tissue samples cannot be imaged (Figure S1). Thus,

we seek a method to utilize high magnification water immersion objectives with long, > 1 mm, working

distances. To that end, we adapted protocols from the protein-retention Expansion Microscopy (proExM)

technique (*6*, *12*, *15*), where, after antibody labeling, we conjugated the tissue proteins to a polyacrylamide

hydrogel and subjected the tissue-gel construct to a nonspecific proteolytic digestion that renders the samples

transparent and RI-matched to water (Figure 3D). Protein-gel conjugation is achieved using the

heterobifunctional crosslinker 6-((acryloyl)amino)hexanoic acid, succinimidyl ester (AcX) that covalently

substitutes primary amines of tissue protein and antibodies with reactive acrylamide groups. These reactive

acrylamide groups then polymerize into the backbone of the polyacrylamide hydrogel. Once the tissues have

been enzymatically digested, they can be imaged using water immersion objectives.

Using a $40\times$ water immersion objective, we are able to successfully image, at high resolution and resolving

power, tissues from catshark tail-tips that are hundreds of microns thick while maintaining the phalloidin

signal (Figure 4B,C). The quality of the protein-retention, gel embedded images (Figure 3B) matches those

of similarly sized samples cleared with RI-matching media CUBIC-R (Figure 3A). Since the gel embedded

samples can be imaged with higher power objectives, the potential resolution of the images is higher,

especially in the z-direction.

Figure 4. 3D confocal images of optically cleared catshark tissues with phalloidin retention, counterstained with DAPI. A-G) Tail tips showing the dermal denticles (yellow arrows) and; H-J) mandibles showing the dental lamina (yellow arrows). A-C) Orthogonal views of 3D confocal volumes. A) 27 mm catshark tail tip with phalloidin retention protocol and optically cleared with CUBIC-R refractive index matching media. Scalebar: 300 µm. B) 27 mm and C) 32 mm catshark tail tips with phalloidin retention protocol, polyacrylamide gel-embedded, and digested with proteinase K. D-J) Example virtual sagittal slices from 3D confocal volumes of D) 24 mm stage 27 shark tail, E) 25 mm stage 28 shark tail, F) 27 mm stage 29 shark tail, G) 32 mm stage 30 shark tail, and virtual frontal slices of H) 41 mm stage 31 shark mandible, I) 47 mm stage 32 shark mandible, and J) 50 mm stage 33 shark mandible. Scalebars: A,B) 300 µm; C) 600 µm; D) 80 µm; E) 150 µm; F) 250 µm; G) 300 µm; H) 300 µm; I) 400 µm; J) 500 µm.

To further assess the performance of the protein-retention, gel embedded technique in other tissues and

embryonic stages, we imaged a series of catshark tail tip (Figure 4D-G), and mandibles (Figure 4H-J) at

different ages, paying special attention to the comparison of the tail tip dermal denticles and mandibular dental

lamina and tooth buds. We also tested the protein-retention gel embedded technique using E12.5

$K14^{Cre};R26^{mT/mG}$ mouse mandibles, where fluorescent proteins are genetically encoded (Figure S2). In all

cases, we were able to obtain detailed 3-D images (Fig.).

We next assess our ability to segment individual cells after whole-tissue, high-resolution 3-D confocal images

have been acquired. Using a stage 24 mm, stage 27 catshark tail tip as an example, we automatically

segmented each individual cell within the tissue using a custom trained neural network segmentation model

(*16*). The phalloidin channel (Figure 5A) served as the main input signal for cell boundaries and was sufficient

for the custom trained model to successfully segment each individual cell within the tissue (Figure 5B). Cell

Figure 5. Example 24 mm stage 27 shark tail tissue processed with phalloidin retention protocol, polyacrylamide gel-embedded, and digested with proteinase K. Segmented cells using CellPose and measured properties of each 3D volumetric cell. Volumetric images of A) input phalloidin fluorescence signal, and B) individually segmented cells. C-H) Heat maps of cellular morphology and phalloidin intensity. C) Average phalloidin intensity per cell, D) length of longest principal axis of each cell, E) cell sphericity, F) ratio of the largest/smallest principal axes, G) local cell density in units of cells/volume, and H) cell volume. Scalebar 100 µm.

segmentations also allow further computational processing to obtain cell-by-cell data such as: average F-actin

concentration per cell (Figure 5C); length of the longest principle axis of the cell (Figure 5D); the sphericity

of the cell (Figure 5E); the ratio of the longest and shortest (major/minor) principle axes of the cell (Figure

5F); the local cell density, in units cells/unit volume (Figure 5G); and the volume of each cell (Figure 5H). In

Figure 5, however, we showcase the properties of the cells on the surface of the tissue, not the interior.

To obtain cellular information within the tissue interior, we produced virtual sections through the segmented

and cell property-labeled images to obtain 2-D snapshots of 3-D cellular morphology information about cells

from a particular tissue region and view (Figure 6). Epithelial morphogenic processes, fundamentally rely on

the bending of epithelial sheets that, in simple terms, can occur by two different modes: invagination into the

underlying tissue; and evagination outwards from the epithelial surface (*17*), however, the mechanisms by

which epithelial bending direction is not well understood. Using the catshark mandibular dental lamina

Figure 6. Example heat maps of 3D cell properties mapped on a cell by cell basis from 3D volumetric images. Sections from i) 43 mm shark mandible, ii) 47 mm shark mandible, iii) 25 mm shark tail, iv) 28 mm shark tail. Cell-by-cell measurements of A) average F-actin staining intensity, B) cell volume, C) cell sphericity, and D) length of the longest principal axis of the cells. Scalebars 100 µm.

(Figure 6i,ii) and tail-tip dermal denticles (Figure 6iii, iv) as examples, we compared the cellular properties of

both invaginating (dental lamina) and evaginating (dermal denticles) tissue structures. To explore the cell

behaviors that could lead to these two different types of epithelial bending, we examined the distribution of

F-actin across the tissues (Figure 6A), cellular volume (Figure 6B), the cell sphericity (Figure 6C), and the

length of the longest principle axis of the cells (Figure 6D). The first signs of tooth development and

invagination come when the local epithelium thickens (*18*) and the basal epithelial cells elongate (*19*),

however, it is less clear if basal epithelial cell elongation also precedes epithelial evagination. We first

confirmed that the basal epithelial cells of the catshark mandibular dental lamina are elongated in early (Figure

6Di) and later stage (Figure 6Dii) dental lamina. Cell sphericity is a similar metric that measures how spherical

or elliptical a cell is; thus, we expect that basal epithelial cells at the dental placode to be more elliptical. Indeed,

we find that the same cells that are elongated (Figure 6Di, ii) are also more elliptical (Figure 6Ci, ii). Next, we

find that similar to the dental placode, the basal epithelial cells of the evaginating tail-tip dermal denticles also

locally elongate in regions of placode formation in both early (Figure 6Div) and later stage denticles (Figure

6Diii). Interestingly, the basal epithelial cells of newly formed dermal denticle placodes (Figure 6Diii, iv

yellow arrows) are more elongated than older, more distal placodes that have more fully evaginated (Figure

6Diii, iv white arrows), where elongated cells are also typically more elliptical (Figure 6C). Next, we are

interested to see if cell growth, by observing local changes in cell volume predicted epithelial bending.

Surprisingly, we find no definitive patterns of cell volume in neither the catshark dental lamina nor dermal

denticles (Figure 6B). Finally, we look at the distribution of F-actin staining intensity on a cell-by-cell basis

by averaging the staining intensity through the whole volume of each cell (Figure 6A). Mesenchymal cells

underlying the dermal denticles exhibit elevated F-actin staining intensity that indicates elevated cell tension

(Figure 6Aiii, iv yellow arrows). In contrast, we see no particular pattern of F-actin staining intensity in the

dental lamina placodes (Figure 6Ai, ii).

Conclusions

In this work we have developed a method to image cell boundaries at sub-micron resolutions. While genetic

model organisms can be bred to express fluorescent proteins in their cell membranes, wild type and non-

traditional model animals do not have this luxury. Given that phalloidin, which selectively labels F-actin in

most species, acts as a good marker of cell boundaries, we adapted a method to retain phalloidin staining

during tissue clearing. These phalloidin-retained tissues were further processed and optically cleared by two

different methods: the embryonic tissues could simply be incubated in a refractive index-matching solution;

or embedded into a polyacrylamide gel, covalently binding the tissue proteins to the gel backbone, and

digesting the remaining tissue so that tissue was refractive index-matched with water. The latter method

allowed us to utilize high magnification, long working distance water dipping objectives to image the entire

tissue. The subsequent images were then automatically segmented using a user-trained neural network

segmentation model, which output each individual cell volume of the tissues. As an example application, we

examined epithelial bending of the invaginating catshark dental lamina and their evaginating dermal denticles.

This data leaves us to believe that basal epithelial cells elongate in regions of high in-plane epithelial

compression, and that increased F-actin activity in the mesenchymal portion of the dermal denticle placode

constricts the mesenchyme, causing it to buckle outwards. We expect that the techniques devised in this work,

will help developmental biologists apply more quantitative measures of 3D cell morphology to understand

tissue morphogenesis.

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Materials & Methods

Materials

Tricaine (Syndel), Phosphate Buffered Saline (PBS) (Fisher Scientific), paraformaldehyde (PFA,
Thermo Scientific), goat serum (Gibco), bovine serum albumin (BSA, Fisher Scientific), Triton
X-100 (Fisher Scientific), phalloidin conjugated to either Alexa Fluor™ 488 (Thermo Fisher
A12379), or Alexa Fluor™ 633 (Thermo Fisher A22284), 4′,6-diamidino-2-phenylindole
(DAPI, Biotium 40009), rabbit anti-Alexa Fluor™ 488 (Thermo Fisher A11094), goat anti-rabbit
633, (Biotium 20122), 35 mm glass bottom dish (Thermo Scientific), low melting point agarose
(Thermo Scientific), #1.5 coverglass (Fisher Scientific), dimethyl sulfoxide (DMSO, Thermo
Scientific), acrylamide (AAm, Thermo Scientific), bis-acrylamide (BAAm, Thermo Scientific),
ammonium persulfate (APS, Acros Organics), tetramethylethylenediamine (TEMED, Thermo
Scientific), 4-hydroxy-2,2,6,6-tetramethylpiperidin-1-oxyl (TEMPO, Thermo Scientific), and
Proteinase K (Invitrogen) were used as purchased.
246
A wash solution of 0.1% Triton X in 1× PBS (PBST), refractive-index matching solution (45 w/v%
antipyrine (Thermo Scientific), 30 w/v% nicotinamide (Thermo Scientific), and 0.5 v/v% N-
butyldiethanolamine (Thermo Scientific) in distilled water: termed CUBIC-R (*13*)), were made
fresh in the lab. Digestion buffer consisting of Triton X, ethylenediaminetetraacetic acid (EDTA,
Sigma), tris(hydroxymethyl)aminomethane (Tris hydrochloride, Roche), and sodium chloride
(Sigma) was prepared as previously described (*12*).
253
254 6-((Acryloyl)amino)hexanoic Acid, Succinimidyl Ester (AcX, CAS number: 63392-86-9) was
255 synthesized as previously described (*20*, *21*).
256

Collection of embryos and fixation
Mice: $K14^{Cre}$;$R26^{mT/mG}$ mice were generated by crossing $K14^{Cre}$ (MGI:2445832) (*22*) with
$R26^{mT/mG}$ (MGI:3716464) (*23*). C57BL/6 were purchased from JAX. All mice were group housed
and genotyped as previously published. To generate embryos for experiments, mice were mated
overnight, and noon of the day of vaginal plug discovery was designated as E0.5. Pregnant females
were euthanized by CO_2 followed by cervical dislocation. Both male and female GFP-positive
$K14^{Cre}$;$R26^{mT/mG}$ embryos or C57BL/6 embryos were selected at random and used for experiments.
Mandibles were dissected out in PBS and fixed in freshly made 4% paraformaldehyde (PFA) in
1× PBS for 12 hours on a rocker at 4°C. The samples were then washed in 1× PBS three times for
10 minutes each and stored in 0.5% PFA at 4°C until use. All mice were maintained in the
University of California Los Angeles (UCLA) pathogen-free animal facility. All animal
procedures were conducted in compliance with animal protocols approved by the UCLA
Institutional Animal Care and Use Committee (Protocol Number ARC-2019-013).
270
Sharks: Fertilized eggs of small spotted catshark (*Scyliorhinus rotifer)* were obtained from the
Marine Biological Laboratory, Woods Hole, MA (stages 28-32). Embryos were mechanically
extracted and placed in a 0.5% Tricaine solution diluted in in 1× PBS solution for thirty minutes.
Embryos were then fixed in freshly made 4% PFA in 1× PBS for 24 hours on a rocker at 4° C.

Fixed samples were washed in 1× PBS four times for 1h each. Mandibles and tails were dissected
out and stored in 1× PBS. From this point forward, samples were protected from light during.
277
Immunofluorescence labeling and tissue clearing.
<u>Antibody and fluorescence labeling</u>. Mouse mandibles and shark mandibles and tails were first
incubated in blocking buffer (5% goat serum, 1% BSA, 0.3% Triton X in 1× PBS) for 24 hours on
a rocker at 4^oC. Next, the samples were incubated in phalloidin conjugated to either Alexa Fluor™
488 or 633 (1:200) and DAPI (0.1 mg/mL) in blocking buffer for 7 days on a rocker at 4^oC. The
samples were then washed in PBST three times for 1h each before storage in 1× PBS. Samples
receiving no further antibody treatment were either cleared or imaged directly. Samples were then
stained with anti-fluorophore antibody (1:200) in blocking buffer for 3 days on a rocker at 37^oC
protected from light. The samples were then washed in PBST three times for 1h each. The labeled
samples were then stained with secondary antibody (1:300) in blocking buffer for 3 days on a
rocker at 37^oC. The samples were then washed in PBST three times for 1h each.
289
290   <u>Tissue clearing</u>. Tissues were rendered optically transparent by two different methods: the first
291   renders the samples optically transparent by simply immersing them in an aqueous-based high
292   refractive index solution; the second covalently binds the antibodies into a 3D polymer network
293   and enzymatically digests the remaining tissue.
294
(A) To render tissues optically transparent in a high-refractive index solution, fluorescently labeled
samples were first fixed in freshly made 1% PFA in 1× PBS for 24 hours on a rocker at 4° C.
Samples were then washed for 2h in 1× PBS before immersing in a for 1-3 days (depending on
the size of the embryonic sample) in CUBIC-R to render the tissues optically transparent for three-
dimensional imaging. Samples were mounted on a 35 mm coverglass bottom dish suspended in a
0.5% agarose solution in CUBIC-R to avoid movement of the sample during the imaging process.
The mounted samples were then covered with a coverglass before imaging.
302
(B) To render tissues optically transparent in a low refractive index aqueous solution, fluorescently
labeled samples were incubated in a freshly made solution of the heterobifunctional linker AcX.
A stock solution of 50 mg/mL AcX in anhydrous DMSO was freshly prepared before diluting 10-
fold in PBS. Samples were immediately immersed in the AcX solution for 24 hours on a rocker at
22° C. The functionalized tissues were then washed with PBST for 2h and immersed in a cold
polyacrylamide pre-polymer solution consisting of AAm (9.6 w/v%), BAAm (0.25 w/v%),
TEMPO (0.75 w/v%), APS (0.2 w/v%), and TEMED (0.2 v/v%) in 1× PBS for 4h in an ice bath,
while rocking. The pre-polymer solution was replaced and the samples were placed between two
glass slides with 1 mm spacers, which was filled with the pre-polymer solution. The glass slide-
sample sandwiches were then incubated at 37^oC for 1h to polymerize the polyacrylamide gels.
The tissue-gel construct was then trimmed and immersed in a solution of Proteinase K in digestion
buffer (0.2 mg/mL) and incubated for 48h on a rocker at 22° C, or until the tissue was rendered

optically transparent. The tissues were then washed with 1× PBS three times for 1h each. Samples
were mounted in a 35 mm plastic dish suspended in a 0.5% agarose solution in 1× PBS before
imaging.
318
Confocal imaging
Samples were imaged with a Zeiss confocal laser scanning microscopes (LSM 900) equipped with
either a Plan-Apochromat 25x/0.8 glycerine immersion objective with a working distance (WD)
of 0.57 mm or a Plan-Apochromat 40x/1.0 water dipping objective, WD 2.5mm. A pinhole of 1
AU was used. Three dimensional, whole-tissue volumes were acquired using a combination of Z-
stacks and image tiling.
325
Image Processing and segmentation.
Images were processed and visualized with Zen (Zeiss), ImageJ and Imaris. The multi-tiled images
were stitched with the ImageJ plugin BigStitcher (*24*). Certain contrast adjustments were applied
to enhace details for visualization and segmentation, but not for signal quantification. The stitched
images were reoriented and cropped to contain the region of interest and reduce file size and
segmented using CellPose (*9*). Before segmentation the neural network model was trained using a
subset of images where the F-actin signal was used as the primary channel, and the DAPI signal
was used as the secondary (*16*). Training was repeated and refined as needed to produce properly
segmented 3D cell volumes. Segmented volumes were output as multi-Z masks tiff file.
335
336 Once the individual cells were segmented, the mask files were imported into MATLAB the
337 properties of 3-D volumetric image regions were measured with the regionprops3 algorithm. A
338 piece of custom MATLAB code was then utilized to reconstruct 3-D heatmaps of the segmented
339 cells labeled with different morphological features (volume, sphericity, F-actin concentration, cell
340 length, etc…).
341
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