Preclinical evaluation of tissue-selective gene therapies for congenital generalised lipodystrophy

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Short title: Tissue-selective gene therapy in lipodystrophy

ABSTRACT

Lipodystrophy is a rare disorder which can be life-threatening. Here individuals fail to

develop or maintain appropriate adipose tissue stores. This typically causes severe metabolic

complications, including hepatic steatosis and lipoatrophic diabetes. There is no cure for

lipodystrophy, and treatment options remain very limited. Here we evaluate whether tissue-

selective adeno-associated virus (AAV) vectors can provide a targeted form of gene therapy

for lipodystrophy, using a preclinical lipodystrophic mouse model of *Bscl2* deficiency. We

designed AAV vectors containing the mini/aP2 or thyroxine-binding globulin promoter to

selectively target adipose or liver respectively. The AAV-aP2 vectors also contained the

liver-specific microRNA-122 target sequence, restricting hepatic transgene expression.

Systemic delivery of AAV-aP2 vectors overexpressing human *BSCL2* restored adipose tissue

development and metabolic health in lipodystrophic mice without detectable expression in

the liver. High doses (1×10^{12} GCs) of liver-selective vectors led to off target expression and

adipose tissue development, whilst low doses (1×10^{10} GCs) expressed selectively and

robustly in the liver but did not improve metabolic health. This reveals that adipose tissue-

selective, but not liver directed, AAV-mediated gene therapy is sufficient to substantially

recover metabolic health in generalised lipodystrophy. This provides an exciting potential

new avenue for an effective, targeted, and thereby safer therapeutic intervention.

INTRODUCTION

46 Gene therapy aims to provide therapeutic benefit to individuals suffering from diseases or

47 disorders that currently have no cure. This can be achieved using various strategies, including

48 gene replacement, gene silencing or gene editing technologies [1]. Whilst numerous delivery

49 platforms are available for gene therapy, adeno-associated virus (AAV) vectors appear to be

50 the safest and most effective vehicle for therapeutic purposes [2, 3]. A recent meta-analysis of

two decades of AAV usage in clinical settings identified 136 unique clinical trials with AAV products designed to treat 55 disorders [3]. These intensive research efforts have led to multiple AAV based gene therapies (Glybera (discontinued 2017), Beqvez, Elevidys, Hemgenix, Luxturna, Roctavian, Upstaza and Zolgemsa) successfully gaining regulatory approval for the treatment of a variety of disorders.

AAV-mediated gene therapies are particularly effective to treat rare genetic disorders, which can be chronic, debilitating, and life-threatening conditions. Lipodystrophy is one example of this [4], and is characterised by altered adipose tissue mass, distribution or function [5]. Individuals with severe forms of lipodystrophy, such as congenital generalised lipodystrophy type 2 (CGL2), have significantly reduced adipose mass and develop complex metabolic complications, including insulin resistance, lipoatrophic diabetes, hypertriglyceridemia, and hepatic steatosis [6]. Lipodystrophy also substantially impacts quality of life for individuals with this disorder and has been shown to reduce lifespan by more than thirty years [7]. Due to its scarcity, a lack of understanding and insufficient scientific research into this disorder, effective therapeutic treatment options for lipodystrophy remain very limited [8].

Adipose tissue has recently emerged as an attractive target for AAV vectors. Intensive research efforts have identified specific AAV serotypes and novel recombinant AAV vectors that can effectively target adipose tissue depots [9]. These studies have also provided proof of concept that AAV-mediated gene therapy could effectively be utilised to correct disorders of adipocyte dysfunction, such as leptin deficiency [10, 11], and reverse metabolic complications in a preclinical model of a known human disorder. We recently revealed that systemic AAV-mediated gene therapy, restoring functional expression of the defective *Bscl2* gene, is also capable of restoring adipose tissue development and metabolic health in a preclinical mouse model of CGL2 [12]. This approach utilised AAV8 vectors to drive transgene expression using

the strong ubiquitous cytomegalovirus (CMV) promoter. However, clinically, tissue-selective

promoters are now favoured for gene therapy when delivered systemically [2, 3]. Whilst

substantial advances have been made in gene therapies targeting other tissues, research

exploring AAV-mediated gene therapy for adipose tissue disorders, and in particular

lipodystrophy, remains extremely limited [9].

In this study we used the mini/aP2 promoter to examine whether adipose tissue-

selective AAV gene therapy is capable of rescuing adipose development and restoring

metabolic health in a preclinical mouse model of CGL2. We also evaluated the effects of

liver-selective expression using the thyroxine binding globulin (TBG) promoter [13, 14]. This

revealed that adipose, but not liver-selective re-expression of functional human *BSCL2*, is

highly effective in restoring adipose development and metabolic health, thereby offering an

effective and refined therapeutic intervention strategy for lipodystrophies.

MATERIALS AND METHODS

Ethics approval statement. Procedures on wild type (WT) and seipin knockout (SKO) mice

were approved by the University of Aberdeen Ethics Review Board and performed under the

Animals (Scientific Procedures) Act 1986 under project license (PPL: P1ECEB2B6)

approved by the UK Home Office.

Animal studies. SKO mice were generated as previously described and maintained on a

C57BL/6J background [15]. Power calculations were used to estimate sample size based on

anticipated changes in blood glucose levels from values and standard deviations obtained

during previous procedures. In order to attain statistical significance of $p < 0.05$ with a power

level of 80%, a sample size of eight mice per group was anticipated. Mice had *ad libitum*

access to water and chow diet (CRM (P) 801722, Special Diets Services) unless otherwise

stated. Mice were group-housed in home cages at 20-24°C, 45-65% humidity and exposed to

a 12hr/12hr light-dark period. Body composition was measured using the EchoMRI™-500

analyser (Zinsser Analytic GmbH). Blood glucose levels were determined by glucometer

readings (AlphaTrak® II, Zoetisus) from tail punctures. Tissues were rapidly dissected post-

mortem, frozen in liquid nitrogen and stored at -70°C.

AAV administration. Prior to AAV administration, 15- to 17-week-old male and female

SKO mice were randomised then intraperitoneally (I.P.) injected with 1×10^{12} genome copies

of AAV8 expressing the long form of human *BSCL2* (NM_001122955.4) under the

cytomegalovirus (CMV), mini/aP2 (aP2) or thyroxine binding globulin (TBG) promoter

(AAV8-CMV-hBSCL2 (VB191203-2053snp), AAV8-mini-aP2-hBSCL2-miR-122

(VB211102-1003sae), AAV8-TBG-hBSCL2 (VB220221-1474ujt), VectorBuilder) or AAV8-

CMV-eGFP (VB010000-9394npt, VectorBuilder) vectors. For low titer studies, 9- to 12-

week-old male and female SKO mice were I.P. injected with 1×10^{10} genome copies of

AAV8-mini-aP2-hBSCL2-miR-122 or AAV-TBG-hBSCL2 vectors. Investigators were not

blinded to the group allocation during experiments and/or when assessing the outcomes. The

I.P. route of administration can occasionally be unreliable, for example inadvertent injection

into the gut. Mice determined to have not responded to AAV treatment were therefore

excluded from all analysis.

Tolerance tests. Oral glucose and insulin tolerance tests were performed five and eight

weeks after AAV administration respectively. Male and female mice were placed in clean

cages and food was withheld for 5 hours. Basal glucose levels (0 min) were determined by

glucometer readings (AlphaTrak® II, Zoetisus) from tail punctures. Mice were then

administered either 2 g/kg d-glucose (Sigma-Aldrich) bolus by gavage or 0.75 IU/kg human

insulin (ActRapid, NovoNordisk) by I.P. injection. Blood glucose levels were monitored at

15-, 30-, 60- and 90-min. Mice had *ad lib* access to water throughout.

Immunohistochemistry. Liver and adipose tissues were fixed in 10% formalin, embedded in

paraffin and 5 µm sections cut. Sections were deparaffinised in xylene, and rehydrated.

Epitope retrieval was performed using 10 mM Sodium Citrate Buffer (pH 6, 0.05% Tween)

and incubating at 126°C for 3 min. For endogenous peroxidase quenching, sections were

treated with 3% H_2O_2 in methanol for 15 minutes followed by 2X H2O, 2X TBS-Triton

(0.025% Triton) and 2X TBS-Tween-20 (0.1% Tween-20) 5-minute washes each. After

blocking in 3% BSA in TBS-T for 1 hour at room temperature, sections were incubated

overnight with primary antibody at 1:500 (BSCL2/Seipin, #23846, Cell Signaling) in 1%

BSA in TBS-T at 4°C. Sections were washed 3X 5 min with TBS-T and incubated with

secondary antibody at 1:500 (#7074, Cell Signaling) in 1% BSA in TBS-T for 1 hour at room

temperature. After 3 washes with TBS-T for 5 min, DAB staining was performed as per

manufacturer's protocol (Vector, DAB Peroxidase Substrate, Cat: SK-4100). Slides were

dehydrated and coverslips were mounted with CV Mount (Leica, 14046430011).

H&E staining. Deparaffinised 5 µm liver and adipose tissue sections fixed in 10% formalin

were rinsed in H2O and stained with hematoxylin solution (GHS316-500ml, Sigma-Aldrich)

for 5 minutes and washed with H_2O for 2 minutes. Destaining/Differentiation was performed

with 1% acid alcohol for 30 seconds and 1 minute H_2O, followed by bluing with saturated

lithium carbonate solution for 1 minute. Sections were washed with H_2O and stained with

eosin (1% eosin, 2% phloxine, 2.5% $CaCl_2$) for 2 minutes. Slides were dehydrated by

washing in H_2O for 20 seconds, 2X 70% ethanol, 2X 100% Ethanol and 2X 2 minutes

incubation in xylene. Coverslips were mounted with CV Mount (Leica, 14046430011).

Serum analysis. Blood was collected in SST™ amber tubes (BD Microtainer®) from five-

hour fasted mice by cardiac puncture, inverted and incubated at room temperature for 30

minutes. Samples were centrifuged at $12,000 \times g$ for 10 minutes and serum collected. Insulin,

glucose, adiponectin, leptin, Fgf21, alanine transaminase (ALT) and aspartate transaminase

(AST) analysis was performed at the Core Biochemical Assay Laboratory (Cambridge, UK).

Serum triglyceride (TG) levels were determined using the Triglyceride Liquid Assay

(Sentinel Diagnostics). Quantitative insulin sensitivity check index (QUICKI) was calculated

as previously described [16]. QUICKI = $1/[\log(I_0) + \log(G_0)]$, where I_0 is fasting insulin

(μU/mL) and G_0 is fasting glucose (mg/dL).

Gene expression. RNA was extracted from frozen tissues using the RNeasy mini kit

(Qiagen). Equal quantities of total RNA were DNase I treated (Sigma), reverse transcribed

using the Tetro cDNA Synthesis Kit following the manufacturer's protocol (Meridian

Biosciences). Real-time quantitative PCR was performed on the CFX384 Touch™ Real-

Time PCR Detection System (BioRad). No template and no reverse transcriptase controls

were performed for every gene analysed. The geometric mean of three stable reference genes

(*Nono*, *Ywhaz* and *Hprt*) was used for normalisation.

Liver triglyceride assay. Frozen liver tissue samples were weighed, homogenised in 1 ml of

PBS, and kept on ice. Liver lysates were centrifuged at $6,000 \times$ g for 10 minutes at 4°C.

Supernatants were collected and TG levels determined using the Triglyceride Liquid Assay

(Sentinel Diagnostics) and normalised to tissue weight.

Western blot. Frozen tissues were homogenised in RIPA buffer containing cOmplete

protease inhibitor (Roche). Protein concentrations were determined by BCA assay (Thermo).

SDS-PAGE was performed using equal quantities of protein and transferred to PVDF

membrane. All biological replicates have been assessed for transgene expression. For tissue

panel analysis, human BSCL2 protein levels were examined in multiple tissues from a single

representative mouse for each treatment. Antibodies used at a dilution of 1 in 1-2000

included anti-BSCL2/Seipin, which is only capable of reacting with human BSCL2/Seipin

(#23846, Cell Signaling) and anti-Calnexin (ab75801, Abcam). Anti-Rabbit HRP secondary

antibody was used at a dilution of 1 in 5000 (#7074, Cell Signaling) and visualised using

enhanced chemiluminescence (Immobilon Crescendo Western HRP Substrate, Millipore,

#WBLUR0500).

Statistical analyses. All data are presented as mean ± SD. Biological data was assessed for

normality using the Shapiro-Wilk normality test. Experiments where individual biological

data was determined to have excessively deviated from a normal distribution was assessed for

lognormal distribution and then the entire dataset was transformed to logarithms prior to

analysis. Data was analysed by one-way ANOVA with Tukey post-hoc test or two-way

repeated measures ANOVA with Bonferroni post-hoc test as appropriate using GraphPad

Prism. If SDs were significantly different as determined by the Brown-Forsythe test, Brown-

Forsythe and Welch ANOVA tests were performed. A P-value <0.05 was considered as

statistically significant.

RESULTS

Gene therapy mediated reversal of hyperglycaemia in SKO mice

We previously revealed that gene therapy effectively restores adipose tissue development and

metabolic health in a preclinical mouse model of CGL2 [12]. This approach utilised AAV8

vectors containing the human *BSCL2* gene driven by the strong ubiquitous CMV promoter

(AAV8-CMV-hBSCL2). Use of the human *BSCL2* gene was employed to allow for specific

detection of our transgene in target tissues. To examine if tissue-selective gene therapies

could be effective, we designed AAV8 vectors containing the mini/aP2 [13] or TBG [14]

promoters (Figure 1A) to drive human *BSCL2* gene expression selectively in adipose tissue or

liver, respectively. The mini/aP2 vector also contained four copies of the liver-specific

microRNA-122 (miR-122) target sequence, to restrict off-target hepatic transgene expression.

198   Cohorts of 15- to 17-week-old male and female seipin knockout (SKO) mice were

randomised and I.P. injected with 1×10^{12} genome copies of AAV8-CMV-hBSCL2 (AAV-

CMV), AAV8-mini/aP2-hBSCL2 (AAV-aP2), AAV8-TBG-hBSCL2 (AAV-TBG) or AAV8-

CMV-eGFP (AAV-GFP) as a control. Mice were fed a chow diet for 8 weeks and

physiological and metabolic measurements were performed (Figure S1A). Similar to our

previous observations [12], weight gain in wild type (WT) and AAV-GFP injected mice was

comparable, and AAV-CMV injected mice failed to gain weight after AAV administration

(Figure 1B). Interestingly, weight gain also ceased in both AAV-aP2 and AAV-TBG treated

mice, comparable to AAV-CMV treated mice (Figure 1B). EchoMRI analysis revealed

significantly decreased body fat mass (Figure 1C) and increased lean mass (Figure 1D) in

SKO mice when normalised to body weight compared with WT mice. This was observed

both at 4- and 8-weeks after AAV injection, with no significant differences between

treatment groups. As expected, examination of *ad lib* blood glucose levels revealed AAV-

GFP injected mice were hyperglycaemic, and this was significantly reversed by AAV-CMV

injection at 4- and 8-weeks (Figure 1E). Similar significant reductions in blood glucose levels

were also apparent in AAV-aP2 and AAV-TBG treated SKO mice 4-weeks post-AAV and in

AAV-aP2 treated mice 8-weeks post AAV, with no significant differences observed when

compared with WT mice (Figures 1E).

These findings indicate that gene therapy designed to selectively target adipose tissue

appears as effective as untargeted CMV driven gene therapy at reversing hyperglycaemia in a

preclinical mouse model of CGL2. Surprisingly however, gene therapy using the liver-

selective TBG promoter also gave similar results.

Effect of gene therapies on metabolic complications in SKO mice

To determine if tissue-selective gene therapies had additional beneficial effects, we examined

metabolic complications present in SKO mice. Oral glucose and insulin tolerance tests were

significantly impaired in AAV-GFP treated mice compared to WT controls (Figure 2A+B).

This was completely reversed in mice receiving either AAV-aP2 or AAV-TBG vectors

(Figure 2A+B). Fasted circulating insulin levels were significantly elevated in AAV-GFP

treated mice compared with WT controls (Figure 2C). Both mini/aP2 and TBG promoter

driven expression of hBSCL2 restored fasting insulin to similar levels observed in WT

controls (Figure 2C). Fasting glucose levels were not significantly different between any of

the groups examined (Figure 2D). Quantitative insulin-sensitivity check index (QUICKI)

analysis was significantly decreased in AAV-GFP treated mice compared with WT mice,

confirming insulin resistance (Figure 2E). Again, both AAV-aP2 or AAV-TBG gene

therapies completely restored insulin sensitivity by this measure in SKO mice (Figure 2E).

We next examined key circulating serum factors. AAV-GFP treated mice had

significantly elevated circulating Fgf21 levels compared with WT mice (Figure 2F). This was

completely normalised in mice receiving AAV-aP2 and AAV-TBG vectors (Figure 2F).

Markers of liver damage, alanine aminotransferase (ALT) and aspartate transaminase (AST),

were significantly elevated in AAV-GFP treated mice (Figure 2G+H). Both AAV-aP2 and

AAV-TBG gene therapies significantly reduced circulating ALT, however remained

significantly elevated compared to WT levels (Figure 2G). Both treatments also reduced

circulating AST levels, which was statistically significant in AAV-aP2 treated mice (Figure

2H). Serum triglyceride (TG) levels were not significantly different between WT and AAV-

GFP treated mice (Figure 2I). However, a significant reduction of serum TG was evident in

AAV-aP2 treated mice, with an even greater decrease observed in SKO mice treated with

AAV-TBG vectors (Figure 2I).

We also examined the effect of gene therapies on liver weights, liver TG levels and

hepatic gene expression markers. Significantly increased liver weights and liver TG levels

were observed in AAV-GFP treated mice compared to WT controls (Figure 2J+K). Liver

weights were significantly decreased in SKO mice treated with AAV-aP2 and AAV-TBG,

similar to the effect observed in SKO mice treated with AAV-CMV (Figure 2J). These

significant reductions in liver weight predominantly account for the reduced weight gain

observed in AAV treated mice (Figure 1B). Despite reductions in liver weight, no significant

differences were observed in liver TG levels measured per gram of tissue between AAV-

GFP, AAV-CMV or AAV-TBG treated mice (Figure 2K). Curiously however, liver TG

levels per gram of tissue were reduced in AAV-aP2 injected mice and normalised to WT

levels, although this did not reach statistical significance (Figure 2K). Expression levels of

genes known to be dysregulated in the livers of SKO mice such as *Scd1*, *Fgf21*, *Fabp4* and

Pparg were significantly upregulated in AAV-GFP treated SKO mice compared with WT

controls (Figure S1B+C). These increases were reversed by either AAV-aP2 or AAV-TBG

injection to SKO mice, apart from for *Scd1* which remained elevated in mice injected with

the adipose tissue-selective AAV-aP2 vector. Expression of *Ppara* was not significantly

altered in SKO mice or either of the treatment conditions (Figure S1B+C).

262   Overall, these findings reveal that adipose tissue-selective AAV-aP2 gene therapy can

significantly improve multiple metabolic complications in SKO mice. Surprisingly, AAV-

TBG, which is intended to drive liver-selective expression of human *BSCL2*, produced

similar effects when delivered at the same titer.

Evaluation of AAV vector tissue specificity in SKO mice

Previous reports indicate that hepatic *Bscl2* deficiency does not play a significant role in the

development of metabolic disease in SKO mice [14, 17]. It is therefore unclear why AAV-TBG

treatment restored metabolic health in SKO mice if this provided liver-selective restoration of

human BSCL2 as intended. We therefore characterised in detail the tissue specificity of our

gene therapy vectors.

272   Human *BSCL2* mRNA was detectable in the livers of all SKO mice receiving AAVs

encoding hBSCL2. However, AAV-aP2 injected mice expressed only modest levels of

hBSCL2 compared to AAV-CMV treated SKO mice (Figure 3A). In contrast, AAV-TBG

injection led to dramatically higher hBSCL2 mRNA expression in the livers of SKO mice,

more than thirty-fold higher than in AAV-CMV treated mice. Histological staining for human

BSCL2 protein confirmed the robust expression in AAV-TBG treated mice, with more

modest expression in AAV-CMV treated mice (Figure 3B). Despite detecting human *BSCL2*

mRNA in AAV-aP2 treated samples, albeit at low levels (Figure 3A), human BSCL2 protein

was not detectable in liver sections from these mice (Figure 3B). This is likely due to the

incorporation of the liver-specific miR-122 target sequence in this vector (Figure 1A).

As reported previously [12], visceral adipose tissue depots were completely absent in

AAV-GFP injected mice, but substantially restored in AAV-CMV injected mice (Figure

3C+S1D). Similar quantities of gonadal and retroperitoneal white adipose tissue (gWAT and

rWAT respectively) were dissectible from AAV-aP2 treated mice. Surprisingly, this was also

the case for AAV-TBG injected mice (Figure 3C+S1D). H&E sections from each AAV

treatment revealed that gWAT adipocyte size and cell morphology were similar to that

observed in WT mice (Figure 3D). We confirmed the absence of murine *Bscl2* mRNA and

observed substantial expression of key murine adipocyte markers (*Pparg*, *Leptin* and

Adiponectin) in restored gWAT of AAV-aP2 and AAV-TBG injected mice (Figure S1E+F).

Consistent with the rescue of functional adipose tissue, circulating adipose derived hormones

leptin and adiponectin were found to be significantly increased in both AAV-aP2 and AAV-

TBG injected SKO mice compared to AAV-GFP injected controls (Figure 3E).

Interestingly, human *BSCL2* mRNA expression was evident in gWAT of both AAV-

aP2 and AAV-TBG injected mice (Figure S1E+F) indicating that the latter can drive adipose

expression at this titer despite using the liver-selective TBG promoter. To examine the tissue

specificity of each vector further, we assessed human BSCL2 protein levels in multiple

tissues from AAV-aP2 and AAV-TBG treated mice by western blot analysis. BSCL2

expression was present in gWAT and more highly expressed in rWAT of AAV-aP2 injected

mice, but not detected in the liver or other tissues examined (Figure 3F). In contrast, BSCL2

was highly expressed in the liver, and appeared undetectable in gWAT and rWAT of AAV-

TBG injected mice (Figure 3G). The high level of BSCL2 expression in liver of AAV-TBG

injected mice may have masked low level expression in other tissue. We therefore repeated

western blot analysis excluding the liver and indeed observed low level off-target expression

of human BSCL2 in gWAT and rWAT, along with muscle and testis (Figure S1G). Finally,

we compared BSCL2 expression in gWAT from AAV-CMV, AAV-aP2 and AAV-TBG

treated SKO mice. Encouragingly, the use of the adipose tissue-selective promoter (AAV-

aP2) resulted in similar human BSCL2 protein expression to that found when using the strong

ubiquitous CMV promoter (AAV-CMV). In contrast, little to no hBSCL2 protein was

detected in the AAV-TBG treated mice when directly compared (Figure S1H).

Together, these findings indicate that high adipose tissue specificity appears to have

been achieved for the AAV-aP2 vector. However, low level off-target transgene expression in

other tissues including adipocytes or their precursors was present when using the AAV-TBG

vector administered at high titers (1×10^{12} genome copies).

Examining tissue-selective gene therapies at low AAV titers in SKO mice

Our findings confirm previous reports that adipose tissue restoration is responsible for

improvements to metabolic health in SKO mouse models [18-20]. However, it remains unclear if

liver-selective gene therapy could be of therapeutic benefit. We previously reported that

AAV8 vectors target the liver, but not adipose tissue depots when I.P. injected at 1×10^{10}

genome copies [12]. Therefore, we utilised this lower dose to determine whether liver-selective

gene therapy was indeed effective.

Cohorts of 9- to 12-week-old male and female SKO mice were I.P. injected with

1×10^{10} genome copies of AAV-aP2 or AAV-TBG vectors. Mice were then fed a chow diet

for 4 weeks and physiological and metabolic measurements were performed. At this lower

dose, both AAV-aP2 and AAV-TBG treated mice gained weight that was comparable and not

significantly different to WT controls (Figure 4A). Examination of blood glucose levels in

mice fasted for 5 hours and re-fed chow for 1 hour revealed that AAV-aP2 and AAV-TBG

treated mice remained hyperglycaemic at 2- and 4-weeks post-injection (Figure 4B).

Postmortem serum TG levels were also not significantly different between WT and AAV

injected mice (Figure 4C). Upon dissection, gWAT (Figure 4D) and rWAT (images not

shown) was not evident in either AAV-aP2 or AAV-TBG treated mice. Despite confirming

the presence of human BSCL2 protein in livers of AAV-TBG treated mice by western blot

analysis (Figure 4E), no significant improvements to liver weights (Figure 4F) or liver TG

levels (Figure 4G) were apparent in either group. Similarly, no significant improvements

were observed to the dysregulated liver markers *Scd1* or *Pparg*, which remained elevated

under these conditions (Figure 4H).

Overall, these findings reveal that the liver-selective AAV-TBG gene therapy vector

when administered at 1×10^{10} genome copies is unable to improve metabolic dysfunction that

is present in a preclinical mouse model of CGL2.

DISCUSSION

Globally, rare disorders are thought to impact around 6% of the population [21].

However, the scarcity of individual conditions poses significant challenges to the

development and implementation of viable and effective therapeutic solutions. Gene therapy

has emerged as a practical and transformative medical intervention aimed at preventing,

treating, and potentially curing an array of genetic and acquired disorders [1-3]. Its efficacy is

particularly pronounced in addressing rare monogenic disorders, which can be chronic,

debilitating, and life-threatening conditions.

349   Lipodystrophy is a rare disorder [4] characterised by abnormal or deficient adipose

350 tissue formation and distribution in the body [5]. The only current dedicated treatment strategy

351 for generalised lipodystrophy is metreleptin [22] which can be highly effective, but it is

352 expensive and not always widely available. Other pharmacological therapies are currently

353 being investigated and there is evidence that GLP-1R agonists could be useful in the

354 treatment of CGL2 [23]. Due to the severity of this disorder, alternative and invasive strategies

355 have also been explored for generalised and partial lipodystrophies, including bariatric

356 surgery [5] and a recent first-in-literature report of a liver transplantation [24]. However, current

357 therapies only manage the severe metabolic complications that develop, and none can restore

358 adipose tissue development or functionality [8].

359   Several studies have revealed that adipose tissue can be effectively targeted by

360 multiple AAV serotypes [9]. Despite the complete absence of adipose tissue in mice with

361 severe lipodystrophy, we recently revealed that AAV vectors can restore adipose tissue

362 development and metabolic health in a preclinical mouse model of CGL2 [12]. This approach

363 utilised AAV8 vectors to drive transgene expression using the strong ubiquitous CMV

364 promoter, which targeted multiple tissues including the liver and rescued adipose tissue.

365 Previous research indicates that restoration of adipose tissue alone is responsible for the

366 improvements to glucose homeostasis in SKO mice [18-20]. However, a recent study highlighted

367 that AAV-mediated overexpression of *Bscl2* in the liver alleviated high-fat diet-induced

368 hepatic steatosis in WT mice [25], potentially indicating beneficial liver-mediated effects.

369 Therefore, to investigate the capabilities of gene therapy for lipodystrophy further, we

370 evaluated the efficacy of both adipose and liver tissue-selective gene therapies using the

371 mini/aP2 [13] and TBG [14] promoters respectively.

372   It has been reported that adipose-selective mini-promoters are significantly less potent

373 than ubiquitous promoters [9, 13]. Despite this, AAV vectors harbouring the mini/aP2 promoter

effectively restored visceral adipose tissue development and metabolic health in SKO mice,

when used at the same dose (1×10^{12}) as AAV vectors containing the CMV promoter.

Transgene expression appeared highly selective for adipose tissue, and off-target hepatic

transgene expression was prevented through the incorporation of the liver-specific microRNA

target sequence miR-122 into the AAV vector [26]. Therefore, our findings indicate that

adipose tissue-selective AAV-mediated gene therapy for lipodystrophy is feasible and could

provide an effective and refined form of therapeutic intervention without the need to use

strong ubiquitous promoters. This is particularly encouraging as recent trends in AAV

clinical trials indicate an increased usage of tissue-selective promoters, particularly when

administration is by systemic delivery [2,3].

Curiously, AAV vectors containing the liver-selective TBG promoter were equally

effective at restoring metabolic health in SKO mice when administered at dose of 1×10^{12}

genome copies. If liver-mediated gene therapy could restore adipose tissue development and

metabolic health in lipodystrophy, this would be highly attractive due to the extensive prior

knowledge and application of this approach that has been gained from numerous clinical

trials targeting this organ [2]. While there is evidence that overexpressing *Bscl2* in the liver may

be beneficial in high-fat diet fed mice [25], the literature indicates that hepatic *Bscl2* deficiency

does not play a significant role in the development of metabolic disease in SKO mice [14,17].

Unexpectedly, when using the TBG promoter, visceral adipose tissue depots developed to a

similar extent seen when using the CMV and mini/aP2 promoters. This is despite the fact that

transgene expression appeared to be highly liver-selective by western blot analysis.

One explanation for the effects observed when using AAV8-TBG vectors at high

doses is a transient/low level of *BSCL2* transgene expression present in adipose progenitor

cells, enabling adipose tissue development to occur. Indeed, adipose-specific ablation of

Bscl2 in adult mice does not result in the severe lipodystrophy observed in SKO mice [27-29].

Therefore, adipose tissue depots can be maintained when Bscl2 protein levels are low or

absent. Confirming this possibility, a recent study identified that standard screening methods

underreport AAV8-mediated transduction when examining gene editing after AAV-CRISPR

delivery [30]. The authors revealed that AAV8 vectors can target numerous and previously

unknown cell and tissue types through transient/low level transgene expression, which have

previously been missed when examining transduction patterns based on high and stable

expression of reporter genes. In agreement with this, we were able to detect human *BSCL2*

mRNA in gWAT and low human BSCL2 protein expression in gWAT, rWAT, muscle and

testis in SKO mice injected with AAV-TBG. We previously reported that AAV8 transgene

expression was detectable in the liver, but not adipose tissue when administered at a dose of

1×10^{10} genome copies [12]. Using this lower AAV titer, we confirmed the presence of BSCL2

protein in the liver, however adipose tissue development and improved metabolic health was

no longer observed in SKO mice. Therefore, liver-mediated gene therapy for CGL2 is

unlikely to be a feasible approach to improve metabolic health.

Our data have revealed novel insights into the feasibility of tissue-selective gene

therapy for lipodystrophy disorders. However, several issues and challenges remain if this is

to become a realistic mode of therapeutic intervention. Whilst the use of an adipose tissue-

selective promoter AAV vector was effective, the amount of visceral adipose tissue

development was no greater than that observed with a strong ubiquitous promoter.

Additionally, this approach again failed to stimulate subcutaneous adipose tissue

development, as observed in our previous studies [12]. Far more research will be necessary to

determine the optimal requirements to target and stimulate adipose tissue development in this

depot. This will include examining different routes of administration such as direct injection,

intravenous delivery, and oral administration [9, 31], which we have not yet performed through

detailed studies in our preclinical mouse model of lipodystrophy. The development and

assessment of novel AAV serotypes [32] and exploration of alternative adipose tissue/cell-

specific promoters [10] will also be critical. Furthermore, despite an extensive history of AAV

usage in the clinical setting, to our knowledge, no clinical trials to date have aimed to directly

target adipose tissue [2, 3]. Therefore, no clinical information is available to suggest that what

has been observed in mouse models [9, 12] could be effectively translated to human disorders of

adipose tissue dysfunction.

Overall, our findings have evaluated the potential of tissue-selective AAV-mediated

gene therapy for lipodystrophy disorders. Our data conclusively prove that liver-selective

AAV-mediated gene therapy is unfortunately not an effective strategy for CGL2 and should

not be considered further as a therapeutic intervention. However, we reveal that usage of an

adipose tissue-selective mini-promoter within AAV vectors is an effective form of

therapeutic intervention to restore metabolic health in severe forms of lipodystrophy such as

CGL2. Continued efforts should be made to develop this form of therapy to provide an

effective treatment for this rare and devastating disorder.

DATA AVAILABILITY

The datasets generated and/or analysed during the current study are available from the

corresponding author on reasonable request.

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AUTHOR CONTRIBUTIONS

M.T. acquired data and interpreted results, A.R. and N.S. acquired data, W.H., M.D. and

J.J.R. assisted with design of the work, G.D.M. conceived the study, designed, acquired, and

interpreted the results and drafted the manuscript. All authors have revised and approved the

final version of the manuscript and agree to be accountable for all aspects of the work.

G.D.M is the guarantor of this work and, as such, had full access to all the data in the study

and takes responsibility for the integrity of the data and the accuracy of the data analysis.

COMPETING INTERESTS

G.D.M. and J.J.R. are co-inventors on a patent application for the use of gene therapies

designed for the treatment of conditions of lipodystrophy.

FIGURE LEGENDS

Figure 1: Tissue-selective gene therapies reverse hyperglycaemia in SKO mice. (**A**) Viral

vector plasmid design to overexpress the long form of the human *BSCL2* transcript

(NM_001122955.4) driven by the adipose-selective mini/aP2 (pAAV8-mini/aP2-hBSCL2) or

liver-selective thyroxine binding globulin (pAAV8-TBG-hBSCL2) promoters. (**B**) Weight

gain progression in wild type (WT) and seipin knockout (SKO) mice after I.P. injection of

1×10^{12} genome copies of AAV8 vectors containing GFP (AAV-GFP), or human BSCL2

under control of the CMV (AAV-CMV), mini/aP2 (AAV-aP2) or TBG promoter (AAV-

TBG). Whole body fat mass (**C**) and whole body lean mass (**D**) levels normalised to body

weight and assessed by EchoMRI four and eight weeks after AAV administration. (**E**) Blood

glucose levels in *ad lib* fed WT, AAV-GFP, AAV-CMV, AAV-aP2 and AAV-TBG treated

mice at four and eight weeks after administration of gene therapy. All data are biological

replicates presented as the mean ± SD, n = 44 (WT), 14 (AAV-GFP), 5-6 (AAV-CMV), 5

(AAV-aP2) and 5 (AAV-TBG) mice per group, * p<0.05, ** p<0.01, *** p<0.001 and ****

p<0.0001 vs WT, #p<0.05, ## p<0.01, ### p<0.001 and #### p<0.0001 vs AAV-GFP.

Figure 2: Tissue-selective gene therapies improve metabolic complications in SKO mice.

Oral glucose (**A**) and insulin (**B**) tolerance tests in WT, AAV-GFP, AAV-aP2 and AAV-TBG

treated mice. The glucose bolus (2 g/kg) was given by gavage. Human insulin (0.75 IU/kg)

was administered by I.P. injection. Serum insulin (**C**), glucose (**D**), quantitative insulin

sensitivity check index (QUICKI) analysis (**E**), Fgf21 (**F**), ALT (**G**), AST (**H**) and

triglyceride (TG) levels (**I**) in WT, AAV-GFP, AAV-aP2 and AAV-TBG treated mice fasted

for five hours and eight weeks after AAV administration. Liver weights normalised to body

weight (**J**) and liver TG levels (**K**) in WT, AAV-GFP, AAV-aP2 and AAV-TBG treated mice

eight weeks after AAV administration. All data are biological replicates presented as the

mean ± SD, n = 32 (WT), 11 (AAV-GFP), 5 (AAV-aP2) and 5 (AAV-TBG) mice per group,

for A-I, n = 44 (WT), 16 (AAV-GFP), 5 (AAV-CMV), 5 (AAV-aP2) and 5 (AAV-TBG)

mice per group for J-K, *p<0.05, ** p<0.01, *** p<0.001 and **** p<0.0001 vs WT and #

p<0.05, ## p<0.01, ### p<0.001 and #### p<0.0001 vs AAV-GFP.

Figure 3: Evaluation of AAV vector tissue specificity in SKO mice. Relative human *BSCL2*

gene expression levels (**A**) and representative antibody staining of human BSCL2 protein (**B**)

from livers of AAV-CMV, AAV-aP2 and AAV-TBG treated mice eight weeks after AAV

administration. Gonadal white adipose tissue (gWAT) weights (**C**) and representative H&E

sections of gWAT (**D**) from WT, AAV-CMV, AAV-aP2 and AAV-TBG treated mice. (**E**)

Circulating serum levels of leptin and adiponectin in WT, AAV-GFP, AAV-aP2 and AAV-

TBG injected mice fasted for five hours. Western blot tissue panel analysis of human BSCL2

protein levels in AAV-aP2 (**F**) and AAV-TBG (**G**) injected mice. Data in A, C and E are

biological replicates presented as the mean ± SD, n = 5 (AAV-CMV), 5 (AAV-aP2) and 5

(AAV-TBG) mice per group for A, n = 44 (WT), 5 (AAV-CMV), 5 (AAV-aP2) and 5 (AAV-

TBG) mice per group for C, n = 12 (WT), 10-11 (AAV-GFP), 5 (AAV-aP2) and 5 (AAV-

TBG) for E. * $p<0.05$, ** $p<0.01$, and **** $p<0.0001$ vs WT, ## $p<0.01$, ### $p<0.001$ and

$p<0.0001$ vs AAV-GFP by one-way ANOVA, ntd = no tissue dissected. Scale bars

represents 50 μm.

Figure 4: Examining tissue-selective gene therapies at low AAV titers in SKO mice. (**A**)

Weight gain progression in WT and SKO mice after I.P. injection of 1×10^{10} genome copies

of AAV-aP2 or AAV-TBG. (**B**) Blood glucose levels in WT, AAV-aP2 and AAV-TBG

treated mice fasted for five hours and re-fed chow for one hour at two and four weeks after

AAV administration. Serum TG levels (**C**), postmortem dissection images (**D**) and western

blot analysis of human BSCL2 protein levels in liver (**E**) of WT, AAV-aP2 and AAV-TBG

treated mice four weeks after AAV administration. White arrows in D highlight gWAT depot

in WT mice. Liver weights normalised to body weight (**F**), liver TG levels (**G**) and relative

gene expression levels of metabolic markers in the liver (**H**) of WT, AAV-aP2 and AAV-

TBG treated mice four weeks after AAV administration. All data are biological replicates

presented as the mean ± SD, n = 13 (WT), 7 (AAV-aP2) and 4 (AAV-TBG) mice per group,

* $p<0.05$, ** $p<0.01$, *** $p<0.001$ and **** $p<0.0001$ vs WT, \$ = not detected.

A

pAAV-mini/aP2-hBSCL2
5845 bp

pAAV-TBG-hBSCL2
5658 bp

B

Weight gain (%)

WT
AAV-GFP
AAV-CMV
AAV-aP2
AAV-TBG

C

Fat mass (%)

4 weeks post-AAV   8 weeks post-AAV

D

Lean mass (%)

4 weeks post-AAV   8 weeks post-AAV

E

4 weeks post-AAV   8 weeks post-AAV

Blood glucose (mmol/L)

WT AAV-GFP AAV-CMV AAV-aP2 AAV-TBG