Integrative genomic reconstruction of carbohydrate utilization networks in bifidobacteria:

global trends, local variability, and dietary adaptation

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ABSTRACT

Bifidobacteria are among the earliest colonizers of the human gut, conferring numerous health benefits. While multiple *Bifidobacterium* strains are used as probiotics, accumulating evidence suggests that the individual responses to probiotic supplementation may vary, likely due to a variety of factors, including strain type(s), gut community composition, dietary habits of the consumer, and other health/lifestyle conditions. Given the saccharolytic nature of bifidobacteria, the carbohydrate composition of the diet is one of the primary factors dictating the colonization efficiency of *Bifidobacterium* strains. Therefore, a comprehensive understanding of bifidobacterial glycan metabolism at the strain level is necessary to rationally design probiotic or synbiotic formulations that combine bacterial strains with glycans that match their nutrient preferences. In this study, we systematically reconstructed 66 pathways involved in the utilization of mono-, di-, oligo-, and polysaccharides by analyzing the representation of 565 curated metabolic functional roles (catabolic enzymes, transporters, transcriptional regulators) in 2973 non-redundant cultured *Bifidobacterium* isolates and metagenome-assembled genomes (MAGs). Our analysis uncovered substantial heterogeneity in the predicted glycan utilization capabilities at the species and strain level and revealed the presence of a yet undescribed phenotypically distinct subspecies-level clade within the *Bifidobacterium longum* species. We also identified Bangladeshi isolates harboring unique gene clusters tentatively implicated in the breakdown of xyloglucan and human milk oligosaccharides. Predicted carbohydrate utilization phenotypes were experimentally characterized and validated. Our large-scale genomic analysis considerably expands the knowledge of carbohydrate metabolism in bifidobacteria and provides a foundation for rationally designing single- or multi-strain probiotic formulations of a given bifidobacterial species as well as synbiotic combinations of bifidobacterial strains matched with their preferred carbohydrate substrates.

Keywords

bifidobacteria; carbohydrate metabolism; metabolic reconstruction; probiotics; prebiotics; synbiotics; MAG

INTRODUCTION

Bifidobacteria are Gram-positive saccharolytic microorganisms that predominantly inhabit the gastrointestinal tracts of various animals[1]. Multiple *Bifidobacterium* species colonize the human gut throughout our lifespan, with many factors shaping this process, most notably the carbohydrate content of the diet[2,3]. For example, breastfeeding plays a pivotal role in fostering the dominance of specific *Bifidobacterium* species within the neonatal gut microbiota[4] due to their evolutionary adaptation to metabolize milk glycans, such as human milk oligosaccharides (HMOs)[5–9]. Dietary changes throughout early life, namely the cessation of exclusive breastfeeding and the introduction of solid complementary foods, drive a gradual succession of bifidobacterial taxa from those tuned for HMO utilization to those more adapted to foraging dietary glycans (oligo- and polysaccharides) of plant origin[10–12].

Geographic/cultural differences in dietary practices profoundly influence the prevalence and abundance of specific *Bifidobacterium* taxa in gut microbial communities. For example, *Bifidobacterium longum* subsp. *infantis* (*Bl. infantis*), a specialized HMO utilizer[13], constitutes up to 90% of the microbial composition in the microbiota of healthy breastfed infants from non-Westernized populations[14–16]. The neonatal microbiota of individuals from Westernized populations often lack *Bl. infantis* and instead are enriched in less proficient HMO utilizers such as *Bifidobacterium longum* subsp. *longum* (*Bl. longum*), *Bifidobacterium breve*, and *Bifidobacterium pseudocatenulatum*; this appears to be mainly due to a preference for formula use versus breastfeeding and other cultural differences[4,14,17,18].

Despite this variability in taxonomic composition, the overall predominance of *Bifidobacterium* in gut communities is widely associated with multiple health benefits, especially in infancy. For example, the end products of bifidobacterial carbohydrate metabolism, lactate and acetate, can inhibit pathogen colonization[19–21] and serve as a basis for cross-feeding with various community members[22,23]. Additionally, multiple *Bifidobacterium* species produce aromatic lactic acids and other metabolites that modulate the immune system[24–27]. Given these beneficial properties, some bifidobacterial strains are commonly administered as probiotics[28–32]. Complementary strategies, such as prebiotic administration, are employed to facilitate the engraftment of probiotic strains[32–34].

Methods for the rational selection of specific probiotic strains and prebiotic glycans for different populations need to be developed further. For example, the engraftment of a commonly

used probiotic *Bl. infantis* strain may not be sufficiently stable in Bangladeshi children who do

not receive enough breast milk and consume supplementary diets with high plant glycan

content[32]. Instead, *Bl. infantis* strains isolated from members of the target population may be

better adapted to the local diet due to distinctive genomic features related to the metabolism of

glycans commonly consumed in that population[32]. Thus, *a priori* knowledge of the metabolic

potential to utilize carbohydrates, especially in *Bifidobacterium* strains from understudied

populations, may be instrumental in the rational development of locally adapted pro- and

prebiotics.

Comparative genomics and related computational approaches have been widely

employed to predict the carbohydrate utilization capabilities that underpin the metabolic

preferences of bifidobacterial strains. These approaches include analyses of the distribution of

Carbohydrate Active Enzymes (CAZymes)[11,35–39], genotype-to-phenotype matching[40–42], and

genome-scale metabolic models[43–45]. However, insufficiently detailed expert curation of gene

annotations and carbohydrate utilization pathways is a common shortcoming of many previous

studies. For example, glycan transporters and transcription factors are frequently overlooked in

metabolic reconstructions. Moreover, most analyses have used genomic datasets that did not

fully capture the diversity within the *Bifidobacterium* genus, especially at the strain level.

In this work, we reconstructed 66 metabolic pathways defining carbohydrate utilization

capabilities (phenotypes) by analyzing the representation of a manually curated set of 565

metabolic functional roles (catabolic enzymes, CAZymes, transporters, and transcriptional

regulators) in 263 non-redundant reference genomes of human-associated *Bifidobacterium*

strains, including 19 novel isolates from Bangladeshi children. Forty predicted glycan utilization

phenotypes were tested and validated *in vitro* using a panel of 16 strains. The obtained genomic

compendium was leveraged to develop and apply a machine learning model, which enhanced the

ability to predict the distribution of carbohydrate utilization pathways in additional 2710 non-

redundant genomes of *Bifidobacterium* isolates or metagenome-assembled genomes (MAGs).

Our results uncovered remarkable variability of predicted glycan utilization capabilities at the

species and strain levels and revealed the presence of a novel phenotypically distinct subspecies-

level clade within the *Bifidobacterium longum* species. Furthermore, we identified several

Bangladeshi *Bifidobacterium* strains harboring unique gene clusters enabling the catabolism of

plant hemicelluloses and HMO mixtures, suggesting an evolutionary adaptation to maintenance

in the intestinal ecosystems of children who were well into the weaning process. The knowledge
database obtained in our analyses enhances our understanding of carbohydrate metabolism and
its diversification in bifidobacteria and provides a foundation for rational development of pre-,
pro- and synbiotics.

RESULTS

In silico **reconstruction of carbohydrate metabolism in reference *Bifidobacterium* strains**

Detailed metabolic reconstruction and prediction of carbohydrate utilization

phenotypes — Our reconstruction covered a set of 263 non-redundant *Bifidobacterium* genomes

of cultured isolates, including 19 novel strains from Bangladeshi infants (**Supplementary Table**

1). We first performed a pangenome analysis to identify 487 core genes shared by all genomes

and constructed a maximum-likelihood phylogenetic tree based on the alignment of concatenated

sequences of these genes to verify the taxonomic assignments of each strain (**Supplementary**

Fig. 1). This phylogenomic analysis, combined with pairwise comparisons of average nucleotide

identities (ANI) of the genomes, allowed us to refine taxonomic assignments for 24 strains and

delineate subspecies-level clades within the *Bifidobacterium longum* and *Bifidobacterium*

catenulatum species (**Extended Data Fig. 2**; **Supplementary Note 1**). Overall, the genomes in

the reference set were both taxonomically (19 species and subspecies) and geographically (20

countries) diverse (**Fig. 1a**).

We leveraged a subsystem-based comparative genomics approach[46,47] to reconstruct

carbohydrate utilization pathways and predict associated metabolic phenotypes (**Fig. 1b**). To do

so, we first performed extensive mining of available literature and databases to identify 425

groups of orthologous carbohydrate utilization genes whose encoded protein products were

either experimentally characterized in bifidobacteria (200 metabolic functional roles) or were

homologous to proteins whose function had been established in other microbial taxa. The

analysis of genomic context combined with *in silico* reconstruction of transcriptional regulons

(see *Methods* and **Supplementary Notes 2-3**) allowed us to tentatively functionally annotate 140

additional groups of orthologous genes representing novel metabolic roles involved in glycan

metabolism. As a result, we created a curated list of 565 roles that included 226 components of

glycan-specific transporters, 188 catabolic CAZymes, 67 downstream catabolic enzymes, and 84

transcription factors (**Supplementary Table 4**). Selected functional roles were used to

reconstruct 21 pathways involved in the utilization of monosaccharides and their derivatives

(sugar alcohols and acids), 39 pathways for the utilization of di- and oligosaccharides, and 10

pathways for polysaccharide degradation (**Supplementary Table 3**). The reconstructed

pathways captured 81.8% of all catabolic CAZymes [glycoside hydrolases (GHs), carbohydrate

esterases (CEs), and polysaccharide lyases (PLs)], which genes were identified in 263 reference

genomes (**Extended Data Fig. 1b**).

154   We designed specific rules associating the gene patterns of each carbohydrate utilization

pathway with corresponding metabolic phenotypes (*Methods;* **Extended Data Fig. 1a**;

Supplementary Table 5). These "phenotype rules" described sets of genes whose presence or

absence in a genome distinguished metabolic pathway variants. Pathway variants were translated

into binary phenotypes corresponding to utilizers of a specific glycan ("1") and non-utilizers

("0") (*Methods*; **Supplementary Table 5**). The results were combined into a Binary Phenotype

Matrix (BPM) that captured a representation of all predicted glycan utilization capabilities across

the 263 reference *Bifidobacterium* strains (**Supplementary Table 6**). To initially assess the

robustness of this approach, we compared the predicted carbohydrate utilization phenotypes with

previously published *in vitro* growth data for six *B. breve* and 19 *B. longum* reference strains

grown on 17 and 23 carbon sources[40,48], respectively (**Supplementary Table 12a,b**). The overall

prediction accuracy was 95% (F-score 0.95; **Supplementary Table 12c**).

166   ***Species-level variability of predicted carbohydrate utilization phenotypes*** — The

obtained BPM was used to analyze the distribution of predicted glycan utilization capabilities

across the *Bifidobacterium* genus. Hierarchical clustering of the BPM highlighted the variation in

conservation of carbohydrate utilization pathways (**Fig. 2**). Glucose (Glc), galactose (Gal),

lactose (Lac), galactoligosaccharide (GOS), and fructose (Fru) utilization pathways were present

in >99% of the analyzed reference strains, thus forming the core sugar catabolic capabilities of

human-colonizing bifidobacteria. The predicted ability to utilize sucrose (Scr), maltose (Mal),

malto- and isomaltooligosaccharides (MOS and IMO), melibiose (Mel), raffinose-family

oligosaccharides (RFO), and short-chain fructooligosaccharides (scFOS) was conserved in all

Bifidobacterium species except *Bifidobacterium bifidum* and *Bifidobacterium gallicum.* Other

pathways were more sporadically distributed and associated with distinct glycan preferences of

different *Bifidobacterium* species (**Fig. 2**). For example, *B. bifidum, B. breve,* and *Bl. infantis*

strains had multiple pathways involved in the utilization of host-derived glycans, such as HMOs

and their constituents, whereas *Bifidobacterium adolescentis, Bifidobacterium dentium*, *Bl.*
longum, and *B. pseudocatenulatum* had many pathways driving the catabolism of plant oligo-
and polysaccharides.

In addition to species-level differences, we observed a high degree of strain-level
variability in predicted carbohydrate utilization capabilities. Namely, 55 out of 66 binary
phenotypes varied between strains within at least one *Bifidobacterium* species (**Supplementary**
Table 6). The genomic differences driving this variability ranged from the presence of individual
genes encoding extracellular GHs to genomic loci containing up to 31 genes encoding entire
metabolic pathways (**Figs. 4a, 5a**; **Extended Data Figs. 4b,d, 5a,d,g**; **Supplementary Table 7**).
This strain-level heterogeneity suggested that a general carbohydrate utilization strategy
characteristic for a particular *Bifidobacterium* species can often be tuned at the strain level. For
example, *Bl. infantis* Bg064.S07_13.C6 harbored gene clusters encoding xylooligosaccharide
(XOS) and long-chain fructooligosaccharide (lcFOS) utilization pathways, making this strain
more adapted to metabolize dietary glycans of plant origin compared to most other *Bl. infantis*
strains (**Fig. 2**; **Supplementary Table 7**).

The hierarchical clustering by predicted phenotypes did not completely mirror the order
of branches on the phylogenetic tree based on core genes (**Fig. 2**; **Supplementary Fig. 1**),
indicating an incomplete correspondence between the set of shared phenotypes and phylogenetic
relatedness between genomes within the *Bifidobacterium* genus. For instance, strains belonging
to the species within the *B. adolescentis* phylogenetic group (*B. adolescentis*, *B.*
pseudocatenulatum, *B. catenulatum*, and *B. dentium*)[1] clustered together based on predicted
carbohydrate utilization capabilities. In contrast, predicted phenotypic profiles of strains
belonging to *Bl. infantis* and *Bl. longum*, two phylogenetically related subspecies within the *B.*
longum species, were strikingly different. The representation of glycan utilization pathways in
Bl. infantis, in fact, more resembled *B. breve* — a more distantly related species also inhabiting
the neonatal human gut. Given the importance of *B. longum* in neonatal life, we performed a
more focused analysis of pathway distribution within this heterogeneous species.

Subspecies-level diversity of carbohydrate metabolism within the B. longum species —
The *B. longum* species includes multiple subspecies-level clades delineated based on specific
genetic and phenotypic properties[37,49–53]. Our phylogenomic and ANI-based analyses clustered *B.*
longum genomes into three such clades corresponding to *Bl. infantis*, *Bl. longum*,

Bifidobacterium longum subsp. *suis* (*Bl. suis*), and a distinct clade termed hereafter *Bl. nov*.

(**Extended Data Fig. 2a**; **Supplementary Fig. 1**; **Supplementary Note 1**). Compared to other

B. longum subspecies, this distinct clade had fewer predicted host glycan utilization pathways,

suggesting a lineage-specific loss of genes and gene clusters (**Fig. 2**; **Supplementary Table 7**;

Supplementary Note 4). For example, all *Bl. nov* strains lacked the lacto-*N*-biose/galacto-*N*-

biose (LNB/GNB) utilization pathway[54,55] conserved in all other *B. longum* strains. Conversely,

only *Bl. nov*. strains encoded orthologs of extracellular α-amylase/pullulanase (GH13_14_32)

that releases MOS from soluble starch (ST)[56] as well as a pathway driving the utilization of

difructose dianhydrides (DFA)[57]. These observations suggest that, unlike other *B. longum*

subspecies, *Bl. nov* has a decreased capability to metabolize host-derived glycans but can

potentially metabolize ST and related polysaccharides. These differences in carbohydrate

utilization capabilities, coupled with the ANI analysis, provide a foundation for the future

tentative separation of *Bl. nov*. as a novel subspecies within *B. longum*.

Analysis of the representation of carbohydrate utilization pathways revealed stark

differences between *Bl. infantis* and *Bl. longum* (**Fig. 2**). The primary genomic features

differentiating *Bl. infantis* strains were gene clusters H1[13] and FL1/2[8] encoding transporters and

GHs contributing to the utilization of lacto-*N*-neotetraose (LNnT), 2'/3-fucosyllactoses (FL),

lactodifucotetraose (LDFT), lacto-*N*-fucopentaose I (LNFP I), 3'/6'-sialyllactoses (SL), and

long-chain HMO species (lcHMOs) (**Fig. 5a**; **Supplementary Table 7**). Certain *Bl. infantis*

strains also possessed putative glucuronate (GlcA), inositol (Ino), and gluconate (Gco) utilization

pathways not represented in other *B. longum* subspecies (**Extended Data Fig. 5d-h**;

Supplementary Note 3). The predicted HMO utilization abilities of most *Bl. longum* strains

were driven by an extracellular GH136-family lacto-*N*-biosidase that cleaves lacto-*N*-tetraose

(LNT) into LNB/Lac and partially degrades LNFP I[58]. Four *Bl. longum* strains, however,

harbored a gene cluster driving intracellular FL, LDFT, and LNFP I utilization[59,60]

(**Supplementary Table 7**). On the other hand, *Bl. longum* strains had multiple extracellular GHs

conferring the ability to (partially) degrade type I and II arabinogalactan (AGI/II)[61,62], arabinan

(AR)[63], arabinoxylan (AX)[64,65], and gum arabic (GA)[66,67]. These observations emphasize the

general adaptation of *Bl. infantis* to the foraging of milk glycans, whereas *Bl. longum* is adapted

to metabolize plant mono-, oligo-, and polysaccharides, with a minority of strains being able to

internalize fucosylated HMOs.

We observed substantial heterogeneity of predicted carbohydrate utilization phenotypes

within *Bl. suis*. Five *Bl. suis*-like genomes clustered together with *Bl. longum* based on the

distribution of carbohydrate utilization pathways (**Fig. 2**). Some subtle features differentiating

these *Bl. suis* isolates from the majority of *Bl. longum* strains included the more common

occurrence of L-fucose (Fuc)[68] and FL/LDFT utilization pathways, as well as the absence of

specific extracellular α-L-arabinofuranosidases involved in the degradation of AX

(**Supplementary Table 7**). In contrast, the outlier Bangladeshi *Bl. suis* strain Bg131.S11_17.F6

exhibited a *Bl. infantis*-type pattern of carbohydrate utilization phenotypes and CAZymes (**Fig.**

2; **Extended Data Fig. 1c**). Specifically, this strain harbored the H1 gene cluster involved in the

utilization of multiple HMOs but lacked plant glycan utilization pathways (e.g., Ara, AGII)

conserved in *Bl. longum* and other *Bl. suis* strains (**Fig. 5a**; **Supplementary Table 7**). These

results suggest that Bg131.S11_17.F6 can utilize more HMO species (e.g., LNnT, SL, lcHMOs)

than other closely related *Bl. suis* strains but has a decreased ability to metabolize plant glycans.

Analysis of metabolic pathway representation in 11 additional *Bl. suis*-like genomes confirmed

the uniqueness of the Bg131.S11_17.F6 strain and further highlighted the phenotypic

heterogeneity of this group (**Extended Data Fig. 3**; **Supplementary Note 4**).

Together, these results demonstrate the high variability in carbohydrate utilization

capabilities within the *B. longum* species, both at subspecies and strain levels. They also point to

the unique genomic properties of the Bangladeshi isolates, which we sought to explore further

(as described below).

Distinctive carbohydrate utilization features of Bangladeshi strains — Our previous

study identified distinctive genomic features of particular Bangladeshi *Bl. infantis* strains

pertaining to *N*-glycan and beta-glucoside catabolism[32] and hypothesized that such strains might

be better suited to deploy as probiotics in Bangladeshi children consuming diets containing these

glycans. Here, we uncovered additional genomic features (e.g., gene clusters) of Bangladeshi

isolates that differentiated them from other reference strains of the same species.

One such cluster was identified in *Bifidobacterium catenulatum* subsp. *kashiwanohense*

(*Bc. kashiwanohense*) Bg42221_1E1 and *Bifidobacterium catenulatum* subsp.

kashiwanohense_A Bg42221_1D3, but not in the non-Bangladeshi reference strains belonging to

the *B. catenulatum* species (**Supplementary Table 7**). We designated this cluster "*xgl*", as it

encoded multiple putative GHs (families 3, 5_4, 29, 31, 42, 43_12), an unclassified CE, β-

glucoside kinase, and an ABC transport system that together we hypothesized catabolize specific

plant hemicelluloses, xyloglucans (XGL) (**Figure 4a,b**). Among other species, a similar gene

cluster was also identified in all reference *B. dentium* strains. The first step of the pathway

reconstructed from the *xgl* cluster was the hydrolysis of the XGL backbone to oligosaccharides

by extracellular endo-β-1,4-glucanase Xgl5A (GH5_4). The function of this enzyme was

proposed based on its distant homology with xyloglucanase PpXG5 from *Paenibacillus pabuli*

XG5[69]. Specifically, catalytic and glycan-binding residues of PpXG5 were conserved in Xgl5A

(**Extended Data Fig. 4a**). Released oligosaccharides would be transported into the cell by the

associated ABC transport system (XglABC) and degraded sequentially to individual

monosaccharides and cellobiose by a coordinated action of GHs and CEs via a mechanism

similar to one described in Gram-positive *Ruminiclostridium cellulolyticum*[70]. Transcriptional

regulon reconstruction of XglR, a putative transcription factor from the TetR family, suggested

that *xgl* cluster genes were potentially co-regulated with the *cbpA* gene encoding cellobiose

phosphorylase (GH94), which would act on cellobiose released during XGL degradation (**Fig.**

4a-c; **Supplementary Table 16**).

Another gene cluster unique to *Bc. kashiwanohense* Bg42221_1E1 contained orthologs of

genes constituting the H1 cluster in all *Bl. infantis* strains and the "outlier" Bangladeshi *Bl. suis*

Bg131.S11_17.F6 strain (**Fig. 5a**). The H1 cluster canonically encodes elements of HMO

utilization pathways and is believed to confer the ability to metabolize a multitude of HMO

species[5,13,71]. The H1 variant identified in Bg42221_1E1 encoded two ABC transporters, one of

which (HmoABC) is likely involved in the uptake of LNnT and other type II HMO structures

based on biochemical data[72]. Additionally, this cluster encoded β-*N*-acetylglucosaminidase

(GH20), two α-fucosidases (GH29 and GH95), and α-sialidase (GH33) involved in intracellular

HMO hydrolysis[73–75], as well as downstream catabolic pathways for *N*-acetylglucosamine

(GlcNAc) and fucose. The H1 cluster genes in *Bc. kashiwanohense* Bg42221_1E1 were

predicted to be regulated by NagR (**Fig. 5a**; **Supplementary Table 16**), a ROK-family

transcriptional repressor that controls HMO utilization in various bifidobacteria and senses

GlcNAc and its phosphorylated derivatives[76].

Among other genomic features of Bangladeshi *Bifidobacterium* genomes not represented

in other reference genomes was a putative D-galactonate utilization pathway exclusively present

in *B. breve* Bg41721_1C11 (**Extended Data Fig. 5g,h**; **Supplementary Note 3**). Additionally,

this strain lacked the *nan* gene cluster that encodes a well-characterized catabolic pathway for

sialic acid (Neu5Ac)[77] (**Extended Data Fig. 5a,b**). This absence of *nan* genes in Bg41721_1C11

was remarkable, given their presence in all other reference *B. breve* genomes and their

importance for the foraging of Neu5Ac released from sialylated HMOs and mucin *O*-glycans by,

for example, *B. bifidum*[77,78]. Overall, these results demonstrate that specific Bangladeshi

Bifidobacterium strains have a distinct enhanced ability to catabolize dietary plant

polysaccharides and HMOs, but also may lack pathways typically conserved in reference strains.

These traits may reflect a strain-level adaptation to the lifestyle and diet of Bangladeshi children.

We then sought to experimentally assess the key metabolic predictions for a set of

Bifidobacterium isolates.

Experimental assessment of predicted carbohydrate utilization capabilities in

bifidobacterial isolates

Growth-based assays — To experimentally test some of our *in silico* carbohydrate

utilization predictions, we conducted a series of *in vitro* growth experiments for 16

Bifidobacterium strains, including 10 Bangladeshi, five US, and one Malawian isolate. We used

a panel of carbon sources corresponding to 40 predicted glycan utilization phenotypes: 17

monosaccharides and their derivatives, 18 di- and oligosaccharides, and 5 polysaccharides

(**Supplementary Table 12d**). These strains were cultured in the MRS-AC medium containing a

test carbon source (5-10 mg/mL), and the growth was defined based on strain-specific OD_{600}

thresholds (*Methods*; **Supplementary Fig. 2**).

Consistent with phenotypic predictions, the ability of bifidobacteria to grow on

fructooligosaccharides of different chain lengths (phenotypes scFOS and lcFOS) was species and

strain-dependent (**Fig 3a**). Among five tested *Bl. infantis* strains, one did not grow on any FOS,

two grew only on scFOS, and two grew both on scFOS and lcFOS (**Supplementary Table 12d**).

The strain-dependent ability of *Bl. infantis* to grow on GlcA and XOS was in perfect agreement

with our predictions (**Extended Data Fig. 5d-f**; **Supplementary Table 12d**). Similarly, certain

B. breve strains grew on mannotriose (phenotype bMnOS); however, none of them grew in

MRS-AC supplemented with konjac glucomannan (phenotype bMAN) unlike *B. dentium*

STL_TW14.1_LFYP24, a strain harboring a GH26-family extracellular endo-β-1,4-mannanase

(**Extended Data Fig. 4f-e**; **Supplementary Note 2**). Among the 16 tested strains, only *Bc.*

kashiwanohense Bg42221_1E1 and *B. dentium* STL_TW14.1_LFYP24 harboring the *xgl* cluster

and, thus, predicted to degrade XGL, could grow in the MRS-AC medium supplemented with

tamarind XGL (**Fig. 4d**). We also confirmed that, unlike other *B. breve* strains, the Bangladeshi

strain Bg41721_1C11 lacking the Neu5Ac utilization pathway, did not grow in MRS-AC-

Neu5Ac (**Extended Data Fig. 5c**).

The overall prediction accuracy was 94% (F-score 0.93; **Fig. 3b**; **Supplementary Table**

12e). The prediction accuracy was lower for glycans in the monosaccharides and derivatives

group (90%). Approximately 2/3 of incorrect predictions in that group were false negative, i.e.,

when a strain had been predicted not to utilize a particular monosaccharide but grew in the MRS-

AC medium supplemented with it. It is important to note that strains with false negative

predictions did harbor downstream catabolic pathways for the respective monosaccharides but

were classified as predicted non-utilizers due to the absence of genes encoding known

transporter(s). This observation points to the existence of some yet uncharacterized

monosaccharide uptake mechanisms in bifidobacteria. Similar false negative predictions were

noted for several HMO utilization phenotypes, where we, for example, underpredicted the ability

of *Bl. suis* Bg131.S11_17.F6 to metabolize FL because its genome lacked the genes encoding

characterized FL transporters[8,9] (**Supplementary Table 7**). Some false positive predictions (i.e.,

when a strain had been predicted to utilize a particular glycan but did not grow on it) could be

due to the mutations in genes encoding carbohydrate utilization pathways. For example, the *gltA*

gene encoding the substrate-specific component of the LNT transporter in *B. pseudocatenulatum*

STL_TW14.1_LFYP29 was disrupted by a premature stop codon, which may explain the

absence of growth on LNT.

Glycoprofiling of HMO utilization — As noted above, the H1 cluster in *Bl. infantis* is

believed to confer the ability to metabolize multiple HMOs[13,79]; however, the exact list of

utilized HMO species cannot be confidently predicted due to insufficient knowledge of

individual gene (transporter) functions. Given the presence of homologous H1 clusters in *Bl. suis*

and *Bc. kashiwanohense* isolates of Bangladeshi origin (**Fig. 5a**), we sought to compare their

HMO utilization capabilities with *Bl. infantis* (predicted robust utilizer), *Bl. longum* (predicted

weak utilizer), and *B. pseudocatenulatum* (predicted non-utilizer) strains. We first observed that

only the strains harboring the H1 cluster could efficiently grow in MRS-AC supplemented with

an HMO mixture isolated from pooled human milk (**Fig. 5b**). HPLC-based glycoprofiling of

culture supernatants at two time points (8 and 24 h) revealed that H1 cluster-positive *Bifidobacterium* strains indeed consumed multiple fucosylated and sialylated HMO species compared to H1-negative strains (**Fig. 5d**; **Supplementary Table 13**). The supernatants of H1 cluster-negative *Bl. longum* Bg115.S08_3A11 had reduced quantities of LNT, LNnT, LNFP I, LNFP III, LNH, and FLNH. Since this strain lacked transporters for these HMOs, their depletion was likely not due to intracellular utilization and rather to (partial) extracellular degradation via β-galactosidase and lacto-*N*-biosidase[58] activities, with only LNT degradation products, LNB and Lac, being completely utilized. Supporting this notion, Bg115.S08_3A11 grew in MRS-AC supplemented with LNT but not LNnT (**Supplementary Fig. 2**). The *B. pseudocatenulatum* strain did not utilize tested HMOs, including LNT, consistent with the disruption of the *gltA* gene. Overall, these data provide the first experimental evidence that particular *Bc. kashiwanohense* and *Bl. suis* strains have HMO utilization capability comparable to *Bl. infantis* due to the presence of H1 cluster genes.

RNA-seq analysis of carbohydrate utilization genes in Bc. kashiwanohense — We used RNA-seq to test regulon predictions and functional gene/pathway assignments in the *Bc. kashiwanohense* Bg42221_1E1 strain harboring unique *xgl* and H1 gene clusters. We first compared the transcriptomes of this strain grown in MRS-AC-XGL vs. MRS-AC-Lac. The *xgl* cluster genes (except *xglK*) were the most significantly upregulated (100-550 fold) together with the *cbpA* and *xglE2a* genes (**Fig. 4e**; **Supplementary Table 15a**). This coordinated induction of predicted XGL catabolism genes was consistent with the structure of the reconstructed XglR regulon (**Fig. 4a**). We also observed the moderate induction (4-30 fold) of genes involved in xylose, XOS/AXOS, and xylan/arabinoxylan metabolism (**Fig. 4e**; **Supplementary Table 15a**)[12,80,81]. The upregulation of genes not directly involved in upstream XGL pathway was likely due to the intracellular release of xylose residues acting as a potential transcriptional effector of XylR (ROK family) and XosR (LacI family), transcription factors predicted to repress these genes (**Extended Data Fig. 4b,c**; **Supplementary Table 16; Supplementary Note 2**)[82]. Overall, the transcriptomic profile of *Bc. kashiwanohense* Bg42221_1E1 during growth in MRS-AC-XGL provided additional evidence that the *xgl* cluster confers the ability to catabolize XGL. It also suggests that transcriptional regulatory mechanisms of this strain are adapted to foraging mixtures of various plant oligo- and polysaccharides.

We next compared the transcriptomes of *Bc. kashiwanohense* Bg42221_1E1 grown in MRS-AC-LNT and MRS-AC-Lac. Most H1 cluster genes were significantly upregulated in the presence of LNT (**Fig. 5c; Supplementary Table 15b**). The upregulation of these genes was consistent with the proposed regulation by NagR (**Fig. 5a**), a transcriptional repressor that controls HMO utilization in various bifidobacteria and senses GlcNAc (a structural component of LNT) and its phosphorylated derivatives[76]. These data also suggested that HmoABC or HmoA2B2C2 might be responsible for LNT uptake, given that no other transporter genes were significantly induced.

Overall, the experimental data provided confidence in predicted carbohydrate utilization phenotypes, a justification for their projection over a multitude of newly sequenced *Bifidobacterium* isolates and metagenome-assembled genomes (MAGs). We reasoned that such a projection would enable a comparative analysis of bifidobacterial strains from different geographic areas reflecting different lifestyles and local dietary conditions.

Automated inference of carbohydrate utilization pathways across large collections of genomes and MAGs

We utilized curated metabolic reconstructions obtained for 263 reference *Bifidobacterium* genomes to analyze the representation of glycan utilization pathways in a set of 2710 non-redundant *Bifidobacterium* genomes. This set included 306 genomes of isolates and 2,404 MAGs of high quality (completeness $\geq$ 97 % and contamination $\leq$ 3%). Ten of these genomes corresponded to taxa not represented in the reference collection, namely *Bifidobacterium animalis* subsp. *animalis*, *Bifidobacterium pullorum*, *Bifidobacterium tsurumiense*, and *Bifidobacterium ruminantium*. We used the annotated protein sequences of reference strains to assign putative functions to a subset of 400,267 protein sequences in 2710 genomes (**Fig. 1b**). These sequences formed the basis for predicting which of 66 carbohydrate utilization pathways were encoded in each genome via a random forest model (*Methods*; **Supplementary Tables 8,9**). To assess the metabolic pathway variability beyond carbohydrate utilization, we analyzed the representation of 29 pathways encompassing B vitamin/amino acid biosynthesis[47] and urea utilization (an important species-specific phenotype) using a previously described pipeline[83] (**Supplementary Table 17**).

Non-metric multidimensional scaling (NMDS) of the Hamming distance matrix

calculated from the merged BPM for 2973 genomes, revealed that most genomes of the same

species/subspecies formed distinct clusters (**Fig. 6a**). Taxonomy accounted for 90% of the

variation in the data (PERMANOVA R^2=0.9, p=0.001), indicating significant differences

between the species/subspecies. Furthermore, the test for homogeneity of multivariate

dispersions (F=94.42, p=0.001) highlighted the influence of dispersion effects on the observed

clustering patterns, indicating significant differences in the strain-level variability of

carbohydrate utilization capabilities between taxa. To explore these concepts further, we

calculated predicted phenotypic richness (total number of predicted carbohydrate utilization

pathways) for each genome (**Fig. 6b**) and the percent of predicted utilizers/degraders within each

taxon (**Fig. 6c**). We found significant differences in predicted richness even between

phylogenetically close subspecies-level clades. For example, *Bl. nov.* exhibited significantly

lower phenotypic richness compared to all other *B. longum* subspecies (generalized linear model,

p<0.001, Bonferroni-corrected post-hoc test, **Fig. 6b**), driven by the loss of conserved host

glycan utilization pathways (**Fig. 6b**; **Supplementary Note 4**). Similarly, *Bc. catenulatum* had

significantly lower phenotypic richness than *Bc. kashiwanohense* due to the absence of

fucosylated HMO (FL, LDFT, LNFP I) and plant oligosaccharide (lcFOS, bMnOS, GmOS)

utilization pathways in most studied strains (**Extended Data Fig. 6b**; **Supplementary Note 5**).

The species/subspecies-level differences in predicted carbohydrate utilization capacities,

in part, reflected distinct ecological strategies with respect to the metabolism of dietary glycans

of different origin and structure (**Fig. 6c**). *B. bifidum* showed a notable specialization toward the

metabolism of host glycans (mucin *O*-glycans, HMOs, and their constituents), and most strains

of this species completely lacked pathways involved in the utilization of plant di-/oligo- and

polysaccharides. The predicted glycan utilization capabilities of other *Bifidobacterium* species

were more versatile, although the ability to metabolize polysaccharides of plant origin was less

prevalent compared to their mono-, di- and oligosaccharide constituents (**Fig. 6c**).

The strain-level variability in the distribution of carbohydrate utilization pathways in

2973 genomes was more pronounced compared to 263 reference genomes, with 64 out of 66

pathways varying between strains in at least one taxonomic group (**Fig. 6c**). Notable examples of

strain-level hetergeneity included reference Bangladeshi strains *Bl. suis* Bg131.S11_17.F6 and

Bc. kashiwanohense Bg42221_1E1; the analysis of additional 2710 genomes did not reveal any

other *Bl. suis* and *Bc. kashiwanohense* genomes harboring similar unique genomic features (e.g.,

the presence of H1 and *xgl* cluster genes; **Fig. 6a**; **Extended Data Fig. 6b**). We also identified

that three *B. adolescentis* genomes (AF96-10M2bTA, B37.CMAG_2, UN03-88) encoded

LNB/GNB and *N*-glycan utilization pathways that previously were not reported in this species

(**Supplementary Tables 8,9**). The substantial variability of predicted carbohydrate utilization

capabilities at the strain level contrasted with the conservation of most pathways responsible for

the biosynthesis of essential metabolites such as B vitamins and amino acids (**Extended Data**

Fig. 6a).

We next investigated whether specific carbohydrate utilization pathways are enriched in

bifidobacterial genomes isolated from different human populations using two categories: (i) host

age associated with microbiota maturation (age < 3 years representing infant or transitional

microbiota and age ≥ 3 years representing adult-like microbiota), and (ii) host lifestyle as defined

in Pasolli et al.[84] ("Westernized" vs. "non-Westernized"). We observed the enrichment of host

glycan utilization pathways in genomes recovered from the "age < 3" group samples and the

enrichment of plant glycan utilization pathways in genomes recovered from "age ≥ 3" samples in

both Westernized and non-Westernized cohorts (Fisher's exact test, $P_{adj} \leq 0.01$; **Extended Data**

Fig. 7a,b). When comparing genomes recovered from the same age group but different lifestyles,

11 pathways were enriched in genomes from Westernized child samples, and 16 pathways were

enriched in genomes from non-Westernized child samples; no pathways were significantly

enriched across genomes recovered from adult samples (Fisher's exact test, $P_{adj} \leq 0.01$;

Extended Data Fig. 7c). These results are consistent with the uneven taxonomic distribution of

Bifidobacterium genomes recovered from Westernized and non-Westernized microbiota. For

example, pathways enriched in the non-Westernized children group were associated with *Bl.*

infantis, a subspecies that is more prevalent in the non-Westernized group (Odds ratio = 5.35,

Fisher's exact test, $P_{adj} \leq 0.01$).

Among taxon-specific enrichments, pathways for sorbitol, mannitol (Stl and Mtl;

Supplementary Note 3), and lcFOS utilization were significantly enriched in *Bl. infantis*

genomes of Western origin (Fisher's exact test, $P_{adj} \leq 0.01$; **Extended Data Fig. 7d**). The Stl

utilization pathway was enriched in Westernized *B. adolescentis* genomes, as was the Neu5Ac

and *N*-acetylglucosamine 6-sulfate utilization pathways in Westernized *B. breve* genomes. Our

large-scale analysis pinpoints ecological differences between glycan foraging strategies within

Bifidobacterium that reflect species/subspecies-level evolutionary adaption to different habitats
and diets (e.g., infant gut vs. adult gut). The results also emphasize a substantial strain-level
variability that may have arisen due to adaptation to lifestyle and local diets.
490
491 **DISCUSSION**
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The ability to metabolize dietary carbohydrates is one of the hallmarks of bifidobacterial fitness
in the competitive environment of the human gut[85]. The saccharolytic nature of bifidobacteria is
reflected in their genomic content, with 8-12 % of all genes dedicated to carbohydrate
metabolism[86]. Therefore, detailed knowledge of this complex metabolic process has not only
fundamental importance but also practical implications for the rational selection and
development of pro- and prebiotics. While previous studies have uncovered many species-level
differences of carbohydrate utilization capabilities within the *Bifidobacterium* genus[35,85,87,88], our
knowledge of the strain-level variability remained limited, especially when taking into account
samples collected in low- and middle-income countries[89] A recent expansion in the number of
publicly available *Bifidobacterium* genomes, driven by advances in culturomics[90–93] and
metagenomics[94–98], provides an opportunity to address this problem through genomics-based
metabolic reconstruction. That said, the accurate prediction of carbohydrate utilization
capabilities from genomic data remains a substantial bioinformatic challenge given incomplete
and imprecise functional annotations of genes (especially glycan transporters) and metabolic
pathways in public databases, as well as generally insufficient incorporation of published
experimental data into reconstructions[99].
We have used an *in silico* comparative-genomic approach based on rigorous manual
curation of gene annotations and incorporation of literature data (144 publications) to reconstruct
66 carbohydrate utilization pathways encoded in 2973 *Bifidobacterium* genomes and MAGs. The
analysis of reconstructed pathway representation revealed major differences in glycan foraging
strategies among *Bifidobacterium* species, as well as considerable strain-level variability. The
major differences are likely associated with the evolutionary adaptation of various taxa to
specific ecological niches, such as the infant (breastfed or weaning) and adult gut. While similar
generalizations have been reported previously[35,85,87], the curated metabolic reconstruction
allowed us to pinpoint the exact glycan utilization pathways differentiating *Bifidobacterium*

species and subspecies. This analysis also indicated the presence of a previously undescribed
subspecies-level clade within the *B. longum* species, termed *Bl. nov*. Despite being closely
related to *Bl. longum* phylogenetically, *Bl. nov* strains had several conserved genomic features
distinct from those of other *B. longum* subspecies, namely the lack of the lacto-*N*-biose/galacto-
N-biose pathway[55] and the presence of soluble starch[56] and difructose dianhydride utilization
pathways[57]. Given that most *Bl. nov* genomes were recovered from infants from Westernized
populations, the unique predicted carbohydrate capabilities of this putative subspecies might
indicate an adaptation to Westernized diets, characterized by decreased breast milk and increased
formula intake.

The high degree of strain-level variability in the representation of predicted carbohydrate
utilization pathways was one of the most important findings. This variability, which stemmed
from the differences in the accessory genome ranging from individual genes to gene cassettes
encoding complete metabolic pathways, reflects the adaptive versatility of bifidobacteria at the
strain level. However, some observed differences between closely related strains were more
substantial and comparable to differences observed between species and subspecies. The prime
example is the group of *Bl. suis*-like isolates of Bangladeshi origin. Similar *Bl. suis*-like strains
isolated from weaning Bangladeshi children (recently proposed to be separated as
Bifidobacterium longum subsp. *iuvenis*) were predicted to utilize HMOs and plant fibers based
on the analysis of the distribution of CAZyme genes[11,53]. Our detailed reconstruction of complete
carbohydrate utilization pathways reveals a more nuanced picture of intra-strain variability
within this subspecies-level clade. Specifically, we distinguish between two phenotypic
subgroups within *Bl. suis*-like strains. The first, represented by Bg131.S11_17.F6, resembles *Bl.
infantis* in its ability to forage mixtures of various type I and II HMOs but not polysaccharides of
plant origin. The second subgroup is phenotypically comparable to *Bl. longum* strains SC596 or
MC10007[59,60], which utilize a more limited set of HMOs (LNT, 2'FL, 3FL, LDFT, and LNFP I)
but feature extended plant glycan (e.g., type II arabinogalactan) utilization capabilities. Such
considerable strain variability complicates the explicit delineation of certain species/subspecies-
level clades within *Bifidobacterium*, which historically heavily relied on specific glycan
utilization phenotypes[49,53,88].

The presence of unique gene clusters and metabolic pathways in Bangladeshi strains
compared to the reference genomes was notable. One such cluster, *xgl*, was initially found in

certain Bangladeshi strains, such as *Bc. kashiwanohense* Bg42221_1E1. A previous report

indicated the presence of a homologous gene cluster in *Bifidobacterium* species isolated from

captive common marmosets[100]; however, its function was not tested experimentally. Our growth

and transcriptomic data strongly suggest that *xgl* is involved in the degradation of xyloglucan

calling for additional studies on the mechanistic details of this process. Another unique gene

cluster identified in *Bc. kashiwanohense* Bg42221_1E1 is homologous to the H1 cluster of *Bl.*

infantis. This result was unexpected since the H1 cluster was previously thought of as a unique

feature of *Bl. infantis*[79], though also more recently identified in certain Bangladeshi *Bl. suis*-like

strains such as Bg131.S11_17.F6[11,32]. While some functional roles implemented by H1 remain to

be characterized, our growth and HMO consumption profiling data confirm that its presence

enables the utilization of multiple HMO species. *Bc. kashiwanohense* strains were previously

shown to metabolize fucosylated HMOs (2'FL and LNFP I) and plant hemicelluloses (xylan and

arabinoxylan)[12]. Our analysis demonstrates that the Bangladeshi *Bc. kashiwanohense* strain can

also degrade xyloglucan and utilize a broader range of HMOs. These results indicate an

evolutionary adaptation of Bangladeshi strains to thrive in the microbiota of weaning

Bangladeshi children, whose diet, in addition to breast milk, contains many foods rich in plant

polysaccharides.

Our reference genomic dataset was heavily skewed towards samples from high-income

countries, and non-Westernized strains were mainly represented by isolates from Bangladeshi

children. There is a possibility that genomes recovered from other low- and middle-income

countries may encode unique metabolic functional roles or novel carbohydrate utilization

pathways not described in this work. This points to the need for initiatives that seek to expand

collections of *Bifidobacterium* stains and genomes from under-represented populations in an

ethical and culturally-sensitive way[89].

Our growth studies showed agreement (accuracy > 90%) between predicted carbohydrate

utilization capabilities and observed growth phenotypes *in vitro*. Nevertheless, a small subset of

false negative predictions for certain monosaccharides and HMOs point to the existence of yet

unknown transport mechanisms not captured in our reconstructions. More work is needed to

identify and characterize the structure, substrate specificities, and expression of transporters in

different *Bifidobacterium* species and strains. Additionally, approximately 18% of GHs and CEs

were not assigned to any of the 66 carbohydrate utilization pathways, suggesting yet
uncharacterized catabolic potential.

Another limitation of our work is that we did not consider the complementary functions
pertaining to glycan metabolism provided by the gut microbial community as a whole. The lower
prevalence of catabolic pathways for polysaccharides compared to their low-molecular
constituents indicates that many *Bifidobacterium* strains suggest syntrophic interactions within
the genus and potentially with keystone polysaccharide degraders such as *Bacteroides* and
Prevotella (*Segatella*)[83,101]. The metabolic reconstruction approach described in this work
presents a framework for the detailed expert curation of glycan utilization in other microbial taxa
in the future. These observations provide directions for future improvements of the genomic
encyclopedia of bifidobacterial carbohydrate glycan pathways reported here, which, in its current
form, represents the most detailed characterization of bifidobacterial carbohydrate metabolism to
date. It may serve multiple purposes, from more precise and accurate functional annotation of
genomic and metagenomic data to facilitating the development of novel pre- and probiotic
formulations, including consortia comprised of multiple strains of a given bifidobacteria species
that may allow broader use of that species as a probiotic across different human populations.

METHODS

Collection of *Bifidobacterium* genomes

Reference set of isolate genomes for in silico metabolic reconstruction. Bifidobacterium genomes were retrieved from PATRIC[102] and IMG[103] databases as of October 2020. We selected 335 genomes based on the following criteria: (i) human or probiotic product-derived *Bifidobacterium spp.* isolates, (ii) number of contigs ≤ 200, (iii) CheckM[104] completeness ≥ 97 % and contamination ≤ 3%. Additionally, we sequenced 31 genomes of strains isolated from fecal samples obtained from Bangladeshi children. The resulting reference genomic set of 366 isolate genomes was clustered using a 99.95% ANI threshold via dRep (v3.4.2)[105] with the following command "dRep dereplicate -pa 0.9 -sa 0.9995 -nc 0.35 --S_algorithm ANImf" to create a set of 263 non-redundant genomes (**Supplementary Table 1**).

Additional set of genomes for large-scale projection of metabolic phenotypes. Additional human gut-derived *Bifidobacterium* genomes were collected from previous studies and included genomes of isolates from three collections (HBC[90], BIO-ML[92], and CGR[91]) and MAGs from five collections (UHGG[94], KIJ[97], ELGG[95], SPMP[98], and IMGG[96]). We used the same selection criteria for both isolate genomes and MAGs: (i) *Bifidobacterium* spp. based on Genome Taxonomy Database (GTDB) taxonomy[106] except *Bifidobacterium leopoldii* and *Bifidobacterium vaginale,* (ii) number of contigs ≤ 200, (iii) CheckM completeness ≥ 97 % and contamination ≤ 3%. The resulting 4835 genomes were clustered via dRep using the following command "dRep dereplicate -pa 0.9 -sa 0.999 -nc 0.35 --S_algorithm fastANI" to create a set of additional 2710 non-redundant genomes (**Supplementary Table 2**).

Gene prediction and annotation. Protein-coding sequences for all genomes were predicted and annotated with Prokka (v1.14.6)[107] using default settings. The 263 reference genomes were additionally annotated via RAST[108].

Isolation and sequencing of *Bifidobacterium* strains from Bangladeshi donors

The 31 strains were isolated from fecal samples obtained from 6-24-month-old Bangladeshi children from the cohorts described in previous studies[32,109]. The details about genome sequencing and assembly are given in *Supplementary Methods*.

Taxonomy inference

Initial taxonomic assignments of 263 reference *Bifidobacterium* genomes were retrieved from

NCBI and PATRIC for publicly available genomes or identified based on 16S rRNA gene

sequencing for Bangladeshi isolates. To check and refine the taxonomy, we built a pangenome

via Panaroo (v1.3.2)[110]. Concatenated nucleotide sequences of 487 identified core genes were

aligned using MAFFT (v7.515)[111]. A maximum-likelihood phylogenetic tree was built in IQ-

TREE (v2.2.0.3)[112] and visualized via iTOL[113]. Pairwise ANI values (ANIb) were calculated

using pyani (v0.2.12)[114]. The exact commands and parameters used to run the tools are described

in **Supplementary Code File 1**. The topology of the constructed tree and ANI matrices were

manually inspected to check (and correct if needed) taxonomic assignments of genomes based on

their co-clustering with branches corresponding to the type or well-characterized strains of

various *Bifidobacterium* species and subspecies. GTDB-based taxonomic annotation of 2710

additional genomes was retrieved from original publications and further refined using a Mash-

based[115] comparison with 263 reference genomes. Taxonomies were assigned at the species level

if the Mash distance to the closest genome from the reference set was ≤ 0.05 and at the

subspecies level if the distance was ≤ 0.03.

Subsystems-based annotation and *in silico* metabolic reconstruction of glycan utilization

pathways

We used a subsystems-based approach implemented in the SEED platform[46,116] for the

reconstruction of carbohydrate utilization pathways across the reference set of 263

Bifidobacterium strains. RAST-annotated genomes were uploaded to mcSEED (microbial

community SEED), a clone of the SEED annotation environment. We created 27 subsystems that

captured the representation of genes that implement *functional roles* (glycan transporters,

CAZymes, downstream catabolic enzymes, and transcriptional regulators) constituting a specific

carbohydrate utilization pathway (**Supplementary Table 4**). Information about functional roles

was collected via extensive literature search[117] as well as exporting data from Transporter

Classification (TCDB)[118], Carbohydrate Active Enzyme (CAZy)[119], Kyoto Encyclopedia of

Genes (KEGG)[120], and RegPrecise[121] databases. Additional functional gene annotation (i.e.,

prediction of novel functional roles) was based on three genome context techniques: (i)

clustering of genes on the chromosome (operons), (ii) co-regulation of genes by a common

regulator, and (iii) co-occurrence of genes in a set of related genomes. Novel regulons of

transcription factors potentially involved in regulating carbohydrate metabolism were
reconstructed using a previously established approach[76].

The representation of the curated set of functional roles in 263 genomes was analyzed
using homology-based methods implemented in mcSEED, and 70 carbohydrate utilization
pathways were reconstructed (**Supplementary Tables 3,5**). Many of these pathways contain
alternative biochemical modules (routes) implemented by different subsets of catabolic enzymes
and diverse glycan transporters. For all identified pathway variants, we established genomic
signatures represented by a subset of functional roles that are required for the utilization or
degradation of a specific carbohydrate (**Supplementary Table 5**). *Utilization* was defined as a
process when a glycan molecule (mono- or oligosaccharide) is transported into the cell and then
catabolized using a combination of CAZymes and downstream catabolic enzymes. *Degradation*
was defined as a process when a glycan molecule is partially degraded via extracellular
CAZymes, and the degradation products, such as mono- and oligosaccharides, are then utilized.
Genomic signatures were further translated to a set of rules underlying the assignment of detailed
pathway variants: (i) transporter + catabolic pathway ("U"), (ii) catabolic pathway without
transporter ("P"), (iii) no catabolic pathway ("-1") (**Supplementary Tables 5,7**). Detailed
pathway variants were then converted to simplified predicted carbohydrate utilization
phenotypes: "U" to a numeric binary phenotype "1" (utilization or degradation), "P" and "-1" to a
numeric binary phenotype "0" (no utilization or degradation). The resulting 70 predicted
carbohydrate utilization phenotypes for 263 strains comprised a reference Binary Phenotype
Matrix (BPM) (**Supplementary Table 6**). Four out of 70 pathways (GalNAc, ManAc, Man, and
GalA), for which all genomes in the reference set were assigned variants "P/-1" and phenotype
"0", respectively, were kept in the BPM for comparison with experimental data but were not used
in the phenotype projection pipeline.

The representation of CAZymes in 263 genomes was analyzed using dbCAN (v4.0.0)[122].
HMMER, dbCAN-sub, and DIAMOND-based searches against the CAZy database were used
for CAZyme identification. Only GHs, CEs, and PLs predicted by ≥2 approaches were retained.

Phenotype projection pipeline
The workflow used to predict the carbohydrate utilization pathways encoded in a set of
additional 2710 *Bifidobacterium* genomes is schematically illustrated in **Fig. 1b**. We first

constructed a reference database containing (i) 39618 functionally annotated protein sequences

from 27 curated mcSEED subsystems for 263 reference genomes, (ii) additional 52989 protein

sequences ("outgroup" not included in these subsystems), clustered at 95% amino acid identity

and 95% coverage using MMSeqs2 (v14.7e284)[123]. We then mapped the protein sequences of

2710 genomes to the constructed reference database via DIAMOND (v2.1.4)[124]. The following

method was implemented to annotate multidomain proteins. For each query protein sequence, we

used the top 50 hits based on the bitscore and clustered the start and end position coordinates of

the corresponding alignments using DBSCAN (scikit-learn v1.2.1)[125]. The centers of each cluster

were considered as potential domain boundary coordinates, which were used to split query

protein sequences into domains (with database hits attributed to each individual domain). Next,

for each domain with $\geq$ 35 amino acids, we used the Gaussian kernel density modeling

(*KernelDensity* function from *sklearn.neighbors*) of the sequence identity distribution of each set

of hits to that domain. The highest local minimum (*argrelextrema* function from *sklearn.signal*)

was employed as a threshold to remove low-confidence hits. Finally, functional annotations were

applied from the reference database to each query protein or domain by a majority rule within

each set of high-scoring, domain-specific reference hits. High-identity hits to proteins from the

outgroup of the reference database were used as criteria to vote "against" applying annotation to

each query. This procedure yielded 400,267 annotated protein sequences, representing 563

unique functional roles (**Supplementary Table 9**).

We integrated the results of gene-level functional annotation into *in silico* predictions

denoting the presence ("1") or absence ("0") of metabolic pathways corresponding to predicted

carbohydrate utilization phenotypes using a semi-automated process based on a machine learning

(ML)-approach. We compared >30 ML methods implemented in *Caret* (v6.0.86)[126], using a

"leave-one-out" cross-validation approach, in which we removed a single reference genome from

the set of 263 genomes, trained ML models on the remaining genomes, then applied the models

to the "test" genome to predict phenotypes. This procedure was then repeated for each genome

and each carbohydrate utilization pathway. The results of this analysis identified random forest

as the best-performing method (i.e., it produced the greatest number of correctly predicted

phenotypes in our reference training dataset). We then built random forest models based on the

reference dataset for each pathway except GalNAc, ManAc, Man, and GalA, for which all

genomes in the reference set were assigned the binary phenotype "0". The list of functional roles

used as predictors for random forest models was manually curated to match previously designed

rules (**Supplementary Table 5**). The model parameters were additionally optimized using a grid

search. The constructed models were used to predict the presence/absence (1/0) of 66

carbohydrate utilization pathways in 2710 genomes (**Supplementary Table 8**).

The representation of additional metabolic pathways (e.g., the biosynthesis of B vitamins

and amino acids) in 263 reference and 2710 additional genomes was inferred via a similar

approach described in detail previously[83].

Visualization and statistical analysis

Principal component analysis (PCA) was used for ordination of the table with CAZyme

subfamily representation. Non-metric multidimensional scaling (NMDS) was used for the

ordination of the Hamming distance matrix calculated from the merged BPM for 2973 genomes.

PERMANOVA and a test for homogeneity of multivariate dispersions were performed using the

adonis2 and *betadisper* functions, respectively, in the *vegan* R package[127]. Differences in

predicted phenotypic richness were assessed via a generalized linear model (GLM) that assumes

Poisson distribution; post-hoc tests with Bonferroni correction were conducted using the

emmeans R package[128]. Fisher's exact test was used for the enrichment analysis of pathway

representation. For each out of 66 carbohydrate utilization pathways, contingency tables were

calculated. Rows represented the absence/presence of predicted pathways ("0" or 1"), whereas

columns represented a combination of metadata categories: age group (age < 3 years vs. age ≥ 3)

and host lifestyle (Westernized vs. non-Westernized)[84]. The p-values from the Fisher's test were

corrected for multiple testing using the Benjamini-Hochberg procedure[129], and $P_{adj} \leq 0.01$ was

used as a significance cut-off. Odds ratios were calculated using the *fisher.test* function. A set of

R packages was used for the data visualization: *ggplot2*[130] for most plots, *ComplexHeatmap*[131]

for heatmaps,. Gene clusters were visualized via clinker (v0.0.27)[132]. The code used for all

analyses can be found in **Supplementary Code File 1**.

Growth of *Bifidobacterium* strains on selected carbohydrates *in vitro*

Bifidobacterium strains were routinely grown in Lactobacilli de Man, Rogosa & Sharpe broth

without dextrose (Alpha Biosciences) supplemented with 0.34% (wt/vol) sodium ascorbate,

0.029% (wt/vol) L-cysteine-HCl monohydrate, and 10 mg/mL lactose (MRS-AC-Lac) in a

chamber maintained with a gas mix of 10% H_2, 10% CO_2, and 80% N_2 (Coy Laboratory

Products). The ability of 16 *Bifidobacterium* strains to grow on 42 carbohydrates

(**Supplementary Table 10**) was measured using a custom carbohydrate array constructed in flat-

bottom half-area 96-well plates (Costar). Wells were filled with 55 µl of a sterilized carbohydrate

stock at 2× concentration (10 to 20 mg/mL) and transferred to the chamber 48 h before the

experiment. Each substrate was represented in triplicate. Triplicate wells with sterile water and

lactose were included as negative and positive controls, respectively. Cultures for assay

inoculations were grown overnight from a frozen glycerol stock in MRS-AC-Lac at 37°C. Each

culture was then diluted 1:100 into a fresh MRS-AC-Lac medium and grown at 37°C for 8 h,

after which the optical density at 600 nm (OD_{600}) was adjusted to 0.6. A 100 μL aliquot from

each culture was harvested at $5,000 \times g$ for 5 min and resuspended in 6 ml of 2× MRS-AC

without added carbohydrate. Each well in the carbohydrate array was loaded with 55 µL of the

inoculated 2× medium to make individual 110 µL cultures. Growth was monitored for 40 h by

measuring OD_{600} every 15 or 30 minutes under constant linear shaking using Synergy H1 Plate

Reader (BioTek Instruments). Raw OD_{600} growth data were exported using Gen5 software

(BioTek Instruments) and analyzed in R (v4.2.1). Growth on a particular glycan for each strain

was defined as follows: (i) no growth ("−") if OD_{600} at any point did not exceed 10% of

maximum OD_{600} observed for this strain, (ii) weak growth ("w") if OD_{600} did not exceed 25% of

maximum OD_{600}, (iii) growth ("+") if OD_{600} was above 25% of maximum OD_{600}

(**Supplementary Table 11; Supplementary Fig. 2**).

Comparison of predicted phenotypes with growth data

Predicted carbohydrate utilization phenotypes were compared with growth phenotypes obtained

in this work or published previously[40,48]. Cases when a predicted binary phenotype "1" matched

with growth phenotypes "+/w" or "−" were considered true positives (TP) and false positives

(FP), respectively. Cases when a predicted binary phenotype "0" matched with growth

phenotypes "−" or "+/w" were considered true negatives (TN) and false negatives (FN),

respectively. For the phenotype Bgl, growth ("+/w") on any of the three tested carbohydrates

(gentiobiose, laminaritriose, sophorose) was considered as a match for the predicted binary

phenotype "1". Standard metrics for evaluating two-class confusion matrices were calculated

based on inferred TP, TN, FP, and FN counts.

Profiling of HMO consumption

Overnight cultures of selected *Bifidobacterium* strains grown in MRS-AC-Lac, were inoculated (0.5-1% [vol/vol]) in a fresh MRS-AC-Lac medium and grown to OD_{600}=0.6. Cells were harvested at 5,000 × g for 5 min, washed with sugar-free MRS-AC, and used to inoculate 200 µl of MRS-AC supplemented with an HMO mixture (10 mg/mL, isolated from pooled human milk from at least 25 different donors) in 96-well plates (Costar) at OD_{600}=0.005. Samples of culture supernatant (100 µl, triplicates) were collected at 8 and 24 h time points, filtered through Spin-X Centrifuge Tube Filter (0.22 µm, Costar), snap-frozen in liquid nitrogen and stored at −80°C until further use. Analysis of HMOs in supernatants was performed by HPLC with fluorescence detection as previously described for human milk[133] with slight modifications. 10 µL of media was spiked with maltose as an internal standard, lyophilized, and directly labeled with the fluorophore 2-aminobenzamide (2AB). 2AB-labeled HMOs were separated on a TSKgel Amide-80 column (2.0 mm ID x 15 cm, 3 µm, Tosoh Bioscience) and detected at 360 nm excitation and 425 nm emission. HMO peaks were annotated based on standard retention times and quantified in reference to the internal standard. HMO utilization at selected time points was calculated in reference to HMO concentrations in the medium control (without added cells) at the beginning of each experiment (0 h).

Transcriptional profiling (RNA-seq)

An overnight culture of *Bc. kashiwanohense* Bg42221_1E1 grown in MRS-AC-Glc was harvested at 5,000 × g for 5 min, washed in sugar-free MRS-AC, and used to inoculate MRS-AC supplemented with either 10 mg/mL of glucose (Glc), lactose (Lac), lacto-*N*-tetraose (LNT) or 5 mg/mL of tamarind xyloglucan (XGL) at OD_{600}=0.01. Samples (2 mL, biological triplicates) were collected at the early exponential phase (OD_{600}=0.35) and immediately pelleted in a prechilled centrifuge at 4,800 × g for 5 min. Cell pellets were snap-frozen in liquid nitrogen and stored at −80°C until further use. RNA was extracted as described previously[76]; the detailed protocol is given in *Supplementary Methods*. Ribosomal RNA was depleted with the NEBNext rRNA depletion kit for bacteria (New England Biolabs) and a set of 20 pooled sequence-specific probes for *Bc. kashiwanohense* Bg42221_1E1 designed with NEBNext Custom RNA Depletion Design Tool v1.0 (**Supplementary Table 14**). Barcoded libraries were made with NEBNext

Ultra II directional RNA library prep kit for Illumina (New England Biolabs). Libraries were

pooled and sequenced (single-end 75-bp reads) on Illumina NextSeq 500 using the High Output

V2 kit (Illumina). Sequencing data were analyzed as described previously[76] (additional details

are provided in *Supplementary Methods*).

Data availability

Genome sequences of Bangladeshi *Bifidobacterium* isolates have been deposited under accession

PRJNA1126848. Nucleotide FASTA and mcSEED-annotated protein FASTA files of 263

reference genomes are available on Figshare under accession

doi.org/10.6084/m9.figshare.26053936. The RNA-seq data set has been deposited in the Gene

Expression Omnibus under accession no. GSE239955.

Code availability

Code detailing the data analysis steps is available on GitHub

(https://github.com/Arzamasov/compendium_manuscript) and **Supplementary Code File 1**.

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     Main text figures

Fig. 1. *In silico* **metabolic reconstruction of carbohydrate metabolism in bifidobacteria. a**,

263 reference *Bifidobacterium* genomes stratified by taxa and the country of isolation. **b,**

Overview of the metabolic reconstruction approach. We analyzed the representation of 565

metabolic functional roles (glycan transporters, CAZymes, downstream catabolic enzymes,

transcription factors) and manually reconstructed 66 carbohydrate utilization pathways encoded

in 263 reference *Bifidobacterium* genomes. Each corresponding strain was assigned a detailed

pathway variant and a predicted binary glycan utilization phenotype based on designed rules (see

example in Extended Data Fig. 1a). Binary phenotypes were compared with *in vitro* growth data

to test the predictions. The obtained collection of reconstructed carbohydrate utilization

pathways and predicted binary phenotypes were used in the phenotype projection pipeline. The

pipeline produced two outputs: (i) a complete set of annotated proteins contributing to

reconstructed glycan utilization pathways identified in additional 2710 *Bifidobacterium* genomes

(Supplementary Table 9) and (ii) a Binary Phenotype Matrix (BPM) reflecting the inferred

presence or absence of carbohydrate utilization pathways in each of the 2710 genomes

(Supplementary Table 8).

Fig. 2. **Variability of predicted carbohydrate utilization phenotypes across a reference**

collection of *Bifidobacterium* strains. The heatmap represents the hierarchical clustering of

BPM for 66 carbohydrate utilization phenotypes (columns) predicted in 263 reference

Bifidobacterium strains (rows). Full names of phenotype abbreviations are provided in

Supplementary Table 3. Row annotation shows taxonomy; column annotations show phenotype

classification (glycan type and origin). Lines point to the Bangladeshi strains *Bc.*

kashiwanohense Bg42221_1E1, *Bl. infantis* Bg064.S07_13.C6, and *Bl. suis* Bg131.S11_17.F6

that are discussed in the text.

Fig. 3. **Comparison of predicted carbohydrate utilization phenotypes with *in vitro* growth**

data. **a**, Growth curves of selected *Bifidobacterium* strains in MRS-AC supplemented with short-

chain or long-chain fructooligosaccharides (scFOS and lcFOS, respectively) compared with

predicted binary utilization phenotypes. Data represent the mean ± sd of three replicates. All

growth curves are provided in Supplementary Fig. 2. **b**, Table showing the comparison between

40 predicted carbohydrate utilization phenotypes and *in vitro* growth data for 16 *Bifidobacterium*
strains. Matching predictions (true positives [TP] and true negatives [TN]) are in green; non-
matching (false positives [FP] and false negatives [FN]) are in yellow. The column annotation
shows phenotype classification (glycan type). Summary of the data is provided in Supplementary
Tables 12e; full names of phenotype abbreviations are provided in Supplementary Table 3; the
list of carbohydrates used in growth experiments is provided Supplementary Table 10.

Fig. 4. **Genomics-based reconstruction and experimental validation of xyloglucan**
degradation pathway and its transcriptional regulation in *Bc. kashiwanohense*
Bg42221_1E1. **a,** Gene clusters potentially driving xyloglucan degradation (phenotype XGL) by
Bc. kashiwanohense Bg42221_1E1. **b,** Reconstructed xyloglucan degradation pathway in *Bc.*
kashiwanohense Bg42221_1E1: (i) xyloglucan chains are potentially cleaved by extracellular
endo-β-1,4-glucanase Xgl5A, (ii) released oligosaccharides are transported and catabolized
inside the cell by a coordinated action of CAZymes and downstream catabolic enzymes. **c,**
Predicted binding motif of the transcription factor XglR potentially controlling the expression of
xyloglucan metabolism genes. **d,** Growth curves of selected *Bifidobacterium* strains in MRS-AC
supplemented with 0.5% tamarind xyloglucan. Data represent the mean ± sd of three replicates
(two for *B. dentium* STL_TW14.1_LFYP24). **e,** Volcano plot depicting the $\log_2$FC of gene
expression versus the $-\log_{10}P_{adj}$ for *Bc. kashiwanohense* Bg42221_1E1 grown in MRS-AC-XGL
vs. MRS-AC-Lac. Criteria for calling differentially expressed genes were as follows: $P_{adj} < 0.01$
and $|\log_2FC| > 2$. Genes constituting the reconstructed XglR, XylR, and XosR regulons, as well
as *xyn* cluster genes are colored.

Fig. 5. **Comparative genomic and experimental profiling of HMO utilization capabilities of**
select *Bifidobacterium* strains. **a**, Schematic representation of HMO utilization genes in *Bc.*
kashiwanohense Bg42221_1E1 and their homology to H1 cluster genes from *Bl. infantis* and *Bl.*
suis. **c,** Growth curves of *Bifidobacterium* strains in MRS-AC-pHMO. Growth was monitored by
measuring OD_{600} every 15 min. Data represent the mean ± sd of three replicates. **c,** Volcano plot
depicting the $\log_2$FC of gene expression versus the $-\log_{10}P_{adj}$ for *Bc. kashiwanohense*
Bg42221_1E1 grown in MRS-AC-LNT vs. MRS-AC-Lac. Criteria for calling differentially
expressed genes were as follows: $P_{adj} < 0.01$ and $\log_2FC > 2$. Genes in the reconstructed NagR

regulon are colored. **d,** Profiling of HMO consumption (determined by HPLC) of select
bifidobacterial strains at 8h and 24h time points. Data represent the percentage of utilized HMO
(mean of three replicates). Total = total HMO utilized.

Fig. 6. **Analysis of variability of carbohydrate utilization pathways in 2973 *Bifidobacterium***
genomes. **a,** Non-metric multidimensional scaling (NMDS) of a Hamming distance matrix
derived from the representation of metabolic pathways corresponding to 66 carbohydrate
utilization phenotypes in 569 isolate plus 2404 metagenome-assembled *Bifidobacterium*
genomes. Each data point represents a genome. Lines point to the outlier Bangladeshi strains *Bl.*
suis Bg131.S11_17.F6 and *Bc. kashiwanohense* Bg42221_1E1 discussed in the text. **b,**
Variability of predicted phenotypic richness (total number of different predicted phenotypes "1")
at species and strain levels. Asterisks indicate significant ($p < 0.001$) pairwise differences between
the means of richness values of specific taxa; ns = non-significant (generalized linear model
followed by a post-hoc test with Bonferroni correction). **c,** Heatmap depicting the representation
of metabolic pathways corresponding to 66 predicted carbohydrate utilization phenotypes at
species/subspecies levels. c within each taxon that encode the respective carbohydrate utilization
pathway.

Extended data figures

Extended Data Fig. 1. *In silico* **subsystem-based annotation and prediction of carbohydrate**

utilization phenotypes. **a**, (1) A set of reference *Bifidobacterium* genomes (Supplementary

Table 1) and a list of curated functional roles (Supplementary Table 4) were used to populate

mcSEED subsystems capturing catabolic pathways for various glycans. (2) Carbohydrate

utilization pathways were reconstructed based on functional gene annotation using homology-

based methods and three genome context techniques: (i) clustering of genes on the chromosome

(operons), (ii) co-regulation of genes by a common transcriptional regulator, and (iii) co-

occurrence of genes in a set of related genomes. Example: reconstruction of xylose (Xyl) and

xylooligosaccharide (XOS) utilization pathways *in Bl. infantis* strains. (3) Each strain was

assigned a pathway variant based on designed rules (Supplementary Table 5). All pathway

variants were then converted to predicted binary phenotypes (1 or 0) to create a Binary

Phenotype Matrix (BPM). **b**, Percentage of selected CAZyme families (GHs, CEs, PLs) captured

in the *in silico* metabolic reconstructions for each of the 263 reference *Bifidobacterium* strains.

Each data point represents a strain, **c**, Principal component analysis of CAZyme representation

(at subfamily level) in 263 reference *Bifidobacterium* strains. Lines indicate specific Bangladeshi

strains discussed in the text.

Extended Data Fig. 2. **Additional phylogenetic analysis of reference *B. longum* and *B.***

***catenulatum* genomes**. **a,** Pairwise ANI indices calculated for a set of 26 *B. longum* genomes.

For comparative purposes, this set contained 15 genomes from the reference collection (names

are in bold) and 11 additional genomes, mostly of non-human origin, including the type strains

of *Bl. suis* and *Bl. suillum*. Black lines indicate the taxonomic grouping used in this work,

whereas blue lines indicate additional subspecies-level delineation proposed in another study[53].

b, Pairwise ANI indices calculated for 10 *B. catenulatum* and *B. sp002742445* genomes. Black

lines indicate the taxonomic grouping used in this work. NCBI and GTDB taxonomy

assignments are in blue.

Extended Data Fig. 3. **Representation of metabolic pathways in 26 *B. longum* genomes**. For

comparative purposes, this set contains 15 genomes from the reference collection (names are in

bold) and 11 additional genomes, mostly of non-human origin, including type strains of *Bl. suis*

and *Bl. suillum*. Column annotations show phenotype classification. Row annotations show

taxonomy; the left column of the row annotation shows the taxonomic grouping used in this

work, whereas the right column shows additional subspecies-level delineation proposed by

Modesto et al[53]. **a,** Representation of 66 carbohydrate utilization pathways. Full names of

phenotype abbreviations are provided in Supplementary Table 3. **b,** Representation of 29

additional pathways, including biosynthesis of amino acids and B vitamins, as well as urea

utilization.

Extended Data Fig. 4. **Genomics-based reconstruction of pathways involved in**

(arabino)xylan and β-mannan degradation and the utilization of released oligosaccharides.

a, Alignment of the amino acid sequences of select endo-β-1,4-glucanases (xyloglucanases):

PpXG5 from *Paenibacillus pabuli* XG5 (characterized), Xgl5A and Xgl5B from *Bc.*

kashiwanohense Bg42221_1E1 (putative). Conserved catalytic amino acid residues are noted in

bold red, and conserved residues forming contacts with the glycan chain are in bold. **b,** Gene

clusters potentially driving the degradation of (arabino)xylan and the utilization of

(arabino)xylooligosaccharides by *Bc. kashiwanohense* Bg42221_1E1. **c,** Predicted binding

motifs of predicted TFs controlling the expression of the gene clusters in **b**. Motifs were built

based on operator sequences in the RegPrecise database[121] and identified in this work

(Supplementary Table 16). **d**, Gene clusters potentially driving β-mannose oligosaccharide

utilization (phenotype bMnOS) by *B. breve* Bg41721_1C11 and β-mannan degradation

(phenotype bMAN) by *B. dentium* STL_TW14.1_LFYP24. Orthologous genes are linked, and

the link color intensity represents the amino acid identity between corresponding protein

products. **e**, Reconstructed β-mannose oligosaccharide utilization and β-mannan degradation

pathways. Names of previously characterized pathway elements are in bold. **f,** Growth curves of

selected *Bifidobacterium* strains in MRS-AC supplemented with 0.5% mannotriose or 0.5%

konjac glucomannan. Data represent the mean ± sd of three replicates. **g,** Predicted MnbR

binding motif based on operator sequences identified in this work (Supplementary Table 16).

Extended Data Fig. 5. **Genomics-based reconstruction of pathways involved in the**

utilization of monosaccharide derivatives. **a,** Gene cluster (*nan*) driving sialic acid utilization

984 by *B. breve* strains (phenotype Neu5Ac). **b,** Sialic acid utilization pathway in *B. breve*. **c**, Growth

985 curves of selected *B. breve* strains in MRS-AC supplemented with 1% *N*-acetylneuraminic acid.

986 Data represent the mean ± sd of three replicates. **d,** Gene clusters potentially driving D-

987 glucuronate utilization by *Bl. infantis* JG_Bg463 and glucuronide utilization by *B. breve*

988 Bg41721_1C11 (phenotypes GlcA and GluA, respectively). Orthologous genes are linked, and

989 the link color represents the amino acid identity between corresponding protein products. **e,**

990 Reconstructed D-glucuronate and glucuronide utilization pathways. **f**, Growth curves of selected

991 *Bifidobacterium* strains in MRS-AC supplemented with 1% D-glucuronic acid. Data represent

992 the mean ± sd of three replicates. **g**, Gene clusters potentially driving the utilization of (i) sugar

993 alcohols D-mannitol, D-sorbitol, and *myo*-inositol (phenotypes Mtl, Stl, and Ino), (ii) sugar acids

994 D-gluconate and D-galactonate (phenotypes Gco and Glt), (iii) L-ascorbate (phenotype Asc) by

995 various bifidobacteria. **h,** Reconstructed utilization pathways for sugar alcohols and acids.

997 **Extended Data Fig. 6. The analysis of variability of metabolic pathways extended to 2973**

998 ***Bifidobacterium* genomes**. **a,** Heatmap depicting the representation of metabolic pathways

999 corresponding to (i) B vitamin and amino acid biosynthesis, (ii) urea utilization (Urea_d) at

1000 species/subspecies levels. The coloring shows the percentage of genomes harboring a specific

1001 pathway (corresponding to a binary phenotype "1") within each taxon. **b**, Hierarchical clustering

1002 of BPM with the representation of metabolic pathways corresponding to 66 carbohydrate

1003 utilization phenotypes in 95 *B. catenulatum* and *B. sp002742445* genomes. Full names of

1004 phenotype abbreviations are provided in Supplementary Table 3.

1005

1006 **Extended Data Fig. 7. Pathway enrichment analysis for 2973 *Bifidobacterium* genomes**.

1007 Pathways significantly enriched (Fisher's exact test, $P_{adj} \leq 0.01$) in specified groups are shown.

1008 Certain pathways have infinite odds ratios because they are found only in one of the groups. **a,**

1009 Comparison between all genomes recovered from "Westernized (age < 3)" vs. "Westernized (age

1010 $\geq$ 3)" groups. **b**, Comparison between all genomes recovered from "non-Westernized (age < 3) "

1011 vs. "non-Westernized (age $\geq$ 3)" groups. **c**, Comparison between all genomes recovered from

1012 "Westernized (age < 3)" vs. "non-Westernized (age < 3)" groups. **d**, Comparison between

1013 genomes from selected taxa recovered from "Westernized" vs. "non-Westernized" groups.

1014

Supplementary figures

Supplementary Fig. 1. **Phylogenetic tree of 263 reference *Bifidobacterium* genomes**. The tree is based on the alignment of concatenated nucleotide sequences of 487 core genes.

Supplementary Fig. 2. **Growth curves of 16 *Bifidobacterium* strains in MRS-AC supplemented with various carbohydrates**. Data are mean and 95% CI of three replicates. Labels represent short names of tested phenotypes; the exact substrates used in the growth assay are provided in Supplementary Table 10. "No sugar" represents wells containing MRS-AC without any added carbohydrate (negative control). Red lines mark the "no growth" threshold (10% of maximum OD_{600} observed for a particular strain). Orange lines mark the "weak growth" threshold (25% of maximum OD_{600} observed for this strain).

Supplementary tables

Supplementary Table 1. List of reference *Bifidobacterium* genomes used in metabolic reconstruction.

Supplementary Table 2. List of additional 2710 *Bifidobacterium* genomes used in the phenotype projection pipeline.

Supplementary Table 3. Glossary for predicted carbohydrate utilization phenotypes.

Supplementary Table 4. Curated list of functional roles of carbohydrate utilization pathways.

Supplementary Table 5. Rules used for the assignment of predicted carbohydrate utilization phenotypes.

Supplementary Table 6. Binary Phenotype Matrix (BPM) depicting the representation of metabolic pathways corresponding to 70 predicted carbohydrate utilization phenotypes in 263 reference *Bifidobacterium* genomes.

1046

1047   **Supplementary Table 7**. Representation of functional roles comprising carbohydrate utilization

1048   pathways in 263 reference *Bifidobacterium* genomes

1049

1050   **Supplementary Table 8**. Binary Phenotype Matrix (BPM) depicting the presence/absence of

1051   metabolic pathways corresponding to 66 predicted carbohydrate utilization phenotypes in

1052   additional 2710 *Bifidobacterium* genomes.

1053

1054   **Supplementary Table 9**. Representation of functional roles comprising carbohydrate utilization

1055   pathways in additional 2710 *Bifidobacterium* genomes.

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1057   **Supplementary Table 10**. Carbohydrates used in *in vitro* growth experiments.

1058

1059   **Supplementary Table 11**. Raw *in vitro* growth data for 16 *Bifidobacterium* strains.

1060

1061   **Supplementary Table 12**. Comparison between predicted carbohydrate utilization phenotypes

1062   and *in vitro* growth data.

1063

1064   **Supplementary Table 13.** Human milk oligosaccharide (HMO) consumption by select

1065   *Bifidobacterium* strains.

1066

1067   **Supplementary Table 14.** Custom probes used for the depletion of *Bc. kashiwanohense*

1068   Bg42221_1E1 rRNA.

1069

1070   **Supplementary Table 15.** Differential gene expression in *Bc. kashiwanohense* Bg42221_1E1

1071   grown in MRS-AC supplemented with various carbon sources.

1072

1073   **Supplementary Table 16.** Reconstructed regulons and predicted operators of select transcription

1074   factors.

1075

1076 **Supplementary Table 17**. Binary Phenotype Matrix (BPM) depicting the presence/absence of
1077 metabolic pathways corresponding to the biosynthesis of essential metabolites (B vitamins and
1078 amino acids) and urea utilization in 2973 *Bifidobacterium* genomes.

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1401

a

Number of genomes per taxon

- *B. longum* ssp. *longum* — 115
- *B. breve* — 31
- *B. pseudocatenulatum* — 23
- *B. bifidum* — 22
- *B. adolescentis* — 22
- *B. longum* ssp. *infantis* — 14
- *B. longum* ssp. *suis* — 6
- *B. dentium* — 4
- *B. animalis* ssp. *lactis* — 4
- *B. sp002742445* — 3
- *B. pseudolongum* ssp. *globosum* — 3
- *B. longum* ssp. *nov.* — 3
- *B. catenulatum* ssp. *kashiwanohense_A* — 3
- *B. scardovii* — 2
- *B. catenulatum* ssp. *kashiwanohense* — 2
- *B. catenulatum* ssp. *catenulatum* — 2
- *B. angulatum* — 2
- *B. thermophilum* — 1
- *B. gallicum* — 1

Number of genomes per country

- China — 57
- US — 30
- Japan — 30
- Bangladesh — 29
- Italy — 26
- Ireland — 23
- Russia — 16
- South Korea — 12
- UK — 9
- Germany — 9
- Spain — 5
- Kenya — 3
- Sweden — 2
- Malawi — 2
- India — 2
- France — 2
- Canada — 2
- Unknown — 1
- Switzerland — 1
- Peru — 1
- Denmark — 1

b

Manual metabolic reconstruction

263 reference genomes

Manually curated gene annotation

565 metabolic functional roles
(transporters, CAZymes, catabolic enzymes transcription factors)

27 mcSEED subsystems

Genes encoding 66 reconstructed carbohydrate utilization pawthays

Genome 1
Genome 2

Genome 1 — Predicted utilizer (1)
Genome 2 — Predicted non-utilizer (0)

Pathway variant assignment

Reference Binary phenotype matrix (BPM)

Phenotype projection pipeline

Growth assays

Glycoprofiling

RNA-seq

Experimental validation

2710 addional genomes and MAGs

Automated gene annotation using reference database

400,264 annotated genes implementing functional roles

Reference BPM + annotated genomes

T1 T2 T3

Phenotype prediction

Machine learining

66 glycans

2710 genomes

Expanded BPM

Bc. kashiwanohense Bg42221_1E1

Bl. infantis Bg064.S07_13.C6

Bl. suis Bg131.S11_17.F6

Taxonomy

■ *B. scardovii*	⊠ *B. sp002742445*	■ *B. longum* ssp. *nov.*
■ *B. longum* ssp. *suis*	■ *B. pseudocatenulatum*	⊠ *B. thermophilum*
■ *B. longum* ssp. *longum*	■ *B. adolescentis*	■ *B. pseudolongum* ssp. *globosum*
■ *B. catenulatum* ssp. *kashiwanohense*	■ *B. angulatum*	■ *B. gallicum*
■ *B. dentium*	■ *B. catenulatum* ssp. *catenulatum*	■ *B. breve*
⊠ *B. catenulatum* ssp. *kashiwanohense_A*	■ *B. animalis* ssp. *lactis*	■ *B. longum* ssp. *infantis*
		■ *B. bifidum*

Predicted binary phenotype
☐ no utilization (0)
■ utilization/degradation (1)

Glycan type
☐ monosaccharides and derivatives
▨ di- and oligosaccharides
▨ polysaccharides

Glycan origin
P plant
H host (animal)
U universal
B bacterial

a

Short-chain fructooligosaccharides (scFOS)

Long-chain fructooligosaccharides (scFOS)

Predicted phenotype		Strain
scFOS	lcFOS	
1	1	*B. adolescentis* STL_TW14.1_LFYP80
0	0	*B. bifidum* Bg41221_3D10
1	0	*B. breve* Bg155.S08_4F7
1	0	*B. longum* ssp. *infantis* Bg40721_2D9
0	0	*B. longum* ssp. *infantis* Malawi264A_MC2
1	1	*B. longum* ssp. *infantis* Bg064.S07_13.C6

b

Matching predictions   **Non-matching predictions**
TP: true positives   FP: false positives
TN: true negatives   FN: false negatives

a

(1) Creating a genomic database of *Bifidobacterium* strains and metabolic functional roles

263 reference *Bifidobacterium* genomes
- 19 species and subspecies
- 19 new genomes of Bangladeshi isolates

↓

27 mcSEED subsystems encompassing catabolic pathways for 66 glycans

Manually curated list of 565 functional roles of metabolic pathways
- 200 characterized in bifidobacteria (from 144 primary publications)
- 225 predicted (TCDB, CAZy, KEGG, RegPrecise, PATRIC)
- 140 predicted in this work

Glycan transporters (226) | Glycoside hydrolases and other CAZymes (188) | Downstream catabolic enzymes (67) | Transcription factors (84)

(2) Subsystem-based analysis of genomic context and reconstruction of carbohydrate utilization pathways

Example: reconstruction of pathways for xylose (Xyl) and xylooligosaccharide (XOS) utilization

(3) Assignment of pathway variants and binary carbohydrate utilization phenotypes based on the presence of signature genes

U = transporter + catabolic pathway
Xyl: *xylF* + *xylA* + *xylB*
XOS: *xosA* + *bpXyl43C* + *xylA* + *xylB*

P = catabolic pathway only
Xyl: *xylA* + *xylB*
XOS: *bpXyl43C* + *xylA* + *xylB*

N = no catabolic pathway

Pathway variants

Strain	Xyl	XOS
Bl. infantis R0033	U	U
Bl. infantis Bg064.S07_13.C6	P	U
Bl. infantis Malawi264A_MC2	N	N

Conversion to binary phenotypes
U --> 1 (utilizer)
P --> 0 (non-utilizer)
N --> 0 (non-utilizer)

Binary phenotypes

Strain	Xyl	XOS
Bl. infantis R0033	1	1
Bl. infantis Bg064.S07_13.C6	0	1
Bl. infantis Malawi264A_MC2	0	0

Binary Phenotype Matrix (BPM)
263 genomes
66 binary phenotypes

b

y-axis: % CAZymes captured in metabolic reconstruction (50–100)

c

x-axis: PC1 (25.9%); y-axis: PC2 (23.2%)

Bg42221_1E1
Bg131.S11_17.F6

Legend:
- *B. adolescentis*
- *B. angulatum*
- *B. animalis* ssp. *lactis*
- *B. bifidum*
- *B. breve*
- *B. catenulatum* ssp. *catenulatum*
- *B. catenulatum* ssp. *kashiwanohense*
- *B. catenulatum* ssp. *kashiwanohense_A*
- *B. dentium*
- *B. gallicum*
- *B. longum* ssp. *infantis*
- *B. longum* ssp. *longum*
- *B. longum* ssp. *suis*
- *B. longum* ssp. *nov.*
- *B. pseudocatenulatum*
- *B. pseudolongum* ssp. *globosum*
- *B. scardovii*
- *B. sp002742445*
- *B. thermophilum*

a

b

xyn cluster

Legend: Transporters | SBP of ABC transporters | Glycoside hydrolases | Carbohydrate esterases | Downstream catabolic enzymes | Transcription factors | Predicted operators ① XylR ② XosR | Hypothetical or other proteins | Locus boundaries

Genes: xosD, xosE, xosF, xosG, xosH, bpXyl43A, bpXyl120A, rexA, bpAbf43A, aXeB, xylA, bpAbf43B, xosR, xosA, xosB, xosC, bpXyl43C, aXe20A, xylB, xylR
xosR2, aXeB2(abc), rexB, bpXyn10A, hypY, aXe20B, bdhA

Scale: 2.5kb

c

Predicted XylR-binding motif (ROK)

Predicted XosR-binding motif (LacI)

d

B. breve Bg41721_1C11

Genes: CE20, bdAme2, baGlu1, manE, manF, manG, manL, manM, mnb2, mnbR, manI

B. dentium STL_TW14.1_LFYP24

Genes: CE20, bdAme2, baGlu1, mnbA, mnbB, mnbC, mnb2, mnbR, GH43_34, bdAga36, manI, baMan26A

Scale: 2.5kb | Identity (%) 0–100

Legend: Transporters | SBP of ABC transporters | Glycoside hydrolases | Carbohydrate esterases | Downstream catabolic enzymes | Transcription factors | Predicted MnbR operators | Hypothetical or other proteins | Locus boundaries

e

Linear β-mannan | Glucomannan | Galactomannan

Released oligosaccharides

Endo-β-1,4-mannanase activity

BaMan26A(GH26)

ManEFGLM — *B. breve* Bg41721_1C11

MnbABC — *B. dentium* STL_TW14.1_LFYP24

Imported oligosaccharides

CAZymes:
1. Mnb2(GH2)
2. BaGlu1(GH1)
3. BdAme2(CE2)
4. BdAga36(GH36)

Liberated monosaccharides: D-glucose | D-mannose | D-galactose

Downstream catabolic pathways:
B. breve: GlcK, Gpi, ManI, Frk
B. dentium: GlcK, Gpi, ManI, Frk, GalK, GalE, GalT

D-fructose-6P → Bifid shunt

f

bMnOS | bMAN

OD$_{600}$ vs Time (h)

Predicted phenotype (bMnOS / bMAN):
- 1 0 — *B. breve* Bg41721_1C11
- 0 0 — *B. breve* Bg155.S08_4F7
- 1 0 — *B. breve* STL_TW14.1_LFYP81
- 1 1 — *B. dentium* STL_TW14.1_LFYP24

g

Predicted MnbR-binding motif (LacI)