**Vestigial like 4 regulates the adipogenesis of classical brown adipose tissue**

Runing title: VGLL4 regulates brown adipose tissue development

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**13 Abstract**

Brown adipose tissue (BAT) is mammals' primary non-shivering thermogenesis organ, and the

molecular mechanisms regulating BAT growth and adipogenesis are largely unknown. The

Hippo-YAP pathway has been well-known for controlling organ size, and Vestigial like 4

(VGLL4) is a transcriptional regulator that modulates the Hippo-YAP pathway by competing

against YAP for binding to TEAD proteins. In this study, we dissected the function of VGLL4 in

regulating BAT development. We generated a conventional *Vgll4* mutant mouse line, in which

the two Tondu (TDU) domains of VGLL4 were disrupted. We found that deletion of the TDU

domains of VGLL4 resulted in perinatal lethality and paucity of the interscapular BAT. Histo-

logical and magnetic resonance imaging studies confirmed that the adipogenesis of BAT was

impaired in *Vgll4* mutants. Adeno-associated virus (AAV) mediated, brown adipocyte-specific

overexpression of VGLL4 increased BAT volume and protected the adult male mice from

acute cold stress. Genomic studies suggest that VGLL4/TEAD1 complex directly regulates

the myogenic and adipogenic gene expression programs of BAT. In conclusion, our data

identify VGLL4 as a previously unrecognized adipogenesis factor that regulates classical BAT

development.

**Keywords:** Vestigial like 4, TEAD1, CEBPβ, Hippo-YAP pathway, classical brown adipose tis-

sue, development, adipogenesis.

## 1. Introduction

Obesity is a global epidemic that contributes to a number of chronic disease conditions, such as type 2 diabetes mellitus, non-alcoholic fatty liver, cardiovascular disease, and cancers (Mitchell et al., 2011). In mammals, the adipose tissue comprises white and brown adipose tissue (WAT and BAT, respectively) (Zwick et al., 2018). WAT stores triglycerides in adipocytes, and its expansion is a hallmark of obesity. On the other hand, BAT burns triglycerides and glucose to generate heat (Symonds, 2013). Based on its developmental origin, BAT is further divided into classical BAT and white adipocyte-derived brown adipocytes (beige/brite cells) (Giralt and Villarroya, 2013). In humans, BAT is abundant in infants, and decreases with age (Heaton, 1972). Recently, the discovery of functional BAT and beige cells in adults (Cypess et al., 2009) raises the possibility of treating obesity by activating BAT or increasing the browning of WAT (Cypess and Kahn, 2010). Thus understanding the molecular mechanisms that control BAT growth and function is critical for developing therapeutic strategies to treat obesity.

Both white adipocytes and classical brown adipocytes (BACs) are derived from mesenchymal stem cells (Gesta et al., 2007). BAC adipogenesis generally includes four steps. First, mesenchymal stem cells differentiate into myogenic factor 5 (Myf5)-expressing progenitor cells. Next, Myf5^{+} progenitor cells differentiate into brown preadipocytes, which then differentiate into UCP1-positive naive BACs. Finally, naive BACs develop into lipid-loaded and mitochondria abundant mature BACs (Yao et al., 2011). In mice, the interscapular BAT depot appears at embryonic day 15.5 (E15.5), and expands rapidly during fetal and neonatal development. BAT lipogenesis is minimal in murine embryos and increases remarkably after birth (Schulz et al., 2013; Negron et al., 2020).

The genetic programs controlling BAT adipogenesis are well documented. Transcription

factors, including peroxisome proliferator-activated receptor gamma (PPARγ), CCAAT/

enhancer-binding proteins (specifically CEBPβ/δ), and PRD1-BF-1-RIZ1 homologous domain

containing protein-16 (PRDM16), are key regulators of BAC differentiation (Gesta et al., 2007;

Yao et al., 2011; Townsend and Tseng, 2012). Conditional deletion of *Pparg* in adipocytes

reduced both WAT and BAT (Jones et al., 2005). Mice missing both CEBPβ and CEBPδ had

no lipid accumulation in BAT, and primary embryonic fibroblasts lacking both of these factors

failed to undergo adipocyte differentiation (Tanaka et al., 1997). PRDM16 is a crucial regulator

of myogenic and brown adipogenic lineage differentiation, because ectopic expression of

PRDM16 in myoblasts activated the BAC differentiation program, which relied on the

interaction between PRDM16 and CEBPβ/δ (Seale et al., 2007).

The Hippo-YAP kinase signaling pathway is well known for controlling organ growth

(Pan, 2010).  In mammals, upstream signaling pathways activate the Hippo kinase cascade,

comprised of MST1/2, LATS1/2, and the scaffold protein Salvador (Sav). Activation of this

kinase cascade results in phosphorylation and inactivation of YAP and WWTR1 (more

commonly referred to as TAZ), orthologous transcriptional co-activators that are terminal

transcriptional effectors of this pathway. YAP/TAZ interact with TEAD family transcription

factors to regulate downstream target gene expression, including genes that control cell

proliferation (Meng et al., 2016). Several studies have implicated Hippo-YAP signaling in WAT

adipogenesis. In the 3T3-L1 preadipocyte cell line, which has been widely used to study WAT

adipocyte differentiation (Morrison and McGee, 2015), overexpression or knock-down of

Hippo kinases activated or suppressed adipogenesis, respectively (Park et al., 2012; An et al.,

2013), while knock-down of YAP/TAZ or TEAD4 augmented WAT adipogenesis (Yu et al.,

2013; Zhang et al., 2018). YAP/TAZ-TEAD complex also plays an important role in regulating

BAT adipogenesis. BAT-specific YAP/TAZ double heterozygous mice (YTU) had reduced BAT

size and impaired metabolic activity at 4 weeks of age. At 20 weeks of age, compared with the

BAT of the age matched control mice, the YTU BAT was two times larger, which was due to

excessive lipid accumulation in the BACs (Tharp et al., 2018). However, the underlying

molecular mechanism of how YAP/TAZ-TEAD complex regulates BAT adipogenesis has not

been well documented.

In addition to inhibition by the Hippo kinase cascade, the activity of the YAP/TAZ-TEAD

complex is also suppressed by Vestigial like 4 (VGLL4), a transcriptional regulator that

competes with YAP/TAZ for binding to TEAD (Koontz et al., 2013; Lin et al., 2016). In 3T3-L1

cells, loss of either TEAD4 or VGLL4 increased adipogenesis; overexpressing TEAD4

suppressed adipogenesis, which was abolished by knocking down VGLL4 (Zhang et al.,

2018). These data highlight the importance of VGLL4 as a crucial regulator of adipogenesis in

vitro and raise the question whether VGLL4 regulates adipogenesis in vivo.

Previously, we generated a *Vgll4* mutant mouse allele, *Vgll4$^{d46}$*, in which a 46 bp deletion

caused a frameshift mutation and disrupted the TDU domain that mediates TEAD binding.

*Vgll4$^{d46/d46}$* (*Vko*) mice could not prevail and died shortly after birth (Sheldon et al., 2022). Using

interscapular BAT as a classical BAT example, here we show that *Vko* mice had much less

BAT than their littermate controls, and that VGLL4 is essential for the normal BAT

adipogenesis gene expression program. Additionally, overexpressing VGLL4 in postnatal BAT

increased BAT volume and protected the mice from acute cold stress. In summary, our study

reveals that VGLL4 is a crucial adipogenesis factor that controls BAT growth and function,

thus advancing the knowledge of BAT development.

*Results*

*Mutating VGLL4 causes BAT paucity.*

We have previously reported that whole-body depletion of VGLL4 led to perinatal death

(Sheldon et al., 2022). While characterizing the phenotype of the *Vgll4* knockout (*Vko*) pups,

we noticed that the *Vko* newborn pups had consistent dents in the interscapular regions,

which led us to examine the interscapular BAT depot. Impressively, the *Vko* pups had much

smaller BAT depots than their littermate controls (Fig. 1A). By performing qRT-PCR with the

P0 BAT we confirmed the depletion of *Vgll4* (Suppl. Fig. 1A).

To elucidate the cellular mechanism of BAT paucity, we first examined the BAC size and

found reduced BAC size in *Vko* compared with littermate controls  (Suppl. Fig. 1B and 1C).

We then measured the proliferation rate of the UCP1-positive BACs with EdU, a thymidine

analogue that labels proliferating cells. *Vko* BACs had a comparable EdU incorporation rate to

controls  (Suppl. Fig. 2D and 2E). Consistent with the malformation of BAT, the expression of

BAT marker UCP1 was reduced in the *Vko* mutants (Fig. 1B and 1C), suggesting that loss of

VGLL4 may either interfere with preadipocyte-to-BAC differentiation or impair BAC

maturation.

To determine if the BAT abnormalities preceded birth, we collected embryos at E18.5 and

examined the interscapular BAT depot. Compared with wild type controls, the *Vgll4*

heterozygous (*Vhet*) embryos had no obvious growth defects, as reflected by the normal body

weight (Suppl. Fig. 1F). The *Vko* mutants were smaller than both wild type and *Vhet* embryos;

however, the weight of the major internal organs, such as the heart and lungs, normalized to

body weight, was not affected (Suppl. Fig. 1G and 1H). Because we observed no phenotypic

difference between *Vhet* and wild type mice, we used both of these genotypes as controls. In

the control embryos, the interscapular regions were filled with BAT covered by white

adipocytes (Suppl. Fig. 1I); however, the *Vko* embryos had much smaller interscapular BAT

depots (Suppl. Fig. 1I), demonstrating that BAT paucity occurs in *Vko* during embryonic

development.

We further examined the BAT histology and lipid deposition in the neonatal *Vko* mutants.

The BAT depot was thinner in *Vko* than in controls (Fig. 1D, top row). The nuclei were more

dense in *Vko* BAT, and *Vko* BACs had less cytoplasmic vacuoles (Fig. 1D, bottom row).

Oil Red O staining revealed that lipid droplets were abundant in control BAT but rarely

**131** detected in the *Vko* BAT (Fig. 1E), suggesting that VGLL4 is essential for BAT lipogenesis.

**132**     Similar to BAT, the inguinal subcutaneous white adipose tissue (iWAT) contained minimal

**133** lipid droplets in *Vko*, whereas lipid droplets were readily detected in control iWAT (Fig. 1F).

**134** Perilipin is a protein enriched on the surface of lipid droplets in differentiated adipocytes

**135** (Greenberg et al., 1991). Compared with control iWAT, *Vko* iWAT had much less perilipin

**136** immunoreactivity (Fig. 1F). To more broadly assess the effect of VGLL4 mutation on lipid

**137** deposition, we measured the lipid composition of the chest and abdomen of control and *Vko*

**138** pups with magnetic resonance imaging (MRI). Lipid signals were detected in the interscapular

**139** and subcutaneous regions of control but not *Vko* pups (Fig. 1G). Quantification of the relative

**140** volume of BAT and subcutaneous WAT revealed that both these adipose depots were much

**141** smaller in the *Vko* pups (Fig. 1H and 1I). Additionally, quantification of the lipid signals

**142** contained in the chest and abdomen tissues demonstrated a significant decrease of lipid

**143** content in the *Vko* mutants (Fig. 1J, *Vko* 1.49% vs Ctrl 19.59%, p=0.01). Together, these data

**144** suggest that VGLL4 regulates adipogenesis in both BAT and subcutaneous WAT.

**145** **Loss of VGLL4 disrupts the adipogenesis gene expression program of BAT.**

**146**     To determine whether VGLL4 inactivation changed the BAT gene expression program, we

**147** performed RNA sequencing with BAT collected from P0 pups. Compared with littermate

**148** controls, 1217 and 978 genes were significantly down- and up- regulated in the *Vko* BAT,

**149** respectively ($P_{adj}$<0.05 and absolute FC>1.5; Fig. 2A, Supplemental table 1). Whole genome

**150** Gene Set Enrichment Analysis (GESA) analysis (Subramanian et al., 2005) showed that

**151** myogenesis, oxidative phosphorylation, fatty acid metabolism, and adipogenesis were the top

**152** four biological processes enriched in the wild type BAT (Fig. 2B; Suppl. Fig.2A). Out of 191

**153** genes in the adipogenesis gene set, 51 were down-regulated in *Vko* (Fig. 2C). We used qRT-

**154** PCR to validate the expression of *Acsl1, Adipor2, Cidea* and *Dgat1,* and confirmed that all

**155** these genes except *Adipor2* were decreased in *Vko* BAT (Fig. 2D).

**156**     To assess the  BAC differentiation stage that is regulated by VGLL4, we took advantage of

published gene expression profiles of BACs at different stages of differentiation (Pradhan et

al., 2017). In this study, 960 protein coding genes were found to be differentially expressed

during pre-adipocyte to BAC differentiation. Among these 960 genes, 856 genes were

detected in our RNA-seq data. Based on the expression data of these 856 genes, we

performed hierarchical clustering to determine which stage of differentiation was most similar

to P0 control or *Vko* BAT. Both the control and *Vko* BAT gene expression data clustered with

that of the differentiated BACs (Suppl. Fig. 2B), suggestive a minor role of VGLL4 during

brown preadipocyte to BAC differentiation.

We further measured the expression of two BAC-enriched genes (*Ucp1* and *Cox7a1*) and

two BAC differentiation-related genes (*Dlk1/Pref-1* and *Prdm16*). In comparison with control

BAT, *Vko* BAT had lower expression of *Ucp1* and *Cox7a1* (Fig. 2E) and similar expression of

*Dlk1* and *Prdm16* (Fig. 2F).

***Deletion of VGLL4 activates IGF-Akt pathway.***

VGLL4 is a transcriptional regulator that blunts the interaction between YAP and TEAD

proteins (Lin et al., 2016). It has been reported that mice doubly heterozygous for YAP and its

paralog TAZ had disrupted BAT growth, and that YAP/TAZ coordinated with TEAD1 to drive

UCP1 expression in BACs (Tharp et al., 2018). These published data suggest that TEAD1 is

involved in the development of BAT. To test the correlation between TEAD1 expression and

BAT development, we examined *Tead1* mRNA and TEAD1 protein levels in the BAT at

different developmental stages. *Tead1* mRNA and TEAD1 protein were both high in postnatal

day 1 (P1) BAT and then quickly decreased to a very low level at P4 (Fig. 3A; Suppl. Fig. 3A).

Different from *Tead1*, *Vgll4* mRNA level was decreased from P1 to P15 and then increased

from P15 to P30 (Supp. Fig. 3B).

We previously showed that activation of VGLL4 decreased TEAD1 protein level in the

heart (Lin et al., 2016) and knocking out VGLL4 increased TEAD1(Sheldon et al., 2022). We

then checked whether inactivation of VGLL4 affected TEAD1 protein expression in BAT.

Immunofluorescence staining showed that TEAD1 expression and nuclear abundance was

both increased in the BACs of neonatal *Vko* (Fig. 3B). In line with these in situ observations,

western blots confirmed that *Vko* BAT had more TEAD1 than littermate controls (Fig. 3C and

3D). The YAP/TEAD complex regulates the expression of IGFR-Akt pathway components (Xin

et al., 2011; Lin et al., 2015). Consistent with the upregulation of TEAD1, the *Vko* pups had

increased IGF1R and higher phospho Akt/Akt ratio (Fig. 3C and 3D).  These data suggest that

VGLL4 ablation increases the transcriptional activity of the TEAD1/YAP complex in BAT.

Next, we measured the protein levels of PPAR-γ and CEBPβ, two transcriptional factors

central to the regulation of adipogenesis (Farmer, 2006; Guo et al., 2015). PPARγ was

significantly increased in *Vko* BAT (Fig. 3E and 3F ), suggesting that loss of VGLL4 does not

impair BAT adipogenesis by decreasing PPARγ expression. CEBPβ plays a central role in

adipocyte differentiation (Guo et al., 2015), and it has several N-terminally truncated isoforms,

such as liver-enriched activator protein (LAP) and liver-enriched inhibitory protein (LIP).

CEBPβ-LAP interacts with PRDM16 to direct the differentiation of myoblastic precursors into

BACs (Seale et al., 2009), and CEBPβ-LIP rescued the growth defects of *Cebpb* knockout

mice (Bégay et al., 2018), suggesting that CEBP-LIP and CEBP-LAP have overlapping

functions. Compared to control BAT, CEBPβ-LAP expression in *Vko* BAT was similar, but

CEBPβ-LIP was significantly lower (Fig. 3E and 3F).

Adipose triglyceride lipase (ATGL) is a well-known lipolysis enzyme and highly

expressed in the adipose tissues of mice and humans (Zimmermann et al., 2004). It recently

was shown to regulate the synthesis of branched fatty acid esters of hydroxy fatty acids

(FAHFAs) (Patel et al., 2022), a class of newly discovered lipids that have favorable metabolic

and anti-inflammatory effects (Yore et al., 2014). In *Vko* BAT, ATGL expression was very low

compared to control BAT (Fig. 3E and 3F), further suggesting that loss of VGLL4 impairs the

development of BAT.

**VGLL4/TEAD1 complex regulates the expression of BAT myogenesis genes.**

**209**     We suspected that VGLL4 might interact with TEAD1 to regulate BAC gene expression. To

**210**     test this hypothesis, we used a genomic approach to identify the genes that are regulated by

**211**     both VGLL4 and TEAD1.

**212**     Because TEAD1 expression was high in the young newborn pups (Fig. 3A), we used P0

**213**     BAT to identify genes directly bound by TEAD1 using TEAD1 chromatin immunoprecipitation

**214**     followed by next generation sequencing (ChIP seq). *Tead1$^{fb}$* knockin mice that express FLAG

**215**     and BIO epitope tagged TEAD1 (Lin et al., 2016) were crossed to BirA transgenic

**216**     mice(Driegen et al., 2005) to generate *Tead1$^{fb}$;BirA* mice, in which the endogenous TEAD1$^{fb}$

**217**     protein was biotylated by BirA.

**218**     TEAD1 bioChIP-seq of P0 *Tead1$^{fb}$;BirA* BAT revealed 4234 peaks that mapped to 2834

**219**     genes, with 371 peaks localized in the promoter region (0 to -5kb upstream of the

**220**     transcriptional starting site), and the rest of the peaks spreading out in the gene bodies and

**221**     distal noncoding regions (Suppl. Fig. 4A). De novo motif discovery (Heinz et al., 2010)

**222**     identified the TEAD binding motif as the mostly enriched motif (Fig. 4A), thus confirming the

**223**     reliability of our ChIP seq data set. The other top five transcriptional factors that were co-

**224**     enriched in the TEAD1 ChIP peaks were Nuclear factor 1 (NF1), CCCTC-Binding Factor

**225**     (CTCF), CEBP, Early B Cell Factor transcription factor 1 (EBF1) and Myocyte Enhancer

**226**     Factor 2C (MEF2c) (Fig. 4A). Among these five transcriptional factors, both NF1 and CEBP

**227**     protein families are essential for BAT adipogenesis (Tanaka et al., 1997; Hiraike et al., 2017),

**228**     suggesting that TEAD1 may coordinate with these transcriptional factors to regulate BAT

**229**     development.

**230**     Pathway analysis with the 2834 TEAD1-bound genes showed that the Hippo signaling

**231**     pathway was among the top five enriched pathways (Fig. 4B). By comparing the *Vko* BAT

**232**     differentially regulated genes (DEG) with the TEAD1-bound genes, we identified 419

**233**     overlapped genes that might be directly regulated by VGLL4 and TEAD1 (Fig. 4C). Gene

**234**     ontology term analysis (Ge et al., 2020) of these 419 genes revealed that muscle structure

development was the most enriched biological process (Fig. 4D). 37 TEAD1-bound genes

were differentially expressed in *Vko* BAT and related to muscle structure development  (Fig.

4E). Myogenic gene expression is a molecular signature that separates BACs from white

adipocytes (Timmons et al., 2007). These data suggest that the VGLL4/TEAD1 complex

regulates the expression of myogenic genes in BAT.

In addition to regulating myogenic genes, TEAD1 also bound to crucial  lipogenesis genes,

such as *Fabp4, Lpl, Fabp3, Cd36, Prdm16, Cav1, Slc27a1,* and *Ppargc1b* (Suppl. Fig. 4B).

qRT-PCR tests confirmed that *Cav1*, *Fabp3*, *Slc27a1,* and *Ppargc1b* were all down regulated

in the *Vko* BAT (Suppl. Fig. 4C).

**VGLL4 alleviates TEAD1 suppression of CEBPβ transcriptional activity.**

Calsequestrin1 (*Casq1*) encodes a high-capacity calcium-binding protein that acts as a

$Ca^{2+}$ storage/buffer molecule in the sarcoplasmic reticulum of skeletal muscle cells (Sanchez

et al., 2012). *Casq1* is also expressed in BAT, and down regulation of *Casq1* is associated

with decreased BAT thermogenic capacity (Anthony et al., 2020). Unbiased *Vko* BAT gene

expression profiling and TEAD1 ChIP-seq analysis identified *Casq1* as a direct target of the

VGLL4/TEAD1 complex (Fig. 4E). As shown in Fig. 5A, TEAD1 directly bound to the promoter

region of *Casq1*. In BAT, *Vgll4* inactivation robustly decreased *Casq1* mRNA (Fig. 5B). TEAD1

ChIP-seq peak region encompassed 480 base pairs (bp) of the *Casq1* promoter. Analysis of

mouse and human sequences using the evolutionary conserved regions (ECR) genome

browser (Ovcharenko et al., 2004) showed that the sequence is highly conserved (Fig. 5C)

and contains one CEBP binding motif and one TEAD1 binding motif, both of which were

identical between mouse and human (Fig. 5D).

To study the activity of murine *Casq1* promoter, we constructed Casq1-Luci, in which the

480 bp TEAD1-bound region was positioned upstream of the luciferase gene in the

promoterless pGL2 basic vector (Fig. 5E). In HEK293T cells, CEBPβ increased Casq1-Luci

reporter activity, which was attenuated by further addition of TEAD1. VGLL4 did not affect

CEBPβ transcriptional activity, but it abolished TEAD1 suppression of CEBPβ (Fig. 5E).

We performed co-immunoprecipitation (Co-IP) assays in HEK293T cells to characterize

the relationships between CEBPβ, VGLL4, and TEAD1. Plasmids expressing TEAD1-HA,

VGLL4-GFP and CEBPB-FLAG were co-transfected into HEK293T cells in different

combinations. In the absence of TEAD1-HA, CEBPβ-FLAG pulled down VGLL4-GFP (Suppl.

Fig.5); in the absence of VGLL4-GFP, CEBPβ-FLAG pulled down TEAD1-HA (Fig. 5F). When

these three proteins were co-expressed in HEK293T cells, CEBPβ pulled down both VGLL4

and TEAD1 (Fig. 5F). These data suggest that TEAD1 and VGLL4 each bind to CEBPβ in a

non-exclusive manner.

Altogether, these data suggest that TEAD1 suppresses CEBPβ activation of *Casq1*

expression, and that VGLL4 favors *Casq1* expression by abolishing TEAD1 suppression of

CEBPβ.

**Construction and validation of a BAC-specific AAV construct.**

AAV-mediated transduction of adipose tissue is a convenient tool for studying adipose

pathophysiology, and AAV serotype 9 has a very high transduction efficiency for BAT

(Jimenez et al., 2013). To facilitate gene-function studies in BAT, we generated a new AAV

construct in which brown adipose tissue-specific cis-regulatory elements (BCE) derived from

murine *Ucp1* drive cargo gene expression (Suppl. Fig. 6). To test the specificity and activity of

BCE, we cloned either luciferase or GFP into this construct (Fig. 6A). 3-day-old pups (P3)

were treated with AAV9.BCE.Luci and AAV9.BCE.GFP. 6 weeks post AAV delivery, we

examined the tissue specificity of these AAV constructs (Fig. 6B). In vivo bioluminescence

imaging showed that luciferase activity was limited to the interscapular region (Fig. 6C).

Overlay of the luciferase signal onto whole animal microCT data confirmed that it originated

from BAT (Fig. 6D). Histological sections of interscapular adipose tissue confirmed that BCE-

driven GFP was expressed in BACs and not in the adjacent white adipocytes (Fig. 6E).

**Overexpressing VGLL4 in BACs promotes BAT growth.**

Because loss of VGLL4 caused BAT paucity (Fig. 1), we asked whether overexpressing

VGLL4 in BACs promotes BAT growth.

To answer this question we generated AAV.BCE.VGLL4$^{GFP}$ (BCE.VGLL4$^{GFP}$), in which

BAC-specific BCE regulatory elements drive the expression of GFP tagged human VGLL4.

We treated p3 pups with BCE.VGLL4$^{GFP}$ and assessed BAT volume at P42 using microCT

(Fig. 7A). BCE.GFP was used as a control. Compared with BCE.GFP treated mice,

BCE.VGLL4$^{GFP}$ mice showed significantly higher BAT volume (102.20 ± 2.77 vs 84.16 ± 1.86

mm$^3$, Fig. 7B), whereas the body weight of these two cohorts animals was not distinguishable

(Fig. 7C). Compared with BCE.GFP, BCE.VGLL4$^{GFP}$ treatment resulted in significantly higher

interscapular BAT volume (102.20 ± 2.76 vs 84.16 ± 1.86 mm$^3$, Fig. 8B), whereas the body

weight of these groups was indistinguishable (Fig. 7C). Consistent with the *microCT*

measurements, the BAT weight to body weight ratio was significantly higher for

BCE.VGLL4$^{GFP}$ compared to BCE.GFP (Fig. 7D).

We collected the BAT tissue to confirm the expression of VGLL4$^{GFP}$. Western blot

detected the expression of VGLL4$^{GFP}$ in the BCE.VGLL4$^{GFP}$ transduced mice (Fig. 7E), and in

situ immunofluorescence staining showed that VGLL4$^{GFP}$ signals were enriched in the nuclei

of BACs (Suppl. Fig. 7A).

Because lipogenesis-driven BAC enlargement is one of the underlying mechanisms of

postnatal BAT growth (Negron et al., 2020), we suspected that VGLL4 might promote BAT

growth by increasing BAC size. We tested this hypothesis by staining BAT sections with

Phalloidin, which labels the filamentous actin cytoskeleton (Kim et al., 2019). Compared to

BCE.GFP, BCE.VGLL4$^{GFP}$ significantly increased BAC size (Suppl. Fig. 7B and 7C), which

was associated with the increase of lipid content as visualized by BODIPY ( a neutral lipid

dye) staining (Suppl. Fig. 7D and 7E). To corroborate the in vivo results, we overexpressed

VGLL4 in an immortalized brown preadipocyte (IBA) cell line (Pradhan et al., 2017) and tested

VGLL4's adiogenetic effects. Compared with GFP control, VGLL4 promoted lipid deposition in

**313** differentiated IBA cells (Suppl. Fig. 7F). Correspondingly, qRT-PCR results demonstrated the

**314** robust increase of three lipogenesis genes: *Fasn*, *Cidea* and *Acsl1* (Suppl. Fig. 7G). Thus, our

**315** in vitro and in vivo data strongly suggest that activation of VGLL4 promotes BAT growth by

**316** increasing BAC lipogenesis.

**317**      Thermogenesis is one of the biological functions of BAT. We asked whether activating

**318** VGLL4 in BAT affected whole body thermogenesis. To address this issue, we transduced P3

**319** wild type mouse pups with BCE.VGLL4$^{GFP}$ and performed acute cold stress test 6 weeks post

**320** AAV transduction. Age-matched BCE.GFP transduced mice were used as control.

**321** BCE.VGLL4$^{GFP}$ and BCE.GFP mice were applied to acute 4°C cold stress for 24 hours. The

**322** core temperature of these two cohorts of mice were indistinguishable under regular housing

**323** temperature (~22 °C). In the first 20-hour acute cold stress period, the core temperature of

**324** male BCE.GFP mice decreased from 37.10 $\pm$ 0.21 °C to 35.28 $\pm$ 0.72 °C; however, the core

**325** temperature of the male BCE.VGLL4$^{GFP}$ mice did not change (37.43 $\pm$ 1.15 vs 37.80 $\pm$ 0.62)

**326** (Fig. 7F). In contrast to the male mice, the female mice did not show a core temperature

**327** difference between BCE.GFP and BCE.VGLL4$^{GFP}$ groups (Fig. 7G).

**328**      On the molecular level, we collected BAT after acute cold stress and measured the

**329** expression of several VGLL4/TEAD1 target genes, including *Casq1, Myh9, Smad6,* and

**330** *Tpm1*. qRT-PCR results showed that VGLL4 increased *Casq1* and decreased *Smad6* (Fig.

**331** 7H). In line with our observation that VGLL4 promoted lipogenesis, *Cidea* expression was

**332** increased in BCE.VGLL4$^{GFP}$ BAT. Although VGLL4 activation increased BAT thermogenesis,

**333** we found that VGLL4 decreased *Ucp1* expression, rather than increasing it (Fig. 7H).

**334** **Discussion**

**335**      In this study, we found that germ-line deletion of the VGLL4 TDU domains impaired BAT

**336** growth. Our data suggest that BAT adipogenesis requires VGLL4.

**337**      From fetus to early life, the development of BACs encompasses four stages: 1)

**338** mesenchymal stem cells differentiate into myogenic factor 5 (Myf5)-expressing progenitor

cells; 2) Myf5^{+} progenitor cells differentiate into brown preadipocytes; 3) preadipocytes

differentiate into UCP1-positive naive BACs; 4) naive BACs develop into lipid-loaded and

mitochondria abundant mature BACs (Yao et al., 2011). Our current data advocate the

hypothesis that VGLL4 regulates BAT growth by orchestrating molecular events that occur

between stage 3 and 4, a developmental period required for brown preadipocytes turning into

lipid-loaded and thermogenesis active mature BACs. This hypothesis is supported by the

following data sets: first, loss of VGLL4 impairs BAC lipogenesis and UCP1 expression;

second, the *Vko* BAT gene expression signature was more similar to the differentiated BACs

than the undifferentiated brown preadipocytes; third, VGLL4 gain-of-function studies show

that activating VGLL4 increased BAT volume and BAC size; fourth, VGLL4 promotes

lipogenesis in cultured BACs.

We found that VGLL4 promotes both BAT and WAT lipogenesis *in vivo*. This result differs

from studies performed in cultured 3T3L1 cells, which suggested that VGLL4 suppresses

adipogenesis (Zhang et al., 2018). One possibility is that under physiological conditions,

VGLL4 is essential for orchestrating the lipogenesis of adipocytes. However, under harsh

chemical adipogenesis conditions, such as the chemical cocktail for inducing 3T3L1 cells

differentiation into adipocytes, VGLL4 may be required to block the excessive activity of the

adipogenesis factors.

Akt signaling is pivotal for BAT development, because genetically ablation of Akt1 and

Akt2 severely diminished BAT growth (Shearin et al., 2016). In the neonatal *Vko* BAT, the

expression of TEAD1, IGFR and phospho-Akt  were all increased, suggestive of VGLL4

impairing BAT development without blunting Akt pathway. PPARγ and CEBPβ are two master

regulators of adipogenesis (Tanaka et al., 1997; Jones et al., 2005; Xiong et al., 2018). In

rodents, CEBPβ-LIP is abundant in fetal BAT and low in adult BAT(Manchado et al., 1994),

and expressing CEBPβ-LIP in the CEBPβ knockout mice rescued BAT adipogenesis(Bégay et

al., 2018), implying that CEBPβ-LIP is critical for BAT development. In *Vko* BAT, PPARγ was

increased, whereas the expression of two CEBPβ isoforms was differentially regulated, with

the larger CEBPβ-LAP isoform remaining unchanged and the smaller CEBPβ-LIP isoform

being substantially reduced.

As VGLL4's partner and one of the terminal effectors of Hippo-YAP pathway, TEAD1 is

highly expressed in the P1 BAT and its expression decreases with age. In P0 BAT, TEAD1

bound regions are enriched with CEBP binding motif, suggestive of TEAD1 and CEBP

collaborative binding. Using the murine *Casq1* promoter that contains conserved TEAD1 and

CEBP binding motifs as a probe, we found that CEBPβ activated *Casq1* expression whereas

adding in TEAD1 weakened CEBPβ's transcriptional activity. This TEAD1 suppression of

CEBPβ is likely a direct regulation due to direct protein-protein interactions, because co-IP

experiments indicate that these proteins interact with each other.  VGLL4 is known to

physically interact with TEAD1, and here we show that VGLL4 also interacts with CEBPβ.

Although VGLL4 did not affect CEBPβ transcriptional activity, it abolished TEAD1 suppression

of CEBPβ. The discovery of VGLL4 alleviating TEAD1 suppression of CEBPβ, together with

the aforementioned *Vko* BAT signaling pathways profiling data suggest that VGLL4 and

TEAD1 are bridge molecules connecting Hippo-YAP pathway with CEBPβ, one of the core

adipogenesis regulators.

YAP/TAZ, TEADs and VGLLs are three categories of crucial transcriptional effectors of

the Hippo-YAP pathway. YAP/TAZ interacts with TEADs to regulate target gene expression,

and VGLLs function as suppressors of YAP/TEAD1 complex by competing for TEAD (Koontz

et al., 2013). Published data show that YAP and TAZ suppress BAT lipogenesis, because

reducing YAP and TAZ expression in BAT robustly increased BAC lipid content. In the same

work, YAP and TAZ were found to serve as mechanosensor proteins in BAT to regulate BAC

thermogenesis. Mechanistically, adrenergic stimulation increases cytosolic $Ca^{2+}$ that activates

actomyosin machinery to cause cellular tension, which in turn increases *Ucp1* expression by

activating YAP/TAZ-TEAD complex (Tharp et al., 2018). In the current study, our data suggest

**391** that VGLL4 has dual roles in the regulation of BAT development: during embryo development,

**392** VGLL4 is required for brown preadipocytes differentiating into UCP1 positive brown

**393** adipocytes and may regulate adipogenesis by preserving CEBPβ transcriptional activity; from

**394** neonate to adulthood, VGLL4 favors lipogenesis and suppresses *Ucp1* expression, and

**395** VGLL4 fulfills this function by competing against YAP/TAZ for limited TEAD proteins.

**396**      Although UCP1-dependent energy dissipation is critical for BAT thermogenesis

**397** (Fedorenko et al., 2012), it is not the only molecular mechanism for BAT to generate heat.

**398** UCP1-independent energy dissipation molecular mechanisms, such as

**399** Ryr1-mediated $Ca^{2+}$ leak (Bal et al., 2012), also contribute to BAT thermogenesis. Different

**400** from YAP/TAZ promoting BAT thermogenesis by increasing UCP1 expression, VGLL4

**401** induction of adult BAT thermogenesis is associated with *Ucp1* down-regulation, thus

**402** suggesting that VGLL4 increases BAT thermogenesis by activating UCP1-independent

**403** energy dissipation mechanisms. Since *Casq1* encodes a $Ca^{2+}$ buffer protein and it is up-

**404** regulated by VGLL4, future studies are required to test whether VGLL4 promotes

**405** thermogenesis through activating futile $Ca^{2+}$ recycling (Guarnieri et al., 2022).

**406**      In conclusion, our data suggest that Hippo-YAP pathway terminal effector proteins (e.g.,

**407** TEAD1 and VGLL4) regulate BAT adipogenesis through modulating the transcriptional activity

**408** of CEBPβ, thus improving our understanding of how Hippo-YAP pathway regulates BAT

**409** development and function.

**410** **Materials and Methods**

**411**      Refer to the Supplemental Information for Extended Materials and Methods.

**412** *Mice*

**413**      All animal procedures were approved by the Institutional Animal Care and Use

**414** Committee of the Masonic Medical Research Institute. Wild type C57/BL6J mice were used in

**415** this study. C57/BL6J mice were originally purchased from Jackson Laboratory and maintained

**416** in the AAALAC accredited (#001865) mouse facility of Masonic Medical Research Institute

(MMRI). *Vgll4* knockout mouse line *(Sheldon et al., 2022),* *Tead1*[fb] knockin (Lin et al., 2016)

and BirA mouse lines were published previously (Driegen et al., 2005).

*Immortalized brown preadipocyte (IBA) cell line culture and differentiation*

IBA cells were a gift of Dr. Deplancke from Swiss Institute of Bioinformatics. IBAs were

cultured in DMEM with 10% FBS and antibiotics, maintained at less than 80% confluence

before passaging. Differentiation of IBAs and maintenance of differentiated IBA cells were

achieved following a published protocol (Pradhan et al., 2017). To test  the effects of VGLL4,

adenovirus harboring VGLL4 was added into the IBAs at a dose of 20 multiplicity of infection

(MOI) before differentiation. Cells were fixed and stained with Oil Red O six days after

differentiation.

*RNA-seq and data analysis*

Total RNA was extracted from the brown adipose tissue of P0 pups using PureLink RNA

Mini Kit (Thermo Fisher, 12183020). Polyadenylated RNA from 2 μg total RNA was

subsequently purified using Oligo(dT) Dynabeads  (Thermo Fisher, 61005). RNA-seq libraries

were prepared with ScriptSeq V2 RNA-seq library kit (Illumina, SSV21124). Single-end reads

were sequenced using a NextSeq500 sequencer. RNA-seq reads were aligned to mm9 by

Tophat (Trapnell et al., 2009) and read counts were calculated by Htseq-count (Anders et al.,

2015). DEseq (Anders and Huber, 2010) was next used to perform statistical analysis of

differential gene expression. An adjusted P-value of 0.05 was used as cutoff to identify

differentially regulated genes.

*Histology and immunostaining*

Brown adipose tissue and inguinal white adipose tissue were fixed in 4% PFA,

cryoprotected with 30% sucrose, and embedded in OCT. 10 μm sections were used for Oil

Red O staining. H&E staining was performed on paraffin-embedded sections. Immunostaining

was performed on cryosections and detected with Alexa-labelled secondary antibodies

(Invitrogen). Antibody sources are listed in Supplementary Table 2. EdU was administered

intraperitoneally at 200 µg (pregnant dams), 2 hours before tissue collection. EdU was

detected with Click-iT chemistry (Invitrogen). Imaging was performed on a Keyence BZ-X800

microscopy system.

*Tead1 bioChIP-seq of interscapular brown adipose tissues*

Tead1 bioChIP-seq was performed as described previously (Akerberg et al., 2019). Briefly,

interscapular brown adipose tissues of postnatal day 0 (P0) were harvested. Tissues from 3-4

mice were pooled as one sample, and homogenized with a motor-driven disperser, and then

crosslinked in 1% formaldehyde in PBS for 10 minutes at room temperature and subsequently

quenched with 125 mM glycine for 5 min. Chromatin was fragmented using a microtip

sonicator (Qsonica, S-3000) at 70% amplitude for 8 minutes. Biotinylated Tead1 and bound

chromatin was pulled down by incubation with streptavidin beads (ThermoFisher Scientific,

11206D). Bead-bound chromatin was resuspended in SDS elution buffer (50 mM Tris–HCl pH

8,10 mM EDTA, 1% SDS) and incubated overnight at 65 °C to reverse crosslinking. After

RNAse A and Proteinase K treatment, ChIP DNA was purified using Qiagen MinElute

columns. Libraries were constructed using the KAPA HyperPrep ChIP-seq library preparation

kit (Roche, cat# 07962347001). Sequencing (75 nt single end) was performed on an Illumina

NextSeq 500.

*Tead1 bioChIP-seq data analysis*

The raw reads from two biological replicate bioChIP-Seq datasets were mapped to the Mus

musculus genome (mm9 build) using Bowtie (Langmead et al., 2009) (Ref_Langmead).

Alignments with more than one match were removed. MACS2 (Zhang et al., 2008) was used

to determine peaks in each replicate with p-value 1e-5 as cutoff. The peak list was further

filtered to remove all blacklisted regions. The intersection of peaks from the replicates yielded

the reproducible peaks. The intersection and union sets were determined by the Bedtools

(Quinlan and Hall, 2010) intersect function. The enriched motifs were determined with Homer

de novo motif algorithm analysis (Heinz et al., 2010).

**Data availability**

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**Author contributions:** Z.L. designed and interpreted the study. P.Z., C.W.K. and Z.L. performed experiments with the help from A.D., G. W. and S.N.  F. G. analyzed the BAT RNA-seq data. B. D. provided the IBA RNA-seq data and IBA cell line. P. Z., C.W.K. W.T. P and Z. L analyzed the results. Z.L wrote the manuscript. C.W.K. and W.T. P. revised the manuscript.

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**Figure 1. Classical brown adipose tissue growth requires VGLL4.**

**A**. Gross morphology of classical interscapular brown adipose tissue at P0. Dotted lines indicate the BAT depot. Scale bar=4 mm. **B**. UCP1 immunoblot with P0 BAT protein. Heart protein was used as negative control. **C**. Densitometry quantification of UCP1. Protein levels were normalized to GAPDH. N=4. Student's t test, **, P<0.01. **D**. HE staining of BAT. Top panel, scale bar =4 mm; bottom panel, scale bar=50 μm. **E.** Oil Red O staining of BAT. Top panel, bar= 4 mm; bottom panel, scale bar=1 mm. **F.** Oil Red O staining and Perilipin immunohistological staining of iWAT. Scale bar = 50 μm **G**. Visualization of whole body trunk for lipid content by a series of MRI images using P0 mouse pups. Water signal was

**Figure 1. Classical brown adipose tissue growth requires VGLL4.**

suppressed in the lipid only images. Blue and yellow arrows indicate BAT and and

subcutaneous WAT, respectively. **H.** BAT lipid content comparison. **I**. WAT lipid content

comparison. **J**. Quantification of the total lipid content. The percentage was calculated by

normalizing the lipid positive tissue volume to the body trunk volume. Student t-test: *$P<0.05$,

n=4.

**Figure 2. Loss of VGLL4 disrupts the adipogenesis gene expression program of BAT.**

**A**. Heat map of differentially expressed genes (DEG). RNA sequencing data from P0 BAT was analyzed with Deseq. N=3. **B**. Gene set enrichment analysis (GESA). GESA was carried out with the Deseq2-derived gene expression data set. The top four gene sets enriched in wild-type BAT were shown. **C**. A heat map of differentially expressed fatty acid metabolism/ adipogenesis genes. **D**. qRT-PCR validation of selected lipogenesis genes dysregulated in *Vko* BAT. **E-F.** qRT-PCR measurement of brown adipocyte differentiation-related genes. D, E and F, N=5. Student t-test, *, P<0.05. All the tested mRNAs were normalized by endogenous 36B4 mRNA.

**Figure 3. Loss of VGLL4 activates TEAD1. A.** Western blot analysis of TEAD1 expression in BAT. BAT proteins collected from mice of different ages were compared by western blot. GAPDH was used as loading control. **B.** Immunofluorescence images of UCP1 and TEAD1 stained BAT sections. Yellow arrows indicate brown adipocytes enriched with nuclear TEAD1. Scale bar = 50 μm. **C.** Western blot analysis of TEAD1 and the crucial IGF1-Akt pathway components. **D.** Densitometry quantification of TEAD1, IGF1R, total Akt and phosphorylated Akt. **E.** Western blot analysis of crucial adipogenesis regulators. **F.** Densitometry quantification of PPARγ, C-LAP, C-LIP and ATGL. P0 interscapular BAT protein was used for western blots. D and F, protein levels were normalized to GAPDH. N=4. Student's t test, *, P<0.05; **, P<0.01.

**Figure 4. Identification of VGLL4/TEAD1 target genes in BAT. A**. De novo motif discovery analysis within the identified TEAD1 binding sites. P0 BAT was used for TEAD1 ChIP seq. **B**. KEGG analysis of TEAD1 bound genes. The bar graph shows the top five enriched signaling pathways. **C**. Venn diagram showing the relationship between TEAD1 bound genes and differentially expressed genes in *Vko* (*Vko* DEG) brown adipose tissue. **D**. Gene Ontology analysis of the TEAD1/VGLL4 target genes. The 419 genes both dysregulated in *Vko* and bound by TEAD1 were applied to Shiny GO analysis. The top 5 enriched biological processes are listed in the bar graph. **E.** Heat map of differentially expressed VGLL4/TEAD1 regulated myogenic genes. RNA sequencing data from P0 BAT were presented. N=3.

**Figure 5. VGLL4 alleviates TEAD1 suppression of CEBP transcriptional activity.**

**A**. Genome browser view showing ChIP-seq of TEAD1 occupancy near the transcriptional

start site (TSS) or *Casq1*. ChIP-seq data from two biological replicates are shown. **B.** qRT-

PCR measurement of *Casq1*. P0 control and *Vko* BAT mRNA was used for qRT-PCR

analysis. All the tested mRNAs were normalized by endogenous 36B4 mRNA. N=4. Student t-

test, *, P<0.05. **C**. Evolutionary conservation of genomes (ECR) browser view of the TEAD1-

bound *Casq1* promoter region. **D**. Alignment of the mouse and human *Casq1* promoter

sequences enclosed by dotted rectangle in C. Conserved CEBP and TEAD binding motifs are

highlighted. **E**. Luciferase reporter assay. The TEAD1-bound *Casq1* promoter sequence was

cloned into pGL2 to generate Caqs1_Luci reporter plasmid. Indicated plasmids were

transfected into HEK293T cells and *Casq1* promoter activity was measured by dual-luciferase

assay. N=6. One-way ANOVA followed by multiple comparison analysis, ****, p<0.0001; ***,

p<0.001. **F**. Co-immunoprecipitation (Co-IP) assay. Indicated plasmids were transfected into

HEK293T cells. Flag antibody was used for Co-IP.

**Figure 6. AAV9.BCE specifically expresses cargo genes in brown adipocytes.**

**A**. Schematic representation of pAAV.BCE.Luci and pAAV.BCE.GFP construct. Luciferase or

GFP gene was placed downstream of BCE. One chimera intron of human beta-globin and

immunoglobulin heavy chain genes was placed between BCE and cargo genes to increase

cargo gene expression. ITR: inverted terminal repeat sequence. **B**. Experimental design.

AAV9.BCE.luci or AAV9.BCE.GFP was injected into 3 days old pups (P3) subcutaneously. At

42 days after birth (P42), bioluminescence activity was measured with PerkinElmer in vivo

imaging system (IVIS). **C**. Representative bioluminescence images generated by IVIS system.

Both dorsal and ventral views were presented. **D**. Representative coregistration of

bioluminescence signal and *microCT* segmented interscapular brown adipose tissue from an

**Figure 6. AAV9.BCE specifically expresses cargo genes in brown adipocytes.**

AAV.BCE.Luci mouse highlights the origin of the biolumenscence signal within the BAT volume. Pink: brown adipose tissue. Rainbow, bioluminescence signal positive tissues.

**E**. Immunofluoresence images of BAT. BAT was collected at P42 and used for immunofluorescence staining. UCP1, BAT marker protein. Perilipin: adipose tissue marker (BAT and WAT) protein. Scale bar=200 µm

**Figure 7. AAV9.BCE.VGLL4 promotes BAT growth.** **A**. Representative volumetric images generated by microCT scan highlight the BAT (brown) and WAT (white) in the interscapular regions of the mice. Bones were labeled as grey. **B**. Quantification of BAT volume. **C.** Body weight. **D**. Interscapular BAT and body weight ratio. N=3. Student t-test, *, p<0.05. **E**. VGLL4 immunoblot with P42 BAT protein. GAPDH was used as internal control. **F-G.** Acute cold-stress test. BCE.GFP or BCE.VGLL4$^{GFP}$ was injected into 3 days old pups (P3) subcutaneously. At 42 days after birth (P42), mice were treated with acute cold stress (4°C) for 24 hours. E, male mice rectal temperature. BCE.GFP, n=4; BCE.VGLL4$^{GFP}$, n=3. Student t-test, ***, p<0.001; *, p<0.05. F, female mice core temperature, n=4 for each group. **H.** qRT-PCR measurement of gene expression. P42 BAT mRNA was used for qRT-PCR analysis. All the tested mRNAs were normalized by endogenous 36B4 mRNA. N=4. Student t-test, *, P<0.05.