Simple, universal rules predict trophic interaction strengths

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Abstract

Many critical drivers of ecological systems exhibit regular scaling relationships, yet the underlying mechanisms explaining these relationships are often unknown. Trophic interaction strengths, which underpin ecosystem stability and dynamics, are no exception, exhibiting statistical scaling relationships with predator and prey traits that lack causal, evolutionary explanations. Here we propose two universal rules to explain the scaling of trophic interaction strengths through the relationship between a predator's feeding rate and its prey's density --- the so-called predator functional response. First, functional responses must allow predators to meet their energetic demands when prey are rare. Second, functional responses should approach their maxima near the highest prey densities that predators experience. We show that independently parameterized mathematical equations derived from these two rules predict functional response parameters across over 2,100 functional response experiments. The rules further predict consistent patterns of feeding rate saturation among predators, a slow-fast continuum among functional response parameters, and the allometric scaling of those parameters. The two rules thereby offer a potential ultimate explanation for the determinants of trophic interaction strengths and their scaling, revealing the importance of ecologically realized constraints to the complex, adaptive nature of functional response evolution.

Introduction

Understanding the ecological and evolutionary determinants of the strengths of predator-prey interactions is key to understanding the stability, diversity, and dynamics of ecosystems (De Ruiter *et al.* 1995; McCann *et al.* 1998; Paine 1992; Yodzis 1981). A fundamental component of trophic interaction strengths is the predator's functional response that describes how predator feeding rates change with prey density (Holling 1959; Solomon 1949). Thousands of experiments have measured functional responses for taxa ranging from microbes to large carnivores from nearly every biome on earth (Uiterwaal *et al.* 2022) to uncover a number of variables influencing the underlying parameters, including statistical relationships with predator and prey traits (Coblentz *et al.* 2023; DeLong 2021; Pawar *et al.* 2012; Uiterwaal & DeLong 2020; Vucic-Pestic *et al.* 2010). Principal among these are predator and prey body sizes whose consistent allometric relationships with functional response parameters serve as the basis for most

dynamical food web models (Brose *et al.* 2006; Otto *et al.* 2007; Yodzis & Innes 1992).

However, despite the existence and utility of such statistical relationships between

functional response parameters and many traits, it remains unclear why these

relationships exist as they do.

Early theory suggested that the biomass consumption rates of predators should

scale to the ¾ power because organisms' metabolic rates scale to approximately the ¾

power with their body masses (Yodzis & Innes 1992). More recent theory considering

proximate mechanisms for the strengths of trophic interactions, such as the

dimensionality of predator-prey interactions and the allometric scaling of predator and

prey movement velocities, has also seen success in predicting certain functional

response parameters (i.e. the space clearance/attack/search rate) and their scaling

relationships (Pawar *et al.* 2012; Portalier *et al.* 2022). But other parameters (i.e. the

asymptotic/maximum feeding rate or its reciprocal, the handling time) remain poorly

predicted, such that an understanding of the evolutionary drivers of functional responses

as a whole remains missing. An encompassing means to predict predator foraging rates

through a theory that reflects the ultimate causes determining them is therefore of

significant interest.

Here we aim to provide such a theory derived from two simple rules for predator

foraging. We further combine several databases to examine the ability of our theory to

predict functional response parameters and assess several additional predictions that it

makes.

Two Rules for Functional Responses

We posit that predator functional responses meet two simple conditions. First, that a

predator's feeding rate must meet its energetic demands at the low prey densities it is

likely to experience. This must be true for the long-term persistence of the predator

population. Although cases exist in which predator mortality or biomass loss exceeds

energy intake and reproduction, as occurs during the declining phases of a predator-

prey cycle, predator energy intake must balance energetic demand over the long term to

avoid extirpation (McCann 2011). Second, that the prey densities at which a predator's

feeding rate saturates (i.e. approaches its maximum) should be near the highest prey

densities it is likely to experience. This is because, first, feeding rates must saturate at

some prey density (Holling 1959; Jeschke *et al.* 2004). Second, if feeding rates

saturated at a lower prey density, predators would pay an opportunity cost for missing

out on higher feeding rates at the high prey densities they experience. Third, lower

handling times leading to higher, less saturated feeding rates at high prey densities: i)

have diminishing fitness returns since the highest prey densities are rarely experienced,

ii) imply less energy extracted per prey consumed (Okuyama 2010), and iii) require

larger ingestive or digestive capacities that are energetically costly (Armstrong &

Schindler 2011; McWilliams & Karasov 2001; Secor *et al.* 1994). Although predators

may only rarely experience these high prey densities, selection on predators may still be

strong because taking advantage of these periods of high prey abundance can have

outsized effects on predator fitness. For example, Armstrong and Schindler (2011)

showed that many fishes have excess digestive capacities to achieve feeding rates up to

three times their average despite the high cost of maintaining that capacity.

Past studies on functional response evolution have largely focused on relatively

simple optimization of predator feeding rates (Abrams 1982; Amarasekare 2022;

DeLong & Coblentz 2022). The two rules we posit take a different view in which

functional responses are the outcome of the long-term evolution of the traits determining

functional responses that balance a multitude of selective pressures. The outcome of

this evolutionary process is that predators are minimally capable of persisting when prey

are scarce while also being able to take advantage of occasionally abundant prey.

We derive two equations encapsulating these constraints. The first rule that

predators must satisfy their energetic demand at low prey densities can be formalized as

$$D = f_{low}EM_N,$$ Eqn. 1

where *D* is the energetic demand of the predator in kJ/day. The rate at which prey are

consumed when rare is given by its feeding rate *f_{low}*, which should be well approximated

by a linear functional response at low prey densities (i.e. $f_{low} = aN_{low}$, where a is the

space clearance rate and *N_{low}* the low prey density) (Coblentz *et al.* 2023; Novak *et al.*

2024). *E* is the energy density of the prey in units of kJ/g, and M_N is the mass of the prey

in grams to convert the number of prey eaten to the mass of prey eaten. Although here

we do not explicitly account for lost or otherwise unassimilated prey energy due to

undigestible parts, feces, urine, etc. (Yodzis & Innes 1992), these processes could easily
included in eqn. 1 by adjusting the energy density or mass of prey.

The second rule that a predator's feeding rate should saturate near the highest
prey densities it experiences can be formalized as

$$I_S = f_{high}h,$$ Eqn. 2

where I_S is the degree of saturation (ranging between 0 and 1) and h is the handling time
(i.e. the inverse of the maximum feeding rate) (Coblentz et $al.$ 2023). Assuming a Holling
Type II functional response, as we do here, $f_{high} = \frac{aN_{high}}{1+ahN_{high}}$, where N_{high} is the high
density of prey likely to be experienced by the predator. I_S also may be interpreted as the
fraction of time that a predator individual is busy handling prey, or as the fraction of
individuals in a predator population that are handling prey at any given point in time
(Supplementary Information) (Coblentz et $al.$ 2021; Novak et $al.$ 2017). We focus on the
Holling Type-II version of the functional response over the Michaelis-Menten form (i.e.
$f = \frac{f_{max}N}{c+N}$ where f is the feeding rate, f_{max} is the maximum feeding rate, and c is the
half-saturation constant or the prey density at which $f = \frac{1}{2}f_{max}$). We do so for two
reasons. First, the Holling Type II functional response parameters have clear
mechanistic interpretations: a is the space that would be cleared by a predator in the
absence of a time cost to handling prey, and h is the time taken away from searching for
prey once a prey is captured. Second, the parameters of the Holling Type II functional
response have practical interpretations related to feeding rates at high and low prey
densities: a is the slope of the functional response at the origin, and $\frac{1}{h}$ is the maximum
feeding rate.

Given equations 1 and 2, we can solve for the space clearance rate and handling
time as

$$a = \frac{D}{N_{low}EM_N}$$ Eqn. 3

and

$$h = \frac{I_S N_{low}EM_N}{DN_{high}(1-I_S)}.$$ Eqn. 4

 Auxiliary Predictions

Beyond providing equations for the space clearance rate and handling time parameters,

equations 1 and 2 also make auxiliary predictions. Here, we focus on three of these

related to i) the degree of feeding rate saturation across prey densities experienced by

predators, ii) the relationship between space clearance rates and handling times, and iii)

the allometric scaling of space clearance rates and handling times.

(i) Regarding the saturation of predator feeding rates with prey densities, we

assume that the functional response is unsaturated at low prey densities and

approaches saturation at the high prey densities experienced by predators (eqns. 1 and

2). Given these two assumptions, we also can assess the prey density at which the

predator's feeding rate is half saturated. This occurs when the prey density is equal to $\frac{1}{ah}$

(known as the half saturation constant in the Michalis-Menten formulation). Using

equations 3 and 4, we can solve for the half saturation constant as

151
$$\frac{1}{ah} = \frac{(1-I_S)N_{high}}{I_S}.$$
    Eqn. 5

152 Thus, our theory predicts that, despite different predators experiencing different ranges

153 of prey densities, their degree of saturation across those density ranges is invariant.

154   (ii) Regarding the relationship between space clearance rates and handling

155 times, it follows from eqn. 5 that a and h are related as

156
$$a = \frac{I_S}{(1-I_S)N_{high}h}$$
    Eqn. 6

157 and therefore, taking the natural log of both sides, that

158
$$ln(a) = ln\left(\frac{I_S}{(1-I_S)N_{high}}\right) - ln(h).$$
    Eqn. 7

Our theory therefore predicts an inverse (or negative log-log-linear) relationship between

space clearance rates and handling times among predators feeding on prey with similar

high population sizes.

(iii) Last, several of the parameters on the right-hand sides of equations 3 and 4

have well-known scaling relationships with species' body masses. Specifically, energetic

demand defined as predator metabolic rate scales with predator body size (Kleiber's

Law (Brown *et al.* 2004; Kleiber 1932)) and prey densities scale with prey body size

(Damuth's Law (Damuth 1981)). As we can treat the remaining parameters as constants

unrelated to body size, this suggests that the theory outlined here should be capable of

predicting the allometric scaling of a and h.

Below, we take advantage of the FoRAGE database of functional response

experiments to examine the predictions of our theory (Uiterwaal *et al.* 2022). We first

combine FoRAGE with databases on mass-abundance and metabolic scaling

relationships to predict functional response parameters across most studies in FoRAGE.

Then, for a subset of FoRAGE studies performed in the field, we examine our theory's

ability to make predictions using system-specific information. Last, we examine the

evidence for the three sets of auxiliary predictions made by our theory.

Methods

Databases, Data Handling, and Predictions

We can evaluate the ability of our theory to predict functional response parameters by

comparing measured functional response parameters to predictions derived using

estimates of the parameters on the right-hand sides of the equations. To do so, we bring

together two databases: the FoRAGE compilation from Uiterwaal *et al.* (2022) and a

data compilation of eukaryotic species' masses, metabolic rates, and population

densities from Hatton et al. (2019). FoRAGE contains functional response parameter

estimates from 3,013 functional response experiments along with additional information,

including predator and prey body masses, for most studies. Thus, FoRAGE provides the

measured space clearance rates and handling times and values for prey mass in wet

weight (M_N). To predict space clearance rates and handling times using equations 3 and

4, we still require estimates of energetic demand (D), prey energy density (E), high and

low prey densities (N_{low} and N_{high}) and the degree of feeding rate saturation at high

prey densities (I_S).

To obtain estimates of low and high prey densities likely to be experienced by

predators (N_{low} and N_{high}), and predator energy demand (D), we combined the FoRAGE

database with mass scaling data from Hatton et al. (2019). To estimate N_{low} and N_{high},

we used the data from Hatton et al. (2019) containing species' masses and their

measured densities in aerial m^2. These density estimates include density estimates from

the same species in different places or times, as well as estimates across different

species. We assume that the variation in the density data reflects both variation in prey

densities a predator might experience over space and time and among rare and

common species with similar masses. To estimate N_{low} and N_{high} for the prey in

FoRAGE, we first performed Bayesian log-log regressions of density on mass separately

for prokaryotes (n = 635), protists (n = 301), ectotherm invertebrates (n = 778),

ectotherm vertebrates (n = 404), mammals (n = 2,852), and birds (n = 603). Using the

classification of prey and their masses in FoRAGE, we then estimated the posterior

predictive distribution for each study-specific prey in FoRAGE and extracted the 10th and

90th percentiles as estimates of N_{low} and N_{high} respectively. To estimate D, we performed

Bayesian log-log regressions of basal metabolic rate in kJ/d on predator mass in g

separately for protists (n = 365), ectotherm invertebrates (n = 4,559), ectotherm

vertebrates (n = 616), mammals (n = 1,059), and birds (n = 492). We then used the

median predicted metabolic rate of each predator in FoRAGE based on its classification

and mass as our estimate of D. For the Bayesian regressions, we used flat priors on the

intercept and slope, and a Student t prior with degrees of freedom = 3, location = 0, and

scale = 2.5 on the standard deviation. We approximated the posterior distribution using

1000 samples each from 4 Markov chains after a 1000 sample warmup. We performed

the regressions using the R package 'brms' (Bürkner 2017) using Stan (Stan

Development Team 2024) through the backend cmdstanr (Gabry *et al.* 2024).

With estimates of N_{low} , N_{high}, and D, we then needed estimates of E and I_S. We

assume that these values are approximately constant, setting E = 5.6kJ/g wet weight

following Brown et al. (2018) and $I_S = 0.9$. Our results are not sensitive to reasonable

choices of values for I_S or for the percentiles used for N_{low} and N_{high} (see Supplemental

Information).

Although the full FoRAGE database contains 3,013 experiments, we restricted our

predictions to:

1) Studies including living prey that were not eggs. We did not include studies that
used eggs as prey as it is unclear whether mass scaling relationships apply to
eggs.

2) Studies with handling time estimates greater than 1×10^{-6} days. We did so
following previous studies suggesting that studies within FoRAGE with lower
values than this cutoff are those for which Type II functional responses have poor
fits (Coblentz *et al.* 2023; Kiørboe & Thomas 2020; Uiterwaal & DeLong 2020).

3) Studies with both predator and prey masses. We excluded studies without this
information because it is what allows a link between the FoRAGE database and
empirical mass scaling relationships.

After excluding the studies that did not meet these criteria, we were left with 2,162
functional response measurements.

Combining the estimates of N_{low}, N_{high}, D, E, and I_S, we predicted the space
clearance rates and handling times for each predator-prey pair in the reduced version of
FoRAGE. We compared these predictions to observed values using reduced major axis
regression with the R package 'lmodel2' (Legendre 2018).

Field-study Specific Predictions

Forty of the 2,162 FoRAGE experiments remaining in our reduced dataset were
performed in the field. Because these field studies include high and low abundances of
prey observed during the studies, they provide an opportunity to test functional response
parameter predictions using system-specific information rather than mass scaling
relationships. To avoid circularity, we excluded a subset of studies that estimated
predator kill rates by using the proportion of predator diets consisting of a prey type
coupled with the average mass of that prey and the predator's daily energetic demand to
estimate the number of prey consumed per day. For the remaining studies, we
performed a literature search to find information on predator energetic demand (*D*) and
prey energy density (*E*). For energy demand, we used estimates of daily energy
expenditure, if available. Otherwise, we used basal metabolic rate. For energy density,
we used species-specific estimates of kJ/g if they were available. Otherwise, we used
studies of prey body composition that gave the percent of prey body mass composed of

protein and fat. We used conversions of 16.74 kJ/g for protein and 33.47 kJ/g of fat to

calculate prey energy density (Chizzolini *et al.* 1999; Menzies *et al.* 2022). We were able

to find the requisite information for seven studies of six mammalian predator-prey pairs.

For these studies, we assumed the highest and lowest recorded prey densities as

estimates of N_{low} and N_{high}. Details and references for the estimates are given in the

Supplemental Information. As the estimate of mass, we used the mass in FoRAGE

(Uiterwaal *et al.* 2022). FoRAGE presents the mass reported in the original study where

possible, but if the mass was not available from the original study, the authors of

FoRAGE took a stepwise process to estimate masses, for example using length-mass

relationships or data from sources other than the original study (for details see

(Uiterwaal *et al.* 2022)).

Auxiliary Predictions

(i) To examine whether our theory's predicted relationship between the predator's half-

saturation constant and prey densities held, we used the values of the space clearance

rates and handling times from FoRAGE and the mass-abundance scaling prediction for

high prey abundances. To assess the accuracy of the predictions, we calculated the

correlation and performed a major axis regression on the observed vs. predicted half

saturation constants.

(ii) To examine oru theory's prediction of the relationship between space clearance rates

and handling times given I_S and the high density of the prey, we used the values of the

space clearance rates and handling times from FoRAGE and the mass-abundance

scaling predictions of the high prey abundances. To assess the accuracy of the

prediction of the relationship between space clearance rates and handling times, we

calculated the correlation performed a major axis regression on the observed vs.

predicted space clearance rates.

(iii) To assess whether our theory could predict the allometric scaling of space clearance

rates and handling times, we derived equations for the scaling of space clearance rates

and handling times assuming that predator energy demand (*D*) has a power law scaling

with predator mass, low and high prey densities (N_{low} and N_{high}) scale with prey mass,

and predator and prey masses scale with one another. We assumed the other variables

determining space clearance rates and handling times are constants unrelated to

predator or prey mass. Derivations of these equations are given in the Supplemental

Information. We then used log-log least squares regressions to test our predictions,

obtaining estimates of the empirical relationships within FoRAGE across the different

classifications used in the mass-abundance and mass-metabolism regressions between

prey masses and abundances, predator masses and energy demand, and predator and

prey masses (see *Databases, Data Handling, and Predictions*)*.*

All analyses were performed in R using v. 4.3.1 (R Core Team 2023)

Results

Prediction of a and h

The two rules performed well in predicting empirically estimated space clearance rate

and handling time values across their respective 19 and 8 orders of magnitude in

variation (Figure 1; log space clearance rate correlation coefficient = 0.82, R^2 of 1:1 line

= 0.81; log handling time correlation coefficient = 0.57, R^2 of 1:1 line = 0.75). The major

axis regression slopes between observed and predicted space clearance rates ($ß$ =

0.85, 95% Confidence Interval (CI) = 0.82, 0.87) and handling times ($ß$ = 1.14, 95% CI =

1.08, 1.22) suggest a tendency for the slight overestimation of space clearance rates

and underestimation of handling times at low values, and the underestimation of space

clearance rates and overestimation of handling times at high values (Figure 1).

Alternative means for determining low and high prey densities and levels of predator

saturation shift the points in Figure 1, but do not influence the predictive power of the two

rules (Supplementary Information). Indeed, the tendency for over/under-estimation likely

reflects insightful across-system variation not reflected in estimates from mass-scaling

relationships (see below).

We also predicted the functional response parameters for the subset of the

studies that were field studies. For the seven studies of mammalian predators, we again

find that the predictions fall near the 1:1 line but without the same systematic tendency

for over/under-estimation (Figure 1C-D).

Auxiliary Predictions

(i) The relationship between the empirical half-saturation constant values and

high prey densities, modified by the degree of saturation, supports our theory's

prediction (correlation = 0.86, slope of major axis regression (95% CI) = 0.88 (0.86,0.9),

Fig. 2A; see the Supplemental Information for a sensitivity analysis).

(ii) Space clearance rates and handling times were inversely related to each

other when accounting for the high prey densities (Figure 2B,C). Without accounting for

the high prey densities, there is little apparent relationship between space clearance

rates and handling times (Figure 2B). However, once the high prey densities are

accounted for, the negative relationship between space clearance rates and handling

times is evident (see the color coding in Figure 2B). Examining the prediction of the

relationship between handling times modified by high prey densities and the degree of

predator feeding rate saturation at high prey densities supports our theory's prediction,

albeit with a tendency to underpredict the space clearance rates (correlation = 0.84,

intercept of major axis regression (95% CI) = -1.5 (-1.6,-1.4), slope of major axis

regression (95%CI) = 1.07 (1.04,1.1)).

(iii) Space clearance rates and handling times scale with predator and prey body

masses as predicted. Specifically, the empirical scaling of the parameters we consider

as being related to body size (those besides I_S and E) are $N_{low} \propto M_N^{-0.94}$, $N_{high} \propto M_N^{-0.9}$,

and $D \propto M_P^{0.87}$ where M_P is the mass of the predator and the other parameters are

defined above. Given these scaling relationships and the first rule, it follows that the

allometric relationship for the space clearance rate should be $a \propto M_P^{0.87} M_N^{-0.06}$. Given

that in the dataset $M_N \propto M_P^{0.79}$, we therefore predict that $a \propto M_P^{0.82}$. This prediction

matches the observed scaling of $a \propto M_P^{0.8}$ (95% CI = 0.78, 0.83; Figure 3A). Similarly,

the allometric relationship for handling time should be $h \propto M_N^{0.96} M_P^{-0.87}$. Thus, we predict

$\frac{h}{M_N} \propto M_P^{-0.87}$. This prediction also matches the observed scaling of $\frac{h}{M_N} \propto M_P^{-0.85}$ (95% CI

= -0.87, -0.82; Figure 3B; See Supplemental Information for derivations of scaling

relationships).

Discussion

We demonstrate that two simple rules can predict the parameters of predator functional

responses and their scaling relationships. In contrast to prior work, our theory provides

an ultimate explanation for the strengths of trophic interactions rather than focusing on proximate mechanisms. Our approach generates predictions of space clearance rates of predators with similar accuracy as prior theory (Pawar *et al.* 2012; Portalier *et al.* 2022), but also predicts handling times, which have been predicted poorly by previous work (Portalier *et al.* 2022). In addition, oru theory offers two practical advantages. First, it uses parameters that are generally easier to measure than those required by previous theory (e.g. predator movement velocities and prey detection distances). Second, our theory's foundation in ultimate causes suggests potential applications beyond environmental conditions and taxa in which trophic interaction strengths have been measured, addressing a limitation of current statistical approaches to prediction (DiFiore & Stier 2023).

Our two rules emerge from a view of functional responses as being products of a long-term eco-co-evolutionary process involving predators, their prey, and the environment including the effects of other species and their interactions (DeLong 2020; Gutiérrez Al-Khudhairy & Rossberg 2022; Wickman *et al.* 2024). A predator's fitness depends not only on its ability to procure food; it also depends on its ability to avoid its own predators, find mates, etc. (Jeschke 2007). Therefore, we suggest that eco-evolutionary processes combine such that trophic interaction strengths reflect the ability of a predator to minimally meet energetic demands during busts of low prey densities while also taking advantage of instances of booms at high prey densities. This contrasts with previous work that has focused on the optimization of space clearance rates and handling times to maximize energy intake. This view also may help explain why it appears that consumers often do not appear to overexploit their prey (Gutiérrez Al-Khudhairy & Rossberg 2022; Vuorinen *et al.* 2021). As many complex behaviors and phenotypes are the product of multiple traits under multiple selective pressures, our approach of focusing on functional outcomes rather than specific processes may offer a way forward for understanding and predicting other complex phenotypes such as thermal responses and competitive abilities and their resulting ecological scaling relationships.

The theory developed here also makes predictions beyond the values of space clearance rates and handling times that are supported by the data. The first is the prediction that predators show consistent patterns in how their feeding rates saturate

across prey densities: feeding rates are largely unsaturated at low prey densities, reach

half-saturation at an intermediate fraction of the highest prey densities, and only become

fully saturated at the highest prey densities encountered. This result is consistent with

that of Coblentz et al. (2023) who found that predators feeding rates were generally

unsaturated at the typical prey densities predators are likely to experience. Indeed, given

the highly skewed frequencies of species abundances spatially and temporally in nature

(Brown *et al.* 1995; Halley & Inchausti 2002), the predicted prey density at which half-

saturation occurs within our data is typically 2.4 times higher (standard deviation = 0.4)

than the predicted median prey density. This suggests that predators only rarely feed

near their maximum feeding rates, implying that predation pressure should dynamically

change with changes in prey densities.

The second auxiliary prediction from our theory is a negative relationship

between space clearance rates and handling times, a pattern previously found by

Kiørboe & Thomas (2020). These authors interpreted this relationship as a slow-fast

continuum in trophic interactions that appeared to contradict the gleaner-opportunist

tradeoff – a fundamental concept in ecology that helps explain species coexistence

under variable resources (Armstrong & McGehee 1980; Grover 1990). Under the

gleaner-opportunist tradeoff, 'gleaners' perform better at low resource levels while

'opportunists' take advantage of high resource situations. If ingestion rates directly

determine growth rates, the gleaner-opportunist tradeoff would predict a positive

relationship between space clearance rates and handling times (Kiørboe & Thomas

2020), a pattern that is opposite to that which we and Kiørboe & Thomas (2020)

observed. Our results provide a potential resolution to this apparent contradiction by

considering predator energy demands. Our theory suggests that the negative

relationship between space clearance rates and handling times for predators consuming

similarly sized prey occurs due to differences in energy demand -- energy demand

appears in the numerator and denominator of the equations for space clearance rates

and handling times respectively. Thus, predators with higher energy demands exhibit

higher space clearance rates and lower handling times, whereas predators with lower

energy demands exhibit the opposite pattern. Although high-energy-demand predators

may consumer more prey at low prey availability, they also incur higher energetic costs

under these conditions compared to low-energy-demand predators. This energetic

tradeoff provides a mechanism for the cooccurrence of a gleaner-opportunist tradeoff
with the presence of a slow-fast continuum in functional responses parameter.

The third auxiliary prediction from our theory is the allometric scaling of space
clearance rates and handling times. The allometric scaling of functional response
parameters plays a central role in dynamical food web models (Brose *et al.* 2006; Otto *et*
al. 2007; Yodzis & Innes 1992). Whereas existing models typically derive scaling
relationships from metabolic theory based on biomass consumption (Brose *et al.* 2006;
Otto *et al.* 2007; Yodzis & Innes 1992), our allometries are derived for space clearance
rates and handling times on individuals. Thus, our work creates the potential to build
allometric food web models based on individuals, a unit more closely aligned with
evolutionary theory and ecological data. We therefore expect that new food web models
based on the allometries derived here may be able to provide new insights into food web
dynamics and stability.

The rules we derive also make specific, testable predictions regarding how the
environment and global climate change are likely to influence trophic interaction
strengths, as many of the parameters describing our rules are sensitive to the
environment. For ectotherms, ectotherm predator energetic demand is expected to
increase with increasing temperature (Brown *et al.* 2004), whereas prey population size,
body size and potentially energy density are likely to decrease (Amarasekare & Savage
2012; Atkinson 1994; Bernhardt *et al.* 2018; Brett *et al.* 1969; Outhwaite *et al.* 2022).
These concurrent changes will alter the functional response parameters required to
satisfy our rules, suggesting the potential for maladaptive trophic interactions under
climate change. Changes in parameters also are likely to occur over other environmental
gradients, such as productivity gradients (Novak 2013), which may allow for the
prediction of changes in top-down interaction strengths and their consequences for
ecosystems. Furthermore, although our analyses have generally focused on interspecific
differences in trophic interactions, this theory also may be applicable to intraspecific
variation in predators and prey to explain intraspecific variation in functional response
parameters (Bolnick *et al.* 2011; Coblentz *et al.* 2021).

The success of our theory in predicting functional response parameters across
field and laboratory studies opens several promising directions for future theoretical and

empirical insights into trophic interaction strengths. First, our theory provides predictions

about which trophic interactions within communities are likely to be strong, helping to

identify potential keystone interactions that may disproportionately impact communities.

Second, although our theory has focused on pairwise trophic interactions, it provides the

foundation for a theory on generalist predators to embrace the additional complexity

present in food webs in which predators consume multiple prey species. Last, although

we have focused specifically on traditional predators, it may be possible to extend the

theory to other consumer types such as herbivores, detritivores, and parasites. By

deepening our understanding of the ultimate causes governing trophic interaction

strengths, this work promises to provide important insights into the functioning and

dynamics of ecosystems and their responses to ongoing global change.

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 Figures

578 **Figure 1.** Two simple rules derived from predator feeding rates at low and high prey densities
579 predict space clearance rates and handling times using either generic estimates from empirical
580 mass scaling relationships (A,B) or system-specific estimates from field studies (C,D). Dashed
581 lines are 1:1 lines and solid lines are major axis regressions. See the Supplemental Information
582 for versions of panels A and B with color-coded predator and prey body size information.
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Figure 2. The two rules predict empirical estimates of the half-saturation constant ($1/ah$) (A), as
well as the relationship between space clearance rates and handling times (B,C) using only
knowledge of the saturation experienced at high experienced prey densities and those high prey
densities. The dashed lines in A and C are the 1:1 lines and the solid lines are major axis
regressions. The lines in B are the predicted relationships between space clearance rates and
handling times for different values of N_{high}. See the Supplemental Information for versions of
panels A with color-coded predator and prey body size information.
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Figure 3. Functional response rules and empirical scaling relationships between parameters and
prey and predator masses predict that the log space clearance rate increases with log predator
mass with a slope of 0.82 (observed empirical estimate: 0.8, A) and that the log of the prey mass-
specific handling time (handling time/prey mass) decreases with log consumer mass with a slope
of -0.87 (observed empirical estimate: -0.86; B). See the Supplemental Information for versions of
the panels with color-coded predator and prey body size information.
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