Long-lived chondroprogenitors are generated by fetal-limb Gli1^{+} cells and are replenished upon mosaic
cell-cycle arrest in the cartilage.

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Abstract

Key questions in organ development and regeneration revolve around the origin and regulation factors of the
progenitor cells that fuel organ growth[1]. The cartilage progenitors that drive long-bone growth display a postnatal
switch in their behaviour, from short-lived progenitors to self-renewing, long-lived ones[2]. However, it is unclear
whether these are distinct populations with different origins, or the same population changes over time due to
intrinsic/extrinsic factors, or there is no real behavioural switch, just differential proximity to a supportive niche.
The multiple candidates of cartilage stem-cell/progenitors that have been recently described add more complexity
to this field, as it is unclear how much spatio-temporal overlap there is between these populations. Here, using
lineage tracing, single-cell transcriptomics and label-retention assays during normal and compensatory growth,
we show that Gli1^{+} cells in fetal cartilage are long-lived chondroprogenitors that remain dormant until postnatal
stages. Moreover, Pdgfra^{+} cells outside the cartilage contribute only to short-term chondroprogenitors in normal
conditions, but become Gli1-expressing and increase their cartilage contribution in response to cartilage cell-cycle
arrest. These findings shed light on the long-standing question of the origin and regulation of long-lived cartilage
progenitors, laying the groundwork for potential future approaches to generate cartilage reparative cells in vivo.

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Introduction

Long bones grow via a transient cartilage template that is progressively replaced by bone[3]. Cartilage cells (chondrocytes) undergo progressive end-to-centre differentiation, starting as resting/reserve chondrocytes that are progressively recruited into the proliferative pool (flat cells arrayed in columns), which eventually enlarge and differentiate to hypertrophic chondrocytes (HTCs). Some HTCs die, while others transdifferentiate into osteoblasts (bone-laying cells) that replace the cartilage with bone, forming the primary ossification center[4,5]. Osteoblasts can also migrate, along with blood vessels, from the perichondrium[6], a connective tissue layer that surrounds the cartilage and has been shown to be a stem-cell niche[7]. A secondary ossification centre (SOC) forms later (~postnatal day 7 in the mouse) at both ends of the skeletal element, so that the growth cartilage gets 'sandwiched' into a so-called growth plate by both ossification centres.

Maintaining the size and structure of the growth plate requires refined mechanisms of control. The size of the proliferative zone is maintained ~constant due to a very well described negative feedback loop between Indian hedgehog (IHH) and Parathyroid hormone related peptide (PTHrP), which balances proliferation and differentiation[4]. But other mechanisms of control are not so well known, especially regarding the resting-to-proliferative transition. Maintenance of the cartilage (and hence bone growth) requires that the continuous cartilage destruction happening at the bone centre be counterbalanced by new chondrocytes arising from chondroprogenitors (CPs) in the reserve/resting zone. In fetuses and neonates, CPs located in the reserve zone do not self renew[2], so that when one is recruited into a proliferative column, its lineage gets soon exhausted, leading to short clonal columns (Suppl. Fig. 1). However, sometime after the SOC is formed, CPs start to self-renew, giving rise to long clonal columns[2]. While some of these mid- and long-lived CPs (LLCPs) are marked postnatally by PTHrP[8] and FoxA2[9], the fetal precursors of LLCPs may express other markers. Initial studies used *Col2a1* as a general marker of chondrocytes and CPs to show that a subset of the cells expressing *Col2a1-CreER* at embryonic day (E) 11.5 give rise to chondrocytes columns at least up to postnatal day (P) 21, but there were two caveats[10]. First, at those very early stages, before the cartilage template is fully formed, *Col2a1* also marks cells in the perichondrium, casting doubts on the cartilage vs. perichondrium origin of the long-lived progenitors. Second, analysis of cartilage contribution beyond P21 was only done after postnatal activation of *Col2a1-CreER,* raising the possibility that true LLCPs only arise postnatally. Later, it was proposed that Hoxa11+ cells in the stromal tissues surrounding the fetal cartilage templates are skeletal stem cells that give rise to cartilage, bone and fat progenitors throughout life[11]. However, the available data suggest that less than 50% of the 8-week-old growth-plate chondrocytes derive from E13.5-labelled Hoxa11-lineage[11], raising the question of what other fetal population(s) give rise to the LLCPs. Moreover, since *Hoxa11* is mostly expressed towards the interzone at the distal zeugopod (i.e., wrist and ankle)[11], it remains to be determined whether a more general marker can identify this population in other long bones. A potential candidate is Platelet-derived growth factor receptor alpha (Pdgfra), as most Hoxa11+ cells co-express *Pdgfra* at all stages analysed[11]. Regarding the potential contribution of external cells, it has been shown that Hes1+ cells surround the early cartilage anlagen and their lineage contributes to perichondrium and cartilage (at least up to P21)[12] when labelled at E10.5, but not when labelled at E12.5 or E14.5, revealing that Hes1 is not a permanent general marker of fetal stromal cells contributing to LLCPs either. Lastly, it was recently shown that most LLCPs at one month of age in mice are marked by expression of GLI-Kruppel family member 1 (*Gli1*)[13]. Since *Gli1* is also expressed in the fetal limb[14], it is unclear whether a subpopulation of Gli1+ cells acquire this potential intrinsically with time (Suppl. Fig. 1.i), or due to microenvironmental changes from the SOC or perichondrium (Suppl. Fig. 1.ii-a and -b), or whether they always have this potential but remain dormant until previous progenitors have been used up (Suppl. Fig. 1.iii). Moreover, it is not known whether the LLCPs are located in the cartilage anlagen since they are formed (Suppl. Fig. 1.iii-a), or whether they derive from stromal precursors (either Gli1+ or Gli1−) that contribute to Gli1+ CPs at later stages (Suppl. Fig. 1.iii-b).

In this study, we show that a majority of LLCPs derive from fetal Gli1+ cells. Some of these Gli1+ cells are already present in the early cartilage (but remain quiescent until the third postnatal week) while others are seeded progressively from the surrounding tissues. Moreover, these Gli1+ progenitors can be generated *de novo* from cells of the Pdgfra lineage in response to cartilage cell-cycle arrest, revealing a heretofore unknown plasticity of the fetal limb. We posit that this fundamental knowledge will be critical to understanding and manipulating cartilage growth and repair.

Main text

Fetal Gli1+ cells give rise to most chondrocyte long columns in the juvenile and adult growth plate

95   When Gli1^{+} cells are lineage-traced at P30, they label ~70% of chondrocytes of the growth plate one month later[13].
96   Since Gli1^{+} cells exist in the limb from fetal stages, both inside and outside the cartilage (Suppl. Fig. 2a), we set
97   out to determine whether fetal Gli1^{+} cells already contain LLCPs. We crossed mice bearing a tamoxifen-inducible

CreER[T2] targeted into the *Gli1* locus[14] (*Gli1[CreER]* hereafter) with reporter mice containing lox-STOP-lox-tdTomato in the *Rosa26* locus (*R26[LSL-tdTom]* hereafter, Fig. 1a)[15]. We provided tamoxifen (TM) at either E12.5 or E13.5 and quantified the number of tdTom^{+} cells at multiple stages (E14.5, 17.5, 19.5, P30 and 60). In all cases, tdTom^{+} cells were found both inside the cartilage and adjacent tissues: interzone knee region, perichondrium, metaphysis and secondary ossification centres (Fig. 1a, a'). Since fetal CPs do not self-renew[2], we expected the % of labelled chondrocytes to decrease with time. In contrast, the contribution of Gli1-lineage cells to cartilage rather increased with time, labelling 65-70% of chondrocytes in the 2-month-old growth plate (Fig. 1b). To determine when in this process Gli1-derived chondrocytes switched from forming short to forming long clonal columns, we used a reporter line (RGBow, Fig. 1c)[16] whereby one membrane-bound fluorescent protein (out of three potential ones) is randomly expressed via Cre-recombination. After giving TM at E12.5 or 13.5, we analysed the number, length and location of distinct columns in the three zones of the cartilage. Notably, the total number of columns increased up to P0-P1, the majority located in the RZ and PZ (Fig. 1c) and composed of 2-3 cells (Fig. 1d). By P14, the total number of columns was greatly reduced but their length started to increase (Fig. 1d). By P30, few columns remained, but they ran along the whole growth plate, starting from the RZ (Fig. 1c, d). In short, the results indicated that Gli1^{+} cells at E12.5-13.5 give rise to CPs with two different fates: short-lived, that get depleted over time, and long-lived ones that remain dormant at perinatal stages but become active after ~P14.

Figure 1. Fetal Gli1^{+} cells give rise to most chondrocyte columns in the juvenile & adult growth plate. a Lineage tracing of Gli1^{+} cells after tamoxifen (TM) induction at embryonic stage (E) 12.5 or 13.5, analysed at the indicated stages. **b** Quantification of reporter-expressing cells, inside and outside the cartilage for E12.5 injection (left), or in cartilage for both induction times (right). **c-c'** Tri-colour reporter RGBow (c) was used to quantify individual clones in the growth plate (added average of each colour shown), at multiple times post induction. RZ, PZ, HZ: resting, proliferative, hypertrophic zone. c', Schematic of zone-crossing clones. **d** # of cells per RZ-rooted column.

LLCPs are derived from Gli1⁺ cells that progressively populate the fetal and perinatal cartilage

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We next asked whether Gli1-derived LLCPs were already present in the early cartilage (~E12.5), and/or seeded
later from the adjacent tissues (the latter suggested by studies showing that chicken perichondrium is a reservoir
for cartilage precursors[17]). We generated a mouse line whereby expression of nuclear Green Lantern is controlled
by a tetracycline-response-element, targeted into the <u>T</u>ightly <u>r</u>egulated locus (*Tigre* or *Igs7*) (Suppl. Fig. 3a-b and
Fig. 2a, *Tigre^{TRE-nGL}* hereafter). We then crossed *Gli1^{CreER/CreER}; Tigre^{TRE-nGL/TRE-nGL}* females with *Col2a1-rtTA/+[18];*
R26^{LSL-tdTom/LSL-tdTom} males, and provided TM at E13.5 to label the Gli1-lineage with tdTom, and a 24-h pulse of
Dox (either at E12.5 or E17.5) to transiently express nGL in fetal chondrocytes (Suppl. Fig. 3c). We then followed
the green signal over time, with the expectation that quiescent cells (i.e. LLCPs) would retain fluorescence for
longer than cells dividing quickly. By providing Dox at different points, we aimed to label two potential CP
populations: those already resident in the early cartilage anlage (Fig. 2a.i), and those seeded later into the cartilage
(Fig. 2a.ii). As expected, most green cells after E12.5-Dox were found inside the cartilage (only 2-4% of
perichondrial cells were GL⁺ at E14.5, Suppl. Fig. 3c-c'; while 40-50% of cells in cartilage were GL⁺ at E17.5,
Fig. 2b-b'). The number of GL⁺ chondrocytes dropped fast (less than 20% were GL⁺ at E19.5, Fig. 2b'), stabilising
at 1-2.5% in the P14-P21 RZ and becoming undetectable from P21 to P30 (Fig. 2b'). Most GL⁺ cells were negative

for the proliferative marker Ki67 at all stages analysed (Supp. Fig. 3d), supporting the notion that they were quiescent. Of note, the % of Gli1-lineage chondrocytes within the GL⁺ population increased over time, until 100% of label-retaining CPs in the P21 RZ belonged to the E13.5-labelled Gli1-lineage (Fig. 2c). Conversely, <5% of Gli1-lineage cells in the P21 RZ were GL⁺, indicating that the Gli1-lineage contains other subpopulations (Fig. 2d). Similar results were obtained when Dox was given at E17.5 (Fig. 2b''), except for the % of GL⁺ cells in the Gli1-lineage of the RZ cartilage. After E12.5-Dox, this measure stabilised at 2-5% by P14, while after E17.5-Dox, it reached up to 10% by P14 and P21, only dropping at P30 (Fig. 2d-f). Of note, P14 and P30 GL⁺tdT⁺ cells were exclusively found in the upper layers of the RZ, adjacent to the secondary ossification centre (SOC, Fig. 2g). These results suggested that while some LLCPs are already present in the fetal cartilage (Fig. 2a.i), new LLCPs are also added at least until birth, derived from fetal Gli1⁺ stromal cells (Fig. 2a.ii).

Figure 2: Gli1-derived LLCPs populate fetal & perinatal cartilage. a Model to label the Gli1 lineage and label-retaining chondrocytes, and the expected results of early and late Dox induction for two scenarios: LLCPs are present in the early cartilage (i) or seeded later (ii). **b-b''** Typical images at E17.5 and E19.5 (b) and quantification of single-positive and double-positive populations in the cartilage at the indicated stages when Dox was given at E12.5 (b') or E17.5 (b''). *: P14, P21 quantified in resting zone (RZ) only. **c-f** % of tdT⁺ cells within the GL⁺ population (c, e) or vice versa (d, f) after 1-d Dox pulse at E12.5 (c, d) or E17.5 (e,f). p-values for Sidak's multiple comparisons test after 2-way ANOVA are shown. **g** Proximal tibia after 1-d Dox pulse at E17.5. Arrowheads, GL⁺tdT⁺ nuclei. Dashed lines separate the RZ and the secondary ossification centre (SOC).

Chondrocytes generated in the last postnatal week from Gli1⁺ cells are required for long-term bone growth

To test if Gli1-derived chondrocytes
are required to sustain bone growth,
we used a *Tigre^{Dragon-aDTA}* allele[19,20]
in which inducible expression of
attenuated diphtheria toxin (aDTA)
requires Cre and rtTA activity (Fig.
3a). We crossed *Gli1^{CreER}; Tigre*
^{Dragon-aDTA} mice with *Col2a1-rtTA;*
R26^{LSL-tdTom}, and gave TM at E13.5
and Dox E12.5-P0. This way, only
chondrocytes were ablated among
Gli1-descendants (Fig. 3a, b-b').
While the ablation was incomplete
and only sustained for a short time,
this targeted injury led to reduced
bone length by P100, especially for
the tibia (Fig. 3c). This revealed the
important role of fetal/perinatal
Gli1-derived chondrocytes in long-
term bone growth. Of note, ablation
could not be sustained postnatally
due to insufficient sensitivity of
Col2a1-rtTA to Dox (Suppl. Fig. 4), raising the
possibility that partial compensation had taken
place postnatally (see Discussion).

Mosaic cell-cycle arrest in the fetal cartilage
triggers compensation from Gli1⁺ cells

Since Gli1⁺ cells have been shown to participate

Figure 3. a The Dragon-DTA allele described in refs. [19-20] was combined with *Gli1^{CreER}* and *Col2a1-rtTA* to activate diptheria toxin expression exclusively in Gli1-lineage chondrocytes in the last week of gestation (*Gli-Cart-DTA* model). **b-b'** Typical images (b) and quantification (b') of TUNEL⁺ cells at the indicated stages. **c** Bone length of Ctl and *Gli-Cart-DTA* mice at postnatal day 100 (P100). In b' and c, p-values of multiple comparisons tests after 2-way ANOVA are shown.

in the repair of bone fractures[21], we next asked whether fetal Gli1⁺ cells participate in the compensation of cartilage
growth challenges. We previously showed that left-limb-cartilage-specific, salt-and-pepper expression of p21/
CDKN1A–a CDK1 inhibitor that blocks the G1-S transition[22]–is compensated by hyperproliferation of spared
cells in fetal mice[23] (*Left-Cart-p21* model hereafter). To investigate the origin of the compensating cells, we
undertook an unbiased single-nuclei RNA-seq approach of left and right fetal knees from two E16.5 control (Ctl)
and two *Left-Cart-p21* embryos (ExpL and ExpR, Fig. 4a and Suppl. Fig. 5a). Out of the original dataset (~32,000
nuclei in 32 clusters, Suppl. Fig. 5b), which contained mostly lateral plate mesoderm (LPM)-derived cells, and a
minority of muscle and endothelial cells, we further explored the LPM subset (21,000 nuclei, Fig. 4a'). This subset
was composed of 23 clusters (Suppl. Fig. 5c, d), which we grouped in five main categories: chondrocytes,
tenocytes, fibroblasts, perichondrium and joint-associated mesenchymal cells. The Propeller tool[24] revealed that,
within Gli1^{high} cells, the proportion of cells belonging to the chondrocyte group was increased in experimental
limbs, as compared to Ctl (Fig. 4a''). Of note, this change in proportions was not observed in other populations,
such as Pdgfra^{high} cells (Suppl. Fig. 5e).

To confirm these findings, we turned to Cre-based lineage tracing. To trace the Gli1-lineage independently of p21
expression, we utilised a Cre-independent p21-expression system, targeted to cartilage elements (*Col2a1-rtTA;*
Tigre^{TRE-p21}, *Cart-p21* hereafter)[19]. *Gli1^{CreER/CreER}* females were crossed with *Cart-p21; R26^{LSL-tdTom/LSL-tdTom}* males
and given Dox at E12.5 and TM at E13.5. (Fig. 4b). As with the left-limb-targeted model, we confirmed that
expression of p21 in 60-70% of chondrocytes (Suppl. Fig. 6a) did not cause growth defects by P0 (Fig. 4b').
Interestingly, despite continuous Dox exposure, the fraction of p21⁺ chondrocytes decreased with time (Suppl.
Fig. 6a), as we previously described with the *Left-Cart-p21* model[23]. To assess the involvement of Gli1⁺ cells in
this compensatory response, we followed tdTom⁺ distribution inside and outside the cartilage 1, 4 and 7 days post
TM (dpt, Fig. 4c, c'). In *Cart-p21* mice, the Gli1-lineage showed a significant expansion in the cartilage, as
compared to controls, at all stages analysed (Fig. 4c'). These results suggested that, in controls mice, some E13.5-

Gli1-derived chondrocytes only contribute transiently and are then "pushed out" of the cartilage, while in *Cart-*
p21 limbs, the Gli1-lineage increases its contribution to longer-lived CPs. Moreover, the contribution outside the

cartilage also seemed expanded in P0 *Cart-p21* limbs compared to controls (Fig. 4c'), suggesting the p21$^+$ cartilage signals to adjacent tissues. Since CPs reside in the resting zone, we split the cartilage analysis into resting and proliferative zones (RZ and PZ). Both showed enhanced contribution of the Gli1-lineage, typically biased towards RZ (Suppl. Fig. 6b-d).

To test the role of Gli1-lineage chondrocytes in the compensation of cartilage-targeted p21 activity, we combined *Cart-p21* and *Gli1-Cart-DTA* models. We expected many of the Gli1-lineage chondrocytes newly generated upon cartilage-targeted p21 expression to express DTA, hindering their reparative role (Fig. 4d). After E12.5-Dox and E13.5-TM, the proportion of TUNEL$^+$ chondrocytes at E17.5 and P0 showed an upwards trend in *Cart-p21; Gli1-Cart-DTA* as compared to *Gli1-Cart-DTA* mice (Fig. 4d), despite not reaching significance. Bone length was reduced in P0 *Cart-p21; Gli1-Cart-DTA* mice as compared to controls and/or *Cart-p21* mice, indicating that Gli1-derived chondrocytes are required for the compensation of cartilage-targeted p21, even as early as P0 (Fig. 4d'). Due to increased mortality of *Cart-p21; Gli1-Cart-DTA* mice, we were not able to analyse later time points.

Figure 4. Mosaic cell-cycle arrest in the fetal cartilage triggers compensation from Gli1$^+$ mesenchymal cells. a-a'' A left-cartilage targeted model of p21 overexpression (*Left-Cart-p21*) was used for single-nuclei RNA-seq analysis of knees. Left and right knees from 2 embryos per genotype (rtTA$^+$ and $^-$) were processed separately, but left and right cells from control embryos were analysed together, as control group (a). The cells derived from lateral plate mesoderm (LPM) were further subclustered (a') and then filtered by Gli1 expression so that the proportion of each cell type could be compared across genotypes (a''). **b-b'** Expression of p21 in the cartilage, induced from E12.5 to P0 (b), does not lead to growth defects (b'). **c-c'** The Gli1 lineage was followed in the absence (Control) and presence of p21 misexpression in the cartilage (*Cart-p21*), and quantified inside and outside the cartilage (defined in c). In c', p-values for multiple comparisons test after 2-way ANOVA are shown. **d-d'** Schematic of the genetic approach to induce p21 expression in the cartilage, recruiting Gli1$^+$ cells, while inducing DTA expression in Gli1-derived chondrocytes, to interfere with their reparative role. For all genetic combinations, apoptotic cells were detected by TUNEL (d) and bone length measured at P0 by micro-CT (d'). **e** Comparison, in *Cart-p21* P0 samples, of tdT distribution upon two induction regimens.

Pdgfra^{+} cells outside the cartilage become Gli1^{+} chondrocytes upon cell-cycle arrest in the cartilage
We next set out to determine the source of the additional Gli1^{+} cells upon p21 misexpression. Since our initial
labelling of the Gli1-lineage was done one day after the induction of p21 expression, we were not able to
distinguish between expansion of the existing Gli1^{+} population vs. *de novo* expression of *Gli1* in cells that were
Gli1[−] before. To explore this possibility, we inverted the induction order when following Gli1-lineage in the *Cart-*
p21 model (Suppl. Fig. 6b). The Gli1-lineage showed a similar trend in the TM-E12.5 control cartilage as
compared to TM-E13.5, although a few more descendants were found outside the cartilage by P0 (Suppl. Fig. 6b,
compare with Fig. 4c'). However, in *Cart-p21* limbs, the Gli1-lineage increased its contribution to cartilage at a
slower pace in E12.5-TM/E13.5-Dox litters as compared to E13.5-TM/E12.5-Dox (Fig. 4c', Suppl. Fig. 6b, note
E17.5), only becoming significantly higher than in controls by 7 dpt (see Suppl. Fig. 6c-d for a division into RZ
and PZ). However, in E13.5-Dox samples, the fraction of p21[+] chondrocytes remained quite constant across stages
(Suppl. Fig. 6a'), as opposed to the progressive decrease observed in E12.5-Dox samples (Suppl. Fig. 6a).
Therefore, to compare behaviours under identical compensatory conditions, we also analysed a third regimen:
E12.5-TM/E12.5-Dox, finding that the number of descendants was lower in P0 *Cart-p21* as compared to E13.5-
TM/E12.5-Dox (Fig. 4e, Suppl. Fig. 6c'', d').

Collectively, these results suggest that while the existing population of Gli1^{+} cells can contribute to some extent
to the repair, some Gli1^{−} cells become Gli1^{+} <u>after</u> *p21* induction in the cartilage. To further explore this possibility,
we performed pulse-chase experiments with the thymidine analogue 5'-ethynyl-2-deoxyuridine (EdU). EdU was
injected once at either E14.5 or E15.5, and chased up to E17.5 (Suppl. Fig. 7a). In both cases, while there was an
obvious decrease in the number of EdU[+] chondrocytes in *Cart-p21* embryos as compared to control ones (Suppl.
Fig. 7b,c), there were still more than expected, given that >60% chondrocytes express p21 in this model (Suppl.
Fig. 6a), and that most p21[+] chondrocytes cannot incorporate EdU (Fig. 1G in ref.[23]). Interestingly, however, more
than one third of EdU[+] chondrocytes were also p21[+] (Suppl. Fig. 7b', c') and, conversely, many p21[+] RZ
chondrocytes were EdU[+] in *Cart-p21* mice, especially after E14.5-EdU (Suppl. Fig. 7b'', c''), compared to very
low numbers in controls. This could be explained by two non-exclusive scenarios: 1) some p21[−] chondrocytes
incorporate EdU, and then become p21[+]; 2) p21^{−} cells from outside the cartilage incorporate EdU, and then migrate
to the cartilage, becoming *Col2a1-rtTA[+]* (and thus p21[+]) chondrocytes. Since the number of p21[+] chondrocytes
did not increase, but rather decrease, over time (Suppl. Fig. 6a), the first scenario was deemed unlikely, suggesting
the possibility that most EdU[+]p21[+] chondrocytes derive from cells located outside the cartilage (Suppl. Fig. 7d).

Along these lines, we next investigated the relationship between Gli1^{+} cells and other populations outside the
cartilage in the snRNA-seq dataset (E16.5). Within the 945 Gli1^{high} cells, we found that the proportion of Pdgfra[+]
cells in multiple mesenchymal cells was decreased in the ExpL samples, as compared to ExpR and Ctl (Fig. 5a).
Moreover, the chondrocyte population was specifically increased in the Pdgfra[low]Gli1^{high} LPM population of ExpL
and ExpR limbs, as compared to Ctl (Fig. 5b). Within chondrocytes, velocity analyses suggested that *Gli1* was
upregulated in the osteochondroprogenitors (OCPs) of ExpL limbs, and that these cells increased their
contribution to resting and proliferative chondrocytes (Fig. 5c). Thus, we posited that Pdgfra^{high} cells, which
normally surround the E14.5 cartilage (Suppl. Fig. 2b), become Gli1^{high}Pdgfra[low], and migrate to the cartilage in
response to cartilage-p21. To confirm this possibility, we performed a single-cell RNA-seq experiment of *Cart-*
p21 limbs at an earlier time point (E14.5), separating between Gli1-lineage and non-Gli1-lineage cells (Suppl.
Fig. 8a-e, Fig. 5d-d'). RNA velocity analysis suggested that, within the non-Gli1-lineage, *Pdgfra* expression was
being downregulated in the experimental perichondrium (Fig. 5d''). Moreover, the proportion of perichondrial
cells within the Gli1^{high}Pdgfra[low] population was decreased (while the proportion of resting chondrocytes
increased) in Exp Gli1-lineage samples vs. control Gli1-lineage samples (Fig. 5e), which is compatible with the
relocation from the perichondrium to the resting zone in response to *Cart-p21*. To capture the potential arising of
new Gli1^{+} cells within the Pdgfra-lineage, we crossed *Pdgfra[CreER/+]* females with *Cart-p21*; *R26[LSL-tdT/LSL-tdT]* males
and provided E12.5-Dox and E13.5-TM (Fig. 5f). We then compared the overlap of Pdgfra-lineage and *Gli1^{+}* cells
between *Cart-p21* and control samples. In the E17.5 *Cart-p21* cartilage, the number of *Gli1^{+}* cells was
significantly increased, as compared to controls, within both the Pdgfra-lineage and the total cartilage (Fig. 5f').
The overall contribution of the Pdgfra-lineage to cartilage was not increased at E17.5 (Fig. 5f', sum of white and
green), although it was mildly increased at P0 (Suppl. Fig. 9a). This confirmed the hypothesis that some Pdgfra[+]

cells become Gli1^{+} in response to *Cart-p21*, contributing to compensation. Of note, the Pdgfra-lineage showed
persistent hyperproliferation in the
Cart-p21 RZ between E14.5 and
E17.5, as opposed to the non-
Pdgfra lineages (Suppl. Fig. 9b-c'),
but did not show this behaviour
outside the cartilage. Given that at
P1 almost no Pdgfra^{+} cells could be
found within the cartilage (Suppl.
Fig. 2b') these results suggested
that some Pdgfra^{+} cells located in
the perichondrium downregulate
Pdgfra expression and contribute
to cartilage in normal conditions,
but that most of them do not give
raise to Gli1^{+} LLCPs unless the
cartilage is challenged (Fig. 5g).
This was confirmed by long-term
Pdgfra-lineage tracing with the
RGBow reporter giving rise to very
few long columns in P30 control
mice, most of them restricted to the
growth plate periphery and the
perichondrium (Suppl. Fig. 9d-e).

Discussion

Elucidating the origin and regula-
tion of the LLCPs is crucial to
understanding the evolution of
limb size and proportions, the
factors that influence human height
and the potential causes and
treatments of skeletal dysplasias.
Major advances have been recently
made in the field, especially in
mouse models, identifying cell
populations in postnatal cartilage
that can self-renew and give rise to

Figure 5. *Pdgfra*[+] **cells outside cartilage become Gli1**^{+} **chondrocytes upon cell-cycle arrest in the cartilage**. **a** DotPlot within the Gli1^{+} population in the mesenchyme of E16.5 Ctl and *Left-Cart-p21* limbs shows that *Pdgfra* expression (levels and number of expressing cells) are decreased in various ExpL mesenchymal populations (magenta rectangles), which correlates with increased levels of *Gli1* expression in those populations and chondrocytes (green rectangles). **b** Comparison of cell-type proportions (indicated by numbers inside the bars) across experimental conditions, divided according to *Pdgfra* and *Gli1* expression. Asterisks denote significant difference, as calculated by Propeller. **c** Left: Pseudotime analysis of Ctl and *Left-Cart-p21* mesenchymal cells using scvelo. Note the potential contribution of ExpL osteochondroprogenitors (OCPs) to resting and proliferative chondrocytes. Right: RNAvelocity analysis of the same samples, predicting upregulation of *Gli1* in OCPs (black oval). **d-d''** New single-cell RNA-seq from E14.5 hindlimbs (Ctl and *Cart-p21*), separating Gli1-lineage and non-lineage cells (d), resulting UMAP and cell clusters (d') and RNAvelocity predicting *Pdgfra* downregulation in perichondrium (d'', red oval). **e** Propeller analysis of cell-type proportions across experimental conditions, divided according to *Pdgfra* and *Gli1* expression. Note the perichondrial depletion within the Pdgfra[low]Gli1^{high} in Exp Gli1-lineage (oval). **f-f'** Tracing of Pdgfra lineage (tdT) and *Gli1* hybridisation chain reaction (HCR) in E17.5 Ctl and *Cart-p21*, as indicated (f), and quantification of single- and double-positive populations (f'). **g** Model of the contribution of perichondrial Pdgfra^{+} cells to Gli1^{+} chondrocytes in response to X signal from *Cart-p21* cartilage.

long columns of chondrocytes for most or all of the growth period[8,9,13]. However, given that at fetal and perinatal
stages only short columns are generated[2], it is unclear whether the LLCPs are already present in the early cartilage
and, if so, whether they are a separate population that switches behaviour due to intrinsic and/or extrinsic factors,
or rather are equivalent to all other CPs, but are spared from the depletion of early stages because of their initial
location, further from the proliferative zone. In this work, we show that fetal $Gli1^+$ mesenchymal cells give rise to
LLCPs, as the Gli1-lineage labelled at E12.5-E13.5 makes up most of the chondrocytes at P30 and P60 (Fig. 1).
Moreover, we showed that while the E12.5-E13.5 cartilage already contains some $Gli1^+$ label-retaining CPs, the
E17.5-E18.5 cartilage contains a higher proportion of Gli1-lineage chondrocytes that are label-retaining (Fig. 2),
suggesting that new waves of LLCPs are added from outside the cartilage, at least in the last gestational week.
The fact that not all $Gli1^+$ cells were label-retaining at these stages (Fig. 2), implied either that there are
subpopulations within Gli1-lineage cells, or that they are all identical but allocated to different fates depending
on their initial location (i.e. cells located in the upper layers of the RZ are less likely to be recruited to the PZ
during perinatal stages) and/or stochastic variation. Importantly, our single-nuclei/single-cell RNA-seq analyses
did not identify overly different subpopulations within Gli1-lineage chondrocytes, supporting the scenario that all
$Gli1^+$ CPs are equivalent. Of note, for this analysis Gli1-lineage cells had to be FACS-separated instead of
bioinformatically identified, because the 10x approach is 3' biased, such that both the tdTom and the p21
transgenes yield reads mapping to WPRE, the RNA-stabilising sequence used in both cases (Fig. 1a and 4b).
Given the role of adult $Gli1^+$ osteoprogenitors in fracture repair[21], we used our Cre- and rtTA-dependent strategy
to ablate only the chondrocytes within the E13.5-Gli1 lineage, and only during the fetal period (Dox E12.5 to P0)
to test their role in normal growth (Fig. 3). While bone length was significantly affected, the effect was somewhat
mild. This was probably due to compensation after Dox clearance. While we tried to test this possibility by
providing Dox postnatally, the rtTA that we used in our models did not get sufficiently activated (Suppl. Fig. 4).

Following up on the role of Gli1-derived chondrocytes, our single-nuclei/single-cell RNA-seq analyses suggested
that these cells contributed to the compensation of p21 misexpression in the cartilage, which we confirmed via
lineage tracing (Fig. 4). The ablation of Gli1-derived chondrocytes during the compensation of cartilage cell cycle
arrest led to a significant but mild growth reduction by P0 (Fig. 4). The effect would have been presumably larger
at later stages, but these could not be analysed, because quadruple transgenic animals did not survive long.

As previously introduced, an outstanding question in the field is whether the fetal precursors of the LLCPs are all
located in the cartilage, or whether some of them are located in the surrounding tissues and ingress in the cartilage
later. Since our *Col2a1-rtTA* pulsed at E12.5 labels virtually only cartilage cells (Suppl. Fig. 3), our data indicates
that the E12.5 cartilage anlage already contains a significant amount of $Gli1^+$, quiescent LLCPs (Fig. 2). However,
it also suggests, that $Gli1^+$ cells outside the initial cartilage anlagen likely contribute to the LLCP pool later, as an
E17.5-E18.5 Dox pulse led to a higher proportion of Gli1-lineage cells retaining the Col2a1-rtTA activated nuclear
label (Fig. 2). This behaviour is likely exacerbated in response to growth challenges in the cartilage. Indeed,
changes in the Dox/TM administration order and EdU pulse-chase experiments in the *Cart-p21* model (Suppl.
Figs. 6 and 7) suggested that $Gli1^-$ cells located outside the cartilage become $Gli1^+$ and participate in the
compensatory response. In this regard, the bioinformatics analysis suggested that perichondrial $Pdgfra^+$ cells
become $Gli1^+$ and then become incorporated in the cartilage, which was supported by our Pdgfra-lineage tracing
experiments (Fig. 5). A question for future studies is which signals are produced by the *Cart-p21* cartilage that
recruit Pdgfra-lineage cells (signal X in Fig. 5g). Of note, perichondrial $Pdgfra^+$ cells do not seem to contribute
many LLCPs in control conditions (Suppl. Fig. 9), raising another future question: are there other perichondrial
cells that contribute to LLCPs during normal growth?

Lastly, an interesting observation from our unilateral model (*Left-Cart-p21*) is that sometimes the ExpR limb
(internal control) showed a similar response to the ExpL one (Fig. 4a'', 5b). The fact that other responses were
detected exclusively in the ExpL limb (Fig. 5c) strongly suggests that the responses of the ExpR limb are not
merely a consequence of low-level activation of p21 on the right cartilage, but rather due to a systemic effect
triggered by inter-organ communication. It is worth noting that we have previously reported a similar effect on
distant cartilage (limb and ribs) upon left-cartilage specific expression of p21 and DTA[20,23]. Moreover, systemic
mediators of local tissue repair and regeneration have been shown in multiple species[25]. While fully investigating
this phenomenon is beyond the scope of this study, we posit that inter-organ communication primes distant tissues
to respond to challenges, but that the full response also requires local cues only present in the injured tissues. Our
unilateral injury models will be powerful tools to elucidate this process.

Methods

Animal models

The use of animals in this study was approved by the Monash Animal Research Platform animal ethics committee at Monash University (protocol 32263).

Unilateral p21 expression model: The *Pitx2-ASE-Cre* (aka *Pitx2-Cre*) mouse line, obtained from Prof. Hamada[26], was crossed with the *Col2a1-rtTA* mouse line[18], and then inter-crossed to generate *Pitx2-Cre/Cre; Col2a1-rtTA* mice. In some experiments, a *Col2a1-eCFP* allele[27] was also included (a kind gift from David Rowe). Genotyping was performed as described previously[23]. The *Tigre^{Dragon-p21}* mouse line was previously described[19,23]. Experimental and control animals were generated by crossing *Pitx2-Cre/Cre; Col2a1-rtTA/+* females with *Tigre^{Dragon-p21/Dragon-p21}* males (i.e. homozygous for the conditional misexpression allele). The separation of control and experimental animals was based on the rtTA genotype. Pregnant females were administered doxycycline hyclate (Sigma) in water (1 mg/kg with 0.5% sucrose) from E12.5 until collection (or until birth). The day of vaginal plug detection was designated as E0.5, and E19.5 was referred to as P0.

Postnatal *Col2a1-rtTA* induction tests: Experimental and control animals were produced by crossing *Pitx2-Cre/Cre; Col2a1-rtTA/+* females with *Tigre^{Dragon-DTA/Dragon-DTA}* males. Pups were administered doxycycline hyclate (Sigma, 1 mg/ml in drinking water, with 0.5% sucrose for palatability) and food (600 mg/kg, SF08-026 from Specialty Feeds) from P15.5 to P18.5, followed by tissue collection at P18.5.

Lineage tracing combined with p21 expression in all cartilage elements: *Gli1^{CreER/CreER}* females[28] were crossed with *Col2a1-rtTA/+; Tigre^{TRE-p21/TRE-p21}; R26^{LSL-tdT/LSL-tdT}* males (described in [15,19]). Pregnant females were given doxycycline in food (600 mg/kg, SF08-026 from Specialty Feeds) and in water (as described above), plus tamoxifen (180 µg/g via oral gavage), at the stages described in the main text. To trace other lineages, *Pdgfra^{CreER}* females[29] (a kind gift from Brigid Hogan) were used instead of *Gli1^{CreER}* ones (100 µg/g tamoxifen via oral gavage). *Pdgfra^{H2B-EGFP}* mice[30] (aka *Pdgfra^{GFP}*) were a gift from Philippe Soriano.

Generation of G4 mouse embryonic stem cells with Tigre docking site: a TIGRE docking site targeting vector (a gift from Hongkui Zeng via Addgene plasmid #61580; http://n2t.net/addgene:61580; RRID:Addgene_61580) was electroporated by Monash Genome Modification Platform into G4 mESCs (a gift from Andras Nagy) to generate an ESC line (MG36) with a docking site in the *Tigre* (*Igs7*) locus, amenable for Flp-mediated cassette exchange. 192 individual clones were picked after 6 days of G418 selection. Out of the 96 analysed clones, 21 were positive by Southern hybridisation with both 5' and 3' probes. After reanimation, these clones were analysed again by Southern hybridisation, 8 positive clones were further characterised by Southern hybridisation using internal neo probe (3 restriction digestions); 7 clones (#9, 13, 17, 32, 56, 61, 62) showed single integration. After sequencing, all positive clones were found to have the correct sequence at F5 and F3 mutant FRT sites. 4 clones were karyotyped: clones #56 and 62 are 100% euploid metaphase, whereas clone #32 was 87% euploid, and clone #9 80% euploid.

Generation of *Tigre^{TRE-nucGreenLantern}*: AR157 vector, containing a TRE-H2B-GreenLantern and a PGK-Hygro resistance split gene (N-half) flanked by FRT sites was generated by VectorBuilder (Suppl. Fig. 3a). The vector also contained a Polylox cassette[31] downstream of the GreenLantern, but this feature was not used in this study. This vector was then used by Monash Genome Modification Platform for Flp-mediated cassette exchange (Suppl. Fig. 3a) into clones #56, 62 and 32 of *Igs7*-targeted G4 ES cells (MG36, see above). 30µg pCAG-FlpO-IRES-Puro + 10µg AR157 were mixed with 0.8ml of ESC suspension at ~1×10^7/ml and transferred to a 4mm cuvette. After incubation at RT for 5 min, they were electroporated by applying a single pulse (each clone was divided into two sets: one pulsed with an exponential-decay pulse at 250V, 500µF capacitance, another one pulsed with a square-wave pulse at 250V, 5ms duration) followed by 5min at RT, then added into a 10cm dish pre-coated with mouse embryonic fibroblasts (MEFs). 1 day after transfection, transfection efficiency was checked under the fluorescent microscope, and drug selection was started (150µg/ml hygromycin). At 4 days after transfection, selection was changed to 100µg/ml hygromycin. At 6 days after transfection, we picked up 4 clones from each parental clone (#56-1 to 4, #62-1 to 4, #32-1 to 4) to MEF-coated 24-well plates. These clones were genotyped by 5'-GT PCR, 3'-GT PCR and TRE-GL specific PCR (see below). All clones were correctly targeted (Suppl. Fig. 3b).

ES1 5'-GT PCR (245bp) 64ºC	
MG36 5'-GT step2 up	CGACCTCTAGAAGTAAGCTTTGAGC
MG36 5'-GT step2 down	CCTCCCCTGGCACAACGTAA
ES1 3'-GT PCR (449 bp) 64ºC	
MG36 3'-GT step2 up	ATCTTAGCCAGACGAGCGGG
MG36 3'-GT step2 down	AATGACCGCTGTTATGCGGC
TRE-GL GT PCR (448 bp) 62ºC	
TRE-GL GT up	GTGAACCGTCAGATCGCCTG
TRE-GL GT down	TGGATCCTTAGCGCTGGTGT

Clones #62-1, 62-2, 56-1 and 56-2 were used for two sessions each of blastocyst microinjection. Males ET6
(clone 62-1, 85% chimera), ET28 (clone 62-2, 85% chimera), ET51 (clone #56-1, 80% chimera), ET59 (clone
#56-2, 80% chimera) were selected for breeding to next generation. Line #56-2 was crossed with *Gli1^{CreER}*
animals to establish the *Gli1^{CreER}; Tigre$^{TRE-nGL}$* lines. 6 more highly chimeric males were kept as back-up
breeders.

Pulse of nuclear GFP expression in cartilage: *Gli1$^{CreER/CreER}$; Tigre$^{TRE-nGL/TRE-nGL}$* female mice were time-mated
with *Col2a1-rtTA/+*; *R26$^{LSL-tdTom/LSL-tdTom}$* male mice. The day of vaginal plug detection was deemed as
E0.5, and E19.5 was referred to as P0. Experimental set 1: Pregnant females were administered
doxycycline hyclate (Sigma) in drinking water (1mg/ml, with 0.5% sucrose for palatability) and
doxycycline hyclate food (Specialty feeds SF08-026, 600mg/Kg) from E12.5 to E13.5. Tamoxifen
(Sigma, 20 mg/ml in corn oil) was administered by oral gavage (180µg/g) at E13.5. Mouse embryos
were collected at E14.5, E17.5, P0, P14, P21. Experimental set 2: idem, except that Dox was given
from E17.5 to E18.5, and offspring was collected at P0, P14, P21 and P30. Limbs are dissected
carefully from the body, then fixed in 4% paraformaldehyde (PFA) for 2 days at 4ºC. Decalcification
was performed for P14, P21 and P30 samples by immersing them in 0.45M ethylenediaminetetraacetic
acid (EDTA) in PBS from 10-14 days at 4ºC.

RGBow experiments: *Gli1$^{CreER/CreER}$* females were time-mated with *R26$^{RGBow/RGBow}$* males. Experimental set 1:
Pregnant females were administered Tamoxifen by oral gavage at E12.5 (180 µg/g). Mouse embryos
were collected at E14.5, E16.5, P0, P1, P14, P30. Experiments 2: Pregnant females were administered
Tamoxifen (Sigma, 180ug/g in corn oil) by oral gavage at E13.5. Mouse embryos were collected at
E14.5, E15.5, E17.5, P0, P1, P14, P30. Limbs are dissected carefully from body, then fix limbs into
4% paraformaldehyde (PFA) for 2 days at 4ºC. Decalcification was performed on P14, P21, and P30
sample by immersing the specimens in 0.45M ethylenediaminetetraacetic acid (EDTA) in PBS from
10-14 days at 4ºC. An identical approach was used when using *Pdgfra$^{CreER/+}$* females.

X-gal staining

For enzymatic detection of b-galactosidase activity, the frozen sections were postfixed 5 min with 4%
paraformaldehyde (PFA, Electron Microscopy Sciences) in PBS at RT. After PBS washes, the sections were
incubated 2 x 5 min with X-gal buffer (2 mM MgCl$_2$, 0.02% NP40 and 0.05% deoxycholate in PBS 0.1 M pH
7.4) and then overnight at 37ºC in X-gal reaction buffer (20 mg/ml X-gal, 5 mM K$_4$Fe(CN)$_6$ and 5 mM
K$_3$Fe(CN)$_6$ in X-gal wash buffer). After PBS rinses, the sections were postfixed 10 min in 4% PFA and PBS-
rinsed again. The sections were then counterstained with Nuclear Fast Red 0.005% for 15 min, serially
dehydrated, incubated 3 x 1 min with xylene, and cover-slipped using DPX mountant (Fisher).

Single-nuclei RNA sequencing of Left-Cart-p21 model

Sample preparation: *Pitx2-Cre/Cre; Col2a1-rtTA/+; Col2a1-eCFP/+* females were crossed with *Tigre$^{Dragon-p21/Dragon-p21}$*
males and given Dox (1mg/ml in drinking water with 0.5% sucrose) at E12.5. The knee region
(obtained via orthogonal cuts from the hypertrophic region of the distal femur to the hypertrophic region of the

proximal tibia in skinned hindlimbs) of E16.5 Left and Right limbs from uCtl and *Left-Cart-p21* samples (2
embryos of each genotype) were collected in DMEM with 10% DMSO and 5% calf serum, stored in a MrFrosty
(ThermoFisher) at 4ºC for 10 min and then transferred to -80ºC overnight. Tissue lysis and nuclei isolation were
done as described by L.G.M. in https://www.protocols.io/view/frankenstein-protocol-for-nuclei-isolation-from-
f-5jyl8nx98l2w/v2, in two batches of four samples each (left and right knees from one control and one
experimental embryo). Once ~5,000 nuclei per sample were collected, we proceeded with the 10x protocol
described in https://www.10xgenomics.com/support/single-cell-gene-expression/documentation/steps/library-
prep/chromium-single-cell-3-reagent-kits-user-guide-v-3-1-chemistry, minimizing the time between nuclei
preparation/sorting and chip loading. One chip per batch was used (4 channels in each case, to load left and right
samples from one control and one experimental embryo).

Sequencing and post-processing: The libraries were sequenced twice on Novaseq (800 million clusters/read
pairs each time, which when combined amounted to ~40,000 reads per nuclei across the 8 samples). Following
sequencing, fastq reads were mapped against a custom reference that combined Mus musculus (GRCm38) with
transgenic genes (tdTomato, ECFP, and WPRE) using CellRanger (v7.1.0). The resulting aligned reads were
analysed via R (4.0.2). Seurat (v.4.2.1) and R/Bioconductor SingleCellExperiment packages were used to
generate count matrices. For each sample, the mean of unique molecular identifiers (UMIs) (nCounts) was
calculated and used as a threshold to exclude empty droplets. Filtering was manually done according to the
nCount and number of genes. DoubletFinder (v2.0.3) was used to remove the expected doublets in each sample.
Harmony R package (v0.1.0) was also used to mitigate remove batch effects, and subsequently the data were
consolidated into a single Seurat object.

Seurat analyses: To identify the appropriate resolution, Clustree v 0.5.0 and Cluster Correlation analysis were
used. Visual representation of cluster assignments for individual cells was achieved within a reduced-
dimensional space using UMAP. To pinpoint the differentiation marker genes in the specific cluster as compared
to the remaining clusters, Wilcoxon Rank-Sum Test was used. This analysis was conducted using the
"FindAllMarkers" function within Seurat (v.4.2.1), P-value of less than 0.05 and only.pos = T, and a log-fold
change threshold of 0.1. To identify the cell type annotation, the clusters were mapped with mouse single cell
hindlimb data provided by https://doi.org/10.1038/s41586-023-06806-x. In addition, previously reported
cellular biomarkers and Gene Ontology (GO) annotations were utilized to annotate the cell clusters. The top 100
marker genes were utilized to enrich Gene Ontology (GO) terms through the ClusterProfiler package (version
3.14.3). To identify and confirm the cell type, GSEA comparison was also performed using SCP package (V.
0.5.1).

Single-cell RNA-sequencing of Cart-p21 model
Sample preparation, collection, and sequencing: Female *Gli1*CreER/CreER mouse was crossed with *Col2a1-rtTA/+;*
*Tigre*TRE-p21/TRE-p21; *R26*LSL-tdT/LSL-tdT males. At E12.5, the pregnant mouse was given doxycycline in water (1 mg/ml
with 0.5% sucrose) and food (600 mg/kg), and Tamoxifen was orally gavaged (120 µg/g) at E13.5. At E14.5, the
embryos were collected and a tail sample used for genotyping. Sex and rtTA genotyping were performed using a
quick PCR protocol while the hindlimbs were carefully dissected. The dissected limbs then underwent treatment
with Accumax (ThermoFisher) in a rocker at 31ºC for 25 minutes and every 10 min, the samples were gently
shaken. The supernatant, containing homogenised soft tissues, was transferred into an 1.5-ml DNA LoBind®
Eppendorf tube and placed on ice for preservation, while the cartilaginous portions were exposed to Collagenase
B (5 mg/ml; Sigma) for ~90 min at 37ºC in a water bath (pipetted up and down every 20 min using Rainin wide
bore pipette tips). To stop collagenase activity, we then added 700 µl of cold DMEM+20% FBS for each tube.
We then combined soft- and cartilage-tissue homogenates, and the samples were diluted in 20 volumes of RBC
lysis buffer and rocked for 10 min at RT. The cells were then centrifuged at 500 g for 5 min at 4ºC and the cell
pellet was suspended in 900 µl of PBS + 0.05% BSA. After re-washing, the cells were resuspended in 400 µl of
PBS + 0.05% BSA. At the end, the cell suspension was filtered through 40-µm Flowmi® Cell Strainers and cells
were stained with DAPI (0.05 µg/ml) and transferred into Falcon™ Round-Bottom Polypropylene (Fisher
Scientific). The DAPI-negative, tdT$^+$ and tdT$^-$ cells were sorted using flow cytometry (nozzle size of 100 µm,
operating at a PSI of 20 and a BOP of 223).

In total, two experimental males, two control males, two control females, and one experimental female were
utilized. The cells were counted by an automated cell counter (ThermoFisher) using trypan blue staining and all
passed at least 90% cell viability. Then, the cell suspensions were centrifuged at 500 g for 5 min at 4ºC and
resuspended in a smaller volume. The samples were then multiplexed based on sex. Specifically, for S1, tdT$^+$ EM
(Experimental Male) and tdT$^+$ CF (Control Female) cells were combined, totalling 7,500 cells. For S2, tdT$^-$ EM
and tdT$^-$ CF cells were combined, amounting to 25,000 cells (1000 cells/µl in a volume of 25 µl). In S3, tdT$^+$ EF
(Experimental Female) and tdT$^+$ CM (Control Male) cells were combined, totalling 5,700 cells. Finally, in S4,
tdT$^-$ EF and CM cells were combined, comprising 24,000 cells. The libraries were prepared using Chromium
Next GEM Single Cell 3' Reagent Kits v3.1 (10X Genomics) according to manufacturer's directions and then
sequenced on Illumina (~833 million clusters/read pairs each time) with a length of 100 bp. All cDNA samples
passed the quality control.
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scRNA-seq preprocessing: The fastq files were aligned against a custom reference comprising *Mus musculus*
(GRCm38; obtained from 10X Genomics Ref.) along with transgenic genes (tdTom, CreERT2, and WPRE) using
CellRanger (v7.2.0). In total, more than 98.2% of Reads Mapped to Genome and 25,190 genes were detected as
well as transgenes. To eliminate contaminated cells with ambient RNA, CellBender V 0.3.0 was used. The
expected number of genuine cells and total droplets were estimated based on the CellRanger output, using the
Raw_feature_bc_matrix.h5 file as input. Identified unique molecular identifiers (UMIs) were then mapped and
subset from the Seurat object generated by the filtered feature barcode matrix file. DoubletFinder (v2.0.3)[32] was
then used to remove expected doublets in each sample, with pK calculated separately for each sample. Then the
cells with low nCount_RNA and nFeature_RNA were filtered out.

Testing for differences in cell type proportions: To analyse the distinct cellular compositions among conditions,
the propeller test available in the speckle R (v.0.0.1, accessible at https://github.com/Oshlack/speckle) was
employed. The groups were classified with a false discovery rate (FDR) of ≤ 0.1 as indicative of notable variations
in cell types.

Pseudo-time trajectory analysis:

- RNA Velocity: The output files from CellBender (scRNA-seq) and CellRnager(snRNA-seq) were used as an
input for velocyto to generate a loom file including both spliced and unsliced sequence reads. Reads that passed
quality control after clustering were used as input for the velocyto command line implementation. The mouse
repeat annotation file (repeat_msk_srt.gtf) was obtained from the UCSC Genome Browser. Downstream
analysis was done using scVelo (Version 0.2.5) according to pertinent tutorials (https://scvelo.readthedocs.io/).
To visualize, velocity embedding was estimated using dynamical modeling embedded on UMAP.

- Monocle3.0: Cells from all condition sets were separately subjected to analyze using Monocle3.0 (version
1.2.9, https://github.com/cole-trapnell-lab/monocle3). The input data set was pre-processed by using
as.cell_data_set function and the object was converted to the monocle object. The cell trajectory was calculated
by using learn_graph function according to Monocle recommendation. The monocle resolution was determined
as 2 (k = 3) and then the cells ordered using learn_graph function. Using get_earliest_principal_node function,
the root was manually selected and then the pseudo-time trajectory graphs were visualized using plot_cells
function.

- Slingshot: We utilized the Slingshot[33] incorporated with SCP Package (0.5.6) for conducting pseudo-time–
based analysis of cell trajectories. The slingshot wrapper function incorporated UMAP dimensionality reduction
and cluster labels from Seurat objects to pinpoint the trajectory.

EdU incorporation and detection
A solution of 5-Ethynyl-2'-deoxyuridine (EdU) was prepared at 6.1 mg/ml in phosphate-buffered saline (PBS).
This solution was administered at a dose of 61 µg/g, subcutaneously (s.c) for pups and 30.5 µg/g
intraperitoneally (i.p.) for pregnant females, 1.5 hours before euthanizing the mice (or 2 days before, for pulse-
chase experiments). To detect EdU, a click chemistry reaction with fluorescein-conjugated azide (Lumiprobe

#A4130) was performed once the immunohistochemistry and/or TUNEL staining were completed on the same
slides. Briefly, the working solution was prepared in PBS, adding $CuSO_4$ (Sigma # C1297) to 4 mM, the azide
to 0.4 µM and freshly-dissolved ascorbic acid (Sigma #A0278) to 20 mg/ml, and incubating the sections for 15
min at room temperature in the dark, followed by PBS washes.

Sample collection and processing

Mouse embryos were euthanised using hypothermia in cold PBS, while mouse pups were euthanized by
decapitation. Upon collection of the embryos or pups, the limbs (including full tibiae and/or femora) were
carefully dissected out in cold PBS, skinned, and fixed in 4% paraformaldehyde (PFA) for 2 days at 4ºC.
Samples of P1 or younger were not subjected to decalcification. For P3, P5, and P7 samples, decalcification was
performed by immersing the specimens in 0.45M ethylenediaminetetraacetic acid (EDTA) in PBS for 3, 5, and
7 days, respectively, at 4ºC. Following several washes with PBS, the limb tissues were cryoprotected in PBS
containing 15% sucrose and then equilibrated in 30% sucrose at 4ºC until they sank. The hindlimbs were then
oriented sagittally, facing each other, with the tibiae positioned at the bottom of the block (closest to the blade
during sectioning) and embedded in Optimal Cutting Temperature (OCT) compound using cryomolds (Tissue-
Tek). The specimens were frozen by immersing them in dry-ice-cold iso-pentane (Sigma). Serial sections with
a thickness of 7 µm were collected with a Leica CM3050S Cryostat on Superfrost slides. The sections were
allowed to dry for at least 30 minutes and stored at -80ºC until further use. Prior to conducting histological
techniques, the frozen slides were brought to room temperature in PBS, and the OCT compound was washed
away with additional rounds of PBS rinses.

Micro-CT and bone length analysis

The micro-CT and bone length analysis was as previously described[34]. Briefly, samples were retained and fixed
in 4% PFA as residual tissues from other experiments in the Rosello-Diez lab. Whole femora and humeri were
scanned using a Siemens Inveon PET-SPECT-CT small animal scanner in CT modality (Monash Biomedical
Imaging). The scanning parameters included a resolution of 20 and 40 µm, 360 projections at 80 kV, 500 µA,
600-ms exposure with a 500-ms settling time between projections. Binning was applied to adjust the resolution
with 2×2 for 20-µm scans and 4×4 for 40-µm scans. The acquired data were reconstructed using a Feldkamp
algorithm and converted to DICOM files using Siemens software. For the analysis and bone length
measurements, Mimics Research software (v21.0; Materialize, Leuven, Belgium) equipped with the scripting
module was utilized to develop the analysis pipeline[34].

Immunohistochemistry and TUNEL staining

For antigen retrieval, the sections were subjected to citrate buffer (10 mM citric acid, 0.05% Tween 20 [pH 6.0])
at 90ºC for 15 minutes. Afterward, the sections were cooled down in an ice water bath, washed with PBSTx
(PBS containing 0.1% Triton X-100). To perform TUNEL staining, the endogenous biotin was blocked using
the Avidin/Biotin blocking kit (Vector #SP-2001) after antigen retrieval. Subsequently, TdT enzyme and Biotin-
16-dUTP (Sigma #3333566001 and #11093070910) were used according to the manufacturer's instructions.
Biotin-tagged DNA nicks were visualized using Alexa488- or Alexa647-conjugated streptavidin (Molecular
Probes, diluted 1/1000) during the incubation with the secondary antibody.

For immunohistochemistry staining, sections were incubated with the primary antibodies prepared in PBS for
either 1.5 hours at room temperature or overnight at 4ºC (see list of antibodies below). Following PBSTx washes,
the sections were incubated with Alexa488-, Alexa555-, and/or Alexa647-conjugated secondary antibodies
(Molecular Probes; diluted 1/500 in PBSTx with DAPI) for 1 hour at room temperature. After additional PBSTx
washes, the slides were mounted using Fluoromount™ Aqueous Mounting Medium (Sigma). The antibodies
used, along with their host species, vendors, catalogue numbers, and dilutions, were as follows: GFP (alpaca
nanobody, Chromotek #gba488, Alexa 488-conjugated), mKate2/TagRFP (rabbit polyclonal, Invitrogen
R10367, diluted 1/500), mCherry (goat polyclonal, Origene Technologies #AB0040-200, diluted 1/500, or rat
monoclonal, Thermofisher #M11217, diluted 1/500), p21 (rabbit polyclonal, SantaCruz biotechnologies sc-471,
diluted 1/300).

In situ hybridisation

To perform *in situ* hybridisation, sections were fixed in 4% PFA for 20 minutes at room temperature, washed in
PBS, and treated with 4µg/ml Proteinase K for 15 minutes at 37ºC. After washing in PBS, the sections were

refixed with 4% PFA, followed by treatment with 0.1N pH8 triethanolamine (Sigma #90279), 0.25% acetic
anhydride (Sigma #320102) for 10 minutes at room temperature. Subsequently, the sections were washed in
PBS and water and incubated with prehybridization buffer (50% formamide, 5x SSC pH 5.5, 0.1% 3-[(3-
Cholamidopropyl)dimethylammonio]-1-propanesulfonate (CHAPS), 0.05 mg/ml yeast tRNA, 0.1% Tween 20,
1x Denhardt's) at 60ºC for 30 minutes. The sections were then incubated with 1µg/ml preheated riboprobes and
subjected to hybridization at 60ºC for 2 hours. Post-hybridization washes were performed using post-
hybridisation buffer I (50% formamide, 5× SSC pH 5.5, 1% SDS) and II (50% formamide, 2× SSC pH 5.5, 0.2%
SDS) preheated at 60ºC for 30 minutes, respectively. The sections were then washed with maleic acid buffer
(MABT: 100mM maleic acid, 150mM NaCl, 70mM NaOH, 0.1% Tween 20) and blocked with 10% goat serum,
1% blocking reagent (Roche #11096176001) in MABT at room temperature for 30 minutes. Next, the sections
were incubated overnight at 4ºC with anti-digoxigenin-AP (Sigma #11093274910) diluted 1/4000 in MABT
with 2% goat serum and 1% blocking reagent. After several MABT washes, the sections underwent incubation
with Alkaline Phosphatase (AP) buffer (0.1M Tris-HCL pH 9.5, 0.1M NaCl, 0.05M $MgCl_2$, 0.1% Tween 20),
with the second one containing 1mM levamisole and then developed colour using BM purple (Roche
#11442074001) at 37ºC. Following one wash in PBS, the sections were fixed for 10 minutes in 4% PFA,
counterstained with Nuclear Fast Red (Sigma #N3020) at room temperature for 10 minutes, and rinsed in water.
Dehydration was performed by passing the sections through 70% ethanol, 90% ethanol, absolute ethanol (thrice),
and xylene (twice). Finally, the sections were mounted with DPX (Sigma #100579).

Hybridization chain reaction (HCR)

The slides were thawed for 20 min in RNAse-free PBS (DPBS; GIBCO, Invitrogen, LOT: 866200), then were
rinsed twice with DPBS (devoid of Ca^{2+}/Mg^{2+}) and fixed in ice-cold 4% PFA for 15 min at 4ºC. The samples
were then dehydrated by being immersed in 50% ethanol, 75% ethanol, and 100% ethanol for 5 min at RT. The
slides were washed with DPBS. A total of 200 µL of probe hybridization buffer was added on the sample and
incubated for a minimum of 10 min at 37ºC. After draining the excess buffer, 100 µL of hybridization buffer
with 16 nM of each probe were added to the slide and the incubation was carried out for at least 12 hours.

To eliminate any excess probes bound to the sample, the slides underwent a series of washes as follows: i) 75%
wash buffer:25% 5× SSCT for 15 minutes; ii) 50% wash buffer:50% 5× SSCT for 15 minutes; iii) 25% wash
buffer:75% 5× SSCT for 15 minutes; iv) 100% 5× SSCT for 15 minutes. Following the previous wash steps, the
slides were immersed in 100% 5× SSCT for 5 minutes at room temperature. Pre-amplification was performed
by adding 200 µL of amplification buffer on top of the sample, and incubating in a humidified chamber for 30
minutes at room temperature. Meanwhile, 6 pmol of hairpin h1 and 6 pmol of hairpin h2 (2 µL of a 3 µM stock
per slide) were separately prepared by heating them at 95ºC for 90 seconds and cooled to room temperature in
a dark drawer for 30 minutes. Each hairpin was added to 100 µL of amplification buffer at room temperature.
After removing the pre-amplification solution from the slides, 100 µL of the hairpin solution was added on top
of the samples, and incubation was carried out for a minimum of 12 hours in a dark, humidified chamber at room
temperature. Subsequently, the slides were washed twice with 5× SSCT at room temperature for 30 minutes.
Finally, the samples were washed for 5 minutes with 5× SSCT at room temperature. Following these, the slides
were allowed to dry and then mounted using antifade mounting reagent (Fluoromount-G™ Mounting Medium,
Cat: 00495802, Thermosfisher).

Imaging

Sagittal sections of the limbs were captured, with a focus on the area between the distal femora and proximal
tibiae. Typically, at least 2 sections per limb were analysed, although in most cases 4 sections were examined.
In the case of cultured distal femora, frontal sections were used as they provided better identification of the
different epiphyseal regions. To determine the boundaries of the resting zone (RZ), proliferative zone (PZ) and
hypertrophic zone (HZ), morphological criteria were applied. The transition between round (resting) and flat
(columnar) nuclei, forming an arch along the upper point of the grooves of Ranvier, was considered as the start
of the PZ. On the other hand, the transition towards larger, more spaced nuclei (pre-hypertrophic) marked the
end of the PZ. The point where the pericellular matrix exhibited a sharp reduction around enlarging chondrocytes
was designated as the beginning of the HZ. The distal end of the last intact chondrocyte served as the endpoint

of the HZ. For imaging, bright-field and fluorescence images were acquired using a Zeiss inverted microscope
(Imager.Z1 or Z2) equipped with ZenBlue software. Mosaic pictures were automatically generated by
assembling individual tiles captured at 10× magnification for bright-field images and 20× magnification for
fluorescence images.

Image analysis and quantification

The regions of interest such as resting, proliferative and hypertrophic zones (RZ, PZ, HZ) and the secondary
ossification centre (SOC) were identified from imaged sections of the multiple models (left and right;
experimental and control proximal tibial cartilage). Consistent parameters such as brightness, contrast, filters
and layers were kept the same for all the images in the same study.

Cell count analysis

The RZ and PZ were identified and segmented from sections stained for DAPI, tdTomato, and TUNEL or EdU
using FIJI software. The number of cells in the region of interest (RZ & PZ) was measured using CellProfiler.
The exact pipelines are available upon request.

Statistical analysis

Statistical comparisons were performed using appropriate tests based on the experimental design. An unpaired
t test was used for comparisons involving one variable and two conditions. Two-way ANOVA was utilized for
comparisons involving two variables and two or more conditions. Non-parametric tests were selected when the
assumption of normality could not be met. All statistical analyses were conducted using Prism10 software
(GraphPad).

Conflict of Interest

F.J.R. receives institutional support as a coinvestigator and subcontracted by the Peter MacCallum Cancer Centre
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reports grants and personal fees from MycRx outside the submitted work. The rest of the authors declare that the
research was conducted in the absence of any commercial or financial relationships that could be construed as a
potential conflict of interest.

Author Contributions

X.Q.: data acquisition and analysis, supervision; E.R.: data acquisition, analysis, figure preparation, manuscript
drafting; C.H.H: data acquisition and analysis, figure preparation; K.K.V.: data acquisition, analysis, figure
preparation; L.G.M.: experimental design, data acquisition; F.J.R.: experimental design, data analysis; M.Z: data
analysis; R.W.J: funding acquisition, supervision; S.L.A.: data analysis, manuscript editing, supervision; D.R.P.:
data analysis, supervision; A.R-D.: conceptualization, experimental design, data analysis, funding acquisition,
supervision, figure preparation, manuscript drafting and editing.

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Data Availability Statement

The single-nuclei and single-cell RNA-seq datasets have been deposited at the NCBI Sequence Read Archive
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