TITLE: Integration of sensory and fear memories in the rat medial temporal lobe: advancing research by Wong et al. (2019).

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ABSTRACT

Wong et al. (2019) used a sensory preconditioning protocol to examine how sensory and fear memories are integrated in the rat medial temporal lobe. In this protocol, rats integrate a sound-light (sensory) memory that forms in stage 1 with a light-shock (fear) memory that forms in stage 2 to generate fear responses (freezing) across test presentations of the sound in stage 3. Here, we advance this research by showing that: 1) how/when rats integrate the sound-light and light-shock memories (online in stage 2 or at test in stage 3) changes with the number of sound-light pairings in stage 1; and 2) regardless of how/when it occurs, the integration requires communication between two regions of the medial temporal lobe: the perirhinal cortex and basolateral amygdala complex. Thus, "event familiarity" determines how/when sensory and fear memories are integrated but not the circuitry by which the integration occurs: this remains the same.

INTRODUCTION

Memory is the means by which the past connects with the present to guide our future interactions with the environment. One of the ways it achieves this feat is by integrating the sensory and emotional elements of experiences that are separated in time (e.g., experiences that occur days, weeks or months apart). This allows people and animals to better anticipate and react to different types of situations. For example, after being assaulted by person A, you

may be apprehensive when you encounter their known-associate, person B, who was not present at the time of the assault; after being attacked by a dog in the street, a child may avoid places where the dog had been previously encountered (e.g., the park); and after learning the relationship between a particular smell and danger, an animal may avoid places where it had previously encountered that smell.

How does the brain integrate sensory and emotional memories so that animals/people can anticipate and react to different types of situations? This question can be addressed through the study of sensory preconditioned fear in rats. A standard protocol to produce sensory preconditioned fear consists in three stages. In stage 1, rats are exposed to pairings of two relatively innocuous stimuli, e.g., a sound followed by a light. In stage 2 (typically 24 h later), one of these stimuli, e.g., the light, is paired with danger in the form of brief but aversive foot shock. Finally, in stage 3, rats exhibit fear responses, e.g., suppression of food-reinforced lever pressing or freezing, when tested with the light that had been paired with danger or the sound that had never paired with danger. Importantly, fear of the sound is not due to generalization from the conditioned light, as controls exposed to explicitly unpaired presentations of the relevant stimuli in either stage of training do not show this fear (Fam et al., 2023; Holmes et al., 2013; Holmes & Westbrook, 2017; Kikas et al., 2021; Michalcheck et al. 2021; Rizley & Rescorla, 1972; Wong et al., 2019). Instead, fear of the sound is due to integration of memories that form in each stage of training: the sensory sound-light memory that forms in stage 1 is integrated with the emotional light-shock memory that forms in stage 2 to generate fear of the sound when it is tested in stage 3.

When are the two memories integrated? In a previous study published in *eLife*, Wong et al. (2019) showed that integration of the sound-light and light-shock memories occurs "online" at the time of the light-shock pairings in stage 2. This conclusion was based on a series of experiments which examined the involvement of the perirhinal cortex (PRh) in stage 2 of

the protocol described above. The PRh was selected as the region of interest as it encodes the

sound-light memory that forms in stage 1 (Holmes et al., 2013, 2018; Qureshi et al., 2023) but

plays no role in formation of the directly conditioned light-shock memory in stage 2 (Bang &

Brown, 2009; Campeau & Davis, 1995; Kholodar-Smith et al., 2008; Lindquist et al., 2004;

Romanski & LeDoux, 1992; Wilensky et al., 2006). Indeed, Wong et al. confirmed past

findings that neuronal activity in the PRh is *not* needed for acquisition of directly conditioned

fear to the light. By contrast, the same testing revealed that neuronal activity in the PRh *is*

needed for acquisition of sensory preconditioned fear to the sound. Wong et al reasoned that,

if fear of the sound was due to chaining of sound-light and light-shock memories at the time of

testing (the alternative hypothesis; Figure 1), it should have been intact as the two component

memories were unaffected by the PRh manipulations. That is, as the manipulations were

administered days after the session of sound-light pairings, the sound-light memory will have

been intact; and the manipulations had no effect on acquisition of fear to the light showing that

the light-shock memory was also intact (see also Holmes et al., 2022). Thus, the finding that

fear of the sound was abolished shows that, when it occurs, it must be supported by some

"online" process across the session of light-shock pairings. Specifically, the results were taken

to imply that, when the light is paired with shock in stage 2, it activates a PRh-dependent

memory of its past associate, the sound, resulting in a direct light-shock memory as well as an

indirect or mediated sound-shock memory (Holland, 1981; Holmes et al., 2021; Lingawi et al.,

2018; Wong et al., 2019). Hence, when either stimulus is presented at test, rats expect the shock

and freeze in its anticipation.

The findings reported by Wong et al. (2019) raise two questions. The first is whether

integration of the sound-light and light-shock memories *always* occurs online across

conditioning of the light. While Wong et al. provided evidence for such online integration,

under some circumstances it may become more dependent on chaining of the sound-light and

light-shock memories at test. One of the ways in which this could occur is by increasing the number of sound-light pairings from that used by Wong et al. (Holland, 1998; Holmes et al., 2022). Such an increase could alter what is encoded across preconditioning from a bidirectional sound↔light associative structure to one which just encodes the order in which the events were presented; namely, a unidirectional sound→light structure. The shift from the former to the latter with an increase in the number of sound-light pairings would thus undermine the ability of the light to activate the memory of the sound across conditioning and, hence, mediate conditioning of the sound. At the same time, such an increase would strengthen the ability of the sound to activate the representation of the now-conditioned light at test, initiating the memorial chain that enables the sound to elicit freezing (see Figure 1). That is, increasing the number of sound-light pairings may allow rats to encode information about stimulus order in stage 1 and, thereby, shift the locus of integration from mediated conditioning in stage 2 to chaining at test in stage 3 (Holmes et al., 2022).

The second question raised by the Wong et al. (2019) findings concerns the neural substrates underlying integration. Regardless of when it occurs, integration must involve interactions between the basolateral amygdala complex (BLA) and the PRh. Neuronal activity in the BLA, but not the PRh, is critical for the formation of the light-shock memory and its expression in fear responses (e.g., Maren et al., 1996; Schafe et al., 2000; see also Duvarci & Pare, 2014; Rodrigues et al., 2004 for reviews); whereas neuronal activity in both the PRh (Holmes et al., 2013; Wong et al., 2019) and BLA (Holmes et al., 2013) is required for the expression of fear responses to the sensory preconditioned sound. These findings suggest that communication between the PRh and BLA may be required for successful integration of the memories formed in training and, thereby, expression of fear to the sound. However, it remains to be determined whether this is, in fact, the case. That is, it remains to be determined whether communication between the PRh and BLA is required for "online" integration of the sound-

light and light-shock memories in stage 2 and/or completion of a sound➔light➔shock memory

chain at test in stage 3.

The present study addressed both of the questions raised by the Wong et al. (2019)

findings. It had two specific aims. The first aim was to determine whether the type of

integration depends on the number of sound-light pairings in stage 1: i.e., whether the sound-

light and light-shock memories are integrated "online" via mediated conditioning after few

sound-light pairings, and via chaining at the time of testing after many sound-light pairings.

We addressed this aim by examining whether sensory preconditioned fear of the sound requires

activation of N-methyl-D-aspartate (NMDA) receptors in the PRh across the session of light-

shock pairings in stage 2. If integration occurs via mediated conditioning, as we have shown in

the case of rats exposed to few sound-light pairings in stage 1, then blocking NMDA receptors

in the PRh (via an infusion of the NMDA receptor antagonist, DAP5) immediately prior to the

session of light-shock pairings should disrupt fear of the sound at test (measured in freezing).

If, however, integration occurs through chaining of the sound-light and light-shock memories

at test, as we expect in the case of rats exposed to many sound-light pairings in stage 1, blocking

NMDA receptors in the PRh in stage 2 should have no effect on fear of the sound at test.

The second aim of this study was to determine whether integration of the sound-light

and light-shock memories depends on communication between the PRh and BLA: i.e., whether

this communication is required for mediated conditioning of the sound across the light-shock

pairings in stage 2, and/or chaining of the sound-light and light-shock memories across testing

of the sound in stage 3. We addressed this aim by functionally disconnecting the PRh and BLA

immediately prior to the session of light-shock pairings in stage 2 or testing with the sound in

stage 3. If communication between the PRh and BLA is required for mediated conditioning of

the sound, disconnecting the PRh and BLA prior to the session of light-shock pairings should

disrupt fear of the sound at test; and if communication between the PRh and BLA is required

for completion of the sound→light→shock memory chain, disconnecting the PRh and BLA

before the test session should again disrupt fear of the sound.

Results

Experiment 1 – A demonstration of sensory preconditioned fear after few or many sound-

light pairings in stage 1.

The aim of Experiment 1 was to demonstrate sensory preconditioned fear among rats

exposed to either the same number (eight) of sound-light pairings used by Wong et al. (2019)

or four times as many (32) pairings. Four groups of rats were exposed to presentations of a

sound and light in stage 1. Two of these groups were exposed to just eight presentations of each

stimulus (Groups P8 and U8); while the remaining two groups were exposed to 32

presentations of each stimulus (Groups P32 and U32). For one group in each of these pairs, the

sound and light were paired (P) such that every sound presentation was immediately followed

by a presentation of the light (Groups P8 and P32); while, for the remaining group, the sound

and light were unpaired (U) such that each sound and light presentation occurred several

minutes apart (Groups U8 and U32). All rats were then exposed to light-shock pairings in stage

2 (which commenced 24 h after stage 1) and, finally, tested with presentations of the sound

alone and light alone in stage 3 (which commenced 48-72 h after stage 2).

Conditioning. During conditioning in stage 2 and testing in stage 3, the baseline levels

of freezing were low (<10%) and did not differ between the groups (largest $F < 3.993$, p > .05).

Conditioning of the light in stage 2 was successful in all groups. The mean ($\pm$ SEM) levels of

freezing to the light on its final pairing with shock were $72.5 \pm 9.2\%$ in Group P8, $88.6 \pm 6.0\%$

in Group U8, $67.5 \pm 13.6\%$ in Group P32, and $82.9 \pm 11.9\%$ in Group U32. There was a

significant linear increase in freezing across the light-shock pairings ($F_{(1,26)} = 158.68$; $p < .001$;

$n_p^2 = .859$, 95% CI: [1.929, 2.681]. The rate of increase did not differ between groups that had

been exposed to either eight or 32 sound and light presentations in stage 1 ($F_{(1,26)}$ = 1.306; p =

.264); nor between groups that had been exposed to paired or unpaired sound and light

presentations in stage 1 ($F_{(1,26)}$ = 1.852; p = .185). There was no interaction between the rate of

increase, the number of sound and light presentations, and the relation between the sound and

light ($F_{(1,26)}$ = .283; p = .599). The overall comparisons of freezing to the light (averaged across

the four conditioning trials) between groups that received either paired or unpaired stimulus

presentations in stage 1 (factor 1), and between groups that received either eight or 32 sound

and light exposures in stage 1 (factor 2), were not significant (Fs < .45, p > .508). The

interaction between these two between-subject factors was also not significant (F < .45, p >

.508).

Test. Figure 2B shows the mean (± SEM) levels of freezing to the sound alone (left

panel) and light alone (right panel) averaged across the eight test presentations of each stimulus

in Experiment 1. Rats that had been exposed to 32 presentations of the sound and light in stage

1 froze significantly more to the sound than rats that had been exposed to just eight

presentations of the sound and light ($F_{(1,26)}$ = 38.986; p < .001; n_p^2 = .600; 95% CI: [0.757,

1.500]); and rats that had been exposed to sound-light *pairings* in stage 1 froze significantly

more to the sound than rats that had been exposed to *unpaired* presentations of the sound and

light ($F_{(1,26)}$ = 75.983; p < .001; n_p^2 = .745; 95% CI: [1.204, 1.947]). Importantly, there was a

significant interaction between the number of stimulus presentations in stage 1 and the relation

between the two stimuli ($F_{(1,26)}$ = 12.802; p = .001; n_p^2 = .330; 95% CI: [0.275, 1.018]).

Inspection of Figure 2B shows that this was due to the difference in freezing to the sound

between Groups P32 and U32 being greater than the difference in freezing to the sound between

Groups P8 and U8. Together, these and our previous findings indicate that freezing to the sound

requires formation of sound-light and light-shock memories in training (i.e., it is not due to

generalization), and does not decrease as the number of sound-light pairings in stage 1 is

increased: in fact, the evidence for sensory preconditioned fear increased with the number of sound-light pairings. Finally, there were no significant differences between the groups in levels of freezing to the light alone (Fs < 1.21; p > .281).

Experiments 2A and 2B – The two types of integration can be dissociated by a stage 2 infusion of the NMDA receptor antagonist, DAP5.

The sensory memory produced by pairings of an auditory and visual stimulus (e.g., sound-light) requires activation of NMDA receptors in the PRh (Holmes et al., 2013); whereas the fear memory produced by pairings of an auditory or visual stimulus with foot shock (e.g., light-shock) requires activation of NMDA receptors in the BLA (Bauer et al., 2002; Keidar et al., 2023; Rodrigues et al., 2001; Williams-Spooner et al., 2022). Accordingly, Experiments 2A and 2B examined whether sensory preconditioned fear of a sound requires activation of PRh NMDA receptors during the stage 2 session of light-shock pairings; and, critically, whether any such requirement depends on the number of sound-light pairings in stage 1.

In Experiment 2A, two groups of rats were exposed to eight sound-light pairings in stage 1 and a session of light-shock pairings in stage 2. Immediately prior to the stage 2 session, rats in one group received a PRh infusion of the NMDA receptor antagonist, DAP5, while rats in the other group received a PRh infusion of vehicle only. All rats were then tested with presentations of the sound alone and light alone in stage 3. Experiment 2B also involved two groups of rats. The treatment of these groups differed from their Experiment 2A counterparts in just one respect: in stage 1, they were exposed to 32 sound-light pairings.

Wong et al (2019) showed that, among rats exposed to eight sound-light pairings in stage 1, acquisition of fear to the sound requires neuronal activity in the PRh in stage 2. Accordingly, among rats that received this number of sound-light pairings (Experiment 2A), we expected that acquisition of fear to the sound would require activation of PRh NMDA

receptors in stage 2 and, hence, be impaired by the PRh infusion of DAP5 in stage 2. Such

results would add further support to the claim that integration of the sound-light and light-shock

memories in the protocol used by Wong et al. occurs through formation of a mediated sound-

shock memory in stage 2, at the time of conditioning to the light.

By contrast, we expected the effects of the PRh DAP5 infusion to be different among

rats exposed to 32 sound-light pairings in stage 1 (Experiment 2B). Specifically, we

hypothesized that increasing the number of sound-light pairings from eight to 32 would change

the way that rats integrate the sound-light and light-shock memories: they would cease to be

integrated through formation of a mediated sound-shock memory and, instead, be integrated

through chaining at the time of testing with the sound. Hence, we expected that, among rats

exposed to 32 sound-light pairings in Experiment 2B, acquisition of fear to the sound would

not require activation of PRh NMDA receptors in stage 2 and, hence, be unaffected by the PRh

infusion of DAP5 immediately prior to stage 2: i.e., rats that receive a PRh infusion of DAP5

in stage 2 would freeze just as much during test presentations of the sound alone as the vehicle-

infused controls.

Experiment 2A – Rats exposed to eight sound-light pairings in stage 1

Conditioning. The baseline levels of freezing during conditioning and test sessions

were low (<10%) and did not differ between groups (largest $F_{(1,16)} = 2.234$; $p = .154$).

Conditioning of the light was successful. The mean ($\pm$ SEM) levels of freezing to the light on

its final pairing with shock were $84.4 \pm 10.9\%$ in Group 8-VEH and $88.9 \pm 7.5\%$ in Group 8-

DAP5. Freezing to the light increased across the four light-shock pairings in stage 2 ($F_{(1,16)} =$

70.89; $p < .001$; $n_p^2 = .816$; 95% CI: [1.656, 2.771]). The rate of this increase did not differ

between groups ($F_{(1,16)} = .339$; $p = .569$), and there were no significant between-group

differences in overall freezing to the light ($F_{(1,16)} = .248$; $p = .625$).

Test. Figure 3B shows mean (± SEM) levels of freezing averaged across the eight test

presentations of the sound alone (left panel) and light alone (right panel) in Experiment 2A.

Both groups showed equivalent levels of freezing to the directly conditioned light ($F_{(1,16)} <$

$.248$; $p = .625$). However, rats that received a PRh infusion of DAP5 (Group 8-DAP5) in

stage 2 exhibited significantly less freezing to the preconditioned sound than rats that

received a PRh infusion of vehicle only (Group 8-VEH; $F_{(1,16)} = 18.645$; $p = .001$; $n_p^2 = .538$;

95% CI: [0.622, 1.821]).

Experiment 2B – Rats exposed to 32 sound-light pairings in stage 1

Conditioning. The baseline levels of freezing during conditioning and test sessions

were low (<10%) and did not differ between groups (largest $F_{(1,17)} = 3.099$; $p = .096$). The

mean (± SEM) levels of freezing to the light on its final pairing with shock were 95.6 ± 2.9%

in Group 32-VEH and 92 ± 6.1% in Group 32-DAP5. Conditioning of the light was

successful. Freezing to the light increased across the four light-shock pairings ($F_{(1,17)} =$

345.48; $p < .001$; $n_p^2 = .953$; 95% CI: [2.403, 3.018]). The rate of this increase did not differ

between groups ($F_{(1,17)} = .197$; $p = .663$), and there were no significant between-group

differences in overall freezing to the light ($F_{(1,17)} = .650$; $p = .431$).

Test. Figure 3D shows mean (± SEM) levels of freezing averaged across the eight test

presentations of the sound alone (left panel) and light alone (right panel) in Experiment 2B.

The statistical analysis confirmed what is evident in the figure: both groups showed

equivalent levels of freezing to the directly conditioned light ($F_{(1,17)} < .752$; $p = .398$), and to

the sensory preconditioned sound ($F_{(1,17)} = 1.270$; $p = .275$).

This experiment has replicated previous findings that the PRh is not involved in the

conditioning of fear responses to a stimulus that is directly paired with foot shock (Bang &

Brown, 2009; Campeau & Davis, 1995; Kholodar-Smith et al., 2008; Lindquist et al., 2004;

Romanski & LeDoux, 1992; Wilensky et al., 2006; Wong et al., 2019). It has also revealed

two new findings. The first is that, after few (eight) sound-light pairings in stage 1,

acquisition of fear to the sound requires activation of PRh NMDA receptors across the

session of light-shock pairings in stage 2 (Experiment 2A). The second is that, after many

(32) sound-light pairings in stage 1, acquisition of fear to the sound does not require

activation of PRh NMDA receptors in stage 2. Taken together, these results are consistent

with the hypothesis that increasing the number of sound-light pairings changes the way that

rats integrate the sound-light and light-shock memories in a sensory preconditioning protocol.

After few sound-light pairings, rats form a mediated sound-shock memory during

conditioning of the light. After many sound-light pairings, rats no longer form a mediated

sound-shock memory but, instead, chain the sound-light and light-shock memories when

tested with the sound.

Experiments 3A and 3B – After a few sound-light pairings, integration requires

communication between the PRh and BLA in stage 2; after many sound-light pairings,

it does not.

The PRh and BLA share strong reciprocal connections (Hoistad & Barbas, 2008;

McDonald, 1998; McIntyre et al., 1996; Ottersen, 1982; Pitkänen et al., 2000; Shi & Cassell,

1999) and work together to support different aspects of memory in rats (Gomez-Chacon et

al., 2012; Perugini et al., 2012; Santos et al., 2023), cats (Bauer et al., 2007; Collins et al.,

2001; Paz et al., 2006), monkeys (Mogami & Tanaka, 2006; Ohyama, 2012) and people

(Cooper et al., 2023; Dolcos et al., 2004; Mochizuki et al., 2020; Ritchey et al., 2008). Here,

we examined whether communication between the PRh and BLA is necessary for integration

of the sound-light and light-shock memories that form in sensory preconditioning. We first

examined this communication requirement in stage 2 of the protocols involving either few

(eight; Experiment 3A) or many (32; Experiment 3B) sound-light pairings in stage 1. In each

of these experiments, rats underwent surgery in which an excitotoxic lesion of the PRh was

created in one hemisphere and a single cannula was implanted in the BLA in either the same

hemisphere (i.e., ipsilateral to the lesion; Groups IPSI) or the opposite hemisphere (i.e.,

contralateral to the lesion; Groups CONTRA). After recovery, these rats were exposed to

either eight (Experiment 3A) or 32 (Experiment 3B) sound-light pairings in stage 1, and a

session of light-shock pairings in stage 2. Immediately prior to this session, rats received a

BLA infusion of the GABA$_A$ receptor agonist, muscimol, which is widely used to silence

neuronal activity (e.g., Helmstetter & Bellgowan, 1994; Wilensky et al., 2006; Holmes et al.,

2013). This infusion transiently disconnects the PRh and BLA for rats in Groups CONTRA,

as these rats do not have a functioning PRh *and* BLA in either hemisphere, but spares PRh-

BLA connectivity for rats in Groups IPSI, as these rats have a functioning PRh and BLA in

one hemisphere. Finally, all rats were tested with presentations of the sound alone and light

alone in stage 3.

The previous experiment showed that increasing the number of sound-light pairings in

stage 1 changes how rats integrate the sound-light and light-shock memories to generate fear

of the sound: it functionally shifts the integration from mediated (sound-shock) learning in

stage 2 to chaining at test in stage 3. Accordingly, we hypothesized that, among rats exposed

to eight sound-light pairings in stage 1 (Experiment 3A), integration of the sound-light and

light-shock memories would require communication between the PRh and BLA in stage 2; and,

hence, be impaired by the PRh-BLA disconnection in Group 8-CONTRA. That is, relative to

rats in Group 8-IPSI, we expected that rats in Group 8-CONTRA would freeze just as much

when tested with presentations of the directly conditioned light but significantly less when

tested with presentations of the preconditioned sound. By contrast, among rats exposed to 32

sound-light pairings in stage 1 (Experiment 3B), we hypothesized that fear of the sound would

not require communication between the PRh and BLA in stage 2; and, hence, would not be

impaired by the PRh-BLA disconnection in Group 32-CONTRA. That is, relative to rats in

Group 32-IPSI, we expected that rats in Group 32-CONTRA would freeze just as much when

tested with presentations of the directly conditioned light *and* when tested with presentations

of the preconditioned sound.

Experiment 3A – Rats exposed to eight sound-light pairings in stage 1

Conditioning. The baseline levels of freezing during conditioning and test sessions

were low (<10%) and did not differ between groups (largest $F_{(1,20)} = 2.925$; $p = .103$).

Conditioning was successful. The mean (± SEM) levels of freezing to the light on its final

pairing with shock were 48 ± 10.0% in Group 8-IPSI and 58.3 ± 9.7% in Group 8-CONTRA.

Freezing to the light increased across the four light-shock pairings in stage 2 ($F_{(1,20)} = 28.836$;

$p < .001$; $n_p^2 = .590$; 95% CI: [0.742, 1.684]). The rate of this increase did not differ between

groups ($F_{(1,20)} = .469$; $p = .501$), and there were no significant between-group differences in

overall levels of freezing ($F_{(1,20)} = .480$; $p = .496$).

Test. Figure 4B shows mean (± SEM) levels of freezing averaged across the eight test

presentations of the sound alone (left panel) and light alone (right panel) in Experiment 3A.

Both groups showed equivalent levels of freezing to the light ($F_{(1,20)} = 2.819$; $p = .109$).

However, rats that received an infusion of muscimol into the contralateral BLA (Group 8-

CONTRA) showed significantly lower levels of freezing to the preconditioned sound than

rats that received an infusion of muscimol into the ipsilateral BLA (Group 8-IPSI; $F_{(1,20)} =$

12.883; $p = .002$; $n_p^2 = .392$; 95% CI: [0.398, 1.501]).

Experiment 3B – Rats exposed to 32 sound-light pairings in stage 1

Conditioning. The baseline levels of freezing during conditioning and test sessions

were low (<10%) and did not differ between groups ($F_{(1,18)} = .494$; $p = .491$). Conditioning

was successful. The mean (± SEM) levels of freezing to the light on its final pairing with

shock were 42 ± 12.5% in Group 32-IPSI and 50 ± 13.4% in Group 32-CONTRA. Freezing

to the light increased across its four pairings with shock in stage 2 ($F_{(1,18)}$ = 22.054; p < .001;

$n_p{}^2$ = .551; 95% CI: [0.640, 1.677]). The rate of this increase did not differ between groups

($F_{(1,18)}$ = .957; p = .341), and there were no significant group differences in overall levels of

freezing ($F_{(1,18)}$ = .691; p = .417).

Test. Figure 4D shows mean (± SEM) levels of freezing averaged across the eight test

presentations of the sound alone (left panel) and light alone (right panel) in Experiment 3B.

The statistical analysis confirmed what is evident in the figure: both groups showed

equivalent levels of freezing to the directly conditioned light ($F_{(1,18)}$ = .002; p = .965), and to

the sensory preconditioned sound ($F_{(1,18)}$ = .089; p = .769).

This experiment has shown that communication between the PRh and BLA is not

necessary for the formation of a direct light-shock fear memory: regardless of the number of

sound-light pairings in stage 1, disconnecting the PRh and BLA in stage 2 had no effect on

freezing to the light across its pairings with shock or when it was presented alone at test. This

communication is also not needed for expression of fear to the sound among rats exposed to

many sound-light pairings in stage 1: that is, after 32 sound-light pairings, disconnecting the

PRh and BLA in stage 2 had no effect on the level of freezing to the sound during its testing

in stage 3. This communication is, however, needed for expression of fear to the sound

among rats exposed to just a few sound-light pairings in stage 1: that is, after eight sound-

light pairings, disconnecting the PRh and BLA in stage 2 disrupted freezing to the sound

during its testing in stage 3. These results are consistent with our hypotheses that: 1) after few

sound-light pairings, formation of the mediated sound-shock memory is supported by

communication between the PRh and BLA during conditioning of the light; and 2) after many

sound-light pairings, chaining of the sound-light and light-shock memories occurs

independently of communication between the PRh and BLA during conditioning of the light.

Experiments 4A and 4B – After many sound-light pairings, integration requires communication between the PRh and BLA at test; after a few sound-light pairings, it does not.

We next examined whether communication between the PRh and BLA is necessary for chaining of the sound-light and light-shock memories during testing with the sound. In each of Experiments 4A and 4B, rats underwent surgery in which an excitotoxic lesion of the PRh was created in one hemisphere and a single cannula was implanted in the BLA in either the ipsilateral hemisphere (Groups IPSI) or contralateral hemisphere (Groups CONTRA). After recovery, these rats were exposed to either eight (Experiment 4A) or 32 (Experiment 4B) sound-light pairings in stage 1, followed a day or so later by a session of light-shock pairings in stage 2. Two days later, all rats were tested with the sound alone and, the next day, with the light alone. Immediately prior to each test session, rats received a BLA infusion of the GABA$_A$ receptor agonist, muscimol. As noted previously, this infusion transiently disconnects the PRh and BLA for rats in Groups CONTRA, as these rats do not have a functioning PRh *and* BLA in either hemisphere, but spares PRh-BLA connectivity for rats in Groups IPSI, as these rats have a functioning PRh and BLA in one hemisphere.

We hypothesized that, among rats exposed to eight sound-light pairings in stage 1 (Experiment 4A), the mediated sound-shock memory that forms in stage 2 may require communication between the PRh and BLA for its retrieval/expression in stage 3. We additionally hypothesized that, among rats exposed to 32 sound-light pairings in stage 1 (Experiment 4B), chaining of the sound-light and light-shock memories at test would also require communication between the PRh and BLA at the time of testing with the sound: e.g., because the sound activates the PRh-dependent sound-light memory; which, in turn, activates the BLA-dependent light-shock memory. Hence, we expected that the test level of freezing to the sound would be impaired by the PRh-BLA disconnection in Groups 8-CONTRA

(Experiment 4A) and 32-CONTRA (Experiment 4B). That is, relative to rats in Groups 8-

IPSI, we expected that rats in Groups 8-CONTRA and 32-CONTRA would freeze just as

much when tested with presentations of the directly conditioned light but significantly less

when tested with presentations of the preconditioned sound.

Experiment 4A – Rats exposed to eight sound-light pairings in stage 1

Conditioning. The baseline levels of freezing during conditioning and test sessions

were low (<10%) and did not differ between groups (largest $F_{(1,22)} = 3.155$; $p = .090$).

Conditioning was successful. The mean (± SEM) levels of freezing to the light on its final

pairing with shock were 66.7 ± 9.0% in Group 8-IPSI and 51.7 ± 11.7% in Group 8-

CONTRA. Freezing to the light increased across the four light-shock pairings in stage 2

($F_{(1,22)} = 58.086$; $p < .001$; $n_p^2 = .725$; 95% CI: [1.138, 1.989]). The rate of this increase did

not differ between groups ($F_{(1,22)} = 2.042$; $p = .167$), and there were no significant between-

group differences in overall levels of freezing ($F_{(1,22)} = 1.420$; $p = .246$).

Test. Figure 5B shows mean (± SEM) levels of freezing averaged across the eight test

presentations of the sound alone (left panel) and light alone (right panel) in Experiment 4A.

The statistical analysis confirmed what is evident in the figure: both groups showed

equivalent levels of freezing to the light ($F_{(1,22)} = .131$; $p = .721$) and to the sound ($F_{(1,22)} = $

.186; $p = .670$).

Experiment 4B – Rats exposed to 32 sound-light pairings in stage 1

Conditioning. The baseline levels of freezing during conditioning and test sessions

were low (<10%) and did not differ between groups (largest $F_{(1,18)} = 1.956$; $p = .176$).

Conditioning was successful. The mean (± SEM) levels of freezing to the light on its final

pairing with shock were 62.5 ± 12.8% in Group 32-IPSI and 60 ± 7.8% in Group 32-

CONTRA. Freezing to the light increased across its four pairings with shock in stage 2 ($F_{(1,18)}$

$= 76.364$; $p < .001$; $n_p^2 = .809$; 95% CI: [1.724, 2.815]). The rate of this increase did not

differ between groups ($F_{(1,18)} = .041$; $p = .842$), and there were no significant group

differences in overall levels of freezing ($F_{(1,18)} = .142$; $p = .711$).

Test. Figure 5D shows mean (± SEM) levels of freezing averaged across the eight test

presentations of the sound alone (left panel) and light alone (right panel) in Experiment 4B.

Both groups showed equivalent levels of freezing to the directly conditioned light ($F_{(1,18)} =$

$.033$; $p = .858$). However, Group 32-CONTRA showed significantly lower levels of freezing

to the sensory preconditioned sound compared to Group 32-IPSI ($F_{(1,18)} = 7.963$; $p = .011$; n_p^2

$= .307$; 95% CI: [0.178, 1.218]).

This experiment has shown that communication between the PRh and BLA is not

necessary for the retrieval/expression of a direct light-shock fear memory: regardless of the

number of sound-light pairings in stage 1, disconnecting the PRh and BLA prior to testing

had no effect on freezing to the light. This communication is also not needed for expression

of fear to the sound among rats exposed to just a few sound-light pairings in stage 1: that is,

after eight sound-light pairings, disconnecting the PRh and BLA prior to testing had no effect

on the level of freezing to the sound. By contrast, communication between the PRh and BLA

is needed for expression of fear to the sound among rats exposed to many sound-light

pairings in stage 1: that is, after 32 sound-light pairings, disconnecting the PRh and BLA

prior to testing disrupted freezing to the sound. We take these results to mean that

communication between the PRh and BLA is *not* needed for retrieval/expression of the

mediated sound-shock memory after few sound-light pairings; but *is* needed for chaining of

the sound-light and light-shock memories at test after many sound-light pairings. They are

considered further in the General Discussion.

GENERAL DISCUSSION

Wong et al. (2019) provided evidence for online integration of sensory and emotional

memories in the rat medial temporal lobe. Specifically, they showed that rats integrate a past

sound-light memory with an emotional light-shock memory during formation of the latter;

and that this integration takes the form of a mediated sound-shock association. The present

study has advanced the Wong et al. findings in three ways. First, it has shown that the way in

which rats integrate the sound-light and light-shock memories depends on the number of

sound-light pairings in stage 1: after just a few sound-light pairings, integration is achieved

through mediated learning about the sound in stage 2; and after many sound-light pairings,

integration is achieved through chaining of the sound-light and light-shock memories during

testing with the sound. Second, it has shown that mediated conditioning of the sound involves

activation of NMDA receptors in the PRh. Mediated conditioning also involves

communication between the PRh and BLA across the light-shock pairings but does not

require such communication for expression of fear to the sound at test. Third, it has shown

that, when integration occurs through chaining of the sound-light and light-shock memories

at test, this process also involves communication between the PRh and BLA.

Why does increasing the number of sound-light pairings change the way that rats

integrate the sound-light and light-shock memories? One possibility is that increasing the

number of sound-light pairings in stage 1 reduces the ability of each stimulus to activate the

memory of the other. This is consistent with findings by Holland (1998), who showed that the

likelihood of mediated learning in rats decreases with the amount of training (see also

Holland, 2005); but inconsistent with our findings that, after extended training, rats continue

to integrate the sound-light and light-shock associations through chaining at the time of

testing (as chaining is predicated on the sound activating the memory of the light after

extended training). Instead, we propose that the change in integration occurs because the

increased number of sound-light pairings allows the rats to learn about the order in which the

sound and light are presented (Figure 1; for evidence that rats acquire order information in

sensory preconditioning, see Barnet et al., 1997; Hart et al., 2022; Leising et al., 2007; Miller

& Barnet, 1993). This order hypothesis is consistent with evidence showing that the way in

which animals represent an audio-visual compound changes across repeated compound

exposures (e.g., Bellingham & Gillette, 1981; Holmes & Harris, 2009). It can be tested using

a so-called "backward" sensory preconditioning protocol, which reverses the order of

stimulus presentations in stage 1 (e.g., Ward-Robinson & Hall, 1996). That is, rather than rats

being exposed to the "forward" sound-light pairings used here and by Wong et al. (2019), rats

in a backward protocol are exposed to light-sound pairings. Increasing the number of light-

sound pairings in this protocol should result in rats learning that the light is followed by the

sound (light→sound) and that the sound is followed by nothing (sound→nothing). Hence,

during the session of light-shock pairings in stage 2, the light should continue to activate the

memory of the sound, resulting in formation of the mediated sound-shock association (e.g.,

Ward-Robinson & Hall, 1996). That is, if our order hypothesis is correct, increasing the

number of light-sound pairings in the backward protocol should preserve the likelihood of

mediated learning in stage 2 and, if anything, diminish the likelihood of chaining at test in

stage 3 (as the sound is never followed by a light). Hence, PRh manipulations that fail to

affect fear of the sound when administered after many sound-light pairings (e.g., infusion of

DAP5) should disrupt that fear when administered after many light-sound pairings in the

backward protocol. This will be assessed in future work.

The present findings advance those of Wong et al. (2019) by showing that, after just a

few sound-light pairings in stage 1, formation of the mediated sound-shock association

requires activation of NMDA receptors in the PRh, and communication between the PRh and

BLA during conditioning of the light. Communication between the PRh and BLA is likely

required so that information about the sound, which is encoded in the PRh during stage 1, can

be integrated with information about the shock, which is processed in the BLA. It may also

be required to consolidate the mediated sound-shock association in long-term memory. That

is, we have previously shown that neuronal activity in the PRh is necessary for consolidation

of the mediated sound-shock association in stage 2 as well as retrieval/expression of this

association at the time of testing in stage 3: i.e., rats do not display fear responses to the

sound when activity in the PRh is silenced immediately after the session of light-shock

pairings in stage 2 (Wong et al., 2019), or prior to testing with the sound alone in stage 3

(Holmes et al., 2013; Wong et al., 2019). Hence, communication between the PRh and BLA

is not only needed for acquisition of the mediated sound-shock association: it must also be

needed to consolidate the mediated association through changes in activity in the PRh.

Accordingly, we propose that formation of the mediated sound-shock association requires

bidirectional communication between the PRh and BLA: acquisition of the mediated sound-

shock association requires communication from the PRh-to-BLA, which is the presumed

locus of the mediated sound-shock association; whereas consolidation of this association

requires communication from the BLA-to-PRh, which ultimately stores the mediated sound-

shock association in long-term memory.

While the PRh and BLA clearly communicate to support mediated learning about the

sound, this communication is not required for retrieval/expression of the mediated sound-

shock association at the time of testing. This result is somewhat surprising as activity in the

PRh is needed for expression of fear to the sound (Holmes et al., 2013; Wong et al., 2019)

and raises the question: how does the PRh-dependent sound-shock association come to be

expressed in fear responses? One possibility is through projections from the PRh to other sub-

territories of the amygdala. For example, in addition to its strong reciprocal connections with

the BLA, the PRh projects to the central nucleus of the amygdala (CeA; McDonald, 1998;

Pitkänen et al., 2000; but see Shi & Casell, 1999), which interacts with midbrain regions

(e.g., periaqueductal gray, hypothalamus; LeDoux et al., 1988; Rizvi et al., 1991; Weera et

al., 2021) to coordinate different components of the fear response (autonomic, endocrine,

behavioral). Importantly, this projection from the PRh-to-CeA is unidirectional and, to the

best of our knowledge, has not been assessed for its involvement in sensory preconditioning.

We hypothesize that this pathway is the means by which the mediated sound-shock

association comes to be expressed in fear responses; and, further, that the PRh-to-BLA and

PRh-to-CeA pathways may be differentially involved in the acquisition and

retrieval/expression of the mediated sound-shock association. Formation of the mediated

sound-shock association in stage 2 of the preconditioning protocol requires communication

between the PRh and BLA but may not require communication between the PRh and CeA.

By contrast, retrieval/expression of the mediated sound-shock association during testing in

stage 3 does not require communication between the PRh and BLA but may require

communication between the PRh and CeA.

The present study has also shown that, after many sound-light pairings in stage 1,

communication between the PRh and BLA is needed for chaining of the sound-light and

light-shock memories at the time of testing with the sound. Importantly, this communication

requirement was specific to the time of testing: disconnecting the PRh and BLA across the

session of light-shock pairings had no effect on fear of the sound or light at test. It was also

specific to the generation of fear responses to the sound: disconnecting the PRh and BLA

prior to testing in stage 3 had no effect on fear responses to the directly conditioned light. We

propose that, after many sound-light pairings, communication between the PRh and BLA is

needed for completion of the sound-light-shock associative chain at test, as the first link in

this chain (sound-light) was encoded in the PRh in stage 1 and the second link (light-shock)

was encoded in the BLA in stage 2. Future work will examine whether communication

between the PRh and BLA is always required for this type of integration (chaining at test).

Specifically, we will examine whether communication between the PRh and BLA is required

for chaining of the sound-light and light-shock memories under circumstances where the

sound-light memory was not encoded in the PRh: e.g., after just one sound-light pairing in

stage 1 (Qureshi et al., 2023), or when the sound-light pairings are administered in a

dangerous context (Holmes et al., 2013, 2018). We will also examine whether integration

always occurs through chaining after many sound-light pairings, or whether there are

manipulations that can restore the potential for mediated learning (e.g., manipulations that

restore the relative novelty of the sound and light in stage 2, such as the lapse of time).

Finally, it is important to note that the procedure used to disconnect the PRh and BLA

permits inferences about whether these regions communicate to support sensory

preconditioned fear but leaves open the question of whether any communication requirement

is direct or indirect. Indeed, several brain regions have been shown to regulate aspects of

sensory preconditioned fear in rats, including the orbitofrontal cortex, prelimbic cortex and

dorsal hippocampus (for a review, see Holmes et al., 2021); and the two cortical regions have

direct, reciprocal connections with *both* the PRh and BLA. As such, it remains for future

work to determine whether the PRh and BLA communicate directly or indirectly to support

mediated learning and/or chaining of the sound-light and light-shock memories at test; and, if

found to communicate indirectly, whether the indirect communication involves neuronal

activity in the orbitofrontal and/or prelimbic cortex.

In summary, the present study has advanced the Wong et al. (2019) findings by

showing that how rats integrate sensory and emotional memories in sensory preconditioning

depends on the novelty/familiarity of the auditory and visual stimuli. When the stimuli are

relatively novel (i.e., after just a few sound-light pairings in stage 1), the sensory and

emotional memories are integrated through mediated learning, and when the stimuli are

relatively familiar (i.e., after many sound-light pairings in stage 1), those same memories are

integrated through chaining at test. It has also shown that both forms of integration are

critically dependent on communication between two regions of the medial temporal lobe, the

PRh and BLA; and that this communication is specifically needed for integration of the

sensory and emotional memories: i.e., communication between the PRh and BLA was not

needed for acquisition, consolidation or retrieval/expression of the emotional light-shock

memory. Future work will examine whether this communication requirement is direct or

indirect, and how the PRh and BLA work with other regions of the brain (e.g., orbitofrontal

cortex, prelimbic cortex, hippocampus) to achieve successful integration.

Materials and methods

Subjects

Subjects were experimentally naïve male and female Long-Evans rats, obtained from

a colony maintained by the Biological Resources Centre at the University of New South

Wales. The rats were housed by sex in plastic cages (40 cm wide x 22 cm high x 67 cm long),

with four rats per cage and food and water continuously available. The cages were located in

an air-conditioned and humidity-controlled colony room maintained on a 12 h light-dark

cycle (lights on at 7 a.m. and off at 7 p.m.) at a temperature of approximately 21°C.

Surgery

Prior to behavioral training and testing in Experiments 2A and 2B, rats were

surgically implanted with cannulas targeting the perirhinal cortex (PRh). Rats were

anesthetized using isoflurane, which was delivered in a steady stream of oxygen. The rat was

then mounted onto a stereotaxic apparatus (David Kopf Instruments) and incisions made over

the skull. Two holes were drilled through the skull and 26-gauge guide cannulas (Plastic

Ones) were implanted into the brain, one in each hemisphere. The tips of the cannulas

targeted the PRh at coordinates 4.30 mm posterior to Bregma, 5.00 mm lateral to the midline,

8.4 mm ventral to Bregma, and angled at approximately 9° (Paxinos & Watson, 2007). Guide

cannulas were secured in place with four jeweller's screws and dental cement. A dummy

cannula was kept in each guide cannula at all times except during drug infusions.

Immediately after surgery, rats received a subcutaneous (SC) injection of a prophylactic dose

(0.1 ml/kg) of Duplocillin (Merck & Co, NJ, USA). Rats were allowed seven days to recover

from surgery, during which they were monitored and weighed daily.

Prior to behavioral training and testing in Experiments 3A, 3B, 4A and 4B, rats

underwent surgery for excitotoxic lesion of the PRh in the right hemisphere and the

implantation of a single 26-gauge cannula (PlasticsOne) targeting the basolateral amygdala

complex (BLA). Excitotoxic lesion of the PRh was achieved via two micro-injections of

0.09M NMDA. These injections were made using a 1μl Hamilton syringe fixed to an infusion

pump (Harvard Apparatus). The pump was programmed to inject a total of 0.25μl at a rate of

0.1μl/min. The needle remained in place for an additional 5 min after injection was complete

to allow for diffusion of the drug. The tip of the needle targeted the PRh at coordinates 4.00

mm and 4.50 mm posterior to Bregma, 5.00 mm and 5.1 mm lateral to the midline, 8.9 mm

ventral to Bregma, and angled at approximately 9° (Paxinos & Watson, 2007). The cannula

targeted the BLA at coordinates 2.4 mm posterior to Bregma, 4.9 mm lateral to the midline,

and 8.4 mm ventral to Bregma (Paxinos & Watson, 2007). For rats in the contralateral

condition (Groups CONTRA), the cannula was implanted into the opposite hemisphere to the

lesion, and for rats in the ipsilateral condition (Groups IPSI), the cannula was implanted into

the same hemisphere as the lesion.

Drug infusions

In Experiments 2A and 2B, the NMDA receptor antagonist, DAP5, or vehicle was

infused bilaterally into the PRh. In Experiments 3A, 3B, 4A and 4B, muscimol or vehicle was

infused unilaterally into the BLA. For these infusions, infusion cannulas were connected to

25 µl Hamilton syringes via polyethylene tubing. These syringes were fixed to an infusion

pump (Harvard Apparatus). The infusion procedure began by removing the dummy caps

from the guide cannulas on each rat and inserting 33-gauge infusion cannulas in its place. The

pump was programmed to infuse a total of 0.5 µl of DAP5 at a rate of 0.25 µl/min, and a total

of 0.3 µl of muscimol at a rate of 0.1 µl/min, which resulted in a total infusion time of two

min and three min respectively. The infusion cannulas remained in place for an additional

two min after the infusion was complete to allow for diffusion of the drug into the PRh or

BLA tissue and to avoid reuptake when the infusion cannula was withdrawn. This resulted in

a total infusion time of four min for DAP5 and five min for muscimol. After the additional

two min, the infusion cannulas were removed and replaced with dummy cannulas. The day

prior to infusions, the dummy cannula was removed and the infusion pump was activated to

familiarize the rats with the procedure and thereby minimize any effect of procedure on the

day of infusions.

Drugs

NMDA (Sigma, Australia) was dissolved in 10x phosphate-buffered solution (PBS) to

yield a final concentration of 0.09M and injected into the PRh during surgery. The NMDA

receptor antagonist, DAP5 (Sigma, Australia) was prepared in the manner described by

Williams-Spooner et al. (2022). Briefly, it was dissolved in ACSF to a concentration of 10

µg/µl and injected into the PRh as described above. The GABA$_A$ receptor agonist, muscimol,

(Tocris Bioscience, UK) and prepared in the manner described by Parkes and Westbrook

(2010). Briefly, it was dissolved in non-pyrogenic saline (0.9% w/v) to a stock concentration

of 5 mg/ml, diluted to a final concentration of 1 mg/ml and injected into the BLA as

described above.

Histology

After behavioral training and testing, rats were euthanized with a lethal dose of

sodium pentobarbital. The brains were extracted and sectioned into 40 μm coronal slices.

Every second slice was mounted onto a glass microscope slide and stained with cresyl violet.

The placement of the cannula tip was determined under a microscope using the boundaries

defined by Paxinos and Watson (2006). Rats with misplaced cannulas were excluded from

statistical analysis. Figure 6 shows placement of the most ventral portion of these cannulas in

the PRh for all rats that were included in the statistical analyses of data from Experiments 2A

and 2B. Figure 7 and 8 shows the approximate lesion size in the PRh and the most ventral

point of the cannulas in the BLA, respectively, for all rats included in the statistical analysis

from Experiments 3A, 3B, 4A and 4B. The numbers of rats excluded from each experiment

based on misplaced cannulas, lesions and/or health issues were eight rats in Experiment 2A,

12 rats in Experiment 2B, 10 rats in Experiment 3A, five rats in Experiment 3B, 15 rats in

Experiment 4A, and eight rats in Experiment 4B. The final ns for each group are shown in the

figure legend for each experiment.

Behavioral apparatus

All experiments were conducted in four identical chambers (30 cm wide x 26 cm long

x 30 cm high). The side walls and ceiling were made of aluminum, and the front and back

walls of clear plastic. The floor consisted of stainless steel rods, each two mm in diameter and

spaced 13 mm apart (center-to-center). A waste tray containing bedding material was located

under the floor. At the end of each session, the chambers were cleaned with water and any

soiled bedding was removed from the waste trays and replaced with fresh bedding. Each

chamber was enclosed in a sound- and light-attenuating wooden cabinet. The cabinet walls

were painted black. A speaker and LED lights within a fluorescent tube were mounted onto

the back wall of each cabinet. The speaker was used to deliver a 1000 Hz square-wave tone

stimulus, presented at 75 dB when measured at the center of the chamber (digital sound

meter: Dick Smith Electronics, Australia). The LED lights were used to deliver a flashing

light stimulus, presented at 3.5 Hz. A custom-built, constant current generator was used to

deliver a 0.5 s duration, 0.8 mA intensity shock to the floor of each chamber. Each chamber

was illuminated with an infrared light source, and a camera mounted on the back wall of each

cabinet was used to record the behavior of each rat. The cameras were connected to a monitor

and a high-definition digital image recorder located in an adjacent room. This room also

contained the computer that controlled stimulus and shock presentations through an interface

and appropriate software (MATLAB, MathWorks, USA).

Behavioral procedure

Context exposure

On Days 1 and 2, rats received two 20 min exposures to the chambers, one in the

morning and the other approximately three hours later in the afternoon.

Sensory preconditioning

Rats received either eight presentations of the sound and eight of the light in a single

session, or 32 presentations of the sound and 32 of the light across four daily sessions. On

Day 3, all rats received eight presentations of the sound and eight of the light. Each

presentation of the sound was 30 s in duration and each presentation of the light was 10 s in

duration. The first stimulus presentation occurred five min after rats were placed into the

chambers. The offset of one stimulus co-occurred with the onset of the other stimulus for

groups that received paired presentations of the sound and the light, while these stimuli were

presented separately for groups that received explicitly unpaired presentations. The interval

between each paired presentation was five min while the interval between each separately

presented stimulus was 150 s. After the last stimulus presentation, rats remained in the

chambers for an additional one min. They were then returned to their home cages. This

training was repeated on Days 4-6 for rats that received 32 presentations of the sound and 32

of the light. All rats proceeded to first-order conditioning (details below) the day after their

final session of sound and light exposures, which was Day 4 for rats exposed to eight

presentations of the sound and light and Day 7 for rats exposed to 32 presentations of the

sound and light.

It should be noted that the sound and the light were fully counterbalanced for all

experiments. That is, for half of the rats in each group, the sound was the preconditioned

stimulus and the light was the conditioned stimulus; while for the remainder, the light was the

preconditioned stimulus and the sound was the conditioned stimulus. However, for

convenience of explanation, all designs will be described with reference to one half of the

counterbalancing: that for which the sound was the preconditioned stimulus and the light was

the conditioned stimulus.

First-order conditioning

On Day 4 (eight sound and light exposures) or Day 7 (32 sound and light exposures),

all rats received four presentations of the light and four presentations of foot shock. The first

light presentation occurred five min after rats were placed in the chambers. Each 10 s light

co-terminated with foot shock and the interval between light-shock pairings was five min.

Rats remained in the chambers for an additional one min after the final stimulus presentation

and were then returned to their home cages.

Context extinction

On Day 5 (eight sound and light exposures) or Day 8 (32 sound and light exposures),

rats received two 20 min exposures to the chambers, one in the morning and the other in the

afternoon. These exposures were intended to extinguish any freezing elicited by the context

and thereby provide a measure of the level of freezing to the sound and the light

unconfounded by context elicited freezing. On Day 6 (eight sound and light exposures) or

Day 9 (32 sound and light exposures), rats received a further 10 min extinction exposure to

the context.

Test

On Day 6 (eight sound and light exposures) or Day 9 (32 sound and light exposures),

approximately two hours after the context extinction session, rats were tested for their levels

of freezing to the preconditioned sound. On Day 7 (eight sound and light exposures) or Day

10 (32 sound and light exposures), rats were tested for their levels of freezing to the

conditioned light. For each test, the first stimulus was presented two min after rats were

placed in the chambers. Each test consisted of eight stimulus alone presentations, with a three

min interval between each presentation. Each sound presentation was 30 s in duration and

each light presentation was 10 s. Rats remained in the chamber for an additional min after the

final stimulus presentation.

Scoring and statistics

Conditioning and test sessions were recorded. Freezing, defined as the absence of all

movements except those required for breathing (Fanselow, 1980), was used as a measure of

conditioned fear. Freezing data were collected using a time-sampling procedure in which

each rat was scored as either 'freezing' or 'not freezing' every two seconds by an observer

blind to the rat's group allocation. A percentage score was then calculated by dividing the

number of samples scored as freezing by the total number of samples. The baseline level of

710 freezing was established by scoring the first two min at the start of each experimental session:

711 i.e., we divided the total number of samples scored as freezing by the total number of

712 observed samples, which was 60. The levels of freezing to the 10 s conditioned stimulus and

713 30 s preconditioned stimulus were established in a similar manner: we scored the entire

714 period of each stimulus presentation and divided the number of samples scored as freezing by

715 the total number of observed samples, which was 5 for each presentation of the conditioned

716 stimulus and 15 for each presentation of the preconditioned stimulus. A second blind

717 observer scored a randomly selected 50% of the data. The correlation between the scores was

718 high (Pearson > 0.9). The data were analyzed using a set of planned orthogonal contrasts

719 (Hays, 1963), with the Type 1 error rate controlled at $\alpha = 0.05$. Standardized 95% confidence

720 intervals (CIs) are reported for significant results and partial eta-squared (n_p^2) is reported as a

721 measure of effect size (where 0.01, 0.06, and 0.14 is a small, medium and large effect size

722 respectively). The required number of rats per group was determined during the design stage

723 of the study. It was based on our prior studies of sensory preconditioning which indicated that

724 eight subjects per group (or per comparison in the contrast testing procedure) provides

725 sufficient statistical power to detect effect sizes > 0.5 with the recommended probability of

726 0.8-0.9.

Figures

Figure 1. Illustration of the two types of integration. **A)** The sound-light and light-shock

memories can be integrated "online" during stage 2. When the subject is exposed to light-

shock pairings in stage 2, the light activates the memory of its past associate, the sound,

thereby allowing it to associate with the shock (i.e., subjects form a mediated sound-shock

association). Test presentations of the sound then retrieve this mediated sound-shock

association, resulting in the expression of fear. This type of integration is hypothesized to

occur after few sound-light pairings in stage 1. Under these circumstances, subjects do not

encode the order in which the events occur, resulting in mediated learning about the sound

across direct conditioning of the light. **B)** The sound-light and light-shock memories can be

integrated at the time of testing. Here, when the sound is presented at test, the subject

retrieves the sound-light memory formed in stage 1 and integrates (or chains) it with the

light-shock memory formed in stage 2, resulting in the expression of fear. This type of

integration is hypothesized to occur after many sound-light pairings in stage 1. Under these

circumstances, subjects learn that the sound is followed by the light (sound→light) and that

that light is followed by nothing (light→nothing). Hence, during the session of light-shock

pairings in stage 2, the light does *not* activate the memory of the sound and the mediated

sound-shock association does not form. Instead, during testing with the sound in stage 3, the

light and its shock associate are strongly called to mind via the chain, sound→light→shock,

resulting in the expression of fear responses.

Figure 2. Demonstration of sensory preconditioned fear after few or many sound-light

pairings in stage 1. **A)** Schematic of the behavioral protocol. In stage 1, rats were exposed to

presentations of a sound and light. They either received eight paired presentations in Group

P8 ($n = 8$), eight unpaired presentations in Group U8 ($n = 7$), 32 paired presentations in

Group P32 ($n = 8$), or 32 unpaired presentations in Group U32 ($n = 7$). In stage 2, all rats

received paired presentations of the light and shock. Finally, in stage 3 (Test), all rats were

tested with the preconditioned sound alone and then with the conditioned light alone. **B)**

Percentage freezing to the preconditioned sound (left panel) and to the conditioned light

(right panel), averaged across the eight trials of their respective tests. Data shown are means

$\pm$ SEM.

Figure 3. NMDA receptor activity in the PRh supports online integration in stage 2 after few

sound-light pairings in stage 1 but NOT after many sound-light pairings. **A)** Schematic of the

behavioral procedure for Experiment 2A (Group 8-VEH, $n = 9$; and Group 8-DAP5, $n = 9$).

The red arrow indicates that the infusion of either DAP5 or vehicle (VEH) occurred before

stage 2. **B)** Percentage freezing to the preconditioned sound (left panel) and to the

conditioned light (right panel), averaged across the eight trials of their respective tests. Data

shown are means ± SEM. The asterisk (*) denotes a statistically significant difference ($p <$

.05). **C)** Schematic of the behavioral procedure for Experiment 2B (Group 32-VEH, $n = 9$;

and Group 32-DAP5, $n = 10$). The red arrow indicates that the infusion of either DAP5 or

vehicle (VEH) occurred before stage 2. **D)** Percentage freezing to the preconditioned sound

(left panel) and to the conditioned light (right panel), averaged across the eight trials of their

respective tests. Data shown are means ± SEM.

Figure 4. PRh-BLA communication is required for integration in stage 2 among rats that

received just a few sound-light pairings in stage 1 but NOT among rats that received many

sound-light pairings. **A)** Schematic of the behavioral procedure for Experiment 3A (Group 8-

IPSI, *n* = 10; and Group 8-CONTRA, *n* = 12). The red arrow indicates that the infusion of

muscimol occurred before stage 2. **B)** Percentage freezing to the preconditioned sound (left

panel) and to the conditioned light (right panel), averaged across the eight trials of their

respective tests. Data shown are means ± SEM. The asterisk (*) denotes a statistically

significant difference ($p < .05$). **C)** Schematic of the behavioral procedure for Experiment 3B

(Group 32-IPSI, $n = 10$; and Group 8-CONTRA, $n = 10$). The red arrow indicates that the

infusion of muscimol occurred before stage 2. **D)** Percentage freezing to the preconditioned

sound (left panel) and to the conditioned light (right panel), averaged across the eight trials of

their respective tests. Data shown are means ± SEM.

Figure 5. PRh-BLA communication is required for integration at test among rats that

received many sound-light pairings in stage 1 but NOT among rats that received few sound-

light pairings. **A)** Schematic of the behavioral procedure for Experiment 4A (Group 8-IPSI, *n*

= 12; Group 8-CONTRA, *n* = 12). The red arrows indicate that the infusion of muscimol

occurred before the test session of the preconditioned sound and before the test session of the

conditioned light. **B)** Percentage freezing to the preconditioned sound (left panel) and to the

conditioned light (right panel), averaged across their eight respective test trials. Data shown

are means ± SEM. **C)** Schematic of the behavioral procedure for Experiment 4B (Group 32-

IPSI, $n = 8$; Group 32-CONTRA, $n = 12$). The red arrows indicate that the infusion of

muscimol occurred before the test session of the preconditioned sound and before the test

session of the conditioned light. **D)** Percentage freezing to the preconditioned sound (left

panel) and to the conditioned light (right panel), averaged across the eight trials of their

respective tests. Data shown are means ± SEM. The asterisks (*) denotes a statistically

significant difference ($p < .05$).

-3.48

-3.60

-3.72

-3.84

-3.96

-4.08

-4.20

-4.36

-4.44

-4.56

-4.68

Figure 6. Cannula placements in the PRh taken from rats in Experiments 2A and 2B. The

most ventral portion of the cannulas are marked on coronal sections based on the atlas of

Paxinos and Watson (2006).

-3.00

-3.48

-4.68

-5.52

817 **Figure 7**. Histological reconstructions demonstrating the extent of NMDA lesions in the PRh

818 taken from rats in Experiments 3A, 3B, 4A, and 4B. The extent is shown across four coronal

819 sections based on the atlas of Paxinos and Watson (2006). The degree of shading indicates

820 the number of cases exhibiting damage to those regions (e.g., darker areas result from a

821 greater number of cases with damage to that region).

-1.72

-1.80

-1.92

-2.04

-2.16

-2.28

-2.40

-2.52

-2.64

-2.76

Figure 8. Cannula placements in the BLA taken from rats in Experiments 3A, 3B, 4A and

4B. The most ventral portion of the cannulas are marked on coronal sections based on the

atlas of Paxinos and Watson (2006).

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