Structure-based mechanism of RyR channel operation by calcium and magnesium ions

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Abstract

Ryanodine receptors (RyRs) serve for excitation-contraction coupling in skeletal and cardiac muscle cells in a noticeably different way, not fully understood at the molecular level. We addressed the structure of skeletal (RyR1) and cardiac (RyR2) isoforms relevant to the gating by divalent ions (M^{2+}). The bioinformatics analysis of 43 cryo-EM RyR structures ascertained the EF1 and EF2 loops as a moderate-affinity non-specific M^{2+} binding site interacting with the S23 loop of neighbor monomer stronger in RyR1 than RyR2. The EF1/EF2 loops were allosterically coupled to the S6 gate by two parallel pathways. The intra-monomeric pathway uses the U-motif, ATP binding site, S45 linker, and S6 helix, shared with the Ca^{2+}-activation pathway in both RyR isoforms. The inter-monomeric pathway, prominent in RyR1, passes through the S23* loop of the neighbor monomer (*) and *via* the U-motif* to the S6* gate either directly or through the S45* linker or CFF* binding site. The structural pieces of evidence for the M^{2+}-binding activation and inhibition sites and their interacting allosteric networks were implemented in the model of RyR operation based on statistical mechanics, MWC theorem, and Markov processes. This model defines allosterically coupled closed, open, and inactivated RyR macrostates common for both RyR isoforms and solves the relative occupancy of macrostates in dependence on cytosolic M^{2+} concentrations. The model approximated the single-channel open probability data for RyR1 and RyR2 of several species obtained in the presence or absence of ATP and luminal calcium. The proposed platform of RyR operation interprets the structural and functional data of mammalian RyR channels on common grounds.

Keywords:

RyR channel; striated muscle; structure-function; ion-binding site; allosteric pathway; open probability; activation; inactivation.

Introduction

Ryanodine receptor (RyR) plays a central role in the calcium-dependent functions of excitable cells. RyRs reside on the membrane of the endoplasmic/sarcoplasmic reticulum (ER/SR) and upon cell excitation, they control the release of calcium ions from the ER/SR lumen to cytosol. Three RyR isoforms are expressed in mammals: RyR1 in skeletal muscle cells, RyR2 in cardiomyocytes, neurons, and endocrine cells, and RyR3 in many tissues at lower levels (Meissner, 2017). Although RyR isoforms differ substantially in their sequence, function, and role in different tissue types, they show almost identical molecular architecture (Wagenknecht and Samso, 2002). All three RyR isoforms form a homo-tetrameric transmembrane channel, which harbors multiple regulatory sites, mostly at their cytosolic side (Meissner, 2017). It is important to note that, with a few exceptions, the regulatory binding sites reside on the monomer, so there are 4 equivalent binding sites of each type per RyR tetramer. Consequently, individuals heterozygous for a congenital mutation in the RyR gene have an equal abundance of mutated and wild-type monomers, which combine at random into tetramers (Zahradnik et al., 2005; Wilson et al., 2021).

Specific ligand-binding sites have been found for natural activators Ca^{2+}, ATP, and xanthines (des Georges et al., 2016; Chi et al., 2019; Melville et al., 2022a; Miotto et al., 2022); for regulatory molecules like calstabins and calmodulin (des Georges et al., 2016; Gong et al., 2019; Woll et al., 2021), the diamide insecticide chlorantraniliprole (Ma et al., 2020); and for emerging clinically important stabilizers like Rycals (Melville et al., 2022a; Miotto et al., 2022). RyR activators ryanodine and imperacalcin have binding sites on the conduction pathway common to the whole RyR tetramer (des Georges et al., 2016; Haji-Ghassemi et al., 2023). Many other regulatory sites need to be revealed for regulators such as dantrolene, junctin, triadin, luminal Ca^{2+}, calsequestrin, etc. The modulation of RyR activity by phosphorylation, oxidation, nitrosylation, etc., is of importance but only the effects of PKA phosphorylation on RyR2 structure have been studied up to date (Miotto et al., 2022).

The molecular architecture as well as the localization of mutations that compromise RyR function is very similar among isoforms. Most known mutations cause muscle conditions that may have fatal consequences in the case of cardiac muscle (Robinson et al., 2006; Sleiman et al., 2021). Over two hundred mutations that cause dysregulation of calcium release are localized mainly in four specific regions of the RyR monomer (Ikemoto and Yamamoto, 2000; Robinson et al., 2006; George et al., 2007; Iyer et al., 2023). These mutations are typically characterized by the increased sensitivity of calcium release to cytosolic and/or luminal calcium, by the decreased sensitivity to inactivation by high cytosolic concentrations of magnesium or calcium, or by increased basal RyR activity (Lehnart et al., 2004; Witherspoon and Meilleur, 2016; Guo et al., 2020; Sleiman et al., 2021; Wilson et al., 2021).

The complex structure of RyR tetramer may adopt a large number of configurations (des Georges et al., 2016; Dashti et al., 2020). In RyR1, four discrete structural states were discerned under different cytosolic conditions - closed (C), primed (P), open (O), and inactivated (I) (des Georges et al., 2016; Nayak and Samso, 2022; Nayak et al., 2024). With increasing concentrations of the activators (Ca^{2+}, ATP derivatives, or xanthine derivatives), the configuration of the tetramers shifted from the closed state to the primed and open state (des Georges et al., 2016; Dashti et al., 2020). At a very high Ca^{2+} or Mg^{2+} concentration, the inactivated state was observed (Nayak and Samso, 2022; Nayak et al., 2024). Under

similar conditions, analogous C, P, and O states were observed also in RyR2 (Chi et al., 2019);
unfortunately, the structure of RyR2 in the inactivated state has not been published yet. Upon transition
from the closed state to either primed, open, or inactivated states, the large cytoplasmic shell moves
downward and outward (des Georges et al., 2016; Steele and Samso, 2019; Miotto et al., 2022), a
movement that transpires as a progressively more negative flexion angle (Steele and Samso, 2019), and
the Central and C-terminal domains rotate against each other in each monomer (Nayak and Samso,
2022). The overall structure of the primed and inactivated states resembles more the open than the
closed state but the ion conduction pore is closed (des Georges, 2016 #5; Chi, 2019 #15; Nayak, 2022
#48).

In striated muscle cells, RyR channels cluster at discrete sites of sarcoplasmic reticulum attached to the
sarcolemma where electrical excitation triggers transient calcium release by activation of RyRs.
Activation mechanisms differ between skeletal and cardiac muscle cells. *In situ*, RyR1 channels are open
by direct coupling to the $Ca_v1.1$ channels, while RyR2 channels are activated by binding calcium ions
injected through the $Ca_v1.2$ channels (Rios and Stern, 1997). In isolation, however, the RyR1 and RyR2
channels are activated by Ca^{2+} ions equally well (Chu et al., 1993). The termination of RyR activity in situ
is not fully understood (Schneider and Simon, 1988; Stern, 1992; Stern et al., 1997). In skeletal muscle
cells, calcium-dependent inactivation of RyR1 is generally accepted as the major termination mechanism
(Schneider and Simon, 1988). In cardiac muscle cells, the termination of RyR activity is less clear since
the calcium-dependent RyR2 inactivation is weaker than that of RyR1; nevertheless, divalent ions (M^{2+})
are involved in the RyR2 inactivation/inhibition as well (Gillespie and Fill, 2013; Laver et al., 2013; Niggli
et al., 2013; Gillespie, 2020; Iaparov et al., 2022).

In both RyR1 and RyR2 isoforms, Mg^{2+} ions decrease the intensity of calcium release in a concentration-
dependent manner. In isolated RyRs, Mg^{2+} ions lead to an increase of the EC50 and a reduction of the
maximum of RyR activation by Ca^{2+} (Laver et al., 1997; Zahradnikova et al., 2003; Iaparov et al., 2022).
Ca^{2+} and Mg^{2+} have a similar inhibitory potency on the open probability in both RyR1 and RyR2 (Laver et
al., 1997). This indicates the presence of a non-specific divalent ion-binding site in the RyR structure.
Recently, mathematical modeling of the cardiac calcium release site (Iaparov et al., 2022) confirmed that
Mg^{2+} ions could at the same time act as the negative competitor at the calcium activation site and as an
inhibitor at the inhibition site. Unfortunately, the structural counterpart of RyR inactivation, an
inhibitory binding site for divalent ions, has not been located yet in RyR structures.

The activation of RyR by agonists was shown to be accompanied by a conformational change around the
Ca^{2+} binding site that leads to a decrease in the free energy and to a concomitant increase of the Ca^{2+}
binding affinity and a population shift between the closed and open conformations (Dashti et al., 2020).
It should be pointed out that the activation mechanism of both RyR1 and RyR2 by calcium is
fundamentally identical regarding the Ca^{2+} dependence of their open probability (Chu et al., 1993). The
amino acid identity and 3D configuration of binding sites for Ca^{2+}, ATP, and caffeine/xanthine are
equivalent in both RyR isoforms (des Georges et al., 2016; Chi et al., 2019).

Though RyRs have similar activation mechanisms, they have different inactivation mechanisms. The
single-channel activity of RyR1 was inhibited by Ca^{2+} at a much lower concentration than that of RyR2
(Chu et al., 1993; Laver et al., 1995; Gyorke and Gyorke, 1998). Single-channel experiments provided the

same concentration dependence of the RyR inhibition for both Mg^{2+} and Ca^{2+} ions (M^{2+}), but a

substantially lower degree of inhibition in RyR2 than in RyR1 channels (Laver et al., 1997)). These

characteristics are opposite to the corresponding characteristics of RyR activation. Consequently, the

underlying structures and mechanisms are expected to be principally different, which is puzzling since

the equivalent components of RyR isoforms are similar. Moreover, the pore of the RyR tetramer is lined,

limited, and gated by the quadruplet of S6 segments; thus, one gating site executes both the activation

and the inactivation. Obviously, there is a paradox in RyR channels that equivalent structures execute

the activation similarly but the inactivation differently in RyR1 and RyR2.

In the structural context, the location of the divalent ion-binding RyR inhibition site has not been

revealed yet. Several candidate amino acid sequences were identified in the divergent region

(Sorrentino and Volpe, 1993) but later disproved as the inhibition site (Du and Maclennan, 1999; Perez

et al., 2003; Fessenden et al., 2004). Nevertheless, the exchange of the wild-type C-terminal quarter of

rabbit RyR1 for that of RyR2 shifted the inhibitory constant (IC50) of the calcium dependence of ^{3}H-

ryanodine binding close to the value of WT RyR2 (Du and Maclennan, 1999), thus the C-terminal quarter

has to contain the Ca-binding inhibitory site. This quarter encompasses also several other regulatory

domains (Figure 1), namely, the Central domain participating in the Ca^{2+} binding activation site; the C-

terminal domain that bears several residues of Ca-, ATP- and caffeine-binding activation sites; the U-

motif that participates at the ATP- and caffeine-binding sites; the EF-hand region with the putative Ca-

binding pair EF1 and EF2; and the S23 loop that bears one residue of the caffeine-binding site and two

residues interacting with the EF-hand region of a neighboring monomer (Samso, 2017; Hadiatullah et al.,

2022). Further experiments suggested the involvement of the EF-hand region in binding Ca ions and

inactivating RyR channels. The expressed and purified EF-hand regions of rabbit RyR1 and RyR2 bound

two Ca^{2+} ions with a similar, ≈50 μM affinity, as determined by equilibrium binding dialysis of ^{45}Ca (Xiong

et al., 1998). MD simulations of the membrane-embedded rabbit RyR1 C-terminal quarter showed the

Ca^{2+} binding ability of the EF-hand region, especially residues 4116-4119 of EF2 (Zheng and Wen, 2020).

The rRyR1 segment containing the EF1 motif (4017 – 4098) was suggested to be involved in inactivation

since its replacement with the corresponding RyR2 sequence in HEK cell-expressed RyR chimeras

increased IC50 of the ^{3}H-ryanodine binding inhibition from 1.1 mM to 3.8 mM Ca^{2+} (Gomez and

Yamaguchi, 2014). On the other hand, the replacement of the RyR1 EF2 sequence for its RyR2

counterpart did not have a significant effect on the inhibition of ^{3}H-ryanodine binding by Ca^{2+} (Gomez

and Yamaguchi, 2014). Additionally, scrambling of the EF1 hand calcium-binding loop in RyR1 also

increased the IC50 for calcium from 0.85 to 1.82 mM (Fessenden et al., 2004). Unfortunately, scrambling

of the EF2 calcium-binding loop canceled ^{3}H-ryanodine binding in RyR1, thus the role of EF2 in RyR

inactivation could not be clarified in those experiments (Fessenden et al., 2004).

Recent studies reporting RyR structure at a high calcium concentration provide only partial support for

the molecular mechanism of calcium-dependent inactivation. Wei et al. (2016) observed in RyR1 a

smaller E-F angle of the EF1 hand in the presence of 100 μM Ca^{2+} than in the absence of calcium. The

RyR1 structures 7tdg, 7tdi, 7tdj, and 7tdk determined at 3.7 mM Ca^{2+} were proposed to represent the

inactivated state since they showed the conduction pore closed (diameter of ≈11 Å at Cα atoms of

I4937) (Nayak and Samso, 2022). Importantly, the 7tdh structure obtained in parallel under the same

conditions showed the pore open (diameter of 14.3 Å) (Nayak and Samso, 2022) indicating that RyR may

attain two different states under the same conditions. This could explain in part why the RyR2 structure

6jiy obtained at 5 mM Ca^{2+} had the pore open (diameter of 17 Å) (Gong et al., 2019), at odds with the

expectation to find the channel in the inactivated state with a closed pore at so high Ca^{2+} concentration.

Confoundingly, even at 3.7 mM Ca^{2+} or 5-10 mM Mg^{2+} concentrations in the reconstitution media the Ca

or Mg atoms were observed only at the Ca-activation site, near the bound ATP molecule, or in the ion

flux pathway of RyR1 but not elsewhere (Nayak and Samso, 2022; Nayak et al., 2024). This indicates that

the potential inhibition site has an affinity for divalent ions smaller than ATP (K$_d$ ≈200 µM, (Bers et al.,

1994)).

Figure 1. The sequences and the molecular structures related to the RyR channel operation.
A: The block scheme of the rRyR1 C-terminal quarter (3667-5037) for two neighbor monomers. Light blue - the Central domain (CD); light green - the EF-hand region; dark green - EF1 and EF2 motifs; tan – the Divergent region 1 (DR1); yellow - U-motif; light brown - S23 loop; blue – S45 linker (S45); white - the S6 segment with the hinge and gate residues in magenta; orange - the C-terminal domain (CTD). Red arrows – salt bridges between interacting residues of the EF-hand region and the S23* loop. The asterisks indicate a reference to the neighbor RyR monomer located counterclockwise in the top view of the channel. The connectors connect the canonical amino acid residues of the indicated binding sites. **B: Left** – the see-through side view of a RyR1 tetramer (Ca-inactivated state, rabbit 7tdg (Nayak and Samso, 2022)); top – the cytoplasmic side, bottom – the SR luminal side. **Right** - the detail of regions involved in the RyR operation. Colors correspond to A. Green spheres - Ca atoms at the activation binding sites, and at the ACP molecule bound at the ATP site (center). The brown color indicates the S23* loop of the neighbor monomer. The short red dotted lines correspond to the salt bridges between residues K4101-D4730* and E4075-R4736* (red arrows in A). G - the hinge and gate residues D4934 and I4937 of the S6 segment.

Another region that seems to play a role in divalent-ion-dependent inactivation is the S23 loop. Three

amino acids (R4736, Y4733, G4732) of the S23 loop were proposed as important components of Ca^{2+}-

dependent inhibition in rabbit RyR1 (Gomez et al., 2016). Their mutation induces malignant

hyperthermia (MH) and increases the IC50 for calcium-dependent inhibition. Indicatively, the S23 loop

was found nearer the EF-hand region of the adjacent monomer in the RyR1 structure obtained at 10 mM

Ca^{2+} than in the structure at <0.1 µM Ca^{2+} (Efremov et al., 2015). The EF-hand region and the S23 loop of

a neighbor RyR monomer were connected by salt bridges in the inactivated RyR1 structure but the salt
bridges were not present in the open RyR1 structure determined under the same conditions (Nayak and
Samso, 2022). Since no Ca atom was resolved in the EF-hand region of either of the structures, these
authors proposed a kinetic mechanism of RyR1 inactivation that does not require further Ca^{2+} binding.
Specifically, they suggested that the activation of RyR1 by Ca^{2+} ions may lead, after a delay, to the
interaction between the EF-hand region of one monomer and the S23 loop of the other monomer. This
would thus result in the transition to the inactivated state locking the Ca^{2+} ion at the activation site and
prohibiting reactivation before removal of the inhibition (Nayak and Samso, 2022). This hypothesis,
however, does not comply with the steady-state open probability of RyR1 observed in single-channel
experiments (Chu et al., 1993; Laver et al., 1997) that showed a bell-shaped dependence on calcium
concentration and thus indicated the presence of two different binding sites – one for activation and
one for inhibition. Taking together the findings mentioned above, it may be concluded that the EF-hand
region is a serious candidate for the RyR inhibition site; however, a functional or structural explanation
of the differences between the RyR1 and RyR2 inhibition was not revealed. Part of the problem is in the
relatively low resolution of the EF-hand region in cryo-EM structural studies.

Another RyR region that was shown to participate in the regulation of RyR activity is the S45 linker
(amino acid residues 4820-4833 in rRyR1). Alanine substitution of residues T4825 or S4829 in RyR1
decreased its sensitivity to caffeine, the maximum of the open probability, and the maximum of
ryanodine binding, while the mutation L4827A and the MH-linked mutation T4825I increased both
maxima (Murayama et al., 2011). Moreover, the MH mutations T4825I and H4832Y were reported to
increase the IC50 of RyR1 to inactivation by Ca^{2+} (Gomez et al., 2016). Thus, this segment plays a role in
both the activation and the inactivation of the ryanodine receptor.

Most of the published RyR structures were collected under experimental conditions that vary between
laboratories. As a result, the electron density maps vary and deductions inferred from individual maps
and structural models may not be equally valid for particular aspects. Similar problems occurred with
recordings and interpretation of functional experiments. The question arises as to whether these are
even compatible. If yes, it should be possible to construct a functional model from structural data that
would explain functional data. To this aim, we selected a large set of published RyR1 and RyR2
structures determined under conditions comparable with relevant single-channel experiments and
estimated relationships between divalent ion binding and signaling pathways. We focused on the
allosteric mechanism of RyR control by divalent ions, with the use of bioinformatic and structural
analysis methods. We compare RyR1 and RyR2 structures and construct a fundamental allosteric
mechanism common for both RyR isoforms. The proposed mechanism is verified by an operational
model of the RyR channel open probability based on the MWC theory (Monod et al., 1965) and
statistical mechanics (Marzen et al., 2013).

Results

To correlate the structure of RyR with its function we took advantage of published RyR structures and RyR open probabilities obtained under similar conditions. RyR structures selected for analysis were obtained under conditions stabilizing the closed, primed, open, or inactivated structural states. RyR2 structures of the inactivated state have not been published yet. Open probabilities of both RyR1 and RyR2 selected for analysis were determined at Ca^{2+} and Mg^{2+} concentrations causing activation and inhibition of RyRs. All structures and open probabilities analyzed here are listed in Supplementary Table S1.

Below we first examine the molecular structure of the EF-hand pair EF1/EF2, the candidate inhibition site, for its propensity to bind divalent ions. Second, we analyze the spatial interaction between the EF-hand region and the S23 loop, the proposed inactivation path. Third, we evaluate the relative positions of the RyR central core domains relevant to the RyR single-channel activity regulation, in all examined RyR states and isoforms. Fourth, we identify the allosteric network in both RyR isoforms from the regulatory allosteric sites to the channel gate for the representative RyR states. Fifth, we construct a comprehensive model of RyR operation and use it to calculate the dependences of RyR1 and RyR2 open probabilities on the divalent ion concentration. Finally, we compare the model predictions with the relevant single-channel open probability data.

1 The propensity of EF1 and EF2 loops to bind divalent ions

In all RyR structures, EF1 and EF2 have a form of a typical EF-hand pair, similar to Ca-binding sites of specialized Ca-binding proteins. To evaluate and compare their ability to bind divalent ions we used the identity score (IS) of EF-hand loops (see Methods), which has a maximum value of 12/6/3 (21) for calmodulin. The sequence of the EF1 loop in RyR1, VTDPRGLISKKD, the same in all examined mammals (rabbit, rat, mouse, human, dog, and pig), has IS of 10/4/2 (16). The corresponding EF1 loop sequence for RyR2 is DPDGKGIISKRD for the rabbit and DPDGKGVISKRD for the other examined mammals, both having IS of 11/5/3 (18), by 2 points higher than for the EF1 of RyR1. The sequence of the EF2 loop is EADENEMINCEE in human, mouse, and rat RyR1; EADENEMINFEE in rabbit RyR1, and EADENEMIDCEE in pig RyR1, while in RyR2 it is ETDENETLDYEE in all examined species. All EF2 sequences have an IS of 10/5/2 (17). The identity score of the scrambled RyR1 EF1 sequence YDGDKPSKLDIT (Fessenden et al., 2004) is 9/4/2 (15), that is, by 1 point lower than that of EF1 in WT RyR1. The scores of EF1 and EF2 are comparable with the calmodulin EF-hand sequence score of 12/6/3 (21) suggesting that both the EF1 and EF2 loops and even the scrambled EF1 loop can bind divalent ions but probably with a reduced affinity and selectivity.

We examined the theoretical ion binding ability of EF1 and EF2 hands in the region corresponding to rRyR1 residues 4063-4196, which starts ahead of the EF-hand region and ends behind the U-motif onset, to keep the secondary structure intact. This region was extracted from 10 recent RyR1 and RyR2 structures specified in Supplementary Table S1. The scrambled versions of EF1 were created using RyR structures determined at high Ca^{2+} concentration (Nayak and Samso, 2022), in which the wild-type EF1 sequence of amino acids 4079-4092 was replaced by the scrambled sequence YDGDKPSKLDITRV (Fessenden et al., 2004). Finally, all structures corresponding to rRyR1 residues 4063-4196 were

subjected to energy minimization and submitted to the MIB2 server for evaluation of the ion binding score (IBS) of individual amino acid residues and the number of ion binding poses (NIBP) for Ca and Mg ions. The IBSs were estimated for amino acid residues 1, 3, 5, 7, 9, and 12 of the EF1 and EF2 loops involved in ion binding. As a comparison baseline, we used the residues of 4063-4196 without the 12 metal-binding residues. The number of IBPs was determined as the number of all poses that involved at least 2 residues of the ion binding loops. Table 1 presents statistics on IBS and NIBP data.

The IBS values of the ion-binding residues of both EF1 and EF2 were significantly larger than the IBS values of the remaining residues (KWANOVA, $p < 0.001$). ANOVA analysis indicated that IBS of EF1 for Ca^{2+} ions was significantly higher in RyR1 and RyR2 than in the RyR1scr structures ($p = 0.0128$ and $p < 0.001$) but for Mg^{2+} ions only the difference between RyR2 and RyRscr was significant ($p < 0.001$). EF1 and EF2 bind Ca^{2+} equally in both isoforms. In RyR2, EF2 binds Mg^{2+} more strongly than EF1 ($p = 0.0028$) while in RyR1 both EF hands bind Mg^{2+} equally. Importantly, however, the EF1 had an IBS for Ca^{2+} and Mg^{2+} significantly larger in RyR2 than in RyR1 ($p = 0.0011$ and 0.0014, respectively). The extent of these differences can be assessed by comparison with calmodulin (Table 1), which also possesses two pairs of EF-hands that bind M^{2+}, albeit with micromolar affinity. The lower IBS values of EF-hands in RyRs are consistent with the observed sub-millimolar concentration range of inhibitory potency of Ca^{2+} and Mg^{2+} in RyR isoforms.

Table 1. The ion-binding ability of EF1 and EF2 in RyR isoforms.

Structure	N	IBS (mean ± SEM)						NIBP (mean ± SEM)			
		EF1		EF2		Baseline		EF1		EF2	
		Ca	Mg	Ca	Mg	Ca	Mg	Ca	Mg	Ca	Mg
RyR1	10	0.7±0.1	0.4±0.1	0.8±0.2	0.8±0.1	-0.07±0.03	-0.06±0.03	1.9±0.4	0.7±0.3	4.3±1.4	2.4±0.8
RyR2	10	1.2±0.1	1.1±0.1	1.5±0.2	1.7±0.1	-0.14±0.03	-0.13±0.03	6.6±1.8	2.1±0.4	9.3±2.3	5.1±1.4
RyR1scr	7	0.2±0.1	0.2±0.1	0.7±0.1	0.7±0.1	-0.04±0.03	-0.04±0.03	0.7±0.4	0.9±0.3	2.1±0.7	1.7±0.6
CaM-N	1	2.3	2.2	2.3	2.2	-0.42	-0.41	56	8	42	5
CaM-C	1	1.6	2.0	1.8	1.8	-0.37	-0.39	8	4	37	7

IBS - ion binding score. NIBP - ion binding poses. N – the number of evaluated RyR structures. RyR1scr stays for the RyR1 with scrambled EF1-hand sequence. CaM-N and CaM-C stay for the N-terminal and C-terminal EF-hand pairs of calmodulin, respectively. The values for calmodulin were estimated using the structure 1exr (Wilson and Brunger, 2000).

The estimates of NIBPs (Table 1) emphasize findings on IBS of the RyR1 and RyR2 EF-hands, regarding their sensitivity to the type of divalent ion. As demonstrated, the NIBP of CaM-N and CaM-C for Ca^{2+} is markedly higher than that for Mg^{2+}, in agreement with the known selectivity of calmodulin for these ions. In both EF1 and EF2 of RyRs, the difference in NIBP of Ca^{2+} and Mg^{2+} is small, indicating low selectivity for divalent ions. Comparison of NIBP in RyR isoforms indicates a better binding of M^{2+} in RyR2 than in RyR1. The structures with scrambled EF1 loop returned lower values of IBS and NIBP.

The lower IS, IBS, and NIBP values of the scrambled RyR1 structures are in agreement with the decreased Ca^{2+} inhibitory potency of the scrambled EF1-hand RyR1 construct (Fessenden et al., 2004). The higher IBS and NIBP for Ca^{2+} and Mg^{2+} of the EF1-hand in RyR2 than in RyR1 is at odds with the weaker inhibition of ^{3}H-ryanodine binding by Ca^{2+} ions in RyR1 channels with their EF1 motif exchanged for the RyR2 counterpart (Gomez and Yamaguchi, 2014), suggesting that the effect of this exchange cannot be caused by the higher Ca^{2+} affinity of the EF1 loop in RyR1 than in RyR2.

The EF2 of RyR2 has the same IS but somewhat higher IBS and NIBP values than the EF2 of RyR1. This
theoretical result is in line with the lack of the effect of the exchange of the RyR1 region around the EF2
for the corresponding RyR2 region on the Ca^{2+}-dependent inhibition of ryanodine binding (Gomez and
Yamaguchi, 2014), meaning that the difference between Ca-dependent inactivation of RyR1 and RyR2 is
not caused by the properties of the EF2 hand.

To summarize, the theoretical ion binding results provided no support for the hypothesis that the
difference between RyR isoforms comes from the different affinity of their putative inhibitory sites to
divalent ions. On the contrary, they indicate a substantial ability of EF1 and EF2 to bind divalent ions, a
prerequisite to constitute the inhibitory Ca-binding site.

2 Spatial interactions between the EF-hand and S23* regions

As we reasoned above, the difference in the propensity of the EF-hand region to bind divalent ions
cannot explain the difference in the Ca-dependent inactivation between RyR isoforms. The question is
then whether the difference can reside in the transmission of the ion-binding signal from the EF-hands
to the channel gates. A clue was provided by Gomez et al. (2016) who found that malignant
hyperthermia mutations of three amino acids of the S23 loop shifted the inhibition of ryanodine binding
in RyR1 to a higher Ca^{2+} concentration, close to that of the RyR2, and proposed that these three amino
acids are involved in the inter-monomeric interaction of the S23* loop with the EF-hand region (Gomez
et al., 2016). Nayak and Samsó (Nayak and Samso, 2022) measured the distance between the EF-hand
region and the S23* loop as the distance between pairs of residues allowing direct interaction at
sufficient proximity. These included glutamate E4075 to arginine R4736* (distance D1) and lysine K4101
to aspartate D4730* (distance D2) in rabbit RyR1 structures. Both distances showed a tendency to
decrease among RyR1 structures in the order closed (7k0t) > open (7tdh) > primed (5taq) ≈ Ca-
inactivated (7tdg), indicating that these two pairs of residues may play a role in RyR1 inhibition (Nayak
and Samso, 2022). We measured both distances in the whole set of RyR structures to examine the
difference between the RyR isoforms.

The D1 distances measured between Cα atoms of the E4075-R4736* pair are summarized in Figure 2,
and compared with the theoretical estimate of the maximal distance allowing their interaction. The
median of D1 values measured in the RyR1-C structures is too large for the residues to interact, while
those of the open, primed, or inactivated RyR1 structures are in the range allowing for proper
interaction between residues in a suitable rotamer configuration. Of interest is the RyR1-Mg structure
7umz, defined as "ACP/10mM free Mg^{2+}-closed state" (Nayak et al., 2024), obtained at a very high
concentration of Mg^{2+} ions that are supposed to stabilize the inactivated state (Laver et al., 1997). This
structure provided D1 similar to those found in primed, open, and inactivated states. The D1
measurements in RyR2 structures provided completely different results. In all RyR2 states the median
D1 is substantially larger than that in RyR1 and, importantly, also larger than the maximum interaction
distance estimated for hRyR2 D4030-R4665* (the equivalent of rRyR1 E4075-R4736*).

Figure 2. **Distances between key amino acid pairs of the EF-hand and S23* in RyR structures. Left** – Distances D1 between E4075 – R4736* or equivalent. **Right** - Distances D2 between K4101 – D4730* or equivalent. Circles - RyR1 states. Triangles - RyR2 states. C – closed state, black symbols. P – primed state, blue symbols. O – open state, cyan symbols. I – inactivated state, green symbols. Mg – high-magnesium state, magenta symbols. Short lines - the median values of groups. Long lines – the theoretical maximum distances allowing H-bond formation.

Measurements of D2 distances yielded only subtle distinctions between RyR structures (Figure 2, right).
In all RyR1 structures, the median D2 values were neither substantially nor statistically different. In all
RyR1 states, the K4101-D4730* separation allowed for proper residue interaction by H-bonds. In RyR2
structures, the D2 medians of individual states were only slightly larger than those in the respective
RyR1 structures, much less so than in the case of D1 distances. The D2 medians of closed, open, and
primed RyR2 states were similar and in the theoretical H-bond interaction range.

These results indicate that the glutamate-arginine* (E4075 and R4736*) distance D1 between the EF-
hand and S23* regions is too large in all RyR2 structures, in contrast to the RyR1 non-closed states
including the inactivated state, in which the residues may potentially interact and transmit the binding
signal. On the other hand, the D2 distances in all RyR1 and RyR2 structures assume values that may
allow interaction of the lysine with the aspartate* (K4101-D4730*) in RyR1 or with the glutamate* in
RyR2, and thus potentially participate in signal transmission.

The resolution of published cryo-EM RyR structures is typically about 3-4 Å, which limits conclusions
based only on estimates of specific interaction distances. Moreover, we cannot exclude the presence of
interactions among other residues. A more robust measure of domain interactions could be the contact
area between the juxtaposed surfaces of the EF-hand region and the S23* loop, and the number of
possible electrostatic interactions (H-bonds and salt bridges) between their residues on the same set of
RyR1 and RyR2 structures. For this purpose, the motifs corresponding to rabbit RyR1 residues E4032 –
E4182 of one monomer, and to rabbit RyR1 residues D4695 - L4745 of the neighboring counterclockwise
monomer were cut out from the corresponding RyR structures, optimized, and submitted to the
PDBePISA server (see Methods for details). The results, summarized for all analyzed structures in Figure
3, point to a substantially larger contact area and number of interactions in primed, open, and

inactivated RyR1 structures than in closed RyR1 and closed, primed, and open RyR2 structures, in line
with the distance measurements presented above. The RyR1-Mg structure 7umz (Nayak et al., 2024),
provided both values similar to those found in primed, open, and inactivated states. The contact area
and the number of electrostatic interactions correlate more steeply in RyR1 than in RyR2 structures. This
indicates that the spatial arrangement of the two domains in RyR2 structures does not support the
formation of electrostatic interactions as efficiently as in RyR1 structures, even if the two domains are
near each other.

Figure 3. Number of interactions and area between the EF-hand region and S23* loop in RyR structures. Circles - RyR1 structures; Triangles - RyR2 structures; Black - closed state; Blue – primed state; Cyan – open state; Green - inactivated state; Magenta – high-Mg state. Orange squares - inactivated RyR1 with MH mutations R4736W, R4736Q; Red squares - inactivated RyR1 with MH mutations G4733E, F4732D. R_{RyR1}, R_{RyR2} - Pearson's correlation coefficients for RyR1 and RyR2 data groups (solid lines); $n_{RyR1} = 27$; $n_{RyR2} = 17$; $p < 0.005$ in both cases). Note: the correlations were calculated without the data for mutated structures (squares). The dashed line extrapolates the correlation line.

After optimization, 24 out of 27 RyR1 structures formed H-bonds and/or salt bridges between at least
one of the residue pairs Q4100-I4731*, (E4075/D4079)-R4736*, (Q4100/K4101)-D4730* in all RyR1
states. The maximum number of simultaneous hydrogen bonds detected by the PDBePISA server was 6.
On the other hand, in the corresponding RyR2 structures only 8 out of the 17 analyzed structures
formed interactions between EF-hand - S23* residue pairs, with a maximum of two hydrogen bonds in a
single structure. Moreover, the EF-hand aspartate and glutamate (corresponding to E4075 and D4079 in
RyR1) could not form contact with the arginine corresponding to rRyR1 R4736*, the key S23* residue, in
any RyR2 structure. These data suggest that interactions between the basic arginine residue R4736* and
the acidic residues at the start of the initial helix E of the EF1-hand are specific for Ca^{2+}-dependent
inactivation in RyR1, whereas the interactions between the lysine K4101 that immediately follows the F
helix of EF1 and the middle of the S23* loop (corresponding to D4730* and I4731* in RyR1) may play a
part in the inactivation of both RyR1 and RyR2 isoforms.

Interestingly, the replacement of arginine R4736* for tryptophan or glutamine in RyR1 that alleviates
RyR1 inhibition by Ca^{2+} (Gomez et al., 2016) provided a reduced number of interactions per interaction
area (Figure 3, orange squares), similar to that predicted for RyR2 type interaction. However,
replacements of glycine G4733* for glutamate and phenylalanine F4732* for aspartate, also known to
alleviate RyR1 inhibition by Ca^{2+} (Gomez et al., 2016) did not affect the number of interactions (Figure 3,

red squares). This means that the electron donor residue arginine R4736* is probably important for the
transmission of the divalent ion binding signal from the EF-hands to the S23* loop in RyR1. On the other
hand, the mutations G4733E and F4732D, both introducing a negative charge on S23, may act by
neutralizing the positive charge of R4736 thus making the transmission less effective without changing
the number of possible interactions.

368 3 Relative positions of the RyR core domains

The above distance analyses suggested clearly that the relative positions of the EF-hand and S23* loop
are state- and isoform-specific, and thus may affect the propensity of RyR1 and RyR2 for M^{2+}-dependent
inactivation. Additional contributions to the inactivation could arise from other domains involved in the
signal transmission that may assume different relative positions and shapes in specific RyR states and
isoforms. Previous RMSD (root mean square displacement) analysis of the backbone Cα atoms revealed
that the position of the C-terminal domain relative to the Central domain was shifted in primed and
open RyR1/RyR2 structures from the position in closed structures (Miotto et al., 2022; Nayak and
Samso, 2022). An even higher degree of the C-terminal domain shift was present in the inactivated RyR1
structure 7tdg (Nayak and Samso, 2022).

We inspected differences in conformational states of core domains located along the C-terminal quarter
of the RyR monomer by means of the RMSD analysis using the same set of RyR structures as analyzed
above. To begin with, the analyzed RyR structure and the reference RyR structure were aligned by their
Central domains, selected as the aligning reference for sufficient size and well-defined state-
independent structure. The distances between the corresponding Cα atoms of domains of interest in the
tested and the reference structures were then used to calculate their $RMSD_{100}$ values. The graphs of
Figure 4 compare $RMSD_{100}$ estimated relative to the closed RyR1 structure 7k0t (horizontal axis) and the
inactivated RyR1 structure 7tdg (vertical axis). The S45 linker, known to participate in RyR gating, could
not be analyzed in this way since its length of 13 residues is insufficient for correct $RMSD_{100}$
determination (Carugo and Pongor, 2001). The $RMSD_{100}$ of domains in the same state and isoform were
nearly always spread within a circle with a radius of 1 Å for all RyR structures. Thus, we considered the
structure of a RyR region to differ between channel states if their mean $RMSD_{100}$ values differed by more
than 2 Å (Carugo and Pongor, 2001).

391 Comparison of domain positions in RyR1 and RyR2 structures

The $RMSD_{100}$ values of the Central domain in all RyR structures were similar and independent of the RyR
state or isoform (Figure 4 A), as required for the self-aligned reference domain.

The C-terminal domain and U-motif (Figure 4 B and C) of all RyR1-C and RyR2-C structures (black
symbols) showed similar $RMSD_{100}$ values close to those of the reference closed structure (7k0t). The
RyR1-I structure 7umz, obtained in the presence of high Mg^{2+} concentration, showed $RMSD_{100}$ values
halfway between those of closed and inactivated RyR1 structures.

Figure 4. The RMSD analysis of RyR structures. Horizontal axis - $RMSD_{100}$ of the RyR structures relative to the closed RyR1 structure 7k0t. Vertical axis - $RMSD_{100}$ of the RyR structures relative to the inactivated RyR1 structure 7tdg. The circles of 1 Å radius are centered on the mean RMSDs of the corresponding group of RyR isoforms and states and appraise the significance of differences between groups (when the corresponding circles do not intersect the difference is significant). The solid circle data points and the solid circle lines indicate RyR1 data; The solid triangle data points and the dashed circle lines indicate RyR2 data. Colors indicate RyR states (see inset). C-like and I-like grey bands indicate the similarity of $RMSD_{100}$ values to either the closed or inactivated reference states.

In almost all other RyR1 and RyR2 structures, RMSDs of these domains were similar and close to that of
the reference inactivated structure (7tdg). This confirms the displacement of the CTD and U-motif
relative to the Central domain in primed, open, and inactivated RyR1 structures, observed previously by
Nayak and Samso (Nayak and Samso, 2022) for the open 7tdh, primed 7tdj, and inactivated 5taq RyR1
structures. Moreover, it reveals qualitatively and quantitatively similar rearrangements from the closed
to the primed or open states in both the RyR1 and RyR2 isoforms, indicating their similar responsiveness
to the activation and inactivation conditions in both RyR isoforms.

The EF-hand domains of RyR1 and RyR2 structures displayed markedly dissimilar RMSDs. In RyR1, the
open, primed, and inactivated structures (colored circles) were notably different from the closed but
very close to the inactivated reference (RyR1) structure. The structure 7umz, obtained at a high Mg^{2+}

concentration, showed $RMSD_{100}$ values significantly different from both the closed and inactivated

reference RyR1 structures. In RyR2, the EF-hand region of all structures (triangles) also displayed notably

different $RMSD_{100}$ values relative to either of the reference (RyR1) structures (Figure 4 D). These data

reinforce the evidence of the structural differences between the EF-hands of RyR1 and RyR2 isoforms

indicated by the distance analysis above.

The RMSD values of the S23 loop in all RyR structures were low, almost the same, and similar to those of

both the closed and inactivated reference structures. This points to the very high structural stability of

the S23 loop within the RyR monomer relative to the Central domain.

Comparison of domain positions in different RyR states

In all domains except the EF-hand, the RMSDs of the closed RyR1 and RyR2 structures were very similar

irrespective of the isoform. The RMSDs of the primed, open, and inactivated RyR1 structures and the

open and primed RyR2 structures were also very similar but markedly different from those of the closed

RyR1 and RyR2 structures. However, while there is a pronounced difference between the mean $RMSD_{100}$

of the EF-hand in closed RyR1 structures on the one hand and the open, primed, and inactivated RyR1

structures, the differences between the closed, open, and primed RyR2 structures are not significant.

This pronounced distinction in the EF-hand position between RyR1 and RyR2 indicates that the

inactivation signal in RyR2 may have a lower chance of passing to the neighbor monomer. These findings

also indicate that in RyR1 channels, the structural prerequisites for the inactivation signaling are present

also in primed and open channels and that the binding of divalent ions to the inhibition site at the EF-

hand region may constitute the inactivation signal.

Whereas the relative positions of all five examined domains were similar in the primed, open, and

inactivated states (Figure 4), these states differed by their flexion angle (see Methods). Despite the large

dispersion, the medians of flexion angles showed a tendency to decrease in both RyR1 or RyR2

structures in the order: closed state ≥ primed state ≥ high Mg^{2+} state ≥ open state ≥ inactivated state, in

RyR1; closed state ≥ primed state ≥ open state, in RyR2 (see Supplementary Table S1 for details).

Interaction of EF-hand region with S23 loop.

To better understand the above-disclosed difference in the displacement of the EF-hand region and S23

loop between RyR1 and RyR2 structures (Figure 4 D and E), we aligned the RyR1-O and RyR2-O model

structures on their more static S23* loop (Figure 5). We compared here only the open states, since

according to the distance analysis (Figure 2) the distances in the closed states are too large, the

inactivated RyR2 structure is not available, and the distances D1 and D2 are similar in RyR1-O and RyR1-

I. A close look at the structure of the EF-hand region (Figure 5 A) reveals substantially different

conformations of the two isoforms in the segment starting just before EF1 and ending just after EF2

(residues 4052-4140 in rRyR1). In RyR2, both EF1 and EF2 are diverted downward relative to their

counterparts in RyR1. As a consequence, the D4030 of RyR2 (the equivalent of E4075 in RyR1) withdraws

from its interaction with S23* (Figure 5 B, C). This confirms the results of the distance analysis, namely

that RyR1 structures can make hydrogen bonds between E4075 and R4736* and between K4101 and

D4730*, while the corresponding RyR2 structures can make a hydrogen bond only between K4056 and

E4659* but not between D4030 and R4665* (hRyR2 numbering). The difference stems most probably
from the low sequence identity (52%) for the EF-hand region (rRyR1 4071-4137 and hRyR2 4026-4092).
This is much less than the sequence identity of the adjacent U-motif (81%) and the Central domain
(82%), at which RyR1 and RyR2 are aligned much better (Figure 5 A).

Figure 5. Structural interactions between the EF-hand and S23 in the open RyR1 and RyR2 structures. **A** – Overlay of the EF-hand region in the RyR1-O (7m6l, cyan) and RyR2-O (7ua9, magenta) structures aligned at their S23 loops (out of the image plane). Note the differences in the EF1 and EF2 positions and almost the same positions of the Central domain and U-motif segments. The RyR1 residue sequence numbers are given for orientation. **B** – Residue interactions between the EF-hand region (left) and S23* loop (right) in the RyR1-O (cyan) and RyR2-O (magenta) structures. The structures in B are rotated by 30° counterclockwise about their x, y, and z axes relative to their orientation in A. Dotted red lines -– structurally possible H-bonds between the interacting residues.

4 Allosteric pathways from the ion-binding sites to the gate.

Transmission of a signal from the regulatory site to the active site should proceed by propagation of a
perturbation through a sequence of contacts between nearby residues. This principle is used in the OHM
server for the detection of allosteric pathways (Wang et al., 2020). Previously, analysis of such pathways
in RyR1 structures revealed how the cytosolic calcium, ATP, and caffeine activate RyR1 (Chirasani et al.,
2022). Here we have used the OHM server to explore the regulatory network of both ion-dependent
allosteric pathways. We will use the term "activation pathway" for the pathway commencing at the
high-affinity Ca^{2+}-binding site, and "inhibition pathway" for the pathway commencing at the low-affinity,

low-selectivity M^{2+}-binding site associated with the inhibition site. Both will be considered in the model
of RyR operation.

Since the allosteric analysis requires a complete and correct structural model, only RyR structures with
the best resolution and the fewest missing residues were processed (see Methods). According to these
criteria we selected five RyR1 model structures: one closed (7k0t), one primed (7tzc), two open (7m6l
and 7tdh), and one inactivated (7tdg); and four RyR2 model structures: two closed (7vmm and 7ua5)
and two open (7vmp and 7ua9). The structures 7tdg and 7tdh represent two RyR1 state configurations
in the same sample; similarly, the structures 7ua5 and 7ua9 represent two RyR2 state configurations in
the same sample (see Supplementary_Data.zip for the sequences and structures of the models).

In the selected structures, we identified residues with high allosteric coupling intensities (ACI) for both
the inhibition and activation network and compared them with residues important for ligand binding
and gating of RyR (Table 2). These residues were then identified in individual paths and the paths
containing identical high-ACI residues were grouped. To increase the visibility of the main pathways,
residues with ACI less than 5% of the maximum ACI for the given structure were not considered. For
each RyR structure, this process precipitated in major pathways that shared residues of the regulatory
ligand-binding sites, inter-monomeric interaction sites, and the regulatory site of the S45 linker (Table
2).

Table 2. **The list of important residues examined for contribution to allosteric networks.**

Ligand binding sites	Residue numbers (rabbit RyR1 numbering)[#]
ATP binding site	**4211, 4214, 4215,** 4218, **4954, 4955,** 4957, **4958, 4959,** 4960, 4975, **4979,** 4983, **4984, 4985**
Caffeine binding site	**3753, 4239,** 4242, 4671, **4715, 4996,** 5011, **5014,** 5015
Interaction sites	
EF-hand region	4075, 4079, 4100, 4101
S23* loop	4730*, 4731*, 4736*
Regulatory site	
S45 linker	4821-4834

[#] Residue numbers in bold were originally defined as the ATP and CFF binding site-forming
residues by (des Georges et al., 2016).
The ATP and CFF binding sites were defined as a group of residues that formed contact
with a ligand in at least one of the RyR structures listed in Supplementary Table S1, given
that the position of a ligand in the structure is not well-defined (des Georges et al., 2016)
and that not all examined model structures contained a ligand at the binding site. The
interacting residues of the EF-hand– S23* regions were those identified by the PDBePISA
to form a salt bridge or an H-bond between neighboring monomers in at least one RyR
structure (Supplementary Table S1).

The inhibition network

In the inhibition network analysis, we defined the ion-binding loops of the EF1 and EF2 as the allosteric
inhibition site (INH), and the hinge and gate of S6 and S6* as the active site (GATE). In the network

output list of the OHM server (see Supplementary_Data.zip), large ACI values were observed at the ATP-
binding residues of the U-motif and the C-terminal domain, in addition to residues next to the EF-hand
loops and the GATE (Figure 6). In several model structures, ACIs larger than the threshold value also
occurred at several residues of the S45, S45*, and S23*segments.

Two major pathways denoted as the intra-monomeric and the inter-monomeric pathway were
identified in the structural models of both RyR isoforms. Both pathways displayed several branches that
partially fluctuated among model structures. Notably, most branches comprised residues either of the
ATP binding site, known to support the calcium-dependent activation (des Georges et al., 2016;
Chirasani et al., 2022), or of the S45 linker, known to participate in the regulation of channel gating
(Murayama et al., 2011; Gomez et al., 2016).

Figure 6. The allosteric coupling intensities of inhibition pathways. The ACIs were calculated for all detected
inactivation paths and mapped on the RyR sequences. The graph displays only ACI > 0.05. The color-coded
marks under the sequence axis indicate the positions of important residues from Table 2 and Table 8, see the
legend at the bottom, where: ACT – Ca^{2+}-binding activation site, INH – M^{2+}-binding inhibition site, ATP – ATP-
binding site, CFF – caffeine/xanthine binding site, S23 – S23 loop, S45 – S45 linker, and GATE – channel gating
residues.

The intra-monomeric inhibition pathway was identified in all 9 investigated model structures and
represented 48 – 100 % of the first 100 inactivation paths generated by OHM for individual model
structures (see Supplementary_Data.zip). In both RyR isoforms, this pathway was formed by six major
branches (I1 – I6, Table 3; Supplementary Table S2) all passing through the U-motif and the ATP-binding

site residues. Each RyR model structure contained at least one but up to three intra-monomeric
branches. Individual branches, which occurred in various proportions in different model structures,
differed in specific residues of the ATP-binding site. Branches I4 – I6 also contained residues of the S45
linker, more often in RyR1 than RyR2 isoforms, and more often in the closed pore structures (C, P, I)
than in the open structures. Individual structures contained 1 – 3 intra-monomeric branches. Three RyR1
and two RyR2 structures contained only 1 intra-monomeric branch.

Table 3. Fractional occurrence of branches in the inhibition network pathways.

Main branches connecting the INH and GATE sites		Fraction of paths (%)								
		RyR1					RyR2			
		C	P	O	O†	I†	C	C†	O†	O
		7k0t	7tzc	7m6l	7tdh	7tdg	7vmm	7ua5	7ua9	7vmp
Name		Intra-monomeric pathways								
I1	-EF - U - ATP - S6-		42	72	60		100	63		100
I2	-EF - U - ATP - S6-								18	
I3	-EF - U - ATP - S6-								74	
I4	-EF - U - ATP - S45 - S6-		53			48		24		
I5	-EF - U - ATP - S45 - S6-					27				
I6	-EF - U - ATP - S45 - S6-	100				4				
	Subtotal	100	95	72	91	48	100	88#	92	100
		Inter-monomeric pathways								
I7	-EF - S23* - U* - S6*-			14	9					
I8	-EF - S23* - U* - S6*-			14						
I9	-EF - S23* - U* - S6*-		5							
I10	-EF - S23* - U* - S45* - S6*-								8	
I11	-EF- S23*- S45*-S6*-					40				
I12	-EF- S23*- S45*-S6*-					12				
	Subtotal	0	5	28	9	52	0	0	8	0
	TOTAL	100	100	100	100	100	100	88#	100	100

INH and GATE are defined in Table 8. The abbreviations EF, U, ATP, S23, S45, and S6 refer to the EF-hand
region, U-motif, ATP-binding site, S23 loop, S45 linker, and S6 helix, respectively. These domains contribute
by one or more residues to the path (see Supplementary Table S2 for the list of critical residues of individual
branches).
† marks a pair of RyR1 and RyR2 structures obtained in the same experiment. # The remaining 12% of the
allosteric signal passed through the poorly resolved DR1 region.

The inter-monomeric pathway connecting the EF1/2 loops with the S23* loop was detected by OHM in 5
– 52 % of the first 100 inhibition paths for individual model structures (Table 3, Supplementary Table
S2). This pathway diverged to 6 branches (I7 – I12), which all involved one of the S23* residues R4736*,
D4730*, and I4731* or its hRyR2 equivalent F4660*, identical to those forming a salt bridge or H-bond
with the EF-hand region as identified by the PDBePISA data (see above). Notably, this pathway was
present in all RyR1 structures except for the RyR1-C but only in one RyR2 structure (Table 3). Individual
RyR structures contained 1 – 2 inter-monomeric branches. In the primed and open RyR1 structures, this
pathway participated by only 5 – 28 %, but it was dominant by 52% in the inactivated RyR1 structure

7tdg. In the RyR2 open structure 7ua9 it participated by 8% (branch I10). Notably, four out of 6 inter-
monomeric branches used the U*-motif: three in RyR1 and one in RyR2 structures. Two branches of the
inactivated RyR1 structure 7tdg connected the S23* with the S45* linker directly and not through the
U*-motif. The inter-monomeric pathway reached the gate *via* the S6* segment.

The activation network

In the activation network, we defined the Ca^{2+} binding residues of the CD and CTD as the allosteric
activation site (ACT), and the hinge and gate residues of the S6 and S6* as the active site (GATE). The
active site was the same as defined for the inhibition pathway analysis since no other gates are present
in the RyR pore. The large ACI values were observed at the ATP-binding site and the C-terminal domain
residues near the CFF binding site, in addition to residues contacting ACT and the GATE (Figure 7). In
several model structures, ACIs larger than the threshold value also occurred at several residues of the
S45 linker.

Figure 7. The allosteric coupling intensities of activation pathways. The ACIs were calculated for all detected activation paths and mapped on the RyR sequences. The graph displays only ACI > 0.05. The color-coded marks under the sequence axis indicate the positions of important residues from Table 2 and Table 8, see the legend at the bottom: ACT – Ca^{2+}-binding activation site, INH – M^{2+}-binding inhibition site. ATP – ATP-binding site, CFF – caffeine/xanthine binding site, S23 – S23 loop, S45 – S45 linker, GATE – channel gating residues.

535 The activation network consisted of a single intra-monomeric pathway with nine branches running close
536 to each other (Table 4; Supplementary Table S3). All branches comprised the CTD, the U-motif, and the

Table 4. Fractional occurrence of branches in the activation network pathway

Main branches connecting the ACT and GATE sites		Fraction of paths (%)								
		RyR1					RyR2			
		C	P	O	O†	I†	C	C†	O†	O
		7k0t	7tzc	7m6l	7tdh	7tdg	7vmm	7ua5	7ua9	7vmp
Name		ATP-site branches								
A1	-CTD – U - ATP - S6-			100		20	100	80		18
A2	-CTD – U - ATP - S6-	60	38						7	21
A3	-CTD – U - ATP - S6-	40								
A4	-CTD – U - ATP - S6-				69					
A5	-CTD - CFF - U - ATP site - S6-									25
A6	-CTD – U - ATP - S45 - S6-					77		20		
	Subtotal	60	38	100	69	97	100	100	7	64
		S45 branches								
A7	-CTD - U - S45 - S6-				14					
A8	-CTD - U - S45 - S6-								93	
	Subtotal	0	0	0	14	0	0	0	93	0
		CFF-site branch								
A9	-CTD - CFF– U - S6-		61		17					36
	Subtotal		61		17					36
	TOTAL	100	99	100	100	97	100	100	100	100

ACT and GATE are defined in Table 8. The abbreviations CTD, U, ATP, CFF, S45, and S6 refer to the Central domain, U-motif, ATP-binding site, CFF-binding site, S45 linker, and S6 helix, respectively, which contribute by one or more residues to the path (see Supplementary Table S3 for the list of critical residues of individual branches).

† marks a pair of RyR1 and RyR2 structures obtained in the same experiment.

S6 helix. Six branches involved one or more residues of the ATP-binding site, two branches involved
residues of the caffeine/xanthine binding site known to support the calcium-dependent activation (des
Georges et al., 2016; Chirasani et al., 2022), and three branches involved residues of the S45 linker
known to participate in the regulation of channel gating (Murayama et al., 2011; Gomez et al., 2016).
Individual model structures contained 1 – 4 branches in various proportions. One RyR1 and one RyR2
structure contained just a single activation branch.

Interaction between the calcium activation and calcium inhibition networks.

The model RyR structures and their interacting pathways are correlated in Table 5 (the complete list of
the critical residues is given in Supplementary Table S4). Each of the six intra-monomeric inhibition
branches interacts with at least one activation branch. The largest number of interactions occurs in
branch I1, which interacts with 4 activation branches in 2 RyR1-O, 1 RyR1-P, 2 RyR2-C, and 1 RyR2-O
structures. The smallest number of interactions occurs in branches I2 and I3, which interact only with A2
and only in the RyR2-O structure 7ua9, which does not present other interactions. On the other hand,
the activation branch A2 interacts with 3 inhibition branches in 1 RyR1-C, 1 RyR1-P, and 2 RyR2-O

structures. Branches I7 – I9 and branch A9 presented no interactions in the allosteric network. A
systematic interaction pattern for branches and structures was best revealed when the branches of the
networks were connected graphically (Figure 8).

Table 5. Interactions between pathways of the activation and inhibition network.

	A1	A2	A3	A4	A5	A6	A7	A8	A9
I1	RyR1-O 7m6l$^\$$ RyR2-C 7vmm$^\$$ RyR2-C 7ua5$^\$$ RyR2-O 7vmp$^\$$	RyR1-P 7tzc RyR2-O 7vmp		RyR1-O 7tdh	RyR2-O 7vmp				
I2		RyR2-O 7ua9							
I3		RyR2-O 7ua9							
I4	RyR1-I 7tdg	RyR1-P 7tzc				RyR1-I 7tdg$^\$$ RyR2-C 7ua5$^\$$			
I5				RyR1-O 7tdh					
I6		RyR1-C 7k0t	RyR1-C 7k0t	RyR1-O 7tdh			RyR1-O 7tdh$^\$$		
I7									
I8									
I9									
I10						RyR1-I 7tdg$^\#$			
I11						RyR1-I 7tdg$^\#$			
I12								RyR2-O 7ua9$^{\$\#}$	

555 $^\$$ marks structures where the same residue of the ATP-binding site or the S45 linker, participates in both the
556 inhibition and activation network.
557 $^\#$ marks the interaction of the inter-monomeric inhibition pathway with the activation pathway of the
558 anticlockwise-neighboring monomer.
559

A search for important residues in the allosteric network revealed several residues shared by both
networks. Each analyzed RyR structure involved U-motif residues I4218 and F4219 in either the
inhibition allosteric network (7tdh, 7tzc, 7ua9), or the activation allosteric network (7tdg and 7k0t), or
both (7m6l, 7vmm, 7ua5, 7vmp). In all RyR structures except RyR1-C 7k0t and RyR2-O 7ua9, at least one
branch of the allosteric network contained the U-motif residues K4214 and W4205. In all RyR structures
except RyR1-C 7k0t and RyR2-O 7ua9, the activation and inhibition branches converged either before or
at these U-motif residues, or in the case of 7tdh at the CTD residue Q4947 that follows the U-motif
residue F4219 in the pathway. Thus the U-motif residues I4218, F4219, K4214, and W4205 emerge as
essential for the allosteric interaction between the activation and inhibition pathways. The residues
I4218 and K4214 also participate in the ATP binding site.

In all model structures, the majority of activation and inhibition pathways encompassed at least one
ATP-binding residue, therefore these pathways may be speculated to affect the affinity of the ATP
binding site and regulation of RyR activity by ATP.

It should be underlined that the intra-monomeric pathway of the inhibition network interacts with the
activation network in all 9 investigated model structures. The U-motif appears central to mixing signals,
incoming from the activation and inhibition sites and passing them through the ATP-binding site, and/or

S45, or directly to the S6 segment. The S6 segment appears central to the signal integration to control
the pore open/closed state in all pathways.

Figure 8. Divalent ion-related allosteric networks of the ryanodine receptor. The scheme integrates the intra-monomeric (white background) and the inter-monomeric pathways (gray background). Note that both pathway types are present in each monomer. Red – the activation network. Green – the inhibition network. Blue – the shared activation and inhibition sub-paths. The branches are labeled in correspondence to Tabs 3 - 5. ACT – the activation site; INH – the inhibition site; CTD – the C-terminal domain; CFF – the caffeine binding site; S23 – the S23 loop; U, U* - the U-motifs; ATP – the ATP binding site; S45, S45* - the S45 linkers; S6/S6* - the S6 helices; GATE - the gating site.

5 Gating model of the RyR1 and RyR2 regulation by divalent ions

The assumed *modus operandi* common to RyR channel isoforms across species should consider the
single-channel activity as the result of structural transitions. More specifically, under the given
experimental conditions the structural states and their allosteric interactions should have counterparts
in the functional states and their allosteric transitions. A theoretical model of the ion-dependent RyR
operation based on the results of structural analysis should approximate the single-channel data
collected at various concentrations of divalent ions. The experimental structural and functional data
indicate that:

(1) The gate structure of the S6 segment is the only structure that controls the permeation state of the
channel pore in both RyR1 and RyR2. This means that both the activation and the inactivation
processes act on the same gate. Consequently, the activation and the inactivation are inter-
dependent processes.
(2) The ion-binding activation site is a self-contained structure composed of equivalent CD and CTD
residues in both RyR1 and RyR2. It has a much higher affinity to Ca^{2+} than Mg^{2+} ions, and its allosteric
coupling to the channel pore stabilizes the gate in the open state more effectively when occupied by
Ca^{2+} than any other ion.
(3) The ion-binding inhibition site is formed by the EF1 and EF2 ion-binding loops in both RyR isoforms.
It has a similar low affinity to Ca^{2+} and Mg^{2+} ions, and its allosteric coupling to the channel pore

stabilizes the gate in the closed position when occupied by either divalent ion. The binding-to-
inactivation allosteric coupling efficiency is higher in RyR1 than in RyR2.

(4) RyR isoforms adopt mutually congruent structural and functional macrostates. The bound/unbound
state of the ligand binding sites defines the state and the structure of the RyR molecule. The
equilibrium between macrostates depends on the concentrations and binding constants of
ligands/divalent ions.

(5) The closed, primed, and inactivated RyR structures have the gate of all 4 monomers in the closed
position. The open RyR structure has the gate of all 4 monomers in the open position.

(6) The primed state is defined by activators bound to their respective ATP-binding and/or caffeine-
binding sites.

(7) The ion-dependent allosteric network of RyR consists of the intra- and inter-monomeric pathways.
The intra-monomeric activation and inhibition pathways merge at the U-motif near the ATP and CFF
binding pockets. The inter-monomeric pathway is a specialized ion-dependent inhibitory path more
prominent in RyR1.

(8) The structure of the inactivated RyR2 has not been determined yet; however, it is plausible to
suppose that it exists at high concentrations of divalent ions and differs from the inactivated RyR1
structure by the extent of EF-hand – S23* coupling.

Construction of the model of RyR operation

The analysis of homotetrameric RyR structures revealed that all four RyR monomers in concord adopt
one of four principal structural macrostates – the closed, the primed, the open, and the inactivated. The
structure of macrostates depends on the concentrations of divalent ions, ATP, and caffeine. Closed and
primed macrostates could be combined into a single closed macrostate of the model since both are
closed and cannot be functionally distinguished at a constant ATP concentration. Therefore, we
constructed the model of RyR operation, termed the COI model, in which we assigned a functional
macrostate corresponding to each of the closed, open, and inactivated structural macrostates (Figure
11A). The three macrostates were interconnected so that each could be directly transformed into
another since each state was observed at a range of calcium concentrations. As in our previous RyR
gating models (Zahradnik et al., 2005; Zahradnikova et al., 2010; Iaparov et al., 2022), transitions
between channel states were considered spontaneous, with the unliganded RyR preferring strongly the
closed state. A transition between macrostates transpires as a cooperative conformational change of all
four monomers that occurs even without ligand binding, albeit with low probability. The binding of
ligands changes the relative energies of macrostates, thus also the likelihood of finding the channel in a
particular macrostate.

In the equilibrium, the probability of occurrence of a macrostate is given by the respective equilibrium
constants and allosteric factors. Allosteric factors multiply equilibrium constants to reflect the changes
in the energy of a macrostate relative to the closed macrostate, caused by the binding of an ion. If the
affinity of an ion to the new macrostate does not change, the allosteric factor is 1, if the affinity
increases the factor is <1; and if the affinity decreases the factor is >1. Transitions between states were
characterized in the COI model by allosteric factors of two types – allosteric coefficients and interaction
factors. The allosteric coefficients define the binding affinity of a single ligand to the O and I macrostates
relative to the ligand's affinity in the closed macrostate. The allosteric coefficients of Ca^{2+} and Mg^{2+}

binding at the activation site are defined as f_{Ca} and f_{Mg} in the open macrostate, and h_{Ca} and h_{Mg} in the

inactivated macrostate. The inhibition site does not discriminate between Ca^{2+} and Mg^{2+}, therefore the

allosteric coefficient is defined as f_M in the open macrostate and h_M in the inhibited macrostate. The

interaction factors reflect the changes of ion affinity induced by the simultaneous occupation of both

the activation and inhibition sites and are defined as g_{CaM} and g_{MgM} in the closed macrostate, f_{CaM} and

f_{MgM} in the open macrostate, and h_{CaM} and h_{MgM} in the inactivated macrostate.

Derivation of the model open probability equation

In the COI model, the equilibrium probability of the open state, P_O, can be described by Eq. 2, using the

approach of statistical mechanics (Marzen et al., 2013):

$$P_O = \frac{\frac{1}{K_{O0}} w_O^4}{\frac{1}{K_{O0}} w_O^4 + w_C^4 + \frac{1}{K_{I0}} w_I^4},$$ (Eq. 2)

where w_O, w_C, and w_I are the statistical weights of the open, closed, and inactivated macrostates,

respectively; the exponent 4 reflects the cooperative action of 4 monomers, and K_{O0} and K_{I0} are the

equilibrium constants of the open and the inhibited ligand-free macrostate, respectively.

Changes in RyR states induced by the binding of ions are expressed through the dependences of w_O, w_C,

and w_I on the ion-binding equilibria. The weight factors of the resulting COI model, calculated according

to Marzen et al. (2013) and Horrigan and Aldrich (Horrigan and Aldrich, 2002), are then given by:

$$w_C = 1 + \frac{[Ca]}{K_{Ca}} + \frac{[Mg]}{K_{Mg}} + \frac{[Ca+Mg]}{K_M} + \frac{[Ca][Ca+Mg]}{g_{CaM}K_{Ca}K_M} + \frac{[Mg][Ca+Mg]}{g_{CaM}K_{Mg}K_M},$$

$$w_O = 1 + \frac{[Ca]}{f_{Ca}K_{Ca}} + \frac{[Mg]}{f_{Mg}K_{Mg}} + \frac{[Ca+Mg]}{f_M K_M} + \frac{[Ca][Ca+Mg]}{f_{CaM}f_{Ca}K_{Ca}K_M} + \frac{[Mg][Ca+Mg]}{f_{MgM}f_{Mg}K_{Mg}K_M},$$

$$w_I = 1 + \frac{[Ca]}{h_{Ca}K_{Ca}} + \frac{[Mg]}{h_{Mg}K_{Mg}} + \frac{[Ca+Mg]}{h_M K_M} + \frac{[Ca][Ca+Mg]}{h_{CaM}h_M K_{Ca}K_M} + \frac{[Mg][Ca+Mg]}{h_{MgM}h_M K_{Mg}K_M}.$$ (Eqs. 3)

The terms at the right side of the equations characterize individual ion-binding transitions of a

monomer. The meaning of individual parameters was defined previously and is specified in Figure 9.

The paucity of single-channel data and the simple shapes of Ca^{2+}- and Mg^{2+}-dependences of open

probabilities do not allow determination of all parameters of Eqs. 3. To simplify the solution of Eqs. 3,

while still reflecting the observed allosteric pathways, we have used the following assumptions: The

allosteric effect of Ca^{2+} and Mg^{2+} bound at the activation site occurs only in the open macrostate, i.e.,

the h_{Ca} and h_{Mg} values equal 1. The allosteric effect of M^{2+} at the inhibition site occurs only in the

inactivated macrostate, i.e., $f_M = 1$. The interaction between the activation and the inhibition site occurs

only in the inactivated macrostate, i.e., the interaction factors f_{CaM}, g_{CaM}, f_{MgM}, and g_{MgM} equal 1. Now,

Eqs. 3 can be simplified to Eqs. 4:

$$w_C = 1 + \frac{[Ca]}{K_{Ca}} + \frac{[Mg]}{K_{Mg}} + \frac{[Ca+Mg]}{K_M} + \frac{[Ca][Ca+Mg]}{K_{Ca}K_M} + \frac{[Mg][Ca+Mg]}{K_{Mg}K_M},$$

$$w_O = 1 + \frac{[Ca]}{f_{Ca}K_{Ca}} + \frac{[Mg]}{f_{Mg}K_{Mg}} + \frac{[Ca+Mg]}{K_M} + \frac{[Ca][Ca+Mg]}{f_{Ca}K_{Ca}K_M} + \frac{[Mg][Ca+Mg]}{f_{Mg}K_{Mg}K_M},$$

$$w_I = 1 + \frac{[Ca]}{K_{Ca}} + \frac{[Mg]}{K_{Mg}} + \frac{[Ca+Mg]}{h_M K_M} + \frac{[Ca][Ca+Mg]}{h_{CaM}h_M K_{Ca}K_M} + \frac{[Mg][Ca+Mg]}{h_{MgM}h_M K_{Mg}K_M}.$$ (Eqs. 4)

669 Relationship between the COI model and RyR allosteric pathways

The operational scheme in Figure 9 describes transitions between (A) and within (B, C, D) individual
macrostates respecting the identified allosteric pathways (A1-A9; I1-I12; Figure 10) as described by Eqs.
4. The activation allosteric coefficients f_{Ca} and f_{Mg} specify the effect of divalent ion binding to the Ca^{2+}-
activation site on the coupling efficiency of the activation pathway (A1-A9). The interaction factor h_{CaM}
quantifies the interaction between the activation site and the inhibition site resulting from the existence
of common sub-paths in the intra-monomeric network (A1-A6; I1-I6). Since both the activation pathway
and the intra-monomeric inhibition pathway lead through the binding site for ATP, the values of f_{Ca}, f_{Mg},
h_{CaM}, and h_{MgM} should depend on the binding of ATP; however, since only the absence of ATP or a single
concentration of ATP was considered here, its effect was convolved into the respective allosteric factors,
which were allowed to depend on the presence of ATP. To reduce the number of parameters (see
above), the interaction between the activation and inhibition binding sites in the COI model was
constrained only to the inhibited macrostate, as depicted in Figure 9 D.

The inactivation allosteric coefficient h_M specifies the impact of divalent ion binding to the RyR inhibition
site on the gating site, transmitted through the S23* loop of the neighbor monomer. Since the inter-
monomeric inhibition pathway does not involve any ATP-binding residues, the value of h_M is
independent of the presence of ATP at either monomer.

686 6 Description of RyR operation by the COI model

The experimental data on the dependence of RyR1/ RyR2 open probability on concentrations of Ca^{2+} and
Mg^{2+} were taken from those published single-channel experiments (Fill et al., 1991; Chu et al., 1993;
Zahradnikova et al., 2003; Tencerova et al., 2012; Li et al., 2013) that conformed with conditions used
for collecting RyR molecules for cryo-electron microscopy determination of their structure. These
include isolated cardiac microsomal vesicles incorporated into lipid bilayers either under near-
physiological conditions with a total ATP concentration of 2 - 3 mM, free Mg^{2+} in the range of 0 - 1.3
mM, and free Ca^{2+} in the range of 0.1 – 100 μM at the cytosolic side and 0.1 - 1 mM at the luminal side
(rat or canine cardiac microsomes (Zahradnikova et al., 2003; Tencerova et al., 2012; Li et al., 2013)) or
under simpler conditions in the absence of Mg^{2+} and ATP, at free cytosolic Ca^{2+} in the range of 0.1 –
4000 μM and approximately 10 μM luminal Ca^{2+} (canine cardiac microsomes and rabbit or human
skeletal muscle microsomes (Fill et al., 1991; Chu et al., 1993)).

The published data on Ca^{2+} and Mg^{2+} dependence of the open probability of RyR1 and RyR2 are quite
limited by the range, completeness, and compatibility of experimental conditions. To collect enough
experimental data on RyR open probability for approximation by the model, we combined published
data into three groups (Table 6, and Figure 10 A, B, C). We supposed that the differences in recording
conditions surpass possible interspecies differences in the single-channel RyR activity. We combined

data obtained in rat (Tencerova et al., 2012; Li et al., 2013) and canine (Zahradnikova et al., 2003) RyR2

channels in the presence of ATP, luminal Ca^{2+}, and at various cytosolic Ca^{2+} and Mg^{2+} levels, to estimate

the parameters of RyR2 transitions at near-physiological conditions (Table 6, "RyR2 + ATP"). The data

from canine RyR2 (Chu et al., 1993) in the absence of Mg^{2+} and ATP and at a low level of luminal Ca^{2+}

formed the group "RyR2 – ATP" (Table 6). We combined human (Fill et al., 1991) and rabbit (Chu et al.,

1993) RyR1 in the absence of Mg^{2+} and ATP and at a low level of luminal Ca^{2+} (Table 6, "RyR1 – ATP").

The groups "RyR1 – ATP" and "RyR2 – ATP" allowed us to characterize the difference between RyR1 and

RyR2 channels. The groups "RyR2 + ATP" and "RyR2 – ATP" allowed us to characterize the effect of ATP

on RyR2.

Figure 9. The COI model of RyR channel operation. A: Transitions between the closed, open, and inactivated macrostates of ligand-free RyR with the respective equilibrium constants. Equilibrium constants of transitions between the respective macrostates are indicated. **B:** The ligand-binding transitions of a monomer in the closed macrostate. **C:** The ligand-binding transitions of a monomer in the open macrostate. **D:** The ligand-binding transitions of a monomer in the inactivated macrostate. **B – D:** Gray shapes represent RyR monomers in the respective macrostates as depicted in A. Equilibrium constants of transitions between the respective states are indicated. Lines and arrows represent the allosteric interaction pathways. Dashed lines - no allosteric regulation. Blunt arrow (⊢) - negative allosteric interaction. The pointed arrows (←) - positive allosteric interaction. Round groove – the activation site. Pointed groove – the inhibition site. Blue square – the interaction site of the activation and the intra-monomeric inhibition pathways (ATP-binding site). Red circles – Ca^{2+}; pink circles – Mg^{2+}; green diamonds – M^{2+} (Ca^{2+} or Mg^{2+}). Brown shapes labeled G - the channel pore with the gate in the closed, open, or inactivated state. The grey triangle represents the S23 loop of a neighboring monomer. **D:** The allosteric coefficient h_M is smaller in RyR1 than in RyR2.

712   The whole combination of datasets, consisting of 54 mean values weighted by their SEMs (Figure 10),

713   was fitted using the same set of equations (Eqs. 4). The values of K_{O0}, f_{Mg}, and K_M, estimated in our

714   previous study based on a principally similar allosteric gating model of RyR2, see (Iaparov et al., 2022),

715   were shared for all three datasets. The stability constant of the unoccupied inactivated state (K_{I0}) was *a*

priori considered equal to that of the unoccupied open state (K_{O0}). The parameter h_{MgM} could not be optimized for any isoform, due to the interdependence between h_M and h_{MgM} in RyR2 and the absence of data in the presence of Mg^{2+} for RyR1. However, variation of h_{MgM} for RyR2 between 1 and 0.2 showed a negligible impact on χ^2 (5%) and coefficient of determination (0.3%), increased the optimal value of K_{Mg} by 9%, of h_{CaM} for RyR2 by 4%, and did not affect the remaining parameters. Therefore h_{MgM} was set to 1 for the final fit. Furthermore, the parameter h_M for RyR2 was set to 1 in correspondence to the small intensity of the inter-monomeric pathway in RyR2 (Table 3). This simplification was tested by varying h_M of RyR2 in the interval $0.25 \leq h_M \leq 1$ that showed negligible impact on χ^2 (4%) and coefficient of determination (0.2%), a proportional change in h_M of RyR1, a reciprocal change in h_{CaM} of both RyR1 and RyR2, and undetectable change in the remaining parameters. This interdependence means that the dataset does not allow the determination of the unequivocal values of h_M and h_{CaM} but only of their product $h_M.h_{CaM}$ (Table 6, bottom line). The model parameters h_{CaM} for the datasets "RyR2 – ATP" and "RyR1 – ATP", if optimized as independent parameters, were not significantly different but the parameters h_M and h_{CaM} were highly correlated and their standard errors of the fit were large; therefore, they were shared for the final optimization. In the end, eight parameters of the COI model were set free for fitting the experimental data, as summarized in Table 6. It should be noted that the minimization criterion was the minimal chi-square value for the whole dataset.

The solutions of the COI model for the dependences of the RyR1 and RyR2 open probabilities on concentrations of Ca^{2+} and Mg^{2+} ions (Figure 10, lines; Table 6, parameter values) indicate that the model complies satisfactorily with the data obtained at a wide range of conditions. These include four species, two RyR isoforms, and the presence or absence of cytosolic ATP, Mg^{2+}, and luminal Ca^{2+} ions.

Table 6. The best-fit parameters of the COI model.

Parameter	RyR2 + ATP	RyR2 - ATP	RyR1 - ATP	Reference/justification
K_{O0}	**10 800**			(Iaparov et al., 2022)
K_{Ca} (µM)	0.59 ± 0.15			
K_{Mg} (µM)	36.3 ± 4.3			
f_{Ca}	0.029 ± 0.005	0.10 ± 0.003	0.15 ± 0.01	
f_{Mg}	**3.25**			(Iaparov et al., 2022)
K_{I0}	**10 800**			Equal to K_{O0}
K_M (µM)	**546**			(Iaparov et al., 2022)
h_M	**1**		0.28 ± 0.10	
h_{CaM}	0.016 ± 0.003	0.11 ± 0.04		
COD	0.953			
$h_M.h_{CaM}$	*0.016 ± 0.003*	*0.11 ± 0.04*	*0.031 ± 0.11*	*assuming normal distribution*

Values in bold font were taken from (Iaparov et al., 2022) and fixed in all calculations. Values presented as the mean ± error represent the best-fit values and the standard error of the fit. COD – coefficient of determination. Parameters in the column "RyR2 + ATP" correspond to fits to the black and green data points in Figure 10 A and B. Parameters in columns "RyR2 - ATP" correspond to fits to the black data points in Figure 10 C. Parameters in columns and "RyR1 - ATP" correspond to fits to the blue and red data points in Figure 10 C.

As mentioned above, the allosteric inhibition factor h_M was fixed to 1 for fitting RyR2 data; this means that the inter-monomeric inhibition pathway was made independent of the occupation of the inhibition site by M^{2+}. Still, however, the intra-monomeric inhibition pathway is operational and RyR2 inactivation

is thus controlled by the interaction factor h_{CaM}, which affects the open probability when the activation
site is occupied by Ca^{2+} and the inhibition site is occupied by Ca^{2+} or Mg^{2+} (Figure 9 D). In other words,
the simultaneous occupation of both the activation and the inhibition site by divalent ions makes the
inhibited macrostate energetically more favorable also in RyR2. Therefore, due to the interaction of the
intra-monomeric inhibition pathway with the activation pathway, the reduction of P_O can occur even
without the recruitment of the inter-monomeric pathway; the strength of this interaction, h_{CaM},
determines the sensitivity to inhibition by divalent ions in both RyR isomers.

The analysis of inactivation parameters of RyR1 and RyR2 (Table 6) shows that in the absence of ATP, the
overall inactivation (proportional to $1/(h_M.h_{CaM})$) is 3.5× more effective in RyR1 than in RyR2 (0.11/0.031
= 3.5). In the presence of ATP and luminal Ca^{2+}, the inactivation of RyR2 is about 7× more effective than
in the absence of ATP (0.11/0.016) = 6.9). The relative efficacy of inactivation in RyR1 and RyR2 as well
as in the absence and presence of ATP were not affected by the h_M value set for RyR2. However, this
value strongly affected the predicted efficacy of the inter-monomeric inhibition pathway relative to the
intra-monomeric one. The relative importance of the inter-monomeric pathway increased with inverse
proportion to the square of the set value of h_M.

Figure 10. Description of RyR open probability data by the COI model of RyR operation. The data points
represent the mean and SEM of the single-channel open probability values read from the referenced
publications (see below). The curves represent the theoretical predictions of the COI model (Eqs. 4) with the
corresponding parameters for individual data groups in Table 6. **A** – Calcium dependence of the single-channel
P_O at cytosolic [Mg^{2+}] of 0, 600, and 940 µM (indicated next to the data) in the presence of 3 mM cytosolic ATP
and 1 mM luminal Ca^{2+}. Black points – canine RyR2 channels (Zahradnikova et al., 2003). Green points - rat RyR2
channels (Tencerova et al., 2012). Lines - theoretical predictions of the COI model with parameters for the
"RyR2 + ATP" group in Table 6. **B** – Magnesium dependence of the single-channel P_O at cytosolic [Ca^{2+}] of 0.1
and 0.41 µM (indicated next to the data) in the presence of 3 mM cytosolic ATP and 1 mM luminal Ca^{2+}. Green
points - rat RyR2 channels (Tencerova et al., 2012; Li et al., 2013). Lines - theoretical predictions of the COI
model with parameters for the "RyR2 + ATP" group in Table 6. **C** – Calcium dependence of the single-channel
open probability obtained in the absence of cytosolic ATP and Mg^{2+} and with 10 µM luminal Ca^{2+} (Fill et al.,
1991; Chu et al., 1993). Black points - canine RyR2 channels (Chu et al., 1993). Blue points - human RyR1
channels (Fill et al., 1991). Red points – rabbit RyR1 channels (Chu et al., 1993). Lines - theoretical predictions of
the COI model with parameters for the "RyR1 - ATP" or "RyR2 - ATP" groups in Table 6.
It should be noted that only f_{Ca} and h_M were allowed to vary with the isoform of RyR, while f_{Ca} and h_{CaM} were
allowed to vary with the presence of ATP, see their best-fit values in Table 6. All equilibrium constants (K_{O0}, K_{Ca},
K_{Mg}, K_{I0}, K_M) had common values for the whole dataset (Table 6).

In the COI model, the Ca^{2+} and Mg^{2+} dissociation constants of the activation site (K_{Ca}, K_{Mg}, Table 6) as
well as the M^{2+} dissociation constant of the inhibition site (K_M, Table 6) are the same for RyR1 and RyR2

independent of the species. Independent of the species is also the allosteric factor f_{Ca} controlling the
maximum open probability and the apparent sensitivity to activation by Ca^{2+}; however, it is significantly
different in RyR1 and RyR2 as well as in the absence and presence of ATP in the case of RyR2 (Table 6).
Moreover, the interaction factor h_{CaM} is independent of the species and the RyR isoform in the absence
of ATP, and it is the same for RyR2 in both species in the presence of ATP. In this sense, the COI model
unifies the published single-channel data on RyR activity, which appeared inconsistent among isoforms,
species, and experimental conditions.

Discussion

To elucidate the mechanism of RyR operation, we compared the structures and the activity profiles of
RyR1 and RyR2 channels at a range of cytosolic Ca^{2+} and Mg^{2+} concentrations. Examination of the EF-
hand region as a candidate divalent ion-binding inhibition site in RyR1 and RyR2 structures indicated
that in both isoforms the EF1 and EF2 have a similar predisposition to bind M^{2+}; thus the difference
between RyR isoforms in the propensity to inactivation by divalent ions should reside in the
transmissibility of the M^{2+} binding signal from the inhibition site to the channel gate. Structural analysis
of 26 RyR1 and 17 RyR2 structures revealed a single major difference in the configuration of RyR1 and
RyR2 domains that resided in the orientation of the EF-hand relative to the S23 loop of a neighbor
monomer (Figures 4 and 5). Other domains in the core RyR structures differed in their positions in the
closed state relative to that in the open, primed, or inactivated states; nevertheless, they were similar in
RyR1 and RyR2. These facts allow us to conclude that the EF1 and EF2 loops represent the inhibitory M^{2+}
binding site in both RyR isoforms since they bind divalent ions well, and the interaction between the EF-
hand region and the S23 loop is stronger in RyR1 than in RyR2. Thus, the difference in the inactivation of
RyR1 and RyR2 by M^{2+} appears to be explainable simply by the different electrostatic interactions of
their EF-hands with the S23* loops specific for RyR isoforms.

The situation turned even more interesting in the analysis of the allosteric network between the
divalent ion-binding inhibition site and the gate and between the Ca^{2+}-binding activation site and the
gate. This revealed two major pathways in the core structure of both RyR isoforms. The robust intra-
monomeric pathway that shares the inhibition and the activation branches and involves residues of the
U-motif near and including the ATP- and caffeine-binding sites was present in each of the closed, open,
primed, and inactivated structural states. The less robust inter-monomeric pathway, present in all open,
primed, and inactivated structural states of RyR1 and one open state of RyR2, uses the connection
between the EF-hand region and the S23 loop of neighbor monomers. Both pathways may spread the
inhibition signal to the common channel gate at the S6 helix either directly from the U-motif or via the
S45 linker (Figure 8).

The question of how this complex structure may fulfill the RyR function was approached by
mathematical modeling. We built an operational model based on structural data and applied it to the
set of published single-channel data on the RyR channel open probability, measured under similar near-
physiological conditions as the analyzed RyR structures. The operation model was built on the premise
of the identity of structural and functional macrostates. We postulated the COI model with the closed,
open, and inactivated, mutually connected macrostates, and with relative occupancy of the macrostates
controlled by ion-binding equilibria among them. The primed state was not resolved from the closed
macrostate. Each macrostate has the activation and inhibition divalent ion binding sites and reaction
paths obeying the major allosteric pathways. The probability of the COI model reaching the open
macrostate depends on the concentration of divalent ions, their respective binding constants, and four
allosteric coefficients that regulate the transitions between the channel states. The values of model
parameters were found by approximating the experimental dataset of 54 open probabilities from four
laboratories, determined at a broad range of Ca^{2+} and Mg^{2+} concentrations, in RyRs isolated from
skeletal and cardiac muscles of various mammals. We considered the interspecies differences negligible
for simplification. This allowed us to combine the data into three groups with the number of data points

allowing the approximating algorithms to converge to acceptable solutions. After the optimization of the
parameter set, the COI model simulation provided reasonable correspondence to experimental data
points.

The basic features of the COI model, common to RyR1 and RyR2, are the activation site with a high
affinity for Ca^{2+} and a low affinity for Mg^{2+} and the inhibition site with a low affinity for both Ca^{2+} and
Mg^{2+}. The difference is in the values of some allosteric parameters that were dependent on either the
RyR isoform or the presence/absence of ATP. The allosteric strength of Ca^{2+} binding to the activation site
for opening the gate was higher in RyR2 than in RyR1; the allosteric strength for closing the gate by M^{2+}
binding to the inhibition site was higher in RyR1 than in RyR2; but the interaction between the inhibition
and activation sites was identical in RyR1 and RyR2. The presence of ATP and luminal calcium transpires
as the increase in both the activation strength of Ca^{2+} and the interaction strength between the
inhibition and the activation site.

Comparison with previous studies

This is the first study that addresses structural relationships related to divalent ion control of RyRs using
a large set of structures. Previously, many authors made illuminating discoveries based primarily on a
limited set of structures (Bai et al., 2016; Chi et al., 2019; Iyer et al., 2020; Kobayashi et al., 2022) or
using one structure for each RyR state (Chirasani et al., 2022; Nayak and Samso, 2022). Our approach
based on the analysis of a collection of compatible structures allowed generalization of the partial
results on the RyR structure and revealed the interaction of allosteric pathways.

The importance of the U-motif residues I4218 and F4219, which we observed in the allosteric networks
of most RyR1 and RyR2 model structures is underlined by the finding that the corresponding RyR2
residues I4172 and F4173 were found important for the interaction of the U-motif with the C-terminal
domain and S6 helix, respectively (Kobayashi et al., 2022), and their alanine substitution led to the gain
of function for RyR2 (Murayama et al., 2011).

Greene et al. (2022) observed in molecular dynamics simulations that the S45 linker of all monomers has
to assume the "open" position for the channel to be open, suggesting their intimate involvement with
the transitions between macrostates. The residues T4825, I4826, S4828, and S4829, present in several
branches of the activation and inhibition networks, were shown to be involved in RyR1 gating
(Murayama et al., 2011), and the mutation T4825I was shown to weaken RyR1 inhibition by Ca^{2+} (Gomez
et al., 2016). The existence of the inter-monomeric inhibition pathway in the open RyR2 structure 7ua9
and the presence of the functionally important S45 residues corresponding to rRyR1 T4825, I4826,
S4828, and S4829 in its allosteric network suggests that the RyR2 channels might potentially be
inactivated also through the inter-monomeric pathway. This is in agreement with the satisfactory fit of
RyR2 data with h_M reduced to 0.25. Uehara et al. (2017) found that K4821 of S45 is a critical residue at
which cytosolic and luminal inputs converge. We have observed this residue both in the activation and
inhibition allosteric pathways of the inhibited RyR1 model structure 7tdg and the closed RyR2 structure
7ua5 and the inhibition pathways of three other RyR1 model structures (Supplementary Tables S2, S3).
The determination of the role of luminal Ca^{2+} in RyR gating deserves further study, considering the
crucial role of the highly dynamic Ca^{2+} content of SR cisternae (Kubalova et al., 2005; Ziman et al., 2010).

To date, allosteric pathways in ryanodine receptors have been examined only in one study (Chirasani et
al., 2022). These authors analyzed activation pathways in the closed 5t15, primed 5tap, and open 5tal
RyR1 structures (des Georges et al., 2016) and identified allosteric pathways common for the Ca-, ATP-,
and caffeine-binding sites. Our results can be compared to those of Chirasani et al. (2022) only partially
since we have not included the structures analyzed by Chirasani et al. (2022) in our analysis due to their
lower resolution than the later structures 7m6l and 7tzc (Melville et al., 2022a; Melville et al., 2022b). In
the RyR1-C structure 5t15 (des Georges et al., 2016), Chirasani et al. (2022) identified in the Ca-
activation network several residues that we identified in the RyR1-C structure 7k0t (Nayak and Samso,
2022): the CTD residue Y4994, the U-motif residue F4217, and the S6 segment residues Q4946 and
E4942. The ATP-binding residue I4218 present in the activation pathway of 7k0t occurred only in a less
important pathway of 5t15. The incomplete residue conformity in allosteric pathways may be caused by
the occupation of the ATP-binding site by ACP in the structure 7k0t, and the empty ATP-binding site in
5t15. In the case of the open RyR1 structures, Chirasani et al. (2022) observed in the Ca activation
pathway of 5tal (des Georges et al., 2016) the important ATP-binding residues K4214 and I4218, the CTD
residues K4998 and Y4994, and the S6 segment residues Q4946, E4942, and D4938 leading to the gate
as we observed in the structure 7m6l (Melville et al., 2022b). The subtle differences between our and
the Chirasani's et al. (2022) study might be either due to the differences in the experimental conditions
(concentrations of TCEP, ACP vs. ATP, ionic strength) and the limited resolution of the older structures
(des Georges et al., 2016).

Chirasani et al. (2023) reported a significant increase of IC50 for inhibition of ^{3}H-ryanodine binding by
Ca^{2+} (from ≈0.8 to ≈2.5 mM) and Mg^{2+} (from ≈1.2 to ≈4.5 mM) upon introducing the mutation K4101D
into the EF-hand region of RyR1; mutations K4101A and K4101M also had a significant but smaller
effect; and mutations of the S23* hydrogen-bonding partner, D4730K or D4730N, did not affect
inactivation. In the light of our analysis, these results can be explained by the finding that the allosteric
signal can be transmitted from K4101 to both D4730 and I4731 (Supplementary Table S2), and therefore
mutation of only one of these residues is not sufficient to block the allosteric transmission through this
pathway. Interestingly, the similar K4101E mutation increased the EC50 for Ca^{2+}-dependent activation of
[3]H-ryanodine binding (Chirasani et al., 2023), difficult to explain for now.

The PDBePISA analysis revealed up to 13 possible different electrostatic interactions (including up to 6
hydrogen bonds) between the EF-hand region and the S23* loop in RyR1 structures. This is in line with
the findings of Chirasani et al. (2023) that up to six hydrogen bonds between these domains are formed
in molecular dynamics simulations of the open RyR1 structure. The comparison of RyR1 and RyR2
structures in Figure 5 also suggested that the arginine R4736, but not the neutral glycine G4733 and
aromatic phenylalanine F4732, is essential for the transmission of the divalent ion binding signal from
the EF-hand region to the S23* loop in RyR1. On the other hand, the introduction of the malignant MH
mutations G4733E or F4732D decreased RyR1 sensitivity to inactivation to a similar extent as mutations
R4736W and R4736Q (Gomez et al., 2016), which was interpreted as a steric effect, not confirmed in our
analysis. G4733E and F4732D may have purely electrostatic effects since in both cases an acidic residue
was introduced in exchange for a neutral/aromatic residue.

The recent RyR1 structure 7umz, obtained in the presence of 10 mM Mg^{2+}, was defined as the closed
state since, since the activation site resembled that in the absence of bound Ca^{2+} despite the presence of

a bound Mg^{2+} ion (Nayak et al., 2024). However, the low flexion angle (-2.8°), and the configuration of
the EF-hand region relative to the S23 loop reported by (Nayak et al., 2024), as well as in Figure 2 and
Figure 3 of this work, resemble the primed and the inactivated state at the same time. The position of
the EF-hand region relative to the central domain differs from RyR1 in both the closed and the Ca^{2+}-
inactivated states, similar as RyR2 structures (Figure 4). This peculiar conformation can be speculated to
result from the independence of the functional macrostate (closed/primed – open – inactivated) from
the status of the monomer binding sites, as postulated in the MWC theorem (Monod et al., 1965) and
embedded in the COI model. The parameters of the COI model for RyR1 channels in the absence of ATP
(Table 6) predict the channel to reside predominantly in the closed state. However, variation of h_{MgM} in
the interval between 1 and 0.2, which was shown to be acceptable for RyR2 channels, results in a
progressive shift towards the inactivated state (from <1% at h_{MgM} = 1 to ≈80% at h_{MgM} = 0.2). Thus,
distinguishing the state of the channel at 10 mm Mg^{2+} would require RyR1 open probability data at a
large interval of Ca^{2+}, Mg^{2+}, and ATP concentrations, not presently available.

Implications

The structural analysis presented here explains the paradox of different sensitivity of RyR1 and RyR2 to
inactivation by Ca^{2+} (Chu et al., 1993; Laver et al., 1997; Gomez and Yamaguchi, 2014; Gomez et al.,
2016) when the Ca^{2+} binding affinity of the EF-hand region of both isoforms is identical (Xiong et al.,
1998). Our data showed that the inactivation by divalent ions arises from the same substructures and
proceeds by the same mechanism in both RyR isoforms, similar to the activation. In both activation and
inactivation, the differences between isoforms emerge from the differences in the strength of the
binding signal transmission to the channel gate. According to the COI model, in the case of activation,
this influences the allosteric coefficient f_{Ca} that drives RyR opening, which is lower in RyR2 than in RyR1,
and thus causes a higher maximum open probability of RyR2. In the case of inactivation, the difference is
manifested in the lower allosteric coefficient h_M in RyR1 than in RyR2, which leads to a higher sensitivity
to inactivation in RyR1 than in RyR2.

The limited data on RyR2 single-channel activity in the presence of ATP suggest that this ligand increases
the transmission of the allosteric signal from the activation site, resulting in two effects: An increase of
the apparent calcium sensitivity and maximum open probability, evoked by the decrease of the
allosteric coefficient f_{Ca}, and an increase of the sensitivity to inactivation (decreased h_{CaM}) caused by the
interaction between the Ca^{2+}-bound activation site and the M^{2+}-bound inhibition site. The increased
sensitivity of RyR2 to Ca^{2+}-dependent inactivation in the presence of ATP is also supported by single-
channel experiments (Gyorke and Gyorke, 1998)(Chu et al., 1993). It can be speculated that the lower f_{Ca}
in the presence of ATP is due to the prevalence of the RyR in the primed state since the binding of ATP
analogs induces the primed structural macrostate in RyRs (Cholak et al., 2023). The primed state is
structurally very close to the open state, and therefore the transitions between them should be
energetically less demanding than the transitions between the structurally more different closed and
open states. Precise determination of these effects would require expanding the COI model to explicitly
include the ATP binding site and the primed state; construction of such a model is at present hampered
by the lack of open probability data at a sufficiently wide range of experimental conditions. Since the
COI model does not contain explicit ATP-binding transitions, the effect of ATP transpired only through
the allosteric parameters f_{Ca} for Ca^{2+}-dependent activation and h_{CaM} for M^{2+}-dependent inactivation.

The ATP site-containing branches of the activation pathway (A1 – A6, Table 4) appear responsible for the
synergy between the Ca^{2+} and ATP activating mechanisms in all RyR channels, as previously recognized
for the primed and open RyR1 structures (Chirasani et al., 2022). Our analysis reveals that this
interaction path also exists in the closed RyR structures 7k0t, 7vmm, and 7ua5 with unoccupied Ca^{2+}-
binding site, in which the relative position of the C-terminal and Central domains differs from the primed
and open channels. This indicates that the molecular backbone for the transmission of the activation
allosteric signal is preexistent in all RyR gating states and that the Ca^{2+} binding itself may constitute the
signal that promotes the channel activation.

Limitations

The single-channel experiments, used here for deriving the model of RyR operation, were performed
under a limited number of experimental conditions that also slightly differed among laboratories. Only
experiments under two sets of conditions close to the physiological ones were included in the analysis
since RyR activity is sensitive to the ion composition and ionic strength of its environment (Ma et al.,
1993; Meissner et al., 1997; Liu et al., 1998). Experiments with purified RyR channels were neither
included for their different sensitivity to activation and inactivation by Ca^{2+} (Imagawa et al., 1987).

Due to the stochastic nature of the single-channel activity and the limited amount of available data, the
precision of some data used in this study might be influenced by natural variance, especially at low open
probability conditions. However, sufficiently exact measurements under conditions of low channel
activity would require the collection of a large amount of data (Zahradnikova et al., 2020) that might not
be experimentally feasible. Therefore, several parameters of the model of RyR operation had to be fixed
in this study at previously estimated values (Zahradnik et al., 2005; Iaparov et al., 2022). To determine
the relative importance of the intra- and inter-monomeric inhibition pathways would require
quantitative data on the effect of Mg^{2+} on RyR1 and RyR2 channels in the absence of ATP.

Unfortunately, it was not possible to use experimental data on ^{3}H-ryanodine binding for tuning the COI
model of RyR operation. First, the data from many laboratories do not present RyR inactivation, which
might be caused by the lengthy experimental procedure or by the presence of higher salt concentrations
(Murayama et al., 2018). Second, at least in some laboratories, activation of ^{3}H-ryanodine binding by
Mg^{2+} ions was observed (Chugun et al., 2007), an effect that has not been observed in the single-channel
measurements. Third, ^{3}H-ryanodine binding data are mostly presented relative to the maximum
observed binding, without providing the ^{3}H-ryanodine binding capacity B_{max} that would correspond to
the maximum of the channel open probability (P_o = 1).

At present, two problems of RyR inactivation have not been solved yet: Regarding the cardiac isoform,
no structure of the inhibited RyR2 was published till the present time. Despite observations of over 50%
inhibition by Ca^{2+} in the purified RyR2 channel at 10 mM Ca^{2+} in the absence of ATP (Xu et al., 1996), or
even at 1 mM Ca^{2+} in the native RyR2 channel in the presence of ATP (Gyorke and Gyorke, 1998), the
only RyR2 structure published at 5 mM Ca^{2+} in the presence of ATP and caffeine represented the open
and not the inactivated state (Gong et al., 2019). Regarding the skeletal muscle isoform, no electron
densities attributable to ions bound at the EF-hand loops were observed either in the Ca^{2+}-inactivated
RyR1 (Nayak and Samso, 2022) or the Mg^{2+}-inactivated RyR1 (Nayak et al., 2024). However, the local

resolution of the electron density map is insufficient to decide unequivocally whether Ca^{2+} ions are
present or not in the structure of the apparent ion binding inhibition site.

Concluding remarks

The existence of the comprehensive model of mammalian RyR operation puts together the partial
observations on RyR structures, equilibrium binding studies, and single-channel gating activity, collected
across species and over the years by many independent laboratories.

The methods of bioinformatic analysis applied to numerous RyR structures have shown that in both RyR
isoforms, the inhibitory binding site for divalent ions is very likely formed by the EF1 and EF2 loops. The
transmission of the inhibition signal to the channel gate proceeds through two pathways: the inter-
monomeric pathway that leads through the interface between the EF-hand region and the S23* loop,
and the intra-monomeric pathway that converges with the Ca^{2+}-activation pathway. The difference
between RyR1 and RyR2 inhibition by divalent ions is caused by the different coupling efficiency of the
inhibition pathways in RyR1 and RyR2.

RyR1 and RyR2 structures present a peculiar construction of their core that controls the RyR channel
activity in dependence on the cytosolic concentration of Ca^{2+} and Mg^{2+} ions and endogenous modulators
like ATP and xanthines. Each RyR monomer has specific binding sites for these ligands connected to the
channel gate by a common allosteric network. Changes in the ligand occupation of binding sites drive
stochastic transitions of RyR monomers among the closed – primed – open – inactivated macrostates to
the energetically preferable state. The macrostate of monomers in the RyR homo-tetramer does change
in synchrony, by a structural process supported by the inter-monomeric coupling of allosteric networks.
Recent data point to the central role of the U-motif at which the intra-monomeric and inter-monomeric
allosteric networks merge and allow for the exchange of energy.

Materials and Methods

Bioinformatics analyses

Ryanodine receptor sequences were taken from the UniProt database (https://www.uniprot.org/) and aligned using CLUSTAL Omega at EMBL-EBI (https://www.ebi.ac.uk/jdispatcher/msa/clustalo; (Sievers et al., 2011)) relative to rabbit RyR1. The residue numbers of the examined domains are given in Table 7 for the studied species/isoforms.

Table 7. Sequence numbers of the ryanodine receptor core domains.

Domain	rRyR1	mRyR2	hRyR2	pRyR2, rRyR2
Central domain (CD)	3668-4070	3634-4024	3635-4025	3636-4026
EF-hand region (EF)	4071-4131	4025-4085	4026-4086	4027-4087
U-motif (U)	4132-4251	4086-4205	4087-4206	4088-4207
S23 loop (S23)	4663-4786	4591-4715	4592-4716	4593-4717
S45 linker (S45)	4821-4834	4750-4763	4751-4764	4752-4765
S6 segment (S6)	4910-4956	4839-4885	4840-4886	4841-4887
C-terminal domain (CTD)	4957-5033	4886-4962	4887-4963	4888-4964

Prefixes r, m, h, and p refer to rabbit, mouse, human, and pig.

Sequence identities of RyR isoforms were calculated using the SIAS server (http://imed.med.ucm.es/Tools/sias.html). In the text, sequence numbers are given for the rabbit RyR1 (rRyR1) and human RyR2 (hRyR2), if not indicated otherwise.

Structures of ryanodine receptors were obtained from the protein data bank (https://www.rcsb.org/). To ensure compatibility of structural and functional data, we have considered and used those RyR structures that were either ligand-free or contained Ca^{2+-}, Mg^{2+}, caffeine (xanthine), ATP (ACP) visible in their structure or were obtained in the presence of these ligands or their combination (Supplementary Table S1). These included 26 structures of rabbit RyR1 (des Georges et al., 2016; Melville et al., 2022a; Melville et al., 2022b; Nayak and Samso, 2022), 7 structures of pig RyR2 (Peng et al., 2016; Gong et al., 2019), 5 structures of human RyR2 (Miotto et al., 2022) and 5 structures of mouse RyR2 (Kobayashi et al., 2022). The resolution of these structures was reported in the range of 2.45 - 6.2 Å. Structures of mutant RyRs, or structures obtained in the presence of ryanodine, ruthenium red, or the activator pentachlorobiphenyl, and structures with unresolved critical amino acid side chains were not included.

The flexion angle between the horizontal plane and the line formed by Cα atoms of residues corresponding to rRyR1 residues 348 and 1052 (Steele and Samso, 2019) was measured manually in Chimera Ver. 1.17 (Pettersen et al., 2004) (https://www.rbvi.ucsf.edu/chimera) and is shown in Supplementary Table S1.

Editing and optimization of structures were performed in Chimera as follows: The monomer core (the C-terminal quarter residues 3639 – 5037; (Du and Maclennan, 1999)) or its selected part was cut out from the whole RyR structure. In model structures used for the determination of allosteric pathways, the short unresolved loops were reconstructed to correspond to the known sequence, and the missing long part of the unresolved DR1 region was replaced by a polyglycine loop. The reconstructed loops were

optimized using the program MODELLER (Sali and Blundell, 1993) or the server MODLOOP

(https://modbase.compbio.ucsf.edu/modloop/ (Fiser et al., 2000; Fiser and Sali, 2003)). The edited

structures were repaired by adding missing atoms to incomplete residues. Finally, hydrogens and

appropriate charges were added. Selective residue mutations were introduced to the studied segments

of interest in Chimera.

The repaired model structures were energy-minimized using at least 1000 iterations of steepest descent

and 100 iterations of maximum gradient minimization with fixed positions of the first five and last five

Cα atoms. The resulting model structures were used for different types of analysis as indicated in

Supplementary Table S1.

<u>The maximum distance between Cα atoms</u> of H-bond-forming electron donor residues glutamate or

aspartate and the electron acceptor residues lysine or arginine was calculated as follows: The distance

from the Cα atom to the farthest oxygen atom of the electron donor residue (d_D), and the distance from

the Cα atom to the farthest nitrogen atom of the electron acceptor residue (d_A) in their extended

configurations were measured. The maximum distance was calculated as the sum ($d_D + d_A + 2.7$) Å,

where 2.7 Å is the standard length of a hydrogen bond.

<u>The EF-hand identity score</u> (IS) was calculated according to the scoring system of Zhou et al. (2006),

which compares the identity of amino acids in the ion-binding loop of the examined EF-hand sequence

with the 12 amino acids of the canonical EF-hand loop (EF-hand PROSITE pattern PS00018) or their

allowed equivalents (D, N, S at position 1, and any residue at position 2). The resulting identity score

consists of three numbers x/y/z. The value of x (0 - 12) reports the number of amino acids concurring at

their given positions with amino acids of the allowed EF-hand loop residues. The value of y (0 - 6)

reports the number of amino acids concurring with the 6 amino acids of the loop in positions 1, 3, 5, 7,

9, and 12, involved in divalent ion binding. The value of z (0 - 3) compares the amino acid concurrence at

positions 1, 3, and 12, considered critical for ion binding. Thus, a canonical EF-hand, such as that of

calmodulin, provides the highest EF-hand identity score of 12/6/3. We report the IS together with the

sum of the partial scores in the form of x/y/z (x+y+z).

<u>The ion binding score (IBS) and the number of ion binding poses (NIBP) of EF-hand loops</u> were estimated

on edited and energy-optimized model structures using the MIB2 server

http://combio.life.nctu.edu.tw/MIB2/ (Lu et al., 2022) as follows: first, the EF-hand region and 31

subsequent residues ending with a β-hairpin, corresponding to rabbit RyR1 residues 4032-4182, were

isolated from the selected RyR structures (Supplementary Table S1). This segment was chosen for its

expected structural stability. The optimized EF-hand structure was uploaded to the MIB2 server, which

returned the ion-binding scores for all individual residues and the number of acceptable ion-binding

poses.

<u>Electrostatic interactions</u> as well as the <u>interface area</u> between the interacting EF-hand region and S23

loop were quantified on edited and optimized structures using the server PDBePISA

(https://www.ebi.ac.uk/msd-srv/prot_int/cgi-bin/piserver). The examined structures contained residues

4032-4182 of the extended EF-hand region and residues 4695-4745 of the S23* loop.

<u>Root-mean-square deviations (RMSD)</u> were estimated on unedited original structures in Chimera (Ver. 1.
17). The examined structures were aligned through the Cα atoms of their Central domain residues
(corresponding to rRyR1 residues 3668-3679, 3694-3733, 3753-3855, and 3873-4070, which were
resolved in all RyR structures) with the corresponding Cα atoms of the reference RyR structures 7k0t
(closed RyR1) and 7tdg (inactivated RyR1). The RMSD between Cα atoms of the examined RyR domains
in different structural states and the corresponding Cα atoms of the reference RyR structures were
calculated. RMSD calculation of the S23 loop was performed only on residues 4716-4754, positioned in
the vicinity of the neighbor monomer, since the rest of the S23 loop was not well-resolved in all
structures. Otherwise, the domain residues were specified according to Table 7. The RMSD values were
normalized for 100 amino acid residues (Carugo and Pongor, 2001) to account for differences in the
length of individual domains, and denoted as 7k0t-$RMSD_{100}$ or 7tdg-$RMSD_{100}$ for alignment with 7k0t or
7tdg, respectively. Only $RMSD_{100}$ values larger than 2 Å were considered to indicate a significant
structural change (Carugo, 2007).

<u>Allosteric pathways</u> were traced using the server OHM (https://dokhlab.med.psu.edu/ohm/#/home,
(Wang et al., 2020)). Five RyR1 and four RyR2 structures with the best resolution and the lowest number
of unresolved residues were selected from the studied set (Supplementary Table S1) and processed for
analysis. Two copies of the monomer core were aligned to two adjacent monomers of the original RyR
tetrameric structure. The resulting dimers were subjected to energy minimization in Chimera Ver. 1.17
until all clashes were removed. Finally, the optimized model structures were uploaded to the OHM
server to trace the sequences of residues connecting the allosteric site of interest with the active site. As
the allosteric site, either the residues of the EF1 and EF2 loops (INH) as the putative divalent ion binding
inhibition site or the CD and CTD residues of the Ca^{2+}-binding activation site (ACT) (Wang et al., 2020;
Chirasani et al., 2022) were selected. As the active site, the gate and hinge residues of the S6 segment
(Table 8) were selected.

The output of the OHM server consisted of two items for each RyR structure: 1. The list of the first 100
most important allosteric pathways ("paths.txt"), in which a chain of interacting residues represented
the individual pathway. This list was used for sorting paths by important residues and estimating the
fraction of major pathways and branches. 2. The description of the complete allosteric network
("net.txt"), consisting of the list of critical residues of the allosteric network with their respective
allosteric coupling intensities (ACI), and the list of network edges, showing connections between the
residues in the pathway. The network list was used to select the residues with the highest ACI and
examine their connections within the pathways. In addition to these outputs, the graph of the allosteric
network for a selected set of pathways (3, 5, 7, 10, 20, 30, 40, 50, 60, 70, 80, 90, or all of the 100 listed
pathways) was visually examined to understand the meaning of different pathways in the context of all
possible pathways. The fractional contribution of critical residues (output list "_net.txt") functionally and
structurally important to the allosteric network was calculated as the frequency of their occurrence in
the first 100 most frequently occurring pathways (output list "_paths.txt"). The output files "_net.txt"
and "_paths.txt" are located in the file Supplementary_Data.zip.

Table 8. The residues of the allosteric and active sites (rRyR1 numbering)

Allosteric sites	Residues
INH: EF-hand loops	4081-4092, 4116-4127
ACT: Ca^{2+} activation site	**3893, 3967**, 3970, **5001**, 5002
Active site	
GATE: S6 Hinge and Gate	G4934, G4934*, I4937, I4937*

1101   Residues with * belong to the monomer neighboring the
1102   monomer bearing the analyzed allosteric site.
1103   Residue numbers in bold were originally defined as the Ca^{2+}
1104   binding site-forming residues by (des Georges et al., 2016).

Modeling the RyR operation

The model of RyR operation was constructed on the Monod-Wyman-Changeaux (MWC) theorem
(Monod et al., 1965) and homo-tetrameric Markovian memory-free mechanism (Zahradnik et al., 2005;
Zahradnikova et al., 2010) using a statistical mechanics approach (Marzen et al., 2013; Iaparov et al.,
2022). The model presumes an allosteric mechanism where ions activating and/or inhibiting RyR
opening bind to the specific regulatory sites present on each monomer and exert their effect by
allosteric coupling to the remote gating site. The gating site of the RyR pore should be in the open
position in all four monomers to make the ion permeation possible. The free energy of ion binding to
the specific binding site is supposed to be independent of the identity of the monomer and the
presence/absence of ligands at the binding sites of other monomers but is supposed to depend on the
macrostate of the whole RyR. Mathematically, all possible macrostates pre-exist in the absence of
ligands and the binding of a ligand affects the relative occurrence of a given macrostate by altering its
free energy. A transition between macrostates occurs in a concerted manner at all monomers (Hilser et
al., 2012). This supposition greatly reduces the number of considered macrostates and reduces demands
on computational power.

The dependence of the RyR open probability on the concentration of regulatory ions was described
using the framework of statistical mechanics (Marzen et al., 2013; Iaparov et al., 2022). The parameters
of the model equations (see Results) were optimized using the Levenberg-Marquardt method for the
best fit of the RyR single-channel open probability data in OriginPro (ver. 2022b). The simple shape of
the calcium dependence of open probability and the limited size of available experimental data led to
the mutual dependence of some fitted parameters and non-convergence of the fit. To solve this
problem, the number of free parameters was reduced as described in the Results. A global fit of the
whole dataset was then performed with the minimal chi-square value as the minimization criterion for
the whole dataset.

Statistical analysis

One-way ANOVA was performed in Origin (OriginLab, V. 2024) to test the significance of the differences
between groups. The test was performed only if the distribution of data did not significantly deviate
from normality (Shapiro-Wilk test), and if the population variances were not significantly different
(Levene's test). Comparison of means was performed with Scheffe's test. Values with $p < 0.05$ were
considered significant. The power of the test was calculated at $\alpha = 0.05$ and had to be > 0.95 to accept

the ANOVA results. If the distribution of data deviated from normality, the Kruskal-Wallis ANOVA

followed by Dunn's test were used instead.

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Author contributions

A.Z. and I.Z. conceived and designed the study; A.Z. supervised the study, created the structural models, performed structural analysis and visualization, and designed, derived, and validated the statistical mechanics model; A.Z. and J.P. performed server-based bioinformatics analysis; A.Z., J.P. and M.S. validated the bioinformatics analysis; S.B. performed molecular simulations and provided valuable intellectual input; A.Z. and I.Z. interpreted the data and wrote the manuscript; S.B. reviewed and edited the manuscript.

Competing interests

The authors declare no competing interests.

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Supplementary Information

Supplementary Information contains a link to the Supplemental Data, a link to Supplementary Table S1 that lists the structures used in this study and their characteristics as well as the evaluated RyR1/RyR2 open probabilities, Supplementary Tables S2 and S3 listing the important residues of individual branches of the inhibition and activation networks, respectively, and Supplementary Table S4 listing the interactions between the activation and inhibition branches.

Data availability

The data that support this study are available from the corresponding authors upon request. Previously published protein structure data used for analysis in this study are available in the Protein Data Bank under accession codes listed in Supplementary Table S1.

1170 The data output of the OHM server used in the analysis of allosteric pathways is supplied as
1171 Supplemental_Data.zip.

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