C-C chemokine receptor 4 deficiency exacerbates early atherosclerosis

in mice

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Main text word count: 4869 words

Abstract

Chronic inflammation via dysregulation of T cell immune responses is critically involved

in the pathogenesis of atherosclerotic cardiovascular disease. Improving the balance

between proinflammatory T cells and anti-inflammatory regulatory T cells (Tregs) may

be an attractive approach for treating atherosclerosis. Although C-C chemokine receptor

4 (CCR4) has been shown to mediate the recruitment of T cells to inflamed tissues, its

role in atherosclerosis is unclear. Here, we show that genetic deletion of CCR4 in

hypercholesterolemic mice accelerates the development of early atherosclerotic lesions

characterized by an inflammatory plaque phenotype. This was associated with

proinflammatory T helper type 1 (Th1) cell-skewed responses in peripheral lymphoid

tissues, para-aortic lymph nodes, and atherosclerotic aorta. Mechanistically, CCR4

deficiency in Tregs impaired their suppressive function and migration to the

atherosclerotic aorta and augmented Th1 cell-mediated immune responses through

defective regulation of dendritic cell function, which accelerated aortic inflammation and

atherosclerotic lesion development. Thus, we revealed a previously unrecognized role for

CCR4 in controlling the early stage of atherosclerosis via Treg-dependent regulation of

proinflammatory T cell responses. Our data suggest that CCR4 is an important negative

regulator of atherosclerosis.

Keywords: atherosclerosis, immunology, T cells, chemokine receptor, inflammation

Introduction

Severe cardiovascular diseases, including ischemic heart disease and stroke, occur in patients with atherosclerosis and are major causes of mortality worldwide. Despite state-of-the-art intensive treatment, patients at high risk of atherosclerotic diseases have considerable residual risk, which could be partly related to vascular inflammatory responses.[1] Notably, recent clinical trials have provided evidence that anti-inflammatory therapies could be potentially novel approaches for preventing cardiovascular diseases in patients with the past disease history, although overall mortality has not improved.[2,3]

Chronic aortic inflammation via T cell-mediated immune dysregulation has been shown to be critically involved in the development of atherosclerosis.[4] Single-cell proteomic and transcriptomic approaches have revealed that activated and differentiated T cells are the major immune cells infiltrating human carotid artery plaques,[5] indicating the involvement of T cell-mediated immunoinflammatory responses in atherosclerotic plaque development in humans. A recent clinical trial provided evidence for the increased risk of atherosclerotic cardiovascular disease events in cancer patients treated with immune checkpoint inhibitors,[6] confirming the critical role of effector T cell (Teff) immune responses in the development of human atherosclerotic disease. Teffs including T helper type 1 (Th1) cells play a proatherogenic role by producing proinflammatory cytokines including interferon (IFN)-γ.[7,8] A recent translational study demonstrated that anti-CXC-motif-chemokine receptor 3 autoantibodies, which reflect Th1 cell-mediated responses, can be a novel biomarker and an inflammatory risk factor for cardiovascular morbidity and mortality beyond traditional risk factors, indicating the possible proatherogenic role of Th1 cells in humans.[9] On the other hand, several subsets of regulatory T cells (Tregs) including forkhead box P3 (Foxp3)-expressing Tregs play an

anti-atherogenic role by suppressing Teff-mediated immunoinflammatory responses or

reducing plasma atherogenic lipoprotein levels.[10-12] A number of approaches to

dampening proatherogenic Th1 cell responses or augmenting atheroprotective Treg

responses have been reported to be effective for the treatment and prevention of

atherosclerosis in experimental mouse models.[13] Despite accumulating evidence for the

critical role of the Th1 cell/Treg balance in atherosclerosis, how the balance of these T

cell populations is regulated in lymphoid tissues and atherosclerotic lesions to control

atherosclerosis is unclear.

Various immune cells including T cells and monocytes migrate to the aorta via

interactions between chemokines and their specific chemokine receptors and are critically

involved in the process of atherosclerosis.[14] However, few reports have identified a

chemokine system that prevents atherosclerosis by improving the Th1 cell/Treg balance

in lymphoid tissues and atherosclerotic lesions. C-C chemokine receptor 4 (CCR4) is

expressed on several T cell subsets, including T helper type 2 (Th2) cells, T helper type

17 (Th17) cells, skin-homing T cells, and Tregs, but not on proatherogenic Th1 cells.[15]

CCR4 is a highly specific receptor for two CC chemokine ligands CCL17 (thymus- and

activation-regulated chemokine) and CCL22 (macrophage-derived chemokine)[16] which

were shown to be expressed in mesenteric lymph nodes (LNs) in a mouse model of

inflammatory bowel disease[17] and lung tissues affected by allergic airway inflammation.[18]

These chemokines play a role in guiding CCR4$^+$ T cells to the inflammatory sites with

abundant expression of these chemokines.[19,20] Previous experimental studies have

suggested that the CCL17/CCL22–CCR4 axes protect against inflammatory autoimmune

diseases partly by promoting Treg accumulation in target tissues.[17,18] The expression of

CCL17 and CCL22 was also observed in human and mouse atherosclerotic lesions.[21-23]

Although the disruption of the CCL17/CCL22–CCR4 axes did not affect the development

of advanced atherosclerotic lesions or the proportion of Tregs in peripheral lymphoid

tissues in atherosclerosis-prone mice fed a high-cholesterol diet,[22,24] its effect on the early

stage of atherosclerosis and Treg responses has not been investigated.

Here, we investigated the role of CCR4 in the development of early atherosclerotic

lesions and the underlying mechanisms in CCR4-deficient ($Ccr4^{-/-}$) mice on an

apolipoprotein E-deficient ($Apoe^{-/-}$) background fed a standard chow diet, with a

particular focus on CD4$^+$ T cell immune responses.

Results

CCR4 is predominantly expressed on CD4$^+$Foxp3$^+$ Tregs, and the ligands CCL17

and CCL22 are expressed in peripheral LNs and atherosclerotic lesions

To evaluate the expression levels of CCR4 on CD4$^+$ T cells under

normocholesterolemic or hypercholesterolemic conditions, we performed flow

cytometric analysis of peripheral LNs, spleen, and para-aortic LNs from wild-type, $Apoe^{-/-}$

, and $Ccr4^{-/-}Apoe^{-/-}$ mice. Notably, CCR4 expression was expressed on approximately

15-25% of CD4$^+$Foxp3$^+$ Tregs from wild-type or $Apoe^{-/-}$ mice (Supplementary Figure 1A

through 1C), while CD4$^+$Foxp3$^-$ non-Tregs from these mice expressed CCR4 at markedly

lower levels, suggesting that CCR4 is predominantly expressed on CD4$^+$Foxp3$^+$ Tregs

and that hypercholesterolemia does not affect CCR4 expression. We also examined CCR4

expression on CD4$^+$Foxp3$^+$ Tregs in the atherosclerotic aorta of $Apoe^{-/-}$ mice, and

consistently found that CCR4 expression in CD4$^+$Foxp3$^+$ Tregs was much higher than

that in CD4$^+$Foxp3$^-$ non-Tregs (Supplementary Figure 1D).

As CCL17 and CCL22, known as specific ligands for CCR4, are highly expressed

by dendritic cells (DCs) in LNs,[25,26] we examined their expression in the peripheral LNs

of wild-type, *Apoe*^{-/-}, and *Ccr4*^{-/-}*Apoe*^{-/-} mice by immunohistochemistry. As expected,

clear expression of these chemokines was observed in the peripheral LNs of wild-type,

Apoe^{-/-}, and *Ccr4*^{-/-}*Apoe*^{-/-} mice (data not shown). We also examined the expression of

CCL17 and CCL22 in the aorta of these mice by immunohistochemistry. CCL17

expression was detected in the atherosclerotic lesions of *Apoe*^{-/-} and *Ccr4*^{-/-}*Apoe*^{-/-} mice,

and some lesional MOMA-2^{+} macrophages expressed this chemokine (Supplementary

Figure 2A). However, CCL17 expression was not detected in the aorta of wild-type mice

without atherosclerotic plaques (Supplementary Figure 2A). Another ligand CCL22 was

modestly expressed in atherosclerotic lesions and partially colocalized with lesional

MOMA-2[+] macrophages in *Apoe*^{-/-} or *Ccr4*^{-/-}*Apoe*^{-/-} mice, while its expression was not

detected in the aorta of wild-type mice (Supplementary Figure 2B).

Together, these findings suggest that Tregs may migrate to peripheral LNs and

atherosclerotic lesions partly via the CCL17/CCL22–CCR4 axes under

hypercholesterolemia.

134   CCR4 deficiency accelerates the development of early atherosclerotic lesions

135   characterized by an inflammatory plaque phenotype

To investigate the effect of CCR4 deficiency on the development of early

atherosclerosis, we analyzed the atherosclerotic lesions of 18-week-old *Apoe*^{-/-} and *Ccr4*[-

[/-]*Apoe*^{-/-} mice fed a standard chow diet. *Ccr4*^{-/-}*Apoe*^{-/-} mice developed normally without

any spontaneous inflammatory disease. Notably, compared with *Apoe*^{-/-} mice, *Ccr4*^{-/-}

Apoe^{-/-} mice exhibited a significant increase in atherosclerotic lesion size in the aortic

sinus (aortic sinus mean plaque area: control $Apoe^{-/-}$ mice: $1.46 \pm 0.50 \times 10^5$ μm^2 versus

$Ccr4^{-/-}Apoe^{-/-}$: $2.04 \pm 0.82 \times 10^5$ μm^2, $P<0.05$; Figure 1A). In parallel with the cross-

sectional studies, we performed en face analysis of thoracoabdominal aortas, revealing

no significant difference in aortic plaque burden between the 2 groups (Figure 1B). There

were no significant differences in body weight or plasma lipid profile between the 2

groups (Supplementary Table 1).

To determine the effect of CCR4 deficiency on plaque components, we performed

immunohistochemical studies of atherosclerotic lesions in the aortic sinus. Notably,

compared with those of $Apoe^{-/-}$ mice, the atherosclerotic lesions of $Ccr4^{-/-}Apoe^{-/-}$ mice

showed a 20% increase in macrophage accumulation (Figure 1C) and a marked 42%

increase in CD4$^+$ T cell infiltration (Figure 1D). In addition, we performed

immunohistochemical analysis of Foxp3$^+$ Tregs in atherosclerotic lesions using an anti-

Foxp3 antibody. However, few Foxp3$^+$ Tregs were found within the plaques of $Apoe^{-/-}$ or

$Ccr4^{-/-}Apoe^{-/-}$ mice (data not shown). The proportion of collagen in the aortic sinus

plaques of $Ccr4^{-/-}Apoe^{-/-}$ mice was significantly lower than that in the aortic sinus plaques

of $Apoe^{-/-}$ mice (Figure 1E). These findings on atherosclerotic plaque size and components

collectively suggest that CCR4 plays a role in preventing the development of early

atherosclerotic lesions and inducing a less inflammatory plaque phenotype. To further

evaluate aortic immunoinflammatory responses, we analyzed the mRNA expression of

pro- and anti-inflammatory cytokines and transcription factors specific for Tregs or helper

T cell subsets in atherosclerotic aorta by quantitative reverse transcription PCR. The

mRNA expression of proinflammatory cytokines (*Il1b* and *Il6*), Th1-related *Tbx21*, and

Th17-related *Rorc* was markedly upregulated in the aorta of $Ccr4^{-/-}Apoe^{-/-}$ mice,

indicating augmented proatherogenic immune responses in the atherosclerotic aorta

(Figure 1F). The mRNA expression of the Treg-specific transcription factor *Foxp3* was

undetectable.

Collectively, these data suggest that CCR4 deficiency promotes the accumulation

of inflammatory cells and proinflammatory immune responses in the aorta, leading to

augmented development of early atherosclerotic lesions in the aortic root.

CCR4 deficiency augments Teff immune responses in peripheral lymphoid tissues

We examined the mechanisms by which CCR4 deficiency accelerates early

atherosclerosis by focusing on changes in systemic T cell responses, including those

involving $CD4^+Foxp3^+$ Tregs and $CD4^+Foxp3^-$ non-Tregs, in peripheral lymphoid tissues.

The frequencies of $CD4^+Foxp3^+$ Tregs and $CD4^+CD44^{high}CD62L^{low}$ effector memory T

cells were significantly higher in the spleen of 8- or 18-week-old $Ccr4^{-/-}Apoe^{-/-}$ mice than

in those of age-matched $Apoe^{-/-}$ mice (Figure 2A and 2B). Similar tendency was observed

for the peripheral LNs of these mice, although there was no difference in the frequency

of $CD4^+CD44^{high}CD62L^{low}$ effector memory T cells between 8-week-old $Apoe^{-/-}$ and

$Ccr4^{-/-}Apoe^{-/-}$ mice (Figure 2A and 2B). The absolute numbers of $CD4^+Foxp3^+$ Tregs and

$CD4^+CD44^{high}CD62L^{low}$ effector memory T cells were significantly higher in the

peripheral LNs of 8- or 18-week-old $Ccr4^{-/-}Apoe^{-/-}$ mice than those of age-matched $Apoe^{-/-}$

mice (Figure 2A and 2B). The absolute number of $CD4^+CD44^{high}CD62L^{low}$ effector

memory T cells was also higher in the spleen of 18-week-old $Ccr4^{-/-}Apoe^{-/-}$ mice than that

of age-matched $Apoe^{-/-}$ mice (Figure 2B). Similar results were obtained for

normocholesterolemic wild-type mice (data not shown), suggesting that the expansion of

Tregs and effector memory T cells in $Ccr4^{-/-}Apoe^{-/-}$ mice is independent of

hypercholesterolemia. We evaluated the proliferative capacity of $CD4^+Foxp3^+$ Tregs and

CD4$^+$Foxp3$^-$ non-Tregs by analyzing Ki-67 expression using flow cytometry and found

that the proportions of Ki-67-positive Tregs and non-Tregs were markedly higher in the

peripheral LNs and spleen of *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than in those of *Apoe$^{-/-}$* mice (Figure 2C

and 2D). To determine the effect of CCR4 deficiency on T cell development in the thymus,

we performed flow cytometric analysis of thymocytes from 4-week-old *Apoe$^{-/-}$* or *Ccr4$^{-/-}$*

Apoe$^{-/-}$ mice and found no difference in the development of thymic T cells between the 2

groups (Supplementary Figure 3A). In line with a previous report in

normocholesterolemic mice,[27] there was no difference in the frequency of thymic

CD4$^+$Foxp3$^+$ Tregs between the 2 groups (Supplementary Figure 3B). These data indicate

that the increased numbers of CD4$^+$Foxp3$^+$ Tregs and CD4$^+$Foxp3$^-$ non-Tregs in

peripheral LNs are due to their enhanced proliferative capacity but not to their promoted

development in the thymus. We also analyzed other immune cells in the spleen of *Apoe$^{-/-}$*

and *Ccr4$^{-/-}$Apoe$^{-/-}$* mice by flow cytometry and found no major differences in the

proportions or activation-associated molecule expression between the 2 groups

(Supplementary Figure 4).

To determine the activation and function of CCR4-deficient CD4$^+$Foxp3$^+$ Tregs, we

investigated the expression of their activation- and function-associated molecules in the

peripheral LNs of 8- or 18-week-old *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice by flow cytometry.

Notably, CCR4 deficiency had no major effect on the expression of cytotoxic T

lymphocyte-associated antigen-4 (CTLA-4) or CD103 in CD4$^+$Foxp3$^+$ Tregs (Figure 2E).

We also analyzed the mRNA expression of *Ccr4*, activation- or function-associated

molecules (*Foxp3*, *Ctla4*, *Cd103*, *Tnfrsf18*, *Il10*, and *Tgfb*), and major chemokine

receptors (*Ccr5*, *Ccr6*, *Ccr7*, and *Ccr8*) in splenic Tregs by quantitative reverse

transcription PCR. The *Ccr4* mRNA expression in Tregs from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice was

less than the detectable levels (data not shown). In line with the data on peripheral LNs,

there were no significant differences in the mRNA expression of these molecules between

the 2 groups (Figure 2F;   Supplementary Figure 5A).

In contrast to the results on CD4$^+$Foxp3$^+$ Tregs, the expression of activation marker

CTLA-4 in peripheral LN CD4$^+$Foxp3$^-$ non-Tregs was higher in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than

in *Apoe$^{-/-}$* mice, although the expression of another activation marker CD103 was not

altered by CCR4 deficiency (Figure 2G). We analyzed the mRNA expression of *Ccr4*,

activation-associated molecules (*Ctla4*, *Cd44*, *Cd69*, and *Cd103*), and representative

chemokine receptors (*Ccr1*, *Ccr5*, *Ccr6*, *Ccr7*, *Ccr8*, *Cxcr3*, and *Cx3cr1*) in splenic non-

Tregs by quantitative reverse transcription PCR. The *Ccr4* mRNA expression in non-

Tregs from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice was less than the detectable levels (data not shown). We

found a marked increase in the mRNA expression of activation-associated molecules

(*Ctla4*, *Cd44*, and *Cd103*) in splenic non-Tregs from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice (Figure 2H). We

also observed upregulated mRNA expression of various chemokine receptors including

Th1-related *Ccr1*, *Cxcr3*, and *Cx3cr1*, Th2-related *Ccr8*, and Th17-related *Ccr6* in splenic

non-Tregs from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice (Supplementary Figure 5B), indicating that CCR4

deficiency may promote the activation and expansion of helper T cells and facilitate their

migration to atherosclerotic lesions. There were no significant differences in the mRNA

expression of other chemokine receptors (*Ccr5* and *Ccr7*) in splenic non-Tregs between

the 2 groups (Supplementary Figure 5B).

Considering the accelerated early atherosclerosis observed in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice,

these results indicate that Teff-skewed immune responses may affect atherosclerosis more

strongly than the increase in Tregs in peripheral lymphoid tissues.

CCR4 deficiency promotes proinflammatory CD4$^+$ T cell immune responses in peripheral lymphoid tissues

To determine whether CCR4 deficiency affects CD4$^+$ T cell immune responses and polarization, we examined cytokine secretion from CD4$^+$ T cells by intracellular cytokine staining. The fraction of IFN-γ-producing Th1 cells in the peripheral LNs was significantly higher in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than in *Apoe$^{-/-}$* mice, while there were no differences in the fractions of other CD4$^+$ T cell subsets including interleukin (IL)-4-producing Th2 cells, IL-10-producing CD4$^+$ T cells, and IL-17-producing Th17 cells between the 2 groups (Figure 3A). In line with this, the fraction of splenic Th1 cells was higher in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than in *Apoe$^{-/-}$* mice, although the proportion of IL-17-producing Th17 cells was also higher in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than in *Apoe$^{-/-}$* mice (Figure 3B).

We semiquantitatively analyzed the production of various cytokines or chemokines by splenic CD4$^+$ T cells stimulated with plate-bound anti-CD3 and anti-CD28 antibodies using a cytokine array kit. Compared with those from *Apoe$^{-/-}$* mice, splenic CD4$^+$ T cells from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice secreted more Th1-related cytokine IFN-γ, Th2-related cytokine IL-13, Th17-related cytokine IL-17, and various inflammation-related cytokines and chemokines (Figure 3C). ELISA analysis confirmed that the IFN-γ and IL-17 levels in the cell supernatants of *Ccr4$^{-/-}$Apoe$^{-/-}$* mice were much higher than those in the cell supernatants of *Apoe$^{-/-}$* mice (Figure 3D). Although the cytokine levels of Th2-related cytokine IL-4 and Treg-related anti-inflammatory cytokine IL-10 were lower than the levels detected by cytokine array analysis, ELISA analysis revealed higher IL-4 and IL-10 production in splenic CD4$^+$ T cells from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than in those from *Apoe$^{-/-}$*

mice (Figure 3D), which may be compensatory immune responses to the proinflammatory

T cell responses caused by CCR4 deficiency.

CCR4 deficiency promotes Th1 cell responses in para-aortic LNs and atherosclerotic

aorta

Next, we investigated the mechanisms by which CCR4 deficiency accelerates early

atherosclerosis by focusing on local immune responses in para-aortic LNs and

atherosclerotic aorta. Consistent with the peripheral LN data, the frequency and number

of $CD4^+Foxp3^+$ Tregs were significantly higher in the para-aortic LNs of $Ccr4^{-/-}Apoe^{-/-}$

mice than in those of $Apoe^{-/-}$ mice (Figure 4A). The number of $CD4^+CD44^{high}CD62L^{low}$

effector memory T cells was significantly higher in the para-aortic LNs of $Ccr4^{-/-}Apoe^{-/-}$

mice than in those of $Apoe^{-/-}$ mice, while their frequency did not differ between the 2

groups (Figure 4B).

In line with the data on peripheral lymphoid tissues, there were no significant

differences in the expression of activation- or function-associated molecules or

chemokine receptors in para-aortic LN Tregs between the 2 groups (Figure 4C;

Supplementary Figure 6A). Notably, the expression of *Cd103* and Th1-related *Tbx21* was

upregulated in para-aortic LN non-Tregs from $Ccr4^{-/-}Apoe^{-/-}$ mice, while the expression

of other activation- or helper T cell-associated molecules or chemokine receptors was

unaltered (Figure 4D; Supplementary Figure 6B). Flow cytometric analysis of helper T

cell subsets in para-aortic LNs revealed that the fractions of IFN-γ-producing Th1 cells,

IL-4-producing Th2 cells, and IL-17-producing Th17 cells were significantly higher in

$Ccr4^{-/-}Apoe^{-/-}$ mice than in $Apoe^{-/-}$ mice, suggesting augmented proinflammatory $CD4^+$ T

cell immune responses by CCR4 deficiency (Figure 4E).

We explored the infiltration of T-box expressed in T cells (T-bet)-expressing Th1

cells, GATA3-expressing Th2 cells, and retinoic acid-related orphan receptor gamma t

(RORγt)-expressing Th17 cells in atherosclerotic aorta by flow cytometry. Strikingly, the

frequency of aortic T-bet-expressing Th1 cells was markedly higher in $Ccr4^{-/-}Apoe^{-/-}$ mice

than in $Apoe^{-/-}$ mice, while the proportions of Th2 and Th17 subsets did not differ between

the 2 groups (Figure 4F through 4H). We next analyzed the accumulation of CD4$^+$Foxp3$^+$

Tregs in the atherosclerotic aorta by flow cytometry and found no difference in the

proportion of CD4$^+$Foxp3$^+$ Tregs between the 2 groups (Figure 4I). Importantly, we found

a marked increase in the ratio of T-bet-expressing Th1 cells to CD4$^+$Foxp3$^+$ Tregs (Th1

cell/Treg ratio) in the atherosclerotic aorta of $Ccr4^{-/-}Apoe^{-/-}$ mice (Figure 4J), indicating

Th1-skewed immune responses in the atherosclerotic lesions of $Ccr4^{-/-}Apoe^{-/-}$ mice.

Collectively, these results suggest that CCR4 deficiency promotes the accumulation

of proatherogenic Th1 cells in para-aortic LNs and atherosclerotic aorta and shifts the

Th1 cell/Treg balance toward Th1 cell responses, leading to exacerbated aortic

inflammation and early atherosclerosis.

CCR4 expression on Tregs regulates Th1 cell responses and mediates Treg migration

to the atherosclerotic aorta

Given that CCR4 plays a crucial role in attenuating immunoinflammatory responses

in autoimmune or allergic disease via the modulation of Treg function,[17,18] we speculated

that despite the expansion and unaltered expression of activation- or function-associated

molecules in Tregs, these cells might be dysfunctional. To determine whether CCR4

deficiency affects the suppressive function of Tregs in hypercholesterolemia, we

performed an *in vitro* suppression assay. Interestingly, CCR4 deficiency significantly

impaired the suppressive function of Tregs isolated from hypercholesterolemic mice

(Figure 5A), indicating that CCR4 expression on Tregs may be important for the

regulation of proinflammatory immune responses and the development of early

atherosclerosis.

Interaction with DCs is well-known as one of the core suppressive mechanisms by

which Tregs control excessive immune responses. A previous report demonstrated that

the cell–cell contacts between Tregs and CCL22-deficient DCs are impaired.[28] Tregs limit

the CD80/CD86–CD28-dependent activation of T cells through CTLA-4-dependent

downregulation of CD80 and CD86 expression on DCs,[29] which may contribute to the

reduction in atherosclerosis.[30] Therefore, we examined the interactions between CCR4-

intact or CCR4-deficient Tregs and DCs by a coculture experiment (Figure 5B). As

expected, the upregulation of CD80 and CD86 expression on DCs mediated by

conventional T cells was markedly suppressed by coculture with Tregs from *Apoe*^{-/-} or

Ccr4^{-/-}*Apoe*^{-/-} mice (Figure 5C). Notably, the suppressive effect of CCR4-deficient Tregs

was significantly attenuated compared with that of CCR4-intact Tregs (Figure 5C). To

assess the involvement of CCR4 expression on Tregs in regulating the production of

proatherogenic IFN-γ by conventional T cells, we stimulated conventional T cells with an

anti-CD3 antibody and DCs in the presence or absence of CCR4-intact or CCR4-deficient

Tregs and analyzed IFN-γ production by ELISA (Figure 5B). IFN-γ production by

conventional T cells was markedly suppressed by coculture with CCR4-intact Tregs but

was not significantly affected by coculture with CCR4-deficient Tregs (Figure 5D).

Importantly, conventional T cells cocultured with CCR4-deficient Tregs produced more

IFN-γ than those cocultured with CCR4-intact Tregs (Figure 5D). These results suggest

that the augmented Th1 cell responses in the peripheral lymphoid tissues of *Ccr4*$^{-/-}$*Apoe*$^{-}$

$^{/-}$ mice are partly due to impaired Treg-dependent regulation of DC function.

As described above, CD4$^+$Foxp3$^+$ Treg accumulation in the atherosclerotic aorta of

Ccr4$^{-/-}$*Apoe*$^{-/-}$ mice was not altered despite the marked expansion of CD4$^+$Foxp3$^+$ Tregs

in peripheral lymphoid tissues. Based on these findings and previous reports showing the

impaired migratory capacity of CCR4-deficient Tregs to inflammatory tissues,[17,18] we

hypothesized that CCR4-deficient Tregs might have less capacity to migrate to

atherosclerotic lesions. To address this issue, we performed a Treg transfer experiment

using *Apoe*$^{-/-}$ or *Ccr4*$^{-/-}$*Apoe*$^{-/-}$ mice on a Kaede-Tg background[31] which provided us with

the opportunity to faithfully track transferred Tregs by monitoring the fluorescent Kaede

protein (Figure 5E). There was no difference in the migratory capacity of CCR4-intact or

CCR4-deficient Kaede-expressing Tregs to the peripheral LNs, spleen, or para-aortic LNs

of recipient *Apoe*$^{-/-}$ mice (Figure 5F through 5H). To promote the accumulation of T cells

in atherosclerotic aorta, we fed recipient *Apoe*$^{-/-}$ mice with a high-cholesterol diet and

analyzed the migration of transferred Tregs in the aorta. Interestingly, we found a

significant reduction in the proportion of CCR4-deficient Kaede-expressing Tregs in the

aorta of recipient *Apoe*$^{-/-}$ mice (Figure 5I), suggesting that CCR4-deficient Tregs have a

reduced ability to migrate to the atherosclerotic aorta, but not to the peripheral lymphoid

tissues, under hypercholesterolemia.

Taken together, these data demonstrate that CCR4 expression on Tregs plays a

critical role in regulating Th1 cell responses in lymphoid tissues and mediating Treg

migration to the atherosclerotic aorta under hypercholesterolemia, which cooperatively

contributes to the reduction in early atherosclerosis by efficiently mitigating aortic

inflammatory immune responses.

CCR4 expression on Tregs is critical for limiting aortic inflammation and the development of atherosclerosis

To provide direct evidence for the critical role of CCR4 expression in Tregs in reducing early atherosclerosis, we injected $Apoe^{-/-}$ mice with saline or Tregs from $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice and analyzed the aortic root atherosclerotic lesions of recipient $Apoe^{-/-}$ mice (Figure 6A). Although there were no significant differences in the aortic sinus mean plaque area among the 3 groups (data not shown), detailed analysis of the aortic root plaques at 5 different levels revealed significantly greater lesions in $Apoe^{-/-}$ mice that were administered CCR4-deficient Tregs than in $Apoe^{-/-}$ mice that were administered CCR4-intact Tregs (Figure 6B), suggesting that the impaired CCR4-deficient Treg function is involved in the acceleration of atherosclerosis in $Ccr4^{-/-}Apoe^{-/-}$ mice. There were no significant differences in body weight or plasma lipid profile among the 3 groups (Supplementary Table 2).

To determine the effect of Treg-specific CCR4 deficiency on plaque components, we performed immunohistochemical studies of atherosclerotic lesions in the aortic sinus. Compared with those of saline-injected $Apoe^{-/-}$ mice, the atherosclerotic lesions of $Apoe^{-/-}$ mice injected with CCR4-intact Tregs showed markedly reduced accumulation of macrophages (Figure 6C) and CD4$^+$ T cells (Figure 6D), whereas there were no differences in intraplaque accumulation of these inflammatory cells between saline-injected $Apoe^{-/-}$ mice and $Apoe^{-/-}$ mice injected with CCR4-deficient Tregs (Figure 6C and 6D). Notably, macrophage accumulation in the aortic sinus atherosclerotic lesions was markedly higher in $Apoe^{-/-}$ mice injected with CCR4-deficient Tregs than in $Apoe^{-/-}$ mice injected with CCR4-intact Tregs (Figure 6C). Collagen content in atherosclerotic lesions

was significantly higher in *Apoe*^{-/-} mice injected with CCR4-intact Tregs than in saline-

injected *Apoe*^{-/-} mice, while no difference in collagen was observed between between

saline-injected *Apoe*^{-/-} mice and *Apoe*^{-/-} mice injected with CCR4-deficient Tregs (Figure

6E).

Overall, we provide evidence that CCR4 protects against early atherosclerosis partly

by mediating Treg-dependent induction of a less inflammatory plaque phenotype.

Discussion

In the present study, we demonstrated that genetic deletion of CCR4 in

hypercholesterolemic *Apoe*^{-/-} mice accelerates the development of early atherosclerotic

lesions in the aortic root which exhibit an inflammatory phenotype, associated with

proatherogenic Th1 cell-skewed responses in the peripheral lymphoid tissues, para-aortic

LNs, and atherosclerotic aorta. Furthermore, T cell-DC coculture and Treg transfer

experiments revealed that CCR4 expression on Tregs regulates the development of early

atherosclerosis by suppressing Th1 cell responses in lymphoid tissues and mediating Treg

migration to the atherosclerotic aorta. Thus, we identified a novel role for the

CCL17/CCL22–CCR4 axes in controlling early atherosclerosis via favorable modulation

of the Th1 cell/Treg balance.

Emerging experimental and clinical data obtained by single-cell RNA sequencing

and mass cytometry have clearly shown that CD4^{+} or CD8^{+} T cells are the dominant

populations in human[5] and mouse[32] atherosclerotic plaques. Recent experimental and

clinical evidence has demonstrated that dysregulation of the balance of proatherogenic

Th1 cells and anti-atherogenic Tregs has adverse effects on atherosclerotic disease.[13] In

the present study, we found that the formation of early atherosclerotic lesions in the aortic

root was markedly accelerated by CCR4 deficiency, which was associated with the

upregulation of various helper T cell immune responses in peripheral lymphoid tissues

and augmented Th1 and Th17 cell-mediated responses in the atherosclerotic aorta. Given

the proatherogenic nature of Th1 cells,[7,8] our data indicate that Th1 cell-skewed responses

in peripheral lymphoid tissues, especially in atherosclerotic lesions, substantially

contributed to atherosclerotic lesion formation in $Ccr4^{-/-}Apoe^{-/-}$ mice. However, we cannot

exclude the possibility that augmented immune responses of other helper T cell subsets

might also contribute to accelerated atherosclerosis in $Ccr4^{-/-}Apoe^{-/-}$ mice.

As Th2 cells and some Th17 cells, but not Th1 cells, are known to express CCR4,[15]

the augmented Th1 cell responses observed in $Ccr4^{-/-}Apoe^{-/-}$ mice do not seem to be direct

effects of CCR4 deficiency and may involve other mechanisms. Given our recent report

showing the augmented immune responses related to Th1, Th2, and Th17 cells in

CD4$^+$Foxp3$^+$ Treg-depleted atherosclerosis-prone mice,[33] augmentation of these helper T

cell responses may be caused by dysregulated CD4$^+$Foxp3$^+$ Treg responses in our $Ccr4^{-/-}$

$Apoe^{-/-}$ mice. In line with experimental studies in mouse models of inflammatory diseases

showing a pivotal role for CCR4 in mediating Treg migration to inflammatory tissues,[17,18]

we found that CCR4 expression on Tregs is critical for regulating atherosclerosis by

mediating their migration to the atherosclerotic aorta. Another interesting finding is that

CCR4 deficiency markedly upregulated Th1 cell responses in peripheral lymphoid tissues

as well as in atherosclerotic lesions under hypercholesterolemia. T cell-DC coculture

experiments clearly demonstrated that CCR4 expression on Tregs is critical for

attenuating DC-dependent stimulation of Th1 cell responses by maintaining interactions

between Tregs and DCs and Treg suppressive function, which is supported by the findings

of a previous report showing a crucial role of the CCL22–CCR4 axis in the contact of

Tregs with DCs and regulation of inflammatory responses.[28] Based on these findings, we

propose that CCR4 deficiency in Tregs interrupts their contact with DCs in lymphoid

tissues and impairs their suppressive function despite their unaltered activation status,

leading to augmented Th1 cell responses and accelerated atherosclerosis. We speculate

that the increased frequency of Tregs in the peripheral lymphoid tissues of *Ccr4-/-Apoe-/-*

mice may be a compensatory effect in response to augmented Th1 cell-mediated

proinflammatory responses due to dysfunctional Tregs.

T cell costimulatory signals such as the CD28–CD80/CD86[10] and CD27–CD70[34]

pathways protect against atherosclerosis by systemically shifting the Th1 cell/Treg

balance toward Treg responses. Several approaches involving treatment with

cytokines[35,36], antibodies[11,36,37], an active form of vitamin D_3[38], or ultraviolet B

irradiation[39,40] have been reported to mitigate atherosclerosis via modulation of the Th1

cell/Treg balance in the peripheral lymphoid tissues and atherosclerotic lesions of

atherosclerosis-prone mice. Despite these reports, the mechanisms that regulate the T cell

balance in lymphoid tissues, particularly in atherosclerotic lesions, have not been fully

elucidated. The chemokine system plays an important role in the differentiation and

migration of various subsets of T cells including Tregs and has been shown to be involved

in the process of atherosclerosis.[14] We revealed that CCR4 protects against early

atherosclerosis by mediating Treg migration to the aorta and mitigating Th1 cell responses

in lymphoid tissues and atherosclerotic lesions, indicating a previously unrecognized role

of the chemokine system in regulating the Th1 cell/Treg balance to limit atherosclerosis.

We observed the accelerated development of early atherosclerotic lesions in *Ccr4-/-*

Apoe-/- mice fed a standard chow diet. However, previous studies showed that neither

hematopoietic nor systemic CCR4 deficiency affected the development of advanced

atherosclerotic lesions or Treg frequency in severely hypercholesterolemic mice.[22,24]

These findings suggest that the role of CCR4 may vary depending on the stages of

atherosclerosis. Given that Treg responses affected by CCR4 deficiency in mice with

early atherosclerotic lesions may be different from those in mice with advanced

atherosclerotic lesions, we speculate that the difference in Treg responses may be

responsible for the inconsistent findings on the role of CCR4 deficiency in atherosclerosis.

Our data show that interactions between CCR4 and CCL17/CCL22 may promote

Treg-skewed responses in lymphoid tissues and atherosclerotic lesions. However, studies

in hypercholesterolemic mice demonstrated that genetic deficiency of CCL17

ameliorated atherosclerotic lesion development by promoting Treg accumulation in

lymphoid tissues and atherosclerotic lesions independently of the CCL17–CCR4 axis.[22,24]

This suggests that CCL17 restrains Treg homeostasis and accelerates atherosclerosis,

although the role of the CCL17–CCR4 axis in the regulation of Treg homeostasis and

atherosclerosis remains elusive. A study in mouse models of myocardial injury showed

that CCL17 deficiency increased Treg recruitment to the heart and attenuated myocardial

inflammation and injury, which may be attributed to the cancelation of competitive

inhibition of CCL22-mediated Treg chemotaxis by CCL17,[41] suggesting that CCL17 may

impair Treg homeostasis via the inhibition of the CCL22–CCR4 axis. Given the crucial

role of the CCL22–CCR4 axis in mediating the Treg suppressive function described

above,[28] we propose that the CCL22–CCR4 axis plays a dominant role in the prevention

of atherosclerosis by promoting Treg function, which may be inhibited by stimulating the

CCL17–CCR4 axis. However, the specific roles of the CCL17–CCR4 and CCL22–CCR4

axes in the various stages of atherosclerosis have not been fully elucidated and further

studies are needed.

This study has several limitations. Although Treg transfer experiments revealed a

critical role for CCR4 in Tregs in protecting against early atherosclerosis, the use of

conditional knockout mice would provide additional definitive evidence. Our data were

obtained from animal experiments, and investigations using human samples will be

needed to translate our findings to clinical settings.

In conclusion, we demonstrated that CCR4 protects against early atherosclerosis by

favorably modulating the balance between proatherogenic Th1 cell responses and

atheroprotective Treg responses in lymphoid tissues and atherosclerotic lesions. We

showed that CCR4 expression on Tregs is critical for suppressing Th1 cell responses and

mediating Treg migration to the atherosclerotic aorta. Our data suggest that CCR4 is an

important negative regulator of atherosclerosis.

Methods

Animals

All mice were male on a C57BL/6 background and fed a standard chow diet or a

high-cholesterol diet containing 1.25% cholesterol (CLEA Japan, Tokyo, Japan) as

indicated. Wild-type mice were obtained from CLEA Japan. $Apoe^{-/-}$[11] and $Ccr4^{-/-}$ mice[42]

are previously described. We crossed $Ccr4^{-/-}$ mice with $Apoe^{-/-}$ mice to obtain $Ccr4^{-/-}Apoe^{-/-}$

$^{-/-}$ mice. Kaede-Tg mice (RBRC05737)[31] were provided by the RIKEN BRC through the

National BioResource Project of the MEXT/AMED, Japan. We housed mice in cages for

each strain or treatment group in a specific pathogen-free animal facility at Kobe

Pharmaceutical University. Randomization and allocation concealment were performed.

Littermate mice of each genotype were randomly allocated to each experimental group.

During the experiments, animal/cage location was not controlled. The investigators were

not blinded to the mouse genotype or treatment allocation. The criterion for exclusion

was defined as severe body weight loss and set before the study. However, during at least

2 observations per week, we did not find such symptoms, and no mice were excluded.

The experimental procedures were performed in our laboratory rooms or animal facility.

All animal experiments were approved by the Animal Care Committee of Kobe

Pharmaceutical University (permit numbers: 2018-008, 2019-011, 2020-050, 2021-038,

2022-005, 2023-038, and 2024-014) and conformed to the National Institutes of Health

Guide for the Care and Use of Laboratory Animals and the ARRIVE guidelines (Animal

Research: Reporting of *In Vivo* Experiments).

Assessment of biochemical parameters

Under anesthesia by intraperitoneal injection of medetomidine hydrochloride (0.3

mg/kg), midazolam (4 mg/kg), and butorphanol tartrate (5 mg/kg) (all from WAKO,

Osaka, Japan), blood was collected by the cardiac puncture after overnight fasting, and

plasma lipid profile was analyzed as described previously.[40] Concentrations of plasma

total cholesterol, high-density lipoprotein-cholesterol, and triglycerides were determined

enzymatically using an automated chemistry analyzer (Oriental Yeast Co., Ltd., Tokyo,

Japan).

Assessment of atherosclerotic lesion

The atherosclerotic lesions in the aortic root and thoracoabdominal aorta were

analyzed as described previously.[40] For analysis of atherosclerotic lesions in the aortic

root, 5 consecutive sections (10 μm thickness), spanning 600 μm of the aortic sinus (150

μm interval), were collected from each mouse and stained with hematoxylin-eosin. The

lesion area of the sections was quantified using the ImageJ (National Institutes of Health).

Some sections were stained with Oil Red O (Sigma) for representative photomicrographs

of the aortic sinus atherosclerotic lesions. For en face analysis of thoracoabdominal aortas,

the aorta was opened longitudinally and stained with Oil Red O. The proportion of the

lesion area was determined using the ImageJ.

Histological analysis of atherosclerotic lesions

Immunofluorescence staining of CCL17 and CCL22 in lymphoid tissues and

atherosclerotic lesions was performed on 4% paraformaldehyde-fixed cryosections of

mouse aortic roots using rabbit anti-CCL17 (1:200; abcam) or goat anti-CCL22 (1:200;

R&D Systems) antibodies, followed by detection with fluorescent secondary antibodies.

For costaining of macrophages in the above cryosections, anti-MOMA-2 (1:400; BMA

Biomedicals) and fluorescent secondary antibodies were also used. Stained sections were

digitally captured using a fluorescence microscope (BZ-X810; KEYENCE, Osaka,

Japan).

For the detection of macrophages or CD4$^+$ T cells, immunohistochemistry was

performed on 4% paraformaldehyde-fixed cryosections of mouse aortic roots using anti-

MOMA-2 or anti-CD4 (1:100; BD Biosciences) antibodies, followed by detection with

biotinylated secondary antibodies and streptavidin-horseradish peroxidase. Staining with

Masson's trichrome (Muto Pure Chemicals, Tokyo, Japan) was used to delineate the

fibrous area. Stained sections were digitally captured using a microscope (BZ-X810;

KEYENCE), and the percentage of the stained area (the stained area per total

atherosclerotic lesion area) was calculated as described previously.[11] CD4$^+$ T cells were

quantified as described previously by counting the number of positively stained cells,

which was divided by the total plaque area.[11] The primary and secondary antibodies used

are listed in Supplementary Table 3.

Flow cytometry

For flow cytometric analysis of lymphoid tissues, peripheral LN cells and

splenocytes were isolated and stained in PBS containing 2% fetal calf serum. For analysis

of immune cells within the aorta, mice were anesthetized, and the aorta was perfused with

cold saline. The aorta was dissected and the adventitial tissue was carefully removed. The

aorta was digested with Liberase TM (Roche Diagnostics) in plane RPMI medium at 37°C

for 45 min with vortexing. For the detection of CCR4 on aortic T cells, Collagenase D

(Sigma-Aldrich) was used instead of Liberase TM. A cell suspension obtained by mashing

the aorta through a 70-μm strainer was stained with antibodies specific for CD3, CD4,

CD45, CCR4, Foxp3, T-bet, RORγt, and GATA3. The Foxp3 staining buffer set (Thermo

Fisher Scientific) was used for intracellular staining of Foxp3. In all staining procedures,

Fc receptors were blocked by anti-CD16/CD32 (BD Biosciences). Flow cytometric

analysis was performed with FACSAria III (BD Biosciences) using FlowJo software

version 10.8.1 (Tree Star). The antibodies used were listed in Supplementary Table 4.

Intracellular cytokine staining

Immune cells from lymphoid tissues were stimulated with 20 ng/ml phorbol 12-

myristate 13-acetate (Sigma) and 1 mmol/L ionomycin (Sigma) for 5 hours in the

presence of Brefeldin A (Thermo Fisher Scientific). Intracellular cytokine staining was

performed as described previously.[40]

Cytokine assay

In cell culture experiments, RPMI 1640 medium (Sigma) supplemented with 10%

fetal calf serum, 50 μmol/L 2β-mercaptoethanol, and antibiotics was used. The production

of several major cytokines from CD4$^+$ T cells was examined as described previously.[30]

Splenic CD4$^+$ T cells (1×10^5 cells) isolated using MACS (Miltenyi Biotec) were

stimulated with plate-bound anti-CD3 (10 μg/mL, clone 145-2C11; BD Biosciences) and

soluble anti-CD28 antibodies (2 μg/mL, clone 37.51; BD Biosciences) in 96-well round-

bottomed plates for 48 hours. The concentrations of IL-4, IL-10, IL-17, and IFN-γ in

culture supernatants were determined by ELISA using paired antibodies specific for

corresponding cytokines (R&D Systems). The levels of multiple inflammation-associated

cytokines and chemokines in culture supernatants were determined using a Mouse

Cytokine Array Kit according to the manufacturer's instructions (R&D Systems).

In some experiments, CD4$^+$CD25$^+$ Tregs and CD4$^+$CD25$^-$ T cells were purified from

the peripheral LNs and spleen of *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice using a CD4$^+$CD25$^+$

Regulatory T Cell Isolation Kit (Miltenyi Biotec) and anti-CD4 beads (Miltenyi Biotec)

according to the manufacturer's instructions. The purity of each population was >95%, as

determined by flow cytometric analysis. CD11c$^+$ DCs were isolated from spleen of *Apoe$^-$*

$^{/-}$ mice treated with Liberase TM using MACS (Miltenyi Biotec). The purity of the

CD11c$^+$ population was approximately 93%, as determined by flow cytometric analysis.

CD4$^+$CD25$^-$ T cells (1×10^5 cells) from *Apoe$^{-/-}$* mice and splenic CD11c$^+$ DC (2×10^4 cells)

were cocultured with or without CD4$^+$CD25$^+$ Tregs (1.25×10^4 cells) from *Apoe$^{-/-}$* or *Ccr4$^-$*

$^{/-}$Apoe$^{-/-}$ mice in the presence of soluble anti-CD3 antibody (0.5 μg/mL) in 96-well round-

bottomed plates. Culture supernatants were collected at 48 hours and analyzed by ELISA

for IFN-γ as described above.

Treg suppression assay

For analysis of the *in vitro* suppressive function of Tregs, CD4$^+$CD25$^+$ Tregs and CD4$^+$CD25$^-$ T cells were purified from peripheral LNs and spleen of *Apoe$^{-/-}$* or *Ccr4$^{-/-}$ Apoe$^{-/-}$* mice as described above. Purified CD4$^+$CD25$^+$ Tregs from *Apoe$^{-/-}$* or *Ccr4$^{-/-}$ Apoe$^{-/-}$* mice were cocultured with carboxyfluorescein diacetate succinimidyl ester (Thermo Fisher Scientific)-labeled CD4$^+$CD25$^-$ conventional T cells (2.5×10^4 cells) from *Apoe$^{-/-}$* mice at the indicated ratios in the presence of mitomycin C (WAKO)-treated antigen-presenting cells (5×10^4 cells) and soluble anti-CD3 antibody (0.5 μg/mL) in 96-well round-bottomed plates. The cocultured cells were maintained at 37°C with 5% CO$_2$ for 3 days. The proliferation of carboxyfluorescein diacetate succinimidyl ester-labeled CD4$^+$CD25$^-$ conventional T cells was analyzed by flow cytometry.

Flow cytometric analysis of DC phenotypic changes

CD4$^+$CD25$^+$ Tregs and CD4$^+$CD25$^-$ T cells were purified from peripheral LNs and spleen of *Apoe$^{-/-}$* or *Ccr4$^{-/-}$ Apoe$^{-/-}$* mice, and CD11c$^+$ DCs were isolated from the spleen of *Apoe$^{-/-}$* mice as described above. CD4$^+$CD25$^-$ T cells (5×10^4 cell) from *Apoe$^{-/-}$* mice or a mixture of CD4$^+$CD25$^+$ Tregs (5×10^4 cells) from *Apoe$^{-/-}$* or *Ccr4$^{-/-}$ Apoe$^{-/-}$* mice and CD4$^+$CD25$^-$ T cells (5×10^4 cells) from *Apoe$^{-/-}$* mice were cocultured with splenic CD11c$^+$ DCs (4×10^4 cells) in the presence of soluble anti-CD3 antibody (0.1 μg/mL) in 96-well round-bottomed plates. After 48 hours of coculture, the cells were collected, stained with antibodies specific for IAb, CD11c, CD80, CD86, and 7-amino-actinomycin D (Sigma-Aldrich), and analyzed using FACSAria III (BD Biosciences).

Quantitative reverse transcription PCR analysis

Using TRIzol reagent (Thermo Fisher Scientific), we extracted total RNA from aorta which was perfused with cold saline and subsequently soaked in RNA later (Thermo Fisher Scientific). After the isolation of CD4$^+$CD25$^+$ Tregs and CD4$^+$CD25$^-$ T cells as described above, we extracted total RNA from the cells using an RNeasy Mini Kit (Qiagen). A PrimeScript RT reagent Kit (Takara, Shiga, Japan) was used for reverse transcription. Quantitative PCR analysis was conducted using a TB Green Ex Taq (Takara) and a StepOnePlus Real-Time PCR System (Thermo Fisher Scientific) according to the manufacturer's instructions. The primers used are listed in Supplementary Table 5. Amplification reactions were performed in duplicate and fluorescence curves were analyzed with the included software. GAPDH was used as an endogenous control reference.

***In vivo* Treg homing assay**

CD4$^+$CD25$^+$ Tregs were purified from the peripheral LNs and spleen of *Apoe*$^{-/-}$ Kaede-Tg or *Ccr4*$^{-/-}$*Apoe*$^{-/-}$Kaede-Tg mice as described above and were intravenously injected into recipient 18-week-old *Apoe*$^{-/-}$ mice (1×10^6 cells per mouse) on a high-cholesterol diet containing 1.25% cholesterol via the tail vein. At 20 hours after transfer, the Kaede$^+$ Treg proportions in the peripheral LNs, spleen, para-aortic LNs, and aorta of *Apoe*$^{-/-}$ mice were analyzed by flow cytometry.

Analysis of atherosclerotic lesions in Treg-transferred mice

To clarify the role of CCR4 expression in Tregs in regulating atherosclerosis, CD4$^+$CD25$^+$ Tregs were purified from the peripheral LNs and spleen of *Apoe*$^{-/-}$ or *Ccr4*$^{-/-}$

Apoe^{-/-} mice as described above and were intravenously injected into 12-week-old

recipient *Apoe*^{-/-} mice (1×10^6 cells per mouse) on a standard chow diet via the tail vein.

The atherosclerotic lesions were analyzed 4 weeks after transfer as described above.

Statistical analysis

Normality was assessed by Shapiro-Wilk normality test. Two-tailed Student's *t*-test

or Mann-Whitney *U*-test was used to detect significant differences between 2 groups

when appropriate. One-way ANOVA followed by Tukey's multiple comparisons test or

2-way ANOVA followed by Tukey's multiple comparisons test was performed for

multiple groups where appropriate. A value of $P<0.05$ was considered statistically

significant. No data were excluded from the analysis. The investigators were not blinded

to the data analysis. For statistical analysis, GraphPad Prism version 9.0 (GraphPad

Software Inc.) was used.

Acknowledgments

Kaede-Tg mice (RBRC05737) were provided by the RIKEN BRC through the National

BioResource Project of the MEXT/AMED, Japan.

Sources of Funding

This work was supported by Japan Society for the Promotion of Science (JSPS)

KAKENHI Grant Numbers JP21K08042 and JP24K11301 (to NS) and research grants

from Pfizer Japan Inc. (to YR), Astellas Pharma Inc. (to YR), Novartis Pharma K.K. (to

NS), Senshin Medical Research Foundation (to NS), and ONO Medical Research

Foundation (to NS).

Disclosures

None.

Author contributions

NS conceived the study. TT and NS designed the research, performed experiments, carried out data analyses, and wrote the manuscript. AK, HZA, and KI performed experiments, contributed to data interpretation, and reviewed the manuscript. SH, KM, KIH, TN, and YR contributed to data interpretation and reviewed and revised the manuscript.

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Figure 1

Figure 1. C-C chemokine receptor 4 (CCR4) deficiency accelerates the development of early atherosclerotic lesions characterized by an inflammatory plaque phenotype.

A, Representative photomicrographs of Oil Red O staining and quantitative analysis of atherosclerotic lesion area at 5 different levels and the average area in the aortic sinus of 18-week-old apolipoprotein E-deficient (*Apoe*^{-/-}) mice (n=24) or CCR4-deficient mice on an *Apoe*^{-/-} background (*Ccr4*^{-/-}*Apoe*^{-/-}; n=23). **B**, Representative photomicrographs of Oil Red O staining and quantitative analysis of atherosclerotic lesion area in the aorta of 18-week-old *Apoe*^{-/-} (n=15) or *Ccr4*^{-/-}*Apoe*^{-/-} mice (n=15). **C-E**, Representative sections and quantitative analyses of MOMA-2^{+} macrophages (**C**), CD4^{+} T cells (**D**), and collagen (**E**) in the aortic sinus. Arrowheads indicate the CD4^{+} T cells. n=10 per group. **F**, mRNA expression of pro- or anti-inflammatory cytokines and helper T cell-associated transcription factors in aorta. The expression levels of the target genes were normalized so that the mean values in *Apoe*^{-/-} mice were set to 1. n=8 to 10 per group. Eighteen-week-old *Apoe*^{-/-} or *Ccr4*^{-/-}*Apoe*^{-/-} mice were used for all experiments. Black bars represent 50, 200, or 500 µm as described. Data points represent individual animals. Horizontal bars represent means. Error bars indicate s.d. *$P<0.05$, **$P<0.01$; Mann-Whitney *U*-test: **A** and **F** *Il1b*; 2-tailed Student's *t*-test: **C**, **D**, **E**, and **F** *Il6*, *Tbx21*, and *Rorc*.

Figure 2

Figure 2. C-C chemokine receptor 4 (CCR4) deficiency augments effector T cell immune responses in peripheral lymphoid tissues.
A and **B**, Representative flow cytometric analysis of CD4⁺ forkhead box P3 (Foxp3)⁺ regulatory T cells (Tregs) (**A**) and CD4⁺CD44^highCD62L^low effector memory T cells (**B**) in the spleen of 8-week-old apolipoprotein E-deficient (*Apoe*⁻/⁻) mice or CCR4-deficient mice on an *Apoe*⁻/⁻ background (*Ccr4*⁻/⁻*Apoe*⁻/⁻). The graphs represent the total numbers and proportions of CD4⁺Foxp3⁺ Tregs (**A**) and CD4⁺CD44^highCD62L^low effector memory T cells (**B**) in the peripheral lymph nodes (LNs) and spleen of 8- or 18- week-old *Apoe*⁻/⁻ or *Ccr4*⁻/⁻*Apoe*⁻/⁻ mice. n=9 to 10 per group. **C** and **D**, The graphs represent the proportions of Ki-67 positive cells among CD4⁺Foxp3⁺ Tregs (**C**) and CD4⁺Foxp3⁻ non-Tregs (**D**) in the peripheral LNs and spleen of 8-week-old *Apoe*⁻/⁻ or *Ccr4*⁻/⁻*Apoe*⁻/⁻ mice, as assessed by flow cytometry. n=13 per group. **E**, Expression levels of activation-associated molecules cytotoxic T lymphocyte-associated antigen-4 (CTLA-4) and CD103 were analyzed by gating on CD4⁺Foxp3⁺ Tregs in the peripheral LNs of 8- or 18- week-old *Apoe*⁻/⁻ or *Ccr4*⁻/⁻*Apoe*⁻/⁻ mice. n=9 to 10 per group. **F**, mRNA expression of Treg-associated markers in splenic Tregs from 8-week-old *Apoe*⁻/⁻ or *Ccr4*⁻/⁻*Apoe*⁻/⁻ mice. n=8 per group. **G**, Expression levels of activation-associated molecules CTLA-4 and CD103 were analyzed by gating on CD4⁺Foxp3⁻ non-Tregs in the peripheral LNs of 8- or 18- week-old *Apoe*⁻/⁻ or *Ccr4*⁻/⁻*Apoe*⁻/⁻ mice. n=9 to 10 per group. **H**, mRNA expression of activation-associated molecules in splenic non-Tregs from 8-week-old *Apoe*⁻/⁻ or *Ccr4*⁻/⁻*Apoe*⁻/⁻ mice. n=8 per group. The expression levels of the target genes were normalized so that the mean values in *Apoe*⁻/⁻ mice were set to 1 (**F**, **H**). Data points represent individual animals. Horizontal bars represent means. Error bars indicate s.d. *$P<0.05$, **$P<0.01$; Mann-Whitney *U*-test: **A** second (8w) from the left, **B** second (8w) and third (8w) from the left, **C** left, and **H** *Cd44* and *Cd103*; 2-tailed Student's *t*-test: **A** first, second (18w), and third from the left, **B** first, second (18w), third (18w), and fourth from the left, **C** right, **D**, **E**, **G**, and **H** *Ctla4*. MFI indicates mean fluorescence intensity.

Figure 3

Figure 3. C-C chemokine receptor 4 (CCR4) deficiency promotes proinflammatory CD4+ T cell immune responses in peripheral lymphoid tissues.

A and **B**, The graphs represent the frequencies of interferon (IFN)-γ+, interleukin (IL)-4+, IL-10+, and IL-17+ CD4+ T cells in the peripheral lymph nodes (LNs) (**A**) and spleen (**B**) of 8-week-old apolipoprotein E-deficient (*Apoe*-/-) mice or CCR4-deficient mice on an *Apoe*-/- background (*Ccr4*-/-*Apoe*-/-). n=10 to 11 per group. **C** and **D**, Purified splenic CD4+ T cells from 8-week-old *Apoe*-/- or *Ccr4*-/-*Apoe*-/- mice were stimulated with plate-bound anti-CD3 and soluble anti-CD28 antibodies *in vitro*. The levels of various cytokines and chemokines in pooled cell supernatants from 8 mice in each group were determined semiquantitatively by a cytokine array kit (**C**). Data are representative of two independent experiments. Cytokine concentrations in the cell supernatants were measured by ELISA (**D**). n=8 per group. Data points represent individual animals. Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; Mann-Whitney *U*-test: **A**, **B** first from the left, and **D** second from the left; 2-tailed Student's *t*-test: **B** fourth from the left and **D** first, third, and fourth from the left.

Figure 4

Figure 4. C-C chemokine receptor 4 (CCR4) deficiency promotes T helper type 1 (Th1) cell responses in para-aortic lymph nodes (LNs) and atherosclerotic aorta.

A and **B**, Representative flow cytometric analysis of CD4⁺ forkhead box P3 (Foxp3)⁺ regulatory T cells (Tregs) (**A**) and CD4⁺CD44^high^CD62L^low^ effector memory T cells (**B**) in para-aortic LNs. The graphs represent the total numbers and proportions of CD4⁺Foxp3⁺ Tregs (**A**) and CD4⁺CD44^high^CD62L^low^ effector memory T cells (**B**) in para-aortic LNs. n=9 to 10 per group. **C** and **D**, mRNA expression of Treg-associated markers in Tregs (**C**) and mRNA expression of activation or helper T cell-associated molecules in non-Tregs (**D**) in para-aortic LNs. The expression levels of the target genes were normalized so that the mean values in apolipoprotein E-deficient (*Apoe*^-/-^) mice were set to 1. Tregs or non-Tregs purified from pooled para-aortic LNs of 9 to 10 mice were analyzed as a sample. n=4 per group. **E**, The graphs represent the frequencies of interferon (IFN)-γ⁺, interleukin (IL)-4⁺, IL-10⁺, and IL-17⁺ CD4⁺ T cells in para-aortic LNs. n=12 per group. **F-H**, Representative flow cytometric analysis of T-box expressed in T cells (T-bet) (**F**), GATA3 (**G**), and retinoic acid-related orphan receptor gamma t (RORγt) (**H**) expression in aortic CD3⁺CD4⁺CD45⁺ T cells. The graphs represent the frequencies of T-bet⁺ (**F**), GATA3⁺ (**G**), and RORγt⁺ (**H**) cells among aortic CD3⁺CD4⁺CD45⁺ T cells. n=9 per group. **I**, Representative flow cytometric analysis of Foxp3 expression in aortic CD3⁺CD4⁺CD45⁺ T cells. The graph represents the frequency of Foxp3⁺ Tregs among aortic CD3⁺CD4⁺CD45⁺ T cells. n=9 per group. **J**, The graph represents the ratio of CD4⁺T-bet⁺ Th1 cells to CD4⁺Foxp3⁺ Tregs (Th1 cell/Treg ratio). n=9 per group. Pooled aortic lymphoid cells from 2 mice were analyzed as a sample. Eighteen-week-old *Apoe*^-/-^ or CCR4-deficient mice on an *Apoe*^-/-^ background (*Ccr4*^-/-^*Apoe*^-/-^) were used for all experiments. Data points represent individual animals (**A**, **B**, and **E**) or individual pooled samples (**C**, **D**, **F-J**). Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; Mann-Whitney *U*-test: **D** *Cd103* and **J**; 2-tailed Student's *t*-test: **A**, **B**, **D** *Tbx21*, **E**, and **F**.

Figure 5

Figure 5. C-C chemokine receptor 4 (CCR4) expression on regulatory T cells (Tregs) regulates T helper type 1 cell responses and mediates Treg migration to the aorta.

A, The suppressive function of Tregs was assessed by evaluating the proliferation of carboxyfluorescein diacetate succinimidyl ester (CFSE)-labeled conventional T cells (Tconv) cocultured with Tregs from apolipoprotein E-deficient ($Apoe^{-/-}$) mice or CCR4-deficient mice on an $Apoe^{-/-}$ background ($Ccr4^{-/-}Apoe^{-/-}$). Data are presented as the results of triplicate wells and are representative of 2 independent experiments. Data are expressed as the mean±s.d. **B** and **C**, CD80 and CD86 expression in live splenic dendritic cells (DCs) after 2 days of coculture with Tconv from $Apoe^{-/-}$ mice, or a mixture of Tregs from $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice and Tconv from $Apoe^{-/-}$ mice in the presence of an anti-CD3 antibody. Data points represent the results of quintuplicate wells. Data are representative of 2 independent experiments. **B** and **D**, Tconv from $Apoe^{-/-}$ mice and DCs were cocultured with or without Tregs from $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice in the presence of an anti-CD3 antibody. Interferon (IFN)-γ concentrations in cell supernatants were measured by ELISA. Data points represent the results of sextuplicate wells. **E**, Eighteen-week-old $Apoe^{-/-}$ mice fed a high-cholesterol diet for 10 weeks received transfer of Tregs from $Apoe^{-/-}$Kaede-Tg or $Ccr4^{-/-}Apoe^{-/-}$Kaede-Tg mice, and the accumulation of Kaede+ Tregs in the peripheral lymphoid tissues and aorta was analyzed by flow cytometry 20 hours later. **F-I**, Representative flow cytometric analysis and the proportions of Kaede+ Tregs among CD4+ T cells in the peripheral lymph nodes (LNs) (**F**), spleen (**G**), para-aortic LNs (**H**), and aorta (**I**) of $Apoe^{-/-}$ mice that received $Apoe^{-/-}$Kaede+ Tregs or $Ccr4^{-/-}Apoe^{-/-}$Kaede+ Tregs. n=9 to 10 per group (**F-H**). Pooled aortic lymphoid cells from 5 mice in each group were used for analysis. The results are presented as the mean ±s.d. of 3 independent experiments. Treg migration was normalized so that the number of migrated $Apoe^{-/-}$Kaede+ Tregs was set to 1 (**I**). Data points represent individual animals (**F-H**) or individual pooled samples (**I**). Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; 1-way ANOVA followed by Tukey's multiple comparisons test: **C** and **D**; 2-tailed Student's t-test: **A** and **I**. MFI indicates mean fluorescence intensity.

Figure 6

Figure 6. C-C chemokine receptor 4 (CCR4) expression on regulatory T cells (Tregs) is critical for limiting aortic inflammation and the development of early atherosclerosis.
A, Tregs purified from the peripheral lymph nodes (LNs) and spleen of apolipoprotein E-deficient (*Apoe*^{-/-}) mice or CCR4-deficient mice on an *Apoe*^{-/-} background (*Ccr4*^{-/-}*Apoe*^{-/-}) were intravenously transferred into 12-week-old *Apoe*^{-/-} mice fed a standard chow diet, and atherosclerotic lesions were analyzed at 16 weeks of age. As a control without cell transfer, 12-week-old *Ccr4*^{-/-}*Apoe*^{-/-} mice were intravenously injected with saline and atherosclerotic lesions were analyzed at 16 weeks of age. **B**, Representative photomicrographs of Oil Red O staining and quantitative analysis of atherosclerotic lesion area at 5 different levels and maximal lesions in the aortic sinus of *Apoe*^{-/-} mice injected with saline (n=19), *Apoe*^{-/-} Tregs (n=17), or *Ccr4*^{-/-}*Apoe*^{-/-} Tregs (n=20). **C-E**, Representative sections and quantitative analyses of MOMA-2^{+} macrophages (**C**), CD4^{+} T cells (**D**), and collagen (**E**) in the aortic sinus of *Apoe*^{-/-} mice injected with saline, *Apoe*^{-/-} Tregs, or *Ccr4*^{-/-}*Apoe*^{-/-} Tregs. Arrowheads indicate the CD4^{+} T cells. n=10 per group. Black bars represent 50, 200, or 500 μm as described. Data points represent individual animals. Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; 1-way ANOVA followed by Tukey's multiple comparisons test.