C-C chemokine receptor 4 deficiency exacerbates early atherosclerosis in mice

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Abstract

Chronic inflammation via dysregulation of T cell immune responses is critically involved in the pathogenesis of atherosclerotic cardiovascular disease. Improving the balance between proinflammatory T cells and anti-inflammatory regulatory T cells (Tregs) may be an attractive approach for treating atherosclerosis. Although C-C chemokine receptor 4 (CCR4) has been shown to mediate the recruitment of T cells to inflamed tissues, its role in atherosclerosis is unclear. Here, we show that genetic deletion of CCR4 in hypercholesterolemic mice accelerates the development of early atherosclerotic lesions characterized by an inflammatory plaque phenotype. This was associated with the augmentation of proinflammatory T helper type 1 (Th1) cell responses in peripheral lymphoid tissues, para-aortic lymph nodes, and atherosclerotic aorta. Mechanistically, CCR4 deficiency in Tregs impaired their suppressive function and tended to inhibit their migration to the atherosclerotic aorta, and subsequently augmented Th1 cell-mediated immune responses through defective regulation of dendritic cell function, which accelerated aortic inflammation and atherosclerotic lesion development. Thus, we revealed a previously unrecognized role for CCR4 in controlling the early stage of atherosclerosis via Treg-dependent regulation of proinflammatory T cell responses. Our data suggest that CCR4 is an important negative regulator of atherosclerosis.

Keywords: atherosclerosis, immunology, T cells, chemokine receptor, inflammation

Introduction

Severe cardiovascular diseases, including ischemic heart disease and stroke, occur in patients with atherosclerosis and are major causes of mortality worldwide. Despite state-of-the-art intensive treatment, patients at high risk of atherosclerotic diseases have considerable residual risk, which could be partly related to vascular inflammatory responses.[1] Notably, recent clinical trials have provided evidence that anti-inflammatory therapies could be potentially novel approaches for preventing cardiovascular diseases in patients with the past disease history, although overall mortality has not improved.[2,3]

Chronic aortic inflammation via T cell-mediated immune dysregulation has been shown to be critically involved in the development of atherosclerosis.[4] Single-cell proteomic and transcriptomic approaches have revealed that activated and differentiated T cells are the major immune cells infiltrating human carotid artery plaques,[5] indicating the involvement of T cell-mediated immunoinflammatory responses in atherosclerotic plaque development in humans. A recent clinical trial provided evidence for the increased risk of atherosclerotic cardiovascular disease events in cancer patients treated with immune checkpoint inhibitors,[6] confirming the critical role of effector T cell (Teff) immune responses in the development of human atherosclerotic disease. Teffs including T helper type 1 (Th1) cells play a proatherogenic role by producing proinflammatory cytokines including interferon (IFN)-γ.[7,8] A recent translational study demonstrated that anti-CXC-motif-chemokine receptor 3 autoantibodies, which reflect Th1 cell-mediated responses, can be a novel biomarker and an inflammatory risk factor for cardiovascular morbidity and mortality beyond traditional risk factors, indicating the possible proatherogenic role of Th1 cells in humans.[9] On the other hand, several subsets of regulatory T cells (Tregs) including forkhead box P3 (Foxp3)-expressing Tregs play an

anti-atherogenic role by suppressing Teff-mediated immunoinflammatory responses or

reducing plasma atherogenic lipoprotein levels.[10-12] A number of approaches to

dampening proatherogenic Th1 cell responses or augmenting atheroprotective Treg

responses have been reported to be effective for the treatment and prevention of

atherosclerosis in experimental mouse models.[13] Despite accumulating evidence for the

critical role of the Th1 cell/Treg balance in atherosclerosis, how the balance of these T

cell populations is regulated in lymphoid tissues and atherosclerotic lesions to control

atherosclerosis is unclear.

Various immune cells including T cells and monocytes migrate to the aorta via

interactions between chemokines and their specific chemokine receptors and are

critically involved in the process of atherosclerosis.[14] However, few reports have

identified a chemokine system that prevents atherosclerosis by improving the Th1

cell/Treg balance in lymphoid tissues and atherosclerotic lesions. C-C chemokine

receptor 4 (CCR4) is expressed on several T cell subsets, including T helper type 2

(Th2) cells, T helper type 17 (Th17) cells, skin-homing T cells, and Tregs, but not on

proatherogenic Th1 cells.[15] CCR4 is a highly specific receptor for two CC chemokine

ligands CCL17 (thymus- and activation-regulated chemokine) and CCL22

(macrophage-derived chemokine)[16] which were shown to be expressed in mesenteric

lymph nodes (LNs) in a mouse model of inflammatory bowel disease[17] and lung tissues

affected by allergic airway inflammation.[18] These chemokines play a role in guiding

CCR4$^+$ T cells to the inflammatory sites with abundant expression of these

chemokines.[19,20] Previous experimental studies have suggested that the CCL17/CCL22–

CCR4 axes protect against inflammatory autoimmune diseases partly by promoting

Treg accumulation in target tissues.[17,18] The expression of CCL17 and CCL22 was also

observed in human and mouse atherosclerotic lesions.[21-23] Although the disruption of

the CCL17/CCL22–CCR4 axes did not affect the development of advanced

atherosclerotic lesions or the proportion of Tregs in peripheral lymphoid tissues in

atherosclerosis-prone mice fed a high-cholesterol diet,[22,24] its effect on the early stage of

atherosclerosis and Treg responses has not been investigated.

Here, we investigated the role of CCR4 in the development of early atherosclerotic

lesions and the underlying mechanisms in CCR4-deficient ($Ccr4^{-/-}$) mice on an

apolipoprotein E-deficient ($Apoe^{-/-}$) background fed a standard chow diet, with a

particular focus on CD4$^+$ T cell immune responses.

Results

CCR4 is predominantly expressed on CD4$^+$Foxp3$^+$ Tregs, and the ligands CCL17

and CCL22 are expressed in peripheral LNs and atherosclerotic lesions

To evaluate the expression levels of CCR4 on CD4$^+$ T cells under

normocholesterolemic or hypercholesterolemic conditions, we performed flow

cytometric analysis of peripheral LNs, spleen, and para-aortic LNs from wild-type,

$Apoe^{-/-}$, and $Ccr4^{-/-}Apoe^{-/-}$ mice. Notably, CCR4 expression was expressed on

approximately 15-25% of CD4$^+$Foxp3$^+$ Tregs from wild-type or $Apoe^{-/-}$ mice

(Supplementary Figure 1A through 1C), while CD4$^+$Foxp3$^-$ non-Tregs from these mice

expressed CCR4 at markedly lower levels, suggesting that CCR4 is predominantly

expressed on CD4$^+$Foxp3$^+$ Tregs and that hypercholesterolemia does not affect CCR4

expression. We also examined CCR4 expression on CD4$^+$Foxp3$^+$ Tregs in the

atherosclerotic aorta of $Apoe^{-/-}$ mice, and consistently found that CCR4 expression in

CD4$^+$Foxp3$^+$ Tregs was much higher than that in CD4$^+$Foxp3$^-$ non-Tregs

(Supplementary Figure 1D).

As CCL17 and CCL22, known as specific ligands for CCR4, are highly expressed

by dendritic cells (DCs) in LNs,[25,26] we examined their expression in the peripheral LNs

of wild-type, Apoe$^{-/-}$, and Ccr4$^{-/-}$Apoe$^{-/-}$ mice by immunohistochemistry. As expected,

clear expression of these chemokines was observed in the peripheral LNs of wild-type,

Apoe$^{-/-}$, and Ccr4$^{-/-}$Apoe$^{-/-}$ mice (Supplementary Figure 2). We also examined the

expression of CCL17 and CCL22 in the aorta of these mice by immunohistochemistry.

CCL17 expression was detected in the atherosclerotic lesions of Apoe$^{-/-}$ and

Ccr4$^{-/-}$Apoe$^{-/-}$ mice, and some lesional MOMA-2$^+$ macrophages expressed this

chemokine (Supplementary Figure 3A). However, CCL17 expression was not detected

in the aorta of wild-type mice without atherosclerotic plaques (Supplementary Figure

3A). Another ligand CCL22 was modestly expressed in atherosclerotic lesions and

partially colocalized with lesional MOMA-2$^+$ macrophages in Apoe$^{-/-}$ or Ccr4$^{-/-}$Apoe$^{-/-}$

mice, while its expression was not detected in the aorta of wild-type mice

(Supplementary Figure 3B).

Together, these findings suggest that Tregs may migrate to peripheral LNs and

atherosclerotic lesions partly via the CCL17/CCL22–CCR4 axes under

hypercholesterolemia.

CCR4 deficiency accelerates the development of early atherosclerotic lesions

characterized by an inflammatory plaque phenotype

To investigate the effect of CCR4 deficiency on the development of early

atherosclerosis, we analyzed the atherosclerotic lesions of 18-week-old Apoe$^{-/-}$ and

Ccr4$^{-/-}$Apoe$^{-/-}$ mice fed a standard chow diet. *Ccr4$^{-/-}$Apoe$^{-/-}$* mice developed normally

without any spontaneous inflammatory disease. Notably, compared with *Apoe$^{-/-}$* mice,

Ccr4$^{-/-}$Apoe$^{-/-}$ mice exhibited a significant increase in atherosclerotic lesion size in the

aortic sinus (aortic sinus mean plaque area: control *Apoe$^{-/-}$* mice: $1.46 \pm 0.50 \times 10^5$ μm^2

versus *Ccr4$^{-/-}$Apoe$^{-/-}$*: $2.04 \pm 0.82 \times 10^5$ μm^2, $P<0.05$; Figure 1A). In parallel with the

cross-sectional studies, we performed en face analysis of thoracoabdominal aortas,

revealing no significant difference in aortic plaque burden between the 2 groups (Figure

1B). There were no significant differences in body weight or plasma lipid profile

between the 2 groups (Supplementary Table 1).

To determine the effect of CCR4 deficiency on plaque components, we performed

immunohistochemical studies of atherosclerotic lesions in the aortic sinus. Notably,

compared with those of *Apoe$^{-/-}$* mice, the atherosclerotic lesions of *Ccr4$^{-/-}$Apoe$^{-/-}$* mice

showed a 20% increase in macrophage accumulation (Figure 1C) and a marked 42%

increase in CD4$^+$ T cell infiltration (Figure 1D). In addition, we performed

immunohistochemical analysis of Foxp3$^+$ Tregs in atherosclerotic lesions using an

anti-Foxp3 antibody. However, few Foxp3$^+$ Tregs were found within the plaques of

Apoe$^{-/-}$ or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice (data not shown). The proportion of collagen in the aortic

sinus plaques of *Ccr4$^{-/-}$Apoe$^{-/-}$* mice was significantly lower than that in the aortic sinus

plaques of *Apoe$^{-/-}$* mice (Figure 1E). These findings on atherosclerotic plaque size and

components collectively suggest that CCR4 plays a role in preventing the development

of early atherosclerotic lesions and inducing a less inflammatory plaque phenotype. To

further evaluate aortic immunoinflammatory responses, we analyzed the mRNA

expression of pro- and anti-inflammatory cytokines and transcription factors specific for

Tregs or helper T cell subsets in atherosclerotic aorta by quantitative reverse

transcription PCR. The mRNA expression of proinflammatory cytokines (*Il1b* and *Il6*),

Th1-related *Tbx21*, and Th17-related *Rorc* was markedly upregulated in the aorta of

$Ccr4^{-/-}Apoe^{-/-}$ mice, indicating augmented proatherogenic immune responses in the

atherosclerotic aorta (Figure 1F). The mRNA expression of the Treg-specific

transcription factor *Foxp3* was undetectable.

Collectively, these data suggest that CCR4 deficiency promotes the accumulation

of inflammatory cells and proinflammatory immune responses in the aorta, leading to

augmented development of early atherosclerotic lesions in the aortic root.

CCR4 deficiency augments Teff immune responses in peripheral lymphoid tissues

We examined the mechanisms by which CCR4 deficiency accelerates early

atherosclerosis by focusing on changes in systemic T cell responses, including those

involving $CD4^{+}Foxp3^{+}$ Tregs and $CD4^{+}Foxp3^{-}$ non-Tregs, in peripheral lymphoid

tissues. The frequencies of $CD4^{+}Foxp3^{+}$ Tregs and $CD4^{+}CD44^{high}CD62L^{low}$ effector

memory T cells were significantly higher in the spleen of 8- or 18-week-old

$Ccr4^{-/-}Apoe^{-/-}$ mice than in those of age-matched $Apoe^{-/-}$ mice (Figure 2A and 2B).

Similar tendency was observed for the peripheral LNs of these mice, although there was

no difference in the frequency of $CD4^{+}CD44^{high}CD62L^{low}$ effector memory T cells

between 8-week-old $Apoe^{-/-}$ and $Ccr4^{-/-}Apoe^{-/-}$ mice (Figure 2A and 2B). The absolute

numbers of $CD4^{+}Foxp3^{+}$ Tregs and $CD4^{+}CD44^{high}CD62L^{low}$ effector memory T cells

were significantly higher in the peripheral LNs of 8- or 18-week-old $Ccr4^{-/-}Apoe^{-/-}$ mice

than those of age-matched $Apoe^{-/-}$ mice (Figure 2A and 2B). The absolute number of

$CD4^{+}CD44^{high}CD62L^{low}$ effector memory T cells was also higher in the spleen of

18-week-old $Ccr4^{-/-}Apoe^{-/-}$ mice than that of age-matched $Apoe^{-/-}$ mice (Figure 2B).

Similar results were obtained for normocholesterolemic wild-type mice (Supplementary

Figure 4A and 4B), suggesting that the expansion of Tregs and effector memory T cells

in $Ccr4^{-/-}Apoe^{-/-}$ mice is independent of hypercholesterolemia. We evaluated the

proliferative capacity of CD4$^+$Foxp3$^+$ Tregs and CD4$^+$Foxp3$^-$ non-Tregs by analyzing

Ki-67 expression using flow cytometry and found that the proportions of Ki-67-positive

Tregs and non-Tregs were markedly higher in the peripheral LNs and spleen of

$Ccr4^{-/-}Apoe^{-/-}$ mice than in those of $Apoe^{-/-}$ mice (Figure 2C and 2D). To determine the

effect of CCR4 deficiency on T cell development in the thymus, we performed flow

cytometric analysis of thymocytes from 4-week-old $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice and

found no difference in the development of thymic T cells between the 2 groups

(Supplementary Figure 5A). In line with a previous report in normocholesterolemic

mice,[27] there was no difference in the frequency of thymic CD4$^+$Foxp3$^+$ Tregs between

the 2 groups (Supplementary Figure 5B). These data indicate that the increased numbers

of CD4$^+$Foxp3$^+$ Tregs and CD4$^+$Foxp3$^-$ non-Tregs in peripheral LNs are due to their

enhanced proliferative capacity but not to their promoted development in the thymus.

We also analyzed other immune cells in the spleen of $Apoe^{-/-}$ and $Ccr4^{-/-}Apoe^{-/-}$ mice by

flow   cytometry   and   found   no   major   differences   in   the   proportions   or

activation-associated molecule expression between the 2 groups, except for CD86

expression on DCs which was upregulated in $Ccr4^{-/-}Apoe^{-/-}$ mice (Supplementary Figure

6).

To determine the activation and function of CCR4-deficient CD4$^+$Foxp3$^+$ Tregs,

we investigated the expression of their activation- and function-associated molecules in

the peripheral LNs of 8- or 18-week-old $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice by flow cytometry.

Notably, CCR4 deficiency had no major effect on the expression of cytotoxic T

lymphocyte-associated antigen-4 (CTLA-4) or CD103 in CD4$^+$Foxp3$^+$ Tregs (Figure

2E). We also analyzed the mRNA expression of *Ccr4*, activation- or function-associated

molecules (*Foxp3*, *Ctla4*, *Cd103*, *Tnfrsf18*, *Il10*, and *Tgfb*), and major chemokine

receptors (*Ccr5*, *Ccr6*, *Ccr7*, and *Ccr8*) in splenic Tregs by quantitative reverse

transcription PCR. The *Ccr4* mRNA expression in Tregs from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice was

less than the detectable levels (Supplementary Figure 7A). In line with the data on

peripheral LNs, there were no significant differences in the mRNA expression of these

molecules between the 2 groups (Figure 2F;   Supplementary Figure 7A).

In contrast to the results on CD4$^+$Foxp3$^+$ Tregs, the expression of activation

marker CTLA-4 in peripheral LN CD4$^+$Foxp3$^-$ non-Tregs was higher in *Ccr4$^{-/-}$Apoe$^{-/-}$*

mice than in *Apoe$^{-/-}$* mice, although the expression of another activation marker CD103

was not altered by CCR4 deficiency (Figure 2G). We analyzed the mRNA expression of

Ccr4, activation-associated molecules (*Ctla4*, *Cd44*, *Cd69*, and *Cd103*), and

representative chemokine receptors (*Ccr1*, *Ccr5*, *Ccr6*, *Ccr7*, *Ccr8*, *Cxcr3*, and *Cx3cr1*)

in splenic non-Tregs by quantitative reverse transcription PCR. The *Ccr4* mRNA

expression in non-Tregs from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice was less than the detectable levels

(Supplementary Figure 7B). We found a marked increase in the mRNA expression of

activation-associated molecules (*Ctla4*, *Cd44*, and *Cd103*) in splenic non-Tregs from

Ccr4$^{-/-}$Apoe$^{-/-}$ mice (Figure 2H). We also observed upregulated mRNA expression of

various chemokine receptors including Th1-related *Ccr1*, *Cxcr3*, and *Cx3cr1*,

Th2-related *Ccr8*, and Th17-related *Ccr6* in splenic non-Tregs from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice

(Supplementary Figure 7B), indicating that CCR4 deficiency may promote the

activation and expansion of helper T cells and facilitate their migration to

atherosclerotic lesions. There were no significant differences in the mRNA expression

of other chemokine receptors (*Ccr5* and *Ccr7*) in splenic non-Tregs between the 2

groups (Supplementary Figure 7B).

Considering the accelerated early atherosclerosis observed in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice,

these results indicate that augmented Teff immune responses may affect atherosclerosis

more strongly than the increase in Tregs in peripheral lymphoid tissues.

CCR4 deficiency promotes proinflammatory CD4$^+$ T cell immune responses in

peripheral lymphoid tissues

To determine whether CCR4 deficiency affects CD4$^+$ T cell immune responses and

polarization, we examined cytokine secretion from CD4$^+$ T cells by intracellular

cytokine staining. The fraction of IFN-γ-producing Th1 cells in the peripheral LNs was

significantly higher in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than in *Apoe$^{-/-}$* mice, while there were no

differences in the fractions of other CD4$^+$ T cell subsets including interleukin

(IL)-4-producing Th2 cells, IL-10-producing CD4$^+$ T cells, and IL-17-producing Th17

cells between the 2 groups (Figure 3A). In line with this, the fraction of splenic Th1

cells was higher in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than in *Apoe$^{-/-}$* mice, although the proportion of

IL-17-producing Th17 cells was also higher in *Ccr4$^{-/-}$Apoe$^{-/-}$* mice than in *Apoe$^{-/-}$* mice

(Figure 3B).

We semiquantitatively analyzed the production of various cytokines or

chemokines by splenic CD4$^+$ T cells stimulated with plate-bound anti-CD3 and

anti-CD28 antibodies using a cytokine array kit. Compared with those from *Apoe$^{-/-}$* mice,

splenic CD4$^+$ T cells from *Ccr4$^{-/-}$Apoe$^{-/-}$* mice secreted more Th1-related cytokine IFN-γ,

Th2-related   cytokine   IL-13,   Th17-related   cytokine   IL-17,   and   various

inflammation-related cytokines and chemokines (Figure 3C). ELISA analysis confirmed

that the IFN-γ and IL-17 levels in the cell supernatants of $Ccr4^{-/-}Apoe^{-/-}$ mice were much

higher than those in the cell supernatants of $Apoe^{-/-}$ mice (Figure 3D). Although the

cytokine levels of Th2-related cytokine IL-4 and Treg-related anti-inflammatory

cytokine IL-10 were below the detectable levels by cytokine array analysis, ELISA

analysis revealed higher IL-4 and IL-10 production in splenic $CD4^+$ T cells from

$Ccr4^{-/-}Apoe^{-/-}$ mice than in those from $Apoe^{-/-}$ mice (Figure 3D), which may be

compensatory immune responses to the proinflammatory T cell responses caused by

CCR4 deficiency.

CCR4 deficiency promotes Th1 cell responses in para-aortic LNs and

atherosclerotic aorta

Next, we investigated the mechanisms by which CCR4 deficiency accelerates

early atherosclerosis by focusing on local immune responses in para-aortic LNs and

atherosclerotic aorta. Consistent with the peripheral LN data, the frequency and number

of $CD4^+Foxp3^+$ Tregs were significantly higher in the para-aortic LNs of $Ccr4^{-/-}Apoe^{-/-}$

mice than in those of $Apoe^{-/-}$ mice (Figure 4A). The number of $CD4^+CD44^{high}CD62L^{low}$

effector memory T cells was significantly higher in the para-aortic LNs of $Ccr4^{-/-}Apoe^{-/-}$

mice than in those of $Apoe^{-/-}$ mice, while their frequency did not differ between the 2

groups (Figure 4B).

In line with the data on peripheral lymphoid tissues, there were no significant

differences in the expression of activation- or function-associated molecules or

chemokine receptors in para-aortic LN Tregs between the 2 groups (Figure 4C;

Supplementary Figures 8 and 9A). Notably, the expression of $Cd103$ and Th1-related

$Tbx21$ was upregulated in para-aortic LN non-Tregs from $Ccr4^{-/-}Apoe^{-/-}$ mice, while the

expression of other activation- or helper T cell-associated molecules or chemokine

receptors was unaltered (Figure 4D; Supplementary Figure 9B). Flow cytometric

analysis of helper T cell subsets in para-aortic LNs revealed that the fractions of

IFN-γ-producing Th1 cells, IL-4-producing Th2 cells, and IL-17-producing Th17 cells

were significantly higher in $Ccr4^{-/-}Apoe^{-/-}$ mice than in $Apoe^{-/-}$ mice, suggesting

augmented proinflammatory CD4^{+} T cell immune responses by CCR4 deficiency

(Figure 4E).

We explored the infiltration of T-box expressed in T cells (T-bet)-expressing Th1

cells, GATA3-expressing Th2 cells, and retinoic acid-related orphan receptor gamma t

(RORγt)-expressing Th17 cells in atherosclerotic aorta by flow cytometry. Strikingly,

the frequency of aortic T-bet-expressing Th1 cells was markedly higher in $Ccr4^{-/-}Apoe^{-/-}$

mice than in $Apoe^{-/-}$ mice, while the proportions of Th2 and Th17 subsets did not differ

between the 2 groups (Figure 4F through 4H). We next analyzed the accumulation of

CD4^{+}Foxp3^{+} Tregs in the atherosclerotic aorta by flow cytometry and found no

difference in the proportion of CD4^{+}Foxp3^{+} Tregs between the 2 groups (Figure 4I).

Importantly, we found a marked increase in the ratio of T-bet-expressing Th1 cells to

CD4^{+}Foxp3^{+} Tregs (Th1 cell/Treg ratio) in the atherosclerotic aorta of $Ccr4^{-/-}Apoe^{-/-}$

mice (Figure 4J), indicating Th1-skewed immune responses in the atherosclerotic

lesions of $Ccr4^{-/-}Apoe^{-/-}$ mice.

Collectively, these results suggest that CCR4 deficiency promotes the selective

accumulation of proatherogenic Th1 cells in atherosclerotic aorta and the accumulation

of various helper T cell subsets including Th1 cells in para-aortic LNs and shifts the Th1

cell/Treg balance toward Th1 cell responses in atherosclerotic aorta, leading to

exacerbated aortic inflammation and early atherosclerosis.

CCR4 expression on Tregs regulates Th1 cell responses and may mediate Treg migration to the atherosclerotic aorta

Given that CCR4 plays a crucial role in attenuating immunoinflammatory responses in autoimmune or allergic disease via the modulation of Treg function,[17,18] we speculated that despite the expansion and unaltered expression of activation- or function-associated molecules in Tregs, these cells might be dysfunctional. To determine whether CCR4 deficiency affects the suppressive function of Tregs in hypercholesterolemia, we performed an *in vitro* suppression assay. Interestingly, CCR4 deficiency significantly impaired the suppressive function of Tregs isolated from hypercholesterolemic mice (Figure 5A), indicating that CCR4 expression on Tregs may be important for the regulation of proinflammatory immune responses and the development of early atherosclerosis.

Interaction with DCs is well-known as one of the core suppressive mechanisms by which Tregs control excessive immune responses. A previous report demonstrated that the cell–cell contacts between Tregs and CCL22-deficient DCs are impaired.[28] Tregs limit the CD80/CD86–CD28-dependent activation of T cells through CTLA-4-dependent downregulation of CD80 and CD86 expression on DCs,[29] which may contribute to the reduction in atherosclerosis.[30] Therefore, we examined the interactions between CCR4-intact or CCR4-deficient Tregs and DCs by a coculture experiment (Figure 5B). As expected, the upregulation of CD80 and CD86 expression on DCs mediated by conventional T cells was markedly suppressed by coculture with Tregs from $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice (Figure 5C). Notably, the suppressive effect of CCR4-deficient Tregs was significantly attenuated compared with that of CCR4-intact

Tregs (Figure 5C). To assess the involvement of CCR4 expression on Tregs in

regulating the production of proatherogenic IFN-γ by conventional T cells, we

stimulated conventional T cells with an anti-CD3 antibody and DCs in the presence or

absence of CCR4-intact or CCR4-deficient Tregs and analyzed IFN-γ production by

ELISA (Figure 5B). IFN-γ production by conventional T cells was markedly suppressed

by coculture with CCR4-intact Tregs, while it was not significantly affected by

coculture with CCR4-deficient Tregs (Figure 5D). Importantly, there was a marked

difference in the ability to suppress the production of IFN-γ from conventional T cells

between CCR4-intact Tregs and CCR4-deficient Tregs (Figure 5D). These results

suggest that the augmented Th1 cell responses in the peripheral lymphoid tissues of

Ccr4$^{-/-}$Apoe$^{-/-}$ mice are partly due to impaired Treg-dependent regulation of DC

function.

As described above, CD4$^+$Foxp3$^+$ Treg accumulation in the atherosclerotic aorta of

Ccr4$^{-/-}$Apoe$^{-/-}$ mice was not altered despite the marked expansion of CD4$^+$Foxp3$^+$ Tregs

in peripheral lymphoid tissues. Based on these findings and previous reports showing

the impaired migratory capacity of CCR4-deficient Tregs to inflammatory tissues,[17,18]

we hypothesized that CCR4-deficient Tregs might have less capacity to migrate to

atherosclerotic lesions. To address this issue, we performed a Treg transfer experiment

using *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice on a Kaede-Tg background[31] which provided us

with the opportunity to faithfully track transferred Tregs by monitoring the fluorescent

Kaede protein (Figure 5E). There was no difference in the migratory capacity of

CCR4-intact or CCR4-deficient Kaede-expressing Tregs to the peripheral LNs, spleen,

or para-aortic LNs of recipient *Apoe$^{-/-}$* mice (Figure 5F through 5H). To promote the

accumulation of T cells in atherosclerotic aorta, we fed recipient *Apoe$^{-/-}$* mice with a

high-cholesterol diet and analyzed the migration of transferred Tregs in the aorta.

Interestingly, we found a trend toward reduction in the proportion of CCR4-deficient

Kaede-expressing Tregs in the aorta of recipient *Apoe*^{-/-} mice (Figure 5I), suggesting

that CCR4-deficient Tregs may have a reduced ability to migrate to the atherosclerotic

aorta, but not to the peripheral lymphoid tissues, under hypercholesterolemia.

Taken together, these data demonstrate that CCR4 expression on Tregs plays a

critical role in regulating Th1 cell responses in lymphoid tissues and may mediate Treg

migration to the atherosclerotic aorta under hypercholesterolemia, which may

cooperatively contribute to the reduction in early atherosclerosis by efficiently

mitigating aortic inflammatory immune responses.

CCR4 expression on Tregs is critical for limiting aortic inflammation and the

development of atherosclerosis

To provide direct evidence for the critical role of CCR4 expression in Tregs in

reducing early atherosclerosis, we injected *Apoe*^{-/-} mice with saline or Tregs from

Apoe^{-/-} or *Ccr4*^{-/-}*Apoe*^{-/-} mice and analyzed the aortic root atherosclerotic lesions of

recipient *Apoe*^{-/-} mice (Figure 6A). Although there were no significant differences in the

aortic sinus mean plaque area among the 3 groups (data not shown), detailed analysis of

the aortic root plaques at 5 different levels revealed significantly greater lesions in

Apoe^{-/-} mice that were administered CCR4-deficient Tregs than in *Apoe*^{-/-} mice that were

administered CCR4-intact Tregs (Figure 6B), suggesting that the impaired

CCR4-deficient Treg function is involved in the acceleration of atherosclerosis in

Ccr4^{-/-}*Apoe*^{-/-} mice. There were no significant differences in body weight or plasma lipid

profile among the 3 groups (Supplementary Table 2). We further aimed to confirm these

findings by performing an additional experiment in which recipient $Ccr4^{-/-}Apoe^{-/-}$ mice

were administered Tregs from $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice or PBS and atherosclerotic

lesions were analyzed (Supplementary Figure 10A). There were no major differences in

body weight or plasma lipid profile among the 3 groups (Supplementary Table 3). The

anti-atherogenic effect of CCR4 expression in Tregs was not observed in these mice

(Supplementary Figure 10B). This could be possibly explained by the dysfunction of

Tregs under the enhanced inflammatory conditions in $Ccr4^{-/-}Apoe^{-/-}$ mice.

To determine the effect of Treg-specific CCR4 deficiency on plaque components,

we performed immunohistochemical studies of atherosclerotic lesions in the aortic sinus.

Compared with those of saline-injected $Apoe^{-/-}$ mice, the atherosclerotic lesions of

$Apoe^{-/-}$ mice injected with CCR4-intact Tregs showed markedly reduced accumulation

of macrophages (Figure 6C) and $CD4^+$ T cells (Figure 6D), whereas there were no

differences in intraplaque accumulation of these inflammatory cells between

saline-injected $Apoe^{-/-}$ mice and $Apoe^{-/-}$ mice injected with CCR4-deficient Tregs

(Figure 6C and 6D). Notably, macrophage accumulation in the aortic sinus

atherosclerotic lesions was markedly higher in $Apoe^{-/-}$ mice injected with

CCR4-deficient Tregs than in $Apoe^{-/-}$ mice injected with CCR4-intact Tregs (Figure 6C).

Collagen content in atherosclerotic lesions was significantly higher in $Apoe^{-/-}$ mice

injected with CCR4-intact Tregs than in saline-injected $Apoe^{-/-}$ mice, while no

difference in collagen was observed between saline-injected $Apoe^{-/-}$ mice and $Apoe^{-/-}$

mice injected with CCR4-deficient Tregs (Figure 6E).

Overall, we provide evidence that CCR4 protects against early atherosclerosis

partly by mediating Treg-dependent induction of a less inflammatory plaque phenotype.

Discussion

In the present study, we demonstrated that genetic deletion of CCR4 in hypercholesterolemic $Apoe^{-/-}$ mice accelerates the development of early atherosclerotic lesions in the aortic root which exhibit an inflammatory phenotype, associated with the augmentation of proatherogenic Th1 cell responses in the peripheral lymphoid tissues, para-aortic LNs, and atherosclerotic aorta. Furthermore, T cell-DC coculture and Treg transfer experiments revealed that CCR4 expression on Tregs regulates the development of early atherosclerosis by suppressing Th1 cell responses in lymphoid tissues and possibly by mediating Treg migration to the atherosclerotic aorta. Thus, we identified a novel role for the CCL17/CCL22–CCR4 axes in controlling early atherosclerosis via favorable modulation of the Th1 cell/Treg balance.

Emerging experimental and clinical data obtained by single-cell RNA sequencing and mass cytometry have clearly shown that $CD4^+$ or $CD8^+$ T cells are the dominant populations in human[5] and mouse[32] atherosclerotic plaques. Recent experimental and clinical evidence has demonstrated that dysregulation of the balance of proatherogenic Th1 cells and anti-atherogenic Tregs has adverse effects on atherosclerotic disease.[13] In the present study, we found that the formation of early atherosclerotic lesions in the aortic root was markedly accelerated by CCR4 deficiency, which was associated with the upregulation of various helper T cell immune responses in peripheral lymphoid tissues and augmented Th1 and Th17 cell-mediated responses in the atherosclerotic aorta. Given the proatherogenic nature of Th1 cells,[7,8] our data indicate that augmented Th1 cell responses in peripheral lymphoid tissues, especially in atherosclerotic lesions, substantially contributed to atherosclerotic lesion formation in $Ccr4^{-/-}Apoe^{-/-}$ mice. However, we cannot exclude the possibility that augmented immune responses of other

helper T cell subsets might also contribute to accelerated atherosclerosis in

Ccr4⁻ᐟ⁻Apoe⁻ᐟ⁻ mice.

As Th2 cells and some Th17 cells, but not Th1 cells, are known to express

CCR4,[15] the augmented Th1 cell responses observed in *Ccr4⁻ᐟ⁻Apoe⁻ᐟ⁻* mice do not seem

to be direct effects of CCR4 deficiency and may involve other mechanisms. Given our

recent report showing the augmented immune responses related to Th1, Th2, and Th17

cells in CD4⁺Foxp3⁺ Treg-depleted atherosclerosis-prone mice,[33] augmentation of these

helper T cell responses may be caused by dysregulated CD4⁺Foxp3⁺ Treg responses in

our *Ccr4⁻ᐟ⁻Apoe⁻ᐟ⁻* mice. In line with experimental studies in mouse models of

inflammatory diseases showing a pivotal role for CCR4 in mediating Treg migration to

inflammatory tissues,[17,18] we found that CCR4 expression on Tregs may be critical for

their migration to the atherosclerotic aorta, providing a possible mechanism for

CCR4-dependent regulation of atherosclerosis. Another interesting finding is that CCR4

deficiency markedly upregulated Th1 cell responses in peripheral lymphoid tissues as

well as in atherosclerotic lesions under hypercholesterolemia. This observation may not

depend on the activation status of Tregs because there were no major differences in the

expression of their activation- and function-associated molecules between *Apoe⁻ᐟ⁻* and

Ccr4⁻ᐟ⁻Apoe⁻ᐟ⁻ mice. Despite the lower expression of CD103 in the peripheral LN Tregs

of 8-week-old *Ccr4⁻ᐟ⁻Apoe⁻ᐟ⁻* mice, there was no significant difference in its expression

levels between 18-week-old *Apoe⁻ᐟ⁻* and *Ccr4⁻ᐟ⁻Apoe⁻ᐟ⁻* mice, indicating that reduced

CD103 expression in *Ccr4⁻ᐟ⁻Apoe⁻ᐟ⁻* mice may not be a noteworthy change. T cell-DC

coculture experiments clearly demonstrated that CCR4 expression on Tregs is critical

for attenuating DC-dependent stimulation of Th1 cell responses by maintaining

interactions between Tregs and DCs and Treg suppressive function, which is supported

by the findings of a previous report showing a crucial role of the CCL22–CCR4 axis in

the contact of Tregs with DCs and regulation of inflammatory responses.[28] In line with

the results of *in vitro* experiments, we found the upregulation of CD86 expression on

DCs in *Ccr4*^{-/-}*Apoe*^{-/-} mice, which may be derived from impaired ability of

CCR4-deficient Tregs to downregulate CD80 and CD86 expression on DCs. Based on

these findings, we propose that CCR4 deficiency in Tregs interrupts their contact with

DCs in lymphoid tissues and impairs their suppressive function, leading to augmented

Th1 cell responses and accelerated atherosclerosis. We speculate that the increased

frequency of Tregs in the peripheral lymphoid tissues of *Ccr4*^{-/-}*Apoe*^{-/-} mice may be a

compensatory effect in response to augmented Th1 cell-mediated proinflammatory

responses due to dysfunctional Tregs.

T cell costimulatory signals such as the CD28–CD80/CD86[10] and CD27–CD70[34]

pathways protect against atherosclerosis by systemically shifting the Th1 cell/Treg

balance toward Treg responses. Several approaches involving treatment with

cytokines[35,36], antibodies[11,36,37], an active form of vitamin D_3[38], or ultraviolet B

irradiation[39,40] have been reported to mitigate atherosclerosis via modulation of the Th1

cell/Treg balance in the peripheral lymphoid tissues and atherosclerotic lesions of

atherosclerosis-prone mice. Despite these reports, the mechanisms that regulate the T

cell balance in lymphoid tissues, particularly in atherosclerotic lesions, have not been

fully elucidated. The chemokine system plays an important role in the differentiation

and migration of various subsets of T cells including Tregs and has been shown to be

involved in the process of atherosclerosis.[14] We revealed that CCR4 protects against

early atherosclerosis by mitigating Th1 cell responses in lymphoid tissues and

atherosclerotic lesions and possibly by mediating Treg migration to the aorta. This

indicates a previously unrecognized role of the chemokine system in regulating the Th1

cell/Treg balance to limit atherosclerosis.

We observed the accelerated development of early atherosclerotic lesions in

Ccr4^{-/-}*Apoe*^{-/-} mice fed a standard chow diet. However, previous studies showed that

neither hematopoietic nor systemic CCR4 deficiency affected the development of

advanced atherosclerotic lesions or Treg frequency in severely hypercholesterolemic

mice.[22,24] These findings suggest that the role of CCR4 may vary depending on the

stages of atherosclerosis. Given that Treg responses affected by CCR4 deficiency in

mice with early atherosclerotic lesions may be different from those in mice with

advanced atherosclerotic lesions, we speculate that the difference in Treg responses may

be responsible for the inconsistent findings on the role of CCR4 deficiency in

atherosclerosis.

Our data show that interactions between CCR4 and CCL17/CCL22 may promote

Treg-skewed responses in lymphoid tissues and atherosclerotic lesions. However,

studies in hypercholesterolemic mice demonstrated that genetic deficiency of CCL17

ameliorated atherosclerotic lesion development by promoting Treg accumulation in

lymphoid tissues and atherosclerotic lesions independently of the CCL17–CCR4

axis.[22,24] This suggests that CCL17 restrains Treg homeostasis and accelerates

atherosclerosis, although the role of the CCL17–CCR4 axis in the regulation of Treg

homeostasis and atherosclerosis remains elusive. A study in mouse models of

myocardial injury showed that CCL17 deficiency increased Treg recruitment to the

heart and attenuated myocardial inflammation and injury, which may be attributed to the

cancelation of competitive inhibition of CCL22-mediated Treg chemotaxis by CCL17,[41]

suggesting that CCL17 may impair Treg homeostasis via the inhibition of the CCL22–

CCR4 axis. Given the crucial role of the CCL22–CCR4 axis in meditating the Treg

suppressive function described above,[28] we propose that the CCL22–CCR4 axis plays a

dominant role in the prevention of atherosclerosis by promoting Treg function, which

may be inhibited by stimulating the CCL17–CCR4 axis. However, the specific roles of

the CCL17–CCR4 and CCL22–CCR4 axes in the various stages of atherosclerosis have

not been fully elucidated and further studies are needed.

This study has several limitations. In flow cytometric analysis, we did not exclude

dead cells or doublets. This procedure could have increased the reliability of our data.

Although Treg transfer experiments revealed a critical role for CCR4 in Tregs in

protecting against early atherosclerosis, the use of conditional knockout mice would

provide additional definitive evidence. Our data were obtained from animal experiments,

and investigations using human samples will be needed to translate our findings to

clinical settings.

In conclusion, we demonstrated that CCR4 protects against early atherosclerosis

by favorably modulating the balance between proatherogenic Th1 cell responses and

atheroprotective Treg responses. We showed that CCR4 expression on Tregs is critical

for suppressing Th1 cell responses and may play an important role in mediating Treg

migration to the atherosclerotic aorta. Our data suggest that CCR4 is an important

negative regulator of atherosclerosis.

Methods

Animals

All mice were male on a C57BL/6 background and fed a standard chow diet or a

high-cholesterol diet containing 1.25% cholesterol (CLEA Japan, Tokyo, Japan) as

526 indicated. Wild-type mice were obtained from CLEA Japan. $Apoe^{-/-}$[11] and $Ccr4^{-/-}$ mice[42]

527 are previously described. We crossed $Ccr4^{-/-}$ mice with $Apoe^{-/-}$ mice to obtain

528 $Ccr4^{-/-}Apoe^{-/-}$ mice. Kaede-Tg mice (RBRC05737)[31] were provided by the RIKEN BRC

529 through the National BioResource Project of the MEXT/AMED, Japan. We housed

530 mice in cages for each strain or treatment group in a specific pathogen-free animal

531 facility at Kobe Pharmaceutical University. Randomization and allocation concealment

532 were performed. Littermate mice of each genotype were randomly allocated to each

533 experimental group. During the experiments, animal/cage location was not controlled.

534 The investigators were not blinded to the mouse genotype or treatment allocation. The

535 criterion for exclusion was defined as severe body weight loss and set before the study.

536 However, during at least 2 observations per week, we did not find such symptoms, and

537 no mice were excluded. The experimental procedures were performed in our laboratory

538 rooms or animal facility. All animal experiments were approved by the Animal Care

539 Committee of Kobe Pharmaceutical University (permit numbers: 2018-008, 2019-011,

540 2020-050, 2021-038, 2022-005, 2023-038, and 2024-014) and conformed to the

541 National Institutes of Health Guide for the Care and Use of Laboratory Animals and the

542 ARRIVE guidelines (Animal Research: Reporting of *In Vivo* Experiments).

544 **Assessment of biochemical parameters**

545  Under anesthesia by intraperitoneal injection of medetomidine hydrochloride (0.3

546 mg/kg), midazolam (4 mg/kg), and butorphanol tartrate (5 mg/kg) (all from WAKO,

547 Osaka, Japan), blood was collected by the cardiac puncture after overnight fasting, and

548 plasma lipid profile was analyzed as described previously.[40] Concentrations of plasma

549 total cholesterol, high-density lipoprotein-cholesterol, and triglycerides were determined

enzymatically using an automated chemistry analyzer (Oriental Yeast Co., Ltd., Tokyo,

Japan).

Assessment of atherosclerotic lesion

The atherosclerotic lesions in the aortic root and thoracoabdominal aorta were

analyzed as described previously.[40] For analysis of atherosclerotic lesions in the aortic

root, 5 consecutive sections (10 μm thickness), spanning 600 μm of the aortic sinus (150

μm interval), were collected from each mouse and stained with hematoxylin-eosin. The

lesion area of the sections was quantified using the ImageJ (National Institutes of

Health). Some sections were stained with Oil Red O (Sigma) for representative

photomicrographs of the aortic sinus atherosclerotic lesions. For en face analysis of

thoracoabdominal aortas, the aorta was opened longitudinally and stained with Oil Red

O. The proportion of the lesion area was determined using the ImageJ.

Histological analysis of atherosclerotic lesions

Immunofluorescence staining of CCL17 and CCL22 in lymphoid tissues and

atherosclerotic lesions was performed on 4% paraformaldehyde-fixed cryosections of

mouse aortic roots using rabbit anti-CCL17 (1:200; abcam) or goat anti-CCL22 (1:200;

R&D Systems) antibodies, followed by detection with fluorescent secondary antibodies.

For costaining of macrophages in the above cryosections, anti-MOMA-2 (1:400; BMA

Biomedicals) and fluorescent secondary antibodies were also used. Stained sections

were digitally captured using a fluorescence microscope (BZ-X810; KEYENCE, Osaka,

Japan).

For the detection of macrophages or CD4$^+$ T cells, immunohistochemistry was

performed on 4% paraformaldehyde-fixed cryosections of mouse aortic roots using

anti-MOMA-2 or anti-CD4 (1:100; BD Biosciences) antibodies, followed by detection

with biotinylated secondary antibodies and streptavidin-horseradish peroxidase.

Staining with Masson's trichrome (Muto Pure Chemicals, Tokyo, Japan) was used to

delineate the fibrous area. Stained sections were digitally captured using a microscope

(BZ-X810; KEYENCE), and the percentage of the stained area (the stained area per

total atherosclerotic lesion area) was calculated as described previously.[11] CD4$^+$ T cells

were quantified as described previously by counting the number of positively stained

cells, which was divided by the total plaque area.[11] The primary and secondary

antibodies used are listed in Supplementary Table 4.

Flow cytometry

For flow cytometric analysis of lymphoid tissues, peripheral LN cells and

splenocytes were isolated and stained in PBS containing 2% fetal calf serum. For

analysis of immune cells within the aorta, mice were anesthetized, and the aorta was

perfused with cold saline. The aorta was dissected and the adventitial tissue was

carefully removed. The aorta was digested with Liberase TM (Roche Diagnostics) in

plane RPMI medium at 37℃ for 45 min with vortexing. For the detection of CCR4 on

aortic T cells, Collagenase D (Sigma-Aldrich) was used instead of Liberase TM. A cell

suspension obtained by mashing the aorta through a 70-μm strainer was stained with

antibodies specific for CD3, CD4, CD45, CCR4, Foxp3, T-bet, RORγt, and GATA3.

The Foxp3 staining buffer set (Thermo Fisher Scientific) was used for intracellular

staining of Foxp3. In all staining procedures, Fc receptors were blocked by

anti-CD16/CD32 (BD Biosciences). Flow cytometric analysis was performed with

FACSAria III (BD Biosciences) using FlowJo software version 10.8.1 (Tree Star). The

antibodies used were listed in Supplementary Table 5. Gating strategy of flow

cytometric analysis of aortic T cells was shown in Supplementary Figure 11.

Intracellular cytokine staining

Immune cells from lymphoid tissues were stimulated with 20 ng/ml phorbol

12-myristate 13-acetate (Sigma) and 1 mmol/L ionomycin (Sigma) for 5 hours in the

presence of Brefeldin A (Thermo Fisher Scientific). Intracellular cytokine staining was

performed as described previously.[40]

Cytokine assay

In cell culture experiments, RPMI 1640 medium (Sigma) supplemented with 10%

fetal calf serum, 50 μmol/L 2β-mercaptoethanol, and antibiotics was used. The

production of several major cytokines from CD4$^+$ T cells was examined as described

previously.[30] Splenic CD4$^+$ T cells (1×10^5 cells) isolated using MACS (Miltenyi Biotec)

were stimulated with plate-bound anti-CD3 (10 μg/mL, clone 145-2C11; BD

Biosciences) and soluble anti-CD28 antibodies (2 μg/mL, clone 37.51; BD Biosciences)

in 96-well round-bottomed plates for 48 hours. The concentrations of IL-4, IL-10, IL-17,

and IFN-γ in culture supernatants were determined by ELISA using paired antibodies

specific for corresponding cytokines (R&D Systems). The levels of multiple

inflammation-associated cytokines and chemokines in culture supernatants were

determined using a Mouse Cytokine Array Kit according to the manufacturer's

instructions (R&D Systems).

In some experiments, CD4$^+$CD25$^+$ Tregs and CD4$^+$CD25$^-$ T cells were purified

from the peripheral LNs and spleen of *Apoe*$^{-/-}$ or *Ccr4*$^{-/-}$*Apoe*$^{-/-}$ mice using a

CD4$^+$CD25$^+$ Regulatory T Cell Isolation Kit (Miltenyi Biotec) and anti-CD4 beads

(Miltenyi Biotec) according to the manufacturer's instructions. The purity of each

population was >95% and most of the CD4$^+$CD25$^+$ T cells expressed Foxp3, as

determined by flow cytometric analysis. The viability of each cell population was

analyzed using 7-amino-actinomycin D (BD Biosciences) and Alexa Fluor 488 Annexin

V/Dead cell Apoptosis Kit (Thermo Fisher scientific). The detailed data were shown in

Supplementary Figure 12. CD11c$^+$ DCs were isolated from spleen of *Apoe*$^{-/-}$ mice

treated with Liberase TM using MACS (Miltenyi Biotec). The purity of the CD11c$^+$

population was approximately 93%, as determined by flow cytometric analysis.

CD4$^+$CD25$^-$ T cells (1×10^5 cells) from *Apoe*$^{-/-}$ mice and splenic CD11c$^+$ DC (2×10^4

cells) were cocultured with or without CD4$^+$CD25$^+$ Tregs (1.25×10^4 cells) from *Apoe*$^{-/-}$

or *Ccr4*$^{-/-}$*Apoe*$^{-/-}$ mice in the presence of soluble anti-CD3 antibody (0.5 μg/mL) in

96-well round-bottomed plates. Culture supernatants were collected at 48 hours and

analyzed by ELISA for IFN-γ as described above.

Treg suppression assay

For analysis of the *in vitro* suppressive function of Tregs, CD4$^+$CD25$^+$ Tregs and

CD4$^+$CD25$^-$ T cells were purified from pooled peripheral LNs and spleen of *Apoe*$^{-/-}$ or

Ccr4$^{-/-}$*Apoe*$^{-/-}$ mice as described above. Purified CD4$^+$CD25$^+$ Tregs from *Apoe*$^{-/-}$ or

Ccr4$^{-/-}$*Apoe*$^{-/-}$ mice were cocultured with carboxyfluorescein diacetate succinimidyl

ester (Thermo Fisher Scientific)-labeled CD4$^+$CD25$^-$ conventional T cells (2.5×10^4

cells) from *Apoe*$^{-/-}$ mice at the indicated ratios in the presence of mitomycin C

(WAKO)-treated antigen-presenting cells (5×10^4 cells) and soluble anti-CD3 antibody

(0.5 μg/mL) in 96-well round-bottomed plates. Splenocytes were used as

antigen-presenting cells. The cocultured cells were maintained at 37°C with 5% CO_2 for

3 days. The proliferation of carboxyfluorescein diacetate succinimidyl ester-labeled

$CD4^+CD25^-$ conventional T cells was analyzed by flow cytometry.

Flow cytometric analysis of DC phenotypic changes

$CD4^+CD25^+$ Tregs and $CD4^+CD25^-$ T cells were purified from peripheral LNs and

spleen of *Apoe*$^{-/-}$ or *Ccr4*$^{-/-}$*Apoe*$^{-/-}$ mice, and $CD11c^+$ DCs were isolated from the spleen

of *Apoe*$^{-/-}$ mice as described above. $CD4^+CD25^-$ T cells (5×10^4 cell) from *Apoe*$^{-/-}$ mice

or a mixture of $CD4^+CD25^+$ Tregs (5×10^4 cells) from *Apoe*$^{-/-}$ or *Ccr4*$^{-/-}$*Apoe*$^{-/-}$ mice and

$CD4^+CD25^-$ T cells (5×10^4 cells) from *Apoe*$^{-/-}$ mice were cocultured with splenic

$CD11c^+$ DCs (4×10^4 cells) in the presence of soluble anti-CD3 antibody (0.1 μg/mL) in

96-well round-bottomed plates. After 48 hours of coculture, the cells were collected,

stained with antibodies specific for IAb, CD11c, CD80, CD86, and

7-amino-actinomycin D, and analyzed using FACSAria III (BD Biosciences).

Quantitative reverse transcription PCR analysis

Using TRIzol reagent (Thermo Fisher Scientific), we extracted total RNA from

aorta which was perfused with cold saline and subsequently soaked in RNA later

(Thermo Fisher Scientific). After the isolation of $CD4^+CD25^+$ Tregs and $CD4^+CD25^-$ T

cells as described above, we extracted total RNA from the cells using an RNeasy Mini

Kit (Qiagen). A PrimeScript RT reagent Kit (Takara, Shiga, Japan) was used for reverse

transcription. Quantitative PCR analysis was conducted using a TB Green Ex Taq

(Takara) and a StepOnePlus Real-Time PCR System (Thermo Fisher Scientific)

according to the manufacturer's instructions. The primers used are listed in

Supplementary Table 6. Amplification reactions were performed in duplicate and

fluorescence curves were analyzed with the included software. GAPDH was used as an

endogenous control reference.

In vivo **Treg homing assay**

CD4$^+$CD25$^+$ Tregs were purified from the peripheral LNs and spleen of

*Apoe$^{-/-}$*Kaede-Tg or *Ccr4$^{-/-}$Apoe$^{-/-}$*Kaede-Tg mice as described above and were

intravenously injected into recipient 18-week-old *Apoe$^{-/-}$* mice (1×10^6 cells per mouse)

on a high-cholesterol diet containing 1.25% cholesterol via the tail vein. At 20 hours

after transfer, the Kaede$^+$ Treg proportions in the peripheral LNs, spleen, para-aortic

LNs, and aorta of *Apoe$^{-/-}$* mice were analyzed by flow cytometry. Gating strategy of

flow cytometric analysis of aortic T cells was shown in Supplementary Figure 13.

Analysis of atherosclerotic lesions in Treg-transferred mice

To clarify the role of CCR4 expression in Tregs in regulating atherosclerosis,

CD4$^+$CD25$^+$ Tregs were purified from the peripheral LNs and spleen of *Apoe$^{-/-}$* or

Ccr4$^{-/-}$Apoe$^{-/-}$ mice as described above and were intravenously injected into 12-week-old

recipient *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice (1×10^6 cells per mouse) on a standard chow diet

via the tail vein. The atherosclerotic lesions were analyzed 4 weeks after transfer as

described above.

Statistical analysis

Normality was assessed by Shapiro-Wilk normality test. Two-tailed Student's

t-test, Mann-Whitney U-test, or one-sample t-test was used to detect significant

differences between 2 groups when appropriate. One-way ANOVA followed by Tukey's

multiple comparisons test or 2-way ANOVA followed by Tukey's multiple comparisons

test was performed for multiple groups where appropriate. A value of $P<0.05$ was

considered statistically significant. No data were excluded from the analysis. The

investigators were not blinded to the data analysis. For statistical analysis, GraphPad

Prism version 9.0 (GraphPad Software Inc.) was used.

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Disclosures

None.

Author contributions

NS conceived the study. TT and NS designed the research, performed experiments,

carried out data analyses, and wrote the manuscript. AK, HZA, and KI performed

experiments, contributed to data interpretation, and reviewed the manuscript. SH, KM,

KIH, TN, and YR contributed to data interpretation and reviewed and revised the

manuscript.

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Figure 1

Figure 1. C-C chemokine receptor 4 (CCR4) deficiency accelerates the development of early atherosclerotic lesions characterized by an inflammatory plaque phenotype.

A, Representative photomicrographs of Oil Red O staining and quantitative analysis of atherosclerotic lesion area at 5 different levels and the average area in the aortic sinus of 18-week-old apolipoprotein E-deficient (*Apoe*^{-/-}) mice (n=24) or CCR4-deficient mice on an *Apoe*^{-/-} background (*Ccr4*^{-/-}*Apoe*^{-/-}; n=23). **B**, Representative photomicrographs of Oil Red O staining and quantitative analysis of atherosclerotic lesion area in the aorta of 18-week-old *Apoe*^{-/-} (n=15) or *Ccr4*^{-/-}*Apoe*^{-/-} mice (n=15). **C-E**, Representative sections and quantitative analyses of MOMA-2^{+} macrophages (**C**), CD4^{+} T cells (**D**), and collagen (**E**) in the aortic sinus. Arrowheads indicate the CD4^{+} T cells. n=10 per group. **F**, mRNA expression of pro- or anti-inflammatory cytokines and helper T cell-associated transcription factors in aorta. The expression levels of the target genes were normalized so that the mean values in *Apoe*^{-/-} mice were set to 1. n=8 to 10 per group. Eighteen-week-old *Apoe*^{-/-} or *Ccr4*^{-/-}*Apoe*^{-/-} mice were used for all experiments. Black bars represent 50, 200, or 500 μm as described. Data points represent individual animals. Horizontal bars represent means. Error bars indicate s.d. *$P<0.05$, **$P<0.01$; Mann-Whitney U-test: **A** and **F** *Il1b*; 2-tailed Student's t-test: **C**, **D**, **E**, and **F** *Il6*, *Tbx21*, and *Rorc*.

Figure 2

Figure 2. C-C chemokine receptor 4 (CCR4) deficiency augments effector T cell immune responses in peripheral lymphoid tissues.
A and **B**, Representative flow cytometric analysis of CD4$^+$ forkhead box P3 (Foxp3)$^+$ regulatory T cells (Tregs) (**A**) and CD4$^+$CD44^{high}CD62L^{low} effector memory T cells (**B**) in the spleen of 8-week-old apolipoprotein E-deficient (*Apoe$^{-/-}$*) mice or CCR4-deficient mice on an *Apoe$^{-/-}$* background (*Ccr4$^{-/-}$Apoe$^{-/-}$*). The graphs represent the total numbers and proportions of CD4$^+$Foxp3$^+$ Tregs (**A**) and CD4$^+$CD44^{high}CD62L^{low} effector memory T cells (**B**) in the peripheral lymph nodes (LNs) and spleen of 8- or 18- week-old *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice. n=9 to 10 per group. **C** and **D**, The graphs represent the proportions of Ki-67 positive cells among CD4$^+$Foxp3$^+$ Tregs (**C**) and CD4$^+$Foxp3$^-$ non-Tregs (**D**) in the peripheral LNs and spleen of 8-week-old *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice, as assessed by flow cytometry. n=13 per group. **E**, Expression levels of activation-associated molecules cytotoxic T lymphocyte-associated antigen-4 (CTLA-4) and CD103 were analyzed by gating on CD4$^+$Foxp3$^+$ Tregs in the peripheral LNs of 8- or 18- week-old *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice. n=9 to 10 per group. **F**, mRNA expression of Treg-associated markers in splenic Tregs from 8-week-old *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice. n=8 per group. **G**, Expression levels of activation-associated molecules CTLA-4 and CD103 were analyzed by gating on CD4$^+$Foxp3$^-$ non-Tregs in the peripheral LNs of 8- or 18- week-old *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice. n=9 to 10 per group. **H**, mRNA expression of activation-associated molecules in splenic non-Tregs from 8-week-old *Apoe$^{-/-}$* or *Ccr4$^{-/-}$Apoe$^{-/-}$* mice. n=8 per group. The expression levels of the target genes were normalized so that the mean values in *Apoe$^{-/-}$* mice were set to 1 (**F**, **H**). Data points represent individual animals. Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; Mann-Whitney *U*-test: **A** second (8w) from the left, **B** second (8w) and third (8w) from the left, **C** left, and **H** *Cd44* and *Cd103*; 2-tailed Student's *t*-test: **A** first, second (18w), and third from the left, **B** first, second (18w), third (18w), and fourth from the left, **C** right, **D**, **E**, **G**, and **H** *Ctla4*. MFI indicates mean fluorescence intensity.

Figure 3

Figure 3. C-C chemokine receptor 4 (CCR4) deficiency promotes proinflammatory CD4+ T cell immune responses in peripheral lymphoid tissues.

A and **B**, The graphs represent the frequencies of interferon (IFN)-γ+, interleukin (IL)-4+, IL-10+, and IL-17+ CD4+ T cells in the peripheral lymph nodes (LNs) (**A**) and spleen (**B**) of 8-week-old apolipoprotein E-deficient (*Apoe*-/-) mice or CCR4-deficient mice on an *Apoe*-/- background (*Ccr4*-/-*Apoe*-/-). n=10 to 11 per group. **C** and **D**, Purified splenic CD4+ T cells from 8-week-old *Apoe*-/- or *Ccr4*-/-*Apoe*-/- mice were stimulated with plate-bound anti-CD3 and soluble anti-CD28 antibodies *in vitro*. The levels of various cytokines and chemokines in pooled cell supernatants from 8 mice in each group were determined semiquantitatively by a cytokine array kit (**C**). Data are representative of two independent experiments. Cytokine concentrations in the cell supernatants were measured by ELISA (**D**). n=8 per group. Data points represent individual animals. Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; Mann-Whitney *U*-test: **A**, **B** first from the left, and **D** second from the left; 2-tailed Student's *t*-test: **B** fourth from the left and **D** first, third, and fourth from the left.

Figure 4

Figure 4. C-C chemokine receptor 4 (CCR4) deficiency promotes T helper type 1 (Th1) cell responses in para-aortic lymph nodes (LNs) and atherosclerotic aorta.

A and **B**, Representative flow cytometric analysis of CD4⁺ forkhead box P3 (Foxp3)⁺ regulatory T cells (Tregs) (**A**) and CD4⁺CD44^high CD62L^low effector memory T cells (**B**) in para-aortic LNs. The graphs represent the total numbers and proportions of CD4⁺Foxp3⁺ Tregs (**A**) and CD4⁺CD44^high CD62L^low effector memory T cells (**B**) in para-aortic LNs. n=9 to 10 per group. **C** and **D**, mRNA expression of Treg-associated markers in Tregs (**C**) and mRNA expression of activation or helper T cell-associated molecules in non-Tregs (**D**) in para-aortic LNs. The expression levels of the target genes were normalized so that the mean values in apolipoprotein E-deficient (*Apoe*⁻/⁻) mice were set to 1. Tregs or non-Tregs purified from pooled para-aortic LNs of 9 to 10 mice were analyzed as a sample. n=4 per group. **E**, The graphs represent the frequencies of interferon (IFN)-γ⁺, interleukin (IL)-4⁺, IL-10⁺, and IL-17⁺ CD4⁺ T cells in para-aortic LNs. n=12 per group. **F-H**, Representative flow cytometric analysis of T-box expressed in T cells (T-bet) (**F**), GATA3 (**G**), and retinoic acid-related orphan receptor gamma t (RORγt) (**H**) expression in aortic CD3⁺CD4⁺CD45⁺ T cells. The graphs represent the frequencies of T-bet⁺ (**F**), GATA3⁺ (**G**), and RORγt⁺ (**H**) cells among aortic CD3⁺CD4⁺CD45⁺ T cells. n=9 per group. **I**, Representative flow cytometric analysis of Foxp3 expression in aortic CD3⁺CD4⁺CD45⁺ T cells. The graph represents the frequency of Foxp3⁺ Tregs among aortic CD3⁺CD4⁺CD45⁺ T cells. n=9 per group. **J**, The graph represents the ratio of CD4⁺T-bet⁺ Th1 cells to CD4⁺Foxp3⁺ Tregs (Th1 cell/Treg ratio). n=9 per group. Pooled aortic lymphoid cells from 2 mice were analyzed as a sample. Eighteen-week-old *Apoe*⁻/⁻ or CCR4-deficient mice on an *Apoe*⁻/⁻ background (*Ccr4*⁻/⁻*Apoe*⁻/⁻) were used for all experiments. Data points represent individual animals (**A**, **B**, and **E**) or individual pooled samples (**C**, **D**, **F-J**). Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; Mann-Whitney *U*-test: **D** *Cd103* and **J**; 2-tailed Student's *t*-test: **A**, **B**, **D** *Tbx21*, **E**, and **F**.

Figure 5

Figure 5. C-C chemokine receptor 4 (CCR4) expression on regulatory T cells (Tregs) regulates T helper type 1 cell responses and mediates Treg migration to the aorta.

A, The suppressive function of Tregs was assessed by evaluating the proliferation of carboxyfluorescein diacetate succinimidyl ester (CFSE)-labeled conventional T cells (Tconv) cocultured with Tregs from apolipoprotein E-deficient ($Apoe^{-/-}$) mice or CCR4-deficient mice on an $Apoe^{-/-}$ background ($Ccr4^{-/-}Apoe^{-/-}$). Data are presented as the results of triplicate wells and are representative of 2 independent experiments. Data are expressed as the mean±s.d. **B** and **C**, CD80 and CD86 expression in live splenic dendritic cells (DCs) after 2 days of coculture with Tconv from $Apoe^{-/-}$ mice, or a mixture of Tregs from $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice and Tconv from $Apoe^{-/-}$ mice in the presence of an anti-CD3 antibody. Data points represent the results of quintuplicate wells. Data are representative of 2 independent experiments. **B** and **D**, Tconv from $Apoe^{-/-}$ mice and DCs were cocultured with or without Tregs from $Apoe^{-/-}$ or $Ccr4^{-/-}Apoe^{-/-}$ mice in the presence of an anti-CD3 antibody. Interferon (IFN)-γ concentrations in cell supernatants were measured by ELISA. Data points represent the results of sextuplicate wells. **E**, Eighteen-week-old $Apoe^{-/-}$ mice fed a high-cholesterol diet for 10 weeks received transfer of Tregs from $Apoe^{-/-}$Kaede-Tg or $Ccr4^{-/-}Apoe^{-/-}$Kaede-Tg mice, and the accumulation of Kaede$^+$ Tregs in the peripheral lymphoid tissues and aorta was analyzed by flow cytometry 20 hours later. **F-I**, Representative flow cytometric analysis and the proportions of Kaede$^+$ Tregs among CD4$^+$ T cells in the peripheral lymph nodes (LNs) (**F**), spleen (**G**), para-aortic LNs (**H**), and aorta (**I**) of $Apoe^{-/-}$ mice that received $Apoe^{-/-}$Kaede$^+$ Tregs or $Ccr4^{-/-}Apoe^{-/-}$Kaede$^+$ Tregs. n=9 to 10 per group (**F-H**). Pooled aortic lymphoid cells from 5 mice in each group were used for analysis. The results are presented as the mean ±s.d. of 3 independent experiments (**I**). Data points represent individual animals (**F-H**) or individual pooled samples (**I**). Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; 1-way ANOVA followed by Tukey's multiple comparisons test: **C** and **D**; 2-way ANOVA followed by Tukey's multiple comparisons test: **A**. P=0.09; one sample t-test: **I**. MFI indicates mean fluorescence intensity.

Figure 6

Figure 6. C-C chemokine receptor 4 (CCR4) expression on regulatory T cells (Tregs) is critical for limiting aortic inflammation and the development of early atherosclerosis.
A, Tregs purified from the peripheral lymph nodes (LNs) and spleen of apolipoprotein E-deficient (*Apoe*$^{-/-}$) mice or CCR4-deficient mice on an *Apoe*$^{-/-}$ background (*Ccr4*$^{-/-}$*Apoe*$^{-/-}$) were intravenously transferred into 12-week-old *Apoe*$^{-/-}$ mice fed a standard chow diet, and atherosclerotic lesions were analyzed at 16 weeks of age. As a control without cell transfer, 12-week-old *Apoe*$^{-/-}$ mice were intravenously injected with saline and atherosclerotic lesions were analyzed at 16 weeks of age. **B**, Representative photomicrographs of Oil Red O staining and quantitative analysis of atherosclerotic lesion area at 5 different levels and maximal lesions in the aortic sinus of *Apoe*$^{-/-}$ mice injected with saline (n=19), *Apoe*$^{-/-}$ Tregs (n=17), or *Ccr4*$^{-/-}$*Apoe*$^{-/-}$ Tregs (n=20). **C-E**, Representative sections and quantitative analyses of MOMA-2$^+$ macrophages (**C**), CD4$^+$ T cells (**D**), and collagen (**E**) in the aortic sinus of *Apoe*$^{-/-}$ mice injected with saline, *Apoe*$^{-/-}$ Tregs, or *Ccr4*$^{-/-}$*Apoe*$^{-/-}$ Tregs. Arrowheads indicate the CD4$^+$ T cells. n=10 per group. Black bars represent 50, 200, or 500 μm as described. Data points represent individual animals. Horizontal bars represent means. Error bars indicate s.d. *P<0.05, **P<0.01; 1-way ANOVA followed by Tukey's multiple comparisons test.