Lack of cortistatin exacerbates neuroimmune and vascular dysfunction in ischemic stroke

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Summary

Ischemic stroke remains a leading cause of mortality and disability worldwide, with few

therapies addressing its complex pathophysiology. Neuroinflammation, blood–brain barrier

disruption, and immune dysregulation contribute to acute damage and long-term decline.

Cortistatin, an immunomodulatory neuropeptide, has shown therapeutic benefit in acute

stroke, though its endogenous role during onset and recovery remains unknown. Using an

integrative approach combining transcriptomics from human and murine datasets, a preclinical

stroke model, and tissue-level analysis in young and middle-aged mice, we demonstrated the

causal and protective role of cortistatin during acute and subacute stroke phases. Our findings

reveal that cortistatin deficiency increases stroke susceptibility and worsens outcomes. The

lack of cortistatin triggers an amplified transcriptional response to ischemia, driving heightened

neuroinflammation, glial dysfunction, compromising neurovascular integrity, and suppressing

repair-associated pathways. Indeed, cortistatin levels were inversely associated with stroke

severity. Notably, cortistatin deficiency accelerated aging-associated pathological features

following stroke, underscoring its relevance in neuroimmune and cerebrovascular health.

Administration of exogenous cortistatin reversed many detrimental effects, improving neuronal

survival, mitigating immune dysregulation, preserving myelin, and promoting vascular

recovery. Overall, cortistatin emerges as a key endogenous regulator of stroke

pathophysiology and a promising multimodal therapy, supporting neuroimmune integrative

approaches to tackle the multifaceted nature of stroke.

INTRODUCTION

Ischemic stroke is the second leading cause of mortality worldwide and the main contributor

of adult disability [1]. The interruption of cerebral blood flow initiates a cascade of

interconnected events, including neuroinflammation, blood-brain barrier (BBB) disruption, and

immune deregulation, major hallmarks of stroke pathogenesis [2]. Despite advancements of

recanalization therapies, current treatments remain limited to intravenous recombinant tissue

plasminogen activator (rtPA) and endovascular thrombectomy, both with narrow therapeutic

window and considerable adverse effects [3]. Therapeutic shortcomings arise from simplistic

preclinical models that overlook key risk factors like aging, the administration of single-target

drugs in a multifactorial disorder, and overemphasis on immunosuppressive rather than

immunomodulatory therapies. Additionally, poor understanding of the complex spatiotemporal

pathophysiology of stroke affecting simultaneously the brain, vasculature, and often-

overlooked peripheral organs, presents additional challenges [4]. Consequently, deeper

comprehension of the neuroimmune context and the roles of endogenous mediators across

acute and subacute stages of ischemic pathology is essential for developing more effective

therapeutic strategies.

Cortistatin, a neuropeptide distributed throughout the central nervous system (CNS)

and the immune system [5,6], may play a prominent role in this context. Despite sharing

homology, functions, and receptors (SSTR1-5) with somatostatin, cortistatin performs distinct

roles in the nervous system and peripheral tissues [7,8], interacting also with the ghrelin

receptor (GHSR), Mas gene-related receptor X-2, and an unidentified cortistatin-specific

receptor. Remarkably, cortistatin exhibits potent immunomodulatory, anti-inflammatory, and

neuroprotective effects in models of neuroinflammatory/neuroimmune disorders, including

multiple sclerosis [9], excitotoxicity [10], meningoencephalitis [11], neuropathic pain [12], and

Parkinson's disease [13]. In these models, cortistatin reduces pro-inflammatory mediators,

modulates glial function, and preserves tissue-surveillance, protecting against disease onset

and progression. Cortistatin also affects BBB integrity by regulating tight-junction (TJ) proteins

and exerting anti-inflammatory actions on endothelial cells, protecting against ischemic

damage and barrier leakage [14]. A recent study from our group highlighted its therapeutic

benefits when administered 24h post-stroke in young mice [15]. However, its impact on stroke-

associated risk factors and its long-term beneficial effects remains unknown. Additionally,

cortistatin endogenous role in stroke pathophysiology is not fully understood. Previous

research from our group demonstrated that its deficiency causes higher baseline peripheral

inflammation and lower production of neurotrophic factors [6,9]. Cortistatin-deficient mice also

exhibited worsened outcomes in models of local inflammation and neuronal injury [9,12,16].

Given the important benefits of cortistatin in neuroprotection, immunomodulation, and

BBB preservation, we aim to further investigate its endogenous and therapeutic functions in

preclinical stroke. Our study examines for the first time the role of cortistatin in stroke pathology

across young and middle-aged deficient mice, focusing on acute and subacute outcomes. Our

findings position cortistatin as both a central regulator of neurovascular and immune

responses in stroke, and a multimodal therapeutic candidate. Unlike most current interventions

that target isolated downstream events or require narrow timing, cortistatin appears to operate

across multiple stages of stroke pathology, broadening the therapeutic window and suggesting

new strategies for intervention that go beyond clot retrieval and reperfusion.

MATERIALS AND METHODS

Peptides

Lyophilized mouse cortistatin (CST-29) was obtained from Bachem and dissolved in distilled

water to a final concentration of 10^{-4} M.

Animals

The experimental protocols employed in this study were approved by the Animal Care and

Use Board and the Ethical Committee of the Spanish National Research Council (Animal Care

Unit Committee IPBLN-CSIC # protocol CEEA OCT/2017.EGR) and conducted in accordance

with Directive 2010/63/EU of the European Parliament on the protection of animals used for

scientific purposes. Transgenic mice deficient in the cortistatin gene ($Cort^{-/-}$), generously

provided by Dr Luis de Lecea (Stanford University, United States), were bred and maintained

on a C57BL/6J background as previously described [7]. Mice were housed in groups of ten

per cage under controlled environmental conditions (22 ± 1ºC, 60-70% relative humidity) with

a 12h light/dark cycle (lights on at 7:00 a.m.), with *ad libitum* access to food and water.

Transient middle cerebral artery occlusion model

Young (12 weeks old) and middle-aged (6 months old) $Cort^{+/+}$ and $Cort^{-/-}$ male mice were

subjected to the MCAO model as previously described [17]. Anaesthesia was induced using

isoflurane (1.5-2% in 70% N_2O/30% O_2) via a facemask, and meloxicam (2mg/kg, Norbrook)

was administered subcutaneously for post-surgery analgesia. Body temperature was

maintained constant throughout the procedure using a heating pad. Regional cerebral blood

flow (rCBF) was continuously monitored by laser Doppler flowmetry (moorVMS-LDF1, Moor

Instruments) fixing a probe on the skull over the core area supplied by the middle cerebral

artery (MCA) (approximately 1 mm posterior and 6 mm lateral to the bregma). Transient focal

ischemia was induced by introducing a silicon-coated filament (701756PK5Re, Doccol)

through the left common carotid artery into the internal carotid artery to occlude the MCA. The

occlusion was maintained for 20 min in young mice and 35 min in middle-aged mice, after

which the filament was withdrawn to allow reperfusion. This combination of occlusion time and

filament size resulted in a mild MCAO model [15]. The surgery was considered successful if

the rCBF decreased below 20% of the baseline during occlusion and recovered above 50%

of the baseline upon reperfusion. Following surgery, mice were returned to their cages with

ad libitum access to food and water. Each cage was supplied with water-softened chow and

recovery gel.

Cortistatin (144 µg/kg) was administered intraperitoneally 24h after MCAO, either as a

single dose (endpoint at 48h) or daily for 7 days. Control groups received equivalent volumes

of saline solution. Neurological assessments, behavioural tests, ischemic volume

determination, morphometric characterization of glial population, and inflammatory response

evaluation were determined at 48h (acute) and 7 days after surgery (subacute).

Neurological and behavioural assessments

The functional outcome of each mouse was evaluated using a neurological score every 24h

following MCAO and prior to sacrifice. Neurological severity was graded on a scale from 0 to

3, assessing motor, sensory, reflex, and balance functions, based on a combination of

established scoring systems [18,19].

In addition, muscle coordination and endurance were analysed using the wire-hanging

test. Mice were suspended on a custom-made apparatus consisting of a single wire stretched

between two posts over a soft surface. Training was conducted 24h before surgery, and

performance was evaluated at 48h and 5 days post-MCAO, recording the number of

successful reaches (defined as the mouse touching either the right or left post) or falls [20].

The test concluded after 180s or when a mouse fell from the wire ten times. Motor skills were

further characterized using the pole test, which measured the ability of mice to grip and

descend a vertical pole to a safe surface [21]. Mice underwent one training trial 24h before

surgery. Post-surgical evaluations of mice were conducted 48h and 5 days after MCAO.

Performance was scored based on successful descents or falls (reaching the mat or falling

onto it, respectively). The total time taken to reach the mat with at least two limbs, along with

the number of turns required to descend, were recorded. The test concluded after three trials,

if any trial exceeded 120s, or after three falls.

Ischemic lesion volume determination

At 48h or 7 days post-MCAO, mice were sacrificed by an overdose of intraperitoneal ketamine

(100 mg/kg, Ritcher Pharma) and xylazine (10 mg/kg, Fatro Iberica), followed by intracardial

perfusion with 4% PFA. Brains were dissected, post-fixed in 4% PFA for 24h at 4ºC, and then

cryoprotected in 30% sucrose for 48h at 4ºC. Subsequently, brains were frozen in isopentane

on dry ice at –25ºC and stored at –80ºC until further processing. Coronal brain sections were

cut at a thickness of 20 µm using a cryostat.

Serial sections were stained with cresyl violet (CV) following a protocol of gradual

hydration in ethanol, staining with 1 mg/ml of CV-acetate in distilled water, gradual dehydration

in ethanol, and clearing in xylene [19]. Stained sections were imaged using a Leica DM2000

Transmit stereomicroscope at 2.5x magnification, and infarcted areas were measure using the

ImageJ Fiji free software. Infarct volume was calculated by summing the infarcted areas from

each section and multiplying by the spacing distance between sections.

Immunofluorescence

Free-floating brain sections (20 µm-thick) were first washed with PBS, then blocked and

permeabilized using a solution of PBS 1x, 1% bovine serum albumin (BSA), 0.1% Triton X-

100, and 5% goat serum for 60 min at RT. The sections were subsequently incubated

overnight at 4ºC with primary antibodies anti-MAP2 (1:1,000, Sigma), anti-Iba1 (1:1,000,

Wako), anti-GFAP (1:5,000, Dako), anti-CD31/PECAM-1 (1:300, BD), anti-ZO-1 (1:100,

Fisher), anti-VEGF (1:500, Abcam) or APC-labelled anti-CD45 (1:200, BD) diluted in PBS 1x

with 1% BSA, 0.1% Triton X-100, and 5% goat-serum. Next, sections were washed with PBS

and then incubated with the appropriate Alexa Fluor-conjugated secondary antibodies

(1:1,000, Sigma) and DAPI in PBS 1x, 1% BSA, 0.1% Triton X-100, and 2% goat-serum for

60 min. Sections were mounted using Mowiol. For IgG staining, the same protocol was

followed, except that an Alexa Fluor 594-conjugated goat anti-mouse IgG antibody was used

without a primary antibody. Images were obtained with a LEICA DMi8 S Platform Life-cell

microscope at 20x magnification and a Leica TCS SP8 STED confocal microscope at 63x

magnification.

Morphometric analyses of microglial phenotypes

To thoroughly characterize the complex and heterogeneous morphology of
microglia/infiltrating macrophages following stroke, we performed extensive morphometric
analyses. First, individual microglia/macrophages from specific brain regions, such as the
periinfarct area, were randomly selected. Attention was warranted to avoid cell overlap and to
ensure complete capture of both the soma nucleus and cellular branches. A total of 15-30
cells per mouse from 3-6 mice (N=3-6) were analysed. Image processing was performed using
ImageJ Fiji software, following a systematic protocol adapted from previous studies [13,22,23].
Initially, images were converted to 8-bit grayscale and pre-processed to reduce background
noise and enhance contrast. Subsequently, images were binarized using a pre-determined
threshold, and non-cellular artefacts were removed using the *remove outliers* and *despeckle*
functions. In cases where significant background noise was present, manual editing was
performed to refine the segmentation.

After image processing, morphometric parameters were obtained using the *skeleton* and
fractal analysis plugins in ImageJ Fiji [24]. For *skeleton analysis*, the number of junctions and
maximum branch length were quantified. For *fractal analysis*, key parameters included the
convex hull area (the minimal convex polygon enclosing the entire cell structure), span ratio
(defined as the ratio of the major to minor axes of the convex hull), and fractal dimension (an
index representing cellular complexity).

Determination of the peripheral immune response

To characterize the peripheral immune activity, we evaluated the levels of immune mediators
and the spleen response. To quantify peripheral inflammatory factors, blood samples were
collected by cardiac puncture, allowed to clot for 2h at RT, and then centrifuged at 2,000rpm
for 10 min. The serum concentration of the factors was measured using a sandwich ELISA
assay. Maxisorb plates (Millipore) were coated overnight at 4°C with capture antibodies (anti-
IL-6 and anti-IL-12 from BD Pharmigen, or anti-MCP-1 from PeproTech). Plates were washed
with PBS containing 0.05% Tween-20 and then blocked with PBS containing 10% fetal bovine
serum (FBS) for 2h. Serum samples and recombinant standards were added to the plates and

incubated overnight at 4°C. After incubation, biotinylated detection antibodies (Serotec) were

applied for 1h at RT. Following washing, plates were incubated with avidin-HRP (Sigma)

(1:500 in blocking buffer) for 1h and developed using ABTS substrate (Sigma). Absorbance

was measured at 405nm with a spectrophotometer (Molecular Devices), and the

concentrations of inflammatory factors were calculated based on the standard curve

generated concurrently.

Spleens were collected, weighed, and gently dissociated into a 100 mm culture dish.

The homogenized tissue was transferred into RPMI medium supplemented with 10% FBS, 2

mM L-glutamine, 1% P/S, and 50 µM 2-mercaptoethanol. The suspension was then let to sit

on ice for 5 min, and the cell suspension was carefully collected and centrifuged at 1,670 rpm

for 10 min at 4°C. The resulting pellet was resuspended in Ack lysis buffer (150 mM NH_4Cl,

10 mM $KHCO_3$, 0.1 mM Na_2EDTA) for 10 min at RT to lyse red blood cells. RPMI medium was

added, and the cells were centrifuged again at 1,670 rpm for 10 min at RT before being

counted.

RNA extraction and evaluation of gene expression

After MCAO, brains were collected at the specified time points (*i.e.,* 48h and 7 days) and

separated into contralateral and ipsilateral hemispheres. For RNA isolation, brain tissue was

placed in TriPure reagent (Roche). cDNA synthesis from 20 ng RNA per sample was

performed using the RevertAid First Strand cDNA Synthesis Kit (ThermoFisher) with random

hexamers in a CFX Connect QPCR System (Biorad) under the following conditions: incubation

at 25°C for 5 min, reverse transcription at 42°C for 60 min, inactivation at 70°C for 5 min. Gene

expression analysis was performed using conventional qPCR. cDNA was added to the

SensiFast Sybr No-Rox kit 1x (Bioscience), along with forward and reverse primers specific to

each gene and nuclease-free water to reach a final volume of 20 µl. The qPCR reactions were

run in a CFX96 thermocycler (BioRad) under the following conditions: initial polymerase

activation at 94°C for 5 min, 40 cycles at 94°C for 30s (denaturation), 58°C/60°C/62°C for 30s

(primer-specific annealing), and 72°C for 30s (extension). Gene expression quantification was

performed using the comparative threshold cycle (Ct) method, with Ct values normalized to

those of the housekeeping gene *Rplp0*. Fold change was calculated using the ΔΔCt method.

The specific primers for each gene are listed in Additional File 1: Table S1.

Next-generation transcriptome sequencing (RNA-seq) and data analysis

RNA (200 ng) from contralateral (CL, healthy) and ischemic (MCAO) brain hemispheres

isolated from $Cort^{+/+}$ and $Cort^{-/-}$ mice 48h post-stroke was used to prepare mRNA libraries with

the Illumina stranded mRNA Prep Ligation kit (Illumina, San Diego, CA, USA). Three (CL) and

five (MCAO) independent biological replicates were used with RNA Integrity Number

coefficients >8.7 (Bioanalyzer RNA 6000 Nano-chip, Agilent). Quality and size distribution of

mRNA libraries were validated using the Bioanalyzer High Sensitivity DNA assay, and their

concentrations were measured on a Qubit fluorometer (ThermoFisher). Final libraries were

pooled in equimolecular ratios and converted to single-stranded circular DNA with MGIEasy

Universal Library Conversion kit (MGI Tech, Shenzhen) for sequencing on MGI platforms. The

100 bp paired-end sequencing was conducted on a DNBSEQ-G400 sequencer (MGI Tech,

Shenzhen). The average percentage of sequencing reads above a quality score of Q>30 was

96.3%, with a mean GC content of 50.0%, and over 44 million reads per sample.

We implemented the reanalyzerGSE v3.0.0 software [25] in the RNA-seq analysis to

identify differentially expressed genes (DEGs) and to prevent the exclusion of lowly expressed

genes with potential biological relevance, such as cortistatin (see details in Additional File 2).

We detected >45,000 transcripts. Multidimensional scaling (Principal Coordinates Analysis,

PCoA) and unsupervised hierarchical clustering of normalized samples were performed to

assess the divergence and the replicability of samples from each independent comparison.

DEGs with a False Discovery Rate (FDR) <0.05 were calculated by comparing: i) $Cort^{-/-}$ *vs.*

$Cort^{+/+}$ samples for each condition (CL and MCAO); ii) MCAO *vs.* CL for each genotype ($Cort^{-/-}$

and $Cort^{+/+}$). The log2 fold change (log_2FC) was used to quantify gene expression changes.

To explore the functional significance of DEGs, we performed two different approaches: an

over-representation analysis based on the Gene Ontology (GO) database [26,27] and a Gene

Set Enrichment Analysis (GSEA), as indicated in Additional File 2.

Cell-specific gene sets and cell type proportion estimation

Cell-type–specific gene sets were obtained from both the default settings of the

markerGeneProfile R package v1.0.4 [28] and the curated marker sets reported by Zheng et

al [29]. Both sources include overlapping gene markers for microglia, astrocytes, and

oligodendrocytes; however, the astrocyte and oligodendrocyte gene sets differ in composition

and biological meaning between the two approaches. Unlike other marker databases that rely

on a single data source, these marker sets represent a consensus from several published

studies and account for brain regional heterogeneity. We use both gene sets to estimate

marker gene profiles (MGPs), which serve as a proxy for relative changes in cell type

proportions. For this, we used as input the transcript-per-million (TPM) normalized gene

expression data from our RNA-seq. Details on how MGPs were derived can be found in

Additional File 2. Additionally, both gene sets were used to assess the enrichment of our

samples for the specified cell markers by performing a GSEA as a complementary analysis.

Integration of human and mouse datasets for cortistatin gene expression analysis

Cortistatin gene expression levels were obtained from the Gene Expression Omnibus

database (GEO), incorporating datasets from human and mouse samples following stroke.

For humans, we analysed data from: peripheral blood mononuclear cells (PBMCs) from

ischemic patients at acute and subacute stroke stages (GSE122709) [30]; and with/without

haemorrhagic transformation (GSE199435) [31]; leukocytes from patients with differential

stroke severity (GSE202709) [32]; and brain tissue dissected from healthy controls and acute

ischemic stroke patients post-mortem (GSE56267) [33]. Mouse data from cortical tissue were

obtained from different experimental stroke models, such as MCAO model (GSE253799,

unpublished; GSE227186 [34]); cerebral venous sinus thrombosis (CVST) model

(GSE245455, unpublished); and photothrombotic (PT) stroke model (GSE261613,

GSE184917 [35,36]; GSE280846, unpublished). Details of these datasets can be found in

Additional File 2.

Statistical analysis

Data are expressed as the mean ± SEM. All experiments were randomized and conducted in

a blinded manner. The number of independent animals (N), as well as the number of sections,

cells, or structures analysed (n), are indicated for each experiment. Comparisons between two

groups were analysed using the unpaired Student's t test for parametric data with normal

distribution or the Mann-Whitney U-test for non-parametric data. For comparisons involving

three or more groups with normally distributed parametric data, one-way ANOVA with Fisher´s

LSD *post-hoc* test was employed. For non-parametric data involving three or more groups,

the Kruskal-Wallis test with a Dunn *post-hoc* test was used. When standard deviations were

assumed to be different, Brown-Forsythe and Welch ANOVA tests were applied, followed by

a Dunnett T3 *post-hoc* test. All analyses were performed using GraphPad Prism v8.3.0

software. For the statistical approaches used in the sequencing data analyses, see the section

above. We considered *p*-values <0.05 as significant.

Data availability

RNA-seq data are available in the GEO repository under accession number GSE302342,

https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE302342. Reviewers may access

the record while private with the token ilwxqkgwxzyfjmd.

<u>RESULTS</u>

Cortistatin is downregulated in ischemic stroke

To investigate the potential involvement of cortistatin in ischemic stroke, we first assessed its

expression levels in both human and murine models of cerebral ischemia. Due to the limited

availability of post-mortem human brain tissue and murine blood samples, we primarily used

peripheral blood mononuclear cells from patients (PBMCs and leukocytes) and mouse brain

tissue. Our results show that cortistatin expression was markedly reduced in PBMCs in acute

and subacute stroke phases and was inversely associated with stroke severity (Fig. 1a). Post-

mortem human brain samples confirmed decreased cortistatin after ischemia (Fig. 1a).

Similarly, mouse brain tissue exhibited significant cortistatin downregulation across multiple

stroke paradigms, including transient MCAO, CVST, and PT (Fig.1b). Notably, our transient

MCAO model also resulted in cortistatin downregulation, which was partially reversed by

exogenous addition of the neuropeptide (Fig. 1c). These findings implicate cortistatin

downregulation as a consistent feature of ischemic stroke pathology.

Figure 1. Cortistatin gene expression is downregulated following ischemic stroke in both human
and mouse. Cortistatin gene expression levels (normalized RPKM, FPKM, TPM, or count values) were
obtained from the Gene Expression Omnibus (GEO) database. **a**. Left, expression of cortistatin in
human PBMCs from healthy individuals (N=5) and ischemic stroke patients at acute (24h, N=5) and
subacute (7 days, N=5) stages (GSE122709); in peripheral leukocytes from patients with moderate
(NIHSS score <8, N=6) and severe (NIHSS score ≥8, N=6) ischemic stroke, compared to healthy
controls (N=4) (GSE202709); and in PBMCs from ischemic stroke patients with large artery occlusion
undergoing thrombectomy, with or without subsequent intracranial haemorrhage (N=3 each)
(GSE199435). Right, cortistatin expression in cortical brain tissue of deceased ischemic stroke patients,
using matched contralateral healthy tissue as control (N=5 each group). **b**. Top left, cortistatin
expression in cortex from sham and ischemic mice subjected to 60 min MCAO and sacrificed at 24h
(GSE253799: peri-infarct cortex and GSE227186: peri-lesion, N=3 each), and in ipsilateral cortex from
sham and MCAO mice (60 min) sacrificed at 24h (acute phase) or 28 days after stroke (chronic phase)

(GSE131712, N=3 each). Top right, cortistatin expression in the cortex of sham (N=4) and mice that
underwent cerebral venous sinus thrombosis (CVST), analysed at 2- and 7-days post-injury (N=5 each)
(GSE245455). Bottom, cortistatin expression in photothrombotic (PT) models: left, sham and peri-infarct
cortex 3 days post-injury (GSE261613, N=3 each); centre, contralateral, peri-infarct and infarct core
regions 7 days post-injury (GSE280846, N=3 each); right, contralateral and peri-infarct cortex at 7- and
14-days post-stroke (GSE184917, N=4 each). **c**. Left, cortistatin expression in contralateral/ipsilateral
hemispheres of MCAO mice (20 min, sacrificed at 48h), analysed by RNA-seq in this study. Right,
qPCR validation normalized to *Rplp0*. Data are expressed as mean ± SEM with dots representing
individual mice. *$p \leq 0.05$, **$p \leq 0.01$, ***$p \leq 0.001$, ****$p \leq 0.0001$. CL: contralateral; CST: cortistatin; FPKM:
fragments per kilobase of transcript per million mapped reads; IL: ipsilateral; MCAO: transient middle
cerebral artery occlusion; NIHSS: National Institute of Health Stroke Scale; RPKM: reads per kilobase
of exon per million reads mapped; TPM: transcripts per million.

Deficiency in cortistatin enhances immune activity, vascular disorganization, and neurodegenerative responses following ischemic stroke

Given that lower cortistatin gene expression was associated with more severe strokes, we

investigated whether cortistatin deficiency plays a role in stroke pathophysiology by analysing

the transcriptomic profiles of both cortistatin-deficient (*Cort*^{-/-}) and wild-type mice (*Cort*^{+/+})

subjected to mild MCAO, a model that recapitulates key features of human ischemic condition

[37].

Comparative analysis revealed minimal baseline transcriptomic differences in non-

ischemic hemispheres, with 25 DEGs (15 upregulated, 10 downregulated in *Cort*^{-/-} mice;

FDR<0.05) (Table S2; Fig. S1a). Similarly, ischemic hemispheres displayed 27 DEGs

between genotypes (12 upregulated, 15 downregulated in *Cort*^{-/-} mice), most of which were

common across ischemic and healthy brain (Table S3; Fig. S1a,b). However, GSEA of

cortistatin-deficient ischemic brain samples revealed significant upregulation of innate

immunity, antiviral defence, pattern recognition receptor signalling, pro-inflammatory cytokine

responses (IFN-γ, IL-6, and TNF), and extracellular matrix (ECM) remodelling (Table S4; Fig.

S1c).

To identify cortistatin-specific responses to ischemia, we compared transcriptomic data

from contralateral to ischemic hemispheres within each genotype. *Cort*^{+/+} mice exhibited 443

DEGs (419 upregulated and 24 downregulated in the injured tissue), whereas *Cort*^{-/-} mice

showed a markedly heightened response with 1483 DEGs (1213 upregulated and 270

downregulated) (Fig. 2a; Tables S5, S6). Although substantial DEG overlap was observed

between genotypes (Fig. 2b), *Cort*^{-/-} mice demonstrated a more robust enrichment across

biological processes (BP) terms including innate and adaptive immune activation, leukocyte

infiltration, inflammation, cell cycle progression, ERK1/ERK2, JAK-STAT and MAPK

signalling, neuroinflammation, gliogenesis, ECM remodelling, angiogenesis, and ROS

metabolism (Fig. 2c; Table S7). Additional enrichment was observed in cellular components

(CC) related to membrane specialization, ECM structure; mitotic spindle formation, and

adhesion-related protein complexes (Table S8; Fig. S2); as well as in molecular functions (MF)

such as immune receptor activity, integrin and molecular factor binding, cytoskeletal

remodelling, and GTPase and kinase activity (Table S9; Fig. S3).

Figure 2. Lack of cortistatin leads to an exaggerated transcriptional response to cerebral ischemia. Transcriptomic profiling was performed on *Cort*^{-/-} and *Cort*^{+/+} mouse brains 48h after ischemic stroke induction (20 min MCAO). **a.** Volcano plots depict differentially expressed genes (DEGs) in ischemic (MCAO) *vs.* healthy contralateral (CL) hemispheres from *Cort*^{+/+} (left) and *Cort*^{-/-} (right) mice. Each dot represents one gene. Grey dots represent non-significantly altered genes. Significantly upregulated (red) and downregulated (blue) genes (with false discovery rate, FDR <0.05) during ischemic injury are shown. Comprehensive DEG lists are available in Additional file 1: Tables S5 and S6. **b.** Venn diagram displays the overlap of significantly upregulated and downregulated genes in *Cort*[-]

$^{/-}$ and *Cort*$^{+/+}$ mice. **c.** Gene ontology (GO) enrichment analysis of biological processes revealed distinct

and shared terms between healthy and ischemic brain in *Cort*$^{-/-}$ compared to *Cort*$^{+/+}$. DEGs were

manually categorized into functional networks including: immune response (blue), cell cycle and death

(purple), signalling pathways (pink), brain and neuronal processes (green), cell dynamics (orange), BBB

and vascular processes (red), extracellular matrix (ECM, yellow), cell metabolism (turquoise), DNA

damage (brown), cellular and structural processes (pistachio green), and development (black). Shared

and genotype-specific terms are indicated. All GO terms and corresponding genes are listed in

Additional file 1: Table S7. Colour intensity represents statistical significance (red: upregulated, blue:

downregulated, grey: non-significant). Circle size reflects the number of DEGs in each pathway. **d.**

Heatmap of Log$_2$FC values for common DEGs across both genotypes. Hierarchical clustering is shown

for shared upregulated (top, selected 78/407 genes) and downregulated (bottom, 21/21 genes)

transcripts. Full description of DEGs provided in Additional file 1: Table S10.

Beyond shared responses to ischemia, cortistatin-deficient mice exhibited distinct

upregulation of BP involving JNK and non-canonical NF-kappaB signalling, glial proliferation,

ECM organization, lipid and amide metabolism, BBB regulation, and mitochondrial integrity.

Unique enrichment in CC and MF categories included endosomal/lysosomal compartments,

MHC complexes, cell division, cytoskeletal components, Golgi and ribosomal membranes

(CC); and inhibitor and protein kinase activities, transcriptional regulation, molecular binding,

and transporter function (MF). In contrast, terms exclusively enriched in *Cort*$^{+/+}$ animals

primarily involved regulation of glial differentiation, myelination, lipid/cholesterol storage, and

mating behaviour (BP); cell cycle and Ser/Thr complexes (CC); oxidoreductase activity,

hyaluronic and ferric iron binding (MF). Strikingly, only *Cort*$^{-/-}$ mice demonstrated significant

downregulation of gene sets associated with cognition, motor behaviour, dopaminergic

signalling, synaptic plasticity (BP); neuronal spine, synapses, and postsynaptic structures

(CC); and channel, neurotransmitter and glutamate receptor activities (MF) (Fig. 2c; Tables

S7-9; Fig. S2,3).

Analysis of 428 DEGs shared between genotypes (407 upregulated, 21 downregulated

in ischemia; Table S10), revealed genotype-specific expression changes when comparing

stroke-induced Log$_2$FC differences between genotypes (Log$_2$FC *Cort*$^{+/+}$ (MCAO *vs*. CL) –

Log$_2$FC *Cort*$^{-/-}$ (MCAO *vs*. CL)) (Fig. 2d). Genes with greater upregulation in *Cort*$^{-/-}$ animals

were associated with immune activation, persistent neuroinflammation, gliosis, BBB

breakdown, ECM and vascular remodelling, oxidative stress, and impaired neuroprotection

(Table S11). Additionally, several genes with undefined roles in stroke but highly upregulated

in *Cort*^{-/-} mice may contribute to glial priming and post-ischemic inflammation. Conversely,

Cort^{+/+} mice showed enhanced upregulation of genes involved in inflammation resolution,

tissue repair, and neurogenesis (Table S12). Genes more strongly downregulated in *Cort*^{-/-}

mice, though their roles in stroke are not fully established, have been implicated in

neuroinflammation, vascular instability, impaired synaptic plasticity, disrupted GPCR, and

dopamine signalling in other contexts (Table S13).

These findings demonstrate that genetic ablation of cortistatin amplifies the

transcriptional response to cerebral ischemia, leading to exacerbated neuroinflammation,

compromised neurovascular remodelling and repression of responses critical for synaptic

function and recovery.

Lack of cortistatin exacerbates cellular imbalance following ischemic stroke

To elucidate genotype-dependent cellular responses to cerebral ischemia, we employed

computational deconvolution of bulk transcriptomic data to infer brain cell-type composition in

the presence or absence of endogenous cortistatin. MGPs were employed to estimate the

relative abundance of neuronal, vascular, immune, and glial cell types (Fig. 3; Table S14).

Among neuronal populations, both genotypes exhibited a significant reduction in spiny neuron

signatures following MCAO, consistent with established features of ischemic injury [38].

Notably, a selective decrease in dentate granule neurons was observed exclusively in

cortistatin-deficient mice, indicating increased vulnerability of this neuronal subtype (Fig. 3a).

Ependymal neuron abundance increased in both genotypes post-ischemia, more prominently

in *Cort*^{-/-} mice, potentially reflecting compensatory neurogenesis. Interestingly, GABAergic

interneuron populations (as cortistatin-expressing neurons), dopaminergic and NPC remained

unchanged following stroke (Fig. 3a). MGP analysis revealed that only *Cort*^{-/-} mice had

significant increase in endothelial cells, pericytes, and vascular smooth muscle cells,

suggesting an amplified vascular response in the absence of cortistatin (Fig. 3a). This was

corroborated by GSEA enrichment (Fig. 3b). Both approaches also demonstrated that

signatures of CNS-associated macrophages, lymphocytes, monocyte-derived cells, and

neutrophils were enriched in the ischemic hemisphere of both genotypes, but were significant

only in *Cort*^{-/-} mice, indicating heightened immune infiltration (Fig. 3a,b).

Figure 3. Cortistatin deficiency alters brain cell proportions following ischemic stroke. Cell-type-specific gene expression patterns were identified by deconvolution of bulk RNA transcriptome data as described in Methods. **a.** Boxplots display changes in cell-type composition between healthy (CL) and ischemic (MCAO) hemispheres isolated from *Cort*^{-/-} and *Cort*^{+/+} animals 48h post-stroke. Marker gene profile (MGP) analysis was used to infer cell population proportions. Cell types were grouped into four main categories: neuronal (including dopaminergic, GABAergic-somatostatin (SST), GABAergic-vasoactive intestinal peptide (VIP), and parvalbumin (PV)-expressing interneurons, neural progenitor cells, and dentate granule, spiny and ependymal neurons), vascular (including endothelial cells, pericytes, and smooth muscle cells), immune (including lymphocytes, central nervous system-associated macrophages, monocyte-derived cells, and neutrophils) and glial cell types (including microglia, astrocytes, and oligodendrocytes). **vs.* *Cort*^{-/-} MCAO saline-treated mice, #*vs. Cort*^{+/+} MCAO saline-treated mice, */#*p* ≤ 0.05, **/##/#*p* ≤ 0.01, ***/###/#*p* ≤ 0.001. **b.** Comparative GSEA performed using cell-type–specific gene sets [29] between *Cort*^{-/-} and *Cort*^{+/+} in healthy *vs.* ischemic hemispheres (left) and across ischemic progression within each genotype (right). Colour corresponds with Normalized Enrichment Score (NES) and circle size indicates -log10(p-value). ASC: astrocyte, CAM: central

nervous system (CNS)-associated macrophage, CPC: choroid plexus capillary endothelial cell, EC: endothelial cell, EPC: ependymocyte, FB: fibroblast, LYM: lymphocyte, MdC: monocyte-derived cell, MG: microglia, NEUT: neutrophil, NPC: neural progenitor cell, OLG: oligodendrocyte, PC: pericyte, SMC: vascular smooth muscle cell.

Analysis of glial cell populations demonstrated a significant increase in both activated and deactivated microglial gene signatures in $Cort^{-/-}$ mice, that, together with peripheral immune subsets, indicate a dysregulated neuroimmune response post-stroke. Astrocyte- and oligodendrocyte-specific markers also revealed divergent phenotypes: a "Type 1" population (based on markers from [29]) was significantly reduced in $Cort^{-/-}$ mice following MCAO, whereas a "Type 2" profile (characterized by markers from [28], was significantly increased) (Fig. 3a; Table S14).

Downregulation of astrocytic "Type 1" markers, typically associated with homeostatic and neuroprotective functions, suggests a shift toward reactive or dysfunctional astrocyte phenotypes in cortistatin-deficient mice following ischemia. Concurrent upregulation of the "Type 2" profile indicates the emergence of a heterogeneous reactive astrocyte population encompassing both neurotoxic and neuroprotective subsets. Although not statistically significant, the oligodendrocyte profiles exhibited similar opposing trends in both genotypes: decreased "Type 1" and increased "Type 2" signatures (Fig. 3a; Table S14). The elevated "Type 2" profile likely reflects an injury-induced remyelination response, whereas the greater reduction of "Type 1" markers in $Cort^{-/-}$ mice may denote impaired oligodendrocyte maturation and myelin maintenance.

These findings underscore the critical role of cortistatin in preserving cellular homeostasis post-stroke. Its deficiency drives broad dysregulation across neuronal, vascular, immune, and glial compartments, fostering a pathological neuroimmune and neurovascular environment that may hinder tissue repair and functional recovery.

Cortistatin deficiency exacerbates stroke-induced neurodegeneration, which is mitigated after cortistatin treatment

To investigate the functional significance of endogenous cortistatin in stroke pathophysiology,

we subjected *Cort*^{-/-} mice and age-matched wild-type mice to mild MCAO and assessed acute

neuropathological outcomes.

Our findings showed that cortistatin-deficient mice exhibited a greater propensity for

extensive infarcts, with 37.5% displaying lesions >30 mm^3, while >85% of *Cort*^{+/+} animals

presented smaller lesions, as determined by CV staining (Fig. 4a,b; Table S15). MAP-2

immunostaining confirmed pronounced neuronal injury in *Cort*^{-/-} mice, with >5 mm^2 MAP-2-

negative areas in 75% of animals, compared to only 22% wild-type controls (Fig. 4a,b; Table

S15). Furthermore, neurological impairment was significantly aggravated in *Cort*^{-/-} mice, with

30% scoring 2-3 (persistent circling, severe motor incoordination, tremors), whereas all wild-

type mice remained below a score of 2 (intermittent severe motor incoordination, and tremors),

while all wild-type remained below a score of 2 (intermittent circling, moderate motor

incoordination, and mild hypomobility) (Figure 4c).

Figure 4. Cortistatin deficiency worsens neuronal damage and neurological score, which are
ameliorated by cortistatin administration. a. *Cort*^{-/-} mice were subjected to MCAO and received either
saline (MCAO) or cortistatin (144µg/kg, MCAO+CST) 24h after reperfusion and were sacrificed 48h
post-surgery. Coronal brain sections were stained with cresyl violet (CV) (upper panel) or MAP-2 (lower
panel, green) to identify neuronal damage. Ischemic lesions are delineated by dashed red lines. Scale
bar: 1,500µm. **b**. Ischemic volume was quantified by measuring 10 CV-stained brain sections at 0.5
mm intervals per mouse (left) or by quantifying the lack of MAP-2 staining on coronal sections (right).
N=5-9 mice/group. **c**. Neurological scores were evaluated at 48h using a scale ranging from 0 (no signs)
to 3 (death). N=21-29 mice/group. **d-e.** Behaviour performances were assessed using wire-hanging

and pole tests, both at baseline (BL, pre-MCAO) and 48h post-MCAO. In the wire-hanging test (d), the
number of reaches towards one of the posts (left) and falls (right) were evaluated. N=7-10 mice/group.
In the pole test (e), the time to descend (s) (left) and the number of turns (right) until reaching the pad
were measured. N=5-6 mice/group. In b-e, comparisons were made to $Cort^{+/+}$ MCAO saline-treated
mice (dashed line). In d and e, BL, N=14-18 mice. Data are expressed as mean ± SEM with dots
representing individual mice. *vs. $Cort^{-/-}$ MCAO saline-treated mice, #vs. $Cort^{+/+}$ MCAO saline-treated
mice, */#$p \leq 0.05$, **/##$p \leq 0.01$. CST: cortistatin; MAP-2: microtubule-associated protein 2; MCAO:
middle cerebral artery occlusion.

Functional deficits were further evidenced by impaired performance in wire-hanging

and pole tests. Although post-stroke deficits were comparable between genotypes, cortistatin-

deficient mice displayed significantly more frequent falls (40% fell >5 times vs. none in wild-

type) and reduced success in reaching the post in the wire-hanging test (over 40% never

reached the post, whereas 80% of wild-type animals reaching at least once). Moreover, pole-

test performance was also impaired (Fig. 4d,e; Table S16).

Remarkably, administration of exogenous cortistatin to $Cort^{-/-}$ mice following MCAO

significantly ameliorated infarct size and neuronal injury, improved neurological score, and

restored motor outcomes to levels comparable with wild-type controls. Over 70% of treated

animals exhibited lesion volume <30 mm^3, none showed MAP-2-negative areas >5 mm^2, and

motor test performance was improved (Figure 4a-d; Table S16).

These results underscore the heightened vulnerability to ischemic stroke in the

absence of endogenous cortistatin and highlight its role in mitigating stroke-induced damage.

The neuroimmune response after stroke is dysregulated in cortistatin-deficient mice

but becomes neuroprotective following cortistatin administration

The neuroimmune response to stroke involves intricate and coordinated CNS-peripheral

immune interactions that shape both acute injury and long-term brain recovery [39].

Transcriptomic data previously revealed sustained neuroinflammation in cortistatin-deficient

mice post-stroke. However, the intrinsic role of cortistatin in systemic immune regulation is

unexplored. In this context, we found that, compared to wild-type mice, animals lacking

cortistatin exhibited significantly elevated serum IL-6 and MCP-1 levels post-MCAO,

accompanied by lymphopenia and reduced spleen mass, hallmarks of dysregulated peripheral

immunity (Fig. 5a,b). Administration of cortistatin normalized IL-6, elevated IL-12, and restored

both splenocyte count and spleen weight, indicating reestablishment of systemic immune
balance (Fig. 5a,b).

Figure 5. Lack of cortistatin influences peripheral immunity and neuroinflammation post-stroke.
MCAO was conducted in *Cort⁻/⁻* mice treated with either saline (MCAO) or cortistatin (144µg/kg)
(MCAO+CST) 24h after reperfusion and sacrificed at 48h. Mice were compared to *Cort⁺/⁺* MCAO saline-
treated mice (dashed line). **a**. Top, serum levels of IL-12, IL-6, and MCP-1 (ng/ml) were measured by

ELISA. IL-12: N=4 (MCAO *Cort*^{-/-} mice), 3 (MCAO+CST *Cort*^{-/-} mice); IL-6: N=4 (MCAO *Cort*^{-/-} mice), 5
(MCAO+CST *Cort*^{-/-} mice); MCP-1: N=6 (MCAO *Cort*^{-/-} mice), 3 (MCAO+CST *Cort*^{-/-} mice). **b.** Number
of splenocytes/ml and spleen weight (mg). N=4 (MCAO and MCAO+CST *Cort*^{-/-} mice). **c.** Top,
representative CD45-stained (red) coronal sections showing leukocytes. Scale bar: 100µm. Bottom,
leukocyte density (number of cells/mm^2) measured in the ischemic striatum (n.d: non-detected). **d.**
Iba1+ population (cells/mm^2) measured in the contralateral (CL, uninjured) and ischemic core regions.
e. Representative binarized microglia from CL or peri-lesion regions. Red rectangle represents *Cort*^{+/+}
MCAO saline-treated microglia. Scale bar: 30 µm. **f.** Iba1$^+$ cells morphology assessed using skeleton
and fractal analysis. Skeleton: number of junctions and branch length: n=65 (MCAO *Cort*^{-/-} mice and
MCAO+CST *Cort*^{-/-} mice) and n=50 (CL) cells from N=3 mice/group. Fractal: convex hull area n=55
(MCAO *Cort*^{-/-} mice and MCAO+CST *Cort*^{-/-} mice) and n=43 (CL hemisphere) cells from N=3 mice/group.
Soma size was manually measured: n=35 (MCAO *Cort*^{-/-} mice), n=30 (MCAO+CST *Cort*^{-/-} mice), and
n=31 (CL hemisphere) from N=3 mice/group. **g,h.** Gene expression of *Trem2, CD68, Iba1,* and *CD163*
(**g**) and *TNF-α, IL-6, Arg1,* and *IL-10* (**h**) in CL and ipsilateral hemispheres of *Cort*^{-/-} mice (MCAO saline
vs. MCAO+CST), assessed by qPCR and normalized to *Rplp0*. N=4-6 mice/group. Wild-type MCAO
values shown as a dashed line. Data: mean ± SEM; dots represent individual mice. **vs.* *Cort*^{-/-} MCAO
saline-treated mice, #*vs.* *Cort*^{+/+} MCAO saline-treated mice. *$^{/\#}$p≤0.05, **$^{/\#\#}$p≤0.01, ***$^{/\#\#\#}$p≤0.001. *Arg1*:
arginase 1; *CD68*: cluster of differentiation 68; *CD163*: cluster of differentiation 163; CST: cortistatin;
Iba1: ionized calcium-binding adaptor molecule 1; *IL-6*: interleukin 6; *IL-1β*: interleukin 1β; *IL-10*:
interleukin 10; IL-12: interleukin 12; MCAO: middle cerebral artery occlusion; *MCP-1*: Monocyte
Chemoattractant Protein- 1; *TNF-α*: tumour necrosis factor-α; *Trem2*: triggering receptor expressed on
myeloid cells 2.

In the brain, elevated densities of CD45$^+$ and Iba1$^+$ myeloid cells were observed in the

infarct core of cortistatin-deficient mice, paralleling wild-type levels (Fig. 5c,d). However,

cortistatin deficiency exacerbated myeloid cell activation post-stroke. Compared to

contralateral hemisphere, Iba1$^+$ cells from mice lacking cortistatin displayed a reactive

morphology, characterized by reduced branching, shorter processes, increased soma size,

and diminished territory area, suggesting enhanced activation (Fig. 5e,f). Gene expression

analysis revealed similar upregulation of both pro- and anti-inflammatory markers between

genotypes (*Trem2, CD68, Iba1 TNF-α*, *IL-6* and *Arg1*), though *Cort*^{-/-} mice showed significantly

reduced *CD163* and *IL-10* expression, indicative of impaired anti-inflammatory responses (Fig.

5g,h). Cortistatin administration selectively reduced CD45$^+$ cells without affecting Iba1$^+$ cells,

suggesting distinct regulatory mechanisms. In fact, cortistatin treatment promoted a shift

toward a more ramified Iba1$^+$ phenotype with increased IL-10, supporting a reparative glial

response distinct from MCAO wild-type profiles (Fig. 5f-h).

Astrocyte responses were similarly disrupted in cortistatin-deficient mice, with reduced

glial scar formation and atypical astrocyte morphologies compared to wild-type animals

(smaller soma, fewer and shorter processes and elongated morphology, increased span ratio,

and reduced territorial coverage) (Fig. 6a,b). Additionally, GFAP expression, upregulated after

MCAO, was significantly lower in cortistatin-deficient mice, accompanied by reduced BDNF

and GDNF (Fig. 6c). Notably, cortistatin treatment markedly restored astrocytic morphology

and function and increased GDNF expression to similar levels seen in wild-type MCAO mice

(Fig. 6c).

Figure 6. Lack of cortistatin impairs astrocytic function post-stroke, which is restored after
cortistatin treatment. MCAO was conducted in *Cort*^{-/-} mice treated with either saline (MCAO) or
cortistatin (144µg/kg) (MCAO+CST) 24h after reperfusion. Animals were sacrificed at 48h. Mice were
compared to *Cort*^{+/+} MCAO saline-treated mice (dashed line). **a.** Glial scar thickness was quantified.
n=57 (MCAO *Cort*^{-/-} mice) and n=54 (MCAO+CST *Cort*^{-/-} mice), ROIs from N=4 mice/group. **b.** Left,
representative binary images of astrocytes were extracted from the glial scar. Scale bar: 30µm. Right,
evaluation of morphological parameters of astrocytes. Branch length was evaluated by skeleton
analysis: n=49 (MCAO *Cort*^{-/-} mice), n=57 (MCAO+CST *Cort*^{-/-} mice) cells from N=3 mice/group. Soma
size was manually measured: n=39 (MCAO *Cort*^{-/-} mice), n=32 (MCAO+CST *Cort*^{-/-} mice) cells from N=3
mice/group. Span ratio and cell territory (convex hull area) were analysed by fractal analysis. n=30 cells
from N=3 mice/group. **c.** Gene expression levels of *GFAP*, *BDNF,* and *GDNF* in the contralateral (CL,
uninjured) and ipsilateral (ischemic) brain hemispheres of *Cort*^{-/-} mice treated with saline or cortistatin
following MCAO, were analysed by real-time qPCR and normalized to *Rplp0* expression. N=3-5
mice/group. Data represent the mean ± SEM. *vs. Cort*^{-/-} MCAO saline-treated mice, #*vs. Cort*^{+/+} MCAO
saline-treated mice, */#$p \leq 0.05$, **/##/##$p \leq 0.01$, ***/###/##$p \leq 0.001$. *BDNF*: brain-derived neurotrophic factor;
CST: cortistatin; *GDNF:* glial-derived neurotrophic factor; *GFAP*: glial fibrillary acidic protein; MCAO:
middle cerebral artery occlusion.

Together, these findings demonstrate that cortistatin is essential for maintaining

neuroimmune and glial homeostasis after stroke. Cortistatin deficiency drives excessive

peripheral and central immune activation, coupled with dysfunctional glial responses, thereby

amplifying neuronal injury. Conversely, exogenous cortistatin reprograms both systemic and

CNS immune compartments toward reparative phenotypes.

Cortistatin deficiency affects BBB integrity and vascular dynamics after ischemic

stroke, which are normalized following cortistatin administration

Given previous evidence of enhanced BBB permeability in cortistatin-deficient mice under

systemic inflammation [14], we investigated BBB dynamics post-stroke. Following MCAO,

cortistatin-deficient mice exhibited significantly elevated parenchymal IgG accumulation

relative to wild-type controls, indicative of substantial BBB disruption (Fig. 7a). This

permeability likely contributes to the enhanced immune cell infiltration previously observed

(Fig. 5c). Analysis of TJ and vascular markers revealed that, while C*laudin-5* expression

remained unchanged and similar to the expression previously found in wild-type mice [15],

and comparable vessel density and diameter between genotypes post-MCAO were observed,

C*laudin-1*, *Occludin*, and *Col1a2* levels were significantly reduced in the ischemic hemisphere

of cortistatin-deficient mice (Fig. 7b,d). ZO-1 distribution was also disrupted, with notable loss

across the endothelium (Fig. 7c). These alterations reflect compromised TJ architecture and

endothelial integrity. Administration of cortistatin significantly reduced IgG leakage, normalised

Claudin-1 and *Occludin* expression, and normalised ZO-1 localization, thereby attenuating

BBB disruption (Fig. 7a-c). In addition, cortistatin treatment promoted vascular remodelling,

evidenced by increased vessel area and diameter within the ischemic striatum (Fig. 7d). These

results indicate that cortistatin deficiency exacerbates BBB breakdown and impairs vascular

stability, while exogenous cortistatin promotes barrier integrity and vascular resilience.

Figure 7. Absence of cortistatin exacerbates BBB breakdown, which is ameliorated by cortistatin administration. a. Top, coronal brain sections from $Cort^{-/-}$ mice treated with either saline (MCAO) or cortistatin (144µg/kg) (MCAO+CST) at 24h post-reperfusion and sacrificed at 48h. Sections were stained with a fluorescently labelled antibody against mouse IgGs. Regions of IgG leakage are indicated with dashed white lines. Scale bar: 1,500µm. Quantification of IgG$^+$ areas (bottom) was used to assess IgG leakage from the blood. N=5-6 mice/group. **b.** Gene expression levels of C*laudin-5, Claudin-1, Occludin*, and *Col1a2* in the contralateral (CL) and ipsilateral brain hemispheres were quantified by real-time qPCR and normalized to *Rplp0* expression. Gene expression levels of wild-type mice are depicted as a dashed line as a reference. N=4-5 mice/group. **c.** Left, representative images of the ipsilateral striatum from $Cort^{-/-}$ mice post-MCAO and treated with cortistatin, stained with CD31 antibody for brain endothelial cells (BECs, green) and ZO-1 (red) for TJs. Scale bar: 30µm. Detailed images with ZO-1 discontinuities (indicated by asterisks) and recovery of ZO-1 coverage (marked with arrows) are shown. Scale bar of magnifications: 120µm. Right, quantification of the number of ZO-1 discontinuities per vessel area. n=2 ROIs/mouse; N=3-6 mice/group. **d.** Left, representative images of the ipsilateral striatum of $Cort^{-/-}$ mice following MCAO and treated with cortistatin, stained with CD31 antibody for BECs (green). Scale bar: 30µm. Right, vascular density was calculated as the percentage of CD31-positive staining relative to the total image area. n=3 ROIs/mouse; N=3-4 mice/group. Vessel diameter was measured manually and quantified on different sections from each vessel from 5-10 vessels/mouse, N=3-4 mice/group. Mice were compared to $Cort^{+/+}$ MCAO saline-treated mice (dashed line). Data represent the mean ± SEM. *vs. $Cort^{-/-}$ MCAO saline-treated mice, #vs. $Cort^{+/+}$ MCAO saline-treated mice, */#$p \leq 0.05$, **/##$p \leq 0.01$, ***/###$p \leq 0.001$, ****/####$p \leq 0.0001$. CD31: cluster of differentiation 31; CL: contralateral; *Col1a2*: collagen type I; CST: cortistatin; IgG: immunoglobulin G; MCAO: middle cerebral artery occlusion; ZO-1: zonula-occludens 1.

Absence of cortistatin impacts subacute stroke outcome while exogenous treatment potentiates recovery

Regarding the role of cortistatin in acute stroke, and following STAIR recommendations [40,41], we extended our analysis to the early subacute phase (7 days post-MCAO), focusing on key markers of injury and recovery. While neurological deficit scores were initially comparable between genotypes (Fig. 8a), animals lacking cortistatin exhibited trends toward

larger infarcts, greater MAP-2-negative areas, and reduced neuronal density relative to wild-

type controls (Fig. 8b; Table S15; Fig. S4a). Functional impairments persisted in *Cort*^{-/-} mice,

including decreased successful reaches and poorer wire-hanging test performance, although

pole test results remained unaffected (Fig. S5a,b; Table S16). Histological analysis revealed

pronounced axonal disorganization and aberrant myelin structures in *Cort*^{-/-} mice, reflected by

elevated MBP intensity in the ischemic hemisphere, suggestive of myelin disruption [42] (Fig.

8c). Cortistatin treatment ameliorated these pathological alterations, improving neuronal

density, axonal integrity, and neurological scores in both genotypes (Fig. 8a-c).

Figure 8. Cortistatin deficiency impairs long-term stroke recovery, while treatment improves outcomes. *Cort*^{+/+} and *Cort*^{-/-} mice were treated daily with either saline (MCAO) or cortistatin (144µg/kg) (MCAO+CST), from 24h post-reperfusion, and sacrificed at 7 days. **a.** Neurological scores were evaluated at 7 days using a scale ranging from 0 (no signs) to 3 (death). N=5-6 mice/group. **b.** Left, brain coronal sections were stained with cresyl violet (CV) to assess neuronal damage. Ischemic lesions are outlined with dashed red lines. Scale bar: 1,500µm. Centre, ischemic volume was determined by analysing ten CV-stained brain slices at 0.5 mm intervals per mouse. Right, neuronal density within the

ischemic area was quantified (% of total area). N=4-6 mice/group. **c.** Left, representative images of the
ipsilateral striatum stained with MBP antibody to visualize myelin sheaths. Aberrant myelin sheaths are
depicted with asterisk while recovered ones are marked with arrows. Scale bar: 30µm. Right, the area
of damaged myelin sheaths (left) and MBP mean grey value (right) were quantified. N=4-6 mice/group.
d. Left, representative brain sections stained with GFAP antibody to identify astrocytes. Scale bar:
1,500µm. Right, glial scar thickness was quantified. N=4-6 mice/group. **e.** Left, sections were stained
with VEGF antibody (red) and with a fluorescently-labelled antibody against mouse IgGs (white). Scale
bar: 1,500µm. Centre, VEGF$^+$ area was quantified as the % of positive area within the damaged area.
N=4-6 mice/group. Right, IgG$^+$ area was measured to assess BBB leakage. N=4-6 mice/group. Data
represent the mean ± SEM. *$vs.$ MCAO cortistatin-treated mice, #$vs.$ $Cort^{+/+}$ MCAO saline-treated mice,
*/#$p ≤ 0.05$, **/##$p ≤ 0.01$, ****/####$p ≤ 0.0001$. BBB: blood-brain barrier, CST: cortistatin, GFAP: glial
fibrillary acidic protein, Iba1: ionized calcium-binding adaptor molecule 1, IgG: immunoglobulin G, MBP:
myelin basic protein, MCAO: middle cerebral artery occlusion.

Glial responses were also altered in the subacute phase. Iba1+ cell density increased

substantially compared to acute timepoints (>10^3 cells/mm^2 $vs.$ <400 cells/mm^2) with no

genotype- or treatment-dependent differences (Fig. 5d; Fig. S4b). Similarly, glial scar

thickness augmented as the stroke progressed (<200 to >400 µm from acute to subacute

stroke) (Fig. 6a,8d), with $Cort^{-/-}$ mice transitioning from disorganized to significantly fibrotic

thicker scars at 7 days (Fig. 6a,8d). Cortistatin treatment reduced scar thickness in both

genotypes, suggesting a role in regulating scar maturation. Additionally, cortistatin

administration upregulated VEGF expression in the ischemic hemisphere, potentially

enhancing angiogenesis and BBB repair (Fig. 8e). Consistently, IgG extravasation was

reduced following treatment, aligning with observations at earlier stages (Fig. 7a, Fig. 8e).

These findings demonstrated that cortistatin deficiency worsens subacute stroke

pathology, hindering neurovascular and glial repair, accordingly to transcriptomic studies

showing limited activation of repairing pathways in the ischemic brain without cortistatin.

Exogenous cortistatin reversed many of these pathological features, underscoring its broad

neurorepair potential beyond the acute phase.

Cortistatin regulates neuroinflammatory and vascular outcomes after stroke in middle-

aged mice

To evaluate the influence of cortistatin on stroke outcome in the context of aging, we induced

mild MCAO in middle-aged (6-month-old) $Cort^{+/+}$ and $Cort^{-/-}$ mice, with or without cortistatin

treatment, and compared results to young (3-month-old) MCAO animals.

In the acute phase, cortistatin deficiency in middle-aged mice led to worsened

neurological scores and behavioural deficits, paralleling findings in younger cohorts (Fig. 9a;

Fig. S5c,d). Neuronal damage, as indicated by MAP-2 loss, was greater in older wild-type

mice, a difference not observed in $Cort^{-/-}$ animals (Fig. 9b; Table S15). Cortistatin treatment

reduced neuronal injury in wild-type mice and led to an improved score in cortistatin-deficient

mice (Fig. 9a,b). Additionally, cortistatin improved pole test outcomes, though it demonstrated

generally limited effect (Fig. S5c,d; Table S16).

Glial analysis revealed increased Iba1$^+$ cell density and a hyper-ramified phenotype in

the ischemic hemisphere of middle-aged $Cort^{-/-}$ mice, with exacerbation of age-dependent

features relative to young animals (Fig. 9c-g). Cortistatin administration restored a

homeostatic microglial morphology in both genotypes. Astrocytic responses were also

impaired in middle-aged $Cort^{-/-}$ mice, marked by disrupted glial scars and atypical astrocyte

morphology (fewer junctions, reduced branching, and diminished territorial complexity), which

were normalized following cortistatin administration (Fig. 9h-l).

Assessment of BBB integrity revealed no age-related differences in IgG extravasation

within genotypes; however, $Cort^{-/-}$ mice exhibited significantly greater leakage than wild-type

counterparts. (Fig. 10a). This disruption was accompanied by reduced vascular density in

middle-aged $Cort^{-/-}$ mice (Fig. 10b). Cortistatin administration ameliorated BBB leakage and

regulated vascular remodelling in both genotypes, consistent with findings in younger mice

(Figs. 10a,b; Fig. 7a). Although ZO-1 disruption was similarly reduced with aging, cortistatin

preserved junctional organization, particularly in wild-type mice (Fig. 10c). Increased BBB

permeability in cortistatin-deficient mice correlated with greater immune cell infiltration, which

was also reversed following cortistatin treatment (Fig. 10d).

Notably, aging amplified the systemic immune response to stroke, with elevated IL-12,

IL-6, and MCP-1, particularly in the absence of cortistatin (Fig. S6). Cortistatin treatment

significantly attenuated these inflammatory mediators across genotypes.

Figure 9. Lack of cortistatin exacerbates stroke outcomes and glial dysregulation in middle-aged mice. 6-month-old *Cort*^{+/+} and *Cort*^{-/-} mice were subjected to middle cerebral artery occlusion and treated with either saline (MCAO) or cortistatin (144µg/kg, MCAO+CST) at 24h post-reperfusion and sacrificed at 48h. **a.** Neurological deficits were scored from 0 (no signs) to 3 (death). N=9-12 mice/group. **b**, Left, microtubule-associated protein 2 immunostaining (MAP-2, green) highlights ischemic areas (red dashed lines). Scale bar: 1,500µm. Right, neuronal integrity was evaluated by measuring MAP-2 loss. N=5–6 mice per group. **c.** Iba1^{+} population (cells/mm²) was quantified in contralateral (CL) and ischemic core regions. **d.** Binary images of Iba1+ cells from CL and peri-lesion. Scale bar: 30µm. **e–g.**

Quantification of Iba1+ microglial morphology: soma size, manually measured (**e**), convex hull area,
evaluated by fractal analysis (**f**), and junction number and branch length, determined by skeleton
analysis (**g**). Cell counts per group: n=30-35 cells, N=3 mice/group. **h.** Glial scar thickness was
quantified, n=30-35 ROIs, N=3 mice/group. **i.** Representative binary images of glial scar astrocytes.
Scale bar: 30μm. **j–l.** Astrocyte morphological features analysed via skeleton and fractal analysis:
junctions and branching, (**j**), soma size (**k**), and convex hull area, fractal dimension and span ratio (**l**).
Cell counts per group: n=30-35 cells, N=3 mice/group. Data were compared to MCAO saline-treated
young *Cort+/+* and *Cort-/-* mice (dashed line). Data are expressed as mean ± SEM. **vs.* *Cort+/+* or *Cort-/-*
MCAO saline-treated mice*; #vs.* young *Cort+/+* or *Cort-/-* MCAO saline-treated mice*; &vs.* middle-aged
Cort+/+ MCAO saline-treated mice */#/&p≤0.05. */#/&p≤0.05, **/##/&&p≤0.01, ***/###/&&&p≤0.001,*
*****/####/&&&&p≤0.0001. CST, cortistatin; MCAO, middle cerebral artery occlusion.

Figure 10. Middle-aged cortistatin-deficient mice display disrupted vascular integrity following
ischemic stroke. 6-month-old *Cort+/+* and *Cort-/-* mice were subjected to middle cerebral artery
occlusion (MCAO) and treated with either saline (MCAO) or cortistatin (144μg/kg, MCAO+CST) at 24h
post-reperfusion and sacrificed at 48h. **a.** Left, representative brain sections stained with a fluorescently
labelled antibody against mouse IgG. Areas of IgG extravasation are outlined with dashed white lines.
Scale bar: 1,500μm. Right, IgG+ area was quantified to assess BBB permeability. N=4–6 mice/group.
b. Left, representative images of the lesion core (striatum) stained with CD31 antibody (green) to
visualize BECs. Scale bar: 30μm. Right, quantification of vascular integrity, including vascular density
(percentage of CD31+ staining per total image area, left) and vessel diameter (manually measured and
quantified in different sections from each vessel from 5-10 vessels/mouse, right). N=3–6 mice/group. **c.**
Left, representative images of the ipsilateral striatum stained with CD31 (green) and zonula occludens-
1 (ZO-1, red) to assess TJ integrity. ZO-1 discontinuities are marked with asterisks, while areas of ZO-
1 uniformity are indicated by arrows. Scale bar: 30μm. Right, quantification of the number of ZO-1
discontinuities per vessel area. n=3 ROIs/section/mouse; N=3–5 mice/group. **d.** Left, high-magnification

images of the striatum stained with CD45 antibody (red) to detect infiltrating leukocytes. Scale bar:
100µm. Right, leukocyte density (cells/mm²) was quantified in the ischemic striatum and the
contralateral hemisphere (CL, uninjured). Data were compared to young $Cort^{+/+}$ and $Cort^{-/-}$ mice
subjected to MCAO and treated with saline (dashed line). Data are presented as mean ± SEM. *$vs.$
MCAO cortistatin-treated mice; #$vs.$ middle-aged $Cort^{+/+}$ MCAO saline-treated mice; &$vs.$ young $Cort^{+/+}$
or $Cort^{-/-}$ MCAO saline-treated mice. *$^{/#/&}p \leq 0.05$, **$^{/##/&&}p \leq 0.01$, ***$^{/###/&&&}p \leq 0.001$, ****$^{/####/&&&&}p \leq$
0.0001. CD31, cluster of differentiation 31; CD45, cluster of differentiation 45; CST, cortistatin; IgG,
immunoglobulin G; MCAO, middle cerebral artery occlusion; TJ, tight-junction; ZO-1, zonula occludens-
1.

In summary, cortistatin deficiency exacerbates age-associated neuroinflammatory

responses, glial and vascular dysfunction, and peripheral immune activation following

ischemia. Exogenous cortistatin confers robust neurovascular protection and immune

regulation in both young and middle-aged mice, supporting its therapeutic potential across

age groups.

DISCUSSION

Stroke pathogenesis involves complex neurovascular-immune interactions shaped by spatial

and temporal dynamics influencing both injury and recovery [4]. Moreover, current stroke

research often relies on oversimplified preclinical models that overlook variables such as

aging, comorbidities, and chronic outcomes. This challenges therapy development,

contributing to stroke being the second leading cause of mortality worldwide. Thus,

understanding temporal multi-system interactions, along with their endogenous mediators, is

critical for advancing stroke management.

In this study, we identified cortistatin as a critical neuroimmune regulator in stroke

pathophysiology. Integrative transcriptomic analysis across human and murine datasets,

covering various tissues, models, and stroke phases, consistently revealed its significant

downregulation post-stroke. Indeed, recent studies identify cortistatin as a DEG in ischemic

mouse brain [43,44], underscoring a conserved involvement in the response to cerebral

ischemia. The inverse association between cortistatin levels and stroke severity further

suggests that reduced cortistatin is not merely a consequence of injury but may actively

contribute to disease progression and its (timely) administration may help protect against

ischemic stroke.

To test this hypothesis, we investigated for the first time the endogenous role of

cortistatin in a preclinical stroke model (MCAO) in young and middle-aged cortistatin-deficient

mice. Considering their known heightened susceptibility to other neural injury experimental

approaches [45–48], we selected a mild stroke model which confers advantages such as a

lower mortality rate and reduced endothelial injury, yielding more consistent infarct sizes [49].

In this context, we assessed both acute and subacute outcomes while evaluating the potential

therapeutic efficacy of cortistatin in reversing pathological phenotypes.

Our *in vivo* experiments showed that cortistatin-deficient mice had an exacerbated

molecular and cellular response to ischemia compared to wild-type mice. While both

genotypes exhibited upregulation of immune activation, inflammation, and tissue remodelling

related-genes, these responses were significantly amplified in the absence of cortistatin.

Moreover, cortistatin deficiency was related to heightened neuroinflammation, neurovascular

dysfunction, and impaired synaptic processes, transcriptional signatures of maladaptive post-

ischemic responses that drive secondary injury, impede regeneration, and contribute to poor

stroke outcomes [50]. According to this, our findings revealed worse neurological scores, in

young and middle-aged cortistatin-deficient mice during the acute stroke stage, compared to

wild-type animals. This agreed with the larger lesions in young cortistatin-deficient mice at

acute and subacute phases, suggesting a pivotal role for cortistatin in neuronal survival after

injury. Surprisingly, while lesion size increased with age in wild-type mice, it remained stable

in cortistatin-deficient animals, consistent with evidence that infarct size does not always

match neurological outcomes [51–53]. Furthermore, a greater proportion of cortistatin-

deficient mice showed impaired performance in behavioural tests at both ages, though their

motor performance was not consistently worse despite greater neurological deficits. This

underlines the heterogeneity of behavioural stroke phenotypes and the need for

comprehensive assessment using complementary functional tests [53]. Additionally, using a

mild stroke model with uniform manifestations may limit direct correlations between lesion size

and functional deficits [54]. Moreover, the heightened anxiety-like behaviour of deficient mice,

previously described by our group, driven by elevated glucocorticoid levels observed in the

absence of cortistatin [9], may influence behaviour and mask motor deficits.

Stroke not only causes brain injury but also impacts peripheral organs. Hypoxia and

vascular occlusion trigger the expression of adhesion molecules from endothelial cells, which,

along with BBB disruption, facilitate immune cell infiltration into the brain [4]. In line with this,

cortistatin restrained immune cell recruitment and activation, as shown by increased immune

infiltration in cortistatin-deficient mice, confirmed by both experimental and RNA-seq

deconvolution data. Our previous studies also demonstrated enhanced transmigration of

macrophages and T cells across cortistatin-deficient endothelium under inflammatory

conditions [14]. Moreover, cortistatin-deficient mice, regardless of age, displayed a heightened

pro-inflammatory cytokine profile alongside diminished anti-inflammatory signalling, features

generally correlated with increased infarct volume and poorer functional outcomes [55]. In

parallel, stroke triggers a systemic immunocompromised state, characterized by lymphoid

organ atrophy and infection susceptibility [56], likely mediated by neurohumoral pathways,

including glucocorticoid release, which can suppress adaptive immunity and exacerbate CNS

inflammation [57]. Consistently, cortistatin-deficient mice showed reduced spleen size and

cellularity, features strongly associated with poor stroke prognosis [58].

Beyond its role in peripheral immunity, we demonstrated that cortistatin critically

modulates neuroinflammation post-stroke, as shown by the increased number of immune-

related molecular terms in cortistatin-deficient brains. Microglia, the CNS primary immune

responders, rapidly accumulate in the peri-infarct and infarct areas following stroke [59]. While

young mice of both genotypes showed similar microglial/myeloid infiltration, it drastically

increased in the core of middle-aged cortistatin-deficient mice. In line with our previous studies

demonstrating exacerbated inflammatory responses from cortistatin-deficient microglia [9],

young cortistatin-deficient mice showed a more reactive microglial phenotype with reduced

anti-inflammatory markers (*i.e.,* CD163 and IL-10), indicating amplified neuroinflammatory

response [60,61]. Moreover, reactive microglia adopted hyper-ramified morphologies in

middle-aged *Cort*^{-/-} mice, a phenotype related to excitotoxicity [39,46], harmful synaptic

pruning, and neuronal loss [62]. Similarly, Hinwood and colleagues reported that chronic

stress induces hyper-ramified microglia in rat prefrontal cortex, correlating with enhanced

neuronal activation and impaired spatial memory [63]. Accordingly, the stress-like behaviour

in these animals may indicate a pre-existing neuroinflammatory state that exacerbates

ischemic pathology.

Besides microglia, astrocytes critically contribute to neuroinflammation and glial scar

formation, which helps limit lesion spread and preserve viable neural tissue [64]. While

beneficial acutely, excessive or prolonged scarring may hinder regeneration and worsen long-

term outcomes [50]. Although not fully understood, the underlying molecular and cellular

mechanisms likely involve a complex balance of signals that can simultaneously boost

phagocytosis and debris clearance, essential for protecting the still-healthy tissue [64–66].

Importantly, impaired glial scar formation was observed in cortistatin-deficient mice following

acute stroke, particularly in middle-aged animals. Accordingly, defective astrocyte scar

formation in ischemia loss-of-function models leads to increased lesion size and

demyelination, resulting in impaired functional recovery [65–68]. However, in other

neuroinflammatory models, cortistatin-deficient astrocytes exhibited exacerbated reactivity at

chronic stages [9,13], when astrocyte responses can become chronic and detrimental. In this

sense, the impaired glial scar observed at the acute phase shifted to an exacerbated scarring

response during the subacute phase. These findings highlight the dynamic, stage-dependent

nature of astrocyte responses and suggest that cortistatin is essential for its temporal

regulation in ischemia. Furthermore, astrocytes in cortistatin-deficient mice displayed an

atypical phenotype, characterized by small, non-ramified, elongated morphologies not

previously described and worth further investigation. These atypical features were consistent

at both ages, indicating that cortistatin deficiency, followed by stroke, may accelerate age-

related outcomes. Indeed, recent findings demonstrate that in aged brains, stroke induces pro-

inflammatory astrocytes that may accelerate injury [43].

Aligned with morphological studies, deconvolution analysis confirmed a markedly

perturbed glial landscape in cortistatin-deficient mice, with increased signatures of both

activated and deactivated microglia and a shift in astrocytic phenotype. The loss of

homeostatic, neuroprotective astrocytes and the emergence of reactive, potentially neurotoxic

profiles imply a transition toward a maladaptive astroglial environment. This may compromise

metabolic support, glutamate clearance, and BBB integrity [50], worsening post-ischemic

dysfunction. Additionally, transcriptional evidence of impaired oligodendrocyte maturation and

myelination suggests that cortistatin deficiency may impede white matter recovery, potentially

affecting long-term cognitive and motor recovery [69].

On the other hand, BBB disruption is a key pathological hallmark of stroke, emerging

rapidly after artery occlusion and evolving through multiple phases, persisting for days to

weeks [70]. The significant increase in IgG extravasation in young and middle-aged cortistatin-

deficient mice after acute stroke supports our previous findings of heightened BBB

permeability in these mice under mild lipopolysaccharide-induced neuroinflammation [14].

Furthermore, BECs isolated from cortistatin-deficient mice displayed intrinsic endothelial

dysfunction at baseline, markedly exacerbated after ischemic injury (*i.e.,* increased

permeability, disruption of TJs, and a heightened pro-inflammatory state) [14]. Interestingly,

reduced cortistatin levels in BECs from both mice and humans were observed following

oxygen-glucose deprivation [14]. Furthermore, middle-aged cortistatin-deficient mice

exhibited reduced vascular density compared to their younger counterparts, a difference

absent in wild-type mice. Given age-related cerebrovascular decline [71], early vascular

deficits and BBB disruption in cortistatin-deficient mice highlight the essential role of cortistatin

in preserving cerebrovascular integrity. Moreover, our results provide the first evidence that

cortistatin deficiency accelerates age-associated cerebrovascular and neuroinflammatory

dysfunction. MCAO young cortistatin-deficient mice recapitulated several features typical of

aged wild-type animals, showing similar molecular signatures (*e.g.,* increased inflammation,

interferon signalling, and disrupted axonal and synaptic maintenance) [43], as well as

pathological manifestations including exacerbated microglial activation, astrocytic reactivity,

BBB disruption, and immune infiltration, underscoring the synergistic effects of cortistatin loss

and aging. While rodent aging models commonly involved animals aged 15–24 months

[72,73], the increased vulnerability and mortality risk of cortistatin-deficient mice under various

injury paradigms (including this study) [9,12,74–76], necessitate caution when working with

older cohorts.

According to our data of reduced cortistatin levels in human and mice during acute and

subacute stages, recent studies report a reduction of cortistatin expression in the ischemic

core, followed by a prolonged bilateral decrease, not seen with related neuropeptides like

somatostatin and ghrelin [44,77]. Conversely, somatostatin and neuropeptide Y-expressing

interneurons (which also secrete cortistatin) are selectively preserved in ischemia models

[78,79]. Remarkably, unlike somatostatin, which primarily affects inhibitory interneurons,

cortistatin exhibits broader immunomodulatory and vasoregulatory functions [14,80],

supporting its unique role in stroke pathology. Reduced cortistatin expression is also linked to

other neurodegenerative/neurovascular disorders, including Alzheimer's disease [81] and

diabetic retinopathy [82]. Moreover, deletion of the chromosomal region 1p36, containing the

cortistatin gene, causes severe neurological and developmental deficits in humans [83]. These

findings collectively underscore the critical role of maintaining physiological cortistatin levels

to preserve neurovascular homeostasis and mitigate neuroinflammatory damage. Future

research should explore whether cortistatin expression dynamics may serve as a prognostic

biomarker for stroke or other neuroimmune disorders.

Considering the narrow therapeutic window of current interventions like rtPA (4-6h) and

endovascular thrombectomy (up to 24h), investigating endogenous mechanisms and

therapeutic interventions within the first 48h is essential, as it can determine long-term

outcome [2]. Our data demonstrate an early dysregulation in cortistatin-deficient mice during

acute stroke characterized by insufficient activation or downregulation of terms related to

inflammation resolution, tissue repair, neurogenesis, synaptic plasticity, and cognition.

Importantly, this appears to impair the subsequent recovery process, as by 7 days post-injury,

these mice exhibited reduced neuronal repopulation, impaired axonal integrity, aberrant glial

scar formation, and decreased VEGF expression, all key processes involved in recovery and

neurogenesis. VEGF supports neurovascular remodelling, neuroprotection, and progenitor

cell proliferation [83]. Myelin regeneration is also crucial for recovery, as oligodendrocyte death

and persistent demyelination contribute to long-term deficits [69]. Notably, cortistatin-deficient

mice show abnormal myelin in multiple sclerosis models [42], suggesting a role for cortistatin

in axonal integrity and neurorepair, though mechanisms remain unclear.

Consistent cortistatin downregulation in human stroke and its causal role in

exacerbating post-ischemic pathology in animal models suggest that restoring cortistatin could

represent a novel therapeutic strategy. Acute administration reduced neurological score and

lesion size in cortistatin-deficient mice, similar to levels observed in wild-type young mice. In

young animals, this neuroprotective effect was linked to increased BDNF and GDNF

expression, known to support neurogenesis and recovery [84,85]. Beyond neuronal

protection, cortistatin treatment modulated systemic immune responses, normalized microglial

phenotypes, and restored astrocytic responses to wild-type levels. Cortistatin may influence

immune modulation through multiple avenues, including direct effects on immune cells, as

evidenced by its *in vitro* immunosuppressive effects on activated macrophages [86], as well

as through maintaining endothelial barrier integrity. While some studies indicate that

suppressing immune activation may increase infection susceptibility due to post-stroke

immunosuppression, complicating the risk-benefit profile of anti-inflammatory therapies [57],

our findings demonstrate that cortistatin exerts a context-dependent modulation of glial and

immune responses. This aligns with the emerging consensus that therapeutic strategies must

be temporally and contextually tailored [15,87]. Moreover, its administration reduced BBB

leakage in young and middle-aged animals, highlighting its potential as a therapeutic agent in

mitigating BBB breakdown. Strikingly, cortistatin treatment reversed most pathological

features at the subacute stage, indicating that its neuroprotective effects extend beyond the

acute phase and promote sustained recovery.

Importantly, the ability of cortistatin to improve outcomes in middle-aged or highly

susceptible mice suggests a robust pleiotropic mechanism that can overcome documented

failure of neuroimmune-targeted therapies in aged patients. However, while cortistatin

treatment improved neurological scores, it did not significantly affect motor coordination in

middle-aged mice, unlike in younger ones, possibly due to age-related apathetic behavior

linked to the role of cortistatin in locomotor activity [5]. Critical questions remain about its role

in motivational and locomotor circuits, possibly tied to interactions with the dopaminergic

system (significantly affected when cortistatin is absent, as described here), which warrant

further investigation.

In conclusion, the present study advances our understanding of stroke pathophysiology

by identifying cortistatin as a pivotal neuroimmune regulator, whose loss or decrease

exacerbates brain injury by affecting central and peripheral immune responses, neurovascular

integrity, and glial function. These findings support the emerging consensus that stroke is not

a localized cerebrovascular insult but rather a complex, multi-organ syndrome involving

dysregulated systemic and neuroimmune communication [2,88]. Our data demonstrate that

cortistatin, traditionally studied for its roles in sleep, stress, and immune modulation, protects

throughout multiple stages of ischemic injury, from acute damage (glial reactivity or BBB

breakdown) to tissue repair and neurovascular remodeling. Moreover, cortistatin is crucial for

balancing the neuroimmune axis, mitigating excessive inflammation both centrally and

peripherally, and promoting glial homeostasis and repair, counteracting the effects of chronic

stress and aging. Additionally, the lack of cortistatin accelerates aging-like neuroimmune and

vascular decline, highlighting its critical role in maintaining cerebrovascular health. Without

cortistatin, impaired neurorepair, neuroinflammation, and BBB dysfunction hinder stroke

recovery. From the therapeutic perspective, the fact that exogenous cortistatin administration

reverses many pathological features and improves outcomes in both young and middle-aged

mice is particularly noteworthy. This supports that targeting endogenous neuroimmune modulators could extend the therapeutic window and provide benefit beyond current time-limited interventions. Altogether, our findings provide critical insights into the stroke pathophysiology and pave the way for novel therapeutic approaches targeting neurovascular dysfunction, glial overactivation, and maladaptive neuroimmune responses. Finally, the translational relevance is strengthened by human transcriptomic data showing consistently reduced cortistatin levels across multiple datasets, tissues, and disease stages, highlighting its potential as a biomarker for stroke severity and progression.

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CONTRIBUTIONS

E.G-R conceived, designed, and supervised the entire study. J.C-G and E.G-R outlined the experiments and analysed all the data. J.C-G, P.V-R, I.S-M, A.C-M, and I.F-L performed the experiments. P.V-R and JL. R analysed and interpreted the transcriptomic data. J.C-G, L.B, M.P, L.H, and E.G-R contributed to data interpretation and discussion of the results. J.C-G and E.G-R wrote and revised the manuscript. All authors have read and approved the final version of the manuscript.

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