Fast-twitch myofibrils grow in proportion to Mylpf dosage in the zebrafish embryo

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Abstract

Muscle cells become stronger by expanding myofibrils, the chains of sarcomeres that produce contraction. Here we investigate how Mylpf (Myosin Light Chain Phosphorylatable Fast) abundance impacts myofibril assembly in fast-twitch muscle. The two zebrafish Mylpf genes (*mylpfa* and *mylpfb*) are exclusively expressed in fast-twitch muscle. We show that these cells initially produce six times more *mylpfa* mRNA and protein than *mylpfb*. The combined Mylpf protein dosage is necessary for and proportionate to fast-twitch myofibril growth in the embryo. Fast-twitch myofibrils are severely reduced in the *mylpfa*$^{-/-}$ mutant, leading to loss of high-speed movement; however, by persistent slow movement this mutant swims as far through time as its wild-type sibling. Although the *mylpfb*$^{-/-}$ mutant has normal myofibrils, myofibril formation fails entirely in the *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant, indicating that the two genes are collectively essential to myofibril formation. Fast-twitch myofibril width is restored in the *mylpfa*$^{-/-}$ mutant by transgenic expression of *mylpfa-GFP, mylpfb-GFP,* and by human *MYLPF-GFP* to a degree corresponding linearly with GFP brightness. This correlate is inverted by expression of *MYLPF* alleles that cause Distal Arthrogryposis, which reduce myofibril size in proportion to protein abundance. These effects indicate that Mylpf dosage controls myofibril growth, impacting embryonic development and lifelong health.

Introduction

The myofibril is the contractile organelle of striated muscle, made of chains of sarcomeres that span the cell's length (Figure 1A). Sarcomeres form on the scale of microns, yet their collective function in myofibrils can impact behavior of the entire organism. Despite the importance of myofibril structure and size to muscle strength, it remains unclear how myofibril growth is regulated. One way to control myofibril growth is to regulate the abundance of its component parts. Overall protein levels ('dosage') are influenced by many factors including a gene's copy number, the amount of steady-state transcript produced by each gene ('mRNA abundance'), the steady-state amount of protein encoded by these genes ('protein abundance'), the activity of each encoded protein, and the protein's localization within a cell. In this study, we investigate how the abundance of one key sarcomeric component, Mylpf, impacts myofibril formation. We find that overall Mylpf dosage is controlled by a combination of gene copy number and mRNA abundance, which together predict protein abundance and myofibril size in the zebrafish embryo.

Initially, myofibril formation growth is directed by actin-rich thin filaments [1–3]. These thin filaments contain F-actin strands bundled with nebulin and linked to actinin-rich Z-disks, producing I-Z-I bodies. The ends of I-Z-I bodies are temporarily connected to one another by non-muscle myosin to form pre-myofibrils, which act as a template for further growth [3–7]. Growth is also facilitated in part by integration of enormous contractile proteins titin and nebulin, which set the sarcomere's length [8]. Once pre-myofibrils have formed, the non-muscle myosin is quickly replaced by contractile myosin heavy chain (MyHC), bundled into double-headed thick filaments. These added thick filaments increase tension across the muscle cell, leading to myofibrillar growth [9–11]. Myofibril size then increases along the muscle cell's narrow axis (the 'width axis'), beginning near the cell membrane and then extending into the central cytoplasm[11]. Growth along the width axis increases the myofibril's cross-sectional area, which predicts muscle strength better than overall muscle size does [14].

The class II MyHC in thick filaments is stabilized close to its force-generating head by a Regulatory Light Chain (RLC) and an Essential Light Chain (ELC) protein [12,13]. These light chains regulate myosin movement and force generation but do not consume ATP nor produce force on their own [12]. Point mutations in the RLCs can reduce myosin step size [14], and outright removal of these light chains *in vitro* causes MyHC aggregation and partially reduces MyHC activity [15,16]. Consistent with this finding, the *Drosophila* RLC mutant lacks skeletal muscle [17]. Similarly, the ELC gene *Myl1* is required for normal myogenesis in chicken, zebrafish, mouse, and human [18–20]. Because the primary effect of these light chains is to regulate and stabilize MyHC, we hypothesize that myosin light chain proteins influence the rate of cytoskeletal organization leading to myofibril growth, independent of cell size regulation.

Mylpf (Myosin Light Chain Phosphorylatable Fast) is a light chain of particular interest because it is the only RLC with prominent expression in embryonic muscle fibers and differentiated fast-twitch skeletal muscle in the mouse [21]. All skeletal muscle fibers are absent from the mouse *Mylpf* knockout at birth, suggesting that in mouse this gene may be required in all embryonic fibers [22]. Muscle loss in the *Mylpf*$^{-/-}$ mutant is so complete that it is unclear what phase of myogenesis is disrupted by the mutation. *MYLPF* function is also critical for human development. Missense alleles in *MYLPF* cause Distal Arthrogryposis (DA), a congenital musculoskeletal disease characterized by inherited distal limb contractures [23]. DA is often caused by mutation in genes that encode contractile proteins [24,25]. However, muscle strength nor structure was not examined in human patients with the MYLPF variants, and the impact of those variants have not been tested in animal models. Therefore, the impact of *MYLPF* missense alleles on muscle remains unresolved.

In vertebrates, muscle formation begins in segments of mesoderm called somites, which eventually produce most of the muscles in the body. Somite development proceeds quickly in zebrafish, leading to formation of two fiber types, fast-twitch and slow-twitch, within the first day post fertilization (dpf) [26]. Whereas slow-twitch fibers

106 contract and fatigue slowly, the zebrafish fast-twitch fibers contract with such speed and
107 power that they nearly strain muscle cells to the point of snapping [27,28]. In zebrafish, the
108 slow-twitch fibers are specified in the medial edge of the somite, then most of these
109 cells migrate to the lateral surface of the somite adjacent to the ectoderm, leaving
110 behind only a set medial slow muscle at the horizontal myoseptum [26]. By 24 hours post
111 fertilization (hpf), all muscle fibers medial to this thin slow-twitch layer are fast-twitch [26].
112 These positions are retained through embryonic development, enabling us to identify
113 fiber types by position in addition to molecular markers of fiber type. Muscle fibers grow
114 continuously during embryonic development, more than doubling in size by the time of
115 hatching (3 dpf) [29]. Hatched larvae continue growing while subsisting on their yolk until 6
116 dpf, enabling study of early larval growth independent of feeding.
117
118 In zebrafish, Mylpf gene function is distributed across two paralogs, *mylpfa* and *mylpfb*
119 [30–33]. Each gene has one primary transcript in the University of California Santa Cruz
120 genome browser and in Ensembl (Figure 1B) [34]. The two zebrafish Mylpf proteins are
121 94% identical to one another and each is 89% identical to human MYLPF in both
122 primary sequence and predicted protein structure (Figure 1C). The *mylpfa* and *mylpfb*
123 frameshifting alleles used in this study are predicted to be functionally null because they
124 truncate proteins within the first of two calcium-binding EF-Hand domains (Figure 1D).
125 We previously showed that zebrafish *mylpfa*$^{-/-}$ mutant animals can form multinucleate
126 muscle cells but have weakened muscle that eventually deteriorates [35]. However, the
127 impact of *mylpfa* on myofibrils remained untested and the requirements for *mylpfb*
128 function in embryonic development remained unexplored.
129
130 Here, we investigate the effect of Mylpf activity on myofibril development within the
131 somite. We generated a frameshifting *mylpfb* mutation within the first EF-Hand domain,
132 to mirror published [35] *mylpfa* alleles (Figure 1B-E). This *mylpfb*$^{-/-}$ mutant alone has no
133 overt muscle defect, but the *mylpfb* mutation enhances the *mylpfa*$^{-/-}$ mutant phenotype.
134 Examination of animals heterozygous or homozygous for the two mutations reveals that
135 myofibril widths in loss of function are predicted by wild-type Mylpf dosage. Transgenic
136 expression of *mylpfa* and *mylpfb* efficiently rescues the *mylpfa*$^{-/-}$ mutant when either

gene is expressed at high abundance. A transgene expressing human *MYLPF* also rescues the mutant, suggesting conserved function across vertebrate taxa. By contrast, expression of *MYLPF* alleles thought to cause DA ('DA-causing' alleles) disrupt myofibril formation in the *mylpfa*$^{+/+}$ wild-type zebrafish, with a dominant human allele causing more severe defects than a recessive human allele. Together, these findings suggest that Mylpf activity controls myofibril growth by promoting MyHC localization to the site of myofibril formation during early fast-twitch myogenesis.

Results

mylpfa mRNA and Mylpfa protein are expressed more abundantly than *mylpfb* / Mylpfb during embryonic development

Although *mylpfa* and *mylpfb* expression patterns have been described individually [36], their overlap and relative abundance have not been clarified. Transcripts for both Mylpf genes are restricted to fast-twitch muscle, but the *mylpfb* labeling is dimmer as assessed by Hybridization Chain Reaction based RNA *in situ* hybridization (HCR ISH) (Figure 1F-H, S1). Neither gene is expressed in slow-twitch muscle, which expresses a different regulatory light chain, *myl10* (Figure 1F) [37]. Expression of *mylpfa* and *mylpfb* is seen as early as 20 hpf in medial fast-twitch fibers (Figure S1). At 24 hpf, expression of *mylpfa* is around 6 times greater than *mylpfb* when assessed by HCR ISH. The ratio decreases to 3:1 by 36 hpf, largely because of rising *mylpfb* mRNA abundance (Figure 1G, H). Expression of *mylpfa* remains more abundant than *mylpfb* through embryonic stages (Figure 1G, H). Our HCR ISH finding at 24 hpf is close to the 7 to 1 ratio we find for *mylpfa* and *mylpfb* at 27 hpf in an RNA-seq dataset we previously published (Figure 1I) [38]. To investigate whether transcript levels predict protein abundance, we generated and tested new antibodies that recognize both Mylpfa and Mylpfb, which differ by 2 kilodaltons (kD). The relative protein abundance correlates with transcript levels. For instance, the Mylpfa and Mylpfb proteins are expressed in a 6:1 ratio at 24 hpf and 3:1 at 36 hpf (Figure 1I, J). We confirmed antibody specificity by examining the *mylpfa*$^{-/-}$ mutant embryos at 72 hpf. The mutant lacks the Mylpfa band without any change in the

167 Mylpfb band intensity (Figure 1K). In summary, the two zebrafish Mylpf genes are
168 expressed in fast-twitch muscle, but Mylpfa is produced more abundantly than Mylpfb.
169
170 ***mylpfa* is required for the localization of fast-twitch myofibril components, but not**
171 **for muscle size**
172 To investigate the possibility that the abundant gene *mylpfa* is required for myofibril
173 structure, we compared F-actin localization in the *mylpfa*$^{-/-}$ mutant to its wild-type sibling
174 at 48 hpf, when the fast-twitch myofibrils have thickened. The *mylpfa*$^{-/-}$ mutants have
175 normal slow-twitch fibers but severely disordered F-actin in fast-twitch muscle (Figure
176 2A-B', S2). Only a small amount of myofibril forms within the fast-twitch muscle of the
177 *mylpfa*$^{-/-}$ mutant (Figure 2C). This myofibril growth defect reflects a failure to organize
178 subcellular components of the myofibril, not overall muscle growth. For instance, the
179 somite's cross-sectional area is unchanged in the *mylpfa*$^{-/-}$ mutant (Figure 2A'', B'', D).
180 Likewise, western blot indicates that MyHC abundance is unchanged in the *mylpfa*$^{-/-}$
181 homozygotes, suggesting that there is ample protein production (Figure 2E-E'). Total
182 Mylpf abundance is reduced to 54% because Mylpfa protein is completely lost and there
183 is little compensation by Mylpfb (Figures 1L, 2E-E'). Other myofibril markers are also
184 expressed with wild-type abundance but show impaired organization in the *mylpfa*$^{-/-}$
185 mutant (Figure 2F-I). The myofibrils are narrower in the mutant, but sarcomere length is
186 unchanged (Figure 2J). Using this constant length, we developed an image analysis
187 protocol that assesses the fraction of protein in an image localized to sarcomere-length
188 objects, which we dub the 'sarcomeric fraction' (Figure S3). The sarcomeric-fraction is
189 reduced by half in the *mylpfa*$^{-/-}$ mutant fast-twitch muscle for all proteins tested,
190 matching the reduction in overall Mylpf protein abundance (Figure 2K-L, S3). We
191 generated a *mylpfa:mylpfa-GFP* Tol2 transgene, which produces Mylpfa-GFP protein at
192 around half the native level (Figure 3A, B). This transgene restores both the sarcomeric
193 fraction and myofibril width in the *mylpfa*$^{-/-}$ mutant (Figure 3C-F). This myofibril
194 restoration persists to at least 6 dpf, though some delocalized GFP is seen at that later
195 time-point (Figure 3G, S4). Together these findings show that *mylpfa* has no impact on
196 overall muscle size but is required for the cytoskeletal organization that leads to
197 myofibril growth.

198

199 **The *mylpfa*$^{-/-}$ mutant myofibril defect is rescued by *mylpfa-GFP* in a dose-**
200 **dependent manner**

201 The *mylpfa:mylpfa-GFP* transgene exhibits a wide range of expression levels, due in
202 part to positional effects from transposon insertion[39]. By combining the *mylpfa-GFP*
203 transgene with the *mylpfa*$^{-/-}$ mutant, we can test the correlation between Mylpf dosage
204 and fast-twitch myofibril growth within individual animals. We hypothesized that wild-
205 type animals produce Mylpf protein close to its saturation point, where additional protein
206 does not improve myofibril formation, but that the *mylpfa*$^{-/-}$ mutant produces Mylpf well
207 below this saturation point. Consistent with our prediction for the mutant, we see linear
208 correlation between GFP brightness and myofibril width in the *mylpfa*$^{-/-}$ mutant (Figure
209 3G). Consistent with our prediction for wild-type, we find a slight upward trend, but no
210 significant increase, in myofibril width in wild-type animals that express the *mylpfa-GFP*
211 transgene (Figure 3G). To confirm that myofibril size correlates with GFP brightness, we
212 also examined somite muscle in cross-section and used image thresholding to quantify
213 the myofibril cross-sectional area within the somite (Figure 3H-K). As expected, the
214 overall muscle cross-sectional area does not change in the *mylpfa*$^{-/-}$ mutant or in
215 transgenic animals, because *mylpfa* is required to localize proteins within muscle, not
216 for muscle growth (Figure 3H). Also as predicted, the cross-sectional area of myofibrils
217 is reduced in the *mylpfa*$^{-/-}$ mutant and restored by the *mylpfa-GFP* transgene to a
218 degree linearly correlated with GFP brightness (Figure 3I-M). Together these findings
219 suggest that Mylpfa expression restores the *mylpfa*$^{-/-}$ mutant proportionate with dosage,
220 but added Mylpfa has little impact on the wild-type animal.

221

222 **Expression of *mylpfb* restores myofibril formation in the *mylpfa*$^{-/-}$ mutant**

223 The differential requirement for *mylpfa* versus *mylpfb* in myofibril formation could be
224 explained either by differences in expression levels or coding sequence. To test the
225 efficiency of *mylpfb* in promoting myofibril growth, we generated a transgenic construct
226 that expresses *mylpfb-GFP* under the *mylpfa* promoter, *tg(mylpfa:mylpfb-GFP)*. The
227 *mylpfb-GFP* fusion protein localizes to the A-band of the wild-type myofibril and enables
228 F-actin to localize in sarcomeric repeats efficiently in the *mylpfa*$^{-/-}$ mutant; similar

229 localization is seen in animals mosaic for the *mylpfa-GFP* construct (Figure 4A-E). Both
230 constructs have a similar ability to restore myofibril structure in the *mylpfa*$^{-/-}$ mutant
231 (Figure 4F). The average localization of GFP to the myofibril is lower for Mylpfb-GFP
232 compared to Mylpfa-GFP, but the difference is not statistically significant (Figure 4F).
233 The Mylpfb-GFP brightness correlates linearly with myofibril width, with a slope similar
234 to Mylpfa-GFP (Figure 4G). To confirm these mosaic findings, we established germline-
235 inherited transgenic lines for *tg(mylpfa:mylpfa-GFP)mai102* and *tg(mylpfa:mylpfb-*
236 *GFP)mai103*. Both constructs rescue the *mylpfa*$^{-/-}$ mutant with similar trendlines, though
237 the *mylpfb-GFP* transgene has lower peak brightness than the *mylpfa-GFP* transgene
238 (Figure 4H). These findings support our hypothesis that the two zebrafish Mylpf genes
239 differ primarily by their expression levels.
240

241 **Early protein abundance correlates with *mylpfa* and *mylpfb* gene requirements in**
242 **fast-twitch myofibrils**

243 To further investigate how Mylpf gene dosage influences myofibril size, we examined
244 somite muscle structure in both homozygote and heterozygote offspring of the
245 *mylpfa*$^{+/-}$*;mylpfb*$^{+/-}$ heterozygous incross at 48 hpf. As expected, slow-twitch muscle
246 structure is normal across the *mylpfa* and *mylpfb* mutant combinations at this stage
247 (Figure 5A-D). Myofibrils are normal in the *mylpfb*$^{-/-}$ mutant fast-twitch muscle, severely
248 defective in the *mylpfa*$^{-/-}$ mutant, and completely lost in the *mylpfa*$^{-/-}$*;mylpfb*$^{-/-}$ double
249 mutant (Figure 5E-J). In the double mutant, both F-actin and MyHC are scattered
250 throughout the cytoplasm of the fast-twitch muscle cell, suggesting that even the pre-
251 myofibrils may eventually break down in this genotype (Figures 5H', S5). To investigate
252 how well these phenotypes map to Mylpf dosage, we plotted the correlation between
253 myofibril width and the Mylpf dosage, calculated by number of alleles skewed 6:1 for the
254 relative protein abundance at 1 dpf. We find a linear relationship between myofibril width
255 and predicted Mylpf dosage between the *mylpfa*$^{-/-}$*;mylpfb*$^{-/-}$ double mutant (0% dose)
256 and the *mylpfa*$^{+/-}$*;mylpfb*$^{+/-}$ double heterozygote (50% dose), with lessening effect at
257 higher dose (Figure 5J). Consistent with dose-dependent function, the *mylpfa*$^{+/-}$*;mylpfb*$^{+/-}$
258 double heterozygote shows modestly reduced myofibril width in fast-twitch muscle fibers
259 at 48 hpf (Figure 5I, J orange). The *mylpfa*$^{-/-}$*;mylpfb*$^{+/-}$ homozygote-heterozygote

260 combination has a sarcomere defect indistinguishable from the doubly homozygous
261 mutant, *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ (Figure 5I, J green) suggesting a minimal threshold of Mylpf
262 dosage is needed for any myofibril assembly. We find similar trends by calculating the
263 sarcomeric fraction of MyHC and F-actin in these 48 hpf images (Figure 5K, S5). The
264 correlates persist at 72 hpf, suggesting that the dose effects are constant through
265 embryonic development (Figure 5L, M). Further support for sarcomere loss is seen
266 using TEM at 72 hpf, where the *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant fast-twitch muscle
267 shows only a scattering of thick filaments and I-Z-I bodies and no myofibrils (Figure 5N-
268 P). Quantification of TEM images at 72 hpf is consistent with findings from
269 immunofluorescence (Figure S5). Together with our expression analysis, these findings
270 suggest that the Mylpf expression levels at 1 dpf predict the extent of myofibril formation
271 in somite muscle at 2 and 3 dpf.
272
273 ***mylpfa and mylpfb* are essential to MyHC localization, but not F-actin localization,**
274 **during early myofibril growth**
275 Our analysis at 2 and 3 dpf revealed that Mylpf function is required for myofibril
276 structure, but did not clarify which step of myofibril formation is regulated by Mylpf. We
277 hypothesized that sarcomeres may be disordered in the *mylpfa*$^{-/-}$ mutant because of an
278 initial defect in MyHC localization, independent of initial F-actin ordering. We examined
279 the *mylpfa*$^{+/-}$;*mylpfb*$^{+/-}$ heterozygous incross at a stage (26 hpf) when fast-twitch
280 myofibrils have recently begun to thicken. Wild-type and *mylpfb*$^{-/-}$ mutant siblings have
281 normal myofibrils at this early stage, (Figure 6A-B'), consistent with the low abundance
282 of *mylpfb* at 24 hpf. However, the *mylpfa*$^{-/-}$ mutant fails to properly localize MyHC to the
283 fast-twitch muscle cell's periphery where pre-myofibrils are forming (Figure 6C-C'). The
284 localization defect is even more severe in the *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant,
285 suggesting that *mylpfb* also contributes to early myofibril formation (Figure 6D-D'). Since
286 myofibrils normally form at cell peripheries, we assessed localization by quantifying how
287 far the F-actin and MyHC labels spread into the central cytoplasm of fast-twitch muscle
288 cells (Figure 6E). As expected, F-actin and myonuclei are positioned normally within the
289 cell in all genotypes examined (Figure 6F, G), consistent with models that actin
290 localization precedes thick filament localization [5]. MyHC is also localized at cell

291 peripheries in the wild-type embryo, but MyHC spreads evenly through the cytoplasm of
292 the *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant (Figure 6H). Similarly, the sarcomeric fraction
293 shows a severe MyHC defect but only a subtle change in F-actin localization in the
294 *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant at 26 hpf (Figure S5). These findings suggest that
295 Mylpfa and Mylpfb together are essential to localize MyHC to the fast muscle cell's
296 periphery where the thick filaments interdigitate with pre-myofibrils to initiate myofibril
297 growth.
298
299 **The zebrafish larva compensates for impaired fast-twitch myofibrils by moving**
300 **slowly more often**
301 Zebrafish movement is driven largely by force generated in somite muscle [27]. The
302 zebrafish *mylpfa;mylpfb* knockout series allows us to investigate how fast-twitch
303 myofibril growth impacts swimming behavior. Our prior work showed that *mylpfa* is
304 essential to muscle strength and fish movement, leading to a severely impaired escape
305 response[35]. In further support, high-speed imaging shows that the sharp flexure driving
306 initial escape response (the 'C-bend') is consistently absent from this mutant (Figure 7A-
307 C, Video 1). To investigate whether these bursts of escape behavior are mirrored by
308 overall movements, we assayed overall behaviors for 25-minute sessions using
309 DanioVision, across the nine combinations of *mylpfa* and *mylpfb* zygosity at 6 dpf
310 (Figure 7D-I). Consistent with the escape response defect, we find that the highest
311 speed of movement is reduced in all animals homozygous for *mylpfa*$^{-/-}$, which do not
312 swim faster than 70 mm/sec (Figure 7D, E). However, we were surprised to find that the
313 overall speed is not decreased in any of the *mylpfa*;*mylpfb* mutant combinations, which
314 travel at least as far as wild-type siblings during the imaging period (Figure 7F, G). The
315 *mylpfa*$^{-/-}$ mutant animals maintain a high average speed by increasing their frequency of
316 movement at slow speeds, 20-40 mm/sec (Figure 7H). These 6 dpf fish spend most of
317 their time stationary (Figure 7I), consistent with previous findings [40]. When they do
318 swim, the animals move slowly over 99% of the time, so even a slight increase in the
319 likelihood of slow movements can outpace the complete loss of high-speed movement
320 (Figure 7I, J). Both slow and fast movements increase in heterozygous combinations,
321 such as the *mylpfa*$^{+/-}$;*mylpfb*$^{+/-}$ double heterozygote, which on average swims a little

322 further than its wild-type sibling (Figure 7F-J). The compensatory movement in the
323 *mylpfa*$^{-/-}$ mutant may cause or result from hypertrophy of slow-twitch myofibers (Figure
324 7K-M). Together these findings suggest that fast-twitch muscle function is only required
325 for the swiftest movements and that slower movements increase when the fast-twitch
326 muscle is compromised.
327

328 **Myofibril structure is disrupted by the expression of disease-causing MYLPF**
329 **alleles**

330 Missense alleles of human MYLPF cause DA [35], but it remains unclear how these
331 alleles impact myofibril formation. We hypothesize that these alleles may be
332 antimorphic, inverting the correlations between dosage and myofibril width. We tested
333 the functional impact of the DA-causing variants using plasmids that encode GFP-
334 tagged MYLPF protein variants, driven by the *mylpfa* promoter (Figure 8). We made
335 three plasmids with different MYLPF alleles: the typical allele ('WT'), a dominant allele
336 encoding p.Gly163Ser ('G163S'), which affects a residue that directly contacts MyHC,
337 and a recessive allele encoding p.Cys157Phe ('C157F') that affects a residue buried
338 within the MYLPF protein (Figure 8A) [35]. When expressed brightly, the WT *MYLPF-GFP*
339 allele restores myofibril formation in the *mylpfa*$^{-/-}$ mutant, indicating that function is
340 conserved between zebrafish and human (Figure 8B-D). Mosaic expression of the
341 C157F *MYLPF-GFP* mildly reduces myofibril width in wild-type fish but can partially
342 rescue width in the *mylpfa*$^{-/-}$ mutant, suggesting that it has reduced activity and a slight
343 antimorphic effect (Figure 8B, E, F). The G163S *MYLPF-GFP* allele cannot rescue the
344 *mylpfa*$^{-/-}$ homozygote at 48 hpf and partially narrows myofibrils in the wild-type siblings
345 (Figure 8B, G, H), suggesting that it has no positive function and some antimorphic
346 activity. The G163S variant is mildly detrimental to both wild-type and mutant myofibrils,
347 with increasing effect at high dosage (Figure 8I). In all cases, the shifts in myofibril width
348 correlate well with GFP brightness, such that in the *mylpfa*$^{-/-}$ mutant WT MYLPF-GFP
349 increases width, the C157F allele does so less efficiently (Figure 8I). The activity of
350 these DA-causing alleles in zebrafish is consistent with their inheritance in humans
351 since the more disruptive variant, G163S, causes DA as a heterozygote while the
352 partially functional variant, C157F, causes DA only when homozygous.

Discussion

The task of linking gene and protein dosage to phenotype is typically complicated by dynamic expression patterns and post-transcriptional regulation. Our experiments suggest that both Mylpf genes in zebrafish behave in a manner predicted by a straightforward interpretation of the central dogma. They each produce a single transcript in a single cell type and their transcriptional levels match their relative protein dosage. Gene copy number alone is a poor predictor of Mylpf knockout phenotype, because animals with very different phenotypes (*mylpfa*$^{-/-}$, *mylpfb*$^{-/-}$, and *mylpfa*$^{+/-}$*;mylpfb*$^{+/-}$) carry two mutant alleles of Mylpf and 50% of the normal wild-type alleles. However, we can accurately predict knockout phenotypes when we scale gene copy number by the relative dosage of Mylpfa and Mylpfb protein 24 hpf (6:1) (Figure 8J). Western blotting suggests there is little genetic compensation by Mylpfb in the *mylpfa*$^{-/-}$ mutant, nor much change in native protein levels when Mylpfa-GFP is expressed. We have not been able to test for the presence of the Mylpfb band in the *mylpfb*$^{-/-}$ mutant which cannot be behaviorally sorted from wild-type siblings. Instead, knockout and transgenic rescue studies suggest that Mylpf dosage and phenotype are co-linear between 0% (*mylpfa*$^{-/-}$*;mylpfb*$^{-/-}$) and 50% (*mylpfa*$^{+/-}$*;mylpfb*$^{+/-}$) of the wild-type dose, with diminishing returns at higher expression. The shape of this response curve suggests that Mylpf function in the wild-type embryo sits near or slightly above the saturation point for protein function. Consistent with wild-type saturation, introduction of an extra gene copy (the *mylpfa:mylpfa-GFP* transgene) causes little or no increase in myofibril width in the *mylpfa*$^{+/+}$ wild-type embryo. When beginning from a lower dose (the *mylpfa*$^{-/-}$ mutant), myofibril width can be restored to a degree linearly correlated with Mylpfa-GFP and Mylpfb-GFP protein abundance. We suggest that the dosage effects may not be limited to zebrafish, because human MYLPF-GFP rescues the *mylpfa*$^{-/-}$ mutant as efficiently as the zebrafish genes do. However, the dosage-phenotype correlate is lessened or reversed when we introduce MYLPF protein variants that cause DA, suggesting that normal activity level is vital to MYLPF protein function (Figure 8I, J). Together, these findings poise the two zebrafish Mylpf genes as excellent models for

383 investigating a direct link from gene copy number and mRNA expression levels to
384 protein dosage and myofibril phenotype in the embryo.
385
386 Our work suggests that Mylpf controls myofibril organelle size without affecting overall
387 cell size. We propose that the cell uses Mylpf dosage to regulate localization of MyHC
388 to cell peripheries, particularly in situations where Mylpf abundance is limiting. These
389 limiting situations arise in the *mylpfa*$^{-/-}$ mutant but may also be present in the wild-type
390 animal during rapid growth. At least three mechanisms could explain the impact of Mylpf
391 on MyHC localization. First, since Mylpf is classically thought to stabilize contractile
392 MyHC, the thick filaments deficient in Mylpf protein may be marked as
393 misfolded/defective, triggering the mis-localization and myofibrillar defects [41]. Second,
394 once incorporated into myofibrils, RLCs continue to have known roles in muscle
395 contraction, such as increasing myosin step size leading to enhanced actin movement
396 [14,42]. Impaired step size is expected to reduce muscle force, which would reduce the
397 tension-driven elements of myofibril growth [7,10]. Third, Mylpf may act on non-contractile
398 myosin to mediate thick filament localization. For instance, RLC proteins are known to
399 bind to *myo18b*, an ATPase-deficient MyHC that stabilizes myosin-actin interactions
400 [13,43]. Consistent with this model, the zebrafish *myo18b*$^{-/-}$ mutant shows myofibril
401 formation defects similar to the *mylpfa*$^{-/-}$ mutant [44,45]. Future work to determine precisely
402 how Mylpf regulates myofibril growth may provide new ways to enhance muscle growth
403 after exercise and/or restore it during disease, without requiring cellular hypertrophy.
404
405 The DA gene variants may have antimorphic effects on muscle. The C157F DA allele is
406 recessively inherited in humans [35] and only causes a modest loss of function in early
407 zebrafish development. The G163S allele is dominantly inherited in humans [35] and
408 causes severe loss of function in early zebrafish development. Our results suggest that
409 both variants are antimorphic because both alleles decrease myofibril widths in the wild-
410 type embryo, proportionate with protein dosage. Our model is consistent with recent
411 proposals that most DA-causing alleles may have antimorphic effects [25]. Antimorphs
412 can arise by either gain or loss of protein function, as was established initially using
413 actin alleles in *Drosophila* [46]. For example, a DA-causing *MYH3* allele was recently

414 shown to increase Myosin activity, leading to hypercontraction and disease, in an
415 antimorphic gain-of-function manner [47]. The DA-causing MYLPF alleles may have
416 antimorphic effects through loss of function, by competing with wild-type MYLPF for
417 binding sites in thick filaments. However, the distinction between loss and gain of
418 function is muddled in these animals. Complete loss of Mylpf function leads to complete
419 loss of fast-twitch myofibrils but it also increases slow-twitch muscle size and causes a
420 gain of low-speed movement (Figure 8J, blue text). We have not yet assessed the
421 behavioral impacts of DA-causing alleles, to learn if animal activity is increased or
422 decreased, because the mosaic fish are labeled too sparsely to assess behavioral
423 changes. Subsequent work using stable transgenes may help elucidate why the DA-
424 causing alleles are antimorphic and may also reveal their impact on behavior.
425
426 Over 95% of zebrafish somite muscle is fast-twitch at 6 dpf, so we did not expect the
427 *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant zebrafish to move as far through time as their wild-type
428 siblings while using only ~5% of the normal myofibril volume. The zebrafish *mylpfa*$^{-/-}$
429 mutant behaves as expected on short timescales, producing force that is reduced by
430 90% in single-twitch assays [35], consistent with severe reduction in myofibrils throughout
431 fast-twitch muscle. Likewise, *mylpfa*$^{-/-}$ mutant fish lack C-bends, and show an impaired
432 escape response consistent with other fast-twitch deficient fish [35,48,49]. However, the
433 same animals generate slow movements more frequently within the course of our 25-
434 minute experimental window, eventually moving as far as their wild-type siblings. Partial
435 loss of Mylpf function could even increase total movement, since the *mylpfa*$^{+/-}$;*mylpfb*$^{+/-}$
436 double heterozygote tends to move even further than wild-type siblings. Consistent with
437 our findings, another group recently showed that zebrafish lacking fast-twitch
438 acetylcholine receptors upregulate slow-twitch synapses and behaviors by adult
439 stages [48]. However, this slow-twitch compensation has not previously been observed in
440 larvae and we do not know if there is synaptic compensation in Mylpf mutant zebrafish.
441 The behavioral compensation in Mylpf-deficient animals may be purely due to changes
442 in muscle. Over-reliance on slow-twitch fibers may act as a form of exercise, leading to
443 the observed slow-twitch hypertrophy [28], which in turn should strengthen slow-twitch
444 movement. The importance of muscle hypertrophy and neural activity could be resolved

445 by investigating muscle strength, calcium signaling, and synapse morphology through
446 time in Mylpf mutants.
447
448 Collectively, our findings suggest that Mylpf dosage controls myofibril size, with
449 profound effects on muscle structure and function in zebrafish. *Mylpf* mRNA abundance
450 is enriched in the fast-twitch muscle of farmed mammals that have very tender meat,
451 suggesting that it may be a target of selection on farms [50]. These meat quality factors
452 are predicted by point mutations in the Mylpf promoter region [51]. Likewise, the
453 abundance of *Mylpf* mRNA is a hallmark of muscle differentiation and required for this
454 process [52]. Although the mouse *Mylpf*$^{+/-}$ heterozygote does not have muscle impairment
455 after birth, prenatal muscle disorder has not been ruled out [22]. Mylpf gene dosage does
456 impact muscle development in insects since *Drosophila* heterozygous for RLC mutation
457 has impaired myofibril assembly in fast-twitch flight wing muscle [17]. In some cases,
458 increased light chain activity may also promote new myofibril formation. For instance,
459 activation of cardiac myosin light chain kinase is necessary and sufficient to initiate the
460 formation of sarcomeres in cultured heart cells [53]. These findings lead us to propose
461 that Mylpf abundance is a ripe target for heterometric selection, which alters the
462 prevalence of alleles in a population based on how the alleles affect a gene's
463 expression level. Given how widespread this effect seems to be, the sensitivity of
464 myofibril size to Mylpf dosage may have applications in many contexts where myofibril
465 growth is desired, including exercise physiology, farming, and human health.
466
467

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481 # Materials and Methods

482

483 **Zebrafish husbandry and established strains**

484 Fish strains were maintained using standard methods [54]. All animal protocols used in
485 this study were approved by the Institutional Animal Care and Use Committees at The
486 Ohio State University (2012A00000113) and the University of Maine (A2022-09-05).
487 Embryo/larval staging followed established metrics [55]. We genotyped the *mylpfa*^{oz30} 20
488 bp deletion allele [35] using primers (F 5'-TCTCTACAGGCCAGCTGAATG'3', R 5'-
489 ACCCTTCAACTTCTCTCCGAAC'3') that amplify a 116 bp product in wild-type fish and
490 a 96 bp product in the *mylpfa*^{oz30} homozygote. We genotyped the 1 bp *mylpfa*^{oz43} allele
491 [35], using primers 5'- GCTTCATTGCTGTCAGGATAGAG-3' and 5'-
492 ACCCTTCAACTTCTCTCCGAAC-3', followed by digestion with BsmFI restriction
493 enzyme (NEB, New England Biolabs). The enzyme cuts the wild-type amplicon into two
494 products of similar size (184 bp and 185 bp) and the mutant amplicon (368 bp) remains
495 uncut. Homozygotes for both *mylpfa*^{oz30} and *mylpfa*^{oz43} can be consistently sorted from
496 wild-type siblings based on pectoral fin immobility and by a distinctively slowed escape
497 response. The new mutant and transgenic lines generated during this study are
498 described below. Zebrafish lines in this study were maintained on the AB wild-type
499 background.

500

501 **Construction of *mylpfb*^{oz39}**

502 The *mylpfb*^{oz39} mutation was generated using established CRISPR-Cas9 protocols [56].
503 One-cell embryos were co-injected with Cas9 mRNA and guide RNA targeting exon 2
504 (5'- GGAAAACAGTAAAGTTGATG -3'), raised to adulthood, and outcrossed to identify
505 germline-transmitting founders. F1 progeny were screened using High-Resolution
506 Melting Analysis (HRMA) (primers 5'-CCCTCTCTAAAACAAACAGGCTTTC-3' and 5'-
507 GGTAAGTGAAGATTTGGACAACTC-3') to identify founders carrying a CRISPR-
508 induced *mylpfb*^{oz39} lesion which caused a frameshifting 5 bp deletion. Genotyping for
509 *mylpfb*^{oz39} used primers F 5'-GCAACAATGGGTCAGCTAATG-3' and R 5'-

510 CCCAAAACCAAAAGTATGAG-3', then PCR products were cut with BccI enzyme
511 (NEB) which cleaved the wild-type amplicon into two products (120 bp and 76 bp) while
512 mutant amplicon (191 bp) remained uncut. The lesion was confirmed via Sanger
513 sequencing of homozygotes and the founder was outcrossed for at least two
514 generations after CRISPR injection, before conducting the experiments shown.

515

516 **Transgene construction**

517 Plasmid and transgenic construction used traditional restriction enzyme based
518 molecular cloning methods. The five plasmids constructed for mosaic analysis in this
519 study are *pMylpfa:mylpfa-GFP*, *pMylpfa:mylpfb-GFP*, *pMylpfa:WT-MYLPF-GFP,*
520 *pMylpfa:C157F-MYLPF-GFP, and pMylpfa:G163S-MYLPF-GFP.* Briefly, we obtained
521 GeneArt-strings (Invitrogen) of the sequence encoding Mylpfa*,* Mylpfb*,* wild-type human
522 MYLPF*,* MYLPF p.Gly163Ser (G163S)*,* or MYLPF p.Cys157Phe (C157F) proteins.
523 These coding sequences were inserted into a plasmid containing the *mylpfa* promoter
524 flanked by TOL2 sites [36,57,58]; GFP was linked to the 5' end of Mylpf genes, connected
525 via a sequence encoding a short flexible peptide (GGGGSGAT). Plasmid injection was
526 accompanied by co-injection of zebrafish-optimized nuclear transposase ZT2TP [59,60].
527 For transient analysis, animals with high levels of mosaicism were selected for imaging
528 and all experiments were repeated on at least two independent injection days. Stable
529 transgenic lines were generated for the two zebrafish transgenes, Tg(*pMylpfa:GFP-*
530 *mylpfa*)*mai102*, and Tg(*pMylpfa:mylpfb-GFP*)*mai103*. For stable transgenic analysis, at
531 least two founders were analyzed per rescue construct.

532

533 **Immunohistochemistry and HCR ISH**

534 Whole mount immunohistochemistry used established markers and techniques [61].
535 Briefly, the larvae were fixed in 4% paraformaldehyde and washed in PBST (1X PBS,
536 0.1% Tween-20) before immunolabel. Embryos older than 1 dpf were gently
537 permeabilized using a brief treatment with 0.001% Proteinase-K, washed repeatedly in
538 PBST, then blocked for at least two hours in 0.5% TritonX, 1X PBS, 2% NSS, 4% NGS;

539 1% DMSO [61,62]. This is followed by overnight incubation at 4°C with primary antibodies
540 diluted in blocking solution. We used primary antibodies for the myonuclei (1:500,
541 Rbfox1l) [63]; α-Actinin (1:500, A7732, Sigma); Myomesin [1:30, mMac, Developmental
542 Studies Hybridoma Bank (DSHB)] [64], MyHC (1:1000, A4.1025, DSHB) [65], and Mylpf
543 (1:2000, DZ41336, Boster). The following day, larvae were washed 5-6 times over 1
544 hour in PBST, and then incubated in secondary antibodies for 4 hours at room
545 temperature. Larvae were washed 6-8 times over 2 hours in PBST, mounted with 0.2%
546 agarose then imaged, or kept in PBST at 4°C prior to imaging. F-actin labeling uses
547 Alexa Fluor-conjugated phalloidin (1:50, Thermo Fisher), added in the final two hours of
548 the secondary antibody incubation. HCR ISH procedures use established protocols with
549 probes and amplifiers supplied by Molecular Instruments [66]. The *mylpfa* and *mylpfb*
550 genes are very similar to one another, so nine unique *mylpfa* probes and five unique
551 *mylpfb* probes could be generated, whereas we were able to generate twenty probes to
552 *myl10*. To compare HCR ISH signal intensity, separate fish were labeled with *mylpfa*
553 and *mylpfb* probes, both in the 488 nm excitation channel and then imaged with
554 matched confocal settings. HCR ISH images were quantified in FIJI using brightness
555 analysis within the fast-twitch region.

556

557 **Antibody production, validation on Western blot**

558 The zebrafish Mylpf antibody was generated by Boster Bio using zebrafish Mylpfa (AA
559 14 to 167 of NP_571263.1) in complex with a Mylpf-binding region that is found in
560 several MyHC proteins (RRESIYTIQYNIRSFMNVKHWPWMKVYYKIKPL). This mixture
561 was injected into rabbit via three rounds of injection, followed by column purification and
562 Elisa confirmation by Boster Bio. Western blot in the Talbot Lab, showed only one band
563 each for Mylpfa (16 kD) and Mylpfb (18 kD) and no label in the MyHC size (252 kD). For
564 western blotting, animals were raised to the desired stage, sorted by behavioral
565 phenotypes, then pools of 10 (72 hpf) to 40 (24 hpf) animals were homogenized using
566 0.5 mm zirconium beads (Laboratory Supply Network) in Bolt solution (Invitrogen). The
567 *mylpfa*$^{-/-}$ mutant animals were sorted by behavioral phenotypes and proper separation
568 was confirmed using PCR genotyping. Homogenized samples were run on a 4-20%

569 gradient acrylamide gel (Bio-Rad) or an “any kD” precast polyacrylamide gel (Bio-Rad).
570 The protein samples were transferred to Polyvinylidene difluoride (PVDF) membranes
571 (Millipore Sigma) followed by blocking solution (5% nonfat dry milk) overnight at 4˚C.
572 Membranes were incubated in primary antibody at room temperature for 1 hour,
573 followed by incubation in secondary antibody for 2 hours. The resulting fluorescence
574 was measured by scanning the blot with the Odyssey Infrared Imager (LICOR). The
575 Mylpfa to Mylpfb ratio was quantified using GelBox software [67] and FIJI [68]. Primary
576 antibodies included mouse polyclonal anti-MyHC (A4.1025, DSHB, 1:1000) to detect
577 MyHC protein while rabbit polyclonal anti-Mylpf (Boster, 1:1000) detected both Mylpfa
578 and Mylpfb protein. The secondary antibodies used are donkey-anti-mouse-800
579 (1:10000 dilution) and donkey-anti-rabbit-680 (1:10000 dilution).

580

581 **Protein modeling**

582 Mylpf proteins were modeled in complex with the binding region of Myhz1.3 (zebrafish)
583 or MYH3 (human) using Robetta [69] and then models were visualized using PyMol
584 (Schrödinger).

585

586 **Confocal imaging**

587 Confocal images in Figure S2 were collected using an inverted Nikon TiE microscope
588 equipped with an Andor Revolution WD spinning disk confocal system. All other
589 confocal images were acquired using a Leica TCS Sp8 confocal microscope and
590 processed with Lightning in LasX software. Myotomes were imaged over the mid yolk
591 tube region of embryos and larvae. Image settings including laser power and gain were
592 equivalent for compared groups and confocal export protocols were standardized for
593 each experiment.

594

595 **Sarcomeric fraction calculation**

596 To quantify the degree to which muscle proteins localize to sarcomeres, we developed
597 metric for analyzing how much protein analyzes to sarcomeric repeats, which we term

598 the sarcomeric fraction (Figure S3). This calculation begins by drawing Region of
599 Interest (ROI) lines along the length of a myofiber in ImageJ, measuring ten to thirty
600 ROIs per image. The grayscale intensities are exported from FIJI and the periodicity of
601 these intensities is determined using the 'distance between peaks' function in MATLAB.
602 Peak-to-peak distances per intensity were determined per image, and bootstrap
603 confidence intervals were calculated using variation between images, shown via
604 histogram to represent the Fraction of Peaks/micron (μm). We used distinct bin sets for
605 markers with full-sarcomere (F-actin, Myomesin, Actinin) or half-sarcomere length
606 (MyHC, Mylpf-GFP). Sarcomeric F-actin shows peak signals in the 0.7-1.1 μm range
607 and 1.55-2.3 μm range, reflecting the fact that most F-actin periods are sarcomere
608 length but sometimes a gap can be seen at the M-line. For consistency, we used this
609 same bin set for Myomesin and Actinin (Figure S3). Sarcomeric MyHC and Mylpf-GFP
610 show two peak signals in bins 0.6-1.2 μm and 1.75-2.05 μm (Figure S3), because these
611 proteins are usually subdivided into the two A-Bands, but sometimes blur together to the
612 length of a full sarcomere. The sarcomeric fraction is the ratio of image periodicity within
613 the sarcomeric length bin to the overall periodicity of that marker. Sarcomere fractions
614 were calculated per animal then subjected to further statistical tests using JMP
615 software.

616

617 **Quantifying protein localization within cells**

618 To quantify protein localization within muscle cells, we first imaged dorsal somites
619 muscle above the mid yolk tube with high Z-resolution (0.5 μm) and exported a
620 reconstructed cross-section through the somite. Then, a mask was drawn manually,
621 circling the borders of each cell. A custom MATLAB script determined image brightness
622 at each pixel, moving from the periphery of the cells to the center. These edge-center
623 distances were scaled to micron lengths, averaged, and bootstrap confidence intervals
624 were calculated across samples of a given genotype. Graphs with confidence intervals
625 were then overlaid for each genotype.

626

627 **Myofibril width measurements**

628 To measure myofibril width, we drew region of interest (ROI) lines across the narrow
629 axis of the myofibril in FIJI, typically measuring thirty myofibrils per image. For mosaic
630 animals we measured both GFP+ and non-transgenic myofibrils within the same single
631 confocal slice. Images were included only if they contained at least ten GFP+ myofibrils.
632 For stable transgenics lines, we compared measurements from non-transgenic and
633 transgenic siblings. We generated a custom FIJI macro to simplify measurement and
634 compile all measures from a given image. These measurements were averaged per
635 image using MATLAB and the averages were imported into JMP software for statistical
636 analysis.

637

638 **GFP brightness analysis**

639 Analysis of fluorescent brightness began during imaging, when we ensured that all data
640 meant for comparison was collected with equivalent settings, such as shared laser
641 power. We evaluated the GFP brightness using the mean grayscale value of the GFP
642 channel in FIJI software. For stable transgenic lines, we drew ROI around the full somite
643 at the center of each image, while excluding the superficial slow fibers. In mosaic
644 animals, we drew ROI around each muscle fiber because there was often a high level of
645 variation within a single image. A custom FIJI macro simplified the measurement of the
646 mean grayscale value of each image. Myofibrils are considered non-transgenic if the
647 GFP brightness is <1 (0-255), were and considered transgenic if in the 10-255 range.
648 MATLAB was used to calculate the average of each mean grayscale value per image
649 followed by statistical comparisons in JMP software.

650

651 **Transmission electron microscopy**

652 For TEM, embryos were raised to 72 hpf, fixed in glutaraldehyde, resin embedded, thin
653 sectioned, and contrasted using Uranyl acetate and Reynold's lead citrate before
654 imaging on a Tecnai 30 G2 TWIN microscope. At least three fish were examined per
655 genotype and multiple sections were imaged per fish. Statistical analysis was performed
656 using only one image per animal to ensure biological independence. Myofibril widths

657 and sarcomere fraction were determined using TEM images with magnification low
658 enough to examine variation across a half-somite.

659

660 **Behavioral analysis**

661 For tail curvature assessment, individual larvae were placed in a petri dish and prodded
662 with a piece of fishing line, imaged using a GoPro Hero camera with a mounting ring
663 (H12Pro, Back-Bone) set to 240 frames/sec. The frame with highest curvature was
664 transferred to FIJI and curvature was measured along the length of the trunk using the
665 Kappa plugin[70]. Total curvature was calculated by multiplying average curvature by the
666 length and then converting from Radians to Degrees. For speed analysis, larvae were
667 placed one per well into a 12-well plate with 3 ml of facility water at 6 dpf. Then, they
668 were imaged in a DanioVision system (Noldus) equipped with a magnifier for improved
669 resolution. The plates were incubated at 28˚C in the preheated chamber. The larvae
670 were imaged using the infrared wavelength every 0.33 seconds for a total of 25
671 minutes, cycling lights off and on every five minutes. Larvae were tracked using
672 EthoVision XT Version 15.0 video tracking software by Noldus. Distance traveled is the
673 sum of distances in this 25-minute time interval. Speed is calculated per 0.33 second
674 time interval and then binned into different speed ranges using Microsoft Excel
675 Histogram function. Speed bins were selected to best show movement dynamics by
676 speed while reducing noise caused by the rarity of movements at the highest speeds.
677 Analysis was limited to velocities under 200 mm/sec because video examination shows
678 that higher-speed measurements are indications of tracking glitches rather than actual
679 zebrafish movement. Shown plots (Figure 7D-J) integrate data collected from the
680 *mylpfb*$^{+/-}$ heterozygous incross, *mylpfa*$^{+/-}$;*mylpfb*$^{+/-}$ double heterozygous incross, and
681 outcrosses of *mylpfa*$^{+/-}$;*mylpfb*$^{+/-}$ to AB. Each set of crosses was replicated at least three
682 times with consistent results across experiments.

683

684 **Statistical analysis**

685 We begin multiple comparisons using ANOVA and then use Tukey-Kramer's post-hoc
686 comparison of levels. In one case, where values are bounded closely by zero (Figure

7E), the data cannot follow a normal distribution so we used non-parametric Steel-Dwass comparisons. Pairwise comparisons (Figure 2C, D, E', J) use a two-sided Student's T-test and matching results are found with the non-parametric Krustal-Wallis exact test. In all figures, not significant (n.s.) is $P>0.1$, * $P<0.05$, ** $P<0.01$, *** $P<0.001$. For box plots, the central line is median, the upper bound is the upper quartile, the lower bound is the lower quartile, and whiskers are 1.5x the interquartile range. Each N represents a different animal or in some cases a pool of animals and are listed explicitly in the source data file. For mosaic animals, the N represents the number of animals scored for GFP+ or non-Tg cells, respectively. Repeated measures of the same animal are averaged and included as a single N. Statistical comparison is made either in Jmp Pro 17 software or, for bootstrapped confidence intervals, in MatLab R2023b.

Data availability

The data leading to conclusions in this paper are shown in the main text figures and supplementary figures, with source data provided. We are happy to accommodate requests for additional source files.

Code availability

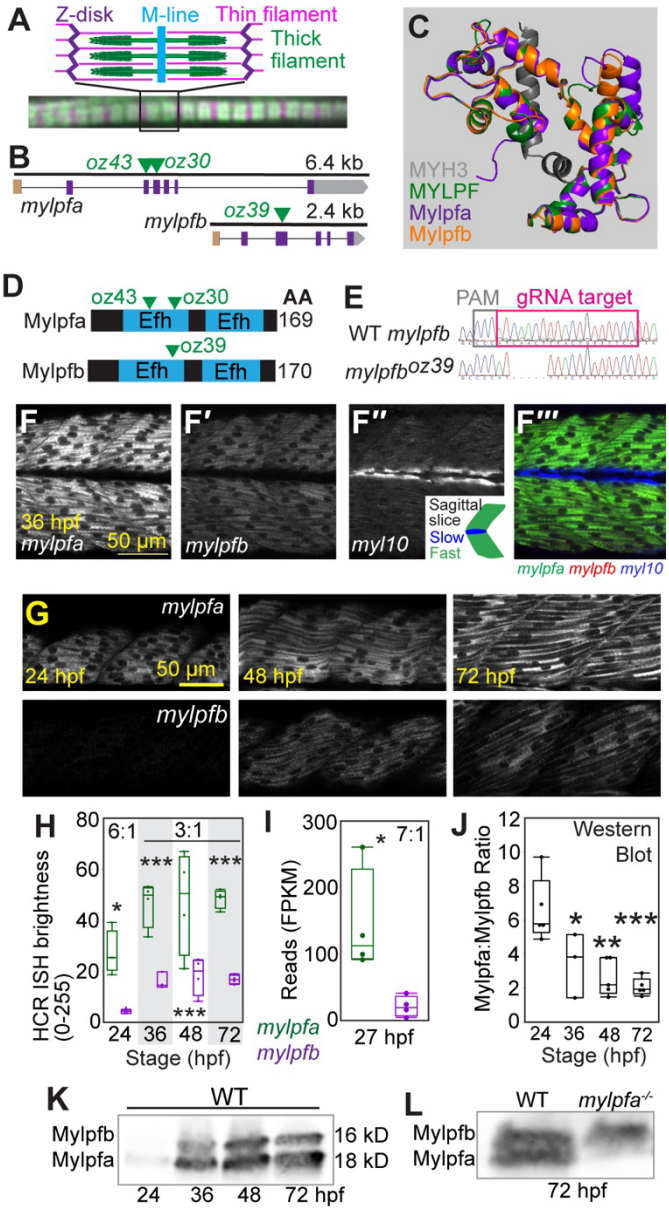
Code used for data analysis in this manuscript is available upon request and from our GitHub account, https://github.com/MuscleZebrafish/MyofibrilQuant.

Competing Interest Statement

The authors declare that they have no competing interests.

Figures and Legends

Figure 1: The *mylpfa* gene is expressed more abundantly than *mylpfb* in fast-twitch muscle. **(A)** Illustration of a sarcomere and an image of a fast-twitch myofibril at 26 hpf, with MyHC labeled green using A4.1025 and F-actin labeled magenta using phalloidin. **(B)** Illustration of *mylpfa* and *mylpfb* gene structure and the location of frameshifting alleles used in this study. Shown features include the 5' UTR (brown), coding sequence (purple), 3' UTR (gray), and frameshift locations (green arrows). **(C)** Overlay of predicted protein structures generated using Robetta, showing a high degree of expected similarity between zebrafish Mylpfa, Mylpfb, and human MYLPF proteins. **(D)** Illustration of Mylpfa and Mylpfb proteins, with arrowheads marking frameshift locations. **(E)** Chromatogram showing the gRNA target in wild-type sequence (top) and the 5 bp *mylpfb*^{oz39} lesion sequenced from a homozygous mutant (bottom). **(F-F''')** HCR ISH imaged in somites over the mid-yolk tube of a 36 hpf embryo. Shown as a single channel for *mylpfa* (F), *mylpfb* (F') or the slow muscle marker *myl10* (F''), and as a merged image (F'''). **(G)** HCR ISH shows relative expression levels for *mylpfa* and *mylpfb* through embryonic development. **(H)** Box plot showing the brightness of *mylpfa mylpfb* in the HCR ISH images, with *mylpfa*:*mylpfb* ratios shown per time-point. **(I)** FPKM values for *mylpfa* and *mylpfb* at 27 hpf, from a previously reported RNA-seq dataset [38]. **(J)** Ratio of Mylpfa to Mylpfb band intensity in western blot; points represent biological replicates of pooled animals. **(K)** Image of a western blot showing Mylpfb and Mylpfa protein abundance at 24, 36, 48, and 72 hpf. **(L)** Western blot showing Mylpfb and Mylpfa protein in the wild-type and the *mylpfa*$^{-/-}$ mutant which lacks the Mylpfa band. Significance threshold determined by Tukey-Kramer comparison after one-way ANOVA; * P<0.05, ** P<0.01. Scalebar in F is for F-F'''.



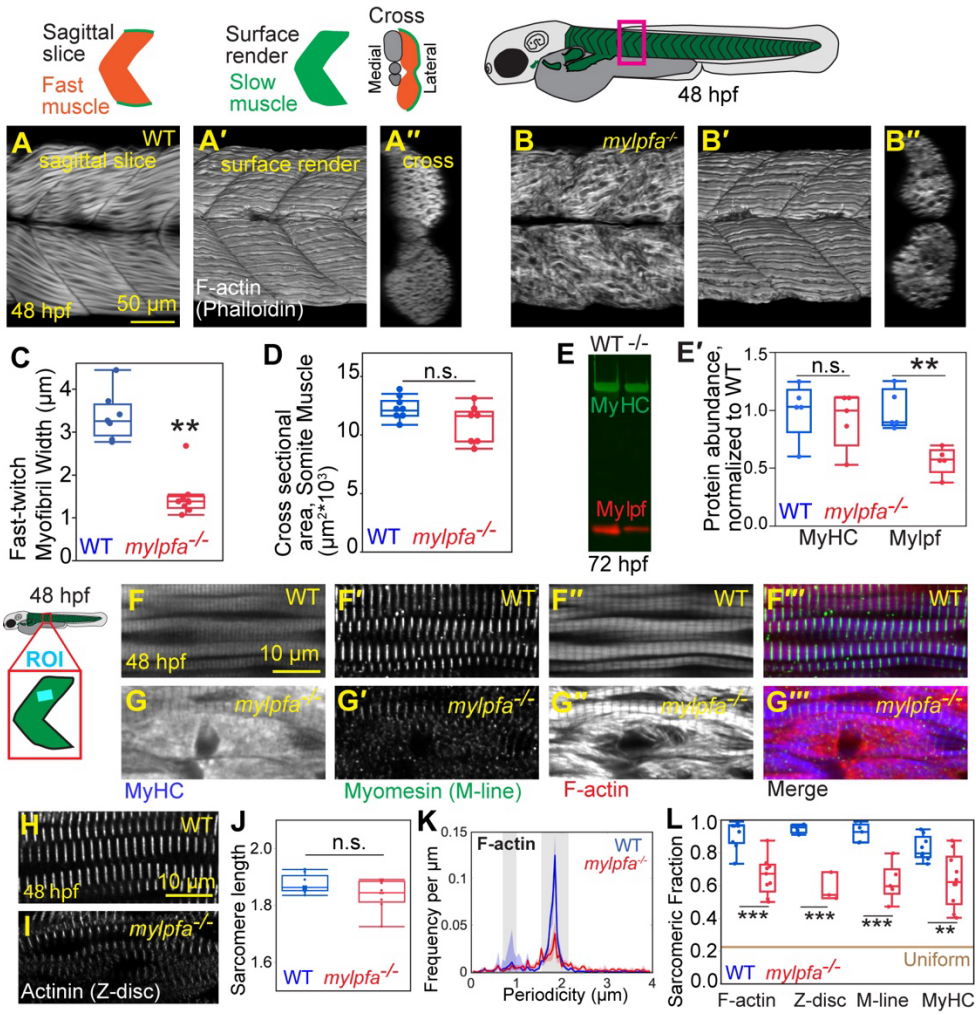


Figure 2: Zebrafish *mylpfa* is necessary for fast-twitch myofibril formation. **(A-B")** Three views of somites are illustrated above (A) and imaged in a wild-type animal and *mylpfa*$^{-/-}$ mutant sibling, each imaged at 48 hpf. **(C)** Box plot of myofibril width, measured from sagittal confocal slices. **(D)** Plot of muscle cross-sectional area (CSA) measured from the orthogonal view of confocal stacks from the wild-type and *mylpfa*$^{-/-}$ mutant siblings. **(E)** Example of a western blot for MyHC and Mylpf, including Mylpfa and Mylpfb, in the wild-type (WT) and the *mylpfa*$^{-/-}$ mutant (-/-) samples at 72 hpf, with **(E')** quantification shown as a box plot. **(F-G''')** Fast muscle myofibers, labeled at 48 hpf, showing co-label for MyHC (A4.1025), M-line (anti-Myomesin), and F-actin (phalloidin), shown as single channel or overlays. **(H, I)** Actinin label on comparable samples. **(J)** Box plot of sarcomere lengths in the *mylpfa*$^{-/-}$ mutant and their wild-type siblings, showing no change in length. **(K)** Plots showing that the *mylpfa*$^{-/-}$ mutant shows reduced F-actin sarcomeric periodicity (gray bars). Lightly colored regions indicate bootstrap confidence intervals. **(L)** Box plot showing sarcomeric fraction for each marker, calculated on a 0-1 scale, as described in Figure S3. Throughout the figures, the wild-type plots are blue and the *mylpfa*$^{-/-}$ plots are red. Points within box plots represent the individual animals or a single western blot image. Scalebar in A is for A-B", in F is for F-G''', in H is for H, I. Significance thresholds for multiple comparisons determined by Tukey-Kramer HSD comparisons after one-way ANOVA; pairwise comparisons use Student's T-test and matching results are found with Krustal-Wallis exact test. Not significant (n.s.) is P>0.1, * P<0.05, ** P<0.01, *** P<0.001.

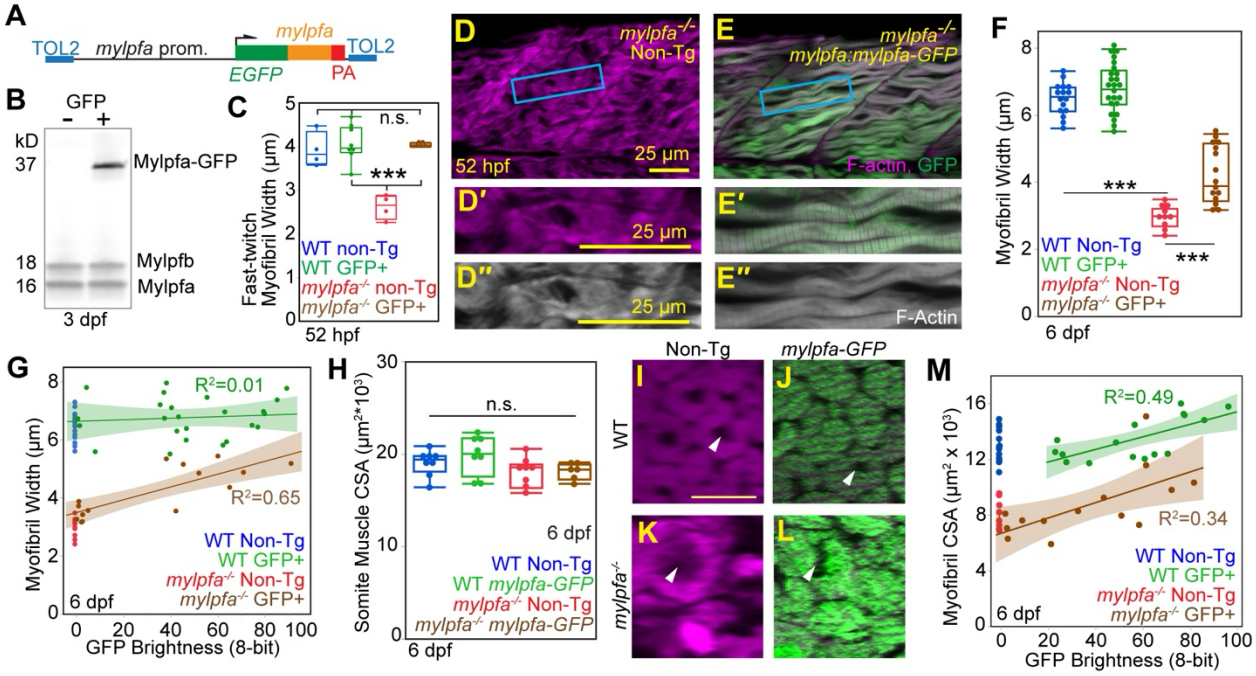


Figure 3: A *mylpfa:mylpfa-GFP* transgene rescues the *mylpfa*$^{-/-}$ mutant. **(A)** Schematic illustrating the *mylpfa:mylpfa-GFP* transgene. **(B)** Western blot of Mylpf protein from the wild-type fish at 3 dpf, and their GFP+ siblings shows that the transgene produces one thin band that is shifted upwards by the addition of GFP. **(C)** Box plot showing the effect of *mylpfa:mylpfa-GFP* transgene expression on the myofibril width at 52 hpf. **(D, E)** Confocal slice through fast-twitch muscle in a non-transgenic (Non-Tg) phalloidin labeled *mylpfa*$^{-/-}$ mutant (D) or a *mylpfa:mylpfa-GFP* transgenic sibling mutant (E) at 52 hpf. **(D', E')** Zoomed view showing myofibril structure. **(D'', E'')** The phalloidin channel showing myofibrils unobscured by GFP. **(F)** Box plot showing myofibril widths in zebrafish at 6 dpf. **(G)** Scatterplot showing correlations between GFP brightness and myofibril width at 6 dpf. **(H)** Box plot of total somite muscle cross-sectional area measurements at 6 dpf, taken from orthogonal views of confocal stacks. **(I-L)** Examples of cross-sectional images, reconstructed from confocal stacks. The myofibril-free central region (Arrowhead) of non-transgenic wild-type muscle (I) is sometimes reduced in the transgenic animal (J). This central area expands in the non-transgenic *mylpfa*$^{-/-}$ mutant (K) but is reduced in the *mylpfa*$^{-/-}$ mutant carrying the transgene (L). **(M)** Scatterplot showing correlations between myofibril cross-sectional area and GFP brightness. Scalebars in D-D''' is for E-E''', in I is for I-L. Significance thresholds are determined by Tukey-Kramer HSD comparisons after one-way ANOVA: ** indicates P<0.01, *** P<0.001, n.s. P>0.1.

Figure 4: Expression of either *mylpfb-GFP* or *mylpfa-GFP* can rescue the *mylpfa*$^{-/-}$ myofibrils. **(A-D)** Images of phalloidin labeled animals at 72 hpf showing mosaic expression of the *mylpfa:mylpfa-GFP* (A, B) or the *mylpfa:mylpfb-GFP* transgene (C, D). **(E)** Box plots showing the fraction of F-actin localized to sarcomeres, calculated in non-transgenic muscle fibers and GFP+ muscle fibers within the same mosaic animals. **(F)** Box plots showing the sarcomeric fraction for GFP. **(G)** Scatterplot showing the correlation between GFP brightness and myofibril width in *mylpfa*$^{-/-}$ mutant animals carrying *mylpfa:mylpfa-GFP* or *mylpfa:mylpfb-GFP* transgenes. Linear correlates for the two transgenes have overlapping confidence intervals. The vertical brown line indicates animals classified as transgenic vs. non-transgenic. **(H)** Scatterplot of myofibril widths in animals bearing an inherited transgene. The Mylpfa-GFP widths in (H) are also presented in Figure 3B, shown here for comparison with Mylpfb-GFP. Scalebar in A applies to A-D. Significance: n.s. is P>0.1, *** indicates P<0.001 as determined by Tukey-Kramer HSD comparisons after one-way ANOVA.

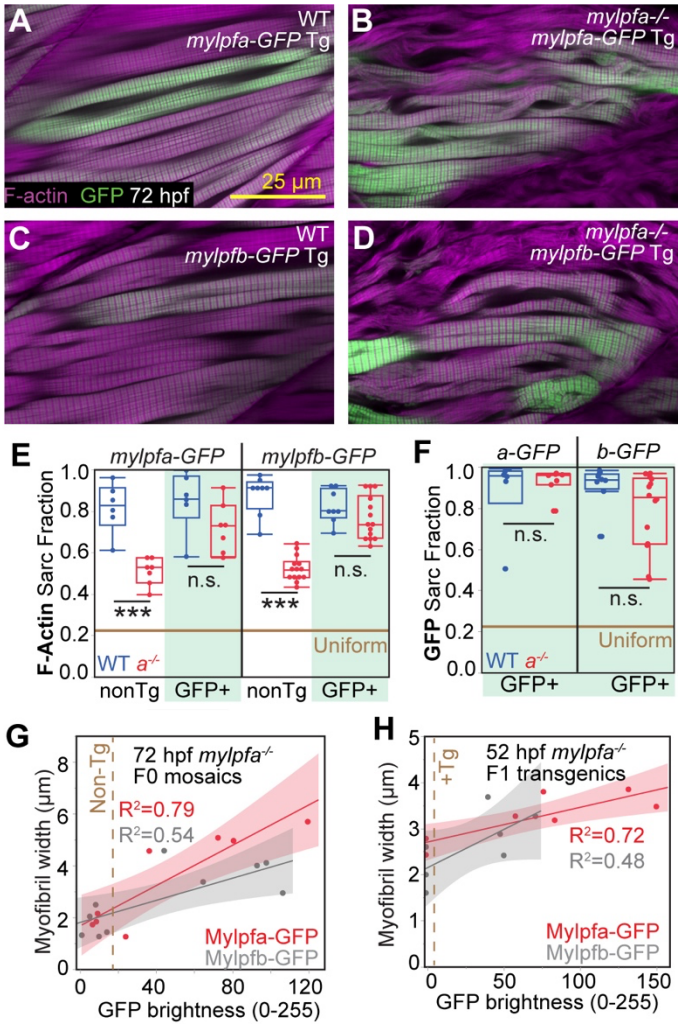
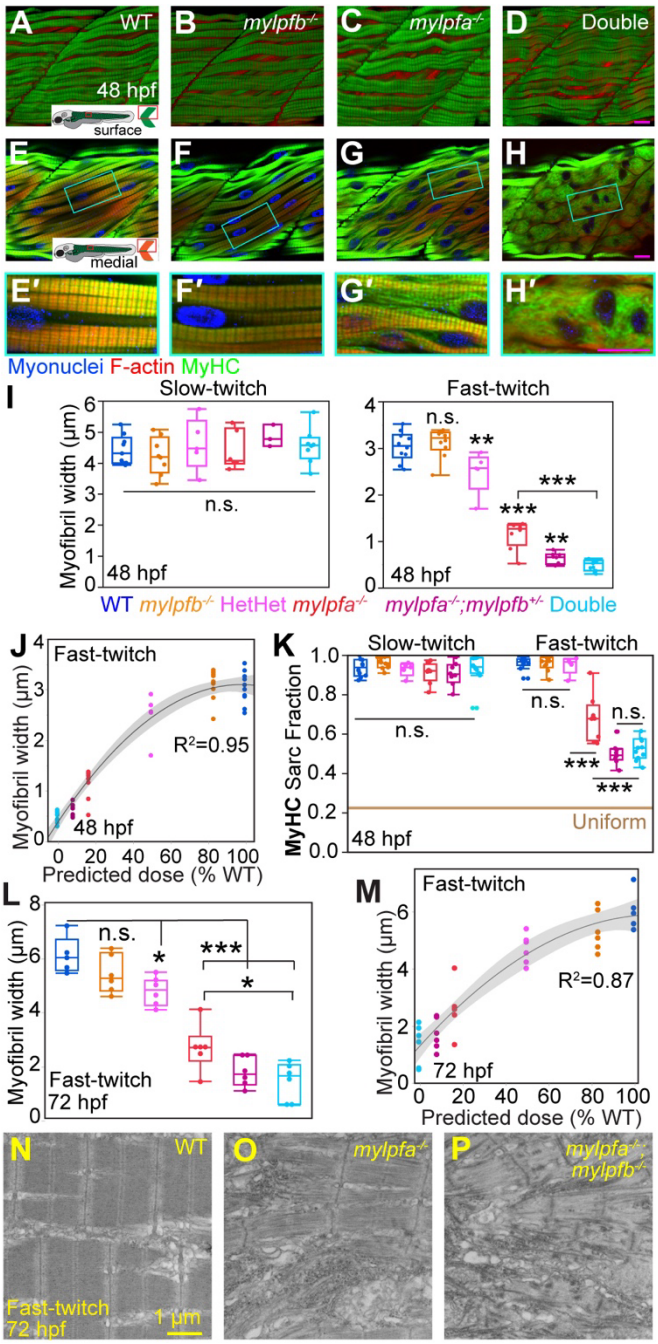


Figure 5: Levels of myofibril formation correspond to dosages predicted by *mylpfa* and *mylpfb* loss of function. **(A-D)** 3D renders of confocal stacks show normal myofibril structure in slow muscle fibers across Mylpf genotype. **(E-H)** Medial slices show a portion of myotome rich in fast-twitch fibers, with robust myofibrils in the wild-type sibling (E) and the *mylpfb*$^{-/-}$ mutant (F), but overt myofibrillar defect in the *mylpfa*$^{-/-}$ mutant (G) and total loss of myofibrils in the *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant (H). Zoomed images show myofibrillar structure within fast-twitch muscle fibers (E'-H'). **(I)** Box plots of myofibril widths in slow-twitch and fast-twitch muscle. Slow and fast-twitch widths plotted separately because the slow-twitch fibers were measured on 3D rendered images and the fast-twitch fibers were measured on confocal slices. **(J)** Scatterplot showing the same myofibril width data from fast-twitch muscle (in I) replotted as a correlate with predicted protein dosage at 24hpf, with each allele scaled 6:1 for Mylpfa:Mylpfb ratio. **(K)** Box plots showing the fraction of sarcomeric MyHC localization. **(L)** Box plots showing myofibril widths in 72 hpf phalloidin-labeled animals. **(M)** Scatterplot of the same data with each allele scaled 6:1 for Mylpfa:Mylpfb. **(N-P)** Transmission electron microscopy showing normal sarcomere structure in the wild-type sibling (N), partial sarcomeric disarray in the *mylpfa*$^{-/-}$ mutant (O) and only scattered sarcomeric components in the *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant (P). Scale bars in D, H, and H' are 10 µm, applicable to their row. Scale bar in N is 1 µm. Significance thresholds: not significant (n.s.) is P>0.1, ** P<0.01, *** P<0.001 as determined by Tukey-Kramer HSD comparisons after one-way ANOVA.



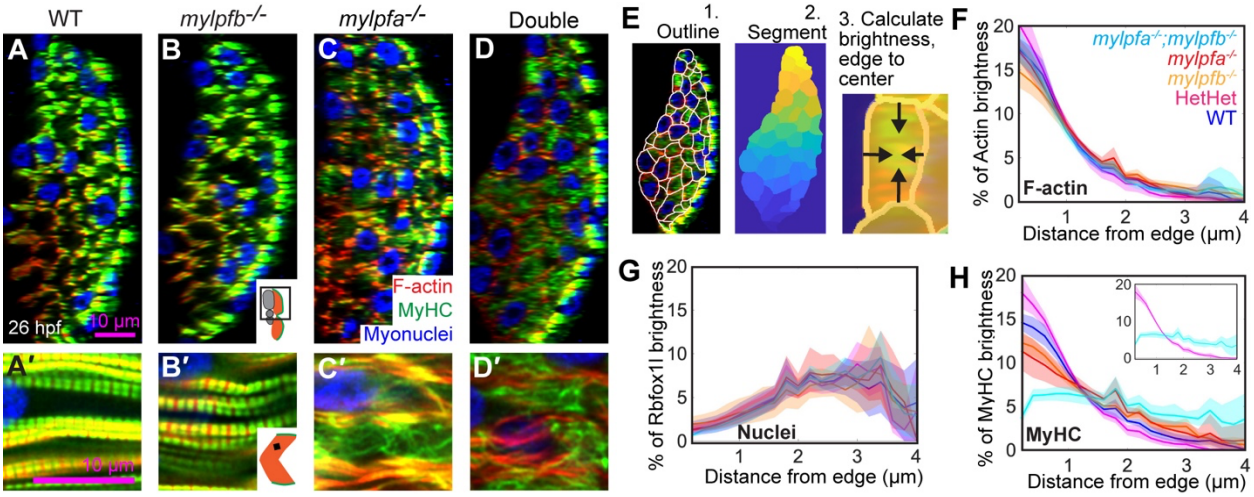
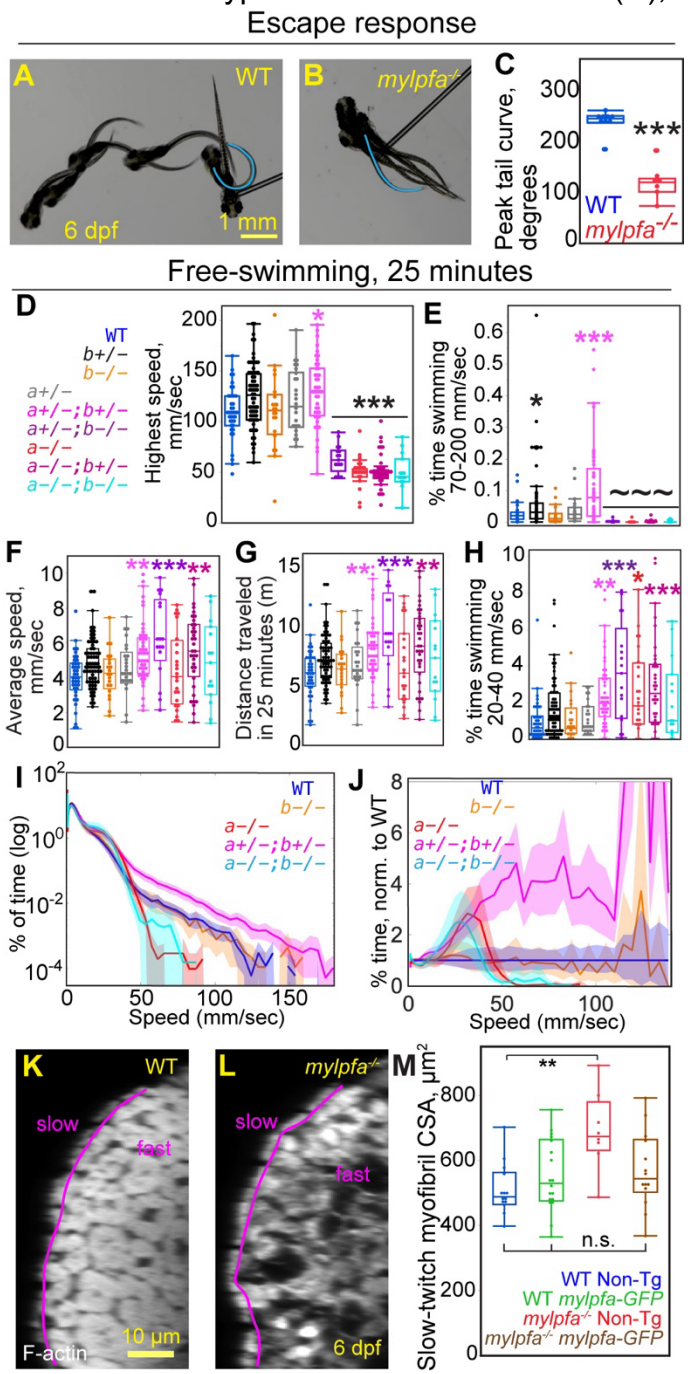


Figure 6: <u>*mylpfa* and *mylpfb* are required for myosin heavy chain localization in young myofibers.</u> **(A-D)** Immunolabel of fast muscle fibers at 26 hpf shown as orthogonal views of Z-stacks of wild-type (A), *mylpfb*$^{-/-}$ (B), *mylpfa*$^{-/-}$ (C), and *mylpfa*$^{-/-}$*;mylpfb*$^{-/-}$ double mutant zebrafish (D). **(A'-D')** Zoomed sagittal views of the same animals. **(E)** Overview of protocol to measure image brightness from edge-to-center. The fast-twitch muscle cells are (1) manually outlined, (2) segmented using these outlines, then (3) label brightness is calculated from edge-to-center of the drawn cells. **(F, G, H)** Localization at 26 hpf of the F-actin marker phalloidin (F), the muscle nuclei label anti-Rbfox1l (G), and MyHC antibody A4.1025 (H). Data is plotted as percent of total image brightness from edge to center of segments, with bootstrapped 95% confidence intervals in shaded lines. F-H uses the genotypic color code shown in (F). Inset in H shows the stark difference between MyHC localization in the *mylpfa*$^{+/-}$*;mylpfb*$^{+/-}$ double heterozygote and the *mylpfa*$^{-/-}$*;mylpfb*$^{-/-}$ double mutant, unobscured by other genotypes. Scalebar in A is for A-D; A' is for A'-D'.

Figure 7: <u>The *mylpfa*$^{-/-}$ and the *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ double mutant animals do not swim at high speed but increase the frequency of slower movements.</u> **(A-C)** Escape response in wild-type or in *mylpfa*$^{-/-}$ animals, showing images captured 1/60th of a second apart (A, B). Blue line shows maximal tail bend, quantified in (C)**. (D-H)** Box plots of behaviors in a 25-minute interval, imaged using DanioVision. Genotypic color code is shown in (D), with gene names simplified to '*a*' (*mylpfa*) or '*b*' (*mylpfb*). Behavioral analysis incudes the highest speed movement in the interval (D), the percent of time spent swimming swiftly (E), the average speed (F) the distance traveled (G), and the percent of time swimming at slow speed (H). **(I)** A logarithmic plot of the proportion of time that select genotypes swim at different speeds, with bootstrap confidence intervals shown for each genotype. **(J)** The same data is shown after normalization to wild-type behaviors, plotted on a linear scale. **(K, L)** Phalloidin label in the wild-type larva (K) or the *mylpfa*$^{-/-}$ mutant (L), annotated to show the boundary between slow-twitch and fast-twitch muscle fibers at 6 dpf. **(M)** Box plot shows that slow-twitch myofibril CSA is increased in the *mylpfa*$^{-/-}$ mutant and reduced in the mutant by expression of *the mylpfa:mylpfa-GFP* transgene. Data in (K-M) comes from the dataset examined in Figure 3H-M for other measures. Scalebar in A is for A-B, in K is for K-L. Significance is determined using Tukey-Kramer comparisons after one-way ANOVA, shown as n.s. of P>0.1, * P<0.01, ** P<0.01 and *** P<0.001 in these comparisons. For comparison between groups bounded by zero, we used non-parametric Steel-Dwass comparisons (~~~ P<0.001).



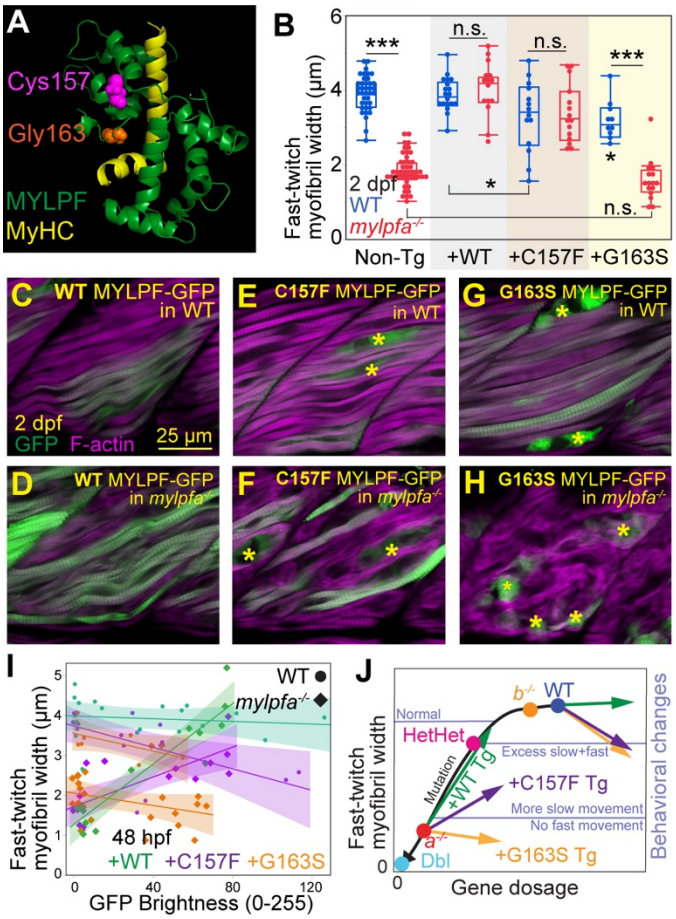


Figure 8: *MYLPF* alleles modeling variants in Distal Arthrogryposis patients do not promote early myofibril assembly. **(A)** Predicted MYLPF structure, with color and filled space highlighting the location of Cys157 and Gly163. **(B)** Box plots of myofibril widths in animals mosaic for the human MYLPF variants; the non-Tg group represents the compiled non-transgenic fibers from these animals. **(C-H)** Representative images of animals with mosaic expression of Mylpf transgenic variants (green), co-labeled for phalloidin (magenta) after fixation at 48 hpf. Animals are injected with the constructs *mylpfa:MYLPF-GFP,* expressing the WT MYLPF variant (C, D), C157F variant (E, F), and G163S variant(G, H). Areas with delocalized GFP are marked with an asterisk. **(I)** Scatterplot showing correlates between myofibril width and GFP brightness for all constructs injected. The R^2 values in the *mylpfa*$^{-/-}$ mutants are 0.86 (WT Tg), 0.55 (C157F), and 0.11 (G163S). In the WT siblings, R2 values are 0.02 (WT Tg), 0.36 (C157F), and 0.36 (G163S). **(J)** Model of how gene dosage impacts myofibril formation and fish behaviors during zebrafish embryonic development. Significance determined by Tukey-Kramer HSD comparisons after ANOVA: n.s. is P>0.1, * indicates P<0.05, *** indicates P<0.001. Scalebar in C is for C-H.

Supplemental Figures and legends

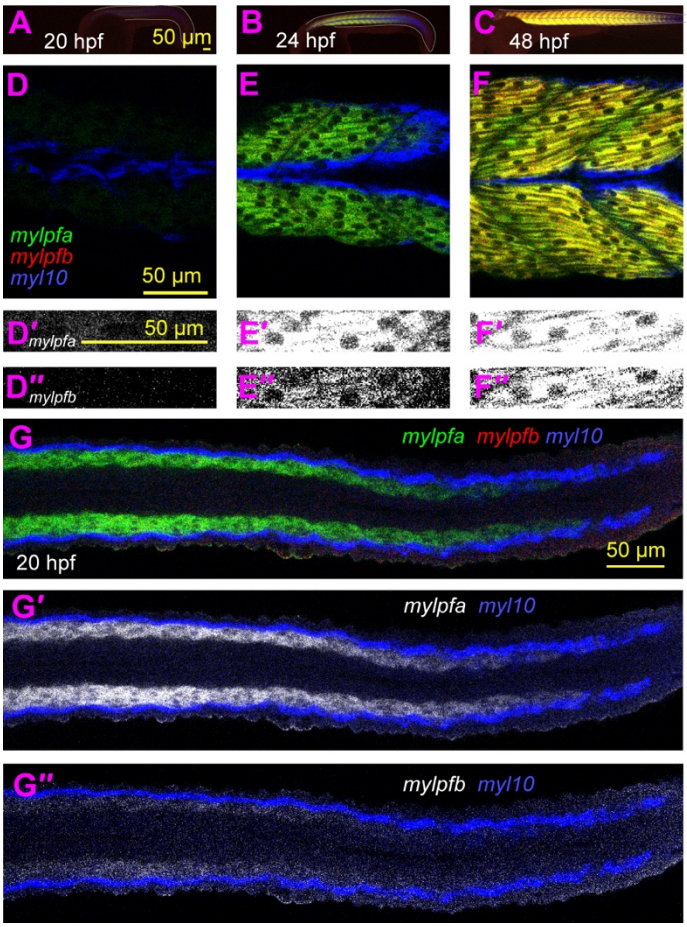


Figure S1: Time-course of *mylpfa* and *mylpfb* expression in fast-twitch muscle fibers. Images of HCR ISH for *mylpfa*, *mylpfb*, and the slow muscle marker *myl10.* **(A-C)** Low magnification images highlight that all three genes are expressed specifically in muscle and not in other body locations like the head. **(D-F″)** Confocal slices at higher magnification show that the two Mylpf genes are consistently excluded from slow-twitch fibers, but overlap in all fast-twitch fibers. Both genes are visible in the brightened single-channel inset at the stages examined (D′-F″). The ratio of *mylpfa* to *mylpfb* is somewhat lower in these co-labeled images (detected in 488 and 568 excitation) than in the single-channel ones shown in Figure 1G, H (detected in 488 channel), because of differential sensitivities between 488 and 568 detectors. **(G-G″)** Z-slice from a 20 hpf embryo shown from a transverse view, shown as a 3-color merge (G), merge of *myl10* and *mylpfa* (G**″**), and as a merge of *myl10* and *mylpfb* channels (G″). Both genes are present in fast-twitch myofibers, which are medial to slow twitch fibers by 20 hpf. Scalebar in A is for A-C, D is for D-F, D′ is for D′-F″, and G is for G-G″. Image settings are matched in A-C, D-F, and D′-F′ to allow comparisons between timepoints.

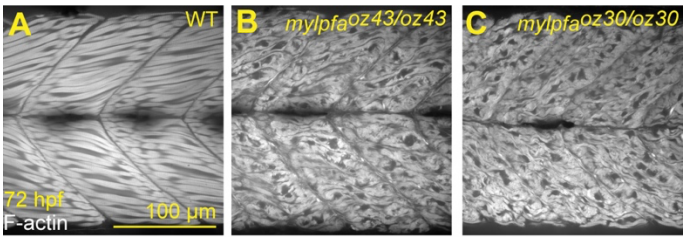


Figure S2: The *mylpfa*^{oz30} phenotypes are consistent with those found in the *mylpfa*^{oz43} mutant. **(A-C)** Confocal slices through the fast-twitch region of somites labeled for phalloidin at 72 hpf. Compared to wild-type siblings (A), myofibrils are disarrayed in the *mylpfa*^{oz30} mutant (B) and the *mylpfa*^{oz43} mutant (C). Scale bar in A applies to A-C.

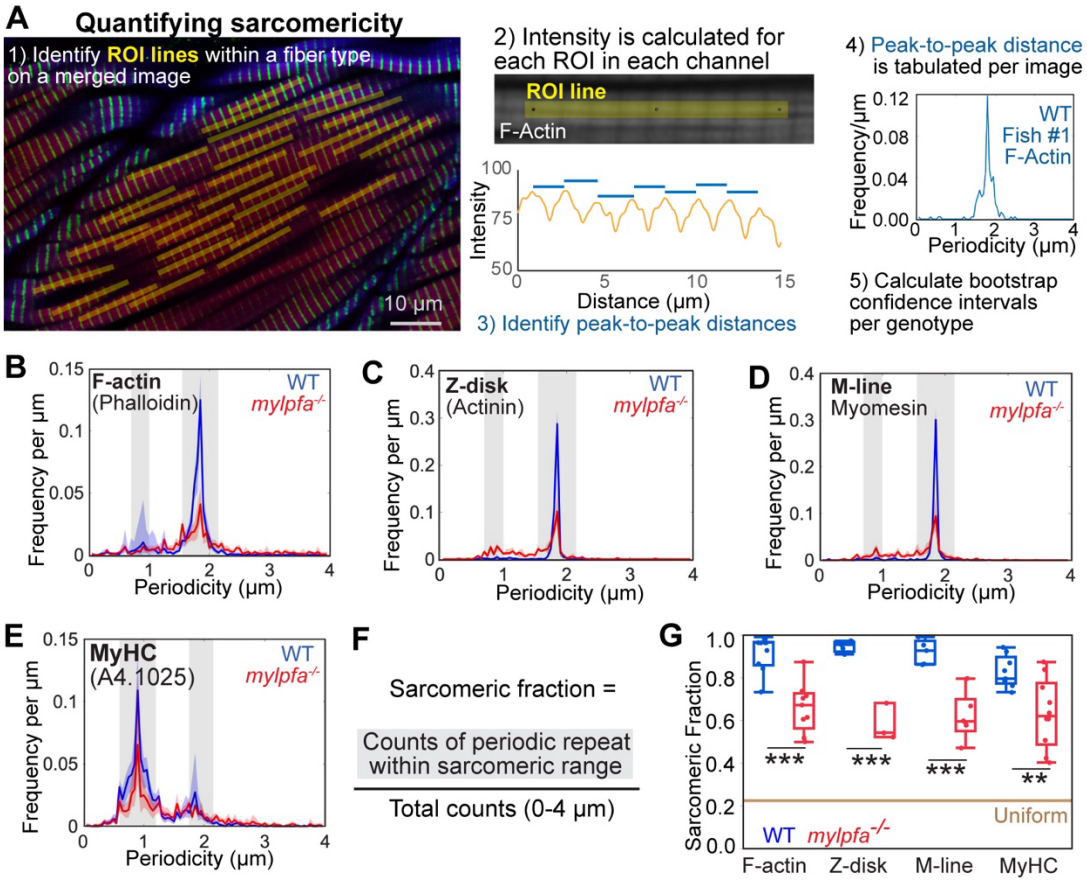


Figure S3: Explanation of the sarcomeric fraction calculation. **(A)** Overview of a method to quantify the degree to which markers localize to sarcomeres. 1) ROI lines are drawn throughout the fast-twitch muscle region of a dorsal somite half, with lengths of approximately 15 µm each. 2) An ImageJ script separates channels and calculates grayscale intensity across the ROI line shown on top of the F-actin channel. 3) The periodicity of each ROI is calculated, and repeats are binned by length. 4) Histogram plot of all ROI in one image, here binned to step size 0.05 µm, with peak frequency near the sarcomere length of 1.85 µm. 5) Each 0.05 µm histogram bin is averaged per image, then bootstrap confidence intervals are calculated using variation between images. **(B-E)** Histograms showing the frequency of periodicity in images. Colored lines represent mean values per genotype, semi-transparent colored lines indicate bootstrap confidence intervals, and gray bars indicating the sarcomeric intervals per marker. **(F)** Formula for calculating sarcomeric fraction, which is the ratio of signal in sarcomeric lengths (gray bars) to total localization (Y-axis, 0-4 µm) is the sarcomeric fraction. **(G)** Sarcomeric fractions are shown for F-actin (phalloidin), Z-disk (Actinin), M-line (Myomesin), and MyHC (A4.1025) labels. A horizontal brown line shows the fraction predicted by a uniform distribution. Data in S3B and S3G are replicated in main-text Figures 2K and 2L respectively. For all bar graphs and histogram plots, wild-type data is blue, and the *mylpfa*$^{-/-}$ mutant data is red. Significance thresholds were determined by Tukey-Kramer HSD comparisons; ** P<0.01, *** P<0.001.

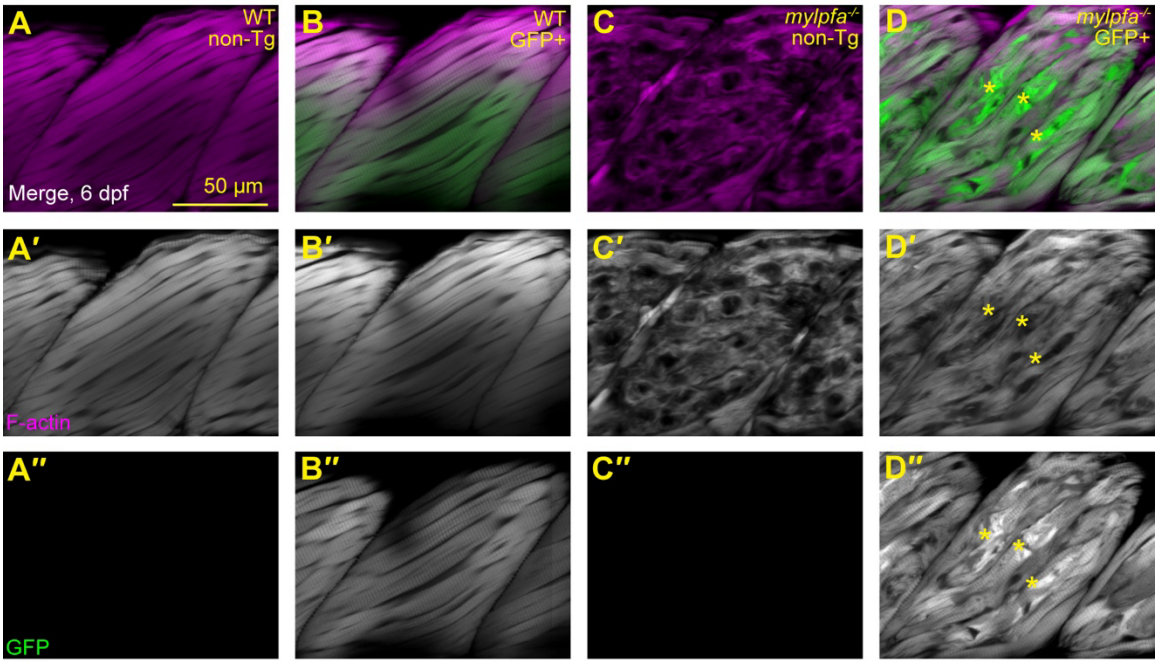


Figure S4: Representative examples of the *mylpfa-GFP* rescue experiments at 6 dpf. **(A-D″)** Confocal slices in sagittal view showing the dorsal half of somites. Images are shown as an overlay of phalloidin and GFP channels (A-D), as single channel for phalloidin (A′-D′), or as single channel for GFP (A″-D″),. At this stage we sometimes find patches of disordered GFP and Actin in the *mylpfa*$^{-/-}$ mutant at 6 dpf (asterisks) alongside the well-ordered myofibrils. Scalebar in A applies to all panels.

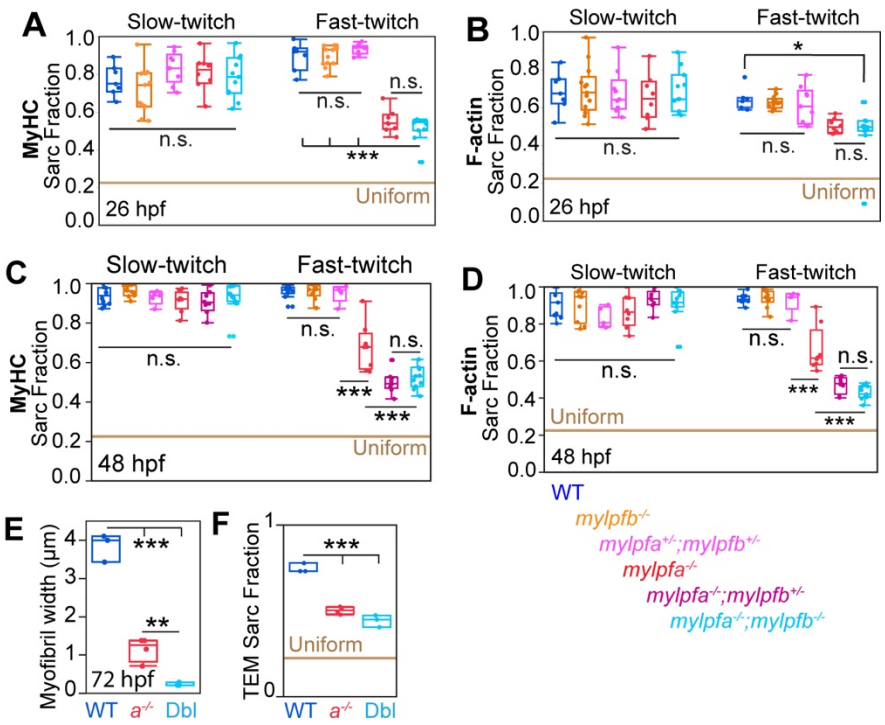


Figure S5: Comparison of muscle phenotypes in the *mylpfa*$^{-/-}$;*mylpfb*$^{-/-}$ incross through embryonic development. **(A)** Box plots showing the fraction of sarcomeric MyHC at 26hpf, **(B)** F-actin at 26 hpf, **(C)** MyHC at 48 hpf, and **(D)** F-actin at 48 hpf. Although F-actin localizes first, its periodicity increases later than MyHC so the shifts in the mutant are smaller for that gene in the earlier timepoint. The 48 hpf MyHC data is also shown in main text (Figure 5K); shown here for comparison with other datasets. The mutant's reduction in myofibril width and loss of sarcomeres persists to 72 hpf as seen in measurements of **(E)** myofibril width and **(F)** fraction of sarcomere-length objects in TEM. Genotypic color codes are shown in the figure. Significance thresholds were determined by Tukey-Kramer HSD comparisons (K); not significant (n.s.) is P>0.1, ** P<0.01, *** P<0.001.

1015 **Video 1:** The *mylpfa*$^{-/-}$ mutant shows an impaired escape response. Imaging at 240
1016 frames/second, showing 100 msec after contact with fishing line in the wild-type and the
1017 *mylpfa*$^{-/-}$ mutant. Both animals respond to the prodding; however, the *mylpfa*$^{-/-}$ mutant
1018 escapes at slower speed due to smaller tail undulations. Figure 7A, B shows a projection of
1019 frames from this video.
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1022 **Tables:**
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