Adiponectin restores cholinergic vasodilation in resistance vessels from adult offspring exposed to maternal obesity *in utero*.

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ABSTRACT

Maternal obesity increases the risk of cardiovascular and metabolic disease in the offspring both during childhood and adult life. Pregnant women and mice with obesity have lower circulating levels of adiponectin (ADN) than controls with normal body mass index. ADN is an adipokine involved in regulating energy metabolism, vascular function, and placental function. We hypothesized that offspring of obese mice have impaired resistance artery function, which can be prevented by restoration of normal circulating ADN levels in obese dams during late pregnancy. Adult female mice were fed either control or obesogenic diet and mated with control diet-fed males. Control dams received a continuous infusion of phosphate saline buffer (PBS) during late pregnancy whereas obese females received either PBS or ADN. After weaning, offspring were fed a control diet. Mesenteric arteries (MsA) were dissected from adult offspring and mounted in a wire myograph or fixed for histology. MsA responses to vasoconstrictors (phenylephrine and endothelin-1) were not different between infusion groups. However, the vasodilatory responses to acetylcholine were reduced in offspring from obese dams as compared to control-fed dams. ADN supplementation during pregnancy restored the cholinergic vasodilatory responses of resistance vessels in offspring from obese dams. These observations suggest a target for the prevention of the long-lasting vascular effects of obesity during pregnancy in the offspring.

INTRODUCTION

Obesity is the most common medical condition affecting pregnant women in developed countries (1). Maternal obesity during pregnancy is linked to many adverse perinatal and postnatal health outcomes for offspring, including coronary heart disease, stroke, type 2 diabetes, asthma, neurodevelopmental disorders, obesity, and epigenetic alterations in metabolic processes (2, 3, 4). Children born to mothers with obesity are at an increased risk of being born large for gestational age, which can lead to birth complications such as shoulder dystocia and neonatal hypoglycemia (5). The mechanisms underlying these effects are not fully understood, but it is thought that maternal obesity may alter the fetal metabolic and endocrine environment, leading to changes in fetal growth, development, and programming of physiological systems (6).

While reducing the prevalence of obesity may be the most important long-term priority for population health, focus on this approach at the exclusion of other interventions may be counterproductive, especially due to the rising rates of obesity in women of reproductive age worldwide (7). Thus, research aimed at optimizing the health of offspring born from obese pregnancies is necessary and practical.

For example, maternal obesity has also been shown to impair vascular function in the offspring (8, 9, 10) and has been associated with clinically relevant elevated blood pressures in 4-6-year-old children, a concerning mark of future cardiovascular health (11). Epigenetic modulation of collagen and potassium channels, among other genes, in resistance arteries of the offspring have been proposed as the mechanisms underlying this impaired vasodilation (9). The use of metformin, a first-line antidiabetic used in the treatment of type 2 diabetes, in non-diabetic pregnant women with obesity reduces the

incidence of preeclampsia and gestational weight gain in mothers, as well as central blood pressure and cardiac diastolic indices in the children (12).

Adiponectin (ADN) is a circulating adipokine secreted by adipose tissue that regulates metabolic processes such as glucose levels, lipid metabolism, and insulin sensitivity in several organs and tissues (13). Circulating levels of ADN increase during healthy pregnancies in the first and second trimesters and decrease in the third trimester when insulin sensitivity is reduced (14, 15). Plasma ADN levels are lower in pregnancies with obesity than lean controls and negatively correlated with gestational body mass index (14, 16, 17, 18). Furthermore, ADN supplementation in obese pregnant mice has been associated with enhanced placental function, reduced fetal weight, and improved cardiac function and glucose metabolism in the offspring compared to obese untreated dams (16, 19, 20). However, the role of ADN supplementation in preventing vascular impairment in offspring from mothers with obesity has not been explored.

Here, we tested the hypothesis that increasing the circulating ADN levels in obese pregnant mice reverts the detrimental effects of maternal obesity in offspring vascular function. We isolated resistance vessels to study global vascular effects of maternal obesity and ADN supplementation in adult offspring born to control or obese dams infused with ADN or vehicle during pregnancy. Our results highlight ADN supplementation as a promising therapeutic approach to prevent or reverse vascular dysfunction in adult offspring exposed to maternal obesity in utero.

METHODS

Mice. All procedures were approved by the Institutional Animal Care and Use Committee

of the University of Colorado (Protocol # 00320) and conducted in accordance with NIH guidelines. **Figure 1** summarizes our study design. Briefly, 12-week-old C57/BL6J female mice (Jackson Laboratory) were randomly assigned to either a control diet (CON, D12489, Research Diets, 10% calories from fat, n = 5) or an obesogenic diet (OB, Western Diet D12089B, Research Diets, 40% calories from fat plus 20% sucrose solution *ad libitum*, n = 6). Females were mated with CON-fed males once animals in the OB group had gained 25% of their initial body weight. A mini osmotic pump (Alzet 1003D, Alza Corporation) was subcutaneously implanted in isoflurane-anesthetized dams at embryonic day (E) 14.5. CON dams received a continuous infusion of sterile phosphate-buffered saline (PBS). OB animals were randomly allocated to receive either PBS (n = 3) or mouse recombinant full-length ADN from E14.5 through E18.5 (n = 3, ALX-522–059; Enzo Life Sciences, 0.62 μg*g of body weight^{-1}*day^{-1}). This infusion rate has been described to increase circulating levels of ADN in pregnant OB mice to the levels observed in normal weight dams (16). Dams delivered spontaneously and were maintained on their respective diets throughout lactation. Offspring were weaned 28 days after birth, maintained on standard chow, and housed in same-sex groups from multiple litters. Study groups were divided into 1) offspring of CON diet-fed dams infused with vehicle (CON+PBS), 2) offspring of OB dams infused with vehicle (OB+PBS), and 3) offspring of OB dams infused with ADN (OB+ADN). Seven- to 9-month-old offspring of each group were euthanized by CO_2 inhalation followed by cervical dislocation and mesentery dissection. *N* values are individual mice, both male and females were pooled.

Mesenteric Artery Dissection and Wire Myography. Whole mesentery including

intestines and blood vessels was isolated and placed in ice-cold PBS (Thermo Fisher Scientific). Second- to third-order mesenteric arteries (MsA) were dissected under a microscope in ice-cold PBS, and adipose and connective tissue surrounding the vessels were removed. After being cleaned and cut into segments (~2 mm), the arteries were mounted in a small vessel wire myograph (Multi Wire Myograph System 610M, DMT-USA) and normalized in a warmed and oxygenated (95% O_2/5% CO_2) Krebs buffer (118 mM NaCl from Sigma Aldrich, 4.7 mM KCl, 2.5 mM $CaCl_2$, 1.2 mM $MgSO_4$, 1.2 mM KH_2PO_4, 25 mM $NaHCO_3$, and 11 mM D-glucose, all from Thermo Fisher Scientific). Vessels were allowed to equilibrate in the chambers for at least 45 min after normalization. MsA were constricted with 120 mM KCl to assess viability. After washing, the vessels were exposed to increasing concentrations of the vasoconstrictor endothelin-1 (ET-1, 0.01 – 100 nM) or phenylephrine (PE, 0.1 nM – 100 μM, Sigma-Aldrich). MsA were then pre-constricted with 10 μM PE for 20 min and increasing concentrations of vasodilators were applied to the chambers; acetylcholine (ACh, 0.1nM – 100 μM, Acros Organics), bradykinin (BK, 0.1 nM – 1 μM; Anaspec), sodium nitroprusside (SNP, 0.1 nM – 100 μM; Sigma-Aldrich) or A769662, an AMP-activated protein kinase activator, (0.1 μM – 100 μM; Selleck Chemicals). To assess the contribution of endothelial signaling to ACh vasodilation, MsA were pre-incubated with the endothelial nitric oxide synthase inhibitor L-N^G-nitroarginine methyl ester (L-NAME, 10 μM; Sigma-Aldrich) or L-NAME (10 μM) plus the cyclooxygenase inhibitor indomethacin (INDO, 10 μM; Sigma-Aldrich) for 20 min before PE-constriction and the application of ACh.

Data Analysis. Offspring characteristics such as weight at weaning, adult weight, and

age at the time of euthanasia were averaged per litter. The tension developed by ET-1 or PE was normalized to that elicited by 120 mM KCl (K_{max}), whereas the vasodilatory responses were calculated as percentage of 10 μM PE constriction. Half-maximal effective concentration (EC_{50}), maximal force (E_{max}) and area under the curve (AUC) were measured by Graph Pad 9 software. Data from each group were tested for normality (Kolmogorov-Smirnov) and compared by unpaired one-way ANOVA or Kruskal-Wallis test, as appropriate, followed by multiple comparisons post hoc test. Non-continuos data (offspring sex) were compared by Fisher's test. Significance was set at $p < 0.05$.

RESULTS

Offspring characteristics. Average body weight at weaning, age at time of euthanasia, and adult body weight at time of euthanasia per litter were similar between groups (**Table 1**). The percentage of female offspring was also similar between groups (**Table 1**).

Vasoconstrictor and vasodilator responses in offspring MsA. We observed similar constrictions to both PE or ET-1 in MsA from all three groups (**Figure 2**), and no differences in EC_{50} or E_{max} values between groups (**Table 2**). The vasodilatory response to ACh was greatest in the CON+PBS and OB+ADN groups, and decreased in the OB+PBS group ($p = 0.0008$ and $p = 0.0325$ compared to CON+PBS and OB+ADN, respectively) (**Figure 3A and 3B**). The vasodilatory responses to BK were not different between the three groups (**Figures 3C and 3D**).

Endothelial mechanisms of ACh-dependent vasodilation. In the CON+PBS offspring, the vasodilatory response to ACh was reduced in the presence of L-NAME ($p = 0.0346$), and further decreased in the presence of L-NAME and INDO ($p < 0.01$ and $p = 0.0281$ compared to untreated and L-NAME, respectively) (**Figure 4A and 4B**), suggesting that both signaling pathways are activated by ACh. However, in the OB+PBS offspring, the vasodilatory response to ACh was slightly, although not significantly, decreased by L-NAME ($p = 0.075$ compared to untreated), and a further, modest reduction was observed with L-NAME+INDO ($p = 0.0424$ compared to untreated) (**Figure 4C and 4D**), suggesting that the reduction in ACh responses found in the OB+PBS group may be due to a diminished nitric oxide signaling. In the OB+ADN offspring, the vasodilatory response to ACh did not differ in the presence of L-NAME or L-NAME+INDO (**Figure 4E and 4F**).

Other vasodilatory responses in offspring MsA. The vasodilatory response to SNP was not different between CON+PBS and OB+PBS, whereas the concentration-response curve was shifted to the right in the OB+ADN group (**Figure 5A**). Area under the curve analysis shows a decrease in the vasodilatory responses in OB+ADN compared to CON+PBS ($p = 0.0283$) and OB+PBS groups ($p = 0.0221$) (**Figure 5B**). The vasodilatory response to A769662 did not differ between the 3 groups (**Figure 5C and 5D**).

DISCUSSION

In this study, we observed that maternal obesity impairs vasodilation in resistance arteries of adult offspring using a maternal obesity mouse model. Cholinergic-dependent vasodilation was reduced in MsA from offspring born to obese dams, consistent with

previous reports that studied mesenteric arteries from adult offspring in rat maternal obesity models (8, 9, 10). Our results also showed that the maternal obesity-dependent reduction in ACh vasodilation in the offspring is partially mediated by a reduction in endothelial nitric oxide synthesis.

Maternal obesity-dependent reduction in offspring's MsA ACh vasodilation was prevented by ADN supplementation during late pregnancy and lactation. This ADN-dependent restoration of cholinergic vasodilation in the offspring vessels seems to be independent of nitric oxide or prostaglandin signaling, since neither L-NAME nor INDO reduced these responses. Another study showing decreased endothelium-dependent vasodilation in rat MsA from high-fat-fed dams have described a compensation by endothelial derived hyperpolarizing factor (EDHF) to restore the reduced cholinergic signaling when dams were supplemented with linoleic acid (10). Although we did not directly explore the role of EDHF, it is possible that EDHF is increased in the offspring vessels from ADN-treated obese dams to preserve cholinergic vasodilation. The effect of maternal ADN supplementation in the offspring whose dams were obese during gestation has effects beyond vascular function. During pregnancy, ADN decreases fetal growth and improves placental function (16). In 3-6 month old offspring from obese mouse dams, ADN prevents liver steatosis and insulin resistance (21), diminishes cardiac hypertrophy, and restores cardiac function (19). Our results are consistent with these previous studies and support the conclusion that ADN plays a critical role in mitigating some of the negative effects of maternal obesity on offspring health.

Our study has some limitations; first, this study was not powered to perform analysis of sex-specific differences. Future studies may focus on sex-specific effects of

maternal ADN supplementation in the offspring. Secondly, we did not include a control group treated with ADN, in which ADN was administered in the absence of obesity. However, a previous study using this model has shown limited or no effect of ADN supplementation in animals fed a control diet (21). Additionally, our study was designed to restore the levels of ADN that have been reduced by obesity during pregnancy and therefore we believe the addition of ADN to controls was unlikely to change the outcomes.

ADN supplementation during pregnancy is a promising approach to mitigate the negative cardiovascular effects maternal obesity has on the adult offspring. The results of this study suggest ADN signaling as a target for prevention of hypertension and other cardiovascular maladies among adult offspring born to mothers with obesity during pregnancy. Future studies may focus on developing therapeutic interventions to activate ADN signaling in pregnant humans. Further understanding of the health effects of maternal obesity on a fetus and developing offspring are necessary to continue to prevent these negative outcomes.

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DISCLOSURE

The authors declared no conflict of interest.

AUTHOR CONTRIBUTIONS

JAH, ORV and RAL performed the experiments. CGJ and RAL conceived the experiments. MM, SF and RAL analyzed the data. MM, LGM, CGJ and RAL wrote and edited the manuscript. All authors gave final approval of the submitted and published manuscript.

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Table 1. Offspring characteristics.

Characteristic	**CON+PBS**	**OB+PBS**	**OB+ADN**	***p*-value**
Number of litters	5	3	3	N/A
Weight at weaning (g)	12.0 ± 1.5	12.8 ± 0.6	13.0 ± 1.7	0.9260
Age at euthanasia (months)	7.9 ± 0.2	8.3 ± 0.5	9.0 ± 0.2	0.0506
Weight at euthanasia (g)	30.3 ± 2.0	32.0 ± 0.9	33.3 ± 3.6	0.7643
Female Sex (%) [total number of offspring]	47.6 [21]	27.3 [11]	20 [10]	0.3122

Values are mean ± SEM. All values are average per litter except female sex. *p*-values were calculated via one-way ANOVA, Kruskal-Wallis or Fisher's test.

Table 2. Vasoconstrictor parameters in MsA from different groups.

Vasoconstrictor	CON+PBS	OB+PBS	OB+ADN	*p*-value
ET-1				
EC_{50}, nM	1.87 ± 0.63 (7)	1.72 ± 0.58 (6)	2.54 ± 0.47 (6)	0.3429
E_{max}, %	167 ± 21 (7)	154 ± 20 (6)	138 ± 11 (6)	0.5536
PE				
EC_{50}, nM	268 ± 86 (7)	216 ± 40 (7)	224 ± 51 (7)	0.9820
E_{max}, %	139 ± 6 (7)	133 ± 11 (7)	145 ± 13 (7)	0.7165

Values are mean ± SEM (number of mice). ET-1, endothelin-1; PE, phenylephrine; EC_{50}, half-maximal effective concentration; E_{max}, maximal response. *p*-values were calculated via one-way ANOVA or Kruskal-Wallis test.

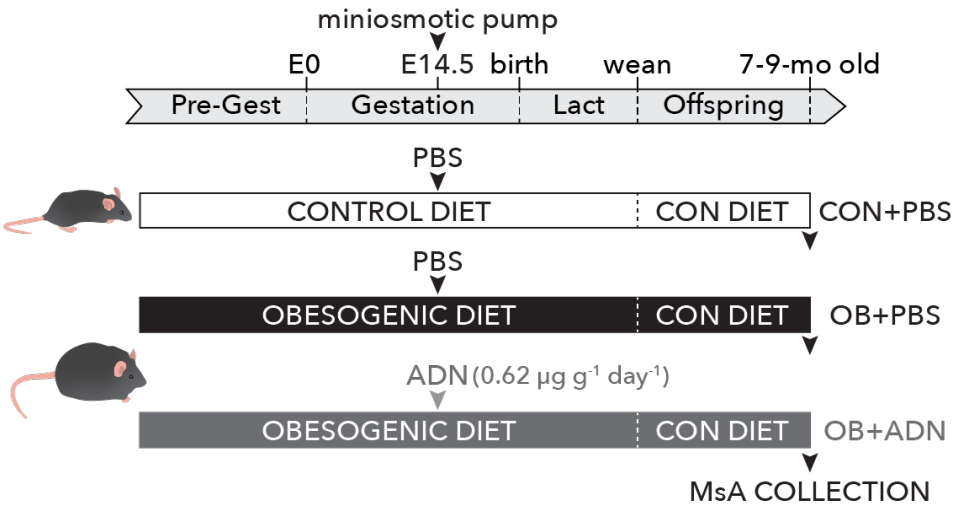

Figure 1. Study design. Females were fed a control (CON) or obesogenic (OB) diet pre-gestationally (Pre-Gest), throughout gestation and lactation (Lact). At embryonic day (E) 14.5, a mini osmotic pump was implanted in pregnant mice and phosphate saline buffer (PBS) or adiponectin (ADN) was infused. After weaning, pups were fed a CON diet until 7-9 months old when they were euthanized and MsA collected for functional studies.

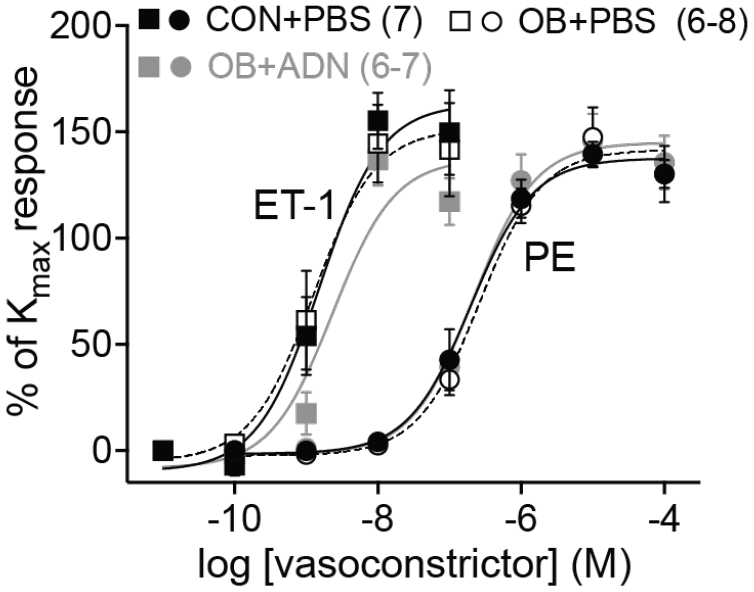

Figure 2. Mesenteric artery (MsA) responses to vasoconstrictors. Concentration-response curves of endothelin-1 (ET-1, squares) or phenylephrine (PE, circles) in MsA of offspring from control dams (CON+PBS, closed symbols), obese dams (OB+PBS, open symbols) or obese dams supplemented with ADN (OB+ADN, gray symbols), presented as percentage of maximal KCl response (K_{max}). Numbers in parentheses are the number of mice, symbols are mean values ± SEM.

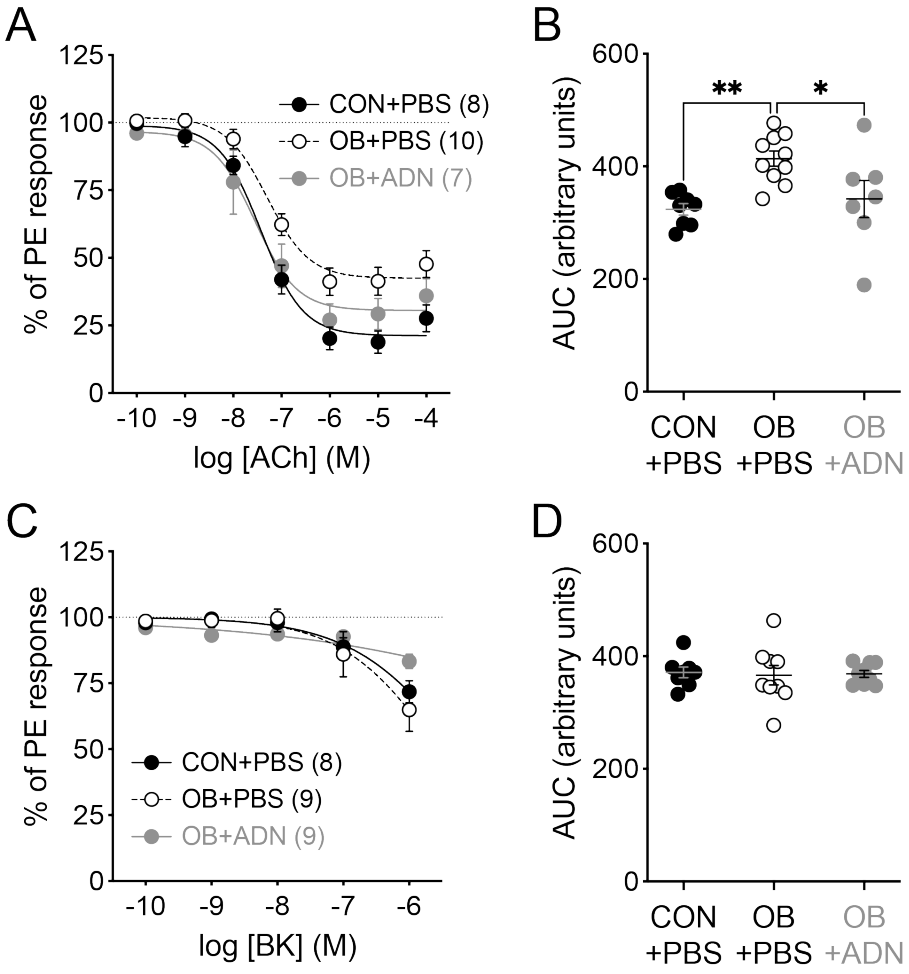

Figure 3. Acetylcholine-dependent vasodilation is reduced by maternal obesity and restored by adiponectin (ADN) supplementation in mesenteric artery (MsA) from adult offspring. Concentration-response curves of acetylcholine (ACh, **A**) or bradykinin (BK, **C**) in MsA of offspring from control dams (CON+PBS, closed symbols), obese dams (OB+PBS, open symbols) or obese dams supplemented with ADN (OB+ADN, gray symbols), presented as percentage of 10 μM phenylephrine (PE) response. Numbers in parentheses are the number of mice, symbols are mean values ± SEM. **B** and **D** show the area under the curve (AUC) analysis of curves in A and C, respectively. * $p < 0.05$ and ** $p < 0.01$ by one-way ANOVA.

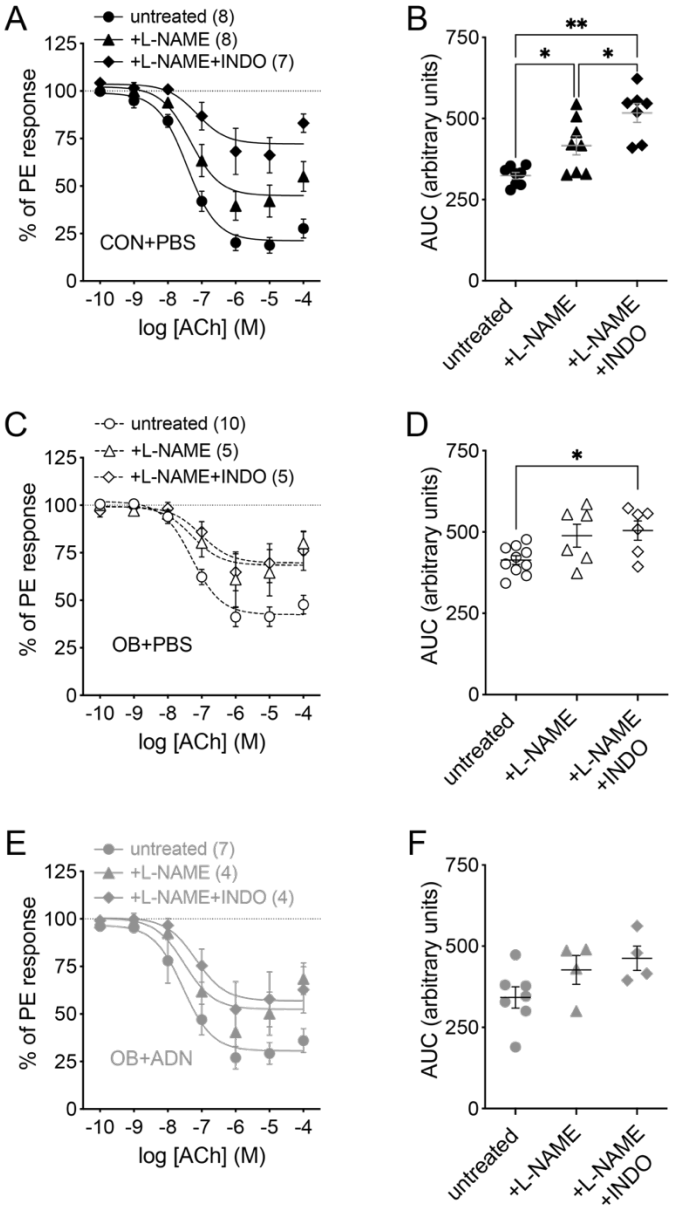

Figure 4. Obesity-dependent reduction of acetylcholine-evoked vasodilation is partially mediated by impaired nitric oxide signaling in mesenteric artery (MsA) from adult offspring. Concentration-response curves of acetylcholine (ACh) in MsA of offspring from control dams (CON+PBS, closed symbols, **A** and **B**), obese dams (OB+PBS, open symbols, **C** and **D**) or obese dams supplemented with adiponectin (OB+ADN, gray symbols, **E** and **F**), in the absence (untreated, circles) or presence of 10 μM L-NAME (triangles) or 10 μM L-NAME + 10 μM indomethacin (INDO, diamonds). Numbers in parentheses are the number of mice. Symbols in **A**, **C** and **E** are mean values ± SEM presented as percentage of 10 μM phenylephrine (PE) response; symbols in **B**, **D** and **F** are individual values ± SEM presented as the area under the curve (AUC) of curves in **A**, **C** and **D**, respectively. * $p < 0.05$ and ** $p < 0.01$ by one-way ANOVA.

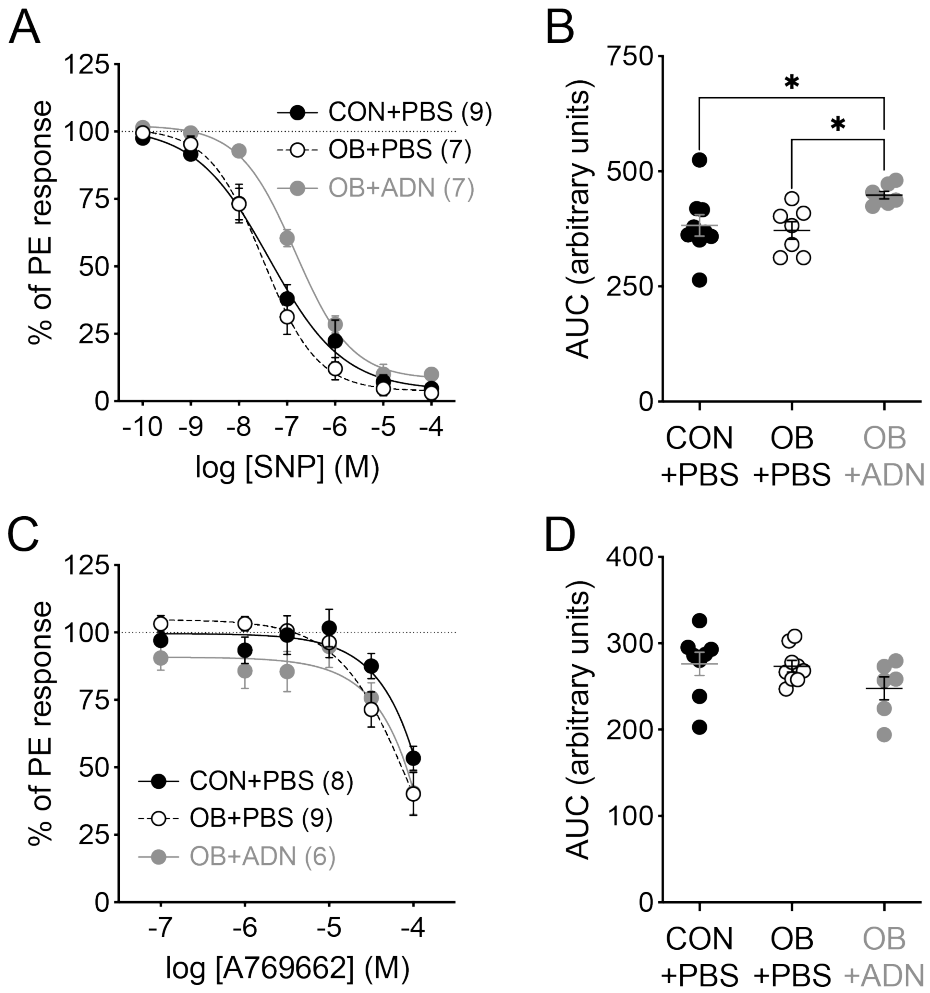

Figure 5. Vasodilation induced by a nitric oxide donor, but not AMPK activation, is reduced in mesenteric artery (MsA) from adult offspring by obesity and adiponectin (ADN) exposure in utero. Concentration-response curves of sodium nitroprusside (SNP, **A**) or A769662 (**C**) in MsA of offspring from control dams (CON+PBS, closed symbols), obese dams (OB+PBS, open symbols) or obese dams supplemented with ADN (OB+ADN, gray symbols), presented as percentage of 10 μM phenylephrine (PE) response. Numbers in parentheses are the number of mice, symbols are mean values ± SEM. **B** and **D** show the area under the curve (AUC) analysis of curves in A and C, respectively. * $p < 0.05$ by one-way ANOVA.