Lifetime fitness benefits of short-distance dispersal and low costs of inbreeding drive inbreeding tolerance in an avian cooperative breeder

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1 **Title:** Lifetime fitness benefits of short-distance dispersal and low costs of inbreeding permit inbreeding
2 tolerance in an avian cooperative breeder
3
4 **Abstract**
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Inbreeding, or breeding with close relatives, often decreases individual fitness, but mate choice can increase
inbreeding risk in some species. Inbreeding is more likely in species with limited dispersal, such as
cooperative breeders, where offspring frequently breed close to home. We leverage 32 years of data from
a population of Florida Scrub-Jays (*Aphelocoma coerulescens*), an avian cooperative breeder, to investigate
whether mate choice, and its lifetime fitness outcomes, affects inbreeding tolerance. We find that both sexes
show shorter dispersal distances than expected under random mating. While female-biased natal dispersal
mitigates inbreeding risk to some extent, limited movement away from the breeding territory by both sexes
for later pairings (following mate death or divorce) results in higher relatedness between mates than
expected under random mating. Males paired with close relatives and females who move longer distances
experience equivalently reduced lifetime reproductive success (LRS). Moreover, breeders who move
farther for first pairings experience reduced survival likelihood and consequently reduced LRS. Fitness
benefits of short-distance dispersal and relatively low fitness costs of inbreeding thus permit inbreeding
tolerance in Florida Scrub-Jays. Understanding how and why mate choice contributes to inbreeding is
crucial for informed conservation of endangered species like the Florida Scrub-Jay.

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21 **Keywords:** Mate choice, inbreeding tolerance, site fidelity, lifetime fitness outcomes, Florida Scrub-Jay

Main Text

Introduction

Matings among relatives, or inbreeding, can have severe negative fitness consequences such as increased susceptibility to parasites [1], lower birth rates and offspring survival [2,3], and increased risk of mortality during severe weather events [4]. In wild populations, inbreeding can be the result of two non-exclusive factors. First, in populations that are small and isolated, mating with relatives might be inevitable even when mating is random [5]. Second, mate choice may be driven by factors that increase fitness despite the risk of inbreeding, such as phenotype matching or limited dispersal [6]. In the latter case, while inbreeding tolerance may persist without severe population-level impacts in large, well-connected populations, it may exacerbate inbreeding depression in isolated population fragments [7]. Understanding how mate choice may result in increased instances of inbreeding in species of conservation concern is thus vital for informed conservation action.

Moving away from their natal area—*i.e.*, natal dispersal—is the primary mechanism by which animals avoid mating with kin [8,9]. However, natal dispersal may be limited in some species, such that when individuals become breeders, they often choose mates that are geographically close [8,10]. While limited natal dispersal can lead to fitness benefits such as better access to resources [11], higher survival [12], and nepotism [13], it can also increase kin competition [14] and the likelihood of mating with a close relative [15–17]. Similarly, once individuals establish a breeding territory, any subsequent dispersal also may be geographically limited even when pairing with a new mate [8]. Such site fidelity may have fitness benefits due to familiarity and reduced competitive interactions [18–20], but can also increase inbreeding risk in spatially structured populations where limited dispersal results in the formation of kin neighborhoods [21]. Nevertheless, if the fitness benefits of limited dispersal outweigh the costs of inbreeding at the individual level, the risk of inbreeding may be tolerated [6,22]. Conversely, additional behaviors such as kin avoidance—where individuals can recognize and avoid mating with kin—and sex-biased dispersal—where one sex disperses farther than the other—may prevent inbreeding even in species with limited dispersal [6].

Previous studies investigated whether species with limited dispersal exhibit inbreeding tolerance or avoidance behaviors [7,23–28] and quantified the fitness tradeoffs between dispersal distance and kinship in mate choice [23]. However, few such studies have incorporated measures of lifetime fitness. This matters because reproductive strategies over an individual's lifetime, especially in long-lived species such as many cooperative breeders [29,30], may compensate for any short-term fitness costs associated with inbreeding or dispersal. Thus, we must examine lifetime fitness to obtain a comprehensive understanding of the individual fitness outcomes underlying mate choice that may increase inbreeding risk. Additionally, the importance of dispersal distance in mate choice may differ based on whether an individual is breeding for the first time ("first pairing") versus an experienced breeder pairing with a new mate ("later pairing") [8]. Because most studies only examine mate choice during first pairing, mechanisms such as site fidelity that may limit dispersal or increase inbreeding risk at later life stages [8] tend to be ignored. Here, we leverage 32 years of individual-level data on dispersal, mating, reproductive success, and survival from a continuously monitored population of an avian cooperative breeder, the Florida Scrub-Jay (*Aphelocoma coerulescens*), to investigate whether inbreeding risk is elevated due to mate choice throughout an individual's lifetime, and the resulting lifetime fitness outcomes.

Fewer than 6,000 individuals of the Federally Threatened Florida Scrub-Jay remain, located in numerous isolated populations and restricted to fire-maintained, xeric oak scrub habitats of the Florida peninsula [31]. Their preferred habitat is usually saturated with year-round territories, each occupied by a socially monogamous dominant breeding pair, accompanied often by subordinate non-breeders of both sexes [32]. Subordinates are primarily offspring from previous broods that delay dispersal and remain in their natal territory for one or more years, despite being physiologically capable of breeding at one year of age [32].

Most individuals become breeders by dispersing to replace dead breeders on existing territories, though
direct inheritance or "budding" of natal territories sometimes occurs [32]. Females disperse farther than
males, though neither sex typically disperses very far [33,34]. Once they become breeders, Florida Scrub-
Jays remain breeders until their death, pairing with a new mate after their current mate dies [32], or in rare
cases when the mate is still alive ("divorce") [35]. Though Florida Scrub-Jays are not known to be able to
recognize kin, breeding pairs of close relatives, such as parent-offspring and sibling pairs, are rare, likely
due to social group members avoiding pairing with each other [31], though such pairings are more common
in fragmented habitats with increased geographical isolation and fewer choices of non-kin mates [36]. Here,
we focus on a population of Florida Scrub-Jays that has been intensively studied at Archbold Biological
Station in central Florida (27.10°N, 81.21°W) since 1969 [32]. Immigration into the Archbold population
from neighboring populations has declined since 1995, leading to a corresponding increase in inbreeding
and some associated fitness costs [3].
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To investigate how mate choice impacts inbreeding risk, we first examined how the relatedness of Florida
Scrub-Jays to potential mates varied with distance from both their natal and any subsequent breeding
territories. Given fine-scale genetic isolation-by-distance in this population [34], we predicted that potential
mates closer to both their natal and breeding territories would be relatively closely related for both sexes,
and more so for females since males are the more philopatric sex [33]. Second, we examined the extent to
which dispersal distance, relatedness, or both, correspond with mate choice. Previous work in this study
population found individuals that dispersed shorter distances had higher fitness [37], and inbred individuals
have lower fitness [3]. Thus, we predicted that both dispersal distance and relatedness of mates would
deviate from expectations under a random mating scenario, with average dispersal distance shorter, and
relatedness of mates lower (owing to inbreeding avoidance), than expected under a random mating scenario.
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Next, to investigate the relative fitness costs and benefits involved in mate choice patterns, we quantified
the impact of distance moved and relatedness between mates on lifetime reproductive success and breeder
survival. We predicted that for both sexes, longer dispersal distances for both first and later pairings would
result in lower lifetime reproductive success and survival [37]. Further, we predicted that if we found no
evidence of kin avoidance in our mate choice analysis, the fitness cost of relatedness between mates would
be equivalent to or lower than the cost of long-distance movement (suggesting inbreeding tolerance).
Finally, we examined whether Florida Scrub-Jays employ other reproductive strategies, such as divorce, to
minimize the costs of inbreeding. Since lifetime reproductive success is directly proportional to the number
of breeding attempts [31], Florida Scrub-Jays may favor early breeding with a close relative over not
breeding at all, but then may switch to less related mates when an opportunity arises. Thus, we predicted
that pairs with more closely related mates would be more likely to dissolve because of divorce than death
of a mate. Ultimately, by linking the effect of distance and kinship on mate choice with individual lifetime
fitness outcomes, we investigated how mate choice that increases inbreeding risk can persist in a population.
110
111 **Methods**
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113 *Data collection*
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Florida Scrub-Jays at Archbold Biological Station have been continuously monitored since 1969, with the
study tract expanded to its current size (mean ± sd = 914.04 ± 143.44 ha) by 1990 [31]. All birds are banded
with unique combinations of color bands. Throughout the breeding season (early March to early June), all
nests are located and monitored for fledging or failure [31]. All territories are mapped in April, with territory
boundaries assigned at locations of territorial disputes between neighboring groups [31]. In addition to nest
monitoring, the population is censused each month, resulting in detailed data on dispersal and survival of
both fledglings and adults. Pairs are socially monogamous, with very low rates of extra pair-paternity (<1%)
[38], allowing accurate parentage inference from field observations alone. Furthermore, previous work
verified genetic parentage of offspring born between ~1989-1991, 1994-1995, and 1999-2013 [3]. Using

these detailed data, we have accumulated a 15-generation pedigree of known-age, known-parentage
individuals with precise measurements of lifespan and reproductive success. For this study, we used data
from 1990-2021, which included on average ($\pm$ SD) 71.4 ($\pm$ 14.7) territories (area mean $\pm$ sd =13.24 $\pm$ 6.37
ha) per year. All analyses were conducted using R version 4.2.2 [39]. Fieldwork was approved by the
Institutional Animal Care and Use Committees at Cornell University (IACUC 2010-0015) and Archbold
Biological Station (AUP-006-R) under permits from the US Fish and Wildlife Service (TE824723-8, TE-
117769), the US Geological Survey (banding permits 07732, 23098), and the Florida Fish and Wildlife
Conservation Commission (LSSC-10-00205).

We first measured observed dispersal distances and calculated relatedness to mate for both male and female
breeders in all new breeding pairs formed between 1990 and 2021. New breeding pairs include pairs formed
by two first-time breeders, one first-time and one experienced breeder, or two experienced breeders. For
first-time breeders, we called the event a "first pairing" and for experienced breeders, a "later pairing". The
first pairing for one mate is thus not always the first pairing for the other mate (*e.g.*, an experienced male
could repair with a female who is a first-time breeder, and *vice versa*). New pairs might occupy a new
territory, which may be inherited by one of the two breeders or formed as an extension of their natal territory
in a process called "budding" [31]. Alternatively, a new pair might form on a non-natal territory already
occupied by one of the two breeders, where a breeding vacancy is typically formed due to the death of a
breeder, but occasionally via divorce [31]. Thus, both first and later pairings can occur without any
movement away from the currently occupied territory by at least one of the two breeders. When the focal
individual remained on its natal territory and became a breeder, formed a territory by budding, or remained
on its non-natal breeding territory, we quantified distance moved as 0 m.

The previous territory—*i.e.*, territory of origin—for any movement associated with a new pairing was
identified as the territory where the individual was seen or caught the previous year between March to June
(breeding season), and, if the bird was not seen within that time duration, between July to December (post-
breeding season) since dispersal peaks at the start and end of the breeding season [33]. However, when two
experienced breeders formed a new breeding pair, their breeding territories in the previous breeding season
were assigned as their previous territories. Additionally, to account for territory vacancies being filled
throughout the year, when a first-time breeder formed a new pair with an experienced breeder who retained
its breeding territory, the previous territory for the first-time breeder was identified as the territory in which
it was seen or caught in the month preceding the last month that its new mate's previous mate was seen in
the breeding territory. To obtain accurate measures of distance moved, we excluded any pairings that
involved movement that started or ended outside of the study tract. We also excluded any movement that
did not end with the individual attaining a breeding position (*i.e.*, staging, a strategy adopted by about 28%
of yearlings [40]). For staging individuals that eventually became breeders, we used movement from their
staging to breeding territory to calculate dispersal distance for their first pairing. However, using distance
from natal to breeding territory as distance moved for first pairing did not change our results (see *SI*).

In accordance with previous work in this system, we used the observed number of territories crossed as the
most biologically relevant measure of distance moved [37]. The number of territories crossed was highly
correlated with distance moved in meters (Pearson's r = 0.91; [37]). To calculate the number of territories
crossed by a jay for a new pairing, we drew a straight-line movement trajectory from the centroid of its
previous territory to the centroid of its new breeding territory. We then used the *st_intersects* function from
the R package *sf* [41] to calculate the number of territories (*i.e.*, polygons) that each line intersected. For
cases where the function returned a distance $\geq$ 1 territory away, but the territory name did not change from
its natal or previous breeding territory, we manually corrected distances using territory maps (see *SI*). This
occurred in 88 out of 1669 [5%] of movement events due to minor inconsistencies in territory naming
conventions, where territories were named based on the dominant male breeder rather than territory
location, and stochastic drift in territory boundaries. To examine sex-bias in distance moved for first and
later pairings, we ran generalized linear mixed models (GLMMs) with distance moved as the dependent

variable, sex as the fixed effect, and a random effect of year. A random effect of individual ID was also
included in the model for distance moved for later pairings to account for individuals who re-paired multiple
times in their lifetime. The models had a negative binomial error distribution and were run separately by
pairing type using the function *glmer.nb* in the R package *MASS* [42].

We calculated the kinship coefficient between mates for all new breeding pairs using the population
pedigree with the *kinship* function in the R package *kinship2* [10]. With no inbreeding, the kinship
coefficient ranges from 0 to 0.5, such that 0.5 is an individual's kinship coefficient with itself; 0.25 is the
average kinship coefficient between siblings and between parents and offspring; 0.125 is the average
kinship coefficient between half-siblings, grandparents-grandchildren, and aunt/uncle-niece/nephew pairs;
and 0.0625 is the average kinship coefficient between first cousins [43]. Pedigree-based inbreeding
estimates are correlated with genomic-based estimates in our study population [3].
talk about this in Discussion

Data analysis

First, to examine how relatedness to potential mates varies with distance, we constructed a dataset of all
possible mate pairings for each year and each sex separately. We only included breeders who formed new
breeding pairs in a given year (*i.e.*, individuals that were both available as potential mates *and* successful
at finding new mates), which comprised both first-time and experienced breeders. We paired all available
females with each available male and *vice versa* (*N*: Male, First pairing = 426; Male, Later pairing = 241;
Female, First pairing = 395; Female, Later pairing = 251 individuals). We calculated the potential distance
that each focal individual would have to travel to realize this pairing as the distance between the individual's
previous territory to the potential mate's territory in the current year. For simplicity, we assumed that the
potential mate would retain its territory. We calculated the kinship coefficient for all potential pairings as
described above, and classified potential mates to whom the kinship coefficient of the focal individual was
≥ 0.0625 (at least as related as first cousins, Fig. S2) as close relatives. We then fit GLMMs with whether
the potential mate was a close relative (1 = yes, 0 = no) as the dependent variable, a binomial error structure,
distance to mate as a fixed effect, and year and focal individual ID as random effects. We fit separate models
for each sex and pairing type (*N*: Male, First pairing = 12,111; Male, Later pairing = 11,121; Female, First
pairing = 10,800; Female, Later pairing = 10,464 possible pairings).

Second, we investigated the effects of distance to mate and relatedness on mate choice. As in previous
studies that investigate mate choice [7,23,26], we quantified deviations of distance moved and average
relatedness of mates from expectations under random mating. To simulate a random mating scenario, we
randomly permuted all available mates of the opposite sex among all available mates of the focal sex for
each year 1000 times. We then calculated the distance and kinship coefficient to mate using the same
methods as above for each randomly generated pair. We calculated the mean distance and kinship
coefficient to mate for each iteration for each focal sex and pairing type. We then compared these expected
distributions of mean distances and kinship coefficients to observed means by calculating empirical p-
values [44]. Specifically, we quantified the proportion of simulations that had a mean distance to mate that
was lower than or equal to the observed mean (S_{low}), and the proportion of simulations that had a mean
kinship coefficient to mate that was both lower than or equal to (to test for kin avoidance; S_{low}) and higher
than or equal to (to test for inbreeding tolerance or kin preference; S_{high}) the observed mean. Empirical p-
values were calculated as $(S_{high/low}+1)/(N+1)$, where *N* was the total number of simulations (*i.e.*, 1000).

Third, to examine how distance and relatedness to mate impacts lifetime fitness of Florida Scrub-Jays, we
calculated lifetime reproductive success (LRS) for all breeders as the total number of offspring produced
over an individual's lifetime that survived to adulthood, *i.e.*, age 1 year, the stage at which Florida Scrub-
Jays become physiologically capable of breeding [32,45–47]. Since the mean growth rate of our study
population is close to 1 (0.998) [48], we deemed LRS an appropriate metric of individual fitness [49]. For

this analysis, we restricted our dataset to individuals from cohorts from which all members born within the
study tract were last observed before 2021 to eliminate bias towards short-lived individuals [50,51]. The
final dataset for all fitness analyses included individuals born between 1988-2006 and in 2009 (N: Males
=197, Females =120).

We then fit two separate GLMMs by sex with negative binomial error distributions (to account for
overdispersion), LRS as the dependent variable, and distance moved for first pairing, weighted kinship
coefficient to mates, and breeding lifespan as fixed effects (N: Males = 197, Females = 120). Fixed effects
were not correlated (Table S1). We calculated the weighted kinship coefficient by multiplying the
relatedness of the focal individual to each of their mates by the number of years they were paired with that
mate and summing the resulting values. We defined breeding lifespan as the number of years from
becoming a breeder to death. Breeding lifespan was included in the model to account for the fact that the
more breeding seasons a breeder experiences, the more chances it has at successful reproduction [31]. The
effect of distance moved on breeder survival, and thus breeding lifespan, was examined separately as
described below. We included natal year as a random effect to account for variation between birth cohorts.
Further, to specifically examine the effect of moving away from the breeding territory, we also fit two
additional GLMMs with the same error structure, dependent variable, and random effects, with total
distance moved for later pairings, weighted kinship coefficient to mates, and breeding lifespan as fixed
effects using a truncated dataset that only included individuals that had switched mates in their lifetimes
(N: Male = 91, Female = 50). All GLMMs were fit using the function *glmer.nb* in the R package *MASS*
[42].

Next, we examined the effect of distance moved on breeder survival. We found that fitting Cox proportional
hazard models with distance moved for first pairing as a fixed effect violated the proportional hazards
assumption for both sexes (Males: $\chi^2 = 4.33$, df = 1, $P = 0.04$; Females: $\chi^2 = 4.21$, df = 1, $P = 0.04$),
suggesting that the effect of distance moved for first pairing on the hazard rate varies over time. To account
for this time-varying effect, we fit stratified Cox proportional hazards models with two time intervals: ≤ 4
years and > 4 years from the start of breeding [52]. We tested varying thresholds for splitting the analysis
time into intervals and chose a cut time of 4 years based on visual assessment of variation in the hazard
ratio over time (see *SI*, Fig. S7-S8) [52]. We used the *Surv* and *coxph* function from the R package *survival*
[53] to fit separate models by sex of breeder, and incorporated natal year as a random effect (N: Male =
197, Female = 120).   For the subset of individuals who switched mates at least once in their lifetime (N:
Male = 91, Female = 50), we also examined the effect of territory loss (*i.e.*, total distance moved for later
pairings ≥ 1 territory away) on breeder survival. We fit Cox proportional hazards models with loss of
territory (1 = territory lost, 0 = territory retained) as a fixed effect and natal year as a random effect. The
proportional hazards assumption was met for these models (Males: $\chi^2 = 1.17$, df = 1, $P = 0.28$; Females: χ^2
$= 0.27$, df = 1, $P = 0.61$).

Finally, to investigate whether Florida Scrub-Jays compensated for the impact of inbreeding on
reproductive success via divorce, we fit GLMMs with the cause of pair dissolution (1 = divorce, 0 = mate
death) as the dependent variable, the kinship coefficient to mate as a fixed effect, year and individual ID as
random effects, and a binomial error structure. We also fit models with a categorical fixed effect of kinship
between mates (1 = first-order relative, 0 = not a first-order relative) to account for cases where opposite-
sex offspring might inherit dominant breeding positions, resulting in mother-son or father-daughter pairings
that may be more likely to end in divorce [54]. We fit separate GLMMs by sex and pairing type using the
function *glmer* in the R package *lme4* (N: Male, First pairing = 194; Male, Later pairing = 187; Female,
First pairing = 163; Female, Later pairing = 169 pairings) [55]. Fixed effects for all models were
standardized using z scores [56], and the variance inflation factor was < 2 for all fixed effects in all GLMMs
[57].

Results

The number of available mates ranged from 15-40 females and 14-43 males across our study period with
an average (± SD) of 25.8 (± 7.33) males and 25.0 (± 6.88) females available as mates per year. These
available mates accounted for, on average, 36% of all breeders per year. Of the individuals included in our
lifetime fitness analysis, 42% of females (50 out of 120) and 46% of males (91 out of 197) switched mates
at least once in their lifetime (mean ± SD number of mate switching instances per lifetime: Males = 0.83 ±
1.19, range: 0-6; Females = 0.74 ± 1.06, range: 0-4). Surprisingly, only about half of all mates in later
pairings were naïve breeders for both sexes (Males: 218 out of 427 [51%], Females: 213 out of 421 [51%]
instances). Thus, not all later pairings were a result of subordinates moving in to fill a breeding vacancy—
nearly half of such cases were a result of the mate also re-pairing because of death of or divorce from their
previous mate. Females, on average, moved farther than males, though for the effect size was greater for
first pairings (Male = 1.05 ± 1.53, Female = 1.90 ± 2.50 territories crossed; $Z = 5.86$, $P < 0.001$); [33]) than
later pairings (Male = 0.30 ± 0.78, Female = 0.56 ± 1.17territories crossed; $Z = 3.64$, $P < 0.001$). In 197
out of 848 (23%) instances of later pairings the focal individual (62% of whom were females) moved one
or more territories away from its established breeding territory. Furthermore, we found that out of all mate
switching events observed, ~18% (N: Males = 64 of 381, Females = 64 of 332 events) were due to divorce,
not mate death, a similar proportion to that found previously [32].

The kinship coefficient to mate ranged from 0 (unrelated) to 0.25 (*i.e.,* either full siblings or parent-
offspring). Across all years, only 43 out of 1077 (4%) of observed breeding pairs were comprised of
individuals who were at least as closely related as first cousins (*i.e.*, had a kinship coefficient ≥ 0.0625) and
only 13 out of 1077 (0.01%) of observed breeding pairs comprised first-order relatives (7 mother-son, 3
father-daughter, and 3 full sibling pairs; Fig. S4). As predicted, we found that both sexes were more closely
related to available opposite-sex breeders at shorter geographical distances on both their natal and breeding
territories, with the greatest effect size for females on their natal territories (Males, Natal: $Z = -11.37$, $P <$
0.001; Females, Natal: $Z = -14.53$, $P < 0.001$; Males, Breeding: $Z = -8.10$, $P < 0.001$; Females, Breeding:
$Z = -10.07$, $P < 0.001$; Fig. 1).

We found that dispersal distance, more than relatedness to mate, impacted mate choice decisions in Florida
Scrub-Jays. When compared to a random mating scenario, both sexes moved significantly shorter distances
within the study tract than expected under random mating for both first and later pairings (empirical p-value
≤ 0.05 for both), even though females moved farther than males in the first pairing stage (Fig. 3A). We
found no evidence of kin avoidance: the mean kinship coefficient to mates for both sexes was never lower
than predicted by the random mating model ($P > 0.05$ across all categories). Instead, we found evidence of
inbreeding tolerance. For first pairings, mates were more closely related than expected by chance for
females ($P = 0.05$; Fig. 3B), and the pattern approached statistical significance for males ($P = 0.07$; Fig.
3B). Mates in later pairings were more closely related than expected by chance for both sexes (Males: $P =$
0.001; Females: $P = 0.003$; Fig. 3B). The proportion of random mating iterations with mean relatedness to
the mate equal to or higher than the observed mean—*i.e.*, the likelihood of the observed degree of
relatedness to mate being recapitulated by random chance—was over an order of magnitude higher for first
pairings (Males: 6.6%, Females: 4.6%) than later pairings (Males: 0.0%, Females: 0.2%).

Next, we quantified the lifetime fitness consequences of different mate choice decisions. We found that a
higher weighted kinship coefficient to mates over an individual's lifetime resulted in significantly fewer
offspring that survived to adulthood for males (all breeding males: $Z = -2.83$, $P = 0.005$; only males that
switched mates at least once: $Z = -0.28$, $P = 0.09$; Fig. 3B, D; Table 1), but not females (all breeding
females: $Z = 0.31$, $P = 0.76$; only females that switched mates at least once: $Z = -0.09$, $P = 0.97$; Fig. 3B,
D; Table 1). The few males who bred with closely related females for the majority of their lifetime had LRS
close to zero (Fig. 3B, D), but we did not observe the same pattern in females. —. Females, but not males,
who moved farther distances for later pairings had significantly fewer offspring who survived to adulthood
(Females: $Z = -2.62$, $P = 0.01$, Males: $Z = -0.64$, $P = 0.52$; Fig. 3C, Table 1), with a similar trend for

dispersal distance at first pairing, though the effect was not significant (Females: $Z = -1.43$, $P = 0.15$, Males:
$Z = -0.29$, $P = 0.77$; Fig. 3A, Table 1). Moreover, as we predicted, breeding lifetime—*i.e.*, the number of
years an individual spends as a breeder—had the largest effect on LRS for both sexes: longer breeding
lifetimes resulted in more total offspring surviving to adulthood (Table 1).

For both sexes, breeding lifespan was affected by natal dispersal distance. We found that distance moved
for first pairing was associated with higher mortality in the first four years after breeding onset (Male: $Z =$
2.16, $P = 0.03$; Female: $Z = 3.36$, $P = 0.001$), but the relationship was reversed in subsequent years (Male:
$Z = -2.07$, $P = 0.04$; Female: $Z = -2.02$, $P = 0.04$). Though the median breeding lifespan for both sexes was
4 years, 37% of individuals lived past their fourth year as a breeder (Males: 73 out of 197, Females: 45 out
of 120 individuals). We obtained qualitatively similar results when we varied the interval split times
between 5-7 years post breeding (see *SI*; upper quartile of breeding lifespan: Males = 6, Females = 7 years,
Fig. S9). However, dispersal away from an established breeding territory in the event of mate switching did
not impact breeder survival for either sex (Male: $Z = -0.37$, $P = 0.71$; Female: $Z = 0.76$, $P = 0.45$).

Finally, the kinship coefficient to their mate had no effect on the likelihood of divorce in any scenario
(Males, First pairing: $Z = 0.42$, $P = 0.68$; Males, Later pairing: $Z = 0.42$, $P = 0.68$; Females, First pairing:
$Z = -0.84$, $P = 0.40$; Females, Later pairing: $Z = 0.76$, $P = 0.45$), nor was divorce more likely in cases of
pairing with first-order relatives (Males, First pairing: $Z = 1.87$, $P = 0.06$; Males, Later pairing: $Z = 0.22$,
$P = 083$; Females, First pairing: No instances of divorce when paired with a first-order relative; Females,
Later pairing: $Z = 0.52$, $P = 0.60$).

Discussion

In many animals, the costs of inbreeding avoidance, such as traversing a long distance to find an unrelated
mate, might outweigh the benefits of behaviors that can increase the likelihood of inbreeding, such as
limited dispersal [22]. Some limited risk and amount of inbreeding may be tolerated, even while behaviors
such as sex-biased dispersal and kin recognition may have evolved to prevent it [6,58,59]. In cooperatively
breeding species, where offspring often delay dispersal from their natal territory for one or more years and
frequently breed near home, fitness benefits of familiarity with the surrounding area, nepotism, or both, can
lead to extremely limited dispersal [8]. Additionally, since cooperative breeding typically arises in habitats
saturated with territories, breeders may show extreme site fidelity when pairing with a new mate [8]. Thus,
especially among long-lived species, both sexes may exhibit little propensity for movement far away from
their natal and breeding territories, thereby increasing the likelihood of pairing with closely related mates.
Here, we investigated the impact of dispersal distance and relatedness on mate choice in an avian
cooperative breeder, the Florida Scrub-Jay. This species exhibits limited dispersal for both first and
subsequent pairings. We found that fidelity to their breeding territory, more so than limited movement for
the first pairing, resulted in higher relatedness between mates than expected by random chance. Moreover,
we found that both pairing with close relatives and moving a greater distance from breeding territory were
negatively correlated with LRS, although the effects varied by sex. However, LRS did not vary with
distance moved for first pairing when controlling for breeding lifespan. As breeding lifespan is strongly
correlated with LRS, it is possible that natal dispersal distance indirectly affected LRS of both sexes via
decreased breeding lifespan. Moving away from the breeding territory, however, did not affect breeder
survival. Overall, our results suggest that while sex-biased natal dispersal mediates inbreeding avoidance
to some extent in Florida Scrub-Jays, the fitness benefits short-distance dispersal may outweigh the costs
of breeding with close relatives, resulting in inbreeding tolerance.

As expected for a highly philopatric species, we found that Florida Scrub-Jays are more closely related to
geographically closer potential mates on both their natal and breeding territories. Previous work has shown
that when pairing for the first time, Florida Scrub-Jay females move farther distances than males [32,33,34].
This sex-bias in distance moved for first pairing is reflected in our finding that females are more closely

related to potential mates (*i.e.*, males) closer to their natal territory than males are to potential mates (*i.e.*,
females). Further, even around the breeding territory, both sexes were more closely related to potential
mates at closer geographical distances. Thus, in agreement with previous work examining genetic isolation-
by-distance in this species [34], and similar to other communal or cooperatively breeding species [60,61],
Florida Scrub-Jays exhibit a viscous population structure such that inbreeding risk is elevated at shorter
dispersal distances.
385
Surprisingly, we found that despite elevated inbreeding risk at shorter dispersal distances and evidence of
inbreeding depression in our study population [3], mate choice was affected primarily by distance to mate.
We compared observed means of distance moved and kinship coefficient to mate to those expected under
a random mating scenario using a similar approach as previous studies of breeding populations of territorial
birds where most, if not all, individuals were uniquely marked [7,23,26]. However, contrary to previous
studies, we differentiated between instances of first and later pairings. We found that neither sex at either
pairing stage exhibited significantly lower than expected kinship coefficient to mates, indicating no
evidence of inbreeding avoidance. We found that the distances moved for first and later pairings are both
lower than expected under a random mating scenario for both sexes. Though female bias in distance moved
for first pairing somewhat mitigates inbreeding risk, females still show considerable philopatry, only
dispersing on average ~2 territories away for first pairings, and are thus still likely to encounter related
potential mates. Nevertheless, for both sexes, the likelihood that the observed higher degree of relatedness
to mate for first pairings occurs by random chance is more than an order of magnitude higher than that for
later pairings. We found a weaker sex bias in distance moved for later pairings, which likely leads to the
greater deviation of observed relatedness to mate than expected under a random mating scenario for later
pairings. Thus, our results suggest that fidelity to the breeding territory, more so than limited natal dispersal,
is a more frequent cause of inbreeding in Florida Scrub-Jays. To our knowledge, this is the first study to
examine the role of breeding site fidelity on inbreeding risk. The factors influencing mate choice for later
pairings might be drastically different from mate choice for first pairings [8]. Future studies on mate choice
and inbreeding patterns in this and other species would do well to take later life stages into account.
406
Significant philopatry, which has been found in both social and asocial species, can be driven by various
factors such as better access to resources and protection from predators due to prior local experience [11]
or higher habitat quality [33], lower competition due to nepotism [62,63], and high physiological costs of
dispersal [64]. Although we expected to find a pattern of kin avoidance given that inbred Florida Scrub-Jay
offspring have a lower probability of survival [3], theoretical work suggests that if the frequency and/or
cost of inbreeding is low, inbreeding avoidance mechanisms—such as kin recognition—may not evolve
[22]. Inbreeding—especially with close relatives—is relatively rare in our study population, with only 3%
of all breeding pairs resulting in consanguineous matings and only 0.01% resulting in matings between
first-order relatives. Further, the cost threshold for the evolution of inbreeding avoidance can be fairly high,
especially in the absence of numerous viable mates [22]. Since our results suggest that geographical
distance might constrain the pool of viable mates in our study population, kin discrimination and avoidance
may lead to further loss of breeding opportunities and thus may not be adaptive. Finally, breeders may
employ reproductive strategies that minimize the fitness costs of inbreeding over their lifetime in more
nuanced ways not yet detected in our study.
421
Next, we investigated how lifetime fitness varies with dispersal distance and relatedness to mates in Florida
Scrub-Jays. As predicted, we found a negative effect of both dispersal distance and relatedness on LRS and
breeder survival. The number of offspring that survived to adulthood was lower for males that mated with
closely related females for longer proportions of their breeding lifetime. On the other hand, relatedness to
mate did not significantly predict female LRS. Instead, females that moved longer distances for their later
pairings had lower lifetime fitness. This finding is contrary to other studies on avian species where breeding
dispersal increases LRS, generally because dispersers settle on territories of higher quality than their
previous territory [65–68]. Most of those studies are on species that migrate seasonally, which could

decrease the cost of acquiring a new territory at the start of the breeding season. However, Canada Jays
(*Perisoreus canadensis*), which, similar to Florida Scrub-Jays, defend year-round territories and cache
food—which could lead to higher costs of acquiring new territories and a greater benefit of site fidelity to
a familiar territory—have been found to have higher lifetime fitness when they engage in breeding dispersal
[68]. But unlike our much more stable study population [48], the study population for the Canada Jay study
is declining, which may lead to more breeding vacancies and increased fitness as a result of breeding
dispersal [68]. We further found that breeder survival decreased with farther distance moved for first
pairings, though this effect was limited to the first few years post breeding onset. Coupled with the finding
that breeding lifespan has the strongest positive effect on LRS, longer natal dispersal distance can thus
negatively affect LRS by reducing the breeding lifespan of both sexes, as has been shown previously in this
study population [37]. For individuals with a breeding lifespan of >4 years (>35% of breeders of both
sexes), survival was higher for breeders that had moved farther for their first pairing, potentially because
individuals of both sexes that disperse from their natal territory at a younger age generally disperse farther
[33].Moreover, contrary to the same previous study [37], we found that distance moved for first pairing did
not affect LRS for either sex. However, after accounting for the effect of breeding lifespan, we found that
distance moved for first pairing had no additional effect on LRS for either sex, suggesting no further effect
of dispersal distance on fitness beyond reducing breeding lifespan. Surprisingly, we did not find an effect
of the loss of the breeding territory on breeder survival in either sex.

Overall, while effects differed by sex, our results suggest that in Florida Scrub-Jays the cost of inbreeding
does not outweigh the fitness costs experienced with longer distances moved at all breeding stages, resulting
in inbreeding tolerance in accordance with theoretical expectations [22]. We note that our analysis likely
underestimates the cost of moving farther distances, since it does not include individuals who die in transit
or otherwise fail to establish as breeders as well as dispersers out of the study tract [69]. Additionally, the
relationship between distance moved for first and later pairings and lower survival and LRS may be a result
of lower-quality individuals dispersing farther and losing breeding territories rather than a cost of dispersal
itself [70,71]. Our results are similar to those found in a range of other animal taxa—including insects such
as the field cricket (*Teleogryllus commodus*) [72] and the parasitoid wasp *Venturia canescens* [73]; birds
such as the Eurasian blue tit (*Cyanistes caeruleus*) [24], great tit (*Parus major*) [27], medium ground finch
(*Geospiza fortis*) [26], collared flycatcher (*Ficedula albicollis*) [15], and red-cockaded woodpecker
(*Leuconotopicus borealis*) [23]; and mammals such as reindeer (*Rangifer tarandus*) [74], grey wolf (*Canis
lupus*) [75], and arctic fox (*Vulpes lagopus*) [75]—where higher than expected levels of inbreeding are
tolerated despite some level of inbreeding depression. Interestingly, we found no evidence that Florida
Scrub-Jays are more likely to divorce closely related or even first-order mates, suggesting that breeding
with close relatives is not simply a response to lack of mate availability [17]. Further, since reproductive
success increases with pair experience in Florida Scrub-Jays [32], mate switching due to divorce may prove
costly. While we did not find evidence of preference for closely related mates, breeding with kin is also
thought to confer kin selection benefits that may additionally contribute to inbreeding tolerance in some
species [22,76].

In summary, we show that a mate choice behavior that maximizes individual lifetime fitness—*i.e.*, short-
distance dispersal—contributes to some inbreeding in an avian cooperative breeder. Importantly, we show
that it is site fidelity at the later pairing stage, not just limited dispersal away from the natal territory, that
can lead to higher inbreeding than expected under random mating. Despite documented inbreeding
depression, we find no evidence of inbreeding avoidance. Instead, we find that individual lifetime fitness
costs of inbreeding are low enough for inbreeding tolerance and the persistence of limited dispersal. On a
population level, inbreeding tolerance in mate choice might exacerbate inbreeding depression due to
increasing population isolation. Our study underscores the importance of examining the costs and benefits
underlying mate choice at all life stages to better understand the drivers of inbreeding in species of
conservation concern. From a conservation standpoint, since large populations tend to be less inbred, our
findings also underscore the profound importance of protecting large, contiguous populations in which

successful long-distance dispersal is possible, thereby reducing levels of inbreeding to tolerable levels over

the long term.

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665 **Figures and Tables**

666
Figure 1. For both male (blue) and female (orange) Florida Scrub-Jays, mates at shorter distances from
both their natal ("First Pairings") and breeding territories ("Later Pairings") are more likely to be close
relatives. Lines indicate model fits, shaded areas 95% confidence intervals, and boxplots indicate
distribution of raw data, with points indicating outliers. We defined close relatives as opposite sex
individuals that are at least as closely related as first cousins to the focal individuals (1 = close relative, 0 =
not close relative). We included all instances where individuals become breeders for the first time that year
or switched mates (*N*: Male, First pairing = 12,111; Male, Later pairing =11,121 ; Female, First pairing =
10,800; Female, Later pairing = 10,464 possible pairings, with Male, First pairing = 426, Male, Later
Pairing = 241, Female, First pairing = 395, and Female, Later pairing = 251 unique individuals).
676

Figure 2. Observed and expected (under random mating) (A) dispersal distance and (B) relatedness to mate for male (blue) and female (orange) Florida Scrub-Jays at both the first (unfilled bars) and later (filled bars) pairing stages. Histograms show the distributions of expected means under 1000 simulations of random mating. The observed population means across all 32 years of our study period are indicated by vertical lines (solid = significant difference, dashed = no significant difference from expectations under a random mating scenario). Red shading denotes areas of the plot where data from simulated random mating scenarios would support the null hypotheses. Observed distances moved were significantly lower than expected for all four categories, while kinship coefficient to mate was higher than expected for both sexes at the later pairing stage, and females, but not males at the first pairing stage. However, the proportion of random mating iterations with mean relatedness to mate equal to or higher than observed mean (*i.e.*, within the red shading) was over an order of magnitude higher for first pairings (Males: 6.6%, Females: 4.6%) than later pairings (Males: 0.0%, Females: 0.2%).

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Figure 3. Predicted model fits investigating the effects (solid line = significant, dashed line = not
significant; shaded area = 95% confidence interval) of (A) Distance moved for first pairing, and (B)
Weighted kinship coefficients to mates on lifetime reproductive success (LRS) for Florida Scrub Jay male
(blue, triangles) and female (orange, circles) breeders with lifetime data between 1990 and 2021 (*N*: Males
= 197, Females = 120), and (C) Total distance moved for later pairings, and (D) Weighted kinship
coefficients to mates for the subset of breeders that switched mates at least once in their lifetime (*N*: Male
= 91, Female = 50). LRS is quantified as the number of offspring surviving to adulthood. Breeding lifespan
(not shown) was also included as a fixed effect in the model, since the longer a breeder lives the more
opportunities it has to accrue greater LRS. Females had reduced LRS with greater total distance moved for
later pairings, while males showed a relatively similar reduction in LRS with higher kinship to mates over
their lifetime. Points are jittered both horizontally and vertically for better visual discrimination.
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708   **Table 1.** Results of generalized linear mixed models estimating the effect of distance moved for first
709   pairings, later pairings, relatedness to mate, and breeding lifespan on lifetime reproductive success (*i.e.*,
710   number of offspring surviving to adulthood) of Florida Scrub-Jays breeders. Significant effects are in bold.
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Dataset	Sex	Fixed Effect	Estimate	Std Err	z-value	p-value
All breeders with lifetime data between 1990-2021	Male (*N*=197)	**Intercept**	0.47	0.08	5.86	**<0.001**
		Distance moved for first pairing	-0.09	0.09	-0.94	0.35
		Weighted kinship coefficient to mates	-0.34	0.12	-2.83	**0.005**
		Breeding Lifespan	0.93	0.07	13.75	**<0.001**
	Female (*N*=120)	**Intercept**	0.70	0.10	7.38	**<0.001**
		Distance moved for first pairing	-0.12	0.08	-1.43	0.15
		Weighted kinship coefficient to mates	0.03	0.08	0.31	0.76
		Breeding Lifespan	0.86	0.10	8.86	**<0.001**
Breeders with lifetime data between 1990-2021 that switched mates at least once	Male (*N*=91)	**Intercept**	1.25	0.08	14.90	<0.001
		Total distance moved for later pairings	-0.06	0.09	-0.64	0.52
		Weighted kinship coefficient to mates	-0.28	0.09	-3.05	0.002
		Breeding Lifespan	0.60	0.07	8.63	<0.001
	Female (*N*=50)	**Intercept**	1.21	0.10	12.15	<0.001
		Total distance moved for later pairings	-0.27	0.10	-2.62	0.01
		Weighted kinship coefficient to mates	-0.01	0.14	-0.04	0.97
		Breeding Lifespan	0.83	0.10	7.93	<0.001

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