Evolutionary risk analysis of mutators for the development of nitrofurantoin resistance

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Abstract

The rising prevalence of antimicrobial resistance is a significant global health crisis. However, nitrofurantoin remains an outlier, with low resistance rates despite prolonged and sustained use. This durability may stem from the requirement for two independent mutations in the *nfsA* and *nfsB* genes arising independently to confer resistance. However, microbes with elevated mutation rates known as 'mutators', are often associated with antimicrobial-resistant infections and may facilitate the independent acquisition of the two mutations needed for full resistance. We examined the role of mutators in the evolution of nitrofurantoin resistance in *Escherichia coli* using both experimental evolution and by analysing genomes of nitrofurantoin-resistant clinical isolates. In experimental populations, we found that nitrofurantoin resistance evolution was dramatically increased in mutators. Elevated mutation rates also shifted the type of resistance mutations observed from broad-impact frameshifts and indels to specific amino acid substitutions at the active sites in NfsA and NfsB. Over a third of nitrofurantoin-resistant clinical isolates possessed potentially disruptive variants in DNA replication fidelity and repair genes, though the phenotypic effects of many of these variants remain uncharacterised. Our results suggest that mutators are a potential threat to the long-term effectiveness of nitrofurantoin, and highlight a need for increased surveillance to monitor the association between mutations conferring mutator and resistance phenotypes.

Introduction

Antibiotic resistance poses profound challenges to healthcare systems; increased health care costs, prolonged illness and increased morbidity and mortality are amongst the many difficulties associated with resistance (Naghavi et al. 2024). Among the many diseases impacted by antibiotic resistance, urinary tract infections (UTIs) are a notable example. Over 150 million UTIs happen each year, with 200,000 resulting in death. Uropathic *Escherichia coli* (UPEC) is the predominant cause of UTIs, accounting for approximately 75-80% of UTI cases. Treating UTIs is becoming harder because many drugs preferred by clinicians are becoming less effective due to resistance (Paul 2018; Kot 2019).

The antibiotic nitrofurantoin, however, stands out as an exception among antibiotic treatments. Nitrofurantoin is a WHO Essential Medicine that has been in use as a treatment for UTIs since the 1950's. Despite this prolonged and steady usage, nitrofurantoin resistance rates have remained consistently low. In 2016, UK guidelines switched from trimethoprim to nitrofurantoin for most UTI cases, resulting in an increase in nitrofurantoin prescribing (Kashouris et al. 2023). Despite this, nitrofurantoin resistance has remained low at about 3%, where in contrast, resistance to the previous front-line drug, trimethoprim, has only slightly decreased from 30% to 26% (Guy et al. 2023; Kettlewell et al. 2024). This has sparked interest in understanding why nitrofurantoin remains effective, and what factors could threaten its continued efficacy (Guy et al. 2023).

Unlike many other antibiotics, nitrofurantoin resistance is almost exclusively acquired by de novo mutations, rather than horizontal gene transfer. This likely contributes to the observed low rates of resistance, as it constrains the spread of resistance between strains. Moreover, full resistance requires two independent mutations (Whiteway et al. 1998; Sandegren et al. 2008), which is likely a key element of its durability against resistance (Kettlewell et al. 2024). In E. coli and similar species, resistance requires inactivating mutations in two separate nitroreductase genes, nfsA and nfsB. Inactivation can occur via various types of mutations, including single-nucleotide variants (SNVs) at key active sites, frameshift-causing indels, disruptions by insertion sequences, and large deletions (Khamari et al. 2022). Crucially, however, the two genes cannot be inactivated by a single large deletion because they are far apart on the genome (287 kb in *E. coli* K-12, (Vallée et al. 2023); 267-337 kb in other strains) and are separated by hundreds of genes, some of which are essential (16 genes in *E. coli* K-12)(Baba et al. 2006). Mutations in a third gene, *ribE*, are linked to nitrofurantoin resistance, but are likely insufficient alone to confer full resistance (Vervoort et al. 2014).

Although the mutational basis of nitrofurantoin resistance may limit its spread, it creates a vulnerability to increased mutation rates. These higher rates can arise from defects in DNA replication and repair, leading to 'mutator' organisms. Mutators are common amongst pathogenic *E. coli*, particularly UPEC isolates (4-40% of UTI isolates) (Denamur et al. 2002; Baquero et al. 2004; Couce et al. 2016; Sokurenko 2016). The most extensively studied genes influencing mutation rates are part of the DNA mismatch repair system (*mutS*, *mutH*, and *mutL*), base excision repair (*mutM* and *mutY*) and nucleotide sanitation (*mutT*) (Fowler and Schaaper 1997; Fukui 2010; Fishel 2015; Wozniak and Simmons 2022). The core replicative polymerase, DNA polymerase III also has proofreading capabilities, specifically through the ε subunit encoded by *dnaQ* (Lovett 2011). Defects in many of these genes have been reported in both laboratory and clinical isolates (Sniegowski et al. 1997; Jolivet-Gougeon et al. 2011; Couce et al. 2016; Gifford et al. 2023; Elgrail et al. 2024) and have been linked to antimicrobial resistance (Miller et al. 2004; Jacoby 2005; Sokurenko 2016).

While it is well-established that mutators can accelerate the evolution of resistance by facilitating the acquisition of resistance mutations, it remains unclear how mutators impact nitrofurantoin resistance specifically. Previous studies have demonstrated that mutators increase the likelihood of developing resistance by enabling the sequential acquisition of mutations at separate loci (Gifford et al. 2023; Elgrail et al. 2024), but this has not been directly linked to nitrofurantoin resistance. In the case of nitrofurantoin, resistance remains relatively rare among clinical isolates, and it is unknown whether mutators play a significant role in overcoming the two-step mutation process required for full resistance. Given the widespread use of nitrofurantoin and the prevalence of mutators among pathogenic *E. coli*, it is essential to investigate the risk mutator strains pose to its continued efficacy and whether nitrofurantoin itself may drive an increase in mutator frequency.

In this study, we examined the role of mutators in nitrofurantoin resistance using experimental evolution with laboratory strains and genomic analysis of nitrofurantoin-resistant clinical isolates. We tested *E. coli* str. K-12 BW25113 with different mutation rates: wild-type (WT), a single-locus 'low' mutator (LM), and a multi-locus 'high' mutator (HM) (Gifford et al. 2023). Populations with higher mutation rates (LM, HM) evolved nitrofurantoin resistance more readily and had access to 'better', more specific nitrofurantoin-resistance mutations achieved via SNVs at active sites in NfsA and NfsB. Over a third of nitrofurantoin-resistant clinical isolates had variants in DNA replication fidelity and repair genes, including many with known mutator phenotypes. However, the evolutionary significance of these variants remains unclear in the clinical context, as there was only a slight and non-significant increase in SNV-mediated resistance.

Our results suggest that mutators may pose a risk for the development of nitrofurantoin resistance. Elevated mutation rates not only increase the likelihood of resistance but also lead to more specific resistance mechanisms targeting nitrofurantoin. Future strategies to preserve its efficacy should focus on monitoring the prevalence of mutators in UTIs, along with enhancing surveillance to detect emerging resistance.

Materials and methods

Bacterial strains and media

Bacterial strains used for the selection experiment were wild-type *E. coli* str. K-12 substr. BW25113 (WT), a 'low' single-locus mutator (LM, Δ*mutS* (Baba et al. 2006)), and a 'high' multi-locus mutator (HM). LM has an approximately 80-fold higher mutation rate than WT. HM arose in the LM genetic background during selection for resistance to a combination of rifampicin and nalidixic acid, during which a spontaneous mutation affecting DNA replication fidelity arose in *dnaQ* (T15A), in addition to mutations in *rpoB* (P564L), *gyrA* (D87G) and other genes (Gifford et al. 2023). DnaQ is the ε subunit of DNA polymerase III, which provides 3′→5′ exonuclease proofreading activity. *dnaQ* T15A occurs in the ExoI motif, one of three regions required for proofreading (Fijalkowska and Schaaper 1996; Lovett 2011; Luan et al. 2013). The mutation rate of HM is approximately 51-fold greater than LM and 1000-fold greater than WT (Gifford et al. 2023).

Cation-Adjusted Muller Hinton Broth (Muller Hinton 2, MH2) was used as the culture medium for all assays (22 g/l; Sigma-Aldrich, UK). For assays requiring solid medium, MH2 was supplemented with 15 g/l agar (BD Biosciences, UK) prior to autoclaving. All incubation was performed at 37°C, the optimal growth temperature for *E. coli*. Nitrofurantoin stock solution was made by dissolving nitrofurantoin powder (TOKU-E, USA) in DMSO (Fisher Scientific, UK) to a final concentration of 8 mg/ml. Stock solutions were filter sterilised using a PTFE 0.22 μm filter (Camlab, UK), aliquotted and

stored at −20 °C. Aliquots were thawed prior to adding to growth medium and subsequently discarded. Bacteria were stored in MH2 with 25% glycerol at −80 °C.

Nitrofurantoin minimum inhibitory concentration assays

Minimum inhibitory concentration (MIC) assays were performed on nitrofurantoin-susceptible WT, LM and HM strains (0.25–32 µg/ml), and nitrofurantoin-resistant isolates arising from the selection experiment described below (16–512 µg/ml). Glycerol stocks were streaked to singular colonies on MH2 agar plates and left to incubate overnight. MH2 broth was then inoculated with a singular colony for each strain and a 10-fold dilution was performed so that the final concentration of bacterial cells within MH2 broth was $5×10^6$ cells/ml. Cultures were grown in 200 µl volumes within 96-well plates (Nunc, Fisher Scientific, UK). After overnight growth, optical density (OD) readings at 600 nm were taken using a BMG FLUOStar Omega reader (BMG Labtech, Ortenberg, Germany). MIC was recorded as the minimum concentration needed to inhibit growth.

Selection experiment with nitrofurantoin

To investigate the role of mutation rate in antibiotic resistance development, a selection experiment was performed using the WT, LM and HM strains. We exposed bacteria to increasing concentrations of nitrofurantoin over the course of an eight-day experiment. The increasing selective pressure drives resistance evolution and results in the generation of drug-resistant bacterial isolates. To initiate populations, freezer stocks of WT, LM and HM bacteria were inoculated into 5 ml of MH2 broth (without nitrofurantoin) via an ice scrape. Cultures were left to incubate overnight. After growth, parallel cultures were distributed across six 96-microtitre plates (n = 360 populations per strain).

On day 1 of the experiment, MH2 containing 4 µg/ml nitrofurantoin was inoculated with cultures via pin replication from the plate containing the overnight cultures, and subsequently left to incubate overnight. On each subsequent day (days 2-8), fresh nitrofurantoin selective media was inoculated with bacteria via pin replication from the previous days' plate. During days 1-5, media contained 4 µg/ml (0.25×MIC). The concentration was then doubled daily from day 6 onwards, with bacteria being exposed to 8 µg/ml (0.5×MIC) on day 6, 16 µg/ml (1×MIC) on day 7, and 32 µg/ml (2×MIC) on day 8. OD readings were taken each day to measure bacterial growth and establish population extinction (OD<0.05). At the end of the experiment, surviving populations were stored in MH2 and glycerol (25%) at −80 °C.

Growth assays of resistant strains

To analyse growth parameters, growth assays were conducted on nitrofurantoin resistant and nitrofurantoin susceptible ancestral WT, LM and HM bacteria. Freezer stocks of isolates were streaked to singular colonies on MH2 agar and left to incubate overnight. The following day, MH2 broth was inoculated with a singular colony from each plate and was left to incubate overnight. Overnight cultures were transferred into a 96-well plate and 1 µl of culture was transferred via pin replication into a plate containing fresh MH2 media. The plate was then immediately placed in the plate reader and left to grow at 37°C for 24 hours, OD readings at 600 nm were taken every 15 minutes.

Whole genome sequencing of experimentally-evolved resistant isolates

Whole genome sequencing was used to characterize the genetic changes associated with nitrofurantoin resistance in the three genetic backgrounds. A total of 30 experimentally evolved nitrofurantoin resistant isolates (ten isolates from each of the WT, LM and HM backgrounds) were sequenced. Sequencing was performed by MicrobesNG (https://www.microbesng.com, Birmingham, UK) and samples were prepared according to their protocols. Trimmed reads were aligned to the reference genome of *E. coli* str. K-12 substr. BW25113 (Grenier et al. 2014). Mutation calling was performed with breseq (version 0.38.0) (Deatherage and Barrick 2014).

Genomic analysis of nitrofurantoin-resistant clinical isolates

We analysed the genomes of nitrofurantoin-resistant clinical isolates for variants in DNA replication fidelity and repair genes. A total of 43 isolates were described in two recent papers (Wan et al. 2021; Dulyayangkul et al. 2024). Genomes were obtained from the European Nucleotide Archive (BioProject accessions PRJEB38850 and PRJEB72122). Raw Illumina sequence reads were trimmed using Trim Galore (version 0.6.10, https://github.com/FelixKrueger/TrimGalore), which combines Cutadapt (Martin 2011) and FastQC (version 0.12.0, https://www.bioinformatics.babraham.ac.uk/projects/fastqc/).

Trimmed reads were assembled into contigs using Spades (version 4.0.0), (Prjibelski et al. 2020), and assemblies were annotated using Prokka (version 1.14.5) (Seemann 2014).

From the annotated genomes, we extracted amino acid sequences for genes of interest into a single multi-FASTA file per gene. This included nitrofurantoin resistance genes *nfsA* and *nfsB,* and genes implicated in DNA replication fidelity and repair, including the genes involved in LM and HM, *mutS* and *dnaQ*, and others, including *mutH*, *mutL*, *mutT*, *mutY*, *mutM*, *nth*, *ung*, *uvrA*, *uvrD* (Fowler and Schaaper 1997; Fowler et al. 2003; Garushyants et al. 2024). To identify variants in these genes, we performed multiple sequence alignment of on translated amino acid sequences using Clustal Omega (Sievers and Higgins 2018). For one isolate, the *mutS* mapped across contigs, which were annotated by Prokka as two separate protein fragments; we additionally used NCBI BLAST on the nucleotide sequence upstream and downstream of the partial *mutS* gene fragments to detect whether its coding sequence had been disrupted, e.g. by an insertion or inversion.

We used two approaches to predict the impact of each variant on protein function. First, we conducted a literature search to determine if specific variants had previously been reported to have a mutator effect. Additionally, we reviewed publications for each gene to assess any known structural or functional importance of the identified residues and the potential for the identified variant to disrupt secondary structure. Second, we used SIFT (Sorting Intolerant from Tolerant) to predict the impact of amino acid substitutions based on sequence conservation (Ng and Henikoff 2003; Sim et al. 2012). SIFT calculates a score for each variant, with scores below 0.05 indicating a predicted deleterious effect on protein function, suggesting potential disruption or loss of activity.

Calculation of protein disruption scores for *nfsA* and *nfsB* SNVs

For all SNVs identified in *nfsA* and *nfsB* in the experimental and clinical isolates, we also calculated a SIFT score to predict the impact of each substitution on protein function. These scores were used to assess whether the identified SNVs were likely to contribute to nitrofurantoin resistance through loss of function in NfsA or NfsB.

Statistical analysis

All data handling statistical analyses were performed using the R statistical computing environment (R Core Team 2024) (version 4.4.0) using the tidyverse libraries (Wickham et al. 2019).

Results

Increased mutation rate increases the probability of evolving nitrofurantoin resistance in experimental *E. coli* populations

Over the time-course of the experiment, population survival differed markedly between WT, LM and HM populations (**Figure 1A**). A binomial logistic regression indicates differences in survival probability between strains was significant, and that the decline in survival over time was different between WT, LM and HM populations (χ^2 = –96.3, p < 0.0001). WT populations declined sharply over days 6 to 8 (8 µg/ml to 32 µg/ml), with only 28.3% surviving at the final concentration. The largest decrease in WT survival was observed on day 7 of the study, when the MIC of nitrofurantoin (16 µg/ml) was reached. Over the same time-period, a slight decline in survival was observed for LM populations (83.3% surviving), but no decline was observed for HM populations (93.3% surviving).

In contrast, differences in the population density of surviving populations was higher in WT and LM than HM (**Figure 1B**). We analysed this data using linear regression, with strain, day and their interaction as independent variables (Adjusted R^2=0.35, $F_{5,2472}$ = 262.5, $p < 0.00001$). The density of surviving populations increased significantly over time (t_1 = 7.7, $p < 0.00001$), despite the increasing antibiotic concentrations. WT and LM populations were consistent in density across the experiment (t_2 = 1.6, p = 0.1), and increased slightly less over time than HM populations (t_1 = –2.3, p = 0.02). Density of HM populations remained lower than WT populations over the course of the experiment (t_2=17.8 $p < 0.00001$), but did increase more over time than WT populations (t_1=6.3, $p < 0.0001$). At the conclusion of the experiment, although WT populations had lowest probability of survival, the population densities were on par with LM. In contrast, HM, which had greatest probability of survival, had the lowest density across the time-course of the experiment. This was due to an initial fitness deficit relative to WT and LM, which was not fully ameliorated this deficit by its conclusion.

Wild-type and mutator isolates accessed distinct mutational spectra in experimental *E. coli* populations

Whole genome sequencing was performed to identify mutations acquired by experimentally evolved WT, LM and HM isolates (**Figure 2**, **Table S1**). The three strains exhibited differences in both the number and spectrum of mutations that had been acquired. Across the genome, there were roughly log-fold differences in the number of new mutations appearing in isolates from the WT, LM and HM genetic backgrounds, 3.22 ± 0.972 S.D., 20.7 ± 4.55 S.D., and 376 ± 56.3 S.D. mutations, respectively (**Figure 2**). Genome wide, single-nucleotide variants (SNVs) were more commonly observed in LM and HM isolates compared to WT isolates, which had a more even split between SNVs, mobilisation of insertion sequences (IS), and indels. The bulk of mutations in both LM and HM were transition mutations (i.e. GC>AT and AT>GC), which is typical in strains that have *mutS* deletions. HM had more than twice as many GC>AT as AT>GC mutations (2.46 ± 0.300 S.D.), compared to LM isolates where this ratio was closer to parity (1.14 ± 0.481 S.D.). This change in mutation rate and spectrum reflects the underlying distribution of spontaneous mutations prior to selection, as has previously been characterised for a strain defective in both MMR and DnaQ (Shibai et al. 2023).

Across all three genetic backgrounds, mutations occurred in 2393 genes, more than half of the *E. coli* K-12 genome (**Figure 2B**). Aside from resistance genes, only a handful were found in common between WT, LM and HM isolates, namely *flhD* and *lrhA*, both related to the expression of flagella. These changes likely represent adaptation to the serial transfer protocol (see methods). *xapA* and *ygeX* mutations were also found in both WT and HM isolates, but their functional significance is unknown. LM and HM isolates shared a larger number of genes, which included *acrA* and *mprA* involved in multi-drug resistance. Additional targets common between LM and HM were related to biofilm production, including pilin and fimbriae genes, which may also represent adaptation to the serial transfer protocol. However, the functional significance of the majority of the LM and HM mutations is unclear. Many are likely neutral, as they tended to be synonymous SNVs, conservative non-synonymous SNVs, intergenic (and not in regulatory regions), or in pseudogenes. Their frequency may have increased due to hitch-hiking with resistance mutations.

Additional mutations in multidrug efflux mechanisms were found in LM and HM isolates, but not in WT isolates (**Figure 2B**), indicating that high mutational supply may drive resistance to multiple antibiotics. Mutations occurred in genes encoding major efflux pumps, including EmrAB-TolC, AcrAB-TolC, AcrAD-TolC, and AcrEF-TolC. Loss-of-function mutations in *emrR* (*mprA*), a regulator of *acrAB* and *emrAB*, were also identified in several LM and HM isolates, potentially increasing efflux activity. Previous studies have shown that such mutations can modestly increase nitrofurantoin MIC when combined with *nfsA* and *nfsB* (Puértolas-Balint et al. 2020). Mutations in *tolC* were also observed in HM isolates. The importance of RND and ABC family pumps in this experiment is, however, less clear. Some HM isolates had putatively inactivating mutations in RND family pump genes, including *acrB*, *acrD* and *acrF*. Non-conservative amino acid substitutions were also seen in ABC genes *macA* and *macB*. MacAB-TolC is reportedly specific for macrolides (Teelucksingh et al. 2020), so it is unclear whether these mutations are functionally significant.

Mutational spectrum alters the type of resistance mutations occurring in *nfsA* and *nfsB*, but not nitrofurantoin resistance phenotypes

Nitrofurantoin-resistant isolates from all strains had mutations in *nfsA*, and nearly all also had mutations in *nfsB* (**Table 1**). The sole exception was a single WT isolate with a large deletion involving *marA; nfsA* and *nfsB* are both part of the mar-sox-rob regulon, so this likely reduces expression of both genes (Chubiz 2023). There was significant diversity in *nfsA* and *nfsB* mutations, which included SNVs, small indels, large deletions, and IS disruptions (**Figure 3)**. Mutation types varied by strain: WT isolates primarily had IS disruptions and large deletions, while LM and HM isolates showed a higher proportion of SNVs and small indels causing frameshift mutations; this likely reflects differences in their mutational supply. For LM, frameshifts in homopolymeric tracts were particularly common, which is characteristic of Δ*mutS* (Foster and Trimarchi 1994; Harfe and Jinks-Robertson 1999). These likely cause inactivation of protein function. For HM, SNVs in residues with characterised roles in protein function or at highly conserved sequence regions. This was particularly evident for *nfsA*, where functionally important residues were mutated in seven isolates. Notable examples were H11Y (CAT→TAT, four isolates), S13F (TCC→TTC, one isolate) and R203H (CGT→CAT, one isolate). H11 and S13F are important for hydrogen bonding between residues, and R203 is involved in the interaction between NfsA and its substrates, i.e. NADPH or nitrofurantoin (Kobori et al. 2001). All of these involve GC>AT mutations, which are elevated in HM.

To determine the level of nitrofurantoin resistance gained by experimentally evolved isolates, MIC assays were performed on both ancestral and experimentally evolved WT, LM and HM isolates (**Figure 4**). Isolates from the WT populations showed the lowest level of nitrofurantoin resistance (median = 32 µg/ml). Isolates from LM and HM populations gained a higher level of resistance than WT isolates (median = 64 µg/ml). While slightly more HM isolates had a MIC of 64 µg/ml, some LM isolates achieved a higher maximum level of resistance, with a small proportion of LM cultures attaining a MIC value of 128 µg/ml. However, overall, there was no effect of strain on nitrofurantoin MIC values obtained for evolved isolates (one-factor ANOVA, strain: $F_{2,28} = 0.13$, $p = 0.88$). MIC was also not significantly affected by the number of mutations acquired within strains (two-factor ANOVA, strain: $F_{2,21} = 0.94$, $p = 0.41$, mutation count: $F_{1,21} = 0.05$, $p = 0.83$, interaction: $F_{2,21} = 1.34$, $p = 0.28$), nor the presence of mutations in efflux pump systems (two-factor ANOVA, strain: $F_{2,22} = 0.92$, $p = 0.41$, mutation count: $F_{2,22} = 0.77$, $p = 0.39$, interaction: $F_{2,28} = 0.44$, $p = 0.51$).

Growth assays were performed on ancestral strains and the sequenced WT, LM and HM resistant isolates (n=10 each), to identify whether mutation rates had an impact on growth of resistant strains in the absence of antibiotic (**Figure 5**). We analysed the effect of strain, and log-transformed mutation count within strain on growth, and found no effect of mutation count within strain (nested ANOVA: strain $F_{2,54} = 104.9$, $p < 0.0001$, $\log_{10}$ mutation count within strain $F_{3,54} = 0.065$, $p = 0.98$). Tukey post-hoc comparisons indicated that HM isolates were less fit than both WT isolates ($p < 0.00001$) and LM isolates ($p < 0.00001$), but that WT and LM isolates did not differ ($p = 0.99$). Moreover, WT and LM isolates were indistinguishable from their susceptible ancestral strains, suggesting the absence of a fitness cost of resistance. In contrast, HM isolates exhibited reduced growth relative to WT and LM isolates, but also improved in growth relative to their nitrofurantoin-susceptible ancestral strain. We also estimated growth parameters from the growth curves, i.e., maximum growth rate, carrying capacity, and doubling time (**Figure S1 A-D**). Estimated growth parameters also tended to be greater for WT and LM isolates than for HM.

Association between nitrofurantoin resistance mutations and variation in DNA replication fidelity and repair in clinical *E. coli* genomes

We analysed the genomes of nitrofurantoin-resistant clinical isolates (Wan et al. 2021; Dulyayangkul et al. 2024) to determine whether resistance co-occurs with variants in DNA replication fidelity and repair genes. Clinical isolates had similar types of mutations in *nfsA* and *nfsB* as observed in our evolution experiment. Notably, IS disruption, while detected in clinical isolates, did not occur as frequently as in the selection experiment. We found variants in DNA replication fidelity and repair genes for 17/43 isolates (39.5%, **Figure 5, Table S2**). These isolates were more likely to have nitrofurantoin resistance encoded by SNVs than those without (*nfsA*: 62.5% vs. 55.6%, *nfsB*: 81.2% vs. 55.6%, **Table S3**), although the patterns were less striking than in our selection experiment and were not statistically significant (Fisher's exact tests, *nfsA*: $p = 0.85$; *nfsB*: $p = 0.14$). Identified variants involved genes for mismatch repair (*mutS* integrase and IS disruption, *mutH* Q20L and A73G, and *mutL* A350P and A503S), base excision repair (*mutM* P36L), nucleotide sanitation (*mutT* P36S) and DNA polymerase III subunit ε (*dnaQ* A101T). These variants either had a previously-described effect on mutation rates, were computationally predicted to disrupt function by SIFT, or were a substitution known to affect secondary structure in a functionally-important region. The nature of the variants detected is described in the Supplementary Information.

Computational predictions of the impact of *nfsA* and *nfsB* SNVs observed in experimental and clinical isolates

We observed a variety of mutation types in *nfsA* and *nfsB*, some of which clearly disrupt protein function, which is essential for nitrofurantoin resistance. Others, such as SNVs, are less straightforward to interpret and may not contribute to resistance. We therefore used the computational tool SIFT to predict the likelihood that the SNVs would disrupt protein function. SIFT scores for SNVs in *nfsA* (Table 2) and *nfsB* (Table 3) were analysed for both experimental and clinical isolates. Most experimental isolates had only a single SNV, which was predicted by SIFT to disrupt protein function. However, three SNVs in *nfsB*—L33P, L34P, and E102K—were not predicted to be disruptive. These mutations occurred in α-helices and involve amino acids known to affect helix structure (Javadpour et al. 1999), suggesting they may still impair function. In contrast, many clinical isolates harboured multiple SNVs in both *nfsA* and *nfsB*. Nearly all clinical isolates with SNVs in *nfsA* (11/12) had at least one variant predicted to be disruptive. However, many clinical isolates with multiple SNVs in *nfsB* (11/20) had no individual variant predicted to disrupt function. Additionally, we generated SIFT matrices

for all possible amino acid substitutions in both NfsA and NfsB, which can be used to identify potentially disruptive SNVs in other isolates (**Tables S5** and **S6**).

Discussion

Nitrofurantoin has maintained a remarkable durability against resistance in the face of sustained usage. Resistance to nitrofurantoin can develop through spontaneous mutations, but requires two independent mutations in different genes—a challenge for bacteria with wild-type mutation rates, but one that mutator organisms stand a chance of overcoming (Gifford et al. 2023). We used experimental and genomic approaches to determine whether mutators contribute to nitrofurantoin resistance. Experimental selection for nitrofurantoin resistance demonstrated that mutators are more likely to evolve resistance compared to wild-type organisms, with multi-locus mutators showing an even higher probability than single-locus mutators (**Figure 1**). In all strains, resistance involved mutations in the canonical genes for nitrofurantoin resistance, but the specific mutations varied, reflecting differences in the mutational supply of each strain (**Figure 3**, **Table 1**). Additionally, mutators acquired multi-drug resistance mechanisms, indicating a broader threat to antibiotic treatment.

Mutators not only increased the likelihood of nitrofurantoin resistance but also influenced the type of resistance mutations observed. In particular, multi-locus mutator (HM) isolates accessed more 'refined' mutations targeting specific active sites within the NfsA and NfsB proteins. These mutations may have fewer pleiotropic effects compared to the 'blunt' mutations found in wild-type (WT) isolates, which were mainly large deletions and IS disruptions, or the single-locus mutator (LM) isolates, which mostly involved frameshifts in mononucleotide repeats, and premature stop codons. Loss-of-function mutations are not always equivalent in their phenotypic effects (Hottes et al. 2013). However, increased refinement did not provide an observable benefit, as HM isolates neither exhibited a higher MIC (**Figure 4**) nor improved growth in the presence or absence of nitrofurantoin (**Figure 5**). The inherent fitness deficit of the HM strain may have masked any potential advantages.

While mutators provided a clear advantage in our experimental system, the role of mutators in the clinical context is less clear. We identified variants in DNA replication fidelity and repair genes in over a third of nitrofurantoin-resistant clinical isolates that we analysed (**Figure 6**), which is at the higher end of mutator frequencies reported for pathogenic *E. coli* (Denamur et al. 2002; Baquero et al. 2004; Couce et al. 2016). Variants observed included those with known effects on mutation rate, as well as several others that are predicted to disrupt function. These variants were associated with an increase in the proportion of resistance mutations conferred by SNVs in *nfsA* and *nfsB*, although the differences were not statistically significant. Future work should consider surveillance for mutators and a more comprehensive phenotypic characterisation of circulating variants in DNA replication fidelity and repair genes.

The diversity of resistance-conferring mutations in *nfsA* and *nfsB* underscores the difficulty of predicting nitrofurantoin resistance from genomic data (Khamari et al. 2022; Dulyayangkul et al. 2024). Current prediction tools, such as CARD and AMRFinder+, only contain a small fraction of potential resistance mutations. While frameshifts, premature stop codons and insertion sequences usually indicate loss-of-function, predicting the effects of SNVs is more challenging. Several computational tools exist for predicting the impact of amino acid substitutions on protein function (Yazar and Özbek 2021). While none are specifically designed for antimicrobial resistance, they may still offer valuable predictions. Previous studies found PROVEAN scores correlated well with nitrofurantoin resistance (Zhang et al. 2018; Mottaghizadeh et al. 2020; Sorlozano-Puerto et al. 2020; Wan et al. 2021). Here we used SIFT, which predicted disruption for most of the *nfsA* and *nfsB* SNVs in our experimental isolates. However, prediction in clinical isolates with multiple SNVs becomes more difficult when no individual SNV is scored as disruptive. In these cases, disruption may arise from epistatic interactions between multiple SNVs, which cannot be inferred independent-site models like SIFT. Approaches that account for epistasis, such as direct coupling analysis (DCA, (Figliuzzi et al. 2016, Vigué and Tenaillon 2023), could better identify synthetically disruptive SNV combinations.

Beyond nitrofurantoin, mutators present a broader challenge for constraining antibiotic resistance. This is particularly problematic for other antibiotics where resistance is conferred by mutations rather than horizontal gene transfer. Ciprofloxacin is one such antibiotic also used to treat UTIs, where combinations of diverse SNVs in DNA gyrase (*gyrA*, *gyrB*) and topoisomerase IV (*parC*) are linked to high level resistance, and mutators may have contributed to this (Huseby et al. 2017). Mutators and elevated mutation rates are a problem for managing non-bacterial infections. Mutators have been described for the emerging fungal pathogen *Candida auris*, which has exceedingly high rates of

antifungal resistance compared to other *Candida* species (Burrack et al. 2022). High mutation rates associated with RNA viruses have also been implicated in treatment failure (Duffy 2018), and variants have also been discovered in the replicative RNA polymerase of SARS-CoV-2 (Pachetti et al. 2020). Addressing the role of mutators, and high mutation rates more generally, is therefore crucial for developing strategies to curb the spread of treatment resistant infectious disease.

Conclusion

Collectively, our results indicate that mutators could affect nitrofurantoin resistance in multiple ways. Elevated mutation rates not only increase the likelihood of resistance emerging but also facilitate the development of more specific resistance mechanisms tailored to nitrofurantoin without broadly impacting other genes. Given the wider evidence linking mutators to antibiotic resistance, future research should prioritise examining the role of mutators in clinical infections and their connection to the emergence of nitrofurantoin resistance. This is particularly important as mutation-driven resistance may develop during the course of treatment. The switch to nitrofurantoin as a first-line choice against UTIs, in the UK and elsewhere, may exacerbate this problem.

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Data availability statement

All data are available from Figshare (doi:10.48420/27119436). Genome sequences generated in this study are archived at the European Nucleotide Archive (ENA, BioProject accession PRJEB80644). Genome sequences of clinical nitrofurantoin-resistant isolates were made available by the original authors at the ENA (BioProject accessions PRJEB38850 and PRJEB72122).

Author contributions

Conceptualisation: DRG. Initial manuscript draft: RK, DRG. Performed experiments: RK, JF. Analysed data: RK, DRG. Supervisory roles: DRG, JF. Initial manuscript draft: RK. Edited and approved the manuscript: all authors.

Competing interests

The authors declare no competing interests.

Table 1: *nfsA* and *nfsB* mutations in nitrofurantoin-resistant lineages of *E. coli* str. K-12 substr. BW25113 experimental evolution. Ten isolates were sequenced from wild-type (WT), low mutator (LM) and high mutator (HM) populations. IS–insertion sequence, (+)/(–)–indicates orientation of IS insertion on forward/reverse strand, Δ—deletion, +—insertion.

Strain	Isolate	Position	Mutation	Effect/substitution	Position	Mutation	Effect/substitution
WT	B4	P6	887,029 +T	Frameshift	600,743 TGG→TGT	W46C
	B6	P4	886,689 IS*1* (–)	IS insertion	600,285 IS*1* (+)	IS insertion
	D7	P4	886,784 ΔA	Frameshift	571,242 Δ53,996 nt	Δ53 genes including *nfsB*
	G5	P3	886,311 IS1 (–)	Disrupts promoter	598,738 Δ4,262 nt	Δ*pheP–ybdK* including *nsfB*
	G7	P1	887,139 AAG→ATG	K167M	600,840 IS*5* (–)	IS insertion
	G7	P2	886,784 ΔATTC	Frameshift	600,878 ATG→ATA	Loss of start codon
	G7	P4	887,313 IS*30* (–)	IS insertion	600,457 CAG→TAG	Q142*
	G7	P5	887,313 IS*30* (–)	IS insertion	600,457 CAG→TAG	Q142*
	G9	P1	887,139 IS*1* (–)	IS insertion	600,661 +T	Frameshift
	G9	P2	886,601 Δ101 nt	Δ*ybjC–nfsA*	1,602,202 Δ12,443 nt	Δ15 genes including *marA* (activator of *nfsA* & *nfsB*)
LM	B7	P1	887,273 TGG→CGG	W212R	600,429 CTG→CCG	L151P
	B9	P2	886,784 ΔA	Frameshift	600,823 $T_6 \rightarrow T_7$	Frameshift
	C2	P5	887,273 TGG→CGG	W212R	600,599 TGG→TGA	W94*
	C2	P6	887,116 TGG→TGA	W159*	600,823 $T_6 \rightarrow T_7$	Frameshift
	C8	P4	887,115 TGG→TAG	W159*	600,823 $T_6 \rightarrow T_5$	Frameshift
	E3	P5	887,291 CGA→TGA	R218*	600,823 $T_6 \rightarrow T_7$	Frameshift
	E5	P3	886,767 $T_6 \rightarrow T_7$	Frameshift	600,847 TCC→CCC	S12P
	E5	P6	887,222 CAA→TAA	Q195*	600,541 Δ1 nt	Frameshift
	F2	P3	886,749 ACG→AAG	T37K	600,840 IS*5* (+)	IS insertion
	F6	P2	887,109 CTT→CCT	L157P	600,747 CCG→CTG	P45L
HM	C5	P1	887,000 TCG→CCG	S121P	600,623 $T_5 \rightarrow T_6$	Frameshift
	C5	P6	886,843 $A_5 \rightarrow A_6$	Frameshift	600,273 ΔT	Frameshift
	D6	P5	886,670 CAT→TAT	H11Y	600,577 GAA→AAA	E102K
			887,247 CGT→CAT	R203H		
	D8	P2	886,677 TCC→TTC	S13F	600,823 $T_6 \rightarrow T_5$	Frameshift
	D8	P6	886,670 CAT→TAT	H11Y	600,750 CAG→CGG	Q44R
	F3	P3	886,670 CAT→TAT	H11Y	600,852 CGT→CAT	R10H
	F7	P5	886,757 TCC→CCC	S40P	600,439 GGT→AGT	G148S
	G4	P1	886,896 CAT→CGT	H86R	600,783 CTA→CCA	L33P
	G4	P3	886,767 $T_6 \rightarrow T_7$	Frameshift	600,319 GTT→TTT	V188F
	G6	P4	886,670 CAT→TAT	H11Y	600,780 CTG→CCG	L34P
			886,345 intergenic C→T	Putative promoter disruption		

Table 2: SIFT scores of *nfsA* variants from laboratory experimental evolution and clinical isolates with confirmed nitrofurantoin resistance phenotypes. Residues predicted by SIFT to disrupt function are indicated with * and bold type. Data for individual isolates available in **Table S3**.

Isolate source	No. isolates	Variant			SIFT score	Residue conservation	Sequence annotation	Publication
lab and clinical	*n* = 4 (HM) *n* = 1	**H**	**11**	**Y**	**<0.001***	3.22	hydrogen bonding	This study, Dulyayangkul et al. 2024
lab and clinical	*n* = 2 (LM) *n* = 1, *n* = 1	**W**	**212**	**R**	**<0.001***	3.22	α-helix	This study, Wan et al. 2021, Dulyayangkul et al. 2024
lab	*n* = 1 (HM)	**S**	**13**	**F**	**<0.001***	3.22	buried residue	This study
lab	*n* = 1 (HM)	**T**	**37**	**K**	**0.01***	3.22	next to binding site	This study
lab	*n* = 1 (HM)	**S**	**40**	**P**	**<0.001***	3.22	binding site	This study
lab	*n* = 1 (HM)	**H**	**86**	**R**	**<0.001***	3.22	α-helix	This study
lab	*n* = 1 (HM)	**S**	**121**	**P**	**0.04***	3.22	α-helix	This study
lab	*n* = 1 (LM)	**L**	**157**	**P**	**0.01***	3.22	β-sheet	This study
lab	*n* = 1 (WT)	**K**	**167**	**M**	**<0.001***	3.22	none	This study
lab	*n* = 1 (LM)	**R**	**203**	**H**	**<0.001***	3.22	binding site	This study
clinical	*n* = 2	**A**	**34**	**V**	**0.01***	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	E	58	D	0.18	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	**L**	**101**	**R**	**0.01***	3.22	α-helix	Wan et al. 2021
clinical	*n* = 1	**A**	**112**	**E**	**0.01***	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	**A**	**112**	**T**	**0.01***	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 9	I	117	T	0.24	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 9	K	141	E	1.00	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	**L**	**157**	**F**	**0.03***	3.22	β-sheet	Dulyayangkul et al. 2024
clinical	*n* = 1	A	172	S	0.49	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	E	178	G	0.07	3.22	none	Dulyayangkul et al. 2024
clinical	*n* = 9	G	187	D	0.66	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	A	188	V	0.27	3.22	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 3	**R**	**203**	**C**	**<0.001***	3.22	binding site	Dulyayangkul et al. 2024

Table 3: SIFT scores of *nfsB* variants from laboratory experimental evolution and clinical isolates with confirmed nitrofurantoin resistance phenotypes. Residues predicted by SIFT to disrupt function are indicated with * and bold type. Data for individual isolates available in **Table S3**.

Isolate source	No. isolates	Variant			SIFT score	Residue conservation	Sequence annotation	Publication
lab	*n* = 1 (HM)	**R**	**10**	**H**	**<0.001***	3.03	binding site	This study
lab	*n* = 1 (LM)	**S**	**12**	**P**	**0.03***	3.03	binding site	This study
lab	*n* = 1 (HM)	L	33	P	0.17	3.03	α-helix	This study
lab	*n* = 1 (HM)	L	34	P	0.26	3.03	α-helix	This study
lab	*n* = 1 (HM)	**Q**	**44**	**R**	**0.01***	3.03	none	This study
lab	*n* = 1 (LM)	**P**	**45**	**L**	**<0.001***	3.03	none	This study
lab	*n* = 1 (WT)	**W**	**46**	**C**	**<0.001***	3.03	β-sheet	This study
lab	*n* = 1 (HM)	E	102	K	0.51	3.06	α-helix	This study
lab	*n* = 1 (HM)	**G**	**148**	**S**	**0.04***	3.03	α-helix	This study
lab	*n* = 1 (LM)	**L**	**151**	**P**	**0.01***	3.03	α-helix	This study
lab	*n* = 1 (HM)	**V**	**188**	**F**	**0.03***	3.08	binding site	This study
clinical	*n* = 1	**P**	**38**	**L**	**0.01***	3.03	α-helix, next to binding site	Wan et al. 2021
clinical	*n* = 1	**W**	**46**	**R**	**<0.001***	3.03	β-sheet	Dulyayangkul et al. 2024
clinical	*n* = 1	**K**	**57**	**E**	**0.02***	3.03	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 12	G	66	D	0.05	3.04	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	M	75	I	0.36	3.03	α-helix, next to binding site	Dulyayangkul et al. 2024
clinical	*n* = 1	**F**	**84**	**S**	**0.01***	3.03	β-sheet	Dulyayangkul et al. 2024
clinical	*n* = 13	V	93	A	0.64	3.03	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	R	121	C	0.05	3.03	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	M	127	I	0.31	3.17	α-helix	Wan et al. 2021
clinical	*n* = 1	E	137	Q	0.41	3.15	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	**Q**	**142**	**H**	**<0.001***	3.03	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	G	153	D	0.09	3.03	α-helix	Wan et al. 2021
clinical	*n* = 1	**P**	**163**	**H**	**<0.001***	3.03	binding site	Dulyayangkul et al. 2024
clinical	*n* = 1	**E**	**165**	**K**	**<0.001***	3.03	binding site	Dulyayangkul et al. 2024
clinical	*n* = 1	**L**	**172**	**F**	**<0.001***	3.07	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 12	A	174	E	1.00	3.07	α-helix	Dulyayangkul et al. 2024
clinical	*n* = 1	**V**	**191**	**G**	**0.02***	3.08	β-sheet	Dulyayangkul et al. 2024
clinical	*n* = 2	G	192	D	0.06	3.08	β-sheet	Wan et al. 2021

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Figures

Figure 1. Elevated mutation rates increase the probability of nitrofurantoin resistance evolution, but not the density of surviving populations. A) Percentage of surviving populations founded by wildtype (WT), low mutator (LM) and high mutator (HM) strains over the course of the selection experiment, revealing a marked advantage for mutators in surviving nitrofurantoin treatment. **B)** For surviving populations only, surviving WT and LM populations had similar population density across the time-course of the experiment, whereas HM populations had reduced density (OD600— optical density at 600nm).

Figure 2: The overlap between genetic targets of nitrofurantoin selection is underpinned by distinct mutational spectra in wild-type and mutator isolates of *E. coli*. A) Venn diagram illustrating the overlap of genes mutated in wild-type (WT), low mutator (LM) and high mutator (HM) isolates strains resulting from experimental selection for nitrofurantoin resistance. Genes in white text indicate those specific to nitrofurantoin resistance. **B)** Stacked bar plots displaying the number and types of mutations observed per isolate, showing distinct rates and spectra of mutations in each strain.

Figure 3: Increased mutation rate alters the types of mutations observed in *nfsA* and *nfsB* in experimentally-evolved nitrofurantoin resistant isolates of *E. coli*. A) Distribution of mutation types in *nfsA*. B) Distribution of mutation types in *nfsB*. IS disruption—disruption of the coding sequence due to an insertion sequence. Large deletion—deletion of >100 nt, potentially involving multiple genes. Frameshift—small insertion/deletion mutations causing a disruption to the reading frame of the gene. SNV—single nucleotide variant.

Figure 4: Distribution of minimum inhibitory concentrations (MICs) from experimentally evolved nitrofurantoin-resistant isolates. Resistant isolates arose in populations founded by wildtype (WT), low mutator (LM) or high mutator (HM) strains.

Figure 5: Nitrofurantoin resistance imposed minimal fitness costs relative to susceptible ancestor strains in experimentally evolved isolates, irrespective of the number of genomic mutations acquired. Growth was assessed as the area under the curve (AUC) from growth curves measured by optical density at 600 nm (OD600nm). A total of 10 isolates were measured for each strain type: wild-type (WT), low mutator (LM), and high mutator (HM). Additional growth parameters are provided in **Figure S1**.

Figure 6: Types of *nfsA* and *nfsB* inactivating mutations nitrofurantoin-resistant clinical isolates with and without variants in DNA replication fidelity and repair genes . A) Distribution of mutation types in *nfsA* among isolates with or without variants in DNA replication fidelity and/or repair genes. **B)** *nfsA* mutation types linked to specific DNA replication fidelity and/or repair genes. **C)** Distribution of mutation types in *nfsB* among isolates with or without variants in DNA replication fidelity and/or repair genes. **D)** *nfsB* mutation types linked to specific DNA replication fidelity and/or repair genes. IS disruption—disruption of the coding sequence due to an insertion sequence. Large deletion —deletion of >100 nt, potentially involving multiple genes. Frameshift—small insertion/deletion mutations causing a disruption to the reading frame of the gene. SNV—single nucleotide variant.

Figure S1: Growth parameters of experimentally evolved nitrofurantoin-resistant isolates from genetic backgrounds with different mutation rates. Parameters were estimated by fitting a logistic curve to growth curves measuring optical density at 600 nm (OD600nm). A) AUC—area under the curve. B) Max r—maximum growth rate. C) K—carrying capacity. D) $t_{doubling}$—doubling time. Resistant isolates arose in populations founded by wildtype (WT), low mutator (LM) or high mutator (HM) strains. Isolates are ordered on the horizontal axis according to increasing values of AUC in panel A.