A piRNA modulates the levels of 20-hydroxyecdysone in the ovary of the German

cockroach

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Abstract

PIWI-interacting RNAs (piRNAs) are small non-coding RNAs, typically 26 to 31
nucleotides long, originally known for silencing transposable elements (TEs), thus
maintaining genomic stability. However, recent research has revealed additional
regulatory roles. In this study, we investigate piRNA-305221, which is highly expressed
in the ovaries of the German cockroach, *Blattella germanica*, to understand its
involvement in oogenesis and reproduction. piRNA-305221 is found in germinal and
somatic cells during the gonadotropic cycle, and is maternally provided to the egg. Its
expression correlates with critical ovarian events, such as endoreplication and follicular
cell differentiation, suggesting regulatory functions beyond TE silencing. Functional
knockdown using antisense oligonucleotides (ASOs) resulted in delayed oviposition,
malformed oothecae, and reduced offspring viability. Gene expression analysis revealed
that the reduction of piRNA-305221 decreased *shade* mRNA levels, impairing the
conversion of ecdysone to its active form, 20-hydroxyecdysone, and a concomitant
increase in expression of upstream steroidogenic genes (*spook*, *phantom*,
disembodied). These results indicate that piRNA-305221 may regulate steroidogenesis
through direct or indirect control of mRNA targets. This study highlights the broader
regulatory functions of piRNAs and demonstrates the utility of ASO-mediated
knockdown in functional studies of non-coding RNAs.

Keywords

52 insect reproduction, sncRNA, ASO, ecdysone, Blattella germanica, panoistic ovary

Introduction

The piwi-interacting RNAs (piRNAs) are small non-coding RNAs (sncRNAs) ranging
from 26 to 31 nt in length, whose biogenesis is associated with PIWI proteins subfamily
(Hirakata and Siomi, 2016; Le Thomas et al., 2014). In terms of sequence, piRNAs are
poorly conserved even among closely related species, suggesting their generation and
function is highly species-specific (Aravin et al., 2007; O'Donnell and Boeke, 2007;
Wang et al., 2019). In the fly *Drosophila melanogaster*, two pathways of piRNA
biogenesis have been described: the primary pathway active in somatic cells and the
secondary, or "ping-pong" pathway, which operates in germ cells. These pathways
silence transposable elements (TEs) through transcriptional and post-transcriptional
mechanisms (Gleason et al., 2018; Hirakata and Siomi, 2016). However, evidence from
other arthropods indicates that both piRNA pathways can function in somatic as well as
germinal tissues (Cerqueira de Araujo et al., 2022; Yamashita et al., 2024).

The first function associated with piRNAs was the repression of TEs, as part of an
evolutionarily conserved mechanism that ensures genomic stability in germ cells (Aravin
et al., 2007; Senti et al., 2015). However, recent studies have shown that piRNAs can
also originate from coding sequences, intergenic regions unrelated to TEs, and 5' and 3'
untranslated regions (UTRs) of mRNAs, which suggests that piRNAs regulate gene
expression (Iki et al., 2023; Jensen et al., 2020; Lambert et al., 2019; Rojas-Ríos et al.,
2018). In this context, piRNAs have been implicated in diverse functions, including
embryogenesis, germ cell specification, primary sex determination, and the
establishment of epigenetic states (Gleason et al., 2018; Gou et al., 2014; Iki et al.,
2023; Kiuchi et al., 2014).

In a previous study on the German cockroach, *Blattella germanica*, we identified a
significant number of piRNAs maternally provided to the zygote, which are abundant in
early embryo stages (Belles et al., 2024; Llonga et al., 2018). In the present work, we
approached the functional study of one of these piRNAs by reducing its expression
using an antisense oligonucleotide (ASO). ASOs are short (18-30 nt) single-stranded
DNA molecules that bind specifically to RNA to modulate gene expression (Roberts et
al., 2020). Since the late 1970s, ASOs have been used as therapeutics against different
diseases, as they can be designed with high specificity against their mRNA targets
(Crooke et al., 2021). ASOs bind to the corresponding mRNA target by Watson–Crick

base pairing, forming RNA-DNA heteroduplexes that recruit RNAse-H endonuclease,
leading to cleavage and degradation of the target RNA. Despite their proven potential,
ASOs have been rarely used to regulate insect gene expression (Oberemok et al.,
2018).

B. germanica has a panoistic ovary type, in which all germline stem cells are converted
into functional oocytes, with transcriptionally active nuclei (Bu□ning, 1994). During
oogenesis, only the basal oocyte of each ovariole matures in every gonadotropic cycle,
while the rest of the oocytes present in the vitellarium remain arrested until the next
cycle begins (Irles and Piulachs, 2014; Rumbo et al., 2023; Belles et al., 2024). Once
released from the germarium, the oocyte is surrounded by a monolayer of follicular cells
(FCs), thus establishing an ovarian follicle (Rumbo et al., 2023). The FCs mature and
change their characteristics in parallel to oocyte growth. In the sixth (last) nymphal
instar, when the basal ovarian follicle (BOF) begins to mature, the FCs proliferate,
increasing their number until they completely cover the oocyte (Irles and Piulachs, 2014;
Belles et al., 2024). Later, in 3-day-old adults, cytokinesis in FCs is arrested, and cells
become binucleated. Under the control of the juvenile hormone circulating in the
hemolymph, the FCs contract their cytoplasm, thus leaving large intercellular spaces
(Davey, 1981; Davey and Huebner, 1974), which facilitate the access of vitellogenin to
the oocyte membrane. Henceforth, the oocytes in the BOFs grow exponentially. At the
end of the gonadotropic cycle, the FCs close the intercellular spaces definitively (Belles
et al., 2024) and chorion synthesis begins, triggered by the ecdysone production in the
ovary (Belles et al., 1993; Pascual et al., 1992; Belles et al., 2024), a process that takes
just a few hours (Irles et al., 2009b).

Several genes involved in ecdysone biosynthesis have been characterized in the ovaries
of *B. germanica*, namely *neverland* (*nvd*), *spook* (spo), *spookiest* (*spot*), *phantom* (*phm*),
disembodied (*dib*), and *shadow* (*sad*) (Belles et al., 2024). s*hade* (*shd*) catalyzes the
conversion of ecdysone into its biologically active form, 20-hydroxyecdysone (20E)
(Petryk et al., 2003). Among other transducers, the action of ecdysone is mediated by
E75, an early gene in the ecdysone signaling cascade, and *fushi tarazu-f1* (*ftz-f1*), a late
gene. *ftz-f1* also regulates the expression of steroidogenic genes and helps to maintain
the correct cytoskeleton organization in the BOF at the end of the gonadotropic cycle

(Alborzi and Piulachs, 2023; Farrus et al., 2024). When choriogenesis is complete, the

cytoskeleton of the follicular epithelium in the BOFs rearranges, facilitating the release of

the egg into the oviduct. (Alborzi and Piulachs, 2023; Belles et al., 2024). The eggs are

then oviposited into an egg case or ootheca. In *B. germanica*, the female carries the

ootheca attached to the genital atrium throughout embryogenesis, which lasts 18 days

under our laboratory conditions (Piulachs et al., 2010; Belles et al., 2024).

2. Materials and methods

2.1. *B. germanica* colony and tissue sampling

Newly emerged *B. germanica* adult females were obtained from a colony fed *ad libitum*

on Panlab 125 dog food and water, maintained in darkness at 29 ± 1°C and 60-70%

relative humidity (Belles et al., 1987). All dissections were performed on CO_2-

anesthetized specimens. In adult females, the length of the BOF was used to establish

physiological age. Females were maintained with males, and at the end of each

experiment, the presence of spermatozoa in the spermatheca was assessed to confirm

mating and sperm transfer.

2.2. Small RNA library processing

B. germanica piRNA sequences were obtained from small RNA libraries previously

prepared in our laboratory (Ylla et al., 2017), which are publicly available at GEO, under

accession number GSE87031. These sequences correspond to various developmental

stages, including ovaries from 7-day-old adults, non-fertilized eggs, embryos (days 0, 1,

2, 6, and 13), and nymphs (instars 1, 3, 5, and 6). The small RNA libraries were

preprocessed to remove sequencing adapters using Trimmomatic (v 0.39; relevant

parameters used were: ILLUMINACLIP TruSeq2-PE.fa:2:15:10 LEADING:20

MINLEN:18) (Bolger et al., 2014). Reads ranging from 26 to 31 nucleotides were

selected using Cutadapt (v 3.5) (Martin, 2011) and aligned to the *B. germanica* genome

assembly (v 1.1) (Harrison et al., 2018) with Bowtie2 (v 2.4.4; relevant parameters used

were: -a --end-to-end --score-min L,0,0) (Langmead and Salzberg, 2012), resulting in

2,534,205 aligned putative piRNA sequences. Infrequent sequences were filtered out by

applying a cut-off of 17 reads across the entire dataset, reducing the number of
sequences to 128,653. Finally, the sequences that shared the same genomic 5' start
position and only differed in their length at the 3' end were collapsed. The counts of
each of the collapsed variants were attributed to the most expressed one and
normalized using the median-of-ratios method from DESeq2 (Love et al., 2014). The
resulting data were used to select the piRNA candidate for functional studies.

<u>2.3. Treatments with antisense oligonucleotides</u>

The piRNA-305221 levels were reduced using a chemically unmodified antisense
oligonucleotide (ASO: 5'-GGAGGTCCCCCAGACCGGCACAGACCGAA-3') designed to
encompass the entire piRNA sequence. Newly emerged adult females were treated with
1 µL of a solution containing 15 µg/µL of ASO in water (hereafter referred to as ASO-
treated), injected in the ventral part of the abdomen with a Hamilton ® 75N syringe. The
same dose of an unspecific custom-designed oligonucleotide (Mock) was administered
as a negative control. The sequence of Mock corresponds to the concatenated
recognition sites of four restriction enzymes (XbaI, HindIII, KpnI, BamHI), and four
additional nucleotides to reach the length of the ASO (5'-
TCTAGAAAGCTTGGTACCGGATCCCAGGT-3'). Alternatively, both water and Mock
were used in control animals since no significant differences were observed in
oviposition rates or the number of emerged nymphs (Mock: 40.27 ± 1.161 nymphs, n =
15; Water: 42.25 ± 0.75 nymphs, n = 12; p-value: 0.187), henceforth referred to as
Mock-treated.

<u>2.4. RNA extraction and expression studies</u>

Ovarian small RNAs were extracted using the miRNAeasy Mini Kit (Qiagen), following
the manufacturer's protocol. The quantity and quality of the extracted small RNAs were
estimated by spectrophotometric absorption at 260/280 nm using a Nanodrop
spectrophotometer (MicroDigital Co, Ltd). A total of 400 ng from each RNA extraction
was reverse transcribed with the 1st Strand cDNA synthesis Kit (Agilent Technologies)
to obtain cDNA. The forward primer used in qRT-PCR was designed using the full
piRNA sequence, while the universal primer from the Agilent 1st Strand cDNA synthesis

Kit was used as the reverse primer. The efficiency of the primers used in qRT-PCR was
first validated by constructing a standard curve based on three serial dilutions of cDNA
from ovaries (Figure S1). The *U6* small nuclear RNA was used as a reference for
expression studies (Tanaka and Piulachs, 2012). qRT-PCR reactions were performed
with iTaq Universal SYBR Green Supermix (Bio-Rad Laboratories). Amplification
reactions were performed at 95°C for 5 min, 44 cycles of 95°C for 10 s plus 62°C for 40
s, followed by 95°C for 1 min and finally, the melting curve: from 60°C to 95°C with a
measurement every 0.5°C increase. After the amplification phase, a dissociation curve
was carried out to ensure the presence of only a single product in the amplification
(Figure S1).

Total RNA extraction from 7-day-old adult *B. germanica* ovaries was performed using
the Tissue Total RNA Purification Kit (Canvax Biotech), following the manufacturer's
protocol. The quantity and quality of the extracted RNAs were estimated by
spectrophotometric absorption at 260/280 nm using a Nanodrop spectrophotometer
(MicroDigital Co, Ltd). A total of 200 ng of each RNA extraction was reverse-transcribed
using the Transcriptor First Strand cDNA Synthesis Kit (Roche) to obtain the
corresponding cDNAs. The expression of selected mRNAs related to the studied
processes was determined by qRT-PCR, using iTaq Universal SYBR Green Supermix
(Bio-Rad Laboratories), and *actin-5c* mRNA expression as a reference. The
amplification reactions were performed at 95°C for 3 min, 44 cycles of 95°C for 10 s plus
57°C for 1 min, followed by 95°C for 10 s, and finally, the melting curve: from 57°C to
95°C with a measurement at each 0.5°C increase.

Expression levels of small RNAs and mRNAs were calculated relative to their respective
reference gene, using the 2-ΔCt method (Irles et al., 2009b; Livak and Schmittgen,
2001). Results are given as copies of small RNA per 1000 copies of *U6* or copies of
mRNA per 1000 copies of *actin-5c* mRNA and correspond to three biological replicates.
The primer sequences are detailed in Table S1.

2.5. Ecdysone measurements
Ovaries of 7-day-old adults were stored individually at –20°C in methanol to measure
ecdysteroids (ecdysone and 20-hydroxyecsdysone). Ecdysteroids were measured by

HPLC MS/MS analysis as previously described (Marešová et al., 2024). In brief, after
methanolic extraction, detectability of the ecdysteroids is increased 16- to 20-fold by
conversion to their 14,15-anhydrooximes. These are further purified by pipette tip solid-
phase extraction on a three-layer sorbent and subjected to HPLC-MS/MS analysis
(Marešová et al., 2024).
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2.6. Microscopy methodologies

2.6.1. In situ *hybridization*

The piRNA-305221 was localized in ovaries from *B. germanica* adults using an
antisense LNA (locked nucleic acid) probe conjugated to Digoxigenin (DIG) at the 5' and
3' ends (5'-DIG-GGAGGTCCCCCAGACCGGCACAGACCGAA-DIG-3', Merck). Ovaries
were dissected in Ringer's saline and immediately fixed in paraformaldehyde (4% in
PBS 0.2 M; pH 6.8) overnight. Subsequent hybridization and washing reactions were
carried out as previously reported (Irles et al., 2009b). The DIG hapten was detected by
incubating the samples in a 1:4.000 dilution of anti-DIG-rhodamine antibody (Roche,
Basel, Switzerland) in PBS-T for 90 min at room temperature. Ovaries were again
washed and incubated in DAPI (4',6-diamidino-2-phenylindole 1 µg/mL, Merck) for 5 min
at room temperature. Samples were mounted with Mowiol (Calbiochem) and analyzed
by epifluorescence using a Zeiss AxioImager.Z1 microscope (Apotome) (Carl Zeiss
MicroImaging).
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2.6.2. DAPI-TRITC-Phalloidin staining

Ovaries from 7-day-old *B. germanica* adults were dissected under Ringer's saline and
immediately fixed in paraformaldehyde (4% in PBS 0.2 M; pH 6.8) for two hours.
Subsequently, they were washed with PBT (PBS 0.2 M; pH 6.8 + 0.2% Tween-20) (Irles
and Piulachs, 2014). The ovaries were incubated for 20 min in 300 ng/mL of TRITC-
phalloidin (tetramethyl rhodamine isocyanate-phalloidin, Merck) prepared in PBT, and
after washing with PBT, were incubated for 5 min in 1 µg/mL of DAPI, and washed again
with PBT. Samples were mounted with Mowiol (Calbiochem) and analyzed by

epifluorescence using a Zeiss AxioImager.Z1 microscope (Apotome) (Carl Zeiss

MicroImaging).

2.6.3. Embryo observations

Fifteen-day-old oothecae were removed from the female abdomen by gentle pressure to

observe the embryo development. The oothecae were incubated for 5 min in water at

95°C to facilitate the individualization of the embryos. Images of the embryos were

obtained using a Zeiss DiscoveryV8 stereomicroscope (Carl Zeiss MicroImaging).

2.7. Statistical analysis

The data are expressed as mean ± standard error of the mean (S.E.M.). Statistical

analyses were performed using GraphPad Prism version 8.1.0 for Windows, GraphPad

Software. Significant differences between control and treated groups were calculated

using the Student's t-test. Data were evaluated for normality and homogeneity of

variance using the Shapiro–Wilk test, which indicated no transformations were needed.

All datasets passed the normality test.

Results

3.1. piRNA-305221 in *Blattella germanica* ovary

B. germanica piRNAs were ranked according to their levels in the libraries of small

noncoding RNAs of 7-day-old adult ovaries and non-fertilized eggs, obtained previously

(Ylla et al., 2017). One of the most abundant piRNAs in ovaries of 7-day-old adults, and

with quite high levels in non-fertilized eggs, is the piRNA-305221 (5'-

UUCGGUCUGUGCCGGUCUGGGGGGACCUCC-3') (Figure 1A), suggesting that it is

maternally provided. The piRNA-305221 levels are still detectable in early embryonic

stages (days 0 to 2), becoming undetectable in later embryo development and early

nymphal instars. It reappears, albeit at low levels, in the last nymphal instars (Figure

1A).

The expression of the piRNA-305221 was measured by real-time PCR in *B. germanica*

adult ovaries. Twenty-four hours after the adult emergence, its expression increases

with a fold-change close to two, and these levels are maintained until adult day-3. In the

transition from 3- to 4-day-old females, the expression increases twofold again (Figure

1B), coinciding with important changes in the BOF. In 3-day-old adults, the FCs arrest

cytokinesis, becoming binucleated and beginning to be polyploid (Irles and Piulachs,

2014). From day 4, piRNA-305221 levels decrease smoothly, rising again on day 7

when it reaches its highest levels (Figure 1B), concurrently with the synthesis of the

chorion proteins by the FCs (Irles et al., 2009b). *In situ* hybridization revealed the

piRNA-305221 spread in the cytoplasm of FCs in the BOF of adult females (Figure 1C

and D). In mature BOF, the piRNA-305221 label is more intense near the nuclear

membrane (Figure 1D and D', arrows), where piRNAs are normally found.

3.2. Function of piRNA-305221 in *Blattella germanica* ovary

To study the piRNA-305221 function, newly emerged *B. germanica* adult females were

treated with an ASO targeting the piRNA, and the phenotypes were observed 7 days

after the treatment.

In ovaries of 7-day-old treated females, levels of the piRNA-305221 showed a significant

reduction, close to 50% (p = 0.0107) compared to Mock females (Figure 2A). This

depletion results in a delay in BOF growth. The length of the BOFs in the ASO-treated

females was significantly smaller (1.697 ± 0.05 mm; n = 31; p < 0.0001) than in Mock

females (2.037 ± 0.03 mm; n = 11) (Figure 2B), although the variability in treated

individuals was rather wide. In 7-day-old Mock adult females, the binucleated FCs in the

BOF exhibit uniform distribution, beginning to narrow the intercellular spaces (Figure 2C,

arrows), with nuclei of the same size and shape (Figure 2D). In contrast, in ASO-treated

females, the FCs in the BOF exhibited enlarged nuclei with heterogeneous shapes and

bizarre morphologies (Figure 2E).

In *B. germanica* ovaries, upon completion of the chorion, the actin cytoskeleton in BOFs

surrounds the FCs, modifying their distribution and covering the surface of the basal

pole of FC, in an orderly manner (Figure 2F, G). Just before ovulation, the actin fibers

wrap up the FCs, giving them a rounded shape (Figure 2G), which facilitates the

contractions of the ovarian follicle needed for ovulation and oviposition. However, in

ASO-treated females, the distribution of the F-actin fibers in the FCs cells of the basal

pole was disorganized (Figure 2H). The fibers did not follow the correct orientation on

the ovarian follicle surface and appeared to overlap different FCs.

3.3. piRNA-305221 is involved in *Blattella germanica* reproduction

We then investigated whether depletion of piRNA-305221 in adult females could affect

oviposition and embryo viability. Newly emerged adult females were treated with the

ASO, then they were paired with males, and observed until ootheca formation. The first

effect observed was a significant delay in oviposition in ASO-treated (8.11 ± 0.26 days; n

= 53; p = 0.013), compared to Mock females (7.33 ± 0.08 days; n = 38).

Despite this delay, ASO-treated females carried the ootheca throughout the entire

embryogenesis period (18.50 ± 0.26; n = 32) with no significant differences from Mock

females (18.81 ± 0.21; n = 28). However, although all the ASO-treated females

successfully mated (n = 32), a significant number (25%, n = 8) of oothecae failed to

produce nymphs, and in the remaining ASO-treated females, the number of hatching

nymphs was significantly reduced (36.29 ± 1.60; n = 24) compared to Mock females

(41.15 ± 0.74; n = 27; p = 0.0062). The lower number of hatching nymphs may be linked

to the production of defective oothecae in several ASO-treated females (31.25%, n =

10), with shortened, curved, or dried oothecae, or a combination of these defects, which

often resulted in misaligned eggs, compromising viability and hatching (Figure 3A and

B). The number of hatching nymphs from these malformed oothecae was dramatically

reduced (24.25 ± 3.64 nymphs; n = 4; Figure 3B), and in some cases, no nymphs

hatched at all (n = 6).

We examined 15-day-old embryos from Mock and ASO-treated females, an age at

which the embryos are nearly fully developed before hatching on day 18. At this stage,

embryos from Mock females (a total of 94 embryos from 4 different oothecae) have

completed dorsal closure, and the tips of the antennae and hind legs have almost

reached the seventh abdominal segment. Eye pigmentation is complete, and the

sclerotization of the mandibles and legs is beginning. (Figure 3C) (Piulachs et al., 2010;

Tanaka, 1976). In contrast, embryos from ASO-treated females (107 embryos from 3

different oothecae) exhibited a wide range of phenotypic defects. 62% of embryos were
morphologically similar to controls but showed less sclerotization (Figure 3D). The
phenotypes of the remaining 38% of embryos displayed a variety of defects, ranging
from eggs lacking the germinal band or with some tissue concentration in the ventral
side, with the aspect of an amorphous mass (Figure 3E), to embryos with incomplete
segmentation and with defective eyes (Figure 3F, G). Some embryos lacked eye
pigmentation (Figure 3F), while others had eyes of incorrect shape (Figure 3H). The
dorsal organ was still visible in this group of embryos (Figure 3H, arrow), and none
showed signs of appendage sclerotization, and, in general, the legs were improperly
sized and shaped (Figure 3F-I, arrow in I). In addition, in a few ASO-treated embryos,
the fat body cells (urate cells and mycetocytes, see A. Tanaka, 1976) were more
abundant than in Mock embryos (Figure 3I, white dots in the thorax and abdomen).

The changes in FCs, with the problems in ootheca formation and embryo development,
suggest changes at the chorion levels. We quantified two genes involved in chorion
synthesis, and the results revealed a dramatic depletion of brownie (*brw*) and *citrus*
(99.95% and 99.89%, respectively; Figure 3J), although the differences with respect to
the controls were not statistically significant due to the dispersion of the data.

This dispersion likely reflects the restricted temporal and spatial expression of these
genes, which are only active in the follicular epithelium during chorion synthesis (Irles
and Piulachs, 2011; Irles et al., 2009a). The depletion of *brw* and *citrus* expressions
suggests a disruption of ecdysone signaling in the ovary, as was indicated by a
significant reduction of *E75A* expression (71%; p = 0.03; Figure 3K) and a dramatic
depletion of that of *ftz-f1* (94%; p = 0.02; Figure 3L).

<u>3.4. piRNA-305221 modulates the production of 20E</u>

To determine whether piRNA-305221 influences ecdysone synthesis or signaling, we
examined the expression of steroidogenic genes in the ovaries of ASO-treated females
(Figure 4). We observed significant changes in mRNA levels. While the expression of
nvd and *sad* remained unaffected, *spo, phm,* and *dib* expression increased significantly
by 88.52% (p = 0.0150), 159.93% (p = 0.0105), and 133.19% (p = 0.0145), respectively

(Figure 4A). Interestingly, the expression of *shd,* which encodes an ecdysone 20-monooxygenase that mediates the hydroxylation of ecdysone into 20-hydroxyecdysone (20E), decreases significantly by an average of 58.32% (p = 0.0031) (Figure 4B). This reduction in *shd* expression likely affects the availability of the 20E in the ovary, as was suggested by the E75 depletion (Figure 3K). To corroborate this data, we quantified by HPLC MS/MS the ecdysone and 20E content in ovaries of Mock and ASO-treated females (n = 4) (Figure 4C). When comparing the ecdysone levels of controls versus ASO-treated females, we observed a reduction of 56.47% in the ASO-treated group, although the differences were not statistically significant, due to the dispersion in control samples. Conversely, the 20E levels, the active form, showed a dramatic decrease in ASO-treated ovaries, with a reduction by 93.78% compared to controls (Figure 4C). Hormone measurements revealed a substantial hormonal imbalance in ASO-treated females. The relationship between 20E and ecdysone in Mock ovaries is 0.689, indicating an equilibrium between the ecdysone synthesized and its transformation to 20E. Conversely, in ASO-treated females, the relationship between 20E and ecdysone is 0.099, showing the imbalance between both, with ecdysone accumulated in the ovary.

All these data indicate that piRNA-305221 is involved in ecdysteroid biosynthesis, promoting the conversion of ecdysone into 20E in the ovary of *B. germanica*.

4. Discussion

The role of piRNAs as regulators of TEs and genome protectors is well-established. However, recent research has shown the importance of piRNAs as mRNA regulators. Thus, piRNA functions have been extended to processes as different as the maintenance of germinal stem cells, DNA repair mechanisms, sex determination, chromatin modifications, learning and memory, and cancer mechanisms (Gleason et al., 2018; Iki et al., 2023; Kiuchi et al., 2014, 2023).

Insect oogenesis is a highly regulated event involving multiple steps and processes, including germ cell proliferation, oocyte growth and maturation, vitellogenesis, and eggshell formation. These processes occur under the control of ecdysteroids and juvenile hormone (Alborzi and Piulachs, 2023; Belles et al., 2024). Due to the efficiency

and precision required, the regulation of all these processes entails different regulatory
layers involving proteins, mRNAs, and non-coding RNAs, which have specific functions
at different regulatory levels. Among the non-coding RNAs are the small non-coding
RNAs that include the piRNAs studied here.

The piRNA-305221 is highly expressed in *B. germanica* ovaries, and is present in
somatic and germinal cells, as is evidenced by its presence in unfertilized eggs (Llonga
et al., 2018). Furthermore, piRNA-305221 expression in adult ovaries correlates with key
changes in the BOF, which are mainly related to changes in the FCs program
(Claycomb and Orr-Weaver, 2005; Irles et al., 2016, 2009b; Irles and Piulachs, 2014,
2011). The changes in piRNA-305221 expression during critical moments, such as the
arrest of cytokinesis, the increase of polyploidy, or endoreplication in the FCs, suggest a
role in genome protection. However, piRNA-305221 is maternally provided to the
embryo, suggesting further functions.

Depletion of piRNA-305221 using an ASO enabled us to infer its functions in the *B.*
germanica adult ovary. Thus, decreased levels of piRNA-305221 in the ovary
determined a delay in oviposition and malformations in the ootheca shape and size.
These oothecae defects could explain the observed reduction in emerging nymphs.
Moreover, the expression profile of the piRNA-305221 in the ovary and the observed
oothecae malformations after reducing its levels, suggest an influence of this piRNA on
genes crucial at the end of the gonadotropic cycle, among them, steroidogenic genes
expressed in the adult ovary (Ramos et al., 2020; Belles et al., 2024). In most adult
insects, when the prothoracic gland degenerates, the ovary becomes the main source of
ecdysone, acting in an autocrine manner (Pascual et al., 1992; Romaña et al., 1995). In
B. germanica adult females, ecdysone is primarily needed at the end of the gonadotropic
cycle to facilitate the endoreplication of some genome regions in the FCs, promoting
chorion synthesis and facilitating the egg release into the oviduct (Alborzi and Piulachs,
2023; Belles et al., 2024; Belles et al., 1993). Depletion of piRNA-305221 led to reduced
shd mRNA expression, which prevents the conversion of ecdysone to 20E, and resulted
in an overexpression of *spo*, *phm,* and *dib*. Since the piRNAs have been described as
repressors of mRNAs, the reduction of *shd* expression observed after the ASO
treatment suggests that piRNA-305221 would inhibit a *shd* repressor. Concomitantly, the

overexpression of *spo*, *phm*, and *dib* might be explained by a feedback mechanism triggered by the interruption of the 20E flow.

The diversity of phenotypes resulting from piRNA depletion could be attributed to the piRNA-305221 action on different mRNA targets. It is worth noting that the functions described here may represent only part of the roles of piRNA-305221 in *B. germanica* ovaries. The maternal provision of piRNA-305221 to the embryo suggests that it would play specific roles in early embryo development, a topic for future research. Nonetheless, our results show that ASOs-mediated piRNA depletion can be a useful approach to study the functions of these still mysterious sncRNAs.

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603 **Figure legends**
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Figure 1. piRNA-305221 in *Blattella germanica* adult ovaries. A. Levels of piRNA-
305221 in the small RNA libraries from different developmental stages, including
embryos of different ages (days 0, 1, 2, 6 and 13 (E0, E1, E2, E6, E13)), nymphs from
first (N1), third (N3), fifth (N5) and sixth (N6) instars. Data from transcriptomes from 7-
day-old adult ovaries (Ov7) and non-fertilized eggs (NFE) were also included (Ylla et al.,
2017). Each value represents the average of normalized counts, conducted using the
median-of-ratios method from DESeq2. Data are shown as mean ± S.E.M. (n = 2). **B**.
Expression profile of piRNA-305221 in adult ovaries during the first gonadotropic cycle.
Data represent copies of piRNA per 1000 copies of *U6*, and are expressed as the mean
± S.E.M. (n = 3). **C.** *In situ* hybridization in late 3-day-old adult ovaries showing the
piRNA-305221 localization in the cytoplasm of follicular cells of a BOF. **C'** shows the
merged images with the nuclei stained with DAPI. **D.** *In situ* hybridization in follicular
cells from 5-day-old adult ovaries. **D'.** shows the merged images with the nuclei stained
with DAPI. piRNA-305221 labeling accumulates close to the nuclear membrane
(arrows). An antisense LNA probe with the piRNA sequence was used and labeled with
DIG at both ends. In C-D, the probe was revealed with a rhodamine-labeled anti-DIG
antibody (red). The DNA in the nuclei was stained with DAPI (blue).

Figure 2. Function of piRNA-305221 in ovaries. Newly emerged *B. germanica* adult
females were treated with ASO or Mock at emergence and dissected 7 days later.
Images from C-H correspond to basal ovarian follicles. **A.** Expression levels of piRNA-
305221 in 7-day-old adult Mock or ASO-treated ovaries. Data represent copies of the
piRNA per 1000 copies of *U6*, and are expressed as the mean ± S.E.M. (n = 3). The
asterisk indicates statistically significant differences (p = 0.01). **B.** Basal ovarian follicles

(BOFs) lengths (mm) in Mock (n = 11) and ASO-treated (n = 31) females, measured in
7-day-old adults. Data were represented as mean ± S.E.M. The asterisk indicates
statistically significant changes (p < 0.0001). **C.** Follicular epithelia, from a Mock female,
showing the follicular cells (FCs) distribution; cells are closing the intercellular spaces;
arrows indicate closed intercellular spaces, and arrowheads indicate intercellular spaces
that are still open. **D.** Nuclei from FCs in Mock female, showing the uniformity in size and
distribution. **E.** Nuclei from FCs in ASO-treated females, showing different sizes and
forms. **F.** F-actin distribution in the basal pole of FCs from a Mock female in early
chorion stage; the actin fibers in the basal pole of FCs are not completely packed. **G.** F-
actin distribution in the basal pole of FCs from a Mock female in late chorion stage; the
F-actin fibers are completely packed, giving the FCs a round shape. **H.** Disorganization
of F-actin distribution in the basal pole of FCs of ASO-treated late 7-day-old females; the
F-actin microfilaments were stained with phalloidin-TRITC (red in C, white in F, G, and
H). DNA was stained with DAPI (blue in C, white in D and E).

Figure 3. piRNA-305221 on reproduction and embryogenesis. A. Fifteen-day-old
oothecae from Mock and ASO-treated females; the latter shows the eggs were not well-
aligned. **B.** Number of nymphs hatching from oothecae formed by Mock and ASO-
treated females. Each dot represents the total nymphs from one ootheca. Blue dots
represent well-formed oothecae, and orange dots represent defective oothecae. Data
are represented as the mean ± S.E.M. (Treated females, n = 27; Control females, n =
24). Asterisks indicate statistically significant differences (** p = 0.01). **C.** Fifteen-day-old
embryos from Mock females. Segmentation is complete; the mandibles (arrow) and legs
(arrowheads) sclerotization has already started. **D-I**: Fifteen-day-old embryo from ASO-
treated females. **D.** Embryo similar to controls without sclerotized appendages. **E.**
Embryo with no signs of development. **F.** Embryo with the different body parts
differentiated; the appendages have some degree of development; the eyes are not
pigmented. **G**. Similar to F, but less advanced development. The legs are
distinguishable, but the body segmentation is not apparent. **H**. Embryo with correct body
development; however, the head has an abnormal morphology, and the dorsal organ is
still visible (arrow); these modifications determine a mislocalization of the head
appendages. In addition, the legs appear to be larger than in controls. **I.** Embryo with

complete body segmentation; the head does not have the correct structure; the eyes are

correctly pigmented, but the head appendages are not well defined (arrow); the legs are

short, reaching only the first abdominal segments; there is an increase in cells

corresponding to the fat body that appeared like white dots. **J**. Expression of *brownie*

(*brw*) and *citrus.* **K**. Expression of *E75A*. **L**. Expression of *fushi tarazu- f1* (*ftz-f1*). In J -

L, data represent copies of mRNA per 1000 copies of *actin-5c* mRNA of 7-day-old

ovaries from adult females treated with Mock or ASO at adult day 0, and are expressed

as the mean ± S.E.M. (n = 3-5). The asterisks indicate statistically significant differences

in ASO-treated respect to Mock * p = 0.03 (*E75A*); * p = 0.02 (*ftz-f1*).

Figure 4. piRNA-305221 depletion affects steroidogenic genes. **A.** Expression of the

steroidogenic genes, *neverland* (*nvd*), *spook* (*spo*), *phantom* (*phm*), *disembodied* (*dib*),

and *shadow* (*sad*). **B.** Expression of shade (*shd*). **C.** Scatter plot showing the

relationship between ecdysone (blue dots) and 20-hydroxyecdysone levels (pink dots) in

ovaries of Mock and ASO-treated females. In A and B, data represent copies of mRNA

per 1000 copies of *actin-5c* mRNA of 7-day-old ovaries from adult females treated with

Mock or ASO at adult day 0, and are expressed as the mean ± S.E.M. (n = 3-6). The

asterisks indicate statistically significant differences respect to Mock: * p = 0.0150 (*spo*);

* p = 0.0105 (*phm*); * p = 0.0145 (*dib*): ** p = 0.0031 (*shd*). In C, data represent

picograms (pg) of ecdysteroids in a single 7-day-old ovary of each female (each dot)

from adult females treated with Mock or ASO at adult day 0, and are expressed as the

mean ± S.E.M. (n = 4).

A Mock   ASO treated

B