**Therapeutic effects of PDGF-AB/BB against cellular senescence in human**

**intervertebral disc**

Changli Zhang[1, 2], Martha Elena Diaz-Hernandez[1, 2], Takanori Fukunaga[1, 2], Shenoy

Sreekala[1,2], Sangwook Tim Yoon[3], Lisbet Haglund[4], Hicham Drissi[1, 2]

[1]Department of Orthopaedics, Emory University School of Medicine, Atlanta, GA, USA

[2]Atlanta VA Medical Center, Decatur, GA, USA

[3]Emory Orthopaedics & Spine Center, Atlanta, GA, USA

[4]Department of Surgery, McGill University, Montreal, Qc., Canada

Corresponding author:

Hicham Drissi, PhD

hicham.drissi@emory.edu

**Abstract**

Cellular senescence, characterized by a permanent state of cell cycle arrest and a
secretory phenotype contributing to inflammation and tissue deterioration, has emerged
as a target for age-related interventions. Accumulation of senescent cells is closely
linked with intervertebral disc (IVD) degeneration, a prevalent age-dependent chronic
disorder causing low back pain. Previous studies have highlighted that platelet-derived
growth factor (PDGF) mitigated IVD degeneration through anti-apoptosis, anti-
inflammation, and pro-anabolism. However, its impact on IVD cell senescence remains
elusive. In this study, human NP and AF cells derived from aged, degenerated IVDs
were treated with recombinant human (rh) PDGF-AB/BB for 5 days and changes of
transcriptome profiling were examined through mRNA sequencing. NP and AF cells
demonstrated similar but distinct responses to the treatment. However, the effects of
PDGF-AB and BB on human IVD cells were comparable. Specifically, PDGF-AB/BB
treatment resulted in downregulation of gene clusters related to neurogenesis and
response to mechanical stimulus in AF cells while the downregulated genes in NP cells
were mainly associated with metabolic pathways. In both NP and AF cells, PDGF-AB
and BB treatment upregulated the expression of genes involved in cell cycle regulation,
mesenchymal cell differentiation, and response to reduced oxygen levels, while
downregulating the expression of genes related to senescence associated phenotype,
including oxidative stress, reactive oxygen species (ROS), and mitochondria
dysfunction. Network analysis revealed that PDGFRA and IL6 were the top hub genes
in treated NP cells. Furthermore, in irradiation-induced senescent NP cells, PDGFRA
gene expression was significantly reduced compared to non-irradiated cells. However,
rhPDGF-AB/BB treatment increased PDGFRA expression and mitigated the
senescence progression through increased cell population in the S phase, reduced SA-
β-Gal activity, and decreased expression of senescence related regulators including
P21, P16, IL6, and NF-κB. Our findings reveal a novel anti-senescence role of PDGF in
the IVD, making it a promising potential candidate to delay aging-induced IVD
degeneration.

## Introduction

Low back pain (LBP), ranked as the first cause of years lived with disability, is a prevalent condition. Although the etiology of LBP is multifactorial, a major contributor of LBP is intervertebral disc (IVD) degeneration, which is increasing exponentially due to a growing aged population worldwide (Feng et al. 2016). Current treatments, such as medicine, physical therapy, and surgical excision of the herniated tissues, only temporally alleviate painful symptoms (Xin et al. 2022). In fact, patients often experience persistent LBP after surgery (Coronado et al. 2015). The fundamental cause of this is the inadequate knowledge of the underlying pathophysiology mechanisms leading to IVD degeneration. Therefore, it is crucial to understand the pathogenesis of IVD degeneration and develop novel therapeutic interventions to mitigate the degenerative processes.

The IVD consists of three compartments: the gelatinous nucleus pulposus (NP), fibrous

annulus fibrosus (AF), and cartilaginous endplate (Sivan et al. 2014) . NP and AF

tissues play distinct yet complementary roles in maintaining the spinal function. The NP

has high content of proteoglycans and water, absorbing and distributing mechanical

forces. In contrast, AF consists of multiple layers of concentric lamellae, which provides

strength and stability to the disc and withstands compressive forces (Sivan et al. 2014;

Pattappa et al. 2012). The NP plays a crucial role in the progression of IVD

degeneration due to its susceptibility to significant structural and functional changes

during aging and degeneration. Indeed, NP structural changes are easily detected

through imaging techniques. Thus, because of its high-water content, MRI has made

the NP the most visible indicator of disc degeneration in clinical practice. In contrast,

degenerated alterations in the AF are more closely linked to pain and disability. As a

result, effective therapeutic strategies for IVD degeneration should aim to restore the

functionality of the entire disc unit.

Cellular senescence, triggered by normal cells in response to various intrinsic and

extrinsic stressors, is a fundamental mechanism underlying age-related chronic

diseases. Senescent cells are featured by irreversible growth arrest and acquire a

senescent-associated secretory phenotype (SASP) and the secretion of pro-

inflammatory cytokines, chemokines, and tissue-damaging proteases (Ngo et al. 2017).

Activation of P53/P21 and P16 pathways play a critical role in regulating senescence

(Reimann et al. 2024). In addition, NF-κB pathway is a major pathway involved in the

expression of pro-inflammatory mediators in senescent cells (Salminen et al. 2012).

Factors within the SASP can act in an autocrine manner to reinforce the senescent

state and induce senescence in neighboring cells via paracrine signaling (Kumari and Jat 2021). This mechanism elucidates the accumulation of senescent cells with aging and its associated detrimental effects. In the IVD, it has been well established that the number of senescent cells increases with aging and IVD degeneration (Veroutis et al. 2021; Gruber et al. 2007; Gruber et al. 2009), as demonstrated by increased senescence-associated β-galactosidase (SA-β-Gal) positive cells and decreased cell proliferation. Growing research also demonstrates that targeting cellular senescence holds promise in alleviating the progression of IVD degeneration. Long-term systemic or local clearance of senescent cells by senolytic drugs mitigated the age-related IVD degeneration in mice (Novais et al. 2021) and reduced the expression of pro-inflammatory cytokines and matrix proteases and restored IVD structure in an injury-induced IVD degeneration model in rats (Lim et al. 2022). Cherif et al. and Mannarino et al. demonstrated that in humans, senolytic drugs o-Vanillin (Mannarino et al. 2021) and RG-7112 (Cherif et al. 2020) attenuated NP cellular senescence, where a combination of these two senolytic drugs reduced the release of inflammatory factors and pain mediators in degenerated NP cells from low back pain patients (Mannarino et al. 2023).

PDGF is a major constituent of platelet rich plasma (PRP), which is widely used in the clinical setting for tissue regeneration and repair. It can be made of a homodimer of A, B, C, and D polypeptide chains, or an AB heterodimer (Chen et al. 2013; Heldin and Lennartsson 2013). Among these, PDGF-AB and -BB are the predominant forms in PRPs (Weibrich et al. 2002). Two types of PDGFR (PDGFRA and PDGFRB) were identified that differ in ligand-binding specificity. PDGFRA binds to all PDGF chains but D chain while PDGFRB only binds to B and D chains (Chen et al. 2013; Heldin and

Lennartsson 2013). Upon binding, PDGF-PDGFR network induces a cascade of

phosphorylation in pathways including cell proliferation, migration, and survival

(Contreras et al. 2021). We previously demonstrated that recombinant human PDGF-BB

(rhPDGF-BB) inhibited cell apoptosis while promoting cell proliferation and matrix

production in human IVD cells (Presciutti et al. 2014). Furthermore, when delivered via

hydrogel, rhPDGF-BB successfully inhibited IVD degeneration and restored IVD

biomechanical function in a rabbit preclinical model of puncture-induced IVD

degeneration (Paglia et al. 2016). In the current study, we hypothesize that PDGF-AB

and -BB mitigated IVD degenerating through targeting cellular senescence. To test it,

aged, degenerated human IVD cells were treated with rhPDGF-AB or -BB and

transcriptome profiling was performed on treated NP and AF cells. We found similar but

distinct responses to the treatment between NP and AF cells. In NP cells, PDGF-AB and

-BB treatment upregulated the expression of PDGFRA and genes involved in cell cycle

progression while downregulating the expression of genes related to ROS production,

oxidative stress, and mitochondrial function. The alterations in these pathways indicated

that the senescent phenotype was alleviated in human degenerated IVD cells treated

with PDGF-AB/BB. Furthermore, in human senescent NP cells induced by irradiation,

PDGFRA was significantly reduced while PDGF-AB/BB treatment mitigated the

progression of senescence through increased cell cycle progression and reduced SA-$\beta$-

Gal staining and the expression of P21, P16, NF-$\kappa$B, and IL6.

**Methods**

**2.1 Sample collection and cell extraction**

This study was conducted in accordance with the ethical principles outlined in the

Declaration of Helsinki. All experiments and procedures were reviewed and approved by

the institutional review board of Emory University (IRB #00099028) approval. Human

degenerated NP and AF tissues (Grade IV or V on Pfirrman grade; 64.6 ±8.5 years old))

were obtained as the surgical waste from donors with disc herniation, with each donor

providing written informed consent. Healthy NP and AF cells (23.0 ±3.7 years old) were

gifted by Professor Lisbet Haglund from McGill University (Tissue Biobank #2019-4896).

The donor information was listed in **Table 1**. NP and AF cells were extracted as

previously described (Zhang et al. 2024). Isolated cells were expanded in growth media

containing low glucose DMEM, 10% FBS, 1X antibiotic-antimycotic (Thermofisher

Scientific, 15240062), and 50 µg/ml L-Ascorbic acid 2-phosphate (Sigma, A8960). Cells

were grown at 37°C under 5% $CO_2$ and 20% $O_2$. To minimize the variability between

experiments that may be caused by changes in cell behavior with each passage, cells

of passage 3 were used for each experiment.

**2.2 PDGF treatment in human intervertebral disc cells**

To synchronize cells and enhance the sensitivity of cells to PDGF stimulation,

degenerated NP (n =5/each group) and AF cells (n =6/each group) were serum-

deprived in low glucose media containing 0.2% FBS for 1 day. Cells were then treated

with recombinant human PDGF-AB (40ng/ml; PeproTech, 10770584) or -BB (20ng/ml;

PeproTech, 10771918) for 5 days.

**2.3 RNA-sequencing**

Total RNA was isolated with TRIzol (ThermoFisher Scientific, 15596018) and purified

using miRNeasy kit (Qiagen, 217084). Genomic DNA contamination was eliminated

through on-column DNase digestion. The concentration and quality of RNA were

determined using Nanodrop and RNA integrity was assessed by Agilent 2200

Bioanalyzer. RNA samples (NP: n = 5, AF: n = 6) with RIN > 7 were shipped in dry ice to

Novogene for RNA-sequencing, which was carried out using NovaSeq 6000 (Novogene

Corporation Inc). Libraries were constructed from 0.2µg RNA using TruSeq Stranded

Total RNA Sample Prep Kit (Illumina). Quality control was performed for distribution of

sequencing error rate and GC content and data filtering was performed to remove the

low-quality reads and reads containing adapters. The resulting sequences were

uploaded into the NCBI Sequence Read Archive (SRA) database (PRJNA1150962).

The clean reads were mapped to human reference genome sequence using DNASTAR.

**2.4 Differential gene expression analysis of RNA-seq data**

Unnormalized raw counts exported from DNASTAR were used for pairwise gene

expression comparison between untreated and PDGF-AB/BB samples. Differential

expression genes (DEGs) were identified using DESeq2 package in R and DEGs with

fold change greater than 1.5 and adjusted p value less than 0.05 were considered

statistically significant. Heatmap and volcano plots and principal component analysis

were performed to visualize the DEGs between untreated and PDGF-AB/BB samples.

**2.5 Pathway enrichment analysis**

To identify the biological process that DEGs were enriched, Gene ontology (GO)

analysis was performed using upregulated and downregulated DEGs separately in R.

The significantly enriched GO terms were visualized by dot plot analysis. GeneRatio in

X-axis was calculated by the ratio of gene counts enriched in a particular GO term to all

the gene counts annotated in the GO term.

Gene Set Enrichment Analysis (GSEA) was performed on all the genes to determine

whether a predefined set of genes is significantly enriched in untreated or PDGF-BB

samples. GSEA was conducted based on KEGG (Kyoto Encyclopedia of Genes and

Genomes) database using clusterProfiler package in R (Wu et al. 2021) and a gene set

was considered significantly enriched when the false discovery rate (FDR) was less

than 0.05. Enrichment score (ES) was calculated to reflect the degree to which a gene

set is overrepresented in our dataset, which was ranked based on fold change.

Normalized enrichment score (NES) is the ES normalized to the gene set size.

**2.6 Protein-protein interaction network analysis**

The interactions among DEGs were performed using the Search Tool for the Retrieval

of Interacting Genes (STRING) database (v12.0) with an interaction score greater than

0.4. Discrete proteins were removed, and the node files were exported and visualized in

Cytospace (v3.10.0). To identify essential nodes in the interaction network, the

betweenness centrality among the nodes was calculated using CytoNCA plugin (v2.1.6)

in Cytospace (Tang et al. 2015) and the top 10 hub nodes were identified using

CyoHubba plugin (v0.1) (Chin et al. 2014).

**2.7 Cellular senescence induction by irradiation**

To induce cellular senescence, cells were seeded in 6-well plate at a density of $5 \times 10^4$

cells/ml and cultured in low glucose DMEM supplemented with 10% FBS, 1X antibiotic-

antimycotic (Thermofisher Scientific, 15240062), and 50 µg/ml L-Ascorbic acid 2-

phosphate (Sigma, A8960). After 48 hours of culture, growth media was removed, and

cells were washed with 1 X PBS once. To minimize the interference of culture media

with the irradiation process, 500ul PBS was added before irradiation. Healthy NP and

AF cells (n=4/each group) were exposed to a single dose of 5 Gy, 10 Gy, or 15 Gy of X-

ray in a CellRad benchtop X-ray irradiator (Precision X-Ray) at a rate of 2.6 Gy/min. The

irradiation doses and rate were selected based on prior studies (Ungvari et al. 2013;

Zhong et al. 2022) and optimized to effectively induce senescence associated changes

in human IVD cells without triggering excessive cells death, which is often observed at

higher irradiation doses. After irradiation, cells were immediately incubated with growth

media. Cells exposed to 10 Gy of irradiation showed the most pronounced senescent

phenotype on day 10 and were used for further experiments. For treatment experiments,

cells were exposed to 10 Gy of X-ray and treated with PDGF-AB/BB (20ng/ml)

immediately after irradiation for 10 days. The culture media was changed every other

day.

**2.8 Senescence-associated β-galactosidase (SA-β-Gal) staining**

SA-β-Gal staining was performed according to the manufacturer's protocol (Cell

Signaling Technology, #9860). In brief, cells cultured in 6-well plates were washed in

PBS and fixed with 1X fixative solution for 10 min. 1 ml of β-Gal staining solution

(containing 1 mg/ml X-Gal) was added and the cells were incubated at 37 °C in the

absence of $CO_2$ overnight. Cells were washed in PBS and observed under bright-field

microscope (ECHO Revolve).

**2.9 Immunocytochemistry**

Cells cultured on glass coverslips were washed in 1 X PBS and fixed in 4% (v/v) formaldehyde for 10 min. After washing in 1 X PBS, cells were premetallized in PBS with 0.1% Trition X-100 for 15 min. Non-specific binding sites were blocked in 0.1% Tween-20/PBS with 1% bovine serum album for 30 min, followed by incubating with primary antibodies against P21 (1:500, Cell Signaling Technology, #2947), P16 (1:500, Cell Signaling Technology, #80772), or Lamin B1 (1:500, Cell Signaling Technology, #68591S ). After overnight incubation at 4 °C, the cells were washed and incubated with the corresponding host-specific secondary antibodies goat anti mouse Alex Fluor 488 (1:1000, #ab150113), or goat anti rabbit Alex Fluro 647 (1:1000, #ab150079) for 1 hour. Cells were counterstained and mounted with mounting medium with DAPI (Abcam, #ab104139) and visualized using an Olympus BX63 automated fluorescence microscope.

**2.10 Quantitative real-time PCR assays**

Total RNA was extracted from cells collected in TRIzol reagent (Thermofisher Scientific, #15596018) and RNA quality was measured using NanoDrop-1000 spectrophotometer (Thermofisher Scientific, #ND-2000). 1μg of RNA was reverse transcribed using Verso cDNA synthesis kit (Thermofisher Scientific, #AB-1453B). Quantification of mRNA expression was determined by SYBR-based real-time PCR using PowerUp SYBR Green Master Mix (Applied Biosystems, #A25742). PCR primer sequences were listed in **Table 2.** Values were normalized to *ACTB*. mRNA levels were presented as fold change compared to untreated cells according to the $2^{-\Delta\Delta CT}$ method.

**2.11 Immunoblotting**

Whole-cell protein extraction and immunoblotting analysis were performed as previously described (Zhang et al. 2024). Briefly, cells were lysed using RIPA lysis buffer with 1 X protease and phosphatase inhibitor (ThermoFisher Scientific, #PI78440). Protein concentration was determined using Pierce BCA protein assay kit (ThermoFisher Scientific, #23225) and 20 $\mu$g of cell lysate from each sample was used to determine the protein expression of P21 (1:2000, Cell Signaling Technology, #2947) and NF-kB (1:2000, Cell Signaling Technology, #8242S). All proteins were normalized to b-actin (1:2000, Cell Signaling Technology, #5125S).

**2.12 Statistics**

One-way analysis of variance (ANOVA) testing was performed to assess the effects of treatment on NP and AF cells with subsequent Dunnett post hoc testing. To analyze the effects of ionizing radiation on the expression of senescence markers in cells, t-test was utilized. The statistical analyses were performed using GraphPad Prism9. A p-value < 0.05 was considered statistically significant.

**3 Results**

**3.1 Transcriptomics of AF and NP cells in response to PDGF-AB/BB**

Bulk RNA sequencing was performed to investigate the global changes in gene expression of degenerated AF and NP cells in response to rhPDGF-AB/BB treatment. Principal component analysis (PCA) on all detected genes revealed distinct clusters between untreated and rhPDGF-AB/BB treated samples while clusters of rhPDGF-AB and rhPDGF-BB treated samples were overlapping (**Supplementary figure 1**). As

shown in volcano plots, differential expression analysis (|FC|>1.5 and FDR < 0.05)

revealed 880 downregulated and 740 upregulated genes in AF cells treated with

rhPDGF-AB and 996 downregulated and 821 upregulated genes induced by rhPDGF-

BB treatment after 5 days exposure (**Figure 1A**). In contrast, NP cells had 563

downregulated and 423 upregulated genes in rhPDGF-AB treated group and 409

downregulated and 404 upregulated genes in rhPDGF-BB treated group. The top

differentially expressed genes (DEGs) were annotated according to FDR and most of

these genes exhibited similarity between treatment groups in both AF and NP cells

(**Figure 1A+B**). Furthermore, a heat map visualizing the top 50 DEGs by fold change

revealed variability among donors while demonstrating an overall consistent response

to rhPDGF-AB/BB treatment across the samples (**Figure 1C+D**). Tissue-specific

changes were observed in AF and NP cells when treated with rhPDGF-AB/BB. For

example, *SLC26A4* (Pendrin) and *CA2*, regulators of the process of transporting and

producing bicarbonate, are involved in the homeostatic control of pH in various type of

cells (Vince and Reithmeier 1998; Silagi et al. 2018)  and their expression was

upregulated in NP cells when treated with rhPDGF-AB/BB (**Figure 1D**). *MAMDC2* and

*COL21A1*, involved in extracellular matrix organization (Chou and Li 2002; Mavillard et

al. 2023) , were also upregulated in NP cells while *WISP2* (Ruiz-Fernández et al. 2022)

and *RARRES2* (Liu-Chittenden et al. 2017), modulators of the induction of inflammatory

mediators and immune response, were downregulated after treatment. In contrast, in

addition to the commonly upregulated *CA2, MDMC2* and *RARRES2*, AF cells showed

alterations in genes involved in mechanical stress, pain sensation, and angiogenesis,

such as *CSRP3* (Rashid et al. 2015), *PI16* (Singhmar et al. 2020), *EFEMP1* (Song et al.

2011) and *SLC26A4-AS1* (Li et al. 2021) (**Figure 1C**). Notably, *PRELP*, potentially

associated with Hutchinson-Gilford progeria (Lewis 2003), was also downregulated in

rhPDGF-AB/BB treated AF cells (**Figure 1A**).

**3.2 Functional analysis of AF cells treated with PDGF-AB/BB**

To investigate the enriched biological processes (BP) induced by rhPDGF-AB/BB

treatment in AF cells, gene ontology (GO) analysis was performed using upregulated

and downregulated DEGs separately. As expected, the biological processes between

rhPDGF-AB and -BB treated samples were mostly overlapping (**Figure 2A+B**). In AF

cells, upregulated DEGs were significantly enriched in biological processes including

regulation of cell cycle and chromosome segregation. Furthermore, AF cells

demonstrated upregulated pathways including mesenchymal cell differentiation and

response to oxygen levels and downregulated pathways including response to ROS and

oxidative stress (**Figure 2A**). Moreover, the treatment downregulated groups of genes

related to neurogenesis and response to mechanical stimulus (**Figure 2B**). In line with

the results of GO analysis, GSEA analysis revealed an overrepresentation of cell cycle

pathway in rhPDGF-AB/BB treated cells (**Figure 2C**). Additionally, the ErbB signaling

pathway, proteasome pathway, and cytosolic DNA-sensing pathway were enriched,

suggesting that PDGF-AB/BB treatment promoted cell growth, protein turnover, and

maintenance of cellular homeostasis. The leading-edge genes that contributed most

significantly to these pathways include *CCNB1, CCND1, AREG, PSMB9, TREX1,* and

*POLR3A*, as shown in **Figure 2D.** Protein-protein interaction (PPI) network was

employed to further investigate the potential connectivity of DEGs between untreated

and treated groups using the STRING and Cytoscape softwares (**Figure 2E**). PPI

analysis revealed that the hub genes in rhPDGF-AB treated samples were associated

with inflammation (*CCN2, CSF3, OASL and SOCS1*), macrophage function (*CSF1R*),

neurogenesis (NGF, APOE), and angiogenesis (PTGS2). In rhPDGF-BB treated AF

cells, *PXDNL,* a member of the peroxidase enzyme family and participating in

scavenging ROS interacted with *IL18*, an activator of NF-kB signaling. Additionally,

*CD36*, involved in angiogenesis, was among the top 10 hub genes. Taken together,

these findings suggest that PDGF treatment promoted cell mitogenesis while inhibiting

oxidative stress, inflammation, neurogenesis, and response to mechanical stimulus.

**3.3 Functional analysis of NP cells treated with PDGF-AB/BB**

GO analysis revealed similar yet distinct responses to rhPDGF-AB/BB treatment

between NP and AF cells. In NP cells**,** rhPDGF-AB and -BB treatment upregulated

groups of genes related to cartilage development, cell-matrix adhesion, Wnt signaling

pathway, and response to decreased oxygen levels, which were all important to

maintaining NP phenotype (**Figure 3A**). Downregulated DEGs were enriched in GO

terms associated with fatty acid metabolism, cellular respiration, mitochondrial function,

and reactive oxygen species production (**Figure 3B**), suggesting alterations in cellular

metabolism and oxidative stress. Gene set enrichment analysis (GSEA) on the entire

transcriptomics also revealed that Wnt signaling pathway and neuroactive ligand-

receptor interaction were upregulated while the pathways related to oxidative

phosphorylation and ribosome were downregulated in rhPDGF-BB treated NP cells

(**Figure 3C**). The core enrichment genes associated with these pathways were

visualized in a chord diagram (**Figure 3D**). Specifically, the leading-edge DEGs

enriched in Wnt signaling pathway include *WNT7B, WNT5A, NKD1*, and *SFRP1* and

oxidative phosphorylation pathway showed enrichment in *NDUFB7, NDUFA11, COX5B*,

and *CYC1*.

To better understand the regulatory mechanisms of PDGF-AB/BB in degenerated NP

cells, DEGs between untreated and treated groups were used to construct PPI networks.

The network of the top 10 hub nodes based on betweenness was demonstrated in

**Figure 3E** and it revealed the strong correlation between *PDGFRA (*PDGF receptor

alpha) and *IL6, MDM2*, *MDM2*, *CCND1, PIK3R1, NOP53, FN1,* and *IDH2*. The

enrichment of hub gene *IDH2*, which plays a role in generating NADPH within

mitochondria, further validated the alterations in oxidative phosphorylation pathway and

subsequent ROS production, as indicated by GSEA and GO analysis in rhPDGF-AB/BB

treated NP cells. *MDM2* (a negative regulator of P53) and predicted *NOP53* (a regulator

of P53 binding activity) suggested that PDGF-BB interfered with P53 signaling pathway.

The interaction between these genes and inflammatory cytokine *IL6* indicated a

potential involvement of PDGF-AB/BB in cellular senescence. The gene expression of

top hub genes PDGFRA and IL6 was further verified in both NP (**Figure 3F**) and AF

(**Figure 3G**) cells by qPCR. PDGF-AB/BB increased the gene expression of PDGFRA in

only NP cells and reduced the IL6 gene expression in both type of cells. Interestingly,

the protein expression of PDGFRA was decreased in treated NP and AF cells compared

to untreated groups (**Supplementary figure 1**). The discrepancy in changes between

gene and protein expression levels reflects the complexity in the dynamic regulation of

PDGFRA (**Supplementary figure 1)**. Taken together, NP and AF cells responded

differently to PDGF-AB/BB treatment, but both cell types showed a positive regulation of

cell cycle and inhibited inflammation, response to ROS, oxidative stress, and

mitochondrial dysfunction, indicating a role of PDGF-AB/BB in IVD cell senescence.

**3.4 Induction of NP cellular senescence through X-ray radiation**

To test our hypothesis that PDGF-AB/BB provides protection against the progression of

cellular senescence in the IVD, we first created a cellular senescence model using X-

ray radiation. The healthy NP cells were exposed to 5, 10 and 15 Gy of irradiation and

cultured for 7-10 days to develop senescent phenotype. SA-$\beta$-gal staining was

performed to detect senescent cells. We found that non-irradiated, proliferating NP cells

showed elongated, spindle-shaped morphology and faint SA-$\beta$-gal staining at day 7

(**Figure 4A**). In contrast, cells exposed to 5 and 10 Gy of irradiation developed

characteristics of a senescent cell phenotype — enlarged cell size, low cell number, and

a higher percentage of SA-$\beta$-gal positive cells. However, cells exposed to 15 Gy of

radiation underwent significant cell death, showing negligible SA-$\beta$-gal staining. As a

result, we excluded the 15 Gy dosage group in subsequent studies. To quantify cell

growth, MTT assay was performed, which revealed reduced cell proliferation under 5

and 10 Gy of irradiation compared to the non-irradiated group (**Figure 4B**). Furthermore,

we examined the expression of senescence related markers — Lamin B1, P21 and P16.

Lamin B1 is a structural component of the nucleus, and its loss is a senescence-

associated biomarker (39). Non-irradiated cells displayed nuclear Lamin B1 expression

while its expression was lost in healthy NP cells exposed to 5 and 10 Gy of irradiation

for 7 days (**Figure4C**). Meanwhile, nuclear localization of P21 (**Figure 4C**) and P16

(**Figure 4D**) was observed in irradiated cells, with little immunopositivity in non-

irradiated cells at day 7. However, the transcripts of *P21* and *P16* were not significantly

decreased until day 10 (**Figure 4E+F**). Caspase 3 (*CASP3*) gene expression was

reduced at both timepoints, suggesting that the irradiated cells were resistant to

apoptosis. Furthermore, the gene expression of *PDGFRA* was significantly decreased in

cells under 10 Gy of irradiation at day 10. Taken together, when exposed to irradiation

for 10 days, healthy human NP cells developed senescent phenotype, accompanied

with decreased PDGFRA expression.

**3.5 PDGF-AB/BB inhibited senescent phenotype in NP and AF cells**

To investigate the protective effects of PDGF-AB/BB against cell senescence in the IVD,

healthy human NP and AF cells were exposed to 10Gy of irradiation, followed by

immediate treatment with 20 ng/ml rhPDGF-AB/BB for 10 days. We first examined the

cell cycle progression using DAPI stained cells and found that rhPDGF-BB significantly

increased the percentage of cell population in the S phase in irradiated NP (**Figure 5A-**

**B**) and AF (**Figure 5C-D**) cells at day 10. In rhPDGF-AB treated cells, the percentage of

cell population in the S phase was increased in AF cells, but not significantly in NP cells.

These findings suggested that PDGF-AB/BB rescued IVD cells from cell cycle arrest in

irradiation induced senescent cells. Additionally, SA-β-gal staining demonstrated an

increase in the number of senescent cells after irradiation at day 10, whereas a

decrease was examined in rhPDGF-AB/BB treated NP and AF cells (**Figure 5E**).

At day 10, we analyzed the expression of *PDGFRA* and key senescence regulators of

cell cycle inhibitors *P21* and *P16*, *CASP3*, and SASP mediator *IL6.* The treatment of

rhPDGF-BB to irradiated NP cells significantly increased the gene expression of

*PDGFRA* and decreased the gene expression of *P21*, *P16*, and *IL6*, while playing no

effect in the gene expression of *CASP3* **(Figure 6A)**. Comparably, the treatment of

rhPDGF-AB to irradiated NP cells significantly decreased the gene expression of *P21*

and *IL6* and played no effect on the gene expression of *PDGFRA*, *P16*, and *CASP3*

**(Figure 6A)**. In AF cells, the results show that the treatment of rhPDGF-BB and

rhPDGF-AB reduced the gene expression of *P21* as those of NP cells **(Figure 6B)**.

However, the treatment of either rhPDGF-BB or rhPDGF-AB had no effect in the gene

expression of other genes examined **(Figure 6B)**. The lack of change in the gene

expression of *PDGFRA* from the treatment of either rhPDGF-BB or rhPDGF-AB

suggested that PDGF-BB reduced senescent phenotype through other receptors in AF

cells.

Furthermore, compared to irradiation only group, the protein levels of P21 and NF-κB, a

major regulator stimulating SASP, were inhibited in rhPDGF-BB treated NP cells (**Figure**

**6C**). In irradiated AF cells, the protein expression of P21 was significantly reduced by

rhPDGF-BB treatment. The expression of NF-kB showed a decreasing trend in

rhPDGF-BB treated cells. rhPDGF-AB had no effects on the protein expression of P21

and NF-kB. Overall, PDGF-BB mitigated the progression of senescent phenotype in

both human NP and AF cells.

**Discussion**

The current study has shown for the first time that PDGF-AB and -BB treatment not only

alleviated the senescent phenotype, but also suppressed the progression of cellular

senescence in the IVD. Specifically, in aged, degenerated human NP and AF cells,

PDGF-AB/BB treatment suppressed the ROS accumulation, mitochondrial dysfunction,

and the resultant oxidative stress, while stimulating cell cycle progression. In the NP,

PDGFRA was among the top hub genes that showed strong interaction with other

genes. Moreover, its expression was significantly reduced in irradiation induced senescent cells. Importantly, immediate PDGF-BB treatment after irradiation promoted the expression of *PDGFRA* and mitigated senescence associated phenotype in healthy IVD cells. This novel function of PDGF-BB/PDGFRA signaling is likely linked to their ability to inhibit NF-κB, P16, and P21 pathways in NP cells. In contrast, while PDGF treatment alleviated the senescent phenotype in AF cells, it also induced changes in pathways such as response to mechanical stimuli and neurogenesis, which were distinct from those in NP cells. This indicates that the treatment enhanced IVD functionality through different mechanisms within the two compartments. Senescence is a key contributor to the onset and the progression of IVD degeneration (Silwal et al. 2023). It can occur naturally with aging or can be triggered by growth factor deficiency, radiation, DNA damage, oxidative stress, and inflammatory stimuli (Wang et al. 2016)(Huang et al. 2022). Senescent cells exit the cell cycle and cannot divide; their accumulation reduces the IVD's ability to generate new cells to replace apoptotic or necrotic cells. It has been well established that increased number of senescent cells was positively correlated with the IVD aging and the severity of degeneration while negatively correlated with the percentage of proliferating cells in human NP and AF tissues (Gruber et al. 2009; Veroutis et al. 2021; Gruber et al. 2007). Since PDGF is a mitogenic growth factor and promotes cell proliferation in various cell types (Contreras et al. 2021; García-Olivas et al. 2007; Martin-Garrido et al. 2013), it is intriguing to explore whether PDGF-AB/BB could mitigate or prevent against the cellular senescence in IVDs. We observed groups of upregulated genes regulating cell cycle progression and cell proliferation in PDGF-AB/BB treated NP cells. AF cells also had an upregulation

of chromosome segregation and mitotic nuclear division pathways, suggesting that

these cells were actively proliferating. Cell cycle progression is controlled by cyclins,

and the expression of cyclin D1 and B1, regulators of the G1/S and G2/M phase

transition respectively, was increased in degenerated NP cells after PDGF-AB/BB

treatment. Transcriptomic analysis also revealed that increased cyclin D1 was among

the top hub nodes, tightly regulated by PDGF-AB and BB. In addition, cell cycle analysis

confirmed that PDGF-AB/BB induced the transition from G1 to S1 phase in senescent

IVD cells. Our data suggested that PDGF treatment led to an increase in the

proliferation of senescent IVD cells in the S phase likely through cyclin D1 and B1.

These findings were in accordance with previous studies showing that PDGF stimulated

cell proliferation and cyclin D1 expression in rat mesangial cells (Hida et al. 2003), rat

adventitial fibroblasts (Chen et al. 2023), and human vascular smooth muscle cells

(Martin-Garrido et al. 2013).

The antisenescence of PDGF has been demonstrated in several studies. For example,

PDGF-BB decreased SA-$\beta$-gal positive cells and the expression of P53 and P21 while

enhancing proliferative potential in senescent human dermal fibroblasts (Bae et al. 2016)

and mesenchymal stem cells (MSCs) derived from immune thrombocytopenia patients

(Zhang et al. 2016). PDGF exerts its function by binding to its receptors, thereby

triggering a cascade of intracellular signaling events, such as cell proliferation and

survival. The PDGF-PDGFRA signaling is often suppressed in premature aged or

senescent cells (Tan et al. 2018; Pan et al. 2019; Mori et al. 1993), suggesting that

PDGF signaling dysfunction might be involved in senescence or aging. Notably, our

transcriptome data has shown that both PDGF-AB and -BB induced the expression of

*PDGFRA* in aged, degenerated NP cells. This autoregulatory loop caused IVD cells to

become more sensitive to PDGF treatment and augmented the signaling cascades

triggered by PDGF binding, including senescence-associated P21, P16, P53, and NF-

κB pathways. In line with this thought, PPI analysis revealed that *PDGFRA* closely

interacted with upregulated *MDM2*, a negative regulator of P53. NF-κB signaling is a

major signaling pathway that is involved in inflamm-aging (Songkiatisak et al. 2022) and

induces the onset of SASP (Salminen et al. 2012), such as IL6, IL8, and CXCL1. In our

study, irradiation in NP cells led to decreased *PDGFRA* expression, which impaired the

activity of PDGF/PDGRFA signaling. However, PDGF-BB treatment promoted the

expression of *PDGFRA* and decreased the expression of *P21, P16,* and *IL6* in

senescent NP cells, likely by inhibiting NF-κB signaling. In fact, it has been shown that

NF-kB signaling was elevated in mouse IVDs exposed to a single 20 Gy dose of

irradiation in an ex vivo culture model (Liu et al. 2020). These findings support the idea

that PDGF treatment could stimulate the expression of *PDGFRA* and mitigated the

progression of senescent phenotype in healthy IVD cells. Interestingly, while mRNA

level was increased in PDGF treated NP cells, its protein level was decreased,

highlighting the complexity in PDGF receptor dynamics. Upon binding with PDGF

ligands, PDGFRA is known to undergo rapid internalization and degradation, a

mechanism that prevents overstimulation of the signaling pathway (Rogers and

Fantauzzo 2020). The upregulated gene expression probably compensates for this

degradation and supports continued activation of PDGFRA signaling activation,

emphasizing its crucial role in response to the PDGF treatment. Further studies using

preclinical animal models to validify the protectiveness of PDGF against the onset or

progression of senescence in the IVD will offer more robust evidence.

Degenerated IVD cells experienced an imbalance between ROS accumulation and

antioxidant capacity, leading to oxidative stress, which is involved in cellular senescence

(Feng et al. 2017). Mitochondrion is the primary location of intracellular ROS production

and its dysfunction in degenerated IVD cells causes electron leakage, resulting in the

formation of superoxide radicals (Wang et al. 2022). PDGF-AB/BB treatment

suppressed the activity of damaged mitochondria, leading to decreased ROS and

oxidative stress in degenerated NP and AF cells, as indicated by GO BP analysis.

Consistently, GSEA revealed the underrepresentation of oxidative phosphorylation in

treated NP cells. The downregulation of genes related to mitochondria activity and

oxidative phosphorylation may be indicative of a shift in metabolic pathways, leading

cells to potentially prioritize alterative pathways such as glycolysis. Indeed, PDGF

treatment upregulated groups of genes involved in response to decreased oxygen

levels, suggesting that the treatment activated cellular mechanisms involving in sensing

and adapting to low oxygen conditions. In line with this idea, it has been demonstrated

that hypoxia-inducible factor $1\alpha$ is highly expressed in healthy NP cells to suppress

oxidative phosphorylation and enhanced glycolysis, allowing cells to adjust to a hypoxia

microenvironment (Song et al. 2024; Silagi et al. 2021). Conversely, degenerated NP

cells show an opposite metabolic pattern (Song et al. 2024; Silagi et al. 2021).

Besides the anti-senescence, NP and AF cells responded differently to PDGF-AB/BB

treatment. AF cells were more responsive to the treatment with twice as many DEGs as

NP cells. The difference in tissue architecture and cellular contents between NP and AF

contributes to their specialized functions (Kudelko et al. 2021). The multiple layers of

concentric lamellae in the AF enables it to withstand circumferential loads while this

highly organized structure was disrupted with aging and degeneration (Dittmar et al.

2016). In addition, damage to the AF has the potential to stimulate neovascularization

and nerve ingrowth, provoking an inflammatory response and contributing to low back

pain. PDGF-AB/BB treatment downregulated groups of genes related to neurogenesis

and response to mechanical stimulus in AF cells while downregulated genes in the NP

were more associated with metabolic pathways, providing evidence that the treatment

enhanced IVD functionality in different aspects between the two compartments.

Senescence as a central hallmark of aging can be induced by several factors (Silwal et

al. 2023). One limitation of this study is that we did not examine the effects of PDGF-

AB/BB treatment on senescence using other senescence models. In addition, our

findings were obtained in vitro experiments, so caution is needed when interpreting our

data. Our future work will focus on establishing an appropriate experimental animal

model to study the functions of PDGF on cellular senescence.

In this study, we demonstrated a novel function of PDGF in human NP and AF cells.

PDGF-AB/BB treatment alleviated oxidative stress and mitochondria dysfunction while

stimulating cell cycle progression in degenerated IVD cells. In addition, the treatment

mitigated the progression of senescence in healthy NP and AF cells following irradiation.

These findings suggest that PDGF-AB/BB may serve as a promising potential candidate

for IVD degeneration by targeting cellular senescence.

**Human ethics and consent to participate:**

This study was conducted in accordance with the ethical principles outlined in the Declaration of Helsinki. All experiments and procedures were reviewed and approved by the Institutional Review Board (IRB #00099028) of Emory University for all experimental procedures. Human tissue samples were collected after obtaining familial consent.

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**Conflict of interest:**

The authors have no conflict of interest associated with this work.

**Authors' contributions:**

CZ designed and conducted the study, analyzed and interpreted the data, and drafted the manuscript. TF and MDH reviewed and revised the manuscript. SS assisted in data collection. SY provided diseased IVD tissues and reviewed the manuscript. LH provided healthy IVD cells and revised the manuscript. HD designed the study and interpreted

the data. All authors have reviewed the manuscript and provided their consent for

publication.

**Availability of data and materials:**

The datasets and code used and analyzed during the current study are available from

the corresponding author on reasonable request.

**Figure legends**

**Figure 1. Transcriptomics of AF and NP cells in response to PDGF-AB/BB**

**treatment. A + B**) Volcano plots showing the differentially expressed genes (DEGs) in

AF (**A**) and NP (**B**) cells treated with rhPDGF-AB/BB for 5 days (cutoff: |FC| > 1.5 and

FDR < 0.05). DEGs were annotated in the plot according to FDR. **C+D)** Heatmap plots

showing the top 50 DEGs in rhPDGF-AB/BB treated AF (**C**) and NP (**D**) cells based on

fold change. NP: n = 5 samples. AF: n = 6 samples.

**Figure 2. Functional analysis of AF cells treated with PDGF-AB/BB. A + B)** Gene

ontology (GO) analysis for biological process using upregulated (**A**) and downregulated

(**B**) DEGs in AF cells. Y-axis label represents GO terms, and x-axis represents

geneRatio (geneRatio refers to the proportion of genes that are annotated in specific

GO term within all the input genes). The size of bubble represents the gene counts

enriched in a particular GO term and the color indicates the FDR of GO terms. **C)** Gene

set enrichment analysis (GSEA) on the entire transcriptome profile demonstrated an

upregulation of cell cycle, cytosolic DNA-sensing pathway, ErbB signaling pathway, and

proteasome and a downregulation of drug metabolism-cytochrome P450 pathway in

rhPDGF-BB treated NP cells. **D**) The leading-edge genes associated with these

pathways were shown using a chord diagram. **E)** Protein-protein interaction network

using DEGs was constructed in STRING and visualized in Cytospace.

**Figure 3. Functional analysis of NP cells treated with PDGF-AB/BB. A + B)** Gene

ontology (GO) analysis for biological process using upregulated **(A)** and downregulated

**(B)** DEGs in NP cells. Y-axis label represents GO terms, and x-axis represents

geneRatio (geneRatio refers to the proportion of genes that are annotated in specific

GO term within all the input genes). The size of bubble represents the gene counts

enriched in a particular GO term and the color indicates the FDR of GO terms. **C)** Gene

set enrichment analysis (GSEA) on the entire transcriptome profile demonstrated an

upregulation of Wnt signaling pathway and a downregulation of oxidative

phosphorylation and ribosome in rhPDGF-BB treated NP cells. **D)** The leading-edge

genes associated with these pathways were shown using a chord diagram. **E)** Protein-

protein interaction network using DEGs was constructed in STRING and visualized in

Cytospace. **F+G)** The changes in the gene expression of PDGFRA and IL6 were

verified in NP **(F)** and AF **(G)** cells treated with rhPDGF-AB (40ng/ml) or -BB (20ng/ml)

for 5 days. *p< 0.05. **p< 0.01. ***p< 0.001.

**Figure 4. Cellular senescence induction by irradiation**. **A)** SA-b-gal staining in

healthy NP cells under different doses of irradiation at day 7. Images were captured

under 10X magnification using Echo microscope. ROI: region of interest. **B)** MTT assay

showed decreased cell proliferation after irradiation at day 7. **C)** Immunocytochemistry

staining on Lamin B1 and P21 in irradiated cells at day 7. **D)** Quantification of P21

positive cells. **E**) Immunocytochemistry staining on P16 in irradiated cells at day 7. **F)**

Quantification of P16 positive cells. **G)** Changes in the gene expression levels of *P21,*

*P16,* and *CASP3* in NP cells under 10 Gy of irradiation compared to the non-irradiated

group at day 7 and 10 timepoints. **H**) The gene expression of *PDGFRA* was reduced

under 10 Gy of irradiation compared to the non-irradiated group at day 10. *$*p< 0.05.$

*$**p< 0.01.$ $***p< 0.001.$ $****p< 0.0001.$*

**Figure 5. PDGF-AB/BB treatment inhibited the progression of senescence in**

**healthy NP and AF cells exposed to irradiation.  A-F)** Cell cycle analysis by DAPI

staining in irradiated healthy NP **(A-C)** and AF **(D-F)** cells treated with rhPDGF-

AB(40ng/ml) or BB (20ng/ml)  for 10days. The upper panel shows the data obtained

from NP cells, and lower panel shows the data from AF cells. Representative graphs

**(A+D)** showing the changes in cell cycle progression in NP and AF cells after treatment.

**B+E)** Quantification of cell cycle analysis showed the cell percentage in each phase.

Two-way ANOVA with Dunnett post hoc testing was performed. n = 4 each group. **C+ F)**

The cell percentage in the S phase was shown to examine the effects of treatment on

cell proliferation. One-way ANOVA with Dunnett post hoc testing was performed. n = 4

each group. **G)** SA-b-gal staining in irradiated healthy NP (upper panel) and AF cells

(lower panel) showing the reduced SA-b-gal positive cells in after treatment. Images

were captured under 10X magnification using Echo microscope. ROI: region of interest.

The data is presented as mean with SD.  *$*p< 0.05.$ $**p< 0.01.$*

**Figure  6.  PDGF-AB/BB  treatment  suppressed  the  expression  of  senescence**

**associated regulators**. **A-B)** Changes in the gene expression of *PDGFRA, P21, P16,*

*CASP3,* and *IL6* in irradiated NP (**A**) and AF (**B**) cells treated with rhPDGF-AB/BB. **C+D)**

Protein expression levels of P21 and NF-κB in irradiated NP (**C**) and AF (**D**) cells treated

with rhPDGF-AB/BB. n = 4 each group. One-way ANOVA with Dunnett post hoc testing

was performed. The data is presented as mean with SD. *$p< 0.05$. **$p< 0.01$. ****$p<$

$0.0001$.

**Supplementary figure 1: Principle component analysis (PCA) of NP and AF**

**samples treated with rhPDGF-AB and BB. A+B)** PCA plot of NP (**A**) cells and AF cell

(**B**) showed the distinct cluster between untreated and treated samples. The clusters of

PDGF-AB and BB samples were overlapping. NP: n = 5 each group. AF: n = 6 each

group.

**Supplementary figure 2: Protein expression of PDGFRA was decreased in NP and**

**AF samples treated with rhPDGF-AB and BB. A)** Representative images of western

blot oof PDGFRA in NP (left) and AF (right) cells. **B)** Quantification of western blot

results showing decreased PDGFRA expression in treated samples compared to the

untreated group. NP: n=5; AF: n=6. One-way ANOVA with Dunnett post hoc testing was

performed. The data is presented as mean with SD. *$p< 0.05$. **$p< 0.01$.

**Table captions**

**Table 1:** Donor information.

Table 1. Donor information

| Grade | Age | Sex | Cell type |
|-------|-----|-----|-----------|
| 4 | 67 | M | NP & AF |
| 5 | 61 | M | NP & AF |
| 5 | 61 | M | NP & AF |
| 4 or 5 | 65 | F | NP & AF |
| 4 or 5 | 81 | F | AF |
| 4 | 53 | F | AF |
| 4 | 64 | F | NP |
| 1 | 19 | M | NP & AF |
| 1 | 21 | M | NP & AF |
| 1 | 25 | F | NP & AF |
| 1 | 27 | F | NP & AF |

654    **Table 2:** Sequence                                    of primers.

Table 2. Sequence of primers

| Gene | Primer sequence |
|------|-----------------|
| *P21* | Forward: 5'-GAC ACCACT GGA GGG TGA CT-3'<br>Reverse: 5'-CAGGTC CAC ATG GTC TTC CT-3' |
| *P16* | Forward: 5'-CCAACGCACCGAATAGTTACG-3'<br>Reverse: 5'-GCGCTGCCCATCATCATG-3' |
| *IL6* | Forward: 5'-CCGGGAACGAAAGAGAAGCT-3'<br>Reverse: 5'-GCGCTTGTGGAGAAGGAGTT-3' |
| *CCNB1* | Forward: 5'-ACTGGGTCGGGAAGTCACTG-3'<br>Reverse: 5'-CATTCTTAGCCAGGTGCTGC-3' |
| *CCND1* | Forward: 5'-CTGTGCTGCGAAGTGGAAAC-3'<br>Reverse: 5'-TCTGTTTGTTCTCCTCCGCC-3' |
| *CASP3* | Forward: 5'-TGG TTC ATC CAG TCG CTT TG-3'<br>Reverse: 5'-ATT CTG TTG CCA CCT TTC G-3' |
| *MKI67* | Forward: 5'-ATTTGCTTCTGGCCTTCCCC-3'<br>Reverse: 5'-CCAAACAAGCAGGTGCTGAG-3' |
| *ACTB* | Forward: 5'-CTC TTC CAG CCT TCC TTC CT-3'<br>Reverse: 5'-AGC ACT GTG TTG GCG TAC AG-3' |
| *PDGFRA* | Forward: 5'-AGAAAACAACAGCGGCCTTT -3'<br>Reverse: 5'-CTACATCTGGGTCTGGCACA -3' |

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