Protective effects of PDGF-AB/BB against cellular senescence in human

intervertebral disc

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Abstract

Cellular senescence, characterized by a permanent state of cell cycle arrest and a

secretory phenotype contributing to inflammation and tissue deterioration, has emerged

as a target for age-related interventions. Accumulation of senescent cells is closely

linked with intervertebral disc (IVD) degeneration, a prevalent age-dependent chronic

disorder causing low back pain. Previous studies have highlighted that platelet-derived

growth factor (PDGF) mitigated IVD degeneration through anti-apoptosis, anti-

inflammation, and pro-anabolism. However, its impact on IVD cell senescence remains

elusive. In this study, human NP and AF cells derived from aged, degenerated IVDs

were treated with recombinant human (rh) PDGF-AB/BB for 5 days and changes of

transcriptome profiling were examined through mRNA sequencing. NP and AF cells

demonstrated similar but distinct responses to the treatment. However, the effects of

PDGF-AB and BB on human IVD cells were comparable. Specifically, PDGF-AB/BB

treatment resulted in downregulation of gene clusters related to neurogenesis and

response to mechanical stimulus in AF cells while the downregulated genes in NP cells

were mainly associated with metabolic pathways. In both NP and AF cells, PDGF-AB

and BB treatment upregulated the expression of genes involved in cell cycle regulation,

mesenchymal cell differentiation, and response to reduced oxygen levels, while

downregulating the expression of genes related to senescence associated phenotype,

including oxidative stress, reactive oxygen species (ROS), and mitochondria

dysfunction. Network analysis revealed that PDGFRA and IL6 were the top hub genes

in treated NP cells. Furthermore, in irradiation-induced senescent NP cells, PDGFRA

gene expression was significantly reduced compared to non-irradiated cells. However,

rhPDGF-AB/BB treatment increased PDGFRA expression and mitigated the

senescence progression through increased cell population in the S phase, reduced SA-

β-Gal activity, and decreased expression of senescence related regulators including

P21, P16, IL6, and NF-κB. Our findings reveal a novel anti-senescence role of PDGF in

the IVD, demonstrating its ability to alleviate the senescent phenotype and protect

against the progression of senescence. This makes it a promising candidate for

preventing or treating IVD degeneration by targeting cellular senescence.

Introduction

Low back pain (LBP), ranked as the first cause of years lived with disability, is a prevalent condition. Although the etiology of LBP is multifactorial, a major contributor of LBP is intervertebral disc (IVD) degeneration, which is increasing exponentially due to a growing aged population worldwide (1). Current treatments, such as medicine, physical therapy, and surgical excision of the herniated tissues, only temporally alleviate painful symptoms (2). In fact, patients often experience persistent LBP after surgery (3). The fundamental cause of this is the inadequate knowledge of the underlying pathophysiology mechanisms leading to IVD degeneration. Therefore, it is crucial to understand the pathogenesis of IVD degeneration and develop novel therapeutic interventions to mitigate the degenerative processes.

The IVD consists of three compartments: the gelatinous nucleus pulposus (NP), fibrous

annulus fibrosus (AF), and cartilaginous endplate (4). NP and AF tissues play distinct

yet complementary roles in maintaining the spinal function. The NP has high content of

proteoglycans and water, absorbing and distributing mechanical forces. In contrast, AF

consists of multiple layers of concentric lamellae, which provides strength and stability

to the disc and withstands compressive forces (4,5). To date, the main focus of IVD cell

studies has been on the NP. It is often the first site impacted during aging and

degeneration, indicating the crucial role of NP cells in the initiation of IVD degeneration.

In contrast, degenerated alterations in the AF are more closely linked to pain and

disability. As a result, effective therapeutic strategies for IVD degeneration should aim to

restore the functionality of the entire disc unit.

Cellular senescence, triggered by normal cells in response to various intrinsic and

extrinsic stressors, is a fundamental mechanism underlying age-related chronic

diseases. Senescent cells are featured by irreversible growth arrest and acquire a

senescent-associated secretory phenotype (SASP) and the secretion of pro-

inflammatory cytokines, chemokines, and tissue-damaging proteases (6). Activation of

P53/P21 and P16 pathways play a critical role in regulating senescence (7). In addition,

NF-κB pathway is a major pathway involved in the expression of pro-inflammatory

mediators in senescent cells (8). Factors within the SASP can act in an autocrine

manner to reinforce the senescent state and induce senescence in neighboring cells via

paracrine signaling (9). This mechanism elucidates the accumulation of senescent cells

with aging and its associated detrimental effects. In the IVD, it has been well

established that the number of senescent cells increases with aging and IVD

degeneration (10–12), as demonstrated by increased senescence-associated β-

galactosidase (SA-β-Gal) positive cells and decreased cell proliferation. Growing

research also demonstrates that targeting cellular senescence holds promise in

alleviating the progression of IVD degeneration. Long-term systemic or local clearance

of senescent cells by senolytic drugs mitigated the age-related IVD degeneration in

mice (13) and reduced the expression of pro-inflammatory cytokines and matrix

proteases and restored IVD structure in an injury-induced IVD degeneration model in

rats (14). Cherif et al. and Mannarino et al. demonstrated that in humans, senolytic

drugs o-Vanillin (15) and RG-7112 (16) attenuated NP cellular senescence, where a

combination of these two senolytic drugs reduced the release of inflammatory factors

and pain mediators in degenerated NP cells from low back pain patients (17).

PDGF is a major constituent of platelet rich plasma (PRP), which is widely used in the

clinical setting for tissue regeneration and repair. It can be made of a homodimer of A,

B, C, and D polypeptide chains, or an AB heterodimer (18,19). Among these, PDGF-AB

and -BB are the predominant forms in PRPs (20). Two types of PDGFR (PDGFRA and

PDGFRB) were identified that differ in ligand-binding specificity. PDGFRA binds to all

PDGF chains but D chain while PDGFRB only binds to B and D chains (18,19). Upon

binding, PDGF-PDGFR network induces a cascade of phosphorylation in pathways

including cell proliferation, migration, and survival (21). We previously demonstrated

that recombinant human PDGF-BB (rhPDGF-BB) inhibited cell apoptosis while

promoting cell proliferation and matrix production in human IVD cells (22). Furthermore,

when delivered via hydrogel, rhPDGF-BB successfully inhibited IVD degeneration and

restored IVD biomechanical function in a rabbit preclinical model of puncture-induced

IVD degeneration (23). In the current study, we hypothesize that PDGF-AB and -BB

mitigated IVD degenerating through targeting cellular senescence. To test it, aged,

degenerated human IVD cells were treated with rhPDGF-AB or -BB and transcriptome

profiling was performed on treated NP and AF cells. We found similar but distinct

responses to the treatment between NP and AF cells. In NP cells, PDGF-AB and -BB

treatment upregulated the expression of PDGFRA and genes involved in cell cycle

progression while downregulating the expression of genes related to ROS production,

oxidative stress, and mitochondrial function. The alterations in these pathways indicated

that the senescent phenotype was alleviated in human degenerated IVD cells treated

with PDGF-AB/BB. Interestingly, in human senescent NP cells induced by irradiation,

PDGFRA was significantly reduced while PDGF-AB/BB treatment prevented the

progression of senescence through increased cell cycle progression and reduced SA-β-

Gal staining and the expression of P21, P16, NF-κB, and IL6. In contrast, AF cells

treated with PDGF-AB/BB showed alleviated senescent phenotype independent of

PDGFRA.

Methods

2.1 Sample collection and cell extraction

This study was conducted in accordance with the ethical principles outlined in the

Declaration of Helsinki. All experiments and procedures were reviewed and approved by

the institutional review board of Emory University (IRB #00099028) approval. Human

degenerated NP and AF tissues (Grade IV or V on Pfirrman grade) were obtained from

donors after discectomy surgeries for discogenic pain, with each donor providing written

informed consent. Healthy NP and AF cells were gifted by Professor Lisbet A. Haglund

from McGill University (Tissue Biobank #2019-4896). The donor information was listed

in **Table 1**. NP and AF cells were extracted as previously described (24). Isolated cells

were expanded in growth medium containing low glucose DMEM, 10% FBS, 1X

antibiotic-antimycotic (Thermofisher Scientific, 15240062), and 50 µg/ml L-

Ascorbic acid 2-phosphate (Sigma, A8960). Cells were grown at 37°C under 5% CO_2

and 20% O_2. To minimize the variability between experiments that may be caused by

changes in cell behavior with each passage, cells of passage 3 were used for each

experiment.

2.2 RNA-sequencing

To synchronize cells and enhance the sensitivity of cells to PDGF stimulation,

degenerated NP (n =5/each group) and AF cells (n =6/each group) were serum-

deprived in low glucose medium containing 0.2% FBS for 1 day before treating with

PDGF-AB (40ng/ml) or -BB (20ng/ml) for 5 days. Total RNA was isolated with TRIzol

(ThermoFisher Scientific, 15596018) and purified using miRNeasy kit (Qiagen, 217084).

Genomic DNA contamination was eliminated through on-column DNase digestion. The

concentration and quality of RNA were determined using Nanodrop and RNA integrity

was assessed by Agilent 2200 Bioanalyzer. RNA samples (NP: n = 5, AF: n = 6) with

RIN > 7 were shipped in dry ice to Novogene for RNA-sequencing, which was carried

out using NovaSeq 6000 (Novogene Corporation Inc). Libraries were constructed from

0.2µg RNA using TruSeq Stranded Total RNA Sample Prep Kit (Illumina). Quality control

was performed for distribution of sequencing error rate and GC content and data

filtering was performed to remove the low-quality reads and reads containing adapters.

The resulting sequences were uploaded into the NCBI Sequence Read Archive (SRA)

database (PRJNA1150962). The clean reads were mapped to human reference

genome sequence using DNASTAR.

2.3 Differential gene expression analysis of RNA-seq data

Unnormalized raw counts exported from DNASTAR were used for pairwise gene

expression comparison between untreated and PDGF-AB/BB samples. Differential

expression genes (DEGs) were identified using DESeq2 package in R and DEGs with

fold change greater than 1.5 and adjusted p value less than 0.05 were considered

statistically significant. Heatmap and volcano plots and principal component analysis

were performed to visualize the DEGs between untreated and PDGF-AB/BB samples.

2.4 Pathway enrichment analysis

To identify the biological process that DEGs were enriched, Gene ontology (GO)

analysis was performed using upregulated and downregulated DEGs separately in R.

The significantly enriched GO terms were visualized by dot plot analysis. GeneRatio in

X-axis was calculated by the ratio of gene counts enriched in a particular GO term to all

the gene counts annotated in the GO term.

Gene Set Enrichment Analysis (GSEA) was performed on all the genes to determine

whether a predefined set of genes is significantly enriched in untreated or PDGF-BB

samples. GSEA was conducted based on KEGG (Kyoto Encyclopedia of Genes and

Genomes) database using clusterProfiler package in R(25) and a gene set was

considered significantly enriched when the false discovery rate (FDR) was less than

0.05. Enrichment score (ES) was calculated to reflect the degree to which a gene set is

overrepresented in our dataset, which was ranked based on fold change. Normalized

enrichment score (NES) is the ES normalized to the gene set size.

2.5 Protein-protein interaction network analysis

The interactions among DEGs were performed using the Search Tool for the Retrieval

of Interacting Genes (STRING) database (v12.0) with an interaction score greater than

0.4. Discrete proteins were removed, and the node files were exported and visualized in

Cytospace (v3.10.0). To identify essential nodes in the interaction network, the

betweenness centrality among the nodes was calculated using CytoNCA plugin (v2.1.6)

in Cytospace (26) and the top 10 hub nodes were identified using CyoHubba plugin

(v0.1)(27).

2.6 Cellular senescence induction by irradiation

188   To induce cellular senescence, healthy NP and AF cells (n=4/each group) were exposed

189   to X-ray in a CellRad benchtop X-ray irradiator (Precision X-Ray) at a rate of 2.6

190   Gy/min. The cells were cultured in growth medium and exposed to indicated doses of

191   ionizing radiation (IR) at 50% confluency. Irradiated cells were immediately treated with

192   PDGF-AB/BB (20ng/ml) for 10 days.

2.7 Senescence-associated β-galactosidase (SA-β-Gal) staining

SA-β-Gal staining was performed according to the manufacturer's protocol (Cell

Signaling Technology, #9860). In brief, cells cultured in 6-well plates were washed in

PBS and fixed with 1X fixative solution for 10 min. 1 ml of β-Gal staining solution

(containing 1 mg/ml X-Gal) was added and the cells were incubated at 37 °C in the

absence of CO_2 overnight. Cells were washed in PBS and observed under bright-field

microscope (ECHO Revolve).

2.8 Immunocytochemistry

Cells cultured on glass coverslips were washed in 1 X PBS and fixed in 4% (v/v)

formaldehyde for 10 min. After washing in 1 X PBS, cells were premetallized in PBS

with 0.1% Trition X-100 for 15 min. Non-specific binding sites were blocked in 0.1%

Tween-20/PBS with 1% bovine serum album for 30 min, followed by incubating with

primary antibodies against P21 (1:500, Cell Signaling Technology, #2947), P16 (1:500,

Cell Signaling Technology, #80772), or Lamin B1 (1:500, Cell Signaling Technology,

#68591S). After overnight incubation at 4 °C, the cells were washed and incubated with

the corresponding host-specific secondary antibodies goat anti mouse Alex Fluor 488

(1:1000, #ab150113), or goat anti rabbit Alex Fluro 647 (1:1000, #ab150079) for 1 hour.

Cells were counterstained and mounted with mounting medium with DAPI (Abcam,

#ab104139) and visualized using an Olympus BX63 automated fluorescence

microscope.

2.9 Quantitative real-time PCR assays

Total RNA was extracted from cells collected in TRIzol reagent (Thermofisher Scientific,

#15596018) and RNA quality was measured using NanoDrop-1000 spectrophotometer

(Thermofisher Scientific, #ND-2000). 1μg of RNA was reverse transcribed using Verso

cDNA synthesis kit (Thermofisher Scientific, #AB-1453B). Quantification of mRNA

expression was determined by SYBR-based real-time PCR using PowerUp SYBR

Green Master Mix (Applied Biosystems, #A25742). PCR primer sequences were listed

in **Table 2.** Values were normalized to *ACTB*. mRNA levels were presented as fold

change compared to untreated cells according to the $2^{-\Delta\Delta CT}$ method.

2.10 Immunoblotting

Whole-cell protein extraction and immunoblotting analysis were performed as previously

described (24). Briefly, cells were lysed using RIPA lysis buffer with 1 X protease and

phosphatase inhibitor (ThermoFisher Scientific, #PI78440). Protein concentration was

determined using Pierce BCA protein assay kit (ThermoFisher Scientific, #23225) and

20 μg of cell lysate from each sample was used to determine the protein expression of

P21 (1:2000, Cell Signaling Technology, #2947) and NF-kB (1:2000, Cell Signaling

Technology, #8242S). All proteins were normalized to b-actin (1:2000, Cell Signaling

Technology, #5125S).

2.11 Statistics

One-way analysis of variance (ANOVA) testing was performed to assess the effects of

treatment on NP and AF cells with subsequent Dunnett post hoc testing. To analyze the

effects of ionizing radiation on the expression of senescence markers in cells, t-test was

utilized. The statistical analyses were performed using GraphPad Prism9. A p-value <

0.05 was considered statistically significant.

3 Results

3.1 Transcriptomics of AF and NP cells in response to PDGF-AB/BB

Bulk RNA sequencing was performed to investigate the global changes in gene

expression of degenerated AF and NP cells in response to rhPDGF-AB/BB treatment.

Principal component analysis (PCA) on all detected genes revealed distinct clusters

between untreated and rhPDGF-AB/BB treated samples while clusters of rhPDGF-AB

and rhPDGF-BB treated samples were overlapping (**Supplementary figure 1**). As

shown in volcano plots, differential expression analysis (|FC|>1.5 and FDR < 0.05)

revealed 880 downregulated and 740 upregulated genes in AF cells treated with

rhPDGF-AB and 996 downregulated and 821 upregulated genes induced by rhPDGF-

BB treatment after 5 days exposure (**Figure 1A**). In contrast, NP cells had 563

downregulated and 423 upregulated genes in rhPDGF-AB treated group and 409

downregulated and 404 upregulated genes in rhPDGF-BB treated group. The top

differentially expressed genes (DEGs) were annotated according to FDR and most of

these genes exhibited similarity between treatment groups in both AF and NP cells

(**Figure 1A+B**). Furthermore, a heat map visualizing the top 50 DEGs by fold change

revealed variability among donors while demonstrating an overall consistent response

to rhPDGF-AB/BB treatment across the samples (**Figure 1C+D**). Tissue-specific

changes were observed in AF and NP cells when treated with rhPDGF-AB/BB. For

example, *SLC26A4* (Pendrin) and *CA2*, regulators of the process of transporting and

producing bicarbonate, are involved in the homeostatic control of pH in various type of

cells (28,29) and their expression was upregulated in NP cells when treated with

rhPDGF-AB/BB (**Figure 1D**). *MAMDC2* and *COL21A1*, involved in extracellular matrix

organization (30,31), were also upregulated in NP cells while *WISP2* (32) and

RARRES2 (33), modulators of the induction of inflammatory mediators and immune

response, were downregulated after treatment. In contrast, in addition to the commonly

upregulated *CA2, MDMC2* and *RARRES2*, AF cells showed alterations in genes

involved in mechanical stress, pain sensation, and angiogenesis, such as *CSRP3* (34),

PI16 (35), *EFEMP1* (36) and *SLC26A4-AS1* (37) (**Figure 1C**). Notably, *PRELP*,

potentially associated with Hutchinson-Gilford progeria (38), was also downregulated in

rhPDGF-AB/BB treated AF cells (**Figure 1A**).

3.2 Functional analysis of AF cells treated with PDGF-AB/BB

To investigate the enriched biological processes (BP) induced by rhPDGF-AB/BB

treatment in AF cells, gene ontology (GO) analysis was performed using upregulated

and downregulated DEGs separately. As expected, the biological processes between

rhPDGF-AB and -BB treated samples were mostly overlapping (**Figure 2A+B**). In AF

cells, upregulated DEGs were significantly enriched in biological processes including

regulation of cell cycle and chromosome segregation. Furthermore, AF cells

demonstrated upregulated pathways including mesenchymal cell differentiation and

response to oxygen levels and downregulated pathways including response to ROS and

oxidative stress (**Figure 2A**). Moreover, the treatment downregulated groups of genes

related to neurogenesis and response to mechanical stimulus (**Figure 2B**). In line with

the results of GO analysis, GSEA analysis revealed an overrepresentation of cell cycle

pathway in rhPDGF-AB/BB treated cells (**Figure 2C**). Additionally, the ErbB signaling

pathway, proteasome pathway, and cytosolic DNA-sensing pathway were enriched,

suggesting that PDGF-AB/BB treatment promoted cell growth, protein turnover, and

maintenance of cellular homeostasis. The leading-edge genes that contributed most

significantly to these pathways include *CCNB1, CCND1, AREG, PSMB9, TREX1,* and

POLR3A, as shown in **Figure 2D.**

3.3 Functional analysis of NP cells treated with PDGF-AB/BB

GO analysis revealed similar yet distinct responses to rhPDGF-AB/BB treatment

between NP and AF cells. In NP cells, rhPDGF-AB and -BB treatment upregulated

groups of genes related to cartilage development, cell-matrix adhesion, Wnt signaling

pathway, and response to decreased oxygen levels, which were all important to

maintaining NP phenotype (**Figure 3A**). Downregulated DEGs were enriched in GO

terms associated with fatty acid metabolism, cellular respiration, mitochondrial function,

and reactive oxygen species production (**Figure 3B**), suggesting alterations in cellular

metabolism and oxidative stress. Gene set enrichment analysis (GSEA) on the entire

transcriptomics also revealed that Wnt signaling pathway and neuroactive ligand-

receptor interaction were upregulated while the pathways related to oxidative

phosphorylation and ribosome were downregulated in rhPDGF-BB treated NP cells

(**Figure 3C**). The core enrichment genes associated with these pathways were

visualized in a chord diagram (**Figure 3D**). Specifically, the leading-edge DEGs

enriched in Wnt signaling pathway include *WNT7B, WNT5A, NKD1*, and *SFRP1* and

oxidative phosphorylation pathway showed enrichment in *NDUFB7, NDUFA11, COX5B*,

and *CYC1*.

To better understand the regulatory mechanisms of PDGF-AB/BB in degenerated NP

cells, DEGs between untreated and treated groups were used to construct protein-

protein interaction (PPI) networks through STRING and Cytoscape software. The

network of the top 10 hub nodes based on betweenness was demonstrated in **Figure**

3E and it revealed the strong correlation between *PDGFRA (*PDGF receptor alpha) and

IL6, MDM2, *MDM2, CCND1, PIK3R1, NOP53, FN1,* and *IDH2*. The enrichment of hub

gene *IDH2*, which plays a role in generating NADPH within mitochondria, further

validated the alterations in oxidative phosphorylation pathway and subsequent ROS

production, as indicated by GSEA and GO analysis in rhPDGF-AB/BB treated NP cells.

MDM2 (a negative regulator of P53) and predicted *NOP53* (a regulator of P53 binding

activity) suggested that PDGF-BB interfered with P53 signaling pathway. The interaction

between these genes and inflammatory cytokine *IL6* indicated a potential involvement of

PDGF-AB/BB in cellular senescence. The gene expression of top hub genes PDGFRA

and IL6 was further verified in both NP (**Figure 3F**) and AF (**Figure 3G**) cells by qPCR.

PDGF-AB/BB increased the gene expression of PDGFRA in only NP cells and reduced

the IL6 gene expression in both type of cells. Taken together, NP and AF cells

responded differently to PDGF-AB/BB treatment, but both cell types showed a positive

regulation of cell cycle and inhibited inflammation, response to ROS, oxidative stress,

and mitochondrial dysfunction, indicating a role of PDGF-AB/BB in IVD cell senescence.

3.4 Induction of NP cellular senescence through X-ray radiation

To test our hypothesis that PDGF-AB/BB provides protection against the progression of

cellular senescence in the IVD, we first created a cellular senescence model using X-

ray radiation. The healthy NP cells were exposed to 5, 10 and 15 Gy of irradiation and

cultured for 7-10 days to develop senescent phenotype. SA-β-gal staining was

performed to detect senescent cells. We found that non-irradiated, proliferating NP cells

showed elongated, spindle-shaped morphology and faint SA-β-gal staining at day 7

(**Figure 4A**). In contrast, cells exposed to 5 and 10 Gy of irradiation developed

characteristics of a senescent cell phenotype — enlarged cell size, low cell number, and

a higher percentage of SA-β-gal positive cells. However, cells exposed to 15 Gy of

radiation underwent significant cell death, showing negligible SA-β-gal staining. As a

result, we excluded the 15 Gy dosage group in subsequent studies. To quantify cell

growth, MTT assay was performed, which revealed reduced cell proliferation under 5

and 10 Gy of irradiation compared to the non-irradiated group (**Figure 4B**).

Furthermore, we examined the expression of senescence related markers — Lamin B1,

P21 and P16. Lamin B1 is a structural component of the nucleus, and its loss is a

senescence-associated biomarker (39). Non-irradiated cells displayed nuclear Lamin B1

expression while its expression was lost in healthy NP cells exposed to 5 and 10 Gy of

irradiation for 7 days (**Figure4C**). Meanwhile, nuclear localization of P21 (**Figure 4C**)

and P16 (**Figure 4D**) was observed in irradiated cells, with little immunopositivity in non-

irradiated cells at day 7. However, the transcripts of *P21* and *P16* were not significantly

decreased until day 10 (**Figure 4E+F**). Caspase 3 (*CASP3*) gene expression was

reduced at both timepoints, suggesting that the irradiated cells were resistant to

apoptosis. Furthermore, the gene expression of *PDGFRA* was significantly decreased in

cells under 10 Gy of irradiation at day 10. Taken together, when exposed to irradiation

for 10 days, healthy human NP cells developed senescent phenotype, accompanied

with decreased PDGFRA expression.

3.5 PDGF-AB/BB inhibited senescent phenotype in NP and AF cells

To investigate the protective effects of PDGF-AB/BB against cell senescence in the IVD,

healthy human NP and AF cells were exposed to 10Gy of irradiation, followed by

immediate treatment with 20 ng/ml rhPDGF-AB/BB for 10 days. We first examined the

cell cycle progression using DAPI stained cells and found that rhPDGF-BB significantly

increased the percentage of cell population in the S phase in irradiated NP (**Figure 5A-**

B) and AF (**Figure 5C-D**) cells at day 10. In rhPDGF-AB treated cells, the percentage of

cell population in the S phase was increased in AF cells, but not significantly in NP cells.

These findings suggested that PDGF-AB/BB rescued IVD cells from cell cycle arrest in

irradiation induced senescent cells. Additionally, SA-β-gal staining demonstrated an

increase in the number of senescent cells after irradiation at day 10, whereas a

decrease was examined in rhPDGF-AB/BB treated NP and AF cells (**Figure 5E**).

At day 10, we analyzed the expression of *PDGFRA* and key senescence regulators of

cell cycle inhibitors *P21* and *P16*, *CASP3*, and SASP mediator *IL6.* The treatment of

rhPDGF-BB to irradiated NP cells significantly increased the gene expression of

PDGFRA and decreased the gene expression of *P21*, *P16*, and *IL6*, while playing no

effect in the gene expression of *CASP3* **(Figure 6A)**. Comparably, the treatment of

rhPDGF-AB to irradiated NP cells significantly decreased the gene expression of *P21*

and *IL6* and played no effect on the gene expression of *PDGFRA*, *P16*, and *CASP3*

(Figure 6A). In AF cells, the results show that the treatment of rhPDGF-BB and

rhPDGF-AB reduced the gene expression of *P21* as those of NP cells **(Figure 6B)**.

However, the treatment of either rhPDGF-BB or rhPDGF-AB had no effect in the gene

expression of other genes examined **(Figure 6B)**. The lack of change in the gene

expression of *PDGFRA* from the treatment of either rhPDGF-BB or rhPDGF-AB

suggested that PDGF-BB reduced senescent phenotype through other receptors in AF

cells.

Furthermore, compared to irradiation only group, the protein levels of P21 and NF-κB, a

major regulator stimulating SASP, were inhibited in rhPDGF-BB treated NP cells (**Figure**

6C). In irradiated AF cells, the protein expression of P21 was significantly reduced by

rhPDGF-BB treatment. The expression of NF-kB showed a decreasing trend in

rhPDGF-BB treated cells. rhPDGF-AB had no effects on the protein expression of P21

and NF-kB. Overall, PDGF-BB mitigated the progression of senescent phenotype in

both human NP and AF cells.

Discussion

The current study has shown for the first time that PDGF-AB and -BB treatment not only

alleviated the senescent phenotype, but also suppressed the progression of cellular

senescence in the IVD. Specifically, in aged, degenerated human NP and AF cells,

PDGF-AB/BB treatment suppressed the ROS accumulation, mitochondrial dysfunction,

and the resultant oxidative stress, while stimulating cell cycle progression. In the NP,

PDGFRA was among the top hub genes that showed strong interaction with other

genes. Moreover, its expression was significantly reduced in irradiation induced

senescent cells. Importantly, immediate PDGF-BB treatment after irradiation promoted

the expression of *PDGFRA* and provided protection to IVD cells against acquiring

senescence associated phenotype. This novel function of PDGF-BB/PDGFRA signaling

is likely linked to their ability to inhibit NF-κB, P16, and P21 pathways in NP cells. In

contrast, PDGF-AB/BB alleviated the senescent phenotype in AF cells independent of

PDGFRA.

Senescence is a key contributor to the onset and the progression of IVD degeneration

(40). It can occur naturally with aging or can be triggered by growth factor deficiency,

radiation, DNA damage, oxidative stress, and inflammatory stimuli (41,42). Senescent

cells exit the cell cycle and cannot divide; their accumulation reduce the IVD's ability to

generate new cells to replace apoptotic or necrotic cells. It has been well established

that increased number of senescent cells was positively correlated with the IVD aging

and the severity of degeneration while negatively correlated with the percentage of

proliferating cells in human NP and AF tissues (10–12). Since PDGF is a mitogenic

growth factor and promotes cell proliferation in various cell types (21,43,44), it is

intriguing to explore whether PDGF-AB/BB could mitigate or prevent against the cellular

senescence in IVDs. We observed groups of upregulated genes regulating cell cycle

progression and cell proliferation in PDGF-AB/BB treated NP cells. AF cells also had an

upregulation of chromosome segregation and mitotic nuclear division pathways,

suggesting that these cells were actively proliferating. Cell cycle progression is

controlled by cyclins, and the expression of cyclin D1 and B1, regulators of the G1/S

and G2/M phase transition respectively, was increased in degenerated NP cells after

PDGF-AB/BB treatment. Transcriptomic analysis also revealed that increased cyclin D1

was among the top hub nodes, tightly regulated by PDGF-AB and BB. In addition, cell

cycle analysis confirmed that PDGF-AB/BB induced the transition from G1 to S1 phase

in senescent IVD cells. Our data suggested that PDGF treatment led to an increase in

the proliferation of senescent IVD cells in the S phase likely through cyclin D1 and B1.

These findings were in accordance with previous studies showing that PDGF stimulated

cell proliferation and cyclin D1 expression in rat mesangial cells(45), rat adventitial

fibroblasts (46), and human vascular smooth muscle cells (44).

The antisenescence of PDGF has been demonstrated in several studies. For example,

PDGF-BB decreased SA-β-gal positive cells and the expression of P53 and P21 while

enhancing proliferative potential in senescent human dermal fibroblasts (47) and

mesenchymal stem cells (MSCs) derived from immune thrombocytopenia patients (48).

PDGF exerts its function by binding to its receptors, thereby triggering a cascade of

intracellular signaling events, such as cell proliferation and survival. The PDGF-

PDGFRA signaling is often suppressed in premature aged or senescent cells (49–51),

suggesting that PDGF signaling dysfunction might be involved in senescence or aging.

Notably, our transcriptome data has shown that both PDGF-AB and -BB induced the

expression of *PDGFRA* in aged, degenerated NP cells. This autoregulatory loop caused

IVD cells to become more sensitive to PDGF treatment and augmented the signaling

cascades triggered by PDGF binding, including senescence-associated P21, P16, P53,

and NF-κB pathways. In line with this thought, PPI analysis revealed that *PDGFRA*

closely interacted with upregulated *MDM2*, a negative regulator of P53. NF-κB signaling

is a major signaling pathway that is involved in inflamm-aging (52) and induces the

onset of SASP (8), such as IL6, IL8, and CXCL1. In our study, irradiation in NP cells led

to decreased *PDGFRA* expression, which impaired the activity of PDGF/PDGRFA

signaling. However, PDGF-BB treatment promoted the expression of *PDGFRA* and

decreased the expression of *P21, P16,* and *IL6* in senescent NP cells, likely by

inhibiting NF-κB signaling. These findings support the idea that PDGF treatment could

stimulate the expression of *PDGFRA* and prevent healthy IVD cells from developing

senescent phenotype. Further studies using preclinical animal models to validify the

protectiveness of PDGF against the onset or progression of senescence in the IVD will

offer more robust evidence.

Degenerated IVD cells experienced an imbalance between ROS accumulation and

antioxidant capacity, leading to oxidative stress, which is involved in cellular senescence

(53). Mitochondrion is the primary location of intracellular ROS production and its

dysfunction in degenerated IVD cells causes electron leakage, resulting in the formation

of superoxide radicals (54). PDGF-AB/BB treatment suppressed the activity of damaged

mitochondria, leading to decreased ROS and oxidative stress in degenerated NP and

AF cells, as indicated by GO BP analysis. Consistently, GSEA revealed the

underrepresentation of oxidative phosphorylation in treated NP cells. The

downregulation of genes related to mitochondria activity and oxidative phosphorylation

may be indicative of a shift in metabolic pathways, leading cells to potentially prioritize

alterative pathways such as glycolysis. Indeed, PDGF treatment upregulated groups of

genes involved in response to decreased oxygen levels, suggesting that the treatment

activated cellular mechanisms involving in sensing and adapting to low oxygen

conditions. In line with this idea, it has been demonstrated that hypoxia-inducible factor

1α is highly expressed in healthy NP cells to suppress oxidative phosphorylation and

enhanced glycolysis, allowing cells to adjust to a hypoxia microenvironment (55,56).

Conversely, degenerated NP cells show an opposite metabolic pattern (55,56).

Besides the anti-senescence, NP and AF cells responded differently to PDGF-AB/BB

treatment. AF cells were more responsive to the treatment with twice as many DEGs as

NP cells. The difference in tissue architecture and cellular contents between NP and AF

contributes to their specialized functions (57). The multiple layers of concentric lamellae

in the AF enables it to withstand circumferential loads while this highly organized

structure was disrupted with aging and degeneration (58). In addition, damage to the AF

has the potential to stimulate neovascularization and nerve ingrowth, provoking an

inflammatory response and contributing to low back pain. PDGF-AB/BB treatment

downregulated groups of genes related to neurogenesis and response to mechanical

stimulus in AF cells while downregulated genes in the NP were more associated with

metabolic pathways, providing evidence that the treatment enhanced IVD functionality

in different aspects between the two compartments.

Senescence as a central hallmark of aging can be induced by several factors (40). One

limitation of this study is that we did not examine the protective effects of PDGF-AB/BB

treatment on senescence using other senescence models. In addition, our findings were

obtained in vitro experiments, so caution is needed when interpreting our data. Our

future work will focus on establishing an appropriate experimental animal model to study

the functions of PDGF on cellular senescence.

In this study, we demonstrated a novel function of PDGF in human NP and AF cells.

PDGF-AB/BB treatment alleviated oxidative stress and mitochondria dysfunction while

stimulating cell cycle progression in degenerated IVD cells. In addition, the treatment

protected healthy NP and AF cells against the progression of senescence induced by

irradiation. Our results suggest that PDGF-AB/BB could be a promising candidate for

preventing or treating IVD degeneration by targeting cellular senescence.

Human ethics and consent to participate:

This study was conducted in accordance with the ethical principles outlined in the

Declaration of Helsinki. All experiments and procedures were reviewed and approved by

the Institutional Review Board (IRB #00099028) of Emory University for all experimental

procedures. Human tissue samples were collected after obtaining familial consent.

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The authors have no conflict of interest associated with this work.

Authors' contributions:

CZ designed and conducted the study, analyzed and interpreted the data, and drafted

the manuscript. TF and MDH reviewed and revised the manuscript. SS assisted in data

collection. SY provided diseased IVD tissues and reviewed the manuscript. LH provided

healthy IVD cells and revised the manuscript. HD designed the study and interpreted

the data. All authors have reviewed the manuscript and provided their consent for

publication.

Availability of data and materials:

The datasets and code used and analyzed during the current study are available from

the corresponding author on reasonable request.

Figure legends

Figure 1. Transcriptomics of AF and NP cells in response to PDGF-AB/BB

treatment. A + B) Volcano plots showing the differentially expressed genes (DEGs) in

AF (**A**) and NP (**B**) cells treated with rhPDGF-AB/BB for 5 days (cutoff: |FC| > 1.5 and

FDR < 0.05). DEGs were annotated in the plot according to FDR. **C+D)** Heatmap plots

showing the top 50 DEGs in rhPDGF-AB/BB treated AF (**C**) and NP (**D**) cells based on

fold change. NP: n = 5 samples. AF: n = 6 samples.

Figure 2. Functional analysis of AF cells treated with PDGF-AB/BB. A + B) Gene

ontology (GO) analysis for biological process using upregulated (**A**) and downregulated

(**B**) DEGs in AF cells. Y-axis label represents GO terms, and x-axis represents

geneRatio (geneRatio refers to the proportion of genes that are annotated in specific

GO term within all the input genes). The size of bubble represents the gene counts

enriched in a particular GO term and the color indicates the FDR of GO terms. **C)** Gene

set enrichment analysis (GSEA) on the entire transcriptome profile demonstrated an

upregulation of cell cycle, cytosolic DNA-sensing pathway, ErbB signaling pathway, and

proteasome and a downregulation of drug metabolism-cytochrome P450 pathway in

rhPDGF-BB treated NP cells. **D**) The leading-edge genes associated with these

pathways were shown using a chord diagram.

Figure 3. Functional analysis of NP cells treated with PDGF-AB/BB. A + B) Gene

ontology (GO) analysis for biological process using upregulated **(A)** and downregulated

(B) DEGs in NP cells. Y-axis label represents GO terms, and x-axis represents

geneRatio (geneRatio refers to the proportion of genes that are annotated in specific

GO term within all the input genes). The size of bubble represents the gene counts

enriched in a particular GO term and the color indicates the FDR of GO terms. **C)** Gene

set enrichment analysis (GSEA) on the entire transcriptome profile demonstrated an

upregulation of Wnt signaling pathway and a downregulation of oxidative

phosphorylation and ribosome in rhPDGF-BB treated NP cells. **D)** The leading-edge

genes associated with these pathways were shown using a chord diagram. **E)** Protein-

protein interaction network using DEGs was constructed in STRING and visualized in

Cytospace. **F+G)** The changes in the gene expression of PDGFRA and IL6 were

verified in NP **(F)** and AF **(G)** cells treated with rhPDGF-AB (40ng/ml) or -BB (20ng/ml)

for 5 days. *p< 0.05. **p< 0.01. ***p< 0.001.

Figure 4. Cellular senescence induction by irradiation. **A)** SA-β-gal staining in

healthy NP cells under different doses of irradiation at day 7. **B)** MTT assay showed

decreased cell proliferation after irradiation at day 7. **C, D**) Immunocytochemistry

staining on Lamin B1 and P21 (**C**) and P16 (**D**) in irradiated cells at day 7. Scale bar =

100uM. **E)** Changes in the gene expression levels of *P21, P16,* and *CASP3* in NP cells

under 10 Gy of irradiation at day 7. **F**) The gene expression of *P21, P16, CASP3, IL6,*

and PDGFRA was altered in NP cells under 10 Gy of irradiation at day 10. n = 4 per

group. Statistical significance is analyzed using t-test. The data is presented as mean

with SD. *p< 0.05. ***p< 0.001. ****p< 0.0001.

Figure 5. PDGF-AB/BB treatment protected healthy NP and AF cells against

senescence progression. **A-F)** Cell cycle analysis by DAPI staining in irradiated

healthy NP (**A-B**) and AF (**C-D**) cells treated with rhPDGF-AB/BB for 10days. The upper

panel shows the data obtained from NP cells, and lower panel shows the data from AF

cells. Representative graphs (**A+C**) showing the changes in cell cycle progression in NP

and AF cells after treatment. Quantification of cell cycle analysis showed the cell

percentage in each phase (**B+D)**. **E)** SA-β-gal staining in irradiated healthy NP (upper

panel) and AF cells (lower panel) showing the reduced SA-β-gal positive cells after

treatment. Scale bar = 100uM. Two-way ANOVA with Dunnett post hoc testing was

performed. n = 4 each group. The data is presented as mean with SD. *p< 0.05.

Figure 6. PDGF-AB/BB treatment suppressed the expression of senescence

associated regulators. **A-B)** Changes in the gene expression of *PDGFRA*, *P21, P16,*

CASP3, and *IL6* in irradiated NP (**A**) and AF (**B**) cells treated with rhPDGF-AB/BB. **C+D)**

Protein expression levels of P21 and NF-κB in irradiated NP (**C**) and AF (**D**) cells treated

with rhPDGF-AB/BB. n = 4 each group. One-way ANOVA with Dunnett post hoc testing

was performed. The data is presented as mean with SD. *p< 0.05. **p< 0.01. ****p<

0.0001.

Supplementary figure 1: Principle component analysis (PCA) of NP and AF

samples treated with rhPDGF-AB and BB. A+B) PCA plot of NP (**A**) cells and AF cell

(**B**) showed the distinct cluster between untreated and treated samples. The clusters of

PDGF-AB and BB samples were overlapping. NP: n = 5 each group. AF: n = 6 each

group.

Table captions

Table 1: Donor information.

Table 1. Donor information

Grade	Age	Sex	Cell type
4	67	M	NP & AF
5	61	M	NP & AF
5	61	M	NP & AF
4 or 5	65	F	NP & AF
4 or 5	81	F	AF
4	53	F	AF
4	64	F	NP
1	19	M	NP & AF
1	21	M	NP & AF
1	25	F	NP & AF
1	27	F	NP & AF

588 **Table 2:** Sequence of primers.

Table 2. Sequence of primers

Gene	Primer sequence
P21	Forward: 5'-GAC ACCACT GGA GGG TGA CT-3' Reverse: 5'-CAGGTC CAC ATG GTC TTC CT-3'
P16	Forward: 5'-CCAACGCACCGAATAGTTACG-3' Reverse: 5'-GCGCTGCCCATCATCATG-3'
IL6	Forward: 5'-CCGGGAACGAAAGAGAAGCT-3' Reverse: 5'-GCGCTTGTGGAGAAGGAGTT-3'
CCNB1	Forward: 5'-ACTGGGTCGGGAAGTCACTG-3' Reverse: 5'-CATTCTTAGCCAGGTGCTGC-3'
CCND1	Forward: 5'-CTGTGCTGCGAAGTGGAAAC-3' Reverse: 5'-TCTGTTTGTTCTCCTCCGCC-3'
CASP3	Forward: 5'-TGG TTC ATC CAG TCG CTT TG-3' Reverse: 5'-ATT CTG TTG CCA CCT TTC G-3'
MKI67	Forward: 5'-ATTTGCTTCTGGCCTTCCCC-3' Reverse: 5'-CCAAACAAGCAGGTGCTGAG-3'
ACTB	Forward: 5'-CTC TTC CAG CCT TCC TTC CT-3' Reverse: 5'-AGC ACT GTG TTG GCG TAC AG-3'
PDGFRA	Forward: 5'-AGAAAACAACAGCGGCCTTT -3' Reverse: 5'-CTACATCTGGGTCTGGCACA -3'

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A

AF cells

Individuals - PCA

B

NP cells

Individuals - PCA