Title:

β-adrenergic blockers increase cAMP and stimulate insulin secretion through a

PKA/RYR2/TRPM5 pathway in pancreatic β-cells in vitro

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Running Title

β-blockers can increase cAMP and insulin secretion in β-cells

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Abbreviations

AC, adenylyl cyclase

BHQ, 2,5-di-*tert*-butylhydroquinone

cAMP, adenosine 3',5'-Cyclic Monophosphate

CICR, Ca^{2+}-induced Ca^{2+} release

ER, endoplasmic reticulum

FKBP, FK-506-binding protein

GPCR, G-protein coupled receptor

GLP-1, glucagon-like peptide

GIP, Glucose-dependent insulinotropic polypeptide

GSIS, glucose-stimulated insulin secretion

iAUC, incremental area under the curve

IP1, inositol 1-phosphate

IP$_3$, inositol 1,4,5-trisphosphate

K_{ATP} channel, ATP-sensitive K^+ channel

Propranolol-SIS, propranolol-stimulated insulin secretion

PKA, protein kinase A

PKC, protein kinase C

PLCβ, phospholipase Cβ

SERCA, sarcoplasmic/endoplasmic reticulum Ca^{2+} ATPase

TRPM, Transient receptor potential cation channel subfamily M

VDCC, voltage-dependent Ca^{2+} channelβ-blocker-SIS, β-blocker-stimulated insulin secretion

Abstract.

β-adrenergic blockers (β-blockers) are extensively utilized in the treatment of various

cardiovascular conditions. However, their direct effects on insulin secretion from pancreatic β-

cells remain largely unexplored. This study investigates the impact of β-blockers on insulin

secretion utilizing MIN6-K8 clonal β-cells and mouse islets in vitro. Various non-selective and

β1-selective β-blockers were found to amplify glucose- and glimepiride-induced insulin

secretion 1.5–2 fold. Surprisingly, some of the β-blockers (propranolol and bisoprolol) were

found to increase cAMP production 5–10 fold via adenylyl cyclase, the effects being dependent

on α2-adrenoceptors, which suggests cross-reactivity of these β-blockers and their receptors.

Propranolol-stimulated insulin secretion involves a novel signaling pathway mediated by

protein kinase A (PKA), ryanodine receptor 2 (RYR2), and transient receptor potential cation

channel subfamily M member 5 (TRPM5). Initially, cAMP activates PKA and triggers RYR2

phosphorylation and extracellular Ca^{2+} influx, leading to Ca^{2+}-induced Ca^{2+} release (CICR).

Subsequently, CICR activates TRPM5, resulting in augmented extracellular Ca^{2+} influx

through the L-type voltage-dependent Ca^{2+} channel (VDCC). Remarkably, propranolol-

stimulated insulin secretion exhibited greater efficacy in diabetic mouse islets than in lean

mouse islets, suggesting a potential strategy for the restoration of cAMP-stimulated insulin

secretion in diabetic β-cells. Our findings provide insights into the fundamental pharmacology

of adrenoceptors and the regulatory mechanisms of insulin secretion.

Significance statement

β-adrenoceptors transduce intracellular signals by increasing intracellular cAMP production,

an effect that is therapeutically blocked by β-adrenergic blockers (β-blockers) in their standard

use. This study investigated the effects of high-dose β-blockers on insulin secretion from

pancreatic β-cells in vitro. Strikingly, these concentrations of β-blockers were found to

paradoxically increase cAMP production, leading to enhanced insulin secretion via a novel

signaling pathway mediated by protein kinase A (PKA) and ryanodine receptor 2 (RYR2). Our

results clarify an unexpected pharmacological action of β-blockers, which presents a promising

strategy for the restoration of insulin secretion in diabetic β-cells.

Introduction

Pancreatic β-cells secrete insulin to maintain blood glucose levels within a physiological range.

Glucose metabolism leads to an increase in intracellular ATP levels which inhibits ATP-

sensitive K^+ (K_{ATP}) channels, resulting in membrane depolarization and opening of the voltage-

dependent Ca^{2+} channels, increasing intracellular Ca^{2+} ($[Ca^{2+}]_i$) levels and thereby stimulating

insulin granule exocytosis.

Insulin secretion is also modulated by various nutrients, hormones, and neurotransmitters,

including catecholamines (Porte, 1969). Catecholamines act on adrenergic receptors

(adrenoceptors), which are G-protein coupled receptors (GPCRs) comprising nine subtypes:

α1 (α1A, α1B, α1D), α2 (α2A, α2B, α2C), and β (β1, β2, β3) (Varney and Benovic, 2024).

Catecholamines, specifically noradrenaline and adrenaline, have been demonstrated to

inhibit insulin secretion (Schuit and Pipeleers, 1986; Sluga et al., 2022). These effects are

attributed to α2-adrenoceptors and the subsequent activation of Gαi/o of trimeric G proteins,

including inhibition of adenylyl cyclase (AC)-mediated adenosine 3',5'-Cyclic Monophosphate

(cAMP) production (Straub and Sharp, 2012).

Conversely, β-adrenoceptors are primarily coupled to Gαs, which activates AC to increase

intracellular cAMP levels (Brodde et al., 2006). Activation of β-adrenoceptors with their

agonists (β-agonists) increases circulating insulin levels in mice and humans in vivo (Porte,

1967; Cerasi et al., 1969; Imura et al., 1971; Loubatières et al., 1971; Ahren and Lundquist,

1981). Although the mechanism underlying the insulinotropic properties of β-agonists has not

been fully elucidated, it is reasonable to postulate that β-adrenoceptor-mediated cAMP

production potentiates insulin exocytosis via PKA and Epac2 (Seino and Shibasaki, 2005;

Tengholm and Gylfe, 2017).

β-adrenoceptor antagonists (β-blockers) function primarily by binding to β1-, β2-, or both

adrenoceptors and antagonizing the actions of endogenous catecholamines and β-adrenergic

agonists at these receptors (Paul, 2021). This class of drugs is used to treat various diseases,

including tachycardia, hypertension, congestive heart failure, cardiac arrhythmias,

hyperthyroidism, essential tremor, glaucoma, migraine prophylaxis, and other conditions

(Farzam et al., 2023).

Studies have demonstrated that β2-selective blockers antagonize the insulinotropic effects

of exogenous β-adrenergic agonists in vivo (Loubatières et al., 1971; Ahren and Lundquist,

1981), suggesting the involvement of β2-adrenoceptors in insulin secretion. However, the

direct effect of β-blockers on insulin secretion has not been sufficiently investigated. This issue

is clinically significant because the use of β-blockers is occasionally associated with

hypoglycemia (Carnovale et al., 2021).

In the present study, we demonstrate that β-blockers, when administered at high

concentrations, paradoxically stimulate cAMP production and insulin secretion in mouse β-

cells in vitro. Moreover, characterization of propranolol-SIS reveals a novel insulin secretory

pathway involving PKA/RYR2/TRPM5. These findings provide insights into the regulatory

mechanism of insulin secretion and the fundamental pharmacology of adrenoceptors.

Materials and Methods

Animals

C57BL/6JJcl (RRID:IMSR_JCL:JCL:MIN-0003) mice were purchased from CLEA Japan

(Tokyo, Japan) and used for experiments at 19–20 weeks of age. NSY.B6-*Tyr+*, *A^y*/Hos mice

were a gift from Hoshino Laboratory Animals (Ibaraki, Japan) and were used for experiments

at 19–20 weeks of age. Mice were maintained under specific-pathogen-free conditions at 23 ±

2 °C and 55 ± 10% relative humidity with 12-hour light-dark cycles (8am–8pm), with free

access to water and standard chow CE-2 (CLEA Japan, Tokyo, Japan). The health status of the

mice was checked regularly. All experiments were performed using male mice. Body weight

and blood glucose levels were measured at 9am in the ad-lib-fed state. All animal experiments

were performed with the approval APU22080 by the Institutional Animal Care and Use

Committee of Fujita Health University, complying with the Guidelines for Animal

Experimentation at Fujita Health University and current Japanese guidelines and regulations

for scientific and ethical animal experimentation (Kagiyama et al., 2006).

Cell lines

MIN6-K8 cells were generated as previously described (Iwasaki et al., 2010) and were kindly

provided by Professor Junichi Miyazaki (Osaka University). *Kcnj11^{-/-}* β-cells (clone name:

*Kcnj11^{-/-}*βCL1) are β-cells deficient in Kir6.2, a pore-forming subunit of the K_{ATP} channel.

They were established by sub-cloning MIN6-K8 cells transfected with Cas9 nickase and guide

RNA pairs targeting mouse Kcnj11, as described previously (Oduori et al., 2020). All cells

were cultured in Dulbecco's modified Eagle's medium (DMEM) containing 4500 mg/L

glucose (Sigma-Aldrich, St. Louis, MO, USA, Cat# D5796) supplemented with 10% fetal

bovine serum (FBS) (BioWest, Nuaillé, France, Cat# S1400-500) and 5 ppm 2-

mercaptoethanol. The cells were maintained at 37 °C with 5% CO_2.

Reagents

2.8 mM glucose-supplemented Krebs-Ringer bicarbonate buffer-HEPES (2.8G-KRBH) was

prepared by supplementing KRBH (133.4 mM NaCl, 4.7 mM KCl, 1.2 mM KH_2PO_4, 1.2 mM

$MgSO_4$, 2.5 mM $CaCl_2$, 5 mM $NaHCO_3$, 10 mM HEPES, pH 7.4) with 0.1% bovine-serum

albumin (Sigma-Aldrich, St. Louis, MO, USA, Cat# A6003) and 2.8 mM glucose. Ca^{2+}-free

KRBH was formulated by replacing $CaCl_2$ with an equimolar $MgCl_2$ and adding 0.2 mM

EGTA (NACALAI TESQUE, Kyoto, Japan, Cat# 15214-21). For extracellular Na^+ depletion

experiments, control buffer (150 mM NaCl, 5 mM KCl, 1.2 mM KH_2PO_4, 1 mM $MgCl_2$, 2.2

mM $CaCl_2$, 10 mM HEPES, pH 7.4) and Na^+-free buffer [150 mM N-Methyl-D-glucamine

(Tokyo Chemical Industry, Tokyo, Japan, CAS: 6284-40-8, Cat# M0227), 5 mM KCl, 1.2 mM

KH_2PO_4, 1 mM $MgCl_2$, 2.2 mM $CaCl_2$, 10 mM HEPES, pH 7.4] were prepared. 30 mM Na^+

buffer was formulated by mixing the control buffer and Na^+-free buffer at a ratio of 1:4 and

supplementing 0.1% bovine-serum albumin (Sigma-Aldrich, St. Louis, MO, USA, Cat#

A6003) and 2.8 mM glucose.

The following reagents were added to KRBH during the stimulation period: 11.1 mM

glucose, (±)-propranolol hydrochloride (FUJIFILM Wako Pure Chemical, Osaka, Japan, CAS:

318-98-9, Cat# 168-28071), carteolol hydrochloride (Tokyo Chemical Industry, Tokyo, Japan,

CAS: 51781-21-6, Cat# C3015), nadolol (Sigma-Aldrich, St. Louis, MO, USA, CAS: 42200-

33-9, Cat# N1892), timolol maleate (Tokyo Chemical Industry, Tokyo, Japan, CAS: 26921-

17-5, Cat# T2905), bisoprolol hemifumarate (Tokyo Chemical Industry, Tokyo, Japan, CAS:

104344-23-2, Cat# B3994), metoprolol tartrate (Tokyo Chemical Industry, Tokyo, Japan,

CAS: 56392-17-7, Cat# M2555), glimepiride (Tokyo Chemical Industry, Tokyo, Japan, CAS:

93479-97-1, Cat# G0395), and carbamylcholine chloride (carcachol) (Tokyo Chemical

Industry, Tokyo, Japan, CAS: 51-83-2, Cat# C0596).

The following reagents were added to KRBH during the pre-incubation and stimulation

periods: nifedipine (FUJIFILM Wako Pure Chemical, Osaka, Japan, Cat# 14505781),

thapsigargin (FUJIFILM Wako Pure Chemical, Osaka, Japan, CAS: 67526-95-8, Cat# 209-

17281), MDL-12330A hydrochloride (Sigma-Aldrich, St. Louis, MO, USA, CAS: 40297-09-

4, Cat# M184), SQ22536 (Selleck Chemicals, Houston, TX, USA, CAS: 17318-31-9, Cat#

S8283), H-89 hydrochloride (Cayman Chemical, Ann Arbor, MI, USA, CAS: 130964-39-5,

Cat# 10010556), phentolamine mesylate (Tokyo Chemical Industry, Tokyo, Japan, CAS: 65-

28-1, Cat# P1985), atipamezole hydrochloride (FUJIFILM Wako Pure Chemical, Osaka, Japan,

CAS: 104075-48-1, Cat# 015-25331), dantrolene sodium salt hydrate (Tokyo Chemical

Industry, Tokyo, Japan, CAS: 14663-23-1, Cat# D3996), triphenylphosphine oxide (Tokyo

Chemical Industry, Tokyo, Japan, CAS: 791-28-6, Cat# T0625), YM-254890 (FUJIFILM

Wako Pure Chemical, Osaka, Japan, CAS: 568580-02-9, Cat# 257-00631), t-

butylhydroquinone (Tokyo Chemical Industry, Tokyo, Japan, CAS: 1948-33-0, Cat# 027-

07212), and xestospongin C (FUJIFILM Wako Pure Chemical, Osaka, Japan, CAS: 244-00721,

Cat# C0598). The reagents used for stimulation were stored as a $1000\times$ concentrate in dimethyl

sulfoxide (DMSO) (FUJIFILM Wako Pure Chemical, Osaka, Japan, Cat# 041-29351) and

diluted with KRBH shortly before the experiment. An equal volume of DMSO was added to

the vehicle control.

Isolation of pancreatic islets from mice

Digesting solution was formulated by supplementing 0.1w/v% Collagenase from Clostridium

histolyticum (Sigma-Aldrich, St. Louis, MO, USA, Cat# C6885) to Hanks' balanced salt

solution (136.9 mM NaCl, 5.4 mM KCl, 0.8 mM $MgSO_4$, 0.3 mM Na_2HPO_4, 0.4 mM KH_2PO_4,

4.2 mM NaHCO$_3$, 10 mM HEPES, 1.3 mM CaCl$_2$, 2 mM glucose). The mice were euthanized

by isoflurane exposure. Pancreas was digested by 10-min incubation at 37 °C following

intraductal injection of digesting solution. Islets were hand-picked and separated from exocrine

tissues, transferred to 60-mm non-treated plates (AGC Techno Glass, Shizuoka, Japan, Cat#

1010-060), and cultured overnight in RPMI-1640 (Sigma-Aldrich, St. Louis, MO, USA, Cat#

R8758) supplemented with 10% FBS (BioWest, Nuaillé, France, Cat# S1400-500) and 1%

penicillin-streptomycin solution (FUJIFILM Wako Pure Chemical, Osaka, Japan, Cat# 168-

23191) at 37 °C and 5% CO$_2$ before the experiments.

Insulin secretion and content

Insulin secretion was measured using the static incubation method, as described previously

(Murao et al., 2022; Murao et al., 2024b). Briefly, cells were seeded in 24-well plates (Corning,

Glendale, AZ, USA, Cat# 353047) at a density of 5×10^5 cells/well and cultured for 48 h. The

cells were pre-incubated for 30 min with 300 μL/well of 2.8G-KRBH and subsequently

stimulated with 300 μL/well of 2.8G-KRBH containing the specified stimulations for 30 min

at 37 °C. The supernatant was collected for the measurement of secreted insulin, after which

the cells were extracted with 0.1% Triton-X in 2.8G-KRBH for the measurement of insulin

content. Insulin was quantified using a homogeneous time-resolved fluorescence assay (HTRF)

Insulin Ultrasensitive kit (Revvity, Waltham, MA, USA, Cat# 62IN2PEH) in accordance with

the manufacturer's instructions.

Measurement of inositol 1-phosphate (IP1)

Intracellular inositol 1-phosphate content was measured as described previously (Murao et al.,

2024a). Briefly, MIN6-K8 cells were seeded in a 96-well plate (Corning, Glendale, AZ, USA,

Cat# 353072) at a density of 1.0×10^5 cells/well and cultured for 48h. The measurement was

performed using IP1 assay buffer (146 mM NaCl, 4.2 mM KCl, 50 mM LiCl, 1 mM $CaCl_2$,

0.5 mM $MgCl_2$, 10 mM HEPES, 0.1% BSA, pH7.4) supplemented with 2.8 mM glucose

(2.8G-IP1 assay buffer). The cells were pre-incubated for 30 min with 60 μL/well of 2.8G-IP1

assay buffer, followed by the addition of 20 μL/well of IP1 assay buffer containing the

specified stimulations at 4× concentration, and incubation for another 30 min at 37 °C. The

cells were lysed, transferred to a 384-well plate (Corning, Glendale, AZ, USA, Cat# 3826), and

subjected to IP1 quantification using the HTRF IP-One Gq Detection Kit (Revvity, Waltham,

MA, USA, Cat# 62IPAPEB), according to the manufacturer's instructions.

227   Measurement of cAMP

MIN6-K8 cells were seeded in a 96-well plate (Corning, Glendale, AZ, USA, Cat# 353072) at

a density of 1.0×10^5 cells/well and cultured for 48h. To prevent cAMP hydrolysis, 2.8G-

KRBH supplemented with 100 μM isobutylmethylxanthine (IBMX) was used for pre-

incubation and stimulation. The cells were pre-incubated for 30 min with 40 μL/well of 2.8G-

KRBH, followed by the addition of 20 μL/well of 2.8G-KRBH containing the specified

stimulations at 4× concentration, and incubation for another 30 min at 37 °C. The cells were

lysed, transferred to a 384-well plate (Corning, Glendale, AZ, USA, Cat# 3826), and subjected

to cAMP quantification using the HTRF cAMP Gs Dynamic Detection Kit (Revvity,

Waltham, MA, USA, Cat# 62AM4PEB), according to the manufacturer's instructions.

238 Ca^{2+} imaging

Ca^{2+} imaging was performed as previously described (Murao et al., 2024b). Briefly, MIN6-K8

cells were seeded in a 35 mm glass-bottom dish (Matsunami Glass, Osaka, Japan, Cat#

D11530H) at a density of 1.28×10^5 cells/dish and cultured for 48 h. Subsequently, the cells

were loaded with 1 μM Fluo-4 AM (Dojindo, Kumamoto, Japan, Cat# F312) in 2.8G-KRBH

for 20 min at 37 °C in room air. The cells were loaded with 1 mL of fresh 2.8G-KRBH, and

basal recordings were performed for 300 s (from time -300 to 0). Following the addition of 1

mL KRBH supplemented with stimulations at a 2× concentration, recordings were resumed for

another 600 s (from time 0 to 600). Time-lapse images were obtained using a Zeiss LSM 980

Airyscan2 inverted confocal laser scanning super-resolution microscope equipped with a Plan

Apo 40×, 1.4 Oil DICII objective lens (Carl Zeiss Microscopy, Jena, Germany). The cells were

excited at 488 nm laser with 0.3% output power, and fluorescence emission was measured at

508-579 nm. The obtained images were analyzed using the ZEN 3.0 imaging software (Carl

Zeiss Microscopy, Jena, Germany, RRID:SCR_021725). Cells were randomly chosen for

analysis for each stimulation, and the number of cells analyzed is indicated in the figure legends.

The fluorescence intensity of the entire cell body (F) was monitored and normalized to the

average fluorescence intensity between -300 and 0 s (F0).

Gene silencing using small interfering RNA (siRNA)

Gene silencing was performed as previously described (Murao et al., 2024b). The following

siRNAs were purchased from Dharmacon (Lafayette, CO, USA): *Adra2a* (Cat# M-062217-01-

0005), *Adrb1* (Cat# M-043428-01-0005), *Adrb2* (Cat# M-042042-00-0005), *Itpr1* (Cat# M-

040933-01-0005), *Trpm4* (Cat# M-056098-01-0005), *Trpm5* (Cat# M-046645-01-0005), and

non-targeting siRNA (Cat# D-001206-14-50). Briefly, siRNAs were reverse-transfected using

DharmaFECT 2 transfection reagent (Dharmacon, Lafayette, CO, USA, Cat# T-2002-03)

according to the manufacturer's instructions.   The final concentrations of siRNA and

DharmaFECT 2 were 40 nM and 0.4%, respectively. For insulin secretion experiments, cells

were seeded in 24-well plates (Corning, Glendale, AZ, USA, Cat# 353047) at 5×10^5 cells/500

µL/well. For immunoblotting, the cells were seeded in 12-well plates (Corning, Glendale, AZ,

USA, Cat# 353043) at 1×10^6 cells/mL/well.

Reverse transcription quantitative polymerase chain reaction (RT-qPCR)

RT-PCR was performed as previously described (Murao et al., 2024b). Briefly, cDNA was

prepared using CellAmp Direct Lysis and RT set (Takara Bio, Shiga, Japan, Cat# 3737S/A)

according to the manufacturer's instructions. Quantitative real-time PCR was performed on a

QuantStudio 7 Flex system (Thermo Fisher Scientific, Waltham, MA, USA,

RRID:SCR_020245) using TaqMan Universal Master Mix II with UNG (Thermo Fisher

Scientific, Waltham, MA, USA, Cat# 4440038) and Taqman probes as follows: *Adra2a* (Cat#

Mm07295458_s1), *Adrb1* (Cat# Mm00431701_s1), *Adrb2* (Cat# Mm02524224_s1), *Itpr1*

(Cat# Mm00439907_m1), *Trpm4* (Cat# Mm00613173_m1), *Trpm5* (Cat# Mm01129032_m1),

and TATA-box binding protein (*Tbp*, Cat# Mm01277042_m1). Relative gene expression was

calculated using the $2^{-\Delta\Delta CT}$ method and normalized to *Tbp*.

Immunoblotting

Immunoblotting was performed as previously described (Murao et al., 2024b), with slight

modifications. Briefly, the cells were lysed with 50 μL/well of RIPA buffer (50 mM Tris-HCl

pH 7.4, 150 mM NaCl, 1% NP-40, 0.25% sodium deoxycholate, 1% SDS), supplemented with

complete protease inhibitor cocktail (Sigma-Aldrich, St. Louis, MO, USA, Cat# 11697498001)

and PhosSTOP (Roche, Basel, Switzerland, Cat# 4906845001). For the detection of

ADRA2A, the lysate was separated on a 7.5% polyacrylamide-SDS gel and transferred to a

PVDF membrane. The membranes were probed with polyclonal anti-ADRA2A rabbit antibody

(Thermo Fisher Scientific, Waltham, MA, USA, Cat# PA1-048, RRID:AB_2225243)

overnight at 4 °C. To detect RYR2 phosphorylation, the lysate was separated on a 5%

polyacrylamide-SDS gel and transferred to a PVDF membrane. The membranes were probed

with either an anti-RYR2 rabbit monoclonal antibody (Abcam, Cambridge, UK, Cat#

EPR26288-70, 1:300) or an anti-phospho RyR2 (Ser2808) rabbit polyclonal antibody

(Millipore, Burlington, MA, USA, Cat# ABS2231, 1:300) overnight at 4 °C. The membrane

was then incubated with HRP-conjugated polyclonal swine anti-rabbit antibody (Agilent

Technologies, Santa Clara, CA, USA, Cat# P0399, RRID:AB_2617141, 1:2000) for 1 h at

room temperature. Signals were visualized using ECL Prime detection reagent (Cytiva,

Buckinghamshire, UK, Cat# RPN2232). To visualize the whole protein in *Adra2a* knockdown

samples, the membrane was stained with Ponceau-S solution (Beacle, Kyoto, Japan, Cat# BCL-

PSS-01) after immunoblotting. Images were taken using ImageQuant 800 (Cytiva,

Buckinghamshire, UK). The images were quantified using ImageJ (version 1.53k,

https://imagej.nih.gov/ij/index.html, RRID:SCR_003070).

Statistical Analysis

Sample sizes were estimated from the expected effect size based on previous experiments. No

randomization or blinding was used. For cell line experiments, including insulin secretion, IP1

measurement, cAMP measurement, RT-qPCR, and immunoblotting, n represents the number

of biological replicates of cells grown in different wells of the same multiwell plate. Results

were confirmed by 2–3 independent experiments performed on different days using different

cell passages. For islet experiments, n represents the number of wells, each containing five

islets. The number of mice used is indicated in the figure legends. Results were confirmed by

two independent experiments performed on different days using different mice. For Ca^{2+}

imaging, n represents the number of different single cells analyzed. Data are shown as the mean

± standard deviation (SD) along with the plot of individual data points. For statistical

comparisons between two groups, a two-tailed unpaired Welch's unpaired t-test was used. For

comparisons between more than three groups, Welch's one-way analysis of variance

(ANOVA) was followed by pairwise comparisons corrected using Dunnett's method.

Normality of the distribution was confirmed by the Shapiro-Wilk test. P-values are indicated

in the figures. P-values less than 0.05 were considered statistically significant. The statistical

analyses used are indicated in the figure legends. Statistical analyses were performed using

GraphPad Prism 10 (Graphpad Software, Boston, MA, USA, https://www.graphpad.com;

RRID:SCR_002798).

Results

β-Blockers amplify insulin secretion from β-cells

The impact of β-blockers on insulin secretion was investigated using MIN6-K8, a mouse

clonal β-cell line (Iwasaki et al., 2010), which was stimulated with various non-selective and

β1-selective β-blockers at a concentration of 100 μM in the presence of the K_{ATP} channel

blocker glimepiride. Surprisingly, all β-blockers tested, with the exception of nadolol, were

found to amplify glimepiride-induced insulin secretion by 1.5–2 fold (Figure 1A). In the

subsequent experiments, propranolol and bisoprolol were used to explore the characteristics of

β-blocker-stimulated insulin secretion (β-blocker-SIS).

In the presence of stimulatory levels (11.1 mM) of glucose, both propranolol and bisoprolol

dose-dependently increased insulin secretion at concentrations greater than 10 μM and 100 μM,

respectively (Figure 1, B–C). These trends were similarly observed in primary-cultured

C57BL/6J (B6) mouse islets stimulated with propranolol in the presence of 11.1 mM glucose

(Figure 1, D–E) or glimepiride (Figure 1F). At basal glucose concentration (2.8 mM),

propranolol exhibited no effect on insulin secretion (Figure 1G) or insulin content (Figure S1A).

To evaluate whether β-blockers enhance insulin secretion by facilitating K_{ATP} channel closure,

their efficacy was examined in $Kcnj11^{-/-}$ β cells. As $Kcnj11$ encodes the pore-forming subunit

of the K_{ATP} channel, $Kcnj11^{-/-}$ β-cells lack K_{ATP} channel activity, and their cell membrane is

continuously depolarized regardless of extracellular glucose levels (Oduori et al., 2020).

Propranolol increased insulin secretion in $Kcnj11^{-/-}$ β-cells even at 2.8 mM glucose (Figure 1H).

These findings suggest that propranolol-stimulated insulin secretion (propranolol-SIS) does not

necessitate K_{ATP} channel activity, but does require concurrent membrane depolarization

induced by other conditions such as high glucose, sulfonylureas, and $Kcnj11$ knockout.

β-Blockers increase cAMP in β-cells

To elucidate the mechanism of β-blocker-SIS, we investigated whether β-blockers modulate canonical GPCR signaling pathways in MIN6-K8 cells.

Propranolol and bisoprolol dose-dependently increased intracellular cAMP levels in MIN6-K8 cells at concentrations that were effective for insulin secretion (Figure 2, A–B). Two adenylyl cyclase (AC) inhibitors, MDL-12330A and SQ-22536, suppressed cAMP accumulation induced by both 100 μM propranolol and 1 mM bisoprolol (Figure 2C, S1B), indicating that β-blocker-induced cAMP accumulation is mediated by the activation of adenylyl cyclase. Furthermore, these inhibitors also abolished propranolol-stimulated insulin secretion (propranolol-SIS) (Figure 2, D–E), indicating that cAMP production via AC is necessary for propranolol-SIS. Notably, propranolol-SIS was also abolished by H-89, a protein kinase A (PKA) inhibitor (Figure 2F), suggesting that the cAMP/PKA pathway is essential for propranolol-SIS.

Next, inositol 1,4,5-trisphosphate (IP3) production was assessed by the intracellular accumulation of inositol 1-phosphate (IP1), a metabolite of IP3. IP1 levels remained unaltered by propranolol, although substantial accumulation of IP1 was confirmed using carbachol as a positive control (Figure S1C), indicating that propranolol does not activate the Gαq/PLCβ pathway. This finding is corroborated by the observation that YM-254890, a specific inhibitor of Gαq/11/14 (Takasaki et al., 2004; Patt et al., 2021), suppressed glimepiride-induced insulin secretion (Figure S1D), but minimally affected propranolol-SIS when expressed as a fold-change (Figure S1E). Collectively, these results demonstrate that propranolol-SIS involves the cAMP/PKA pathway, but not the Gαq/PLCβ pathway.

α2-adrenoceptor is involved in propranolol-stimulated cAMP production and insulin secretion

We assessed the involvement of β1- and β2-adrenoceptors, which are pharmacological targets

of propranolol, in its insulin secretory effect. Treatment of MIN6-K8 cells with siRNAs

targeting *Adrb1* and *Adrb2* only marginally decreased their transcript levels (Figure S2, A–B),

with no effect on propranolol-SIS when expressed as fold-change over glimepiride alone

(Figure S2, C–F). The low knockdown efficiency may be due to the scarce expression of β-

adrenoceptors in MIN6-K8 cells, as indicated by our previously published RNA-seq datasets

(Hashim et al., 2018) (Table S1).

The same datasets also revealed a marked prevalence of α2A-adrenoceptors in MIN6-K8

cells and B6 mouse islets (Table S1), necessitating assessment of their involvement in

propranolol-SIS. Pretreatment with atipamezole (α2-adrenoceptor antagonist) and

phentolamine (α1/2-adrenoceptor antagonist) demonstrated a tendency to increase basal cAMP

levels (Figure 3A), presumably confirming their α2-inhibitory effects. Interestingly, both

antagonists attenuated propranolol-stimulated cAMP production, as expressed by the fold-

change (Figure 3B). These inhibitors also abolished propranolol-SIS (Figure 3, C–D).

Although phentolamine elevated glimepiride-induced insulin secretion, presumably owing to

its direct inhibitory effect on K_{ATP} channels (Plant and Henquin, 1990; Proks and Ashcroft,

1997), this inhibitor potently suppressed propranolol-SIS (Figure 3D). To further validate the

involvement of α2A-adrenoceptors, we conducted siRNA-mediated knockdown of *Adra2a*,

which depleted its protein level by 28% (Figure S2, G–H). This knockdown moderately

decreased propranolol-SIS, as expressed by the fold change (Figure 3E, S2I). These findings

suggest that α2-adrenoceptor activity is required for propranolol-stimulated cAMP production

and insulin secretion.

Propranolol potentiates Ca^{2+} response via PKA/RYR2 pathway

We investigated whether propranolol-SIS is triggered by an increase in intracellular Ca^{2+}

($[Ca^{2+}]_i$) using Fluo-4 imaging in MIN6-K8 cells. Propranolol enhanced the glimepiride-

induced increase in $[Ca^{2+}]_i$ (Figure 4, A–C). Glimepiride alone elicited oscillatory $[Ca^{2+}]_i$

waves, whereas a combination of glimepiride and propranolol induced a rapid increase in

$[Ca^{2+}]_i$, followed by rapid oscillations (Figure 4B).

Notably, propranolol alone elicited a transient $[Ca^{2+}]_i$ increase at 0 min, followed by sporadic

spikes (Figure 4, D–E). This propranolol-stimulated Ca^{2+} response was further investigated to

elucidate the involvement of extracellular Ca^{2+} and intracellular Ca^{2+} stores. Nifedipine, an

inhibitor of L-type voltage-dependent Ca^{2+} channels (VDCC), suppressed the sporadic $[Ca^{2+}]_i$

spikes but not the $[Ca^{2+}]_i$ increase at 0 min indicated by the black arrow (Figure 4F), suggesting

that the $[Ca^{2+}]_i$ spikes represent Ca^{2+} influx through L-type VDCCs. In contrast, removal of

extracellular Ca^{2+} from the stimulation buffer inhibited both the $[Ca^{2+}]_i$ increase at 0 min and

subsequent $[Ca^{2+}]_i$ spikes (Figure 4G). Depletion of intracellular Ca^{2+} stores with 2,5-di-tert-

butylhydroquinone (BHQ), an inhibitor of sarcoplasmic/endoplasmic reticulum Ca^{2+} ATPase

(SERCA), exerted the same effect (Figure 4H). These results suggest that the initial $[Ca^{2+}]_i$

increase involves both $[Ca^{2+}]_i$ mobilization from the endoplasmic reticulum (ER) and

extracellular Ca^{2+} influx and is required for the later VDCC-mediated $[Ca^{2+}]_i$ spikes.

Importantly, nifedipine, removal of extracellular Ca^{2+}, and BHQ also abolished propranolol-

SIS in the presence of glimepiride (Figure S3, A–C), demonstrating that the propranolol-

stimulated Ca^{2+} response is essential for propranolol-SIS.

The mobilization of Ca^{2+} from the ER is mediated by specific ion channels, such as

ryanodine receptors (RYRs) and IP$_3$ receptors (IP$_3$Rs), which release Ca^{2+} into the cytosol in

response to signaling events (Guerrero-Hernández et al., 2019). The involvement of RYRs was

investigated using dantrolene, an RYR inhibitor. Dantrolene negated the capacity of

propranolol to potentiate the glimepiride-induced Ca^{2+} response in MIN6-K8 cells (Figure 5,

A–B). Dantrolene paradoxically increased glimepiride-induced insulin secretion, consistent

with a previous report (Figure S3D) (Pian-Smith et al., 1986); however, it decreased

propranolol-IIS, as expressed by the fold change (Figure 5C), suggesting that the propranolol-

stimulated Ca^{2+} response and insulin secretion are dependent on RYR. It has been reported that

the open probability of RYR2 is increased by intracellular cAMP through PKA-mediated

RYR2 phosphorylation at Ser-2808 (Marx et al., 2000; Wehrens et al., 2006). Remarkably,

phosphorylation of RYR2 at Ser-2808 was substantially induced by propranolol alone and

further enhanced by the addition of glimepiride (Figure 5, D–E). These findings suggest that

the propranolol-stimulated Ca^{2+} response is mediated by PKA-induced RYR2 phosphorylation,

corroborating the observation that propranolol-SIS is dependent on PKA activity (Figure 2F).

The involvement of IP_3Rs was investigated using xestospongin C, an IP_3R inhibitor (Gafni

et al., 1997), and siRNA-mediated knockdown of IP_3 receptor 1 (Itpr1). Xestospongin C

marginally decreased propranolol-SIS (Figure S3, E–F). However, depletion of *Itpr1* by

approximately 50% at the transcript level did not affect propranolol-SIS, as expressed by the

fold-change (Figure S3, G–I). These findings suggest that IP_3 receptors play a limited, if any,

role in propranolol-SIS.

Involvement of TRPM5 in propranolol-stimulated Ca^{2+} response

We investigated the mechanism by which PKA-mediated $[Ca^{2+}]_i$ mobilization from the ER

leads to VDCC activation. Interestingly, a reduction in extracellular Na^+ from 150 mM to 30

mM suppressed the propranolol-stimulated Ca^{2+} response and insulin secretion in MIN6-K8

cells (Figure 6, A–B), suggesting the involvement of Na^+-permeable channels. Transient

receptor potential cation channel subfamily M member 4 (TRPM4) and member 5 (TRPM5)

are Ca^{2+}-activated channels that permeate monovalent cations, including Na^+ and K^+. They are

gated by $[Ca^{2+}]_i$, most notably Ca^{2+} from the ER (Zhang et al., 2007; Gonzales et al., 2010).

Notably, TRPM5 has been implicated in the augmentation of glucose-induced depolarizing

currents in β-cells (Colsoul et al., 2010), suggesting its potential role as a mediator linking

$[Ca^{2+}]_i$ mobilization from the ER to depolarization. To elucidate the involvement of TRPM4

and TRPM5, we conducted siRNA-mediated knockdown, which depleted their mRNA levels

by approximately 50% (Figure S4, A–B). Knockdown of *Trpm4* and *Trpm5* led to slight and

moderate decreases in propranolol-SIS, respectively (Figure 6C, Figure S4C). Furthermore,

triphenylphosphine oxide (TPPO), a TRPM5 inhibitor (Palmer et al., 2010), inhibited the later

Ca^{2+} spikes and insulin secretion (Figure 6, D–E). These findings suggest that TRPM5 is

involved in the later phase of the propranolol-stimulated Ca^{2+} response, contributing to

propranolol-SIS.

Propranolol stimulates insulin secretion in diabetic mouse islets

To assess the pathophysiological significance of the β-blocker-activated PKA/RYR2/TRPM5

pathway, we tested propranolol-SIS in a diabetes mouse model. NSY.B6-*Tyr+*, A^y is a

spontaneous type 2 diabetes mouse strain recently established by crossing the NSY and B6J-

A^y strains, introducing the obesity-related agouti-yellow (A^y) mutation in the agouti (a) gene

into a diabetes-prone NSY background (Ohno et al., 2022). A^y heterozygous male mice

(NSY.B6-A^y/a) exhibited obesity and hyperglycemia; wild-type male mice (NSY.B6-a/a)

served as lean controls (Ohno et al., 2022; Murao et al., 2024b).

At 2.8 mM glucose, no propranolol-SIS was observed in islets of either strain (Figure 7, A–

B), similar to MIN6-K8 cells (Figure 1G). At 11.1 mM glucose, propranolol-SIS was more

pronounced in diabetic A^y/a islets than in lean a/a islets, with an approximately 1.4-fold

increase without statistical significance in a/a islets (Figure 7A) and an approximately 1.9-fold

increase in A^y/a islets (Figure 7B). These findings suggest the therapeutic potential of the β-

blocker-activated PKA/RYR2/TRPM5 pathway in enhancing insulin secretion from diabetic

β-cells.

Discussion

In the present study, we observed a paradoxical effect of β-blockers in stimulating cAMP

production and insulin secretion in β-cells. Using propranolol as a representative model, we

elucidated the signaling cascade of β-blocker-SIS, as illustrated in Figure 8: (1) propranolol

stimulates AC-mediated cAMP production via an unidentified mechanism, resulting in PKA

activation; (2) PKA induces RYR2 phosphorylation and extracellular Ca^{2+} influx, leading to

Ca^{2+}-induced Ca^{2+} release (CICR); and (3) Ca^{2+} released from the ER activates TRPM5, which

augments β-cell electrical activity, extracellular Ca^{2+} influx through L-type VDCC, and insulin

secretion.

Previous studies have revealed diverse signaling pathways linking the cAMP signaling to

insulin secretion (Seino and Shibasaki, 2005; Tengholm and Gylfe, 2017). Our characterization

of the propranolol-induced Ca^{2+} response describes a novel pathway in this system involving

PKA/RYR2/TRPM5 (Figure 8). Notably, propranolol evoked a Ca^{2+} response in MIN6-K8

cells even under low-glucose conditions, in which cells are electrically silent. The Ca^{2+}

response comprised an immediate transient increase at 0 min and subsequent spikes, the latter

indicative of Ca^{2+} influx through L-type VDCCs. We demonstrated that the initial increase in

$[Ca^{2+}]_i$ involves $[Ca^{2+}]_i$ mobilization through RYR2, which is facilitated by PKA-mediated

RYR2 phosphorylation at Ser 2808. Supporting our findings, it has been suggested that RYR2

activation in β-cells requires cAMP-dependent phosphorylation (Islam et al., 1998). However,

that report also indicates that cAMP-dependent phosphorylation alone is insufficient to

mobilize Ca^{2+} from the ER when cytosolic $[Ca^{2+}]$ is low (Islam et al., 1998; Islam, 2002);

instead, it only sensitizes RYR2 to Ca^{2+}-induced Ca^{2+} release (CICR) by releasing the channel

from Mg^{2+}-mediated inhibition (Hain et al., 1994) or FKBP12.6 (FK-506-binding protein 12.6)

binding (Marx et al., 2000). Thus, it is reasonable to postulate that propranolol-stimulated

cAMP triggers both initial Ca^{2+} influx and RYR2 phosphorylation, leading to CICR, reflected

498 in the transient rise in $[Ca^{2+}]_i$ at 0 min. The mediator of propranolol-stimulated initial Ca^{2+}

499 influx is currently unclear. However, given that it was inhibited by depletion of extracellular

500 Ca^{2+} and Na^+, but not by nifedipine, cAMP-activated nifedipine-insensitive Ca^{2+} channels, such

501 as T-type VDCCs, may be involved (Louiset et al., 2017; Sharma et al., 2023). A similar

502 mechanism has been proposed for glucagon-like peptide 1 (GLP-1)-stimulated insulin

503 secretion: GLP-1-stimulated cAMP production leading to CICR through a dual effect on Ca^{2+}

504 influx and RYR2 sensitization (Holz et al., 1999).

505  It is noteworthy that the effect of β-blockers on the cAMP/PKA/RYR2 pathway is contrary

506 to what would be expected from previous studies. In cardiac muscles, β-adrenergic stimulation

507 serves as the primary driver of cAMP/PKA-mediated RYR2 hyperphosphorylation,

508 contributing to heart failure and fight-or-flight responses (Shan et al., 2010a; Shan et al., 2010b).

509 This concept was corroborated by the observation that systemic administration of β-blockers

510 reduces RYR2 phosphorylation and normalizes cardiac cell function in heart failure (Doi et al.,

511 2002; Reiken et al., 2003). However, considering the unexpected pharmacological action of

512 the β-blockers observed in this study, caution is advised when using them to investigate the

513 cAMP/PKA/RYR2 pathway.

514  TRPM5 and/or TRPM4 have been previously implicated in background inward currents that

515 are increased by GLP-1 (Shigeto et al., 2015) and fructose (Kyriazis et al., 2012). TRPM5

516 functions downstream of Gαq- or gustducin-coupled GPCR signaling cascades, wherein PLCβ

517 activation triggers Ca^{2+} release from the IP₃ receptor and protein kinase C (PKC) activation,

518 both of which facilitate TRPM5 gating (Shigeto et al., 2015). Our findings suggest that TRPM5

519 can also be activated downstream of the cAMP/PKA signaling cascade, highlighting its

520 versatile role in linking GPCR signaling and membrane depolarization. Notably, a small

521 background inward current, including that of TRPM5, cannot contribute to depolarization

522 unless **the** β-cell K_{ATP} channels are predominantly closed (Rorsman and Ashcroft, 2018). This

observation is consistent with the finding that propranolol-SIS is dependent on membrane

depolarization induced by high glucose, sulfonylureas, and *Kcnj11* knockout.

This study has several limitations. First, the mechanism underlying propranolol-stimulated

cAMP production remains unclear. This effect requires the activity of α2A-adrenoceptors,

although we cannot preclude the involvement of β1/2-adrenoceptors because of their

inadequate knockdown efficiency. The limited expression of β-adrenoceptors and the

significant abundance of α2A-adrenoceptors in β-cells may contribute to this unique cAMP

response; propranolol might function as an inverse agonist of α2-adrenoceptors, thereby

reducing basal Gi activity. While this specific interaction has not been previously reported,

existing research has indicated similar cross-reactivity between β-selective agents and α-

adrenoceptors: (1) bucindolol, a β-blocker, acts as a weak α1-adrenoceptor antagonist (Watts

et al., 2000), and (2) isoproterenol, a β-selective agonist, acts as a biased α1A-adrenoceptor

agonist (Copik et al., 2014). Further experiments using α2A- or β1/2-adrenoceptor knockout

β-cell models are necessary to test this hypothesis.

Second, although the present study demonstrates a robust insulinotropic effect of β-blockers

in vitro, these effects cannot be extrapolated to in vivo conditions insofar as β-blockers at high

concentrations beyond the therapeutic range were used. Specifically, we show that the

propranolol concentration must exceed 10 µM to increase insulin secretion from MIN6-K8

cells and mouse islets; the maximum plasma concentration (Cmax) of propranolol in healthy

humans is typically less than 1 µM after a single oral dose, as determined by pharmacokinetic

analyses (Abdu-Aguye et al., 1986; Taegtmeyer et al., 2014; Kim et al., 2022). Furthermore,

its therapeutic range is typically defined as 192 to 385 nM (0.05 to 0.10 µg/mL) with toxicity

and mortality range as greater than 7 µM (2 µg/mL) and 11 µM (3 µg/mL), respectively (Kerns,

2007; Sharifpour et al., 2022). Similarly, bisoprolol must be present at concentrations

exceeding 100 μM to potentiate insulin secretion, whereas its Cmax should be ≤ 100 nM in

vivo (Li et al., 2012; Tjandrawinata et al., 2012).

These discrepancies between in vitro and in vivo β-blocker concentrations present

challenges in directly repositioning β-blockers as insulinotropic agents in patients or attributing

β-blocker-induced hypoglycemia to their insulinotropic properties. The observations that

propranolol did not affect plasma insulin levels when administered to healthy mice (Fagerholm

et al., 2008), that nadolol was most significantly associated with hypoglycemia among β-

blockers (Carvonale et al., 2021), and that nadolol failed to increase insulin secretion in vitro

further underscore the disparity between β-blocker effects in vitro and in vivo.

Nevertheless, β-blocker-stimulated cAMP production remains a noteworthy phenomenon

from a therapeutic perspective, as it demonstrates particular efficacy in diabetic NSY.B6-A^y/a

mouse β-cells. The current approach to enhance β-cell cAMP signaling relies on incretin-

related drugs, such as GLP-1 receptor agonists, dual glucose-dependent insulinotropic

polypeptide (GIP) receptor and GLP-1 receptor agonists, and dipeptidyl peptidase-4 (DPP-4)

inhibitors. However, these approaches exhibit reduced efficacy in diabetic states compared

with healthy conditions. Research has demonstrated that the insulinotropic response to

exogenous GIP is diminished in type-2 diabetes (Nauck and Müller, 2023). Although the

response to exogenous GLP-1 is relatively preserved in type-2 diabetes (Nauck and Müller,

2023), presumably because of the Gαq/PLCβ pathway, GLP-1-induced cAMP production has

also been suggested to be impaired under hyperglycemic conditions (Oduori et al., 2020).

Therefore, our demonstration of β-blocker-stimulated cAMP production in vitro may provide

clues to the identification of a novel pathway for the restoration of cAMP signaling and insulin

secretion in diabetic β-cells.

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Authorship Contributions

Participated in research design: Murao.

Conducted experiments: Murao, Morikawa, Shimomura, and Maejima.

Performed data analysis: Murao.

Wrote or contributed to the writing of the manuscript: Murao, Seino, Yamada, and Suzuki.

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Conflict of Interest Statement

No author has any actual or perceived conflicts of interest with the contents of this article.

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Figure 1.

Figure 1. Effect of β-blockers on glucose- and glimepiride-induced insulin secretion.

A. Effect of various non-selective and β1-selective β-blockers on glimepiride-induced insulin

secretion in MIN6-K8 cells. Car, carteolol; Nad, nadolol; Pro, propranolol; Tim, timolol;

Bis, bisoprolol; Met, metoprolol. All β-blockers were used at a concentration of 100 μM.

n = 4.

B. Dose-dependent effect of propranolol on glucose-induced insulin secretion in MIN6-K8

cells. n = 4.

C.　Dose-dependent effect of bisoprolol on glucose-induced insulin secretion in MIN6-K8

cells. n = 4.

D.　–E. Dose-dependent effect of propranolol on glucose-induced insulin secretion in B6

mouse islets. One mouse was used for each experiment. n = 4.

F.　Effect of propranolol on glimepiride-induced insulin secretion in B6 mouse islets. n = 7.

G.　Requirement of glimepiride for propranolol-stimulated insulin secretion at 2.8 mM

glucose. n = 4.

H.　Effect of K_{ATP} channel deficiency on propranolol-stimulated insulin secretion. n = 4.

Data are presented as mean ± standard deviation (SD). Glc, glucose. The reagents were added

to achieve the following final concentrations unless otherwise specified: glimepiride (GLM),

1 μM; and propranolol (Pro), 100 μM. Statistical comparisons were performed using Welch's

one-way ANOVA with Dunnett's post-hoc test.

Figure 2.

Figure 2. Characterization of β-blocker-stimulated cAMP production and insulin

secretion in MIN6-K8 cells.

A.　Effect of propranolol on intracellular cAMP accumulation. n = 4.

B.　Effect of bisoprolol on intracellular cAMP accumulation. n = 4.

C.　Effects of AC inhibitors on β-blocker-stimulated cAMP production. n = 4. The data are

presented as fold change over 2.8 mM glucose alone. See Figure S1B for the original

values.

D.　–E. Effects of AC inhibitors on propranolol-SIS. MDL-12330A and SQ-22536 were used

for D and E, respectively. n = 4.

F.　Effect of H-89 on propranolol-SIS. n = 4.

All experiments were performed using MIN6-K8 cells. Data are presented as mean $\pm$ SD. Glc,

glucose. The reagents were added to achieve the following final concentrations unless

otherwise specified: glimepiride (GLM) – 1 μM, propranolol (Pro) – 100 μM, bisoprolol (Bis)

– 100 μM, MDL-12330A – 10 μM, SQ-22536 – 1 mM, and H-89 – 10 μM. Statistical

comparisons were made using Welch's one-way ANOVA with Dunnett's post-hoc test for A

and B, and two-way ANOVA with Šídák's post-hoc test for C – F.

Figure 3.

Figure 3. Effect of α2-adrenoceptor inhibition on propranolol-stimulated cAMP in MIN6-

K8 cells.

A. –B. Effects of α2-adrenoceptor inhibitors on intracellular cAMP accumulation. n = 6. The

data **are** presented **as** original value in A and as fold change over 2.8 mM glucose alone

in B.

C. –D. Effects of α2-adrenoceptor inhibitors on propranolol-SIS. n = 4. Phentolamine and

atipamezole were used in C and D, respectively. n = 4.

E. Effect of α2A-adrenoceptor knockdown on propranolol-SIS. n = 4. The data are presented

as fold change. See Figure S2I for the original values.

All experiments were performed using MIN6-K8 cells. Data are presented as mean ± SD. Glc,

glucose. The reagents were added to achieve the following final concentrations, unless

otherwise specified: glimepiride (GLM), 1 μM; propranolol (Pro), 100 μM; phentolamine, 100

μM; and atipamezole, 250 μM. Statistical comparisons were made using Welch's one-way

ANOVA with Dunnett's post-hoc test for B, two-way ANOVA with Šídák's post-hoc test for

A and C, two-way ANOVA with uncorrected Fisher's LSD for D, and Welch's unpaired two-

tailed t-test for E. [****]$p < 0.0001$ versus DMSO.

Figure 4.

Figure 4. Characterization of propranolol-stimulated Ca²⁺ response in MIN6-K8 cells.

Intracellular Ca^{2+} levels were measured using Fluo-4. All experiments were performed using

MIN6-K8 cells in the presence of 2.8 mM glucose. The averaged time courses of normalized

fluorescence intensity (F/F0) are indicated in A, D, and F–H. Representative traces are

indicated in B and E.

A. –C. Effects of propranolol on the glimepiride-induced Ca^{2+} response. GLM: n = 8; GLM

+ Pro: n = 9. C, The magnitude of Ca^{2+} responses was quantified as the incremental area

under the curve (iAUC).

D. –E. Propranolol-stimulated Ca^{2+} response. n = 7.

F. Effect of nifefdipine (100 μM) on the glimepiride-induced Ca^{2+} response. n = 12.

G.   Propranolol-stimulated Ca^{2+} response in extracellular Ca^{2+}-free conditions. n = 17. EGTA:

100 μM. Carbachol (CCh, 50 μM) was added as a positive control at the end of the

recording. The black arrow indicates the $[Ca^{2+}]_i$ increase at 0 min.

H.   Effect of BHQ (15 μM) on glimepiride-induced Ca^{2+} response. n = 19.   20 mM K^+ (20K)

was added as a positive control at the end of the recording.

Data are presented as mean ± SD. Glc, glucose. The reagents were added to achieve the

following final concentrations unless otherwise specified: glimepiride (GLM), 1 μM; and

propranolol (Pro), 100 μM. Statistical comparisons were made using Welch's unpaired two-

tailed t-test for C.

Figure 5.

Figure 5. Involvement of ryanodine receptor in propranolol-stimulated Ca²⁺ response in

MIN6-K8 cells.

A. –B. Effect of dantrolene on the propranolol-stimulated Ca²⁺ response in the presence of

glimepiride. The averaged time courses of the normalized fluorescence intensity of Fluo-

4 (F/F0) are indicated. Dan-: n = 9; Dan+: n = 14. GLM + Pro: n = 9. C, 20 mM K⁺ (20K)

was added as a positive control at the end of the recording. The magnitude of Ca²⁺

responses was quantified as the incremental area under the curve (iAUC) between 0 and

600 s.

C. Effect of dantrolene on propranolol-SIS. The data are presented as fold change. See Figure

S3D for the original values.

D. –E. The effects of glimepiride and propranolol on RYR2 phosphorylation at Ser-2808

were assessed by immunoblotting. The intensity of phosphorylated RYR2 (Ser-2808) was

normalized to total RYR2 (Ser-2808) and expressed as fold change over 2.8 mM glucose

in E. n = 3.

All experiments were performed using MIN6-K8 cells in the presence of 2.8 mM glucose. Data

are presented as mean ± SD. The reagents were added to achieve the following final

concentrations, unless otherwise specified: dantrolene (Dan), 100 μM; glimepiride (GLM), 1

μM; and propranolol (Pro), 100 μM. Statistical comparison was made using Welch's unpaired

two-tailed t-test for B and C, and Welch's one-way ANOVA with Dunnett's post-hoc test for

E.

Figure 6.

Figure 6. Involvement of TRPM4 and TRPM5 in propranolol-stimulated Ca^{2+} response

in MIN6-K8 cells.

A. Effect of low extracellular sodium concentration (30 mM) on the propranolol-stimulated

Ca^{2+} response. The averaged time course of the normalized fluorescence intensity of Fluo-

4 (F/F0) is indicated. n = 12.

B. Effect of low extracellular sodium concentration (30 mM) on propranolol-SIS. n = 4.

C. Effects of *Trpm4* and *Trpm5* knockdown on propranolol-SIS. n = 4. The data are presented

as fold change. See Figure S4C for the original values. *p < 0.05, **p < 0.01 versus NT

(non-targeting) siRNA.

D. Effect of triphenylphosphine oxide on propranolol-stimulated Ca^{2+} response. The

averaged time course of the normalized fluorescence intensity of Fluo-4 (F/F0) is indicated.

n = 12.

E. Effect of triphenylphosphine oxide on propranolol-SIS. n = 4.

All experiments were performed using MIN6-K8 cells in the presence of 2.8 mM glucose. Data

are presented as mean ± SD. The reagents were added at the following final concentrations

unless otherwise specified: glimepiride (GLM), 1 µM; propranolol (Pro), 100 µM; and

triphenylphosphine oxide (TPPO), 100 µM. Statistical comparisons were made using Welch's

one-way ANOVA with Dunnett's post-hoc test for C and two-way ANOVA with Šídák's post-

hoc test for B and E.

Figure 7.

Figure 7. Propranolol-stimulated insulin secretion in islets of normal and diabetic mice.

A. NSY.B6-*a/a* mouse islets. Islets were pooled from two mice. n = 5.

B. NSY.B6-*A^y/a* mouse islets. Islets were pooled from two mice. n = 8.

Glc, glucose. Propranolol (Pro): 100 μM. Statistical comparisons were performed using Welch's one-way ANOVA with Dunnett's post-hoc test.

Figure 8.

Figure 8. Schematic overview of the mechanism of propranolol-stimulated insulin secretion in pancreatic β-cells.

Propranolol increases AC-mediated cAMP production via an unidentified mechanism, resulting in PKA activation. PKA induces RYR2 phosphorylation and extracellular Ca^{2+} influx, leading to CICR from the ER. CICR activates TRPM5, which augments β-cell electrical activity, extracellular Ca^{2+} influx through L-type VDCC, and insulin secretion. P, phosphorylation. Δ, depolarization.

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β-adrenergic blockers increase cAMP and stimulate insulin secretion through PKA/RYR2/TRPM5 pathway in pancreatic β-cells in vitro
Supplemental Data

		FPKM (n = 3)					
		MIN6-K8			B6 islet		
Adra1a	adrenergic receptor, alpha 1a	0.00	0.00	0.00	1.42	0.00	0.00
Adra1b	adrenergic receptor, alpha 1b	0.00	0.00	0.00	0.71	0.00	0.00
Adra1d	adrenergic receptor, alpha 1d	0.00	0.00	0.00	0.00	0.00	0.00
Adra2a	adrenergic receptor, alpha 2a	455.46	442.45	462.39	354.60	373.48	345.46
Adra2b	adrenergic receptor, alpha 2b	0.00	1.00	0.00	0.00	0.00	0.00
Adra2c	adrenergic receptor, alpha 2c	0.00	0.00	0.00	0.00	0.00	0.00
Adrb1	adrenergic receptor, beta 1	0.00	0.00	0.00	2.83	1.13	0.98
Adrb2	adrenergic receptor, beta 2	0.00	0.00	0.00	0.00	1.13	0.00
Adrb3	adrenergic receptor, beta 3	0.00	0.00	0.00	0.00	0.00	0.00

903 **Table S1. Expression profiles of adrenoceptors in MIN6-K8 cells and B6 mouse islets.**

904 Source data: DDBJ Sequence Read Archive (DRA) accession number DRA006332 (Hashim
905 et al., 2018). n = 3 for each.
906

Figure S1.

Figure S1. Involvement of Gαs- and Gαq-GPCR signaling pathways in propranolol-stimulated insulin secretion in MIN6-K8 cells.

A. Effect of propranolol on intracellular insulin content. n = 4.
B. Effects of AC inhibitors on β-blocker-stimulated cAMP production. n = 4. Bisoprolol (Bis) – 100 μM, MDL-12330A – 10 μM, SQ-22536 – 1 mM.
C. Effect of propranolol on intracellular IP1 accumulation. n = 6. Carbachol (CCh, 50 μM) was used as the positive control.
D. –E. Effect of YM-254890 (100 nM) on propranolol-SIS. n = 4. The data are presented in their original value in C and as fold change over glimepiride in D.

All experiments were performed using MIN6-K8 cells in the presence of 2.8 mM glucose. The reagents were added to achieve the following final concentrations: glimepiride (GLM), 1 μM; and propranolol (Pro), 100 μM. Data are presented as mean ± SD. Statistical comparisons were made using two-way ANOVA with Šídák's post-hoc test for B, Welch's one-way ANOVA with Dunnett's post-hoc test for C, and Welch's unpaired two-tailed t-test for A and D.

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β-adrenergic blockers increase cAMP and stimulate insulin secretion through PKA/RYR2/TRPM5 pathway in pancreatic β-cells in vitro
Supplemental Data

Figure S2.

Figure S2. Effects of adrenoceptor knockdown on propranolol-stimulated insulin secretion in MIN6-K8 cells.

A. –B. The knockdown efficiencies of *Adrb1* and *Adrb2* were assessed using RT-qPCR. The mRNA levels were normalized to those in siNT (non-targeting siRNA)-treated cells. n = 4.
C. –D. Effect of *Adrb1* knockdown on propranolol-SIS. n = 4. The data are presented in their original value in C and as fold change over glimepiride in D.
D. –F. Effect of *Adrb2* knockdown on propranolol-SIS. n = 4. The data are presented in their original value in F and as fold change over glimepiride in F.
G. –H. The knockdown efficiency of *Adra2a* was assessed by immunoblotting. The intensity of ADRA2A was normalized to that of total protein visualized by Ponceau-S staining and expressed as fold change over 2.8 mM glucose in H. n = 6.
I. Effect of *Adra2a* knockdown on propranolol-SIS. n = 4.

938 All experiments were performed using MIN6-K8 cells. Glc, glucose. Data are presented as the
939 mean ± SD. Statistical comparisons were made using Welch's unpaired two-tailed t-test.
940

Figure S3.

Figure S3. Involvement of intracellular and extracellular Ca²⁺ in propranolol-stimulated insulin secretion in MIN6-K8 cells.

Figure S3. Involvement of intracellular and extracellular Ca^{2+} in propranolol-stimulated
insulin secretion in MIN6-K8 cells.

A. Effect of nifedipine (100 μM) on propranolol-SIS. n = 4.
B. Propranolol-SIS under extracellular Ca^{2+}-free conditions. n = 4. EGTA (100 μM) was
added to the Ca^{2+}-free buffer.
C. Effect of BHQ (15 μM) on propranolol-SIS. n = 4.
D. Effect of dantrolene (100 μM) on propranolol-SIS. n = 4.
E. –F. Effect of xestospongin C (2 μM) on propranolol-SIS. n = 4. The data are presented in
their original value in E and as fold change over glimepiride in F.
G. The knockdown efficiency of *Itpr1* was assessed using RT-qPCR. The mRNA levels were
normalized to those in siNT (non-targeting siRNA)-treated cells. n = 4.
H. –I. Effect of *Itpr1* knockdown on propranolol-SIS. n = 4. The data are presented in their
original value in H and as fold change over glimepiride in I.

All experiments were performed using MIN6-K8 cells. Glc, glucose. The reagents were added
to achieve the following final concentrations: glimepiride (GLM), 1 µM; and propranolol (Pro),
100 µM. Data are presented as mean ± SD. Statistical comparisons were made using two-way
ANOVA with Šídák's post-hoc test for A–C and Welch's unpaired two-tailed t-test for D–H.
959

Figure S4.

Figure S4. Effects of *Trpm4* and *Trpm5* knockdown on propranolol-stimulated insulin secretion in MIN6-K8 cells.

A. –B. The knockdown efficiencies of *Trpm4* and *Trpm5* were assessed using RT-qPCR. The mRNA levels were normalized to those in siNT (non-targeting siRNA)-treated cells. n = 4.

C. Effect of *Trpm4* and *Trpm5* knockdown on propranolol-SIS. n = 4.

All experiments were performed using MIN6-K8 cells. Glc, glucose. The reagents were added to achieve the following final concentrations: glimepiride (GLM), 1 μM; and propranolol (Pro), 100 μM. Data are presented as mean ± SD. Statistical comparisons were made using Welch's unpaired two-tailed t-test.