Multi-omics investigation of spontaneous T2DM macaque reveals gut microbiota promote T2DM by up-regulating the absorption of excess palmitic acid

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Abstract

Although gut microbiota and lipid metabolites have been suggested to be closely

associated with type 2 diabetes mellitus (T2DM), the interactions between gut

microbiota, lipid metabolites and the host in T2DM development remains unclear.

Rhesus macaques may be the best animal model to investigate these relationships

given their spontaneous development of T2DM. We identified eight spontaneous

T2DM macaques and conducted a comprehensive study investigating the

relationships using multi-omics sequencing technology. Our results from 16S rRNA,

metagenome, metabolome and transcriptome analyses identified that gut microbiota

imbalance, tryptophan metabolism and fatty acid β oxidation disorders, long-chain

fatty acid (LCFA) accumulation, and inflammation occurred in T2DM macaques. We

verified the accumulation of palmitic acid (PA) and activation of inflammation in

T2DM macaques. Importantly, mice transplanted with spontaneous T2DM macaque

fecal microbiota and fed a high PA diet developed prediabetes within 120 days. We

determined that gut microbiota mediated the absorption of excess PA in the ileum,

resulting in the accumulation of PA in the serum consequently leading to T2DM in

mice. In particular, we demonstrated that the specific microbiota composition was

probably involved in the process. This study provides new insight into interactions

between microbiota and metabolites and confirms causative effect of gut microbiota

on T2DM development.

Key words: spontaneous T2DM macaques, multi-omics, gut microbiota, palmitic

acid, fecal microbiota transplantation

Introduction

Diabetes mellitus is considered to be a refractory disease causing a significant socio-economic burden. Type 2 diabetes mellitus (T2DM) is the dominant type of diabetes mellitus characterized by metabolic disorders, insulin resistance, and deficiency of insulin secretion (1, 2). The pathogenesis of this chronic disease is complex and genetic and environmental factors, such as sugar and lipid intake, gut microbiota, many metabolites, and even air pollutants, contribute to its increase in prevalence (3, 4). Accumulating evidence has linked gut microbiota with T2DM development by variety ways. The gut microbiota can impact the integrity of the intestinal epithelial barrier, mediate insulin resistance, as well as regulate the function of mitochondria (5, 6, 7). They can regulate local or systemic immunity and inflammation, which also contributes to the development of T2DM (8). Moreover, various gut microbial metabolites, such as short-chain fatty acids, bile acid, and tryptophan-derived metabolites, have been reported to be closely related to the pathogenesis of T2DM (5, 6, 9, 10). However, the interactions between gut microbiota and its host with T2DM have not yet been fully characterized. In pathological conditions, the dysregulation of the host can lead to changes in gut microbiota composition. In turn, the microbiota plays a regulatory role to participate in the development of T2DM. Despite the complicate interactions between host and microbiota in the context of T2DM, some studies suggest antidiabetic interventions targeting the gut microbiota such as fecal microbiota transplanting (FMT) can be applied as a clinical treatment of T2DM (11, 12, 13).

Meanwhile, dysfunction of lipid metabolism contributes to T2DM development by inducing lipotoxicity in humans and animal models (14, 15). The long-chain fatty acids (LCFAs) are the principal lipid components naturally occurring in animal fats and vegetable oil, as well as the main metabolites of fat. LCFAs such as palmitic acid (PA, C16:0), palmitoleic acid (C16:1N7), and oleic acid (C18:1N9), are reported to have strong association with T2DM. In the last few decades, there is increasing

evidence that frequent consumption of LCFAs contributes to metabolic diseases such as obesity and T2DM due to the high PA content (16, 17). PA is a saturated fatty acid and its increase in serum is a significant contributing factor in T2DM development (18, 19, 20). The suggested mechanisms by which PA mediates T2DM include increasing diacylglycerol and ceramide synthesis (21), mitochondrial and endoplasmic reticulum stress (22, 23), and activation of pro-inflammatory pathways (24). Nevertheless, whether gut microbiota involving in PA mediated T2DM and the interactions between gut microbiota and LCFA metabolites in T2DM development are still unclear.

Spontaneous development of T2DM in non-human primates (e.g. macaques) is highly similar to human T2DM, such as insulin resistance in early stages and later abnormal glucose tolerance and T2DM development follows the same pathological changes of pancreatic islets and complications. In fact, T2DM macaques and humans have amyloidosis of pancreatic islets but it is not observed in mouse models (25, 26), suggesting that T2DM macaques are the best animal model that can simulate and reproduce human T2DM and its complications (27). However, previous studies indicated that naturally occurring spontaneous T2DM macaques in captive populations were rare even if individuals were given a high lipid and high sugar diet (28, 29). After nasally fed cynomolgus macaques with a high-fat dietary emulsion for 12 months, the macaques did not experience significant increases in fasting blood glucose and glycosylated hemoglobin (29). The controversial effects of high fat on the T2DM development are worthy of further investigations to better understand this complex disease.

Here, this study identified spontaneous development of T2DM in individuals (hereafter spontaneous T2DM macaques) from a large group of rhesus macaques. These spontaneous T2DM macaques have never been treated with anti-diabetic drugs and therefore provide valuable models for pathogenesis investigation of T2DM. Based on the macaque model, we used multi-omics techniques to address the interactions between gut microbiota, host gene expression, and fecal metabolites and

the development of T2DM. Our results demonstrated that gut microbiota and LCFA

metabolites played important roles in the pathogenesis of T2DM. We validated the

increased content of plasma PA and activation of inflammation in the T2DM

macaques. In addition, we successfully induced prediabetes in mice by transplanting

fecal microbiota from T2DM macaques into mice in conjunction with a diet high in

PA. We also revealed the specific structure of gut microbiota that promoted T2DM

development by regulating the absorption of excess PA, which provides key evidence

of the causative effect of gut microbiota on the pathogenesis of T2DM.

Results

Metagenome and 16S sequencing demonstrate alterations on gut

microbiota in spontaneous T2DM macaques

We identified eight spontaneous T2DM macaques out of 1698 individuals from

long-term glucose monitoring in a captive population (Table S1). The fasting plasma

glucose (FPG), fasting plasma insulin (FPI), and HOMA-IR levels in the T2DM

macaques were significantly higher than in the control group ($p<0.01$), suggesting

insulin resistance in T2DM macaques. However, glycosylated hemoglobin A1c

(HbA1c), triglycerides (TG), total cholesterol (TC), high-density lipoprotein

cholesterol (HDL), low-density lipoprotein cholesterol (LDL), and BMI did not

significantly differ from the controls ($p>0.05$, Table 1). Comparison of gut microbiota

between the two groups based on 16S rRNA amplicon found that both Shannon and

Simpson index decreased in T2DM macaques but it was not significantly different

from controls ($p>0.05$; Figures 1A and B). PCoA indicated that the microbiota

composition of spontaneous T2DM macaques was different from the control group

(Figure 1C). As one of the most dominant families in both groups, Lachnospiraceae

showed significantly higher abundance in the T2DM group (14.48%) than in the

control group (6.66%). While the abundance of the Lactobacillaceae family was

significantly greater in the control group (25.95%) compared to spontaneous T2DM

macaques (20.88%) (Figure 1D). A total of 21 microbes were identified as

differentially microbes between the T2DM group and control group, where ten microbes including Erysipelotrichaceae and five members in Lachnospiraceae family (*Ruminococcus gnavus*, *Lachnospira*, *Coprococcus* sp. *Dorea longicatena*, and *Roseburia*) were significantly greater in the T2DM group (Figure 1E).

The metagenome results showed that the T2DM group had a higher abundance of Erysipelorictchaeae, *Eubacterium rectale*, Lachnospiraceae, Negativicutes, *Blautia*, and Coriobacteriia than the control group (Figure S1A). Functional enrichment demonstrated a total of 74 KEGG pathways with significant differences between the two groups. These pathways were mainly associated with T2DM and inflammation, including type II diabetes mellitus, glucagon signaling pathway, starch and sucrose metabolism, lipid metabolism, and toll-like receptor signaling pathways (Figure 1F). Among the six CAZy enzyme families, the Carbohydrate-binding module (CBMs), Glycosyl Transferases (GTs), Carbohydrate esterases (CEs), and Polysaccharide Lyases (PLs) families were significantly upregulated in the T2DM group, indicating significant changes in carbohydrate metabolism (Figure 1G). The results of metagenome and 16S sequencing demonstrated significant alterations in the composition and function of gut microbiota in spontaneous T2DM macaques, with a greater abundance of microbes associated with T2DM and fewer beneficial microbes.

Fecal metabolome and blood transcriptome reveals dysfunction of fatty acid β oxidation and tryptophan metabolism in T2DM macaques

The UHPLC-MS based metabolome analysis on fecal samples of T2DM and control macaques identified 1564 metabolites belonging to various types of secondary metabolites, with lipids and lipid-like molecules being most abundant (31.1%) (Figure S1B). We found 64 significantly differential metabolites between the two groups using a combined multidimensional statistical analysis (OPLS-DA) and univariate statistical analysis (T-test) (VIP>1, $p<0.05$) (Figures 2A and B; Table S2). Among them, muscon, indole-3-acetaldehyde, and serotonin were significantly lower in the

T2DM group (Figure 2C) and are associated with anti-inflammatory activity (30, 31,

32). Notably, 64 differential metabolites were significantly enriched in one pathway:

tryptophan metabolism (Figure 2D), and we identified two significantly different

metabolites, indole-3-acetaldehyde and serotonin in this pathway. Both metabolites

are microbiota-derived tryptophan metabolites and the ligands for AhR (31, 32). The

lower concentration of AhR ligands may lead to the development of inflammation and

metabolic syndromes in humans (33). In addition, we found the contents of many

acylcarnitine metabolites were significantly higher in the T2DM group (VIP>1,

$p<0.1$), including l-propionylcarnitine, hexanoyl-l-carnitine, (r)-butyrylcarnitine, and

isovaleryl-l-carnitine (Table S2). Among them, l-propionylcarnitine, a kind of

acylcarnitines, was the most upregulated metabolite in the T2DM macaques (FC:

16.19) (Figure 2C). Acylcarnitines are products of incomplete oxidation of LCFAs,

which can activate pro-inflammatory signaling pathways and ultimately inhibit insulin

activity (34). Our results indicated incomplete LCFAs β oxidation in spontaneous

T2DM macaques, while similar characteristics were also observed in insulin resistant

and T2DM humans (35, 36).

Blood transcriptome analysis was consistent with metabolome results, indicating

dysfunction of fatty acid β oxidation and inflammation in T2DM macaques. Gene

expression in T2DM macaques exhibited significant differences from the controls

(Figure 2E), and a total of 161 differentially expressed genes (DEGs) (26 upregulated

and 135 downregulated) were identified in T2DM macaques at a FDR level of 0.05

(Figure 2F). Enrichment analysis of the DEGs was linked to diabetes, fatty acid

metabolism, and inflammation, such as diabetic cardiomyopathy, glucose homeostasis,

fatty acid metabolic process, and chemokine production (Figure 2G). We also

identified 26 differential enrichment pathways between the two groups by aggregate

fold change (AFC), and most were associated with insulin resistance and

inflammation, including insulin resistance, PI3K-Akt signaling pathway, bacterial

invasion of epithelial cells, and NOD-like receptor signaling pathway (Figure S2A).

As shown in the insulin resistance pathway, expression of *IL6* and *IRS1* were

upregulated, while *INSR* was downregulated in T2DM macaques (Figure S2B). The WGCNA analysis identified four modules that were related to T2DM. Darkgreen module and brown module were significantly positively correlated with T2DM, while green module and darkred module were negatively correlated with T2DM (Figure 2H). Genes in the darkgreen module and brown module related to lipolysis and inflammation were significantly upregulated in T2DM macaques, and genes in the green module and darkred module related to fatty acid metabolism and insulin secretion were significantly downregulated (Figure S2C). With the cut-off ($|kME>0.8|$), a total of 546 genes in the four modules were identified as hub genes (Table S3). Of these 546, 102 hub genes were also DEGs (Figure 2I). Several of these genes have been reported as correlated with T2DM in humans, including *IGF2BP2*, *LEPR*, *RAP1A*, *SESTRIN 3*, and *ITLN1* (37, 38, 39, 40, 41). In addition, *ACSM3*, *HADHB*, and *EFHB* are involved in fatty acid β oxidation and inflammation (42, 43, 44).

Validation of LCFAs accumulation and inflammation in T2DM macaques

Collectively, metabolome and transcriptome results indicated dysfunction in fatty acid β oxidation and tryptophan metabolism in T2DM macaques, which may lead to LCFA accumulation and inflammation. To support this conclusion, we performed targeted medium-and long-chain fatty acid mass spectrometry of plasma and examined serum inflammatory cytokines in the macaques. A total of 34 fatty acids were detected, and among the five types of fatty acids, the concentration of saturated fatty acid (SFA) was significantly greater in the T2DM group ($p<0.05$, Figure 3A), while other types of fatty acids were not significantly different between the two groups ($p>0.05$, Figures 3B-E). In particular, concentrations of PA, palmitoleic acid, and oleic acid were significantly higher in the T2DM group than control group ($p<0.05$ and VIP>1, Figures 3F and G). Increased content of PA, palmitoleic acid, and oleic acid was also found in human T2DM (45, 46). PA was an important metabolite mediating insulin

resistance through three main mechanisms, being increased diacylglycerol and

ceramide synthesis, mitochondrial and endoplasmic reticulum stress, and activation of

pro-inflammatory pathways through membrane receptors (21, 22, 23, 24). Analysis on

the serum inflammatory cytokines found that IL-1β was significantly higher in the

T2DM group ($p<0.05$, Figure 3H), but TNF-α and IL-6 levels showed no significant

difference between the two groups ($p>0.05$, Figures 3I and J). IL-1β is a major player

in a variety of autoinflammatory diseases and a key promoter of T2DM systemic and

tissue inflammation (47). Moreover, blood routine examination showed an increase of

WBC number, NEU percentage and NEU number and a decrease of LYM percentage

and LYM number, also indicating the inflammation in the T2DM macaques ($p<0.05$,

Table 2).

To investigate effect of gut microbiota on the LCFAs accumulation and

inflammation in T2DM macaques, we performed a correlation analysis among the

DEGs, differential metabolites, and differential microbes using spearman rank

correlation. Four differential microbes in Lachnospiraceae family (*Coprococcus*,

Lachnospira, *Roseburia* and *Dorea longicatena*) were significantly associated with

three differential metabolites of PA, palmitoleic acid and oleic acid (|r|>0.5, adj

$p<0.05$), suggesting the participation of Lachnospiraceae microbes in LCFAs

accumulation in T2DM macaques (Figure 3K). In addition, the bacteria in class

Coriobacteriia was also associated with the three LCFAs (|r|>0.5, adj $p<0.05$, Figures

S1C and D).

Fecal microbiota transplantation (FMT) with high content PA food

induce prediabetes in mice

To determine the causative effect of gut microbiota and PA on T2DM development,

we collected feces from the spontaneous T2DM macaques and performed fecal

microbiota transplantation (FMT) in antibiotic-pretreated mice. Mice were either

administrated by FMT (FT), fed with high concentration PA diet (PA), or were

combined FMT and PA diet (FTPA). A control group was used and they were fed with

normal commercial food and lacked FMT (Figure 4A). FPG monitoring found that

FPG levels in the FTPA group and FT group increased continuously from day 60

(Figure 4B), while the control group maintained stable FPG levels throughout the 120

days. The FTPA group showed the highest FPG of 6.7 mmol/L at day 120, which was

significantly higher than the control group and indicated FTPA-treated mice had

developed prediabetes (Figure 4C). The oral glucose tolerance test (OGTT) showed

obvious glucose intolerance in the FTPA group (Figures 4D and E), and the FPI

values and insulin tolerance test (ITT) were both significantly elevated in the FTPA

group, indicating insulin resistance (Figures 4F and G). Meanwhile, body weight

(BW), TC, and TG significantly increased in the FTPA group (Figures 4H-J). While

mice in the FT group and PA group had significant weight gain and mild insulin

resistance, they did not exhibit significant glucose intolerance and no significant

elevation in TC and TG levels compared to controls. Histopathological changes in the

pancreas and liver of mice were investigated using H-E staining. Hepatocytes focal

necrosis with inflammatory cell infiltration was commonly observed in the FTPA

mice, but not frequent in hepatocytes in FT and PA groups (Figure 4K). Furthermore,

decreased volume and area in pancreatic islets and inflammatory cell infiltration were

detected in the FTPA mice (Figure 4L), while such pathological changes were not

found in the control group.

Specific structure of gut microbiota mediates the absorption of excess PA in the ileum

Given that the content of plasma PA significantly increased in the T2DM macaques

(Figures 3F and G), we examined PA content in the feces, ileum, and serum in mice to

compare the prediabetes mice and the spontaneous T2DM macaques. PA content in

the serum and ileum of the FTPA group was significantly higher than the control

group ($p<0.05$, Figures 5A and B), but its content in feces was significantly lower

than the control group ($p<0.05$, Figure 5C). This suggested that the absorption of PA

was significantly enhanced in the ileum leading to the increase of PA in serum. To

verify this conclusion, expression of the *Cd36* gene, a gene involved in the uptake and

oxidation of LCFAs (48), was examined in the ileum of mice. Ileums showed a

significantly upregulated expression of *Cd36* in the FTPA group compared to the

control group ($p<0.05$, Figure 5D). In contrast, the level of IL-17A, a protein

inhibiting the expression of *Cd36* (49), was significantly reduced in the ileum of the

FTPA group ($p<0.05$, Figure 5E). Interestingly, the PA group's content of PA, *Cd36*

expression and IL-17A was not significantly different from the control group. This

indicated that without FMT, the ileum could not absorb PA effectively even when fed

in high concentrations. Consequently, gut microbiota mediated the absorption of

excess PA in the ileum.

We then compared diversity and composition of microbiota communities

between the FTPA, FT, PA and control groups, and a fifth group consisting of the

microbiota transplants (TP) from T2DM macaques. Shannon and Simpson indices

were lower in the FTPA, FT and PA groups than the control group (Figures S3A and

B). NMDS analysis also indicated a distinct microbiota composition from the control

group compared to other groups (NMDS1). In addition, microbiota composition of TP

from T2DM macaques was distinct from other groups but a little closer to the FTPA

and FT groups (NMDS2, Figure 5F). In particular, the Lachnospiraceae family

showed the higher abundance in the TP, FTPA and FT groups than in the PA and

control groups (Figure S3C). The abundances of three members of microbes in

Lachnospiraceae (*R. gnavus* and *Coprococcus* sp. and *Clostridium*) in the FTPA and

FT groups gradually increased over time after FMT (Figure S3D). The FTPA and FT

groups shared many differential microbes compared to the control group, such as the

significantly upregulated *R. gnavus* and *Coprococcus* sp., and the significantly

downregulated Christensenellaceae, F16, *Treponema* sp. and *Fibrobacter*

succinogenes (Figures 5G and H). It is noteworthy that these microbes were also

differential microbes between T2DM macaques and controls, and their abundances

changed in the same way as in macaques (Figure 1E). However, mice in the PA group

did not share differential microbes with the spontaneous T2DM macaques.

Correspondingly, the change of serum PA content in the PA group was not

significantly higher than the control group (Figure S3E). Our results suggested that

the transplanted microbiota from spontaneous T2DM macaques, especially the

increased abundance of *R. gnavus* and *Coprococcus* sp. and decreased abundance of

Treponema, *F. succinogenes*, Christensenellaceae and F16, promoted the absorption of

excess PA by regulating the expression of IL-17A and Cd36, leading to the LCFAs

accumulation and insulin resistance (Figures 5I).

Discussion

With a multi-omics technology, this study comprehensively characterizes the gut

microbiota, metabolites and gene expression of spontaneous T2DM macaques. The

gut microbiota diversity in T2DM macaques decreased. In particular, the abundance

of bacteria *R. gnavus* and Erysipelotrichaceae were upregulated while the abundance

of Christensenellaceae was downregulated in the T2DM macaques. Metabolome

results demonstrated a decrease of microbiota-derived tryptophan and

anti-inflammatory metabolites, indicating that T2DM macaques were prone to

inflammation. Notably, the accumulation of acylcarnitine metabolites, the suggested

biomarkers for human T2DM (46), indicated incomplete mitochondrial LCFA β

oxidation in T2DM macaques. Transcriptome results identified many DEGs linked to

insulin resistance, fatty acid β oxidation and inflammation, including *IGF2BP2*, *LEPR*,

RAP1A, *SESTRIN 3*, and *ITLN1* that have also been reported in human T2DM (37, 38,

39, 40, 41). Combining the multi-omics results we revealed the complex pathological

mechanisms in the spontaneous T2DM macaques (Figure 6), which is comparable to

T2DM humans. Firstly, expression of genes related to lipolysis, fatty acid oxidation,

LCFA accumulation, inflammation, and insulin seretion are dysregulated, promoting

the development of T2DM (Figure 6A). This is particularly related to lipid

metabolism, where the increase of lipolysis and the downregulated expression of fatty

acid metabolism-related genes *HADHB* and *ACSM3* cause the accumulation of

acylcarnitine and LCFAs, which results in incomplete LCFA oxidation in T2DM

macaques (Figure 6B). We also suggest that the decrease of *Lactobacillus* sp. cause

the reduction of Aryl hydrocarbon receptor (AhR) ligands (serotonin and

indole-3-acetaldehyde) given that *Lactobacillus* is producer of AhR ligands (50). This

then promotes the expansion of the PA producer Erysipelotrichacea (51, 52) and

ultimately leads to the increase of PA levels. The increase in the abundance of

Erysipelotrichacea and *R. gnavus* also promotes the development of T2DM by

activation of inflammation (53, 54, 55) (Figure 6C). The accumulation of PA was

reported to lead to insulin resistance by affecting genes in the insulin signaling

pathway (16). Our study demonstrates that the significantly changed expression of

RAP1A, *SESTRIN3*, and *IRS1* in PA-mTORC1-Akt pathway causes insulin resistance

in T2DM macaques. Moreover, the increase of PA can promote the development of

T2DM by upregulating the NF-κB signaling pathway (Figure 6D).

We validated the observations from the multi-omics analysis finding the

significantly higher inflammatory cytokines IL-1β and LCFA accumulation,

especially significant PA accumulation in the T2DM macaques. And found LCFA

metabolites were significantly correlated with bacteria in the Lachnospiraceae family.

Numerous studies imply an association of gut microbiota with T2DM development.

By transplanting gut microbiota from healthy individuals to T2DM individuals,

symptoms such as insulin resistance or inflammation were improved (6, 56). However,

there is no evidence to date suggesting gut microbiota have directly causative effects

on T2DM development. Our study confirmed the causative effect of gut microbiota

and PA on T2DM development by transplanting fecal microbiota from spontaneous

T2DM macaques to antibiotic pretreated mice. We successfully induced prediabetes in

mice after combining FMT administration and high PA ingestion. However, when the

treatments were administered on their own, the mice did not develop prediabetes. We

determined, for the first time, that gut microbiota mediated the absorption of excess

PA in the ileum by quantitative examining PA contents in feces, ileum, and serum, and

analysis of the expression of *Cd36* and IL-17A level in the ileum. Most notably, this

then resulted in accumulation of PA in the serum and finally led to T2DM

development. Without the transplanting gut microbiota, the ileum could not absorb the

PA effectively even at a high concentration of ingested PA. Our study highlights the

essential roles of gut microbiota in T2DM development, and this is probable also the

reason that previous studies have failed to induce T2DM in macaques because they

have only used a high-fat diet (28, 29).

We then determined the specific gut microbiota structure that related to T2DM

development in the prediabetes mice and spontaneous T2DM macaques. We found

that the increased abundance of *R. gnavus* and *Coprococcus* sp., and the decreased

abundance of *Treponema*, *F. succinogenes*, Christensenellaceae, and F16, were

involved in the T2DM development. *R. gnavus* can promote insulin resistance by

regulating the content of tryptamine/phenethylamine (57). Moreover, *R. gnavus* is a

mucin-degrading microbe that leads to an increase of inflammation (58, 59, 60). The

intestinal mucous layer is an important barrier separating intestinal tissue from

microbiota, and microbiota composition plays a major role in affecting the integrity of

intestinal mucous layer (58). The increase of *R. gnavus* suggested a higher risk of

damage to the integrity of the intestinal mucous layer. This is further supported by our

results of the lower abundance of *Lactobacillus* sp., which are AhR ligand producers,

and the decreased content of AhR ligands (tryptophan microbial metabolites) in

spontaneous T2DM macaques. The deficiency of AhR ligand reduced the production

of intestinal mucus and increased the risk of microbial invasion, which in turn

affected the immune cell differentiation and cytokine production (61, 62). The

cytokine IL-17A is a regulator of the fatty acid transporter *Cd36* and lipid absorption

can be promoted by reducing the inhibition of *Cd36* expression by IL-17A (54). The

decreased IL-17A level and increased *Cd36* expression in prediabetes mice indicated

that the specific gut microbiota promoted the absorption of excess PA by disrupting

the integrity of the intestinal mucous layer and regulating the expression of IL-17A

and *Cd36*. In addition, the beneficial bacteria decreased in abundance in T2DM

macaques and prediabetes mice. These beneficial bacteria, such as *F. succinogenes*,

Christensenellaceae, and F16, protect the mucosal barrier and improved insulin

resistance (63, 64, 65). We inferred the collectively effects of these gut microbes

determined the absorption of excess PA from ileum to serum, which might contribute

to the development of T2DM.

In conclusion, spontaneous T2DM macaques that have never been treated with

diabetes-related drugs provide a valuable model for our understanding of the

pathological characteristics and pathogenesis of T2DM. This study characterized

changes in gene expression, metabolites, and gut microbiota levels of spontaneous

T2DM macaques using multi-omics techniques. We found gut abnormal microbiota,

tryptophan metabolism and fatty acid β oxidation disorders, inflammation, and PA

accumulation. We also successfully induced prediabetes in mice by transplanting fecal

microbiota from T2DM macaques into antibiotic pretreated mice fed a high PA diet.

Our study confirms the causative effect of gut microbiota composition change and PA

in T2DM development. The microbiota composition, specifically higher abundance of

R. gnavus and *Coprococcus* sp. and lower abundance of *Treponema*, *F. succinogenes*,

Christensenellaceae and F16, promoted the absorption of excess PA thus led to the

development of T2DM. This study provides new insights into the interaction of gut

microbiota and metabolites in the development of T2DM, which expands our

understanding of the pathogenesis of this metabolic disease and may provide novel

insights for the treatment of T2DM in the future.

Materials and methods

The screening of spontaneous T2DM macaques

The experimental macaques used in this study were all from Greenhouse

Biotechnology Co., LTD (Meishan, China). We obtained eight spontaneous T2DM

macaques with FPG≥7 mmol/L and eight heathy control macaques with FPG≤6.1

mmol/L (three consecutive detections, each detection interval of one month) from a

population of 1698 captive macaques. None of these 16 screened macaques received

any medical treatment for diabetes.

Sample collection

Each experimental macaque was kept in a single cage, and was fasted for 12 hours but

had free access to drinking water. We obtained serum, plasma and whole blood for the

detection of physiological and biochemical parameters, and metabolome and

transcriptome analysis. Fecal samples were collected within ten minutes after

deposition. During the sampling process, fecal samples were loaded into a 50 mL

sterile centrifuge tube were stored at -80°C. We followed animal welfare guidelines

throughout the sample collection process, and all observations and samplings were

approved by the Sichuan University's Animal Care Committee.

Physiological and biochemical parameters

In this study, FGP, HbA1c and FPI were detected by hexokinase method, high

performance liquid chromatography and electro-chemiluminescence method,

respectively. TC, TG, HDL and LDL were detected by automatic biochemical

analyzer. HOMA-IR is one of the criteria for T2DM, calculated as: (FPI×FPG)/22.5.

Feces 16S rRNA amplicon sequencing and analysis

Total DNA from fecal samples was extracted using the QIAamp Fast DNA Stool Mini

Kit. The V3-V4 region of the 16S rRNA gene was amplified using the 341F/806R

primer   (341F: 5'-CCTAYGGGRBGCASCAG   -3',   806R:

5'-GGACTACNNGGGTATCTAAT -3'). The purification and quantification of the

amplified products were performed and followed by the sequencing library

preparation with TruSeq Nano DNA LT Library Prep Kit (Illumina, USA). The library

sequencing was performed on Illumina MiSeq platform and 250 bp paired-end reads

were generated. Raw sequencing reads were merged using FLASH (VI.2.7,

http://ccb.jhu.edu/software/FLASH/) (66) and analyzed by QIIME2 (version

2020.11.1) pipeline with default parameters. Reads after denoising by DADA2 were

clustered into OTUs at 99% similarity threshold. Taxonomy of OTUs was assigned

based on Greengenes reference database (67). The QIIME2 diversity plugin was used

to calculate alpha diversity (68). Principal Coordinate Analysis (PCoA) was

determined by using the R package vegan. Differentially microbes were determined

using linear discriminant analysis effect size (LEfSe) (69).

Feces shotgun metagenome sequencing and analysis

Total DNA from each sample was extracted using Tiangen DNA Stool Mini Kit

(Tiangen Biotech Co., Ltd., China). Metagenome sequencing was performed using the

Illumina NovaSeq 6000 platform with a paired-end sequencing length of 150 bp.

Trimmomatic was used for removing the adapters and low-quality raw reads based on

a four-base wide sliding window, with average quality per base>20 and minimum

length 90 bp (70). The rhesus macaque potential sequences were removed using

Bowtie2 (71) with the reference genome (assembly Mmul_10). Taxonomy of

remaining reads was assigned using Kraken2 (72) with the option "--use-mpa-style".

De novo assembly of remaining reads was performed using MEGAHIT (73) with the

option "-m 0.90 --min-contig-len 300". Prodigal (74) was used for gene prediction.

The construction of non-redundant gene catalogue was performed with CD-HIT (75)

with the option "-c 0.95 -aS 0.90". Quantification of the non-redundant genes in each

sample was performed using Salmon (76). The amino acid sequences translated from

non-redundant genes were aligned (--id 80% --query-cover 70% --evalue 1e-5) by

DIAMOND (77) in the Carbohydrate-Active enZYmes (CAZy) database (78). The

annotation metabolic pathway was performed using HUMANn3 (79).

RNA sequencing and DEG analysis

Total RNA was extracted using PAXgene Blood RNA kit. The cDNA Library was

constructed following the NEBNext® UltraTM RNA Library Prep Kit for Illumina®

(NEB, USA) manual, and index was added to each sample for sample differentiation.

cBot Cluster Generation System was used to cluster the sequences with the same

index. Illumina Hiseq 2500 sequencing platform was used to obtain the paired-end

sequencing reads (PE150). NGS QC Toolkit v2.3.3 (80) was used to obtain high

quality reads (high-quality paired reads with more than 90% of bases with

Q-value≥20 were retained). Processed reads of each sample were mapped to the

macaque reference genome using HISAT2 v2.1.0 (Kim, et al. 2015). Each alignment

output file was assembled into a separate transcriptome using StringTie v1.3.6 (81),

resulting in a transcript GTF file. To obtain the expression value of TPM (transcripts

per million) and raw read counts of each gene, transcript GTF file was used as the

reference annotation file. Differential expression analysis was performed using

DESeq2 R package (82). DEGs were screened according to Foldchange value (FC)

and p value corrected by FDR (Benjamini-Hochberg method was selected) (adj

$p<0.05$, $|log2FC|>1$).

Weighted Gene Co-Expression Network Analysis (WGCNA) (83) was used to

analyse the correlation between genes and phenotypes. We selected an appropriate

"soft thresholding power" using the "picksoftthreshold" function in the WGCNA

package (v1.61). Next, "blockwiseModules" function was used to construct the co-

expression matrix with the option "checkMissingData=TRUE, power=16,

TOMType='unsigned', minModuleSize=30, maxBlockSize=6000,

mergeCutHeight=0.25". The modules with high correlation to T2DM phenotype and

$p<0.05$ were selected for downstream analysis, and genes in these modules were used

for GO and KEGG functional enrichment analysis. Hub genes were identified based

on the module eigengene-based connectivity (kME), $|kME>0.8|$ as the cut-off criteria.

Instead of identifying the differentially expressed genes within a pathway

between the two groups, Aggregate Fold Change (AFC) calculated the average

multiple change for each gene and defined the pathway score as the average

difference multiple for all genes in that pathway. A null hypothesis test was performed

using the pathway scores of the gene expression dataset, and the significance of each

pathway was estimated by p-value (84). STRING (v11.0) provides a tool for

functional enrichment analysis based on AFC. GO and KEGG enrichment analysis

was performed using g: Profiler (85), AFC enrichment analysis was performed using

STRING

(https://www.string-db.org/cgi/input?sessionId=bfRWW6asD8S4&input_page_show_

search=on).

Untargeted metabolomics processing

The 200 μL homogenized fecal sample was mixed with 800 μL cold

methanol/acetonitrile (1:1, v/v) to remove the protein. The mixture was centrifuged

for 15 min (14000g, 4°C) followed by the drying of the supernatant in a vacuum

centrifuge. For LC-MS analysis, the samples were re-dissolved in 100 μL

acetonitrile/water (1:1, v/v) solvent. LC-MS/MS analysis was performed using an

UHPLC (1290 Infinity LC, Agilent Technologies) coupled to a quadrupole

time-of-flight (AB Sciex TripleTOF 6600) in Shanghai Applied Protein Technology

Co., Ltd. The samples were separated by Agilent 1290 Infinity LC ultra-high

performance liquid chromatography (UHPLC) HILIC column. In both ESI positive

and negative modes, the mobile phase contained A=25 mM ammonium acetate and 25

mM ammonium hydroxide in water and B=acetonitrile. The gradient was 85% B for 1

min and was linearly reduced to 65% in 11 min, and then was reduced to 40% in 0.1

min and kept for 4 min, and then increased to 85% in 0.1 min, with a 5 min

re-equilibration period employed. AB Triple TOF 6600 mass spectrometer was used

to collect the primary and secondary spectra of per sample. After separation by

UHPLC, the samples were analyzed by Triple TOF 6600 mass spectrometer (AB

SCIEX). Positive and negative modes of electrospray ionization (ESI) were

respectively detected.

Targeted medium-and long-chain fatty acid metabolomics processing

A total amount of 100 μL plasma per sample was taken in 2 mL glass centrifuge tubes

and 1mL chloroform methanol solution was added. After 30min of ultrasound, the

supernatant was taken and 2mL of 1% sulfuric acid-methanol solution was added. The

mixed solution was placed in a water bath at 80℃, for 30min, and then 1mL of

N-hexane and 5 mL of pure water were added in turn. Next, 500 μL of supernatant

was absorbed, 25 μL of methyl N-nonaconate was added and mixed. The final sample

was detected by GC-MS. All samples were separated by Agilent DB-WAX capillary

column (30 m×0.25 mm ID×0.25 μm) gas chromatography. Agilent 7890/5975C

gas-mass spectrometer was used for mass spectrometry. The chromatographic peak

area and retention time were extracted by MSD ChemStation software. The content of

medium-and long-chain fatty acids was calculated by drawing a standard curve.

Metabolomics statistical processing

The screening of significant changed metabolites was performed using univariate and

multidimensional analysis. Student's t test was applied to determine the significance

of differences between two groups. The variable importance in the projection (VIP)

value of each variable was obtained from the Orthogonal Partial Least Squares

Discriminant Analysis (OPLS-DA) model, which was used to indicate its contribution

to the classification. The screening criteria were $p<0.05$ and VIP>1.

Animal treatments

Specific-pathogen-free C57BL/6J male mice at 6 weeks of age (vendor: Chengdu

dossy experimental animals Co., LTD) were randomly assigned to four groups (FTPA,

FT, PA and Control). All the mice lived in cages with the same conditions, including

12h light and 12h dark cycles, temperature 22-25 °C and humidity 40-60%.

Diets

HPAD was prepared by adding 12% PA to conventional forage. Both the conventional

forage and the HPAD were sterile and the fresh forage was renewed three times a

week. On day 0, the diets of FTPA-treated mice and PA-treated mice were switched to

HPAD, FT-treated mice and control mice were still fed with conventional forage.

Drinking water was sterile and renewed twice a day.

Transplant preparation and use

After single cage feeding, FPG detection and fecal collection were performed, and

fecal samples of seven T2DM macaques were mixed for the preparation of transplants.

The appropriate volume of diluent was added to the fecal sample (i.e. add 4 ml diluent

per gram of feces) and the preparation of diluent can be found in (86). Sodium

L-ascorbic acid and L-cysteine hydrochloride monohydrate were added to all

suspensions at final concentrations of 5% (w/v) and 0.1% (w/v), respectively (The

sterile diluent of control group was added with the same amount of reagent). The

mixture was homogenized and filtered with a 200-mesh sterile mesh screen to remove

large particles from the feces, and the filtrate was passed through 400 and 800 sterile

mesh screens to remove undigested food and smaller particulate matter. The filtrate

was divided into 50 ml centrifuge tubes, centrifuged at 600×g for 5 min, and the

precipitation was discarded. Finally, the fecal supernatant was divided into new

centrifuge tubes in equal parts (400 μL per tube) and frozen at -80°C. For use, the

transplant was quickly thawed in a 37°C water bath.

Fecal microbiota transplantation (FMT)

After one week of changed feeding regime, the FTPA and FT mice groups were

pre-treated with 1 g/L neomycin sulfate, 1 g/L ampicillin and 1 g/L metronidazole in

the drinking water for 14 days, and the control group was not treated. For FMT

treatment, the gavage with 400 μL transplant, which were thawed ahead of time, was

performed for 14 days in FTPA and FT-treated mice. At the same time, the gavage in

control and PA-treated mice were performed with sterile diluent.

Metabolic measurements

Throughout the experiment, body weight and feces were collected every month, FPG

detection was every half month. OGTT was performed on day 110 and ITT was

performed on day 115. For OGTT, after a 12h overnight fast, oral glucose gavage (1.2

g/kg of 12% dextrose solution) was performed and followed by blood sample

collection from the tail vein at 0, 15, 30, 60, 90 and 120 min. For ITT, after a 6h fast,

intraperitoneal insulin injection was performed (0.75 U/kg, human regular insulin),

followed by the blood samples collection from the tail vein at 0, 20, 40, 60, 90 and

120 min. On day 120, after FPG detection, blood collection and issues were collected

for quantitative RT-PCR, H-E staining and ELISA.

Isolation of tissue for quantitative RT-PCR and ELISA

594   Tissue was homogenized for RNA extraction, after adjusting the final concentration of

595   RNA, and DNA reverse transcription was performed. Quantitative RT-PCR was

596   performed on CFX Connect Real-Time PCR Detection System (Bio-rad, USA) using

597   SYBR Green (Table 3-5). PA, IL-1β, IL-6, TNF-α and IL-17A were detected using

598   Jiangsu Meimian ELISA kit and followed operator instructions.

H-E staining

600   The isolated livers and pancreas were dehydrated and embedded after fixation with

601   formalin for 24 h. Paraffin-embedded livers and pancreas specimens were cut at a

602   thickness of 3 μm. All sections were stained with hematoxylin then eosin, and finally

603   microscopy and image acquisition were performed.

Statistical analysis

In this study, one-way ANOVA was used to determine statistical significance for comparisons of more than three groups, and for comparisons of two groups, two-tailed t-test was used. p values are represented on figures as follows: ns, not significant, $*p<0.05$, $**p<0.01$.

Data availability

The raw data of transcriptomes, metagenomes, and 16S rRNA have been submitted to the China National Center for Bioinformation/Beijing Institute of Genomics, Chinese Academy of Sciences with BioProject accession no. PRJCA021499. We provide four links that reviewers can use to access the raw data. Transcriptomes data: https://ngdc.cncb.ac.cn/gsa/s/4xAVJ3Lk (GSA: CRA013604). 16S rRNA data (macaque): https://ngdc.cncb.ac.cn/gsa/s/bsDz9qrN (GSA: CRA013637). 16S rRNA data (mouse): https://ngdc.cncb.ac.cn/gsa/s/1YcuC464 (GSA: CRA013638). metagenomes data: https://ngdc.cncb.ac.cn/gsa/s/3k38T849 (GSA: CRA013607). The identified untargeted metabolites were listed in the Table S4. The identified targeted medium-and long-chain fatty acid metabolites were listed in the Table S5.

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Author contributions

X.L., G.H., Q.H.L., S.Z.Y. and C.J. collected the samples; X.L. and S.Z.Y. performed the bioinformatics analyses; X.L., Y.C.X., K.S., C.J., J.X.L. and L.Z. performed the experiments; X.L. wrote the manuscript; J.L., Z.L.H., Z.X.F. and B.S.Y. revised the

manuscript; J.L. conceived and designed the experiments.

Declaration of interests

The authors declare no competing interests.

Figure legends

Figure 1. The changes in gut microbiota in spontaneous T2DM macaques.

(A) Alpha diversity estimates (Shannon index) between T2DM and control groups (ns,

not significant, two-tailed t-test, n=8).

(B) Alpha diversity estimates (Simpson index) between T2DM and control groups (ns,

not significant, two-tailed t-test, n=8).

(C) Principal Coordinate Analysis (PCoA) (n=8).

(D) Differential analysis of gut microbial composition in T2DM and control groups

(n=8).

(E) LEfSe analysis between T2DM and control groups (n=8).

(F) Differential analysis of gut microbial function in T2DM and control groups (n=5).

The pathways with red color were associated with T2DM and inflammation. Error bar

is mean with ± standard deviation (s.d.).

(G) Differential analysis of gut microbial CAZy enzyme in T2DM and control groups

(n=5). CBMs: carbohydrate-binding module (p=0.022, two-tailed t-test); GTs:

Glycosyl Transferases (p=0.013, two-tailed t-test); PLs: Polysaccharide Lyases

(p=0.017, two-tailed t-test); AA: Auxiliary activity enzymes (ns, not significant,

two-tailed t-test); GH: Glycoside hydrolases (ns, not significant, two-tailed t-test); CE:

Carbohydrate esterases (p=0.039, two-tailed t-test). For all boxplots: centre lines, upper

and lower bounds show median values, 25th and 75th quantiles; upper and lower

whiskers show the largest and smallest non-outlier values. In c, ellipses represent the

95% confidence intervals.

Figure 2. The alterations of fecal metabolites and gene expression in spontaneous T2DM macaques.

(A) Orthogonal partial least squares discriminant analysis (OPLS-DA) score plots based on the metabolic profiles.

(B) Volcano plots of metabolomics ($p<0.05$, two-tailed t-test).

(C) Fecal metabolites with significant differences between T2DM and control groups (VIP>1, $p<0.05$, two-tailed t-test).

(D) Enrichment analysis of the differentially abundant pathways between T2DM and control groups ($p<0.05$, two-tailed t-test).

(E) Non-metric multidimensional scaling (NMDS) analysis between T2DM and control groups ($p=0.019$, two-tailed t-test).

(F) Volcano plots of DEGs (log fold change≥1, $p<0.05$, two-tailed t-test).

(G) The GO and KEGG pathway enrichment analyses ($p<0.05$, two-tailed t-test).

(H) Weighted Gene Co-Expression Network Analysis (WGCNA).

(I) Venn analysis between hub genes and DEGs. In A and E, ellipses represent the 95% confidence intervals. Data shown are from 8 individuals per group.

Figure 3. LCFAs accumulation and inflammation occurred in spontaneous T2DM macaques.

(A-E) The contents of SFA (A, p=0.038), MUFA (B), PUFA (C), N3 (D), and N6 (E) in plasma (ns, not significant, two-tailed t-test).

(F) The univariate analysis by two-tailed t-test, error bar is mean with ± s.d.

(G) The multidimensional analysis by VIP value (VIP>1).

(H-J) The contents of serum inflammatory cytokines, including IL-1β (H, $p=0.032$), TNF-α (I) and IL-6 (J) (ns, not significant, two-tailed t-test).

(K) Correlation analysis between DEGs, differential metabolites, and differential microbes using Spearman rank correlation (|r|>0.5, adj $p<0.05$). For all boxplots: centre lines, upper and lower bounds show median values, 25th and 75th quantiles; upper and lower whiskers show the largest and smallest non-outlier values. Data shown are from 7 individuals per group.

Figure 4. The FMT and high PA diet mice developed pre-T2DM characteristics.

(A) Experimental scheme of FMT and high PA diet treatment.

(B-H) Metabolic analysis, including the trend of FPG within 120 days (B), FPG (C, $p=0.0003$), OGTT (D), AUC of OGTT (E, $p=0.028$), FPI (F, $p=0.007$), ITT (G), and body weight change (H) on day 120.

(I-J) The contents of TC (I, $p=0.005$) and TG (J, $p=0.041$) in serum on day 120.

(K and L) Representative H-E staining images of liver (K) and pancreas (L). For all boxplots: centre lines, upper and lower bounds show median values, 25th and 75th quantiles; upper and lower whiskers show the largest and smallest non-outlier values. Significance was determined using one-way ANOVA. In d, g, and h: *$p<0.05$, **$p<0.01$. Data shown are from 4-6 individuals per group.

Figure 5. The PA accumulation required the specific gut microbiota.

(A-C) Total PA contents in serum (A, $p=0.013$), ileum (B, $p=0.016$) and feces (C, $p=0.014$) on day 120.

(D) Quantitative RT-PCR for Cd36 transcripts in ileum on day 120 ($p=0.049$).

(E) The content of IL-17A in ileum on day 120 ($p=0.027$). For all boxplots: centre lines, upper and lower bounds show median values, 25th and 75th quantiles; upper and lower whiskers show the largest and smallest non-outlier values. Significance was determined using one-way ANOVA. Data shown are from 3-4 individual macaques per group.

(F) NMDS analysis (p=0.001, one-way ANOVA), ellipses represent the 95%

confidence intervals.

(G and H) LEfSe analysis between FTPA and control groups (G), FT and control

groups (H). Data shown are from 4 individuals per group.

(I) Specific gut microbiota structure promoted the absorption of excess PA by

regulating the expression of IL-17A and *Cd36*, leading to the LCFAs accumulation

and insulin resistance.

Figure 6. Integration of multi-omics results.

(A) Insulin resistance, fatty acid oxidation disorders, LCFAs accumulation and

inflammation occurred in spontaneous T2DM macaques.

(B) Incomplete mitochondrial LCFAs β oxidation. The expression levels of fatty acid

metabolism-related genes HADHB and ACSM3 were downregulated in spontaneous

T2DM macaques, which could lead to accumulation of acylcarnitine, including

l-propionylcarnitine, hexanoyl-l-carnitine, (r)-butyrylcarnitine, and

isovaleryl-l-carnitine.

(C) Gut inflammation. The decrease of Lactobacillus sp. likely caused the reduction of

serotonin and indole-3-acetaldehyde, which promotes the expansion of PA producer

Erysipelotrichacea and ultimately led to PA accumulation. Both Erysipelotrichacea and

Ruminococcus gnavus promote the development of inflammation. Accumulation of PA

and inflammation are important factors in the development of T2DM.

(D) Accumulation of PA promoted the development of insulin resistance. In the

PA-mTORC1-Akt pathway, the changes of RAP1A, SESTRIN3, and IRS1 expression

promoted the development of insulin resistance in spontaneous T2DM macaques. The

increase of PA promoted the development of T2DM by up-regulating the NF-κB

signaling pathway.

Tables

Table 1 Physiological and biochemical parameters of Control and T2DM group

Index	T2DM (n=8)	Control (n=8)
FPG (mmol/L)	7.75±1	4.05±1.02[**]
FPI (μU/mL)	17.97±8.50	6.45±2.56[**]
HOMA-IR	6.24±3.06	1.20±0.65[**]
BMI	14.03±7.71	14.30±1.42
HbA1c (%)	3.78±0.70	3.26±0.62
TG (mmol/L)	0.97±0.53	0.68±0.42
TC (mmol/L)	3.30±0.98	3.52±0.86
HDL (mmol/L)	1.23±0.40	1.42±0.38
LDL (mmol/L)	1.36±0.44	1.47±0.57

* $p<0.05$, ** $p<0.01$

FPG: fasting plasma glucose; FPI: fasting plasma insulin; HOMA-IR: homeostasismodel assessment- insulin resistance; BMI: body mass index; HbA1c: glycosylated hemoglobin A1c; TG: triglycerides; TC: total cholesterol; HDL: high-density lipoprotein cholesterol; LDL: low-density lipoprotein cholesterol.

Table 2 blood routine examination of Control and T2DM group

Index	T2DM (n=7)	Control (n=7)
WBC (10e9/L)	15.63±4.66	11.32±2.19*
RBC (10e12/L)	5.47±0.51	5.77±0.43
HGB (g/L)	129.57±15.48	136.71±9.60
HCT (%)	41.31±3.64	44.22±3.12
MCV (fl)	74.13±2.49	76.74±2.00
MCH (pg)	23.17±1.00	23.71±0.60
MCHC (g/L)	312.86±10.16	309±8.14

RDW (%)	15.23±2.12	14.69±1.74
PLT (10e9/L)	402±86.66	371.57±86.42
MPV (fl)	10.54±1.62	10.24±1.12
PCT (%)	0.42±0.08	0.38±0.09
PDW (%)	14.94±0.58	14.83±1.64
LYM% (%)	23.67±10.26	47.71±8.13**
LYM# (10e9/L)	3.46±1.66	5.39±1.52*
MON% (%)	4.18±3.34	6.18±2.29
MON# (10e9/L)	0.65±0.62	0.71±0.38
NEU% (%)	71.13±13.23	44.28±8.96**
NEU# (10e9/L)	11.36±4.91	5.00±1.38**
EOS% (%)	0.91±0.69	1.50±1.94
EOS# (10e9/L)	0.14±0.12	0.17±0.22
BAS% (%)	0.12±0.13	0.33±0.47
BAS# (10e9/L)	0.02±0.02	0.04±0.07
NRBC# (10e9/L)	0	0
NRBC% (%)	0	0

* $p<0.05$, ** $p<0.01$

WBC: white blood cell; RBC: red blood cell; HGB: hemoglobin; HCT: hematocrit; MCV: mean corpuscular volume; MCH: mean corpuscular hemoglobin; MCHC: mean corpuscular hemoglobin concentration; RDW: red blood cell distribution width; PLT: platelet; MPV: mean platelet volume; PCT: procalcitonin; PDW: platelet volume distribution width; LYM%: lymphocyte percentage; LYM#: lymphocyte value; MON%: monocytes percentage; MON#: monocytes value; NEU%: neutrophil percentage; NEU#: neutrophil value; EOS%: eoseosinophil percentage; EOS#: eoseosinophil value; BAS%: basophil percentage; BAS#: basophil value; NRBC%: nucleated red blood cell percentage; NRBC#: nucleated red blood cell value.

Table 3 Primers of RT-PCR

Gene name	Sequences of primers
CD36/F	5'-ATGGGCTGTGATCGGAACTG-3'
CD36/R	5'-GTCTTCCCAATAAGCATGTCTCC-3'
GADPH/F	5'-CCTCGTCCCGTAGACAAAATG-3'
GADPH/R	5'-TCTCCACTTTGCCACTGCAA-3'

Table 4 RT-PCR reaction components

Reagent	Volume
2×SG Fast qPCR Master Mix	10.0 μL
DNF Buffer	2.0 μL
F primer (10umol/L)	0.4 μL
R primer (10umol/L)	0.4 μL
cDNA	1.0 μL
ddH$_2$O	6.2 μL

Table 5 RT-PCR cycle procotol

Step	Temperature	Time
1	95°C	3 min
2	95°C	1-3 s
3	60°C	30 s
4		
5	72°C	1 min

Supplementary Figures

Figure S1 Metagenome analysis of microbiota.

(A) Differential microbes screened by metagenome analysis (p<0.05, two-tailed t-test).

T2DM: type 2 diabetes mellitus

(B) The proportion of all metabolites.

(C) Correlation analysis between differential untargeted metabolites and differential

microbes (Spearman's Rho).

(D) Correlation analysis between differential targeted metabolites and differential

microbes (Spearman's Rho), *p<0.05. Data shown are from 5 individuals per group.

Figure S2 Pathway enrichment analysis by AFC and WGCNA.

(A) Total 26 differential pathways were enriched (FDR<0.05).

(B) The changes of gene expression in insulin resistance pathway compared to the

control group, red color illustrating the up-regulation of genes and blue showed the

down-regulation of genes in T2DM group, and the darker the color of the genes, the

greater the |$\log_{10}$FC| value.

(C)WGCNA functional enrichment. Data shown are from 8 individuals per group.

Figure S3 The changes in gut microbiota in FTPA, FT, and PA-treated mice.

(A) Alpha diversity estimates (Shannon index) (p>0.05, one-way ANOVA, n=4).

(B) Alpha diversity estimates (Simpson index) between T2DM and control groups

(p>0.05, one-way ANOVA, n=4).

(C) Family level taxonomy and relative abundance of five groups.

(D) The changes of members of Lachnospiraceae family from day -14 to day 120.

(E) LEfSe analysis between PA and control groups. Data shown are from 4

individuals per group.

Supplementary Tables: Table. S1.xlsx- Table. S5.xlsx

Table S1. Information on the macaque samples.

Table S2. List of 64 differential metabolites.

Table S3. List of genes in four modules significantly correlated with T2DM.

Table S4. List of all identified untargeted metabolites.

Table S5. List of all targeted medium-and long-chain fatty acid metabolites.

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Metabolite1(2s,3r,4s,5s,6r)-2-[(2r,3r,4s,5s,6r)-2-[[(3s,6s,8r,10r,12r,13r,14r,17s)-3,12-dihydroxy-4,4,8,10,14-pentamethyl-17-[(2s)-6-methyl-2-[(2s,3r,4s,5s,6r)-3,4,5-trihydroxy-6-(hydroxymethyl)oxan-2-yl]oxyhept-5-en-2-yl]-2,3,5,6,7,9,11,12,13,15,16,17-dodecahydro-1h-cyclopenta[a]phenanthren-6-yl]oxy]-4,5-dihydroxy-6-(hydroxymethyl)oxan-3-yl]oxy-6-(hydroxymethyl)oxane-3,4,5-triol