Evidence of Silencing of Intestinal Inflammatory and Immune Transcripts Following Induction of Joint Inflammation

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ABSTRACT

Disrupted intestinal epithelial barrier function has been proposed to be integral to rheumatoid arthritis (RA) progression and pathogenesis. To further define the molecular pathways in synovial inflammation and a response of the intestinal tissues, we have now used a rat model of mono-joint inflammatory arthritis, induced by intra-articular injection (IAI) of Complete Freund's adjuvant (CFA). The predominant inflammatory response of a single injection of the adjuvant into the knee joint resulted in rapid and reproducible formation of a fibrotic myeloid-infiltrated synovial pannus. Our aim was to determine how intestinal tissues, including the proximal and distal ileum and distal colon, respond to inflammatory changes in the synovium in a temporally coordinated manner by comparing their transcriptomic landscapes using RNASeq analyses. We confirmed the timeline of joint inflammation by knee joint swelling measurement, synovial fluid levels of the acute phase protein Inter-α-trypsin inhibitor heavy chains (ITIH) and demonstrated a self-correcting response of trabecular and cortical bone to the CFA challenge. Intestine-specific responses were monitored by 16S microbiome amplicon sequencing, histopathology for mucus layer integrity, and immune cell immunohistochemistry. We present data showing that the intestinal tissue response to the acute joint inflammation was region specific, with the ileum primarily responding with increased mucus secretion and silencing of T cell specific pathways, whereas the colon showed a transient upregulation of macrophages, with a broader suppression of immune related and metabolic pathway related transcripts. However, at no time after CFA-IAI were there significant changes in the fecal microbiome composition of the ileum or the colon. In summary, our data report for the first time a suppression of intestinal inflammatory and immune responses following the induction of joint inflammation and only minimal and transient changes in the microbiome.

INTRODUCTION

In the past decade, numerous studies have focused on the role of 'gut health' in bone metabolism[1-5]. Gut-bone axis research has also explored the progression of several chronic musculoskeletal disorders and challenges, including rheumatoid arthritis, spondylarthritis, ankylosing spondylitis, psoriatic arthritis[6; 7], osteoarthritis[8] and implant loosening[5]. Other chronic diseases, especially those affecting metabolic homeostasis such as obesity and diabetes[9; 10], cardiovascular disease[11], and neurodegenerative diseases[12] have also been reported to affect and be affected by intestinal functions. Gut-organ axis research has largely focused to date on studying alterations in the composition of the gut microbiota, defined as "dysbiosis", which includes decreased microbial diversity and/or expansion of specific bacterial taxa that affect the host physiology[13].

Acute and chronic inflammatory disease states are accompanied by autocrine and paracrine production of mediators (cytokines, chemokines, and growth factors), activation of immune cells, and modification of enteric neuronal signals. Singly, or in combination, these influences can transform the intestinal environment by altering the microbial profile, mucoid surfaces, and nutrient absorption[14]. Furthermore, environment conditions, such as diet[15], therapeutics[16], or environmental stressors[17] can further perturb the intestinal microenvironment. Since such alterations vary amongst different diseases, disease stages and severity, a broad spectrum of dysbiosis 'signatures' have been reported in the literature[18]. Dysbiosis can be accompanied by a disrupted intestinal barrier, which can allow for the translocation of microbial toxins and microorganism from the intestinal lumen into the circulation, triggering systemic immune stimulation and promoting extra-intestinal diseased organ inflammation and disfunction[10].

The intestinal barrier is composed of an outer mucus layer with the commensal gut microbiota, antimicrobial proteins, secreted immunoglobulin A molecules, a specialized epithelial cell layer, and an inner lamina propria that is populated with innate and adaptive immune cells, including B cells, macrophages, and dendritic cells. This barrier is highly dynamic and responsive to both internal and exogenous stimuli, such as growth factors, cytokines, xenobiotics, bacteria, and diet[19]. A critically important component of this physical barrier is the multicellular intestinal epithelium. It is constantly regenerating, with self-renewing pluripotent stem cells located in crypts that can differentiate into absorptive enterocytes, mucin secreting goblet cells, enteroendocrine cells, Paneth cells, and microfold cells[19]. Furthermore, specific interactions of structural molecules secreted by the epithelial cells such as mucins[20] and tight junction proteins provide limited permeability for nutrient absorption, while also providing a blockade as primary defense against bacteria and immune homeostasis[21].

Disrupted intestinal epithelial barrier function has been proposed to be integral to rheumatoid arthritis (RA) progression and pathogenesis[22; 23]. In fact, an early disease response in an RA murine model has been shown to be through Zonulin-CXCR3 mediated dissociation of tight junctions[24]. Furthermore, elevated HIF2α in intestinal epithelial cells has been shown to accelerate arthritis and its inhibition results in improved intestinal barrier function as well as diminished activation of intestinal and lymphatic T-helper 1 (Th1) and Th17[25]. HIF1α is highly upregulated in intestinal epithelial cells at the onset of arthritis in the same RA murine model and has

been shown to provide protection against necroptosis, intestinal inflammation, and arthritis progression through its repression of the transcriptional factor RIPK3[26; 27].

The mucus layer in the small intestine, a key component of the intestinal barrier, accumulates antibacterial molecules such as defensins and lysozymes, which are produced by Paneth cells in the crypts[28; 29]. Furthermore, IgA stored in the small intestinal mucus, when bound to bacteria, can cause aggregation, leading to slower diffusion and reduced bacterial mobility within the barrier layers. As a result, bacteria are largely excluded from interaction with the epithelium and the Peyer's patches. In the colon, an inner mucus layer also shields the host epithelium from the commensal bacteria and an outer mucus layer provides growth niches and nutrients for commensal bacteria. Alterations to mucin glycosylation patterns occur because of intestinal infection and inflammation and have been implicated in microbiota dysbiosis[30]. For example, terminal sialylation of oligosaccharide structures by the goblet cell sialyltransferase ST6GALNAC1 (ST6), is essential for mucus integrity and protects against excessive bacterial proteolytic degradation. Loss-of function mutations in this sialylation gene causes defective mucus proteins and congenital inflammatory bowel disease (IBD)[31]. Although there are currently no reports on defective intestinal mucin glycosylation in RA, metabolic changes such as those affecting the glycolytic pathway[32] have been reported in RA disease progression[33] and could potentially affect post-translational modification of intestinal mucins.

Under healthy condition, the gut contains innate lymphocytes in the epithelial layer of the intestinal mucosa and the lamina propria[34]. These local cells are important for maintaining or restoring intestinal function within the complex immune environment of the gut, especially in inflammatory disorders. Amongst them are Th17 and regulatory T (Treg) cells, which can differentiate from the innate pool of CD4+ T cells. A Th17/Treg cell ratio is a critical marker in tissue inflammation and autoimmunity suppression as an imbalance will result in intestinal diseases such as autoimmune IBD[35]. Innate lymphoid cells (ILC) also play an important role in intestinal barrier homeostasis[36] contributing to tissue protection, regeneration, and mucosal integrity by eliciting a rapid response to signals or cytokines produced by other cells[37].

In a model of implant loosening, we found that intra-articular administration of cobalt-chromium particles induced synovial tissue inflammation and fibrosis and peri-implant bone loss as well as gut microbial dysbiosis[5]. To further define the molecular pathways in synovial inflammation and a response of the intestinal tissues, we have now used a rat model of mono-joint inflammatory arthritis, induced by intra-articular injection (IAI) of Complete Freund's adjuvant (CFA)[38; 39]. The predominant inflammatory response of a single injection of the adjuvant into the knee joint is the rapid and reproducible formation of a hyperplastic and fibrotic synovial pannus[40]. The synovium is a key inflammatory component in degenerative joint disease[41-43]. In a healthy joint, the synovium is composed of various cell types including fibroblast-like, macrophage-like synoviocytes organized into two layers. The fibroblast-like cells secrete the main components of the synovial fluid and the vasculature found in the synovium provides essential nutrition to the avascular articular cartilage. Macrophage-like cells phagocytose injury-related debris and possible infected tissues present in the joint. The failure of synovial cells to fulfill their functions results in the joint inflammation that is characteristic of RA, OA and psoriatic arthritis[41; 43].

Hyperplasia and vascularization of the synovium brings in immune cells, including B cells, T cells and proinflammatory macrophages leading to pannus formation. Pannus-produced products then promote cartilage matrix damage and continued joint deterioration[41-43].

In addition, the CFA model, when performed in rodents has been reported to produce changes in the intestinal microbiome[44-46]. Here, our aim was to determine how intestinal tissues, including the proximal and distal ileum and distal colon, respond to inflammatory changes in the synovium in a temporally coordinated manner by comparing their transcriptomic landscapes using RNASeq analyses. In addition, we confirmed the timeline of joint inflammation by knee joint swelling measurement, synovial fluid levels of the acute phase protein Inter-α-trypsin inhibitor heavy chains (ITIH) and demonstrated a self-correcting response of trabecular and cortical bone to the CFA challenge. Intestine-specific responses were also monitored by 16S microbiome amplicon sequencing, histopathology for mucus layer integrity, and immune cell immunohistochemistry. We present data showing that the intestinal tissue response to the acute joint inflammation was region specific, with the ileum primarily responding with increased mucus secretion and silencing of T cell specific pathways, whereas the colon showed a transient upregulation of macrophages (CYP3a), with a broader suppression of immune related and metabolic pathway related transcripts. However, at no time after CFA injection were there significant changes in the fecal microbiome composition of the ileum or the colon. In summary, our data report for the first time a detailed examination of changes in all components of the intestinal barrier in response to a local inflammatory response in an articular joint.

Methods

Animal Husbandry. All procedures used in this study were approved and in compliance with the Institutional Animal Care and Use Committee (IACUC) at Rush University Medical Center. A total of 44 male Sprague Dawley (SD) rats (375-400g, approximately 4 months old, Envigo) were pair-housed in cages (polysulfone, 19 × 10.5 × 8 in.) in the animal facility maintained at 22°C and 35%-55% humidity with a 12-hour light/dark cycle (light 7 AM-7 PM). Standard laboratory-grade rodent chow (Teklad Global Rodent Diet 2018, 18% protein; Envigo) and water were provided *ad libitum* (**Fig. S1**).

Induction of Knee Joint Inflammation with Complete Freund's Adjuvant. Experiments were initiated after a 2-week acclimatization period to minimize effects of stress conditions during transport and housing, severity, and inter-group inconsistency in disease responses. Intra-articular injections (IAI), blood collections and sacrifice were all conducted at the same time of day, i.e. between 9AM-noon. Rats were assigned to one of three study groups (n=6 rats/group): Naïve (no intra-articular injection), Complete Freund's Adjuvant (CFA, 10mg Mycobacterium tuberculosis, 1.5ml Mannide monooleate and 8.5ml paraffin oil, InvivoGen) and Sham controls (1xPBS). IAI was administered using a 29G insulin syringe lateral to the patellar tendon as a single 50µl dose bilaterally, into the left and right knee joints. At day 0 (day before IAI) and at days 3, 7 and 14 post-IAI, under 3% isoflurane anesthesia, rats were weighed and knee and ankle diameters measured using calipers in the medial-

lateral orientation. Non-fasted tail-vein blood was collected into a BD Vacutainer SST tube per rat. Blood was allowed to clot at room temperature. Serum was separated by centrifugation at 3,000 rpm for 18 min at 4°C (~250 µL per bleed) and 40 µL 10X proteinase inhibitor (PI) cocktail (Sigma Aldrich Fine Chemicals Biosciences cOmplete, Mini, EDTA-free Protease Inhibitor Cocktail, 11836170001) was added prior to storage at -80°C.

Sacrifice, Tissue Collections and Storage. All rats were euthanized by CO_2 inhalation. At sacrifice, synovial fluid was collected by opening the joint capsule while the knee was carefully flexed. The synovial fluid from the right and left knee joints was combined from each individual rat. The joint cavity was rinsed twice with 150µL 1xPBS and collected into sterile microcentrifuge tubes. Lavages were centrifuged at 3,000 rpm for 10 min at 4°C to remove cells and debris. Supernatants were stored at -80ºC until further analyses. Synovial tissue was collected from the peri-meniscal/peri-femoral regions, combined with the dissected patellar fat pad into RNALater and stored at -80ºC for RNA-Seq analyses. Bilateral hindlimbs were collected from all rat and disarticulated at the hip. Left intact knee joints were fixed in 10% neutral-buffered formalin (NBF) and decalcified in 20% EDTA for histology. Intact joints were isolated by making transverse cuts 1.5cm proximal and distal to the joint. The femoral and tibial epiphyses were paraffin processed, embedded and 20 sagittal sections cut from both medial and lateral compartments. Right intact knee joints were dissected open using a fresh scalpel. The synovium and patellar fat pad were excised and placed into a 1.5 mL microcentrifuge tube containing 1 mL RNALater (Invitrogen, Thermo Fisher, AM7021) and frozen at -80°C until RNA extraction.

Ileum and colon were dissected and fecal contents expressed into sterile 1.5ml microcentrifuge tubes from both gut segments and were stored at -80ºC for 16S microbiome analyses. Ileum and colon tissues were dissected and either rinsed twice with ice-cold 1 x PBS, transferred to RNALater on ice and stored at -80ºC for RNASeq or placed into Modified Bouin's fixative and prepared into Swiss rolls[47; 48] post-fixed in 10% NBF for paraffin embedding. Forty 6 µm thickness sections were cut from the mid portion of the Swiss roll (**Fig. S1**).

Histopathology of Intestinal Tissues. Paraffin sections from the mid-regions of the Swiss rolls underwent Hematoxylin & Eosin (H&E) staining (Harris Hematoxylin, Electron Microscopy Science, 26754-01; Eosin, Sigma HT110116) for standard pathology evaluation. Alcian Blue (Vector Labs, Alcian Blue (pH 2.5) Stain Kit, H-3501) was completed on consecutive sections for identification of goblet cells and mucus layers. Histopathology for three biotinylated mucin O-linked specific lectins: Griffonia (Bandeiraea) Simplidifolia Lectin I (GSL I, Vector Labs, B-1105-2); Maackia Amurensis Lectin II (MAL II, Vector Labs, B-1265-1) and Ulex Europaeus Agglutinin I (UEA I, Vector Labs, B-1065-2) were also completed on adjacent sections.

Quantitative Western Blot Analyses of serum and synovial fluid bikunin. Control mouse serum was treated the same as experimental rat serum and included in each western blot as an internal standard. Serum samples were thawed on ice and diluted 1:1 with 50mM ammonium acetate pH 7.0 containing 1X PI and debris removed with

a 0.45 µM filters. 150µL of sera were desalted using MicroCon 3 filtration units (at 12,500 rpm for 15 min) and retentates washed once with 450µL 50mM ammonium acetate, pH 7. Desalted proteins were collected from the membrane with 500µL ammonium acetate, pH 7.0. Portions (containing 7.5µL equivalents of serum) were incubated at 37°C for 2 hrs with or without 5 mU of protease-free chondroitinase ABC (Chondroitinase ABC protease free, AMS.E1028-02).

Synovial fluid samples were thawed on ice, diluted to 450µL with 50 mM ammonium acetate, pH 7 containing PI, clarified by centrifugation at 12,000 rpm at 4 C for 15 min, and desalted using MicroCon 3 filtration units as described above for serum samples. The retentate was recovered in 200µL 50 mM ammonium acetate, pH 7 and 100µL portions were incubated at 37°C for 2h with or without 5 mU of protease-free chondroitinase ABC.

Sera and synovial fluid samples were speedvac dried and analyzed by gel electrophoresis and western blot. Chondroitinase digestion buffer was removed by speedvac evaporation, and samples dissolved in Tris-glycine SDS sample buffer (Novex, AMS.E1028-02) containing 100µl of 0.5M DTT, heated at 90°C for 5 min before electrophoresis on 10% SDS gels (Invitrogen Novex WedgeWell 10% Tris-Glycine, XP00102Box). Separated proteins were electro-transferred on ice (250V, 302µA for 45 min and 150V, 297µA for 15 min) to 0.45µm nitrocellulose membranes (BioRad, 1620115). Western blotting of membranes with anti-bikunin (MIM126, ap_A_mBikunin, AVLPQESEGSC-NH$_2$; or CP6, ap_B_hBikunin, AVLPQEEEGSC-NH$_2$) was completed as previously published[49] and chemiluminescent images taken using an iBright1500 (Invitrogen, Thermo Fisher). Images were analyzed using ImageJ software[50] and data expressed as incident power density (IPD) relative to standard mouse serum.

Micro-computed Tomography analyses of femurs. MicroCT scanning was completed using a Scanco µCT50 (Switzerland). Right femurs were scanned using 70 kVp, 114 µA, and 10µm voxel size. The region of interest (ROI) for trabecular and cortical bone analyses started just proximal to the distal femoral growth plate and continued 2 mm proximally into the metaphysis. The trabecular and cortical bone compartments were analyzed separately using thresholds of 200 and 1000, respectively. Periosteal reaction was noted when present and analyzed separately from the cortex using the same threshold values.

RNASeq Analyses of Synovium and Intestine. To obtain reproducible and high-quality yields of RNA from synovium, tissues were harvested from right and left knees and pooled from n=3 rats, then analyzed as a single sample. Distal ileum and colon tissues in RNAlater were thawed on ice and 1 cm pieces were dissected out (including villi, submucosa, and smooth muscle layers) using transverse cuts. Using previously published methods[51],all tissues underwent extraction and purification of RNA. Samples with RIN numbers ≥7 were reverse transcribed into cDNA, PCR amplified with primers CS1_515F and CS2_806R, and a library was prepared.

Bioinformatic analyses of sequencing data was carried out as follows: Raw reads were trimmed to remove Truseq adapters and bases from the 3' end with quality scores less than 20 using cutadapt[52]; trimmed reads shorter than 40bp were discarded, and were then aligned to the mRatBN7.2 *Rattus norvegicus* (Norway rat) reference genome using STAR[53]. The expression level of ENSEMBL genes was quantified using FeatureCounts[54] and the resulting expression counts were used to compute differential expression statistics with edgeR[55; 56]. Normalized expression was computed as log2 CPM (counts per million), including a TMM normalization and batch effect correction. Comparisons were made between GROUPS . In all cases p-values were adjusted for multiple testing using the false discovery rate (FDR) correction of Benjamini and Hochberg[57]. Volcano plots (Fig. SX-XX) were generated within the R programming language. DEG (Differentially Expressed Genes) with an absolute Log_2FC (Log Fold Change) <+2 or <-2 and a q value of less than 0.05 were assigned to specific pathways using the KEGG and further grouped under seven functional categories: (1) Metabolism, (2) Cellular Processes, (3) Genetic Information Processing, (4) Environmental Processing, (5) Immune System and (6) Nervous System.

16S Microbiome Analyses. Details have been described by us previously[5]. Briefly, DNA was extracted from fecal samples using a Maxwell RSC48 device (Promega), with bead-beating implemented off-instrument. Microbial community structure was characterized by DNA extraction, PCR amplification and sequencing of 16S ribosomal RNA gene amplicons[58]. Raw sequence data was processed with *QIIME*2[59] and the *Vegan* bioinformatics package[60]. Inference of functional gene content was performed within the software package *PICRUSt2*[61]. Differential expression statistics was computed using edgeR[55; 56], on raw expression counts obtained from quantification. Normalized expression was computed as log2 CPM (counts per million), including a TMM normalization and batch effect correction. Comparisons were made between study groups. In all cases p-values were adjusted for multiple testing using the false discovery rate (FDR) correction of Benjamini and Hochberg[57].

RESULTS

Inflammation-Induced knee joint following IAI of CFA

To establish a time course of knee joint responses following CFA or PBS injections, CFA-IAI and Naïve rats were sacrificed at days 3, 7 and 14 post-IAI for analyses (**Fig. S1** and Methods). Knee joint swelling in the medial-lateral orientation had developed by 3d post-CFA-IAI and remained elevated through 14d (p < 0.001, 2-way ANOVA) compared to controls (**Fig. 1A**). There was a significant time effect with CFA-IAI (p = 0.005, 1 way ANOVA) as well as a time x study group interaction (p = 0.008, 2-way ANOVA).

The initial joint swelling response to CFA-IAI is likely the result of a transient increase in serum effusion into the joint space as indicated by accumulation of Bikunin in the synovial fluid was transiently elevated **(Fig. 1B)** with a concurrent decrease in circulating serum levels (**Fig. 1C,** p = 0.002, t-test). Electrophoretic analyses for serum proteins in the synovial fluid lavages showed an abundance of albumin and IgG at 3d post-CFA-IAI (**Fig. S2**). The increased serum components were no longer present at 14d post-CFA. The persistent increases in

CFA-induced knee diameters were likely due to joint tissue responses, such as hyperplasia and fibrotic remodeling of the synovium and patellar tendon swelling (**Figs. 1D-G**). By comparison, no alteration in joint fluid composition or tissue remodeling were noted after PBS-IAI.

<u>Transient changes in metaphyseal bone following CFA-IAI</u>

As reported by others[62-64], CFA-IAI resulted in robust periarticular bone loss in affected joints. Using micro-computed tomography, we detected distal femoral metaphyseal and epiphyseal bone changes in both the cortical and trabecular bone compartments. Cortical bone pitting was present at 3d post-CFA IAI in the proximal region of the patellar groove. By 7d the pitting was extended distally through the distal metaphysis to the epiphyses (**Fig. 2A**). Adjacent to the cortical pitting, periosteal reactions were present in n=7 7d and n=2 14d rats, primarily in the antero-mediolateral region of the distal femur (representative images in **Figs. 2B** & **S3**). These reactions occurred transiently coincident with the peak knee swelling, metaphyseal bone loss, and synovial fluid content of bikunin to CFA. By 14d with the cortex appeared smooth and the periosteal mineralization had infilled (**Fig. 2**). Interestingly, this phenotype did not show any significant treatment effects on cortical geometry measurements including cortical thickness (p = 0.142, 2-way ANOVA) or cortical area (p = 0.271, 2-way). Trabecular bone volume fraction was significantly decreased in the metaphysis with CFA-IAI (**Fig. 2C & D**). This decrease was due to significant decreases in both trabecular number and trabecular thickness with trabecular spacing significantly increasing (**Fig. 2D**). Trabecular changes persisted past the 7d peak of inflammation. The structural model index was significantly increased with CFA-IAI suggesting the shape of the trabeculae changed to be more cylindrical (SMI= 3) rather than planar (SMI= 1) with CFA-IAI. The connectivity density was significantly decreased with CFA-IAI suggesting that trabeculae were less connected with CFA treatment.

<u>Bulk RNA Seq identifies transcriptomic responses of the knee joint synovium following IAI of CFA or PBS</u>

Assessment of changes in tissue- or cell-specific transcriptomic landscapes has become an essential tool to identify and quantitate responses to disease-causing injurious toxic or infectious stimuli in a range of tissues, including intestine[65-68]. We have therefore applied bulk-RNASeq methodology and post-sequencing bioinformatics analyses to identify essential genes using the Database of Essential Genes (DEG) and associated pathway responses of synovial tissues to IAI of CFA or PBS (sham).

A global overview of gene expression profiles in synovium at 0d and post-CFA or PBS is shown in **Fig. 3A**. Whereas sham injections caused only minimal shifts (increased or decreased abundance) in gene expression profiles at 3d and 14d, CFA-IAI resulted in notably activated or depressed levels of expression at all timepoints up to 14d. DEGs at each post-IAI treatment timepoint, relative to 0d were calculated and significantly modified genes were outlined in the volcano plots (**Fig. 3B-F ;** red dots = activated >1.5 $\log_2$FC, p-value<0.05 or suppressed <-1.5 $\log_2$FC, p<0.05). Using 'significant fold change' selection parameters, CFA exposure upregulated transcript abundance for 592, 1037, and 998 genes at 3, 7 and 14d, respectively, but decreased transcripts for 167, 998 and 166 genes at the corresponding timepoints. By comparison, after sham-IAI-PBS,

increases relative to 0d occurred for 32 and 180 genes and suppression for 37 and 67 genes 3d and 14d, respectively.

The acute (3d) response to CFA-IAI resulted in limited but strong immune and inflammation responses, with >100 fold increases in transcripts of the neutrophil protein S1009[69], the macrophage receptor CLEC5A[70], and the pro-angiogenic protease MMP9[71] as well as the lymphocyte activating factor SLAMF6[72], and F2RL2 involved in T-cell-fibroblast crosstalk. Other acutely expressed DEG included *Il1b Il1rn Il1r2, Ccl3, Ccl9 and Cxcl1*. Multiple genes, including pro-inflammatory mediators (*Ccl3*[73], *Cxcl1*[74], *Ccl2*[75], *Ccl9*[76], *Nos2*[77], Il1rn[78], *Il1b*[79], *Gdf15*[80] and *Osm*[81]), their regulators (*S100a9*[82], *Slamf6*[83], *Il1r2*[84], *Clec5a*[84], *Clec4e*[85], *Lcn2*[86] and Otud7a[87]), proteases (*Adam8*[88]) and regulators of cell matrix interactions of synovial fibroblasts (*Itgb8*[89]) are associated with inflammatory arthritis and showed sustained modification up to 14d. However, transcripts for multiple genes with known functions in innervation and inflammatory pain (*Kcne5, Grin3a, Map2, Erc2, Serpini1, Gprin3, Trhde* and *Mdga2*) remained suppressed post-CFA.

Interestingly, the *Spp1* gene that encodes the bone protein OPN (osteopontin), binds tightly to hydroxyapatite to form an integral part of the mineralized matrix and acts as a cytokine in OA and RA-related synovial inflammation[90; 91]. In our dataset, it was the most highly activated gene at 3d post-PBS and -CFA with a sustained upregulation at 7d post-CFA.

Transcriptomic responses of the proximal and distal ileum and distal colon following IAI of CFA

Bulk RNASeq analyses was also performed for intestinal tissues collected at 3, 7 and 14d post-CFA IAI from the proximal and distal ileum and the distal colon. Bioinformatic analyses of sequencing data for DEGs, pathways, and biological process modifications were performed as described in the methods. It should be noted that since sham IAI-PBS did not yield significant modification of synovial gene transcriptions when compared to CFA exposure (**Fig. 3**), RNASeq analyses of gut tissues was only performed on Naïve and CFA-treated gut samples. Gene expression profiles and DEGs for all three intestinal regions (proximal and distal ileum and colon) are shown in **Figs. 4-6,** respectively. These show a wide range of transcriptional changes relative to d0, with statistically significant increases and decreases in DEGs ($<\log_2$-1.5 and $> \log_2$+1.5). To supplement the volcano plots in panels B-D, details of DEGs are also shown as heatmaps (**Figs. S3A-C & S4A-C)**. Together, these data show that changes in affected genes were region-specific and also varied with time post-CFA treatment. For example, maximum modifications of the proximal ileal transcriptome were seen at d7 post-CFA, compared to d3 for the colonic transcriptome, with the distal ileum showing a weaker and rather uniform response at all 3 post-CFA timepoints (**Fig. S3**).

Transcripts that were modified at more than one post-CFA time point in each of the three intestinal regions are summarized in **Fig. S4A-C**. In the proximal ileum, these included increases in *Mptx1*[92-97], a gut-specific member of the pentraxin family, which is expressed by Paneth cells and serves to bridge adaptive and innate immunities and associated inflammatory responses, *Adgrg2*[98], selectively expressed in immunoregulatory tuft cells and *Tmprss15*[99], which encodes enterokinase, a gastrointestinal enzyme responsible for regulation of

sodium and potassium absorption. In addition, several genes expressed by neutrophils (*Mpo*[100-102], *Mst1*[103; 104], *Plaat1*) have been shown to be involved in IBD pathologies also showed elevated expression at 7d and 14d. Decreased transcript abundance of genes encoding anti-microbial peptides, *Reg1a*[105], *Reg3b*[106] and *Reg3g*[107; 108] were present at both 3d and 7d. In the <u>distal ileum</u>, a strong and sustained response of epithelial cells was supported by increased transcripts for *Mptx1*[93], *Hoxa9*[109; 110], *Slc7a14*[111], *Cldn8*[112-114] as well as antimicrobial response by increased *Lyc2 (Lyzl-1)*[115] and *Rdh7*[116-118], which are involved in retinoic acid metabolism and downstream control of microbiome composition. Downregulated expression was seen for epithelial cell specific genes, involved in glucose transport and uptake, *Gpr17*[119], *Slc2a2*[120] and *Slc5a4* (*Sglt3*)[121].

The most profound transcriptional response to the CFA-induced joint inflammation were seen in the <u>distal colon</u> and resulted in decreased mRNA level for a wide range of genes (**Figs. S3C & S4C**). Downregulated transcripts were seen for genes involved in regulation of intestinal immune responses, including *Serpine1*[122], which modulates immune cell infiltration or *Cxcl11*[123; 124] and *Atf3*[125; 126], which play pivotal roles in activation of Th17 cells and controlling the production of Il-22 and Il-17A. Several of the identified transcripts also point to cell-specific modulations; the epithelial cell-associated genes include *Btnl8*[127; 128], *Fabp1*[129], *Prkg2*[130; 131], *Car1*[132] and *Dmbt1*[133; 134]; the myofibroblast associated genes include *Cxcl11*[123; 124] and *Nr4a1*[135; 136] the enteroendocrine cell specific gene *GcG*[137; 138] and *SlcC17a*[139], which encodes a glutamate transporter in enteric neurons. The small number of increased mRNAs were for transcription factors *EyA1*[140] and *Tbx5*[141] both of which have been implicated in cell proliferation and EMT in colon cancers. It should also be noted that only few DEGs in intestinal responses overlapped with those seen in the synovium. *Nos2, S100a9, Cxcl1, Ccl2, and Lcn2* were increased in the synovium and decreased in the intestine, whereas *C1ql3* and *Serpine1a* were decreased in the synovium and increased in the intestine.

Pathway and biological process allocation of DEGs using GO enrichment

To assign a functional significance of modified gene transcripts within the context of cellular pathways in synovium and intestinal tissues, GO enrichment analyses was performed using the KEGG pathway database. Individual pathways were further assigned to the following six biological processes listed in that database: Metabolism, Cellular Processes, Genetic Information Processing, Environmental Processing, Immune System and Nervous System. Note that all gene sets with a log FC value of <-0.3 and >+0.3, and an adjusted p-value <0.05, were included. The data are displayed in dot plots for synovium (**Figs. S5 & S6**), proximal ileum (**Fig. S7**), distal ileum (**Fig. S8**) and distal colon (**Fig. S9**) and are also summarized in Venn diagrams (**Figs. 7&8**) Following CFA-IAI, a large number of pathways were activated in synovial tissue (**Figs. 7A and S5A**) (i.e., 45, 40 and 37 at 3d, 7d and 14d, respectively) or suppressed (i.e. 22, 32 and 6 at 3d, 7d and 14d, respectively). As expected from previous reports of the CFA model[38; 39], the adjuvant produced robust and persistent immune and inflammatory reactions in the synovium. Activated pathways included "NK cell mediated cytotoxicity", "Neutrophil extracellular trap formation" "Th1 and Th2 cell differentiation", "Th17 cell differentiation" and "B cell receptor signaling" pathways at 3d, 7d and 14d post-CFA exposure. This was accompanied by a stimulation of "Toll-like-

receptor"-, "C-type lectin-" "IL17-" and "NOD-like"-immune cell signaling characteristic of immune cells. Other inflammation-related pathways such as of "cytokine–cytokine receptor interactions", "chemokine signaling" and "Nf-kappaB signal transduction" were also stimulated. Throughout the post-CFA period examined, a range of other pathways was suppressed, such as the Hippo pathway[142; 143], which can lead to induction of cell division and the suppression apoptosis by PPAR signaling[144], and this is expected to interfere with control of the inflammatory response to TNF-α in synovial cells[144]. Other notable adjuvant activated responses were seen in lysosomal, phagosomal, apoptotic, and necroptotic pathways, while neuronal system pathways such as "axon guidance" and "glutamatergic synapse function" were suppressed. By comparison, PBS-IAI resulted in a very minimal response of the synovium. The only modified pathways that showed overlap with those modified by CFA were "heparan sulfate biosynthesis", "RNA polymerase" and "tryptophan metabolism" at 3d and "neuroactive ligand-receptor interaction", "HIF-1 and calcium signaling" pathways at 14d, but no immune or inflammation related pathways were changed. A mild sham-IAI response was expected and has been reported in the clinical setting for sham injection[145] or joint space lavage[146].

The corresponding GO analyses of intestinal tissues (**Figs. 8 & S6, S7, S8**) showed fewer affected pathways than those identified in the synovium. As expected from the extensively downregulated transcriptome (**Figs. 4-6**) after CFA-IAI, many of the identified pathways were suppressed, most notably those associated with the immune system. In the proximal ileum, "Th1 and Th2 cell differentiation", "Natural killer cell mediated cytotoxicity", "Th17 cell differentiation", and "Antigen processing and presentation" were suppressed over the entire experimental timeline. In the distal ileum, the "Intestinal immune network for IgA production" and the "Antigen processing and presentation" pathways were suppressed at 7d and 14d. These immune pathways were also suppressed in the distal colon, together with "B cell receptor" and "T cell receptor- signaling, and "Leukocyte trans endothelial migration". Transcripts for a range of metabolic pathways and signaling pathways were also decreased in both the ileum and colon.

A comparison of pathway-specific responses between synovial and intestinal tissues, is shown in **Fig. 9.** Although many of the same pathways were affected, activation responses in the synovium gave corresponding suppression responses in the intestinal tissues, and this was particularly evident during the peak joint inflammation responses at 3d and 7d. This, together with the DEG data, confirms a generalized 'silencing' of inflammatory and immune reactions in the intestine. This likely constitutes a shielding response to maintain intestinal barrier function in the presence of an acute innate immune and inflammatory insult at a remote tissue site.

Effect of IAI of CFA on intestinal mucins, immune cells and Digestive Functions and Microbiome Composition

In keeping with the gut protective response including microbial immune activation we observed increased secretion of mucins with altered oligosaccharide structures by alcian blue histology and lectin immunochemistry. (**Fig. 10A**). It was accompanied by increased transcript abundance for core proteins of MUC1, 2, 4 and 5b as well as the goblet cell specific sialyl transferase ST6GALNAC1[31] (**Fig. 10B**).

Based on our RNASeq data, several digestive system pathways throughout the different regions of the intestine were affected by the inflammatory response of the knee joint. For example, transcripts encoded by genes associated with 'mineral absorption" were modulated in all 3 regions of intestine and were largely decreased compared to Naive. The distal colon showed suppression of the fat digestion pathways, with decreases in expression of 4 associated genes **(Fig. 12A).**

Interestingly, there was no evidence for development of dysbiosis in the model. The fecal microbiota from the distal ileum and colon were minimally altered in response to the knee joint inflammation and respective intestinal cell responses. Alpha diversity for within-group comparison was unaltered, as shown by evenness ($p = 0.697$), Shannon index ($p = 0.997$), and Simpson index ($p = 0.998$). Relative bacterial abundance (>1%) for the distal ileum and the colon (**Fig. 12B**) at the phylum level showed a slight shift from Naïve to 3d, 7d and 14d post-CFA IAI. Amongst this shift, there was a decrease in *Romboustia* in the ileum at 3d post-CFA, followed by an increase at 7d and a return to naïve levels by 14d. *Lactobacilus* showed the opposite shift with an increase by 3d, decrease by 7d and a return to naïve levels by 14d. This change in abundance supports a mild and importantly, a limited transient response of the microbiome when acute inflammation in the joint peaks at 7d post-CFA-IAI. Due to the observation of a transient change in mucus layer 16S data were mined for the abundance of mucin-degrading bacteria (*Akkermansia, Alistipes*) and sialic acid cleaving bacteria (*Bifidobacterium*) (**Fig. S10**). Apart from the appearance of a low levels of *Akkermansia* in the feces from distal ileum and distal colon post IAI of CFA, the joint inflammation had not detectable effect on the other two species.

DISCUSSION

The CFA mono-joint RA model results in an acute joint inflammation that is induced after injection of inactive mycobacterium suspended in adjuvant, into ankle, knee or TMJ joints of skeletally mature mice or rats[39; 147] has been used widely to examine pain[148; 149], and joint-tissue inflammatory responses. Due to its reproducibility and rapid response, it has also been applied in preclinical testing of a wide range of disease modifying RA drugs[150; 151]. Most recently it was shown to be a suitable model to study cross-talk between joint and the myocardial system seen in RA[152]. Together, these studies support the suitability of this model for our novel studies to examine the molecular and cell biological responses of the gut to joint inflammation.

Arthritis symptoms are typically assessed by joint swelling measurements, histology of joint tissues and µCT for bone structural changes[153; 154]. Intestinal response measurements include 16S RNA assessment of the fecal microbiome and intestinal barrier functions determined by tight junction protein IHC and gut permeability to different molecular weight dextran polymers. However, a comprehensive assessment of time-dependent cellular and molecular biological changes during development of the inflammatory response and formation of a synovial pannus have been limited. Likewise no information is available about the timing of intestinal responses to those occurring in the joint, and whether there is coordinated modulation of intestinal homeostasis by common pathway changes in inflammatory, immune and neuronal pathways in the synovium.

To gain novel information on such a possible joint-gut communication in the CFA model, we first established a timeframe for post-CFA inflammatory responses of the joint. An early and robust response to the adjuvant occurred at 3d and 7d, indicated by joint space effusion and bone damage which was followed by the formation of a fibrotic myeloid infiltrated synovial pannus and a persistent change in metaphyseal trabecular architecture in the presence of a transient periosteal response at 14d. The gross evaluation of the time-sensitive joint inflammation responses were supported by bulk RNASeq analyses of the synovial tissue. To minimize difficulties in result interpretation due to potential sampling errors of synovium from the rat knee joint, tissues were collected from the readily identifiable peri-meniscal sites and included the patellar fat pad. Thus transcriptional regulation of pro-inflammatory and immune pathways were seen throughout the 14d post-CFA period for all genes that had increases or decreases in in transcript abundance.

RNASeq analyses of proximal and distal regions of the Ileum suggest that a range of cell types in the intestinal barrier were affected, including epithelial, Paneth, goblet and Tuft cells, with minimal response from T cells or macrophages (**Fig. 11**). Epithelial and goblet cell associated transient changes in mucin metabolism, post-CFA were further supported by lectin histochemistry and modulated mRNA abundance of mucin core protein and glycosylation enzymes (**Fig. 10**).

Most remarkable however was the finding that based on both DEG and GO analyses a wide range of immune and inflammatory genes and pathways, which were strongly and persistently activated in the synovium were suppressed in the ileum as well as the colon. However, it should be noted that the transcriptomic assay at each timepoint only provides data for a narrow window during a continued progressive process of post-CFA responses. Thus, increased transcript levels could also arise from slower translation or decreased degradation of a given mRNA, and conversely from high levels of translation or increased mRNA turnover. Therefore interpretation of transcript levels in terms of activated or suppressed translation of genes would require application of methods such as ATACSeq[155] to identify regions of the genome that are accessible or blocked and to what extend epigenetic modulation of gene expression plays a role in inter-organ communication in chronic inflammation.

Transmission of signals between diseased tissues and the gut has been postulated for a wide range of disease conditions, but the molecular and cell biological mechanisms remain largely undefined, except for the much-studied interactions between the brain, intestine, and microbiome[156]. The communication channels include inflammatory cell products (cytokine/chemokines), migrating or circulating immune cells (T-cells, macrophages) as well as microbiota- derived metabolites. Our data do not support a prominent role of cross activation of, or infiltration of, immune cells into the intestinal tissues (**Fig. 10**) nor does the microbiome show much significant alterations post-CFA that would indicate dysbiosis or breakdown of the intestinal barrier function following the induction of a strong inflammatory response in the knee joint.

One possible route of inter-organ signal transmission involves the enteric nervous system (ENS), a highly conserved network of neuron and glial cells located within the walls of the intestinal tract that coordinate digestive processes and importantly control gastrointestinal homeostasis[157]. It has been shown to play a role in the gut-

brain axis in neurodegenerative disorders[158]. In the context of this study, it has been indicated in the development of gut inflammation and dysbiosis in response to psychological stress such as pain-induced anxiety[159; 160] that are likely present in the CFA joint inflammation model. Indeed, our data suggest a likely neurobiological involvement in the intestinal response to joint inflammation induced by CFA-IAI. Thus, neuronal pathways are amongst the activated pathways throughout the post-CFA induced responses. Such a response was seen in all three regions of the intestine (**Fig. S7-9**), but predominant in the ileum. Such pathways include serotonergic[161] and glutamatergic synapses[162], and synaptic vesicle recycling and retrograde endocannabinoid signaling[163]. In addition, transcripts of genes with known neurobiological effects, such *Gdf15*[164], *Atp1a3*[165], and *Mdga2*[166] were modulated.

In summary, we provide for the first time a comprehensive analysis of a potential temporally coordinated response between the synovium and the intestine to CFA-IAI into healthy knee joints of skeletally mature rats. The data show a suppression of immune and inflammatory pathways in the ileum and colon, when such pathways are highly activated in the synovium. This suggests that the intestine mounts a protective response to offset any damage to the intestinal barrier, primarily within the immune cell population and the homeostatic composition of the microbiome. However, the indication of cell-specific responses in both the small intestine and colon necessitate further studies to identify the cell-specific and spatial distribution of the transcriptomic responses in the intestinal tissues[167]. In addition, further evidence for a modulation of ENS function by pain responses in models of inflammatory and degenerative joint diseases should be examined in other *in vivo* models. This would allow for deep understanding of chronic disease and used in combination with administration of therapeutics that target inflammatory pain in these models.

Acknowledgements

We would like to thank Dr. Georgia Papavasiliou (Illinois Institute of Technology) and Dr. Joseph Reynold (Rosalind Franklin University) for their insightful discussions during the progression of this project, Phillip Engen (Rush) for support with microbiome data analysis and Rylan Martin for technical support. Funding for this project is from the Department of Orthopedic Surgery, RUMC (MMM) and the Katz/Rubschlager Endowed Chair at RUMC (AP).

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Fig. 1

Fig. 2

Fig 3

Fig 4

Fig 5

Fig 6

(A)

d3

45↑22↓

37↑6↓

40↑32↓

d14

d7

Biological Processes

d3/d7
Environmental Processing (5)
Immune System (6)
Metabolism (4)
Nervous System (1)

d3/d7/d14
Cellular Processes (4)
Environmental Processing (4)
Immune System (10)
Metabolism (5)
Nervous System (2)

d7/d14
Cellular Processes (1)
Immune System (2)
Metabolism (1)

d3/d14
Cellular Processes (1)
Environmental Processing (1)
Immune System (2)
Metabolism (1)

(B)

d3

2↑8↓

5↑5↓

d14

Biological Processes

Metabolism (6)
Cellular Processes (4)
Environmental Information
Processing (8)

	3d
	7d
	14d

Fig 7

Proximal Ileum

10↑ 33↓

20↑ 48↓

10↑ 29↓

Distal Ileum

14↑ 11↓

6↑ 21↓

8↑ 20↓

Distal Colon

2↑ 30↓

26↓

11↑23↓

Biological Processes

d3/7
Metabolism (1)
Cellular Processes (1)
Environmental Information Processing (5)
Immune System (2)
Nervous System (1)

d3/7/14
Metabolism (1)
Cellular Processes (2)
Environmental Information Processing (1)
Immune System (4)
Nervous System (1)

d7/14
Metabolism (9)
Cellular Processes (1)
Environmental Information Processing (2)
Nervous System (1)

d3/14
Cellular Processes (2)
Environmental Information Processing (2)

d3/7/14
Immune System (1)
Nervous System (1)

d7/14
Metabolism (5)
Cellular Processes (1)
Environmental Information Processing (5)
Immune System (2)
Nervous System (1)

d3/7
Metabolism (2)
Cellular Processes (2)
Genetic Information (1)
Environmental Information Processing (1)

d3/7/14
Immune System (1)
Nervous System (1)

d7/14
Metabolism (1)
Environmental Information Processing (1)

d3/14
Metabolism (1)
Cellular Processes (2)
Environmental Information Processing (4)
Immune System (8)
Nervous System (1)

3d
7d
14d

Fig 8

Environmental Information Processing

| Chemokine signaling |

 |
|---|---|
| Cytokine−cytokine receptor interaction | |
| IL−17 signaling | |
| JAK−STAT signaling | |
| NF−kappa B signaling | |
| TNF signaling | |
| PPAR signaling pathway | |

| Chemokine signaling |

 |
|---|---|
| Cytokine−cytokine receptor interaction | |
| IL−17 signaling | |
| JAK−STAT signaling | |
| NF−kappa B signaling | |
| TNF signaling | |
| PPAR signaling pathway | |

| Chemokine signaling |

 |
|---|---|
| Cytokine−cytokine receptor interaction | |
| IL−17 signaling | |
| JAK−STAT signaling | |
| NF−kappa B signaling | |
| TNF signaling | |
| PPAR signaling pathway | |

Immune System

| Antigen processing and presentation |

 |
|---|---|
| B cell receptor signaling | |
| C−type lectin receptor signaling | |
| Apoptosis | |
| Efferocytosis | |
| Lysosome | |
| Necroptosis | |
| NK cell mediated cytotoxicity | |
| NOD−like receptor signaling | |
| Phagosome | |
| T cell receptor signaling | |
| Th1 and Th2 cell differentiation | |
| Th17 cell differentiation | |
| Toll−like receptor signaling | |

| Antigen processing and presentation |

 |
|---|---|
| B cell receptor signaling | |
| C−type lectin receptor signaling | |
| Apoptosis | |
| Efferocytosis | |
| Lysosome | |
| Necroptosis | |
| NK cell mediated cytotoxicity | |
| NOD−like receptor signaling | |
| Phagosome | |
| T cell receptor signaling | |
| Th1 and Th2 cell differentiation | |
| Th17 cell differentiation | |
| Toll−like receptor signaling | |

| Antigen processing and presentation |

 |
|---|---|
| B cell receptor signaling | |
| C−type lectin receptor signaling | |
| Apoptosis | |
| Efferocytosis | |
| Lysosome | |
| Necroptosis | |
| NK cell mediated cytotoxicity | |
| NOD−like receptor signaling | |
| Phagosome | |
| T cell receptor signaling | |
| Th1 and Th2 cell differentiation | |
| Th17 cell differentiation | |
| Toll−like receptor signaling | |

Metabolism

| Oxidative phosphorylation |

 |
|---|---|

| Oxidative phosphorylation |

 |
|---|---|

| Oxidative phosphorylation |

 |
|---|---|

Fig 9

Fig 10

Fig 11

Fig 12