Exploring Nuclear Lamina Structure and Lamin Dissociation in Progeria Syndrome through Polymer Modeling

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One of the key structural proteins in the eukaryotic cell nucleus is lamin proteins. Lamins can assemble into a quasi-two-dimensional protein meshwork at the nuclear periphery, referred to as the nuclear lamina, which provides rigidity and shape to the nucleus. Mutations in lamin proteins that affect the nuclear lamina's structure underlie laminopathic diseases, including Hutchinson–Gilford Progeria Syndrome (HGPS). Experiments have revealed that, compared to healthy cells, lamin supramolecular structures (e.g., fibers) assemble into a thicker lamina structure in HGPS, where lamins form highly stable nematic microdomains reminiscent of liquid crystals. This significantly alters the morphological and mechanical properties of the nucleus. However, the polymer-physical mechanisms and interactions governing lamin assembly into the nuclear lamina in disease remain relatively poorly understood. In this study, we investigate the aggregation of lamin fibrous structures and their dissociation kinetics by modeling them as rod-like, coarse-grained polymer solutions in a rigid spherical shell. Our model reproduces experimentally observed disease-associated changes in lamin organization by adjusting lamin polymer concentration, lamin-lamin interaction, and lamin-nuclear shell association strength. These changes include the formation of multidirectional nematic domains at the nuclear lamina and slower lamin dissociation observed in HGPS nuclei. Our findings offer molecular-scale insights into the mechanisms of laminopathies, highlighting how an interplay of molecular interactions and lamin concentration influence changes in the lamina's properties, such as thickness and kinetics, in HGPS.

Keywords: laminopathies, nucleus, progeria, nucleus, coarse-grained simulations, rod-like polymers

I. INTRODUCTION

The nuclear lamina is a quasi-2-dimensional meshwork structure composed of lamin proteins that are type V intermediate filaments [1–4]. The lamina is located at the nuclear periphery, underneath the inner nuclear membrane (INM)—the phospholipid bilayer of the nuclear envelope that faces the nucleoplasm—and maintains the shape and structural integrity of eukaryotic cell nuclei [5–10]. The nuclear lamina is a highly dynamic meshwork, disassembling during the nuclear envelope breakdown stage of the cell division into its molecular components and re-assembling around the replicated chromosomes [11, 12]. This intricate process requires constituting lamin proteins to self-organize repeatedly and accurately at the nuclear periphery without interfering with the functional and mechanical properties of the nucleus.

The mammalian lamina comprises two main types of lamin proteins: A/C and B-type [2, 8]. Both lamin types share common structural features: a short N-terminal head domain, an α-helical central rod domain, and a globular tail domain [13–15]. The first level of structural assembly of lamin proteins is the formation of a dimer. This occurs when the central rod domains of two lamins coil in a parallel fashion [2, 14–16]. Dimers can further associate with one another to form longer and thicker protofilaments or other higher-order fibrous structures [14, 15, 17] (see Supplementary Material Fig. S1). Lamin fibers of various sizes and thicknesses sterically interact, either directly or indirectly, with each other and the INM [2, 15, 18]. These reversible interactions allow lamin supramolecular structures to localize near the nuclear periphery, around the chromosomes, and form the nuclear lamina meshwork [1, 2, 13, 19, 20]. Both *in vitro* and *in vivo* studies suggest that the lamina is a relatively isotropic network of lamin fibers in healthy cells, exhibiting network characteristics [21, 22] and node distributions [17, 22, 23]. Regardless, lamins are homogeneously distributed across the nuclear boundary in most healthy cells, resulting in a visually uniform lamina thickness [5, 22].

The molecular structure of the lamina is altered in a class of diseases collectively known as laminopathies. One such disease is Hutchinson–Gilford Progeria Syndrome (HGPS), or briefly progeria, a rare genetic disease that causes the onset of premature aging [6, 8, 24–29]. The main cause of HGPS is a single-point mutation in the *LMNA* gene that encodes human lamin A [30–32]. This mutation produces a truncated form of lamin A, referred to as progerin, which lacks 50 amino acids at the tail domain. Progerin remains permanently farnesylated following post-translational modifications, unlike mature lamin A [24, 25, 27, 33–35]. Since farnesylation enhances hydrophobic interactions, it can promote a stronger binding tendency of mutated lamin A (i.e., progerin) towards the INM or other components of the

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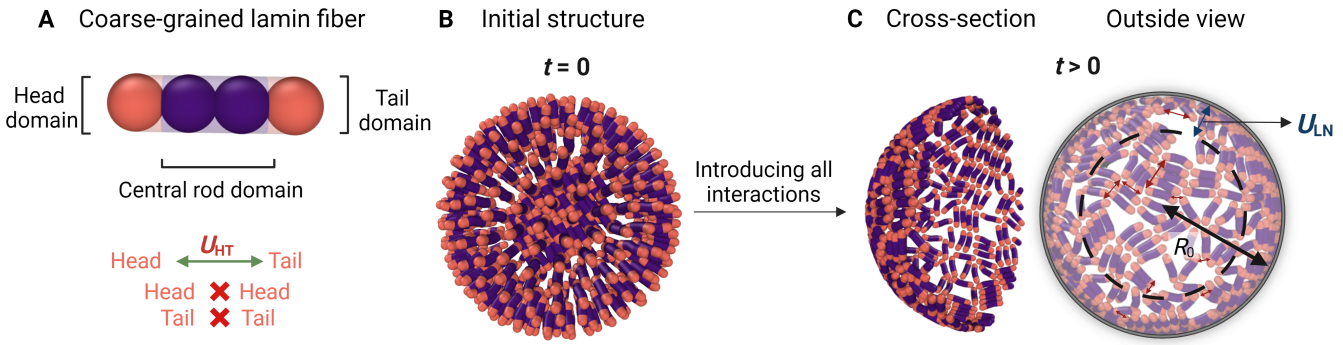

FIG. 1. The schematics of the MD simulation model and simulation steps. (A) Coarse-grained lamin chain with head, tail, and central domain. The head and tail domains are allowed to associate with one another and are marked with the same color for simplification. (B-C) Illustration of the MD simulation steps. (B) The initial structure is minimized for 10^4 MD time steps. (C) After minimization, the head-tail association potential, U_{HT}, and lamin-shell interaction, U_{LN}, are switched on and the simulation runs for another 10^5 MD time steps.

lamina. These alterations, in turn, lead to anomalies in the morphology and mechanical properties of cell nuclei in progeria [20, 36, 37], significantly decreasing cell viability.

In the progression of HGPS, as the concentration of mutant lamin A increases, the nucleus becomes more mechanically rigid and morphologically distorted upon the accumulation of lamins at the nuclear lamina [34, 38–43]. Polarization light microscopy experiments further elucidated that lamins form orientally ordered, uncorrelated nematic domains in the nuclear lamina of HGPS nuclei, each large enough to display birefringence [7]. On the contrary, no birefringent pattern was observed at the lamina of healthy nuclei, suggesting a presence of randomly oriented lamin filaments [7, 41, 44]. Notably, studies also suggest that both wild-type lamin A (*wt*-lamin A) and progerin can form paracrystalline phases *in vitro* [15, 36], a property encountered in the solutions of rod-like molecules with high bending rigidity (e.g., liquid crystals) [45–47]. Thus, the available data indicate that disruptions in biomolecular interactions of lamins can promote the formation of nematic phase domains at the nuclear periphery by interfering with the native assembly process of lamin proteins, as observed in most laminopathies.

Available experiments further suggest that the dissociation properties of lamin proteins are altered in HGPS cells. Photobleaching experiments have shown that nucleoplasmic and peripheral lamins exchange with one another in healthy cells [7], further confirming that the lamina is a highly dynamic structure. Fluorescence-based methods also show that lamin proteins can interact transiently with the lamina components [48, 49]. Conversely, mutated lamin A, progerin, is irreversibly associated with the INM in HGPS, exhibiting much weaker exchange kinetics with its solution counterparts compared to *wt*-lamin A [7, 26], pointing to a potential correlation between mutant lamin's dissociation rates and the disease.

Overall, experimental evidence suggests that lamin proteins' assembly and organization in the nuclear lamina can be affected by lamin concentration and affinity toward one another or the INM. Nevertheless, these factors' relative biophysical roles in determining the nuclear lamina's mesoscale properties, particularly in disease phenotypes, are poorly understood. While a limited number of computational studies provide insights into the formation of misshapen nuclei, such as those observed in HGPS [9], exploring interactions and stoichiometric conditions that lead to the formation of the nuclear lamina in laminopathies can help decipher the physical principles of the disease progression.

To explore the molecular interactions that govern nuclear lamina assembly from lamin fibers, we use molecular dynamics (MD) simulations of monodisperse solutions of rod-like polymer chains confined in a spherical volume representing the nuclear void (Fig. 1). Focusing particularly on the effect of lamin concentration, head-tail association strength between lamin fibers, and lamin-nuclear shell interactions, we emulate the formation of nematic phase domains and lamina thickening reported in HGPS while correlating slow lamin dissociation and lamina thickening observed in diseased nuclei. Our study suggests that the concentration of lamin proteins alone cannot dictate their exchange kinetics or nuclear lamina thickening. Instead, there also needs to be a compromise between the strength of the head-tail lamin association and the interaction of lamins with the INM.

II. METHOD

A. Molecular model of nuclear lamins

In our study, each lamin fiber is modeled as a Kremer-Grest (KG) rod-like, bead-spring chain in implicit solvent (Fig. 1A) [50]. This semi-flexible chain model is

chosen since lamins typically aggregate near the nuclear boundary as fibrous structures with large aspect ratios [17, 43]. Given that HGPS and other laminopathies are predominantly associated with mutations in A-type lamins, rather than B-type, we focus on modeling a single type of lamin [30]. A-type lamins also play a key role in regulating the nuclear shape and stiffness [28, 31, 51]. In the KG model, the bead size is set to $b = 1\sigma$, which defines the unit length scale in our simulations. The beads representing the head, tail, and central rod domains are all the same size, with each lamin fiber consisting of $n = 4$ beads unless otherwise specified. Using longer chains, i.e., $n = 8$ or $n = 16$, does not affect our results qualitatively (see Supplementary Material Fig. S3-S8). The terminal beads correspond to head and tail domains (Fig. 1A). The lamin fibers are confined within a rigid spherical boundary of radius, R_0, to mimic the steric effect of the nuclear envelope (Fig. 1C).

Assuming a nuclear diameter of $d \approx 10$ μm, and an approximate lamin fiber length of $l \approx 400$ nm [5, 51, 52], the number of lamins required to cover the surface of the nucleus is estimated to be $N \approx (10\ \mu m/4 \times 10^2$ nm$)^2 \approx 10^3$. Accordingly, the number of semi-flexible rods in the rigid, spherical nucleus model varies between $N = 500$ and $N = 2000$. The spherical confinement has a radius, $R_0 = 17\sigma$, unless specified otherwise (Fig. 1) (see Supplementary Material). This range corresponds to lamin concentrations above and below the overlap concentration, c^*, in the bulk. The overlap concentration, c^*, represents the point at which the lamin rods in our simulations transition from a dilute to semi-dilute regime. This concentration marks where individual lamin fibers begin to overlap and interact with one another.

$$c^* = \frac{n}{v} \tag{1}$$

where $v \approx l^3 \approx n^3\sigma^3$ is the pervaded volume of a single lamin rod. The overlap concentration for 4-bead lamin rods, $n = 4$, is $c^* \approx 0.1\sigma^{-3}$. The concentration values used in the simulations are shown in Table I.

TABLE I. Conversion of number of chains (N) to concentration (c in σ^{-3} and c in terms of c^*)

N	$c(\sigma^{-3})$	c/c^*
500	0.097	0.8
750	0.15	1.2
1000	0.19	1.6
1250	0.24	2.0
1500	0.30	2.4
2000	0.39	3.3

B. Simulation setup

In our simulations, lamin rods are initially placed randomly within the spherical confinement (Fig. 1B). We verified that the initial configuration does not affect simulation results (see Supplementary Material Fig. S9). We minimize the energy of the initial lamin configuration for 10^4 MD time steps (Fig. 1B) using an integration time step of $\Delta t = 0.001\tau$, where τ is the unit of time in the simulations. Following the minimization, each system undergoes an additional 10^5 MD time steps with $\Delta t = 0.005\tau$. During the production phase of the simulations, attractive interactions between lamin-shell and lamin-lamin fibers are introduced to the relaxed configuration to replicate healthy and diseased nuclear lamina phenotypes. The spherical confinement exerts an attractive potential, U_{LN}, mimicking the interaction between the lamin fibers and the nuclear periphery (e.g., with the INM) (Fig. 1C). Since lamin proteins can assemble via head-tail interactions [2, 15], the head domain of each lamin interacts exclusively with the tail domain of other lamins through a head-tail association potential, U_{HT} (Fig. 1A).

The steric interactions between beads and with the confining surface are modeled using the Lennard-Jones (LJ) potential:

$$V(r_{ij}) = 4\epsilon\left[\left(\frac{\sigma}{r_{ij}}\right)^{12} - \left(\frac{\sigma}{r_{ij}}\right)^{6}\right] \quad \text{for} \quad r \le r_c, \tag{2}$$

where ϵ represents the energy unit, r_{ij} is the distance between two beads, and r_c is the cut-off distance beyond which the LJ potential becomes negligible. For attractive interactions, such as head-tail and lamin-shell interactions, r_c is set to 2.5σ. For all other interactions, the cut-off radius is set to $r_c = 2^{1/6}\sigma$ to ensure steric repulsion. The attraction between the head and tail beads of lamin chains, U_{HT}, as well as between lamins and the confining, structureless, surface, U_{LN}, is adjusted by varying ϵ in Eq. 2.

All bonded interactions between adjacent beads in each lamin fiber are described using a Finitely Extensible Nonlinear Elastic (FENE) potential:

$$V_{\mathrm{Bond}}(r_{ij}) = -0.5kr_{ij}^2 \ln\left[1 - \left(\frac{r_{ij}}{r_0}\right)^2\right], \tag{3}$$

where the bond energy is set to $k = 30.0k_{\mathrm{B}}T/\sigma^2$ and the maximum bond distance is set to $r_0 = 1.5\sigma$.

The bending fluctuations of lamin chains are constrained by a harmonic angle potential in the form of:

$$V_{\mathrm{Bend}}(\Theta) = k_\Theta(\Theta - \Theta_0)^2, \tag{4}$$

where the bending energy is set to $k_\Theta = 10.0k_{\mathrm{B}}T/rad^2$, and the reference angle is $\Theta_0 = \pi$. These parameters result in a persistence length higher than the length of each lamin chain, $l_p > l$, ensuring that they behave predominantly as rod-like structures in the simulations (see Supplementary Material Fig. S10). All energies are defined in thermal energy units, $k_{\mathrm{B}}T$ (≈ 0.6 $kcal/mol$), where k_{B} is the Boltzmann constant, and T is the absolute temperature.

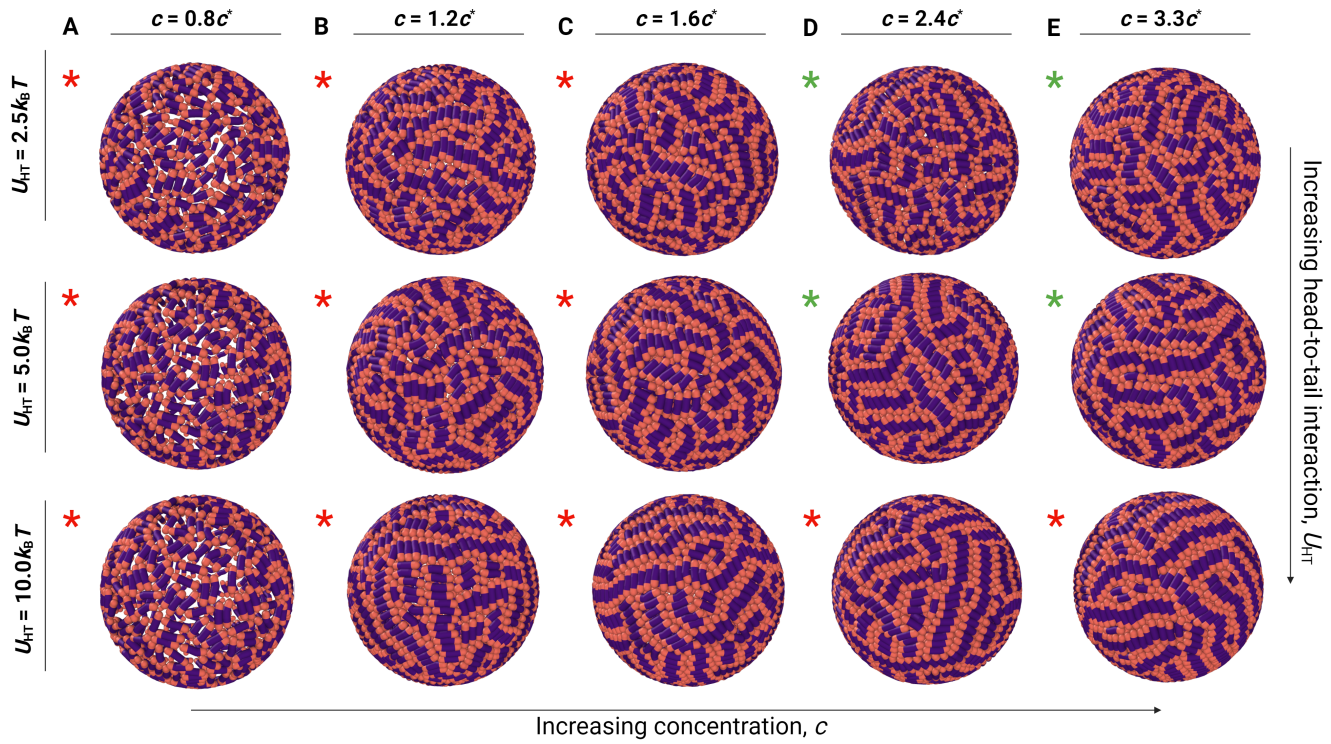

FIG. 2. Isotropic and nematic phase formation of lamin chains at the nuclear lamina surface and exchange at the interior. Red asterisks (*) represent cases where lamins are restricted at the nuclear periphery, while green asterisks (*) represent the kinetic exchange regime described in Eq. 5. (A–E) Representative snapshots of the rigid, model nucleus at various head-to-tail association potentials, U_{HT}, with lamin concentrations, $c = (A)\ 0.8c^*$, $(B)\ 1.2c^*$, $(C)\ 1.6c^*$, $(D)\ 2.4c^*$, and $(E)\ 3.3c^*$ at a fixed lamin-shell interaction strength, $U_{\mathrm{LN}} = 10.0k_{\mathrm{B}}T$.

All simulations were carried out in the LAMMPS MD simulations package [53]. Various Python libraries are used for data analysis [54]. VMD and OVITO were used for structural visualization [55, 56].

C. Kinetic calculations

To quantify the kinetic behavior of lamin rods, we monitor the dissociation of peripherally localized chains across various binding affinities (U_{HT} and U_{LN}) and lamin concentrations, c. Specifically, we measure the decay of the population of peripherally *bound* lamin fibers, while those freely diffusing in the nucleoplasm are considered *unbound*. As the simulation progresses, the initially bound lamins, n_0, dissociate and exchange with those in the nucleoplasm. The number of remaining bound lamins, $n(t)$, is calculated as a function of the time, t (see Supplementary Material Fig. S2). A lamin is considered dissociated and tagged as unbound if it moves beyond a defined cut-off radius, R_{C}, from the nuclear periphery. If a dissociated lamin protein rebinds to the spherical confinement, it is not counted again as part of the surviving lamins, $n(t)$. The dissociation cut-off distance is set to the size of a single chain, $R_0 < R_{\mathrm{C}} \leq 4\sigma$ [57, 58] (see Supplementary Material Fig. S11), and varies with the thickness, δ, of the nuclear lamina, which depends on lamin concentration. For the analysis, only the latter half of each simulation is considered, excluding the initial equilibration phase of lamin organization. A single-exponential fit is applied to model lamin dissociation and determine off-rates:

$$\frac{n(t)}{n_0} = a + b\exp(-k_{\mathrm{off}}t), \tag{5}$$

where k_{off} is the off-rate with the units of inverse simulation time, while a and b are fitting parameters. The fit is specifically applied when the bound lamin fraction satisfies $n(t)/n_0 \leq 0.5$, ensuring that it captures the later stages of dissociation, where the exponential decay behavior is most prominent.

III. RESULTS

In our simulations, most lamin rods first localize near the spherical boundary at $t > 0$, forming a layer of short, rod-like chains (Fig. 1C). This is followed by either kinetic lamin exchange or accumulation of chains to the spherical boundary depending on the lamin concentration, c, head-to-tail association strength, U_{HT}, and the

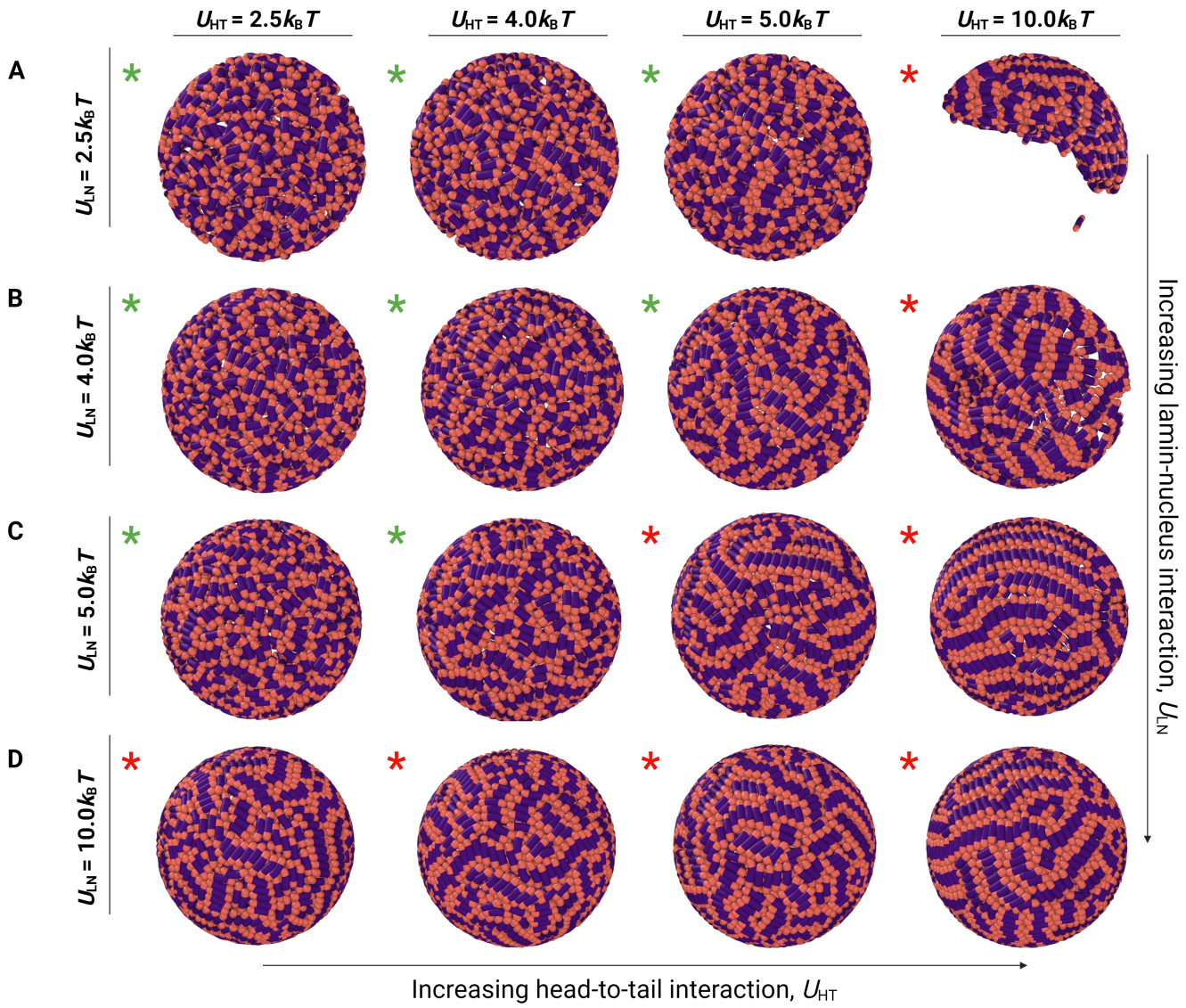

FIG. 3. Representative snapshots demonstrating the interplay of $U_{\rm LN}$ and $U_{\rm HT}$ at fixed concentration, $c = 1.6c^*$. $(A\text{-}D)$ Isotropic to nematic phase transition of lamin fibers at $c \approx c^*$. Lamin proteins are randomly organized into isotropic domains at lower lamin-shell association potentials i.e., $U_{\rm LN} = (A)\ 2.5k_{\rm B}T$. Head-tail association potential seems to play a partial role in organizing lamin proteins at intermediate $U_{\rm LN} = (B)\ 4.0$, and $(C)\ 5.0k_{\rm B}T$. (D) Organized microdomain formation is observed when the lamin-shell attraction is high, i.e., $U_{\rm LN} = 10.0k_{\rm B}T$.

interaction of lamin rods with the interior surface of our spherical confinement, $U_{\rm LN}$.

A. Nematic phase formation of model lamin chains on the spherical surface occurs beyond the threshold concentration, c^*

To explore molecular conditions affecting the morphology and organization of lamin proteins in the nuclear lamina assembly, we first analyze the effect of lamin chain concentration in a model nucleus in our simulations. We scan the concentrations above and below the threshold concentration, c^*, (Eq. 1), where lamin chains can be at steric contact in the bulk (Table I). Since we compare two interactions in our model, $U_{\rm LN}$ and $U_{\rm HT}$, we investigate their relative contribution to the nuclear lamina assembly process systematically. To do so, we first choose a high lamin-shell interaction strength, $U_{\rm LN} = 10.0k_{\rm B}T$, while changing the head-tail association potential. This ensures the localization of lamin chains near the boundary of the spherical confinement. The effect of $U_{\rm LN}$ will be discussed in detail in the upcoming chapters. For the head-tail attraction strength, three values, $U_{\rm HT} = 2.5$, 5.0, and $10.0k_{\rm B}T$, are chosen. These values are smaller and equal to the lamin-shell attraction, but higher than

the thermal energy scale, i.e., $\approx k_{\mathrm{B}}T$.

Fig. 2 shows representative simulation snapshots taken from the final stage of different simulations at various concentrations. These simulations reveal that concentration directly affects the morphology of lamin phases localized at the inner surface of the model nucleus, particularly when lamin chains have a strong affinity towards the confining boundary, $U_{\mathrm{LN}} = 10.0k_{\mathrm{B}}T$ (Fig. 2). At low concentrations (i.e., $c \leq c^*$), lamin chains are arranged with no specific directional order regardless of the head-tail interaction energy (Fig. 2A, top to bottom). In other words, increasing the head-tail association strength does not affect their isotropic orientation. In fact, at such concentrations, despite the absence of any rod-rod attraction other than that between the head and tail domains, chains seem to organize in groups, leaving small chain-free regions on the surface (Fig. 2A). At intermediate to high concentrations, $c > c^*$, nematic alignment appears on the surface, and lamin chains cover the entire inner surface of the spherical confinement (Fig. 2B-E). Consequently, they form visually non-percolating nematic domains at these concentrations irrespective of the head-tail association strength, U_{HT}. These configurations are consistent with the nematically ordered domains observed for lamin proteins *in vivo* and *in vitro* [6, 7, 36].

Overall, MD simulations and analyses suggest that under strong lamin-shell attraction, U_{LN}, the organization of lamin rods on the nuclear surface exhibits a transition from isotropic to nematic domains with increasing concentration, and this occurrence is weakly affected by the strength of head-tail interactions between the chains, U_{HT} (see Supplementary material Fig. S12).

B. Nematic phase formation on the shell surface is a result of the competition between lamin-lamin and lamin-shell interactions

Having demonstrated that nematic phase formation of lamin chains on the shell surface is weakly dependent on the head-to-tail interaction strength, U_{HT}, when lamin-shell attraction, U_{LN}, is strong enough (i.e., $U_{\mathrm{LN}} \geq U_{\mathrm{HT}}$) (Fig. 2), we next explore whether this trend persists for weaker U_{LN} cases (see Supplementary material Fig. S13). In this investigation, a concentration slightly above the threshold value (i.e., $c = 1.6c^*$) is chosen to ensure that we observe nematic phases. In Fig. 3, from left to right, we increase the lamin-lamin (head-tail) attraction, U_{HT}, while lamin-shell attraction, U_{LN}, is increased from top to bottom in separate simulations.

In general, weaker lamin-shell association strength (i.e., $U_{\mathrm{LN}} \ll U_{\mathrm{HT}}$) leads to either isotropic chain organization or complete disruption of the peripheral organization of lamin chains, depending on the strength of head-tail attraction (Fig. 3A, B). For instance, when $U_{\mathrm{LN}} = 2.5k_{\mathrm{B}}T$, no nematic domains emerge until head-tail association potential is high enough (i.e., $U_{\mathrm{HT}} = 10k_{\mathrm{B}}T$), where a spherically asymmetric aggregation of chains forms at the boundary of the confinement (Fig. 3A) (see Supplementary material Fig. S14). While lamin chains align in the local domains of nematic order in these aggregates, they also coalesce at the interior of the spherical confinement, resulting in large lamin-free regions at the periphery (right column of Fig. 3A). The intermediate values of lamin-shell attraction strengths tested here, $U_{\mathrm{LN}} = 4.0,\ 5.0k_{\mathrm{B}}T$, are also sufficient to align the chains parallel to one another (see Supplementary material Fig. S15, S16). However, in these cases, sparse lamin-free regions also emerge, confirming that high lamin-shell association is needed to coat the surface completely (Fig. 3B, C). As the lamin-shell association strength is increased to $U_{\mathrm{LN}} = 10k_{\mathrm{B}}T$, this trend disappears, and lamin chains cover the entire surface symmetrically, irrespective of the strength of head-tail attraction (Fig. 3D).

Overall, our simulations suggest that mutations increasing lamin association to INM can be pivotal for the accumulation of lamin chains near the periphery, leading to a lamin-dense nuclear lamina structure with multidirectional nematic lamin domains. Nevertheless, such a pattern can be distorted if the lamin-lamin attraction excessively overcomes lamin-shell attraction. In the next sections, we will discuss how these interactions might govern the effective thickness of the lamin (rod) layer and the dissociation kinetics of lamin chains.

C. Thickness of the lamin layer, δ, increases with increasing ratio of affinities, $U_{\mathrm{HT}}/U_{\mathrm{LN}}$, and concentration, c

Our analyses in the previous sections demonstrate that lamin chains can coat the inner surface of the spherical confinement (Fig. 2, 3). Nevertheless, lamin chains do not necessarily form a single molecular layer when accumulating. Instead, they might also form thicker, non-uniformly distributed chain aggregates at the periphery, as observed in disease cases (see Supplementary Material Fig. S17) [8, 22, 59].

To quantify the thickness of the lamin chain layer in our simulations, we analyze the radial distributions of the lamin chains in the model spherical nucleus. We calculate the positional fluctuations, dr, of the center-of-mass-adjusted radial distances for each chain over the simulation time. As the simulation proceeds, if the radial coordinate of a lamin chain fluctuates weakly (i.e., less than the unit size of a bead, $dr \leq 0.25$) near the shell boundary, the lamin chain is considered immobile and *bound* (Fig. 4A). The time-averaged radial position, R, of this chain contributes to the thickness of the nuclear lamina. The thickness, δ, is defined as:

$$\delta = R_0 - \langle R \rangle, \tag{6}$$

where R_0 is the radius of spherical confinement used to simulate the nucleus (Fig. 1C), and $\langle R \rangle$ is the average radial position of all lamin chains fulfilling the *bound* condition.

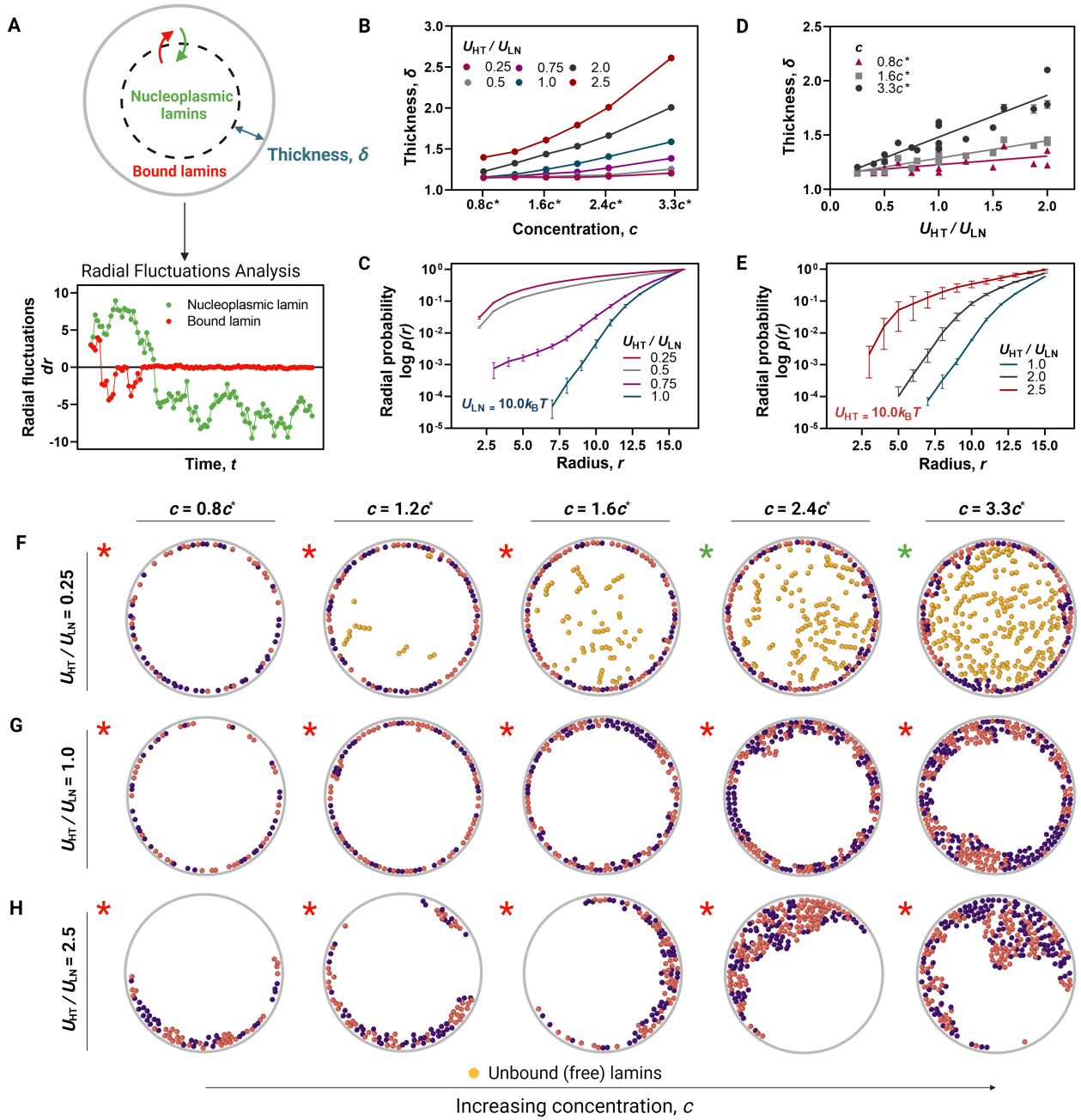

FIG. 4. The effect of U_{HT}, U_{LN}, and concentration, c, on the thickness of the nuclear lamina. (A) Calculation of the thickness, δ, of the nuclear lamina. The graph shows the fluctuation of radial coordinates for a single *bound* and *unbound* lamin. A lamin is considered *bound* to the nuclear periphery if its radial coordinate stops fluctuating significantly over time as the simulation proceeds. (B) Nuclear lamina thickness, δ, vs. concentration, c, at various $U_{\mathrm{HT}}/U_{\mathrm{LN}}$. ($C$) Logarithm of radial probability distribution, $p(r)$, as a function of radial distance, r, at 4 different $U_{\mathrm{HT}}/U_{\mathrm{LN}}$ for $c = 3.3c^*$ and $U_{\mathrm{LN}} = 10.0k_{\mathrm{B}}T$. ($D$) Thickness, δ, vs. ratio of affinities, $U_{\mathrm{HT}}/U_{\mathrm{LN}}$, at 3 concentrations i.e., $c = 0.8c^*$, $1.6c^*$, and $3.3c^*$. (E) Logarithm of radial probability distribution, $p(r)$, as a function of radial distance, r, at 3 different $U_{\mathrm{HT}}/U_{\mathrm{LN}}$ for $c = 3.3c^*$ and $U_{\mathrm{HT}} = 10.0k_{\mathrm{B}}T$. ($F$-$H$) Snapshots of 1σ wide slices from the center of the nucleus at various lamin concentrations for $U_{\mathrm{HT}}/U_{\mathrm{LN}} =$ (F) 0.25, (G) 1.0, and (H) 2.5. Yellow chains represent *unbound* lamin proteins participating in kinetic exchange.

Fig. 4 shows the thickness of the lamin layer, calculated via Eq. 6, as a function of normalized concentration for various ratios of head-tail to lamin-shell affinities, $U_{\mathrm{HT}}/U_{\mathrm{LN}}$. At the lowest concentration we use here (i.e., $c \leq c^*$), the number of lamin chains in the spherical confinement is only enough to form a single layer on the surface and thus $\delta \approx 1\sigma$ (Fig. 4B). Hence, nearly no nuclear lamina thickening is observed regardless of the ratio

of lamin-lamin to lamin-shell interactions (Fig. 4*B*, *D*). At the intermediate (i.e., $c \approx c^*$) to high (i.e., $c > 2c^*$) concentrations, the thickness becomes dependent on the ratio of the two competing interactions (Fig. 4*D*). For $U_{\mathrm{HT}}/U_{\mathrm{LN}} < 1$, the thickness is $\delta \approx 1.3\sigma$, and visually has no dependence on concentration (Fig. 4*B*, *F*). Notably, at such ratios, there are unbound, freely diffusing chains in the bulk (Fig. 4*F*). As the ratio increases (i.e., $U_{\mathrm{HT}}/U_{\mathrm{LN}} \geq 1$), the effect of concentration becomes more dominant, resulting in the formation of lamin multilayers near the surface (Fig. 4*B*, *G*). In fact, if we combine more than 20 data points given in Fig. 4*B* and plot them as a function of $U_{\mathrm{HT}}/U_{\mathrm{LN}}$, the effect of concentration becomes more evident (Fig. 4*D*). More specifically, when the head-tail attraction is stronger than the lamin-shell affinity (i.e., $U_{\mathrm{HT}}/U_{\mathrm{LN}} > 1$), high concentration levels increase the thickness up to $\delta \approx 2\sigma$ (Fig. 4*B*, *D*, *H*).

To further quantify the partitioning of lamin proteins into *bound* (i.e., those forming the nuclear lamina layer) and *unbound* (i.e., free, nucleoplasmic) phases, we also calculate the radial probability distributions, $p(r)$, by counting the number of lamin chains, $n(r)$, in a thin slice of the shell's volume with width $\Delta r = 1\sigma$:

$$p(r) = \frac{n(r)}{4\pi R_0^2 \Delta r}. \tag{7}$$

The radial probability distribution for various affinity ratios is consistent with the thickness calculations (Fig. 4*C*, *E*). At low lamin-lamin interaction strengths with fixed $U_{\mathrm{LN}} = 10.0k_{\mathrm{B}}T$, specifically $U_{\mathrm{HT}}/U_{\mathrm{LN}} = 0.25$, the nuclear lamins are distributed throughout the confinement, co-existing in both the central and peripheral regions of the volume (Fig. 4*C*, *F*). In contrast, at higher lamin-lamin affinities (i.e., $U_{\mathrm{HT}}/U_{\mathrm{LN}} = 1.0$), lamin chains are densely packed at the nuclear periphery and are restricted away from the center of the spherical confinement (Fig. 4*C*, *E*, *G*).

Notably, when $U_{\mathrm{HT}}/U_{\mathrm{LN}} > 1$, we observe larger error bars in the radial distribution profiles (Fig. 4*E*). A visual inspection indicates that when $U_{\mathrm{HT}}/U_{\mathrm{LN}} > 1$, the thickness of the lamin layer at the periphery is not uniform, unlike when $U_{\mathrm{HT}}/U_{\mathrm{LN}} \leq 1$ (Fig. 4*F*-*H*). The relatively strong head-tail association strength (i.e., $U_{\mathrm{HT}} \geq U_{\mathrm{LN}}$) indeed can result in completely lamin-free peripheral regions while increasing the thickness to several times the chain size (Fig. 3*A*, 4*G*, *H*).

Collectively, these simulation results demonstrate that while weak lamin-shell association can localize some lamin proteins at the periphery, the thickening and accumulation at the lamin layer in our simulations is primarily controlled by head-tail association affinity, U_{HT}. This interaction can lead to the clustering of lamins at the nuclear periphery, thereby contributing to the thickening of the nuclear lamina in disease.

D. Extent of lamin dissociation depends on head-tail association potential, U_{HT}, and concentration, c.

One particular hallmark of HGPS is the suppressed dissociation of mutant lamins from the nuclear lamina [7]. In accordance with those studies, in some of our simulations, lamin chains unbind from and rebind to the periphery (Fig. 4*F*). In other cases, they are more stably bound to the peripheral aggregates (Fig. 4*G*, *H*). To quantify lamin dissociation kinetics thoroughly in our simulations, we calculate the survival fraction of bound lamins as a function of normalized simulation time, t, for various concentration and affinity cases (see Methods Section). For simplicity, we choose a fixed lamin-shell attraction strength, $U_{\mathrm{LN}} = 10.0k_{\mathrm{B}}T$, and vary the head-tail association energy. However, reducing the strength of lamin-shell attraction from $U_{\mathrm{LN}} = 10.0k_{\mathrm{B}}T$ does not change the lamin dissociation patterns discussed below (see Supplementary Material Fig. S18-S21).

In our analyses, we observe that, at a concentration slightly above c^* (i.e., $c = 1.6c^*$), increasing the head-tail association strength leads to almost no decay in the survival fraction curve in the duration of the simulation if head-tail association strength is equal to the lamin-shell association (i.e., $U_{\mathrm{HT}}/U_{\mathrm{LN}} = 1$), indicating stably bound lamin chains (Fig. 5*A*). Noteworthy, slow lamin dissociation overlaps with chain accumulation at the periphery (i.e., thicker lamin layer in Fig. 4*G*). Lowering the relative strength of the head-tail affinity (i.e., $U_{\mathrm{HT}}/U_{\mathrm{LN}} < 1$) increases the population of free lamin chains within the spherical shell (Fig. 5*A*-*C*, 4*F*). If the lamin concentration is increased further to $c > 2c^*$, this trend persists, but the lamin dissociation accelerates significantly: more than half of the bound lamins dissociate within the first half of the simulation time at $c = 2.4c^*$ and $3.3c^*$(Fig. 5*B*, *C*). A visual inspection distinguishing between bound and free lamins (yellow beads in Fig. 5) indicates that the presence of free chains in bulk enhances the sensitivity of the survival fraction to concentration changes.

We further quantify the effect of concentration by plotting survival fractions at various concentrations, while keeping the ratio of affinities fixed at $U_{\mathrm{HT}}/U_{\mathrm{LN}} = 0.25$ (Fig. 5*D*). The survival fraction decays more rapidly with increasing concentration, indicating a competition-driven exchange mechanism [47, 57, 60]. Fitting survival fraction data to the exponential function in Eq. 5 leads to the off-rates for lamin chains dissociating from the periphery [61]. Plotting the off-rates as a function of the total chain concentration reveals a clear concentration-dependent trend of the off-rates for a wide range of head-tail affinities (Fig. 5*E*) (see Supplementary Material Fig. S20).

The general trend is that the off-rates increase monotonically with concentration, eventually approaching a saturation limit at concentrations well above the overlap concentration, $c > 2c^*$ (Fig. 5*E*). This pattern is consistent with a facilitated dissociation (FD) response, where

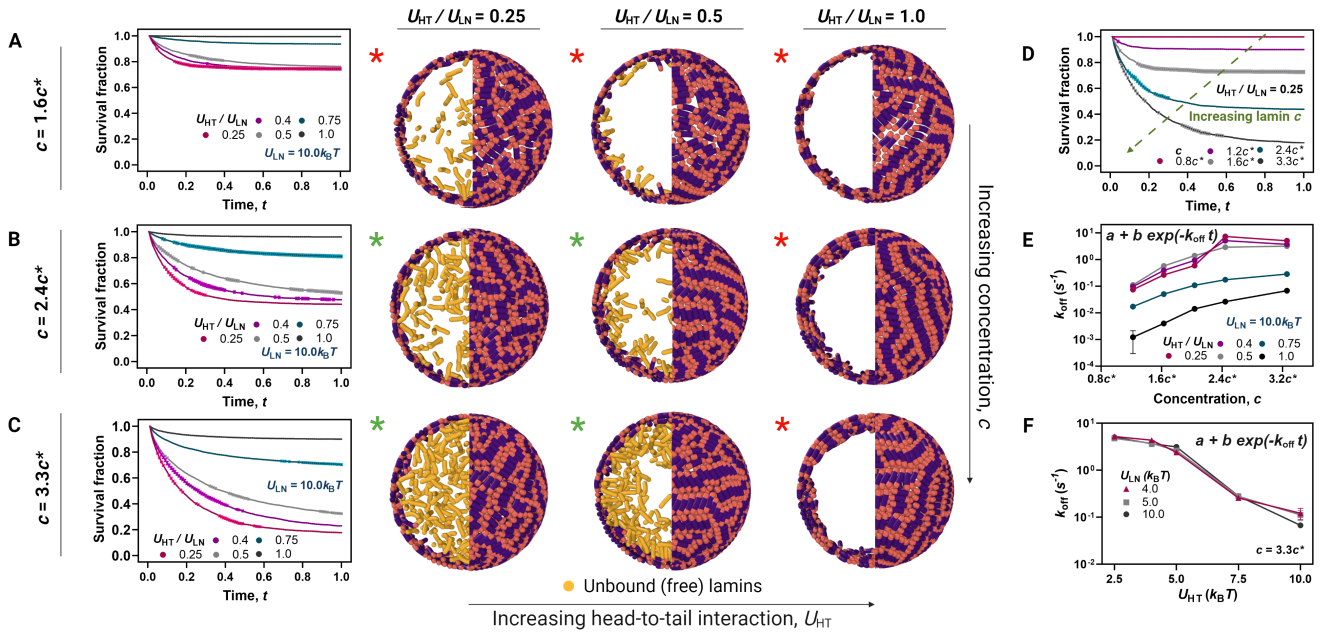

FIG. 5. The dependence of lamin dissociation kinetics on concentration, c, and ratio of head-to-tail association potential to lamin-shell affinity, $U_{\rm HT}/U_{\rm LN}$. Graphs on the left represent the behavior of the normalized survival fraction, $n(t)/n_0$, of *bound* nuclear lamins over time, t. The solid curves are the exponential fits (Eq. 5). Snapshots in the middle show 10σ wide slices from the center of the model nucleus. Yellow chains represent *unbound*, free lamin proteins participating in a kinetic exchange. (A-C) Illustrations representing the degree of exchange between nucleoplasmic and shell-bound lamins at three different concentrations: $c = (A)\ 1.6c^*$, $(B)\ 2.4c^*$, and $(C)\ 3.3c^*$ at fixed $U_{\rm LN} = 10.0k_{\rm B}T$. ($D$) Time-dependent decay curve for lamin dissociation at various concentrations to extract off-rates, $k_{\rm off}$, from the fraction of remaining *bound* lamins over time with fixed $U_{\rm HT}/U_{\rm LN} = 0.25$. ($E$-$F$) Off-rates extracted from the survival fraction data. (E) Off-rates as a function of lamin concentration for various $U_{\rm HT}/U_{\rm LN}$ at fixed $U_{\rm LN} = 10.0k_{\rm B}T$. ($F$) Off-rates as a function of head-tail association potential, $U_{\rm HT}$, for various $U_{\rm LN}$ at a fixed concentration, $c = 3.3c^*$.

an increase in the concentration of competing species in solution can lead to higher off-rates (i.e., shorter residence times) [57, 58, 60, 61] (see Supplementary Material Fig. S1, S2). Accordingly, when there is a high concentration of free nucleoplasmic lamins, they can compete with the *bound* lamins at the nuclear lamina and speed up their dissociation. In that case, the off-rate becomes concentration dependent following [43, 62]:

$$k_{\rm off} = k^{(0)}_{\rm slow} + ck_1, \tag{8}$$

where $k^{(0)}_{slow}$ is the off-rate in the absence of competing species, and the product ck_1 represents the off-rate component arising from the partial association-dissociation behavior of nucleoplasmic lamin proteins. As the concentration of free lamin chains increases, the second term in Eq. 5 becomes non-negligible, altering the off-rates in a concentration-dependent manner (Fig. 5E). At these concentrations, such as when $c = 3.3c^*$, the off-rates increase monotonically and mostly depend on head-tail association affinity, visually independent of the lamin-shell attraction strength in our simulations (Fig. 5F) (see Supplementary Material Fig. S21). These results imply that increasing lamin head-tail association strength can cause the dissociation of lamin chains from their aggregates at the periphery, often accompanied by a thicker (nematic) layer of lamin chains at the periphery. This is compatible with experimental observations of HGPS cells [7].

IV. DISCUSSION

The nuclear lamina can adapt to changing physiochemical and mechanical conditions by altering the concentration and solvation properties of its main constituents, lamin proteins. In this study, we model supramolecular structures of lamin proteins as rod-like, coarse-grained polymer chains. This allows us to explore the physical conditions leading to experimentally observed morphological and kinetic changes in lamin (particularly A-type lamins) organization associated with laminopathies such as accelerated aging (i.e., Hutchinson-Gilford Progeria Syndrome (HGPS) or progeria). In our simulations, the spherical and rigid confinement represents the nuclear void bounded by the nuclear membrane (INM), which can interact with nuclear lamins. The lamin model attempts to mimic the complex head-tail association of lamin fibers by incorporating asymmetric interactions between chain ends. This simple model reproduces the nematic phase formation, nuclear lamina thickening, and suppressed

dissociation kinetics of mutant lamin proteins observed in diseased cell nuclei [7, 8, 39, 43]. It also emulates certain properties of the nuclear lamina in healthy cells, all by exploiting lamin-INM interactions, lamin-lamin association affinities, and lamin concentration. Below, we will further discuss the potential implications of our calculations in the context of structural biology of cell nuclei in health and disease.

A. Alterations in lamin localization to the nuclear periphery can lead to structural anomalies in nuclear lamina

Once cell division initiates, the nuclear lamina disassembles via a hyperphosphorylation mechanism and later re-assembles around the replicated chromosomes of the sister cells [11, 12]. A prerequisite for the re-asssembly of the nuclear lamina is the localization of some if not all, lamin proteins (mostly lamin A/C since lamin B is often attached to INM) or their supramolecular structures to the nuclear periphery. In this way, lamins can associate with one another and/or with the INM to form a quasi-2d meshwork underneath the INM. Importantly, this self-assembled and dynamic meshwork must provide mechanical support to the nucleus while ensuring nuclear shape stability in a healthy cell.

In our simulations, the localization of rod-like lamin chains results from the competition between the lamin self-affinity and their tendency to bind to the periphery of the spherical shell (i.e., the INM) (Fig. 4). A lamin-shell affinity comparable to the lamin-lamin (head-to-tail) association strength ensures the formation of a uniformly distributed lamin layer at the periphery, where lamins organize in a more random fashion, consistent with the lamin organization in healthy cells (Fig. 4G).

Contrarily, the nuclear lamina becomes thicker and mechanically more rigid in HGPS due to the excess aggregation of mutant lamin A, progerin, at the nuclear lamina [7, 41, 42], causing decreasing morphological adaptability in the disease. From a molecular perspective, progerin remains farnesylated after post-translational modifications. Farnesylation promotes progerin's membrane association and enhances its thermodynamic stability compared to *wt*-lamin A [63, 64]. Notably, increased hydrophobic interactions have also been reported between the tail domain of progerin and INM proteins, such as SUN1 and Emerin [28]. These experiments collectively suggest that truncated lamin A, progerin, might have a stronger tendency to associate with the INM compared to *wt*-lamin A. Our simulations confirm this, showing that strong lamin-shell attraction (i.e., strong binding to the INM) can lead to nematic phase domains at the nuclear periphery (Fig. 2, 3). Progerin has also been shown to form such nematic domains both *in vitro* [36, 65] and *in vivo* [7], which aligns with our simulation results. Noteworthy, long semi-flexible chains were shown to form global nematic phases (see Supplementary Material Fig. S4) [66–69], unlike the finite-size domains observed in our study, further indicating that in progeria, lamin fibers can also be shorter than their healthy counterparts.

Moreover, the formation of nematic domains may require stronger hydrophobic interactions between lamins at the lamina surface, which is often the case in liquid crystals [47, 70–73]. Studies on the crystal structure of progeria mutant $S143F$ suggested the formation of X-shaped disulfide bonds in the central rod domains of progerin [18]. This implies that hydrophobic interactions can play a role in altering the morphology of the lamina meshwork [18, 64], possibly bringing cysteine residues of progerin molecules close to one another. In light of our results, which treat the lamin proteins as hydrophobic (except their head and tail domains), the abnormal hydrophobic interactions, such as additional disulfide bonds between lamin proteins, in HGPS could also trigger the formation of nematic phase domains at the nuclear lamina.

B. Inter-lamin affinity can dictate nuclear lamina thickening

In addition to the formation of nematic domains, nuclear lamina thickening also serves as a key disease hallmark along with abnormal nuclear shape [6, 8, 24–29, 59]. Accordingly, as progerin concentration increases parallel to the disease progression, the nuclear lamina thickens as toxic mutant proteins accumulate at the periphery [8, 43]. Such aggregation can be promoted by an increase in the effective affinity of mutant lamins towards each other or the INM. This view is also consistent with the observed decrease in exchange rates of progerin [7], indicating an increase in the interaction energies between mutant proteins and their molecular environment. In line with this, our simulations suggest that in HGPS, the thickening of the nuclear lamina near the periphery can be the result of an interplay between lamin localization and increasing lamin-lamin association (e.g., head-tail) as the nuclear concentration of mutant lamins increases (Fig. 4). In fact, relatively higher head-tail association strength readily results in thicker lamin layer and chain aggregation in our simulations, suggesting a dominant effect for inter-lamin interactions.

Consistent with this view, permanent farnesylation of progerin enhances its binding properties to the INM compared to *wt*-lamin A [64], as discussed earlier. However, the farnesyl group remains sequestered within a hydrophobic region in the tail domain unless physiological concentrations of divalent ions, such as Ca^{2+}, are present at the nuclear periphery [59]. Without calcium ions, the farnesyl group only acts as a reversible crosslink, temporarily associating with membrane proteins, but can still dissociate into the nucleoplasm, a characteristic of healthy nuclei [19, 64]. Calcium can induce a conformational change in progerin, opening up the tail domain's Ig-like fold, and exposing the farnesyl group for

molecular interactions. This exposure facilitates the formation of intermolecular interactions with both other progerin molecules and the INM [26, 59]. These experimental observations are apparent in our MD simulations, where nuclear lamins become constrained to the INM when both head-tail association and lamin-shell association strengths are high (i.e., $U_{\mathrm{HT}} \geq U_{\mathrm{LN}}$) (Fig. 4), suggesting an intricate interplay of intermolecular interactions promoting lamina thickening at the periphery.

C. Dissociation kinetics of lamins from nuclear lamina can affect lamina stability

Photobleaching experiments suggest that peripherally bound lamins could exchange with their nucleoplasmic counterparts in healthy cells [7]. One possible mechanism by which free lamin A might influence the kinetics of lamin exchange between the nuclear lamina structure and nucleoplasmic (free) lamin in health could be facilitated dissociation (FD). FD is a concentration-dependent dissociation mechanism, originally discovered in the context of protein-DNA interactions [57, 60, 61, 74]. FD causes an increased exchange (dissociation) rate for a ligand attached to its binding site when free ligands are present in the solution. The mechanism is based on the molecular-scale competition between the two ligands at the binding site (such as a third lamin) (see Supplementary Material Fig. S2). Nucleoplasmic lamin proteins can likely compete with their bound counterparts in the nuclear lamina, leading to rapidly decaying signals observed in the experiments. Our simulations demonstrate such a concentration-dependent mechanism for lamin chains (Fig. 5). In contrast, the exchange rate drops in HGPS [7], possibly due to increasing intermolecular interactions between the mutant protein and the nuclear lamina. Our simulations show that increased lamin-lamin affinity reduces dissociation rates while promoting further lamin accommodation near the periphery and eventually affecting the thickness of the lamin layer (Fig. 4, 5). Furthermore, unlike HGPS cells, the accumulation of lamin proteins (specifically *wt*-lamin A) increases nuclear stability in some healthy cell lines [41, 42], and even correlates with decreased DNA double-strand breaks [42]. Thus, based on the available literature and our simulations, we speculate that lamin unbinding kinetics from the nuclear lamina can have structural consequences, leading to either a highly adaptive, mechanically soft lamina or a highly stable but mechanically brittle one.

In summary, we employed a coarse-grained polymer model of lamin supramolecular structures to investigate the key physical interactions driving the abnormal self-assembly of lamin proteins in the formation of the nuclear lamina, with a particular focus on HGPS (progeria syndrome). Our findings show that enhanced intermolecular interactions among mutant lamins can lead to specific disease hallmarks in the nuclear lamina structure. The simulations reveal an interplay between lamin-lamin and lamin-INM interactions in a concentration-dependent manner, demonstrating how this interplay can reduce lamin exchange rates, cause lamina thickening, and promote the formation of nematic microdomains, as observed in HGPS. Given the highly distorted nuclear morphology in HGPS [8, 29, 38–40], future studies could benefit from more sophisticated models to better understand these changes. For instance, replacing spherical confinement with elastic shell models [75, 76] could provide deeper insights into nuclear shape alterations associated with the disease.

V. ACKNOWLEDGMENTS

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