Holotomographic microscopy reveals label-free quantitative dynamics of endothelial cells during endothelialization

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Abstract

Holotomograhic microscopy (HTM) has emerged as a non-invasive imaging technique that offers high-resolution, quantitative 3D imaging of biological samples. This study explores the application of HTM in examining endothelial cells (ECs). HTM overcomes the limitations of traditional microscopy methods in capturing the real-time dynamics of ECs by leveraging the refractive index (RI) to map 3D distributions label-free. This work demonstrates the utility of HTM in visualizing key cellular processes during endothelialization, wherein ECs anchor, adhere, migrate, and proliferate. Leveraging the high resolution and quantitative power of HTM, we show that lipid droplets and mitochondria are readily visualized, enabling more comprehensive studies on their respective roles during endothelialization. The study highlights how HTM can uncover novel insights into EC behavior, offering potential applications in medical diagnostics and research, particularly in developing treatments for cardiovascular diseases. This advanced imaging technique not only enhances our understanding of EC biology but also presents a significant step forward in the study of cardiovascular diseases, providing a robust platform for future research and therapeutic development.

Introduction

Holotomographic microscopy (HTM) is an emerging optical microscopy approach that enables label-free, quantitative imaging at high resolution and in 3D.[1–3] Recent applications of HTM towards studying biological systems have shown great promise in creating 3D, high-resolution images of subcellular components within living cells without the need for exogenous labeling steps. Much of the groundwork has been laid in recent years to associate cellular components to their refractive index (RI), such as lipid droplets and mitochondria.[4–7] Biological insights arising due to these unique measurements include tracking the transfer of cholesterol from host to pathogen [8], observing multi-organelle rotation patterns within HeLa cells [7], and differentiating between cell types in co-cultures.[9] These applications demonstrate that HTM is well-suited to study cellular processes involving dynamic behaviors that are otherwise challenging to measure with conventional imaging approaches.

Endothelialization - the process by which endothelial tissue is formed - is an active area of research in cardiovascular disease. Injured endothelium contributes to disease progression, and surgical interventions often require implantation of devices which require some portion to be endothelialized. Poor endothelialization is a leading cause of implant failures, leading to worse

patient outcomes and increases in costs [10–12]. *In vitro* assessments of endothelialization often focus on how different biomaterials or growth factors impact endothelial cell (EC) attachment, spreading, migration, or proliferation.[13,14] The ECs used in these assays are often primary cells, making them challenging to culture, engineer, or label. Due to these limitations, the readouts of EC function often rely on end-point analyses that may miss live-cell dynamics relevant to endothelialization progression.

Understanding the nuances of endothelialization is vital for improving cardiovascular therapies, particularly in the context of vascular grafts, stents, and other medical devices. In this study, we used HTM to measure EC dynamics during the early stages of endothelialization. We hypothesized that the unique capabilities of HTM to provide high-resolution, three-dimensional, label-free images would generate novel insights into EC behavior during endothelialization. We found that HTM could be used to observe ECs for long imaging windows without introducing artifacts from dyes or phototoxicity associated with fluorescence microscopy. The quantitative nature of HTM, particularly the measurement of RI values, added valuable dimensions to cellular analysis that correlate with cellular states and processes, such as attachment and migration. We further showed that combining HTM with immunofluorescence imaging augmented the information gained from either modality separately. Overall, we found that HTM is particularly advantageous for studying endothelialization, where the interplay of cellular morphology, behavior, and interactions with the substrate are critical.

Results

Holotomography Reveals Multiscale Structures in Endothelial Cells

The anatomy of a holotomographic microscope is shown in Figure 1 A. The light source is split into a reference and imaging beam; the imaging beam passes through the sample, then recombines with the reference beam before hitting the detector. The angle of incidence is rotated 360° during the acquisition to create a 2D hologram, and multiple z-planes are acquired. The resulting 3D images are reconstructed via interferometry to display the RI values from the sample, wherein microstructures with sufficiently different material properties have measurably different RI values. HTM is increasingly being implemented to study biological processes, including imaging of fixed and living cells, to identify subcellular structures based on the associated RI values (Fig. 1 C).

We sought to determine the utility of HTM in imaging ECs during the early stages of endothelialization. Our primary interest was to assess whether this approach could provide high-resolution, label-free images that reveal multiple cellular compartments across multiple size scales. Visualization of ECs as 3D reconstructions (Supplemental Video S1) provided a useful topographical view of the main cell bodies, while max intensity projections revealed rich subcellular detail (Fig. 2 A). When imaging a field of view with multiple cells, HTM imaging clearly distinguished individual cell boundaries and their nuclei (Fig. 2 B). By zooming into a field of view with four to five ECs, cellular protrusions such as lamellipodia and filopodia were readily observable (Fig. 2 C). Cell-cell interactions were also captured, including zipper-like cell

junctions and tunneling nanotubes (Fig. 2 D). At this cellular resolution, the spatial distribution of organelles was clear enough to determine colocalization patterns. Zooming in further, highly-resolved subcellular compartments could be visualized, including individual lipid droplets, nucleoli, extracellular vesicles, and mitochondria (Fig. 2 E). These findings demonstrate that HTM can simultaneously visualize multiple subcellular compartments in high resolution and without labeling, providing detailed insights into cellular structures involved in endothelialization.

Combining Holotomography with Fluorescence Imaging Enhances Cellular Component Identification

The cellular features captured by HTM imaging provide generalizable, label-free readouts of cellular components but lack specificity at the protein composition level. To overcome this limitation, we combined immunofluorescence with HT, enabling direct comparisons of protein localization with the label-free features observed in HT images. To illustrate this approach, we examined cell-cell contacts during endothelialization by staining for vascular endothelial cadherin (VE-cad), a key marker for adherens junctions that develop during this process. VE-cad expression increased over time, and localized to EC-EC contacts robustly within four hours of seeding HUVECs (Fig. 3 A). Overlaying VE-cad fluorescence images with the corresponding HT micrographs allowed us to assess the relationship between RI values at cell borders and VE-cad levels. While RI values often highlighted cell borders due to differences in RI between adjacent cells, quantitative analysis revealed no significant correlation between VE-cad localization and RI values at these borders at the 12-hour mark (Pearson's r-value = -0.02, Costes P-value = 0.36) (Fig. 3 B). These findings highlight the orthogonality of HTM and immunofluorescence in visualizing cell-cell interactions.

Live-Cell HTM Time-Lapse Imaging Reveals Dynamic Refractive Index Changes During Endothelialization

HTM is compatible with live-cell time-lapse imaging, and its quantitative nature allows RI values to serve as indicators of cell states. We imaged HUVECs adhering and migrating shortly after seeding and quantified their mean RI values over time. The ECs displayed dynamic morphology and movement over the 16-hour acquisition, indicative of the early stages of endothelialization (Fig. 4 A). Cells I and II were already attached to the substrate at the beginning of the acquisition, while cells III - VI adhered and spread out during the imaging period. The average RI values of the cells were measured for each frame of the time lapse (Fig. 4 B).

We observed three notable trends in the RI values corresponding with relevant endothelialization processes: 1) Cell anchoring, attachment, and spreading coincided with a dramatic decrease in RI values. 2) Cells appeared to reach an equilibrium RI value after sufficient time. 3) Motile cells maintained a higher mean RI value even after the initial cell attachment and anchoring phases. These results demonstrate that RI measurements obtained via HTM can reflect dynamic changes in ECs during endothelialization. We next sought to further explore how the cell RI values related to morphological and functional changes to ECs.

Quantitative Analysis of Cell Morphology and RI Values During Early Endothelialization (Fig. 5)

The initial steps of endothelialization involve ECs capturing, tethering, activating, arresting, and adhering to a substrate (Fig. 5 A, B). A prominent observation of HTM imaging was a precipitous drop in cellular RI values, followed by stabilization during anchoring, attachment, and spreading (Fig. 4 B). Utilizing the high-resolution images, we obtained accurate measurements of cell area (Fig. 5 C). Changes in cell area served as useful indicators of cell activation and arrest; however, RI values provided a more consistent readout, being less influenced by variability in cell shape that can introduce noise into area measurements. RI values were highly sensitive to changes in cell area for small cells, rapidly decreasing as cell areas increased (Fig. 5 D). As the ECs spread out more and stabilized into monolayers, their RI values also stabilized, providing an insight into the maturity and stability of the endothelial monolayer being imaged. This relationship meant that time until cell anchoring could be easily readout by measuring the RI curve prior to stabilization. Some cells anchored within the first hour, while others did not attach until closer to four hours.

After establishing the correlation between cell area and RI values (Spearman r = -0.717, p = 1.62e-13), we investigated how cell shape is associated with endothelialization. We quantified cell shape using solidity, where values closer to one indicate convex cells and values closer to zero indicate more irregularly shaped cells. During the first four hours after seeding, we observed sharp decreases in solidity for the ECs during capturing and tethering phases (Fig. 5 E). Notably, whereas the areas of cells V and VI stabilized within the first four hours, their solidity values remained variable and gradually decreased over time (Fig. 5 E). For timepoints after cells had adhered (after the initial four hours), we observed that cells with lower solidity values typically exhibited higher RI values (Spearman r = -0.652, p = 4.79e-48 (Fig. 5 F). These results demonstrate that RI measurements correlate with changes in cell area and solidity during early endothelialization.

Correlation Between Cell Motility and Refractive Index in Endothelial Cells

An additional advantage of high-resolution, label-free time-lapse HTM is the ability to perform cell migration analyses during endothelialization. As observed earlier, ECs with lower solidity values tend to have higher RI values (Fig. 5 F). We hypothesized that these cells are also more motile, given that their shapes are typically associated with more migratory cells.

EC migration can be broken down into the stages of sensing, extension, attachment, contraction, and rear release (Fig. 6 A). Using HTM, we tracked the movement of individual cells by monitoring their center of mass without the need for additional dyes or labeling techniques. The clear cell outlines provided by HTM facilitated accurate tracking. The trajectories of individual cells exhibited heterogeneous behaviors; some cells displayed highly persistent migration, while others appeared more random (Fig. 6 B). Quantitative analyses using mean squared displacement (MSD) measurements clearly showed three motile cells (Cells IV, V, and VI) and three non-motile cells (Cells I, II, and III) (Fig. 6 C). Instantaneous cell speeds showed cyclical increases and decreases, with varying periods and amplitudes unique to each cell (Fig. 6 D). Notably, Cells V and VI maintained higher RI values over the entire time course, even after

attachment to the substrate. Cell IV also migrated a similar net distance as these two cells, though much of this migration occurred at earlier time points while the RI values were higher. A positive correlation between cell speed and RI value was observed (Spearman r = 0.28, p = 2.36e-8) (Fig. 6 E). These findings indicate that higher RI values are associated with increased cell motility during endothelialization.

Discussion

Summary of Main Findings

In this study, we demonstrated the utility of HTM in visualizing ECs during the early stages of endothelialization. HTM provided high-resolution, label-free images across multiple scales, from whole-cell morphology to subcellular structures such as lipid droplets and mitochondria. By combining HTM with fluorescence imaging, we enhanced cellular component identification, showing that these techniques offer complementary, orthogonal approaches to visualizing cell-cell interactions. Our quantitative analyses revealed RI measurements obtained via HTM reflect dynamic changes in ECs during endothelialization, including anchoring, attachment, spreading, and motility. Notably, we found that higher RI values in attached ECs are associated with increased cell motility, suggesting that RI is a powerful indicator of cellular behavior that can be leveraged in endothelialization experiments.

Our results indicate that RI is a powerful indicator of the early stages of endothelialization that could be used in endothelialization experiments to gauge the affinity of cells to a matrix material, biomaterial, or medical device surface coating in a label-free and high-throughput manner. RI values of cells decreased during the initial stages of endothelialization, specifically during cell anchoring, attachment, and spreading. This decrease was followed by stabilization of RI values as cells established firm adhesions and formed monolayers. The precipitous drop in RI values may be attributed to changes in cell density and volume as cells spread out, as well as redistribution of cytoplasmic components. The correlation between RI stabilization and morphological changes, such as increased cell area and changes in cell solidity, reinforces the link between physical cell properties and their optical characteristics measured by HTM. Recent work has shown that HTM imaging can help identify mutation states of cells [15] or differentiation status [16], and our report adds further evidence that HTM can gain quantitative insights into the functional states of living cells.

The positive correlation between higher RI values and increased cell motility during endothelialization suggests that specific cellular components or structural organizations contribute to both higher RI and enhanced migratory behavior, such as mitochondria or lipid droplets. Mitochondria are of particular interest in ECs, as it was recently reported that the donation of mitochondria from mesenchymal stromal cells to ECs through cell-cell tunneling nanotubes is critical for effective re-endothelialization of damaged tissue [17]. Furthermore, mitochondrial fission and fusion have been implicated in determining endothelial health by regulating ROS levels [18]. Since direct visualization of mitochondrial dynamics is difficult using traditional microscopy, HTM offers a promising alternative to study EC energy production, reactive oxygen species signaling, and subcellular component interactions.

HTM also enables clear visualization of lipid droplets, which have recently been identified as contributors to endothelial cell dysfunction by impinging on nitric oxide and VCAM levels. [19,20] These organelles could be more abundant or reorganized in motile cells to meet the energetic and biosynthetic demands of migration. Cytoskeletal dynamics may also play a role, as rearrangements of actin filaments and microtubules during migration could affect cellular density and, consequently, RI measurements. The increased protein density in regions of active cytoskeletal remodeling could contribute to higher RI values observed in motile cells. Our findings align with previous studies that link cellular motility with metabolic activity and cytoskeletal organization.[21,22] For instance, cells with higher metabolic rates often exhibit increased motility and may display altered distributions of organelles involved in energy production and lipid metabolism.

Combining HTM with fluorescence imaging enhances the analytical power by providing both structural and molecular information.[23] While HTM offers detailed structural visualization and quantitative RI measurements, it lacks specificity at the protein level. Immunofluorescence complements HTM by allowing the localization of specific proteins within the cellular context provided by HTM. Our use of VE-cad staining exemplifies this synergy, as high RI values at cell borders did not directly correlate with VE-cadherin localization. This suggests that HTM and immunofluorescence provide complementary, orthogonal approaches to visualizing cell-cell interactions. While HTM highlights structural features and variations in RI, fluorescence imaging confirms the presence and localization of specific proteins. This multimodal imaging approach enhances our understanding of complex cellular processes by integrating quantitative structural data with molecular specificity. It allows for the validation of label-free observations and provides a more comprehensive picture of cellular function.

The principles demonstrated in this study can be applied to other cell types and biological processes. HTM could be utilized to study stem cell differentiation, cancer cell invasion, or immune cell activation. Applying HTM to disease models affecting ECs, such as atherosclerosis or diabetes, could provide valuable insights into pathological mechanisms and potential therapeutic targets. Experiments utilizing pharmacological agents or genetic manipulation to alter mitochondrial function or lipid metabolism could elucidate their roles in endothelialization, for example. Time-lapse HTM imaging during these interventions would provide dynamic insights into organelle function and cellular responses. The RI-based measurements in this study can be generalized to other cell types and other biological applications. Multimodal imaging, such as combining fluorescence with HTM, can provide valuable information like more quantitative protein species abundance, subcellular protein localization to specific organelles, and improved annotation of subcellular components observed via HTM.

Limitations of the Study

Despite the advantages of HTM, several limitations must be acknowledged. A significant technical challenge is the segmentation of individual endothelial cells in HTM images. The similarity in RI values between the cytoplasm and the surrounding culture media complicates

automated segmentation. Current AI-driven segmentation models, such as Cellpose and StarDist, underperform on HTM data due to these subtle differences and the complexity of the images. Manual segmentation is time-consuming and limits the throughput of data analysis. Developing specialized algorithms or training AI models specifically on HTM data of ECs could address this limitation and enhance the applicability of HTM in large-scale studies.

Biological variability is another consideration. ECs exhibit inherent heterogeneity in behavior and response to environmental cues. While our study provides valuable insights, the generalizability of the findings may be influenced by this variability. Further studies with larger sample sizes and different EC types could strengthen the conclusions.

Methods

Cell Culture

HUVECs (ATCCC) were cultured in FluoroBrite DMEM (Gibco) supplemented with 10% FBS (Gibco LifeTechnologies), 5% penicillin, streptomycin, and fungizone (Cytiva Hyclone antibiotic/antimycotic solution), and further enhanced with 5ng/mL rh VEGF, 5ng/mL rh EGF, 5ng/mL rh FGF basic, 15ng/mL rh IGF, 10 mM L-glutamine, 0.75 units/mL heparin sulfate, and 1 g/mL ascorbic acid (ATCC, PCS-100-041). Cells were cultured on collagen-coated (Gibco, A1048301) T75 flasks (Southern Labware, SKU 708013) at 37°C and 5% CO_2. Media was changed every 2 days, and cells were passed at 80-90% confluency.

Immunocytochemistry

HUVECs were cultured in 35 mm wells with tissue-culture treated glass bottoms (Ibidi, USA). Cells were fixed with 4% (v/v, in PBS) paraformaldehyde (Invitrogen, Image-It FB-002) for 15 minutes at room temperature. The cells were permeabilized with 0.1% (v/v, in PBS) Triton-X100 (Invitrogen, HFH10) for 10 minutes and subsequently blocked with 5% BSA (w/v, in PBS) with 0.05% (v/v) Tween-20 (Thermo Scientific Chemicals, J63711-AK) for 30 minutes at room temperature. The primary antibody VE-cadherin (D87F2) XP® Rabbit mAb #2500 (CellSignaling, 2500) was diluted 1:100 in the blocking buffer and incubated with the cells for 60 minutes at room temperature. The secondary antibody anti-rabbit IgG (H+L), F(ab')2 Alexa Fluor 647 (CellSignaling, 4414) was diluted 1:500 and incubated for 30 minutes at room temperature in the dark. Nuclei were stained with DAPI (Ibidi, Cat.No: 50011). The samples were stored at 4℃ until imaging.

CX-F Holotomographic Image Acquisition

The 3D Cell Explorer-Fluo CX-F (Nanolive, UK) microscope, equipped with a 60X objective, was used to capture holotomography images. A z-stack of 30 μm with 312.5 nm slice thickness and 90 μm x-y length was acquired. Refractive index (RI) profiling involved capturing 96 z-slices at 1.7-second intervals and 4° increments. Lateral (x-y) and axial (z) resolutions were 200 nm and 400 nm, respectively. Auto-calibration accounted for the immersion medium (DMEM, RI:

1.3370). Fixed HUVECs were analyzed using DAPI and CY-5 filter cubes, with gain, exposure, and intensity parameters set according to the manufacturer's recommendations (Table 1).

TABLE 1: CX-F Excitation Signal Parameters for Immunofluorescence Imaging

Channel	Exposure	Gain	Intensity
DAPI	150 - 300 ms | aimed 200 - 240 ms	5 - 15 | aimed ~ 10	5 - 20 | aimed ~ 10
Cy5	150 - 300 ms	10 - 25 | aimed below 20	Preferred 10 - 25 | Aimed above 25

CX-A Holotomographic Image Acquisition

Large area live imaging utilized the 3D Cell Explorer CX-A 96 Focus (Nanolive, UK). The CX-A's optical specifications matched the CX-F, with the addition of a configurable field of view (FOV). Image stitching created larger 10x10 FOVs from standard 90x90 μm stacks. Atmospheric conditions were maintained using the CX-A's incubation system (Tokai Hit, STX). A 10x10 grid scan was performed starting 4 hours post-seeding and images were acquired every 12.5 minutes for 16 hours.

Image Analysis

Manual cell segmentation was performed using ImageJ FIJI to define cell outlines. The resulting ROIs were saved and used to measure the mean RI value and cell shape descriptors. Solidity, one such shape descriptor, is defined as the ratio between the area of a shape and the smallest possible bounding rectangle. The center of mass from these shapes were used for cell tracking analysis.

Statistical Analysis

Spearman correlations were performed using the SciPy library in Python. Colocalization between fluorescence and RI channels was determined using the Costes colocalization method, using the ImageJ FIJI Coloc2 plugin.[24] Time series data was smoothed using a 2-hour rolling window to calculate the mean and 95% confidence intervals.

Figure Legends

Figure 1: Overview of holotomography

    (A) The refractive index is an optical parameter of a material that describes the speed at which light propagates through the material.

    (B) Light passing through a biological sample, such as an endothelial cell, interacts with subcellular components of varying refractive index, resulting in measurable interference patterns.

Figure 2: Multiscale analysis of endothelial cell biology with holotomography

    (A) Holotomographic imaging produces z-stacks for each time point of an acquisition, which can be visualized as 3D reconstructions or max intensity projects (MIPs). Representative images are of HUVECs at 5 minutes, 10 hours, and 20 hours post-seeding.

    (B) Tiled HTM acquisition of HUVECs enables a wide field of view to measure numerous cells simultaneously.

    (C) Small cell neighborhood provides more detailed subcellular features, such as focal adhesions and vacuoles, while retaining multicellular context.

    (D) Cell-cell interactions are observable due to higher RI values near cell borders and within thin protrusions, such as tunneling nanotubes.

    (E) Subcellular features that often require labeling techniques, such as mitochondria and lipid-bound vesicles, are observable in endothelial cells. Dashed yellow boxes indicate inset regions. Scale bar = 20µm.

Figure 3: Integrating fluorescence with holotomography reveals orthogonal image features

    (A) Holotomographic and fluorescence images of HUVECs following immunostaining with VE-cadherin. Micrographs from samples fixed at varying timepoints after initial seeding show the gradual increase in expression and localization of VE-cadherin at cell-cell boundaries.

    (B) Insets of the merged HT and IF images reveal weak correlation between VE-cadherin fluorescence and RI values. Scale bar = 20µm.

Figure 4: Live cell time lapse imaging reveals endothelial cell heterogeneity

    (A) HT micrographs of individual HUVECs during a 16 hr time lapse. Nucleus and cell borders are overlaid to aid in visualizing morphological dynamics. Scale bar = 20µm.

    (B) Quantification of the mean RI value within each cell over the course of the time lapse.

Figure 5: Endothelial cell anchoring and attachment is quantifiable with holotomography

    (A) Cartoon representation of the early stages of endothelialization where endothelial cells are captured by weak interactions with the substrate, form stronger adhesions during tethering, become activated, arrest, and finally are well-adhered enough to begin crawling.

(B) Micrographs of an individual HUVEC cell undergoing the endothelialization steps described in (A).

(C) Changes in cell area over time of individual HUVECs.

(D) The RI value of cells tends to decrease as cell area increases, especially in cells with areas less than 100,000 µm^2. Each dot represents a single timepoint of an individual cell.

(E) The solidity of individual cells remains relatively constant or steadily decreases for individual HUVECs in the initial hours after seeding. Lines show the mean solidity value averaged over a two-hour window. Shaded regions show the 95% confidence interval.

(F) Cell solidity has a negative correlation with the mean cellular RI after the initial capture and tethering stages. Each dot represents a cell at a given time point after the initial capture and tethering time window (t > 4 hr).

Figure 6: Endothelial cell migration tracking with holotomography

(A) (top) Cartoon representation of endothelial cell migration. Cells sense their environment, form protrusions, adhere, contract, and release to facilitate movement. Cells cycle through these steps to varying extents and at different rates depending on their environment.
(bottom) Micrographs of an individual HUVEC cell migrating according to the steps above. Scale bar = 70µm.

(B) Trajectories of individual cells over the course of a 16 hr time lapse.

(C) Mean squared displacements of the tracked cells clearly show three migratory and three non-migratory cells. Lines represent the mean squared displacements at each time interval τ and shaded regions display the standard error of the mean.

(D) The instantaneous cell speed over time shows periodic changes that are unique to each cell. Lines show the mean cell speed averaged over a two-hour window. Shaded regions show the 95% confidence interval.

(E) The mean cellular RI and instantaneous cell speed are positively correlated for cells that are past the initial anchoring and attachment phases. Each dot represents the mean RI value and mean cell speed of each cell after their RI values stabilized (t > 4hr). Error bars show the standard error of the mean for each measurement.

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A

Beam Splitter

Imaging Beam

Reference Beam

Rotating Imaging Arm

45°

Cell Sample

Microscope Objective

Converged Beam

B

θ_i

Light Wavefront (Imaging Beam)

Wavefront interacts with endothelial cell

Refracted Light

$\Delta\theta_1$ $\Delta\theta_2$ $\Delta\theta_3$

Specific structures produce distinct refraction profiles

A

	HT	VE-cadherin	Overlay

B

Inset

1 hr

2 hr

4 hr

12 hr

A

B

A

Sensing Extension Attachment Contraction Rear Release

B

— I
— II
— III
— IV
— V
— VI

C

Mean Squared Displacement (µm²)

τ

D

Cell Speed (µm / min)

Time (hr)

E

Cell Speed (µm / min)

Mean Cellular Refractive Index (RI)