Multiplexed PCR to measure *in situ* growth rates of uropathogenic *E. coli* during
experimental urinary tract infection.

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Abstract

Measuring bacterial growth rates *in vitro* is routine, however, determining growth rates
during infection in host has been more challenging. Peak-to-trough ratio (PTR) is a
technique for studying microbial growth dynamics, calculated using the ratio of
replication origin (*ori*) copies to that of the terminus (*ter*), as originally defined by whole
genome sequencing (WGS). WGS presents significant challenges in terms of expense
and data analysis complexity due to the presence of host DNA in the samples. Here, we
used multiplexed PCR with fluorescent probes to estimate bacterial growth rates based
on the abundance of *ori*- and *ter*-adjacent loci, without the need for WGS. We establish
the utility of this approach by comparing growth rates of the uropathogenic *Escherichia*
coli (UPEC) strain HM86 by WGS (PTR) and qPCR to measure the equivalent *ori:ter*
(O:T^{PCR}). We found that PTR and O:T^{PCR} were highly correlated and that O:T^{PCR}
reliably predicted growth rates calculated by conventional methods. O:T^{PCR} was then
used to calculate the *in situ E. coli* growth rates in urine, bladder, and kidneys collected
over the course of a week from a murine model of urinary tract infection (UTI). These
analyses revealed that growth rate of UPEC strains gradually increased during the early
stages of infection (0–6h), followed by a slow decrease in growth rates during later time
points (1-7 days). This rapid and convenient method provides valuable insights into
bacterial growth dynamics during infection and can be applied to other bacterial species
in both animal models and clinical infections.

Importance

Accurately measuring bacterial growth rates in the host, which plays a crucial role in
determining the success of pathogens in establishing infections, poses significant
challenges. To address this, bacterial replication rate has been measured as a proxy for
growth rate estimation. While whole genome sequencing (WGS) has been used for this
purpose, it comes with drawbacks such as high costs and difficulties in analyzing
bacterial sequences due to the overwhelming presence of host DNA. In this study, we
validate a more accessible PCR-based approach compared to the established WGS
method and confirmed the reliability of our PCR-based technique. We then applied it to
measure the growth rate of *Escherichia coli* during an experimental urinary tract
infection in a mouse model. This study provides a cost-effective and efficient alternative

to WGS for studying bacterial replication dynamics during infection, potentially offering

new insights into pathogen behavior and host-microbe interactions.

Introduction

Urinary tract infections (UTIs) are among the most prevalent bacterial infections, with *Escherichia coli* being the primary causative agent constituting approximately 75% of uncomplicated UTIs and 65% of complicated UTI cases (1). While the virulence factors and pathogenicity of uropathogenic *E. coli* (UPEC) (1–3), the *in vivo* growth dynamics during UTIs remain less understood. Bacterial replication rate is important to pathogenicity as it can influence evasion of the host response, colonization, and persistence (4). Understanding bacterial growth rates at different infection niches will also advance our knowledge of how each unique environment affects bacterial proliferation and the progression of infection and help pinpoint specific factors responsible for promoting or inhibiting bacterial growth.

Recent studies have established the use of bacterial circular chromosome replication as a means to determine growth rates with the underlying principle that rapidly growing bacteria have multiple replication forks starting at the origin (*ori*), leading to greater abundance of DNA proximal to the *ori* than distal sequences located near the terminus (*ter*) whereas slow growing or stationary phase bacteria have a more equitable number of *ori* and *ter* loci (Fig. 1). The ratio of sequencing coverage between the *ori* and *ter*, obtained from whole genome sequencing (WGS), is referred to as the peak-to-trough ratio (PTR) and was first applied by Korem *et al*. in 2015 for the determination of bacterial growth rates in a metagenomic study (5). Subsequently, a number of studies have utilized the concept of PTR to measure bacterial growth rates in a variety of conditions using WGS (5–12), digital droplet PCR (13), and SYBR green dye-based quantitative real time PCR (qPCR) (14). While WGS-based PTR has been widely applied and allows for the quantification of both *ori* and *ter* adjacent sequence abundance within the same sample, this method is expensive, requires computational resources and expertise, and generates an unnecessary amount of sequencing data if growth rate determinations are the sole objective. While techniques utilizing qPCR-based methods offer a more economical approach to specifically quantify *ori* and *ter* adjacent sequences, their reliance non-specific DNA-intercalating dyes necessitates the quantification of *ori* and *ter* abundance in the same sample be measured independently from one another. In our study, we combine both the ease of in-house qPCR with the WGS benefit of simultaneous measurement of *ori* and *ter* abundance in the same sample reaction by multiplexing qPCR reactions using TaqMan probes, we call O:T^{PCR}.

The purpose of this study was two-fold: 1) To develop a probe-based multiplexed qPCR method for measuring *ori:ter* and 2) to use this method to determine the growth rates of UPEC strains *in vivo* during experimental urinary tract infection in mice. Validation of this approach streamlines the process of determining *ori:ter* to accurately and rapidly estimates doubling times in diverse biological samples. Measuring bacterial growth rate *in vivo* within host tissue may provide insight into the dynamics of experimental infections over time and the possibly clinical outcomes. After validating our qPCR method with conventional PTR measured by WGS, we determined the growth dynamics

of two UPEC strains HM56, and HM86 *in vivo* during experimental murine UTI for 7
days post infection. We found both UPEC strains rapidly replicating in murine urine
sample early in the infection (6–12 hpi) with grow rates slowly decreasing through the
course of a week. This study demonstrates the usefulness of applying a probe-based
qPCR method to measure UPEC growth rates in a clinically relevant model of UTI,
which could be leveraged for use in various types of infections and models.

Materials and methods

Bacterial strains and culture conditions

E. coli strains HM56 and HM86 were isolated from cases of uncomplicated UTI and
have been described elsewhere (15, 16). Bacterial strains were revived from the frozen
stock (-80°C) by culturing overnight in Lysogeny broth (LB), aerating at 200 rpm at
37°C. To conduct an *in vitro* experiment, the HM86 strain was cultured overnight with
aeration at 37°C in LB, and inoculated 1:100 in fresh LB, terrific broth (TB), and M9
minimal growth medium supplemented with 0.4% glucose (M9$_{Glc}$). We sampled bacteria
from the culture at 0, 1, 1.5, 2, 2.5, 3, 3.5, 4, 5, and 6h to assess bacterial growth rate in
different growth media, measuring absorbance (OD$_{600}$) in cuvettes using GENESYS
10S VIS spectrophotometer (Thermo Scientific). We collected bacterial pellets for each
time point by centrifugation at 17K x *g* (Fisher Accuspin Micro 17R) for genomic DNA.
The bacterial pellet was immediately placed in dry ice and stored at -80°C until further
processing. Bacterial growth rate was determined using the formula:

Growth rate (GR$_p$) = (log(OD_{p+t}/OD_{p-t}))/dt, where "p" is the time point whose O:T^{PCR}
values is correlated with the growth rate, "p-t" is the initial OD, "p+t" is the final OD, "dt"
is the time elapsed between initial and final OD. For our growth rate calculation, t=30
minutes. Bacterial doubling time (DT) *in vitro* was calculated as [log(2)/GR$_p$].

Quantitative polymerase chain reaction (qPCR)

Genomic DNA (DNA) from *in vitro* bacterial culture samples and mice urine and organs
were extracted using DNeasy® Blood and Tissue Kit (Qiagen, Germany) following
manufacturer's instruction. The qPCR was performed to determine the *ori:ter* ratio, a
proxy of PTR (referred in this study as O:T^{PCR}). The DNA concentration was estimated
using Nanodrop One (Thermo scientific). The bacterial DNA in concentration of 500 pg
was used to determine PTR for the *in vitro* samples. The targeted nucleotide sequences
for the qPCR reaction near the origin of the replication (*ori*) is the *gidA* gene, and near
the terminus of replication (*ter*) is the *dcp* gene.

The qPCR reaction was performed in QuantStudio 3 (Applied Biosystems) thermocycler
(95°C 30 s, 40×(95 °C 5 s+58 °C 30 s). The optimized 25 µl reaction mixture contained
12.5 µl TaqMan^{TM} Fast Advanced Master Mix (Applied biosystems), 2.5 µl template
DNA, and 10 µl of the reaction mixture of forward and reverse primer for *ori* and *ter*
region (final primer concentration 1µM each), and probe for *ori* and *ter* sequence
(concentration 0.25µM each). To ensure the reliability and accuracy of the qPCR results,

we repeated certain samples using a second set of primers that targeted the same
region with the same probes for both set of primers. Primers (14, 17) and probes used
for qPCR are provided in Table 1. The O:T^{PCR} was determined using $2^{-\Delta\Delta Ct}$ method
($\Delta Ct = Ct_{ori} - Ct_{ter}$; $\Delta\Delta Ct = \Delta Ct_{test} - \Delta Ct_{reference}$). The PTR for each sample is the average
PTR of 3 technical replicates. The sample of the same bacterial strain cultured to
stationary phase of growth, whose peak-to-trough is expected to be 1, is used for the
normalization during each run. To evaluate the specificity of the primers and probes
utilized in the experiment we performed two experiments: 1) using DNA from various
Gram-positive and Gram-negative bacteria, both individually and mixed with *E. coli* DNA
(1:1) to determine whether the presence of DNA from other bacterial sources affect the
ori:ter ratio, and 2) inclusion of DNA extracted from murine kidney to assess the *E. coli*
DNA-specificity of the qPCR in the presence of mouse genetic material. Molecular
biology grade water (Corning) was used as non-template control (NTC) for each cycling
run. The sample tested for PTR using WGS was incorporated in every set of the qPCR
performed to minimize the experimental variability in PTR measurements between
experiments. The qPCR assay was performed for the UPEC strains cultured *in vitro* in
LB, TB, M9$_{Glc}$ and *in vivo* samples from the mouse during UTI.

Whole genome sequencing

PTR values were determined using previously published methods (5, 6). Briefly,
sequenced reads from each sample were cleaned and mapped to the complete genome
sequence of the originating bacterial isolate using Trimmomatic v0.39 and Bowtie2
v2.5.1. All alignments were indexed and sorted using SAMtools v1.18, and the coverage
depth for each nucleotide position was extracted using Bedtools v2.30.0. A smoothing
filter was applied to the mapped coverage of genomic segments, which was comprised
of a moving sum with a window size of 10 kbp and a slide of 100 bp, followed by a
moving median with a window size of 10-kbp bins and a slide of 100 bins. Instances
where the bins did not have any mapped reads or had <50% remaining bins were
discarded. The PTR was calculated from the peak and trough read coverage locations
corresponding to maximum and minimum values, respectively, from the smoothed
coverage (5). Snakemake implementation and analysis results can be accessed
at https://github.com/alipirani88/Growth-rate-estimate_SMAKE. Assemblies for HM86
and HM68 were generated with Flye 2.9.2 and annotated with Prokka 1.14.5. Origin and
termination of replication sites were determined by blasting qPCR OriC and Ter loci
using BLAST 2.14.0

Mouse model of ascending UTI

Six-to-eight weeks old female CBAJ (Jackson laboratory) mice were inoculated
transurethrally with ~2x10^8 CFUs of UPEC strains as described previously (18, 19).
Briefly, the overnight culture of UPEC strains cultured with shaking at 37°C was
centrifuged for 30 minutes at 3000 rpm and the bacterial pellet was resuspended in
sterile PBS. Mice were anaesthetized using ketamine/xylazine intraperitoneally (IP).

Then, 50 µl of bacterial suspension was inoculated transurethrally using a sterile
polyethene catheter connected to an infusion pump (Harvard Apparatus). After the
induction of the UTI, urine samples from the inoculated mice were collected at 6, 24, 48,
72, 96, 120, 144, and 168 hpi for determination of CFUs and isolation of bacterial DNA.
Mice were euthanized at 6, 24, and 168 hpi, and bladder and kidneys were collected for
bacterial burden and bacterial DNA in the tissue samples. The bladder, and kidneys
were collected in 5 ml culture tubes with 2 ml of ice-cold sterile PBS and homogenized
using homogenizer (GLH 850, OMNI International). Bacterial burden from urine and
each organ were enumerated using dilution plating by the drip-plate method and
incubation at 37˚C. The limit of detection (LOD) of bacteria in urine was 10^3 CFU/ml,
whereas for bladder and kidney is 20 CFU/organ. Urine and tissue homogenates were
centrifuged at 17K x g at 4°C for 5 minutes. The supernatant was discarded, and the
pellet was placed immediately on dry ice and stored at -80°C until further processing for
DNA to measure bacterial growth rate determining PTR.

Statistical analysis

Correlations between PTR and O:T^{PCR}, and bacterial growth rate and O:T^{PCR} were
evaluated using Pearson's correlation coefficient. Linear regression analysis was
performed to establish the relationship between growth rate and O:T^{PCR}. Statistical
significance of the doubling time (DT) measured by OD and PTR was determined using
the paired *t*-test. Statistics and illustrations were performed using GraphPad Prism
version 10 (GraphPad Software, CA, USA). A two-tailed *p*-value < .05 was considered
statistically significant.

Results

Validating multiplexed quantitative real time PCR with whole genome sequencing
as a tool for measuring origin to terminus ratios *in vitro*

To compare WGS PTR with our qPCR *ori:ter* method, we first generated a standard
curve relating the growth rates of bacterial populations cultured *in vitro* to the relative
abundance of the corresponding *ori* and *ter* sequences. This was achieved by culturing
the *E. coli* strain HM86 in three different media where rapid and slow bacterial growth
could be observed: lysogeny broth (LB), terrific broth (TB) and an M9 minimal medium
containing glucose (M9$_{Glc}$). Growth curves were initiated by addition of a one-to-one-
hundred dilution of stationary phase HM86 culture into fresh medium and the optical
density (OD$_{600}$) of the bacterial population was measured at 30 to 60 minutes intervals
over the six-hour period. Concurrent with these OD$_{600}$ measurements, cell pellets were
collected for genomic DNA extraction from which the relative abundance of the *ori* and
ter sequences in the bulk population were measured by both multiplexed qPCR and
WGS.

As anticipated, *E. coli* HM86 grew rapidly in both rich media conditions (LB and TB)
(Fig. 2 A) achieving exponential growth as early as 1.5 h post-inoculation and
transitioning into stationary phase approximately two-hours later. In contrast, growth in

M9$_{Glc}$ was markedly slower with a longer lag phase and achieving a greatly reduced
bacterial density over the course of six hours (Fig. 2A).

We first performed WGS on DNA samples collected throughout these growth curves to
measure the relative abundance of *ori* and *ter* regions. Figure 2B illustrates one such
read coverage plot from *E. coli* HM86 cultured in LB medium (Fig. 2A). During periods
of rapid population expansion (1 – 3 h), we observed higher sequencing coverage (*i.e.*,
peak) around the *ori* and lower sequencing coverage (*i.e.*, trough) corresponding with
the location of the *ter*. As expansion of the population slowed, the relative abundance of
reads mapping to the *ori* and *ter* regions normalized, resulting in a PTR of ~1. Plotting
the PTR from WGS data across the rich media growth conditions (Fig. 2C) illustrates
the dynamic transition in PTR throughout the course of the growth curves (LB and TB, n
= 3) with mean maximal PTR being observed at 1.5 h (LB = 1.68 ± 0.14, TB = 1.73 ±
0.1). While WGS was only performed for a single population of *E. coli* HM86 cultured in
low nutrient M9$_{Glc}$, the very modest changes in PTR predictably corresponded to the
slow increase in culture density over time with a maximal PTR of 1.28 at 6 h (Fig. 2A).

We next tested whether multiplexing qPCR was a viable alternative to WGS for
measuring the relative abundance of *ori* and *ter* sequences using these same *in vitro*
DNA samples. Using previously published primers (14) and newly designed probes
specific for regions near the *ori* and *ter,* we were able to rapidly generate *ori:ter* (O:T^{PCR}
) for *E. coli* HM86 cultured in all three media (Fig. 2D). Similar to PTR (Fig. 2B), the
relative *ori:ter* measured by O:T^{PCR} in rich media were greatest during times of rapid
population expansion with mean maximal *ori:ter* measured at 1.5 h (LB = 2.56 ± 0.12,
TB = 2.69 ± 0.28) and this ratio gradually normalized to ~1 as cultures reached
stationary phase (Fig. 2A). We also observed that the *ori:ter* in M9$_{Glc}$ also demonstrated
a modest change in the O:T^{PCR} reflective of the slow and limited expansion of the *in vitro*
population over time (Fig. 2A) with a mean maximal *ori:ter* of 1.43 ± 0.05 measured at
3.5 h. While the relationship between the *ori:ter* and *in vitro* culture growth phases were
similar between PTR and O:T^{PCR} in all three media, the maximal values of the *ori:ter*
during times of population expansion were greater when measured by multiplexed
qPCR than WGS (Figs. 2C & 2D). Despite differences in the absolute values of O:T^{PCR}
and PTR, we found the measurements *ori:ter* and PTR of each individual DNA sample
were highly correlated in all three media conditions (Figs. 2E, 2F & 2G). The difference
in absolute magnitude of *ori:ter* is likely reflective of a greater dynamic range in
measuring *ori* and *ter* abundance by multiplexed qPCR and correlation of these
measurements with PTR demonstrates the viability of using probe-based qPCR in lieu
of WGS.

O:T^{PCR} accurately predicts bacterial growth rate *in vitro*

Having demonstrated O:T^{PCR} is a reliable method to measure *ori:ter*, we then calculated
growth rates for each time point across every growth curve based on the OD$_{600}$
measurements that immediately preceded and followed that time point. A standard
curve of growth rate and O:T^{PCR} was then established from all time points where the

median growth rate from biological replicates cultured in same medium was less than
0.0025 (*i.e.*, doubling time of 120 min) (Fig. 3A). This minimum doubling time criterion
functionally incorporated all regions of the three growth curves where active growth
could be observed (*i.e.*, excluded lag and stationary phases) and the O:T^{PCR} were in
excess of 1.25 and these time points are illustrated as filled symbols in Fig. 1A and 1D.
From these data, we could construct a standard curve and derive a linear equation
(Y=0.007648*X-0.006786) based on the relationship between growth rate and O:T^{PCR}
(Fig. 3A). We then used this equation to calculate a predicted growth rate for all O:T^{PCR}
measurements included in the standard curve and found no significant difference
between the predicted growth rate and the experimentally derived growth from OD$_{600}$
measurements for each O:T^{PCR} measurement (Fig. 3B). The constraints of this standard
curve are the maximum and minimum O:T^{PCR} measurements of 2.87 and 1.16
representing a doubling times of 19.9 and 143.0 minutes, respectively. Therefore,
O:T^{PCR} which are greater or less than these extremes cannot be used to accurately
determine bacterial growth rates and are instead defined as extremely rapid growth or
slow growth, respectively.

Establishing limits of *ori:ter* quantification, detection, and specificity of O:T^{PCR}

Under optimal conditions, such as bacterial monoculture, bacterial DNA can be
extracted, quantified, and used in downstream molecular applications with the
knowledge that all the nucleic acids present originated from a single source. In an
infection model, DNA extracted from a complex biological sample will be a mixture of
both host and etiological agent derived nucleic acids. Additionally, the concentration of
bacterial DNA within this sample will be unknown and likely to be in low abundance.
Therefore, we established two constraints for accurate *ori:ter* determination by O:T^{PCR} in
complex biological samples: a limit of quantification (LOQ) establishing the minimum
number of CFU (LOQ-CFU) from which DNA could be extracted and accurately
measured, and LOQ-DNA demonstrating the minimum quantity of bacterial DNA which
can be accurately measured.

Because the total number of CFU collected in a biological sample from an infection model
can vary, we chose to establish LOQ which would represent the minimum number of
bacterial cells required to provide adequate template DNA for accurate O:T^{PCR}
determination. To establish this LOQ, we cultured *E. coli* HM86 to exponential phase in
LB for 2 h from which 10-fold serial dilutions were prepared and DNA extractions of ~10^6,
10^5, 10^4, 10^3, 10^2, 10, and 0 CFUs were performed. From these DNA extractions we found
the relationship between *ori* and *ter* was measured to be approximately 2.23±0.09 by
O:T^{PCR} from templates originating from extractions containing 10^6 to 10^3 CFU, while those
extracted from fewer CFU resulted in a significant deviation in this ratio (Fig. 4A).
Therefore, an LOQ of ≥ 10^3 CFU is required to provide sufficient bacterial DNA template
for accurate determination of *ori:ter* by O:T^{PCR} .

In a biological sample collected from the infection model, bulk DNA extraction is likely to
capture DNA from both the infectious agent and the host. This complex mixture of nucleic

acids is likely to obscure the direct quantification of input template prior to its application
in O:T^{PCR} . Because template abundance is correlated with critical threshold (Ct) values
obtained by qPCR, we sought to define an LOQ based on the greatest Ct value for the
ori specific oligo primers from which the relationship of *ori:ter* can be reliably determined
by O:T^{PCR} . Using DNA extracted from ~10^8 CFUs, described in LOQ experiment above,
we performed O:T^{PCR} with 10-fold serial dilutions of template DNA (5 ng to 0.05 pg) to
determine the range from which the *ori:ter* could be reliably measured. O:T^{PCR} containing
5 ng to 0.5 pg template DNA consistently measured an *ori:ter* of approximately 2.32±0.06,
and this ratio deviated as the template abundance fell below this range (Fig. 4B). Over
the entire range of templates tested, the *ori* oligo Ct values reliably increased by a mean
Ct of 3.41 per 10-fold dilution of template (ideal change is 3.32 Ct per 10-fold dilution).
Based on the these observations, we found the highest Ct value (*i.e.*, lowest template
abundance) from which *ori:ter* could be determined by O:T^{PCR} was 30.52±0.97 cycles.
This LOQ establishes a critical threshold for informing the appropriate conditions for the
application of *ori:ter* measured by O:T^{PCR} ; where the *ori* oligo Ct≤30.52, the
corresponding *ori:ter* can be confidently used to accurately calculate the growth rate of
the bacteria in that sample.

As described above, biological samples collected from an infection model are likely to
contain at least two sources of DNA; the infectious agent and the host. There also exists
the possibility that samples can contain DNA extracted from other sources (*e.g.*, host
commensals). To test the specificity of the *ori* and *ter* oligos to discriminate between *E.*
coli and from other sources of DNA we performed O:T^{PCR} on mixed DNA templates
containing 5 ng of *E. coli* HM86 DNA combined with of 5 ng of DNA isolated from
alternative sources. In the absence of extraneous DNA, the template composed of
exclusively *E. coli* HM86 DNA had a 16.04±0.13 *ori* oligo Ct and a 2.40±0.03 O:T^{PCR} .
Addition of equal amount of DNA template purified from seven Gram-negative species
cultured overnight (*Acinetobacter baumannii*, *Citrobacter freundii*, *Enterobacter*
hormaechei, *Klebsiella pneumoniae*, *Morganella morganii*, *Pseudomonas aeruginosa*,
Serratia marcescens), two Gram-positive species (*Bacillus subtilis* and *Staphylococcus*
aureus) (Table 2), or host murine DNA (CBAJ) (Fig. 4B) did not significantly affect the
detection of the *E. coli* HM86 template. While some reactivity with the *ori* and *ter* oligos
was observed in the absence of *E. coli* HM86 DNA template for some of these alternative
DNA samples, as well as the matrix control from the purification kit, the observed *ori* oligo
Ct values were greater than the established LOQ above (≤30.5 Ct) and would therefore
be excluded from further analysis.

From these standardization and specificity experiments (Fig. 4), we found that *ori* and *ter*
oligos are specific for *E. coli* HM86, extraction of >10^3 bacterial CFUs is needed to provide
enough template for O:T^{PCR} , and a Ct≤30.5 for the *ori* oligos is required to accurately
quantify the *ori:ter* in a given sample. By applying these criteria as quality control
measures for evaluating bacterial growth rates we can apply O:T^{PCR} to complex biological
samples collected from an infection model.

To ensure the reliability of our PCR method in measuring *ori:ter* ratios, we validated the same primer oligos with the other *E. coli* strain, HM56. We cultured strain HM56 in LB medium for 6h and measured O:T^{PCR} and found similar results to HM86, where HM56 DNA behaves like HM86 DNA indicating that our qPCR method is robust and applicable across different *E. coli* strains (Fig. S1).

Mouse model of ascending UTI

Following parameterization of O:T^{PCR}, we applied this method to measure *in vivo* bacterial growth rates in our model of interest, the experimental murine model of ascending UTI, over a period of seven days. For this, we induced experimental UTI in 6–7 week CBAJ female mice by transurethral catheterization and mono-culture inoculation of UPEC strains HM86 and HM56 isolated from uncomplicated female UTI patients (16, 20). Urine samples from the infected mice were collected at 6, 24, 48, 72, 96, 120, 144, and 168 hpi, whereas bladder and kidney samples were collected at 6, 24, and 168 hpi in a separate group of mice for bacterial burden and for extracting DNA and measuring growth rates from the two UPEC strains (Fig. 5).

Urine bacterial burden showed distinct patterns of colonization for each strain. *E. coli* HM56 urine samples exhibited higher initial counts at 6hpi, with high abundance of bacterial culture later up to 7 days period. In contrast, *E. coli* HM86 exhibited lower urine bacterial count at 6hpi, increased by 24hpi, and maintained a constant level of persistence throughout the infection period (Fig. 5B). Bladder colonization was similar for both strains, with higher level of colonization at 6hpi, which decreased by 24hpi, and remained at similar level up to 168hpi (Fig. 5C). The kidney colonization differed between the two strains. High level of kidney colonization was observed for *E. coli* HM56 at 6hpi, which was found to be lowered by approximately 10-fold at 168hpi. Conversely, *E. coli* HM86 exhibited limited kidney colonization early during the infection (6 hpi, 1 of 5 mice) which increased in abundance at later time points (24 hpi 2 of 5 mice; 168 hpi 3 of 5 mice) (Fig 5D) indicating a slower time to ascension. These findings highlight strain-specific variations in colonization patterns during the progression of UTI, providing insights into the dynamics of bacterial colonization, dissemination, and persistence in the different sites of the urinary tract.

Growth rate of UPEC strains *in vivo* during UTI

Bacterial growth rates for HM86 and HM56 were next measured using DNA extracted from urine, bladder and kidney homogenates from infected animals. The recovery of bacterial DNA from the kidney sample was challenging due to the presence of host genetic material as evidenced by the observed Ct values compared to the recovered number of *E. coli* CFUs. However, the recovery was less affected in bladder and urine samples as observed Ct values were similar to the experiment performed with comparable known CFUs *in vitro* from pure bacterial culture. The DNA was extracted from urine, bladder, and kidney samples and *ori:ter* was determined. Fig. 6 illustrates the *ori:ter* values determined by qPCR from the urine samples during infection over the

period of 168h. We observed comparable patterns of *ori:ter* between the two tested strains over the infection timeline, which shows the variability in the replication rate. From this *ori:ter* -values we can predict that the growth rate of UPEC is higher at 6hpi, which gradually decreases over the infection period whose median *ori:ter* values is around our estimated borderline of the slow and fast growth conditions. No statistically significant difference was observed in *ori:ter* -values over the course of time.

The bacterial population doubling time was calculated from the qPCR derived *ori:ter*-values using the equation derived from the linear regression analysis of *E. coli* HM86 *in vitro* growth rate with their respective *ori:ter* value (Fig. 4D). The calculated *E. coli* DT in mouse urine is presented in Table 2. This DT results revealed a gradual increase in the growth rate of bacteria during the early stages of infection, peaking at 6h, followed by a slow decrease during later days transitioning to slower state of growth at 168hpi. The fastest median DT for *E. coli* HM56 and HM86 is 47.4 and 54.2 minutes, respectively, observed for both at 6 hpi. The fastest growth of *E. coli* HM56 was observed at 24 hpi with a DT of 28.9 minutes, while for *E. coli* HM86, it was found to be 31.3 minutes at 6hpi. In case of individual mice, at 6hpi the fastest growth was determined as 31.6, and 31.3 minutes for HM56, and HM86 respectively. During the later time points, the UPEC strains exhibited variable growth rates. This trend suggests that UPEC undergoes rapid multiplication in the urine during early stages of UTI, particularly within the first 6h, followed by a gradual slowdown in growth rate. The similarity in growth rate between the two strains implies a similar growth strategy among different UPEC isolates during infection. Due to the presence of lower number of CFUs in most of the bladder, we were only able to determine *ori:ter* in few bladder samples with Ct value within the range of LOQ. For HM86, the DT in bladder was found to be 33.3 minutes at 6hpi (1/5 mice), which was found slower at 24hpi with DT of 61.2 minutes (1/5 mice). No bladder had sufficient CFUs for *ori:ter* determination at 168hpi for HM86. For HM56, in contrast to HM86, we observed slower growth at 6hpi with DT of 63.1 and 71.2 minutes (2/5 mice), which became even slower at 24 and 168 hpi with DT of 76.8 (1/5 mice) and 81.2 (1/5 mice) minutes respectively (Fig.S2-C). In contrast to the bladder, the growth rate in kidney was found to be slower at early stage of infection i.e. 6h followed by faster growth at 24 and 168 hpi for both *E. coli* strains. For HM56, the fastest growth rate was determined with DT of 76.6, 40.2, and 43.7 minutes at 6, 24, and 168 hpi, respectively. Since the kidney colonization with HM86 was limited, we were only able to determine the growth rate of 1 kidney samples at 6 and 168 hpi, with DT of 227.9 and 51.9 minutes, respectively (Fig. S2-D). Overall, the results revealed the infection-site specific differences in the *E. coli* growth rate over the course of infection period.

Discussion

In this study, we developed a PCR-based method as a reliable alternative to WGS for determining bacterial growth rate targeting the specific regions near the origin and terminus of replication. As a proof-of-concept, the qPCR method was conducted on *in vitro* samples of *E. coli* HM86 cultured in both slow and rapid growth media and

validated the *ori:ter* with results obtained from the WGS method. The validation
experiments were performed using the bacterial DNA isolated from the cultures grown
under controlled laboratory conditions. This method provides an estimate of the
population level PTR from the samples where the bacteria are at different stages in their
growth cycle. A series of the control experiments were conducted to validate the growth
rate measurements by *ori:ter* using qPCR method for bacterial replication rates in host
tissues. We determined that >10^3 bacterial CFUs in pure culture condition gives
accurate *ori:ter* measurements with the Ct value of *ori* oligos around 30.5, equivalent to
0.5 pg of the DNA used for *ori:ter* measurements. Therefore, we consider Ct values of
30.5 or higher to be unreliable for determining *ori:ter*. This results ensures that the
ori:ter measurements remains accurate even when dealing with low bacterial loads in
host tissues during infection studies. Using this validated method, we measured the *E.*
coli ori:ter during experimental UTI from urine, bladder, and kidney samples from mice.
DNA extraction and *ori:ter* measurement in urine and bladder samples with the bacterial
count above 10^3 CFUs resulted Ct value within the range of cut-off Ct value providing
reliable result. This might vary as the recovery of DNA varies between the extraction
protocol. Below this threshold, the consistency of the *ori:ter* was compromised,
rendering inconsistencies of the result. In terms of DNA concentration, a total DNA
amount of 0.5 pg was sufficient to produce a consistent *ori:ter* value, demonstrating the
method's high sensitivity. We were only able to measure *ori:ter* from limited bladder
samples since only a few bladder samples had sufficient bacterial counts to enable
reliable *ori:ter* measurements within reliable range of Ct values. Although the colonized
kidney samples had higher number of CFUs count than that required for accurate *ori:ter*
measurement, we were not able to measure *ori:ter* from some kidney samples as the Ct
values derived from the qPCR method were higher than the cut-off Ct values. This,
however, was not due to the interference of the mouse kidney DNA to reading for
bacterial DNA as evidenced by the experiment performed by adding 50 ng of the mouse
kidney DNA to 0.5 pg of *E. coli* DNA without deviation in the Ct values and *ori:ter*
measurements. This might be due to the inability of our DNA extraction protocol to
recover enough bacterial DNA from the mouse kidney tissue homogenate.

Experiments using two sets of primers targeting the same region yielded similar results,
confirming the reliability of the performed method. Since we employed a probe-based
qPCR method, it was highly specific in amplifying the target sequence from the intended
bacterial species. This approach allows us to amplify and measure two targeted
chromosomal regions from a single sample using their specific probes, thereby reducing
discrepancies in readings between wells for the replication origin and terminus regions
when determining *ori:ter* measurements. This multiplexing capability is advantageous in
reducing both costs and result discrepancies compared to running samples in separate
wells for the two target regions.

From the *in vivo* growth rate experiment during UTI in mouse, we observed active
growth in the urine samples with *ori:ter* >1 in all samples. The fastest growth was
observed during the early phase of infection for the tested UPEC strains which gradually

slowed during later days. Previously, the growth rate *in vivo* was determined in mouse
UTI as well as human patients determining PTR, a sequencing-based method, which
revealed that UPEC strains exhibit rapid growth during human UTIs, often matching or
exceeding *in vitro* rates (6). Similar to this study, DT in mouse urine and bladder during
experimental UTI at 6hpi was determined to be 34.9, and 36.9 minutes respectively,
with much slower growth rate at 24hpi (6).To measure the growth rate *in vivo* during
UTI, another study employed qPCR-based method targeting *ori* and *ter* region (21) from
the urine sample of the infected human patients with UTI, where active growth with day-
to-day and inter-patient variability in growth rate was observed (21). Notably, *E. coli*
strains isolated from the urinary tract demonstrate significantly higher growth rates in
urine compared to fecal isolates, suggesting adaptation to the urinary environment (6).
The slow growth observed during the later stage of infection in the urine and bladder
might be due to the multifaceted adaptive response to the challenging host environment
such as activation of bacterial stress response mechanism, increased pressure from the
host immune system, formation of protective biofilm, or the development of
metabolically dormant persister cells. By slowing their growth, *E. coli* can manage
nutrients to persist in nutrient-limited conditions, evade host immune responses, and
maintain a viable population capable of resisting elimination and potentially causing
recurrent infections. This strategy underscores the complex interplay between bacterial
pathogens and host defenses in the context of chronic or recurring UTIs (22–28). In
contrast to urine and bladder, the *E. coli* growth rate in the kidney was found to be
higher during later stages of infection which highlights the niche-specific variations in
growth pattern within different areas of the urinary system. The distinct growth dynamics
in the kidney suggest that this organ provides a unique environment for *E. coli*
proliferation as the infection progresses. From the bacterial burden and growth rate
results, we did not observe the direct connection between growth rate and total number
of CFUs recovered from urine, bladder, and kidneys.

The strategy of measuring *ori:ter* to study bacterial growth rate has been applied in
other infection models, such as mouse peritonitis, revealing heterogeneous growth rates
within bacterial populations during infection (14), and blood-stream infections (29)
showing organ specific pattern of growth rate in multiple bacterial species. The method
has also been tested with slower-growing pathogens like *Xylella fastidiosa*, showing
promise for assessing growth status in plant and insect vector environments (30).
Importantly, this approach has also been applied to predict antibiotic treatment efficacy
(31).

In conclusion, our research establishes the effectiveness of a probe-based qPCR
method for measuring *ori:ter* and *in situ* determinations of bacterial growth rate in a
cost-effective and efficient manner. This approach of measuring bacterial growth rate by
PCR has its potential application in various infection models across different bacterial
species.

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587 **Table 1. Primers and probes used in this study**

ID	Target sequence	Sequence	Reference
oriC F1	*gidA*	CGC AAC AGC ATG GCG ATA AC	PMID: 30297723
oriC R1	*gidA*	TTC GAT CAC CCC TGC GTA CA	PMID: 30297723
ter F1	*dcp*	TCA ACG TGC GAG CGA TGA AT	PMID: 30297723
ter R1	*dcp*	TTG AGC TGC GCT TCA TCG AG	PMID: 30297723
UPEC *oriC* Probe	*gidA*	/56-FAM/ACC CAT GAT /ZEN/GTG ATC CGC AGT AAC CTC GAT CGT A/3IABkFQ/	This study
UPEC *terC* Probe	*dcp*	/5SUN/CGC GCT AAA /ZEN/CCC GCC CTG CTG CTT AT/3IABkFQ/	This study
oriC F2	*gidA*	TCT CGT TTA TGG GCA ATG CG	This study
oriC R2	*gidA*	TGA TTT CTG TCG GCA AAG CG	This study
ter F2	*dcp*	GCG AGC GAT GAA TTA GCC TC	This study
ter R2	*dcp*	GCC TTC ATT CAA CAC CGT GT	This study

590 **Table 2. Specificity of *ori* and *ter* primers**

Template DNA source	O:T^{PCR} (mean±SD)	Ct$_{ori}$ (mean±SD)	Ct$_{ter}$ (mean±SD)
E. coli	2.40±0.03	16.04±0.13	17.01±0.11
E. coli + Citrobacter freundii	2.44±0.07	16.08±0.12	17.07±0.08
E. coli + Klebsiella pneumoniae	2.61±0.16	15.94±0.09	17.03±0.04
E. coli + Serratia marcescens	2.57±0.04	16.00±0.03	17.08±0.01
E. coli + Proteus mirabilis	2.35±0.05	16.18±0.01	17.12±0.05
E. coli + Acinetobacter baumanii	2.57±0.02	15.89±0.16	16.96±0.14
E. coli + Enterobacter hormaechei	2.47±0.09	16.08±0.03	17.09±0.07
E. coli + Morganella morganii	2.46±0.03	16.01±0.07	17.02±0.06
E. coli + Pseudomonas aeruginosa	2.43±0.07	16.09±0.04	17.08±0.08
E. coli + Bacillus subtilis	2.41±0.03	16.09±0.12	17.07±0.14
E. coli + Staphylococcus aureus	2.46±0.19	15.93±0.18	16.93±0.08

596   **Table 3. *E. coli* doubling time in murine urine during experimental UTI**

Hours post-infection (hpi)	Doubling time (minutes) [Median (Min-Max)]	
	HM56	HM86
6	47.4 (31.6-105.2)	54.2 (31.3-90.5)
24	64.2 (28.9-153.1)	67.6 (38.3-142.5)
48	65.5 (36.8-70.9)	70.4 (46.9-89.1)
72	68.9 (59.8-148.0)	63.6 (42.0-99.7)
96	68.6 (55.3-128.1)	73.1 (64.5-76.8)
120	60.1 (46.4-70.1)	56.3 (40.8-80.5)
144	65.8 (58.5-68.4)	86.1 (52.8-104.1)
168	90.9 (63-129.1)	75.8 (46.5-139.2)

610   Figures

Fig. 1. Determination of growth rate by PTR. Stages of bacterial growth representing their ori: ter (one of the examples of *ori: ter* during exponential and stationary phase is shown. *ori, green; ter, red*).

Fig. 2. Validating multiplexed quantitative PCR with whole genome sequencing as a tool for measuring origin to terminus ratios in vitro. Growth experiments of *E. coli* strain HM86 in different growth medium conditions are plotted as OD_{600} reading (A) (mean ± SD). Means and standard deviation from three independent experiments are shown for TB (red), LB (black), and $M9_{Glc}$ (blue). Three biological replicates for TB, and LB, and two biological replicates for $M9_{Glc}$. (B) illustrates the example of the sequencing coverage across the genome of HM86 grown in vitro in LB up to 6h. Genomic location of origin (*ori*) and terminus (*ter*) of replication are denoted by peak and trough respectively. PTR determined by WGS is plotted in (C) (mean ± SD). (D) plots from the $O:T^{PCR}$ values (mean ± SD). Scatterplot with linear regression for the relationship between PTR derived from WGS and *ori:ter* by qPCR method in TB (E), LB (F), and $M9_{Glc}$ (G). N= 3 replicates (TB and LB), and N=1 ($M9_{Glc}$). Pearson correlation coefficient (*r*) with *p*-values are shown in the graph. Statistical significance. **** $p<.0001$; * $p<.05$). Filled symbols in the graph A, C, and D indicates the data points with active replication included in the study for growth rate determination.

Fig. 3: Bacterial growth rate correlates with O:T^{PCR}. Graph represents the correlation between GR and *ori:ter*-values determined by qPCR method in TBLBM9$_{Glc}$ (A). TB and LB=3 biological replicates, M9$_{Glc}$= 2 biological replicates. Pearson correlation coefficient (*r*) with *p*-value is shown in the graph. Statistical significance: **** $p<.0001$; **$p<.01$). Bacterial growth rate calculated from the OD$_{600}$ reading and the qPCR$_{ori:ter}$ in TB+LB+M9$_{Glc}$ combined is plotted in Fig. B. Statistical significance was determined using the paired *t*-test, with *p*-value<0.05 considered a significant difference.

Fig. 4: PCR assay optimization. Standard curves (Ct vs $\log_{10}$CFU) (A), and (Ct vs total
DNA) (B) with their associated *ori:ter* determined by qPCR. Three replicates of the
bacterial culture at exponential phase of growth (time point 2 h) was used for DNA
extraction and determination of O:T^{PCR} [CFU vs *ori:ter* experiment (mean ± SEM)], and
3 independent experiment for total DNA vs *ori:ter* (mean ± SEM). The graph depicts *E.*
coli strain HM86 *ori:ter*, Ct$_{ori}$, and Ct$_{ter}$ in presence and absence of murine kidney DNA
(data from 3 biological replicate with 3 technical replicates) as indicated in figure
legends. EC (*E. coli* DNA) and mK (murine kidney DNA). DNA (data from 3 biological
replicates with 3 technical replicates) as indicated in figure legends. Ct (threshold cycle),
EC (*E. coli* DNA) and kidney (murine kidney DNA).

Fig. 5: Bacterial burden in murine model of ascending UTI. Experimental plan for
mouse model of ascending UTI (A). CBAJ mice (n=5 per time point) were inoculated
with either HM56 or HM86 with ~2*10^8 CFU. Viable bacterial load in urine (B), bladder
(C) and kidneys (D) were determined by dilution plating in LB agar at specific time point
as mentioned in the plot. The horizontal dashed line indicates the limit of detection

656 (LOD)

658 **Figure 6: O:T^{PCR} in urine samples over infection period.** Box and whiskers plots,
659 where box represents the median and interquartile ranges and whiskers represents
660 minimum and maximum values for each time during infection for HM56 (A), and HM86
661 (B). n= 5-15 mice per time point.

Supplementary figures

Fig. S1. O:T^{PCR} of the UPEC strains HM86 and HM56 cultured in LB medium. (n=3 for HM86, and n=1 for HM56).

Fig. S2. **O:T^{PCR} (Bladder-A, and Kidney-B) and *E. coli* doubling time (Bladder-C, and Kidney-D) of the mouse during experimental UTI at the time point of 6, 24, and 168 hpi.**