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Visualizing turnover of synaptic vesicle protein Synaptogyrin/SNG-1 in vivo using a new method, ARGO (Analysis of Red Green Offset)

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Abstract

Proteostasis is critical for cellular function and longevity, especially in long-lived cells including neurons. A major component of proteostasis is the regulated degradation and replacement of proteins to ensure their quality and appropriate abundance. The regulation of synaptic vesicle protein turnover in neurons is important for understanding synaptic communication, yet it is incompletely understood, partly due to limited tools for assessing protein turnover *in vivo*. Here, we present ARGO (Analysis of Red-Green Offset), a fully genetically encoded, ratiometric fluorescence imaging method that visualizes and quantifies protein turnover with subcellular resolution *in vivo*. ARGO involves cell-specific labeling of the protein-of-interest with both RFP and GFP, followed by Cre/Lox-mediated removal of GFP ("pulse") and periodic ratiometric imaging to track protein turnover ("chase"). This approach is inexpensive, modular, and scalable for use in genetically tractable experimental organisms. Using ARGO, we examined the turnover of Synaptogyrin/SNG-1, an evolutionarily conserved, integral SV protein, in adult *Caenorhabditis elegans* neurons. Our findings support the model that SV proteins are sorted for degradation at the synapse, then trafficked to the neuron cell body to complete degradation. We show that the rate of presynaptic SNG-1 turnover is consistent across synapses within a single neuron, indicating a cell-wide super-pool for SV protein degradation. Our results further suggest that, contrary to prevailing models, neither the surveillance nor the sorting of SV proteins for degradation is a rate-limiting step for SNG-1 turnover; rather, the rate-limiting step is the clearance of sorted-for-degradation SNG-1 from the presynapse.

Article Summary

How proteins are turned over within subcellular compartments is not well understood, in part because the phenomenon is difficult to quantify. The authors developed a simple, genetically encoded method to quantify the turnover of a protein-of-interest using fluorescence microscopy. They used this method to begin to assess synaptic vesicle protein turnover *in vivo*, as this is important for synaptic function. They found that synaptic vesicle protein Synaptogyrin/SNG-1 is sorted for degradation at the synapse but degraded in the neuron cell body, and the turnover rate depends on animal age but is constant across presynapses within a neuron.

Introduction

The maintenance of synaptic vesicle (SV) cycling throughout a neuron's extended lifespan requires SV protein turnover: the production and delivery of newly synthesized SV proteins balanced with the removal and degradation of damaged or excess SV proteins. The latter process – homeostatic protein degradation – remains incompletely understood, not only for SV proteins but also for most proteins in any cell type. An obstacle to understanding this is the lack of easy and robust methods to interrogate protein half-life *in vivo* with high spatial and temporal resolution.

Several methods can be used to quantify homeostatic protein turnover. Pulse-chase labeling with heavy-isotope-containing amino acids followed by bulk proteomics to measure reduction in labeled protein over time has the tremendous strength of simultaneously measuring the half-life of thousands of proteins (Zhou 2004). This method is laborious, though, especially *in vivo,* and the ability to measure protein half-life with cellular or subcellular resolution is limited since all of an animal's cells are labeled. A second method, arresting protein synthesis to measure reduction in total protein levels over time, can only be deployed in cultured cells for short time-windows due to the effects of arresting protein synthesis on cellular function and health (Zhou 2004). Fluorescence microscopy-based approaches enable assessment of an individual protein-of-interest's turnover with high resolution. This has been achieved using photoconvertible fluorescent proteins, which requires light access to the tissue of interest and careful calibration of the photoconversion to minimize phototoxicity in the "pulse" (Zhang et al. 2007). Another strategy is to label the protein-of-interest with a self-labeling tag, most commonly SNAP-tag or HaloTag, provide a "pulse" of fluorescent ligand, then image turnover with fluorescence microscopy during the "chase" (Bojkowska et al. 2011).

Importantly, comparing protein half-life between multiple separate studies that used the heavy-isotope-pulse-plus-proteomics approach shows that cultured neurons have dramatically shorter protein half-lives overall than neurons *in vivo* (Price et al. 2010; Cohen et al. 2013; Visscher et al. 2016; Dörrbaum et al. 2018; Fornasiero et al. 2018; Heo et al. 2018; Mathieson et al. 2018; Kluever et al. 2022). This indicates that there is a difference in the regulation of protein degradation in an adult animal's functioning nervous system verses in cultured neurons, highlighting the value of studying protein turnover *in vivo*.

Prior research mainly using assessment of steady-state SV protein localization combined with genetic analyses has led to the model that SV proteins are sorted into late endosomes and/or autophagosomes at the synapse, then transported to the cell body for degradation (Uytterhoeven et al. 2011; Fernandes et al. 2014; Sheehan et al. 2016; Okerlund et al. 2017). Both late endosomes and autophagosomes are found at presynapses based on electron microscopy and fluorescence-imaging approaches, but degradative lysosomes are predominantly located in the cell body and proximal neurites; to what extent they also found along axons and/or at presynpases remains a topic of debate (Winckler et

al. 2018; Farfel-Becker et al. 2019; Lie et al. 2021). SV proteins are not necessarily a cargo of presynaptic late endosomes or autophagosomes, however. This is because SVs are continuously trafficked between presynaptic terminals and throughout neurons, making an SV "super-pool" (Staras et al. 2010; Herzog et al. 2011; Wu et al. 2013). It is therefore possible that SV protein surveillance and sorting for degradation could happen entirely in the neuron cell body or some other location outside of the synapse. On the other hand, it has been suggested that SV protein degradation may be both initiated and completed in the axon during brain development in *D. melanogaster* (Jin et al. 2018). Another aspect under investigation is how the rate of SV protein degradation is regulated, with evidence pointing to both surveillance and/or sorting for degradation as rate-limiting steps (Fernandes et al. 2014; Sheehan et al. 2016; Okerlund et al. 2017; Sheehan and Waites 2019; Hoffmann-Conaway et al. 2020; Birdsall et al. 2022). Direct observation of SV protein turnover will potentiate a deeper understanding of this process.

Here, we developed a new method to visualize protein turnover with high spatial and temporal resolution *in vivo* using fluorescence microscopy. We call this method ARGO (Analysis of Red Green Offset), drawing an analogy to the Theseus Paradox, which ponders how identity persists as individual components are gradually replaced over time – a concept sometimes associated with the ship Argo. This method could, in theory, be applied to any protein-of-interest for which the addition of a fluorescent tag does not impact localization or function. Here, we use ARGO to analyze the turnover of Synaptogyrin/SNG-1, an evolutionarily conserved transmembrane SV protein that regulates SV cycling (Abraham et al. 2011; Raja et al. 2019). Our data support the model that SV proteins are sorted for degradation at the synapse and trafficked to the neuron cell body to complete degradation. They show that SNG-1 presynaptic turnover becomes slower in aging. They further show that SNG-1 turnover within a neuron is uniform across the presynapses, suggesting that SVs behave as a cell-wide super-pool in regard to SV protein degradation. Finally, they suggest that the rate-limiting step for degradation of this SV protein is neither surveillance nor sorting for degradation but rather the clearance of sorted-for-degradation SNG-1 from the presynapse.

Results

Generation and validation of SNG-1::ARGO

To enable the analysis of SNG-1 turnover with subcellular resolution *in vivo*, we developed the ARGO (Analysis of Red Green Offset) method (Fig 1). To summarize the ARGO method, the ARGO construct cell-specifically, co-translationally labels the protein-of-interest, in this case SNG-1, with both RFP and GFP in a tandem tag. Cell specificity is achieved using FLP/FRT, wherein the Flippase is expressed from neuron-specific promoters (Fig 1B). Assessing the steady-state GFP/RFP ratio of an

ARGO-tagged protein is informative for determining the mechanism of degradation: as GFP fluorescence

is quenched in acidic environments, ARGO-tagged proteins that have been sorted for degradation within

lysosomal compartments are detected as endosomes with stronger RFP fluorescence compared to GFP.

Alternatively, the absence of detectable lysosomal compartments suggests that the protein-of-interest is

degraded by the proteosome, or not at all. Next, a "pulse" removes *gfp* from the *argo* gene cassette such

that all newly produced molecules of the protein-of-interest are labeled with only RFP (Fig 1C). The neuron

is then periodically imaged with fluorescence microscopy, and the GFP/RFP ratio is quantified for each

fluorescent punctum throughout the cell to determine the proportion of "old" versus "total" protein-of-interest

both spatially and temporally.

143   The *argo* cassette was inserted into the *sng-1* genomic locus such that the RFP::GFP tandem tag

is attached to the C-terminus of SNG-1, which resides on the cytoplasmic side of SVs (Fig 1). Expression

of Flippase from a pan-neuronal reporter shows SNG-1::ARGO dually-labeled with RFP and GFP

fluorescence throughout the nervous system (Fig 2A-B). Using transgenes that drive Flippase expression

from neuron-specific promoters, we turned on SNG-1::ARGO expression in two specific neurons: the

cholinergic motor neuron DA9 (Fig 2C) and the serotonergic neuron NSM (Fig 2D). Both of these neurons

elaborates multiple *en passant* synapses that can be visualized as individual "puncta" using fluorescence

confocal microscopy (White et al. 1986). The use of neuron-specific Flippase transgenes enables

visualization of these individual presynapses, to which SNG-1::ARGO localizes as expected, with co-

localized fluorescence from RFP and GFP (Fig 2C-D)(Schwartz and Jorgensen 2016; Muñoz-Jiménez et

al. 2017). In the absence of a transgene expressing Flippase, no fluorescence is observed from the *sng-*

1::argo allele (Fig 2E).

155   For the ARGO method to provide biologically meaningful information about protein turnover, it must

not impact the function of the protein-of-interest. This is because each of the facets of a protein's function,

including folding, localization, and activity, are factors that could be inputs to regulate its turnover. For

SNG-1::ARGO, proper localization to the presynapses is the first indicator that this allele is useable. Next,

we assessed *sng-1* function. Synaptogyrin/SNG-1 regulates synaptic vesicle function from worms to

mammals (Abraham et al. 2011; Raja et al. 2019). In *C. elegans*, loss of *sng-1* leads to resistance to the

acetylcholinesterase inhibitor aldicarb, suggesting that the *sng-1(o)* mutant has reduced SV release

compared to wild-type (Fig 2F) (Mahoney et al. 2006; Abraham et al. 2011). By contrast, pan-neuronally

expressed SNG-1::ARGO has no discernable effect on aldicarb resistance compared to wild-type (Fig 2F),

indicating that the SNG-1::ARGO protein is functional. Together, these results suggest that SNG-1::ARGO

is a valid tool for investigating SNG-1 biology.

166   To generate the "pulse" that activates ARGO, we excised *gfp* from the *ARGO* gene cassette using

a heat-shock promoter to drive production of Cre recombinase upon a brief heat shock. This is the quickest

and most robust method to acutely induce gene expression in *C. elegans*. Indeed, we observed that this

method efficiently activated SNG-1::ARGO in both of the neurons we examined, with little ectopic excision

of *gfp* in the absence of heat shock (Table 1). The *sng-1::argo* showed maximal recombination of the

genomic locus by four hours after the initiation of the heat shock (Fig S1A). Though it is practical, a

drawback to this approach is that heat shock causes increased production of HSF-1-regulated genes

including chaperones, which will have some impact on proteostasis. To assess whether this is likely to

have a substantial impact on SNG-1 turnover dynamics or mechanisms, we assessed whether *sng-1*

mRNA or protein abundance are altered by the heat shock treatment. We reasoned that, if neither the rate

of SNG-1 production nor the steady-state abundance of SNG-1 is impacted by the heat shock, then it is

unlikely that the degradation is altered. Indeed, we observe no significant difference in *sng-1* mRNA levels

either 5 hours or 1 day after heat-shock (Fig S1B). To assess steady-state SNG-1 protein abundance, we

quantified average presynaptic SNG-1::ARGO RFP intensity and presynapse number in the DA9 neuron.

There was no significant difference in RFP intensity or synapse number 4 hours, 1 day, or 2 days after

heat shock (Fig S1C, D). Together, these data indicate that SNG-1::ARGO turnover is unlikely to be

substantially impacted by the heat shock "pulse." Any subtle impact is mitigated by the fact that all

comparisons of turnover are made between cohorts that received the same "pulse" treatment.

SNG-1 is likely sorted for degradation at the presynapse and degraded in the cell body

First, we assessed steady-state SNG-1::ARGO in greater detail. We noticed that, whereas the

presynaptic SNG-1::ARGO shows strong fluorescence from both the RFP and GFP, making the

presynapses appear white in the composite images, there are fluorescent puncta within the neuron cell

bodies that appear more red (Fig 2A-D). To quantify this, we measured the SNG-1::ARGO GFP/RFP ratio

at each presynapse and in each cell body punctum in the DA9 neuron in Day 2 adults. At the presynapses,

the DA9 neuron's average SNG-1::ARGO GFP/RFP steady-state ratio is 2.0, consistent with the fact that

GFP has a higher quantum yield than RFP and is consistently brighter *in vivo* (Rodriguez et al. 2017)*.* In

the neuron cell body, however, the average GFP/RFP ratio of SNG-1::ARGO puncta is 1.0. The most

parsimonious explanation for this low GFP/RFP ratio is that these cell body puncta are acidic lysosomal

compartments to which SNG-1::ARGO has been sorted for degradation, and in which GFP fluorescence

is partially quenched due to its relatively high pKa. The NSM neuron in Day 2 adults shows a similar

difference between presynaptic versus cell body SNG-1::ARGO fluorescence. These data are consistent

with the model that at least some, and possibly all, of SNG-1 degradation occurs within endolysosomes

and/or autolysosomes within the neuron cell body.

Interestingly, the average steady-state SNG-1::ARGO GFP/RFP ratio at the presynapses between

the DA9 and NSM neurons is significantly different, at 2.0 (SD $\pm$ 0.2) and 1.6 (SD $\pm$ 0.3), respectively (Fig

2G). This suggests that A) a proportion of presynaptic SNG-1 resides within acidic compartments and B) the steady-state proportion of presynaptic SNG-1 on SVs versus in acidic compartments varies by neuron type: the NSM neuron has a higher proportion of presynaptic SNG-1 within acidic compartments compared to the DA9 neuron. Consistent with this interpretation, late endosomes and autophagosomes, which both have acidified lumens, localize to presynapses (Ceccarelli et al. 1973; LaVail and LaVail 1975; Grill et al. 2007; Binotti et al. 2015; Soukup et al. 2016; Stavoe et al. 2016; Neisch et al. 2017). To directly test this interpretation, we injected Day 3 adults with Bafilomycin A (BafA), a V-ATPase inhibitor, and quantified SNG-1::ARGO fluorescence at the DA9 synapses (Fig 2H). The BafA injection caused an increase in the presynaptic SNG-1::ARGO GFP/RFP ratio, indicating that the GFP is intact on the presynaptic SNG-1::ARGO but partially quenched within acidic compartments.

A substantial proportion of presynaptic SNG-1 resides within acidic compartments by early adulthood

We continued our analysis of steady-state SNG-1::ARGO by quantifying presynaptic fluorescence across early adulthood, from Day 0 - 7. Mean adult lifespan is ~15 days, so our imaging covered approximately the first half of adult lifespan (Gems and Riddle 2000). We reasoned that the SNG-1::ARGO RFP intensity is a readout for the total abundance of SNG-1 protein at the presynapse, as RFP intensity from SV-localized SNG-1 versus SNG-1 residing within presynaptic acidic compartments will be similar. On the other hand, the SNG-1::ARGO GFP intensity is a better indicator of the amount of SNG-1 on SVs, the plasma membrane, or early endosomes, but not within acidic, pre-degradative compartments. As GFP is only partially quenched in late endosomes or autophagosomes, the GFP intensity is an overestimate of the pool of SNG-1 outside of acidic compartments.

In the DA9 neuron, the number of presynapses increases progressively from Day 0, imaged at the L4 larval stage that precedes the final molt to adulthood, until Day 2, scaling with the overall growth of the animal during this timeframe (Supplemental Fig 1C). The average SNG-1::ARGO RFP fluorescence intensity per synapse increases from Day 0 to Day 2 of adulthood by over 100% (Fig. 3A, C). The average SNG-1::ARGO GFP fluorescence intensity per synapse likewise increases, but by only half as much (Fig. 3B, C). In consequence, the average presynaptic SNG-1::ARGO GFP/RFP ratio decreases by about 25% from Day 0 to Day 2. From Day 2 to Day 7 of adulthood, the SNG-1::ARGO fluorescence intensities are fairly stable. These data suggest that the DA9 presynapse undergoes a change during early adulthood, wherein a greater proportion of presynaptic SNG-1 has likely been sorted into pre-degradative compartments by Day 2 compared to Day 0. Because GFP quenching is partial, it is unclear from these data whether the abundance of SNG-1 on SVs also increases or whether the amount of SNG-1 functioning in the SV cycle remains constant.

The data from the NSM neuron show a similar phenomenon as the DA9 neuron: both RFP and
GFP intensity from SNG-1::ARGO increases from Day 0 to Day 2 of adulthood, but RFP intensity increases
by about two times as much as GFP intensity (Fig. 2E-G). The SNG-1::ARGO GFP/RFP ratio declines for
a longer time period in the NSM neuron than in the DA9 neuron - from Day 0 to Day 5 of adulthood.
Considering that the SNG-1::ARGO un-quenched fluorescence intensity ratio is at least 2.4 (based on the
Day 0 DA9 measurement), our data suggest that more than 50% of presynaptic SNG-1 in the NSM neuron
resides within acidic compartments at Day 5 of adulthood.

Considering these data together, there is a general phenomenon that SNG-1 accumulates within
presynaptic acidic compartments, which are likely late endosomes and/or autophagosomes destined for
degradation, during early adulthood. The proportion of SNG-1 within these degradative compartments
versus in the SV pool, and the timing of this acidic compartment accumulation, depends on neuron identity
rather than being an intrinsic property of the SNG-1::ARGO protein or animal age.

In regard to the ARGO method, for both the DA9 and NSM neurons, the standard deviation between
animals for the raw fluorescence intensity values of SNG-1::ARGO RFP and GFP are larger than the
standard deviation in the GFP/RFP ratio. This is at least partially due to technical considerations, in that
as we are imaging neurons *in situ*, the fluorophore's fluorescence must pass through some animal tissue
including the cuticle. The fluorescence intensity detected is therefore highly dependent on animal position,
though we imaged animals in as uniform of positions as was practically feasible. This phenomenon is also
likely to have biological underpinnings, in that, though the *C. elegans* neural connectivity is invariant, the
precise position and size of each presynapse varies from animal to animal for all three of these neurons.
Both the technical and biological sources of variability is normalized by the ratiometric quantification of the
ARGO, highlighting the utility of this approach for high-resolution quantification.

The rate of presynaptic SNG-1 turnover depends on animal age but not synapse position

For turnover experiments using the SNG-1::ARGO, we first assessed the impact of aging on SNG-
1 presynaptic half-life. Using the DA9 neuron, we activated SNG-1::ARGO at Day 0, 2, 4, and 6 of
adulthood (Fig 4A-C). For each age, we imaged cohorts of animals daily for five days after activating the
SNG-1::ARGO, plus a cohort immediately before the pulse (Fig 4A-D). Fitting a single-phase exponential
decay function to each data set, we found that the apparent presynaptic half-life of SNG-1 at Day 0 of
adulthood is 1.6 days (95% C.I. 1.4 - 1.8 days). It increases between Day 0 to Day 2 of adulthood to 2.5
days (95% C.I. 2.3 - 2.8 days), and it is stable from Day 2 to Day 4. Between Day 4 to Day 6, it increases
to 3.9 days (95% C.I 3.2 - 4.7 days).

Considering, first, the difference between Day 0 and Day 2: the synapses grow by over 100%
between Day 0 to Day 2 (Fig 3A, C), and additional presynapses are added (Fig S1C), meaning that the

apparent half-life of SNG-1 at D0 measures a combination of both the removal of old molecules of SNG-1

from synapses and the increasing total abundance of SNG-1 at the presynapses. Further, steady-state

GFP intensity declines during this period, likely due to increased sorting to acidic compartments for

degradation. Starting at Day 2 of adulthood, the presynapse size (based on SNG-1::RFP intensity) and

number, and the SNG-1::ARGO GFP/RFP ratio are stable (Fig 3A, 3C, S1C). This means that the declining

SNG-1::ARGO GFP/RFP after activation is due to homeostatic SNG-1 turnover, wherein molecules of

SNG-1::ARGO dually-labeled with both RFP and GFP are removed at the same rate as they are replaced

by molecules of SNG-1::ARGO labeled with RFP only. The shorter apparent half-life at Day 0 compared

to Day 2 is likely due to these factors.

Considering the slower presynaptic SNG-1 turnover at Day 6 of adulthood compared to Day 4:

because the synapses are stable during this period, it is likely that this change is due to slowed

degradation. This finding parallels the increase of average protein half-life with aging that has been

reported based on several studies using pulse-chase heavy-isotope labeling (Depuydt et al. 2016; Visscher

et al. 2016; Andrews et al. 2022; Kluever et al. 2022). It also corroborates our recent finding that aging

leads to inadequate neuronal lysosomal function (Zhong et al., manuscript submitted).

Next, to compare SNG-1 turnover rate across different neurons, we activated the SNG-1::ARGO

at Day 2 of adulthood in the DA9 versus the NSM neuron (Fig 4D-F). At this age, the synapses have mostly

reached a phase of steady-state maintenance in regard to size and SNG-1::ARGO GFP/RFP ratio (Fig 3),

meaning that the decrease in GFP/RFP ratio after ARGO activation is largely due to SNG-1 turnover. The

apparent presynaptic half-life of SNG-1 is similar in the DA9 and NSM neurons (2.6 and 2.3 days,

respectively) (Fig 4D-F). This result contrasts with that of the DA9 aging experiment in that here, the lower

steady-state presynaptic GFP/RFP ratio in the NSM neuron compared to the DA9 neuron does not

correspond to slower turnover.

To test the hypothesis that SV and/or degradative machinery trafficking might be rate-limiting for

SV protein turnover, we quantified the apparent half-life of SNG-1::ARGO from the most proximal 10% and

most distal 10% of presynapses. We detected no difference in the SNG-1 turnover rate based on

presynapse position, indicating that the turnover rate of SNG-1 is likely regulated at the level of the whole

neuron rather than at individual synapses, and that trafficking is not rate-limiting (Fig 4F).

Discussion

302   Here, we developed and validated ARGO, a genetically encoded method to easily and

303   inexpensively quantify protein turnover *in vivo* with high spatial and temporal resolution. We used this

method to begin to assess how transmembrane SV protein Synaptogyrin/SNG-1 is turned over from the presynapses. Our data indicate that SNG-1 is surveilled and sorted for degradation at the presynapse, and a large proportion of presynaptic SNG-1 resides in acidic, likely sorted-for-degradation, compartments in adulthood. The rate of SNG-1 turnover is constant across synapses within a neuron, and the steady-state proportion of SNG-1 that has been sorted for degradation does not predict the turnover rate. We show SNG-1 is degraded, at least in part, in the cell body, but trafficking is not limiting for degradation rate. Finally, we show that presynaptic SNG-1 turnover slows with aging, and, as explained below, we propose that this slowing is at least in part due to lysosome dysfunction. These findings provide new insights into SV protein degradation, and they illustrate the utility of the ARGO method.

The ARGO method

The abundance of each of a cell's proteins is determined by its rates of production and degradation, plus the rate of cell division (Liu et al. 2016). In terminally differentiated cells such as neurons, the protein degradation rate takes a more prominent role in controlling protein abundance (Liu et al. 2016). Evidence from proteomic studies indicates that protein half-life can range from minutes to months (and, rarely, even longer), depending on the protein, the cell type, and the cellular context (Toyama et al. 2013). An impediment to understanding the regulation of protein degradation is the limits of existing methods for easily assessing protein degradation *in vivo* with high resolution. The most straight-forward existing approach for interrogating a protein-of-interest's turnover is adding a self-labeling tag to that protein, most commonly SNAP-tag or HaloTag, providing a "pulse" of fluorescent ligand, then imaging turnover with fluorescence microscopy during the "chase" (Bojkowska et al. 2011; Bulovaite et al. 2022). ARGO is a conceptually and methodologically similar strategy with several advantages: First, because ARGO is fully genetically encoded, once the strain has been generated, performing experiments is simpler and cheaper. This makes it highly amenable to thorough interrogation of surveillance and degradation mechanisms, for example with forward and reverse genetics. Second, because the imaging is ratiometric, it provides higher resolution of protein half-life, and it is advantageous to use with genetic or circumstantial manipulations that alter the steady-state localization of the protein-of-interest. Third, because the GFP fluorescence is sensitive to acidic environments, analysis of steady-state fluorescence can determine whether and where degradation is mediated via sorting into a lysosomal pathway. The design of ARGO is modular, making it amenable to modification. For instance, though we used heat shock promoter to drive Cre expression here, any temporally inducible transcription system can, in theory, be used to provide the "pulse."

SV protein degradation

The degradation of SV proteins, and by extension, SVs, is a key parameter for controlling synaptic function, yet it remains incompletely understood. Our data indicate that SNG-1 is sorted for degradation at the synapse, then transported to the cell body for degradation in lysosomal compartments. This corroborates the most prevailing, though sometimes disputed, model for the spatial dynamics of SV protein degradation (Jin et al. 2018; Winckler et al. 2018). We show that SNG-1 half-life increases in mid adulthood compared to younger adulthood. This aligns with prior work showing that protein turnover generally slows with aging from worms to mammals (Depuydt et al. 2016; Visscher et al. 2016; Andrews et al. 2022; Kluever et al. 2022). Indeed, accumulation of damaged or misfolded proteins, due at least in part to ineffective protein surveillance and/or degradation, is a hallmark of aging (López-Otín et al. 2023).

We show that presynaptic SNG-1 turnover within a neuron does not depend on presynapse position (Fig 4F). This suggests that the cell's SNG-1, and by extension, its SVs, function as a single super-pool in regard to turnover. This contrasts with post-synaptic protein PSD95, for which the turnover rate differs between post-synapses within a single neuron based on their spatial positioning in the mouse brain (Bulovaite et al. 2022), and it points to the dynamic and continuous trafficking of SVs between synapses (Staras et al. 2010; Herzog et al. 2011; Wu et al. 2013). It also indicates that trafficking is not rate-limiting for SV protein turnover.

Quantification of the steady-state SNG-1::ARGO GFP/RFP ratio suggests that a large proportion of presynaptic SNG-1 resides in acidic compartments that are likely late endosomes and/or autophagomes – greater than 50% in the NSM neuron in adult animals (Fig 3). The prevailing understanding would say that these SNG-1 proteins have been decommissioned and sorted for degradation. Though this may seem unlikely at face value, it aligns well with evidence from cultured hippocampal neurons indicating that SV proteins function in SV cycling for less than half of their total half-life, and, once decommissioned from SV cycling, they continue to reside at presynapse (Truckenbrodt et al. 2018). On the other hand, sorting to acidic endosomal compartments may not represent an irrevocable exit from the SV cycle – intraluminal vesicles within late endosomes can undergo back-fusion/retrofusion, allowing resident proteins to re-join the functional pool (Eden and Futter 2021; Perrin et al. 2021). It will be interesting to distinguish between these two possibilities in future studies.

Whether or not the presynaptic SNG-1 within acidic compartments has been fully decommissioned from the SV cycle, it is expected to have passed the initial surveillance and sorting checkpoints for degradation. This suggests that surveillance and sorting are not rate-limiting for SV protein degradation, in contrast to prevailing models (Uytterhoeven et al. 2011; Fernandes et al. 2014; Sheehan et al. 2016; Birdsall et al. 2022). Instead, the clearance of sorted-for-degradation SNG-1 from the presynapse is rate-limiting. We speculate that this clearance from the presynapse is regulated by lysosome function, at least during aging, based on two lines of evidence: First, aging leads to slowed presynaptic SNG-1::ARGO

turnover (Fig 4A-B), and our recent findings showed that neuronal lysosomal function declines with aging

along a similar timeline (Zhong et al., manuscript submitted). Second, our recent work indicates that

reducing neuronal lysosomal capacity via loss-of-function of lysosome biogenesis effector Transcription

Factor EB (TFEB)/HLH-30 leads to slowed SNG-1::ARGO presynaptic turnover (Zhong et al., manuscript

submitted).

Materials and Methods

C. elegans culture and maintenance

Nematodes were grown at room temperature on nematode growth media (NGM) plates seeded with

Escherichia coli OP50. All experiments used hermaphrodite worms and the stages used for each

experiment are outlined in the figure legends. Several strains were provided by the Caenorhabditis

Genetics Center (CGC), which is funded by NIH Office of Research Infrastructure Program (P40

OD010440). The *carIs1(Pglr-4>Flippase)* allele, which flips-on *sng-1::argo* in the DA9 neuron, was

generated by integrating *shyEx246* from the Shaul Yogev lab. To induce expression of *Pheat-*

shock>Cre(heSi160) for ARGO activation, worm plates were sifted to a 34 °C incubator for one hour.

Strains used in this study: PBT68 *bqSi506(Prgef-1>Flp, unc-119(+)) IV; sng-1(syb3140car2) heSi160 X*,

PBT67 *carIs1(Pglr-4>Flp, Podr-1>rfp) II; sng-1(syb3140car2) heSi160 X*, PBT188 *bqSi488(Ptph-1>Flp,*

unc-119(+) IV; sng-1(syb3140car2) heSi160 X, PBT84 *sng-1(syb3140car2), RB503 sng-1(ok234) X*,

PBT58 *bqSi542(Punc-47>Flp, unc-119(+) IV; sng-1(syb3140) heSi160 X*.

Genome editing using CRISPR/Cas9

An initial ARGO allele, *sng-1(syb3140)*, consisting of *FRT-stop+3'utr-FRT-RFP-loxP-GFP-loxP,* was

generated by SunyBiotech. We determined that the resulting SNG-1::RFP::GFP causes SNG-1

destabilization and accelerated degradation. Removal of GFP upon ARGO activation led to increased RFP

fluorescence intensity up to the expected intensity based on existing strains (Schwartz and Jorgensen

2016), indicating that the amino acid linker between the RFP and GFP was causing the destabilization.

We therefore used CRISPR/Cas9 to modify the amino acid linker between the RFP and GFP in the *sng-*

1(syb3140) allele, generating the *sng-1(syb3140car2)* allele. This fixed the destabilization issue and was

used in all experiments in this study except for Fig S1A, which quantifies the rate of Cre-mediated

recombination, which is expected to be identical between *syb3140* and *syb3140car2*. The *car2* allele was

generated following the protocol in (Paix et al. 2015). A ssDNA with 36 and 38 bp homology on either side

was used for the repair template (Ultramer, Integrated DNA Technologies (IDT). Two cRNAs (IDT) were

used, one on either end of the edit. The genomic sequence of the *argo* cassette and the cDNA sequences

of *sng-1::argo* before and after the removal of *GFP* are provided Supplementary Figs 2-4.

Aldicarb assay

409   Aldicarb assays were performed as described (Mahoney et al., 2006). Briefly, 30 Day 1 adults of each

410   strain were placed on a plate containing 0.5 mM aldicarb, and they were periodically assessed for paralysis

411   visually after touch with an eyelash. Plates were scored blind to genotype, and the experiment was

412   executed in three biological replicates, each on a separate day.

qPCR of genomic DNA

Day 0/L4 animals of the genotype *bqSi542; sng-1(syb3140) heSi160* were shifted to 34 °C for 1 hour at

Time = 0. Directly before the shift, and at the indicated times afterward, approximately 50 animals were

picked and lysed with the standard worm lysis protocol. Relative abundance of the Cre-recombined locus

was assess using primers that aligned to the 3' end of *RFP* before the first *loxP* and the 3' end of *sng-1*

after the second *loxP.* Relative transcript abundance was calculated using the ΔΔCt method, with primers

against *gpi-1* used as the internal control. All reactions were performed in triplicate.

RNA extraction and qPCR

Total RNA was extracted from *Caenorhabditis elegans* samples using the TRI reagent (Sigma Aldrich),

ethanol precipitation protocol. The LunaScript Kit (NEB) was used for complementary DNA (cDNA)

synthesis according to the manufacturer's protocol. Quantitative RT-PCR was performed using the Roche

Lightcycler 480. Primers for the target genes (*sng-1, hsp-16*) and the reference/normalization gene (*pmp-*

42) were validated empirically for specificity and efficiency. Melting curve analysis was performed at the

end of each run to confirm amplification specificity. Gene expression levels were calculated using the ΔΔCt

method, with the *pmp-42* gene serving as the internal control. All reactions were performed in triplicate.

Microscopy and imaging

Worms were mounted on 3% freshly made agarose pads into drops of 20 mM levamisole. An imaging

system comprised of a Nikon Eclipse Ti2 microscope, Yokogawa CSU-W1 SoRa spinning-disk unit and a

Hamamatsu ORCA-fusionBT digital camera C15440 with Plan Apo x60 A1/2 Nikon objective with water

immersion was used to acquire all images. Image settings (60% of laser power and 200 ms exposure time)

were identical for all groups and treatments across experiments. Z-stacks were taken with 0.4 μm step in

the 20-30 μm range, depending on type of neuron.

Data Analysis

Nd2 files were screened with NIS Elements Software for unusually low signal, severe movement or drifting
and discarded, the rest images were processed with Fiji (ImageJ) software. Image stacks were transformed
using z-projection function with max intensity option, areas of interest were selected either with Rectangle
tool (for cell bodies) or Segmented line and Straighten function (for synaptic areas). For each image, a
Threshold was applied with default settings to the RFP channel, and the Analyze Particles function was
used to identify ROIs. These ROIs were then used to quantify fluorescence from both the RFP and GFP
channels. Each obtained array of values in csv format was united in a single data frame, synaptic puncta
less than 0.3 µm² were filtered out due to high variability in relative RFP:GFP fluorescence intensities, and
the GFP/RFP ratio calculation was done with Jupyter Notebook and Python scripts. Prism GraphPad
software was used to generate plots and perform statistical analyses. SNG-1::ARGO half-life was
calculated using Prism to fit one phase exponential decay curves, constraining the plateau to the
experimentally determined value based on background GFP fluorescence, which comes from
autofluorescence. The curves were fitted using least squares regression with no weighting, and outliers
were detected and eliminated with Q = 1%. Comparisons of half-life between curves was performed using
Extra sum-of-squares F test.

Bafilomycin A treatment

456 Bafilomycin A was injected into the body cavity of *C. elegans* similarly to previous work (Wilkinson et al.,
457 2015). Briefly, 25 µM of BafA in 0.2% DMSO or 0.2% DMSO ("mock") was co-injected with Orange G for
458 color into the pseudocoelom, and animals were allowed to recover for three hours before they were imaged
459 with fluorescence confocal microscopy as described above. BafA injected animals were still moving when
460 they were put on slides, indicating that the BafA had not completely blocked V-ATPase function.

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Table 1. Specificity and Efficacy of SNG-1::ARGO Activation by Heat-shock-Promoter driving *Cre* recombinase.

Specificity		
Neuron	**Age scored (d of adulthood)**	**GFP not recombined without heat shock (n)**
DA9	>= 4	95% (146)
NSM	>=6	100% (43)
Efficacy		
Neuron	**Age heat-shocked (d of adulthood)**	**GFP recombined after heat-shock (n)**
DA9	0	97.3% (108)
DA9	2	94% (65)
NSM	2	100% (55)

Parameters were assessed in strains carrying *sng-1::argo,* each individual neuron-specific flippase, and an integrated transgene composed of heat-shock promoter driving *Cre* recombinase (*heSi160*). Specificity means how often the *GFP* was not excised in the absence of heat-shock, and Efficacy means how often the *GFP* was excised upon heat-shock of 1 h at 34 ºC, scored based on visualizing SNG-1::ARGO GFP and RFP fluorescence at least 3 d after activation.

Figure captions

Figure 1. Design of the ARGO method. (a) (left) The *argo* gene cassette is inserted into the *gene-of-interest*, ideally at the endogenous genomic locus. The strain also contains transgenes encoding neuron-specific FLP-Flippase and a mechanism for inducible *Cre* expression. In this case, we tagged *sng-1* at the genomic locus and used a heat-shock promoter to induce *Cre* expression. (right) The protein-of-interest, in this case SNG-1, will be expressed with a short additional amino acid tag, which is encoded by the first FRT sequence, in every cell. (b) Neuron-specific promoter drives *Flp* expression shortly after neuron birth. These cells "turn on" the ARGO tag. (c) (left) A pulse of *Cre* expression removes *gfp* from the *argo* gene cassette. (right) All newly synthesized SNG-1 will be tagged with RFP. Therefore, RFP fluorescence reports total SNG-1 protein, whereas GFP reports "old" SNG-1.

Figure 2. Steady-state SNG-1::ARGO fluorescence indicates that SNG-1 is largely degraded in the cell body. (a-b) Representative image of the head of an animal with the *sng-1::argo* allele in which the ARGO tag is flipped-on by a pan-neuronally expressed Flippase, showing co-localized RFP and GFP

fluorescence at presynapses throughout the nervous system. (b) Zoomed-in view of the boxed area from (a) showing a region where neuron cell bodies reside. Arrows point to endosomes with relatively brighter RFP vs GFP intensity. (c-d) SNG-1::ARGO Flipped-on in individual neurons. Cartoons show neuron morphology (blue) within the animal (black). In (c), red box shows where presynapses are located; the NSM neuron (d) makes synapses throughout the neurites diagrammed. (e) In the absence of Flippase expression, there is no detectable SNG-1::ARGO fluorescence. Blue dashed line outlines the head of the animal. Scale = 10 um. (f) Sensitivity to 0.5 mM aldicarb in d1 adults (*P<0.05, **P<0.01, Chi-squared test with Bonferroni correction, n = 90 animals per genotype, summed across three separate experiments). (g) Quantification of SNG-1::ARGO GFP/RFP intensity from individual presynapses versus endosomes in the neuron cell body in Day 2 adults. Bar shows mean ± SEM (ns: not significant, P>0.5. ****P<0.0001, one-way ANOVA with Tukey post-test). (h) Presynaptic SNG-1::ARGO GFP/RFP intensity in the DA9 neuron in Day 3 adults, control animals versus animals that were injected with a solution containing Bafilomycin A ("BafA") or not ("mock"). Each data point is the average GFP/RFP from all presynapses within a single neuron, within a single animal. Bar shows mean ± SEM (ns: not significant, P>0.5. **P<0.01, one-way ANOVA with Sidak post-test).

Figure 3. Presynaptic SNG-1::ARGO shows declining steady-state GFP/RFP fluorescence, indicative of accumulation within acidic compartments, during early adulthood. (a-b, e-f) Average presynaptic intensity of RFP (a, e) and GFP (b, f) from SNG-1::ARGO expressed in the DA9 neuron (a-b) and the NSM neuron (e-f). Each data point shows the average intensity of all presynapses from a single neuron. (c, g) Percent change in average presynaptic RFP and GFP intensity from Day 0 of adulthood (L4 larval stage) through Day 2 of adulthood in DA9 (c) and NSM (g). Plotted is mean ± SEM of 10-17 animals per neuron and time-point. (d, h) Average presynaptic SNG-1::ARGO GFP/RFP steady-state ratio in DA9 (d) and NSM (h). Bar shows mean ± SEM (ns: not significant, P>0.5. *P<0.05, **P<0.01, ***P<0.001, ****P<0.0001, one-way ANOVA (a-b, d, e-f, h) or two-way ANOVA (c, g) with Tukey post-test).

Figure 4. Presynaptic SNG-1 turnover rate depends on animal age but not subcellular position of the synapse. (a) Example images of SNG-1::ARGO in DA9 presynapses from an experiment in which the SNG-1::ARGO was activated at Day 2 of adulthood, showing proximal synapses from three animals per time-point. Scale = 30 μm. (b, d, e) SNG-1::ARGO turnover experiments in the DA9 neuron started at Day 0, Day 4, and Day 6 of adulthood (b), or started at Day 2 of adulthood in the DA9 (d) and NSM (e) neurons. Each data point shows the average presynaptic SNG-1::ARGO GFP/RFP ratio from all the presynpases

in a single neuron. Curves show one-phase exponential decay functions fit to the data. Dashed black line

shows the experimentally calculated plateau, which comes from autofluorescence. Outlier data points that

were excluded from the curve calculation are shown in black. (c) SNG-1::ARGO presynaptic half-life in the

DA9 neuron by age, calculated from the curves shown in (b) and (d), with 95% C.I. (confidence interval).

(g) SNG-1 presynaptic half-life in each neuron, either averaged across all synapses or in the 10% most

proximal or 10% most distal synapses from the cell body, calculated from the data used to generate (d-e),

with 95% C.I. The DA9 data used in (f) is the same as that for Day 2 in (c).

Supplemental Material

Figure S1. Validation of the "pulse" using heat-shock-promoter to express Cre recombinase.

(a) qPCR analysis of Cre-mediated genomic recombination of the *sng-1::argo* to remove the *GFP.* The

animals at Time = 0 were not heat shocked. The remaining animals were heat-shocked at 34 C for one

hour starting at Time = 0, then returned to room temperature. Values represent fold change relative to

control (no heat-shock) ± SEM (n = 2 biological replicates). (b) qRT-PCR analysis of *sng-1* mRNA levels

with versus without the heat-shock conditions used as the "pulse" for SNG-1::ARGO shows that the pulse

has no significant effect on *sng-1* transcription. Values represent fold change relative to control (no heat-

shock) ± SEM (n = 2 biological replicates, *P<0.05, two-way ANOVA with Tukey post-test). (c-d) The heat-

shock "pulse" has no significant effect on SNG-1::ARGO steady-state abundance. (c) Mean presynaptic

SNG-1::ARGO RFP fluorescence intensity with versus without the heat-shock pulse. The experiment was

started on Day 2 of adulthood. Each data point shows the average mean RFP intensity for all presynapses

of the DA9 neuron for one neuron. (d) Number of DA9 presynapses per neuron with versus without the

heat shock pulse at Day 2. For (c-d), The heat-shocked animals at time = 0 were imaged 4 hours post

heat-shock, and bars show mean ± SEM (ns (not significant): P>0.05, *P<0.5, ***P<0.001, one-way

ANOVA with Tukey post-test).

Figure S2. DNA sequence of *sng-1::argo(syb3140car2)*

Figure S3. cDNA sequence of *sng-1::argo(syb3140car2)* encoding SNG-1::RFP::GFP

Figure S4. cDNA sequence of *sng-1::argo(syb3140car2)* encoding SNG-1::RFP

Figure 1

Figure 2

Figure 3

Figure 4

Figure S1

sng-1 syb3140car2 genomic locus (2457 bp)

GCAACAACCACCATCAAACCCATAtACTCAaTCgGAAGGATATGGTTATGGAAGTTCCTATTCTCTAGAAAGTATAGGAACTTCATAAattttcaaattttaaatac
CGTTGTTGGTGGTAGTTTGGGTATaTGAGTtAGcCTTCCTATACCAATACCTTCAAGGATAAGAGATCTTTCATATCCTTGAAGTATTtaaaagtttaaaatttatg

tgaatatttgtttttttttcctattatttatttattctctttgtgttttttttcttgctttctaaaaaattaattcaatccaaatctaaacatttttttttctctttc
acttataaacaaaaaaaaggataataaataaataagagaaacacaaaaaaaagaacgaaagattttttaattaagttaggtttagatttgtaaaaaaaaagagaaag

cgtctcccaattcgtattccgctcctctcatctgaacacaatgtgcaagtttatttatcttctcgctttcatttcattaggacgtggggggaattggtggaaggggg
gcagagggttaagcataaggcgaggagagtagacttgtgttacacgttcaaataaatagaagagcgaaagtaaagtaatcctgcacccccttaaccaccttccccc

aaacacacaaaaggatgatggaaatgaaataaggacacacaatatgcaacaacattcaattcagaaatatggaggaaggtttaaaagaaaacataaaaatatataga
tttgtgtgtttcctactacctttactttattcctgtgtgttatacgttgttgtaagttaagtctttatacctccttccaaattttcttttgtattttatatatct

ggaggaaggaaaactagtaaaaaataagcaaagaaattaggcgaacgatgagaattgtcctcgcttgGAAGTTCCTATTCTCTAGAAAGTATAGGAACTTCAGTCTC
cctccttccttttgatcatttttttattcgtttctttaatccgcttgctactcttaacaggagcgaacCTTCAAGGATAAGAGATCTTTCATATCCTTGAAGTCAGAG

CAAGGGAGAGGAGCTCATCAAGGAGAACATGCACATGAAGCTCTACATGGAGGGAACCGTCAACAACCACCACTTCAAGTGCACCTCCGAGGGAGAGGGAAAGCCAT
GTTCCCTCTCCTCGAGTAGTTCCTCTTGTACGTGTACTTCGAGATGTACCTCCCTTGGCAGTTGTTGGTGGTGAAGTTCACGTGGAGGCTCCCTCTCCCTTTCGGTA

ACGAGGGAACCCAAACCATGCGTATCAAGGtaagtttaaacatatatatactaactaaccctgattatttaaattttcaggTCGTCGAGGGAGGACCACTCCCATTC
TGCTCCCTTGGGTTTGGTACGCATAGTTCCattcaaatttgtatatatatgattgattgggactaataaatttaaaagtccAGCAGCTCCCTCCTGGTGAGGGTAAG

cDNA sng-1 syb3140car2 (1619 bp)

cDNA sng-1 syb3140car2 (1619 bp) (from 1246-1619 bp)

Figure S3

syb3140car2 recombined (891 bp)

Fig S4