Small RNAs regulation and genomic harmony: insights into allopolyploid evolution in
marsh orchids (*Dactylorhiza*)

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21

Summary

Hybridization and polyploidy are major drivers of plant diversification, often leading to novel

ecological traits through changes in gene regulation. Among these, small RNAs (smRNAs)

play a key role, particularly through their interactions with transposable elements (TEs).

Using a common garden setup, we comparatively investigated how smRNAs, including

those targeting TEs, contribute to post-allopolyploid genome stabilization and ecological

divergence in two sibling allotetraploid marsh orchids (*Dactylorhiza majalis* and *D.*

traunsteineri) and their diploid progenitors. Despite independent origins, both allopolyploids

exhibited substantial overlap in smRNA targeting, including transgressive overexpression

around genes linked to stress response, cell division and transcriptional regulation. TE-

targeting 24 nt smRNAs followed patterns consistent with subgenome size and origin, while

shorter 20–23 nt smRNAs displayed greater divergence. The older allotetraploid *D. majalis*

exhibited enhanced smRNA-mediated fine-tuning of gene copy number regulation, while its

younger sibling *D. traunsteineri* showed more pronounced non-additive expression patterns,

suggesting ongoing resolution of post-polyploid meiotic and mitotic instability. These findings

reveal a two-phase smRNA response to allopolyploidy: early genome stabilization followed

by regulatory fine-tuning. Our study highlights the central role of smRNAs in resolving

genomic conflict, enabling functional divergence, and driving ecological innovation during

polyploid evolution.

Keywords

allopolyploidy, *Dactylorhiza*, gene regulation, marsh orchids, small RNAs, subgenome

dominance, transposable elements

Introduction

Allopolyploidization—the combination of whole-genome duplication (WGD) and interspecific hybridization—is a potent evolutionary force, generating genetic diversity, gene redundancy, and buffering capacity that underpin evolutionary innovation and ecological diversification. However, the initial merger of divergent genomes into a single nucleus frequently destabilizes genome regulation (i.e., triggering "genomic shock", McClintock 1984), often on the background of a severe genetic bottleneck.

Small noncoding RNAs (smRNAs) have emerged as key mediators during post-polyploidization genome stabilization (e.g., Ha et al. 2009; Shen et al. 2017; Cavé-Radet et al. 2020). These short RNA molecules supress transposable elements (TEs) and fine-tune gene expression, promoting both genome integrity and adaptive responses. Specifically, repeat-associated or heterochromatic small-interfering RNAs (ra-siRNAs/het-siRNAs; Shen et al. 2017) help maintain chromatin stability, while microRNAs (miRNAs) can modulate gene expression with phenotypic implications (Ha et al. 2009; Ghani et al. 2014; Jiang et al. 2021). In addition, plant smRNAs orchestrate abiotic and biotic stress responses (Kaur et al. 2021; Tiwari and Rajam 2022; Zhan and Meyers 2024), potentially facilitating adaptation to novel, non-parental environments. These dual roles make smRNAs integral to allopolyploid success.

In general, smRNAs operate through three main mechanisms: (1) post-transcriptional gene silencing (PTGS), binding to RNAs to repress translation or promote cleavage and degradation; (2) transcriptional gene silencing (TGS), directing epigenetic silencing at homologous genomic loci; and (3) splicing regulation, interacting with pre-mRNAs to influence splice-site selection (Borges and Martienssen 2015; Wang and Chekanova 2016). In plants, smRNAs are classified by biogenesis into miRNAs (20–22 nt long, hairpin-derived), and small-interfering RNAs (siRNAs, from double stranded RNA) (Borges and Martienssen 2015; Chen and Rechavi 2021), with siRNAs further divided into: (*i*) ra-siRNAs (24 nt and primarily involved in TGS), (*ii*) secondary siRNAs (~21–22nt long, which can function in both TGS and PTGS pathways), and (*iii*) natural antisense transcript siRNA (nat-siRNA, 21–24 nt, acting both in *cis* and *trans* via PTGS) (Borges and Martienssen 2015; Chen and Rechavi 2021).

Recent reviews (e.g., Ariel and Manavella 2021; Tossolini et al. 2025) highlight the pivotal link between TE mobilization and smRNA evolution. TEs not only contribute regulatory capacity through enhancer-derived transcripts (e.g., in wheat; TE-initiated enhancer-like elements, Xie et al. 2023), but also spur the emergence of smRNAs and long non-coding

RNAs that diversify gene regulation and support genome plasticity (Hassan et al. 2024;

Tossolini et al. 2025).

WGD, similarly to environmental stress, is known to lead to TE activation, resulting in

accumulation of repeat-derived smRNAs, boosting both TGS and PTGS pathways (Ito et al.

2011; Kenan-Eichler et al. 2011; Marí-Ordóñez et al. 2013; Fultz et al. 2015; Xiao and Wang

2025). For example, resynthesized *Arabidopsis* allotetraploids rapidly restore ra-siRNA

populations after WGD, while miRNAs show non-additive expression patterns and play key

roles in stabilizing hybrid genomes (Ha et al. 2009). Similarly, early generations *Brassica*

napus allotetraploids exhibit a surge in TE-derived 21 nt siRNAs, especially from Gypsy

elements, helping to silence newly active TEs (Martinez Palacios et al. 2019). Cavé-Radet et

al. (2020, 2023) observed stronger miRNA responses in allopolyploid *Spartina* compared to

homoploid hybrids, suggesting a more pronounced regulatory impact of WGD than

hybridization alone (Cavé-Radet et al. 2020). On the other hand, the divergence between

progenitors determines the extent of genomic shock in wheat allotetraploids, with enhanced

smRNA responses associated with TEs in hybrid crosses between parents with differing TE

load, compared to those with similar TE content (Jiao et al. 2018).

Despite growing interest in the role of smRNAs in allopolyploid evolution, most research has

focused on early-generation or synthetic polyploids. To our knowledge, only Cavé-Radet et

al. (2020) have examined smRNAs in wild allopolyploids, albeit also in early stages (*Spartina*

F_1 hybrids and *S. anglica*, ~170 years old). Thus, the long-term dynamics, regulatory roles

and potential ecological relevance of smRNAs in more established allopolyploid lineages

remain poorly explored.

In this study, we focus on two ecologically-distinct, well-established, sibling orchid

allotetraploids, *Dactylorhiza majalis s.str.* and *D. traunsteineri*, to address the long-term fate

of smRNAs following allopolyploidization. The marsh orchids within *D. majalis s.l.* includes

several independently formed sibling allotetraploids, each likely with multiple origins

involving overlapping stocks of parental populations (Brandrud et al. 2020). The focal

allotetraploids here share a complex history of repeated polyploidization and/or hybridization

and back-crossing, but are today reasonably well separated in morphology and habitat

preferences (Fig. 1a; Wolfe et al. 2023). They are estimated to have formed approximately

104k (*D. majalis*) and 74k (*D. traunsteineri*) generations ago (Hawranek 2021), from the

diploid progenitors *D. fuchsii* (maternal, smaller genome) and *D. incarnata* (paternal, larger

genome) (Fig. 1a) (Aagard et al. 2005; Brandrud et al. 2020; Eriksson et al. 2022).

Transcriptomic comparisons of the diploids have revealed large-scale gene expression

differences, importantly, including differences in smRNA-mediated regulation of TEs and

PTGS-related pathways (Balao et al. 2017). Further, Eriksson et al. (2022) reported

significant differences in both genome size and TE load between the two diploid progenitors.

In short, *D. traunsteneri* prefers marshes and fens with high, whereas *D. majalis s.str.*

(hereafter *D. majalis*) grows in mesic to moist meadows.

Figure 1. Two diploids (*D. fuchsii* and *D. incarnata*) and their sibling allotetraploids (*D*
majalis and *D. traunsteineri*) are studied in this paper. (a) Characterization of the four
species. Coloured circles and their spatial distribution towards one another reflect population
densities. The cells indicate difference in genome size between the diploids and gender
symbols indicate the direction of the cross to produce the allopolyploids. Other symbols
represent broad scale ecological preferences. (b) Multidimensional scaling plot of smRNA
count data with colours representing the species frames in (a) while triangles indicate
diploids, and circles, polyploid accessions.

Distinct ecological, spatial, morphological and physiological properties have been reported

for the two sibling allopolyploids (Paun et al. 2010, 2011; Balao et al. 2016; Wolfe et al.

2023)*. D. majalis* is distributed across continental Europe, ranging from the Pyrenees to

Scandinavia, with a broader ecological niche (i.e., mesic to moist meadows) and less

geographically-driven genetic differentiation than *D. traunsteineri* which is found in disjunct

marshes and fens in the Alps, Scandinavia and British Isles. Wolfe and colleagues (2023)

reported physiological differences in photosynthesis and nutrient transport consistent with

the contrasting ecological conditions preferred by the two allotetraploids. These appear to

have helped the two allotetraploids adapt to different soil chemistry conditions, with *D.*

traunsteineri restricted to wet, nutrient-poor soils, in particular with extremely low levels of

nitrate (Wolfe et al. 2023). Furthermore, reciprocal transplant experiments have shown that

much of the gene expression divergence between the sibling allopolyploids is enviromentally

plastic, and appeared to be associated to distinct, environmentally-driven, biotic communities in their roots (Emelianova et al. 2025). In stark contrast, analysis of the genomes of several *Dactylorhiza* allopolyploids found relatively little difference between *D. majalis* and *D. traunsteineri* both in genome size and TE activity suggesting a strong control of TEs following recurrent allopolyploidizations (Eriksson et al. 2022).

In this study, we comparatively investigate the extent of smRNAs regulation in *D. majalis* and *D. traunsteineri*. Specifically, we study: (1) how does smRNA abundance in the allopolyploids reflects parental expression—whether it follows additive, dominant, or transgressive patterns—and how consistent are these patterns across the sibling allopolyploids; (2) the degree and similarity of smRNA targeting of TEs in the two sibling allotetraploids; (3) potential correlations between smRNA-mediated gene regulation and distinct eco-physiological traits of *D. majalis* and *D. traunsteineri*.

Materials and Methods

Sampling

Adult specimens of each species of interest were transplanted from multiple localities across Europe to a common garden in Vienna, Austria. *Dactylorhiza* includes perennial plants that produce a new tuber yearly, which supports growth in the following year. Two years after transplantation, in the morning of 14 May 2014, leaf tissue at a similar developmental stage for all accessions was fixed in RNAlater (Sigma) and stored at -80°C until further processing. Our final sampling included four accessions of each diploid (*D. incarnata* and *D. fuchsii*), together with nine (*D. majalis*) and twelve (*D. traunsteineri*) individuals of each allotetraploid (Supplementary Table S1). With few exceptions, each accession of each species originated from different localities across Europe. The diploid smRNA data has been previously investigated by Balao et al. (2017). Independent RNA isolations from the same tissue fixations of *D. majalis* and *D. traunsteineri* were used for RNA-seq analyses by Wolfe et al. (2023).

Library preparations and sequencing

Small RNA extraction, library preparation and sequencing for this experiment was previously described for diploid investigations (Balao et al. 2017). In short, isolation of smRNA was performed with the mirVana miRNA Isolation Kit (Life Technologies). The smRNA-enriched RNA extracts were further purified by gel size selection on 15% TBE-Urea pre-casted gels

(Life Technologies). The small RNA libraries were prepared with the NEBNext Multiplex

Small RNA Library Prep Set for Illumina (New England Biolabs). Illumina sequencing as 50

bp single-end reads was performed at the Vienna BioCenter Core Facilities (VBCF;

https://www.viennabiocenter.org/).

Read processing and quantifying

The libraries were demultiplexed using BamIndexDecoder v.1.03 (available from http://wtsi-

npg.github.io/illumina2bam/#BamIndexDecoder). The raw reads were quality filtered,

trimmed from adapters used by the NEB kit, and size selected for the range 20-24 nt using

the CLC Genomics Workbench v.8.0 (QIAGEN). The filtered reads were mapped to the

available reference genome of *D. incarnata* v.1.0 (Wolfe et al. 2023) using STAR v.2.7.3a

(Dobin et al. 2013), with the settings --alignIntronMax 1 and --outFilterMismatchNoverLmax

0.05. A single pass alignment approach was used, retaining further only multi-mapping reads

under a threshold of 100 (--outFilterMulitmapNmax 100). A structural annotation-free

approach was used for the initial analysis, in order to identify any regions of the genome

(including non-genic) being differentially targeted (DT) by smRNA. After sorting the bam files

by reference coordinates with Samtools v.1.10 (Danacek et al. 2011), read coverage was

assessed for each individual along 100 bp windows of the genome using bamCoverage from

deepTools2 v.3.5.1 (Ramirez et al. 2016). All windows with a minimum coverage of ten in at

least one sample were retained in a bed file; neighbouring windows were merged into

continuous regions using bedtools merge v.2.29.2 (Quinlan and Hall 2010). The bed file

containing retained regions (i.e., peaks of smRNA targeting) across all individuals was then

converted into a gff3 file with a custom python script. Lastly, a table of counts was obtained

running featureCounts from the Subread v.2.0.0 package (Liao et al. 2014), accounting for

multiple mappers fractionally (-M --fraction), taking into account the possibility of smRNA

targeting in *trans*. The pipeline, scripts and raw count file, together with the peak gff3 file are

available at https://github.com/mc-er/dact-sRNAs.

Differential smRNA targeting analysis

Differently targeted regions were identified using R v.4.1.1 and the Bioconductor package

EdgeR v.3.34.0 (Robinson et al. 2010; McCarthy et al. 2012). The count matrix was filtered

to retain genomic regions with a minimum smRNA mapping of one count per million (CPM)

for a minimum of 25% of the number of samples in a group and a minimum of two samples.

To account for differences in library sizes the data was normalised using the weighted

trimmed mean of M-values (TMM) method. A quasi-likelihood negative binomial model was

implemented to find differentially targeted regions across the genome comparing either the two sibling allotetraploids or an allotetraploid towards either parental diploid. P-values were corrected for multiple testing using the Benjamini–Hochberg (BH) procedure and genomic regions only passing an FDR value of 0.05 were kept for further reporting.

Analyses targeting genomic regions around TEs were performed for reads with lengths 20–23 nt, and separately for 24 nt reads (i.e., potentially heterochromatic smRNAs, hetsiRNAs, Borges and Martienssen 2015). For analyses of genic regions all read lengths were grouped together (20–24 nt) in one analysis per comparison.

Assessing genomic interactions

Differentially targeted peaks passing a multiple testing-corrected significance threshold of 0.05 were classified as three categories of genomic interactions (Supplementary Table S2): (1) additivity—the polyploid was down regulated towards one diploid and up regulated against the other, (2) transgressive—the polyploid was up/down regulated towards both diploids, and (3) dominance—the polyploid showed no significant difference towards one diploid (the dominant) and was up/down regulated compared to the other diploid. We tested deviation from the stochastically expected number of shared peaks between the two tetraploids in each category using a hypergeometric test implemented in the Bioconductor package SuperExactTest (Wang et al. 2015).

Functional interpretation of DT genes

To get insights into a putative role for smRNA targeting in defining the divergent ecological properties between the sibling allopolyploids a gene ontology (GO) enrichment analysis of DT genes was conducted. Since the molecular effects of smRNA targeting are expected to be different depending on the respective type of targeted region, we analysed genic regions targeted by smRNAs around promoters separately from those targeted in exons or introns. Genes targeted around promoters would be expected to be down regulated or silenced, whereas those targeted by smRNAs in the gene body could experience a post-transcriptional effect or alternative splicing. Enrichment analyses for genic regions potentially affected by DT peaks were performed in R v.4.1.1, using the Bioconductor package topGO v.2.44.0 (Alexa and Rahnenfuhre 2021). We used Fisher's exact test statistics with the "weight01" algorithm to test for over-representation of specific functions. An FDR correction of p-values to account for multiple testing was applied and significance was set to a threshold of 0.05.

Results

smRNAs and their genomic targets

Sequencing produced an average 13.5 M reads per accession (±5.9 M SD). After quality

filtering and size selection, we retained an average of 5.8 M reads (±3.2 M SD) of 20–24 nt

(Supplementary Table S3). On average, 83.1% (±4.2% SD) of the 20–24 nt reads were

successfully mapped to the *D. incarnata* reference genome, with no observed mapping bias

across the different species (Supplementary Table S3). The distribution of read lengths

matched the expected profile for smRNAs (Borges and Martienssen 2015), showing modes

at 21–22 nt and 24 nt across all species (Fig. 2a).

In general, *D. fuchsii* exhibited higher CPM amounts of 20–22 nt smRNAs compared to *D.*

incarnata, although only the 21 nt smRNAs were significantly different between the two

diploids (Fig 2a–c). The reverse trend was observed for the 23–24 nt smRNAs, with *D.*

incarnata showing significantly higher CPM values for both 23 nt and 24 nt smRNAs

compared to *D. fuchsii* (Fig. 2a). The two allotetraploids were much more similar to each

other than the diploid species (Fig. 2a). For the 21 nt smRNAs, both allotetraploids had a

significantly higher CPM than their paternal species (*D. incarnata*), but significantly lower

CPM than the maternal species (*D. fuchsii*) (Fig. 2a). A large proportion of the 20–22 nt

smRNAs mapped to exonic regions, while 24 nt smRNAs mapped predominantly to TEs and

intergenic regions (Fig. 2b–c, Supplementary Fig. S1).

Our annotation-free approach identified 2,454,439 putative smRNA targeting peaks across

the reference genome. After filtering to retain peaks with CPM > 1 in at least two samples

and 25% of samples within a group, between 102,222 and 370,440 peaks were retained

depending on the comparison. A multidimensional scaling (MDS) plot based on all 20–24 nt

smRNAs reads across 212,434 peaks clearly separated the two diploid species (*D. fuchsii*

and *D. incarnata*), as well as the diploids from the allotetraploids, while the allotetraploids

overlapped centrally (Fig. 1b). Within *D. traunsteineri* a geographical clustering was apparent

(not shown).

smRNA activity in ecologically-divergent allopolyploids

We first compared the two ecologically divergent sibling allotetraploids using the combined

set of 20–24 nt reads, retaining 152,503 peaks that passed the CPM filtering threshold

(Supplementary Table S4). Among these, we identified 2,106 DT peaks between *D.*

traunsteineri and *D. majalis*, of which approximately half (1,016 peaks) were associated with

genes. Gene-associated peaks were defined as those overlapping a gene model (including

exons and introns) or within 1,000 bp upstream of a gene model (hereafter referred to as

'promoters') (Supplementary Table S4).

Figure 2. smRNA reads for each species divided into length groups. **(a)** shows the mean
count per million (CPM) read count with error bars representing standard error of the mean.
Horizontal lines indicate the significant differences between species with stars representing
thresholds of * - 0.05, ** - 0.01, *** - 0.001. **(b)** and **(c)** show the proportion of reads for each
species and read length based mapping to genomic features, i.e., (b) to exons and (c) to
TEs.

The majority of genic DT smRNA peaks (i.e., 762) were located within introns. A smaller

number (82) overlapped multiple genic features (intron, exon, and/or promoters)

(Supplementary Table S4). Across all genic categories, at least three times more smRNA

peaks were over-targeted in the older allotetraploid *D. majalis* compared to *D. traunsteineri*

(Supplementary Table S4, Fig. 3a–c).

Comparison of DT peaks with previously identified differentially expressed (DE) genes from

the same experiment (Wolfe et al. 2023) revealed that most genes DT by smRNAs did not

show differential expression between the two allopolyploids. This suggests that smRNAs

may be involved in post-transcritional regulation or alternative splicing, rather than

transcriptional silencing or activation (Fig. 3f, Supplementary Table S5).

GO enrichment analysis of genes DT by smRNAs between the ecologically divergent

allotetraploids revealed an asymmetric overrepresentation of functional categories, with

more GO terms enriched among genes more highly targeted in *D. majalis* than in *D.*

traunsteineri (Fig. 5a, Supplementary Tables S6–S7). The vast majority of enriched terms

were found among genes targeted within gene bodies, and were associated with functions

related to regulation of transcription and translation, transmembrane transport, response to

biotic and abiotic stress, DNA repair, and regulation of meiosis and/or mitosis

(Supplementary Table S7).

Figure 3. MA plots showing differences between *D. majalis* and *D. traunsteineri*, the central
dashed line marks 0 while the dotted lines mark logFC -1.5 and 1.5. Negative logFC values
represent over-targeting in *D. majalis* as compared to *D. traunsteineri*, whereas positive
logFC values indicate over-targeting in *D. traunsteineri*. **(a–c)** shows peaks differently
targeted for genes targeted by 20–24 nt smRNAs in (a) promoter/1,000 bp upstream gene
models, (b) exons and (c) introns. **(d)** shows TEs targeted by 20–23 nt smRNAs and **(e)** TEs
targeted by 24 nt smRNAs. **(f)** An MA plot of RNA-seq data (Wolfe et al. 2023), indicating
according to the legend genes differentially expressed (DE) and/or DT by smRNAs.

smRNA targeting and genomic interactions

We further compared the 20-24 nt smRNA targeting patterns of each sibling allotetraploid to

those of the parental diploid species. After filtering, 212,434 peaks were retained for this

analysis (Supplementary Table S4). Overall, both allotetraploids showed similar targeting

patterns when compared to the diploids, although the younger *D. traunsteineri* displayed a

more divergent smRNA landscape than *D. majalis* (Supplementary Table S4, Supplementary

Fig. S2). In both cases, the allotetraploids also showed greater divergence from the maternal

parent (*D. fuchsii*) than from the paternal *D. incarnata* (Supplementary Table S4,

Supplementary Fig. S2).

We characterised DT smRNAs peaks into four interaction types: additive, transgressive, and

dominant towards either diploid parent. The majority of peaks showed no change between

the allotetraploids and either diploid. Among those with DT, non-additive patterns were most

frequent, with dominance being the most common, particularly towards *D. incarnata*

(Supplementary Table S8, Fig. 4a–f, Supplementary Fig. S3–S4). Notably, in intergenic

regions lacking annotated TEs, we observed a higher proportion of smRNA peaks showing

dominance towards *D. fuchsii* than observed for any other genomic contexts (Supplementary

Table S8, Fig 4d, Supplementary Fig. S3). Among the transgressive peaks, both

allotetraploids most frequently showed over-targeting by smRNAs in comparison to both

diploid parents (Supplementary Table S8, Fig. 4a, Fig. 4c–f, Supplementary Fig. S3–S4). A

notable general pattern over all types of genomic interactions was that a large proportion of

DT smRNA peaks were shared between the two sibling allotetraploids (Supplementary Table

S8, Fig. 4b–c, Supplementary Fig. S3–S4), despite their independent evolutionary histories

(Brandrud et al. 2020; Hawranek 2021).

Figure 4. (a–b) Patterns of genomic interactions comparing logFC values for *D. majalis*
towards either diploid, *D. fuchsii* on the Y-axis and *D. incarnata* on the X-axis for all peaks
(i.e., 20–24 nt smRNAs) in annotated genes. **(a)** shows with colored symbols transgressive
and additive patterns; whereas **(b)** dominant to either diploid, according to the legend. **(c-f)**
Number of DT peaks in each type of genomic interaction with peaks in *D. traunsteineri* in
blue and *D. majalis* in red; the striped part indicates the portion of DT peaks shared between
the allotetraploids. The two annotation columns along the Y-axis represent the type
(coloured bars according to legend) of genomic interaction while dots connected with lines

show the direction. Letters above each column of dots represent I - *D. incarnata,* P -
polyploid and F - *D. fuchsii.* **(c)** 20–24 nt smRNAs associated to genic regions, **(d)** 20–24 nt
smRNA peaks outside annotated genic and TE regions, **(e)** 20–23 nt smRNAs in TEs and **(f)**
24 nt smRNAs in TEs.

We also examined the distribution of interaction categories across genic regions (promoters,

exons, introns). In *D. majalis,* nerly 75% promoter-associated DT peaks showed dominance

towards *D. incarnata*, and almost 50% showed lower smRNA targeting than *D. fuchsii*

(Supplementary Fig. S5). In contrast, *D. traunsteineri* exhibited greater dominance toward *D.*

fuchsii across all genic regions compared to *D. majalis* (Supplementary Fig. S5).

For genes transgressively targeted by smRNAs, similar functional categories were enriched

in both allotetraploids, including response to stress, transport, regulation of

transcription/translation, and regulation of meiosis/mitosis. However, these enrichments

involved largely different genes and pathways in each species (Fig. 5b–c, Supplementary

Tables S9–S12). In *D. traunsteineri*, transgressive smRNA targeting was associated with

enrichment for cell cycle regulation and stress response functions, and the respective genes

were targeted within exons or introns (Fig. 5b, Supplementary Tables S11–S12). In *D.*

majalis, transgressive peaks occurred mostly within introns, and enrichments were

associated with regulation of gene function (Fig. 5c, Supplementary Tables S9–S10).

smRNAs targeting TEs

For the TE-focused analyses, we divided the data into two sets: (a) 24 nt smRNAs, analysed

separately since they should be predominantly het-siRNAs and therefore target more

frequently TEs (Fig2c, Supplementary Fig. S1); and (b) 20-23 nt smRNAs, grouped together.

After CPM filtering, for the comparative analysis of *D. majalis* versus *D. traunsteineri* more

peaks passed the threshold for 24 nt smRNAs (315,838) than for 20–23 nt smRNAs

(102,222) (Supplementary Table S4). However, the DT analysis using a generalised linear

model uncovered the opposite trend: 3,242 DT peaks were identified for the 20–23 nt

smRNAs, compared to only 103 DT peaks for the 24 nt smRNAs (Supplementary Table S4,

Fig. 3d–e) suggesting a consistent targeting of TEs with het-siRNAs among the

allopolyploids. Very few TE-associated peaks were DT between the allotetraploids in both

smRNA size classes simultaneously (Supplementary Fig. S6). In both datasets,

approximately half of the DT peaks overlapped annotated TEs (Supplementary Table S4).

Many of these were also located within gene introns, while a smaller number were found in

the vicinity of gene promoters (Supplementary Table S4).

Figure 5. Summary of representative functional enrichments for **(a)** the allopolyploid comparison, **(b)** transgressive smRNA targeting of genic regions in *D. traunsteineri*, and **(c)** transgressive targeting in *D. majalis*. The size of the bars shows the adjusted significance of the enriched GO term. For the full result see Supplementary Tables S7, S10 and S12. The color of the bars indicates the z-score, computed based on the logFC of the respective targeting, according to the scale indicated in the legends. Arrows on bars in the transgressive GO enrichments (panels b and c) indicate terms present in both comparisons. Symbols next to the GO terms indicate the broad category to which the GO terms pertain, according to the legend. Numbers next to symbols indicate the number of enriched genes. Letters at the right of each plot indicate the genetic region targeted by smRNAs; p - 'promotor', e - exon, i - intron. Abbreviations used in GO terms: + positive, - negative, DS double strand, pol polymerase, ts transcription.

Similar to the results for the genic regions, *D. majalis* exhibited more frequent over-targeting

of TEs than *D. traunsteineri* among DT peaks, with the exception of 20–23 nt peaks

associated with TEs located around promoters, where *D. traunsteineri* showed increased

targeting (Supplementary Table S4). The majority of TE-associated DT peaks were located

within LTR retrotransposons, particularly those classified as Ty3-*gypsy* (Supplementary Fig.

S7–S8). Among smRNAs targeting Ty3-*gypsy* elements, a slightly higher number targeted

non-chromoviruses than chromoviruses; however, most such elements were annotated only

generally as Ty3-*gypsy* in the *D. incarnata* reference genome (Supplementary Fig. S8).

We also compared smRNA targeting of TEs in the allotetraploid genomes against their

parental diploids, again investigating 20–23 nt and 24 nt smRNAs separately. After CPM

filtering, we retained 139,736 and 370,440 peaks for 20–23 nt and 24 nt smRNAs,

respectively (Supplementary Table S4). As with genic targets, we classified the DT peaks

into four categories of genomic interaction: additive, transgressive, and dominant towards

either diploid. In both datasets, a significant number of shared DT peaks were found

between *D. majalis* and *D. traunsteineri* across interaction categories ($p < 0.001$,

hypergeometric test; Fig 3e-f, Supplementary Fig. S3, Fig. 4e–f, Supplementary Fig. S9–

S10).

Patterns of dominance were again prevalent, with more peaks dominant towards either

diploid than additive or transgressive. For 20–23 nt smRNAs, slightly more peaks showed

dominance toward the diploid with lower smRNA targeting, whereas for 24 nt smRNAs the

opposite trend was observed (Fig. 3e–f, Supplementary Fig. S3). The contrast between

dominant types (higher vs. lower targeting) was less pronounced for 20–23 nt and more

distinct for 24 nt smRNAs (Fig. 3e–f, Supplementary Fig. S3). Three patterns observed for

gene targeting were also evident in TE targeting: First, for most additive peaks, the smaller

genome of *D. fuchsii* exhibited higher smRNA targeting than the larger *D. incarnata* (Fig. 3e–

f, Supplementary Fig. S3). Second, for transgressive peaks, both allotetraploids generally

showed elevated smRNA targeting compared to the diploids (Fig. 3e–f, Supplementary Fig.

S3, Supplementary Fig. S9–S10). Last, *D. traunsteineri* displayed greater differences to the

parental diploids than D. majalis (Fig. 3e–f, Supplementary Fig. S3, Supplementary Fig. S9–

S10).

Discussion

In this study, we provide a comprehensive analysis of the contribution of smRNAs to

genomic and transcriptomic diversification following repeated allopolyploidization in

Dactylorhiza majalis s.l. We examined smRNA expression in two established sibling

allotetraploids and their diploid progenitors, all grown under common garden conditions,

thereby minimizing environmental variation. Our primary objectives were to comparatively

characterize (*i*) patterns of genomic interaction in the allopolyploids and (*ii*) smRNA-

mediated regulation of TEs and gene activity.

Consistent dominance in the allopolyploids towards the paternal and larger genome

Allopolyploidization merges divergent genomes, giving rise to novel genetic and regulatory

interactions. Common outcomes include epistasis and non-additive genetic or epigenetic

effects, such as smRNA-mediated gene regulation and TE silencing. Our results reveal a

consistent dominance of smRNA targeting aligned to the paternal, larger subgenome (*D.*

incarnata), especially for 24 nt TE-associated smRNAs. This pattern was observed across

both sibling allotetraploids (Fig. 4, Supplementary Fig. S5), resulting in a comparatively small

number of DT peaks between them. Similar non-additive smRNA responses following

hybridization and/or whole-genome duplication have been documented in *Arabidopsis* (Ha et

al. 2009), *Brassica* (Fu et al. 2016; Martinez Palacios et al. 2019), and *Spartina* (Cavé-Radet

et al. 2020), though it has remained unclear before whether such patterns remain consistent

across evolutionary timescales.

Given that *D. incarnata* has a larger genome and higher TE load than *D. fuchsii* (Eriksson et

al. 2022), our findings align well with previous reports that smRNA-mediated silencing often

preferentially targets the TE-rich subgenome, as observed in wheat (Woodhouse et al. 2014)

and *Brassica rapa* (Cheng et al. 2016). In stark contrast, gene expression dominance in

allopolyploids frequently shifts toward the subgenome with fewer TEs, a pattern that can

arise rapidly after allopolyploidization (for example in *Mimulus*; Edger et al. 2017) and persist

across multiple generations (Gaebelein et al. 2019; Liu and Wang 2023).

While our data indicate a stronger dominance towards *D. incarnata*, we acknowledge that

some of these patterns may be influenced by reference genome bias, as we only had access

to a *D. incarnata* reference genome, limiting our ability to assess homeolog-specific

targeting. Due to the short lengths of smRNAs and their targeting with mismatches in plants,

even if references for both genomes would be available, studying subgenome effects at the

level of smRNAs targeting remains a challenge. Nonetheless, in this study mapping success

was comparable across samples (ca. 83%; Supplementary Table S3), and intergenic

smRNA dominance towards *D. fuchsii* was also observed, suggesting that reference bias

alone cannot account for our observations. Still, lineage-specific degradation or divergence

of TEs in *D. fuchsii* may have reduced smRNA detection from this genome. Notably, *D.*

incarnata and *D. fuchsii* diverged approximately 5.5 million years ago (Brandrud et al. 2020).

Divergent regulation of TEs by 24 nt and 20-23 nt smRNAs

As expected, 24 nt smRNAs—typically het-siRNAs—were strongly associated with TEs, particularly LTR retrotransposons (Fig. 2c, Supplementary Fig. S1). However, the number of DT peaks for 24 nt smRNAs between the allotetraploids was surprisingly low, suggesting that TE silencing proceeds in a relatively consistent manner across independently evolved lineages. In contrast, 20–23 nt smRNAs exhibited markedly greater divergence between the sibling allopolyploids (Fig. 3d–e), consistent with a more dynamic, lineage-specific regulatory role.

Previous studies have shown that TE-associated smRNA activity often peaks shortly after hybridization or whole-genome duplication, followed by stabilization through methylation or other epigenetic mechanisms over the next generations (Jiao et al. 2018; Martinez Palacios et al. 2019). In *Arabidopsis,* Ha et al. (2009) suggested that allopolyploids take advantage of smRNAs inherited from the parents to buffer initial genomic shock and promote rapid genome stabilization. The relatively lower divergence in 24 nt smRNA targeting observed in our study may reflect the advanced age of these natural allotetraploids—approximately 74k (*D. traunsteineri*) and 104k generations (*D. majalis*) (Hawranek 2021). Nonetheless, for the few DT peaks detected, smRNAs abundance was higher in the older *D. majalis* (Fig. 3),

possibly reflecting continued regulatory refinement associated with its broader ecological range or more advanced genome diploidization.

Intriguingly, most smRNA differences associated with TE regulation in the ecologically divergent allotetraploids involved 20–23 nt smRNAs, which likely include miRNAs and nat-siRNAs. These classes are frequently implicated in responses to biotic and abiotic stress (Ito et al. 2011; Marí-Ordóñez et al. 2013; Creasey et al. 2014; Lee et al. 2020). Elevated expression of miRNAs (typically 20–22 nt long) has also been observed in resynthesized allopolyploids relative to their diploid progenitors in several systems, including *Arabidopsis*, *Brassica*, and others (Ha et al. 2009; Kenan-Eichler et al. 2011; Ghani et al. 2014), underscoring the potential role of shorter smRNAs in stress adaptation and dynamic gene regulation in polyploids.

Despite *Ty1-copia* being the most abundant LTR-TE in the *Dactylorhiza* genomes (Eriksson et al. 2022), we found more 20–23 nt smRNAs mapping to, and possibly being derived from, *Ty3-gypsy* elements (Supplementary Figs. S6–S7), particularly to non-chromovirus subgroups. Notably*, Ty3-gypsy* elements displayed contrasting patterns between the diploid progenitors: chromovirus subgroups were more prevalent in *D. fuchsii*, while non-chromoviruses were more common in *D. incarnata* (Eriksson et al. 2022). The elevated

targeting of *Ty3-gypsy* elements by shorter smRNAs in the allopolyploids may reflect
subgenome conflict or TE activation following hybridization. A similar phenomenon has been
described in *Gossypium*, where TEs originally present in the higher-TE A-subgenome
transposed into the D-subgenome post-allopolyploidization (Chen et al. 2020), suggesting
that inter-subgenomic TE movement may contribute to regulatory instability and
diversification.

Genic smRNA targeting and regulatory implications

Among others, polyploid formation causes meiotic/mitotic challanges and genetic
redundancy. On one hand, even if allopolyploids have two full sets of divergent genomes,
some chromosomes or chromosomal regions may still retain homology; hence it becomes
crucial to sort homologous and homeologous to ensure correct chromosome segregation
during meiosis. Preferential pairing of homologs has been observed in early stages of
polyploid formation in *Arabidopsis suecica* (Pecinka et al. 2011) and *Brassica napus*
(Grandont et al. 2014), although elevated rates of homeolog related errors have also been
observed in the latter system (Xiong et al. 2021). On the other hand, given their multiple sets
of gene copies, allopolyploids must enforce genetic diploidization by suppressing redundant
or misregulated genes (Lee and Chen 2001; Kashkush et al. 2002; Koh et al. 2010).
Duplicated copies of some genes may be retained functional if they confer adaptive benefits,
become specialised in different tissues or developmental stage through subfunctionalization,
or acquire a new function through neofunctionalization (Adams et al. 2003; Blanc and Wolfe
2004; Duarte et al. 2006; De Smet et al. 2013).

In addition to silencing TEs, smRNAs—particularly 21–22 nt species—also regulate gene
expression via PTGS or TGS (Borges and Martienssen 2015). We observed widespread
smRNA targeting of genic regions, especially exons and 1 kb upstream of gene models
(putative promoters), with 21 nt smRNAs contributing the most. While such targeting may
mediate transcript degradation, alternative splicing, or cis-silencing (Guleria et al. 2011;
Moss 2001), it can also represent regulatory adjustments following genome duplication, as
initial steps during the diploidization process.

Strikingly, substantial genic smRNA targeting was also detected in the diploids, especially *D.*
fuchsii. This may reflect stress-induced smRNA responses in the common garden
experiment, which was conducted outdoors in Vienna, Austria—a general area where only
D. incarnata occurs naturally. Environmental mismatch may have triggered stress responses
in *D. fuchsii*, activating miRNA- and nat-siRNA-mediated regulation. Stress-induced
upregulation of these types of smRNAs has been widely reported (Zhang et al. 2012; Mao et

al. 2021), and recent reviews (e.g., Tiwari and Rajam 2022) highlight their role in coping with
drought, salt, nutrient, and temperature stress across many plant systems.

Transgressive smRNA expression compared to diploid progenitors could offer ways in which
allopolyploids respond on one side to their duplicated state, and on the other side, achieve
novel ecological features, helping them to establish in niches outside of parental range. We
observed more transgressive activity at peaks targeted by 20–23 nt smRNAs—compared to
24 nt—especially when the allotetraploids showed stronger regulation compared to both
diploid parental species (Fig. 4e–f).

Transgressively smRNAs targeted genes were often enriched for functions related to
mitosis, meiosis, gene regulation, stress responses, and transport (Fig. 5). While these
categories were largely shared across the two allotetraploids, the individual genes and
pathways involved differed, suggesting divergent evolutionary routes. In the younger *D.*
traunsteineri, enrichment of smRNA targeting was observed for genes involved in cell cycle
and meiotic processes, possibly reflecting ongoing resolution of meiotic instability. By
contrast, the older *D. majalis* showed enrichments for genes involved in transcriptional and
translational regulation, likely reflecting a later phase of polyploid evolution focused on
dosage control and gene expression fine-tuning.

Together, these observations support a two-phase model of smRNA-mediated regulatory
evolution following allopolyploidization: an early phase dominated by stabilization of
chromosome behavior during meiosis, and a later phase involving refinement of gene
redundancy and functional divergence. Such dynamics have been proposed in other
systems including *Arabidopsis*, *Brassica*, and *Gossypium* (Ha et al. 2009; Fu et al. 2016;
Chen et al. 2020). In *Dactylorhiza* we observe (i) more differences relative to diploid parents
for *D. traunsteineri*, consistent with an earlier stage of regulatory resolution, and (ii) a higher
number of upregulated smRNA peaks in *D. majalis*, suggesting more established and
efficient regulatory networks.

Conclusions and Future Directions

This study underscores the dual role of small RNAs (smRNAs) in allopolyploid genome
evolution—both in the stabilization of the genome via transposable element (TE) silencing
and in the regulation of gene expression. Despite their shared ancestry, *D. majalis* and *D.*
traunsteineri exhibit clear lineage-specific patterns of smRNA activity, particularly in genic
regions, suggesting divergent regulatory trajectories following allopolyploidization.

Due to their rapid action, diversity, and regulatory plasticity, smRNAs are likely central
players in the early and long-term genomic reorganization of allopolyploid species. Our
results support a model in which smRNAs mediate both immediate stabilization and longer-
term functional divergence after genome merging.

Future work should integrate smRNA expression profiles with homeolog-specific reference
genomes and DNA methylation landscapes. Such approaches would provide deeper insights
into subgenome-specific regulation, the dynamics of smRNA–target interactions, and the
evolutionary consequences of smRNA-mediated gene and TE control in natural
allopolyploids.

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Author contributions

Study conceived and designed by OP. Sampling and transplantation to the common garden
conducted by OP, FB, MH, MCE and TMW. Read processing and mapping done by MT.
Identification of putative smRNA peaks across the genome MT and MCE. Data analyses of
differentially targeted genes and TEs conducted by MCE. Analysis of overlapping
differentially expressed and differentially targeted genes done by TMW. Interpretation of the
results was undertaken by MCE. The manuscript was drafted by MCE, with feedback from
OP, and was revised and approved by all authors.

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Supplementary Tables Legends

Table S1. Sample information. Collector abbreviations are FB, Francisco Balao; MC, Mark
Chase; MF, Michael Fay; MH, Mikael Hedren; and OP, Ovidiu Paun. Note: the smRNA-seq
data has been collected within a common garden setup; here only the population of origin of
the plants is indicated.

Table S2. Criteria for categories of genomic interactions. 4x, allotetraploid; fuc - *D. fuchsii*;
inc - *D. incarnata*.

Table S3. Mapping statistics for each sample. Accession IDs ending with 'r' indicate
technical replicates.

Table S4. Number of smRNA targeting peaks in differential targeting (DT) analysis. Sig,
significant; TE, transposable elements.

Table S5. List of genes both differentially expressed between the allotetraploids in Wolfe et
al. (2023) and differentially targeted by smRNAs (this study).

Table S6. Enrichment result for genes differentially targeted between the polyploids.
N_peaks - number of peaks in GO term, N_genes - number of genes in GO term, adj_pval-
adjusted p-value from topGO, Z-score - normalised value based on number of genes and the
average log fold change value.

Table S7. Enrichment result for genes differentially target between the polyploids, filtered for
FDR < 0.05. N_peaks− number of peaks in GO term, n_genes− number of genes in GO
term, adj_pval− adjusted p−value from topGO, zscore− normalised value based on number
of genes and the average log fold change value.

Table S8. Number of peaks for each defined genomic interaction (additive, transgressive or
dominant towards either diploid). Regions mean: all - genome wide, genes - around
annotated genes, TEs - around annotated TEs, other regions - outside annotated TEs and
genes. Abbreviations in the column names are as follow: maj - number of peaks in *D.
majalis*, tra - number of peaks in *D. traunsteineri*, sig. Significance level for hypergeometric
test done for shared. * < 0.05, ** < 0.01, *** < 0.001.

Table S9. Unfiltered enrichment result for genes around transgressive peaks in *D. majalis*.
N_peaks - number of peaks in GO term, N_genes - number of genes in GO term, adj_pval-
adjusted p-value from topGO, Z-score - normalised value based on number of genes and the
average log fold change value.

Table S10. Enrichment result for genes transgressively targeted in *D. majalis*, filtered for
FDR < 0.05. N_peaks− number of peaks in GO term, n_genes− number of genes in GO
term, adj_pval− adjusted p−value from topGO, zscore− normalised value based on number
of genes and the average log fold change value.

Table S11. Unfiltered enrichment result for genes around transgressive peaks in *D.
traunsteneri*. N_peaks - number of peaks in GO term, N_genes - number of genes in GO
term, adj_pval- adjusted p-value from topGO, Z-score - normalised value based on number
of genes and the average log fold change value.

Table S12. Enrichment result for genes transgressively targeted in *D. traunsteineri*, filtered
for FDR < 0.05. N_peaks− number of peaks in GO term, n_genes− number of genes in GO
term, adj_pval− adjusted p−value from topGO, zscore− normalised value based on number
of genes and the average log fold change value.

Supplementary Figures

832 **Figure S1.** Distribution of normalised reads counts for different smRNA lengths over
833 genomic regions (promoter/1000 bp upstream, exons, introns and intergenic) in the four
834 tested species. fuc = *D. fuchsii,* inc = *D. incarnata*, maj = *D. majalis*, tra = *D. traunsteineri*.

Figure S2. Number of differentially targeted peaks in genes and TEs for each comparison between a polyploid (4x) and a diploid (2x) for all three data sets, 20-24 nt 20-23 nt and 24 nt smRNAs. Top panel contains the number of peaks where the polyploid is over regulated compared to the diploid, whereas the bottom panel contains the number of peaks where the diploid is over targeted. The coloured boxed below the figure represents the comparison shown in the corresponding column.

Figure S3. Number of DT peaks in all datasets 20−24 nt, 20−23 nt and 24 nt smRNAs for each genomic interaction (additive, transgressing or dominant to either diploid). Top row contains DT peaks in genes, the middle row shows DT peaks in TEs and the bottom row shows peaks found outside annotated genic and TE regions, e.g. intergentic. Colours represent, red - *D. majalis*, blue - *D. traunsteineri* and striped pattern - number of DT peaks showing the same genomic interaction in both *D. majalis* and *D. traunsteineri*. The

two annotation columns along the Y−axis represent the type (coloured bars according to legend) of genomic interaction Fig. 4, while dots connected with lines show the direction. Letters above each column of dots represent **F** - *D. fuchsii*, **P** - polyploid and **I** - *D. incarnata*.

Figure S4. Patterns of genomic interactions comparing logFC values for *D. majalis* (left) and *D. traunsteineri* (right) towards either diploid, *D. fuchsii* on the Y-axis and *D. incarnata* on the X-axis for all peaks (i.e., 20−24 nt smRNAs) found in annotated genes. (a) shows with coloured symbols transgressive and additive patterns; whereas (b) is dominant to either diploid, according to the legend. Colours are according to legend of genomic interaction Fig. 4.

Figure S5 Proportions of peaks within each genomic interaction (additive, transgressing or dominant to either diploid) for each genomic region (1000 bp upstream/promoter, exon, intron). Colours are according to legend. Letters in legend represent **F** - *D. fuchsii*, **p** - polyploid and **I** - *D. incarnata* while symbols represent level of smRNA between the diploids and polyploid.

872
Figure S6 MA plots showing differences between *D. majalis* and *D. traunsteineri* for TEs
types grouped together, the central dashed line marks 0 while the dotted lines mark logFC -
1.5 and 1.5. Negative logFC values represent over-targeting in *D. majalis* as compared to *D.*
traunsteineri, whereas positive logFC values indicate over-targeting in *D. traunsteineri*. (a)
and (b) show 20−23 nt smRNAs while (c) and (d) show 24 nt smRNAs. (a) and (c) show DT
peaks specific for each smRNA group, i.e. 20−23 nt or 24 nt, while (b) and (d) show DT
peaks for both 20−23 nt and 24 nt smRNAs.

Figure S7 MA plots showing differences between *D. majalis* and *D. traunsteineri* for TEs, the
central dashed line marks 0 while the dotted lines mark logFC -1.5 and 1.5. Negative logFC
values represent over-targeting in *D. majalis* as compared to *D. traunsteineri*, whereas
positive logFC values indicate over-targeting in *D. traunsteineri*. Colours correspond to
different types of TEs, indicated by column headers. Rows correspond to smRNAs, where
the 1st and 2nd row show 20−23 nt smRNAs and 3rd and 4th show 24 nt smRNAs. The 2nd
and 3rd row show peaks that are DT for both 20−23 nt and 24 nt smRNAs.

Figure S8 Count of DT peaks between *D. majalis* and *D. traunsteineri*, the coloured points of the plots in the 1st row (i.e. 20−23 nt smRNAs) in Fig. S7. Here Ty3-gypsy has been divided into the next annotation level.

896 **Figure S9** Patterns of genomic interactions comparing logFC values for *D. majalis* (left) and
897 *D. traunsteineri* (right) towards either diploid, *D. fuchsii* on the Y-axis and *D. incarnata* on the
898 X-axis for 20-23 nt smRNAs peaks found in annotated TEs. Top row shows with coloured
899 symbols transgressive and additive patterns; whereas bottom row shows dominant to either
900 diploid. Colours are according to legend of genomic interaction Fig. 4.

Figure S10 Patterns of genomic interactions comparing logFC values for *D. majalis* (left) and *D. traunsteineri* (right) towards either diploid, *D. fuchsii* on the Y-axis and *D. incarnata* on the X-axis for 24 nt smRNAs peaks found in annotated TEs. Top row shows with coloured symbols transgressive and additive patterns; whereas bottom row shows dominant to either diploid. Colours are according to the legend of genomic interaction Fig. 4.