1 **Interleukin-4 induces CD11c$^+$ microglia leading to amelioration**

2 **of neuropathic pain in mice**

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Abstract

Neuropathic pain, a debilitating chronic pain condition, is a major clinical challenge. The pleiotropic cytokine interleukin-4 (IL-4) has been shown to suppress neuropathic pain in rodent models, but its underlying mechanism remains unclear. Here, we show that intrathecal administration of IL-4 to mice with spinal nerve transection (SpNT) increased the number of CD11c$^+$ microglia (a microglia subset important for pain remission) in the spinal dorsal horn (SDH) and that this effect of IL-4 was essential for its ameliorating effect on SpNT-induced pain hypersensitivity. Furthermore, in mice with spared nerve injury (SNI), another model in which pain remission does not occur, the emergence of CD11c$^+$ SDH microglia was curtailed, but intrathecal IL-4 increased their emergence and ameliorated pain hypersensitivity in a CD11c$^+$ microglia-dependent manner. Our study reveals a mechanism by which intrathecal IL-4 ameliorates pain hypersensitivity after nerve injury and provides evidence that IL-4 increases CD11c$^+$ microglia with a function that ameliorates neuropathic pain.

Introduction

Neuropathic pain is a debilitating chronic pain condition that results from injury or disease of the somatosensory system. Since chronic pain is refractory to currently available treatments, the development of effective treatments is a major clinical challenge [1,2]. Accumulating evidence from studies using models of neuropathic pain indicates that peripheral nerve injury causes various inflammatory responses in the nervous system that critically contribute to the development of neuropathic pain [3,4]. Especially, pro-inflammatory cytokines [e.g., interleukin-1β (IL-1β), IL-6 and tumor necrosis factor α (TNFα)] produced by various non-neuronal cells such as macrophages at injured nerves and dorsal root ganglion (DRG), and glial cells (mainly microglia and astrocytes) in the spinal dorsal horn (SDH) modulate function of primary afferent sensory neurons and SDH neurons, leading to an increase in the excitability of pain signaling neural pathway [3–6]. Along with these findings, much attention has been paid to the pain-relieving role of anti-inflammatory cytokines [7]. These include IL-10, the role of which in chronic pain has been extensively studied [7]. Another anti-inflammatory cytokine with pain-relieving effects in diverse models, including neuropathic pain, is IL-4. Intraplantar or systemic administration of IL-4 has been shown to attenuate pain behavioral responses to bradykinin [8], carrageenin [8], TNFα [8], zymosan [9] and acetic acid [9] in normal animals. In models of neuropathic pain, single or repeated administration of IL-4 around the injured sciatic nerve reduced behavioral pain hypersensitivity [10–12]. These effects of IL-4 have been proposed to involve a decrease in the production of inflammatory mediators [11], polarization of macrophages toward an anti-inflammatory phenotype at injured nerves [10,11], increases in the production and release of IL-10 [11] and opioid

peptides [10,12] from macrophages, and inhibition of the increased action potentials of DRG

neurons [13]. In addition to the diverse actions of IL-4 at the peripheral level, the central

nervous system, including the spinal cord, is recognized as an important locus of action

of IL-4 in pain control. Intrathecal administration of IL-4 prevents the development of

mechanical pain hypersensitivity in several neuropathic pain models [13,14]. The target

cells for the action of IL-4 intrathecally administered could be microglia since, within the

SDH of nerve-injured rats, IL-4 receptor α chain (IL-4Rα) is predominantly expressed in

microglia [14]. In line with this, intrathecal IL-4 activates signal transducer and activator of

transcription 6 (STAT6; an intracellular signal transduction molecule downstream of IL-

4Rα) in SDH microglia [14]. Intrathecal IL-4 or other manipulation to increase spinal IL-4

during early phase after nerve injury suppresses cellular indexes for reactive microglia

[14], IL-1β and Prostaglandin E2 release, and microglial p38 phosphorylation [15], all of

which are required to develop pain hypersensitivity [4]. In addition to the effect of IL-4 on

pain development, it is noteworthy that intrathecal administration of IL-4 during the late

phase (e.g., 2 weeks or later after nerve injury) leads to recovery from a behavioral pain-

hypersensitive state that develops following nerve injury [14]. Despite the remarkable

therapeutic potential of spinal IL-4 for ameliorating established neuropathic pain, little is

known about its mechanism of action. Given that the reactive states of microglia occur

early after nerve injury (e.g., cell number and expression of proinflammatory genes) and

subside in the late phase [4,16,17], it is possible that the pain-resolving effect of IL-4

involves a mechanism other than the previously reported suppression of inflammatory

responses in activated microglia.

In this study, using two different models of neuropathic pain, we demonstrated that

intrathecally administered IL-4 during the late phase changes microglia to a CD11c^{+}

state, which has recently been shown to be necessary for the spontaneous remission of

behavioral hypersensitivity associated with neuropathic pain [18], and, importantly, that this

is required for the pain-relieving effect of intrathecal IL-4. Consequently, our findings

uncover a mechanism for the ameliorating effect of spinal IL-4 on already-developed

neuropathic pain and provide evidence at a preclinical level that IL-4 could induce the

emergence of CD11c^{+} microglia with a function that resolves neuropathic pain.

Results

Intrathecal treatment of IL-4 increases CD11c^{+} microglia in the SDH and alleviates

pain hypersensitivity after SpNT

To examine the effect of IL-4 on the behavioral remission of neuropathic pain, we used

mice with spinal nerve transection [SpNT; a model of neuropathic pain [19,20]] and

repeated the administration of IL-4 to their intrathecal spaces from day 14 post-SpNT,

when the paw withdrawal threshold (PWT) decreased (indicating that mechanical pain

hypersensitivity had been developed) (Fig. 1*A*). Intrathecal treatment with IL-4 increased

the PWT in the hindpaw ipsilateral (but not contralateral) to the SpNT (Fig. 1*A*). Notably,

this behavioral remission of neuropathic mechanical hypersensitivity persisted for at

least 5 days after the last intrathecal injection of IL-4. Because we previously showed

that CD11c^{+} microglia emerging in the SDH after SpNT are necessary for the

spontaneous remission of pain behavior that gradually occurs around 3 weeks after

nerve injury [18], we explored the mechanism of action of spinal IL-4 with a focus on

CD11c^{+} microglia in the SDH. In *Itgax-Venus* mice, in which CD11c^{+} cells are visualized

using the fluorescent protein Venus [18,21], SpNT increased the number of Venus^{+}

(CD11c^{+}) cells in the SDH ipsilateral to the injury (Fig. 1*B*). Consistent with our previous

data [18], almost all CD11c^{+} cells were immunohistochemically positive for ionized

calcium-binding adapter molecule 1 (IBA1) and the purinergic P2Y12 receptor (P2Y12R)

(Fig. 1*B* and *C*), which are markers for myeloid cells and microglia, respectively [22,23]. We

found that intrathecal administration of IL-4 to SpNT mice enhanced the increase in

CD11c^{+} cells in the SDH (Fig. 1*B-D*). These cells also expressed both IBA1 and P2Y12R

(Fig. 1*B* and *C*), indicating that CD11c^{+} cells increased by intrathecal IL-4 were microglia.

Quantitative flow cytometry analysis revealed a significant increase in CD11c^{+} microglia

in the SDH of IL-4-treated SpNT mice (Fig. 1*D*). In contrast, IL-4 did not significantly

change the total number of microglia in the SDH (Fig. 1*D*). These findings suggest that

CD11c^{+} microglia may be involved in the mechanism by which intrathecal treatment with

IL-4 attenuates pain hypersensitivity.

IL-4-induced remission of pain hypersensitivity requires spinal CD11c^{+} microglia

To determine whether CD11c^{+} microglia are required for pain remission induced by IL-4,

we used *Itgax-DTR-EGFP* mice in which the diphtheria toxin (DTX) receptor (DTR) and

enhanced green fluorescence protein (EGFP) are expressed on CD11c^{+} cells [18,24], and

administered DTX intrathecally to these mice to deplete CD11c^{+} microglia in the spinal

cord. Intrathecal IL-4 also induced behavioral remission of mechanical hypersensitivity in

Itgax-DTR-EGFP mice, but the pain-reducing effect was eliminated by intrathecal

injection of DTX on day 17 post-SpNT (Fig. 2*A*). The depletion of EGFP^{+} (CD11c^{+})

microglia in the SDH by DTX injection was confirmed (Fig. 2*B*), indicating the necessity

of spinal CD11c$^+$ microglia for the pain-relieving effect of intrathecal IL-4. IL-4 also

alleviated pain hypersensitivity in female mice, which was also dependent on CD11c$^+$

microglia (Fig.3). In addition to SDH, CD11c$^+$ cells have been shown to be present at the

site of injury and in the DRG [18]. Thus, we examined the involvement of CD11c$^+$ cells in

the DRG in the pain-relieving effect of intrathecal IL-4 using our previously reported

strategy that enables the selective depletion of CD11c$^+$ cells in the periphery [18]. The

intraperitoneal administration of DTX at a low dose (2 ng/g mouse) in SpNT mice treated

with IL-4 on day 17 efficiently eliminated CD11c$^+$ cells (also positive for IBA1) in the

DRG (Fig. 4*A*). However, the number of CD11c$^+$ microglia in the SDH were not

significantly different between the PBS- and DTX-treated groups (Fig. 4B). Under these

conditions, we found that the intraperitoneal administration of DTX had no effect on pain

hypersensitivity suppressed by intrathecal IL-4 (Fig. 4C). These data indicate that

intrathecally administered IL-4 induces microglia to be in a CD11c$^+$ state, and that this

induction is necessary for the ameliorating effect of IL-4 on neuropathic pain.

CD11c$^+$ microglia appearance in the SDH is blunted in SNI model

To extend the therapeutic potential of CD11c$^+$ microglia induced by IL-4 in neuropathic

pain, we employed another model of neuropathic pain [speared nerve injury (SNI);

transection of tibial and common peroneal nerves] [25]. Consistent with previous data [25],

SNI induced a long-lasting pain-hypersensitive state without spontaneous remission, at

least until the last day of testing (day 56 post-SNI) (Fig. 5*A*), which was in stark contrast

to the time course of pain hypersensitivity in the SpNT model. We found that the number

of CD11c$^+$ microglia in the SDH at 14 days after nerve injury was lower in the SNI model

than in the SpNT model (Fig. 5*B*). Quantitative analysis by flow cytometry confirmed that

there were fewer CD11c$^+$ SDH microglia in the SNI mice (Fig. 5*C*). A blunted

appearance was also observed on days 35 and 56 post-SNI. In contrast, the total

number of microglia in the SDH was comparable between the two models at all time

points tested, suggesting an impairment of the nerve injury-induced appearance of

CD11c$^+$ microglia in the SNI model. Furthermore, insulin-like growth factor 1 (IGF1) has

been identified as a factor that is highly expressed in CD11c$^+$ microglia and is necessary

for their pain-remitting effect [18]. We quantified *Igf1* mRNA expression in the spinal tissue

or fluorescence-activated cell sorting (FACS)-isolated SDH microglia from nerve-injured

mice (Fig. 6). While *Igf1* expression in sorted microglia increased in both models after

injury, its levels were lower in microglia from SNI mice than in those from SpNT mice

(Fig. 6*D*). In addition, an increase in *Igf1* mRNA expression in the tissue homogenate of

the upper half of the SDH, where CD11c$^+$ microglia accumulate [18], was not observed in

tissues from the SNI model (Fig. 6*E*). Moreover, in FACS-isolated CD11c^{high} SDH

microglia that highly expressed IGF1, the expression of *Igf1* mRNA was significantly

lower in the SNI model (Fig. 6*F*). Thus, given that either the depletion of CD11c$^+$

microglia or knockout of their IGF1 prevents the spontaneous remission of pain in the

SpNT model [18], the long-lasting pain-hypersensitive state in the SNI model could be

related to the blunted increase in CD11c$^+$ microglia in the SDH and their lower

expression of IGF1.

IL-4 alleviates SNI-induced pain hypersensitivity in CD11c$^+$ microglia- and IGF1-

dependent manners

Based on the above findings, we tested whether IL-4 could increase the number of

CD11c$^+$ microglia and resolve pain hypersensitivity in the SNI model. Intrathecal

treatment with IL-4 in SNI mice from day 14 to day 16 significantly increased the number

of CD11c$^+$ microglia on day 21, almost all of which were positive for IBA1 and P2Y12R

(Fig. 7*A-C*). Similar to the data obtained for SpNT mice, the total number of microglia in

the SDH were not significantly different between PBS- and IL-4-treated SNI mice (Fig.

7*C*). Behaviorally, intrathecal IL-4 treatment alleviated the SNI-induced mechanical

hypersensitivity (Fig. 7*D*). Furthermore, the depletion of CD11c$^+$ microglia in the SDH of

IL-4-treated SNI mice by intrathecal administration of DTX on day 17 negated the

ameliorating effect of IL-4 on pain hypersensitivity (Fig. 8*A* and *B*). Moreover, the IL-4's

effect was not observed in *Cx3cr1*$^{CreERT2/+}$;*Igf1*$^{flox/flox}$ mice treated with tamoxifen (Fig. 8*C*),

a treatment that enables selective knockout of the *Igf1* gene in tissue-resident *Cx3cr1*$^+$

cells [26], the majority of which are microglia in the SDH [18]. Overall, intrathecally

administered IL-4 exhibited a pain-remitting effect in the SNI model, which was

dependent on CD11c$^+$ microglia and IGF1.

Discussion

In this study, we demonstrated for the first time that CD11c$^+$ microglia are an essential

target of IL-4 administered intrathecally to induce the behavioral remission of pain

hypersensitivity caused by peripheral nerve injury. The pharmacological effect of

intrathecal IL-4 appears to be mediated by its direct action on spinal microglia, as the

expression of IL-4Rα in the SDH has been shown to be predominant in microglia after

nerve injury [14]. This is also supported by the data that activation of STAT6 (the

downstream molecule of IL-4Rα) after intrathecal IL-4 selectively occurs in spinal

microglia [14] and that primary cultured microglia treated with IL-4 become CD11c^{+} and

express IGF1 [27–29]. Furthermore, based on our data showing that IL-4 increased the

number of CD11c^{+} microglia without affecting the total number of microglia, it is

conceivable that IL-4 acts on microglia and changes their state to CD11c^{+} microglia

(rather than the proliferation of CD11c^{+} microglia themselves), leading to behavioral

remission of neuropathic pain.

In addition to SDH, the peripheral effects of IL-4 on neuropathic pain have been

reported in several pain models. IL-4 applied to injured peripheral nerves, such as sciatic

nerves, ameliorates neuropathic mechanical hypersensitivity [11]. In sciatic nerves, IL-4Rα

expression is upregulated in macrophages that accumulate in injured nerves [11]. Although

intrathecal administration of IL-4 may affect cells in the DRG, our findings obtained from

mice with depletion of CD11c^{+} IBA1^{+} cells (presumably macrophages) in the DRG (but

not SDH) suggest that the cells required for intrathecal IL-4 to ameliorate pain

hypersensitivity are CD11c^{+} microglia in the SDH, but not peripheral CD11c^{+}

macrophages. Furthermore, perineurally administered IL-4 can act on macrophages,

which leads to a change in their state from pro- to anti-inflammatory via a STAT6-

dependent mechanism [11] and further to a release of opioid peptides that are key factors

in the suppression of neuropathic pain [10]. In the SDH, IGF1 appears to be necessary for

the pain-relieving effect of CD11c^{+} microglia induced by IL-4. This is supported by data

obtained from microglia-selective IGF1-knockout mice (*Cx3cr1*[CreERT2/+];*Igf1*[flox/flox] mice

treated with tamoxifen). Although *Cx3cr1*^{+} cells, other than CD11c^{+} microglia, also lack

Igf1 in these mice, given *Igf1* expression is much higher in CD11c^{+} microglia than in

CD11c^{neg} microglia [18], IGF1 from CD11c^{+} microglia would play an important role in IL-4-

induced pain remission. Thus, while IL-4 acts on macrophages and microglia in the

DRG/injured nerves and the SDH, respectively, the molecular basis of its ameliorating

effects on neuropathic pain hypersensitivity is different.

Another notable finding of this study was that the emergence of CD11c^{+} spinal

microglia following nerve injury was impaired in the SNI model, which did not exhibit

spontaneous remission of behavioral pain hypersensitivity. This raises the possibility that

the reduced ability of spinal microglia to shift toward the CD11c^{+} state in the SNI model

contributes, at least in part, to long-lasting pain hypersensitivity because SpNT mice with

depleted CD11c^{+} spinal microglia have been shown to exhibit persistent pain

hypersensitivity [18]. Considering our finding that the total number of spinal microglia was

comparable between the SpNT and SNI models, the signal(s) for microglia to transition

to the CD11c^{+} state, rather than to the initial activation after nerve injury, could be

different in these models. The mechanisms underlying this difference require further

investigation, but we highlight that even under such conditions, IL-4 administered

intrathecally induces the appearance of CD11c^{+} microglia in the SDH and exerts a pain-

remitting effect in a manner that dependent on CD11c^{+} microglia. These data suggest

that spinal microglia in the SNI model retain the ability to respond to IL-4, allowing

microglia to be in a CD11c^{+} state that remits neuropathic pain and broadly extends their

therapeutic potential to neuropathic pain.

This study demonstrated that intrathecal IL-4 administration in SpNT mice increased the

number of CD11c^{+} microglia in the SDH, which is essential for the pain-relieving effect of

intrathecal IL-4. Furthermore, in another neuropathic pain model (SNI), which exhibits a

long-lasting neuropathic pain state, the nerve injury-induced CD11c^{+} microglia

appearance was blunted, but intrathecal IL-4 increased their appearance and

ameliorated behavioral pain hypersensitivity in a CD11c^{+} microglia-dependent manner.

Our study revealed the mechanism by which intrathecal IL-4 ameliorates pain

hypersensitivity after nerve injury and provides evidence for a strategy to promote the

emergence of CD11c^{+} microglia for treating neuropathic pain.

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analyzed the data. K.H. assisted some experiments. T.M. provided advice for some

experiments. M.T. conceived this project, designed experiments, supervised the overall

project, and wrote the manuscript. All of the authors read and discussed the manuscript.

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Figure titles and legends

Figure 1. IL-4 increases CD11c$^+$ microglia in the SDH and ameliorates pain

hypersensitivity in the SpNT mice.

(*A*) Paw withdrawal threshold (PWT) of *Itgax-Venus* mice before (Pre) and after SpNT (n

= 7–8 mice). IL-4 or PBS was intrathecally administrated from day 14 to day 16 post-

SpNT (once a day for three days). ****$P < 0.0001$ versus the ipsilateral side of PBS-

treated group, two-way ANOVA with post hoc Tukey multiple comparison test. (*B*) Venus

fluorescence (yellow) and P2Y12R and IBA1 immunostaining (magenta and cyan,

respectively) in the SDH of *Itgax-Venus* mice with SpNT 21 days after PBS or IL-4

treatment (from day 14 to 16). Scale bars, 200 µm (middle), 100 µm (right). (*C*)

Colocalization of Venus, P2Y12R and IBA1. Scale bar, 20 µm. (*D*) Flow cytometric

quantification for the number of CD11c$^+$ (CD11b$^+$CD45$^+$Venus$^+$) and total

(CD11b$^+$CD45$^+$) microglia in the 3–4th lumbar SDH contralateral (*C*) and ipsilateral (I) to

SpNT (n = 6–7 mice). One-way ANOVA with post hoc Tukey multiple comparison test.

Data are shown as mean ± SEM.

Figure 2. IL-4-induced remission of pain hypersensitivity requires spinal CD11c^{+}

microglia.

(*A*) Paw withdrawal threshold (PWT) of *Itgax-DTR-EGFP* mice before (Pre) and after

SpNT (n = 6 –7 mice). IL-4 or PBS was intrathecally administrated from days 14 to 16

post-SpNT (once a day for three days). On day 17, DTX (0.5 ng/mouse) or PBS was

intrathecally injected. ****$P < 0.0001$ versus the ipsilateral side of PBS-PBS group, [††††]P

< 0.0001 versus the ipsilateral side of IL-4-PBS group, two-way ANOVA with post hoc

Tukey multiple comparison test. (*B*) Flow cytometric quantification for the number of

CD11c^{+} microglia (CD11b^{+}CD45^{+}EGFP^{+}) in the 3–4th lumbar SDH contralateral (C) and

ipsilateral (I) to SpNT in *Itgax-DTR-EGFP* mice treated with PBS/PBS, IL-4/PBS, or IL-

4/DTX (n = 4–5 mice). One-way ANOVA with post hoc Tukey multiple comparison test.

Data are shown as mean ± SEM.

Figure 3. IL-4 alleviates pain hypersensitivity in female mice.

Paw withdrawal threshold (PWT) of *Itgax-DTR-EGFP* mice before (Pre) and after SpNT

(n = 6 female mice). IL-4 or PBS was intrathecally administrated from days 14 to 16

post-SpNT (once a day for three days). On day 17, DTX (0.5 ng/mouse) or PBS was

intrathecally injected. ****$P < 0.0001$ versus the ipsilateral side of PBS-PBS group, [†††]$P <$

0.001 versus the ipsilateral side of IL-4-PBS group, two-way ANOVA with post hoc

Tukey multiple comparison test. Data are shown as mean ± SEM.

Figure 4. CD11c^{+} cells in the DRG are involved in IL-4-induced remission of pain

hypersensitivity.

(*A* and *B*) Immunohistochemical analyses of CD11c^{+} cells (EGFP^{+} IBA1^{+}) in the DRG (*A*)

and SDH (*B*) on day 18 post-SpNT of *Itgax-DTR-EGFP* mice treated intrathecally with

IL-4 (from day 14 to 16) (n = 4–5 mice). DTX (2 ng/g) or PBS was intraperitoneally

injected on day 17. The myeloid marker IBA1 was also stained in the SDH (*B*). Scale

bars, 100 μm. Unpaired t-test. (*C*) Effect of DTX (2 ng/g) intraperitoneally injected (on

day 17) on PWT of SpNT mice treated intrathecally with PBS or IL-4 (from day 14 to 16)

(n = 5 mice). Data are shown as mean ± SEM.

Figure 5. Blunted appearance of CD11c$^+$ microglia in the SDH after SNI.

(*A*) PWT of wild-type (WT) mice before (Pre) and after SpNT and SNI (n = 5 mice). (*B*)

Venus (yellow) and IBA1 immunostaining (magenta) in the SDH of SpNT and SNI mice

on day 14. Scale bar, 200 μm. (*C*) Flow cytometric quantification of the number of

CD11c$^+$ (CD11b$^+$CD45$^+$Venus$^+$) and total (CD11b$^+$CD45$^+$) microglia in the 3–4th lumbar

SDH of *Itgax-Venus* mice after SpNT and SNI (n = 3–5 mice). ****$P < 0.0001$ versus the

ipsilateral side of SNI group, two-way ANOVA with post hoc Tukey multiple comparison

test. Data are shown as mean ± SEM.

Figure 6. Expression of Igf1 is lower in the SNI model.

(*A-C*) *Igf1* mRNA in total RNA extracted from sorted SDH microglia (*A*; n = 4 mice), from

tissue homogenate of the upper half of the SDH (*B*; n = 3–4 mice), or from the sorted

CD11c^{high} microglia (*C*; n = 5–6 mice) in *Itgax-Venus* mice was quantified by qPCR on

day 36 post-SpNT or SNI. Cells and tissues were collected from the contralateral (C)

and ipsilateral (I) side to the SpNT or SNI. Values represent the relative ratio of *Igf1*

mRNA (normalized to the value for *Actb* mRNA) to the ipsilateral (*A* and *C*) or

contralateral (*B*) side of SpNT mice. One-way ANOVA with post hoc Tukey multiple

comparison test (*A* and *B*). Unpaired t-test (*C*). Data are shown as mean ± SEM.

Figure 7. IL-4 increases CD11c$^+$ microglia in the SDH and ameliorates pain hypersensitivity in the SNI mice.

(*A*) Venus fluorescence (yellow) and P2Y12R and IBA1 immunostaining (magenta and cyan, respectively) in the SDH of *Itgax-Venus* mice with SpNT after PBS or IL-4 treatment. Scale bar, 200 μm. (*B*) Colocalization of Venus, P2Y12R and IBA1. Scale bar, 20 μm. (*C*) Flow cytometric quantification for the number of CD11c$^+$ (CD11b$^+$CD45$^+$Venus$^+$) and total (CD11b$^+$CD45$^+$) microglia in the 3–4th lumbar SDH contralateral (C) and ipsilateral (I) to SNI (n = 7 mice). One-way ANOVA with post hoc Tukey multiple comparison test. (*D*) Paw withdrawal threshold (PWT) of *Itgax-Venus* mice before (Pre) and after SNI (n = 6–8 mice). IL-4 or PBS was intrathecally administrated from day 14 to 16 post-SNI (once a day for three days). *P < 0.05, ***P < 0.001 versus the ipsilateral side of PBS group, two-way ANOVA with post hoc Tukey multiple comparison test. Data are shown as mean ± SEM.

Figure 8. IL-4 alleviates SNI-induced pain hypersensitivity in CD11c$^+$ microglia- and IGF1- dependent manners.

(*A*) Flow cytometric quantification for the number of CD11c$^+$ microglia (CD11b$^+$CD45$^+$EGFP$^+$) in the 3–4th lumbar SDH contralateral (*C*) and ipsilateral (I) to SNI in *Itgax-DTR-EGFP* mice treated with IL-4/PBS or IL-4/DTX (n = 6 mice). One-way ANOVA with post hoc Tukey multiple comparison test. (*B*) PWT of *Itgax-DTR-EGFP* mice before (Pre) and after SNI (n = 6 mice). IL-4 was intrathecally administrated from day 14 to 16 post-SNI (once a day for three days). On day 17, DTX (0.5 ng/mouse) or PBS was intrathecally injected. **P < 0.01 versus the ipsilateral side of IL-4-PBS group,

two-way ANOVA with post hoc Tukey multiple comparison test. (C) PWT of

$Cx3cr1^{CreERT2/+}$;$Igf1^{flox/flox}$ mice before (Pre) and after SNI (n = 5–7 mice). Tamoxifen or

vehicle were administered 4 weeks before SNI to induce recombination. IL-4 was

intrathecally administered from day 14 to 16 post-SNI (once a day for three days). ***P

< 0.001 versus the ipsilateral side of Corn oil group, two-way ANOVA with post hoc

Tukey multiple comparison test. Data are shown as mean ± SEM.

Materials and Methods

Key Resources Table				
Reagent type (species) or resource	**Designation**	**Source or reference**	**Identifiers**	**Additional information**
strain, strain background (include species and sex here)	C57BL/6J	The Jackson Laboratory Japan	NA	
genetic reagent (include species here)	B6.Cg-Tg(Itgax-Venus)Mnz/J	Jackson Laboratory	RRID:IMSR_JAX:008829	
genetic reagent (include species here)	B6.FVB-1700016L21RikTg(Itgax-DTR/EGFP)57Lan/J	Jackson Laboratory	RRID:IMSR_JAX:004509	
genetic reagent (include species here)	B6.129P2(Cg)-Cx3cr1tm2.1(cre/ERT2)Litt/WganJ	Jackson Laboratory	RRID:IMSR_JAX:021160	

genetic reagent (include species here)	B6.129(FVB)-Igf1tm1Dlr/J	Jackson Laboratory	RRID:IMSR_JAX:016831	
antibody	Guinea pig anti-IBA1	Synaptic Systems	RRID:AB_2924932	1:2000
antibody	Rabbit anti-P2Y12R	AnaSpec	RRID:AB_2298886	1:2000
antibody	Rabbit anti-GFP	MBL International	RRID:AB_591819	1:1000
antibody	Goat Anti-Guinea pig IgG H&L (Alexa Fluor® 405)	Abcam	RRID:AB_2827755	1:1000
antibody	Goat anti-Rabbit IgG (H+L) Highly Cross-Adsorbed Secondary Antibody, Alexa Fluor™ 488	Thermo Fisher Scientific	RRID:AB_2576217	1:1000
antibody	Goat anti-Rabbit IgG (H+L) Highly Cross-Adsorbed Secondary Antibody, Alexa Fluor™ 546	Thermo Fisher Scientific	RRID:AB_2534093	1:1000
antibody	Rat Anti-CD16 / CD32 Monoclonal Antibody, Unconjugated, Clone 2.4G2	BD Biosciences	RRID:AB_394657	1:200
antibody	Rat Anti-CD11b Monoclonal Antibody, Alexa Fluor™ 647 Conjugated, Clone M1/70	BD Biosciences	RRID:AB_396796	1:1000
antibody	PE anti-mouse CD45	BioLegend	RRID:AB_312971	1:1000
antibody	Brilliant Violet 785(TM) anti-mouse/human CD11b	BioLegend	RRID:AB_2561373	1:1000
antibody	APC anti-mouse CD206 (MMR)	BioLegend	RRID:AB_10900231	1:200
peptide, recombinant	Recombinant Murine IL-4	PeproTech	214-14	

protein				
commercial assay or kit	Myelin Removal Beads II	Miltenyi Biotec	130-096-433	
commercial assay or kit	MACS LS column	Miltenyi Biotec	130-042-401	
commercial assay or kit	Quick-RNA Micro-Prep kit	ZYMO	R1051	
commercial assay or kit	Trisure	Bioline	BIO-38032	
commercial assay or kit	Prime Script reverse transcriptase	Takara	2680B	
commercial assay or kit	Premix Ex Taq™ (Probe qPCR)	Takara	RR390B	
chemical compound, drug	tamoxifen	SIGMA	T5648	
chemical compound, drug	Diphtheria Toxin Solution	Wako	048-34371	
chemical compound, drug	collagenase D	Roche	11088866001	
chemical compound, drug	dispase	GIBCO	17105041	
chemical compound, drug	RNAlater	Invitrogen	AM7021	
chemical compound, drug	7-aminoactinomycin D	Miltenyi Biotec	170-081-088	
software, algorithm	LSM700 Imaging System	Carl Zeiss	NA	
software, algorithm	CytoFLEX SRT	Beckman Coulter	NA	
software, algorithm	FlowJo	BD	RRID:SCR_008520	
software, algorithm	FACSAria III	BD	NA	

		Biosciences		
software, algorithm	QuantStudio® 3	Applied Biosystems	NA	
software, algorithm	Prism 7	GraphPad	NA	

Mice. C57BL/6 mice were purchased from Charles River Japan (Kanagawa, Japan). *Itgax-Venus* mice (B6.Cg-Tg(*Itgax-Venus*)Mnz/J) [21], *Itgax-DTR-EGFP* mice (B6.FVB-1700016L21Rik*Tg(Itgax-DTR/EGFP)57Lan/J*) [24], *Cx3cr1*[CreERT2/+] mice (B6.129P2(Cg)-*Cx3cr1*[tm2.1(cre/ERT2)Litt]/WganJ) [26], *Igf1*[flox/flox] mice (B6.129(FVB)-*Igf1*[tm1Dlr]/J) [30] were purchased from Jackson Laboratory (Bar Harbor, ME). The data were obtained from male mice except for the data shown in Figures 1D, 3, and 7C. For induction of Cre recombinase, *Cx3cr1*[CreERT2/+]; *Igf1*[flox/flox] mice were injected subcutaneously with 4 mg of tamoxifen (Sigma, St. Louis, MO) dissolved in 200 µL corn oil (Wako, Osaka, Japan) twice with a 48-hr interval. Four weeks later when gene-deleting CX3CR1$^+$ cells in peripheral tissues including the DRG has been shown to be replaced by non-deleting cells [26,31], the mice were subjected to nerve injury. All mice used were aged 5–14 weeks at the start of each experiment, and were housed individually or in groups at a temperature of 22±1°C with a 12-hr light–dark cycle, and were fed food and water ad libitum. All animal experiments were conducted according to relevant national and international guidelines contained in the 'Act on Welfare and Management of Animals' (Ministry of Environment of Japan) and 'Regulation of Laboratory Animals' (Kyushu University) and under the protocols approved by the Institutional Animal Care and Use committee review panels at Kyushu University.

Peripheral nerve injury. We used two injury models, spinal nerve transection (SpNT)

[18,32], which is a modified spinal nerve injury model [19], and spared nerve injury (SNI) [25].

For the SpNT model, under isoflurane (2%) anesthesia, a small incision at L3–S1 was

made. The paraspinal muscle and fat were removed from the L5 traverse process, which

exposed the parallel-lying L3 and L4 spinal nerves. The L4 nerve was then carefully

isolated and cut while leaving the L3 spinal nerve intact. The wound and the surrounding

skin were sutured with 5-0 silk. For the SNI model, according to a previously reported

method [33], under isoflurane (2%) anesthesia, the skin on the left thigh was open, and

terminal branches of the sciatic nerve were exposed by separating the thigh muscle

layer using scissors and blunt forceps. Two of the three branches, the tibial and common

peroneal nerves, were tightly ligated with 7-0 Nylon (NM-01, WASHIESU MEDICAL) and

a small portion of the nerves distal to the ligation were removed while leaving the sural

nerve intact. The wound and the surrounding skin were sutured with 5-0 silk.

Immunohistochemistry. According to our previously reported method [18], mice were

deeply anesthetized by i.p. injection of pentobarbital and perfused transcardially with

phosphate buffered saline (PBS) followed by ice-cold 4% paraformaldehyde/PBS.

Transverse L4 spinal cord sections (30 µm) or L4 dorsal root ganglion (DRG) sections

(20 µm) were incubated for 48 hrs at 4 °C with primary antibody for IBA1 (1:2000; Cat#

234 308, Synaptic Systems), P2Y12R (1:2000; Cat# AS-55043A, AnaSpec), or GFP

(1:1000; Cat# 598, MBL Life science). Tissue sections were incubated with secondary

antibodies conjugated to Alexa Fluor 405 (1:1000, Abcam), 488, or 546 (1:1000,

Molecular Probes) and mounted with Vectashield. Three to five sections from one tissue

were randomly selected and analyzed using an LSM700 Imaging System (Carl Zeiss,

Japan).

Behavioral test. To assess mechanical sensitivity, calibrated von Frey filaments (0.02–

2.0 g, North Coast Medical, USA) were applied to the plantar surfaces of the hindpaws

of mice with or without PNI [18] and the 50% PWT was determined using the up–down

method [34].

Intrathecal injection. Under 2% isoflurane anesthesia, a 30G needle attached to a 25-

μL Hamilton syringe was inserted into the intervertebral space between L5 and L6 spinal

vertebrae in mice, as previously described [18,35]. Recombinant Murine IL-4 was

purchased from Peprotech (Cat# 214-14). IL-4 (40 ng/μL in PBS, 5 μL/mouse) or PBS

as a control were intrathecally injected once a day for 3 days from day 14 post-PNI. DTX

was purchased from Wako (Cat# 048-34371) and was injected intrathecally (0.1 ng/μL in

PBS, 5 μL/mouse) or intraperitoneally (2 ng/g mouse) into *Itgax-DTR-EGFP* mice. Only

mice whose hypersensitivity was attenuated by IL-4 treatment were used for the DTX-

induced cell depletion experiment shown in Figure 4C (10 out of 12 mice were included)

and Figure 8B (12 out of 15 mice were included).

Flow cytometry. As previously described [18], mice were deeply anesthetized by i.p.

injection of pentobarbital and perfused transcardially with PBS to remove the circulating

blood from the vasculature. The spinal cord was rapidly and carefully removed from the

vertebral column and placed into ice-cold Hanks' balanced salt solution (HBSS). The 3–

4 lumbar (L3/4) segments (2 mm long) of the spinal dorsal horn (SDH) ipsilateral and

contralateral to nerve injury were separated. Unilateral spinal tissue pieces were treated

with pre-warmed 0.8-mL enzymatic solution [0.2 U/mL collagenase D (Cat#

11088866001; Roche) and 4.3 U/mL dispase (Cat# 17105041; GIBCO)] in HBSS

containing 2% fetal bovine serum (FBS) for 30 min at 37 °C. The tissues were

homogenized by passing through a 23G needle attached with a 1-mL syringe and were

further incubated for 15 min at 37 °C. After that, the tissues were homogenized by

passing twice through a 26G needle, and the enzymatic reaction was stopped by adding

EDTA (0.5 M). To count the number of CD11c$^+$ (Venus$^+$ or EGFP$^+$) microglia, cell

suspension was blocked by incubating with Fc Block (Cat# 553142; BD Biosciences) for

5 min at 4 °C and immunostained with CD11b-AlexaFluor 647 (M1/70; 1:1000; Cat#

557686, BD Biosciences) and CD45-PE (1:1000; Cat# 103106, Biolegend) for 30 min at

4 °C in the dark. After washing, the pellet was resuspended in ice-cold HBSS-FBS and

filtered through a 35-μm nylon cell strainer (BD Biosciences) to isolate tissue debris from

the cell suspension. The total number of microglia (CD11b$^+$ CD45$^+$ cells) in the L3/4

spinal cord or SDH was analyzed using CytoFLEX SRT (Beckman Coulter) and FlowJo

software (TreeStar). Microglia with Venus fluorescence higher in intensity than that

observed in microglia of wild-type mice were analyzed as CD11c$^+$ microglia.

Fluorescent activated cell sorting (FACS). Spinal tissues were removed and

homogenized as described above. Myelin debris was removed from the cell suspension

using Myelin Removal Beads II and a MACS LS column (Miltenyi Biotec, Bergisch-

Gladbach, Germany) according to the manufacturer's protocol and our previously

reported method [18]. After centrifugation (300 × g, 10 min, 4 °C), the cells were

resuspended in HBSS containing 10% FBS. The cell suspension was blocked by

incubating with Fc Block and immunostained with CD11b-Brilliant Violet 785 (1:1000;

Cat# 101243, BioLegend), CD206-APC (1:200; Cat# 141708, BioLegend), and CD45-

PE (1:1000; Cat# 103105, BioLegend) for 30 min at 4 °C in the dark. After washing, cell

suspension was treated with 7-aminoactinomycin D (7-AAD; Miltenyi Biotec) and

incubate for 10 min on ice for viability staining prior to cell sorting. $CD11b^+ CD45^+$

$CD206^{neg} 7\text{-}AAD^{neg}$-singlet cells are gated as live microglia and sorted using FACSAria III

(BD Biosciences) or CytoFLEX SRT. The sorted cells were directly collected in lysis

buffer for total RNA extraction using the Quick-RNA Micro-Prep kit (ZYMO). $CD11c^{high}$

microglia were collected as cells with Venus fluorescence higher than the median Venus

fluorescence of all $CD11c^+$ microglia [18]

mRNA extraction from spinal cord homogenates. Mice were deeply anesthetized by

pentobarbital and perfused transcardially with ice-cold PBS followed by RNAlater™

Stabilization Solution (Cat# AM7021, Invitrogen). The isolated SDH tissue around the

boundary between L3 and L4 segments was isolated and separated into the ipsilateral

and contralateral sides, and the upper half portion of the SDH of each side was

dissected as described previously [18]. Total RNA was extracted from tissue homogenates

using Trisure (CAT# BIO-38032, Bioline, USA) according to manufacturer's protocol and

purified with the Quick-RNA Micro-Prep kit (ZYMO).

qPCR. As described previously [18], the extracted RNA from the sorted cells or the tissue

was transferred to reverse transcriptional reaction with Prime Script reverse

transcriptase (2680B, Takara, Japan). Quantitative PCR (qPCR) was performed with

Premix Ex Taq™ (Cat# RR390B, Takara, Japan) using QuantStudio® 3 (Applied

Biosystems, USA). Expression levels were normalized to the values for *Actb*. The

sequences of TaqMan primer pairs and probe are described below: *Actb*: 5'-FAM-

CCTGGCCTCACTGTCCACCTTCCA-TAMRA-3' (probe), 5'-

CCTGAGCGCAAGTACTCTGTGT-3' (forward primer), 5'-

CTGCTTGCTGATCCACATCTG-3' (reverse primer); *Igf1*: 5'- /56-

FAM/TCCGGAAGC/ZEN/AACACTCACATCCACAA/3IABkFQ/-3' (probe), 5'-

AGTACATCTCCAGTCTCCTCA-3' (forward primer), 5'- ATGCTCTTCAGTTCGTGTGT-

3' (reverse primer).

Quantification and statistical analysis. All data are shown as mean ± s.e.m. Statistical

significance was determined using the unpaired t-test, two-way ANOVA with post hoc

Tukey's multiple comparison test or one-way ANOVA with post hoc Tukey's multiple

comparison test using GraphPad Prism 7 software. Differences were considered

significant at P<0.05.

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A

Itgax-Venus mice

	Contra	Ipsi
PBS	○	● (gray)
IL-4	○ (light blue)	● (dark blue)

PBS or IL-4 (i.t.)

Pre   14   17   21
Post-SpNT (days)

****
****

B

Venus

Venus P2Y12R IBA1

PBS

Contra   Ipsi   Ipsi

IL-4

Contra   Ipsi   Ipsi

C

Venus	P2Y12R	Venus P2Y12R IBA1
PBS		
IL-4		

D

CD11c⁺ microglia
(CD11b⁺ CD45⁺ Venus⁺)

p=0.0006

Cells in the SDH (x100)

C   I   C   I
PBS   IL-4

Total microglia
(CD11b⁺ CD45⁺)

Cells in the SDH (x100)

C   I   C   I
PBS   IL-4

○ Male   ○ Female

A

Itgax-DTR-EGFP mice (male)

	Contra	Ipsi	
	○	●	PBS - PBS
	●	●	IL-4 - PBS
	●	●	IL-4 - DTX

PWT (g)

****

††††

PBS or IL-4 (i.t.)   PBS or DTX (i.t.)

Pre   14   17   18

Post-SpNT (days)

B **CD11c⁺ microglia**

($CD11b^+$ $CD45^+$ $EGFP^+$)

$p < 0.0001$

Cells in the SDH (x100)

C	I	C	I	C	I
PBS - PBS		IL-4 - PBS		IL-4 - DTX	

A

WT mice [Contra Ipsi
○ ● SpNT
◇ ◆ SNI]

PWT (g)

Post-injury (days)
Pre 3 7 14 21 28 35 42 49 56

B

SpNT · SNI

Venus

Venus IBA1

C

CD11c⁺ microglia
(CD11b⁺ CD45⁺ Venus⁺)

Cells in the SDH (x100)

**** **** ****

Post-injury (days)
14 35 56

Itgax-Venus mice [Contra Ipsi
○ ● SpNT
◇ ◆ SNI]

Total microglia
(CD11b⁺ CD45⁺)

Cells in the SDH (x100)

Post-injury (days)
14 35 56

A **Sorted microglia**
(CD11b$^+$CD45$^+$)

Igf1 mRNA (fold)

p=0.0002 p=0.0006

n.d. n.d.

C I C I
SpNT SNI

B **Upper half of SDH**

Igf1 mRNA (fold)

p=0.0475 p=0.0534

C I C I
SpNT SNI

C **Sorted CD11c^{high} microglia**
(CD11b$^+$ CD45$^+$ Venus^{high})

Igf1 mRNA (fold)

p=0.0043

SpNT SNI

A

PBS   IL-4

Venus

Venus P2Y12R IBA1

Contra   Ipsi   Contra   Ipsi

B

PBS   IL-4

Venus

P2Y12R

Venus P2Y12R IBA1

C

CD11c⁺ microglia
(CD11b⁺ CD45⁺ Venus⁺)

p=0.0031

Cells in the SDH (x100)

C   I   C   I
PBS   IL-4

Total microglia
(CD11b⁺ CD45⁺)

Cells in the SDH (x100)

C   I   C   I
PBS   IL-4

◇ Male   ◇ Female

D

Contra   Ipsi
Itgax-Venus [◇   ◆ PBS
mice   [◇   ◆ IL-4

PWT (g)

*** ***

PBS or IL-4 (i.t.)

Pre   14   17   21
Post-SNI (days)

A **CD11c⁺ microglia**
(CD11b⁺ CD45⁺ EGFP⁺)