Energy efficiency and sensitivity benefits in a motion processing adaptive recurrent neural network

Vishnu Mohan[1] & Reuben Rideaux[1,2]

[1]School of Psychology, The University of Sydney, Camperdown, Australia

[2]Queensland Brain Institute, The University of Queensland, St Lucia, Australia

corresponding author: reuben.rideaux@sydney.edu.au

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ABSTRACT

Motion processing is a key function for the survival of many organisms and is initially implemented in the primary visual cortex (V1) and the middle temporal area (V5/MT) of the primate visual cortex. Advances in machine learning approaches have led to the development of motion processing neural networks that have elucidated several aspects of this process. However, it remains unclear how adaptation, a canonical function of sensory processing, influences motion processing. In this study, we developed two recurrent neural networks to study motion processing: MotionNet-R, a baseline model, and AdaptNet, a model that employs adaptive mechanisms inspired by biological systems. Both networks were trained on natural image sequences to estimate motion vectors. We found that both networks developed response properties that resembled those of neurons found in areas V1 and MT, e.g., speed tuning, and AdaptNet recapitulated the motion aftereffect phenomenon (i.e., *the waterfall illusion*). We show that the emergent computational properties that implement the phenomenon in AdaptNet confirm previous theoretical hypotheses. Further, we compared the performance of the two networks and found that AdaptNet processed motion more efficiently, operationalized as reduced activation. While AdaptNet incurred reduced accuracy in response to prolonged constant input, it was both more accurate and sensitive in response to changes in motion input. These results are consistent with theoretical explanations of adaptation as neural property that supports metabolic efficiency and increased sensitivity to change in the environment. Our findings provide novel insights into the neural mechanisms underlying motion adaptation and highlight the potential advantages of adaptive neural networks in modelling biological processes.

INTRODUCTION

Biological Basis of Motion Processing and Adaptation

The ability to process and interpret motion is one of the most fundamental requirements for survival in any environment. In the primate visual cortex, multiple areas work together in a hierarchical fashion to process increasingly complex forms of motion. Two key regions in this network are the primary visual cortex (V1) and the middle temporal area (V5/MT), which serve intrinsic roles in the early stages of motion processing. While V1 is primarily responsible for detecting local motion, MT integrates these local signals to compute global motion (Movshon & Newsome, 1996). This processing hierarchy in perhaps most prominently demonstrated by the responses to V1 and MT neurons in response to drifting sinewave and plaid gratings (Movshon et al., 1985).

A key feature of motion processing, and healthy brain function more broadly, is adaptation. Motion adaptation manifests in various perceptual phenomena, most notably the motion aftereffect (MAE) or "waterfall illusion", where prolonged exposure to motion in one direction leads to perception of motion in the opposite direction when subsequently viewing a stationary stimulus (Mather et al., 1998). While the MAE itself does not seem to enhance perception, it reflects underlying adaptive mechanisms thought to optimize neural resources and enhance sensitivity to changes in visual motion (Mather et al., 1998).

There have been significant advances in our understanding of motion processing (Born & Bradley, 2005; Burr & Thompson, 2011; Nishida, 2011) and its limitations (Edwards & Rideaux, 2013; Rideaux & Edwards, 2014). However, the neural mechanisms that underlie motion adaptation are not yet fully understood (Clifford et al., 2007; Glasser et al., 2011; Solomon & Kohn, 2014). Multiple factors contribute to this challenge. One such issue is that motion adaptation is distributed across several areas of the brain, which makes it difficult to isolate its effects on specific areas (Britten, 2008). Even within a single brain region, there is significant variability in both anatomy and response properties. For example in V1, the diversity of cell types, subcortical input adaptation, and complex changes in both gain and tuning preference of neurons present additional challenges

(Carandini et al., 1999; Wissig & Kohn, 2012). This is further complicated by the wide
range of adaptation timescales, from milliseconds to hours, which makes comprehensive
experimental design difficult (Glasser et al., 2011). There is also an inherent variability in
neural responses, which obscures adaptive changes (Bair & Movshon, 2004). Studying
adaptation in higher layers poses additional challenges due to the interplay between
inherited and local adaptation effects, which can be difficult to disentangle (Patterson et
al., 2013; Rideaux & Harrison, 2019; Zamboni et al., 2020). Additionally, factors such as
the diversity of cell types in higher regions like area MT, which adapt differently to those
in V1 (LI et al., 2007), and the potential for top-down influences such as attention (Kohn
& Movshon, 2004) further complicate the study of motion adaptation.

Despite of the difficulty associated with studying motion adaptation, considerable
progress has been made towards understanding this phenomenon. Johnston et al. (2006)
revealed the effect of adaptation on speed perception, while the influence of adaptation
on motion integration was explored by Patterson et al. (2014). Lee (2018) further built
upon this by exploring the interplay between local and global motion under adaptation,
uncovering bidirectional effects. Notably, adaptation can also improve motion detection
capabilities in noisy conditions by improving sensitivity to motion signals that are relatively
weaker (Hietanen et al., 2007). The scope of motion adaptation extends beyond simple
2D motion; for example, Sakano and Allison (2014) investigated motion-in-depth
perception and found that adaptation to motion towards or away from an observer can
induce an aftereffect in the opposite direction. Adaptation also impacts higher-level
processes, such as biological motion perception in humans, as demonstrated by
Theusner et al. (2011), who showed that adaptation to a walking figure can bias the
perceived walking direction of a subsequently viewed figure. Additionally, Cuturi and
MacNeilage (2014) highlighted that adaptation affects vestibular heading perception,
illustrating its role in multisensory integration. This diverse body of research demonstrates
how pervasive the effects of adaptation are across different forms of motion perception.
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Computational Approaches to Motion Perception

Computational modelling has shown to be an effective tool for studying motion

processing. Over the last few decades, there have been pioneering computational models

of visual processing that have focused on both ventral and dorsal streams. In particular,

Simoncelli and Heeger (1998) proposed an influential model of MT neurons that

accounted for their direction and speed tuning. Rust et al., (2006) expanded on this work

by implementing a more detailed and biologically plausible V1 layer. These early models

laid the groundwork to study motion processing in area MT using artificial networks.

In recent years, computational modeling combined with machine learning has

increasingly been applied to investigate complex biological phenomena (Kriegeskorte &

Douglas, 2018). Deep neural networks have been a useful tool for understanding the

hierarchical structure of processing in the brain (Yamins & DiCarlo, 2016). Training these

networks on natural images leads to representations that mimic those observed in the

primate visual cortex (Cadieu et al., 2014; Guclu & Van Gerven, 2015; Khaligh-Razavi &

Kriegeskorte, 2014). While many studies have used deep neural networks to investigate

visual processing, they have predominantly focused on ventral stream functionality.

Notable examples include the work of Yamins et al. (2014), who used deep learning to

show that trained networks develop internal representations like those observed in higher

visual areas of the ventral stream, and Kar et al. (2019), who used convolutional neural

networks (CNNs) to predict responses in the ventral pathway during object recognition

tasks.

There have been some more recent efforts to utilize machine learning techniques

to understand dorsal stream processes. For instance, Rideaux and Welchman (2020)

used a CNN trained on natural image sequences to model motion processing,

successfully reproducing key properties of V1 and MT neurons and providing novel

insights into the origins of motion illusions. Further, Qiao and Shen (2021) developed a

model that learned to estimate motion from natural human videos and Gundavarapu et

al. (2019) proposed a hierarchical model of motion processing that learned

representations like those in the dorsal pathway. However, while the above artificial

neural network (ANN) models successfully reproduced certain qualities of processing in

the visual cortex, the effects of adaptive mechanisms on those qualities have been
neglected.

Parallel to these developments, there has been considerable work investigating
the benefits of adaptation in the field of neuromorphic computing. For example, adaptive
mechanisms in spiking neural networks (SNN) produce efficiency gains (Ganguly et al.,
2024; Indiveri & Liu, 2015) and optimizes sensory encoding (Mao et al., 2025) and the
use of neuron models such as adaptive exponential neurons (AdEx) along with
neuromorphic hardware has led to considerable gains in energy efficiency for certain
tasks (Bellec et al., 2018, 2020). Such mechanisms have also been shown to enhance
performanve in situations involving a change detection (Hu et al., 2021). These studies
highlight the importance of adaptation in spiking neural networks and suggest that
incorporating adaptation can enhance computational efficiency in neuromorphic systems.
However, the influence of adaptation in ANNs trained to perform visual tasks, in particular
visual motion estimation, remains unexplored.

Present Work

While computational models of motion processing have provided considerable
insights into this process, our understanding remains incomplete. Incorporating
adaptation into neural networks may expand our understanding of motion processing
across different areas of the visual cortex. Thus, here we developed novel ANNs that
simulate motion processing and adaptation in the visual cortex, focusing on early to mid-
level visual areas V1 and MT. These ANNs incorporate adaptation mechanisms in both
V1- and MT-like layers, allowing us to study the role of adaptation in motion processing.
By comparing the emergent properties of adaptive and non-adaptive networks trained on
natural image sequences, we reveal novel insights into the neural mechanisms underlying
motion adaptation in visual processing, complementing and extending previous
theoretical and empirical work.

METHODS

Two convolutional recurrent neural networks (conv-RNNs) were trained to estimate motion velocity from natural image sequences: MotionNet-R, a baseline model, and AdaptNet, which employs adaptive mechanisms. Our goal was to better understand the role of adaptation in motion processing by comparing the emergent properties within these networks. This comparison allows us to directly measure how adaptation mechanisms can influence motion processing, within a neural network.

Training data. The network was trained with 60,000 natural image sequences, each containing ten frames, extracted from photographs in the Berkeley Segmentation Dataset (Martin et al., 2001). This approach has previously been used (Rideaux & Welchman, 2020, 2021; Simoncelli & Olshausen, 2001) and aims to reproduce the visual diet of biological visual systems. A sliding window method was used to generate motion sequences from natural images. The ground truth velocity values corresponding to each sequence were recorded during this process, for use in training. The sequences were kept relatively short to mitigate vanishing gradients.

Model architecture and theoretical foundations. We developed two ANNs to simulate motion processing and adaptation in the visual cortex, focusing on early to mid-level visual areas V1 and MT. The first network, which we named MotionNet-R, expands upon the original MotionNet architecture (Rideaux & Welchman, 2020, 2021) by incorporating a recurrent layer. The second network, AdaptNet, further builds on MotionNet-R by implementing adaptation mechanisms in both V1 and MT units. The only difference between MotionNet-R and AdaptNet was the implementation of the adaptation mechanism in the convolutional and recurrent layers. The structure of the two networks was the same: a two-dimensional (2D) convolutional layer (simulating V1), a recurrent layer (simulating MT), and a linear output layer. The networks' structure was intended to recapitulate the hierarchical organization of areas in the visual cortex (Born & Bradley, 2005; Movshon & Newsome, 1996). The fine tuning of parameters for training was done by trial and error. A dropout layer was added after the convolutional and recurrent layers

to improve regularization (Srivastava et al., 2014), and make the training more robust.

The dropout did not interact directly with the adaptation mechanism.

Convolutional layer (V1 simulation). Following the input layer, the first hidden layer of

the networks was a 2D convolutional layer with 16 kernels (size = 6×6 pixels; stride length

= 1). This 2D convolutional layer has 2 input channels corresponding to consecutive

frames of the input. These values were selected based on previous work (Rideaux &

Welchman, 2020) to minimize network scale and complexity. Two successive images of

the motion sequence were fed as input to this layer, with each image serving as a

separate channel. The operation of a 2D convolutional layer over [i, j] with 2 input

channels can be described as:

$$Y[i, j, t] = \sum m \sum n \sum k K[m, n, k] * X[i + m, j + n, t + k] \tag{1}$$

where Y is the output, X is the input, K is the kernel, i, j are spatial coordinates, m, n, k

are the kernel dimensions and * denotes convolution.

Recurrent neural network layer (MT simulation). Area MT was modelled using a

recurrent layer in both networks. This layer was responsible for analyzing temporal

information across a series of V1 responses. The operation of area MT and other areas

in the neocortex have previously been modelled with recurrent networks (Kar et al., 2019).

Each unit in this layer uses a nonlinear activation function (rectified linear unit; ReLU) to

introduce nonlinearity into the network. The ReLU function is defined as:

$$f(k) = \max(0, k) \tag{2}$$

where k is the input activation at a ReLU unit.

Adaptation mechanism. In AdaptNet, we implemented an adaptation mechanism in both

V1 and MT units. We aimed to model this adaptive mechanism based on what is observed

in biological neural networks like the visual area of the macaque (Kohn & Movshon, 2003;

Krekelberg et al., 2006). Key to this implementation was an adaptation variable that

accumulates over time (to reflect a decrease in response to a constant stimulus) and

gradually decays (recovery). This adaptation was described mathematically as:

$$\boldsymbol{a}_t = \boldsymbol{a}_{\{t-1\}} + \alpha \boldsymbol{h}_t - \beta \boldsymbol{a}_{\{t-1\}} \tag{3}$$

where $\boldsymbol{a}_t$ is the adaptation at time t, h_t is the hidden state (activation) at time t, α is the

adaptation rate, and β is the recovery rate. The adaptation variable accumulates   when

the neuron is active (controlled by a_t) and decays over time (controlled by recovery rate

β). A higher adaptation rate (a_t) in means these units show stronger or faster response

reduction with sustained firing. We used an adaptation rate of 0.2 for the MT units and

0.1, for the V1 units. A recovery rate of 0.1 was used in both cases. In MotionNet-R, we

omit the adaptation variable and associated adaptive logic. Hence, the recurrent layer

and convolution layer outputs are passed as is, to the subsequent layer. We used a lower

adaptation rate in the V1 layer compared to the MT layer to reflect the same difference in

adaptation observed in V1 and MT of biological neural networks like those of the macaque

(Patterson et al., 2014; Priebe et al., 2002; Solomon & Kohn, 2014).

Linear layer (readout). The output layer of both networks was a linear layer that mapped

the activity of the recurrent layer to two outputs: x and y. Here, x and y denote the

estimated motion velocity (in pixels per frame) along the horizontal and vertical axes,

respectively. Utilization of area MT's responses to estimate speed and direction has been

observed in humans and adult male rhesus monkeys (Churchland & Lisberger, 2001).

The operation of this layer can be described as:

211
$$q = Wp + b \tag{4}$$

212   where q is the output (motion estimate), p is the input from the recurrent layer, W is a

213   weight matrix, and b is a bias vector.

214   ***Training procedure and evaluation.*** Both networks were trained using mean squared

215   error (MSE) loss and the Adam optimizer (Kingma & Ba, 2017). The MSE is defined as:

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$$MSE = \left(\frac{1}{N}\right) \sum_i (y_i - \hat{y}_i)^2 \tag{5}$$

where N is the number of samples in a batch of data, y_i are the true values and $\hat{y}_i$ are the

predicted values.

We trained ten separate instances of the networks, each for 30 epochs. The

variability between the models stemmed from random initializations and varied order of

minibatch sampling. Having multiple networks to test allows us to quantify the variability

of the results (Kriegeskorte & Douglas, 2018). The difference between the network's

predictions and ground truth was quantified using Pearson's correlation coefficient.

Spatial and temporal frequency tuning analysis. We extracted response profiles for
each unit by exposing the network to drifting sinewave gratings and moving dot
sequences, across a range of spatial and temporal frequencies (10 frame sequences,
32x32 pixels, moving dot diameter was 3 pixels unless specified otherwise). This
approach mimics that used in neurophysiological experiments to characterize the tuning
functions of neurons (De Valois et al., 1982). We generated sinewave grating stimuli using
the following equation:

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$$I(u, v, t) = Amp \times \sin(2\pi(f_u * u + f_v * v - f_t * t) + \varphi) \tag{6}$$

where $I(u, v, t)$ is the intensity at position (u, v) and time t, Amp is the amplitude
(contrast), f_u and f_v are the spatial frequencies in the u and v directions, f_t is the temporal
frequency, and φ is the phase.

We also tested the networks on plaid stimuli (generated by combining two
sinewave gratings) to evaluate the units' responses to component and pattern motion.
We varied spatial frequency logarithmically from 0.01 to 1 cycles/pixel and temporal
frequency from 0.1 to 5 Hz. For each combination of spatial and temporal frequency, we
presented gratings moving in eight different directions. For some of our analyses,
directional and speed preferences were similarly calculated using moving dot sequences
that varied in speed within a range between ±3 pixels/frame. The preferred direction,
spatial and temporal frequencies of each V1 and MT unit was determined by identifying
each unit's maximal response to the varying stimuli.

Visualization of convolutional kernels. To gain insight into the features detected by the
convolutional layer, we visualized the trained convolutional kernels (Zeiler & Fergus,
2013). We normalized the weights of each convolutional kernel $\boldsymbol{K}$ using the following
equation:

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$$\boldsymbol{K}_{norm} = \left(\frac{(\boldsymbol{K} - \min(\boldsymbol{K}))}{(\max(\boldsymbol{K}) - \min(\boldsymbol{K}))} \right) \tag{7}$$

249 We then applied Gaussian smoothing to highlight edge patterns, using the equation

250
$$K_{smooth} = G * K_{norm} \tag{8}$$

251 where K_{smooth} is the smoothed kernel, K_{norm} is the normalized kernel, * denoted 2D
252 convolution and $\boldsymbol{G}$ is a 2D Gaussian kernel defined as

$$253 \qquad G(u, v) = \left(\frac{1}{(2\pi\sigma^2)} \right) \exp\left(-\frac{(u^2 + v^2)}{(2\sigma^2)} \right) \qquad (9)$$

where u, v are the spatial coordinates in the 2D Gaussian kernel and σ is the standard

deviation that controles the amount of smoothing. We used σ = 1 for smoothing.

Analysis of weight connections between directionally tuned units. To investigate

how information is processed by the networks to support motion estimation, we analyzed

the connections between V1 and MT units (V1-to-MT), and the recurrent connections

between MT units (MT-to-MT) (Qian & Andersen, 1994; Snowden et al., 1992). We

computed each V1 unit's average V1-to-MT weight by first aligning its preferred direction,

and those of the MT units, to zero, before binning and averaging all weights within eight

linearly spaced directions from 0-360 degrees.

Waterfall effect analysis. To test for perceptual phenomena associated with adaptation

in AdaptNet, we investigated whether the network exhibited the waterfall illusion, a well-

known motion aftereffect (Mather et al., 1998). We modified testing sequences to probe

for an aftereffect (natural image sequences that were 11 frames long; stationary initially

for two frames to gauge any inherent network bias, then three frames of movement

followed by six frames of stationary stimulus), presented this sequence to AdaptNet, and

analyzed the output.

Efficiency analysis. We tested the efficiency of both networks by comparing their

response magnitude and accuracy. We exposed both networks to two types of moving

dot sequences; one where the speed and/or direction of the moving dot varied every five

frames and another kind where the moving dot maintained a constant trajectory with the

same speed, throughout the duration of exposure. The MSE was calculated for a window

of three frames after each input change point. Recurrent unit outputs across all frames

were then summed to estimate the energy used by the network to sustain a

representation. Our aim was to test if AdaptNet displayed increased efficiency compared

to MotionNet-R. Such an increase in efficiency with adaptation is supported by studies of

biological visual systems (Barlow & Földiàgk, 1989; Wainwright, 1999). Practically, the

test would help indicate if the reduced overall activation displayed by AdaptNet would

lead to a lower net output when compared to MotionNet-R, without a substantial relative

decrease in accuracy.

Sensitivity Analysis. To examine the difference in sensitivity to a varying input stimulus

between the networks, we exposed them to a variety of moving dot sequences with varied

speeds. The sequences consisted of ten image frames, of which the first nine frames

were one speed and the tenth frame was either the same or a different speed (32x32

images, speed varied from ±3 pixels/frame). This led to several initial-final speed

combinations; for each of these combinations we presented 100 image sequences, each

with varied initial dot locations. For each combination, we measured the networks'

accuracy (as MSE) in estimating the correct motion direction of the final speed

(separately) along x and y dimensions. This analysis produced a probability matrix that

we could then compare with the ground truth. We then fit a sigmoid function to the

diagonal values of these matrices to estimate the sensitivity of each network to stimuli

with no change in final speed (congruent condition). The non-diagonal elements were

averaged across the range of initial speeds and a sigmoid was fit to this data to estimate

each networks' sensitivity to stimuli where final speeds varied from the initial speed

(incongruent condition).

Data availability. The code used to train and test the networks is publicly available at

https://github.com/Vishnu-Mohan-

USyd/Energy_efficiency_and_sensitivity_benefits_in_a_motion_processing_adaptive_re

current_neural_network.git

RESULTS

Network performance evolution during training. Both MotionNet-R and AdaptNet learned to estimate motion reliably, following training with natural images. Both networks were structured with a convolutional layer simulating V1, a recurrent layer simulating MT, and a linear output layer for motion estimation (**Fig. 1a**). MotionNet-R displayed increasing accuracy over successive input frames (**Fig. 1b**), demonstrating the network's ability to integrate information over time to support reliable motion estimation. By contrast, while AdaptNet's accuracy initially increased with successive frames, it then subsequently decreased with further frames (**Fig. 1c**). This pattern reflects the impact of adaptation on the network's performance. In particular, the initial increase in accuracy is likely driven by temporal integration, but then the adaptation induced by the constant motion causes the network's response magnitude to decrease and the estimate to deviate from the ground truth, thus reducing the accuracy of motion estimation in response to later frames.

Figure 1. Network Architecture and Performance. a) Schematic diagram of the network architecture, showing the convolutional layer (simulating V1), the recurrent layer (simulating MT), and the linear output layer for motion estimation. **b, c**) Performance of (**b**) MotionNet-R and (**c**) AdaptNet, showing the correlation coefficient between predicted and ground truth motion values over time (successive image sequence frames). Shaded regions indicate ±SD across multiple networks.

Spatiotemporal tuning properties in the networks. Both networks developed response properties resembling those of biological neurons in areas V1 and MT. The distribution of speed tuning among convolutional (V1) and recurrent (MT) units was similar to neurophysiological observations in macaque (Maunsell & Van Essen, 1983; Priebe et al., 2006) (**Fig. 2a-b**). That is, V1 units were tuned to relatively lower speeds than MT units. This resembles the responses of neurons in area V1, which are typically more sensitive to lower velocities when compared to those of area MT.

Figure 2. Spatiotemporal tuning properties of network units. a) Data from Priebe et al. (2006) showing the distribution of preferred speeds for (top) V1 and (bottom) MT neurons in macaque. **b**) The same as (**a**), but for V1 and MT units in MotionNet-R and AdaptNet networks. **c**) Replotted data from Adelson and Movshon (1982) showing single-neuron responses in (left) V1 and (right) MT to sinewave grating and plaid stimuli (135° separation) moving in different directions. **d**) Same as (**c**), but for responses obtained from MotionNet-R units. Shaded regions indicate ±SD across multiple networks.

A key distinction between V1 and MT neurons is that the former responds maximally to component motion, while the latter responds to pattern motion, which is

thought to be due to pooling of signals between V1 and MT. This phenomenon is clearly

observable in the responses of these neurons to drifting sinewave grating and plaid

stimuli. V1 neurons respond maximally to the two components of the plaid stimuli,

whereas the MT neurons maximally respond to the combined pattern motion, which is

consistent with perception of these stimuli (Movshon et al., 1985; Rust et al., 2006) (**Fig.**

2c). We tested the networks with these stimuli and found the same pattern of results; V1

units were selective for component motion while MT units responded maximally to the

pattern motion (**Fig. 2d**). Together, the spatiotemporal tuning properties that emerged in

the networks to perform motion estimation appear to resemble those observed in

biological systems, e.g., non-human primates. The emergence of pattern motion

selectivity in the higher layers occurs even in simpler models without recurrence or

adaptation (Rideaux & Welchman, 2020) as it simply relies on the pooling of component

motion signals from earlier layers.

Emergent weight properties in the networks. We analyzed the weights of MotionNet-

R and AdaptNet to understand how the connectivity patterns in these networks supported

motion processing. **Figure 3a** shows the learned convolutional kernels, which resembled

edge detectors or Gabor filters. A shift in the phase of these Gabor-like kernels between

the two channels, which receive input from successive image sequence frames, appears

to have emerged to facilitate detection of motion energy. These kernels are analogous to

the receptive fields of V1 simple and complex cells, which are sensitive to specific

orientations and motion directions (DeAngelis et al., 1999; Hubel & Wiesel, 1962).

Figure 3. Network connectivity. a) Examples of convolutional (V1) kernels, resembling edge detectors or Gabor filters. Each column shows the two channels of a single kernel, corresponding to successive frames. **b**) Average feedforward connections from V1 to recurrent (MT) units as a function of directional tuning difference. **c**) Same as (**b**), but for recurrent connections between MT units (MT-to-MT). **d**, **e**) Average weights from MT units to the (**d**) x and (**e**) y component of the linear output layer as a function of the directional tuning of MT units. Shaded regions indicate ±SD across multiple networks. The legend in graph c also applies to graphs (b-e). Results are shown for both (blue) MotionNet-R and (orange) AdaptNet.

Assessment of the feedforward connections from V1 to MT units showed that there were more positive connections between units with a similar directional preference (**Fig. 3c**). This pattern of connectivity is consistent with previous neurophysiological observations between V1 and MT (Born & Bradley, 2005; Movshon & Newsome, 1996), and is thought to facilitate motion pooling (excitatory connections) and motion opponency

(inhibitory connections). The recurrent connections between MT units (MT-to-MT)

revealed that units with similar directional tuning are more positively connected (**Fig. 3b**).

These connections likely serve similar motion pooling and noise reduction purposes as

those between V1 and MT, and are analogous to lateral excitatory and suppressive

synapses in the visual cortex (Li et al., 2014; Tan et al., 2011).

Recurrent connections were relatively balanced between excitation and inhibition

(**Fig. 3c**), which is consistent with neurophysiology (for a review on the topic, see Zhou &

Yu, 2018). In particular, the emergent connectivity was excitatory among units with

similar motion direction preference and inhibitory among units tuned to dissimilar

directions. Within the context of biological motion processing, this appears to be

consistent with motion opponency mechanisms (Heeger et al., 1999)

Figures 3d and **3e** show the connections from recurrent units to the output layer

responsible for estimating the x and y components of motion. As expected, we found that

units tuned to horizontal movement contributed more to the x component output, while

those tuned to vertical movement contributed more to the y component. While the V1-to-

MT weights were stronger in MotionNet-R, the recurrent MT-to-MT connections were

weaker. This may be a product of the increased adaptation in the MT units. Further, the

increased connection strengths between the MT and output layer may reflect a

compensatory effect within AdaptNet in response to the habituated (reduced) activity in

the MT layer.

The emergent connections of the networks seem to mirror key motion processing

aspects observed in biological visual areas V1 and MT. The alignment of the learned

weights with neurophysiological connections in these areas supports the biological

validity of the models.

Adaptation effects on motion perception and network efficiency. Having found

evidence supporting the biological validity of the emergent properties within the networks,

we next tested how the networks respond to a stimulus that would typically elicit the

motion aftereffect. The stimulus was comprised of three stages: an initial (baseline)

stationary stage, an intermediate moving stage to induce adaptation, and then a final

stationary stage to test for adaptation induced motion aftereffects (**Fig. 4**). As expected,

MotionNet-R responded to the moving stimulus with increasing estimates, then gradually
returned to baseline when the stimulus returned to stationary. By contrast, AdaptNet
exhibited an overshoot in motion estimation following the cessation of stimulus
movement, predicting motion in the opposite direction, which is a hallmark of the waterfall
illusion observed in biological vision (Mather & Harris, 1998). To understand the
computational basis for this motion aftereffect, we assessed the activity of the MT units
across the different stages of stimulus processing (**Fig. 4**, top**;** the x output was studied
in this case, the y output is similar, as shown in **Supplementary Fig. 1**). At first, before
movement was initiated, MT units were responding equally in all directions, maintaining
balanced baseline activity (**Fig. 4**, top-left). Once motion was initiated, units tuned to the
motion direction increased their activity, while those tuned to other directions were
suppressed (**Fig. 4**, top-middle). When the motion stopped, the adapted units recovered
at different rates, leading to a temporary imbalance manifesting as the motion aftereffect
(**Fig. 4**, top-right). The overshoot occurred for a range of input velocities (**Supplementary
Fig. 2**). The mechanism underlying the motion aftereffect in the network aligns with
previous hypotheses of the corresponding phenomenon in humans. Namely, that
adaptation perturbs the balanced state of mutual suppression between motion-selective
neurons, which leads to the illusory perception of motion in the opposite direction when
the stimulus ceases (Grunewald & Lankheet, 1996; Kohn & Movshon, 2003). As can be
seen in **Figure 4**, prolonged activation of a subpopulation of units preferring the stimulus
motion direction leads to their activity being relatively lower than units tuned to other
directions when the stimulus ceases to move.

Figure 4. Motion Aftereffect in AdaptNet. Time course of the networks' responses to an image sequence consisting of a stationary stage (2 frames), followed by a moving stage (3 frames), and then a return to stationary (5 frames). The lower plot shows MotionNet-R and AdaptNet's motion estimation over time. The upper insets (showing RNN responses during frames 2, 4 and 7 representing the stationary, moving and final phases of the sequence respectively) show the average activity of MT units, binned according to their directional tuning, during different stages of the sequence. AdaptNet's response moving into the opposite (negative) illustrates the aftereffect displayed by this network. Shaded regions indicate ±SD across multiple networks.

This overshoot was consistent across a range of input velocities, indicating that the adaptation mechanisms in the network can account for the perception of illusory motion under various conditions (**Supplementary Fig. 2**). This result aligns with previous hypotheses that motion aftereffects result from the adaptation of motion-sensitive neurons, causing shifts in the perceived direction of motion when the stimulus changes or ceases (Grunewald & Lankheet, 1996; Kohn & Movshon, 2003). In particular, we found that adaptation perturbed the homeostatic state of mutual suppression between RNN units when exposed to a stationary input. As can be seen in Figure 4a, prolonged

activation of a subpopulation of neurons preferring one direction reduced their activity
after the stimulus was removed (which is most apparen immediately after motion
cessation, where AdaptNet's response decreases to zero for the previously active units,
while in MotionNet-R there is no such activation reduction). During this refractory period,
the previously active neural group fails to provide an equal and opposing response as it
would, during stationary stimulus presentation, and hence there is a temporary shift in
prediction that favors the opposite direction group. This temporary overshoot in motion
estimation gives rise to the perception of the illusory waterfall effect.

Another notable difference between the responses of the MotionNet-R and
AdaptNet is the latency with which they respond to the initiation of motion. As can be seen
in **Figure 4**, AdaptNet reaches peak velocity estimation more quickly than MotionNet-R.
AdaptNet's increased response speed may result from the reduced lateral suppression
within the MT layer (passed from the previous time point). That is, the MT units tuned to
the stimulus direction have less inertia to overcome at the onset of motion. To further
investigate this phenomenon, we measured the average number of frames required by
the MT units of each network to reach peak velocity estimation and found that AdaptNet
consistently reached the peak 2-3 frames earlier than MotionNet-R, across a range of
speeds (**Supplementary Fig. 3**).

Adaptation is thought to support healthy brain function by increasing sensitivity to
changes in sensory input while reducing the otherwise high metabolic expenditure
required for sustained cortical computation (Duong et al., 2023; Lennie, 2003). To test for
this in our network, we compared the MSE between the actual and estimated motion, and
the total MT layer activity, between AdaptNet and MotionNet-R in response to inputs with
and without motion changes (**Figure 5a**). For image sequences of constant motion,
AdaptNet's MSE was higher, reflecting reduced responsiveness to unchanging stimuli
due to adaptation (t_9=-4.87, p=4.29e^{-6}). By contrast, for sequences with periodic motion
changes, AdaptNet's MSE following each change was significantly lower than MotionNet-
R, indicating better responsiveness in detecting change (t_9=10.09, p=8.45e^{-24}). This
behavior is consistent with adaptive coding in sensory neurons, which prioritizes novel or
changing stimuli to conserve metabolic resources and prevent saturation from constant

stimuli (Fairhall et al., 2001). Further, AdaptNet showed significantly lower MT unit activity
in both conditions (change: t_9=159.3 p=0; constant: t_9=13.34, p=9.07e^{-24}; **Fig. 5a**, left),
consistent with the hypothesis that adaptation enhances metabolic efficiency by reducing
neuronal firing in response to prolonged or repeated stimulation (Ganguly et al., 2024; Yi
& Grill, 2019).; constant: t_9=*13.34, p*=9.07e^{-24}; **Fig. 5a**, left). This lower activity supports
the hypothesis that adaptation enhances metabolic efficiency by reducing neuronal firing
in response to prolonged or repeated stimulation (Ganguly et al., 2024; Yi & Grill, 2019).
This reflects a real biological trade-off: adaptation conserves energy (lower firing over
time) but can reduce fidelity for sustained stimuli. In nature, this is often acceptable
because events that change are typically considered more ecologically relevant than
those that remain the same (Tesileanu et al., 2022).

Figure 5. Adaptation improves sensitivity to change and increases efficiency. a) The mean squared
error (MSE, left) and total MT layer activity (right) for MotionNet-R and AdaptNet for image sequences of
constant motion (orange) and periodic motion changes (blue). Error bars indicate ±SD across multiple
networks, and asterisks denote statistical significance (p<.001).

To further investigate the networks' sensitivity to constant and changing motion,
we tested both with a dot-motion stimulus that moved in one velocity for nine frames, and
then changed either remained the same or changed to different velocity on the tenth
frame. We recorded the direction of the networks' estimate for the final frame and
compared this to the actual (ground truth) direction of the final velocity. Overall, we found
that AdaptNet's estimates were closer to the actual velocity than those of MotionNet-R
(**Fig 6a**).

Figure 6. Adaptation enhances sensitivity to change. a) The proportion of positive velocity estimates along the (combined x and y) tested dimensions for each combination of initial (first nine frames) and final (tenth) frame speeds, for MotionNet-R (center) and AdaptNet (right); the ground truth (left) is displayed for reference. **b**) The same as (**a,** MotionNet-R & AdaptNet), but just for the (congruent) combinations of speeds along the diagonal (**a**, Ground truth, red bordered region). **c**) The same as (**a**, MotionNet-R & AdaptNet), but averaged across the remaining (incongruent) combinations of speeds (**a**, Ground truth, cyan bordered region). Sigmoid functions were fit to the data for both networks, and the steeper slopes indicate higher sensitivity. Error bars in (**b** & **c**) indicate ±SD across multiple networks.

We compared the sensitivity of each network to congruent and incongruent motion sequences by fitting their performance across final speeds with a sigmoid function (**Fig. 6b-c**). For the congruent condition, where the speed was constant across all frames, we found that MotionNet-R was more sensitive to speed (as indicated by the steeper slope; **Fig. 6b**). This is expected, because AdaptNet's accuracy reduces in response to constant stimuli. By contrast, for incongruent sequences, where the final speed changed, we found that AdaptNet was more sensitive (**Fig. 6c**). This increased sensitivity to change captures captures what is seen in biology across neural systems in different species, where adaptation is thought to amplify sensitivity to changes in the environment (Fairhall et al., 2001; Luczak & Kubo, 2022).

Neurons rapidly reset their adaptation when newly activated, suppressing
previously adapted neurons, enhancing responsiveness to motion changes. Such
improvement in response sensitivity supports the idea that incorporating adaptive
mechanisms could introduce functional benefits in a neural network. Improved sensitivity
to dynamic changes and increased processing efficiency have also previously been
theorized to be the functional advantages of adaptation in biological systems. By
capturing these key aspects of neural adaptation, AdaptNet offers a valuable model for
exploring how adaptation shapes motion perception and neural computation.

DISCUSSION

Here we trained two artificial neural networks, MotionNet-R and AdaptNet, to estimate motion from natural image sequences. Our primary aim was to investigate whether introducing adaptive mechanisms into motion processing networks would recapitulate phenomena associated with motion adaptation in biological neural networks and perception. Our results show that AdaptNet, but not MotionNet-R, exhibited the well-known perceptual phenomenon associated with motion adaptation, the MAE, and further provided a biologically explicit explanation for the effect. We then showed that AdaptNet was both more energy efficient and sensitive to changes in stimulus motion compared to the non-adaptive network (MotionNet-R).

The relevance of insights gleaned from ANNs into how biological neural networks operate is predicated on the correspondence between their functions. Thus, we began by validating the emergent properties of the ANNs with previously observed aspects of biological motion processing. We found similar hierarchical motion processing in the ANNs as observed in the visual cortex. In particular, the V1 units of both networks developed response properties that aligned with those of V1 neurons in macaque, such as the preference of V1 neurons for relatively lower speeds compared to MT neurons (DeAngelis et al., 1999; Hubel & Wiesel, 1962). The response of the units to plaid stimuli also varied considerably; while V1 units responded to individual components of the plaid grating, MT units responded to the pattern motion of the stimulus. This further validates the models' biological plausibility (Rideaux & Welchman, 2020; Zaharia et al., 2019) and reflects the role of MT in integrating local motion signals into a global percept (Maunsell & Van Essen, 1983; Perrone & Thiele, 2001).

We next tested our networks with stimuli that ceased moving after a period of constant motion, to compare their responses to those observed in psychophysical studies of motion adaptation (Mather & Harris, 1998). The adaptive network (AdaptNet) overshot the stationary (zero) motion estimate when the motion ceased, providing an estimate of motion in the opposite direction. This captures what is observed during psychophysical accounts of the phenomenon, suggesting that our network recapitulates a key aspect of adaptation. We then showed that the MAE in AdaptNet occurred because of a temporary

reduction in the baseline activity of MT units, induced by prolonged exposure to a single
motion direction, which perturbed the otherwise balanced mutual suppression between
units tuned to different directions that exists during exposure to static images. This
mechanism has previously been hypothesized as the basis of the MAE (Allman et al.,
1985; Barlow & Hill, 1963), and our findings provide empirical support for this account.

On analyzing the MT unit's responses during MAE, we also observed that
AdaptNet showed a decreased latency in response to the onset of motion, compared to
MotionNet-R. We investigated this further by measuring the number of frames required
by each network to reach their peak output response following a change in the input
motion and found that AdaptNet reached its peak 2-3 frames earlier than MotionNet-R. In
particular, AdaptNet's response seemed to peak upon motion onset while MotionNet-R's
response gradually increased over time. The former is consistent with rapid processing
of changing input while the latter is more suited to integration of information over time.
Our results may indicate that the degree to which biological neurons adapt may be related
to their role as change detectors or temporal integrators.

Adaptation is thought to support healthy brain function by reducing the metabolic
expenditure of processing sensory information (Kohn, 2007; Niven, 2016). Consistent
with this, we found that AdaptNet used less energy to represent motion, both in V1 and
MT, operationalized as reduced absolute unit activity within each layer. Efficiency is
crucial in biological systems, where rapid and accurate sensory processing must be
balanced with metabolic constraints (Lennie, 2003). The increased energy efficiency in
AdaptNet came at the cost of reduced estimation accuracy for prolonged constant motion.
However, we found that AdaptNet produced more accurate estimates in response to
changes in motion. This improved accuracy was mirrored by a corresponding increase in
sensitivity. These emergent properties support the notion that adaptation supports
perception by increasing sensitivity to changes in sensory input (Fairhall et al., 2001;
Rideaux et al., 2023; Wark et al., 2007).

This study addresses key gaps in the field of computational neuroscience.
Previous models such as those by Simoncelli and Heeger (1998) and Rust et al. (2006),
accounted for direction and speed tuning but did not incorporate adaptation. Accounting

for this mechanism enabled us to provide a more realistic simulation that not only
replicates the known tuning properties of motion processing neurons, but also captures
the dynamic aspects of neural adaptation (Clifford & Wenderoth, 1999; Krekelberg et al.,
2006).

The current study provides further insight into well-known perceptual phenomena
(MAE), supports existing ecological explanations for adaptation, and reveals a new
potential benefit of this canonical neural feature (reduced latency). These findings extend
the current understanding of motion processing and sensory adaptation, but they may
also have important implications for artificial neural systems. That is, the increased
sensitivity and reduced latency to motion changes in AdaptNet highlights the potential for
adaptation mechanisms to improve the performance of artificial vision systems,
particularly in dynamic environments where rapid detection of motion changes is
desirable (Cox & Dean, 2014; Tan & van Dijken, 2023).

Limitations

We acknowledge some limitations of our study that should be considered. While
AdaptNet successfully captured certain aspects of neural adaptation, the adaptation in
our network was operationalized with a relatively simple mechanism. By design, this
simplifies the complexity of adaptation in biological systems, such as the influence of
neurotransmitters, ion channel dynamics, and modulatory inputs from other brain regions
(Benda & Herz, 2003). Our study was conducted on a dataset of natural image sequences
from the Berkeley Segmentation Dataset (Martin et al., 2001). While this provides a
relatively naturalistic visual diet for our artificial systems, it does not capture all the
variability present in real-world visual environments.

We did not compare the performance of AdaptNet with other existing motion
processing networks becuase our networks were not designed to compete against
computational benchmarks, rather, we sought to follow a biologically plausible training
regime while constraining the network's size and complexity, in order to interrogate the
properties that emerge. Further, we sought to study the isolated effects of adaptation. To
this end we used MotionNet-R as a baseline network, as previous studies have validated
the motion processing properties of similar architectures (Rideaux & Welchman, 2020,

2021). This strategy allowed us to isolate the effect of adding adaptation to a relatively

well-understood architecture.

Future Work

Future work could increase the biological plausibility of the network by using more

realistic spiking models of neurons (Izhikevich, 2003). Extending the networks' input

space to include more complex and varied stimuli like 3D motion could highlight other

domains where adaptation influences sensory processing and perception (Idrees et al.,

2024; Latimer et al., 2019; Rideaux et al., 2021).

With this study, we sought to demonstrate the role of adaptation mechanisms in

motion processing systems. Incorporating adaptation into a motion processing network

enabled us to replicate key biological phenomena that have been observed in the dorsal

stream of the visual system. Further to this, we observed a higher energy efficiency and

enhanced sensitivity to varying stimuli in a neural network with adaptation. These findings

offer novel insights on the role of adaptation in motion processing and neural processing

more broadly.

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 Supplementary Figures

Supplementary Figure 1. Motion Aftereffect in AdaptNet (Y component). Time course of the networks' Y responses to an image sequence consisting of a stationary stage (2 frames), followed by a moving stage (3 frames), and then a return to stationary (5 frames). The lower plot shows MotionNet-R and AdaptNet's motion estimation over time. The upper insets (showing RNN responses during frames 2, 4 and 8 representing the stationary, moving and final phases of the sequence respectively) show the average activity of MT units, binned according to their directional tuning, during different stages of the sequence. Shaded regions indicate ±SD across multiple networks.

Supplementary Figure 2. Motion Aftereffect observed across a range of sequence velocities
Response magnitudes of the X component of AdaptNet are plotted immediately after the motion
sequence has been stopped (green) along with the response magnitudes of AdaptNet towards the end of
the sequence (red). The graphs show how across a variety of input sequence velocities, AdaptNet first
overshoots to make the opposite prediction and then corrects itself towards the end. Shaded regions
indicate ±SD across multiple networks.

Supplementary Figure 3. AdaptNet shows lower response latency Graphs showing the average
number of frames taken by the networks to reach within 10% of their maximum response value, following
a change in the velocity of the input sequence. AdaptNet reaches this range within 1-2 frames on average
regardless of how adapted the state of the network is, just before the change in velocity while MotionNet-
R trails behind in terms of its response. Shaded regions indicate ±SD across multiple networks.