Combined Central and Peripheral Nerve Stimulation Improves Functional Recovery of Mixed Peripheral Nerve Injury in a Rat Forelimb Model

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Abstract

Introduction: Peripheral nerve reinnervation following nerve injury is often a slow and

incomplete process, resulting in significant morbidity and permanent loss of function of the

injured extremity in many patients. Prior studies have shown the efficacy of electrical

stimulation to synchronize the axonal regeneration of both motor and sensory neurons in

peripheral nerve injury models. Moreover, separate investigations have also shown the use of

cranial nerve stimulation, principally the vagus nerve, to improve functional outcomes.

However, no study has investigated the synergistic effects of both intraoperative electrical

stimulation and cranial nerve stimulation for functional improvement within a peripheral nerve

injury model. This investigation quantifies the efficacy of combined intraoperative electrical

stimulation and trigeminal nerve stimulation on motor and sensory functional recovery in a rat

peripheral nerve injury model.

Methods: Twelve adult male Lewis rats were trained in a reach and pull task for a food reward

using their right forelimb with baseline force thresholds and percent success of the pull task

recorded. Baseline sensory data was retrieved using an automated von Frey monofilament test.

All rats underwent surgical transection and 2mm gap repair of their median and ulnar nerve of

their right forelimb followed by 1 hour of intraoperative electrical stimulation. Trigeminal nerve

stimulation throughout the rehabilitation period was completed via supraorbital nerve headcap

electrodes. Motor and sensory data were compared to historic cohorts comprised of sham

surgery (no nerve injury), brief intraoperative electrical stimulation, trigeminal nerve stimulation,

and a sham peripheral and trigeminal nerve stimulation group. Polarization sensitive optical

computed tomography (PS-OCT) was used to assess nerve regeneration in fixed tissue samples.

Results: The combined cohort of rodents were able to recover to their pre-injury motor function

by the third week of rehabilitation, faster than either of the singular electrical stimulation cohorts

assessed previously. Moreover, functional sensory data of the combined stim cohort

demonstrated no change when compared to their pre-injury baseline'.

Conclusions:

Peripheral nerve electrical stimulation and trigeminal nerve stimulation are two separately acting

mechanisms of therapy that employ electric waveforms to improve the functional recovery of

injured peripheral nerves. The former acts within the periphery to synchronize axonal growth

and regeneration of the injured neurons, while the latter acts centrally to augment neuroplasticity.

When used simultaneously in a rodent peripheral nerve injury model, these modalities have

shown to build upon each other to deliver a faster functional motor recovery, while sensory

recovery outcomes remain to be demonstrated.

Introduction

Limb trauma is a common affliction in the United States, with an estimated 300,000 patients per year presenting to the emergency department with this chief concern.[1] Of these limb trauma patients, 1.64% have an associated peripheral nerve injury.[1] This leads to more than 50,000 annual peripheral nerve repair procedures in the United States alone.[2] Unfortunately, peripheral nerve reinnervation is often a slow and incomplete process, resulting in significant morbidity and permanent loss of function of the injured extremities in approximately 50% of patients even with surgical intervention.[3] These injuries have the potential to create devastating deficits in a patient's life and work. Therefore, innovative methods to augment peripheral nerve regeneration and optimize functional outcomes are needed.

Electrical stimulation at the site of the peripheral nerve injury has been demonstrated to improve the functional outcomes of injured nerves.[2,4,5] It is thought that this stimulus induces a synchronized depolarization across all the afflicted neurons and their supporting Schwann cells to trigger the regeneration of the injured nerve at one time point.[6] This peripheral stimulation (PS) therapy has shown efficacy in clinical trials as well, with the BEST SPIN randomized control trial showing marked improvement of shoulder function with intraoperative electrical stimulation of the spinal accessory nerve following neck dissection and injury to the nerve.[6]

More recently, and through a separate and largely speculated mechanism, studies have shown the use of cranial nerve electrical stimulation to improve the functional outcomes of peripheral nerve injury. Stimulating the afferent neurons of a cranial nerve is thought to induce a

larger neuronal circuit that begins at the brainstem and projects up to the cerebral cortex to

promote neuroplasticity of a desired cortical region.[4,5] During neuronal regeneration after

peripheral nerve injury, many axons will inevitably grow into incorrect nerve tubes and innervate

inappropriate motor and sensory targets. The brain must then relearn these new connections,

requiring rewiring of the synapses of the associated cortical region.[7] The use of cranial nerve

stimulation in the setting of peripheral nerve injury has been studied using the repetitive

stimulation of the vagus nerve coupled to a learned task in a rodent model.[7,8] These research

endeavors illustrate the increased synaptic reorganization and improved sensorimotor recovery

modulated by stimulating the vagus nerve without any observable peripheral changes at the site

of injury.[8] Unfortunately, the anatomic course of the vagus nerve in humans requires the

surgical implantation of a cuff electrode deep within the neck, and therapeutic electrical

stimulation is stifled by adverse effects such as vocal cord spasm.[9,10]

An attractive alternative to vagal nerve stimulation is trigeminal nerve stimulation (TNS).

This nerve courses much more superficially within humans and has the capability to be

stimulated through non-invasive methods such as transcutaneous electrical stimulation (TENS)

units.[11,12] The afferent neurons of the trigeminal nerve also allow access to deep brain nuclei that

provide gateways for triggering larger projections of electrical activity in the cerebral cortex and

can thus provide a similar window for central nervous system stimulation.[10,13]

A recent investigation within our laboratory conducted by Nicksic et al. has

quantitatively compared the functional recovery of injured peripheral nerves using either PS or

TNS compared to no electrical stimulation in a rodent model.[14] This investigation found that

rodents within the PS group were able to return to baseline motor function after 4 weeks of

rehabilitation, while rodents within the TNS group were able to return to baseline motor function

after 6 weeks of rehabilitation, both faster than the no electrical stimulation cohort.[14] Moreover,

functional sensory recovery of these rodents was observed to return to baseline after 3 and 1

weeks of rehabilitation in the PS and TNS groups, respectively.[14]

Although the Nicksic et al. investigation was able to produce quantifiable data on the

functional improvement of motor and sensory recovery of peripheral nerves using either PS or

TNS, no cohort of rat received *both* PS and TNS as a combined therapy.[14] Given that these

mechanisms are thought to augment peripheral nerve regeneration through separate and mutually

exclusive mechanisms, we hypothesized that these mechanisms can be summated to provide a

combined further improvement in peripheral nerve regeneration. Our investigation aims to

utilize a 5th cohort of rodents receiving *both* PS and TNS under the same protocol and

instruments. In doing so, we aim to quantify the effects of combined PS and TNS on the

functional motor and sensory recovery of peripheral nerves in a rodent model and to compare

these outcomes to the previous four cohorts (Figure 1). Moreover, we aim to histologically

analyze the regenerated nerve cross sections for fascicular organization and scarring. Our

laboratory decided to pursue a 5th cohort rather than re-instituting an entirely new investigation

due to concerns of rodent attrition during peripheral nerve injury surgery and the ethical

considerations to minimize the number of animals within our research.

Figure 1: Comparison of rodent cohorts in the work of Nicksic et al. and the addition of a fifth cohort to assess the
combined effect of peripheral stimulation (PS) and trigeminal nerve stimulation (TNS).[14]

Methods

Twelve adult male Lewis rats weighing approximately 250g were included in this study,

mirroring the cohorts from previous work.[14] Lewis rats were selected due to their low rate of

denervation-related autophagy and their demonstrated ability to be trained for a food-rewarded

behavior.[14, 15] All aspects of the protocol were approved by the University of Wisconsin

Institutional Animal Care and Use Committee, designed in accordance with ARRIVE guidelines,

and all methods were performed in accordance with the relevant guidelines and regulations. All

animals were housed in individual cages in the vivarium with a 12-hour light cycle environment.

All regulations, protocols, equipment, and instruments used were the same as the Nicksic et al.

investigation, with the exception of a new lead investigator (SCE). For further details of the

subsequent methodology, refer to the works of Nicksic and colleagues.[14]

Baseline Assessments

All rodents were trained to proficiency in an isometric reach and pull task with their right

forelimb using the MotoTrak system (Vulintus, Inc., Dallas, TX) over a 6-week period for a food

reward (45 mg dustless chocolate precision pellet, BioServe, Frenchtown, NJ, USA).[8] Baseline

sensory data was collected using a von Frey monofilament (Ugo Basile, Barese, Italy) sensory

assessment device.[16]

Initial Injury Surgery

Following baseline training and assessment, all rodents underwent surgery on their right

forelimb for sharp transection of their median and ulnar nerve followed by a 2mm microsurgical

coaptation using a silastic cuff. A custom fabricated bipolar nerve cuff was fastened proximal to

the coaptation site for one hour of continuous electrical stimulation of the median and ulnar

nerve *en bloc*. Electrical stimulation parameters were identical to those previously described and

based on prior literature (biphasic, cathode leading, charged-balanced pulses; 20 Hz low

frequency; 100 µs pulse width).[14] Following surgery, all subjects were allotted 5 weeks for

recovery in the vivarium with unrestricted food intake. The contralateral uninjured limb served

as a control.

Trigeminal Nerve Cuff Implantation

After the initial recovery period, all subjects underwent a second surgery for implantation

of a trigeminal nerve electrode cuff to the left supraorbital nerve to enable trigeminal nerve

electrical stimulation contralateral to the injured limb. This electrode was custom fabricated to

create a headcap screwed into the subject's calvarium. Four screws were placed between the

coronal and lambdoid sutures of the rodent cranium. A custom-fabricated bipolar nerve cuff (0.6

mm internal diameter) was placed around the left supraorbital nerve. Intraoperatively, the

rodents each had electrodes validated by eliciting a blink reflex as previously described.[11]

Moreover, impedance tested was performed during the electrode cuff placement and at weekly

intervals during functional rehabilitation to ensure proper contact and dosage of stimulation of

the supraorbital nerve. Following trigeminal nerve cuff implantation, all subjects were allotted 1

week for recovery in the vivarium with unrestricted food intake.

Rehabilitation

Following recovery of the trigeminal nerve implantation surgery, all subjects returned to

the MotoTrak system for rehabilitation of their reach and pull task for 6 weeks. The same

protocol was employed throughout the rehabilitation as the training period. Metrics of median

peak force of lever pulling and percent success at reaching minimum threshold were recorded.

All animals were tethered by their headcap to a commutator throughout the rehabilitation period

and received electrical stimulation for each successful lever interaction. The current of the

trigeminal nerve electrode was titrated identical to previous work.[14] Subjects were tethered by

their headcap to a he commutator during the first 5 weeks of rehabilitation and were stimulated

automatically each time they had a successful lever interaction (constant current, biphasic,

cathode leading, charge-balanced pulses, 30 Hz; 200 µs pulse width; 500 ms pulse duration).[14]

Biweekly sensory data was obtained throughout the rehabilitation phase using von Frey

monofilament sensory assessment device.[16] In the final week of rehabilitation training, all

subjects were allowed to complete MotoTrk sessions untethered to the headcap electrode wire.

Euthanasia and Histology

Upon completion of the rehabilitation period, all subjects were anesthetized with

isoflurane and euthanized via intracardiac injection of pentobarbital. At this time the subjects

underwent resection of their median and ulnar nerves on both the right forelimb as well as

healthy contralateral forelimb for histological preparation using Gomori's trichrome stain.

PS-OCT Nerve Imaging

PS-OCT imaging was performed on fixed nerve samples from the new and historic

cohorts using a custom-designed system based on a design described previously[19-22]. The light

source provided 110 nm bandwidth (HSL-200-50LC, Santec Corp., Japan) centered at 1310nm

and operated with a 50 kHz A-scan rate. Axial resolution was measured to be 7 µm (in air). The

PS-OCT system used a polarization-modulation scheme that switched sample-arm polarization

launch states on even and odd A-lines[18] using an electro-optic modulator (Boston Applied

Technologies, United States). The OCT receiver supported polarization-diverse detection, and a

linear polarizer was placed at the end of the reference arm to reduce noise induced by

polarization-mode dispersion (PMD)[23-24]. The system provided X mW power to the sample.

Imaging was performed using a 2-axis galvanometer microscope using a Thorlabs LSM02

objective. PS-OCT image processing followed methods previously described previously[19].

Briefly, the system calculated the depth-resolved Stokes data. Using these data, local

birefringence and the axis of orientation was calculated, using spectral-binning to mitigate noise

induced by PMD[25]. The axis of orientation data was mapped to a 2D plane using a principal

analysis reduction described previously[19], and the angular range was mapped to a cyclical hue

colormap as shown in figures. The birefringence was scaled to lie between 0 and 1, and mapped

to the value parameter of the HSV colormap. The absolute orientation of the axis of orientation

data was not controlled, and as such the relative changes in color within a dataset are meaningful

but the color differences from dataset to dataset are likely attributable to changes in the sample

arm optical fiber birefringence. PS-OCT datasets were generated and visualized using imageJ.

Cross-sectional images as well as volumetric projections were generated.

Statistical Considerations

Twelve subjects were justified by power analysis (statistical power = 0.8) and previous

experience[14]. Statistical methods of comparison were determined prior to the start of data

collection. In order to compare motor and sensory data between groups, a repeated measures

analysis of variance (ANOVA) was employed. The averaged median peak force, percent success

of lever pull, and paw withdrawal thresholds for each week were compared among groups and

across weeks. Post-hoc analysis was performed using the differences of least square means. A

threshold significance of 0.05 for type I error was set for all statistical tests. The subjects were

determined to reach functional recovery for each of the three metrics when the aggregated

average value of the cohort for a given week was not statistically different than their pre-injury

baseline. All values for functional motor and sensory outcomes are represented as mean

differences from the pre-injury baseline ± standard error. A positive or negative mean difference

denotes a value that was greater than or less than the pre-injury baseline value, respectively.

Histological analysis quantitatively compared the ratio of fascicular volume to full volume of the

nerve cross sections that were injured to the healthy left forelimb. Qualitative assessment of

fascicular organization and scarring was also completed.

Results

Pre-Injury Baseline Functionality and Injury Severity Metrics

The PS+TNS cohort averaged a median pull force of 158.05±2.5g, a percent success of

93.9±0.9%, and a paw withdrawal threshold of 21.26±1.5g at baseline prior to injury surgery.

There was no statistical difference in these metrics when compared to the previous four cohorts.

Following initial injury surgery, the PS+TNS cohort demonstrated a 103.42±5.9g drop in median

pull force and a 78.29±5.0% drop in percent success, indicating a significant decrease in motor

functionality (P < 0.0001). All previous cohorts receiving peripheral nerve injury also

demonstrated a statistically significant decrease in motor functionality (P< 0.0001). There was a

0.39±1.54g increase in paw withdrawal threshold which did not show a statistically significant

decrease in sensory functionality (P > 0.05). This was inconsistent with the previous cohorts of

that received peripheral nerve injury, which demonstrated a statistically significant decrease in

sensory functionality following initial injury surgery.

At the beginning of the rehabilitation period, median pull force data of the PS+TNS cohort

demonstrated a statistically significant lower motor function of the rodents compared to the sham

surgery, no stim, and PS cohorts (P < 0.05). When compared to the TNS cohort, the PS+TNS

cohort did not show any significant difference in median pull force performance (P > 0.05). The

percent success of the PS+TNS cohort did not show any significant difference when compared to

the no stim, PS, and TNS cohorts (P > 0.05) but did show a significant difference compared to

the sham surgery cohort (P < 0.0001). There was no significant difference in sensory function

among any of the cohorts at this time point (P > 0.05).

Figure 2 A-C: A. Median pull force, B. Percent success. C. Sensory paw withdrawal thresholds of PS+TNS cohort
compared to historic data for sham surgery, Peripheral nerve injury (PNI) without stim, PNI with peripheral
stimulation (PS), PNI with trigeminal nerve stimulation (TNS), and PNI with both PS and TNS.[14]

Motor Recovery

The PS+TNS cohort was able to recover to its pre-injury median pull force and percent

success performance by the third week of rehabilitation (week 8 post-injury) and demonstrate a

mean difference of 1.85±5.86g pull force and 11.24±4.9% percent success mean difference at

this time point (P > 0.05) (Figure 3).

The no stim cohort did not return to its pre-injury baseline for pull force (mean difference

12.36±5.48g, P = 0.0252) or percent success (mean difference 15.54±4.78%, P = 0.0013) by the

final week of rehabilitation. The PS cohort recovered to its pre-injury median pull force

performance (mean difference 5.38±5.25g, P > 0.05) and percent success (mean difference

3.99±4.58%, P > 0.05) at the fourth week of rehabilitation (week 9 post-injury). The TNS cohort

returned to its pre-injury baseline of pull force (mean difference 3.873±5.48g, P > 0.05) and

percent success (mean difference 18.51±4.78%, P > 0.05) at the final week of rehabilitation

(week 11 post injury). Lastly, the sham surgery returned to its pre-injury baseline for median

peak force (mean difference 22.19±6.06g, P > 0.05) and percent success (mean difference

1.311±5.29%, P > 0.05) at the second week of rehabilitation (week 7 post injury).

Figure 3: *Rehabilitation time required to reach pre-injury functional motor performance.*

Sensory Recovery

287   The PS+TNS cohort did not show a significant difference from pre-injury paw

withdrawal to the beginning of rehabilitation (P > 0.05). Moreover, this was inconsistent with

the previous four cohorts of rodents, which all demonstrated significant decrease in sensory

function. All subsequent timepoints of paw withdrawal thresholds throughout the rehabilitation

period of PS+TNS also did not show any statistical difference from baseline pre-injury

assessment (P > 0.05) (**Figure 4**).

Figure 4: Rehabilitation time required to reach pre-injury functional sensory performance as measured with von
Frey paw withdrawal thresholds.

296   The no stim cohort did not recover to the pre-injury baseline throughout the rehabilitation

period for paw withdrawal (mean difference 4.18±1.59g, P = 0.0092). The PS cohort returned to

its pre-injury baseline at the third week of rehabilitation (week 8 post injury) (mean difference

1.019±1.52g, P > 0.05) whereas the TNS group returned to baseline pre-injury sensory function

at the first week of rehabilitation (week 6 post injury) (mean difference 1.08±1.59g, P > 0.05).

The sham cohort demonstrated no difference in the pre-injury paw withdrawal thresholds

compared to any timepoint throughout the rehabilitation period (P > 0.05).

There was no statistically significant difference in the histomorphological examination of

injured (right) and uninjured (left) nerves. The right median (RM) and right ulnar (RU) nerve

cross sectional fascicular area to collagen ratio of the transected nerves (RM 0.578±0.096, RU

0.628±0.108) compared to the left median (LM) and left ulnar (LU) healthy nerve ratios (LM

0.601±0.065, LU 0.625±0.110) ($P > 0.05$) (**Figure 5**). Qualitative assessment of the injured

nerves demonstrated substantially more epineural collagen deposition around the nerve cross

section compared to the healthy counterparts (**Figure 6**).

Figure 5: *Ratio of the right transected and regenerated median and ulnar nerve fascicular area to collagen area*
compared to the healthy median and ulnar nerve ratios. No statistical difference exists among the groups.

Figure 6: Representative nerve histomorphology of uninjured (A & C), and injured (B & D) median nerves.
Qualitatively, injured nerves demonstrate a more dense fascicular area with amore disorganized and thicker ring of
epineurial collagen. **Transverse nerve sections stained with Gomori's trichrome; which stains myelinated axons**
purple and collagen blue, imaged at low (A & B: 11.5x magnification, scale bar = 200μm) and high (C & D: 40x
magnification, scale bar = 60 μm).

PS-OCT Imaging of Regenerating Nerves

______ PS-OCT was used to assess the quality of nerve regeneration following rehabilitation and

therapeutic approaches. In contrast to traditional histological measures, PS-OCT provides a non-

destructive technique to assess nerve structure, including the degree of myelination, both at the

site of injury/regeneration and at locations further away. Examination of nerve samples from the

historical cohort demonstrated wide variation between the size and structure of nerve samples

near the site of injury and subsequent regeneration. Qualitatively, injured nerves had smaller

cross sections compared to the sham group, with the poorest regeneration being seen in the group

that received rehabilitation alone. In contrast, samples from rats that received both rehabilitation

and peripheral stimulation showed larger cross sections with remarkable center/surround

organization indicative of regenerating axons. Here, a consistent color in the center of the nerve

that contrasts with the color of the epineurium suggests longitudinally aligned myelinated fibers.

Figure 7: PS-OCT images from 10 representative samples from the Sham, No Stim, Peripheral Stim and
Trigeminal Stim groups.

Discussion

Electrical stimulation continues to increase in popularity as a possible avenue to augment

the functional outcomes of injured peripheral nerves. Intraoperative electrical stimulation at the

site of peripheral nerve injury has been demonstrated to synchronize axonal regeneration across

the nerve gap, improving functional outcomes.[9] This mechanism is thought to enable a

synchronous stimulus for the injured axons and supporting cells, enabling a switch to the

regenerative mode at the same time point. By a separate and much less studied mechanism,

cranial nerve stimulation during the rehabilitation period has shown to augment neuroplasticity

of the cerebral cortex, improving functional outcomes.[17] Throughout rehabilitation, it is

hypothesized that this therapy enables a remapping of neurons to accelerate a relearned task

thereby restoring function at an earlier time point.

Comparing the functional motor data of the various electrical stimulation groups

illustrates a return to baseline function of the combined PS+TNS cohort faster than the PS only

group by 1 week and TNS only group by 3 weeks (Figure 3). This improvement supports the

hypothesis that the PS and TNS therapies both improve the rate of functional recovery of

peripheral nerves through different complimentary mechanisms. PS improves peripheral nerve

regeneration, allowing a synchronized regenerative process, while the TNS impacts the subject's

nervous system plasticity at a central level. These modalities may be stacked to reap the benefit

of both simultaneously.

Although the functional motor data provides evidence of accelerated return to baseline,

the sensory data cannot draw the same conclusions. This is due to the lack of demonstrated

sensory injury at the first timepoint of rehabilitation (Figure 4). It would be expected for the

PS+TNS cohort to mirror the injury pattern and sensory loss of the PS group at this timepoint, as

there has not yet been administration of any TNS therapy at the beginning of rehabilitation.

Given that there is no significant difference in the first timepoint captured of the PS+TNS cohort,

further investigation is necessary to elucidate the effects of sensory return in this cohort.

This experiment demonstrated the improved functional motor outcomes of the combined

PS+TNS cohort of rodents in a peripheral nerve injury model when compared to either of the

electrical stimulation therapies alone. The previous investigation completed by Nicksic et al.

demonstrated the superior recovery of the injured peripheral nerve when using electrical

stimulation (either PS or TNS) compared to no electrical stimulation. This study further

demonstrated the additive benefit of combining these two therapies to reap the benefit of the

therapies simultaneously. With the growing body of evidence showing an improvement of

outcomes when employing electrical stimulation in injured peripheral nerves, we have

demonstrated that the additive effect of PS+TNS greatly decreases the rehabilitation time

required to return to baseline functional motor status, while functional sensory status remains to

be demonstrated. Given it's non-invasive nature and the lack of side effects reported in clinical

trials for FDA approved indications, TNS represents an exciting adjunct therapy for peripheral

nerve injury that can easily be administered in conjunction with PNS to improve functional

outcomes beyond what is capable with either stimulation modality in isolation.

Limitations

The completion of the PS+TNS cohort reported herein occurred following the completion

of the previous four cohorts may introduce bias in the rodents used and instrumentation handling

by a different lead investigators (SCE and PJN). This was most clearly demonstrated in the von

Frey sensory assessments, which yielded significantly different results across the experiments.

In addition, lack of randomization of this cohort's rodents with the previous four cohorts

following initial training may lead to bias of the PS+TNS cohort when compared to the previous

cohorts. This lack of randomization was minimized as much as possible with the use of the same

protocol and same species and strain of animals, but differences in initial baseline sensory

assessments may be due to these confounding variables. This study utilizes an invasive method

for delivering trigeminal nerve stimulation that is then used to infer non-invasive applicability in

humans. Invasive methodologies such as this are required in rodent models as a means to

ensuring consistent delivery of therapeutic stimulus over an extended period of time.

Conclusion

Combined electrical stimulation therapy with intraoperative peripheral nerve stimulation

and trigeminal nerve stimulation demonstrated a faster return to baseline functional status in

motor testing in our rodent peripheral nerve injury model. Moreover, functional sensory

recovery returned to baseline pre-injury levels at the first measurement timepoint, indicating an

accelerated recovery compared to control. Intraoperative peripheral nerve stimulation and

trigeminal nerve stimulation have shown to improve the functional recovery of injured peripheral

nerves through separately acting, yet additive, mechanisms. When used simultaneously, these

modalities have shown to build upon each other to deliver faster motor functional regeneration in

injured peripheral nerves.

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Author Contributions

SCE contributed to study design, data collection, statistical analysis, manuscript drafting and

manuscript revision.

PJN contributed to study design and manuscript revision.

DTD contributed to study design, data collection, and manuscript revision.

AJ contributed to data collection.

ECS contributed to data collection and manuscript revision.

WZ contributed to study design, data collection, and manuscript revision.

AJS contributed to study design, statistical analysis, and manuscript revision.

SOP contributed to study design, statistical analysis, and manuscript revision.

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