Protein Synthesis Blockade Prevents Fear Memory Reactivation via inhibition of

Engram Synapse Strengthening

Ilgang Hong[1,2],*, Yeonjun Kim[1,2],*, HyunSu Jung[1,2], Chang-Ho Kim[1,3], Jun-Hyeong Cho[4],

Bong-Kiun Kaang[1,2,3]

[1]Center for Cognition and Sociality, Institute for Basic Science (IBS), Daejeon, South Korea

[2]Interdisciplinary Program in Neuroscience, Seoul National University, Seoul, South Korea

[3]Department of Biological Sciences, College of Natural Sciences, Seoul National University, Seoul, South Korea

[4]Department of Molecular, Cell and Systems Biology, University of California, Riverside, CA, USA

*These authors contributed equally.

Correspondence to: kaang@ibs.re.kr

Abstract

Memory relies on ensembles of engram cells in the brain. While previous studies have established the existence of these cells, the relationship between cellular and synaptic activity remains unclear. To address this, we applied the dual e-GRASP technique in mice to examine synaptic connectivity between the ventral CA1 and the basal amygdala during memory formation. We found that contextual fear conditioning increased engram-to-engram synapse (engram synapse) density and induced structural potentiation, highlighting their importance in associative memory. Additionally, we investigated the role of protein synthesis in memory formation by inducing retrograde amnesia using anisomycin, a protein synthesis inhibitor. Single anisomycin-injected mice (1xANI) showed impaired natural recall but still displayed fear responses upon optogenetic reactivation of engram cells. In contrast, mice that received four anisomycin injections over six hours (4xANI) showed significantly impaired natural recall and failed to exhibit fear responses upon optogenetic reactivation. This behavioural phenotype was correlated with synaptic changes as 1xANI mice exhibited no significant reduction in engram synapse density but had significantly smaller spine size while 4xANI mice showed both significant reduction in engram synapse density and spine size. Our result indicate that protein synthesis inhibition significantly changes engram synapse density and spine size which correlatively affect fear memory natural recall and artificial reactivation.

Introduction

The concept of the engram refers to the physical trace of a memory, which operates across multiple scales[1]. This synaptic engram has been studied in various behavioural paradigms—including contextual fear conditioning, auditory fear conditioning, and motor learning—as well as across different memory stages, such as consolidation, extinction, and remote recall[2–5]. However, whether this hypothesis extends beyond the CA3-CA1 circuit in fear learning

remains unclear. In this study, we explore the engram synapse hypothesis within the ventral

CA1 (vCA1) – basal amygdala (BA) circuit during associative fear learning.

The vCA1 is known to play a critical role in aversive learning, with growing evidence

suggesting that engram neurons within this region encode information essential for forming

lasting associations such as linking a specific environment to an aversive outcome. Conversely,

the amygdala is widely recognised for its role in processing emotions, especially fear-related

responses. Within this framework, activated vCA1 neurons are thought to convey contextual

representations to the BA. Although the anatomical and functional connectivity between vCA1

and BA has been demonstrated in both *ex vivo* and *in vivo* studies, direct visualization of this

connection at the synaptic level remains largely unexplored.

Protein synthesis is known to be critical in long-lasting forms of synaptic plasticity. Applying

a protein synthesis inhibitor (PSI) such as cycloheximide or anisomycin in brain slices prior to

tetanisation has been shown to reduce the amplitude of field excitatory postsynaptic potentials

and impair synaptic transmission during the late phase of long-term potentiation[6–8].

Consequently, inhibiting protein synthesis during acquisition blocks natural recall[9]. As

anticipated, the disruption of memory consolidation is accompanied by the loss of enhanced

synaptic strength in engram cells[9,10].

Protein synthesis is essential for natural memory recall, but its role in memory storage and

artificial recall remains debated. A single anisomycin injection after memory acquisition

impairs natural recall, yet optogenetic reactivation of DG engram cells can still induce memory

retrieval[9]. However, when anisomycin is administered alongside tat-Beclin, an autophagy-

inducing drug, both natural and artificial recall are disrupted[11]. This raises the question of

whether memory storage and artificial recall are critically affected by the magnitude of protein

synthesis blockade. Additionally, the synaptic changes associated with protein synthesis

blockade remain unclear. Here, we demonstrate that in the vCA1-BA circuit, the impairment

of both natural recall and optogenetic reactivation depends on the degree of protein synthesis

inhibition, which correlates with reductions in engram synapse density and spine size.

Results

Validation of vCA1-BA circuit during contextual fear memory

The inner and the outer layers of vCA1 projecting to the BA are known to play distinct roles

in fear memory, but also in anxiogenic and anxiolytic behaviour[12–14]. To determine which layer

projects to the BA, retrograde viral tracing was performed by injecting retrogradely transducing

CAV-Cre into the BA of double-floxed tdTomato mice. Retrograde tracing confirmed that BA-

projecting vCA1 neurones mainly reside in the outer layer (Fig. S1).

Next, to see whether each neurone can store fear memory as an engram cell, the reactivation

ratio between acquisition- and retrieval-activated cells was observed. Acquisition-activated

neurones were labelled using fos promoter driven tet-on system and recall-activated neurones

were labelled using fos immunohistochemistry (Fig. S2 A, B). A significant increase in

colocalisation ratio was observed in the contextual fear conditioning (CFC) group compared to

the naïve group in both vCA1 and BA (Fig. S2 C-E).

Increased synaptic density and spine size between vCA1 and BA engram cells during

memory formation

Next, correlation between associative memory formation and synaptic connectivity between

engram cells was assessed. Dual enhanced green fluorescent protein reconstitution across

synaptic partners (dual-eGRASP) enables specific labelling of activated dendrites and synapses.

Dual-eGRASP utilises split protein reconstitution in the synaptic cleft to label synapses. Using

two colours of split protein and fluorescence expression, all connection types between engrams

(E) and non-engrams (N) can be fluorescently labelled (Fig. 1A-C, S3A). Using this dual-

eGRASP technique, synaptic strengthening was quantified in the vCA1-BA circuit after CFC

(Fig. 1B, S3B). No significant difference in synaptic density was observed between N-N and

N-E across all experimental groups while significantly higher density of E-E synapses was

observed in the CFC group compared to the E-N synapses (Fig. 1D). This suggests recruitment

of synapses between engram neurones during acquisition of associative memory. Subsequently,

morphological changes were investigated to confirm structural plasticity in the spines during

associative memory formation. Morphological analysis revealed a significant increase in spine

head diameter, spine head volume, and spine volume of E-E synapses in the CFC group

compared to N-E synapses (Fig. 1E). The context only group exhibited no significant

differences in spine head size of E-E synapses. We conclude that fear conditioning induced

structural plasticity specifically in E-E synapses. No significant difference was found in any of

the four metrics of structural plasticity between N-N and N-E synapse in the three behavioural

groups (Fig. S3F). Consequently, these results indicate that engram synapses undergo structural

plasticity during associative fear learning in the vCA1-BA circuit.

***De novo* protein quantification using NCAA labelling**

A key aspect of memory consolidation theory suggests that *de novo* protein synthesis is

essential for synaptic plasticity[15,16]. The use of PSIs has been crucial in advancing this theory,

as numerous studies have demonstrated that administering PSIs during memory acquisition

impairs natural recall in mice[9]. Therefore, as an indirect method to inhibit synaptic changes

observed in Fig 1, we established PSI treatment behavioral conditions with greater specificity.

First, to establish experimental conditions for extensive protein synthesis inhibition,

noncanonical amino acids (NCAA) labelling was performed as mice were injected with PSI.

Given that the reported time window for memory consolidation extends up to 6 hours after the

event[17], initial approach aimed to extend the duration of the PSI treatment[18–20]. It has been

previously reported using an electrophysiological approach that four consecutive injections of

anisomycin weaken E-E synaptic strengthening[21]. Therefore, mice received four consecutive

anisomycin injections (4xANI), or a single anisomycin injection followed by three consecutive

saline injections (1xANI), or 4 consecutive saline injections (SAL). Immediately after the CFC,

mice were intraperitoneally injected with L-methionine analog L-azidohomoalanine (AHA)

and brains were snap frozen 16 hours after CFC (Fig. 2A). Quantification of NCAA labelled

proteins by western blotting showed that 4xANI mice displayed protein intensity comparable

to that of AHA$^-$ mice (Fig. 2B, C). These results suggest that 4xANI injections effectively

suppresses protein synthesis.

Multiple injections and cocktail of drugs induce retrograde amnesia more effectively

Building on NCAA studies, robust protein synthesis inhibition conditions were applied *in vivo*.

For multiple injections, four consecutive injections of saline or anisomycin were delivered (Fig.

2A, D). In another experimental condition, a stronger inhibition was achieved with a single

injection by using cycloheximide along with anisomycin to inhibit two different ribosomal sites

(Fig. S5). In line with the previous study, a single injection of anisomycin decreased natural

recall of fear memory[9], while multiple injections of anisomycin and the cocktail group (CKT)

exhibited significantly lower freezing levels compared to the single injected group (Fig. 2E,

2H, S5A-B). Therefore, these data confirm that extensive protein synthesis inhibition by

multiple injections of anisomycin or a cocktail of protein synthesis inhibitors significantly

impairs natural recall of fear memory.

To test whether the memory impairment by injection of PSI leads to impaired engram

reactivation, Arc-CreERT2 crossed with floxed tdTomato mice were fear conditioned followed

by 4-OHT and a series of PSI injections (Fig. 2D). Immunohistochemistry analysis showed no

significant difference in the ratio of tdTomato$^+$ or Fos$^+$ neurones in all three groups (Fig. S4).

However, the reactivation ratio between activated neurones during the conditioning and

memory recall was significantly lower in the 4xANI group in both vCA1 and BA (Fig. 2I, J).

Significant differences in reactivation ratio between groups were replicated using Arc-

CreERT2 mice expressing CaMKII-DIO-tdTomato (Fig. 2F, G). Moreover, the single injection

of the cocktail significantly reduced the reactivation ratio in the BA compared to treatment

with anisomycin alone (Fig. S5). Taken together, these data suggest that multiple injections of

anisomycin significantly disrupt the reactivation of engram cells and impair memory recall.

We next examined whether amnesic memory can be recalled using optogenetics. To reactivate

neurones specifically activated during the CFC under different PSI treatments, EF1a-DIO-

ChR2-eYFP was bilaterally expressed in the vCA1 of Arc-CreERT2 mice (Fig. 3B, S6A). To

reach sufficient virus expression in axon terminals in the BA, mice were tested five days after

the CFC (Fig. S6B, C). Restoration of memory from amnesia has been observed by directly

stimulating anisomycin-treated DG engram cells with light; this preferential, protein synthesis-

independent functional engram connectivity was observed even eight days after the initial

training[22]. All groups of mice reported here showed robust freezing acquisition (Fig. 3A). Five

days after training, mice were introduced to a novel environment for blue light stimulation. In

line with prior research, neither group displayed freezing behaviour when the blue light was

off, but SAL groups and 1xANI groups exhibited a significant increase in freezing behaviour

when the blue light was on (Fig. 3C-D, S7C-D). Notably, in the CKT and 4xANI group, mice

did not display any freezing level during the light on and off sessions (Fig. 3E, Fig. S7E). To

assess the conditioned response to recall cues, mice were once more evaluated in the fear-

conditioned chamber 24 hours after the optical stimulation. Consistent with our previous data,

SAL mice showed robust freezing while 4xANI showed minimal freezing behaviour (Fig. 3B).

The saline group displayed robust freezing behaviour, whereas the anisomycin group with

single injection resulted in significantly reduced freezing behaviour during cued recall (Fig.

S7B). The 4xANI and CKT groups exhibited a freezing level similar to naïve mice. These data

indicate that the connectivity of vCA1 engram cells to the downstream BA is enhanced during

memory acquisition only if the protein synthesis blockade is not extensive, while an extensive

blockade inhibits synaptic strengthening between the regions, thus impairing memory.

Collectively, these data provide evidence supporting the critical role of engram synapses in

associative memory by indirectly modulating engram synapse potentiation by multiple PSI

injections.

To investigate the synaptic changes associated with memory under extensive protein synthesis

blockade, we applied the dual-eGRASP technique (Fig. 1A). Mice underwent CFC followed

by serial injections of either anisomycin or saline (Fig. 4A). Consistent with our previous

findings, the group that received four injections of anisomycin (4xANI) exhibited significantly

impaired fear memory retrieval compared to the SAL group (Figs. 3B and 4B). Dual-eGRASP

analysis revealed an increased density of E-E synapses across all behavioural groups, while no

significant differences were observed in N-E synapse density (Figs. 1D and 4C). However, a

notable reduction in E-E synapse density was observed in the 4xANI group compared to the

1xANI, with no significant difference between the SAL and 1xANI groups (Fig. 4C). This

reduction in E-E synapse density may explain the failure of optogenetic reactivation observed

in the 4xANI group (Fig. 3E). Additionally, spine morphology analysis revealed increases in

spine head diameter, spine head volume, and overall spine volume in the E-E synapses of the

SAL group (Figs. 1E and 4D, E). Interestingly, these metrics showed no significant changes in

the 1xANI or 4xANI groups, with spine dimensions in the 1xANI group being significantly

smaller than those in the SAL group. These findings suggest that the reduction in spine

dimensions correlates with impaired natural memory recall observed in the 1xANI group (Fig.

3D).

Discussion

It has been challenging to determine whether memory formation strengthens the synapses

between engram cells in interconnected brain regions[23]. This challenge stems from the

difficulty in distinguishing presynaptic regions formed by engram cells from those formed by

non-engram cells. The modification of the GRASP technique has provided the solution

enabling the visualisation and analysis of spine density and morphology. Additionally, by

positioning the colour-determining domain in the presynaptic neurone (cyan/yellow pre-

eGRASP) and the common domain in the postsynaptic neurone (post-eGRASP), we have

successfully visualised two synaptic populations originating from two distinct presynaptic

neuronal populations, both projecting to a single postsynaptic neurone[2].

Using the dual-eGRASP technique we investigate the hypothesis that contextual fear learning

is associated with the enhancement of synapses between engram cells, the so-called synaptic

engram hypothesis. Engram synapses have been shown to be critical in memory acquisition

and extinction where changes in engram synapse density and spine head size were observed[2,3].

Our results showed similar lines of data, where increased synapse density, spine head size,

spine volume, and spine head volume were observed specifically in E-E synapses of vCA1-BA

circuit (Fig. 1D, E). Therefore, these data suggest that the engram synapse hypothesis can also

be applied to the vCA1-BA circuit during associative fear learning.

Along with the CFC group, the context only group also exhibited an increase in E-E synaptic

density (Fig. 1D). This data is consistent with our previous findings within the CA3-CA1

pathway, where the context only group demonstrated significant synaptic changes[2]. This

increase in synaptic density may be attributed to Hebbian plasticity between vCA1 engram

neurones and BA neurones activated by emotions other than fear, such as anxiety, generated

during exposure to the novel context[24] as BA is also known to mediate anxiogenic behaviour[14].

Unlike synaptic activity of the vCA1 region drives the increase in synaptic density, although it

is not sufficiently pronounced to increase spine size.

Moreover, to validate the hypothesis that modification of E-E synaptic connectivity is

necessary for memory acquisition, we administered a PSI to induce retrograde amnesia. In this

study, we set the optimal conditions for inducing extensive retrograde amnesia that cannot be

artificially recalled (Fig. 3E, S7E). By extending the time window of protein synthesis

inhibition or simultaneously targeting two ribosomal sites, we show that these experimental

conditions induce a more pronounced effectiveness in impairing memory recall.

It has been reported that a memory that is impaired by inhibiting synaptic potentiation using

PSI can later be artificially reactivated[9]. Another study has demonstrated that inhibiting protein

synthesis, coupled with the induction of autophagy, results in irretrievable memory[11]. To assess

whether varying degrees of protein synthesis inhibition produce different behavioural

outcomes, we tested multiple groups to identify the optimal condition for inducing memory

impairment. This approach led to the discovery that when mice undergo an extensive inhibition

of protein synthesis, optogenetic reactivation of engram cells can no longer induce memory

recall. Multiple injections of anisomycin showed no significant changes to the number of

engram cells (Fig. S4D). Also, E-E synapses showed increased density and enlarged structural

morphology during associative fear learning (Fig. 1D, E). Therefore, we propose that the failure

of optogenetic reactivation in mice subjected to multiple anisomycin injections is attributed to

a reduction in E-E synaptic density caused by extensive protein synthesis inhibition (Fig. 4B).

On the other hand, we suggest that the impaired natural recall observed in both 1xANI and

4xANI groups is driven by the lack of engram synapse enlargement (Fig.4C). Numerous studies

have provided evidence that neither single nor multiple injections of anisomycin are sufficient

to block synaptic plasticity to a level comparable to the naïve group[9,21]. Although the

AMPAR/NMDAR ratio was lower, EPSC frequency remained elevated, suggesting that

synaptic strength weakened while E-E synaptic connections increased[21]. We can conclude that

our experimental conditions were sufficient to impair memory recall in both natural and

optogenetic reactivation contexts (Fig. 3, 4). However, the residual freezing behaviour and the

observed increase in engram synapse density needs further investigation which may be

regulated by protein synthesis independent mechanisms such as remodelling of actin skeleton.

Limitations of the current study arise from the fact that anisomycin affects protein synthesis in

a non-discriminative way. Anisomycin was treated by intraperitoneal injection, thereby

affecting the whole mouse body. To rule out the possibility that protein synthesis blockade

from other regions has contributed to the failure of memory storage, future studies should block

protein synthesis in a brain region-specific and engram-specific manner possibly through the

use of genetically encodable PSI[25].

References

1.   Josselyn, S. A., Köhler, S. & Frankland, P. W. Finding the engram. *Nat. Rev.*

Neurosci. 2015 169 **16**, 521–534 (2015).

2.   Choi, J. H. *et al.* Interregional synaptic maps among engram cells underlie memory

formation. *Science (80-.).* **360**, 430–435 (2018).

3.   Choi, D. Il *et al.* Synaptic correlates of associative fear memory in the lateral

amygdala. *Neuron* **109**, 2717-2726.e3 (2021).

4.   Lee, C. *et al.* Hippocampal engram networks for fear memory recruit new synapses

and modify pre-existing synapses in vivo. *Curr. Biol.* **33**, 507-516.e3 (2023).

5.   Kim, Y., Hong, I. & Kaang, B. K. Synaptic correlates of the corticocortical circuit in

motor learning. *Philos. Trans. R. Soc. Lond. B. Biol. Sci.* **379**, (2024).

6.   Schafe, G. E. *et al.* Activation of ERK/MAP kinase in the amygdala is required for

memory consolidation of pavlovian fear conditioning. *J. Neurosci.* **20**, 8177–8187

(2000).

7.   Schafe, G. E. & LeDoux, J. E. Memory consolidation of auditory pavlovian fear

conditioning requires protein synthesis and protein kinase A in the amygdala. *J.*

Neurosci. **20**, (2000).

8.   Fonseca, R., Vabulas, R. M., Hartl, F. U., Bonhoeffer, T. & Nägerl, U. V. A balance of

protein synthesis and proteasome-dependent degradation determines the maintenance

of LTP. *Neuron* **52**, 239–245 (2006).

9.   Ryan, T. J., Roy, D. S., Pignatelli, M., Arons, A. & Tonegawa, S. Engram cells retain

memory under retrograde amnesia. *Science (80-.).* **348**, 1007–1013 (2015).

10.   Roy, D. S. *et al.* Memory retrieval by activating engram cells in mouse models of early

Alzheimer's disease. *Nature* **531**, 508–512 (2016).

11.   Abdou, K. *et al.* Synapse-specific representation of the identity of overlapping memory

engrams. *Science (80-.).* **360**, 1227–1231 (2018).

12.   Gergues, M. M. *et al.* Circuit and molecular architecture of a ventral hippocampal

network. *Nat. Neurosci.* **23**, 1444–1452 (2020).

13.   Jimenez, J. C. *et al.* Contextual fear memory retrieval by correlated ensembles of

ventral CA1 neurons. *Nat. Commun. 2020 111* **11**, 1–11 (2020).

14.   Pi, G. *et al.* Posterior basolateral amygdala to ventral hippocampal CA1 drives

approach behaviour to exert an anxiolytic effect. *Nat. Commun.* **11**, (2020).

15.   Kandel, E. R. The molecular biology of memory storage: a dialogue between genes

and synapses. *Science* **294**, 1030–1038 (2001).

16.   Costa-Mattioli, M., Sossin, W. S., Klann, E. & Sonenberg, N. Translational control of

long-lasting synaptic plasticity and memory. *Neuron* **61**, 10–26 (2009).

17.   Casagrande, M. A. *et al.* Synaptic consolidation as a temporally variable process:

Uncovering the parameters modulating its time-course. *Neurobiol. Learn. Mem.* **150**,

42–47 (2018).

18.   Squire, L. R., Kuczenski, R. & Barondes, S. H. Tyrosine hydroxylase inhibition by

cycloheximide and anisomycin is not responsible for their amnesic effect. *Brain Res.*

82, 241–248 (1974).

19.   Flood, J. F., Bennett, E. L., Orme, A. E., Rosenzweig, M. R. & Jarvik, M. E. Memory:

Modification of anisomycin-induced amnesia by stimulants and depressants. *Science*

(80-.). **199**, 324–326 (1978).

20.   Freeman, F. M., Rose, S. P. R. & Scholey, A. B. Two Time Windows of Anisomycin-

Induced Amnesia for Passive Avoidance Training in the Day-Old Chick. *Neurobiol.*

Learn. Mem. **63**, 291–295 (1995).

21.   Kim, W. Bin & Cho, J. H. Encoding of contextual fear memory in hippocampal–

amygdala circuit. *Nat. Commun.* **11**, 1–22 (2020).

22.   Roy, D. S., Muralidhar, S., Smith, L. M. & Tonegawa, S. Silent memory engrams as

the basis for retrograde amnesia. *Proc. Natl. Acad. Sci. U. S. A.* **114**, E9972–E9979

(2017).

23.   Hebb, D. 0. The Organization of Behavior A NEUROPSYCHOLOGICAL THEORY.

(1949).

24.   Tye, K. M. *et al.* Amygdala circuitry mediating reversible and bidirectional control of

anxiety. *Nature* **471**, 358–362 (2011).

25.   Heumüller, M., Glock, C., Rangaraju, V., Biever, A. & Schuman, E. M. A genetically

encodable cell-type-specific protein synthesis inhibitor. *Nat. Methods 2019 168* **16**,

699–702 (2019).

26.   Fripont, S., Marneffe, C., Marino, M., Rincon, M. Y. & Holt, M. G. Production,

purification, and quality control for adeno-associated virusbased vectors. *J. Vis. Exp.*

2019, e58960 (2019).

Materials and methods

Animals

All experiments were conducted in accordance with the regulations and guidelines of the

Institutional Animal Care and Use Committees (IACUC) of Seoul National University.

Investigators were not blinded to the genotypes of the mice.

Wild-type C57BL/6N mice were used for dual-eGRASP experiments, while wild-type

C57BL/6J mice were used for BONCAT. Heterozygous Arc-CreERT2 (Jackson Laboratory

Stock # 022357) mice, obtained by crossing wild-type C57BL6/J and Arc-CreERT2 (+/−) mice,

were utilised to label engram neurones and for optogenetic experiments. Heterozygous Arc-

CreERT2; Ai14 mice, obtained by crossing Ai14 (Jackson Laboratory Stock # 007914) and

Arc-CreERT2 (+/−) mice, were used to label engram neurones in the experiments.

Mice were housed in standard laboratory cages with disposable bedding on a standard light

cycle (09h-21h). Mice had access to food and water *ad libitum* and were socially housed in

numbers of three to five littermates until surgery. Behavioural experiments were performed

during the light cycle. Male and/or female mice were utilised in the experiments with details

provided in the figures or figure legends

AAV production

Adeno-associated virus serotype 1/2 (AAV1/2; AAV particle containing both serotype 1 and 2

capsids) was used for injection, as previously described[2].

The procedure for packaging plasmids into adeno-associated virus serotype 9 (AAV9) involved

the following steps: Plasmids containing the construct of interest flanked by AAV2 ITR, pAd-

ΔF6, and pRep/Cap9 were co-transfected into the AAVpro 293T Cell Line (TAKARA, cat#

632273). The transfected cells were then incubated in DMEM with 10% v/v FBS for five days

in a 150 mm culture dish. On the day of harvest, culture medium was collected and the

remaining cells were lysed to extract any virus they contained. After centrifugation at 13,490

g for 60 minutes at 4°C, the supernatants were carefully loaded into ultracentrifugation tubes

filled with iodixanol gradient solutions.

AAV was purified from the cell lysate using iodixanol density-gradient ultracentrifugation as

previously described[26]. 40% iodixanol solutions were withdrawn using 5 mL syringes and

further concentrated using Amicon Ultra 100-kDa MWCO ultrafiltration centrifugal devices

(Merck, cat# UFC910024).

Virus-mediated gene expression

For cFos labelling experiments, the virus comprised AAV1/2-Fos-rtTA mixed with AAV1/2-

TRE-mCherryNuc. Virus was bidirectionally injected into both vCA1 (500 nl; AP: -3.1 mm,

ML: ±3.4 mm DV: -3.8 mm) and BA (500 nl; AP: -1.5 mm ML: ±3.0 mm, DV: -4.9 mm).

The AAV9-CaMKII-ChR2-EYFP and AAV9-CaMKII-EYFP was packaged as described. The

plasmids were acquired from Addgene and were serotyped with AAV9 coat proteins and

packaged as described. AAV9- EF1α-DIO-ChR2-EYFP was acquired from Institute for Basic

Science Recombinant Virus Packaging Facility.

Stereotactic surgery procedure

Mice were anaesthetised by intraperitoneal injection of 25 mg·kg^{-1} ketamine /xylazine and

positioned on a stereotaxic apparatus (Stoelting Co.). Ophthalmic ointment was applied to the

eyes as a preventive measure against dryness. Bilateral craniotomies were performed using a

0.5 mm diameter drill and the viruses were injected using a micro-needle attached to a 10 mL

Hamilton micro syringe (Hamilton; cat# 701LT). A syringe driver (WPI, cat# SP3101-PLUS)

was used to maintain the speed of the injection at 0.125 ul·min^{-1}. The needle was slowly

lowered to the target site and remained for 2 minutes before beginning the injection. After

injection, the needle stayed for 10 minutes before it was slowly withdrawn. The incision was

sutured, and mice were allowed to recover for 2 weeks before the start of behavioural

experiment.

For the optogenetic experiment, a custom implant containing two optic fibres (Newdoon; 0.37

NA 1.25 mm core diameter) was lowered above the injection site at the following coordinate

relative to bregma (mm): AP: -1.5 ML: ±3.0 DV: -4.0 for BA. A jewellery screw was screwed

into the skull near the bregma. Mice were allowed to recover for at least 2 weeks before

behavioural experiments.

Contextual fear conditioning

Two weeks following AAV injection, all mice underwent a conditioning procedure. Prior to

conditioning, each mouse was housed individually for eight days and was subjected to daily

handling sessions lasting five minutes for seven consecutive days. Mice were randomly

assigned to either the CFC group or the context only control group. Mice were transferred from

the vivarium to a holding room adjacent to the testing area at least 30 minutes prior to the start

of the experiment. Furthermore, each mouse was transported individually to the conditioning

room.

The conditioning chamber measuring 7"W × 7"D × 12"H (Coulbourn Instruments; model H10-

11M-TC)was used. The chamber featured two aluminium side walls and a ceiling with an

acrylic door. It was situated within a larger sound-attenuating enclosure. Throughout the

experimental procedures, a white overhead light continuously illuminated the conditioning

chamber. The chamber itself was equipped with a straight stainless-steel rod floor which was

cleaned using a 70% ethanol solution and distilled water between each use.

Two hours prior to the conditioning procedure, an intraperitoneal injection of 250 μL of a 5

mg·ml^{-1} Doxycycline solution dissolved in saline was administered. For contextual fear

conditioning, mice were exposed to the context for 180 seconds, after which five-foot shocks

were delivered where each foot shock lasted 2 seconds with an interval of 2 minutes. Following

the conditioning session, mice were returned to their respective home cages. During the

retrieval test, the percentage of time spent freezing was calculated and averaged across the

entire 3-minute retrieval session.

Optogenetics

For the single injection groups, mice were either injected with saline, anisomycin, or

anisomycin + cycloheximide right after conditioning. For the multiple injection groups, mice

were first injected with saline or anisomycin, followed by three injections with saline or

anisomycin at 2 hours of intervals. 4-OHT was injected intraperitoneally for 50 mg·kg^{-1}10

minutes after the first injection. For the immunohistochemistry, mice were retrieved two days

after the conditioning and perfused 90 minutes after retrieval. For optogenetics, mice were

habituated to optical cables for at least 30 minutes before the experiment. From 30 to 60

minutes of habituation, mice were placed in the acrylic chamber. Mice were allowed to freely

move within the acrylic chamber and freezing behaviour was recorded for 8 minutes, with 2

minutes of two consecutive lights 'off' and 'on' sessions.

Immunohistochemistry

90 minutes after retrieval, mice were deeply anesthetised using ketamine/xylazine (15 mg·kg^{-1}

) followed by transcranial perfusion with 15 ml of PBS and 15 ml of 4% PFA. Brains were

removed, post-fixed overnight at 4°C in 4% PFA and dehydrated in a 30% sucrose solution in

PBS at 4°C for two days. The brain was rinsed with PBS and subsequently frozen at -80°C for

a minimum of one hour. Coronal sectioning was performed using a cryostat (Leica) with a

thickness of 30 μm. The sections were rinsed with 1 mL of PBS for 5 minutes each time at

room temperature (RT), 120 rpm. Then 500 μL of a blocking solution (5% normal goat serum,

0.3% triton X-100 in PBS) was applied to each sample for 1hr RT, 80 rpm. The primary c-Fos

antibody (SySy, cat# 226 003) was applied at a concentration of 1:1000 for 24 hours on a

shaker at 4 °C. Sections were washed three times with PBS for 5 minutes each time at room

temperature (RT), 120 rpm. A secondary antibody (Alexa-488; 1:500) was applied at a

concentration of 1:500 for 2 hours at 80 rpm. Finally, sections were washed with 1 mL of PBS

three times for 5 minutes each time at 120 rpm, RT. The second washing step included DAPI

staining at a concentration of 1:1000 for 5 minutes at 80 rpm, RT. Cell counting was manually

performed using Imaris (Bitplane) by an experimenter who was blinded to the conditions.

Confocal imaging

10-15 z-stacks per animal were taken for the immunohistochemistry analysis. Around

50-100 z-stacks were taken for the dual-eGRASP density analysis, while 30-50 z-stacks of the

image were used to analyse synaptic morphology. All samples were imaged using Leica SP8

confocal microscope with 63x objective with distilled water immersion and 10x objective lens

was used for the immunohistochemistry. Images were taken within −2.9 to −3.8 mm bregma,

spanning a range of ventral CA1 and -1.3 to 1.8 mm bregma for the BA.

Each dendrite expressing mScarlet-I or iRFP670 was identified and manually labelled as a

filament using a filament tracer in IMARIS. To eliminate bias, other fluorescent signals were

concealed. Cyan or yellow eGRASP signals were automatically detected and marked as cyan

or yellow spheres. An overlap between cyan and yellow eGRASP signals was considered a

yellow signal as it indicated that the presynaptic neurone of the synapse was c-fos+ during

memory formation. Dendrites lacking cyan or yellow eGRASP signals were excluded from

further detailed analysis.

Spines on the designated mScarlet-I+ and iRFP670+ dendrites were manually reconstructed,

and their diameter and volume were automatically detected. Each spine was categorised as

either an activated spine or a non-activated spine based on the presence of a yellow or cyan

eGRASP signal, determined through manual inspection. Measurements of spine head diameter,

spine head volume, and spine length were performed using Imaris Filament Tracer. Importantly,

the examiner conducting the spine 3D model reconstructions was kept blind to any eGRASP

signals to prevent bias. Normalisation of the raw data was performed on a per-image basis to

measure synaptic density and on a per-dendrite basis for morphology analysis. For the iRFP

dendrite (for density analysis) or cyan-only spine morphology, the raw values were averaged,

and then the raw values of each cyan-only spine and yellow spine were divided by this average.

The resulting normalised values were utilised for subsequent statistical analysis.

Statistical analysis

Data were analysed using a non-parametric Mann-Whitney U-test. Data analysis was

performed on Prism (GraphPad Software). The α value was set at 0.05 for all analyses. All data

are presented as mean $\pm$ SEM.

Figure 1. Synaptic density between the vCA1-BA pathway

(**A**) Illustration of virus injection sites. Injection in each site was performed with a cocktail of all the viruses shown for each site.

(**B**) Schematic of the experimental protocol.

(**C**) Illustrative image depicts both engram (red) and nonengram (gray) dendrites with dual-eGRASP labelling in the BA. Cyan signals represent random vCA1 inputs while yellow signals indicate vCA1 engram inputs. Scale bar : 3 μm

(**D**) Normalised cyan/yellow eGRASP per dendritic length. The densities of cyan-only or yellow puncta on mScarlet-I$^+$ dendrites are normalised to the corresponding cyan-only or yellow puncta on iRFP670$^+$ dendrites from the same images to exclude the effect of different number of vCA1 cells expressing each presynaptic component. Each data point represents a dendrite. Naïve group, $n = 45$ for BA non engram dendrites, $n = 27$ for BA engram dendrites; Context only group, $n = 106$ for BA non engram dendrites; $n = 66$ for BA engram dendrites; CFC group, $n = 73$ for BA non engram dendrites; $n = 62$ for BA engram dendrites. Two-way ANOVA followed by Tukey's multiple comparison test. **$P = 0.0063$; ****$P < 0.0001$. Data are presented as mean $\pm$ SEM.

(**E**) Normalised spine head diameters, spine head volume and spine volume of dendrites from BA engram cells. Naïve group N-E, $n = 111$; E-E, $n = 32$; Context only group N-E, $n = 107$; E-E, $n = 75$; CFC group N-E, $n = 71$; E-E, $n = 37$. Two-way ANOVA followed by Tukey's multiple comparison test. spine head diameter *$P = 0.0315$; ***$P = 0.0001$, spine head volume ***$P = 0.0004$; ****$P < 0.0001$, spine volume ***$P = 0.0001$; ****$P < 0.0001$. Data are presented as mean $\pm$ SEM.

Fig 2. Engram cells are less reactivated by fear recall with multiple anisomycin injections.

(A) Behavioural procedure for NCAA labelling.

(B) Western blot image to tag *de novo* synthesized proteins during memory acquisition

(C) Quantification of the de novo protein synthesis level normalised using GAPDH. SAL group, N = 3; 1xANI group, N = 4; 4xANI group, N = 4; AHA(-) group, N = 3. Kruskal-Wallis test followed by two-stage linear step-up procedure of Bejamini, Kriegar and Yekutieli. [#]P = 0.0776. Data are presented as mean ± SEM.

(D) Behavioural procedure for testing engram reactivation ratio.

(E-J) Data of engram reactivation analysis for Arc-CreERT2 mice expressing viral CaMKII-DIO-tdTomato (E-G) or crossed with floxed tdTomato (H-J). (E, H) Freezing level during memory recall session. 4xANI group showed lower freezing level compared to that of 1xANI group in both conditions. Engram reactivation ratio of vCA1 neurones (F, I) and BA neurones (G, J). Significantly lower reactivation ratio of BA neurones was observed in 4xANI group compared to 1xANI group. (E-G) SAL group, N = 8; 1xANI group, N = 10; 4xANI group, N = 8. (H-J) SAL group, N = 13; 1xANI group, N = 13; 4xANI group, N = 16. Kruskal-Wallis test followed by Dunn's multiple comparison test. (E) *P = 0.0336; ****P < 0.0001. (F) **P = 0.0045. (G) *P = 0.0148; ***P = 0.0003. (H) ****P < 0.0001; **P = 0.0033. (I) *P = 0.0230. (J) SAL vs. 4xANI, **P = 0.0027; 1xANI vs. 4xANI, **P = 0.0041. Data are presented as mean ± SEM.

Figure 3. Memory cannot be artificially recalled when protein synthesis was blocked for extensive time during memory acquisition.

(A) Freezing level during memory acquisition. Data are presented as mean $\pm$ SEM.

(B) Freezing level during contextual fear memory retrieval. SAL group, N = 9; 1xANI group, N = 7; 4xANI group, N = 6. Kruskal-Wallis test followed by two-stage linear step-up procedure of Bejamini, Kriegar and Yekutieli. SAL vs. 1xANI, [#]q = 0.0193; 1xANI vs. 4xANI, [#]q = 0.0859; [####]q < 0.0001. Data are presented as mean $\pm$ SEM.

(C-E) Optogenetic activation of vCA1 engram axon terminals in BA of mice treated with PSI during memory acquisition. Mice expressing ChR2 in vCA1 engram cells from CFC show greater freezing during light-on in saline treated control group (C) or by a single treatment of anisomycin (D) while absence of freezing behaviour was shown in mice treated with multiple injection of anisomycin (E). Wilcoxon test. SAL group, **P = 0.0078; 1xANI group, *P = 0.0156. Data are presented as mean $\pm$ SEM (left) or median (right).

A

2w dox 1st injection 2nd injection 3rd injection 4th injection

surgery 2h CFC 2h 2h 2h retrieval

0 h

2d

B

Freezing (%)

SAL 1xANI 4xANI

*

C

Relative spine density

ns ns ns

N-N N-E N-N N-E N-N N-E
SAL 1xANI 4xANI

Relative spine density

ns **

**** **** ***

E-N E-E E-N E-E E-N E-E
SAL 1xANI 4xANI

D

Relative spine head max diameter

****
**** ns ns

N-E E-E N-E E-E N-E E-E
SAL 1xANI 4xANI

Relative spine head volume

****
****
**** ns ns

N-E E-E N-E E-E N-E E-E
SAL 1xANI 4xANI

Relative spine volume

****
***
*** ns ns

N-E E-E N-E E-E N-E E-E
SAL 1xANI 4xANI

E

SAL 1xANI 4xANI

Engram

Nonengram

Figure 4. Reduced E-E Synapse Density using dual-eGRASP correlates with impaired optogenetic reactivation in 4xANI

(A) Schematic of the behavioural experiment. Mice were intraperitoneally injected with doxycycline 2 hours prior to CFC. After CFC, 4 consecutive anisomycin was intraperitoneally delivered. 2 days following CFC, mice were subjected to fear memory retrieval.

(B) Freezing level during contextual fear memory retrieval for the dual-eGRASP experiment. SAL group, N = 3; 1xANI group, N = 3; 4xANI group, N = 3. Kruskal-Wallis test followed by Dunn's multiple comparison test. *P = 0.0219. Data are presented as mean ± SEM.

(C) Normalised cyan/yellow eGRASP per dendritic length. The densities of cyan-only or yellow puncta on red dendrites are normalised to the corresponding cyan-only or yellow puncta on near-infrared dendrites from the same images to exclude the effect of different number of vCA1 cells expressing each presynaptic component. Each data point represents a dendrite. SAL group, $n = 85$ for BA nonengram dendrites, $n = 74$ for BA engram dendrites; 1xANI group, $n = 70$ for BA nonengram dendrites; $n = 45$ for BA engram dendrites; 4xANI group, $n = 75$ for BA nonengram dendrites; $n = 69$ for BA engram dendrites. Two-way ANOVA followed by Tukey's multiple comparison test. **P = 0.0043; ***P = 0.0008; ****P < 0.0001. Data are presented as mean ± SEM.

(D) Normalised spine head diameter, spine head volume and spine volume of dendrites from BA engram cells. SAL group N-E, $n = 36$; E-E, $n = 76$; 1xANI group N-E, $n = 39$; E-E, $n = 93$; 4xANI group N-E, $n = 66$; E-E, $n = 93$. Two-way ANOVA followed by Turkey's multiple comparison test. spine head diameter ****P < 0.0001, spine head volume ****P < 0.0001, spine volume ***P = 0.0001; ****P < 0.0001. Data are presented as mean ± SEM.

(E) Representative confocal image of both engram and nonengram dendrites from all three behavioural groups. Scale bar : SAL engram, 3 μm; SAL nonengram, 4 μm; 1xANI engram, 4 μm; 1xANI nonengram, 5 μm; 4xANI engram, 5 μm; 4xANI nonengram, 6 μm.

A

CAV-cre

CMV   Cre

BA

BA in *fl/fl tdT mice*

B

Merge   DAPI   tdT

Fig. S1

vCA1 neurones projecting to the BA are mainly residing in the superficial layer

(A) CAV-Cre virus injected into the BA of double floxed tdTomato mice

(B) Images showing BA-projecting vCA1 neurones (tdT$^+$)

Fig. S2

Fig S2. Engram reactivation of the vCA1 and BA during contextual fear conditioning.

(A) AAV1/2 containing Fos-rtTA/ TRE-mCherryNuc was injected into the vCA1 and BA of wild type mice.

(B) Representative image of the vCA1 (top) and BA (bottom). Neurons activated during the CFC were labelled in mCherry (middle) while neurons activated during memory retrieval were labelled in Alexa488 (left)

(C) Freezing level comparing between to pre-shock session and memory retrieval session. Context only group, N = 7; CFC group, N = 6. Wilcoxon test. *P = 0.0312. Data are presented as mean ± SEM.

(D-E) Reactivation ratio of engram cells in the vCA1 (**D)** and BA **(E)** in three groups: naïve, context only, and CFC. Naïve group, N = 7; context only group, N = 7; CFC group, N = 6. Wilcoxon test. ***P = 0.0002; **P = 0.0016; *P = 0.0256. Data are presented as mean ± SEM.

Fig. S3

Fig S3.The overall synaptic connectivity from the vCA1 to the BA was not altered following the formation of memory.

(A) Categorisation of the four synaptic populations, represented by distinct colours.

(B) Freezing level during memory recall session for each group. Context only group, N = 3; CFC group, N = 4. Data are presented as mean ± SEM.

(C) Illustrative images depicting both engram (E) and nonengram (N) dendrites featuring GRASP signals in the BA. Scale bar : 30 μm

(D-E) Representative image of non-activated (D) and activated (E) GRASP signals displayed by each channel. Scale bar : 5 μm

(F) Normalised spine head diameters, spine head volume and spine volume of dendrites from BA non engram cells. Sizes of the spines with yellow puncta were normalised to those of the spines with cyan-only puncta of the same dendrite. Each data point represents a spine. Naïve group N-N, n = 30; E-N, n = 26; Context only group N-N, n = 57; E-N, n = 41; CFC group N-N, n = 66; E-N, n = 39. Two-way ANOVA followed by Tukey's multiple comparison test. Data are represented as mean ± SEM

Fig. S4

Fig S4. Engram labelling with PSI injections in Arc-TRAP mice.

(A) Representative images of activated neurones during the fear conditioning (tdTomato$^+$) in the vCA1 recall and neurones active during memory recall using cFos IHC (Alexa488). DAPI was stained to label the nuclei.

(B-C) cFos IHC result for the vCA1.

(D) Representative images of activated neurones during the fear conditioning (tdTomato$^+$) in the BA recall and neurones active during memory recall using cFos IHC (Alexa488). DAPI was stained to label the nuclei.

(D-E) cFos IHC result for the BA.

Fig. S5

Figure S5. Anisomycin combined with cycloheximide induced stronger retrograde amnesia.

(A) Acquisition plot for SAL, 1xANI, and CKT group during CFC. SAL group, N = 7; 1xANI group, N = 9; CKT group, N = 4. Data are presented as mean ± SEM.

(B) Freezing level during memory recall. Kruskal-Wallis test followed by Dunn's multiple comparison test. SAL vs. 1xANI, **P = 0.0067; SAL vs. CKT, **P = 0.0036. Data are presented as mean ± SEM.

(C-E) Immunohistochemistry data of vCA1. Kruskal-Wallis test followed by Dunn's multiple comparison test. Data are presented as mean ± SEM.

(F-H) Immunohistochemistry data of BA. Kruskal-Wallis test followed by Dunn's multiple comparison test. SAL vs. CKT, *P = 0.0148; 1xANI vs. CKT, *P = 0.0483. Data are presented as mean ± SEM.

Fig. S6

A

B

C

Fig S6. Representative images of virus expression for optogenetic behaviours. (A) Behavioural scheme (**B**) activated vCA1 neurones (**C**) vCA1 axonal projections to the BA expressed in ChR2-eYFP.

Fig S7. Memory cannot be artificially recalled when protein synthesis was blocked using combination of PSIs during memory acquisition.

(A) Freezing level during memory acquisition. Data are presented as mean $\pm$ SEM.

(B) Freezing level during contextual fear memory retrieval. SAL group, N = 9; 1xANI group, N = 8; CKT group, N = 7. Kruskal-Wallis test followed by Dunn's multiple comparison test. *P = 0.0380; ****P < 0.0003. Data are presented as mean $\pm$ SEM.

(C-E) Optogenetic activation of vCA1 engram axon terminals in BA of mice treated with different combination of PSI during memory acquisition. Mice expressing ChR2 in vCA1 engram cells show greater freezing during light-on epochs in saline-treated group (C) or by a single treatment of anisomycin (D) while absence of freezing behaviour was shown in mice treated with cocktail of PSI (E). Wilcoxon test. SAL group, **P = 0.0039; 1xANI group, **P = 0.0078. Data are presented as mean $\pm$ SEM (left) or median (right).

A

Fig S8. Normalised nonengram morphology after anisomycin treatment.

(A) Normalised spine head diameter, spine head volume and spine volume of dendrites from BA nonengram cells. SAL group N-N, $n = 44$; E-N, $n = 39$; 1xANI group N-N, $n = 77$; E-N, $n = 94$; 4xANI group N-N, $n = 96$; E-N, $n = 98$. Two-way ANOVA followed by Tukey's multiple comparison test. Data are presented as mean ± SEM.