A genetic signature of resistance to activity-based anorexia in striatal projecting cortical neurons.

Huang K[1,2], Magateshvaren Saras MA[3,4], Conn K[1,2], Greaves E[1,2], Reed F[1,2,5], Tyagi S[4,6], Munguba H[7] & Foldi CJ[1,2]*

[1] Monash University, Department of Physiology, 26 Innovation Walk, Clayton VIC 3800

[2] Monash Biomedicine Discovery Institute, 23 Innovation Walk, Clayton VIC 3800

[3] IITB-Monash Research Academy, Mumbai, Maharashtra, 400076, India

[4] Monash University, Central Clinical School, 99 Commercial Road, Melbourne VIC 3004

[5] Australian Eating Disorders Research and Translation Centre, University of Sydney, NSW 2006

[6] RMIT, School of Computing Technologies, 124 La Trobe Street, Melbourne VIC 3001

[7] Department of Neuroscience, Physiology & Pharmacology, University College London, WC1E 6BT, UK

Correspondence: Dr Claire Foldi; email: claire.foldi@monash.edu, Department of Physiology, Monash University, 26 Innovation Walk, Clayton VIC 3800 Australia

Funding: This work was supported by a National Health and Medical Research Council (NHMRC) of Australia Ideas Grant (GNT2001722) awarded to CJF. K.H. is supported by a Monash Graduate Scholarship (MGS) and K.C. is supported by a Monash Faculty Early Career Postdoctoral Fellowship.

Disclosures: None

Word count: 5232

Abstract

Anorexia nervosa (AN) is a complex psychiatric disorder characterised by severe pathological weight loss and persistent cognitive inflexibility. Converging evidence from neuroimaging studies and genome-wide association study (GWAS) suggests the involvement of prefrontal cortex (PFC) and striatum dysfunction in the pathophysiology of AN. However, identifying the causal role of circuit-specific genes in the development of AN-like phenotype remains challenging and requires the combination of novel molecular tools and preclinical models. The activity-based anorexia (ABA) rat model recapitulates many aspects of the behavioural phenotypes of AN in humans and we have previously demonstrated that suppressing neural activity in the medial prefrontal cortex (mPFC)-nucleus accumbens shell (AcbSh) circuit prevented pathological weight loss in ABA rats. Here, we used a novel viral-based translating ribosome affinity purification (TRAP) technique to identify transcriptional changes within this neural pathway associated with susceptibility to ABA in female rats. We reveal 1424 differentially expressed genes between Susceptible and Resistant rats, highlighting important transcriptional changes associated with ABA within this pathway. The changes observed were independent of current calorie deficit and associated with metabolic, mitochondrial and neural functions. Further, we show that genes upregulated in Resistant rats were involved in mitochondrial function, while downregulated genes were associated with cytoskeletal, postsynaptic and axonal functions, supporting the hypothesis that hyperexcitability of cortico-striatal circuit function is a critical mediator of pathological weight loss in ABA. These findings provide novel insights into circuit-specific gene expression patterns that may contribute to susceptibility to developing AN in humans and highlight potential molecular targets for therapeutic intervention.

1   Introduction

Anorexia nervosa (AN) is a complex and serious illness characterised by a low body-mass index,

behavioural disturbances such as inflexible thinking and compulsive behaviours, and higher mortality

rates than most psychiatric disorders [1]. Available treatments have low rates of clinical success, in

part, because renourishment protocols are not efficacious in addressing the deleterious drive to

exacerbate dangerously low body weights [2]. Converging evidence from human neuroimaging

studies and preclinical models suggest the involvement of altered neural circuit function, particularly

aberrant activity within the prefrontal cortex (PFC) and striatum regions of the brain [3-6].

Interestingly, the largest genome-wide association study (GWAS) conducted to date (including ~17K

cases and 55K controls) [7] suggests that genes associated with AN are enriched in similar brain

regions, namely PFC and striatum [8], activity in which is associated with food reward valuation and

cognitive flexibility [9, 10]. Although GWAS findings are informative, identifying strong hypotheses

about their connections to specific genes, or how these specific genes are causal to changes in brain

function or behaviour is not straightforward. Using a sophisticated complement of analytical tools

including expression quantitative trait loci (eQTL) and chromosome conformation capture (Hi-C)

interactions, 58 specific genes were identified to be significantly dysregulated in AN cases, with the

clearest evidence for a role in the aetiology of AN for *Cadm1*, *Mgmt*, *Focp1* and *Ptbp2* [7], genes

that are involved in cellular processes like receptor binding, DNA repair and cell-type specific gene

transcription during development. However, it is important to recognise that by definition these

findings are associations and may reflect variants and genes with no direct biological relevance to

the causes of AN. Moreover, understanding the genetic predisposition of any neuropsychiatric

disease is insufficient for informing novel prevention or treatment strategies if it does not pinpoint the

brain regions or circuits where those genes have the greatest impact. Insight into the causal role of

circuit-specific genes in the development and/or maintenance of AN-like phenotypes is now possible

with novel molecular tools in combination with preclinical models.

Activity-based anorexia (ABA) is a biobehavioural rodent model that recapitulates many of the

behavioural phenotypes of AN in humans, including voluntary food restriction and paradoxical

hyperactivity in states of negative energy balance that leads to rapid reductions in body weight.

Accordingly, the ABA model has been used for decades to gain mechanistic insight into the biological

bases for AN, including predisposing factors [11-14]. The observation that when exposed to the

same environmental conditions of ABA, both wild-type adolescent rats [15] and mice [16] consistently

split into 'Susceptible' and 'Resistant' phenotypes makes this a particularly powerful model for

understanding what differentiates individuals that go on to develop pathological weight loss and

compulsive exercise from those that do not. Therefore, the ABA model could provide a valuable tool

to dissect the causal involvement of genes associated with AN, but thus far its use has not shed

sufficient light on the genetic determinants of AN [17]. We have previously shown that suppressing

activity within a cortico-striatal neural circuit that extends between the medial prefrontal cortex

(mPFC) and nucleus accumbens shell (AcbSh) both prevents weight loss in ABA and improves

cognitive flexibility in female rats [6]. This circuit is important in the context of AN-like behaviours

because of its role in the suppression of learned stimulus-response behaviour (i.e. behaviour that is

influenced by the consequences of actions) by regulating sensitivity to punishment [18]. Moreover,

dysfunction in this circuit is reflected in the analogous human brain regions (PFC, ventral striatum)

in individuals with AN, which may increase throughout the course of illness [19] and persist after

weight recovery [3]. A caveat in interpreting our circuit-level findings arises from a subsequent study

in which we examined flexible learning and susceptibility to ABA in the same (rat) subjects. Here,

we showed that in fact *better* performance on the cognitive task predicted weight loss in ABA [20]

suggesting a more nuanced role for cortico-striatal circuitry and reinforcement learning in the

development of ABA and possibly the prodromal symptoms of AN in humans.

In order to interpret how disrupted neurochemistry and/or neural circuit function gives rise to the

specific pathology of AN, the molecular phenotype that determines the functional output of the neural

circuits involved needs to be identified. Traditional assessment of the genetic contributions to AN

using targeted genetic knockout/down in animal models have yielded insufficient evidence to date

for a molecular signature of AN [21], perhaps because of compensatory mechanisms that come into

play when a gene construct is manipulated within an entire organism or brain region. It is also

important in the context of a condition like AN, for which very little is known about the underlying

genetic drivers, to perform an unbiased screen of gene expression within specific circuits of ABA

rats, in order to reveal novel mechanisms. With this in mind, we utilised translating ribosome affinity

purification (TRAP) technology, which allows the synthesis of molecular and neuroanatomical

information by immunoprecipitation of translating mRNAs from any population of neurons that

express enhanced green fluorescent protein (eGFP). In order identify differentially regulated genes

within a specific neural pathway that modulates weight loss in ABA rats, we employed a dual viral

approach, in which coincident injection of a retrogradely transporting Cre-expressing virus and a

Cre-dependent TRAP construct (eGFP-tagged ribosome protein L10a; EGFPL10a) were injected

into the AcbSh and mPFC, respectively. This allows eGFP-tagging of ribosomes, and in turn access

to actively translating mRNA, specifically within neurons of the mPFC-AcbSh pathway. RNA

sequencing of the immunoprecipitated polysomes was performed to identify a circuit-based genetic

profile that is associated with Susceptibility or Resistance to ABA. This approach provides high

resolution and specificity in the pursuit of understanding the *causes* of functional changes in reward

and cognitive processes involved in pathological weight loss.

Materials and Methods

Animals and housing

All animals were obtained from the Monash Animal Research Platform (MARP; Clayton, VIC, Australia). Female Sprague-Dawley rats (*n*=28) were 7 weeks of age on arrival in the laboratory. Animals were group-housed and acclimated to the 12-hour light/dark cycle (lights off at 1100h) for 7 days in a temperature (22-24°C) and humidity (30-50%) controlled room before experiments commenced. A male rat was individually housed in all experimental rooms to facilitate synchronization of oestrous cycle of the female rats [22]. All experimental procedures (see **Figure 1** for timeline) were conducted in accordance with the Australian Code for the care and use of animals for scientific purposes and approved by the Monash Animal Resource Platform Ethics Committee (ERM 29143).

Stereotaxic surgeries

Stereotaxic surgeries were performed under anaesthesia (2.5-3% isoflurane in oxygen) using a stereotaxic apparatus (Kopf Instruments, CA, USA) and micropipettes pulled from borosilicate glass (0.64mm; Drummond Scientific, PA, USA) with a tip of ~40µm. All animals were injected bilaterally with 250nL of retro-Cre (AAVrg-pgk-Cre; Addgene, #24593) into AcbSh (from bregma and brain surface: anteroposterior: +1.6mm, mediolateral: ± 0.7mm, dorsoventral: -6.6mm), followed by bilateral injection of 250nL of the Cre-dependent TRAP construct (AAV5-FLEX-EGFPL10a; Addgene #98747) into the mPFC (from bregma and brain surface: anteroposterior: +2.8mm, mediolateral: ± 0.5mm, dorsoventral: -3.2mm). Viral constructs were infused over 5 minutes (50nl/min), with pipette tips left at the coordinates for a further 5 minutes to allow virus dispersal. Meloxicam (2mg/kg; Boehringer Ingelheim, Germany) was subcutaneously injected into animals during surgery. Suture clips were used to close the surgery sites. Animals were group-housed with *ad libitum* food and water access post-surgery for 7 days.

Activity-based anorexia (ABA)

Following recovery from surgery and sufficient time for viral expression (see **Supplementary Figure 1**), rats were individually housed in transparent living chambers with a removable food basket and a running wheel (Lafayette Instruments, IN, USA). Rats were allowed to habituate to the living chamber with *ad libitum* food access and locked running wheel for 1 day, followed by habituation to the unlocked running wheel for 7 days to determine baseline activity. Running wheel activity was recorded in revolutions by the Scurry Activity Wheel Software (Lafayette Instruments, IN, USA) with data extracted in 1h time bins. During ABA, food access was restricted to 90 minutes per days at the onset of dark phase (1100-1230h), with body weight measurements taken daily at 1100h. Running in the hour before the feeding window (1000-1100h) was considered as food anticipatory activity

(FAA) [6, 12]. Time restricted food access persisted for a maximum of 10 days or until animals
reached <80% of baseline body weight (ABA criterion), the baseline measure being that taken on
Day 0 (prior to the first food restriction period). Following body weight recovery to at least 100% of
baseline with *ad libitum* food access (minimum of 3 days to regain baseline weight), rats were
euthanised with 300mg/kg sodium pentobarbitone (Lethabarb; Virbac, Australia), followed by rapid
dissection of the mPFC region performed in dissection buffer containing 1x HBSS, 2.5mM HEPES-
KOH (pH=7.4), 35mM glucose, 4mM $NaHCO_3$ and 100 μg /ml cycloheximide (CHX). Dissected tissue
was snap frozen in liquid nitrogen and stored at -80 °C until use.

Translating Ribosome Affinity Purification (TRAP) assay

TRAP was performed based on previously described protocols [23, 24] [25]. To prepare the tissue
for extraction of EGFP-tagged polysomes, the tissue was homogenised with a hand pestle mixer in
lysis buffer [10 mM HEPES-KOH, 150 mM KCl, 5 mM MgCl2, 0.5 mM DTT, 100 μg/ml CHX, RNase
inhibitor (RNasin, Promega, 40u/μl) and protease inhibitors (Roche, 1 tablet/ml)], followed by
centrifugation at 2000g at 4°C for 10 minutes. The supernatant was then incubated with NP-40
working solution and DHPC on ice for 5 minutes, followed by centrifugation at 13,000 g for 10 minutes
at 4°C. Following centrifugation, polysomes were immunoprecipitated from the supernatant by
overnight incubation at 4°C with anti-GFP antibody-labelled Dynabeads (Invitrogen, California,
USA). The bound RNA was collected with a magnetic rack and washed with a KCl wash buffer (10
mM HEPES-KOH, 350 mM KCl, 5 mM MgCl2, 1% NP-40, 0.5 mM DTT, 100 μg/ml CHX), followed
by RNA extraction using the RNeasy Micro Kit (Qiagen, The Netherlands).

RNA Sequencing

Twelve samples were selected for sequencing according to weight loss profiles, in which equal
numbers (*n*=4/group) were either clearly Resistant to developing ABA, rapidly lost weight under
conditions of ABA and were removed from the experimental paradigm after 3-4 days (Susceptible)
or exhibited an Intermediate phenotype, in which they lost weight to reach the removal criterion but
more slowly than Susceptible rats (6-9 days). Total RNA samples underwent quality control by
bioanalyser and those selected for sequencing had quantitation and RNA integrity number (RIN)
scores between 3.0-9.6. The resulting library pool was QC'd by Qubit, Bioanalyzer and qPCR. It had
a mean size of 361bp at a concentration of 9.9nM. Sequencing was performed using NextSeq2000
on a P2 100cycle kit (cDNA reads generated 101nt), with read coverage up to 400M reads per run.
A novel RNA-Seq pipeline (Version 01/09/2021) was used on the final library pool, loaded at 1000pM
(based upon size adjusted qPCR) for on-board denaturation and clustering (Illumina Protocol;
1000000109376 v3 Nov2020) which resulted in a loading metric of 98.42 and 88.95% >Q30. 541.2
reads passed filter and 464 Million reads were assigned to indexes. Briefly, index is added during
initial pA priming and pooled samples amplified using template switching oligo. P5 is added by

tagmentation by Nextera transposase and PCR. On-board denaturing and clustering were
conducted using 1000pM of library pool. Parsing and base calling was conducted (Dragen
BCLConvert 3.7.4) and showed that Sample 22-2449 (Resistant) had the lowest amount of sample
with 6.5ng total RNA. Since all samples are pooled for the multiplex method, this amount was used
as starting amount for all samples. Libraries were made by individual first strand synthesis to add
the i7 index sequences indicated in **Supplementary Table 1**. Samples were pooled for subsequent
processing.

Analysis

The raw sequencing reads were adapter trimmed using Trim Galore (v0.6.7;
https://github.com/FelixKrueger/TrimGalore) with standard parameters. Reads were aligned to the
Rat reference genome (Rattus_norvegicus.mRatBN7) with STAR (v 2.7.9a) [26] and quantified using
Salmon (v 1.9.0) [27]. The reference genome was downloaded from Ensembl, along with the gene
annotation in a .gtf file. MultiQC (v 3.9.5) [28] was used to generate the summary of the final quality
metrics for all datasets. Differential expression analysis was carried out using edgeR [29] along with
the RUVseq [30] to remove unwanted noise in the data. Genes with 1 count per million in at least
three samples per group were selected to perform the tests of differential expression. Significant
differentially expressed genes (DEGs) were selected using log-fold-change of ±1 and FDR cut-off of
0.05 and were used for performing gene-set enrichment analysis (GSEA). The Rat Genome
Database pathway and gene ontology (GO) analysis utilities were used [31]. GSEA was used to
identify classes of genes that are over-represented in a large set of genes or proteins, and may have
an association with different phenotypes. GO analyses were summarized at the level of Biological
process (BP), Cellular Component (CC), and Molecular Function (MF). Pathway analysis results
were plotted using the online platform SRplot (http://www.bioinformatics.com.cn/SRplot) [32].
Specific details of quality metrics from the MultiQC report are available on request.

Statistical Analysis

Statistical analyses were performed using GraphPad Prism (GraphPad Software, San Diego, CA,
USA). Statistical significance was considered as $p<.05$. Analyses including two-tailed unpaired t-test,
one-way and two-way analysis of variance (ANOVA) with Tukey's or Bonferroni's post hoc multiple
comparisons were used according to the number of groups in the ABA data. Volcano plots displaying
DEGs and GO analyses for up and downregulated genes used a negative log FDR of >1.3 to
determine statistical significance ($p<.05$).

Results

Susceptible and Resistant rats demonstrate distinct behavioural phenotypes in ABA

In accordance with our previously characterized susceptibility criterion [5, 6, 15], Resistant rats showed a slower body weight loss rate and maintained >80% of their baseline body weight for the entire 10-day ABA exposure period [**Figure 2A-D; B**, p = 0.0045; **C**, Experimental day $F(10,74)$ = 15.0, $p < 0.0001$; ABA Susceptibility $F(1,10)$ = 12.5, p= 0.0054; **D**, p = 0.0037]. Consistent with their ability to maintain body weight, Resistant rats consumed significantly more during the 90 minutes of food access throughout the 10-day period [**Figure 2E-F**; **E**, Experimental day $F(9,63)$ = 9.46, $p < 0.0001$; ABA Susceptibility $F(1,10)$ = 2.59, p = 0.1384; **F**, p= 0.0099], but did not demonstrate an increased level of food anticipatory activity (FAA; **Figure 2H**, p= .3029), contrary to previous reports [6]. Resistant rats also maintained a relatively stable and moderate level of daily running wheel activity, whereas Susceptible rats showed a clear activity spike at the onset of food restriction [**Figure 2G;** ABA: Experimental day $F(10,63)$ = 3.39, p = 0.0013; ABA Susceptibility $F(1,10)$ = 10.9, p= 0.007].

Differentially expressed genes align with data from GWAS and implicate both metabolic and synaptic processes in pathological weight loss

Motivated by the complex roles of the cortico-striatal (mPFC-AcbSh) pathway during cognitive flexibility *versus* reinforcement learning in ABA rats, next we investigated whether stable molecular phenotypes in this pathway are associated with susceptibility to excessive exercise and weight loss. To examine enduring (and perhaps intrinsic) transcriptomic differences within the mPFC-AcbSh pathway between the two phenotypes, we harnessed the TRAP technology to selectively isolate ribosome-bound mRNA from this pathway after body weight recovery (at least to 100% of baseline). This approach was chosen to disambiguate compensatory mechanisms from possible circuit-specific differences underlying susceptibility to ABA.

edgeR analysis between groups revealed 1424 differentially expressed genes (DEGs) between Susceptible and Resistant rats, highlighting important transcriptional differences associated with Resistance to ABA within this neural circuit (-$\log_{10}$FDR > 1.3, **Figure 3A**). To further understand the biological significance of DEGs, gene ontology (GO) analysis revealed that DEGs were significantly enriched in pathways related to oxidative phosphorylation and associated with neurodegenerative diseases, including Parkinson's, Alzheimer's and Huntington's diseases (**Figure 3B**). The major molecular and cellular-related themes that emerged were in genes associated with mitochondrial and cytoskeletal functions, cellular organisation and protein complex assembly (**Figure 3C-E**). More specifically, among these genes we found that upregulated genes were mainly involved in metabolic processes (*Atp5mkl:* LogFC= 1.50*; Uqcr10*: LogFC= 1.32) and downregulated genes were involved in cytoskeletal, postsynaptic and axonal functions (blue box; **Figure 3A**). Interestingly, 5 of the DEGs

were previously identified in GWAS as AN-associated genes [7]. Of these, *Zc3h10*, *Myl6*, *Ikzf4* and *Erlec1* were upregulated in Resistant compared to Susceptible ABA rats, whereas *Smarcc2* was downregulated in the Resistant group. These genes have functions in thermoregulation [33], inflammatory responses [34] and endoplasmic reticulum stress [35].

<u>A subgroup of Susceptible rats shows an "Intermediate" behavioural phenotype</u>

Through our extensive experience with the ABA model, we have noticed phenotypic differences within those rats Susceptible to ABA, particularly with respect to the *rate* of body weight loss. We were therefore interested to understand whether differences in weight loss trajectory were related to gene expression within this cortico-striatal pathway. Here, we distinguish Susceptible rats as those that lost weight rapidly (i.e., reached the threshold for ABA susceptibility criterion in <4 days) and Intermediate rats as those that still reached this criterion, albeit at a slower rate (**Figure 4A,-D; B**, Intermediate vs Susceptible p = 0.0003; Intermediate vs Resistant p = 0.0096; Susceptible vs Resistant p < 0.0001; **C**, p = 0.0079, **D**, Intermediate vs Susceptible p = 0.0002; Intermediate vs Resistant p = 0.0049; Susceptible vs Resistant p < 0.0001). As described above, Resistant rats ate significantly more when it was available than Susceptible rats [**Figure 4E-F**; **E,** Experimental day $F_{(9,63)}$ = 9.06, p < 0.0001; ABA Susceptibility $F_{(2,9)}$ = 1.22, p = 0.3389; **F**, p = 0.0084], and Intermediate rats consumed food in amounts between the two other groups. Interestingly, Resistant and Intermediate rats engaged in the same level of food anticipatory activity, and although this was reduced for Susceptible rats, the difference was not significant (**Figure 4H**, Intermediate vs Susceptible p = 0.1550; Resistant vs Susceptible p =0.1430). Examination of the profiles of daily running wheel activity showed a clear spike in activity at the onset of food restriction (dashed line) for Susceptible rats, whereas Intermediate rats exhibit a more gradual increase in wheel running and Resistant rats maintain a relatively constant rate of exercise [**Figure 4G** ABA: Experimental day $F_{(10,63)}$ = 3.58, p = 0.0008; ABA Susceptibility $F_{(2,9)}$ = 8.24, p= 0.0092].

With this weight loss separation in mind, we examined the differences between two subgroups of Susceptible rats compared to Resistant group and identified genes that were differentially expressed between groups as well as those that overlapped. Overall, 651 DEGs were identified as overlapping and substantially fewer DEGs were identified between Resistant and Intermediate subgroups than those identified between Resistant and Susceptible, supporting their separation into discrete categories (**Figure 5A**). Within these DEGs, 170 genes exclusively differed in the Intermediate group, whereas 471 exclusively differed in the Susceptible group, further supporting the subgroup delineation. Moreover, GO analysis revealed zero overlap between the two comparator groups in terms of the top 15 biological processes, with Resistant and Susceptible rats mostly differing in genes related to metabolic and mitochondrial functions, whereas Resistant and Intermediate rats were most different by structural constituent and cytoskeletal functions. Specifically, the Intermediate group had upregulated genes associated with neurodevelopmental disorders (e.g. *Shank1-3*) whereas the

Susceptible group were more genetically distinct to resistant rats, with upregulation of genes related
to synaptic function (e.g. *Camk2a*) and downregulation of genes involved in satiety (e.g. *Cck*),
inflammatory processes (e.g. *Ccl27*), and neuronal growth (e.g. *Bdnf*).

We were also interested in examining the up and downregulated DEGs between the Susceptible
and Intermediate subgroups compared to the Resistant group separately. Similar to the overlap in
DEGs, there was broad overlap between the Susceptible and Intermediate comparisons with
Resistant rats, in which 262 upregulated genes overlapped (**Figure 5B**) and 389 downregulated
genes overlapped (**Figure 5C**), with fewer DEGs identified between Resistant and Intermediate
subgroups than those identified between Resistant and Susceptible. In addition, 10 of the top 15
biological processes enriched for upregulated genes in both comparisons (Susceptible vs Resistant
and Intermediate vs Resistant) were the same, and 14 out of the top 15 biological processes enriched
for downregulated genes were common to both Susceptible and Intermediate comparisons with
Resistant rats.

<u>Susceptible and Intermediate subgroups may be differentiated by genes related to immune function</u>

To determine whether Susceptible and Intermediate rats showed DEG within this same pathway, we
directly compared the profile of these subgroups. Strikingly, no genes were differentially expressed
using the statistically corrected value for significance, indicating the two subgroups of "ABA
susceptible" rats do not display detectable differences in expression at the single gene level.
Nevertheless, we were interested to inspect up- and down-regulated genes before p-value
adjustments, given the known physiological and behavioural differences in these two subgroups.
Despite smaller fold changes, we see that Susceptible rats showed reduced expression the gene
encoding brain derived neurotrophic factor (*Bdnf*), in a similar manner when comparing Susceptible
and Resistant rats (**Figure 5A**), suggesting that low *Bdnf* expression may be a predictor of prominent
ABA susceptibility (**Figure 6A**). Furthermore, the gene encoding the dopamine-2 receptor subtype
(*Drd2*) was expressed in higher levels in those rats that lost weight more rapidly (**Figure 6A**), which
aligns with early work in which dopamine D2/3 receptor antagonism reduced the ABA phenotype
[36]. We also show a number of pathways that may be enriched in Susceptible rats that are related
to immune and inflammatory processes (**Figure 6B**), consistent with previous studies implicating
both immune system and cytokine signalling dysfunction in patients with AN [37, 38] and a
suggestion that circulating inflammatory markers are associated with discrete aspects of the ABA
phenotype [12].

Discussion

273 In this study, we used a novel viral-based TRAP technique to reveal transcriptional changes within
274 the cortico-striatal neuronal circuit that are associated with susceptibility to pathological weight loss
275 in ABA rats. These changes were associated with metabolic, mitochondrial and neuronal functions

and independent of current calorie deficit, since assessment occurred after weight recovery. Upregulated genes in Resistant rats were enriched for mitochondrial function, in line with a recent report of mitochondrial damage leading to oxidative stress in ABA rats [39], while downregulated genes were involved in cytoskeletal, postsynaptic and axonal functions. Overall, these findings point to *decreased excitability of the mPFC-AcbSh circuits* as a molecular signature that may confer resistance to weight loss. This is consistent with our previous study showing that chemogenetic *suppression* of this pathway caused resistance to pathological weight loss during ABA [6] and the evidence of elevated activity of PFC regions in humans weight recovered from AN [3].

GWAS provide an excellent starting point for understanding the genetic architecture of complex psychiatric disorders. Our study builds upon GWAS findings by investigating how gene expression (i.e. the "message") is altered, rather than only the DNA (i.e. the "code"). One risk gene identified in the largest GWAS investigation in AN cases [7], *Erlec1*, was significantly downregulated in Susceptible compared to Resistant rats, but this was not significant when comparing Intermediate to Resistant rats, suggesting that differences observed in weight loss trajectories might involve dysregulated protein metabolism. Unfolded or misfolded proteins in the endoplasmic reticulum (ER) are recognised by lectins including *Erlec1,* and an impairment in this recognition process could disrupt ER homeostasis and cause tissue inflammation and endocrine dysregulation [40]. Notably, *Erlec1* demonstrates reliable patterns of under-expression in central nodes within fear and reward circuits, suggesting that genes linked with AN and vulnerability to rapid weight loss in ABA may confer risk by altering processes related to fear- and reward-learning [41], consistent with reports of persistent alterations in these processes after weight gain in AN [42] and with the role of this cortico-striatal circuit in punishment learning (conditioned suppression) [18] .

In addition, genes associated with feeding behaviour and reward processing, including *Bdnf*, were significantly downregulated in Susceptible rats compared to Resistant rats, but not for the Intermediate weight losing subgroup. *Bdnf* mRNA expression is reduced in mPFC by scheduled feeding in mice [43] and BDNF serum concentration is reduced in patients with AN [44]. These data support the possibility that differences in weight loss trajectory in ABA could result from altered reward-related feeding behaviour [5]. Intriguingly, the *Cck* gene, encoding the peptide hormone cholecystokinin (CCK), was downregulated in both Susceptible and Intermediate rats, compared to Resistant rats. The direction of effect here seems counterintuitive when considering the role of CCK in signalling satiety [45], however it aligns with the observation of reduced circulating CCK in patients with AN [46]. Thus, considering gene expression reported here is restricted to the cortico-stratal circuitry, the downregulation we show may relate to the way that "higher order" cortical neurons that express CCK mRNA in the rat [47] regulate appetite, through behavioural mechanisms such as attention and impulse control.

The view that separate genetic profiles are involved in the genesis of rapid versus slower weight loss in ABA rats is strengthened by the GSEA. Focusing on the top significantly enriched pathways

associated with the Susceptible or Intermediate ABA phenotype (see **Supplementary Figure 2**), it is clear that dysregulation of genes associated with mitochondrial function (transport, dynamics and homeostasis) is common to both "weight losing" groups, whereas dysregulation of genes involved in neurodegenerative disease pathways was specific to rapid weight losers (i.e. Susceptible) and not significantly associated with the Intermediate phenotype. Individuals that respond to ABA conditions with rapid weight loss could be separated in future studies to investigate whether common neurochemical disturbances seen in Parkinson's Disease (i.e. loss of dopamine neurons) or Alzheimer's Disease (i.e. loss of acetylcholine neurons) play a role in the development or maintenance of AN-like behaviours. A better understanding of these synergies could lead to more effective treatments, in light of the fact that pharmacotherapies approved for neurodegenerative diseases, such as donepezil (Aricept), have been proposed as a feasible possibility for treating AN [48], and recent advances in understanding the AN-relevant mechanisms in mouse models [49].

Interestingly, although the Enriched Pathways and Biological Processes were distinct when comparing Susceptible or Intermediate rats to Resistant rats, the Cellular Components and Molecular Functions identified as significantly dysregulated were largely overlapping (see **Supplementary Figures 3-4**). Surprisingly, no individual genes were significantly differentially expressed by rats that lost weight rapidly compared to those with an Intermediate weight loss phenotype, and the list of enriched GO terms between the two groups of "weight losers" was also small, but included intracellular anatomical structure and protein binding functions (**Supplementary Figure 5**). Thus, the differences in behavioural phenotype observed may be related to cell types or circuits outside of the mPFC-AcbSh pathway (e.g. hypothalamus, brainstem) with indirect functional consequences for this circuit. Indeed, our results suggest that differences between the two subgroups could be caused by dysregulated inflammatory and immune functions. Inflammatory and neurocognitive mechanisms may be intricately linked in the development of AN [50] and a risk locus associated with AN is also associated with immune function [51]. Notably, the interleukin-6 (IL-6) signalling and IL-6 family mediated signalling pathways were differentially regulated between Intermediate rats and "rapid weight losers" (i.e. the Susceptible subgroup). This is particularly interesting in light of our previous work that linked circulating IL-6 levels prior to ABA exposure with the extent of weight loss, but only in rats resistant to developing ABA [12]. This finding should be considered in the context that central and circulating levels of proinflammatory cytokines do not always align and there are changes in IL-6 that occur as a result of excessive exercise and calorie restriction independently and in a tissue-specific manner [52, 53]. Specifically, with respect to AN, IL-6 levels might also be affected by illness duration and current body weight. While elevated serum level of IL-6 is reported in patients with AN and it tends to normalise with treatment [37], the level of IL-6 remains lower than healthy controls after weight restoration in a younger population of patients [54].

Consistent with the significant co-morbidity between AN and psychiatric disorders including depression, anxiety, substance use and obsessive-compulsive disorder (OCD) [55], genetic correlations between these have also been revealed via single-nucleotide polymorphism (SNP)-based methods. In particular, AN has the strongest (positive) genetic correlation with OCD [7] and shares similar alterations in PFC expression [8], suggesting a common dysregulated functional pathway. Direct evidence of genome-wide significant risk that is shared between AN and OCD has not been identified, however, several genes have been suggested to drive the association, including *Lrrc16a* and *Kit* [56], both involved in cell signalling pathways within the gastrointestinal tract. Moreover, 109 pleiotropic loci were identified in a cross-disorder GWAS of psychiatric disorders (including AN and OCD), in which the *Dcc* gene, the product of which plays a key role in guiding axonal growth during development, was significantly associated with all eight psychiatric disorders [57]. In addition, this study identified common genetic associations between AN and major psychiatric disorders including schizophrenia, bipolar disorder and major depression, as well as psychological traits including mood instability, neuroticism and intelligence, of which several (*Csnk2b, Ctsa, Gpx1, P4htm and Tcf7l2)* were differentially expressed by the Susceptible and Resistant rats, suggesting that the ABA model might capture genetic underpinnings of other psychiatric traits that predispose individuals to AN. Despite the fact that the most translatable feature of the ABA model is the development of compulsive exercise, which is an intermediate phenotype of shared genetic risk for both OCD and AN [58], the putative genes that link AN to OCD were not found to be differentially dysregulated in the present study. This could be due to the fact that specific risk loci shared by AN and OCD have yet to be pinpointed [59] or that excessive exercise is driven not by altered mPFC-AcbSh pathway activity but by disrupted function in other cortico-striatal pathways, for example, those terminating in the dorsal striatum [60].

Although this study reveals genetic changes between Susceptible and Resistant rats that are independent from current body weight state, we note that a major limitation is the inability to differentiate causes and consequences of weight loss. Despite this, our results support the use of the ABA model in investigating causal genetic factors to AN and provide directions for the development of translationally relevant genetic models of AN. It is important to recognise that AN, like most neuropsychiatric disorders, is by no means a monogenic disorder, and an understanding of causal genetics derived from animal models will require assessment of a complex complement of genetic drivers, acting in specific brain regions, that cannot be understood through global knockout or knockin approaches. Thus, developing novel genetic models that incorporate ABA with specific and inducible manipulations of AN-associated genes, or genetic variants such as copy number variants (CNVs; [61]) or short structural variants (SSVs; [62]) could provide a better opportunity for understanding the causal relationship between genetic factors, altered cognitive functions and feeding or exercise pathologies.

In conclusion, this study suggests that weight loss in ABA results from hyperexcitability in this cortico-
striatal pathway, which is normalised in rats resistant to weight loss. The increased expression of
axonal and synaptic genes could indicate that too much neuronal activity in this circuit may cause
maladaptive behaviour. Future studies should aim to validate this interpretation with circuit-based
studies that include markers of pre- and post-synaptic densities, in which the hypothesis would be
that a greater "synaptic load" would be colocalised with the mPFC-AcbSh projecting cells in ABA
Susceptible compared to Resistant rats. In addition, it could be worthwhile to expose animals
expressing the circuit-TRAP construct used here to multiple "rounds" of ABA conditions, in order to
better understand the molecular drivers of weight loss stability and relapse.

Acknowledgements

395 We acknowledge the technical assistance with quality control and novel RNA sequencing pipelines
396 developed and performed by Dr Trevor Wilson, Monash Health Translational Precinct, Medical
397 Genomics Facility. We acknowledge the Monash Microimaging Platform for infrastructure used to
398 obtain immunofluorescence micrographs. We also acknowledge Biorender.com for elements of the
399 figure schematics.

References

1. Chesney, E., G.M. Goodwin, and S. Fazel, *Risks of all-cause and suicide mortality in mental disorders: a meta-review.* World Psychiatry, 2014. **13**(2): p. 153-60.
2. Watson, H.J. and C.M. Bulik, *Update on the treatment of anorexia nervosa: review of clinical trials, practice guidelines and emerging interventions.* Psychol Med, 2013. **43**(12): p. 2477-500.
3. Ehrlich, S., et al., *Elevated cognitive control over reward processing in recovered female patients with anorexia nervosa.* J Psychiatry Neurosci, 2015. **40**(5): p. 307-15.
4. Cha, J., et al., *Abnormal reward circuitry in anorexia nervosa: A longitudinal, multimodal MRI study.* Human Brain Mapping, 2016. **37**(11): p. 3835-3846.
5. Foldi, C.J., L.K. Milton, and B.J. Oldfield, *The Role of Mesolimbic Reward Neurocircuitry in Prevention and Rescue of the Activity-Based Anorexia (ABA) Phenotype in Rats.* Neuropsychopharmacology, 2017. **42**(12): p. 2292-2300.
6. Milton, L.K., et al., *Suppression of Corticostriatal Circuit Activity Improves Cognitive Flexibility and Prevents Body Weight Loss in Activity-Based Anorexia in Rats.* Biol Psychiatry, 2021. **90**(12): p. 819-828.
7. Watson, H.J., et al., *Genome-wide association study identifies eight risk loci and implicates metabo-psychiatric origins for anorexia nervosa.* Nat Genet, 2019. **51**(8): p. 1207-1214.
8. Song, W., et al., *Dissection of the Genetic Association between Anorexia Nervosa and Obsessive-Compulsive Disorder at the Network and Cellular Levels.* Genes (Basel), 2021. **12**(4).
9. Cox, J. and I.B. Witten, *Striatal circuits for reward learning and decision-making.* Nature Reviews Neuroscience, 2019. **20**(8): p. 482-494.
10. Joshi, A., et al., *Role of the striatal dopamine, GABA and opioid systems in mediating feeding and fat intake.* Neuroscience & Biobehavioral Reviews, 2022. **139**: p. 104726.
11. Barbarich-Marsteller, N.C., et al., *Identifying novel phenotypes of vulnerability and resistance to activity-based anorexia in adolescent female rats.* Int J Eat Disord, 2013. **46**(7): p. 737-46.
12. Milton, L.K., et al., *In pursuit of biomarkers for predicting susceptibility to activity-based anorexia in adolescent female rats.* Int J Eat Disord, 2022. **55**(5): p. 664-677.
13. Carrera, O., E. Gutiérrez, and R.A. Boakes, *Early handling reduces vulnerability of rats to activity-based anorexia.* Dev Psychobiol, 2006. **48**(7): p. 520-7.
14. Hancock, S. and V. Grant, *Early maternal separation increases symptoms of activity-based anorexia in male and female rats.* J Exp Psychol Anim Behav Process, 2009. **35**(3): p. 394-406.
15. Milton, L.K., B.J. Oldfield, and C.J. Foldi, *Evaluating anhedonia in the activity-based anorexia (ABA) rat model.* Physiol Behav, 2018. **194**: p. 324-332.
16. Beeler, J.A. and N.S. Burghardt, *Activity-based Anorexia for Modeling Vulnerability and Resilience in Mice.* Bio Protoc, 2021. **11**(9): p. e4009.
17. Foldi, C.J., *Taking better advantage of the activity-based anorexia model.* Trends in Molecular Medicine, 2024. **30**(4): p. 330-338.
18. Piantadosi, P.T., D.C.M. Yeates, and S.B. Floresco, *Prefrontal cortical and nucleus accumbens contributions to discriminative conditioned suppression of reward-seeking.* Learn Mem, 2020. **27**(10): p. 429-440.
19. Fladung, A.K., et al., *Role of the ventral striatum in developing anorexia nervosa.* Transl Psychiatry, 2013. **3**(10): p. e315.
20. Huang, K., et al., *Rapid, automated, and experimenter-free touchscreen testing reveals reciprocal interactions between cognitive flexibility and activity-based anorexia in female rats.* Elife, 2023. **12**.
21. Scharner, S. and A. Stengel, *Animal Models for Anorexia Nervosa—A Systematic Review.* Frontiers in Human Neuroscience, 2021. **14**.
22. Cora, M.C., L. Kooistra, and G. Travlos, *Vaginal Cytology of the Laboratory Rat and Mouse: Review and Criteria for the Staging of the Estrous Cycle Using Stained Vaginal Smears.* Toxicol Pathol, 2015. **43**(6): p. 776-93.

23. Heiman, M., et al., *Cell type–specific mRNA purification by translating ribosome affinity purification (TRAP).* Nature Protocols, 2014. **9**(6): p. 1282-1291.
24. Ip, C.K., et al., *Amygdala NPY Circuits Promote the Development of Accelerated Obesity under Chronic Stress Conditions.* Cell Metabolism, 2019. **30**(1): p. 111-128.e6.
25. Nectow, A.R., et al., *Rapid Molecular Profiling of Defined Cell Types Using Viral TRAP.* Cell Rep, 2017. **19**(3): p. 655-667.
26. Dobin, A., et al., *STAR: ultrafast universal RNA-seq aligner.* Bioinformatics, 2013. **29**(1): p. 15-21.
27. Patro, R., et al., *Salmon provides fast and bias-aware quantification of transcript expression.* Nat Methods, 2017. **14**(4): p. 417-419.
28. Ewels, P., et al., *MultiQC: summarize analysis results for multiple tools and samples in a single report.* Bioinformatics, 2016. **32**(19): p. 3047-8.
29. Robinson, M.D., D.J. McCarthy, and G.K. Smyth, *edgeR: a Bioconductor package for differential expression analysis of digital gene expression data.* Bioinformatics, 2010. **26**(1): p. 139-40.
30. Risso, D., et al., *Normalization of RNA-seq data using factor analysis of control genes or samples.* Nat Biotechnol, 2014. **32**(9): p. 896-902.
31. Petri, V., et al., *The Rat Genome Database Pathway Portal.* Database, 2011. **2011**: p. bar010.
32. Tang, D., et al., *SRplot: A free online platform for data visualization and graphing.* PLoS One, 2023. **18**(11): p. e0294236.
33. Yi, D., et al., *Zc3h10 Acts as a Transcription Factor and Is Phosphorylated to Activate the Thermogenic Program.* Cell Rep, 2019. **29**(9): p. 2621-2633.e4.
34. Liu, W., et al., *RNF138 inhibits late inflammatory gene transcription through degradation of SMARCC1 of the SWI/SNF complex.* Cell Reports, 2023. **42**(2).
35. Misiewicz, M., et al., *Identification of a Novel Endoplasmic Reticulum Stress Response Element Regulated by XBP1 *.* Journal of Biological Chemistry, 2013. **288**(28): p. 20378-20391.
36. Klenotich, S.J., et al., *Dopamine D2/3 receptor antagonism reduces activity-based anorexia.* Transl Psychiatry, 2015. **5**(8): p. e613.
37. Dalton, B., et al., *A meta-analysis of cytokine concentrations in eating disorders.* J Psychiatr Res, 2018. **103**: p. 252-264.
38. Pisetsky, D.S., et al., *The expression of cytokines and chemokines in the blood of patients with severe weight loss from anorexia nervosa: an exploratory study.* Cytokine, 2014. **69**(1): p. 110-5.
39. Bhasin, H., et al., *Activity-based anorexia in adolescent female rats causes changes in brain mitochondrial dynamics.* Physiology & Behavior, 2023. **261**: p. 114072.
40. Lemmer, I.L., et al., *A guide to understanding endoplasmic reticulum stress in metabolic disorders.* Molecular Metabolism, 2021. **47**: p. 101169.
41. Murray, S.B., et al., *Brain-based gene expression of putative risk genes for anorexia nervosa.* Mol Psychiatry, 2023. **28**(6): p. 2612-2619.
42. Murray, S.B., et al., *Fear as a translational mechanism in the psychopathology of anorexia nervosa.* Neuroscience & Biobehavioral Reviews, 2018. **95**: p. 383-395.
43. Ho, E.V., et al., *Activity-Based Anorexia Alters the Expression of BDNF Transcripts in the Mesocorticolimbic Reward Circuit.* PLoS One, 2016. **11**(11): p. e0166756.
44. Nilsson, I.A.K., et al., *Aberrant inflammatory profile in acute but not recovered anorexia nervosa.* Brain, Behavior, and Immunity, 2020. **88**: p. 718-724.
45. Moran, T.H., *Cholecystokinin and satiety: current perspectives.* Nutrition, 2000. **16**(10): p. 858-865.
46. Baranowska, B., et al., *Disturbed release of gastrointestinal peptides in anorexia nervosa and in obesity.* Diabetes, Obesity and Metabolism, 2000. **2**(2): p. 99-103.
47. Burgunder, J.M. and W.S. Young, 3rd, *Cortical neurons expressing the cholecystokinin gene in the rat: distribution in the adult brain, ontogeny, and some of their projections.* J Comp Neurol, 1990. **300**(1): p. 26-46.
48. Bucay, A.H., *Donepezil (aricept) as a treatment for anorexia nervosa: a very feasible therapeutic possibility.* Expert Opinion on Investigational Drugs, 2009. **18**(5): p. 569-571.

49. Favier, M., et al., *Cholinergic dysfunction in the dorsal striatum promotes habit formation and maladaptive eating.* (1558-8238 (Electronic)).
50. Brooks, S.J., et al., *A neuroinflammatory compulsivity model of anorexia nervosa (NICAN).* Neuroscience & Biobehavioral Reviews, 2024. **159**: p. 105580.
51. Duncan, L., et al., *Significant Locus and Metabolic Genetic Correlations Revealed in Genome-Wide Association Study of Anorexia Nervosa.* Am J Psychiatry, 2017. **174**(9): p. 850-858.
52. da Rocha, A.L., et al., *The proinflammatory effects of chronic excessive exercise.* Cytokine, 2019. **119**: p. 57-61.
53. Okita, N., et al., *Differential responses of white adipose tissue and brown adipose tissue to caloric restriction in rats.* Mechanisms of Ageing and Development, 2012. **133**(5): p. 255-266.
54. Specht, H.E., et al., *Lower serum levels of IL-1β and IL-6 cytokines in adolescents with anorexia nervosa and their association with gut microbiota in a longitudinal study.* Front Psychiatry, 2022. **13**: p. 920665.
55. Salbach-Andrae, H., et al., *Psychiatric comorbidities among female adolescents with anorexia nervosa.* Child Psychiatry Hum Dev, 2008. **39**(3): p. 261-72.
56. Yilmaz, Z., et al., *Examination of the shared genetic basis of anorexia nervosa and obsessive-compulsive disorder.* Mol Psychiatry, 2020. **25**(9): p. 2036-2046.
57. Lee, P.H., et al., *Genomic Relationships, Novel Loci, and Pleiotropic Mechanisms across Eight Psychiatric Disorders.* Cell, 2019. **179**(7): p. 1469-1482.e11.
58. Yilmaz, Z., et al., *Predicting eating disorder and anxiety symptoms using disorder-specific and transdiagnostic polygenic scores for anorexia nervosa and obsessive-compulsive disorder.* Psychol Med, 2023. **53**(7): p. 3021-3035.
59. Bulik, C.M., et al., *Genetics and neurobiology of eating disorders.* Nat Neurosci, 2022. **25**(5): p. 543-554.
60. Conn, K., et al., *A transdiagnostic and translational framework for delineating the neuronal mechanisms of compulsive exercise in anorexia nervosa.* International Journal of Eating Disorders, 2024. **57**(7): p. 1406-1417.
61. Walker, A., et al., *Genome-wide copy number variation association study in anorexia nervosa.* Molecular Psychiatry, 2024.
62. Berthold, N., et al., *Bridging the gap: Short structural variants in the genetics of anorexia nervosa.* Int J Eat Disord, 2022. **55**(6): p. 747-753.

Figure 1. Timeline of experiments. Female Sprague-Dawley rats were injected with AAV-FLEX-EGFPL10a into medial prefrontal cortex (mPFC) and retrogradely transporting AAVrg-pgk-Cre into nucleus accumbens shell (NAcSh). Following one week of recovery, rats were habituated to running wheels with *ad libitum* food access for 7 days to determine baseline body weight and running wheel activity. Activity-based anorexia (ABA) conditions commenced with food access limited to 90 minutes per day and lasted for a maximum of 10 days or until rats reached <80% baseline body weight. Rats were allowed to recover to baseline body weight with *ad libitum* food access for 3 to 4 days before brain dissection. Tissue from mPFC was used in the TRAP assay to extract labelled RNA, followed by RNA sequencing and analyses.

Figure 2. Primary ABA outcome measures for rats Susceptible and Resistant to weight loss.
As expected based on susceptibility criteria, Resistant rats were able to maintain body weight above the threshold of 80% baseline body weight for the entire 10-day period, whereas Susceptible rats were not (**A**) and demonstrated a more rapid weight loss rate [**B-D**; **B**, $t(10) = 3.640$, $p = 0.0045$; **C**, Experimental day $F(10,74) = 15.0$, $p < 0.0001$; ABA Susceptibility $F(1,10) = 12.5$, $p= 0.0054$; **D**, $t(10) = 3.770$, $p = 0.0037$]. Resistant rats also ate more food within the time window than Susceptible rats during the 10-day ABA period [**E-F; E,** Experimental day $F(9,63) = 9.46$, $p < 0.0001$; ABA Susceptibility $F(1,10) = 2.59$, $p = 0.1384$; **F**, $t(10) = 3.173$, $p = 0.0099$]. Overall running wheel activity was significantly higher in Susceptible rats [**G;** Baseline: Experimental day $F(6,60) = 9.01$, $p < 0.0001$; ABA Susceptibility $F(1,10) = 1.05$, $p= 0.3288$; Interaction $F(6,60) = 0.420$, $p = 0.8629$; ABA: Experimental day $F(10,63) = 3.39$, $p = 0.0013$; ABA Susceptibility $F(1,10) = 10.9$, $p= 0.0079$], contributing to their improved body weight maintenance. However, motivated running in anticipation of food [**H**, $t(10) = 1.086$, $p = 0.3029$] was not significantly elevated in Resistant rats. Grouped data show mean ± SEM, with individual data point on the bar graphs. ** $p < 0.01$. ABA, Activity-based anorexia; BW, Body weight; FAA, Food anticipatory activity.

Figure 3: Rats that are Resistant to ABA show distinct gene expression profiles in striatum projecting mPFC neurons compared to Susceptible rats. Volcano plot of 1424 significant differentially expressed genes (DEGs) between Susceptible and Resistant rats (**A**). Grey dashed

line represents a $-\log_{10}$(FDR) = 1.3, the threshold for statistical significance (p <.05). The blue dots denote all significantly downregulated genes observed in the Resistant, the red dots denote all significantly upregulated genes in the Resistant group, and grey dots represent genes that differed in expression between groups that did not reach statistical significance. Gene names are indicated for the most significant and stable (i.e. the least between-sample variability) upregulated (2) or downregulated (24) genes and the 5 genes that are significant in human genome-wide associated studies for anorexia nervosa (Watson et al., 2019 & Duncan et al., 2017). Pathways that were significantly (corrected p-value < 0.05) enriched in Susceptible vs. Resistant rats are involved in metabolic functions and neurodegenerative diseases (**B**). The top 15 biological process (**C**), molecular function (**D**), and cellular component (**E**) Gene Ontology (GO) terms enriched in DEGs predominantly relate to mitochondrial and cytoskeletal functions. The vertical axis of the bubble plots represents the pathway name or GO term, which is used to describe function of a gene. The horizontal axis represents the Odds Ratio, which is the likelihood of a pathway or GO term to be associated with a set of genes of interest compared to a reference set of genes. A higher odds ratio represents a stronger enrichment of the term or pathway. The colour scale for each bubble plot (**B-E**) indicates different thresholds of the p-value, whereby a lighter colour represents a greater significance. In addition, the bubbles size represents the number of genes observed to be differentially expressed within each pathway or term. Terms with a corrected p-value < 0.05 and an odds ratio between 1.3 and 40 were included.

Figure 4: Separation of ABA rats based on trajectory of weight loss reveals an intermediate phenotype. While Susceptible rats lost weight rapidly, Intermediate rats reached the threshold for ABA susceptibility criterion, albeit at a slower rate [**A-D** , **B**, $F_{(2,9)}$ = 54.3, p < 0.0001, Intermediate vs Susceptible p = 0.0003; Intermediate vs Resistant p = 0.0096; Susceptible vs Resistant p < 0.0001; **C**, Experimental day $F_{(10,74)}$ =15.3, p < 0.0001, ABA Susceptibility $F_{(2,9)}$ = 8.68, p = 0.0079; **D**, $F_{(2,9)}$ = 64.5, p < 0.0001, Intermediate vs Susceptible p = 0.0002; Intermediate vs Resistant p = 0.0049; Susceptible vs Resistant p < 0.0001] and engaged in feeding at levels between the two other groups [but not significantly different to either; **E-F**;**E,** Experimental day $F_{(9,63)}$ = 9.06, p < 0.0001; ABA Susceptibility $F_{(2,9)}$ = 1.22, p = 0.3389 ;**F** $F_{(2,9)}$ = 7.84, p = 0.0107, Resistant > Intermediate p = 0.1364, Intermediate > Susceptible p = 0.219]. Examination of the profiles of daily running wheel activity showed a clear spike in activity at the onset of food restriction (dashed line) for Susceptible rats, whereas Intermediate rats exhibit a more gradual increase in wheel running [**G,** Baseline: Experimental day $F_{(6, 54)}$ = 11.50, p < 0.0001; ABA Susceptibility $F_{(2, 9)}$ = 0.7325 p= 0.5073; Interaction $F_{(12,54)}$ = 0.7031, p = 0.7415; ABA: Experimental day $F_{(10,63)}$ = 3.58, p = 0.0008; ABA Susceptibility $F_{(2,9)}$ = 8.24, p= 0.0092]. Interestingly, Resistant and Intermediate rats engaged in the same level of motivated running in anticipation of food (FAA) [**H**, $F_{(2,9)}$ = 2.889, p = 0.1074, Intermediate vs Susceptible p = 0.1550, Resistant vs Intermediate p = 0.9984]. Grouped data show mean ± SEM, with individual data point on the bar graphs. ** p < 0.01, *** p < 0.001, ****p < 0.0001. ABA, Activity-based anorexia; BW, Body weight; FAA, Food anticipatory activity.

Figure 5: Gene expression profiles for ABA Resistant rats, compared to Susceptible or Intermediate subgroups. Venn diagram shows overlap of differentially expressed genes (DEGs) in Susceptible and/or Intermediate compared to Resistant rats (**A**), noting a large group of genes (651) are common to both comparisons and that there are fewer DEGs exclusively found in the Resistant vs. Intermediate comparison (170) than the Resistant vs Susceptible comparison (471). Volcano plots of DEGs for Resistant compared to Susceptible or Intermediate subgroup. The significant DEGs [-log$_{10}$(FDR) > 1.3] are indicated in orange or green, with gene names of interest indicated for genes that are related to neurodevelopmental disorders, synaptic function, satiety, inflammatory processes and feeding behaviours, all processes relevant to the development of ABA in rats and AN in humans. Venn diagram shows overlapping of DEGs that are upregulated in Susceptible (left) or Intermediate (right) rats compared to Resistant rats (**B**), with 39.2% of upregulated DEGs that are exclusive to Susceptible but not Intermediate. 10 of the Top 15 biological process terms enriched in

the upregulated DEGs common between the two comparisons (i.e. Susceptible vs Resistant and Intermediate vs Resistant - see bubble plots). With respect to downregulated DEGs, the Venn diagram shows that 43.7% of identified genes are exclusive to the Susceptible vs Resistant group comparison and do not overlap with those in the Intermediate vs Resistant group comparison (**C**). Here, 14 of the Top 15 biological process terms enriched in the downregulated DEGs are common to both groups (see bubble plots), which are involved in metabolic and mitochondrial functions and suggests that these processes are a shared feature of both "weight losing" groups.

Figure 6: Gene expression profiles of Susceptible versus Intermediate rats. Volcano plot of differentially expressed genes (DEGs) between Susceptible and Intermediate rats using non-adjusted *p* values (**A**). No significant DEGs were identified in the analysis using adjusted *p* values, however, using the non-adjusted *p* value 457 significant ($p < 0.05$) DEGs were identified, indicated in pink. Gene names are indicated for selected genes involved in neuronal functions of interest, with the largest positive fold changes (i.e. upregulated in Susceptible) for the dopamine receptor 2 (*Drd2*) and the largest negative fold changes (i.e. downregulated in Susceptible) for brain-derived neurotrophic factor (*Bdnf*). Biological pathways significantly (uncorrected *p*-value < 0.05) enriched in Susceptible vs. Intermediate rats (**B**) are related to several inflammatory and immune functions (bold text in bubble plot), with the highest Odds Ratio observed for interleukin-6 (IL-6) signalling pathways, indicating these pathways are the most likely to be differentially regulated in the Susceptible compared to Intermediate subgroup of rats.

Supplementary Table 1. Quality report for selected samples

Sample number	Days to <80% BW criterion	Group	RNA Integrity Number (RIN)	BA conc [ng/µl]	i7 Index	Reads (M)
1	/	Resistant	6.5	1.68	TAAGGCGA	34.1
3	/	Resistant	7.2	2.18	TAAGGCGA	88.5
4	4	Susceptible	7.4	1.59	AGGCAGAA	29.0
8	4	Susceptible	6.2	3.04	TCCTGAGC	20.8
9	6	Intermediate	7.7	10.75	GGACTCCT	27.0
11	/	Resistant	6.5	3.02	TAGGCATG	21.6
12	7	Intermediate	9.6	3.74	CTCTCTAC	38.8
15	3	Susceptible	3.4	1.81	CGAGGCTG	29.6
16	3	Susceptible	3.0	1.60	AAGAGGCA	109.9
23	8	Intermediate	3.6	5.97	GTAGAGGA	25.2
26	9	Intermediate	3.8	3.46	GCTCATGA	56.0
27	/	Resistant	4.8	0.51	ATCTCAGG	42.3

Supplementary Information: Definition of Gene Ontology terms

Gene ontology (GO) describes gene functions in three aspects: Molecular Function, Cellular Component, and Biological Process. Molecular function describes the activity of the gene product at molecular level. Cellular component describes the location where the activity occurs in the cell. Biological process represents biological events contributed by molecular processes.

Supplementary Information: Immunohistochemical validation of TRAP expression in striatal projecting mPFC neurons.

Methods

To validate the expression of the EGFPL10a (TRAP) construct, stereotaxic injections were performed as described. Two weeks later, rats (n=2) were euthanized with sodium pentobarbitone (Lethabarb 150mg/kg; Virbac, AU) and transcardially perfused with 200mL 0.9% saline followed by 200mL 4% paraformaldehyde in phosphate buffer. Brains were excised and postfixed in 4% paraformaldehyde in phosphate buffer overnight at 4°C, followed by submersion in 30% sucrose in phosphate buffer for 4 days. Brains were then sectioned at 35µm using a cryostat (CM1860; Leica Biosystems) and collected in a 1:4 series. A series of sections were immunolabeled with chicken anti-GFP (1:1000, Abcam) and guinea pig anti-NeuN (1:1000, Synaptic Systems) primary antibodies overnight at room temperature, followed by 90-minute incubation in Alexa-fluor conjugated secondary antibodies (1:1000, Alexa-fluor 488, Jackson ImmunoResearch; 1:1000, Alexa-fluor 594, Abcam) and 5-minute incubation in DAPI (1:5000, Sigma-Aldrich). Sections were imaged on a widefield microscope (Thunder Imager Live Cell & 3D Assay, Leica Microsystems, Germany).

Supplementary Figure 1. EGFPL10a (TRAP) expression is restricted to the medial prefrontal cortex (mPFC). (A) The mPFC region labelled with EFGP collected for RNA sequencing with atlas overlay (Bregma 3.20mm). (B) Micrograph (20X) of the mPFC midline with eGFPL10a (green), NeuN (red) and DAPI (blue) immunofluorescence. (C) The medial AcbSh region confirming terminal staining in the mPFC-AcbSh pathway with atlas overlay (Bregma 0.48mm). (D). Micrograph (20X) of terminal EGFP staining in the AcbSh [markup to orient to the anterior commissure bundle (solid line) and lateral ventricle (dashed line)].

Supplementary Figure 2. **Gene ontology terms and pathways enriched in differentially expressed genes for Resistant compared to Susceptible or Intermediate subgroups.** The top 15 significantly (corrected *p*-value < 0.05) enriched biological process (**A**), cellular components (**B**), molecular functions (**C**) gene ontology (GO) terms and pathways (**D**) are shown in bubble plots, with Venn diagrams depicting the specific overlap of these GO terms or pathways that were associated with the Susceptible (orange) or Intermediate (green) subgroups compared to Resistant rats. (**A**) The top 15 significant biological process enriched were entirely distinct for the comparisons between Susceptible versus Resistant and Intermediate versus Resistant groups. Differentially expressed genes (DEGs) in the Susceptible subgroup were most significantly associated with mitochondrial function and energy metabolism, whereas DEGs in Intermediate subgroup were mainly associated with cytoskeletal structure and protein interactions. (**B**) Cellular component terms included intracellular anatomical structure, organelle, intracellular organelle and cytoplasm that were common to both subgroups (see bold text term names), whereas mitochondrial structure and function are significantly dysregulated in Susceptible subgroup and cytoskeletal and neuronal structures are associated with the Intermediate subgroup. (**C**) The top 15 molecular function terms largely overlap between the two subgroups (11/15; cytoskeletal dynamics, synaptic function and protein binding), however, pre- and postsynaptic function differed between the comparison groups, whereby presynaptic function was exclusively associated with the Susceptible subgroup and postsynaptic function exclusively within the Intermediate subgroup (see bold terms). (**D**) Pathways associated mitochondrial function (transport, dynamics and homeostasis) are common to both Susceptible and Intermediate subgroups, whereas pathways involved in neurodegenerative diseases (Parkinson's, Huntington's and Alzheimer's Disease) were only seen when comparing the Susceptible subgroup to Resistant rats.

Supplementary Figure 3. **Gene ontology terms enriched in upregulated differentially expressed genes for Resistant compared to Susceptible or Intermediate subgroups.** The top 15 significantly (corrected p-value < 0.05) enriched biological process (**A**), cellular component (**B**), molecular function (**C**) gene ontology (GO) terms are shown in bubble plots, with Venn diagrams depicting the specific overlap of these GO terms that were associated with the Susceptible (orange) or Intermediate (green) subgroups compared to Resistant rats. (**A**) 10 of the top 15 biological processes were enriched for upregulated genes in both Susceptible or Intermediate subgroups, including cellular organization and development, whereas actin cytoskeleton dynamics and neuronal function terms were specific to upregulated genes in the Intermediate subgroup, and the chromatin remodelling and microtubule-based process terms were specific to the Susceptible rats (bold terms). (**B**) Cellular components terms largely overlapped (14/15) involving synaptic functions, cellular organisation and intracellular structures, however the somatodendritic compartment term was specific to the Susceptible subgroup comparison and the neuron to neuron synapse term was specific to the Intermediate subgroup comparison (bold terms). (**C**) Upregulated genes in both subgroups are commonly associated with binding functions (bold), although the specificity of binding terms was a mix of overlapping and distinct.

Supplementary Figure 4. **Gene ontology terms enriched in downregulated differentially expressed genes for Resistant compared to Susceptible or Intermediate subgroups.** Top 15 significantly (corrected *p*-value < 0.05) enriched biological process (**A**), cellular component (**B**), molecular function (**C**) gene ontology (GO) terms are shown in bubble plots, with Venn diagrams depicting the specific overlap of these GO terms that were associated with the Susceptible (orange) or Intermediate (green) subgroups compared to Resistant. (**A**) Biological processes mostly overlap between two subgroup comparisons (14/15), as do (**B**) the cellular components terms (12/15) and (**C**) molecular processes (12/15). The interesting differences between downregulated genes within these comparisons include (**A**) aerobic electron transport chain, (**B**) organelle envelope and (intracellular) membrane-bound organelle, (**C**) 2 iron 2 sulfur cluster binding, electron transfer activity and enzyme binding downregulated in Susceptible; and (**A**) ribonucleoprotein complex biogenesis, (**B**) respiratory chain complex, NADH dehydrogenase complex and oxidoreductase complex, (**C**)

proton channel activity, ubiquitin-protein transferase inhibitor and regulator activity downregulated in Intermediate (see bold text).

Supplementary Figure 5. Gene ontology terms enriched in genes differentially expressed in Susceptible compared to Intermediate subgroups of ABA rats. Top 15 significantly (*p*-value < 0.05) enriched biological process (**A**), cellular component (**B**), molecular function (**C**) gene ontology (GO) terms are shown in bubble plots. The differentially expressed genes between Susceptible and Intermediate subgroups were mainly associated with intracellular anatomical structure and protein binding functions.