The encoding of interoceptive-based predictions by the paraventricular nucleus of the

thalamus D2+ neurons

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ABSTRACT

Understanding how the brain integrates internal physiological states with external sensory

cues to guide behavior is a fundamental question in neuroscience. This process relies on

interoceptive predictions—internal models that anticipate changes in the body's physiological

state based on sensory inputs and prior experiences. Despite recent advances in identifying the

neural substrates of interoceptive predictions, the precise neuronal circuits involved remain

elusive. In our study, we demonstrate that Dopamine 2 Receptor (D2+) expressing neurons in the

paraventricular nucleus of the thalamus (PVT) play key roles in interoception and interoceptive

predictions. Specifically, these neurons are engaged in behaviors leading to physiologically

relevant outcomes, with their activity highly dependent on the interoceptive state of the mice and

the expected outcome. Furthermore, we show that chronic inhibition of PVT[D2+] neurons impairs

the long-term performance of interoceptive-guided motivated behavior. Collectively, our findings

provide insights into the role of PVT[D2+] neurons in learning and updating state-dependent

predictions, by integrating past experiences with current physiological conditions to optimize goal-

directed behavior.

INTRODUCTION

All organisms perceive the world through their bodily senses. As such, understanding how the brain integrates internal physiological states with external sensory cues to guide behavior is a fundamental question in neuroscience. Although much is known about perception of external sensory cues, less is known about the mechanisms mediating the perception of internal bodily cues. Interoception is the ability to sense, track, and integrate signals originating from within the body, such as hunger, thirst, temperature, heart rate, and blood CO_2 levels, amongst others[1-5]. However, interoception plays a broader, more encompassing, role within the systems governing emotion, motivation, decision making, and social cognition[4,6,7]. Moreover, impairments in the ability to monitor bodily signals exist across many psychiatric illnesses, such as panic disorder, anxiety, depression, and substance use disorders[2,3,8].

Prevailing models of interoception posit that physiological signals are sensed, tracked, integrated, and prioritized to guide behaviors[1-6,8,9]. Studies on the mechanisms mediating interoception have largely focused on the "sensing" and "tracking" aspects. Indeed, hypothalamic areas, such as the arcuate nucleus (ARC) and the lateral hypothalamus (LH), as well as hindbrain areas, such as the medulla and nucleus of the solitary tract (NTS), play a distinctive role in detecting hunger signals from the body and the regulation of feeding behaviors[10,11]. Additional regions, such as the median preoptic nucleus (MnPO) and the subfornical organs (SFO), mediate thirst and water drinking behaviors[12-14]. However, much less is known about how the brain integrates these signals and prioritizes them to create the perception of internal states.

Once sensed, these peripheral physiological signals need to be integrated with sensory cues from the external environment, as well as learning from previous experiences, to create internal models[4,5,9]. These internal models help individuals anticipate changes in the body's physiological state based on these factors (current physiological state, environmental cues, learned experiences) – a process known as interoceptive predictions[4,5,9]. These predictions allow the brain to prepare for and respond proactively to physiological demands, ensuring efficient and

adaptive regulation of bodily processes. These also represent a fundamental aspect of how the brain maintains homeostasis and guides behavior. By predicting physiological needs, the brain prioritizes behaviors that restore or preserve bodily balance to influence decisions and motivations. Despite the progress made in identifying the neural substrates of interoceptive predictions, the precise neuronal circuits involved in encoding these predictions remain poorly understood.

The paraventricular nucleus of the thalamus (PVT) has emerged as a critical node in the limbic system, yet its functional role remains unclear. Anatomical studies show that the PVT receives converging inputs from brain areas that process homeostatic and interoceptive signals[15-17]. Hypothalamic and brainstem areas that process physiological signals, such as hunger[11,18-20], thirst[12-14], thermoregulation[21,22], pain[23-25], and stress[26-28] project to and recruit the PVT. Moreover, optogenetic activation of inputs to the PVT from hunger processing areas, such as the ARC and LH, result in feeding and food-seeking behaviors[18,20,29]; while stimulation from inputs originating in the MnPO result in water intake and seeking behavior[13,14]. These studies demonstrate that PVT neurons participate in interoception. In addition, the PVT receives signals about environmental cues from cortical areas, such as the medial prefrontal cortex (mPFC)[30-34]. The activity of PVT neurons is also altered by external cues when paired with physiologically relevant stimuli[18,27,30,32-36]. As such, the PVT is anatomically well-positioned to effectively bridge the interoceptive and exteroceptive domains to create internal states that guide behavior.

While commonly glutamatergic, PVT projection neurons are heterogeneous[26,37-39]. Particularly, our previous research found that a subtype of PVT neurons (PVT neurons expressing the dopamine receptor 2; PVT^{D2+}) are tuned to changes in current physiological states[26,39] and as such, play a more general role in integrating and encoding these states. In this study, we used fiber photometry to further investigate the *in vivo* dynamics of PVT^{D2+} neurons in mice performing a reward foraging task. Specifically, we focused on thoroughly characterizing the precise role these neurons play in interoceptive perception that influence goal-directed behaviors. We

discovered that PVT^{D2+} neurons integrate factors, such as physiological needs, environmental

cues, and previous experiences to compute an interoceptive prediction. This prediction, in turn,

guides motivated behavior. Moreover, we show that chronic chemogenetic inhibition of PVT^{D2+}

neurons results in long-term deficits in interoceptive guided motivated behavior. Collectively, our

results highlight the reconceptualization of PVT^{D2+} neurons as a neural mechanism that is critical

for interoception and interoceptive predictions that are needed for the perception of internal states.

METHODS

Mice

All procedures were performed in accordance with the University of Alabama Birmingham

Institutional Animal Care and Use Committee (IACUC) Guide for the Care and Use of Laboratory

Animals. For this, female and male Drd2-Cre mice (GENSAT founder line ER44) were used.

These mice were between 8 – 15 weeks of age and were group housed under a 12-h light-dark

cycle (6 a.m. to 6 p.m. light), at a temperature of 70–74 °F and 40–65% humidity. After surgery,

mice were single-housed and were provided with food and water *ad-libitum.* Two days before

initiating behavioral training procedures, food was removed for food restriction and the amount of

food provided was according to 85% of their free-feeding weight. Water was maintained *ad-*

libitum, unless otherwise specified. Mice returned to ad-libitum feeding after testing.

Viral vectors

For GCaMP, we used AAV9-hSyn-FLEX-GCaMP6s-WPRE-SV40 which was produced by the

Vector Core of the University of Pennsylvania. For our chemogenetic inhibition, we used AAV2-

hSyn-DIO-hM4D(Gi)-mCherry which was produced by Addgene. For controls, we used AAV2-

CAG-Flex-tdTomato which was produced by the vector core of the University of North Carolina.

Drugs

CNO (Enzo Life Sciences, catalog# BML-NS105) was used at a 10 mg/Kg dose.

Stereotaxic surgery

Mice were given viral injections (approximately 1 µl) at the following stereotaxic coordinates (at a 6°angle): pPVT, −1.60 mm from Bregma, 0.25 mm lateral from midline, and −3.35 mm vertical from the cortical surface. Optical fibers with diameters of 400 µm (0.48 NA - Neurophotometrics) were used. These fibers were implanted over the pPVT immediately following viral injections (targeted 300-400 µm above the injection site). Following stereotaxic injections, animals were allowed to recover for 2–3 weeks to ensure maximal AAV expression.

Foraging-like reward-seeking task

The foraging track consisted of a linear maze (81.28 × 21.59 × 29.21, L ×W× H in cm). The Ethovision (Noldus) tracking system allowed us to track the movement of the mice through the maze. The maze consisted of three zones: trigger zone, corridor, and reward zone. The opposite ends of the track were designated as the trigger zone and reward zone and were connected by a long corridor. The task consisted of 60 min-long sessions of self-paced trials and mice received one test session per day. For each trial, food-restricted mice were trained to wait in the trigger zone for two seconds. An LED mounted on top of the reward magazine port was then illuminated, which signaled reward availability, allowing mice to run from the trigger zone down the corridor and into the reward zone to retrieve a food reward. The strawberry milkshake (SMS) reward consisted of strawberry Ensure® mixed with 20% sucrose water. The non-caloric reward consisted of 10% sucralose (Splenda®) solution. The sucrose reward consisted of 10% sucrose solution. Reward delivery and food consumption signaled trial termination, and therefore mice

122 had to return to the trigger zone to initiate another trial. Experimental schedule and data

123 acquisition were implemented through the Ethovision software for operant control.

Four-bottle choice assessment

Mice were individually housed and tested in their home cages. After becoming accustomed to

each solution, hungry mice were given free access to four bottles in their home cage. Each bottle

contained one of the following: water, a 10% sucrose solution, a non-caloric 10% sucralose

solution, or a strawberry milkshake (strawberry Ensure® mixed with 20% sucrose water). After a

2-hour testing period, the total volume consumed (in mL) for each solution was recorded.

Consumption was averaged across two sessions. To prevent place preference, the placement of

the solutions in the cage was randomized across sessions.

Bulk Ca^{2+} and fiber photometry

All photometry experiments were performed using an RZ5P acquisition system (Tucker-Davis

Technologies; TDT) equipped with a real-time signal processor and controlled by a software

interface (Synapse version 92). Specifically, the system is integrated with two continuous

sinusoidally modulated LED at 473 nm (211 Hz) and 405 nm (531 Hz) that serves as the light

source to excite GCaMP6s and an isosbestic autofluorescence signal, respectively. The LED

intensity (ranging 10–15 µW) at the interface between the fiber tip and the animal was constant

throughout the session. Fluorescence signals were collected by the same fiber implant that was

coupled to a 400 µm optical patch-cord (0.48 NA) and focused onto two separate photoreceivers

(2151, Newport Corporation) connected to the emission ports of a custom-ordered fiber

photometry Mini Cube (Doric Lenses). TTL pulses recorded by the same system were used to

annotate the occurrence of behavioral manipulations. For the measurements of fluorescent

calcium signals and ΔF/F analysis, a least-squares linear fit to the 405 nm signal to align it to the

470 nm signal was first applied. The resulting fitted 405 nm signal was then used to normalize the

473 nm as follows: ΔF/F = (473 nm signal − fitted 405 nm signal)/fitted 405 nm signal. All GCaMP

signal data is presented as the z-score of the dF/F from a baseline (2 seconds) prior to the onset

of events.

***In vivo* data analysis**

After calculating the z-score of the dF/F for each event in every trial the mice performed, the

latency to the reward zone was calculated. All trials that took longer than 11 seconds and the

events corresponding to that trial (decision to approach, approach, reward zone arrival, reward

delivery) were excluded. Less than 10% of the trials met this exclusion criterion. After that, the

trials and events for each individual test session were sorted by their trial order within a session.

After sorting the trials in each test session, these were then divided into 5 equivalent trial blocks.

This binning strategy allowed for comparable representation per animal in both block trials and

was used by prior studies to test the effect of trial order [39] which permits the comparison of the

activity dynamics of PVT neurons and how they were modulated by the motivational states of the

mice across the progression of each test session.

FLMM - Trial order effects were also confirmed using a Functional Linear Mixed Model (FLMM).

This analysis, previously described in detail[39-41], combines linear mixed models (LMM) and

functional regression. The FLMM framework produces plots for each covariate in the model (e.g.,

trial order effects) to show whether associations with the photometry signal are significant at each

timepoint during the behavior. These FLMM output plots display the regression coefficient

estimates for each covariate at each timepoint in the trial (solid lines). They also show estimated

pointwise (dark-shaded area) and joint (light-shaded area) 95% confidence intervals (CI) for the

coefficient estimates. The joint CI allow for the interpretation of each covariate's effect on the

photometry signals across multiple time intervals in the trial. Timepoints where the pointwise CI

do not include zero indicate pointwise statistical significance, while timepoints where the joint CI

do not include zero indicate joint statistical significance. For the trial order effects we used the

FLMM association with continuous variables (https://rpubs.com/gloewinger/1159129). The

random intercept model: $\mathbb{E}[Y_{i,j}(s)|\ X_{i,j}\ ,\ \gamma_i(s)] = \beta_0(s) + X_{i,j}\ \beta_1(s) + \gamma_{0,i}(s)$ was chosen based on best

fit determined by their AIC (Akaike Information Criterion) and BIC (Bayesian Information Criterion)

values.

Concurrent FLMM model – We applied a concurrent FLMM model to analyze trials of different

lengths and estimate how factors that vary within a trial (e.g., state) influence the photometric

signals of PVT^{D2+} neurons. This was necessary as animals took different amounts of time to travel

between trigger and reward zones and thus each "trial" could differ in length. Specifically, we

included an "approach" variable (a binary indicator of whether an animal was approaching the

reward zone at each trial timepoint) in the model, in addition to its interaction with the trial outcome

type. For animal *i* on trial *j,* denote:

• $X_{1,I,j}$: the trial outcome, where $X_{1,I,j} = 1$ for 'strawberry milkshake' (SMS) trials and $X_{1,I,j} = 0$ for

'other outcome' trials.

• $X_{2,I,j}(s)$: approach, where $X_{2,I,j}(s) = 1$ when mouse *i* is approaching the reward zone on trial *j* at

trial timepoint *s* and $X_{2,I,j}(s) = 0$ for trial timepoints after the reward has been delivered.

• $Y_{i,j}(s)$ is the photometry response of mouse *i* on trial *j* at trial timepoint *s*.

β(s) is the vector of coefficients at timepoint *s* and $\epsilon_{i,j}(s)$ is Gaussian noise for mouse *i* on trial *j* at

trial timepoint *s*.

We used the formula syntax: photometry ~ outcome * approach + (outcome |ID). The model

formula was:

$Y_{i,j}(s) = \beta_0(s) + \gamma_{0,i}(s) + X_{1,i,j} [\beta_1(s) + \gamma_1(s)] + X_{2,i,j}(s) \beta_2(s) + \beta_3(s) X_{1,i,j} X_{2,i,j}(s) + \epsilon_{,i,j}(s),$

where (s) indicates that a variable is functional (i.e., varies across trial timepoints). $X_{1,I,j}$ does not

vary with respect to s, as it denotes a trial condition.

The coefficients are interpreted:

• $\beta_0(s)$: The mean signal when a mouse has received (i.e., after reward delivery) an "other"

outcome (e.g. a non-caloric reward) at trial timepoint s.

• $\beta_1(s)$: The mean difference in signal between hungry strawberry milk shake reward (H-SMS) and

the other outcome (e.g. a non-caloric reward) during reward approach (i.e., before non-caloric

reward delivery) at trial timepoint s.

• $\beta_2(s)$: The mean difference between approach and outcome delivery for other outcome trials at

trial timepoint s.

• $\beta_3(s)$: This interaction term is interpreted as a difference in differences. Denoting $A(s)$ as the

mean signal difference between approach and reward in H-SMS (at trial timepoint s) trials, and

$B(s)$ as the mean signal difference (at trial timepoint s) between approach and reward in the

outcome of comparison (e.g. a non-caloric reward), $\beta_3(s) = A - B$. Thus, $\beta_3(s) = 0$ when the

magnitudes of the approach vs. reward zone mean signal difference are equal (at timepoint s) on

H-SMS and "other" outcome (e.g. a non-caloric reward) trials. Conversely, $\beta_3(s) \neq 0$ when

approaching & H-SMS are together associated with an additional effect. Thus, $\beta_3(s)$ captures the

degree to which the trial outcome type (e.g. H-SMS vs. non-caloric rewards) modulates the

change in signal that occurs when an animal receives the reward (compared to approaching the

reward zone).

Altogether, this concurrent FLMM model enables a detailed understanding of how context (state

and outcome) and behavioral phase (approach vs. outcome delivery) dynamically influence

neuronal activity, shedding light on the differences in anticipatory signaling during motivated

behavior.

Linear Interpolation - Linear interpolation was used to estimate unknown values that fall within the

range   of   known   data   points   using   the   following   mathematical   formula:

$$y = y1 + (x2 - x1)(y2 - y1)(x - x1)$$

In this study, linear interpolation was employed to standardize the length of neuronal recording

data across trials of varying durations. This method estimates intermediate values between known

data points by assuming a linear relationship. Specifically, here, the recording of each trial was

resampled to the same number of data points using linear interpolation, preserving the overall

temporal structure while mitigating the effects of varying trial durations. This strategy allowed for

consistent alignment and aggregation of neuronal activity patterns across trials. Linear

interpolation was solely used to generate averaged traces for graphical purposes showing

photometry signals during approach (Fig. 4). These approach signals were analyzed by

calculating the AUC of the signal during approach timepoints: for trial *j,* we summed the signal

values during approach timepoints and divided that sum by the number of approach timepoints).

We then conducted standard hypothesis tests on these AUCs.

Histology

To verify GCaMP6s, hM4Di and TdTomato expression and optical fiber placements, mice were

injected with euthanasia solution and subsequently sacrificed via transcardial perfusion, first with

PBS and then with paraformaldehyde (PFA; 4% in PBS). Brains were then post-fixed in 4% PFA

at 4 °C overnight and cryoprotected using a 30% PBS-buffered sucrose solution for ~24–36 h.

Coronal brain sections (50 μm) were generated using a freezing microtome. Images were taken

using a Nikon microscope running NIS Elements AR 5.42.03 64-bit (Nikon).

Statistics and data presentation

All data were analyzed using GraphPad Prism (Domatics) and, custom-made Python scripts

(Anaconda Navigator). FLMM analyzes were performed using R scripts (R Studio). For the FLMM

Trial Order Effects, the associations with continuous variables and random intercept model were

used[39-41]. Two-tailed paired and unpaired t-tests (parametric; test statistic: t), repeated measures

ANOVAs, and two-way ANOVAs (parametric; test statistic: F). ANOVA was followed by a post-hoc

Tukey's, Dunnett's, and Šídák's multiple comparisons test were used when appropriate and if the

corresponding omnibus test detected a significant difference. All data are presented as mean ±

s.e.m.

RESULTS

PVT^{D2+} neurons sense and track hunger states.

We first examined how physiological states impacted PVT^{D2+} neuronal activity while mice

performed a foraging task that assesses motivation. For this, we trained hungry mice to perform

a linear foraging task while investigating the *in vivo* dynamics of PVT^{D2+} neurons (Supp Fig. 1A,B).

In this task, mice were placed in a linear maze (Supp Fig. 1C) equipped with a reward delivery

port and a bright cue LED light at the end wall of the maze (reward zone). The other far end of

the maze was set as the "trigger zone". Mice had to learn by trial and error to perform trials

requiring them to go and remain in the trigger zone for 2 sec to initiate a rewarded trial, which was

signaled by a cue light above the reward port. Once the cue light signaled reward availability, mice

could approach the reward zone to obtain a reward (strawberry milkshake, SMS). We found that

when mice approached the reward zone, PVT^{D2+} neuronal activity significantly increased (Supp

Fig. 1D,E). In accordance with their previous suggested role in sensing interoceptive stimuli, such

as hunger, we found that the hunger states modulated PVT^{D2+} neuronal activity. To show this, we

first sorted trials performed by trial order, labeling the earliest trials of the session as 'Trial Group

- G1' and the latest trials as 'G5'[39] (Supp Fig. 1F). We implemented this strategy to model the

assumption that well-trained food-restricted mice are hungrier at the beginning of each 60 min

test session than at the end (when they have eaten several rewards). Importantly, here, the

average latency to approach did not differ across the trial groups throughout test sessions (Supp

Fig. 1G). When comparing between early (G1) and late (G5) trials, the mean PVT^{D2+} neuronal

responses were significantly higher in the early trials (Supp Fig. 1H,I), suggesting that stronger

hunger levels lead to higher PVT^{D2+} neuronal activity. We also found a strong negative correlation

between the area under the curve (AUC) during approach and trial order (Supp Fig. 1J), such that

higher PVT^{D2+} neuronal activity was associated with early trials and diminished activity with later

trials. The association between trial order and decreases in signal of PVT^{D2+} neurons was

confirmed using a functional linear mixed modeling (FLMM) statistical framework[39-41] (Supp Fig.

1K). Notably, no correlation was found between approach AUC and latency to approach (Supp

Fig. 1L).

To further probe the ability of PVT^{D2+} neurons to sense and track hunger levels, we

recorded the responses of these neurons during two separate additional test sessions in which:

1) Sated mice received a calorie rich SMS reward (Sated- SMS; S-SMS), and 2) hungry mice

received a sweet non-caloric reward (Hungry- Non-Cal). Importantly, we used a within-animal

comparison strategy to circumvent potential confounds due to differences un viral expression or

fiber placement. For these test sessions, we hypothesized that sated mice would display an

overall decrease in PVT^{D2+} neuronal activity levels across all trials in the session. Moreover, we

also hypothesized that if PVT^{D2+} neurons tracked the hunger levels of the mice when receiving a

non-caloric reward (H-NCal), this would result in hungry mice remaining hungry, and thus, PVT^{D2+}

neuronal activity would not be modulated across the entire test session. Indeed, we found that

when mice were tested in a sated state, a significant decrease in the overall responses of PVT^{D2+}

neurons during the reward approach was observed, relative to testing while hungry (Fig. 1A).

Comparing trials performed across trial groups in the sated sessions showed significantly higher

latencies to approach (Fig. 1B) and steeper decreases in PVT^{D2+} neuronal activity (Fig. 1C-E).

PVT^{D2+} neuronal activity during sated states was also negatively associated with trial order (Fig.

1F,G), such that lower signals were associated with later trials, but not with latency to approach

(Fig. 1H). Conversely, when mice were tested hungry and given a sweet non-caloric reward,

PVT^{D2+} neuronal activity significantly increased during the reward approach (Fig. 1I). However,

comparing early (G1) and late (G5) group trials in the H-NCal sessions resulted in similar latencies

(Fig. 1J), and approach AUCs across group trials (Fig. 1K-M) and the approach AUC was no

longer significantly correlated with trial order (Fig. 1N,O) or latency (Fig. 1P). Importantly, mice

completed similar number of trials on the caloric (H-SMS), non-caloric (H-NCal), and sated (S-

SMS) sessions (Fig. 1Q), suggesting that the decreases in PVT^{D2+} neuronal photometric

responses are not solely due to an overall reduction in motivation. Interestingly, in a new cohort

of mice tested first while hungry using a caloric reward (H-SMS sessions) and a non-caloric

reward (H-NCal sessions), followed by a sated non-caloric reward (S-NCal sessions), we found

no differences in the magnitude of the PVT^{D2+} neuronal photometric responses between these

three distinct sessions (Fig. 1R-U). These findings show that even when mice are sated, a non-

caloric reward still resulted in robust increases in PVT^{D2+} neuronal activity during reward

approach. Altogether, these results strongly suggest that PVT^{D2+} neurons can track the internal

state of the animal. Additionally, these also suggest that one way they track hunger levels is by

sensing the caloric intake.

PVT^{D2+} neuronal activity is influenced by the interoceptive value of the outcome.

Our findings showed that a non-caloric reward elicited the same response magnitude

regardless of state, indicating PVT^{D2+} neurons might signal the potential interoceptive value of the

reward. Indeed, interoceptive value refers to the subjective value assigned to the internal

physiological state or bodily sensations used to influence decision-making and behavior

signals[2,4,9]. To explore this, we tested whether the interoceptive value of the outcome affected

PVT^{D2+} neuronal activity. We compared the responses of PVT^{D2+} neurons during separate

sessions where we varied the relative and the interoceptive values of the outcomes. First, we

examined the responses of PVT^{D2+} neurons when hungry mice received SMS reward which has

a 'higher relative value', 10% sucrose solution (Suc) which has a 'medium relative value', and

plain water (H_2O) which has a 'low relative value'. We hypothesized that if PVT^{D2+} neurons were

sensitive to the relative value of the reward, switching from SMS to a lower value outcome would

decrease the photometric signal during reward approach. However, we found that the response

magnitudes during reward approach were similar between H-SMS and H-Suc (Fig. 2A). Trials

within the H-Suc sessions also showed state-dependent effects (Fig. 2B-G), though less

pronounced than with the calorie-dense SMS reward. Additionally, there was a negative

association between PVT^{D2+} neuronal signal and trial order in the H-Suc sessions (Fig. 2F,G).

When comparing reward approach during sessions where hungry mice received water (H- H_2O),

we observed a significant decrease in PVT^{D2+} neuronal responses (Fig. 2A). This decrease

occurred quickly upon encountering the new outcome with no significant differences in signal

magnitude between early (G1) and late (G5) trial groups (Fig. 2H-J). In addition, there was no

longer an association between signal magnitude and trial order during the approach (Fig. 2K,L),

but the FLMM analysis revealed a negative association after reward zone entry (Fig. 2L). These

decreases were again likely not due to changes in motivation, as mice performed an equivalent

number of trials during water outcome sessions (Fig. 2M). These findings suggest that PVT^{D2+}

neurons are activated by behaviors leading to physiologically relevant outcomes, likely encoding

interoceptively-valuable stimuli rather than relative value. Indeed, in a 4-bottle choice test, mice

strongly preferred the calorie-rich SMS when given the choice between SMS, 10% sucrose, a

non-caloric reward, and water (Fig. 2N).

To further demonstrate that PVT^{D2+} neurons encode physiologically relevant outcomes, we

compared the mean photometric response magnitude of PVT^{D2+} neurons between the following:

1) sessions where mice were first tested in the task during hunger and were given the SMS reward

(H-SMS), 2) sessions where mice were tested in the task hungry and given the water outcome

(H-H$_2$O), and lastly, 3) test sessions, where mice were given food *ad libitum* and water was

restricted and water was given as a reward (T-H$_2$O). We found that when mice are water restricted

and given water as a reward during our task, we again observed the robust increases in the

photometric responses of PVT^{D2+} neurons during approach. In addition, the magnitude of the

responses was similar to those where mice were tested hungry and given the SMS reward (Fig.

2O). Importantly, we again observed state-dependent effects, with higher activity during early trials

as compared to late trials (Fig. 2P,Q), and a negative association between signal magnitude and

trial order (Fig. 2R,S). Overall, these data strongly suggest that PVT^{D2+} neurons are encoding the

behaviors that lead to physiologically relevant outcomes.

PVT^{D2+} neuronal activity is state and outcome-dependent.

Our findings showed that motivated behavior engages PVT^{D2+} neurons only when the

outcome is physiologically relevant. In other words, PVT^{D2+} neurons are engaged when mice are

hungry and are given a food reward or when mice are thirsty and are given a water reward.

However, we previously showed that PVT^{D2+} neurons are still active when mice are performing

the foraging task and no reward is given[39]. Based on these findings, we hypothesized that PVT^{D2+}

neuronal activity remained high during reward omission, because mice were still expecting the

reward. To test whether PVT^{D2+} neurons are activated by reward expectation, we performed

extended training in our task, for which mice were trained for 8 weeks prior to the omission test

(H-SMS). This ensured hungry mice would keep higher response rates despite the reward

omission (H-OM), which allowed us to test mice in two consecutive omission sessions to better

test the effects of reward expectation in PVT^{D2+} neuronal activity. We also included an additional

test session where mice were sated, and the reward was omitted (S-OM). We found that even

after extended training, reward approach still resulted in robust PVT^{D2+} neurons photometric

responses (H-SMS; Fig. 3A). Next, we found that complete reward omission (H-OM) significantly

decreased the overall responses of PVT^{D2+} neurons during reward approach relative to H-SMS

sessions (Fig. 3A) and significantly increased the latency to approach (Fig. 3B). In addition, as

shown previously, we no longer observed state-dependent modulation of PVT^{D2+} neurons when

comparing early (G1) vs late (G5) trial groups (Fig. 3C-E) and we no longer found a significant

correlation between approach AUC and trial order (Fig. 3F). Surprisingly, the FLMM analysis

uncovered a positive association between trial order and the magnitude of the photometric signal

of PVT^{D2+} neurons, such that more trials performed led to higher PVT^{D2+} neuronal responses (Fig.

3G). During the sated omission session (S-OM), there was no longer any significant modulation

of the responses of PVT^{D2+} neurons by the reward approach (Fig. 3A,H-L). Interestingly, mice in

the H-OM session performed significantly more trials than in the H-SMS sessions (Fig. 3M).

Altogether, these suggest that decreases in signals were likely not solely due to loss of motivation.

To further test the influence of outcome expectation on PVT^{D2+} neuronal activity, we

analyzed the photometric responses of PVT^{D2+} neurons during 'premature' trials performed by

hungry mice. As mentioned before, in the foraging task, mice had to wait for 2 seconds in the

trigger zone to get the cue signaling reward availability. However, we found that in some trials,

mice would not properly wait in the trigger zone before deciding to approach, and as a result, the

cue signaling the availability was not present during the approach to the reward zone. We

categorized those trials as 'premature approaches'. We found that when mice performed

premature approaches, there was no significant change in mean PVT^{D2+} neuronal activity during

the approach to the reward zone (Fig. 3N). Importantly, the latencies to approach between the

"correct" rewarded approaches and unrewarded premature approaches were equal in both trial

types (Fig. 3O). Interestingly, we again observed state-dependent effects, with higher activity

during early trials 'G1' as compared to late trials 'G5' in the premature trials (Fig. 3P,Q). These

findings suggest that PVT^{D2+} neuronal activity is modulated within a session depending on

outcome expectation.

Next, we sought to test the hypothesis that PVT^{D2+} neurons are responding to two

dissociable events: 1) The outcome expectation during approach, and 2) The outcome itself.

However, since our task is fully self-paced, trials performed have different latencies, and thus

averaging trials by 'trial group' does not allow us to fully dissociate between the reward

expectation during approach and reward delivery. As such, to determine whether we could fully

dissociate the responses of PVT^{D2+} neurons between 'approach only' and 'reward only', we

performed two different, yet complementary, analyses. For the first analysis, we limited each trial

to approach only or reward delivery-only and calculated the AUC for each approach trial in each

outcome group. This strategy allowed us to analyze approach and reward delivery separately.

During approach, we found that, in most test sessions, correct trials led to higher PVT^{D2+} neuronal

responses as compared to premature trials (Fig. 4A-F, M). The magnitude of the responses for

the approach was modulated by the expected outcomes such that test sessions with higher

relative value outcomes (H-SMS) had stronger responses as compared to less valuable outcomes

(Fig. 4A-F). Surprisingly, during H-OM sessions, we found no differences between the responses

of PVT^{D2+} neurons for correct and premature trials (Fig. 4F,M). These effects were likely due to

the ambiguity created by not receiving an outcome in either trial type for the H-OM test sessions.

In contrast, receiving an outcome, even if not rewarding (i.e., H_2O), made it clear that the task

contingencies had not changed, only the outcome. As a result, the expectation is lower than when

receiving no outcome. Next, we isolated and compared the responses of PVT^{D2+} neurons to

reward delivery and feeding bouts. We found that photometric responses of PVT^{D2+} neurons to

the reward delivery also depended upon the outcome and state of the mice (Fig. 4G-L). We again

found significant state-dependent changes in the signal of PVT^{D2+} neurons within each session

that provided a caloric reward (Fig. 4G,H,J,N). These state-dependent responses were not

observed in the sessions that did not provide a caloric reward: H-NCal (Fig. 4I,N), the H- H_2O

(Fig. 4E,N), and H-OM sessions (Fig. 4F,N).

For the second analysis, we used a concurrent FLMM, which allows for between session

comparisons while accounting for differing trial lengths. We did this by inclusion of a binary a

functional covariate (i.e., a covariate whose values could change across trial timepoints) that

indicated timepoints when the animal was approaching a reward (as opposed to timepoints after

reward delivery). This concurrent FLMM model also enabled us to investigate how context (state

and outcome) and behavioral phase (approach vs. outcome delivery) dynamically influence the

photometric responses of PVT^{D2+} neurons. Our new concurrent FLMM analysis confirmed our

findings and uncovered additional differences missed by our averaging approach (Supp. Fig. 2).

Here, we found that for substantial portions of the time animals were in the reward delivery zone,

the mean photometry signal in the H-SMS conditions was significantly higher than in the S-SMS

(Supp. Fig. 2A $\beta_1(s)$), H-H_2O (Supp. Fig. 2D $\beta_1(s)$) and the H-OM conditions (Supp. Fig. 2E $\beta_1(s)$).

In contrast, when comparing the H-SMS and the H-NCal conditions, we found the mean

photometry signal was significantly higher in the H-NCal than the H-SMS during the late stages

of the reward delivery (Supp. Fig. 2B $\beta_1(s)$). This confirms that PVT^{D2+}neurons respond similarly

to caloric and non-caloric rewards, yet non-caloric rewards do not induce state-dependent

decreases in the later stages of the feeding bouts. Additionally, no differences in the mean signal

magnitude were found when comparing the H-SMS and H-Suc conditions during reward delivery

(Supp. Fig. 2C $\beta_1(s)$), again suggesting that these neurons do not encode the relative value of the

outcome. Using the concurrent FLMM model, we also found that in all conditions, the mean signal

was lower during approach than reward delivery (Supp. Fig. 2A-E $\beta_2(s)$).)). Lastly, this FLMM

model enabled us to evaluate the interaction effects between behavioral states (e.g., approaching

vs. receiving), internal states (e.g., hungry vs. sated), and outcome types (e.g., SMS vs. NCal),

and how these factors collectively influence the neural response of PVT^{D2+} neurons (Supp. Fig.

2A-F $\beta_3(s)$). Specifically, we observed that the interaction for the H-SMS vs. S-SMS comparison

is negative, indicating that the mean differences in photometric responses between these two

outcome types are larger during the outcome delivery than during outcome approach. The results

were similar for the interaction in the H-SMS vs. H-H$_2$O comparisons (Supp. Fig. 2D $\beta_3(s)$). For

the H-SMS vs. NCal comparison, we found that the interaction is first negative and then is positive,

showing that the differences in mean neural activity between approach and reward delivery

timepoints is lower in H-NCal (than H-SMS) during early portions of the trial. Then, during later

portions of the trial, the difference in mean signals between approach and reward timepoints is

higher in the H-SMS condition (Supp. Fig. 2B $\beta_3(s)$). Again, we found no differences between H-

SMS and H-Suc (Supp. Fig. 2C $\beta_3(s)$). Finally, for the H-SMS vs. H-OM comparison, we found

that the interaction is first positive and then is negative, showing that the differences in neural

activity between approach and reward timepoints are higher in H-OM than in H-SMS during early

portions of the trial. Then during later portions of the trial, the difference in mean signals between

approach and reward timepoints is higher in the H-OM condition (Supp. Fig. 2E $\beta_3(s)$). This

suggests that for extensively trained mice accustomed to expecting a reward, receiving no

outcome might lead to initial ambiguity regarding reward expectation, particularly early in the trials.

This contrasts with receiving a bad outcome (as in H- H$_2$O conditions). Collectively, the findings

from the concurrent FLMM models suggest that most of the changes in photometric signal from

PVT^{D2+} neurons are due to differences in the signal from the behavioral phase, outcome expected,

and state of the animal.

PVT^{D2+} neuronal activity during return is modulated by state, outcome, and outcome

expectation.

Next, we sought to test the *in vivo* dynamics of these PVT^{D2+} neurons during the return

from the reward zone to the trigger zone. We reasoned that by examining the *in vivo* dynamics

during this time, where mice are engaging in the same motivated behavior (running) but not

expecting a reward, it would allow us to further dissociate the PVT^{D2+} neuronal responses between

expectation of the outcome and the outcome delivery. Interestingly, we found returning from the

reward zone to the trigger zone resulted in a robust decrease in the photometric responses of

PVT^{D2+} neurons in all outcome sessions (Fig. 5). Moreover, the responses were also robustly

modulated depending on the state of the mice (Fig. 5A,B,D,G), the outcome delivered (Fig. 5A-

G), and the outcome expectation. Surprisingly, our analysis of trial group by comparing early 'G1'

vs. late trials 'G5' revealed very robust state-dependent differences in those sessions where

caloric outcomes were provided (Fig. 5A,B,D), such that stronger decreases in the signal of

PVT^{D2+} neurons were observed in early trials as compared to late trials. These effects again were

absent in those sessions where non-caloric outcomes were provided (H-NCal, H- H_2O, and H-

OM sessions; Fig. 5C,E,F). These differences in photometric responses during return between

outcome groups (Fig. 5G) and across trial groups were unlikely due to differences in baseline

activity prior to return. Indeed, we analyzed the time spent in the reward zone post-reward delivery

(Supp. Fig. 3), which showed no significant differences in reward zone durations across all

outcome groups (Supp. Fig. 3G). Moreover, mice spent an average of approximately 20 seconds

in the reward zone prior to return (Supp. Fig. 3G), and by then, the signal increases resulting from

reward delivery (10-second analysis) had returned to baseline in most outcome groups (Fig. 3G-

L). Lastly, our analysis comparing time spent in the reward zone post-reward delivery also showed

no significant differences in any of the outcome groups (Supp. Fig.3A-F). Altogether, these

findings strongly suggest that PVT^{D2+} neuronal activity during return is modulated by state,

outcome, and outcome expectation.

Motivational states are associated with PVT^{D2+} neuronal responses across different

conditions.

489   Our findings showed that PVT^{D2+} neurons mediate interoceptive predictions by integrating

information about the animal's state and the expected outcome. Previously, we demonstrated that

PVT^{D2+} neuron activity was closely linked to the latency to approach the reward zone in a linear

foraging task[39]. Based on these findings, we hypothesized that PVT^{D2+} neuronal activity is

associated with latency to approach because latency reflects the motivational strength of the

interoceptive prediction. Specifically, lower latencies (fast trials) would be associated with higher

predictions and thus higher PVT^{D2+} neuronal responses, while higher latencies (slow trials) would

be associated with weaker predictions and thus attenuated PVT^{D2+} neuronal responses. Thus, we

reasoned that the link between approach latency and PVT^{D2+} neuronal responses would be

modulated by the animal's state, the outcome, and the outcome expectation. To test this, we

sorted all trials across different conditions by latency to approach, labeling the fast trials as

'Latency Group - L1' and the slow trials as 'L5'[39] (Supp Fig. 4). We then calculated the slope of

the line for each latency group under the different conditions. The approach slope has been shown

to reflect latency changes in PVT^{D2+} neuronal responses, whereas the area under the curve (AUC)

does not[39]. Consistent with previous findings, we found significant correlations between latency

to approach and the approach slope across most conditions: H-SMS (Supp. Fig. 4A), S-SMS

(Supp. Fig. 4B), H-NCal (Supp. Fig. 4C), H-Suc (Supp. Fig. 4D), and H-OM (Supp. Fig. 4F). As

such, fast trials (L1) correlated with higher approach slopes, while slow trials correlated with lower

approach slopes. Interestingly, we found this latency mediated modulation was lost in the H- H_2O

(Supp. Fig. 4E) and the S-OM conditions (Supp Fig. 4G). These results suggest that associations

between PVT^{D2+} neuronal activity and latency to approach reflects the motivational strength of the

interoceptive prediction.

PVT^{D2+} neurons detect changes in reward magnitude.

Interoception models have posited that brain areas encoding interoceptive predictions

have the capability to detect changes in reward magnitude[4-6,9,42]. Since interoceptive predictions

help anticipate and regulate bodily conditions, they inherently detect changes in reward

magnitude which allows the brain to efficiently allocate effort and attention to optimizing resource

acquisition[4,42]. As such, we next tested whether PVT^{D2+} neurons could detect changes in reward

magnitude. To investigate this, we first trained hungry mice to perform the linear foraging task to

obtain a non-caloric reward (Fig. 6A). We used a non-caloric reward to avoid state-dependent

changes that could confound our results. Once we confirmed this during a pre-test (Fig. 6B, E),

the mice underwent a 'reward magnitude test session' consisting of three within-session trial

blocks, each offering different reward sizes (small: 1µl, medium: 3µl, and large: 6µl; Fig. 6A). We

found that PVT^{D2+} photometric responses were modulated by the different reward magnitudes,

such that bigger rewards resulted in higher response signaling of these neurons, while smaller

reward magnitudes resulted in lower response magnitudes (Fig. 6C). No significant changes in

approach latency were found between reward magnitude trial blocks (Fig. 6D). Interestingly,

different reward magnitudes did not change the photometric responses during return (Fig. 6F,G).

Altogether, these findings strongly suggests that PVT^{D2+} neurons can detect changes in reward

magnitude.

PVT^{D2+} neuronal responses emerge from learned cue-outcome associations.

Brain areas involved in interoceptive predictions also have the distinct ability to predict

internal states based on the current state, expected outcomes, and learned environmental cues[4-

6,9]. Thus, we next tested whether PVT^{D2+} neuronal responses also depend on the environmental

cues associated with the outcome and state. Indeed, we showed that when mice returned from

the reward zone to the trigger zone in the foraging task, the photometric responses of PVT^{D2+}

neurons displayed robust decreases that were state and outcome dependent (Fig. 5). Thus, we

hypothesized that the differences in PVT^{D2+} neuronal responses between the reward approach

and the return to the trigger zone could be due to the learned association between a side of the

maze and the outcome associated with it (reward zone = reward vs. trigger zone = no reward). If

the increases in PVT^{D2+} neuronal activity during the approach, and decreases during the return,

are due to the learned cue-outcome associations, then these would appear gradually as mice

learn to associate each side of the maze with their respective outcome. To test this, we assessed

the photometric responses of PVT^{D2+} neurons as mice learned to perform our linear foraging task.

Here, we first exposed mice to the SMS and ensured mice were consuming it reliably. We found

a small modulation of PVT^{D2+} neuronal responses during the reward approach (Fig. 7A) and

during the return to the trigger zone (Fig. 7D) throughout the first training session (S1). However,

as mice received more training sessions and learned to associate the reward zone with the

delivery of the SMS and the return with the lack of reward, the PVT^{D2+} neuronal responses during

approach (Fig. 7A) and during return emerged (Fig. 7D) in a training- and session-dependent

manner. To identify precisely when responses emerged, we compared the dynamics between the

early trial group (G1) versus the late trial group (G5) in training session 1. Surprisingly, no

differences were found between them (Fig. 7G,I). We then analyzed training session 2 (Fig. 7H,J)

and compared the dynamics between the early (G1) versus late trial group (G5). Again, we found

small increases in the overall activity of the PVT^{D2+} neurons that were present even in the early

trial group (G1). These increases were slightly bigger in late trials of both sessions (Fig. 7G, H),

however these were not statistically significant. Notably, the lack of within-session ('G1' vs. 'G5')

statistical differences for S1 and S2 sessions is likely due to responses being occluded by the

satiety effects present, particularly in later trials. Nonetheless, these findings show that these

neuronal responses emerge slowly despite successful task acquisition, as evidenced by the

increases in trials performed during later sessions (Fig. 7C). For the return responses, we found

similar dynamics in the emergence of the responses (Fig. 7I,J). However, by session 2, we found

significant difference between early and late trials (Fig. 7J), presumably due to the certainty of not

receiving a reward after return. Altogether, these findings show that PVT^{D2+} neuronal responses

develop as mice learn cue-outcome associations. These findings are also in accordance with the

new proposed role of PVT^{D2+} neurons in the signaling of interoceptive predictions. Indeed, it has

been suggested that predictive interoceptive responses develop more slowly than exteroceptive

predictions[4] because interoceptive signals tend to be subtler and more diffused than exteroceptive

signals[4].

Chronic PVT^{D2+} neuronal inhibition impairs performance in the foraging tasks.

Since PVT^{D2+} neurons encode interoceptive predictions and their responses emerge slowly, across several sessions, we then aimed to investigate whether chronic chemogenetic inhibition of PVT^{D2+} neurons would impair performance in our foraging task. To do this, D2-Cre mice were injected with either an AAV-hSyn-DIO-hM4D(Gi)-mCherry virus or a control virus (AAV-CAG-Flex-TdTomato) in the PVT. Once the virus was expressed, hM4Di- PVT^{D2+}mice and control-PVT^{D2+} mice were injected with CNO and trained in the linear foraging task (Fig. 8A,B). Given that PVT^{D2+} neuronal responses were slow to emerge, we repeated our chemogenetic inhibition for three test sessions, followed by three sessions in which the mice were injected with saline prior to testing (Fig. 8B). We found that chemogenetic inhibition of PVT^{D2+} did not result in acute changes in performance for both correct (Fig. 8C) and premature trials (Fig. 8E). We found significant differences in the latencies to perform correct (Fig. 8D) and premature trials (Fig. 8F); but, these were not consistent across the three CNO test sessions. However, we found that when mice were tested for post-inhibition effects, control mice performed a significantly higher number of correct trials compared to hM4Di-PVT^{D2+} mice (Fig. 8C). No changes in the performance of premature trials were observed between controls and hM4Di-PVT^{D2+} mice during post-inhibition testing (Fig. 8E). These data indicate that PVT^{D2+} neurons are not required for task acquisition, but inhibition of these neurons impair the long-term performance of interoceptive-guided motivated behavior.

DISCUSSION

In this study, we characterized a specific role for PVT^{D2+} neurons in using interoceptive cues to guide goal-directed behavior. We showed that PVT^{D2+} neurons compute an interoceptive prediction by integrating factors, such as current physiological needs, previous experiences, and environmental cues to guide motivated behavior. Using a linear foraging task that assesses motivated behavior in combination with *in-vivo* fiber photometry of PVT^{D2+} neurons, we found a

significant increase in the response of these neurons during reward approach and reward delivery.

Furthermore, these increases are directly related to the current state of the animal, but also

depend on the outcome expectation. We only observed increases in PVT^{D2+} neuron activity during

motivated behavior of hungry animals expecting a food reward, but not during motivated behavior

of hungry animals expecting a water outcome, or during the return to the trigger zone. In addition,

when mice were thirsty and a water outcome was provided, these neurons again showed these

increases during reward approach.

Sensing of current physiological states by PVT neurons

Previous anatomical and functional studies have already established the PVT as a critical

hub for sensing and responding to changes in homeostasis[15-17]. These studies highlighted the

role of PVT neurons as key detectors of homeostatic imbalances, including changes in energy

levels[18,29,43-48], hydration[13,14,49], stress[26-28,50], pain[23-25], thermoregulation[21,22], itch[51,52], social

behavior[53-55], and arousal states[56-58]. Anatomically, PVT neurons are richly connected to brain

regions that monitor these homeostatic signals, such as the hypothalamus, which relays

information about hunger, thirst, and stress through hormonal and neuropeptide signals, including

orexin[18,59,60], neuropeptide Y[19], and others[61]. The PVT also shares rich connections with brainstem

areas, such as rostral ventrolateral medulla[29] and the nucleus of the solitary tract[46], which receive

information about the state of the body through somatic afferents and chemosensory receptors[11].

Furthermore, PVT neurons express some of these chemosensory receptors, which

enables them to directly sense and respond to homeostatic challenges. For example, PVT

neurons express the Glut2 glucose transporter and are capable of directly detecting glucose

levels[62]. Electrophysiological recordings show that glucose directly modulates the firing activity of

PVT neurons, with some neurons exhibiting increased excitability in response to low glucose

levels[62]. PVT neurons also sense changes in extracellular glucose concentrations via expression

of enzymes like glucokinase[47]. Moreover, changes in hydration status, such as dehydration,

activate PVT neurons, which in turn promote thirst-related behaviors[13,14]. Beyond basic survival

needs, the PVT contributes to maintaining arousal and circadian rhythms, responding to dynamic

changes in sleep-wake states and coordinating transitions between them[37,56,63]. Similarly, the PVT

regulates stress responses via inputs from the hypothalamus and brainstem and projections to

the amygdala and prefrontal cortex, influencing both emotional and physiological

adaptations[26,27,33-35,64]. Experimental manipulation of PVT activity using optogenetics and

chemogenetics further underscores its role in homeostasis. For instance, activating or inhibiting

specific PVT subpopulations can alter feeding[18,31], drinking[13,14], stress reactivity[26,33,35], and arousal

levels[37,57]. Collectively, our findings are consistent with previous research showing that the

magnitude of the activity of PVT neurons encodes the salience of current internal states, such as

the degree of hunger or the level of stress. We also expand on this knowledge by showing that

PVT^{D2+} neurons are likely involved in these state-dependent processes.

Notably, in our study, we also found that a non-caloric reward showed increased PVT^{D2+}

neuronal responses during reward approach and reward delivery for both hunger and sated

states. This was somewhat surprising given that a non-caloric reward presumably does not relay

information about nutritional value or physiological significance. However, when these non-caloric

rewards were provided, we no longer observed within-session state-dependent modulation. Other

studies also find differences in neurocircuit involvement following non-caloric sweetener

consumption. The intake of the non-caloric sweetener, sucralose, fails to deactivate hypothalamic

areas compared to the ingestion of glucose and fructose[65]. Additionally, sucralose consumption

reduces activity of midbrain areas related to reward, including the lateral hypothalamus (LHA),

ventral tegmental area (VTA), and nucleus accumbens (NAc) as compared to caloric options[66].

However, despite their wide use, relatively little is known about the effects of non-caloric

sweeteners in the brain. Indeed, one of the suggested potential risks of non-caloric food intake is

the decoupling of sweet taste from the satiety effects needed for maintaining the finely tuned

regulation of energy homeostasis[67]. Future research should investigate the underlying

mechanisms of how sweet tastants activate PVT[D2+] neurons and the observed decoupling of

reward and satiety we observed.

Modulation of PVT[D2+] neurons by environmental cues and context

Previous studies established that PVT neurons are particularly sensitive to external

signals that predict outcomes critical for survival, such as food, safety, or danger[18,19,27,32,33,35,46,58].

When an environmental cue is associated with a physiologically relevant outcome, PVT neurons

become activated by the predictive cues[18,33]. This activation is proposed to facilitate the integration

of relevant sensory information enabling the prediction of future internal physiological states to

drive adaptive responses accordingly. For instance, in a hunger state, the PVT exhibits

heightened activity in response to food-related cues[18]. This heightened response to

physiologically relevant cues has been documented in other states like thirst[13,14], fear[26,33,35],

safety[27], and social[54] behaviors. These responses engage with downstream brain regions like the

NAc[18,26,29,39], amygdala[24,33,35] and prefrontal cortex[27,30,33,34] to prioritize behaviors that will

reestablish homeostasis[13,15,29,68]. We confirmed and expanded this previous knowledge by

showing that cues and context modulated the responses of PVT[D2+] neurons, as shown by the

differential responses to the reward zone approach vs. trigger zone return (Fig. 1 and Fig. 6) and

of correct vs. premature trials (Fig. 4N). These context and cue-driven activations reflect the ability

of PVT[D2+] neurons to dynamically adjust their activity based on the motivational significance of the

stimulus, ensuring that resources are directed toward the most urgent physiological needs.

Additionally, a major finding of this study is the slow emergence of these cue-induced responses,

which are in contrast to the fast emergence of cue-induced responses in other brain regions[33,34,69].

Indeed, the slow emergence of cue related responses in PVT neurons have been previously

documented in the literature[33,34] and are in accordance with our new proposed role of PVT[D2+]

neurons in driving interoceptive predictions. This is consistent with modern interoceptive models,

which posit that predictive interoceptive responses to environmental cues tend to emerge at a

much slower pace than exteroceptive predictions[4,5,9]. This slow emergence has been attributed

to interoception signals being more subtle and diffused than exteroceptive ones[4,5]. Importantly,

dysregulation of cue-driven activation has been implicated in conditions like substance use

disorder, where maladaptive cue-responses lead to compulsive behaviors. This highlights the

critical balance the PVT^{D2+} neurons might maintain in the processing and prioritizing of

environmental stimuli.

Modulation of PVT^{D2+} neurons by learned experiences and their role in interoceptive

predictions

Models of interoception also posit that beyond sensing of current internal signals from the

body, the brain also makes predictions of future internal states[3-6,9]. Indeed, these same models

postulate that predictive coding of internal states are not represented in a single brain area but in

the connectivity of various hierarchical populations of neurons. This hierarchy enables

representation at various levels of abstraction, with higher levels integrating information across

multiple sensory domains to create more abstract predictions, while lower levels integrate more

exact sensory inputs[9]. Previous studies in humans and rodents show that one key higher-level

area involved in these predictions is the insula cortex[1,49,70]. Importantly, the PVT shares strong

anatomical connections with the insula cortex neurons that participate in the predictive coding of

future internal states[49,71]. Here, we also expand on this knowledge to show that PVT^{D2+} neurons

are part of the hierarchy of populations making predictions of internal states. We now show that

beyond their role in detecting current internal states, PVT^{D2+} neurons also dynamically adjust their

activity to reflect both the internal state of the organism and the expected value of the outcome.

This was most obviously demonstrated by the increased PVT^{D2+} neuronal activity observed when

mice were approaching the reward zone. Conversely, the same motivated behavior, 'running'

towards the trigger zone, resulted in profound decreases in the responses of these neurons.

Importantly, and consistent with their ability to make interoceptive predictions, the responses

during return were also modulated by the state of the animal and the expectation of the outcome.

Even though mice were not directly rewarded for returning to the trigger zone, we still observed

state-dependent effects in sessions where caloric outcomes were provided, but not in those

sessions where non-caloric outcomes were provided. In addition, analyzing premature

approaches allowed us to assess the responses of PVT^{D2+} neurons while animals ran with the

same vigor and in the same context (toward the reward zone) but without a cue light signaling the

reward. During these premature approaches, we no longer observed increases in the activity of

PVT^{D2+} neurons during approach. Moreover, these differences between correct and premature

responses were not observed when the outcome was no longer relevant (Hungry- H_2O sessions

and Hungry- OM sessions). These findings strongly suggest that when the outcome is not

relevant, PVT^{D2+} neurons adjust their activity to update future interoceptive predictions.

Interoception deficits as a major underlying mechanism for prominent psychiatric

conditions

Interoception is one of the core drivers of motivation and emotion[2-4,6,8]. However, when

interoceptive systems become dysregulated, it can lead to motivational and emotional deficits

seen in many prominent psychiatric conditions, including chronic stress, major depressive

disorder (MDD), autism spectrum disorders (ASDs), and others[2,3,6,8]. Both human and rodent

studies show that the paraventricular thalamus (PVT) contributes to these disorders in different

ways. For example, chronic stress manifests physiologically with increases in cortisol levels

and/or impaired hypothalamus-pituitary-adrenal (HPA) axis activation[72,73]. PVT activity is altered

after chronic stress[26,74] , and lesions or inactivation of the PVT impair animals' ability to adapt to

novel stressors[28]. MDD, characterized by low mood and low motivation, is highly linked to

autonomic dysfunction and inflammation[75]. Studies in animals show that inflammation results in

PVT dysfunction and motivational impairments[76-79], indicating that dysregulation of PVT neuorns

could be a key driver of low motivation in MDD. Additionally, anxiety disorders, eating disorders,

substance use disorders, and pain disorders are other well-known conditions resulting from

dysregulation of interoceptive processes[2,3,6,8]. The PVT has been implicated in these conditions

in both humans and rodents[80].

Limitations

The present study used fiber photometry to investigate the activity of PVT^{D2+} neurons and

their role in interoceptive signaling and predictions. It is possible that the observed PVT neuronal

activity includes averaged responses from other PVT subpopulations beyond PVT^{D2+} neurons.

However, other neuronal types, such as PVT neurons that do not express the D2 receptor, have

not shown state-dependent changes[39]. Additionally, a recent study examining the activity of

anterior PVT neurons (where most D2- neurons are expressed) found that these neurons were

not modulated by state or satiety[81]. Future studies, however, should use single-cell calcium

imaging of PVT neurons to fully characterize the activity of PVT^{D2+} and PVT^{D2-} neurons during

interoceptive prediction. This approach will help understand the impact of factors such as

physiological states, environmental cues, and previous experiences on these neurons and the

encoding of interoceptive predictions.

In conclusion, pinpointing the functional role of PVT neurons and their contribution to

motivated behavior has been challenging. This difficulty arises from the recently discovered

heterogeneity in PVT neurons[37-39,82] and their opposing functional responses[39]. Additionally, the

PVT has been implicated in various conditions and roles, adding to the complexity. The findings

presented here illuminate the role of PVT^{D2+} neurons in mediating interoceptive predictions,

proposing a more unified role that contextualizes previous findings. Collectively, and as

highlighted here, interoception signaling and predictions are central to creating internal states that

guide adaptive behavior. Dysregulation of interoceptive processes result in a range of psychiatric

and neurological conditions. Thus, a deeper understanding of the neural basis of interoception

may offer new insights into potential therapeutics for these debilitating conditions. By elucidating

key areas and neuronal populations involved and how they respond to different factors, this research may help identify new therapeutic targets aimed at restoring healthy interoceptive signaling in individuals.

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AUTHOR CONTRIBUTIONS

B.M., C.L., and S.N.M. performed the behavioral experiments and surgeries. L.A., and J.T. assisted with behavioral experiments and histology. B.M. and S.B. performed all the data analysis. A. X., G.L., and F.P. assisted with the FLMM concurrent model analyses. S.B. designed the study and interpreted the results. S.B. wrote the manuscript. B.M., S.N.M., and G.L., provided extensive edits and comments to the manuscript.

COMPETING INTERESTS

The authors declare no competing interests. This content is solely the responsibility of the authors and does not necessarily represent the views of the NIH.

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Figure 1

FIGURE LEGENDS

Figure 1. PVT^{D2+} neuronal activity state-dependent modulation is contingent on calorie

intake.

(A) Average GCaMP6s responses from PVT^{D2+} neurons and AUC quantification showing

comparisons between ramping activity during reward approach in test session where hungry

mice were given a SMS reward (H-SMS) and sessions where sated mice were given a SMS

reward (S-SMS). S-SMS: n = 368 trials from 5 mice, comparisons between H-SMS approach

and S-SMS approach; Two-tailed unpaired t-test *p<0.05.* **(B)** Latencies to reach the reward

zone across 'trial group blocks' (G1 – G5) for H-SMS and S-SMS sessions. Two-way ANOVA,

Effect of trial group block****p<0.0001*; Effect of test session (satiety) ****p<0.0001;* Interaction

p=0.46; ns, not significant. **(C)** Average GCaMP6s responses from PVT^{D2+} neurons comparing

reward approach between early 'G1' and late 'G5' trials within the sated-SMS test sessions. **(D)**

Heatmap showing reward approach responses from PVT^{D2+} neurons during sated-SMS test

sessions, time-locked to approach onset, sorted by trial order, and binned into 5 'trial group

blocks' (G1 – G5). **(E)** AUC quantification of the reward approach-evoked changes in GCaMP6s

activity across trial group blocks within the sated-SMS test sessions. Repeated measures

ANOVA, **p<0.001*. G1 vs. G2 Dunnett's multiple comparisons test *p<0.05*. G1 vs. G5

Dunnett's multiple comparisons test *p<0.05*. **(F)** Correlation between the AUC of the reward

approach-evoked changes in GCaMP6s activity and trial order within the sated-SMS test

session. **(G)** FLMM coefficient estimates plots of the approach trial order effect and statistical

significance at each trial time-point results for the photometric responses of PVT^{D2+} neurons for

reward zone entry. The plot shows a negative association between PVT^{D2+} GCaMP6s

responses and trial order before and after reward zone entry for the S-SMS test session. **(H)** No

correlation between the AUC of the reward approach-evoked changes in GCaMP6s activity and

approach latency within the S-SMS test session. **(I)** Average GCaMP6s responses from PVT^{D2+}

neurons and AUC quantification showing comparisons between ramping activity during reward

approach in test session where hungry mice were given a SMS reward (H-SMS) and sessions

where hungry mice were given a sweet non-caloric reward (H-NCal). H-NCal: n = 928 trials from

5 mice, comparisons between H-SMS approach and H-NCal approach; Two-tailed unpaired t-

test *p=0.40*; ns, not significant. **(J)** Latencies to reach the reward zone across 'trial group blocks'

(G1 – G5) for H-SMS and H-NCal sessions. Two-way ANOVA, Effect of trial group

block********p<0.0001*; Effect of test session (Caloric vs. Non-Caloric) *p=0.44;* Interaction *p=0.99;*

ns, not significant. **(K)** Average GCaMP6s responses from PVT^{D2+} neurons comparing reward

approach between early 'G1' and late 'G5' trials within the H-NCal test sessions. **(L)** Heatmap

showing reward approach responses from PVT^{D2+} neurons during H-NCal test sessions, time-

locked to approach onset, sorted by trial order, and binned into 5 'trial group blocks' (G1 – G5).

(M) AUC quantification of the reward approach-evoked changes in GCaMP6s activity across

trial group blocks within the H-NCal test sessions. Repeated measures ANOVA, *p=0.078*. G1 vs.

G5 Dunnett's multiple comparisons test *p=0.43;* ns, not significant. **(N)** No correlation between

the AUC of the reward approach-evoked changes in GCaMP6s activity and trial order within the

H-NCal test sessions. **(O)** FLMM coefficient estimates plots of the approach trial order effect and

statistical significance at each trial time-point results for the photometric responses of PVT^{D2+}

neurons for reward zone entry. The plot shows no significant association between PVT^{D2+}

GCaMP6s responses and trial order for the H-NCal test sessions. **(P)** No correlation between

the AUC of the reward approach-evoked changes in GCaMP6s activity and approach latency

within the H-NCal test sessions. **(Q)** Quantification of trials completed within a session

comparing trials during the H-SMS, the S-SMS and the H-NCal test sessions. H-SMS vs. S-

SMS: Two-tailed unpaired t-test *p=0.12*; ns, not significant. H-SMS vs. H-NCal: Two-tailed

unpaired t-test **p<0.05*. **(R)** Average GCaMP6s responses from PVT^{D2+} neurons and AUC

quantification showing comparisons between ramping activity during reward approach in test

session where hungry mice were given a SMS reward (H-SMS), sessions where hungry mice

were given a sweet non-caloric reward (H-NCal), and sessions where sated mice were given

the non-caloric reward (S-NCal). H-SMS: n = 540 trials, H-NCal: n= 414 trials and S-NCal: 515

trials from 4 mice. Repeated measures ANOVA, *p=0.86;* ns, not significant. **(S)** Quantification of

trials completed within a session comparing trials during the H-SMS, the H-NCal and the S-NCal

test sessions. Repeated measures ANOVA, *p=0.64;* ns, not significant. **(T)** Latencies to reach

the reward zone across 'trial group blocks' (G1 – G5) for H-SMS, H-NCal, S-NCal sessions.

Two-way ANOVA, Effect of trial group block*****p<0.0001*; Effect of test session **p<0.05;*

Interaction *p=0.82* ns, not significant. **(U)** AUC quantification of the reward approach-evoked

changes in GCaMP6s activity across trial group blocks within the S-NCal test sessions.

Repeated measures ANOVA, *p=0.83;* ns, not significant.

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Figure 2

Figure 2. PVT^{D2+} neuronal activity is modulated by the interoceptive value of the outcome.

(A) Average GCaMP6s responses from PVT^{D2+} neurons and AUC quantification showing

comparisons between ramping activity during reward approach in test session where hungry

mice were given a SMS reward (H-SMS), sessions where hungry mice were given a 10%

sucrose solution (H-Suc), and sessions where hungry mice were given water (H-H_2O). H-SMS:

n = 460 trials, H-Suc: n= 885 trials and H-H_2O: 549 trials from 4 mice. Repeated measures

ANOVA, **$p<0.01$. H-SMS vs. H-Suc Dunnett's multiple comparisons test $p=0.12$; ns, not

significant. H-SMS vs. H-H_2O Dunnett's multiple comparisons test ***$p<0.001$. **(B)** Latencies to

reach the reward zone across 'trial group blocks' (G1 – G5) for H-SMS, H-Suc, H-H_2O sessions.

Two-way ANOVA, Effect of trial group block *$p<0.05$; Effect of test session ****$p<0.0001$;

Interaction *$p<0.05$. **(C)** Average GCaMP6s responses from PVT^{D2+} neurons comparing reward

approach between early 'G1' and late 'G5' trials within the H-Suc test sessions. **(D)** Heatmap

showing reward approach responses from PVT^{D2+} neurons during H-Suc test sessions, time-

locked to approach onset, sorted by trial order, and binned into 5 'trial group blocks' (G1 – G5).

(E) AUC quantification of the reward approach-evoked changes in GCaMP6s activity across trial

group blocks within the H-Suc test sessions. Repeated measures ANOVA, **$p<0.001$. G1 vs.

G2 Dunnett's multiple comparisons test *$p<0.05$. G1 vs. G5 Dunnett's multiple comparisons test

*$p<0.05$. **(F)** Correlation between the AUC of the reward approach-evoked changes in

GCaMP6s activity and trial order within the H-Suc test sessions. **(G)** FLMM coefficient estimates

plots of the approach trial order effect and statistical significance at each trial time-point results

for the photometric responses of PVT^{D2+} neurons for reward zone entry. The plot shows a

negative association between PVT^{D2+} GCaMP6s responses and trial order before and after

reward zone entry for the H-Suc test sessions. **(H)** Average GCaMP6s responses from PVT^{D2+}

neurons comparing reward approach between early 'G1' and late 'G5' trials within the hungry-

H_2O test sessions. **(I)** Heatmap showing reward approach responses from PVT^{D2+} neurons

during hungry- H_2O test sessions, time-locked to approach onset, sorted by trial order, and

binned into 5 'trial group blocks' (G1 – G5). **(J)** AUC quantification of the reward approach-

evoked changes in GCaMP6s activity across trial group blocks within the H-H_2O test sessions.

Repeated measures ANOVA, *p=0.50* ns, not significant. **(K)** Correlation between the AUC of the

reward approach-evoked changes in GCaMP6s activity and trial order within the H-H_2O test

sessions. **(L)** FLMM coefficient estimates plots of the approach trial order effect and statistical

significance at each trial time-point results for the photometric responses of PVT[D2+] neurons for

reward zone entry. The plot shows a negative association between PVT[D2+] GCaMP6s

responses and trial order only after reward zone entry for the H-H_2O test sessions. **(M)**

Quantification of trials completed within a session comparing trials performed during the H-SMS,

the H-Suc, and the H-H_2O test sessions. Repeated measures ANOVA, ****$p<0.0001$*. H-SMS

vs. H-Suc Dunnett's multiple comparisons test ****$p<0.0001$*. H-SMS vs. H-H^2O Dunnett's

multiple comparisons test *p=0.95* ns, not significant. **(N)** Quantification of average consumption

(mls) in a 4-bottle test of SMS, 10% Suc, Non-Cal and H-H_2O ad libitum consumption. Repeated

measures ANOVA, ****$p<0.0001$*. **(O)** Average GCaMP6s responses from PVT[D2+] neurons and

AUC quantification showing comparisons between ramping activity during reward approach in

test session where hungry mice were given a SMS reward (H-SMS), sessions where thirsty

mice were given water (T-H_2O), and sessions where hungry mice were given water (H-H^2O). H-

SMS: n = 1111 trials, T-H_2O: n= 605 trials and H-H_2O: 458 trials from 4 mice. Repeated

measures ANOVA, **$p<0.01$*. H-SMS vs. T-H_2O Dunnett's multiple comparisons test *p=0.58;* ns,

not significant. H-SMS vs. H-H^2O Dunnett's multiple comparisons test **$p<0.01$*. **(P)** Average

GCaMP6s responses from PVT[D2+] neurons comparing reward approach between early 'G1' and

late 'G5' trials within the T-H^2O test sessions. **(Q)** AUC quantification of the reward approach-

evoked changes in GCaMP6s activity across trial group blocks within the T-H_2O test sessions.

Repeated measures ANOVA, *p=0.17*. G1 vs. G5 Dunnett's multiple comparisons test *p=0.40;*

ns, not significant. **(R)** Correlation between the AUC of the reward approach-evoked changes in

GCaMP6s activity and trial order within the T-H$_2$O test sessions.

(S) FLMM coefficient estimates plots of the approach trial order effect and statistical significance

at each trial time-point results for the photometric responses of PVT^{D2+} neurons for reward zone

entry. The plot shows a negative association between PVT^{D2+} GCaMP6s responses and trial

order before and after reward zone entry for the T-H$_2$O test sessions.

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Figure 3

Figure 3. PVT^{D2+} neuronal activity is state and outcome dependent.

(A) Average GCaMP6s responses from PVT^{D2+} neurons and AUC quantification showing

comparisons between ramping activity during reward approach after extensive training in the

task for H-SMS test sessions, for sessions where hungry mice were not given a reward (H-OM),

and sessions where sated mice were not given a reward (S-OM), H-SMS: n = 705 trials, H-OM:

n= 797 trials and S-OM: 253 trials from 5 mice. Repeated measures ANOVA, **$p<0.01$. H-SMS

vs. H-OM Tukey's multiple comparisons test **$p<0.01$. H-SMS vs. S-OM Tukey's multiple

comparisons test **$p<0.01$. H-OM vs. S-OM Tukey's multiple comparisons test $p=0.58$; ns, not

significant. **(B)** Latencies to reach the reward zone across 'trial group blocks' (G1 – G5) for H-

SMS, H-OM, S-OM sessions. Two-way ANOVA, Effect of trial group block $p=0.54$; ns, not

significant. Effect of test session ****$p<0.0001$; Interaction $p=0.44$ ns, not significant. **(C)**

Average GCaMP6s responses from PVT^{D2+} neurons comparing reward approach between early

'G1' and late 'G5' trials within the H-OM test sessions. **(D)** Heatmap showing reward approach

responses from PVT^{D2+} neurons during H-OM test sessions, time-locked to approach onset,

sorted by trial order, and binned into 5 'trial group blocks' (G1 – G5).

(E) AUC quantification of the reward approach-evoked changes in GCaMP6s activity across trial

group blocks within the H-OM test sessions. Repeated measures ANOVA $p=0.45$ ns, not

significant. **(F)** Correlation between the AUC of the reward approach-evoked changes in

GCaMP6s activity and trial order within the H-OM test sessions. **(G)** FLMM coefficient estimates

plots of the approach trial order effect and statistical significance at each trial time-point results

for the photometric responses of PVT^{D2+} neurons for reward zone entry. The plot shows a

positive association between PVT^{D2+} GCaMP6s responses and trial order before and after

reward zone entry for the H-OM test sessions. **(H)** Average GCaMP6s responses from PVT^{D2+}

neurons comparing reward approach between early 'G1' and late 'G5' trials within the S-OM test

sessions. **(I)** Heatmap showing reward approach responses from PVT^{D2+} neurons during S-OM

test sessions, time-locked to approach onset, sorted by trial order, and binned into 5 'trial group

blocks' (G1 – G5). **(J)** AUC quantification of the reward approach-evoked changes in GCaMP6s

activity across trial group blocks within the S-OM test sessions. Repeated measures ANOVA,

p=0.45 ns, not significant. **(K)** No correlation between the AUC of the reward approach-evoked

changes in GCaMP6s activity and trial order within the S-OM test sessions. **(L)** AUC

quantification of the reward approach across 'trial group blocks' (G1 – G5) for H-SMS, H-OM, S-

OM sessions. Two-way ANOVA, Effect of trial group block *p=0.26*; ns, not significant. Effect of

test session **$p<0.01$;* Interaction *p=0.27* ns, not significant. **(M)** Quantification of trials

completed within a session comparing trials performed during the H-SMS, the H-OM and the S-

OM test sessions. Repeated measures ANOVA, **$p<0.01$.* H-SMS vs. H-OM Tukey's multiple

comparisons test *$p<0.05$.* H-SMS vs. S-OM Tukey's multiple comparisons test *p=0.60* ns, not

significant. H-OM vs. S-OM Tukey's multiple comparisons test **$p<0.01$.* **(N)** Average GCaMP6s

responses from PVT^{D2+} neurons and AUC quantification showing comparisons between ramping

activity during reward approach in correct and premature trials in the H-SMS test sessions. Two-

tailed paired t-test **$p<0.01$.* **(O)** Latencies to reach the reward zone for correct and premature

trials performed in the H-SMS test sessions. Two-tailed paired t-test *p=0.60* ns, not significant.

(P) AUC quantification of the reward approach-evoked changes in GCaMP6s activity across trial

group blocks for the H-SMS premature trials. Repeated measures ANOVA, ***$p<0.001$.* G1 vs.

G5 Dunnett's multiple comparisons test **$p<0.01$.* **(O)** AUC quantification of the reward

approach across 'trial group blocks' (G1 – G5) for H-SMS-C (correct) and H-SMS-P (premature)

trials. Two-way ANOVA, Effect of trial group block ****$p<0.0001$.* Effect of trial type

****$p<0.0001$;* Interaction *p=0.61* ns, not significant.

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Figure 4

Figure 4. PVT^{D2+} neuronal activity during approach-only is modulated by outcome and

outcome expectation.

(A-F) Average GCaMP6s responses from PVT^{D2+} neurons during approach only and

normalized by linear interpolation showing comparisons between correct and premature trials in

the H-SMS test sessions **(A)**, for S-SMS test sessions **(B)**, for H-NCal test sessions **(C)**, for H-

Suc test sessions **(D),** for H-H$_2$O test sessions **(E),** and for H-OM test sessions **(F). (G-L)**

Average GCaMP6s responses from PVT^{D2+} neurons (top), comparisons between early 'G1' and

late 'G5' trials (middle) and AUC quantifications across trial groups (bottom) during reward

delivery and feeding bouts for the **(G)** H-SMS test sessions; Repeated measures ANOVA,

*****$p<0.0001$.* G1 vs. G5 Dunnett's multiple comparisons test **$p<0.01$**, **(H)** for S-SMS test

sessions; Repeated measures ANOVA, *$p=0.10$, ns.* G1 vs. G5 Dunnett's multiple comparisons

test [#]*$p=0.07$, ns*, **(I)** for H-NCal test sessions; Repeated measures ANOVA, *$p=0.17$, ns.* G1 vs.

G5 Dunnett's multiple comparisons test *$p=0.65$, ns*, **(J)** for H-Suc test sessions; Repeated

measures ANOVA, ****$p<0.001$.* G1 vs. G5 Dunnett's multiple comparisons test *$p<0.05$, **(K)** for

H-H$_2$O test sessions; Repeated measures ANOVA, *$p=0.48$, ns.* G1 vs. G5 Dunnett's multiple

comparisons test *$p=0.87$, ns,* **(L)** and for H-OM test sessions; Repeated measures ANOVA,

$p=0.32$, ns. G1 vs. G5 Dunnett's multiple comparisons test *$p=0.98$, ns,* not significant. **(M)** AUC

quantifications of the reward approach only evoked changes in GCaMP6s activity across the

different test sessions for correct 'C' and premature 'P' trials. Two-tailed paired t-tests. H-SMS-C

vs. H-SMS-P: ****$p<0.001$.* S-SMS-C vs. S-SMS-P: *$p<0.05$.* H-NCal-C vs. H-NCal-P: *$p=0.80$,* ns.

H-Suc-C vs. H-Suc-P: *$p=0.12$,* ns. H-H$_2$O-C vs. H-H$_2$O-P *$p=0.69$,* ns. H-OM-C vs. H-OM-P

$p=0.75$, ns. Two-tailed unpaired t-tests. H-SMS-C vs. H-OM-C *$p<0.05$.* H-SMS-P vs. H-OM-P

***$p<0.01$.* **(N)** AUC quantifications of the reward delivery and feeding bouts-evoked changes in

GCaMP6s activity across the different test sessions. Two-tailed paired t-tests. H-SMS baseline

(base) vs. H-SMS: ***$p<0.001$.* base vs. S-SMS: **$p<0.01$.* base vs. H-NCal: ****$p<0.0001$.* Base

vs. H-Suc: ***$p<0.001$.* base vs. H-H_2O: $p=0.50$,* ns.* base vs. H-OM: $p=0.60$,* ns, not significant.*

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Figure 5

Figure 5. PVT^{D2+} neuronal activity during return is modulated by outcome and outcome

expectation.

(A-F) Average GCaMP6s responses from PVT^{D2+} neurons (top), comparisons between early

'G1' and late 'G5' trials (middle) and AUC quantifications across trial groups (bottom) during

return to trigger zone for the **(A)** H-SMS test sessions; Repeated measures ANOVA,

****$p<0.0001$. G1 vs. G5 Dunnett's multiple comparisons test **$p<0.01$, **(B)** for S-SMS test

sessions; Repeated measures ANOVA, **$p<0.01$. G1 vs. G5 Dunnett's multiple comparisons

test *$p<0.05$, **(C)** for H-NCal test sessions; Repeated measures ANOVA, #$p=0.06$, ns. G1 vs. G5

Dunnett's multiple comparisons test #$p=0.06$, ns, **(D)** for H-Suc test sessions; Repeated

measures ANOVA, *$p<0.05$. G1 vs. G5 Dunnett's multiple comparisons test *$p<0.05$, **(E)** for H-

H$_2$O test sessions; Repeated measures ANOVA, #$p=0.05$, ns. G1 vs. G5 Dunnett's multiple

comparisons test #$p=0.08$, ns, **(F)** and for H-OM test sessions; Repeated measures ANOVA,

$p=0.41$, ns. G1 vs. G5 Dunnett's multiple comparisons test $p=0.63$, ns, not significant. **(G)** AUC

quantifications of the return-evoked changes in GCaMP6s activity across the different test

sessions. Two-tailed paired t-tests. H-SMS baseline (base) vs. H-SMS: ****$p<0.0001$. base vs.

S-SMS: *$p<0.05$. base vs. H-NCal: ****$p<0.0001$. Base vs. H-Suc: ***$p<0.001$. base vs. H-H$_2$O:

$p=0.08$, ns. base vs. H-OM: ****$p<0.0001$. Two-tailed unpaired t-tests. H-SMS vs H-H$_2$O:

*$p<0.05$. H-H$_2$O vs. H-OM: *$p<0.05$.

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Figure 6

Figure 6. PVT^{D2+} neurons detect changes in reward magnitude.

(A) *Left:* Schematic of the timeline for the test of reward magnitude changes. *Right:* Schematics

of the reward magnitude test session showing that each session was divided into 3 trials blocks

in which mice received non-cal reward of different magnitudes: small (1µl), medium (3µl), and

big (6µl). **(B)** *Left:* Average GCaMP6s responses from PVT^{D2+} neurons during the pre-test with

a non-caloric reward. *Right:* AUC quantification showing comparisons between ramping activity

during reward approach for early (G1) and late (G5) trials. Two-tailed paired t-test. G1 vs. G5,

p=0.48. **(C)** *Left:* Average GCaMP6s responses from PVT^{D2+} neurons to the different reward

amounts during approach. *Right:* AUC quantification showing comparisons between ramping

activity during reward approach for the small, medium, and big reward. Repeated measures

ANOVA, *$*p<0.05.$* Small vs. Medium: Tukey's multiple comparisons test *p=0.27.* Small vs. Big:

Tukey's multiple comparisons test *$*p<0.05$*. Medium vs. Big: Tukey's multiple comparisons test

p=0.16 ns, not significant. **(D)** Latencies to reach the reward zone for the small, medium and big

rewards. Repeated measures ANOVA, *#p=0.06.* Small vs. Medium: Tukey's multiple

comparisons test *#p=0.06*. Small vs. Big: Tukey's multiple comparisons test *p=0.18*. Medium vs.

Big: Tukey's multiple comparisons test *p=0.38 ns*, not significant. **(E)** *Left:* Average GCaMP6s

responses from PVT^{D2+} neurons during return of the pre-test session. *Right:* AUC quantification

showing comparisons between ramping activity during reward approach for early (G1) and late

(G5) trials. Two-tailed paired t-test. G1 vs. G5, *p=0.21.* **(F)** *Left:* Average GCaMP6s responses

from PVT^{D2+} neurons during return. *Right:* AUC quantification showing comparisons between

return activity for the small, medium, and big reward. Repeated measures ANOVA, *p=0.47.*

Small vs. Medium: Tukey's multiple comparisons test *p=0.59*. Small vs. Big: Tukey's multiple

comparisons test *p=0.96*. Medium vs. Big: Tukey's multiple comparisons test *p=0.48 ns*, not

significant. **(G)** Latencies for the return for the small, medium and big rewards. Repeated

measures ANOVA, *$*p<0.05.$* Small vs. Medium: Tukey's multiple comparisons test *$*p<0.05.$*

Small vs. Big: Tukey's multiple comparisons test *$p<0.05$. Medium vs. Big: Tukey's multiple

comparisons test $p=0.33$ *ns*, not significant.

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Figure 7

Figure 7. PVT^{D2+} neuronal responses during approach and return emerge from the

learning of cue–outcome associations.

(A) Average GCaMP6s responses from PVT^{D2+} neurons and AUC quantification showing

comparisons between ramping activity during reward approach for the first 'S1', second 'S2',

third 'S3' and fifth 'S5' training session in our linear foraging task. Repeated measures ANOVA,

****$p<0.001$.* S1 vs. S3 Tukey's multiple comparisons test *$p<0.05$.* S1 vs. S5 Tukey's multiple

comparisons test ****$p<0.001$.* S3 vs. S5 Tukey's multiple comparisons test *$p=0.60$* ns, not

significant. **(B)** Latencies to reach the reward zone for training sessions 'S1', 'S3' and 'S5'.

Repeated measures ANOVA, ***$p<0.01$.* S1 vs. S3 Tukey's multiple comparisons test $^{\#}p=0.06$.*

S1 vs. S5 Tukey's multiple comparisons test ***$p<0.01$.* S3 vs. S5 Tukey's multiple comparisons

test *$p=0.08$* ns, not significant. **(C)** Correct approach trials performed during training sessions

'S1', 'S3' and 'S5'. Repeated measures ANOVA, *$p<0.05$.* S1 vs. S3 Tukey's multiple

comparisons test *$p=0.25$, ns,* not significant. S1 vs. S5 Tukey's multiple comparisons test

$p<0.05$. S3 vs. S5 Tukey's multiple comparisons test *$p<0.05$.* **(D)** Average GCaMP6s

responses from PVT^{D2+} neurons and AUC quantification during return to trigger zone for the first

'S1', second 'S3', and fifth 'S5' training session in our linear foraging task. Repeated measures

ANOVA, *$p<0.05$.* S1 vs. S3 Tukey's multiple comparisons test *$p=0.54$* ns. S1 vs. S5 Tukey's

multiple comparisons test *$p<0.01$.* S3 vs. S5 Tukey's multiple comparisons test *$p=0.14$* ns, not

significant. **(E)** Latencies to return to the trigger zone for training sessions 'S1', 'S3' and 'S5'.

Repeated measures ANOVA, *$p<0.05$.* S1 vs. S3 Tukey's multiple comparisons test *$p=0.15$.* S1

vs. S5 Tukey's multiple comparisons test *$p<0.05$.* S3 vs. S5 Tukey's multiple comparisons test

$p<0.05$. **(F)** Total return trials performed during training sessions 'S1', 'S3' and 'S5'. Repeated

measures ANOVA, *$p<0.05$.* S1 vs. S3 Tukey's multiple comparisons test *$p=0.25$, ns,* not

significant. S1 vs. S5 Tukey's multiple comparisons test *$p<0.05$.* S3 vs. S5 Tukey's multiple

comparisons test *$p<0.05$.* **(G)** Average GCaMP6s responses and AUC quantification from

PVT^{D2+} neurons comparing reward approach between early 'G1' and late 'G5' trials for the first

training session. Two-tailed paired t-test. G1 vs. G5, *p=0.95.* **(H)** Average GCaMP6s responses

and AUC quantification from PVT^{D2+} neurons comparing reward approach between early 'G1'

and late 'G5' trials for the second training session. Two-tailed paired t-test. G1 vs. G5, *p=0.92.*

(I) Average GCaMP6s responses from PVT^{D2+} neurons comparing return to trigger zone

between early 'G1' and late 'G5' trials for the first training session. Two-tailed paired t-test. G1

vs. G5, *p=0.09.* **(J)** Average GCaMP6s responses from PVT^{D2+} neurons comparing return to

trigger zone between early 'G1' and late 'G5' trials for the second training session. Two-tailed

paired t-tests. G1 vs. G5, *p=0.41.*

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Figure 8

Figure 8. Chronic PVT^{D2+} neuronal inhibition impairs performance in the foraging tasks.

(A) Right: Schematic of the stereotaxic injections for targeting D2+ neurons in the PVT. Left:

Representative image from a Drd2-Cre mouse expressing hM4Di-mcherry in the PVT. **(B)**

Schematics of the timeline for the chemogenetic inhibition of PVT^{D2+} neurons. **(C)** Quantification

of correct trials completed for hM4Di and Controls groups. Two-way ANOVA, Effect of test

session ****$p<0.0001$. Effect of viral group ***$p<0.001$. Interaction $p=0.0001$. Šídák's multiple

comparisons test: (S5) control vs. hM4Di, *$p<0.05$; (S6) control vs. hM4Di, ***$p<0.001$. **(D)**

Quantification of latency to approach during correct trials for hM4Di and Controls groups. Two-

way ANOVA, Effect of test session ****$p<0.0001$. Effect of viral group ***$p<0.001$; Interaction

$p=0.50, ns$. Šídák's multiple comparisons test: (S3) control vs. hM4Di, *$p<0.05$. **(C)**

Quantification of premature trials completed for hM4Di and Controls groups. Two-way ANOVA,

Effect of test session ****$p<0.0001$. Effect of viral group $p=0.91, ns$. Interaction $p=0.86, ns$. **(D)**

Quantification of latency to approach during premature trials for hM4Di and Controls groups.

Two-way ANOVA, Effect of test session *$p<0.05$. Effect of viral group **$p<0.01$. Interaction

$p=0.24, ns$. Šídák's multiple comparisons test: (S2) control vs. hM4Di, **$p<0.01$.

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Supplementary Figure 1

Supplementary Figure 1. PVT^{D2+} neurons sense and track hunger states.

(A) Schematic of the stereotaxic injections and optical fiber implantation for targeting D2+

neurons in the PVT. **(B)** Representative image from a Drd2-Cre mouse expressing GCaMP6s in

the PVT. **(C)** Schematics depicting the foraging-like reward-seeking task. **(D)** Average

GCaMP6s responses from PVT^{D2+} neurons showing ramping activity during reward approach.

(E) Quantification of the approach-evoked changes in GCaMP6s fluorescence in PVT^{D2+}

neurons. Area under the curve (AUC), n = 705 trials from 5 mice. Comparisons between

baseline (base) and approach (H-SMS app); two-tailed paired t-test, ***p<0.001*. **(F)** Heatmap

showing excitatory reward approach responses from PVT^{D2+} neurons, time-locked to approach

onset, sorted by trial order, and binned into 5 'trial group blocks' (G1 – G5). **(G)** Latencies to

reach the reward zone across 'trial group blocks' (G1 – G5). Repeated measures ANOVA,

***p<0.01*; G1 vs. G5 Dunnett's multiple comparisons test *p=0.98*; ns, not significant. **(H)**

Average GCaMP6s responses from PVT^{D2+} neurons comparing reward approach between early

'G1' and late 'G5' trials within the test sessions. **(I)** AUC quantification of the reward approach-

evoked changes in GCaMP6s activity across trial group blocks. Repeated measures ANOVA,

***p<0.001*. G1 vs. G5 Dunnett's multiple comparisons test *p<0.05*.

(J) Correlation between the AUC of the reward approach-evoked changes in GCaMP6s activity

and trial order within a test session. **(K)** FLMM coefficient estimates plots of the approach trial

order effect and statistical significance at each trial time-point for the photometric responses of

PVT^{D2+} neurons for reward zone entry. The plot shows a negative association between PVT^{D2+}

GCaMP6s responses and trial order before and after reward zone entry. **(L)** No correlation

between the AUC of the reward approach-evoked changes in GCaMP6s activity and approach

latency within a test session.

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Supplementary Figure 2

Supplementary Figure 2. Concurrent FLMM model of between conditions comparisons.

(A-E) FLMM coefficient estimates plots and statistical significance at each trial time-point for the

mean changes in photometric responses of PVT^{D2+} neurons during approach and reward delivery

for the between outcomes comparisons (i.e., H-SMS vs. 'other outcome'). Each plot shows the

four beta coefficients that result from these comparisons. *Top left* - $\beta_0(s)$: shows the mean signal

when the mouse received the 'other outcome'. *Top right* - $\beta_1(s)$: shows the mean difference in

signal between H-SMS and the 'other outcome' during reward delivery. *Bottom left* - $\beta_2(s)$: shows

the mean difference between approach and outcome delivery for the 'other outcome'. *Bottom right*

- $\beta_3(s)$: shows the difference of differences, capturing the additional effect on signal when the

mouse is approaching the 'other outcome' that is not already captured by *$\beta_0(s)+\beta_1(s)+\beta_2(s)$.* As

such, $\beta_3(s)$ captures the interaction effect between behavioral state (approaching vs. reward

delivery) and outcome condition (H-SMS vs. 'other outcome').

(A) Beta coefficients for the comparisons of the H-SMS and S-SMS conditions. $\beta_0(s)$: shows that

during reward delivery in the S-SMS condition, the mean signal is not significantly modulated.

$\beta_1(s)$: shows that during reward delivery, the mean signal is significantly higher for H-SMS

compared to S-SMS conditions. $\beta_2(s)$: shows that the mean signal during approach is significantly

lower than the mean signal during reward delivery for the S-SMS condition. $\beta_3(s)$: shows a

significant negative interaction effect between behavioral states (approaching vs. receiving) and

conditions (H-SMS vs. S-SMS), showing that the mean changes in photometric responses are

larger during the outcome delivery than during approach. Specifically, there are larger mean

changes during H-SMS than in the S-SMS conditions.

(B) Beta coefficients for the comparisons of the H-SMS and H-NCal conditions. $\beta_0(s)$: shows that

during reward delivery in the H-NCal condition, the mean signal is significantly positively

modulated by the NCal rewards. $\beta_1(s)$: shows that during reward delivery, the mean signal is

significantly lower for H-SMS compared to H-NCal conditions. $\beta_2(s)$: shows that the mean signal

during approach is significantly lower than the signal during reward delivery for the H-NCal

condition. $\beta_3(s)$: shows a significant negative interaction early in the trial, followed by positive

interaction effects later in the trial and during reward delivery. This indicates that the differences

in neural activity during the early approach are significantly lower, but later in the trial and during

reward consumption, they are significantly higher in the NCal than in the H-SMS conditions.

(C) Beta coefficients for the comparisons of the H-SMS and H-Suc conditions. $\beta_0(s)$: shows that

during reward delivery in the H-Suc condition, the mean signal is positively modulated by the Suc

rewards, however, this was not significant. $\beta_1(s)$: shows that during reward delivery, the mean

signal for H-SMS is not significantly different than the signal during the H-Suc conditions. $\beta_2(s)$:

shows that the mean signal during approach is significantly lower than the signal during reward

delivery for the H-Suc condition. $\beta_3(s)$: shows no significant interaction effects between behavioral

states (approaching vs. receiving) and conditions (H-SMS vs. H-Suc).

(D) Beta coefficients for the comparisons of the H-SMS and H-H_2O conditions. $\beta_0(s)$: shows that

during reward delivery in the H-H_2O condition, the mean signal is not significantly modulated.

$\beta_1(s)$: shows that during reward delivery, the mean signal is significantly higher for H-SMS

compared to H-H_2O conditions. $\beta_2(s)$: shows that the mean signal during approach is significantly

lower than the signal during outcome delivery for the H-H_2O condition. $\beta_3(s)$: shows a significant

negative interaction effect between behavioral states (approaching vs. receiving) and conditions

(H-SMS vs. H-H_2O), showing that the mean changes in photometric responses are larger during

the outcome delivery than during approach. Specifically, there are larger mean changes during

H-SMS than in the H-H_2O conditions.

(E) Beta coefficients for the comparisons of the H-SMS and H-OM conditions. $\beta_0(s)$: shows that

during reward delivery in the H-OM condition, the mean signal is positively modulated initially by

the omission of the rewards, but the signal quickly goes down over time. $\beta_1(s)$: shows that during

reward delivery, the mean signal is significantly higher for H-SMS compared to H-OM conditions.

$\beta_2(s)$: shows that the mean signal during approach is significantly lower than the signal during

outcome delivery for the H-OM condition. $\beta_3(s)$: shows a significant positive interaction early in

the trial, followed by negative interaction effects later in the trial and during reward delivery. This

indicates that the differences in neural activity during the early approach are higher, but later in

the trial and during reward consumption, they are lower in H-OM than in the H-SMS conditions.

Supplementary Figure 3

Supplementary Figure 3. Time spent in the reward zone after reward delivery does not differ across outcome groups or trial groups.

(A-F) Quantifications of time spent in the reward zone after reward delivery and prior to return across trial groups for the **(A)** H-SMS test sessions; Repeated measures ANOVA, *p=0.07, ns.* G1 vs. G5 Dunnett's multiple comparisons test *p=0.52, ns.* **(B)** S-SMS test sessions; Repeated measures ANOVA, *p=0.11, ns.* G1 vs. G5 Dunnett's multiple comparisons test *p=0.07, ns*. **(C)** H-NCal test sessions; Repeated measures ANOVA, *p=0.16.* G1 vs. G5 Dunnett's multiple comparisons test *p=0.77, ns*. **(D)** H-Suc test sessions; Repeated measures ANOVA, *p=0.44.* G1 vs. G5 Dunnett's multiple comparisons test *p=0.95.* **(E)** H-H_2O test sessions; Repeated measures ANOVA, *p=0.11, ns.* G1 vs. G5 Dunnett's multiple comparisons test *p=0.06, ns.* **(F)** H-OM test sessions; Repeated measures ANOVA, *p=0.51, ns.* G1 vs. G5 Dunnett's multiple comparisons test *p=0.99, ns*. **(G)** Quantifications of time spent in the reward zone after reward delivery and prior to return across outcome groups. Repeated measures ANOVA, *p=0.26, ns.* H-SMS vs. S-SMS Dunnett's multiple comparisons test *p=0.99, ns*, not significant. H-SMS vs. H-NCal Dunnett's multiple comparisons test *p=0.63, ns*, not significant. H-SMS vs. H-Suc Dunnett's multiple comparisons test *p=0.99, ns*, not significant. H-SMS vs. H-H_2O Dunnett's multiple comparisons test *p=0.32, ns*, not significant. H-SMS vs. H-OM Dunnett's multiple comparisons test *p=0.49, ns*, not significant.

Supplementary Figure 4

Supplementary Figure 4. Motivational states are associated with PVT^{D2+} neuronal

responses across different conditions.

(A-G) Average GCaMP6s responses from PVT^{D2+} neurons comparing between fast 'L1' and slow

'L5' trials (top). AUC quantifications across latency groups during approach (middle). Correlations

between the approach slope and the latency to approach (bottom) for the **(A)** H-SMS test

sessions; Repeated measures ANOVA, **$p<0.01$. L1 vs. L5 Dunnett's multiple comparisons test

$p<0.01$. **(B) S-SMS test sessions; Repeated measures ANOVA, $^{\#}p=0.06$. L1 vs. L5 Dunnett's

multiple comparisons test **$p<0.01$. **(C)** H-NCal test sessions; Repeated measures ANOVA,

*$p<0.05$. L1 vs. L5 Dunnett's multiple comparisons test *$p<0.05$. **(D)** H-Suc test sessions;

Repeated measures ANOVA, **$p<0.01$. L1 vs. L5 Dunnett's multiple comparisons test *$p<0.05$.

(E) H-H$_2$O test sessions; Repeated measures ANOVA, $p=0.62$, ns. L1 vs. L5 Dunnett's multiple

comparisons test $p=0.95$, ns. **(F)** H-OM test sessions; Repeated measures ANOVA, **$p<0.01$. L1

vs. L5 Dunnett's multiple comparisons test ***$p<0.001$. **(G)** S-OM test sessions; Repeated

measures ANOVA, $p=0.57$, ns. L1 vs. L5 Dunnett's multiple comparisons test $p=0.99$, ns, not

significant.

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