Rewired m6A methylation of promoter antisense RNAs in Alzheimer's disease regulates global gene transcription in the 3D nucleome

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Abstract

N^6-methyladenosine (m6A) is the most prevalent internal RNA modification that can impact mRNA expression post-transcriptionally. Recent progress indicates that m6A also acts on nuclear or chromatin-associated RNAs to impact transcriptional and epigenetic processes. However, the landscapes and functional roles of m6A in human brains and neurodegenerative diseases, including Alzheimer's disease (AD), have been under-explored. Here, we examined RNA m6A methylome using total RNA-seq and meRIP-seq in middle frontal cortex tissues of post-mortem human brains from individuals with AD and age-matched counterparts. Our results revealed AD-associated alteration of m6A methylation on both mRNAs and various noncoding RNAs. Notably, a series of promoter antisense RNAs (paRNAs) displayed cell-type-specific expression and changes in AD, including one produced adjacent to the *MAPT* locus that encodes the Tau protein. We found that *MAPT-paRNA* is enriched in neurons, and m6A positively controls its expression. In iPSC-derived human excitatory neurons, *MAPT-paRNA* promotes expression of hundreds of genes related to neuronal and synaptic functions, including a key AD resilience gene *MEF2C*, and plays a neuroprotective role against excitotoxicity. By examining RNA-DNA interactome in the three-dimensional (3D) nuclei of human brains, we demonstrated that brain paRNAs can interact with both *cis*- and *trans*-chromosomal target genes to impact their transcription. These data together reveal previously unexplored landscapes and functions of noncoding RNAs and m6A methylome in brain gene regulation, neuronal survival and AD pathogenesis.

Introduction

Alzheimer's disease (AD) is the most common cause of dementia (60–70% of all cases), and

affects 5% of the population over 60 years (or approximately 1% of the total population)[1]. AD is

pathologically characterized by massive neuronal loss, the presence of amyloid-beta (Aβ)

plaques, and Tau neurofibrillary tangles (NFTs) in the brain[2,3]. Despite extensive studies of AD,

there are still limited therapeutic options that can effectively treat this devastating disease.

Identifying new molecular players in AD pathogenesis is important to offer further insights and

potential targets for combating this disease.

In the past decade, studies of RNA chemical modifications have founded a field that is referred

to as "epitranscriptomics"[4,5]. Among these RNA modifications, N^6-methyladenosine (m6A) is

the most abundant internal RNA methylation in mammalian cells, and it can impact mRNA

stability, trafficking, and translation[4,5]. Analogous to the mechanism of epigenetics, biological

functions of m6A are considered to be mediated by specific proteins that write, read, and erase

this mark, which are referred to as m6A writers (e.g., METTL3), readers (e.g., YTH proteins),

and erasers (e.g., FTO and ALKBH5), respectively[4,5]. In addition to post-transcriptional roles on

mRNAs, m6A methylation is increasingly realized to bear transcriptional roles by modifying

nuclear or chromatin-associated RNAs to control gene transcription via functionally cross-

talking to epigenetic processes[6-10]. Examples include m6A regulation of *Xist* lncRNA[8,11],

retrotransposon RNAs[10,12-14], or enhancer RNAs[7,15]. These results have provided a new

perspective to study the roles of m6A in gene regulation in development and diseases, which

encompasses both transcriptional and post-transcriptional processes. Interestingly, m6A

methylation seems to play unique functions in the brain. For example, in both mice and human

brains, m6A landscapes display a pattern distinctive from other tissues[16]. In murine models,

conditional depletion of genes encoding a component of the m6A methyltransferase complex,

Mettl14, or a cytoplasmic m6A reader protein, Ythdf1, severely affected neurogenesis and

cognitive functions[17,18]. However, despite efforts[19], the landscapes and functional roles of m6A

or other epitranscriptomic modifications in human brains and AD remain minimally explored.

Regulatory long noncoding RNAs (lncRNAs) are pervasively produced in the human

genome[20,21]. A large fraction of these transcripts originate from divergent transcription at

80 promoters of active protein-coding genes (>60% in human ESCs[22]), which are interchangeably

81 referred to as promoter antisense RNAs (paRNAs) or PTOMPTs[23-27]. Some studies reported that

82 paRNAs can regulate the expression of mRNAs divergently produced from the same

83 promoters[27,28]. Actually, deregulation of lncRNAs has been long observed in AD[29-31]. An early

84 example is an antisense RNA produced within the *BACE1* gene locus that was proposed to

85 regulate *BACE1* expression to impact AD disease progression[32]. High resolution transcriptomes

86 in AD brains have now permitted rapid discovery of enormous ncRNAs[30,31]. A recent work

87 suggested that AD-associated natural antisense transcripts (NAT), some of which are paRNAs,

88 can play roles in the translational control of crucial disease proteins including MAPT/Tau to

89 impact AD pathogenesis[33]. However, another study reported inconsistent results[34]. These studies

90 together indicated that the roles of lncRNAs are still under-studied in human AD brains, and

91 their mechanisms of action are poorly understood.

93 Here, we characterized RNA m6A methylome from individuals diagnosed with AD and from

94 cognitively normal age-matched individuals. We uncovered a large number of m6A-modified

95 RNAs in the human brain, including both mRNAs and ncRNAs, many of which were previously

96 unannotated. RNA m6A methylome in AD brains displays alteration as compared to controls,

97 and there is positive correlation between its signals and expression levels of mRNA and

98 ncRNAs. Subsequently, we focused on paRNAs and used induced pluripotent stem cell (iPSC)-

99 derived human excitatory neurons (i3Neurons) to functionally investigate regulatory roles of an

100 m6A-modified *MAPT-paRNA* transcribed next to *MAPT*, a key AD-associated disease locus. Our

101 data revealed that *MAPT-paRNA* shows neuron-preferred expression and is upregulated in AD. It

102 promotes the expression of many neuronal and synaptic genes via navigating the three-

103 dimensional (3D) genome organization, which is required for neuronal survival under excitotoxic

104 conditions. This work unraveled previously unexplored landscapes and the role of chemical

105 modification on AD-associated ncRNAs, linking epitranscriptome to gene transcriptional control

106 in the 3D genome and AD pathogenesis.

108 **Results**

109 **The transcriptome and m6A epitranscriptome of human AD brains on coding and**

110 **noncoding RNAs**

From a cohort of individuals diagnosed with sporadic AD (n = 6; mean age = 66) and from

cognitively normal age-matched counterparts (n = 6; mean age = 65, hereafter referred to as

Normal), we collected the middle frontal cortex tissue (mFC), a region pathologically affected in

AD[35]. Subsequent to autopsy, neuropathologic examination revealed high levels of

phosphorylated Tau neurofibrillary tangles and amyloid-β burden (**Supplementary Table 1**).

We analyzed the transcriptome by strand-specific ribo-depleted total RNA-seq, with the aim of

examining both mRNAs and various ncRNAs. RNA m6A methylome was examined by m6A

antibody-based immunoprecipitation (MeRIP-seq) (**see methods**). A summary of our sequencing

datasets can be found in **Supplementary Table 2**.

Analysis of total RNA-seq data identified 416 and 519 genes significantly upregulated and

downregulated in AD as compared to Normal groups, respectively (**Supplementary Fig. 1A**,

gene lists in **Supplementary Table 3**). These changes are consistent with a previous study that

conducted total RNA-seq in the lateral temporal lobe (LTL) region of AD/Normal human

brains[36] (**Supplementary Fig. 1B,C**). Gene Ontology (GO) analysis of differentially expressed

genes (DEGs) showed that AD-upregulated genes are related to development, while the AD-

downregulated genes are enriched in neuronal/synaptic functions (**Supplementary Fig. 1D,E,**

and **Supplementary Table 4**). This is in accord with the knowledge that neuronal/synaptic genes

are reduced in AD[37]. This also suggests that tissue-level gene deregulation that we found here

largely reflects changes in neurons[38]. Several representative examples of deregulated genes are

shown in **Supplementary Fig. 1F**. *YAP1*, a gene encoding a key transcription regulator, was

induced in AD, whereas AD-downregulated genes are exemplified by neuronal transcriptional

factor gene *NEUROD6* and those encoding glutamate decarboxylases essential for inhibitory

neurotransmitter gamma-aminobutyric acid (GABA) synthesis, e.g., *GAD1*/*GAD2*

(**Supplementary Fig. 1F**).

Figure 1. m6A methylome on coding and noncoding RNAs in the mFC regions of human brains.
A. Piecharts showing the m6A peak distribution based on genomic locations in post-mortem human mFC tissues from Normal and AD donors, respectively. **B.** A model illustrating major categories of *de novo* identified transcripts, including pre-mRNAs and ncRNAs. **C**. A piechart showing the numbers of transcripts identified by the de novo calling. **D**. A barplot showing the assignment of m6A peaks to various *de novo* called transcripts. **E.** Genome browser tracks showing an example of ncRNA (a promoter antisense RNA from the *SOX1* locus) having m6A peaks in human Normal and AD brains. Input and m6A represent the average signals of RNA-seq and meRIP-seq datasets in this work, respectively. The arrows indicate m6A peaks. **F.** Similar to E, example tracks showing intronic L1 elements overlap m6A peaks in the intron of *GPHN* gene. (+) and (-) indicate the Watson and Crick strands, respectively. **G.** A volcano plot showing differential m6A peaks between Normal and AD brains. Red and blue dots

To examine the changes of RNA m6A methylome in AD versus Normal brains, we called strand-

specific m6A peaks on total RNA-Seq/MeRIP-seq datasets using MACS3[39,40], and identified

approximately 52,661 and 55,754 m6A peaks in Normal and AD mFC tissues, respectively

(**Supplementary Table 5**). A majority of peaks locate in the non-protein-coding portions of the

genome, i.e., around 60% were in intergenic regions, introns or promoter upstream regions (-2kb

to transcription start sites) (**Fig. 1A**). The remaining peaks overlapped with protein-coding

mRNA sequences (CDSs), and 5' or 3' untranslated regions (UTRs) (**Fig. 1A**). This is consistent

with the higher sensitivity of ribo-depletion strategy in RNA-seq to detect various ncRNAs. We

compared the features of m6A peaks in Normal and AD conditions, and found them to be overall

similar: they enrich the canonical RRACH motif, bearing comparable peak length (Normal:

236bp v.s. AD: 227bp) and average GC contents (0.47 v.s. 0.45) (**Supplementary Fig. 2A,B,C**).

The genomic distribution of m6A signals is quite similar between RNAs from Normal and AD

brains, too (**Supplementary Fig. 2D**). These results indicate that AD elicits a quantitative

rewiring of the RNA m6A landscape in the human brain, at least in the mFC region.

A large number of m6A peaks locating in the noncoding regions is consistent with recent work

about m6A on regulatory ncRNAs[7,8,12,15,41]. Annotation of m6A peaks using genomic locations is

not sufficient to precisely associate them to specific noncoding RNA transcripts (**Fig. 1A,B**). We

therefore need to first define a complete catalog of transcripts and their genomic coordinates in

the human brain by a *de novo* transcript calling method based on Hidden Markov Model (HMM)

[42,43]. Of the *de novo* identified transcripts, 12,815 overlap protein-coding genes and are thus

defined as pre-mRNAs in this work (**Fig. 1B,C**). There are 31,604 ncRNA transcripts in the

human brain (**Fig. 1C**), including 27,127 previously unannotated RNAs in the human

transcriptome. Of the remaining, 1,191 overlap annotated lncRNAs, 1,517 overlap annotated

antisense RNAs, and 1,769 overlap other annotated RNAs (snoRNAs, snRNAs, pseudo genes) in

gencode v19 (**Fig. 1C**). Approximately 90% of all m6A peaks can be assigned to these various

de novo identified RNAs (**Supplementary Fig. 2E,** and **Fig. 1D**). The ~10% unassigned peaks

are largely due to the fact that some RNAs are not identified as independent transcripts by the *de*

novo calling algorithm and thus m6A peaks on them are not assigned. As an example, of the

27,127 previously unannotated transcripts (**Fig. 1C,D**), an antisense RNA generated from the

SOX1 gene promoter shows prominent m6A peaks (**Fig. 1E**). About 50% of m6A peaks were

assigned to the sense strand of pre-mRNAs, including exons, introns, 5'UTR and 3'UTR (**Fig.**

1D,F). Among these, interestingly, over ten-thousand peaks appear in introns and often overlap

transposable elements, in particular, intronic L1 elements (**Fig. 1F,** and **Supplementary Fig.**

2F,G,H). This is reminiscent of our previous work showing that many intronic L1 RNAs bear

high m6A methylation and play roles in gene transcriptional control[12]. Collectively, at the

transcriptome level, 60-70% of all m6A peaks are located in ncRNAs or introns as opposed to

mRNA regions (UTRs and exons), and the distribution pattern is largely similar in AD versus

Normal (**Supplementary Fig. 2H**). These results provided a comprehensive m6A RNA

methylome on mRNAs and ncRNAs in human Normal and AD brains, serving as a foundation to

study the functions of these m6A signals in gene expression regulation and AD biology.

The alteration of m6A epitranscriptome in the human AD brains

By calculating differential m6A methylation (**see methods**), we identified 835 and 1,645

differential m6A peaks (DMPs) showing hypo- and hyper-m6A-methylation in AD, respectively

(**Fig. 1G**). Here we defined m6A methylation levels as m6A ratios, the signal division between

meRIP-seq and RNA-seq in each peak. The changes in m6A ratios at the differential peaks can

be seen by meta-analysis (**Fig. 1H**), and the motifs in these regions remain canonical RRACH

(**Supplementary Fig. 3A**). A breakdown shows that DMPs overall occurred proportionally to

the total peak distribution, with about 40% of DMPs on pre-mRNAs (including exons, UTRs and

introns) and the other ~60% of DMPs are observed to be from ncRNAs (**Fig. 1D**, and

Supplementary Fig. 3B).

Previous m6A studies have shown correlation between changes of m6A and mRNA expression

levels[4,44]. We examined their correlation in AD brains by examining mRNAs bearing DMPs on

their exons or UTRs. By cumulative fraction analysis, we observed a positive correlation

between the two, i.e., m6A hyper-methylation is associated with mRNA expression increase in

AD, whereas hypo-methylation is associated with decrease (**Supplementary Fig. 3C,D**).

Interestingly, GO enrichment analyses of genes whose mRNAs display hyper-methylation show

terms related to transcriptional activities, whereas gene mRNAs with hypo-methylated peaks are

more relevant to synapse regulation (**Supplementary Fig. 3E,F**). Because of the known

expression reduction of synapse related genes in AD[37], this result suggests that hypo-methylation

of their mRNAs is associated with expression reduction during AD pathogenesis. We showed

two representative examples of m6A peaks in the 3'UTR regions that were hyper- or hypo-

methylated in AD compared to Normal, which correlates with their respective mRNA expression

changes (**Supplementary Fig. 3G,H**). We conducted similar analysis for ncRNAs, and observed

that m6A changes are also positively correlated with ncRNA expression alteration in AD, i.e.,

hyper-methylation is associated with ncRNA expression increase, whereas hypo-methylation

with decrease (**Supplementary Fig. 4A,B**). We show two representative examples of ncRNA

regions that were increased or decreased in AD compared to Normal, respectively

(**Supplementary Fig. 4C,D**).

Identification and alteration of promoter antisense RNAs in AD brains

We sought to focus on previously under-studied ncRNAs and their m6A modification in AD.

Visual inspection revealed a large number of paRNAs that display m6A peaks, which

interestingly include many produced from important neuronal and synaptic gene loci. For

example, an m6A-marked paRNA spanning ~18kb is generated from the *GRIN2A* locus (**Fig.**

2A), which codes for an important neurotransmitter receptor Glutamate Ionotropic Receptor

NMDA Type Subunit 2A. Similarly, another m6A-marked paRNA is produced antisense to the

promoter of *MAPT*, one of the most significant AD-associated loci as it encodes the Tau protein

(**Fig. 2B**). Importantly, functions of paRNAs have been minimally studied or understood in brain

gene regulation and AD biology. *De novo* calling identified 3,038 paRNAs in mFC brain regions

and about 37-39% of them display a m6A peak in either Normal or AD brains (**Supplementary**

Fig. 5A). GO term analysis showed that genes neighboring m6A-marked paRNAs are associated

with neuronal and synapse functions, which are deregulated processes in AD (**Fig. 2C,D**). In

comparison, mRNAs with m6A do not show such association (**Supplementary Fig. 5B**),

suggesting that m6A-marked paRNAs in mFCs may have specific relevance to neuronal/synapse

biology. Because we observed some paRNAs with exceptional length, we utilized public

nanopore long-read direct RNA-seq as an orthogonal method to validate paRNA existence and

length (from dorsolateral prefrontal cortex (DLPFC) brain region by the Rush Alzheimer's

Disease Study). Defining the lengths of paRNAs is important to assign m6A peaks to these

241 paRNA transcripts, because the peaks can sometimes be located >10kb away from the TTSs, as

242 exemplified in **Fig. 2A,B** (and other examples see below). Despite the low coverage and its

243 utilization of polyA capture, long-reads RNA-seq data detected about 25% of paRNAs seen by

244 our *de novo* calling of total RNA-seq data, and the length estimation is highly accurate

245 (**Supplementary Fig. 5C,D**). Globally, paRNA expression levels appeared comparable in

246 Normal and AD mFCs, but those with m6A modifications are expressed higher than those

247 without (**Supplementary Fig. 5E,F**), suggesting a positive influence of m6A methylation on

248 paRNAs expression.

250 Differential analysis of paRNAs revealed 88 upregulated and 99 downregulated paRNAs in AD

251 mFC regions (**Fig. 2E,** and **Supplementary Table 6**). These changes are also recapitulated by

252 total RNA-seq data from Normal/AD brains by Nativio et al.[36] (from LTL brain region, **Fig. 2F**).

253 paRNAs altered in AD versus Normal brains are distinct from those changed in normal aging

254 (old versus young human brains that are cognitively normal, **Fig. 2F**), suggesting potential

255 involvement of these RNAs in AD pathogenesis. Interestingly, we found that paRNAs

256 upregulated in AD are much longer than paRNAs downregulated in AD, a pattern not observed

257 for deregulated protein-coding genes (**Supplementary Fig. 5G**). Although it is currently unclear

258 what the molecular basis underlying this observation is, we speculate that there are malfunctions

259 of RNA processing in AD that deregulate paRNAs in a length-related manner. Consistent with

260 the correlation seen for mRNAs and other ncRNAs, hyper- and hypo-methylation of paRNA is

261 correlated with their expression increase and decrease in AD, respectively (**Fig. 2G,H**).

Figure 2. The m6A methylation and expression of paRNAs in Normal and AD human brains. A,B. Genome browser tracks showing the RNA-seq and m6A signals of two paRNAs (*GRIN2A-paRNA* and *MAPT-paRNA*) in the human mFC. Red arrows indicate m6A peaks. **C,D**. GO analyses for genes neighboring and sharing promoters with paRNAs. The red lines represent adjusted p values (p-adj) at 0.05. **E**. A volcano plot showing differentially expressed paRNAs between Normal and AD brains. Red and blue dots represent up-regulated and down-regulated paRNAs in AD, respectively. **F**. A heatmap showing z-score-transformed expression levels of differentially expressed paRNAs between Normal and AD brains from our samples, and from Nativio et al.[36]. **G,H.** Cumulative

paRNA deregulation in AD mouse model and other human neurodegenerative diseases

We examined if the paRNAs deregulated in human AD brains can be detected in 5xFAD mice

brain, a well-characterized mouse model of AD[45]. Total RNA-seq data has been generated from

the right cerebral hemisphere of 5xFAD mice brain (ID: syn21983020). There are 1,378 paRNAs

produced from promoters of homologous genes in human and mice brains (hereafter referred to

as common paRNAs) (**Fig. 3A**). Of these, about 6% (n=87) showed altered expression in human

AD brains (**Fig. 3B**), and about 3% (n=42) were differentially expressed in the 5xFAD mouse

brains versus wild-type controls. However, none of them is consistent between human and

mouse AD brains (**Fig. 3B**). Because 5xFAD is mainly an amyloid model, whereas our human

RNA-seq data are from patients bearing both Tau and amyloid pathologies, we examined another

mouse model exhibiting both these two pathologies, the 3xTg-AD model[46]. Based on the same

process done above for 5xFAD, we identified 3,934 paRNAs in 3xTg-AD mouse brains

(hippocampus, data from syn22964719). Differential expression analysis identified 5 upregulated

and 1 downregulated paRNAs in 3xTg-AD mice (n=18) compared to wild-type (n=18). There

are no common differentially expressed paRNAs between 3xTg-AD mouse model and human

AD brains (**Fig. 3C**). A similar conclusion is also drawn by comparing paRNA changes in the

human brain versus those changes in the P301S mouse brains[47], a commonly used tauopathy

model (**Fig. 3D**). Such a lack of similarity of paRNAs altered in human and mouse AD brains is

consistent with the idea that AD mouse models cannot completely recapitulate human AD

pathogenesis[48].

Figure 3. Comparing paRNA changes in human AD versus mouse AD models or other human
neurodegenerative diseases. A. A venn diagram showing the numbers of human-mice common and species-
specific paRNAs in human and mouse brains, respectively. The human data is from our current work. The mouse
data is calculated from RNA-seq datasets generated in brains of a 5xFAD mouse model. Common paRNAs were
defined by their production from promoters of homologous genes. **B-D**. Venn diagrams showing dysregulated
paRNAs from human-mouse common paRNAs in either human brains or mouse models as indicated. **E**. An UpSet
plot showing common and unique paRNAs detected in human brain RNA-seq data generated in donors bearing
several neurodegenerative diseases. The datasets information and brain regions are indicated. Blue arrows point to
paRNAs uniquely seen in FTD and AD. **F**. Venn diagrams showing the limited overlaps of upregulated and
downregulated paRNAs across different neurodegenerative diseases, respectively. **G**. Boxplots showing the
expression levels of *MAPT-paRNA* across different neurodegenerative diseases. FDR values were calculated by
DESeq2. **H**. Boxplots showing the length of upregulated and downregulated paRNAs across different
neurodegenerative diseases. Red and blue boxplots represent upregulated and downregulated paRNAs in each
disease, respectively. P values were calculated by a two-tailed non-parametric Wilcoxon–Mann–Whitney test. In all
panels, boxplots indicate the interquartile range with the central line representing the median, and the vertical lines
extending to the extreme values in the group.

311
We next examined whether any paRNAs are also dysregulated in human brains with other

neurodegenerative diseases, such as Parkinson's disease (PD)[49], Frontotemporal Dementia (FTD)

[50], and Amyotrophic lateral sclerosis (ALS)[51]. For these, we retrieved RNA-seq datasets for each

disease, and identified 1,826 paRNAs in PD, 3,454 in FTD, and 2,007 paRNAs in ALS,

respectively, by *de novo* transcript calling (**Fig. 3E**). These paRNAs showed non-overlapping

expression patterns in different diseases: for example, more than 500 and 1,000 paRNAs are only

found in AD and FTD brain samples, respectively (blue arrows, **Fig. 3E**). We identified

deregulated paRNAs in each disease, and these showed limited overlaps (**Fig. 3F**). These results

demonstrate disease-specific expression or deregulation of paRNAs, although the contribution of

RNA sample quality and different brain regions used in the data generation cannot be fully

excluded. For example, *MAPT-paRNA* is expressed in several diseases, but it is upregulated only

in the human AD brains (**Fig. 3G**, also see **Fig. 2E**). We observed that the length of upregulated

paRNAs was longer than that of downregulated paRNAs in AD brains, which is reproducible by

analyzing data from Nativio et al.[36] (**Fig. 3H**). Interestingly, this pattern was not seen or even

reversed in ALS and FTD (**Fig. 3H**). These results indicate that paRNAs can be deregulated in

several neurodegenerative diseases, but the exact paRNAs and the mechanisms underlying their

deregulation can be disease- or context-dependent.

329
Deregulation of paRNAs in AD does not correlate with promoter epigenetic state changes
As paRNAs and their nearby genes share promoters, their expression levels are expected to be

correlated if they are regulated at the transcriptional level by the promoters' epigenetic states

(**Supplementary Fig. 6A**). However, when we analyzed AD-associated expression changes of

paRNAs versus the bidirectional mRNAs from the same promoters, we observed a poor

correlation between upregulated paRNAs versus their bidirectional mRNAs (median correlation

coefficient R=-0.01, n = 88 pairs); whereas the correlation between AD-downregulated paRNAs

and their bidirectional mRNAs is better but remains modest (median correlation coefficient

R=0.42, n = 99) (**Supplementary Fig. 6B**). Two representative examples are given, showing an

AD-upregulated paRNA from the *CTCF* gene promoter, and an AD-downregulated paRNA

antisense to the *VMA21* gene promoter (**Supplementary Fig. 6C**). This phenomenon was

recapitulated in another independent AD dataset from the LTL region[36] (**Supplementary Fig.**

6D). Taking *MAPT-paRNA* as an example, while it is consistently upregulated in AD, its

neighboring gene *MAPT* was not significantly changed from either of two brain regions/cohorts

we analyzed (**Supplementary Fig. 6E,F**). These findings suggest that AD-deregulated paRNAs,

especially those upregulated in AD, are likely altered in a manner decoupled from the nearest

mRNA genes; and if these paRNAs may have functions, it is unlikely they impact their

promoter-sharing nearby genes.

We further examined the epigenetic states of deregulated paRNAs. Because we found consistent

changes of paRNAs in the LTL regions of AD brains from the study by Nativio et al.[36] (**Fig. 2F**),

which generated ChIP-seq data for acetylation of histone H3 at residue K27 (H3K27ac), a

histone marker for active promoters/enhancers, we thus tested this question in LTL. We found

that the H3K27ac signal around TSSs of deregulated paRNAs was not different between Normal

and AD brains (**Supplementary Fig. 6G**). This observation was recapitulated by analyzing

ChIP-Seq datasets of H3K27ac and tri-methylation of histone H3 lysine 4 (H3K4me3) generated

by a separate AD brain cohort (DLPFC regions, Rush Alzheimer's Study) (**Supplementary Fig.**

6H). Taking *MAPT* and *TMEM41A* loci as examples, the H3K27ac and H3K4me3 signals on

their promoters were similar between Normal and AD brains, despite these two paRNAs being

upregulated (**Supplementary Fig. 6I**). In summary, our results indicate that the epigenetic state,

at least by the histone markers we examined here at the TSSs, is not associated with paRNA

deregulation in AD.

Cell-type specific paRNA expression and deregulation in AD

Brain tissue consists of several neuronal and glial cell types. We reanalyzed a publicly available single-nucleus RNA-seq (snRNA-seq) dataset generated from Normal/AD human brains[52] (DLPFC region) to appreciate expression patterns of paRNAs in different cell types. Different numbers of Unique Molecular Identifiers (UMIs) and cells of each major type were observed (**Supplementary Fig. 7A,B**). In total, 763 and 872 paRNAs we identified by bulk RNA-seq data of mFC can be detected by DLPFC snRNA-seq in Normal or AD conditions, respectively (**Supplementary Fig. 7C**), among which, m6A-marked paRNAs were more detectable (**Supplementary Fig. 7D,E**). These numbers were broken down to cell-type-specific patterns, and excitatory neurons (Ex) possess the largest numbers of paRNAs detected (**Supplementary Fig. 7F**). Among paRNAs seen in snRNA-seq data, about 30% (n=284) are exclusively detected in neurons (excitatory, Ex; or inhibitory, In), and a smaller group of paRNAs (n=69) are exclusively detected in glial cell types (such as astrocytes, Ast; oligodendrocytes, Oli; or microglia, Mic; **Supplementary Fig. 7F**). For the top five highly AD-upregulated paRNAs (**Fig. 2E**), they all displayed a certain degree of cell-type-specificity (**Supplementary Fig. 7G**). For example, *DOCK7-paRNA* was highly expressed in Ast; *MAPT-paRNA* is expressed higher in Ex and In, and to some degree in Oli (**Supplementary Fig. 7G**). By comparing Normal and AD conditions in each cell type, *MAPT-paRNA* was significantly increased in AD only in Ex (**Supplementary Fig. 7H**). This paRNA is annotated as *MAPT-AS1* in the Gencode database, but for consistency in this paper, we will refer to it as *MAPT-paRNA*. These results indicate that paRNAs are expressed in the human brain and altered in AD with cell-type-specificity.

m6A methylation regulates stability of paRNAs

We searched for appropriate cell models to study the potential roles of AD-associated paRNAs and the impact of m6A. In major iPSC-derived brain cells where RNA-seq data are available[53], each of the top five AD-deregulated paRNAs was found to display some level of cell-type-specificity, but they are more often expressed highly in neurons (**Supplementary Fig. 8A**). Among these, *MAPT-paRNA* exhibited the highest and almost exclusive expression in iPSC-derived neurons (**Supplementary Fig. 8A**). It is notable that the cell-type-specificity of paRNAs revealed by DPFLC snRNA-seq data differs from that by bulk RNA-seq from iPSC derived cells (**Supplementary Figs. 7G, 8A**), indicating that cell models can only partially recapitulate paRNA expression patterns in adult and/or AD human brains.

MAPT is a central disease locus in AD, because it encodes for the Tau protein that drives

neurofibrillary tangles in AD brains[3]. A previous study reported that *MAPT* nature antisense

transcript (NAT), which largely overlaps and is essentially *MAPT-paRNA*, represses *MAPT*

translation to Tau protein in SH-SY5Y cell line[33]. However, another study found that *MAPT-*

paRNA does not impact *MAPT*/Tau at either the transcriptional or translational levels[34].

Consequently, the functional role of *MAPT-paRNA* in AD remains unclear. We thus elected to

focus on *MAPT-paRNA* for in depth experimental studies. We first tested the expression of

MAPT-paRNA in cellular models, including human embryonic stem cells (H1-ESCs), a human

microglia cell line (HMC3), a human neuroblastoma cell line (SH-SY5Y), H1-hESC-derived

astrocytes, neural progenitor cells (NPC), and iPSC-derived microglia and neurons (i3Neurons)

(see methods, **Fig. 4A**). Quantitative reverse-transcription PCR (qRT-PCR) results confirmed

that *MAPT-paRNA* is highly and almost exclusively expressed in i3Neurons as compared to other

cell types (**Fig. 4A**). The i3Neurons we generated are based on a doxycycline (Dox) inducible

NGN2-directed differentiation method of WTC11 iPSCs[54], which are glutamatergic excitatory

neurons that displayed well-recognized neuronal maturation processes by both morphology and

molecular markers (**Supplementary Fig. 8B,C**). Three weeks after in vitro differentiation (IVD),

these neurons started to express *MAP2*, a neuronal marker, and by 6-8 weeks, they showed

prominent expression of synaptic markers, such as postsynaptic density protein 95 (PSD95)

(**Supplementary Fig. 8B,C**). *MAPT-paRNA* appeared to gradually increase expression during

neuronal maturation and its level plateaued at around 5 weeks IVD (**Supplementary Fig. 8D**).

To investigate how m6A methylation may impact *MAPT-paRNA* expression, we treated 8-week-

old i3Neurons with STM2457[55], a chemical inhibitor of m6A writer METTL3. Antibody based

m6A RIP-qPCR showed that this treatment reduced the m6A methylation level of *MAPT-*

paRNA, which resulted in its expression decrease as shown by RT-qPCR (**Fig. 4B,C**). These

results suggest that m6A positively regulates *MAPT-paRNA* expression. In contrast, this

treatment did not impact either the mRNA expression or transcription level of *MAPT*, which

shares the same promoter with the paRNA. These are revealed by using primers targeting the

mRNA (across exons) or the intronic regions (indicating pre-mRNA transcription), respectively

(**Supplementary Fig. 8E**). These results indicate that m6A inhibition did not reduce *MAPT-*

paRNA level via altering the transcriptional activity of the shared promoter, which otherwise

would have affected *MAPT* transcription as well. We further examined if the observed *MAPT-*

paRNA reduction takes place at the RNA stability level, and found that after transcriptional

inhibition, the paRNA with a lower m6A level (i.e., presence of STM2457) displayed a lower

stability and faster decay (**Fig. 4D**). We additionally conducted genetic knockdown (KD) of

METTL3 by an antisense oligonucleotide (ASO) in 8-week old i3Neurons (**Supplementary Fig.**

8F,G), which reduced both m6A modification and RNA expression level of *MAPT-paRNA*

(**Supplementary Fig. 8H,I**), consistent with the results from the chemical inhibitor treatment.

MAPT-paRNA* regulates global gene transcription in human neurons *in cis* and *in trans

We further studied the functions of *MAPT-paRNA* by employing ASOs to KD it in 8-week IVD

excitatory i3Neurons, because at this stage, neurons possess maximal level of expression of this

paRNA, displaying prominent neuronal morphology and synaptic features (**Supplementary Fig.**

8B,C). Gymnotic delivery of ASO achieved potent KD of *MAPT-paRNA* (>80% reduction)

without affecting neuronal viability or morphology (**Fig. 4E, and Supplementary Fig. 9A**). We

found that KD of *MAPT-paRNA* did not alter *MAPT*/Tau at either the transcriptional or

translational levels in i3Neurons (no matter if it is the mRNA, the Tau protein, or the

phosphorylated Tau (p-Tau) that is implicated in AD pathology), even after an extended 7-day

KD (**Supplementary Fig. 9B,C**). This indicates that *MAPT-paRNA* did not regulate the

neighboring gene, *MAPT*, consistent with the report by Policarpo, et al.[34]. No change of

MAPT/Tau was seen after the KD of *MAPT-paRNA* in SH-SY5Y cells, either (a neuroblastoma

cell model used by a prior study of MAPT-paRNA[33]) (**Supplementary Fig. 9D,E**). This result is

consistent with the fact that paRNAs upregulated in AD show poor correlation with changes of

their bidirectional mRNAs (**Supplementary Fig. 6A,B,D,E,F**).

To unbiasedly explore its functions*,* we performed RNA-seq after *MAPT-paRNA* KD. This revealed over 200 genes deregulated, with most of them showing downregulation (n=180), and a smaller subset upregulation (n=23) (**Fig. 4F,** and **Supplementary Table 8**). RNA-seq also confirmed qPCR data that *MAPT* mRNA was not changed (**Supplementary Figs.9B,10A**). GO analysis revealed that the functions of these downregulated genes are closely related to synaptic functions (**Fig. 4G**, and **Supplementary Table 9**). Among these, some are known to be important regulators of neuronal/synaptic biology, such as *SYNGAP1*[56]*, MEF2C*[57]*,* and *HDAC4*[58] (**Supplementary Fig. 10B,C,D)**. We validated the expression reduction of these "target genes" of *MAPT-paRNA* by RT-qPCR (**Fig. 4H)** and by a second ASO (**Supplementary Fig. 10E**). Consistently, the protein levels encoded by these target genes were also decreased (**Fig. 4I**, and **Supplementary Fig. 10F**). These results demonstrated that *MAPT-paRNA* is a global regulator of gene expression that selectively impacts neuronal/synaptic functions. Interestingly, very few of these target genes are located in its genomic vicinity, and most of them are on different chromosomes (**Supplementary Fig. 10G**), suggesting that *MAPT-paRNA* regulates target gene expression both *in cis* and *in trans*. This is a distinct function from the reported action of some paRNAs that impacts the bidirectional gene sharing promoter with them[27,28].

Functional paRNA-target-gene interactions in 3D nucleus revealed by single-cell RNA-DNA interactome

A plausible mechanism underlying paRNAs' roles in gene expression control is that they may directly interact with target genes via spatial proximity in a 3D nucleus. To explore this, we analyzed recent single nuclei RNA-DNA interactome data of the human brain (DLPFC region),

namely by the Multi-Nucleic Acid Interaction Mapping in Single Cell (MUSIC) technique[59]

(**Fig. 5A**). MUSIC employs cell barcodes (CB) to define molecules (DNA or RNA) from the

same cell, and then uses molecular barcodes (MB) to identify shared molecular complexes that

define interactions of DNAs or RNAs (**Fig. 5A**, **see methods**). It provides single cell RNA-DNA

interactome and thus can reveal paRNAs' cell-type specific target genes. The cell numbers and

gene expression counts from our analysis of the MUSIC datasets are shown in **Supplementary**

Fig. 11A,B and are identical to what was originally reported[59].

Overall, 425 paRNAs can be detected in MUSIC data in at least one of the cell types. Among

these, Ex exhibited the largest number of detectable paRNAs (n = 393, **Fig. 5B**). This is perhaps

partially because our paRNA list was identified in bulk brain RNA-seq data in which neuronal

signals are dominant [38], and partially it may also be due to higher detectable RNA reads in Ex in

MUSIC data (**Supplementary Fig. 11A,B**). For each paRNA, MUSIC identified their interacting

genes in the 3D nucleome based on shared CBs and MBs (**Fig. 5A, see methods**). Ex and Ast

exhibited 106 and 17 paRNAs that are specific/exclusive to these two cell types, respectively

(**Fig. 5B**). We identified genes showing RNA-DNA contacts with these cell-type-specific

paRNAs in their respective cell types, and found 4,736 interacting genes for Ex-specific paRNAs

and 1,055 genes for Ast-specific paRNAs. GO analysis of these paRNA-interacting genes

revealed them to be related to neuron differentiation/synapse in Ex and cell-cell adhesion in Ast

(**Supplementary Fig. 11C**), respectively, suggesting that cell-type-specific paRNAs may play

roles in regulating cell-type-specific genes and cellular functions.

We found that m6A-paRNAs can be better detected by the MUSIC data than non-m6A-modified paRNAs, and this is consistent in all cell types (**Supplementary Fig. 11D,E**). This pattern is similar to that in snRNA-seq data (**Supplementary Fig. 7D,E**). As compared to non-m6A-paRNAs, m6A-paRNAs on average can interact with more genes, and show higher interaction strength with genes they contact, a trend particularly obvious in Ex (**Supplementary Fig. 11F**). These results support a notion that m6A-paRNAs are more detectable in MUSIC data possibly due to higher stability, and they possess higher propensity to act in target gene regulation, particularly in Ex. The top five AD-upregulated paRNAs display expression in two or three cell types in MUSIC data (**Fig. 5C**), again a pattern similar to that revealed by snRNA-seq (**Supplementary Fig. 7G**). As aforementioned, KD of *MAPT-paRNA* in i3Neurons, a model of human excitatory neurons, deregulated ~200 genes (**Fig. 4F,G**), many of which are important for neuron differentiation and synapse organization. To test the mechanisms, we examined if *MAPT-paRNA* forms direct RNA-DNA contacts with these "target genes", and we found that about 30% of them (up=2 and down=62) indeed displayed MUSIC RNA-DNA contacts in Ex (**Fig. 5D**). Given that only 2 upregulated genes interact with *MAPT-paRNA*, we will focus on the 62 downregulated "target genes" interacting with *MAPT-paRNA*. The observed contact strength between *MAPT-paRNA* and these 62 target genes was much higher than by random chance (**Fig. 5E**), as shown by permutation tests, for which we randomly selected 62 genes 1,000 times, and calculated the contact strength between *MAPT-paRNA* and each of these random genesets. The contacts between *MAPT-paRNA* and the 62 target genes were more pronounced in Ex than in In

or Ast (**Supplementary Fig. 11G**), lending support to the notion that *MAPT-paRNA* contacts these genes and functionally activates their expression specifically in Ex.

We attempted to test whether this notion may apply to other paRNAs in Ex; i.e., do many of them contact synapse/neuronal genes to potentially play roles in gene regulation and in AD? Out of 393 detectable paRNAs in Ex in MUSIC data, 47 were deregulated in our bulk RNA-seq data (**Fig. 5F**). We calculated RNA-DNA contact strength of each of these paRNAs with a curated set of synapse-associated genes (n = 393, see methods about this curated list), and we found that paRNAs deregulated in AD, as compared to average paRNAs, display higher interaction frequency with synapse-associated genes in Ex (**Fig. 5G**). As an example, RNA-DNA contacts were found in Ex to form between not only *MAPT-paRNA,* but also a series of other AD-deregulated paRNAs, with *MEF2C* (encoding a key neuronal factor known to confer resilience to AD[47,60])(**Fig. 5H**). In contrast, these interactions did not take place in Ast (**Fig. 5H**). These results support that at least a subset of neuronal paRNAs, as exemplified by *MAPT-paRNA*, can contact and regulate neuronal/synapse genes; alteration of such paRNAs in AD are involved in deregulation of key synaptic genes and AD pathogenesis.

MAPT-paRNA protects neurons from excitotoxicity by modulating synaptic activity

An important feature of AD is neuronal hyperexcitability, which leads to excitotoxicity and neuronal death[61,62]. This is often mediated by an overactive N-methyl-d-aspartate receptor (NMDAR) at the synapse. Several key synaptic genes dependent on *MAPT-paRNA*, such as *MEF2C* and *SYNGAP1* (**Fig. 4G,H**), have been known to modulate NMDA activity at synapses [63-65]. Indeed, *Mef2c* deletion in mice impairs learning and memory[66], and it has been shown to prevent neuronal apoptosis elicited by excitotoxic NMDA[65]. Loss of *SYNGAP1* induces neuronal hyperexcitability, leading to deficits in learning and memory[67]. These results suggest that *MAPT-paRNA* might act as a neuroprotective modulator in the context of AD.

To test this, we employed an AD-relevant glutamate-induced excitotoxicity model[68,69] (**Fig. 6A**). We found that mature i3Neurons (8-week IVD) with *MAPT-paRNA* KD are more vulnerable to glutamate-induced cell apoptosis, as shown by significantly higher numbers of cells showing Propidium Iodide (PI) staining (**Fig. 6B,C**). Since SYNGAP1 and MEF2C have been reported to inhibit excitotoxicity by modulating the levels of postsynaptic proteins and glutamate receptors, we selected four of these proteins/receptors to test, finding PSD95 and GluN1 (glutamate NMDA Receptor 1) significantly increased in i3Neurons after *MAPT-paRNA* knockdown, while Synapsin1 (a presynaptic protein) and GluA2 (glutamate AMPA Receptor subunit 2) were not changed (**Fig. 6D**, and **Supplementary Fig. 12A**). These changes did not take place at the mRNA levels (**Supplementary Fig. 12B,C**), consistent with the reports that SYNGAP1 or MEF2C modulate post-synapse proteins and excitability locally at the synapse[70,71]. We also conducted KD of *MEF2C* and *SYNGAP1* mRNAs by ASOs, and these caused upregulation of PSD95 and GluN1, but not GluA2, a pattern consistent with *MAPT-paRNA* KD (**Supplementary Fig. 12D,E,F**). Furthermore, immunostaining after *MAPT-paRNA* KD directly showed accumulation of PSD95 and GluN1 at the dendrites of i3Neurons (**Fig. 6E,F**). Importantly, neuronal electrophysiology confirmed alteration of NMDA receptor activity after KD of this paRNA, while AMPA receptor activity was unaffected (**Fig. 6G,H**). The protective role of *MAPT-paRNA* also applies to beta-amyloid (Aβ-42)-induced neuronal cytotoxicity[72,73], as revealed by increased lactate dehydrogenase (LDH) release in the culture media if i3Neurons were depleted of this paRNA (**Supplementary Fig. 12G**). All together, these results indicate that *MAPT-paRNA* exerts neuroprotective effects, at least in part, via regulating the expression of key

synapse-associated genes to modulate the distribution and assembly of synaptic scaffolding

proteins and glutamate receptors (**Fig. 6I**).

Discussion

m6A methylome on coding and noncoding RNAs in human brain and AD

Our current study utilized total RNA-seq and m6A RIP-seq datasets in human brain samples

from AD patients or cognitively normal controls, and identified a comprehensive landscape of

RNA m6A methylome on mRNAs and ncRNAs. Our results showed that about 60-70% of m6A

peaks in the human mFC are located in the noncoding regions (**Fig.1A,** and **Supplementary Fig.**

2H), encompassing various categories of ncRNAs. These include annotated lncRNAs or other

ncRNAs (e.g., snoRNAs and snRNAs), as well as ncRNAs that have not been previously

annotated in the human transcriptome (Gencode database), including many paRNAs that we

focused on in the latter part of this work. Interesting, we observed around 8,000 highly m6A-

marked intronic regions that overlap with L1 elements. These intronic m6A-marked L1s have

been identified by our previous work in cancer cells, fetal human brains, and iPSC-derived

neural progenitor cells[12], in which we dubbed them m6A-marked intronic L1s (MILs) and found

they can impact the transcription of the genes that harbor them. While in this current work we

focus on paRNAs for functional studies because they have been less explored, it will be

interesting and important to further test the roles of various m6A-modified ncRNAs in gene

regulation, cellular functions in the human brain, and in AD pathogenesis. Therefore, our current

work offers an m6A methylome that has significantly extended the previous observations of

m6A on mRNAs in normal human brains or in diseased brains from AD or ALS[19,74].

Our RNA-seq transcriptome data captured known features of the AD brain, including reduced

expression of synapse-related genes, and this pattern is consistent with other recent datasets[36].

Interestingly, the changes of m6A methylome in normal and AD conditions are not particularly

pervasive, i.e., we identified 835 and 1,645 regions showing m6A hypo- and hyper-methylation.

This selective and moderate m6A change in AD is consistent with the fact that we did not

observe strongly changed gene expression of m6A modifying enzyme genes in AD brains, such

as *METTL3* and *METTL14.* In addition, we observed a moderate but significant positive

correlation between m6A changes and ncRNA expression changes (**Supplementary Fig. 4A,B**).

This indicates that collectively m6A modification may play a positive role in regulating ncRNA

expression in human brains. However, it is noteworthy that m6A is by no means the only

mechanism that impacts the expression of these ncRNAs in the brain or in AD, and thus it is not

surprising that the positive correlation is not particularly strong. Knockdown of METTL3, the

main m6A enzyme, quantitatively affected *MAPT-paRNA* expression (**Supplementary Fig.**

8F,G,I). Other mechanisms affecting ncRNA expression in AD can be from the levels of

transcriptional/epigenetic control and other non-m6A-mediated RNA stability regulation.

Expression patterns and regulation of paRNAs in neurodegeneration

We identified 3,038 paRNAs in the human brain mFC region via *de novo* transcript calling, and

found that close to 40% of them harbor m6A methylation. Interestingly, the genes neighboring

m6A-marked paRNAs show enrichment of terms like synapses, indicating that paRNAs are

produced and methylated selectively from important synapse/brain associated loci. By

comparing paRNA landscapes we detected in human AD brain with those from mouse AD

models, or from brain samples with other neurodegenerative diseases (NDDs), our study

supports a conclusion that human AD-associated paRNAs are quite unique to human AD, and

not commonly seen changed in other NDDs that we analyzed. These results demonstrate that

paRNAs are potentially disease specific ncRNAs that play roles in gene dysregulation or disease

etiology of NDDs.

Our analysis of available epigenetic datasets supports that AD-deregulated paRNAs, particularly

those that show upregulation in AD, are unlikely to be altered at the epigenetic levels, as

H3K4me3 and H3K27ac signals at their transcriptional start sites are similar in Normal and AD

conditions. The expression changes of paRNAs and paired promoter-sharing mRNAs displayed

poor correlation, too. This argues against that transcriptional/epigenetic deregulation is a main

reason for paRNA alteration in AD, as this otherwise should deregulate the promoter-sharing

gene mRNAs in a correlated manner. These results suggest a possibility that paRNA

deregulation in AD may happen at the post-transcriptional level, likely as a consequence of

defective RNA processing. Consistent with this, chemical inhibition of m6A reduces the stability

of *MAPT-paRNA* from a key AD locus (i.e., *MAPT*), lending support that m6A methylation acts

as at least one of the mechanisms in AD that can impact paRNA expression via stability control.

673 ***MAPT-paRNA* does not regulate neighboring *MAPT* mRNA or Tau protein levels**

674 Given the central role of Tau protein in the pathology of AD and other neurodegenerative

675 diseases, the locus coding Tau, *MAPT*, has been actively investigated to understand its mRNA

676 expression and translational control[75]. AD-associated genetic variants exist in this locus[76,77], and

677 ncRNAs are produced therein. It is important to discover AD-associated ncRNAs that can

678 regulate *MAPT*/Tau expression, which may offer mechanistic insights into Tauopathy in AD and

679 potentially new therapeutic avenues. Simone et al. reported that natural antisense transcripts

680 (named NAT in their work), which is essentially *MAPT-paRNA*, can play a role to suppress

681 *MAPT* mRNA translation[33], but this result was not agreed upon by another study[34]. In our work,

682 we found that *MAPT-paRNA* displayed much higher expression in iPSC-derived i3Neurons than

683 cell lines or other types of iPSC-derived brain cells, and it reached a stable expression in

684 morphologically mature excitatory neurons (i.e., with more than 5 weeks *in vitro* differentiation).

685 We considered i3Neurons to be a more relevant model for studying functions of this and other

686 brain paRNAs. Our knockdown of *MAPT-paRNA* did not impact *MAPT* expression either at

687 transcriptional or protein levels. This result was also consistent in SH-5YSY, a neuroblastoma

688 cell line model that displays low levels of *MAPT-paRNA*. In addition to the knockdown results,

689 the poor correlation between paRNA/mRNA changes in AD also supports that if paRNAs bear

690 functional roles, they unlikely regulate the genes directly adjacent to them. Furthermore, during

691 m6A/METTL3 inhibitor treatment (STM2457), while *MAPT-paRNA* expression was reduced,

692 the neighboring *MAPT* mRNA did not change. Together, our data are in agreement with a

693 conclusion that *MAPT-paRNA* does not regulate the neighboring *MAPT* expression or translation.

694

695 ***MAPT-paRNA* acts as a global regulator of neuronal/synaptic gene expression and protects**

696 **neuronal survival**

697 Instead of regulating the neighboring *MAPT* gene, we found that *MAPT-paRNA* knockdown in

698 mature i3Neurons altered around 200 genes, including both genes on the same chromosome and

699 a large majority on other chromosomes. This indicates that *MAPT-paRNA* plays a regulatory role

700 both *in cis* and *in trans*. By integrative analysis of the target genes and RNA-DNA interactome

701 data in the human brain offered by the MUSIC dataset[59], we found that the function of *MAPT-*

702 *paRNA* can be explained by its direct interaction with target genes in the 3D nucleus of

703 excitatory neurons. Interestingly, from MUSIC as well as snRNA-seq data, m6A-modified

paRNAs are more detectable. Also, m6A-modified paRNAs tend to display more target genes

and stronger contact strength with their target genes. These together support a positive

correlation between m6A and paRNA stability/functionality. In addition to *MAPT-paRNA*, our

analysis also found that cell-type-specific paRNAs in neurons often contact important

neuronal/synaptic genes. Many AD-deregulated paRNAs in Ex neurons can contact synaptic

genes more than background levels. These results indicate that many paRNAs may play roles in

cell-type-specific gene regulation in human brains. Distinct from the past work that often found

expression of paRNAs positively correlates with[23-26], and in some cases functionally impacts, the

expression of the neighboring gene sharing a promoter[27,28], our current findings offer a renewed

understanding of paRNAs as global regulators of gene expression *in cis* and *in trans*.

It is interesting that despite that many paRNAs can contact the same DNA loci (e.g., *MEF2C*),

knockdown of a single *MAPT-paRNA* can already cause obvious change of *MEF2C*

transcription. We found that in MUSIC data these paRNAs mostly engage with the target DNA

alone, i.e., there are rarely any molecular complexes that contain more than one paRNA (data not

shown). It is unknown how many of the 31 paRNAs that interact with *MEF2C* loci in Fig. 5H

can play a functional role in augmenting *MEF2C* transcription - it could be a few, and some

could even suppress *MEF2C* transcription. It is noteworthy that *MAPT-paRNA* may also impact

the transcription of these other paRNAs, which we noticed in i3Neurons with *MAPT-paRNA*

knockdown. We speculate that the *MAPT-paRNA* inhibition results in a collateral damage to a

putative "paRNA network" that could reduce the transcription of *MEF2C* gene from two layers:

1), directly from the loss of *MAPT-paRNA*; 2) indirectly from other paRNAs that are affected by

MAPT-paRNA loss. RNA transcription is being increasingly appreciated to take place in bursts[78].

We propose that many paRNAs are produced in dynamic transcriptional bursts, and they act via

dynamic interaction with target gene DNAs to achieve transcriptional regulation, potentially in a

collaborative manner.

As *MAPT-paRNA* showed increased expression in AD, we further explored its relevance to AD

disease etiology. A glutamate-induced neuronal excitotoxicity assay showed that *MAPT-paRNA*

plays a protective role under these conditions, which can be at least partially explained by its

positive regulation of key synaptic regulators such as MEF2C and SYNGAP1. Similar protective

role of this paRNA was found when neurons were challenged with Aβ-42 directly, one of the

most known neuronal stresses in AD. We are tempted to speculate that *MAPT-paRNA* and

perhaps some other regulatory paRNAs are upregulated in AD brains to safeguard key

synapse/neuronal gene expression so as to rectify the declining neuronal functions. However, the

full mechanisms underlying such paRNA regulation in human AD brains remain to be

determined at this stage. Future research is warranted to dissect the cause of paRNA deregulation

in AD, as well as the detailed mechanisms as to how individual paRNAs can regulate target

genes in a 3D nucleus.

Limitations of the current study

We utilized six brain samples from NCI and AD donors in this study, which in our knowledge,

represented one of the largest that studied total RNA m6A methylome in human brains from

normal/AD. However, this number remains limited, and some of the differential m6A sites

revealed by current work will need additional larger datasets to be fully validated. Future work

may also aim to profile RNA m6A methylome from multiple brain regions and/or from purified

individual brain cell types to achieve higher temporal and spatial resolution. In this work we

employed the MUSIC data to study RNA-DNA interactomes of paRNAs to understand the

mechanisms of their action in gene regulation, but we observed that the detectability of paRNAs

in MUSIC[59] is lower than that of snRNA-seq data[52]. For example, about 10-20% of Ex neurons

in snRNA-seq can detect *MAPT-paRNA* expression but this number ranges from one to a few

percent in MUSIC. Therefore, the target gene numbers and DNA contact strengths of paRNAs

seen in MUSIC may represent an under-estimation, and the paRNA-DNA interactome changes

in AD cannot be confidently calculated at this stage. In addition, regarding the role of m6A, we

noted that the change of *MAPT-paRNA* expression appeared to be quantitative after m6A

inhibition (by either chemical or genetic approaches). This suggests that m6A is likely one of the

mechanisms, rather than the only, that can impact *MAPT-paRNA* expression in human brains.

In summary, our results provided a blueprint of the m6A methylome in human brain and AD

disease, particularly on various ncRNAs. We reveal previously unknown roles of paRNAs, as

exemplified by *MAPT-paRNA,* as global transcriptional regulators in human neurons via

navigating 3D nuclear organization, offering new insights into the epitranscriptome regulation of

brain gene expression, neuronal survival, and AD pathogenesis.

Methods

Human brain sample collection

Together with Dr. Hui Zheng (Baylor College of Medicine), we collected RNAs from the middle frontal cortex (FC) of 12 Normal and AD patients (**Supplementary Table 1**). Paired total RNA-seq and m6A RNA methylome (m6A RIP-seq) data were generated from these samples. These tissues were originally collected by the Center for Neurodegenerative Disease Research (CNDR) from University of Pennsylvania and were provided to Dr. Hui Zheng.

Cell culture

H1-hESCs (WA01) and WTC11 iPSCs were purchased from WiCell and Coriell, respectively. WTC11-Ngn2 iPSCs with doxycycline-inducible Ngn2 expression cassette was generously provided by Drs. Li Gan[54] and Yin Shen (UCSF). Both iPSCs and ESCs were maintained in mTeSR1 medium (Stemcell Technologies) on Matrigel-coated plates (Corning, 354230) with daily medium replacement. We followed NIH 4D nucleome standard protocol for cell maintenance. HMC3 and SH-SY5Y were purchased from ATCC and were cultured in DMEM/F12 supplemented with 10% fetal bovine serum (FBS).

Differentiation of H1-hESCs to NPCs and astrocytes

H1-hESCs derived NPCs and astrocytes were generated according to a previous report[79]. In brief, hESCs were dissociated into single cells and cultured in AggreWell 800 plates (Stemcell Technologies, 34811) to form embryoid bodies (EBs) in Neural Induction Medium (Stemcell Technologies). On day 5, EBs were collected and transferred to 6-well plates coated with Matrigel for culture in the NPC medium. Neural rosettes were collected and dissociated into single cells using Neural Rosette Selection Reagent (StemCell Technologies, 05832) after 14 days of culture. The hESCs-derived NPCs were then cultured in Neural Progenitor Medium (Stemcell Technologies, 05833), and passaged every 4-5 days. Following validation by immunostaining with NPC markers, the cells were cryopreserved in liquid nitrogen for future usage. For the differentiation of NPCs into astrocytes, NPCs were dissociated into single cells using accutase (Thermo Fisher, 00-4555-56) and plated on Matrigel-coated plates in astrocyte medium (ScienCell Research Laboratories, 1801) for 20 days, followed by splitting and

797 subculturing until day 75. After validation by immunostaining with astrocyte markers, the cells

798 were frozen for future analysis.

Differentiation of WTC11 iPSCs to microglia

iPSC-derived microglia were generated following established protocols with some

modifications[80,81]. In brief, iPSCs were cultured in mTeSR plus medium (Stemcell Technologies)

on Matrigel-coated plates with daily medium replacement. The cells were dissociated into single

cells using accutase and cultured in a 96-well ultra-low attachment plate (Corning, 7201680) to

form yolk-sac embryoid bodies (YS-EBs) in 100 μL YS-EBs medium (10 mM ROCK inhibitor,

50 ng ml-1 BMP-4, 20 ng ml-1 SCF, and 50 ng ml-1 VEGF-121 in mTeSR plus), with 10,000

cells per well on Day 0. The culture medium was replaced on Days 2 and 4 with fresh YS-EBs

medium without ROCK inhibitor. On Day 5, the YS-EBs were transferred to a 6-well plate with

10-12 YS-EBs per well and incubated in 3 mL hematopoietic medium (2 mM GlutaMax, 100 U

ml-1 penicillin, 100 mg ml-1 streptomycin, 55 mM β-mercaptoethanol, 100 ng ml-1 M-CSF, and

25 ng ml-1 IL-3 in X-VIVO 15) to induce the generation of primitive macrophage precursors

(PMPs). The medium (2 mL) was replaced with fresh hematopoietic medium every 5 days, and

PMPs typically emerged as rounded brilliant cells in suspension within 2 weeks. Subsequently,

PMPs were harvested from suspension and cultured on Matrigel-coated 6-well plates in

microglia medium (DMEM/F12, 2X insulin-transferrin-selenium, 2X B27, 0.5X N2, 1X

GlutaMax, 1X non-essential amino acids, 400 μM monothioglycerol, 5 μg ml-1 insulin)

supplemented with three protein factors (100 ng ml-1 IL-34, 50 ng ml-1 TGFβ1, and 25 ng ml-1

M-CSF) for 25 days, with half-medium replacement every 3 days. After 25 days of culture, the

cells were further incubated in microglia medium supplemented with five protein factors (100 ng

ml-1 IL-34, 50 ng ml-1 TGFβ1, 25 ng ml-1 M-CSF, 100 ng ml-1 CD200, and 100 ng ml-1

CX3CL1) for an additional 3 days to achieve further maturation. Following validation through

immunostaining with microglial markers, the iPSC-derived microglia were ready for subsequent

treatment or analysis.

i3Neuron differentiation

WTC11-Ngn2 iPSCs were utilized to generate i3Neurons following a previously established

protocol [52]. For pre-differentiation, WTC11-Ngn2 iPSCs were cultured with 2 μg ml-1

doxycycline in knockout DMEM/F12 medium supplemented with $1\times$ N2, $1\times$ NEAA, 1 µg ml−1

mouse laminin, 10 ng ml−1 brain-derived neurotrophic factor (BDNF) and 10 ng ml−1 NT3 for

three days. ROCK inhibitor (10 µM) was included in the predifferentiation media for the first

day, and the medium was replaced daily. During the maturation phase, predifferentiated neural

cells were dissociated into single cells using accutase and plated on Poly-L-Ornithine-coated

plates in maturation medium containing equal parts DMEM/F12 and Neurobasal-A with

2 µg ml−1 doxycycline, $0.5\times$ B-27, $0.5\times$ N-2, $1\times$ NEAA, $0.5\times$ GlutaMax, 1 µg ml−1 mouse

laminin, 10 ng ml−1 BDNF and 10 ng ml−1 NT3. Doxycycline was only added to the maturation

medium on the first day and omitted thereafter. Half of the medium was replaced weekly for the

first 2 weeks, and the medium volume was doubled on week 3. Subsequently, one third of the

medium was replaced weekly until 8 weeks for further treatment.

***MAPT-paRNA* stability measurement**

To study the effect of m6A methylation on *MAPT-paRNA* stability, 8-week-old i3Neurons were

treated with m6A/METTL3 inhibitor STM2457 (10 µM, MedChemExpress, HY-134836) or

DMSO vehicle for 24 hours. Following this treatment, Flavopiridol (2 µM, Sigma, F3055) was

added to inhibit transcriptional activity. The RNA levels of *MAPT-paRNA* were then measured at

various time points after transcriptional inhibition using RT-qPCR.

Antisense oligonucleotides (ASOs)-based Knockdown

Knockdown experiments were performed using antisense oligonucleotides (ASOs) with

modifications by the Affinity Plus nucleic acid modification (IDT) (**see Supplementary Table**

9). A sequence-scrambled ASO (Scr ASO) was used as a control. ASOs was dissolved in TE

buffer (10 mM Tris-HCl, pH 7.4, 1 mM EDTA) and directly added to the i3Neuron culture

without any transfection reagent (termed gymnosis) at a final concentration of 10µM. After 3

days of ASOs treatment (unless otherwise indicated), cells were harvested for downstream

analysis.

Western blotting analysis

Cells were washed twice with cold PBS buffer and subsequently lysed in RIPA buffer (50 mM

Tris, pH 7.4, 150 mM NaCl, 1 mM EDTA, 0.1% SDS, 1% NP-40, 0.5% sodium deoxycholate)

containing cOmplete Mini Protease Inhibitor Cocktail (Roche, 11836153001) on ice for 30

minutes. Following centrifugation at 12,000 × g for 10 minutes at 4°C, the supernatants were

combined with 2x Laemmli sample buffer (Bio-Rad, 1610737) and boiled at 95 °C for 10

minutes. The protein samples were loaded and separated using 4%–15% SDS–PAGE gradient

gels, then transferred to a PVDF membrane (Bio-Rad, 1620260). Subsequently, the membranes

were blocked in 5% skim milk in TBST (20 mM Tris, 150 mM NaCl, and 0.2% Tween-20, w/v)

for 1 hour and incubated with primary antibodies, anti-SYNGAP1 (1:2000; CST; #62193S), anti-

MEF2C (1:1000; Abcam; #ab211493), anti-HDAC4 (1:2000; CST; #7628T), anti-Synapsin1

(1:1000; SYSY; #106011), anti-PSD95 (1:1000; Sigma; #MAB1596), anti-GluN1 (1:1000;

SYSY; #114011), anti-GluA2 (1:1000; BioLegend; #810501), anti-Total Tau (1:20000; Dako;

#A0024), anti-pTau (Ser202/Thr205) (1:1000; Thermo Fisher; #MN1020), anti-Tubulin (1:5000;

Thermo Fisher; #A11126), or anti-GAPDH (1:50000; Proteintech; #60004). After three washes

in TBST, the membranes were incubated with horse-radish peroxidase (HRP)-conjugated

secondary antibody for 1 hour. Following six washes, protein bands were visualized using the

Enhanced Chemiluminescence kit (Pierce) and developed in the Bio-Rad ChemiDoc gel imaging

system. Band intensities were quantified using ImageJ software, with tubulin blots serving as

loading controls.

Glutamate-induced neuronal excitotoxicity assay

To investigate the neuroprotective role of *MAPT-paRNA*, we implemented glutamate-induced

excitotoxicity based on established protocols with slight modifications[74,82]. In detail, i3Neurons

were cultured and differentiated in a 24-well plate for 8 weeks and treated with Scr ASO or

MAPT-paRNA-ASO1 for 3 days. Subsequently, vehicle or 10μM L-glutamate (Sigma, G1251)

was introduced into the medium for 2 hours. Then the cells were stained with Hoechst 33342

(5 μg ml−1) (Thermo Fisher, 62249) and propidium iodide (PI, 1 μg ml−1) (Thermo Fisher,

P21493) for 30 min to visualize total and dead cells, respectively. Images were captured using a

Keyence BZ-X810 Fluorescence Microscope, and neurons from at least 3 wells were quantified.

To assess the toxicity of ASOs alone on i3Neurons, the same protocol was applied, excluding the

L-glutamate treatment.

Beta-amyloid (Aβ-42)-induced cytotoxicity

To assess the role of MAPT-paRNA under Aβ-induced stress, 8-week-cultured i3Neurons were

treated with either Scr ASO or MAPT-paRNA-ASO1 in the presence of scrambled beta-amyloid

(Scr Aβ-42, Anaspec, #AS-25382) or beta-amyloid (Aβ-42, Anaspec, #AS-64129-05) for six

consecutive days. Cell cytotoxicity was evaluated daily by measuring lactate dehydrogenase

(LDH) levels in the culture media using the LDH Assay Kit (Sigma, #MAK066).

Electrophysiological recordings

Electrophysiological recordings were conducted at room temperature using 8-week-cultured

i3Neurons in a whole-cell patch-clamp configuration. Patch pipettes with a resistance of 8–15

MΩ were filled with an internal solution containing 135 mM CsF, 33 mM CsCl, 2 mM $MgCl_2$, 1

mM $CaCl_2$, 11 mM EGTA, and 10 mM HEPES (pH 7.4). The external ACSF solution consisted

of 140 mM NaCl, 7 mM KCl, 2 mM $CaCl_2$, 10 mM HEPES, 10 mM glucose, 10 μM bicuculline,

and 1 mM TTX (pH 7.4). To selectively study NMDA receptor-mediated currents with

glutamate, non-NMDA receptors were blocked using 10 μM NBQX. Conversely, for

investigating AMPA receptor-mediated currents, NMDA receptors were blocked with 100 μM

APV and 25 μM DCKA. External solutions were locally applied to neurons using an SF-77B

Fast-Step perfusion system (Warner Instruments). All recordings were performed at room

temperature with a holding potential of −60 mV using an Axopatch 200B amplifier (Molecular

Devices). Data were acquired at 10 kHz using pCLAMP10.7 software (Molecular Devices) and

filtered online at 5 kHz. Current densities were calculated by dividing the recorded current (pA)

by the measured cell membrane capacitance (pF).

Immunocytochemistry

For immunofluorescence immunostaining, the cells were cultured on coverslips, then washed

twice with PBS and fixed in cold methanol (-20°C) for 15 min. Subsequently, the cells were

permeabilized and blocked with PBS containing 5% goat serum, 5% BSA (bovine serum

albumin), and 0.3% Triton X-100 for 1 h, followed by incubation with primary antibodies diluted

in blocking buffer overnight at 4°C. After incubation with fluorescence-conjugated secondary

antibodies at room temperature for 1 hour, cell nuclei were counterstained with DAPI, and

images were acquired using a confocal microscope (Nikon A1) or fluorescence microscope

(Keyence). Antibodies used for immunocytochemistry were against PSD95 (1:200; Sigma;

#MAB1596), GluN1 (1:200; SYSY; #114011), NeuN (1:200; ThermoFisher; #702022), and

MAP2 (1:400; Abcam; #ab5392). To quantify the intensity of immunostaining images, ImageJ

software (ImageJ website: http://imagej.nih.gov.laneproxy.stanford.edu/ij/) was used. A

minimum of 15 neurons from 3 separate experiments were quantified for statistical analysis.

Quantitative RT-PCR (qRT-PCR)

Total cellular RNAs were extracted by TRIzol (Thermo Fisher) or Zymo RNA miniprep kit

(Zymo Research), following the respective manufacturer's instructions. The extracted RNA

underwent reverse transcription by SuperScript IV (Thermo Fisher) for first strand cDNA

synthesis using random hexamer. For qPCR, the SsoAdvanced Universal SYBR green Supermix

(Bio-Rad) was used according to the standard parameters recommended by the manufacturer.

Primer sequences were shown in **Supplementary Table 9**. All qPCR analyses were performed

in triplicate, and each value was denoted by a black dot.

RNA-seq, MeRIP-seq, and MeRIP-qPCR

RNA-seq and MeRIP-seq were performed according to our previous report with some

modifications [12]. Total RNA (2-5 μg) was fragmented at 70 °C for 6 min in the fragmentation

buffer (10 mM ZnCl2, 10 mM TrisHCl pH7.4), following precipitation the RNA was

resuspended with ice-cold IP buffer (10 mM Tris-HCl, pH 7.4, 150 mM NaCl, 0.1% NP-40, 20

U/mL Superase-In, 1× Protease Inhibitor) to a final volume of 1050 μL. Of this, 50 μL of diluted

RNA was utilized for RNA-seq (5% input for m6A IP) and the remaining 1000 μL was reserved

for MeRIP-seq (Methylated RNA immunoprecipitation sequencing). To prepare anti-m6A

antibody conjugated beads, 20 μL of Dynabeads Protein G beads (Thermo Fisher) was washed 3

times with 1ml IP buffer and then incubated with 1 μg of m6A antibody (Synaptic Systems, #

202003) at room temperature for 30min. The conjugated anti-m6A-Dynabeads were washed in

1ml IP buffer 3 times. Subsequently, the RNA sample was mixed with the beads and rotated at

4 °C for 3 hours. The beads were then washed in the IP buffer 5 times. The immunoprecipitated

RNAs were extracted from the beads by TRIzol-LS (Thermo Fisher). The extracted RNA was

subjected to the next generation sequencing library preparation for RNA-seq and MeRIP-seq, as

well as qPCR, to quantify the m6A levels.

Library Preparation and Sequencing

RNA samples were collected by one of two methods: lysis in TRIzol reagent (Thermo Fisher) for

RNA-seq and MeRIP-seq, followed by standard phenol-chloroform extraction methods; or

alternatively, lysis was performed using Zymo Research Quick-RNA MiniPrep kit (Genesee

Scientific) for regular qPCR following the manufacturer protocol. Libraries for RNA-Seq and

MeRIP-Seq were made with NEBNext Ultra II Directional Library Prep Kit for Illumina (NEB,

#E7760) following the manufacturer's instructions. Ribosome RNA was depleted with NEBNext

rRNA Depletion Kit (NEB, #E6301S). The generated libraries were quantified using the Qubit-3

system and/or qPCR. Sequencing of the libraries was performed using a NextSeq 550 platform

(Illumina) with paired-end sequencing (40/40nt mode).

RNA-seq data analysis

We used FastQC (v.0.11.8) (https://www.bioinformatics.babraham.ac.uk/projects/fastqc/) to

check the quality of RNA-seq raw reads. RNA-seq clean reads were aligned to the human

reference genome (hg19) or mouse reference genome (m31) from the UCSC database using

HISAT2 (v.2.2.1)[83] with *-k 1 --no-discordant --rna-strandness RF*. StringTie (v.2.1.6)[84] was

implemented to assemble and quantify transcripts based on gencode.v19.annotation.gtf (human)

or gencode.vM31.annotation.gtf (mouse). DESeq2 (v.1.34.0)[85] was run to analyze differentially

expressed genes (DEGs). DEGs between AD and Normal groups were defined based on *p.adj* <

0.05 and absolute $\log_2$foldchange > 1. Differentially expressed paRNAs between Normal and

AD/ALS/PD/FTD brains were selected based on *p.adj* < 0.05 and absolute $\log_2$foldchange >

log2(1.5). For *MAPT-paRNA* control and KD RNA-seq data, DEGs were defined based on *p.adj*

< 0.05 and absolute $\log_2$foldchange > log2(1.5).

ChIP-seq analysis

We firstly downloaded Non Cognitive Impairment (NCI) and AD H3K27ac and H3K4me3

ChIP-seq fastq files from ENCODE (https://www.encodeproject.org/brain-

matrix/?type=Experiment&status=released&internal_tags=RushAD) and H3K27ac ChIP-seq

data (GSE153875) (Nativio et al. [36]). We used FastQC (v.0.11.8)

(https://www.bioinformatics.babraham.ac.uk/projects/fastqc/) to check the quality of ChIP-seq

reads. We applied Bowtie2 (v.2.2.5)[86] with --very-sensitive to map clean reads from ChIP-seq to

hg19 from the UCSC database, and duplicates are further removed with picard. MACS3

(v.3.0.0a6)[39] (https://github.com/macs3-project/MACS) was used to call H3K27ac and

H3K4me3 peaks, respectively.

De novo transcript calling

We followed the previous method[42,43] to identify RNA transcripts using STAN R package

(v.2.22.0)[87]. Briefly, we merged the bam files from the same group to increase the sequencing

depth, and convert the bam to bed files. Next, we applied the STAN package to the bed file with

default parameters. To define paRNAs, the transcription start sites (TSSs) of any possible

paRNAs overlapping with the promoter regions (-2kb to 2kb) of genes were retained.

Long-reads Nanopore Direct RNA-seq data Analysis

We downloaded the long-reads RNA-seq datasets from ENCODE

(https://www.encodeproject.org/brain-

matrix/?type=Experiment&status=released&internal_tags=RushAD). We followed the ENCODE

pipeline to reanalyze long-read RNA-seq datasets. Here we used minimap2 (v.2.17-r941)[88] to

map the long-read RNA-seq data to the hg19 genome build. Next, TALON (v5.0)[89] was used to

quantify the expression of transcripts. Any lincRNA, antisense RNA, processed_transcript or

unannotated transcripts overlapping with the transcription start sites (TSSs) of PCGs were

retained.

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MeRIP-seq data analysis

Similar to RNA-seq data analysis, we used the same pipeline to map clean MeRIP-seq data to the

human reference genome. We used MACS3 (v.3.0.0a6)[39] (https://github.com/macs3-

project/MACS) with --nomodel --extsize 100 to call m6A peaks.The high-confidence m6A peaks

were retained based on q value $\leq 10^{-5}$ and fold change ≥ 5. We used bedtools (v.2.30.0)[90] to get

intersected m6A peaks detected in at least 3 samples. We used ChIPseeker (v.1.40.0)[91] to

annotate the genomic region of a m6A peak as TSS, exon, 5′ UTR, 3′ UTR, intronic or

intergenic. The 'gencode.v19.annotation.gtf' was used as the transcript database. Gene promoter

regions were defined on the basis of -2 kb distance from TSS. For m6A peaks annotated to

ncRNAs, we used m6A peaks to overlap with ncRNAs identified by *de novo* calling or repetitive

elements downloaded from UCSC Genome Browser.

Differential analysis of m6A peaks

The gained or lost m6A peaks were determined by whether the genomic coordinates of any m6A peaks overlap or not. Of note, this criterion is markedly biased by the peak calling algorithm. For example, the enrichment fold of a genomic region is 4.9 and 5.1 in Normal and AD brains, respectively. Thus, this genomic region would have a m6A peak in AD, but not in Normal brains. Moreover, the difference in m6A ratio (MeRIP/input) in this genomic region between Normal and AD brains was not large. The existing algorithms analyzing differential m6A peaks divided the genomic regions into different bin sizes and compared the differences in m6A ratio between case and control samples. These algorithms have at least 3 limitations. First of all, there is no gold standard for choosing a proper bin size. In addition, continuous bin sizes have significant differences in m6A ratio, these continuous bin sizes would be concatenated, which would make a m6A peak region large. Third, the genomic coordinates of these differential m6A peaks called by the existing algorithms do not match the genomic coordinates of m6A peaks called by MACS3. To address these questions, we merged the m6A peaks from Normal and AD brains to obtain unique m6A peaks, and then calculated the RNA (referred to as *raw FPKM(RNA)*) and m6A methylation (referred to as *raw FPKM(m6A)*) levels for each m6A peak region. Given the sparsity of RNAs in some m6A peak regions, we added a pseudocount of the first quantile of RNA levels from each input sample to *raw FPKM(RNA)* to get the *final FPKM(RNA)*, and calculated the m6A ratio based on the *raw FPKM(m6A)* divided by *the final FPKM(RNA)*. Here is the formula for the normalized m6A ratio:

$\frac{FPKM(MeRIP)}{FPKM(Input)+pseudoCount}$. We further removed the outliers of m6A ratio less than 3.5 based on the quantile distributions of m6A ratio. Next, we performed the paired student's t test for m6A ratio of each m6A peak between AD and Normal brains. We selected the differential m6A peaks based on the fold change > 1.5 and p < 0.1.

Gene Ontology analysis

We applied gProfiler2 (v.0.2.2)[92] to analyze the functional enrichment of genes. Significant GO terms will be selected based on a 5% false discovery rate (FDR).

snRNA-seq data analysis

We downloaded control and Alzheimer's disease snRNA-seq datasets[52]. Based on the previous

method[93], we used the cellranger count (v.7.0.0)[94] with default parameters to align the snRNA-

seq data to the hg19 human reference genome including mRNAs and paRNAs to produce the

raw cell-by-gene count matrix based on the barcode matrix for all snRNA-seq libraries. Next, we

used Seurat (v.5.0.0)[95] to filter out low quality nuclei based on nFeature_RNA > 200 &

nFeature_RNA < 10000 & percent.mt < 5. Subsequently, the merged expression matrix was

normalized by the NormalizeData with default parameters from Seurat. The principal

components were calculated using the first 3000 variable genes, and the Uniform Manifold

Approximation and Projection (UMAP) analysis was performed with RunUMAP from Seurat.

The FindAllMarkers from Seurat was used to analyze the differentially expressed genes across

different clusters. Finally, we used the previously identified marker genes[52] to define the

different cell clusters or cell types. Here if a paRNA was detected in more than 3% cells of a

given cell type, then that paRNA was defined as a detected paRNA in that cell type in snRNA-

seq data.

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MUSIC data analysis

To analyze how many paRNAs are detected by MUSIC data, we directly used the processed

reads/cells/complex matrix reported in Wen et al.[59], (which is in hg38 genome build). We

liftovered the genomic coordinates of our paRNAs from hg19 genome to hg38, and intersected

the genomic coordinates of paRNAs we identified in human brain bulk RNA-seq datasets with

the RNA reads from MUSIC data. Here if a paRNA was detected in more than 3% cells of a

given cell type based on the cell barcoder (CB), then that paRNA was defined as a detected

paRNA in that cell type in MUSIC data. The expression pattern of paRNAs is similar when

using a more stringent cutoff (e.g., 5% of cells expressing paRNAs). To identify the target genes

of paRNAs of interest, the DNA reads interacting with paRNAs were identified based on shared

cell barcodes and molecular barcodes (CBMB) between RNA reads and DNA reads. To annotate

these DNA reads to genes, we used the gene body to overlap with the DNA reads interacting

with paRNAs. To remove technical issues, we remove large molecular complexes with RNA

reads>50 and DNA reads>1000. We followed the method described by Wen et al.[59] to calculate

the contact strength between RNA reads and DNA reads in a complex: $\frac{M*N}{M+N}$, M and N represent

the number of RNA reads and DNA reads in a complex, respectively. Synaptic genes (n=393)

were extracted from **Supplementary Fig, 11C**, and then we calculated the contact strength

between AD-deregulated paRNAs (DE paRNAs, n = 47) / non-AD-deregulated paRNAs (n =

346) and these synaptic genes (n=393).

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1077 **Motif analysis**

1078 We ran Homer (findMotifsGenome -rna -len 5,6,7)[96] to analyze m6A peaks and to identify m6A

1079 motifs.

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Quantification and statistical analysis

All bar graphs of qPCR data were presented as mean ± SD as indicated in figure legend using

Prism 6.0. Two-tailed Student's t-test was used to compare means between groups as indicated; p

< 0.05 was considered significant, and p values with asterisks are indicated in each figure panel.

∗, $p < 0.05$; ∗∗, $p < 0.01$; ∗∗∗$p < 0.001$. Statistical details of experiments can be found in the

figure legends. No statistical methods were used to pre-determine sample sizes. For all boxplots,

the central lines represent medians; box limits indicate the 25th and 75th percentiles; and

whiskers extend 1.5 times the interquartile range (IQR) from the 25th and 75th percentiles. For

NGS data analysis, statistical analysis was performed using Python (v.3.8) and R (v.4.3), and is

indicated in the legend of each figure panel.

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and for kindly sharing these datasets with the scientific community.

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Author contributions

W.L., B.H., and Y.S. conceived the project. B.H. conducted all the dry lab experiments. Y.S. did

most of the wet lab experiments, with help from Y.-T.C., X.Z. and N.D. F.X. generated the

original RNA-Seq and MeRIP-Seq datasets. H.Z. and R.C. acquired human brain tissues and

contributed to i3Neuron work, and D.-F.L. and C.S. helped on neuronal/glial cell differentiation

and culture. X.W. and S.Z. shared and helped with MUSIC data. E.F. and V.J. contributed the

electrophysiology results. W.L., B.H., and Y.S. wrote the manuscript, with inputs from all

authors. These authors contributed equally: Benxia Hu, Yuqiang Shi.

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1123 **Declaration of interests**

1124 The authors declare no competing interests.

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Data availability

Public data:

H3K4me3 and H3K27ac ChIP-seq, and RNA-seq datasets generated from No Cognitive

Impairment and AD DLPFC are available through (https://www.encodeproject.org/brain-

matrix/?type=Experiment&status=released&internal_tags=RushAD). Old and AD lateral

temporal lobe RNA-seq datasets are available through GSE104704 (Nativio et al., PMID:

32989324), and H3K27ac ChIP-seq data are available through GSE153875 (Nativio et al.,

PMID: 29507413). RNA-seq data generated from the 5xFAD mice brain (right cerebral

hemisphere) are available through https://www.synapse.org/#!Synapse:syn21983020. RNA-seq

data generated from the 3xTg-AD mouse mode are available through

https://www.synapse.org/#!Synapse:syn22964719. RNA-seq data generated from the P301S

mouse model are available through GSE226385 (Udeochu et al., PMID: 37095396). RNA-seq

data generated from Parkinson's disease are available through GSE148434 (PD, Lee et al.,

PMID: 37058563), Frontotemporal Dementia are available through GSE116622 (FTD, Conlon et

al., PMID: 30003873), and Amyotrophic lateral sclerosis are available through GSE124439

(ALS, Tam et al., PMID: 31665631). RNA-seq data from iPSC-derived cellular models are

available through GSE102956 (Lin et al., Neuron, PMID:29861287). DLPFC Normal and AD

snRNA-seq data are available through GSE174367 (Morabito et al., PMID:34239132).

1144

1145   Data generated by this work:

1146   Data generated in this study have been deposited to NCBI GEO (GSE266459). The reviewer

1147   token is *mjidasquplmzbcx*. Source Data are provided with this paper (Source Data Files 1,2,3).

1148   Source data and codes in this paper are also available at Zenodo

1149   (https://doi.org/10.5281/zenodo.15019230)[97].

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1151   **Code availability**

1152   All custom code used in this work is available in the following github

1153   repository:(https://github.com/BenxiaHu/MAPT-paRNA_in_AD). Genomic tracks are generated

1154   by the HiCPlot NGStrack function (https://github.com/BenxiaHu/HiCPlot).

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