Common non-antibiotic drugs enhance selection for antimicrobial resistance
in mixture with ciprofloxacin

April Hayes[1*], Lihong Zhang[1], Jason Snape[2], Ed Feil[3], Barbara Kasprzyk-Hordern[4],
William H Gaze[1], Aimee K Murray[1]

1 European Centre for Environment and Human Health, University of Exeter,
Penryn, UK

2 Department of Environment and Geography, University of York, UK

3 Department of Life Sciences, University of Bath, Bath, UK

4 Department of Chemistry, University of Bath, Bath, UK

*Corresponding author – a.hayes4@exeter.ac.uk, University of Exeter, Penryn
Campus, Treliever Road, Penryn, Cornwall, TR109FE

Keywords

Microbial ecology, non-antibiotic drugs, antimicrobial resistance, pharmaceuticals,
mixtures

Short title

NAD-ciprofloxacin mix enhances AMR

Abstract

Antimicrobial resistance (AMR) is a major health concern, and a range of antibiotic and non-antibiotic agents can select for AMR across a range of concentrations. Selection for AMR is often investigated using single compounds, however, in the natural environment and the human body, pharmaceuticals will be present as mixtures, including both non-antibiotic drugs (NADs), and antibiotics. Here, we assessed the effects of one of three NADs in combination with ciprofloxacin, a commonly used antibiotic that is often found at concentrations in global freshwaters sufficiently high to select for AMR. We used a combination of growth assays and qPCR to determine selective concentrations of mixtures and used metagenome sequencing to identify changes to the resistome and community composition. The selective concentration of ciprofloxacin was reduced from 40μg/L to 10μg/L in the mixtures, and mixtures showed a stronger selection for some AMR genes such as *tolC* and *qnrB*. The communities exposed to the mixtures also showed changed community compositions. These results demonstrate that NADs and ciprofloxacin are more selective than ciprofloxacin alone, and these mixtures can cause distinct changes to the community composition. This indicates that future work should consider combinations of antibiotics and NADs as drivers of AMR when considering its maintenance and acquisition.

Introduction

Antimicrobial resistance (AMR) is a global health threat, with 1.27 million deaths in 2019 directly caused by antibiotic resistant bacterial infections [1]. Traditionally, resistance to antibiotics has been determined by identifying concentrations that inhibit growth. However, research shows that low concentrations of antibiotics can select for antibiotic resistance in both single species [2, 3], and in bacterial communities [4-9]. Additionally, other non-antibiotic compounds can co-select for antibiotic resistance, including metals and biocides [10, 11]. Non-antibiotic drugs (NADs) have previously been shown to reduce bacterial growth [12, 13], increase horizontal gene transfer rates [14-17], and select for antibiotic resistance [18-20], in single species experiments at therapeutic concentrations. There is some evidence suggesting that NADs at lower, more environmentally relevant concentrations may

not select, or select less strongly for AMR, in both single species and mixed
communities [21, 22]. We previously tested three NADs commonly found in the
environment - diclofenac, metformin and 17-β-estradiol – on their selective potential
for AMR [22]. Diclofenac, a non-steroidal anti-inflammatory drug [32], is one of the
five most frequently detected pharmaceuticals in the aquatic environment [23].
Metformin is used in front-line diabetes treatments [24] and 17-β-estradiol is a
naturally produced hormone but is also used in hormone replacement therapy [25,
26]. Diclofenac, metformin and 17-β-estradiol did not strongly select for antibiotic
resistance genes within a bacterial community, or affect bacterial diversity [22].
However, they did have antimicrobial activity in terms of impact on growth rate and
additionally had some effects on metal resistance gene abundance/diversity [22].

Pharmaceuticals are present in both the human body and in the aquatic environment
at a range of concentrations [24, 27-30]. NADs will be present alongside antibiotics
in these environments as both simple and complex mixtures of multiple
pharmaceuticals [31]. Environmentally relevant concentrations of ciprofloxacin can
select for AMR [2, 9] and previous environmental risk assessments have shown that
there is a risk of AMR selection by ciprofloxacin in various wastewater environments,
even in high income countries [32].

Several studies have studied the effects of mixtures of NADs and antibiotics with a
specific focus on their capacity to reduce or completely inhibit bacterial growth or
increase antibiotic susceptibility [33, 34]. For example, diclofenac and metformin
have been shown to act both synergistically and antagonistically with a range of
antibiotics across a range of classes and species [35] including the pathogen
Pseudomonas aeruginosa. Diclofenac can also increase the inhibitory activity of
ciprofloxacin in *Proteus mirabilis* [36]. Alternatively, metformin has been shown to
increase the inhibitory activity of tetracycline antibiotics, and restored tetracycline
susceptibility in a resistant *Escherichia coli* strain [37]. Overall, there is not enough
evidence to conclusively suggest mechanistic insights into combinations of these
pharmaceuticals. These results may be species specific, or related to altered gene
expression, and there is less evidence when considering their effects on complex
communities.

Furthermore, most research has focused on testing the effects of mixtures of
antibiotics. Work in this area has illustrated within-species variability in responses to
antibiotic mixtures [38], and shown that the responses of single species do not
predict the responses of a more complex community [39]. Furthermore, there is
evidence to suggest that complex microbial communities may be more resilient to
mixtures than individual species [39], which also occurs with single antibiotic
compounds [40]. Additionally, research has shown that when antimicrobials are
combined in complex mixtures, a variety of interactions can occur. This includes
increased and decreased evolution of resistance [41-43]. Overall, mixtures are likely
to lead to different selection dynamics in bacterial communities compared to single
compounds alone due to increased variability in both species and genes.

In this study, we aimed to understand the effects of simple mixtures in a complex
microbial community, since this is first step to understanding complex mixture
effects. We experimentally spiked single concentrations of diclofenac, metformin,
and 17-β-estradiol alongside a range of ciprofloxacin concentrations to see if this
affected the minimal selective concentration of ciprofloxacin. Firstly, we determined if
there was a significant reduction in the growth of the community in the mixture
compared to ciprofloxacin alone, and secondly, if the minimal selective concentration
of ciprofloxacin changed in the presence of the NAD. We used *intl1* as the selective
concentration endpoint, since this has previously been shown to increase with
ciprofloxacin selection [9], and *intl1* has been suggested as a proxy for antimicrobial
resistance acquisition in environmental monitoring [44]. Finally, we determined
whether the community resistome or composition changed in the mixtures using
metagenome sequencing.

Methods and Materials

Pharmaceuticals

Diclofenac (Sigma Aldritch), metformin (Enzo), 17-β-estradiol (Sigma Aldritch), and
ciprofloxacin (Sigma Aldritch) were acquired and dissolved in water, water, ethanol,
and 0.8mol HCl and 1.2mL water respectively and filter sterilised. Aliquots were kept
at -20°C for up to two weeks before use. Stock concentrations of pharmaceuticals
were diluted in filter sterilised water to concentrations for use.

Wastewater influent

Wastewater influent was collected from Falmouth (UK) wastewater treatment plant,
in June 2022. The wastewater was collected in clean 1L glass Duran bottles and
processed the same day. Wastewater was mixed 1:1 with 40% glycerol and kept
frozen at -70°C until use. A wastewater bacterial community was used since it
contains a large number of bacterial species, including those that are associated with
humans, and can contain opportunistic pathogens [22]. Furthermore, this type of
community is likely exposed to antimicrobials within the environment as highlighted
earlier, so provides real-world relevance to this study.

Growth Assays

Combinations of ciprofloxacin and either diclofenac, metformin, or 17-β-estradiol
were tested across a range of ciprofloxacin concentrations with a spiked
concentration of the NAD (diclofenac: 50μg/L and 25μg/L, metformin: 26μg/L and
13μg/L, 17-β-estradiol: 24.8μg/L and 12.4μg/L). The higher set of these
concentrations had previously been shown to significantly reduce growth compared
to a no-NAD control, and the lower concentration did not significantly reduce growth
compared to a no-NAD control, within the same experimental set up [45]. All
mixtures contained NAD at all ciprofloxacin concentrations including 0 μg/L.

A 96 well plate was filled with 180μL Iso-Sensitest broth (Oxoid). For the
ciprofloxacin gradient, 180μL Iso-Sensitest broth with 15.6μg/L ciprofloxacin was
added to the top 12 wells of the plate, and 180μL was serially diluted down the plate,
leaving one row as a no-antibiotic control. The higher NAD concentration was added
to four columns, the lower NAD concentration to four columns, and the remaining
four columns were left as a no-NAD control (Figure 1). Wastewater influent was
thawed, and washed with 0.85% NaCl twice to remove contaminants and nutrient
carry over, and 10μL of this was inoculated into each well. The plate was sealed with
a MicroAmp Optical seal and optical density was measured at 600nm (OD600) every
ten minutes for 24 hours in a BioTek plate reader (Agilent), with five seconds of
shaking at 180 rpm every ten minutes.

Figure 1. 96 well plate layout for the growth assays for mixture experiments.

Selection Experiments for qPCR analysis

Selection experiments were carried out across a ciprofloxacin gradient, with the addition of single spiked NAD concentrations. Firstly, the lowest observed effect concentration (LOEC) of ciprofloxacin was determined. Ciprofloxacin was tested at 40µg/L, 20µg/L, 10µg/L, 5µg/L, and 2.5µg/L and 0 µg/L. This range was informed by a previous study where the LOEC was calculated to be 15.6µg/L [9]. Then, mixture experiments using the NADs were performed over this ciprofloxacin concentration range, but including either diclofenac spiked at 50µg/L, metformin at 26µg/L or 17-β-estradiol at 24.8µg/L [22]. All mixtures contained NAD at all ciprofloxacin concentrations, including 0 µg/L.

To set up the experiments, wastewater influent was thawed and washed twice with 0.85% NaCl and inoculated with 10% vol/vol into Iso-Sensitest broth. This inoculated broth was separated into 30mL aliquots, which were spiked with the ciprofloxacin and NAD concentrations. These 30mL aliquots were then separated into 5mL microcosms. Day zero samples were taken at this time point. For this, 1mL of each microcosm was taken, centrifuged at 2100rpm for two minutes and the pellet resuspended with 20% glycerol. Samples were kept at -70°C until use. The microcosms were incubated at 37°C with 180rpm shaking, with transfers into fresh media with fresh NAD and ciprofloxacin daily for seven days. On day seven, samples were taken by mixing 0.5mL culture 1:1 with 40% glycerol and kept at -70°C until use.

QPCR analysis

QPCR was performed using day zero and day seven samples to determine effects on selection after the weeklong experiment. DNA was extracted using a DNeasy UltraClean Microbial Kit (Qiagen). All steps were carried out to manufacturer's instructions with the initial centrifugation step extended to one minute. Extracted DNA was diluted 5X with TE and stored at 4°C before use. QPCR was performed using *intI1* primers and standardised to *16S* rRNA copy number using a QuantStudio 7 Real-Time PCR machine (Thermo Fisher). Prevalence was calculated by dividing the *intI1* copy number by the 16S rRNA copy number. The reaction mix included 10µL SYBR MasterMix with ROX and SYBR (PrimerDesign), 1µL forward primer (Integrated DNA Technologies), 1µL reverse primer (Integrated DNA Technologies), 0.2µL Bovine Serum Albumin and 2.8µL nuclease free water (Ambion). The cycling protocol was as follows – 120 second hold at 95°C, 50 rounds of cycling with 10 seconds at 95°C for denaturation and 60 seconds at 60°C for data collection. Only runs with an efficiency of 90-11%, and an R^2 of greater than 0.99 were used in analyses. Primer and gblock sequences are presented in Supplementary Table 1.

Metagenome Sequencing

For Illumina metagenome sequencing, day seven samples were thawed, and DNA extracted using a DNeasy UltraClean Microbial Kit, with all steps carried out to the manufacturer's instructions save for two exceptions. The initial centrifugation step was elongated to 2 minutes, and the centrifugation of the PowerBead tubes was increased to one minute at 12,000G. Extracted DNA was purified using a standard RNase A and standard Ampure XP bead protocol. DNA was eluted in 10mM Tris-HCl and stored at 4°C until being sent for sequencing. NEB PCR-free library prep was carried out by the Exeter Sequencing Centre prior to sequencing using a NovaSeq SP to a depth of up to 20GB per sample.

Metagenome Analyses

Trimmed reads from the Exeter Sequencing Service were used in all analyses. All reads were checked for quality using FastQC and MultiQC [46]. AMR++ was used to process the reads [47]. Low quality reads and reads mapping to host (human) were

removed. For the resistome analysis, reads were aligned to the MEGARES 3.0
database [47], which includes multiple resistome databases including BacMet [48],
ResFinder [49], and CARD [50]. For the microbiome analysis, *kraken2* [51] was used
to identify taxonomy as part of the AMR++ pipeline using the minikraken database
[52, 53]. Outputs from these pipelines were input into R, and converted into phyloseq
objects using *phyloseq* v1.48.0 [54]. Reads were normalised using *metagenomeSeq*
v1.46.0 with cumulative sum scaling [55, 56]. Relative abundances (proportions)
were then created using these normalised data.

Data Analysis

All statistical analyses were carried out in R version 4.4.1 [57]. All figures were
generated using *ggplot2* 3.5.1 [58] and *MetBrewer* v0.2.0 [59]. For all models, the
most parsimonious model was used, determined by sequentially deleting terms and
comparing model fits using X^2 tests. Only those models with residuals fitting
assumptions were used. Fit of residuals were checked using *DHARMa* v0.4.6 [60].

Growth Analyses

To determine the minimal selective concentrations or LOECs of the mixtures using
growth, a method previously used was applied [61]. In summary, the time point in
exponential phase with the largest dose response was determined using either
Spearman's or Pearson's correlation test, as determined by the normality fit of the
data. Then, at this time point, a Dunn's test (*dunn.test* v1.3.5) was used to identify
which concentrations significantly differed from the control growth (i.e. no
ciprofloxacin and no NAD). The lowest concentration that was significantly different
to the control was determined as the LOEC

To determine total growth capacity or productivity, total area under the curve (AUC)
was used. AUC was determined using the *growthcurver* v0.3.1 package [62]. The
AUC from exponential growth phase was used in linear mixed effect models using
lme4 v1.1.31 [63], with concentration of ciprofloxacin and treatment of NAD as fixed
effects, and microcosm as a random effect. Pairwise comparisons were determined
using *emmeans* v1.8.2 [64], and p values adjusted for multiple comparisons using
false discovery rate.

QPCR Analyses

Intl1 prevalence was calculated by dividing the *intl1* quantity by the *16S* rRNA
quantity. These prevalences were used to calculate LOECs. LOECs were
determined using linear mixed effect models, with time and treatment as fixed
effects, and microcosm was included as a random effect. Pairwise comparisons
were calculated as above. LOECs were determined to be the lowest concentration
that showed a significantly increased *intl1* prevalence compared to the day seven
control.

Diversity analyses

Alpha diversity or richness was used to identify the total number of taxa and genes
present in each sample. *Phyloseq* was used to estimate Shannon's index [65], which
was used to identify the evenness of taxa and genes. Tests for significant differences
in treatments for alpha diversity were tested using linear models, with richness as the
response variable, and mixture type and ciprofloxacin concentration as explanatory
variables. Pairwise comparisons were calculated as above. For beta diversity
analyses, Bray-Curtis ordinations were calculated using *vegan* v2.6.6.1 [66] for both
the resistome and the taxonomy. Changes to the diversity were determined using
Analysis of Similarity (ANOSIM) tests.

Changes to resistance gene classes or species

Kruskal-Wallis tests were used to identify differences in gene classes, or taxonomic
order by mixture type, using the normalised gene counts. Genes or taxonomic orders
that differed significantly in at least one treatment were tested to determine if mixture
type and/or ciprofloxacin concentration significantly affected gene abundance by
linear models and ANOVAs.

Log2-fold change in resistance genes or species

For both the resistome and the community taxonomy, significant log2-fold changes
between mixtures and the ciprofloxacin alone treatments were identified using
DESeq2 v 1.44.0 [67].

Results

NAD and ciprofloxacin mixtures significantly reduced community productivity

To test differences in community productivity, we tested changes to the AUC, which

can be considered a proxy for overall productivity or growth capacity. The AUC of the

mixtures were compared to in-plate AUC data of ciprofloxacin alone. Firstly, none of

the lower concentrations of the NADs significantly reduced growth compared to the

no-NAD control ($p < 0.05$). However, all three NADs at the higher concentration in

mixture with ciprofloxacin significantly reduced the productivity of communities

compared to growth in the no NAD control (Figure 2), across the entire ciprofloxacin

concentration gradient ($p < 0.001$). We also found that as expected, total AUC

reduced with increased ciprofloxacin concentration ($p < 0.001$). More details of the

outputs for these models are detailed in the Supplementary File, section 1.

273
Figure 2. Community productivity (area under the curve) during exponential

phase across a ciprofloxacin concentration gradient in mixture with A)

diclofenac, B) metformin, and C) 17-β-estradiol. All low and high NAD mixtures

include NAD at all ciprofloxacin concentrations, including 0ug/L ciprofloxacin.

Pale linked points indicate individual replicates. Larger brighter points that are

linked indicate the mean at each concentration.

Secondly, we determined the growth-based LOEC for the mixtures containing the

higher NAD concentrations, using a low-cost method previously published [61].

Previous work has indicated that reduction in growth is the strongest indicator of

selection for AMR [68]. We found that all mixtures reduced the estimated selective

concentration of ciprofloxacin. The diclofenac-ciprofloxacin mixture reduced the
LOEC of ciprofloxacin from 3.7µg/L to 0.12µg/L, a 32-fold decrease. The metformin-
ciprofloxacin mixture reduced the LOEC of ciprofloxacin from 0.98µg/L to 0.24µg/L, a
4-fold decrease. The 17-β-estradiol-ciprofloxacin mixture reduced the LOEC of
ciprofloxacin from 1.95µg/L to 0.24µg/L, an 8-fold decrease.

NAD mixtures altered selection for *intI1* across ciprofloxacin concentrations

Next, we determined whether there was specific selection for the commonly used
AMR marker *intI1.* We hypothesised that the mixtures of NADs and ciprofloxacin
would have increased selectivity compared to ciprofloxacin alone.

Ciprofloxacin alone selected for *intI1* at 40µg/L (Figure 3A). We found that *intI1*
prevalence significantly increased with treatment (treatment main effect, X^2=18.35,
df=4, p=0.0011) and that only 40µg/L ciprofloxacin had a day seven prevalence that
was significantly greater than the prevalence at day seven control population
(p=0.012).

We then tested the mixtures of NADs and ciprofloxacin and found that they all
reduced the selective concentration to 10µg/L (Figure 3). In all cases, the
concentration of *intI1* either increased or stayed constant with time (Supplementary
Figure 1), so we only show day seven data in the following plots.

Firstly, 50µg/L diclofenac in mixture with ciprofloxacin (Figure 3B) reduced the
selective concentration for *intI1*, with the communities exposed to 10µg/L
(p=0.0085), 20µg/L (p=0.028) and 40µg/L (p=0.0085) showing significantly increased
intI1 prevalence compared to the control. Secondly, metformin at 26µg/L reduced the
selective concentration of ciprofloxacin to 10µg/L (Figure 3C). We see that 10µg/L
(p=0.0016), and 20µg/L (p=0.024) in the mixture significantly increased *intI1*
prevalence, however this increase was not seen with 40µg/L ciprofloxacin (p=0.063).
Finally, we found that 24.4µg/L 17-β-estradiol-ciprofloxacin mixture also reduced the
selective concentration to 10µg/L (p<0.0001), with communities exposed to 20µg/L
(p<0.0001) and 40µg/L (p<0.0001) also showing significantly increased *intI1*
prevalence compared to the ciprofloxacin only community.

Despite mixtures of NADs and ciprofloxacin selecting for *intI1* at a lower ciprofloxacin
concentration, the overall strength of selection in the mixtures was lower than that

with ciprofloxacin alone, indicating some suppression of selection within the
mixtures.

Figure 3. *IntI1* prevalence as a function of ciprofloxacin concentration in both
ciprofloxacin alone (A) or in combination with diclofenac (B), metformin (C), or
17-β-estradiol (D). Five biological replicates shown. Significant differences of
day seven prevalences are shown from pairwise comparisons to the day seven
prevalence at 0µg/L. NS = non-significant, * = p<0.05, ** = p<0.01, *** = p<0.001.

Mixtures did not strongly alter total microbiome or resistome diversity

Next, we analysed the metagenomes of the evolved communities to understand how
the mixtures might have affected the community composition and the resistome. We
hypothesised that there would likely be increases in gene abundances occurring at
lower ciprofloxacin concentrations in the mixtures, since the mixtures appeared to be
more selective. We also hypothesised that it was likely that the mixtures had
selected for different species, and that the mixtures would have decreased richness
and diversity, since the communities were exposed to multiple pharmaceutical
stressors.

There were no significant differences in richness of the taxa present in each sample.
However, there were differences in the richness of the AMR genes between the
treatments (Figure 4). The 17-β-estradiol mixture had a non-significant decrease in
richness compared to the ciprofloxacin only treatment (p=0.071). Exposure to the
metformin mixture significantly reduced resistome richness compared to the
ciprofloxacin alone treatment (p=0.021). The diclofenac mixture showed a similar
level of richness of AMR genes as the ciprofloxacin alone treatment.

Figure 4. Resistome richness (number of observed AMR genes) of the evolved
samples. Colour of the points indicates ciprofloxacin concentration. Asterisks
indicate significance values where * = p<0.05, and ** = p<0.001.

There was no significant difference in the evenness of the resistome or the taxonomy
between the mixture treatments. There was also no significant difference in the beta
diversity of either the resistome or community composition (ANOSIM, p>0.05).
(Supplementary Figures 2 and 3).

Mixtures significantly altered the abundance of three AMR genes

We tested whether all fluroquinolone genes within the *AMR++* database had
increased with treatment. We found that only *qnrB* had significantly altered
abundance across all samples within each treatment (Supplementary Table 2). Next,
we tested all genes within the resistome to see if they differed in at least one
treatment and found that ten genes were significantly different in at least one sample
(p<0.05) (Supplementary Table 3). Of these genes, six were significantly affected by
mixture type either as main or interaction effect: *aph3-DPRIME, aph6, fecE, qnrB,*
tetA, tetQ, and *tolC* (Figure 5). All details on the model outputs can be found in the
Supplementary File in section 2.

Figure 5. Normalised abundance of all genes that were significantly different in
at least one sample and were significantly affected by NAD presence in the

mixture. Colours indicate mixture treatments. Lines show best model fit, and
the shaded areas show 95% confidence intervals. Points indicate the
individual replicates.

FecE, *qnrB*, and *tolC* showed the largest changes in gene abundances. For these
three genes, the same trends appeared with the metformin mixture showing the
largest increase in gene abundances, followed by the diclofenac mixture. The 17-β-
estradiol mixture either decreased in gene abundance (*fecE* and *tolC*) or showed the
smallest increase (*qnrB*). For the other four genes, abundances changed very
slightly and often had a unimodal response (e.g. *tetA*).

Mixtures significantly altered the abundances of multiple bacterial taxa

We tested whether any order of microorganism was significantly different in at least
one treatment. Two orders showed strong alterations across either concentration or
mixture type: Caulobacterales and Nitrososphaerales. Caulobacterales abundance in
the community decreased after exposure to ciprofloxacin only but increased in
abundance in all the mixture treatments (interaction effect: $F_{3,110}=3.71$, p=0.014)
(Figure 6). Nitrososphaerales increased in abundance with ciprofloxacin
concentration (concentration main effect: $F_{1,54}=17.52$, p=0.00011), and had a
decreased abundance in the mixtures compared to ciprofloxacin alone treatment
(mixture main effect: $F_{3,54}=5.81$, p=0.0016) (Figure 6).

Figure 6. Normalised abundance of Caulobacterales and Nitrososphaerales as a function of ciprofloxacin concentration. Colours indicate mixture treatments. Lines show the best model fit, and shaded areas show 95% confidence intervals. Points represent the individual replicates.

Additionally, we grouped the community based on abundances greater than 10%. In these high abundance genera, there were no clear trends in changes to these genera, or phyla across the mixtures (Supplementary Figure 4). This indicates that was no dominance effect, and the communities were mostly stable across treatments.

However, over 100 species of microorganism had a log2-fold increase or decrease in each of the mixtures compared to the ciprofloxacin alone (Supplementary Figure 5). There were 43 species that either significantly increased or decreased in all three of the mixtures compared to the control (Figure 7). For these 43 species, the diclofenac and metformin mixtures showed the opposite response to the 17-β-estradiol mixture, i.e. if the diclofenac and metformin mixture showed an increased abundance of a particular species, the 17-β-estradiol mixture showed a decrease, and vice versa. Some of these species are known pathogens (e.g. *Pseudomonas. aeruginosa,* which increased in the 17-β-estradiol mixture).

Figure 7. Log2-fold change of species for mixtures compared to ciprofloxacin alone treatment. Each panel consists of pooled data from all ciprofloxacin concentrations across each treatment (i.e. all ciprofloxacin concentrations within the mixture treatments versus all ciprofloxacin concentrations with no NAD, including 0ug/L ciprofloxacin). Those species with a positive change are coloured orange, those with a negative are coloured blue.

Discussion

Here, we showed that the addition of a NAD at a single spiked concentration can
significantly altered the community taxonomy and resistome in a mixed bacterial

community, including selecting more strongly for various antibiotic resistance genes.
This is despite previous work [45] indicating that these NADs have little to no
selective effect when on their own.. We base this on our observations that both
growth-based and qPCR-based effect concentrations reduced when NADs were
present in mixture with ciprofloxacin. In addition, across all the mixtures, the
productivity of the community decreased, indicating that these mixtures are
significantly impairing community growth capacity.

Sequencing indicated that mixtures of NADs and ciprofloxacin can select for AMR
genes, and can lead to changes to the community composition, although these
changes are NAD- and mixture-specific. The concentrations used in this study are
sub-MIC, and are much lower than would be used clinically, so the effects we
observed might be more profound at higher concentrations of either the antibiotic,
NAD, or both.

Firstly, we identified that the richness of the metformin and 17-β-estradiol mixtures
showed a decrease in AMR gene richness compared to the ciprofloxacin alone
treatment. We suggest that this is due to selection acting upon the AMR genes within
these communities, which would lead to increased abundance of less AMR genes.

This is supported by data identifying that these mixtures did show selection for
various AMR genes and species. Two of the AMR genes that were significantly
altered by the mixtures encode for part of a membrane transport system (*fecE:* an
ABC iron transporter [69], and *tolC:* a multi-drug efflux channel [70]). These efflux
pump mechanisms may be important in resistance in the metformin and diclofenac
mixtures, but not in the 17-β-estradiol mixture. Most intriguing is the finding that the
log2-fold changes in species seen differ between diclofenac/metformin mixtures, and
the 17-β-estradiol mixture. Coupled with the findings above relating to *fecE* and *tolC,*
this might indicate that the 17-β-estradiol mixture is selecting for taxa that are
intrinsically resistant or contain unannotated resistance mechanisms. It might also
indicate that the diclofenac and metformin mixture is interacting with the community
at a molecular level in a similar way. Additionally, we can suggest that the mixtures
are acting differently to ciprofloxacin alone with regards to selection for or against
different species, with the Gram negative Caulobacterales selected for across the
mixtures and negatively selected against by ciprofloxacin alone. This order may be

more adaptable towards growth in antibiotic-NAD mixtures, although there is yet no
clear evidence as to why. As mentioned, previous work indicated that diclofenac can
reduce the MIC of ciprofloxacin [36], and the data presented here indicates that it
can also reduce the MSC of ciprofloxacin. The proposed mechanism of diclofenac is
inhibition of DNA synthesis [71]. As ciprofloxacin also interferes with DNA synthesis
[72, 73], it is likely the combined effects of the two compounds in mixture will
significantly reduce replication rate, reflected in the reduction in growth observed in
this study. Diclofenac at 10µg/L has also been demonstrated to increase mutation
frequency of *E. coli* [19], and to upregulate *sigB*, a gene involved in the stress
response [74]. An increased stress response can, in turn, increase mutation rates
and integron activation [75, 76]. This might explain some of the *intI1* abundance
increases observed in the mixture, and the increases in *tolC* and *fecE* abundances.

Metformin has previously been shown to reduce the MIC of various antibiotics
(including ampicillin, doxycycline, and levofloxacin) [37, 77], and it has been
suggested that this could be due to the ability of metformin to disrupt cell membranes
[37]. This proposed mechanism may allow for increased ciprofloxacin influx into
cells, which may lead to selection for any resistance genes present. This might
explain why the metformin mixture had the largest increase in *fecE, qnrB*, and *tolC*
abundance, since increased ciprofloxacin influx would exert a stronger selection
pressure. Metformin acted synergistically with ciprofloxacin, reducing the selective
concentration to 10µg/L compared to 40µg/L with ciprofloxacin alone (and it was not
selective when tested alone [45]). However, there was an antagonistic effect at
40µg/L. This antagonistic effect may be due to chemical interactions between the
two pharmaceuticals. This has been demonstrated to occur previously with
ciprofloxacin and zinc [78]. Alternatively, the resistance gene associated with the
class I integrons that is under positive selection at 10µg/L may be less beneficial to
that community at higher ciprofloxacin concentrations, and a different AMR
mechanism is potentially under selection at that point (and unassociated with *intI1*).
Future work could aim to understand if this effect holds true for a larger range of
concentrations, and whether these pharmaceuticals were indeed interacting
chemically.

There is no previous experimental evidence investigating the mixture effect of 17-β-
estradiol with an antibiotic. Therefore, these data are presented as novel. Results

suggest that 17-β-estradiol may act additively or synergistically with ciprofloxacin to
reduce bacterial growth and increase selection for AMR by reducing the minimal
selective concentration. In previous work, 17-β-estradiol has been shown to select
for *intI1* (from 7µg/L to 5400µg/L), and also selected for metal resistance genes [45].
In this study, the communities exposed to the 17-β-estradiol mixture often responded
in the opposite way to the diclofenac and metformin mixtures (for example, the
communities exposed to the 17-β-estradiol mixtures showed a decreased *tolC* and
fecE abundance). Perhaps these communities are relying upon a shift to more
tolerant species (as indicated by the fold change in various species), or increased
gene expression. Future work could aim to unpick changes to gene expression in
response to various NAD and antibiotic mixtures, which might illuminate the changes
identified here.

Overall, these results provide some concern for human health. These NADs might
be present in the human gut alongside antibiotics, particularly if patients with long-
term health conditions (such as diabetes, or those requiring hormone replacement
therapy) acquired an infection that required antibiotic treatment. The human gut
microbiome can take weeks to recover after antibiotic treatment, and some species
never recolonise [79]. In addition to this, after antibiotic treatment there is evidence
to suggest that there is an increase in AMR gene abundance in the human gut [80].
Therefore, mixtures of pharmaceuticals in the gut may increase the selective
potential of antibiotics, potentially increasing selection for AMR within the gut
microbiome. Additionally, of concern is that in the human gut, lower concentrations of
ciprofloxacin are required to induce the expression of class I integron [81] (which can
contain AMR gene cassettes), and mixtures of pharmaceuticals may exacerbate this.
In general, these data suggest that mixtures of NADs and antibiotics lead to
selection for AMR at lower concentrations than seen with antibiotics alone, and
selectively lead to changes in abundance of species, or specific resistance genes.
This could lead to increased selection, maintenance, and dissemination of antibiotic
resistance genes between species in the human gut, and increased shedding of
these genes and resistant bacteria into the environment.

Furthermore, these pharmaceuticals, alongside others, will be present in the
freshwater aquatic, or wastewater environments as micropollutants [23, 31], where
they may be affecting growth of the natural communities, and impacting ecosystem

functioning. This includes in wastewater treatment plants where they may directly
impact wastewater treatment plant functioning if these pharmaceuticals are affecting
microorganisms involved in sludge digestion. In our study we found a short-term
overall reduction in community growth, but a longer-term increase in
Nitrososphaerales abundance, archaea that may play a role in the nitrogen and
carbon cycles. Further investigation is needed to determine whether the growth
effects are short- or long-term, and what this might mean for ecosystems. These
mixtures may lead to increased selection, maintenance, and dissemination of
antibiotic resistance genes throughout environmental compartments, or increased
input of resistant bacteria to the receiving waters. This then may lead to increased
risk of infection or colonisation with resistant strains to people and animals
interacting with these environments (e.g. surfers and swimmers in the sea [82]).

Taken together, these data confirm findings that mixtures of NADs and antibiotics
can be more selective than the antibiotic or NAD alone. This is of particular concern
since previous work [45] has indicated that two of these NADs did not select for AMR
in a similar community, and so may have been discounted as potentially selective
agents. Many compounds may be disregarded for further study if individually they do
not select for AMR. However, data here indicates that inclusion of these compounds
in mixture investigations is imperative to understand selection for AMR in more
complex mixtures and environments.

Conclusion

Mixtures of diclofenac, metformin, or 17-β-estradiol with ciprofloxacin both increased
the growth inhibitory effects and reduced the selective concentration of ciprofloxacin
in a complex bacterial community. Additionally, the mixtures led to selective
increases or decreases in specific AMR genes or specific species, some of which
are known human pathogens. The effects of antibiotics are traditionally considered in
isolation, particularly in terms of selection for AMR. However, antibiotics are present
alongside other pharmaceuticals, both in the gut, and in the environment. Further,
the data here pertain to simple mixtures, and the effects of more complex mixtures
should be considered in future studies, including co-occurring pharmaceuticals which
may not be selective in isolation.

<u>Data Availability</u>

The metagenome data generated and analysed in this study are available at ENA Accession code PRJEB88784. The growth and qPCR data generated and analysed in this study are available at Zenodo DOI: https://doi.org/10.5281/zenodo.15324016. The code used to analyse all the data in the study will be made available upon paper acceptance.

Competing interests

JS was previously an employee of AstraZeneca. AKM and WHG have received funding for Collaborative Awards in Science and Engineering (CASE) PhD Studentships from the UK Government (UKRI) with CASE support from AstraZeneca. AKM has also previously advised the AMR Industry Alliance. AH was supported in a CASE PhD studentship with NERC and AstraZeneca. The funders had no role in the conception nor writing of this paper.

Funding

AH was supported by a FRESH CDT/AstraZeneca PhD Studentship (NE/R011524/1). WHG was supported by a NERC Knowledge Exchange Fellowship (NE/S006257/1). AKM was supported by a NERC Industrial Innovation Fellowship (NE/R01373X/1). The funders had no role in the conception nor writing of this paper.

Authors' contributions

AH: conceptualisation, data curation, formal analysis, investigation, methodology, visualisation, writing – original draft, writing – review and editing. LZ, EF, JS, BKH: supervision, writing – review and editing. WHG: conceptualisation, methodology, writing – review and editing, supervision. AKM: conceptualisation, funding acquisition, methodology, supervision, writing – review and editing, project administration.

All authors read and approved the final version.

Acknowledgements

We thank the Exeter Sequencing Service for their work sequencing the Illumina

metagenomic sequencing. This project utilised equipment funded by the Wellcome

Trust Institutional Strategic Support Fund (WT097835MF), Wellcome Trust Multi

User Equipment Award (WT101650MA) and BBSRC LOLA award (BB/K003240/1).

The authors would like to acknowledge the use of the University of Exeter's

Advanced Research Computing facilities in carrying out this work.

<u>References</u>

1.   Murray CJL, Ikuta KS, Sharara F *et al.* Global burden of bacterial antimicrobial
resistance in 2019: A systematic analysis. *The Lancet* 2022;**399**:629-55.
https://doi.org/10.1016/S0140-6736(21)02724-0
2.   Gullberg E, Cao S, Berg OG *et al.* Selection of resistant bacteria at very low antibiotic
concentrations.   *PLOS   Pathogens*   2011;**7**:e1002158.
https://doi.org/10.1371/journal.ppat.1002158
3.   Westhoff S, van Leeuwe TM, Qachach O *et al.* The evolution of no-cost resistance at
sub-mic concentrations of streptomycin in streptomyces coelicolor. *The ISME Journal*
2017;**11**:1168-78. https://doi.org/10.1038/ismej.2016.194
4.   Kraupner N, Ebmeyer S, Bengtsson-Palme J *et al.* Selective concentration for
ciprofloxacin resistance in escherichia coli grown in complex aquatic bacterial
biofilms.   *Environment   International*   2018;**116**:255-68.
https://doi.org/10.1016/j.envint.2018.04.029
5.   Kraupner N, Ebmeyer S, Hutinel M *et al.* Selective concentrations for trimethoprim
resistance in aquatic environments. *Environment International* 2020;**144**:106083.
https://doi.org/https://doi.org/10.1016/j.envint.2020.106083
6.   Lundström SV, Ostman M, Bengtsson-Palme J *et al.* Minimal selective
concentrations of tetracycline in complex aquatic bacterial biofilms. *Science of The*
Total Environment 2016;**553**:587-95. https://doi.org/10.1016/j.scitotenv.2016.02.103
7.   Murray AK, Zhang L, Yin X *et al.* Novel insights into selection for antibiotic resistance
in   complex   microbial   communities.   *mBio*   2018;**9**:e00969-18.
https://doi.org/10.1128/mBio.00969-18
8.   Sanchez-Cid C, Guironnet A, Keuschnig C *et al.* Gentamicin at sub-inhibitory
concentrations selects for antibiotic resistance in the environment. *ISME*
Communications 2022;**2**:29. https://doi.org/10.1038/s43705-022-00101-y
9.   Stanton IC, Murray AK, Zhang L *et al.* Evolution of antibiotic resistance at low
antibiotic   concentrations   including   selection   below   the   minimal   selective

concentration. *Communications Biology* 2020;**3**:467. https://doi.org/10.1038/s42003-
020-01176-w

10. Murray LM, Hayes A, Snape J *et al.* Co-selection for antibiotic resistance by
environmental contaminants. *npj Antimicrobials and Resistance* 2024;**2**:9.
https://doi.org/10.1038/s44259-024-00026-7

11. Baker-Austin C, Wright MS, Stepanauskas R *et al.* Co-selection of antibiotic and
metal resistance. *Trends in Microbiology* 2006;**14**:176-82.
https://doi.org/10.1016/j.tim.2006.02.006

12. Maier L, Pruteanu M, Kuhn M *et al.* Extensive impact of non-antibiotic drugs on
human gut bacteria. *Nature* 2018;**555**:623-28. https://doi.org/10.1038/nature25979

13. Younis W, Thangamani S, Seleem MN. Repurposing non-antimicrobial drugs and
clinical molecules to treat bacterial infections. *Curr Pharm Des* 2015;**21**:4106-11.
https://doi.org/10.2174/1381612821666150506154434

14. Lu J, Ding P, Wang Y *et al.* Antidepressants promote the spread of extracellular
antibiotic resistance genes via transformation. *ISME Communications* 2022;**2**:63.
https://doi.org/10.1038/s43705-022-00147-y

15. Wang Y, Lu J, Engelstädter J *et al.* Non-antibiotic pharmaceuticals enhance the
transmission of exogenous antibiotic resistance genes through bacterial
transformation. *The ISME Journal* 2020:2179–96. https://doi.org/10.1038/s41396-
020-0679-2

16. Ding P, Lu J, Wang Y *et al.* Antidepressants promote the spread of antibiotic
resistance via horizontally conjugative gene transfer. *Environ Microbiol*
2022;**24**:5261–76. https://doi.org/https://doi.org/10.1111/1462-2920.16165

17. Wang Y, Lu J, Zhang S *et al.* Non-antibiotic pharmaceuticals promote the
transmission of multidrug resistance plasmids through intra- and intergenera
conjugation. *The ISME Journal* 2021;**15**:2493-508. https://doi.org/10.1038/s41396-
021-00945-7

18. Jin M, Lu J, Chen Z *et al.* Antidepressant fluoxetine induces multiple antibiotics
resistance in escherichia coli via ros-mediated mutagenesis. *Environment
International* 2018;**120**:421-30. https://doi.org/10.1016/j.envint.2018.07.046

19. Li X, Xue X, Jia J *et al.* Nonsteroidal anti-inflammatory drug diclofenac accelerates
the emergence of antibiotic resistance via mutagenesis. *Environmental Pollution*
2023;**326**:121457. https://doi.org/10.1016/j.envpol.2023.121457

20. Wei Z, Wei Y, Li H *et al.* Emerging pollutant metformin in water promotes the
development of multiple-antibiotic resistance in escherichia coli via chromosome
mutagenesis. *Journal of Hazardous Materials* 2022;**430**:128474.
https://doi.org/https://doi.org/10.1016/j.jhazmat.2022.128474

21. Hall RJ, Snaith AE, Element SJ *et al.* Non-antibiotic pharmaceuticals are toxic
against escherichia coli with no evolution of cross-resistance to antibiotics. *npj
Antimicrobials and Resistance* 2024;**2**:11. https://doi.org/10.1038/s44259-024-00028-
5

22. Hayes A, Zhang L, Feil E *et al.* Antimicrobial effects, and selection for amr by non-
antibiotic drugs in a wastewater bacterial community. *Environment International*
2025;**199**:109490. https://doi.org/https://doi.org/10.1016/j.envint.2025.109490

23. aus der Beek T, Weber FA, Bergmann A *et al.* Pharmaceuticals in the environment--
global occurrences and perspectives. *Environmental Toxicology and Chemistry*
2016;**35**:823-35. https://doi.org/10.1002/etc.3339

24. Blair BD, Crago JP, Hedman CJ *et al.* Pharmaceuticals and personal care products
found in the great lakes above concentrations of environmental concern.
Chemosphere 2013;**93**:2116-23.
https://doi.org/https://doi.org/10.1016/j.chemosphere.2013.07.057

25. den Heijer M, Bakker A, Gooren L. Long term hormonal treatment for transgender
people. *BMJ* 2017;**359**:j5027. https://doi.org/10.1136/bmj.j5027

26. Nichols KC, Schenkel L, Benson H. 17 beta-estradiol for postmenopausal estrogen
replacement therapy. *Obstetrical & Gynecological Survey* 1984;**39**:230-45.
https://doi.org/10.1097/00006254-198404000-00022

27. Ebele AJ, Abou-Elwafa Abdallah M, Harrad S. Pharmaceuticals and personal care
products (ppcps) in the freshwater aquatic environment. *Emerging Contaminants*
2017;**3**:1-16. https://doi.org/https://doi.org/10.1016/j.emcon.2016.12.004

28. Fent K, Weston AA, Caminada D. Ecotoxicology of human pharmaceuticals. *Aquatic*
Toxicology 2006;**76**:122-59.
https://doi.org/https://doi.org/10.1016/j.aquatox.2005.09.009

29. UKWIR. Chemicals investigation programme phase 2 database.

30. Stephanie Graumnitz DJ. The database "pharmaceuticals in the environment" update
for the period 2017-2020. Report. Umweltbundesamt, 2021

31. Wilkinson JL, Boxall ABA, Kolpin DW *et al.* Pharmaceutical pollution of the world's
rivers. *Proceedings of the National Academy of Sciences* 2022;**119**:e2113947119.
https://doi.org/10.1073/pnas.2113947119

32. Hayes A, May Murray L, Catherine Stanton I *et al.* Predicting selection for
antimicrobial resistance in uk wastewater and aquatic environments: Ciprofloxacin
poses a significant risk. *Environment International* 2022;**169**:107488.
https://doi.org/https://doi.org/10.1016/j.envint.2022.107488

33. Gil D, Daffinee K, Friedman R *et al.* Synergistic antibacterial effects of analgesics
and antibiotics against staphylococcus aureus. *Diagnostic Microbiology and*
Infectious Disease 2020;**96**:114967.
https://doi.org/https://doi.org/10.1016/j.diagmicrobio.2019.114967

34. Chan EWL, Yee ZY, Raja I *et al.* Synergistic effect of non-steroidal anti-inflammatory
drugs (nsaids) on antibacterial activity of cefuroxime and chloramphenicol against
methicillin-resistant staphylococcus aureus. *Journal of Global Antimicrobial*
Resistance 2017;**10**:70-74. https://doi.org/https://doi.org/10.1016/j.jgar.2017.03.012

35. Annadurai S, Guha-Thakurta A, Sa B *et al.* Experimental studies on synergism
between aminoglycosides and the antimicrobial antiinflammatory agent diclofenac
sodium. *Journal of Chemotherapy* 2002;**14**:47-53.
https://doi.org/10.1179/joc.2002.14.1.47

36. Hegazy WAH. Diclofenac inhibits virulence of proteus mirabilis isolated from diabetic
foot ulcer. *African Journal of Microbiology Research* 2016;**10**:733-43.

37. Liu Y, Jia Y, Yang K *et al.* Metformin restores tetracyclines susceptibility against
multidrug resistant bacteria. *Advanced Science* 2020;**7**:1902227-27.
https://doi.org/10.1002/advs.201902227

38. Tang P-C, Sánchez-Hevia DL, Westhoff S *et al.* Within-species variability of antibiotic
interactions in gram-negative bacteria. *mBio* 2024;**15**:e00196-24.
https://doi.org/doi:10.1128/mbio.00196-24

39. Smith TP, Clegg T, Ransome E *et al.* High-throughput characterization of bacterial
responses to complex mixtures of chemical pollutants. *Nature Microbiology*
2024;**9**:938-48. https://doi.org/10.1038/s41564-024-01626-9

40. Klümper U, Recker M, Zhang L *et al.* Selection for antimicrobial resistance is reduced
when embedded in a natural microbial community. *The ISME Journal* 2019;**13**:2927-
37. https://doi.org/10.1038/s41396-019-0483-z

41. Singh N, Yeh PJ. Suppressive drug combinations and their potential to combat
antibiotic resistance. *J Antibiot (Tokyo)* 2017;**70**:1033-42.
https://doi.org/10.1038/ja.2017.102

42. Tekin E, White C, Kang TM *et al.* Prevalence and patterns of higher-order drug
interactions in escherichia coli. *NPJ Syst Biol Appl* 2018;**4**:31.
https://doi.org/10.1038/s41540-018-0069-9

43. Sutradhar I, Ching C, Desai D *et al.* Effects of antibiotic interaction on antimicrobial
resistance development in wastewater. *Sci Rep* 2023;**13**:7801.
https://doi.org/10.1038/s41598-023-34935-w

44.   Gillings MR, Gaze WH, Pruden A *et al.* Using the class 1 integron-integrase gene as
719   a proxy for anthropogenic pollution. *The ISME Journal* 2015;**9**:1269-79.
720   https://doi.org/10.1038/ismej.2014.226
721   45.   Hayes A, Zhang L, Feil E *et al.* Antimicrobial effects, and selection for amr by non-
722   antibiotic drugs on bacterial communities. *bioRxiv* 2024:2024.04.23.590690.
723   https://doi.org/10.1101/2024.04.23.590690
724   46.   Ewels P, Magnusson M, Lundin S *et al.* Multiqc: Summarize analysis results for
725   multiple tools and samples in a single report. *Bioinformatics* 2016;**32**:3047-48.
726   https://doi.org/10.1093/bioinformatics/btw354
727   47.   Bonin N, Doster E, Worley H *et al.* Megares and amr++, v3.0: An updated
728   comprehensive database of antimicrobial resistance determinants and an improved
729   software pipeline for classification using high-throughput sequencing. *Nucleic Acids*
730   *Res* 2023;**51**:D744-d52. https://doi.org/10.1093/nar/gkac1047
731   48.   Pal C, Bengtsson-Palme J, Rensing C *et al.* Bacmet: Antibacterial biocide and metal
732   resistance genes database. *Nucleic Acids Res* 2014;**42**:D737-D43.
733   https://doi.org/10.1093/nar/gkt1252
734   49.   Florensa AF, Kaas RS, Clausen P *et al.* Resfinder - an open online resource for
735   identification of antimicrobial resistance genes in next-generation sequencing data
736   and prediction of phenotypes from genotypes. *Microb Genom* 2022;**8**
737   https://doi.org/10.1099/mgen.0.000748
738   50.   Alcock BP, Huynh W, Chalil R *et al.* Card 2023: Expanded curation, support for
739   machine learning, and resistome prediction at the comprehensive antibiotic
740   resistance database. *Nucleic Acids Res* 2023;**51**:D690-d99.
741   https://doi.org/10.1093/nar/gkac920
742   51.   Wood DE, Lu J, Langmead B. Improved metagenomic analysis with kraken 2.
743   *Genome Biology* 2019;**20**:257. https://doi.org/10.1186/s13059-019-1891-0
744   52.   O'Leary NA, Wright MW, Brister JR *et al.* Reference sequence (refseq) database at
745   ncbi: Current status, taxonomic expansion, and functional annotation. *Nucleic Acids*
746   *Res* 2016;**44**:D733-45. https://doi.org/10.1093/nar/gkv1189
747   53.   Pruitt KD, Tatusova T, Maglott DR. Ncbi reference sequences (refseq): A curated
748   non-redundant sequence database of genomes, transcripts and proteins. *Nucleic*
749   *Acids Res* 2007;**35**:D61-5. https://doi.org/10.1093/nar/gkl842
750   54.   McMurdie PJ, Holmes S. Phyloseq: An r package for reproducible interactive
751   analysis and graphics of microbiome census data. *PLOS ONE* 2013;**8**:e61217.
752   https://doi.org/10.1371/journal.pone.0061217
753   55.   Author. Metagenomeseq: Statistical analysis for sparse high-throughput sequncing
754   [Computer software]. http://www.cbcb.umd.edu/software/metagenomeSeq. 2031.
755   56.   Paulson JN, Stine OC, Bravo HC *et al.* Differential abundance analysis for microbial
756   marker-gene surveys. *Nature Methods* 2013;**10**:1200-02.
757   https://doi.org/10.1038/nmeth.2658
758   57.   Author. R: A language and environment for statistical computing [Computer
759   software]. R Foundation for Statistical Computing. 2019.
760   58.   Wickham H. *Ggplot2: Elegant graphics for data analysis*. Springer-Verlag New York,
761   2016.
762   59.   Author. Metbrewer: Color palettes inspired by works at the metropolitan museum of
763   art [Computer software]. 2022.
764   60.   Hartig F. Dharma: Residual diagnostics for hierarchical (multi-level/mixed) regression
765   models. *R package version 03* 2020;**3**
766   61.   Murray AK, Stanton IC, Wright J *et al.* The selection end points in communities of
767   bacteria (select) method: A novel experimental assay to facilitate risk assessment of
768   selection for antimicrobial resistance in the environment. *Environmental Health*
769   *Perspectives* 2020;**128**:107007. https://doi.org/doi:10.1289/EHP6635
770   62.   Sprouffske K, Wagner A. Growthcurver: An r package for obtaining interpretable
771   metrics from microbial growth curves. *BMC Bioinformatics* 2016;**17**:172.
772   https://doi.org/10.1186/s12859-016-1016-7

773   63.   Bates D, Machler M, Bolker B *et al.* Fitting linear mixed-effects models using {lme4}.
774   *Journal of Statistical Software* 2015:1-48. https://doi.org/10.18637/jss.v067.i01

775   64.   Lenth R, Singmann H, Love J *et al.* Emmeans: Estimated marginal means, aka least-
776   squares means. R package version 1 (2018).

777   65.   Shannon CE. A mathematical theory of communication. *The Bell system technical*
778   *journal* 1948;**27**:379-423.

779   66.   Dixon P. Vegan, a package of r functions for community ecology. *Journal of*
780   *Vegetation Science* 2003;**14**:927-30. https://doi.org/https://doi.org/10.1111/j.1654-
781   1103.2003.tb02228.x

782   67.   Love MI, Huber W, Anders S. Moderated estimation of fold change and dispersion for
783   rna-seq data with deseq2. *Genome Biology* 2014;**15**:550.
784   https://doi.org/10.1186/s13059-014-0550-8

785   68.   Greenfield BK, Shaked S, Marrs CF *et al.* Modeling the emergence of antibiotic
786   resistance in the environment: An analytical solution for the minimum selection
787   concentration. *Antimicrob Agents Chemother* 2018;**62**
788   https://doi.org/10.1128/aac.01686-17

789   69.   Van Hove B, Staudenmaier H, Braun V. Novel two-component transmembrane
790   transcription control: Regulation of iron dicitrate transport in escherichia coli k-12. *J*
791   *Bacteriol* 1990;**172**:6749-58. https://doi.org/10.1128/jb.172.12.6749-6758.1990

792   70.   Paulsen IT, Park JH, Choi PS *et al.* A family of gram-negative bacterial outer
793   membrane factors that function in the export of proteins, carbohydrates, drugs and
794   heavy metals from gram-negative bacteria. *FEMS Microbiology Letters* 1997;**156**:1-8.
795   https://doi.org/10.1111/j.1574-6968.1997.tb12697.x

796   71.   Dastidar SG, Ganguly K, Chaudhuri K *et al.* The anti-bacterial action of diclofenac
797   shown by inhibition of DNA synthesis. *International Journal of Antimicrobial Agents*
798   2000;**14**:249-51. https://doi.org/https://doi.org/10.1016/S0924-8579(99)00159-4

799   72.   Nakamura S, Nakamura M, Kojima T *et al.* Gyra and gyrb mutations in quinolone-
800   resistant strains of escherichia coli. *Antimicrob Agents Chemother* 1989;**33**:254-5.
801   https://doi.org/10.1128/aac.33.2.254

802   73.   Yoshida H, Kojima T, Yamagishi J *et al.* Quinolone-resistant mutations of the gyra
803   gene of escherichia coli. *Molecular Genetics and Metabolism* 1988;**211**:1-7.
804   https://doi.org/10.1007/bf00338386

805   74.   Riordan JT, Dupre JM, Cantore-Matyi SA *et al.* Alterations in the transcriptome and
806   antibiotic susceptibility of staphylococcus aureus grown in the presence of diclofenac.
807   *Ann Clin Microbiol Antimicrob* 2011;**10**:30-30. https://doi.org/10.1186/1476-0711-10-
808   30

809   75.   Guerin É, Cambray G, Sanchez-Alberola N *et al.* The sos response controls integron
810   recombination. *Science* 2009;**324**:1034-34.
811   https://doi.org/doi:10.1126/science.1172914

812   76.   Hocquet D, Llanes C, Thouverez M *et al.* Evidence for induction of integron-based
813   antibiotic resistance by the sos response in a clinical setting. *PLOS Pathogens*
814   2012;**8**:e1002778. https://doi.org/10.1371/journal.ppat.1002778

815   77.   Masadeh MM, Alzoubi KH, Masadeh MM *et al.* Metformin as a potential adjuvant
816   antimicrobial agent against multidrug resistant bacteria. *Clin Pharmacol* 2021;**13**:83-
817   90. https://doi.org/10.2147/CPAA.S297903

818   78.   Vos M, Sibleyras L, Lo LK *et al.* Zinc can counteract selection for ciprofloxacin
819   resistance. *FEMS Microbiology Letters* 2020;**367**:fnaa038.
820   https://doi.org/10.1093/femsle/fnaa038

821   79.   Palleja A, Mikkelsen KH, Forslund SK *et al.* Recovery of gut microbiota of healthy
822   adults following antibiotic exposure. *Nature Microbiology* 2018;**3**:1255-65.
823   https://doi.org/10.1038/s41564-018-0257-9

824   80.   MacPherson CW, Mathieu O, Tremblay J *et al.* Gut bacterial microbiota and its
825   resistome rapidly recover to basal state levels after short-term amoxicillin-clavulanic
826   acid treatment in healthy adults. *Scientific Reports* 2018;**8**:11192.
827   https://doi.org/10.1038/s41598-018-29229-5

81. Baltazar M, Bourgeois-Nicolaos N, Larroudé M *et al.* Activation of class 1 integron
integrase is promoted in the intestinal environment. *PLOS Genetics*
2022;**18**:e1010177. https://doi.org/10.1371/journal.pgen.1010177
82. Leonard AFC, Zhang L, Balfour AJ *et al.* Exposure to and colonisation by antibiotic-
resistant e. Coli in uk coastal water users: Environmental surveillance, exposure
assessment, and epidemiological study (beach bum survey). *Environment*
International   2018;**114**:326-33.
https://doi.org/https://doi.org/10.1016/j.envint.2017.11.003

836