Title: Symbiont virulence is a poor predictor of impacts on host population dynamics

Authors:

Marcin K. Dziuba[1]*, Kristina M. McIntire[1,2], Elizabeth S. Davenport[1], Fiona E. Corcoran[1,3],
Taleah Nelson[1], Paige McCreadie[1], Riley T. Manuel[1], Emma Baird[1,4], Natalia Ferreira Dos
Santos[1], Mia Robbins[1], Emma Dismondy[1], Kira J. Monell[1], Cristian Huerta[1], Lindsey C. Selter[1,5],
Katya Deckelbaum[1], Michael H. Cortez[6], Meghan A. Duffy[1]

Affiliations:

[1] Department of Ecology & Evolutionary Biology, University of Michigan, Ann Arbor, Michigan,

48109, USA

[2] Present address: Hawaiʻi Cooperative Studies Unit, University of Hawaiʻi, Hilo, Hawaii, 96720,

USA

[3] Present address: Department of Ecology & Evolutionary Biology, Princeton University,

Princeton, New Jersey, 08544, USA

[4] Present address: Department of Epigenetics, Van Andel Institute, Grand Rapids, Michigan,

49503, USA

[5] Present address: Animal Health Diagnostic Center, College of Veterinary Medicine, Cornell

University, Ithaca, New York, 14850, USA

[6] Department of Biological Sciences, Florida State University, Tallahassee, Florida, 32304, USA

*Corresponding author: Marcin K. Dziuba, 1105 N University Ave, Ann Arbor, MI 48109;

+17349051480; marcinkdziuba@gmail.com; marcind@umich.edu

ORCID:

Marcin K. Dziuba: https://orcid.org/0000-0003-1803-4164

Kristina M. McIntire: https://orcid.org/0000-0002-1387-5637

Elizabeth S. Davenport: https://orcid.org/0000-0002-2139-6820

Fiona E. Corcoran: https://orcid.org/0009-0005-4755-9519

Taleah Nelson: https://orcid.org/0009-0003-6787-1919

Paige McCreadie: https://orcid.org/0009-0007-2877-7910

Riley T. Manuel: https://orcid.org/0009-0006-1156-4735

Emma Dismondy: https://orcid.org/0009-0006-3064-0609

Kira J. Monell: https://orcid.org/0000-0002-3928-6427

Lindsey Selter: https://orcid.org/0009-0000-2298-3501

Michael H. Cortez: https://orcid.org/0000-0003-2555-7684

Meghan A. Duffy: https://orcid.org/0000-0002-8142-0802

38
39
Author contributions

MKD, KMM, MHC, and MAD designed the research, MKD, KMM, ESD, FEC, TN, PM, RTM,

EB, NFS, MR, ED, KJM, CH, LS, and KD conducted the experiments, MKD conducted data

analysis, MKD wrote the manuscript with contributions from MHC and MAD, all authors

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Abstract

Symbionts are classified as parasites, commensals, or mutualists based on their individual-level effects on host traits such as mortality or reproduction rates. However, the classification of symbiosis might change when the focal interaction is investigated at the host population scale, for multiple generations, or under different environmental contexts. We investigated the individual- and population-level effects of a microsporidian, *Ordospora pajunii,* and a yeast, *Metschnikowia bicuspidata,* on the key freshwater grazer *Daphnia dentifera*. Specifically, we tested whether the microsporidian, which has low individual-level virulence, can switch to mutualism and protect its host when the highly virulent yeast is in the environment. We tracked population dynamics of *Daphnia* and infection prevalence in populations exposed to each symbiont separately, both symbionts together, or unexposed controls. We found that *O. pajunii* infection reduced *M. bicuspidata* outbreaks, but we also found that the seemingly mildly virulent *O. pajunii* strongly reduced host population size, while the highly virulent *M. bicuspidata* had no detectable negative effects on host population size. The harmfulness of *O. pajunii* was most likely due to transgenerational virulence – reduced survival of unexposed offspring of exposed mothers. The lack of adverse effects, and short-term positive effects, of *M. bicuspidata* on *Daphnia* populations were consistent with a hydra effect. Our study shows that investigating symbioses at the population-level, with consideration of transgenerational effects and ecological context, can change the qualitative conclusions regarding the impacts of symbionts, and that studies that fail to do so risk focusing mitigation and control measures on the wrong symbionts.

Significance

Endosymbionts are often classified as parasites (those that cause harm) or mutualists (those that

provide benefits) based on their effects on the individual host they reside within. Understanding

how the individual-level effects of the symbionts scale up to affect the entire host population is

vital in the fields of epidemiology, conservation, and agriculture. Our study shows that relying on

individual-level, single generation studies can make extremely harmful pathogens seem benign

and pathogens with low impacts on host populations seem like a great threat. Accurate estimation

of the consequences of disease outbreaks and symbiosis outcome on host populations requires

multigenerational, population-level studies and awareness of the role of ecological context.

Introduction

Scientists have long recognized that symbionts can have major effects on host fitness (1),

classifying symbionts with net positive impacts as mutualists and those with net negative impacts

as parasites (2). This classification is typically based on individual-level measurements of changes

in fitness-related traits of the host, like symbiont-induced changes in host survival (3–6) or

reproductive success (e.g., (5, 7–9)). A common measure of the impact of symbionts on hosts is

virulence, a term that has a variety of definitions, but in a broad sense is defined as damage inflicted

on the host by the symbiont (e.g., (5)), and in a narrow sense as symbiont-induced increases in

mortality (3–6). Throughout this manuscript we use the broad sense definition, but emphasize that

both definitions of virulence refer to an individual-level measure of symbiosis outcome. Measuring

virulent effects of parasites on life-history traits helps assess the impact of a given symbiont on its

host, and is commonly used in human and veterinary medicine, conservation, and organismal

biology (4, 10–12). However, besides the individual-level impacts, it is also important to identify

how symbionts affect host population trajectories. Accurate prediction of the large-scale, long-

term consequences of symbiosis outcomes is crucial to identify risks and benefits of symbiont

spread through host populations, and can be used in improving management practices in

agriculture and conservation biology (13, 14). In addition, incorrectly labeling a symbiont as

beneficial or harmful can lead us astray when we attempt to assess the food web- and ecosystem-

level impacts of symbionts, or when we try to decide which symbionts should be combated or

propagated. There is growing evidence that effects at the individual-level can poorly predict effects

at the population-level (14), and that symbionts that seem benign at the individual-level can have

harmful population-level effects and vice versa (e.g., (15, 16)). To improve our understanding of

the role symbionts play in host populations, food webs and ecosystems, we need to recognize that

the outcomes of symbiosis can vary depending on the time scale, level of biological organization,

and ecological context in which the outcome is measured (e.g., (14–16)).

Studying symbiosis at a larger time scale (i.e., for multiple generations) and higher level of

biological organization (i.e., host populations instead of individuals) can change its outcome due

to discrepancies between individual- and population-level effects of symbiosis. Individual-level

studies fail to grasp patterns related to transmission, host and parasite density-dependent effects,

or transgenerational effects of the symbionts; these effects can strongly influence the net impact

of symbionts on host populations. For example, higher host density can reduce the short-term risk

of infection but increase it in the long term, due to density-dependent transmission (17), and host

density-dependent intraspecific competition can change the impact of a symbiont from benign to

highly virulent (15). In addition, symbionts can induce a multitude of transgenerational effects,

which alter host offspring and can translate into population-level effects (18). At the population-

level, some parasites can induce hydra effects – where increased host reproduction

overcompensates for infection-related mortality – which results in increased host population size

despite the symbiont-driven high mortality (19, 20). Hence, estimating symbiosis outcomes on a

population-level and over multiple generations – instead of relying solely on individual-level

effects – might dramatically change our perspective on the nature of the impact of a symbiont on

its host.

Ecological context can also alter the net outcome of host-symbiont interactions. It is now well-

established that symbioses can shift along the parasitism-mutualism continuum in response to

changing environmental factors (16, 21–25). For example, one of the most well-studied species of

bacteria, *Escherichia coli*, is a natural and beneficial member of the gut microbiome, but can

rapidly turn parasitic when present in other tissues (26). In contrast, viruses are considered

parasites, given their need to exploit host cells to proliferate, but some viruses become extremely

beneficial, e.g., when other pathogens are infecting their host (27). There are many examples of

symbionts whose effects on hosts change with ecological context (e.g., (3, 16, 21)), highlighting

the need for considering environmental context when predicting outcomes of symbiosis.

Additionally, the context-dependent changes in symbiosis outcome can differ when investigated

at the individual- vs. population-level (e.g., (14)). Hence, to fully understand the nature and

outcome of a symbiotic relationship, one must consider population-level effects, multigenerational

effects and ecological context.

In this study, we explored how the net impact of symbiosis may change depending on the time

scale, level of biological organization, and ecological context, using the freshwater zooplankton

Daphnia dentifera as a model organism. *Daphnia*, like all organisms, are subject to and dependent

on symbiotic interactions; some of these interactions are vital for their survival (e.g., the gut

microbiome is necessary for survival, (28)), while others are detrimental (e.g., highly virulent

parasites, (29)). A well-studied symbiont of *Daphnia* spp. is *Metschnikowia bicuspidata*, a yeast

pathogen considered highly virulent mostly due to its large reduction in host lifespan (30–33). A

recently discovered and seemingly much less virulent microsporidian symbiont of *Daphnia*

species, *Ordospora pajunii* (34, 35), shows potential to become a mutualist when *M. bicuspidata*

is present in the environment (36). *Ordospora pajunii* infection reduces the penetrability of

Daphnia guts to attacking *M. bicuspidata* spores (36, 37). Additionally, an experimental

investigation of potential drivers of context-dependent mutualism revealed that *O. pajunii* causes

Daphnia to become a dead-end host for *M. bicuspidata* upon sequential co-infection due to

increased host mortality (37). However, *O. pajunii* has also been found to greatly reduce offspring

quality through transgenerational effects, which should decrease host population size over longer

time scales (38). Therefore, our expectation was that the net impact of *O. pajunii* might change

depending on whether the impacts were measured over short timescales and on individuals vs.

over longer time scales and at the population-level, as well as depending on whether the ecological

context included the highly virulent *M. bicuspidata*.

First, we investigated the short-term, individual-scale effects of each symbiont on the host with a

life-table experiment, then we tested for potential shifts in outcomes based on ecological context

and longer timescales (spanning generations) using a population-level experiment. In the life table

experiment, we exposed *D. dentifera* to *O. pajunii*, *M. bicuspidata*, or a sham (control) and

quantified offspring production and lifespan. Based on the life-table experiment results and

previous studies of these symbionts, we predicted that the highly virulent yeast *M. bicuspidata*

would strongly reduce the population density of *Daphnia*. The individual-level experiment also

suggested that *O. pajunii* should have negligible effects on *Daphnia* populations. However, we

know that *O. pajunii* induces negative transgenerational effects (i.e., transgenerational virulence,

(38)), and therefore, we expected that the microsporidian could negatively impact *Daphnia*

population density over multiple generations. We also hypothesized that *O. pajunii* would prevent,

or at least reduce, *M. bicuspidata* outbreaks, benefiting the host. Hence, we exposed *Daphnia*

populations to *O. pajunii*, *M. bicuspidata*, both, or neither as a control. Because *O. pajunii*

outbreaks in natural lakes occur before those of *M. bicuspidata* (37), and the hypothesized

protection mechanism against *M. bicuspidata* requires established infection of *O. pajunii* (36, 37),

we added *O. pajunii* spores at the start of the experiment and waited until day 31 for its epidemics

to be established at ~15% prevalence to add *M. bicuspidata*. We analyzed the growth rates and

densities of host populations, as well as prevalences of each parasite. We also investigated

differences in host demographics, expecting that transgenerational virulence of *O. pajunii* would

reduce the proportion of juveniles in the populations. Additionally, we quantified the standing

stock of algae in the microcosms to determine how the symbionts altered host-resource

interactions.

Results

At the individual-level, infections affected host reproduction (parasite:clutch interaction $F=43.52$,

$p<0.001$) and lifespan (parasite effect $F=29.35$, $p<0.001$), but the effects of each symbiont strongly

differed. Specifically, the yeast *M. bicuspidata* was highly virulent to the host, reducing its

reproduction by 28-46% in clutches 2-4 (t-ratio>5.4 and $p<0.001$ for each comparison, Fig. 1A)

and lifespan by 63.5% (t-ratio=6.22, $p<0.001$, Fig. 1B), the latter resulting in the host producing

no more than four clutches. *Ordospora pajunii* infection, on the other hand, was less harmful to

host individuals. The infections of *O. pajunii* had no effect on the number of offspring in the first

three clutches, but this microsporidian had a negative effect on later reproduction, with the size of

clutches 4-8 reduced by 8-29% (*t*-ratio>3.2 and *p*<0.003 for each comparison, Fig. 1A) and

clutches 9-14 reduced by 31-54% (*t*-ratio>11.2 and *p*<0.001 for each comparison). *O. pajunii* did

not significantly reduce host lifespan (*t*-ratio=1.74, *p*<0.27, Fig. 1B).

At the population-level, the effects of single- and co-exposure to the symbionts were assessed

during two time intervals: the initial growth phase (until day 23) and the post-peak phase (days 30-

93). The separation was determined by both population dynamics and the experimental design: *M.*

bicuspidata spores were added on day 31, when *O. pajunii* epidemics were established (~15%

prevalence) and the host populations had peaked in abundance. Thus, we used the time before the

M. bicuspidata exposure to quantify how *O. pajunii* affects initial host population growth rate, and

we combined the two groups exposed to *O. pajunii* into one group (OP and OPMB, labeled 'OP'

in Fig. 2A), and the two unexposed groups into a separate group (C and MB, labeled 'C' in Fig.

2A). The post-peak phase was used to analyze the impact of both symbionts on host population

trajectories, with the four treatments analyzed separately.

Contrary to what the individual-level measurements of virulence would predict, we found strong

negative effects of *O. pajunii* on the host populations and no negative effects of *M. bicuspidata*.

In the initial growth phase of the experiment, *O. pajunii* reduced the population growth rate by

13% (χ^2 = 17.37, *p*<0.001, Fig. 2A). This negative impact of *O. pajunii* on hosts continued after

the peak in densities. In populations with only *O. pajunii*, host population size on days 30-64 was

reduced by, on average, 47% (*t*-ratio>2.7 and *p*<0.034 for each comparison between OP and C on

each day); in the co-exposure treatment, host population size was reduced by, on average, 42% (t-

ratio>2.8 and p<0.026 for each comparison; Fig. 2B). Conversely, *M. bicuspidata* had no

observable negative effects on the host populations; instead, later in the experiment (days 71-83),

the *Daphnia* population size was larger in comparison to the control populations by, on average,

41% (t-ratio<-2.84 and p<0.028 for comparisons on each day; Fig. 2B). Additionally, we found

that the impact of parasite outbreaks on the population size of *Daphnia* were non-linear and

changed over time (parasite:day interaction F=2.76, p=0.042; significant smoothers for C and MB,

which indicate significant change in densities of these two populations over time).

Ordospora pajunii reduced the prevalence of *M. bicuspidata*, as expected (Fig. 3A). Despite this,

co-exposed populations had similar host population dynamics as the populations exposed just to

O. pajunii (Fig. 2B), even though infection prevalence of each pathogen was lower in the co-

exposed populations than the single-exposed populations. Specifically, the prevalence of *M.*

bicuspidata was lower in co-exposure from day 56 of the experiment onward, and reached a 66%

reduction by the end of the experiment (treatment:day interaction z-value=-2.33, p=0.020; Fig.

3A). *Ordospora pajunii* was also less prevalent in the co-exposure treatment from day 44 onward,

reaching a 57% reduction at the end of the experiment (treatment:day interaction F=15.39,

p<0.001; Fig. 3B).

We hypothesized that the discrepancy between the modest individual-level virulence of the

microsporidian (*O. pajunii*) and its strong impacts on host population size might result from a

recently described phenomenon called transgenerational virulence: offspring gestated by females

during exposure to the microsporidian have much shorter life expectancy (high mortality before

and shortly after maturation), despite their lack of direct contact with the microsporidian (38).

Hence, we predicted that the microsporidian-induced transgenerational virulence would reduce

survival of juvenile *Daphnia*, causing an altered proportion of juveniles in populations exposed to

O. pajunii. The proportion of juveniles decreased throughout the experiment in all treatments (day

effect $F=116.83$, $p<0.001$). Notably, and consistent with predicted impacts of transgenerational

virulence, *Daphnia* populations undergoing *O. pajunii* epidemics had lower proportions of

juveniles than those that were not exposed to this symbiont (treatment effect $F=9.66$, $p<0.001$; Fig.

4).

We also hypothesized that some of the discrepancy between the individual-level effects on host

fitness and population-level patterns could be explained by host-resource interactions.

Specifically, strong negative effects of *O. pajunii* could be the result of an infection-driven increase

in resource demand that led to starvation and smaller population sizes. Contrary to this, *O. pajunii*

exposed populations (single and co-exposure) had leftover algae on days 30-51 (treatment effect

$\chi^2>19.48$ and $p<0.001$ for each comparison; Fig. 5), when the host populations were undergoing

the strongest reductions in density. This indicates that the decrease in population size of *Daphnia*

exposed to the microsporidian was not driven by resource depletion and starvation. In contrast,

control and *M. bicuspidata*-exposed *Daphnia* populations consumed all the available food (Fig.

5). Previous work has suggested that infection-driven decreases in foraging rates in *M.*

bicuspidata-infected hosts can allow for increased resource uptake by other hosts, driving a

phenomenon known as a disease-induced hydra effect (20). The lack of a standing stock of algae

in the *M. bicuspidata*-exposed treatment suggests that the very high densities of hosts consumed

all the available food; if infected hosts consumed less food, that would leave additional food for

the uninfected hosts, fueling a hydra effect, which is consistent with the periodically higher

population size of the yeast-exposed population in comparison to the control (Fig. 2B).

Discussion

In this study, we investigated whether the microsporidian *O. pajunii* is a context-dependent

mutualist that protects its host from a more virulent pathogen *M. bicuspidata*. At the same time,

we tested how the individual-level impacts of symbionts on their hosts scale up to the population-

level. Virulence measurements of each symbiont at the individual-level showed that the yeast *M.*

bicuspidata is substantially more harmful to the infected host than the microsporidian *O. pajunii*.

However, looking at the population-level effects of *M. bicuspidata* and *O. pajunii* in this study,

we found that *M. bicuspidata* had no negative effects on host population size, while *O. pajunii*

strongly reduced host population size. Hence, the population-level experiment yielded two patterns

at odds with the results obtained in the individual-level experiment: i) *O. pajunii* is much more

harmful to its host population than indicated by the traditional individual-level measures of

virulence, and ii) *M. bicuspidata* inflicts no harmful effects on the host population, despite its high

virulence for infected individuals.

Given the contrasting effects of *O. pajunii* across scales, we considered two potential explanations

for the population-level harm. One possibility is that the microsporidian infections elevate host

resource demands. That could increase foraging and cause faster resource depletion when

individuals in the population compete for limited resources; such a pattern would not have been

detected in the life-table experiment where *Daphnia* were fed *ad libitum*. In fact, some models

indicate that intraspecific host competition for resources can amplify the virulence of seemingly

benign parasites (15). However, our measurements of standing stock algae indicate that

populations undergoing *O. pajunii* epidemics had excess algae when the reduction in host

population size was the strongest (days 30-51), suggesting those *Daphnia* were not resource-

limited. Conversely, it is possible that the exposed *Daphnia* were undergoing illness-mediated

anorexia (39, 40), which would lower the overall food consumption. In a different study, we found

that *O. pajunii* can depress host feeding rates (41). Hence, the unexpected harmfulness of *O.*

pajunii is not likely to be a result of resource shortage. We acknowledge that *O. pajunii* infection

might hamper host nutrition through processes independent of food density in the environment,

although assimilation efficiency of hosts seems to be unaffected by the microsporidian (41).

Instead, the most likely explanation for the decimation of *Daphnia* populations by *O. pajunii* is

transgenerational virulence (i.e., negative effects of maternal exposure on offspring fitness, even

when those offspring are not themselves exposed (38)). A mathematical model estimating the

population-level impacts of transgenerational virulence predicted an approximately 30% reduction

in population size (38), which is similar to the effect we observed in the population experiment.

Additionally, we found a lower proportion of juveniles in the *O. pajunii*-exposed populations,

which is consistent with high juvenile mortality caused by transgenerational virulence. Adverse

transgenerational effects of maternal exposure to stressors have been observed before, as a result

of processes such as altered embryo nutrition or epigenetic inheritance (42–44) or, for parasites,

vertical transmission (45, 46). We do not know yet the process is responsible for the

transgenerational virulence of *O. pajunii*, but we do know that the microsporidian is not vertically

transmitted and that the embryos produced by exposed mothers are more fragile (38).

Similar to *O. pajunii*, *M. bicuspidata* had differing individual- and population-level effects.

However, in the case of *M. bicuspidata*, the host individuals suffered from high individual-level

virulence that did not negatively affect host populations. Instead, population size was, if anything,

higher when *M. bicuspidata* was present. We suspect that this is related to how this symbiont

affects the host's interactions with its resources. *M. bicuspidata* infection can induce foraging

reduction in *Daphnia*, resulting in more food available to the population undergoing epidemics

(20, 39, 47). By inducing strong foraging depression, *M. bicuspidata* epidemics can free up

resources for uninfected hosts, resulting in a hydra effect (20). In our experiment, we did not

observe algae accumulation in the *M. bicuspidata*-exposed treatment, which might suggest that

there was no foraging depression. However, because *M. bicuspidata* exposure occurred at high

Daphnia densities, when resource competition between *Daphnia* was strong (a necessary condition

for a hydra effect, (19)), any algae not consumed by infected individuals with reduced foraging

would have been rapidly consumed by the many other individuals in the population. Additionally,

during *M. bicuspidata* epidemics, the older and larger *Daphnia* experience the greatest infection-

driven mortality. Old and large adults are effective grazers (48), but contribute very little to the

population growth rate (49). Therefore, their increased mortality would release a fraction of

resources from their control, and nourish the juveniles, increasing their survival, and stabilizing

the whole population. Hence, we suspect that a joint effect of increased resource availability due

to foraging depression, and age-dependent mortality eliminating large grazers, could be

responsible for the lack of negative effects of *M. bicuspidata* at the population-level despite its

high individual-level virulence.

This study was motivated by the hypothesis that *O. pajunii* is a context-dependent mutualist whose

impact switches from mildly negative to positive in the presence of the more harmful yeast

symbiont. Consistent with prior work on *O. pajunii* (36, 37) and on its close relative (50), *M.*

bicuspidata prevalence was reduced in our experiment in the presence of *O. pajunii*, and *O. pajunii*

prevalence was lower during *M. bicuspidata* outbreaks. However, our assumption that *O. pajunii*

could be beneficial for *Daphnia* is not supported because *O. pajunii* had a strong negative

population-level effect whereas *M. bicuspidata* did not. Citing Francis Bacon "*the remedy is worse*

than the disease".

Awareness of how ecological context affects the outcome of symbiosis is crucial for epidemiology,

environmental management and conservation, medicine, and agriculture (16). While there is

growing consideration of context-dependent changes in symbiosis outcomes, fewer studies

consider the role that time span and level of biological organization play in the functioning of

symbiosis. Switching from individual-level analysis to population-level studies done over multiple

generations can dramatically change the perspective on the outcome or even nature of the focal

symbiosis. For example, anthelmintic treatment that was predicted to help the buffalo population

fight off tuberculosis infection actually increased the spread of bovine tuberculosis (14).

Furthermore, *Wolbachia* is known to have complex transgenerational effects (51); for example, in

Drosophila melanogaster, grandmother age determines the strength of the cytoplasmic

incompatibility impact on fitness of the offspring of *Wolbachia*-infected males (52). These

examples, and many other studies (e.g., (31, 33, 53–56)), show that individual-level, single

generation studies are burdened with a risk of overlooking important patterns and interactions,

such as transgenerational inheritance, selection of host and symbiont genotypes, or shifts in

symbiosis outcomes stemming from population/community level interactions. These effects have

the potential to change our classification of a focal symbiosis from mutualistic to parasitic or vice

versa. Here, we present how transgenerational virulence inflicted by a microsporidian that does

minimal harm to the infected host can decimate the host population, and how a highly virulent

yeast parasite that was expected to be extremely harmful to the host population turned out to be

benign. We would not have been able to predict such strong population-level consequences if we

had relied solely on measurements of virulence in a single generation.

Understanding the large-scale and long-term consequences of symbiosis is crucial for ecology,

evolutionary biology, and epidemiology. The strong population-level effects of *O. pajunii* detected

in this study indicate that long-lasting epidemics of this widespread microsporidian (as have been

seen in nature; (36, 57, 58)) have the potential to decrease the abundance of *Daphnia*; given their

central role in lake food webs, this likely has consequences for primary producers and ecosystem

functioning. Indeed, our finding that there was excess algae in populations exposed to *O. pajunii*

but not in control populations or those exposed to only *M. bicuspidata* suggest cascading effects

on the food web. More generally, we found that switching between individual- and population-

level studies revealed patterns that change our understanding of how a focal symbiosis functions

and how it should be classified. Our study emphasizes that individual-based methods of virulence

estimation are not enough to make accurate predictions about the impact of a symbiont on a host

population, and hence parametrizing models using only within-generation, individual-level

measurements may not be sufficient to predict the population- and community-level effects of

epidemics. To combat the spread and harmful effects of infectious diseases in humans, wildlife

and agriculture (e.g., (59–61)), and to use symbiosis in disease biocontrol (e.g., (62–65)), we

require a deep understanding of the outcomes of symbioses at levels beyond individuals. Such

understanding comes from determining the impacts of symbionts at the population scale over

longer time scales, as well as the role of ecological context in shaping those interactions.

Incorporating these factors into our investigations of infectious diseases and symbioses will be

crucial not only for furthering our knowledge of the ecology and evolution of symbionts but also

for decision making in agriculture, conservation, and management.

Methods

In this study, we focused on the tripartite interaction between the zooplankton host *Daphnia*

dentifera and two endosymbiotic microorganisms: *Metschnikowia bicuspidata* and *Ordospora*

pajunii. Freshwater crustaceans of the genus *Daphnia* are common model organisms for studying

evolutionary ecology and disease ecology, having great utility in experimental work due to their

parthenogenetic reproduction (66). Here, we briefly describe the experimental methods and

analyses. More detailed information about the study system, experiments, and analyses can be

found in the Supplement.

We carried out two experiments to investigate the interaction between hosts and two

symbionts at the individual- and population-level. We studied the individual-level effects using a

life table experiment with three treatment groups: C - control *Daphnia* not exposed to either one

of the symbionts, MB - *Daphnia* exposed to *M. bicuspidata*, and OP - *Daphnia* exposed to *O.*

pajunii. The exposure lasted two days for all treatments, after which we changed water and beakers

for each *Daphnia*, and continued the experiment until all *Daphnia* had died. We monitored the

Daphnia daily for survival and offspring production, and we counted and removed the offspring

each day. We checked each parasite-exposed *Daphnia* for infection at death or on day 20,

whichever came first (20 days is enough for individuals exposed to either pathogen to show visible

symptoms of infection). For both symbionts, 100% of the exposed animals who lived long enough

for infections to develop were infected.

We analyzed the number of offspring produced by *Daphnia* per clutch (reproductive event)

using a generalized additive model (GAM), with number of offspring as the response variable,

parasite treatment, clutch number, and their interaction as explanatory variables, and clutch

number as a common smoother for all the treatments. Based on a comparison of Akaike

Information Criterion (AIC), we determined that there was no justification to use separate

smoothers for each treatment. Post-hoc pairwise comparisons were conducted with estimated

marginal means and Bonferroni correction using the R package *emmeans* (67). Mean lifespan of

Daphnia was analyzed using a generalized least squares model with lifespan (measured in days)

as the response variable, parasite treatment as the explanatory variable and as a variance covariate

due to heterogeneity of variances between the treatments. We conducted pairwise comparisons

with *emmeans* and using Bonferroni correction.

In the population-level experiment, we tested the effects of *M. bicuspidata* and *O. pajunii*

on *Daphnia* populations, as well as the protective effect of *O. pajunii* against *M. bicuspidata*

outbreaks. We used the same genotypes of host and symbionts for this experiment as for the life

table experiment. This experiment had four treatments (10 replicates each): C - control treatment

with only *Daphnia* and no parasites; OP - *Daphnia* exposed to *O. pajunii* spores on day 1; MB -

Daphnia exposed to *M. bicuspidata* spores on day 31; OPMB - *Daphnia* exposed to *O. pajunii*

spores on day 1 and then to *M. bicuspidata* spores on day 31. These were started in beakers and

then moved to pitchers filled with 5L of filtered lake water after 2 days, in which *Daphnia*

populations were kept for the rest of the experiment. Beginning on day 9, we measured *Daphnia*

density, infection prevalence, demographic structure (females, males, juveniles), and algae

concentration once per week.

Using the initial growth phase of the experiment, we calculated population growth rates

with the following equation: $r=\ln(\text{density}_{t23} - \text{density}_{t0})/n$, where density_{t23} is *Daphnia* density at

day 23, density_{t0} is *Daphnia* density at the beginning of the experiment and n is number of days.

Due to influential outliers and violation of normal distribution of residuals, we analyzed the data

with a non-parametric Kruskall-Wallis test. We also analyzed the change in population size over

time in the second phase of the experiment (after day 30), using a GAM with *Daphnia* density as

a response variable, treatment, day of experiment, and their interaction as explanatory variables,

and day as a smoothing factor fitted separately for each treatment. Due to significant interactions

between the terms, we conducted a pairwise comparison with Bonferroni correction to determine

at which days population densities are significantly different, using the package *emmeans*. We

compared *M. bicuspidata* infection prevalence between the MB and OPMB treatments using a beta

regression model. We analyzed *O. pajunii* infection prevalence in the OP and OPMB treatments

using a GAM model with common smoothers. We compared the proportion of juveniles (juvenile

density/total density) and algae concentration between all four treatments using a linear model for

the former, and a Kruskal-Wallis test separate for each sampling day for the latter. Additional

information on these analyses can be found in the Supplement. All analyses and figures were

conducted in RStudio using R version 4.4.1, and the figures were plotted using the package *ggplot2*

(68).

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 Figures

Figure 1. The number of offspring per clutch (A) and the lifespan (B) of *Daphnia* were strongly
reduced by *M. bicuspidata* (red), while *O. pajunii* (orange) reduced clutch size only in late life
stages (after clutch 3) and had no effect on host lifespan. Panel A shows fitted values±SE of clutch
size (number of offspring per reproduction event) in consecutive clutches. Thick lines on the
bottom of the figure indicate clutches at which the difference in clutch size between control and
the treatment of corresponding color is significant. Panel B shows mean±SE lifespan (black points
and error bars) of *Daphnia* in each treatment, with individual data points color-coded by treatment.
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Figure 2. *Daphnia* initial population growth rate (panel A) and population size (panel B) were
reduced by *O. pajunii* whereas *M. bicuspidata* increased population size. Panel A shows
population growth rate during the initial growth phase (through day 23) in groups unexposed (C
and MB) and exposed to *O. pajunii* (OP and OPBM), grouped into parasite treatment C or OP,
respectively, because the population growth rates were measured before *M. bicuspidata* dosing
(dashed lines on panel B). The black points and error bars indicate mean±SE, the data points are
plotted underneath with colors corresponding to treatments. Panel B shows GAM modeled
population densities in each treatment, the vertical gray line with black stripe on day 30 separates
the time before the populations peaked (dashed lines) and after they peaked (solid lines); *M.*
bicuspidata was dosed to the system on day 31, around when densities peaked. Only the modeled
population sizes after day 30 were analyzed with the GAM. The population size in the single
infection (OP) treatment was reduced on days 30-61, while, in the co-infection (OPMB) treatment,
it was reduced on days 30-64. *M. bicuspidata* (MB) had a positive effect on the host population on
days 71-83. The solid lines and gray ribbons indicate fitted values±SE, thick lines on top and
bottom of the figure indicate the time span at which the treatment of the corresponding color had
significantly larger or smaller host population size, respectively, in comparison to the control.

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635 Figure 3. Prevalence of *M. bicuspidata* (panel A) and *O. pajunii* (panel B) were lower in the co-
636 infection treatment in comparison to the single infection treatments. The plots show fitted curves
637 of beta regression for *M. bicuspidata* (panel A) and GAM for *O. pajunii*, with data points plotted
638 underneath; the thick lines above the figures show the time span when the prevalence of the
639 respective parasite was higher in the single infection treatment than in the co-infection treatment.
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643 Figure 4. Proportion of juveniles decreased over time in all treatments, but populations with *O.*
644 *pajunii* outbreaks consistently had a lower proportion of juveniles than either control populations
645 or *M. bicuspidata* exposed populations. Fitted values of linear regression±SE are presented.

Figure 5. Algae were mostly depleted in control and *M. bicuspidata*-exposed treatments, but treatments with *O. pajunii* outbreaks had leftover algae present in the pitchers on days 30-51. The OPMB treatment had excess algae on day 93 as well, while the MB treatment had significantly less algae than C on day 23. The boxplot shows median (middle line), 25-75 percentile (box), largest values (no larger than 1.5x interquartile range, whiskers) and outliers (black points). Red stars indicate a significant treatment effect based on Kruskall-Wallis test.

Supplemental Methods

Study system

In this study we exposed *Daphnia dentifera* to two symbionts: *Metschnikowia bicuspidata* and

Ordospora pajunii. The yeast *M. bicuspidata* is an obligate killer that is ingested by the host during

feeding, then penetrates the host's gut to get inside the body cavity, where it proliferates (1).

Infected host lifespan is reduced (c.a. 12-17 days at 20°C, Fig. 1), and parasite spores are only

released after host death (2). The spores of the microsporidian *O. pajunii* are also consumed with

food, but once they are present in the host's gut lumen, they invade the gut epithelial cells where

they reproduce, eventually causing the cell burst and releasing spores back into both the gut lumen

and the environment (3). As this process is not lethal, *O. pajunii* can reinfect the same host multiple

times, which leads to perpetual production and shedding of parasite spores. *O. pajunii* is considered

a symbiont of very low virulence, as it has little to no effect on host lifespan or reproduction: Fig.

1 indicates reduction in offspring production only in late life stages – around and past the 5th clutch

– and no significant impact on lifespan, while previous studies indicate that it can be completely

benign or even beneficial (3–5). However, we also observed substantial early mortality of offspring

of the *Daphnia* exposed to *O. pajunii*, suggesting that its virulence is mostly transgenerational

rather than intragenerational (6).

We carried out two experiments, a life table (or individual-level) experiment and a population

experiment. In both experiments, we used the *D. dentifera* clone "S" isolated from a lake in Barry

County (Michigan, USA) and kept in the lab for over two decades, the *M. bicuspidata* strain

"Standard" isolated from Baker Lake (Barry County, Michigan, USA) in 2003, and the *O. pajunii*

isolate "BDWalsh" collected from Walsh Lake (Washtenaw County, Michigan, USA) in 2021.

The S clone was chosen for this study due to its susceptibility to both symbionts and the substantial

prior work on it.

Life table experiment: experimental methods

To estimate the virulence of both symbionts, we designed a life table experiment with three

treatment groups: C - control *Daphnia* not exposed to either one of the symbionts, MB - *Daphnia*

exposed to *M. bicuspidata*, and OP - *Daphnia* exposed to *O. pajunii*. We note that these data

overlap with some of the data presented in (5); specifically, the *M. bicuspidata* treatment (MB)

individuals in the current experiment are the same as the 'MB high' treatment animals in that

experiment (presented in Figure 2 in (5)), and the control group (C) in this experiment was also

used in supplementary Figure S3 of that article. Prior to the experiment, maternal lines of *Daphnia*

were kept singly for three generations in 100 ml of water from North Lake (Washtenaw County,

Michigan, USA) filtered with Pall AE glass microfiber filters, fed three times a week with 20,000

cells/ml of green algae *Ankistrodesmus falcatus* (a saturating level of food), and stored in an

incubator set at 20°C and 16:8 light:dark conditions.

The experiment started when we collected 0-24h old *Daphnia* of the third clutch of the (uninfected

and unexposed) experimental mothers. We pooled the animals in one dish and distributed

haphazardly among 90 beakers filled with 100 ml of filtered lake water, having a single *Daphnia*

per beaker. Each beaker was randomly assigned to one of the three treatments (C, MB or OP),

resulting in 30 replicates per treatment. *Daphnia* were placed in the incubator (same conditions as

described above for the stock cultures) and fed 20,000 cells/ml of the green algae daily.

On the third day, the water in all experimental beakers was replaced, with the volume reduced to

50 mL, and *Daphnia* in each group were exposed to their respective treatment: MB received 250

spores/mL of *M. bicuspidata*, OP received a dose of spores equivalent to a single heavily infected

donor (which is c.a. 15,000 spores, see (5)) and C received a placebo dose composed of ground-

up unexposed *Daphnia*, with each animal receiving the equivalent of 1 unexposed animal. To dose

M. bicuspidata spores for the MB treatment, we harvested *Daphnia* infected with *M. bicuspidata*

from our stock cultures, ground them with a motorized pestle, counted the mature spore

concentration under a compound scope at x400 magnification using a hemocytometer, diluted the

spores with filtered lake water and dosed each beaker with 12,500 spores. To expose the OP

treatment, we screened *Daphnia* from lab *O. pajunii* stock cultures under a dissecting microscope

and harvested heavily infected individuals, placed them in a 1.5 ml centrifuge tube filled with 100

µl of filtered lake water, then ground them with a pestle into a slurry. The slurry was resuspended

in filtered lake water and dosed into the beakers in a ratio of 1 donor:1 recipient, so each beaker

received a volume of slurry equivalent to a single ground-up donor *Daphnia*. We did not count the

O. pajunii spores due to their small size (~2µm length), which makes it impossible to determine

whether a given spore is mature/infective or not. To ensure that each beaker received a dose of

similar composition, we dosed all the beakers from the same spore slurry, as we have done in other

experiments (e.g., (5)). We prepared the placebo solution by collecting uninfected *Daphnia* from

cultures that had never been exposed to *O. pajunii* in a 1.5 ml centrifuge tube, grinding them with

a motorized pestle and resuspending the slurry in filtered lake water; we dosed the C treatment

beakers with the placebo slurry in a ratio of one ground-up *Daphnia* per beaker. The exposure

lasted two days for all treatments, after which we changed water and beakers for each *Daphnia*,

and carried out the experiment until all *Daphnia* had died. We monitored the *Daphnia* daily for

survival and offspring production, and we counted and removed the offspring each day. We

checked each parasite-exposed *Daphnia* for infection at death or on day 20, whichever came first

(20 days is enough for individuals exposed to either pathogen to show visible symptoms of

infection). For both symbionts, 100% of the exposed animals who lived long enough for infections

to develop were infected.

Life table experiment: statistical analysis

First, we note that some information from the main text is repeated here so that all of the

information is in one place. To compare the virulence of both symbionts, we analyzed the number

of offspring produced by *Daphnia* per clutch (reproductive event) and the host's lifespan in each

treatment. For the reproduction analysis, we used a generalized additive model (GAM) from the

package *mgcv* (7) because, as *Daphnia* grow, their clutch size increases, but this increase

eventually stops and *Daphnia* starts producing fewer offspring due to senescence; hence the

change of clutch size over time is non-linear. We also trimmed out the data past clutch fourteen

because the estimates would have been unreliable due to high mortality and low number of

replicates later in the experiment. We used number of offspring as the response variable, parasite

treatment, clutch number, and their interaction as explanatory variables, and clutch number as a

common smoother for all the treatments. Based on a comparison of Akaike Information Criterion

(AIC), we determined that there was no justification to use separate smoothers for each treatment.

The model was investigated for normality of residuals distribution, homogeneity of variances, and

influential outliers using diagnostic plots. Post-hoc pairwise comparisons were conducted with

estimated marginal means and Bonferroni correction using the R package *emmeans* (8). The GAM

model diagnostics showed a slight increase in the response variable plotted against the fitted values

because the first few *Daphnia* clutches naturally have fewer offspring than later clutches (due to

small size of the mothers). To be sure that this small inconsistency in variance does not make our

results qualitatively erroneous, we conducted an additional set of non-parametric Kruskal-Wallis

tests of the relationship between the number of offspring per clutch and parasite treatment at each

clutch, followed by a Dunn test from package *dunn.test* (9) for pairwise comparisons. The results

of this test were consistent with the GAM results, although a bit more conservative; we do not

show the non-parametric test results in the manuscript, but they are available in the R code, which

is publicly accessible on GitHub (https://github.com/marcinkdziuba/Pitcher-

experiment/releases/tag/v1.1) and through Zenodo (https://doi.org/10.5281/zenodo.15186214).

Mean lifespan of *Daphnia* was compared between the treatments using a generalized least

squares model with lifespan (measured in days) as the response variable, parasite treatment as the

explanatory variable and as a variance covariate due to heterogeneity of variances between the

treatments. We checked model assumptions with diagnostic plots and conducted pairwise

comparisons with *emmeans* and using Bonferroni correction.

Population experiment: experimental methods

We designed this experiment to test the effects of *M. bicuspidata* and *O. pajunii* on *Daphnia*

populations, as well as the protective effect of *O. pajunii* against *M. bicuspidata* outbreaks. We

used the same genotypes of host and symbionts for this experiment as for the life table experiment.

The maternal lines of *Daphnia* were prepared following the same protocol as the life table

experiment. Our population-level experiment started when the (uninfected and unexposed)

mothers produced their second clutch of offspring, which we collected 0-24h after birth. We

pooled the offspring in one dish and distributed them haphazardly among 40 beakers filled with

100 ml of filtered lake water, adding one individual per beaker, then a second to each beaker and

so on until each beaker had 10 juvenile *Daphnia*. We assigned each beaker to one of four

treatments (10 replicates each): C - control treatment with only *Daphnia* and no parasites; MB -

Daphnia exposed to *M. bicuspidata* spores on day 31; OP - *Daphnia* exposed to *O. pajunii* spores

on day 1; OPMB - *Daphnia* exposed to *O. pajunii* spores on day 1 and then to *M. bicuspidata*

spores on day 31. After assigning the beakers to treatments, we exposed OP and OPMB treatments

to spores of *O. pajunii*. The spore slurries were dosed the same way as in the life table experiment,

except this time the dosing ratio was 1 donor : 2 recipients, so each beaker containing 10 juvenile

Daphnia received a volume of slurry equivalent to 5 ground-up donor *Daphnia*. After dosing, all

treatments were fed 20,000 cells/ml of algae and placed in an experimental room maintained at

20°C and with 16:8 light:dark conditions. After two days, we poured the content of each beaker

into a separate 5L pitcher filled with 5L of filtered lake water, in which *Daphnia* populations were

kept for the rest of the experiment. Each 5L pitcher was dosed with 10,000 cells/ml of algae on

this initial transfer day and then three times a week throughout the experiment.

For each pitcher, we took weekly measurements of *Daphnia* density, infection prevalence,

demographic structure (females, males, juveniles), and algae concentration, beginning on day 9 of

the experiment. The screening protocol was as follows: the content of each pitcher was transferred

into a clean 5L pitcher (to prevent filamentous algae buildup), the water was refilled when needed

to account for evaporative losses, the contents of the pitcher were gently stirred using a 150 ml

ladle to homogenize *Daphnia* distribution across the water column, and then subsampled with the

ladle. The subsamples were at least 300 ml (with an exception of day 30 when we subsampled 150

ml as *Daphnia* densities were extremely high) and had at least 20 *Daphnia*. We did not subsample

more than 1000 ml. In the case of densities below detection, we quantified the number of *Daphnia*

in the whole pitcher. A subsample was poured into a 2L watch glass, and each *Daphnia* from the

subsample was then transferred with a glass pipette onto a microscope slide and checked under a

dissecting microscope for infection and demographic identity. Processed *Daphnia* were returned

to their pitchers. After checking all *Daphnia*, we measured the concentration of green algae in 50

ml of water using a FluoroProbe (BBE Moldanke). The sample to determine algal standing stock

was always collected on the third day after the previous feeding and right before the next feeding.

The rest of the water from the subsample was poured from the watch glass back into the respective

pitcher. Each treatment had a separate ladle, and the glassware was changed between each

treatment to avoid spore transfer between treatments.

Screening on day 30 revealed that *O. pajunii* epidemics were established, with ~15%

parasite prevalence in the exposed populations. Therefore, on day 31, treatments MB and OPMB

were exposed to *M. bicuspidata* spores. The *M. bicuspidata* dosing was staggered because we were

testing the hypothesis that *M. bicuspidata* is less successful when the host is already infected with

O. pajunii (5). Additionally, our field data indicated that *O. pajunii* epidemics occur before *M.*

bicuspidata outbreaks (5). Thus, we needed the *O. pajunii* epidemics to be established before

introducing *M. bicuspidata*. We prepared the *M. bicuspidata* slurries following the same protocol

as the life table experiment. However, we dosed the pitchers with 12.5 spores/ml of water (62,500

spores per pitcher), which is lower than the dose used in the individual-level experiment (i.e., 250

spores/ml), because previous studies showed that higher experimental volumes required lower

spore concentrations to yield high infection levels (10). After dosing the pitchers with *M.*

bicuspidata, we continued screening the 40 populations for prevalence of both parasites and the

other parameters until day 93 of the experiment. We terminated the experiment at day 93 because

some of the beakers started growing filamentous algae in which the *Daphnia* were getting tangled

and stuck, leading to their starvation and death. We note that, in the OPMB treatment, very

advanced and severe *M. bicuspidata* infections could have obscured the diagnosis of *O. pajunii*

infections later in the experiment. Spores of *M. bicuspidata* in heavily infected hosts overgrow the

hemocoel around the gut, blocking our view of the gut. Therefore, there is a risk that some animals

that were actually co-infected in the OPMB treatment late in the experiment were scored as singly

infected with only *M. bicuspidata*, which could have resulted in underestimation of *O. pajunii*

prevalence in the OPMB treatment.

Population experiment: statistical analysis

The density of *Daphnia* was analyzed as the total number of all *Daphnia* (infected and uninfected,

adults and juveniles, females and males) per liter of water. Based on the density data at the

beginning of the experiment and on day 23 – the last screening day of the initial growth phase –

we calculated population growth rates using the following equation: $r=\ln(\text{density}_{t23} - \text{density}_{t0})/n$,

where density_{t23} is *Daphnia* density at day 23, density_{t0} is *Daphnia* density at the beginning of the

experiment and n is number of days. Because we analyzed the time period prior to *M. bicuspidata*

spore dosing, we effectively had only two groups of populations: exposed to *O. pajunii* OP

(containing treatments OP and OPMB) and unexposed C (containing treatments C and MB), and

we analyzed the data as such. Due to influential outliers and violation of normal distribution of

residuals, we analyzed the data with a non-parametric Kruskall-Wallis test.

To investigate the change in population size over time (after day 30), we used a GAM with

Daphnia density as a response variable, treatment, day of experiment, and their interaction as

explanatory variables, and day as a smoothing factor fitted separately for each treatment. After

fitting the model, we inspected diagnostic plots to ensure the assumptions of normal distribution

of residuals and homogeneity of variance were met. Due to significant interactions between the

terms, we conducted a pairwise comparison with Bonferroni correction to determine at which days

population densities are significantly different, using the package *emmeans*.

To analyze *M. bicuspidata* prevalence in treatments MB and OPMB, we used a beta regression

model from the package *betareg* (11) with the day of experiment, treatment, and their interaction

as explanatory variables. We used beta regression because *M. bicuspidata* prevalence data were

strongly right-skewed (many measurements close to zero), and beta regression handles the skewed

distribution of proportion data much better than a GAM. To analyze the prevalence of *O. pajunii*

in groups OP and OPMB, we used a GAM with day of experiment, treatment, and their interaction

as explanatory variables, and day as a smoothing factor common for both groups (based on AIC

score for common vs. separate smoothers). For both prevalence analyses, we conducted model

diagnostics and used the *emmeans* package and Bonferroni correction to determine at which days

the prevalence differed between the compared treatments.

The proportion of juveniles (juvenile density divided by total density) was analyzed using a linear

model with day of experiment, treatment, and their interaction as explanatory variables, checking

model diagnostics and conducting pairwise comparisons using *emmeans* and Bonferroni

correction.

The data on algae concentration in the pitchers had a large proportion of zeros (indicating that

Daphnia in those populations consumed all the algae provided). Thus, we used a non-parametric

Kruskal-Wallis test for comparison within each screening day, using treatment as an explanatory

variable. When there was a significant effect of treatment, we conducted a Dunn test with

Bonferroni correction for pairwise comparisons.

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