Assessing plant phenological changes based on drivers of spring phenology

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ABSTRACT

Understanding plant phenological responses to climate warming is crucial for predicting changes

in plant communities and ecosystems but challenging when relying on sensitivity analysis that is

not based on drivers of spring phenology. In this article, we present a new measure *phenological*

lag to quantify the overall effect of phenological constraints including insufficient winter

chilling, photoperiod, and environmental stresses, based on observed response and that expected

from species-specific changes in spring temperatures, i.e., changes in spring forcing (degree

days) from warming and average temperature at budburst with the warmer climate. We applied

this new analytical framework to a global dataset with 980 species and 1527 responses to

synthesize observed changes in spring budburst (leafing or flowering) and investigate the

mechanisms of differential phenological responses reported previously. We found longer

phenological lags with experimental studies and native plants in flowering, likely due to more

stressful environments associated with warmer and drier climate. Less forcing changes were

mainly responsible for the smaller responses in leafing and flowering in boreal region (compared

to temperate region) and in grass leafing (compared to trees and shrubs). Higher budburst

temperatures also contributed to the smaller responses in flowering for experimental studies and

with herbs and grasses. The effects of altitude, latitude, MAT, and average spring temperature

change were minor (all combined <2.5% variations), while those of photoperiod and long-term

precipitation were not significant in influencing spring phenology. Our method helps to

determine mechanisms responsible for changes in spring phenology and differences in plant

phenological responses.

Keywords: spring phenology, phenological lag, forcing change, budburst temperature,

phenological response, meta-analysis

Mechanisms of changes in spring phenology

Plant phenology, particularly in spring, is shifting with warming climate (Fitter and Fitter, 2002; Post et al., 2018; Primack and Gallinat, 2016). Numerous observational studies and controlled experiments, conducted over a range of climatic and phenological conditions (Huang et al., 2020; Parmesan, 2007; Prevéy et al., 2019; Root et al., 2003; Wolkovich et al., 2012), have produced varying results, with observed phenological changes differing by research approach (Wolkovich et al., 2012), climatic region (Parmesan, 2007; Post et al., 2018; Prevéy et al., 2017; Zhang et al., 2015), and functional group (Parmesan, 2007; Root et al., 2003; Willis et al., 2010; Wolkovich et al., 2013; Zettlemoyer et al., 2019). For example, observed changes are often smaller with experimental studies (Wolkovich et al., 2012), native species (Wolkovich et al., 2013), and warmer regions (Prevéy et al., 2017). Understanding these differences (also referred to as discrepancies, disparities, or mismatches) is crucial for predicting changes in plant communities and ecosystems (Fitter and Fitter, 2002; Polgar et al., 2014; Primack and Gallinat, 2016) but difficult using sensitivity analysis that is based on a relative rate of change, i.e., change in days per degree Celsius or year/decade (Ge et al., 2015; Parmesan, 2007; Wolkovich et al., 2012).

Plants in the northern hemisphere require an accumulation of cool winter temperatures (winter chilling) to break dormancy and an accumulation of warm spring temperatures (spring forcing, degree days) to initiate budburst (e.g., leafing or flowering) (Piao et al., 2019; Way and Montgomery, 2015). If chilling requirements are fully met and other phenological constraints (e.g., photoperiod effect and environmental stresses) do not change with warming, the changes in spring phenology, in response to a warmer climate, result primarily from changes in spring temperatures, i.e., changes in spring forcing and rate of forcing accumulation (i.e., temperature) at budburst with the warmer climate. That is, higher budburst temperatures are associated with

smaller observed changes and sensitivity, opposite to the effects of forcing changes (Chu et al.,

2021, 2023). As species often differ in timing of budburst, both forcing change and budburst

temperature are species-specific, reflecting variations of individual species in phenological

responses to climate warming (Chu et al., 2021, 2023). The effects of insufficient winter chilling,

photoperiod (day length), and environmental stresses (e.g., drought and spring freezing) are

similar in constraining the advance of spring phenology (Chen et al., 2011; Huang et al., 2019;

Körner and Basler, 2010; Ma et al., 2019; Way and Montgomery, 2015). Therefore, the

difference between observed phenological change and that expected from forcing change and

budburst temperature represents phenological difference due to changes in phenological

constraints and can be thereafter named phenological lag. Separating the effects of different

constraints is possible if soil moisture or plant water status is monitored (Huang et al., 2019; Post

et al., 2022), or if species-specific chilling and photoperiod effects (Man et al., 2017a, 2021a; Fu

et al., 2019) or cold hardiness (Man et al., 2017b, 2021b) are known from previous research. For

example, phenological lag can represent chilling effects when photoperiod effect and

environmental stresses remain unchanged with warming (Chu et al., 2021).

The changes in spring phenology are often assessed by sensitivity, a parameter that does

not account for uneven warming patterns and responses (Beaubien and Hamann, 2011; Keenan et

al., 2020; Post et al., 2018; Rafferty et al., 2020) and therefore does not provide meaningful

insights into the magnitude and underlying mechanisms of changes in spring phenology (Chu et

al., 2021, 2023). For example, the same average temperature change (spring or annual

temperatures) can lead to different changes in spring phenology if warming occurs unevenly

before and after budburst. Under this circumstance, interpretations based on sensitivity analysis

can be misleading. Here, we present a new method to partition observed phenological changes

based on changes in spring phenology and temperatures with control (baseline) and warmer

climates. We applied this analytical approach to meta-analyze phenological changes reported in

the literature and investigated the mechanisms of the differential responses reported previously

on research approach (observational or experimental), species origin (native or exotic), climatic

region (boreal or temperate), and growth form (tree, shrub, herb, or grass). Our objective was to

determine how phenological responses differ among different groups and how differential

responses are related to the drivers of spring phenology, i.e., forcing change, budburst

temperature, and phenological lag.

Partitioning observed changes

Species-specific forcing change (F_C) can be calculated from the difference in degree days ($>$

0 °C, see Man and Lu, 2010) between baseline (or control) ($\sum_1^i T_{Ci}$) and warmer ($\sum_1^i T_{Wi}$)

climates at budburst (leafing or flowering) with the baseline climate (O_{Ci}) (see Figure 1).

$$F_C = \sum_1^i T_{Wi} - \sum_1^i T_{Ci}$$

The phenological response expected under the null hypothesis that climate warming does

not alter phenological constraints can be estimated from forcing change and species phenology

with the baseline climate (Figure 1):

$$N_{Ei} = \min |\sum_1^{i-n} T_{Wi} - \sum_1^i T_{Ci}|$$

where N_E is the difference in the number of days (n) between control and warmer climates in

reaching species forcing threshold ($\sum_1^i T_{Ci}$ at O_{Ci}). Under this hypothesis, spring phenology is

expected to shift from O_{Ci} with the baseline climate to E_{Wi} with the warmer climate. N_E is

typically positive, meaning earlier leafing and flowering, but can be negative if temperatures

decrease over time in observational studies.

Budburst temperature (T_B) is the average temperature or rate of forcing accumulation

within the window of expected phenological response (between O_{Ci} and E_{Wi}) and can be

determined from forcing change and expected response.

$$T_B \ = F_C/N_E$$

The difference between expected (N_E) and observed (N_O) responses is phenological lag

(N_C) reflecting phenological difference due to change in phenological constraints induced by

warming.

$$N_C \ = N_E - N_O$$

$N_C > 0$ indicates increasing phenological constraints that may result from increasing chilling

deficiency, photoperiod restriction, moisture stress, or risks of spring frosts; $N_C = 0$ indicates no

changes; and $N_C < 0$ indicates decreasing constraints with warmer climate.

Meta-analysis of global data

Phenological Data

We followed the guidelines of PRISMA (Preferred Reporting Items for Systematic Reviews and

Meta-Analyses) (O'Dea et al., 2021; Page et al., 2021) to build up the dataset on plant spring

phenological response to both experimental and climatic warming. We used Web of Science and

Google Scholar to search experimental and observational studies on warming-induced changes in

spring phenology. The following criteria were used to select papers: (a) accessible peer-reviewed

articles published in scientific journals for boreal (MAT < 6 °C) and temperate (MAT ≥ 6 °C)

regions in the northern hemisphere, (b) studies reporting spring budburst (leafing or flowering)

before Julian day 213 (July 31), (c) studies containing different climatic conditions of baseline

(lower temperatures in early period of observations or control treatment) and warmer (higher

temperatures in later period of observations or warmer treatment) climates, (d) access to local

temperature data (only one study was excluded due to lack of nearby temperature data within 50

km), and (e) reported phenological changes in unique locations, species, and periods of

observations/warmer treatments. When publications did not contain sufficient phenological

information, we accessed data directly from phenological databases (e.g., China's National Earth

System Science Data Center). When results were reported in graphical format, we extracted the

required data using the distance measuring tool in Adobe Acrobat Reader DC. In experimental

studies with multiple warming treatments, we selected the treatment with the smallest

temperature increases to represent a likely scenario of climate change and to maintain data

independence. We also excluded studies where the timing of spring budburst, total temperature

change, or observational time periods were not available.

In total, 66 studies were identified from 87 locations, containing 1,527 phenological

responses for 980 species (Figure S1; Tables S1–S3). For studies reporting multiple phenological

stages, we only used data for the first occurrence of the events. To account for variation in

phenological responses, each study location was characterized by research approach

(observational or experimental), climatic region (boreal or temperate), biogeographic origin of

species (exotic or native to study area), and growth form (tree, shrub, herb, or grass).

Climate Data

Baseline and warmer temperature data for calculating forcing change, expected response,

budburst temperature, phenological lag, spring warming (average temperature change from

Julian day 1 to 182), and long-term MAT and MAP were obtained from 9 different sources

(Table S4). When temperature data were available from multiple sources, we selected the data

set with the fewest missing values. For each phenological response, the number of weather

stations within 50 km of data collection ranged from 1 for studies at a single location to 14 for

observational studies across large geographic areas (Table S2).

Data analysis

We calculated forcing change, expected response, budburst temperature, and phenological lag for

each of the 1527 responses compiled. We used linear mixed-effects models to explore the

differences in observed responses and phenological lags between research approaches

(observational vs. experimental), species origins (native vs. exotic), and climatic regions (boreal

vs. temperate), and among growth forms (trees, shrubs, herbs, and grasses). Observed response is

the total phenological change observed (commonly called phenological change or response),

while phenological lag represents the lag effect of all constraints and therefore modification of

phenological change from the expectation based on changes in spring temperatures. Separate

analysis was conducted for each of the four fixed effects and two budburst events (leafing and

flowering). Location and species were treated as random effects.

To assess the influences of climatic, phenological, and biological variables, we used a

stepwise regression with automated combined forward and backward selection by Akaike

information criterion (AIC) (Burnham and Anderson, 2002) to select the best combination of

variables for predicting observed responses (N_O).

$$N_O \sim A_L + L_A + MAT + MAP + D_T + T_B + F_C + S_W + N_C$$

The variables included were altitude (A_L), latitude (L_A), MAT, MAP, spring phenology (D_T),

budburst temperature (T_B), forcing change (F_C), spring warming (S_W), and phenological lag (N_C),

and not standardized prior to regression analysis.

Observed changes in spring phenology

Across 66 studies with 980 species and 1527 responses, observed responses (N_O) ranged from

−23.8 to +26.8 days for leafing and −36.3 to +49.9 days for flowering, with an average of +6.0

days for both events (Table S3). These changes differed from expected responses (N_E) which

ranged from −3 to +27 days for leafing and −3 to +26 days for flowering and averaged +7.8 and

+9.5 days, respectively. Observed phenological responses were thus smaller than the expected by

1.8 and 3.5 days, on average, for leafing and flowering, respectively.

In experimental studies, observed flowering response was non-significantly smaller than

those from observational studies (1.7 days, p=0.232, Figure 2a), while phenological lag was

significantly longer for both leafing (3.0 days, p=0.028) and flowering (2.7 days, p=0.027)

(Figure 2b). Observed flowering response in exotic species was 2 days greater than in native

species (p=0.016), likely due to differences in phenological lag (1.9 days, p=0.019). Observed

leafing and flowering responses in boreal region were 4.3 and 1.9 days smaller (p=0.004,

p=0.088), respectively, than in temperate region, partially due to smaller forcing changes

(equivalent to 2.8 days in leafing and 1.4 days in flowering based on forcing changes and

budburst temperatures, Table 1 note a). Observed leafing response in grasses was 3.8 days

smaller than in trees and shrubs (p=0.033), likely due to differences in forcing changes (6.0 days,

Table 1 note b).

Other than phenological lag, forcing change and budburst temperature were the most

influential variables affecting observed responses (Table 2). The remaining variables combined

(altitude, latitude, MAT, and spring warming) explained <2.5% variations in observed leafing

and flowering responses.

Differential phenological responses

Observational vs. experimental

By partitioning observed changes based on drivers of spring phenology, we clarified some of the

uncertainty regarding the underlying mechanisms of differences in plant phenological response

to climate warming. By synthesizing global data, we found that observed flowering responses in

experimental studies were non-significantly smaller than that in observational studies, but this

was not the case for leafing responses; these findings differ from those based on temperature

sensitivity (Wolkovich et al., 2012). The greater warming in experimental studies did not

produce greater observed responses, due to longer phenological lags, which may have resulted in

the reduced sensitivity (Wolkovich et al., 2012). First, experimental studies are often conducted

at higher altitude sites with lower MAT, later spring phenology, and therefore longer

accumulation of winter chilling. The longer phenological lags are therefore unlikely the result of

insufficient winter chilling. Second, artificial warming has typically provided higher forcing

changes and budburst temperatures than natural climate warming (see Table 1). Greater forcing

changes produce larger expected responses (observed response + phenological lag), whereas

higher budburst temperatures reduce expected responses (Chu et al., 2021; Prevéy et al., 2017;

Wolkovich et al., 2021). The high temperatures in the artificial warming structures (Marion et

al., 1997) can also reduce humidity and soil moisture (Ettinger et al., 2019; Huang et al., 2019),

slowing spring development (Ganjurjav et al., 2020; Huang et al., 2019; Moore et al., 2015),

particularly in early spring when temperatures in the surrounding environment are low, thus

restricting soil water movement. While the different forcing changes adequately accounts for the

differences in expected leafing responses (2.5 out of 3.3 days, Table 1 note c), the large

differences in forcing changes but similar expected responses in flowering (8.63 and 9.07 days,

Figure 2) suggests a strong effect of budburst temperature (Table 1 note d) (Chu et al., 2023).

Thus, warming-induced moisture stress and high budburst temperatures may interact to alter

observed phenological responses and temperature sensitivity in experimental studies (Wolkovich

et al., 2012). Future experiments should consider humidity, soil moisture, and plant water status

to better understand disparities between observational and experimental studies and relate plant

phenological changes from experimental warming to those from natural climate change

(Wolkovich et al., 2012).

Native vs. exotic species

Exotic species are often reported with more noticeable observed responses to warming, a trend

that is generally based on flowering (Calinger et al., 2013; Willis et al., 2010; Wolkovich et al.,

2013). The ecological implications of this response are well described (Polgar et al., 2014;

Zettlemoyer et al., 2019), but the underlying mechanisms are not well understood. Lower

budburst temperatures faced by early-start exotics are likely partially the cause (Chu et al., 2021,

2023), as shown by a reverse trend for late-start exotics (Zohner and Renner, 2014). In this

synthesis, phenological lag did not increase from early leafing to late flowering for exotic

species, a trend that is consistent with dormancy release commonly reported on leaf and flower

buds (Campoy et al., 2013; Gariglio et al., 2006; Hussain et al., 2015; Wall et al., 2008), contrary

to that for native species (Figure 2b). The smaller observed response in flowering for native

species is associated with longer phenological lags and accumulations of winter chilling (Table

1), suggesting more stressful environments later in the season or higher stress sensitivity with

reproductive events. Comparatively, plants starting growth early in the growing season may be

less restricted by soil moisture that often recharges from winter precipitation and is depleted with

increased moisture consumption over time (Sherry et al., 2007; Wolkovich et al., 2013;

Zettlemoyer et al., 2019), particularly in dry climates (Man and Greenway, 2013). Moisture

stress can progressively develop over the season (Piao et al., 2019; Wolkovich et al., 2013;

Zettlemoyer et al., 2019) and differentially affect exotic and native species with differing spring

phenology (Stuble et al., 2021; Willis et al., 2010; Wolkovich et al., 2013). The smaller observed

responses in flowering of native species suggests reproductive disadvantage (IPCC, 2014;

Zettlemoyer et al., 2019). The consistent leafing response, however, does not support suggestions

that late-start native species would have relatively shorter active growing seasons and, therefore,

a competitive growth disadvantages relative to early-start exotic species with climate warming

(Fitter and Fitter, 2002; Morin et al., 2009; Primack and Gallinat, 2016). Total thermal benefits

from climate warming do not differ among species with differing spring phenology (Chu et al.,

2021). Given the projected increases in temperature and decreases in precipitation for many parts

of the world (IPCC, 2014), future studies should assess the differences in drought sensitivity

between vegetative and reproductive events and among functional groups and climatic regions.

Boreal vs. temperate region

Spatial variations along altitudinal and latitudinal gradients are often reported but not well

understood (Ge et al., 2015; Morin et al., 2009; Parmesan, 2007; Zhang et al., 2015). Our

analysis indicates smaller observed responses in boreal region (MAT<6 °C) due to less forcing

changes (Table 1), but not to longer phenological lag (Figure 2). The similar spring warming but

less forcing changes suggests that the temperature increases in boreal region occur more

frequently in the winter (Beaubien and Hamann, 2011; Shen et al., 2015) when temperatures are

below freezing and don't contribute to spring forcing (Man and Lu, 2010). The uneven warming

has been reported in both natural and experimental settings (Beaubien and Hamann, 2011;

Prevéy et al., 2017; Shen et al.; 2015; Slaney et al., 2007; Yang et al., 2020) and supports the

claim that average temperature changes do not represent species-specific forcing changes (Chu et

al., 2021; Keenan et al., 2020; Wolkovich et al., 2021). When forcing changes are held constant,

however, observed responses increase with altitude and latitude, as shown by the positive

regression coefficients in both leafing and flowering models (Table 2). The possible mechanisms

behind this may be lower budburst temperature and less moisture stress at higher altitude and

latitude (Rafferty et al., 2020), as shown by the negative collinearity of altitude and latitude with

budburst temperature and phenological lag in both leafing and flowering (data not shown).

Therefore, boreal region, depending on forcing changes, can have smaller (Ge et al., 2015;

Menzel et al., 2006; Rafferty et al., 2020; Shen et al., 2015) or greater (Ge et al., 2015;

Parmesan, 2007; Post et al., 2018; Prevéy et al., 2017) phenological responses, spatial trends that

may be different from those suggested by phenological sensitivity (Liu et al., 2019; Post et al.,

2018). Consequently, climate change may not result in general phenological convergence across

altitudes and latitudes (Rafferty et al., 2020; Shen et al., 2015; Tao et al., 2021), contrary to

suggestions by others based on small scale studies (Prevéy et al., 2017; Vitasse et al., 2018;

Ziello et al., 2009).

Trees, shrubs, herbs, and grasses

Smaller observed responses in herb and grass leafing support findings from some early syntheses

(König et al., 2018; Parmesan, 2007), but not those that show a greater response from non-

woody plants (Ge et al., 2015; Post and Stenseth, 1999; Root et al., 2003) or no differences

(Stuble et al., 2021). Herbs and grasses often resume growth earlier than woody shrubs and trees

(Badeck et al., 2004; Heberling et al., 2019) and should have lower budburst temperatures and

therefore greater phenological responses to climate warming (Chu et al., 2021; Prevéy et al.,

2017; Wolkovich et al., 2021). However, different growth forms are often studied separately on

sites in different climatic regions, making comparisons challenging. Furthermore, most studies

on herb and grass leafing are conducted in boreal region at high altitudes, low MAT, late spring

phenology, low forcing changes, and low spring warming (Table 1); the extremely small forcing

changes resulted in small observed responses despite lower budburst temperatures (Figure 2a).

The observed responses with herbs and grasses would not be smaller if converted to temperature

sensitivity (see Table 1 for large differences in spring warming for leafing). In contrast to

leafing, herb and grass flowering studies have greater forcing changes and higher budburst

temperatures (Table 1), the latter would lower both expected and observed responses (Table 1

note d) (Chu et al., 2021; Prevéy et al., 2017; Wolkovich et al., 2021) and potentially induce

moisture stress and increases phenological lags (Ganjurjav et al., 2020; Huang et al., 2019;

Moore et al., 2015; Post et al., 2022), particularly for grasses (Sherry et al., 2007; Zettlemoyer et

al., 2019) that have shallower root systems (Kulmatiski and Beard, 2013; Schenk and Jackson,

2002).

Mechanistic assessment of changes in spring phenology

Averaged across all observational and experimental studies, observed responses and

phenological lags are both positive, suggesting that climate warming advances spring phenology

but not at rates expected from changes in spring temperatures. The positive lags are likely due to

more stressful environments with warmer and drier climate (Huang et al., 2019; Sherry et al.,

2007; Zettlemoyer et al., 2019). We quantified phenological lags from changes in spring

phenology and temperatures, an approach that does not require species-specific chilling or

forcing needs that are often unavailable (Fitter and Fitter, 2002; Morin et al., 2009) or variable in

methods of estimation across species and studies (Man and Lu, 2010; Ettinger et al., 2020; Zhang

et al., 2018). The relatively early stage of climate warming and association of longer

phenological lags with longer accumulation of winter chilling (Table 1) suggest that current

climate warming is not likely to induce a general chilling shortage (Chu et al., 2023; Ettinger et

al., 2020; Tao et al., 2021; Yang et al., 2020), although incidental effects on individual species or

in particular conditions can occur (Fu et al., 2015). Similarly, the variable and minor effects of

photoperiod (Basler and Körner, 2012; Chuine et al., 2010; Ettinger et al., 2020; Zohner et al.,

2016) (insignificant spring phenology; see Table 2) often reported in studies with extreme

warming scenarios (Caffarra and Donnelly, 2011; Fu et al., 2019; Laube et al., 2014) or

compounded with that of budburst temperatures (Chu et al., 2021), minor effects by nutrient

availability (Piao et al., 2019), or incidental spring freezing (Man et al., 2009, 2021b) are not

likely to cause the systemic differences in phenological lag between observational and

experimental studies or between native and exotic species.

Our analysis indicates that both forcing change (quantity) and budburst temperature (rate

of forcing accumulation) strongly influence the magnitude of change in spring phenology,

consistent with the findings by Chu et al. (2021) that smaller phenological response with late

season species are largely due to their higher budburst temperatures. In phenological research,

the influence of budburst temperature is not adequately recognized (Chu et al., 2021, 2023) and

can be confounded with progressive increases of phenological lag with greater chilling

requirements or insufficient winter chilling (Asse et al., 2018; Morin et al., 2009; Primack and

Gallinat, 2016), photoperiod constraints (Körner and Basler, 2010; Shen et al., 2014; Way and

Montgomery, 2015), or moisture stress (Piao et al., 2019; Wolkovich et al., 2013; Zettlemoyer et

al., 2019) suggested for late season species. The difference of the significance in budburst

temperatures between leafing and flowering models (Table 2) suggests that the influence of

budburst temperatures can be greater if budburst temperatures decrease with the advance of

spring phenology and progress of climate warming (Tao et al., 2021). Compared to spring

average temperature change that explained <0.5% of the variation in observed responses (Table

2), forcing change quantifies climate warming effect relevant to phenological change of

individual species and reduces uneven warming effects among species with different spring

phenology (Chu et al., 2021) and areas in different climatic regions (Post et al., 2018; Yang et

al., 2020). Both forcing change and budburst temperature can be readily extracted from

phenological and temperature data, as demonstrated in this synthesis, but have not been used in

assessment of plant phenological changes in spring.

Conclusions and caveats

In this article, we outline an analytical framework to partition phenological changes based on

drivers of spring phenology and report differential phenological responses identified through the

meta-analysis of observed changes and phenological lag. Longer phenological lag, likely

resulting from more stressful environments with warmer and drier climate, helped to explain

smaller responses with experimental studies and native plants in flowering, while less forcing

changes were mainly responsible for the smaller responses in leafing and flowering in boreal

region and in grass leafing. Some of these differential responses are different from those reported

previously based on sensitivity analysis.

Our approach does not require species-specific chilling and forcing needs, chilling–

forcing relationships, or temperature response models that are often unavailable or variable in

methods of estimation across species and studies. As chilling and forcing models reflect

physiological aspects of chilling and forcing processes and would not change with climate

warming, the use of alternative base temperatures or forcing models would not affect the

partitioning of phenological changes, except for derived budburst temperature that represents the

rate of forcing accumulation not actual temperatures.

While our method helps to understand changes in spring phenology and differences in

plant phenological responses across different functional groups or climatic regions, the

ecological implications of phenological lag can be uncertain without investigation of individual

constraints. In this synthesis, the effects of photoperiod and insufficient winter chilling are likely

limited across all studies with the current level of climate change. In the boreal region with a

long winter, insufficient winter chilling is unlikely to occur with the levels of climate warming

projected (Chu et al., 2021; Tao et al., 2021). Phenological lag indicates the overall lag effect and

the need to investigate contributions of individual constraints that can be specifically determined

at individual study level if biological and environmental constrains are known from on-site

monitoring or previous research.

Acknowledgements

This work was supported by Ontario Ministry of Natural Resources and Forestry (Canada),

Guangxi Normal University (China), Jilin Provincial Academy of Forestry Sciences (China),

Shanghai Botanical Garden (China), Research Institute of Subtropical Forestry (China), and

Lakehead University (Canada). Lisa Buse, Gillian Muir, and Hasanki Gamhewa of Ontario

Author Contributions

405   R.M. and J.T. conceived the general idea of the method; Y.J., X.C., X.Y., R.M., and J.T.

406   compiled data; and Y.J., S.J.M., X.C., X.Y., R.M., J.T., and Q.L.D. contributed to the

407   interpretations of the results and to the writing of the paper.

Supporting Information

410   Temperature data and R codes for calculating forcing changes, expected responses, budburst

411   temperature, spring warming, and phenological lags of individual studies are deposited at Dryad

412   https://doi.org/10.5061/dryad.dncjsxm9x.

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Table 1. Mean values of climatic, phenological, and biological variables by budburst (leafing or flowering), research approach (observational or experimental), species origin (native or exotic), climatic region (boreal or temperate), and growth form (tree, shrub, herb, or grass). Budburst temperature = average temperature at budburst under the warmer climate, forcing change = warming-induced changes in spring forcing prior to budburst, spring warming = average spring temperature change, and phenological lag = difference between observed response and that expected from forcing change and budburst temperature.

Budburst	Spring phenology (Julian)	Budburst temperature (°C)	Altitude (m)	Latitude (°N)	MAT (°C)	Forcing change (degree days)	Spring warming (°C)	Phenological lag (day)	Sample size (N)
Leafing	111	11.1	687	42.8	7.8	85	1.3	1.8	447
Observational	106	11.0	487	42.6	8.4	79	1.1	1.2	359
Experimental	130	11.2	1500	43.8	5.6	106	1.8	4.1	88
Native	113	11.0	744	43.3	7.4	85	1.3	1.9	379
Exotic	100	11.7	366	40.0	10.2	78	1.2	1.1	68
Boreal	128	10.2	1147	45.7	2.0	65	1.3	2.4	154
Temperate	102	11.5	444	41.3	10.9	94	1.3	1.5	293
Tree	105	11.7	364	41.9	10.1	101	1.4	1.9	246
Shrub	109	10.9	433	43.5	7.8	80	1.4	1.1	107
Herb	131	10.0	1955	43.3	1.8	51	0.8	1.2	54
Grass	123	8.9	1637	45.9	2.1	37	0.7	3.6	40
Flowering	138	13.7	534	45.5	9.0	126	1.3	3.5	1080
Observational	136	13.4	454	46.0	9.2	120	1.2	3.3	956
Experimental	154	16.7	1153	41.8	7.3	174	1.8	4.7	124
Native	142	13.8	617	45.9	8.5	124	1.3	3.7	850
Exotic	125	13.5	229	44.3	10.9	135	1.4	2.4	230
Boreal	167	14.6	1998	42.9	3.3	109	1.4	1.3	175
Temperate	133	13.6	251	46.0	10.1	130	1.3	3.9	905

Tree	114	12.7	289	43.5	10.5	119	1.5	1.4	183
Shrub	125	12.3	446	44.8	8.5	103	1.3	2.9	148
Herb	146	14.2	608	46.1	8.7	129	1.4	3.8	659
Grass	150	15.3	636	46.5	8.9	160	1.4	5.8	90

Note: effects of forcing change and budburst temperature illustrated in Partitioning observed changes

a) the difference in forcing change between boreal and temperate regions for leafing is 29 (94 – 65), equivalent to 2.8 day expected responses under the average budburst temperature of boreal region (10.2). Similarly, the difference in flowering is equivalent to 1.4 day expected responses, i.e., 21/14.6.

b) the difference in forcing change between grasses and trees + shrubs for leafing is 53 ((101+80)/2 – 37), equivalent to 6.0 day expected responses under the average budburst temperature of grasses (8.9).

c) the difference in forcing change between experimental and observational studies for leafing is 27 (106 –79), equivalent to 2.5 day expected responses under the average budburst temperature of observational studies (11.0).

d) different budburst temperatures explain 2.6 day difference in flowering responses between experimental and observational studies, i.e., 174/13.4 – 174/16.7, and 1.8 day difference in flowering responses between woody (trees and shrubs) and non-woody (herbs and grasses) plants, i.e., (129+160)/(12.7+12.3) – (129+160)/(14.2+15.3).

Table 2. Final stepwise regression coefficients and variable influence on observed phenological responses using Akaike information criterion (AIC).

Budburst	Intercept	Budburst temperature	Altitude	Latitude	MAT	Forcing change	Spring warming	Phenological lag	R-squared Sample (N)
Leafing	2.6439	-0.6075	0.0003	0.0732	0.1480	0.0736	0.9463	-0.9738	0.9453
AIC (%)	449 (27.7)	340 (20.9)	2 (0.1)	15 (0.9)	11 (0.7)	68 (4.2)	7 (0.4)	732 (45.1)	(447)
Flowering	4.5210	-0.5917	0.0003	0.0869	0.1466	0.0521	0.7620	-0.9893	0.9653
AIC (%)	785 (18.1)	247 (5.7)	7 (0.2)	20 (0.5)	32 (0.7)	826 (19.1)	5 (0.1)	2409 (55.6)	(1080)

Note: Budburst temperature (°C) = average temperature at budburst (leafing or flowering) with the warmer climate

MAT (°C) = long-term mean annual temperature

Forcing change = warming-induced changes in spring forcing prior to budburst

Spring warming (°C) = average spring temperature change (Julian day 1 to 182)

Phenological lag (days) = difference between observed response and that expected from forcing change and budburst temperature

Spring phenology (date of budburst with the baseline climate; Julian days) and long-term mean precipitation (MAP, mm) were excluded from final models due to lack of significance

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Forcing change, budburst temperature, and phenological lag are calculated from phenological and temperature data for individual species, spring phenology and observed responses are provided in the original studies, and spring warming and long-term MAT and MAP are provided in the original studies, calculated from baseline temperatures, or extracted from Google Maps (www.maps.google.com), FreeMapTools (www.freemaptools.com), or WorldClim Database (Fick and Hijmans, 2017)

Figure 1. A diagram showing the relationships among forcing change (F_C, difference in spring forcing (degree days) between baseline $\sum_1^i T_{Ci}$ and warmer $\sum_1^i T_{Wi}$ climates at budburst with the baseline climate O_{Ci}), expected response (N_E, difference between baseline and warmer climates in reaching species forcing threshold, i.e., $\sum_1^i T_{Ci}$ at O_{Ci}), budburst temperature (F_C/N_E, average temperature or rate of forcing accumulation at budburst with the warmer climate), and phenological lag (N_C, difference between expected N_E and observed N_O responses or between expected E_{Wi} and observed O_{Wi} phenology with the warmer climate).

Figure 2. Observed responses and phenological lags (least square means ± standard errors) in leafing and flowering (left and right set of bars in each pair, respectively) by research approach (observational and experimental), species origin (native and exotic), climatic region (boreal and temperate), and growth form (tree, shrub, herb, and grass) extracted from reported plant phenological changes in spring. Phenological lags are calculated from the differences between observed responses and those expected from species-specific changes in spring temperatures. Different letters indicate means differ significantly ($p<0.05$).

Supplementary data

Table S1 | A list of references for all studies included

Table S2 | A summary of study information

Table S3 | MetaData containing all data used in the analysis

Table S4 | Sources of weather data