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Full title:

Tardigrades' cytoplasmic abundant heat soluble proteins serve as membrane protectors during dehydration.

Short title:

CAHS protects cell membranes during dehydration

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Abstract

Tardigrades are microscopic organisms with extraordinary tolerance to environmental stresses such as desiccation and thus offer unique solutions to bio-preservation, anti-aging, and interstellar travel. Recent studies revealed a collection of cytoplasmic and secretory abundant soluble proteins (CAHSs and SAHSs respectively) contributing to tardigrades' extreme resilience. Using computational tools, I examined 39 CAHSs and 28 SAHSs from three representative tardigrade species. Both protein families possess a conserved central region and two highly variable terminal regions. Phylogenetic analysis suggests that CAHSs and SAHSs have distinct sequences despite functional similarity. Modeling by AlphaFold shows that CAHSs' central region forms α-helix whereas SAHSs' folds into β-barrel. Since dehydration leads to the increase of intracellular protein concentration, I used AlphaFold to simulate CAHS oligomerization and find that they preferably dimerize via their central helix motifs. Examination of CAHS dimers reveals a strong inter-helix interaction and an alternating pattern of hydrophobicity and hydrophilicity along the helix bundle. The latter is a common feature found in lipid-interacting proteins. Empirical tests using mammalian cells expressing the representative RvCAHS3 show that CAHSs concentrated on intracellular membranes instead of in proteinaceous condensates during dehydration. Moreover, RvCAHS3 significantly improves cell survival as measured by the stimulation-evoked release of Ca^{2+} from membrane-bound internal stores like endoplasmic reticulum. Taken together, these results suggest that CAHS dimers form network covering cell membranes and thus protect the integrity as well as function of membrane-bound organelles during anhydrobiosis. This finding implicates new strategies to preserve biomolecules, cells, and tissues under challenging conditions or for easy transportation.

Introduction

Tardigrades, commonly known as water bears or moss piglets, are microscopic invertebrates comprising the distinct phylum Tardigrada [1]. They have a segmented body with four pairs of legs and live in marine

or freshwater environments as well as semi-terrestrial habitats [1]. Tardigrades are renowned for withstanding extreme environments including desiccation, extreme temperatures, and cosmic radiation [2]. Most notably, they can remain lifeless in a vacuum for decades until rehydration [3]. Thus, tardigrades are exceptional models for studying anhydrobiosis (i.e., an organism loses almost all its water and enters a state of reversible ametabolism) [4]. For most organisms, dehydration causes hyperosmosis and damages cellular structures, leading to cell deformation and eventually death. Tardigrades, on the other hand, have various protective measures for such challenges.

Recent studies have found that two protein families, cytosolic and secretory abundant heat soluble proteins (CAHSs and SAHSs), serve as intracellular and extracellular protectants in tardigrades, respectively [5]. Early research had concluded that both were intrinsically disordered and vitrified upon dehydration, hypothetically sequestering biomolecules, organelles, and cellular apparatuses [5]. Lately, computational as well as empirical studies have indicated that those proteins have a defined tertiary structure, at least partially [6-9]. Moreover, the latest investigations have shown that CAHSs are protective for protein complexes and organelles [6] whereas SAHSs shelter extracellular biomolecules and structures [10]. To better appraise their protective mechanisms, especially in case of desiccation, I have employed *in silico* and *in vitro* tests with a focus on the oligomerization of CAHSs owing to dehydration. As more and more tardigrades have undergone genomic sequencing [11-12], more and more CAHS and SAHS gene sequences have been deposited in GenBank and become available to the general public. More importantly, sequence-based structure modeling fueled by the latest development in artificial intelligence has become highly reliable (e.g., AlphaFold 3.0 achieved over 97% accuracy in predicting protein complex) [13]. In conjunction with computer simulation, empirical tests in model systems like cultured cells yield insights bridging proteins' functionality with their structure.

Results

From among ~1,500 species of tardigrades, I selected three representative ones: *Ramazzottius varieornatus*

(*Rv*) is best known for its extremotolerance [14]; *Hypsibius exemplaries* (*He*) is the most studied for

evolutionary biology and astrobiology [15]; and *Paramacrobiotus metropolitanus* (*Pm*) is a popular genetic

model [16]. Most of all, their genomes have been sequenced and almost all extremotolerance-related genes

have been identified and deposited in public-accessible databases like GenBank [17]. After exhaustive

searching, I acquired all DNA and protein sequences of CAHSs and SAHSs in those three species (S1 and

S2 Tables).

First, the protein sequences of 39 CAHSs and 28 SAHSs were aligned using COBALT with default settings.

A distinct consensus region was observed in each group (Fig 1). In CAHSs, the conserved region of

approximately 130 amino acid residues was flanked by N- and C-terminal regions with highly variable

lengths and amino acid compositions (Fig 1A). Notably, the most conserved amino acid residues (shown in

red in Fig 1A) are hydrophilic (i.e., charged or polar) and distributed evenly across the consensus region

(S1A Fig). In SAHSs, the conserved region is made of approximately 100 amino acid residues and is closer

to the C-terminals (Fig 1B). Different from that of CAHSs, it is less consistent and can be segmented into

three subregions of shorter and variable sequences, about 20 ~ 40-residues long. The most conserved amino

acid residues in the conserved regions of SAHSs are either hydrophilic or hydrophobic (S1B Fig). The

phylogenetic tree plots suggest that CAHSs are more conserved across different species because there are

more species than gene differences between the neighboring CAHSs (S2A Fig). Notably, PmCAHS89226-

like was found to be phylogenetically distant from all other 38 CAHS, consistent with its sequence

alignment, indicating an incorrect categorization. As for SAHSs, the closest genes are always from the same

species (S2B Fig). Even combined together, CAHSs and SAHSs form two separate branches (S2C Fig). In

summary, the sequence analyses suggests that CAHSs and SAHSs are two very different families of proteins

despite their shared names and functional similarity. Furthermore, their conserved regions have very

different amino acid compositions, implicating differences in protein structure and function.

Figure 1. Protein sequence alignment identifies highly conserved central motifs and highly variable

terminal regions in CAHSs and SAHSs. Alignments of CAHSs (A) and SAHSs (B) were generated by

COBALT. Red represents highly conserved amino acid residues, blue for less conserved ones, and gray for

highly variable ones. The conserved central motif for CAHSs is about 120 amino acids long, and SAHSs'

is about 100 amino acids long. RC, Rv CAHS; HC, He CAHS; PC, Pm CASH. They are all numbered in

the same order as that of S1 Fig and S1 and S2 Tables.

To model CAHSs and SAHSs, the AI-based AlphaFold was used because its latest version (3.0) offers

unprecedented accuracy and reliability, especially in predicting protein complex including oligomers [13].

Consistent with the sequence alignment, all of CAHSs' long conserved regions formed a single α-helix (Fig

2A and S3A Fig) except for PmCAHS89226-like, again suggesting that it was miscategorized. So, it is

excluded from all analyses thereafter. In case of SAHSs, their conserved regions form several consecutive

β-sheets with α-helixes or coils in between (Fig S3B). Unlike CAHSs, there is no outlier in SAHSs, again

consistent with the phylogenetic analysis result. As for the highly variable N- and C-terminal regions in

CAHSs and SAHSs, they are generally deemed to be disordered by AlphaFold with low predicted local

distance difference test score (plDDT) (Fig 2A and S3 Fig).

Figure 2. **CAHS's central motif forms long helix.** (A) the 3D structures of CAHS monomers predicted

by AlphaFold. Blue indicates high confidence for the highly ordered central helix whereas yellow/orange

indicates low confidence for the disordered terminals. (*, PmCAHS89226-like). (B) the hydrophobic

moment plot of RvCAHS3's central motif shows hydrophobic residues are arranged in a periodic manner.

(C) two central motifs of RvCAHS3 form an anti-parallel dimer via electrostatic interactions (highlighted

in green) and π-π stacking (highlighted in yellow). Most hydrophobic residues face outside.

Using RvCAHS3 as an example, the hydrophobic moments along the conserved central regions were

calculated, which clearly exhibits periodic peaks (Fig 2B). This is consistent with the evenly distributed

hydrophobic amino acid residues shown in S1A Fig. Dehydration effectively concentrates biomolecules

and thus promotes CAHS/SAHS oligomerization inside and outside of cells. So, AlphaFold 3.0 was

deployed to model the formation of CAHS and SAHS oligomers. For example, when a second helix of

RvCAHS3 conserved regions was introduced, AlphaFold yielded a dimer of two helixes in an anti-parallel

fashion (Fig 2C). A close examination of inter-peptide interactions revealed strong electrostatic interactions

and π-π stacking along the interface of the two helixes (highlighted in Fig 2C), indicating a high stability

of such dimer. Moreover, the hydrophobic (red) and hydrophilic (blue) segments of both helixes were well

aligned in the dimer (Fig 2C), very much reminiscent to helix bundles in the lipid-binding apolipoproteins

[9, 18].

Like RvCAHS3 (Fig 3A1), all CAHS dimers and trimers were formed in an anti-parallel fashion with

moderate increase or decrease of prediction confidence (i.e., predicted template modeling score, pTM) in

comparison to monomers (Fig 3A2). For the central helix motif alone, the overall confidence scores were

the highest for dimers but dropped sharply for trimers (Fig 3B). Due to the low prediction scores of the

disordered regions obscuring interactions between the central helix motifs, the consensus regions of CAHSs

were used for the subsequent modeling of CAHS oligomerization thereafter. Fig 3C illustrates a clear trend

of decrease in pTM as oligomerization progresses. Due to the strong binding in the dimers and the high

confidence in dimer prediction, I hypothesize that desiccation promotes CAHSs to dimerize and the dimers

connect to each other to form a protective mesh on cell membranes. I further speculate that the covering of

such a CAHS oligomer network can prevent the merge or collapse of intracellular membranes and

consequently prevent the breakdown of membrane-bound organelles, a requisite for surviving desiccation.

Figure 3. **A helical dimer is the most likely form during CAHS oligomerization.** (A) predicted structures

of full-length RvCAHS3 in mono-, di-, and trimer forms (A1) and the prediction confidence (measured as

pTM) for the mono-, di-, and trimers of all 39 full-length CAHSs (A2), which lacks an overall trend of

changes. (B) predicted structures of RvCAHS3 central motif in mono-, di-, and trimer forms (B1) and the

prediction confidence (measured as pTM scores) of the central motifs of all 39 CAHSs (B2), which shows

an overall increase for dimers and a drastic decrease for timers. (C) the box and whisker plot combined with

point-line plot shows the trend of prediction confidence (measured as ipTM) during the oligomerization

(from dimers to decamers) of the central motifs of six representative CAHSs. There is a progressive

decrease from dimers to decamers.

In order to empirically test that hypothesis, 3T3 cells (i.e., immortalized mouse embryonic fibroblast cells)

growing on Matrigel-coated glass coverslips were transfected with a mammalian-expressing plasmid

encoding RvCAHS3, which is tagged with green fluorescent protein (i.e., CAHS3-AcGFP1) for detection

by fluorescence microscopes [19]. About 1 day after the transfection, more than 80% cells expressed

CAHS3-AcGFP1 (estimated by AcGFP1 fluorescence). In order to simulate dehydration, cells growing on

the coverslips were air-dried in a laminar flow cabinet at room temperature (~25°C) for various periods of

time (i.e., 0, 1, 2, 5, 10, and 20 minutes). Previous studies suggested that CAHSs underwent gel-transition

or liquid-liquid phase separation (LLPS) upon dehydration-like treatments [9, 19]. To visualize LLPS, the

same cells were co-transfected with a DsRed-expressing plasmid. It is well documented that DsRed inclines

to aggregate and form LLPS-like protein condensates [20]. To visualize membrane-bound organelles, the

transfected cell cultures were incubated with FM4-64, a far-red fluorescent dye that can reversibly insert

into lipid bilayers and label intracellular membranes after being endocytosed. After loading, the FM4-64

remaining on the cell surface membrane was readily washed off by a 5-minute perfusion with dye-free

Tyrode's solution. Fig 4A and supplementary movies exemplify such triple-labeled 3T3 cells (blue, cell

membrane; green, CASH3; and red, protein condensates). After 5-min air drying in a laminar flow cabinet,

the majority of AcGFP1 fluorescence was found to be colocalized with that of FM4-64 but not DsRed (Fig

4A). More importantly, there is a significant correlation between AcGFP1 and FM4-64 but not DsRed (Fig

4B&C), meaning more membranes came with more CAHS3. This result suggests that dehydration drove

most CAHS3 onto intracellular membranes instead of LLPS-like protein condensates.

Figure 4. **During dehydration, CAHS is mostly associated with cell membranes rather than**

proteinaceous condensates. (A) sample confocal fluorescence images of DsRed and CAHS3-AcGFP1-

expressing cells pre-loaded with FM4-64 and air-dried at 25°C for 10 minutes. Scale bar, 20μm. (B) a

scatter plot of FM4-64 and CAHS3-AcGFP1 fluorescence intensities within the puncta defined by FM4-64

(i.e., membrane-bound organelles). The two values are significantly correlated ($p < 0.0001$), i.e., CAHS3-

AcGFP1 colocalized with the membranes during dehydration. (C) a scatter plot of DsRed and CAHS3-

AcGFP1 fluorescence intensities within the puncta defined by DsRed (i.e., proteinaceous condensates). The

two values are not correlated ($p = 0.3114$), i.e., CAHS3-AcGFP1 did not co-condense with DsRed during

dehydration.

Next, Ca^{2+}-imaging was used to test if CAHS3 protects membrane-bound organelles and made cells more

resilient to dehydration. For that, transfected 3T3 cells and controls were pre-loaded with a cell membrane-

permeable red fluorescent Ca^{2+}-indicator (i.e., X-Rhod-1AM) [21] before they were air dried. Immediately

after drying, those cultures were rehydrated and continuously perfused with the normal Tyrode's solution

(in mM: NaCl, 140; KCl, 2; CaCl2, 2; MgCl2, 2; HEPES, 10; D-Glucose, 10mM. pH7.35; 305 Osm/L).

During imaging, the application of ATP stimulated the release of Ca^{2+} from internal stores like endoplasmic

reticulum (ER, a major membrane-bound organelles), allowing the testing of cell survival and particularly

the functional integrity of membrane-bound organelles. Fig 5A shows that longer air-drying caused less

cells responsive to ATP stimulation. Notably, there were significantly more cells responding to ATP

stimulation in the CAHS3-expressing group than the control. Statistical significance was reached at 2, 5,

10, and 20 minutes (Fig 5B), demonstrating that CAHS3 when present in mammalian cells is indeed

protective against dehydration.

Figure 5. **CAHS3 increased cell survival during dehydration.** (A) sample fluorescence images of control

and CAHS3-expressing 3T3 cells still responding to 50μM ATP stimulation (visualized by X-Rhod-1AM,

a red Ca^{2+} indicator) after 1, 5, and 20-min air-drying at 25°C. Scale bar, 100μm. (B) Percentage of

responding cells (mean ± SEM) after air-drying at 25°C. The CAHS3-expressing group had more

responding cells than the control group since 5-min drying (all $p < 0.05$)

Discussion

The fascinating ability of tardigrades to sustain and survive extreme environments such as the vacuum of

space ignites great interest in using them as model organisms to study biological mechanisms for bio-

preservation, anti-aging, and space travel [1-3]. The physiological basis for tardigrades' extremotolerance

is anhydrobiosis, for which intrinsically disordered proteins, namely CAHSs and SAHSs, are known to be

essential. As more and more CAHSs and SAHSs have been discovered in different species of tardigrades

[14-17], it becomes clear that both of them are indispensable for the preservation of intracellular and

extracellular structures and functions during anhydrobiosis [5, 6, 10]. Previously, these unstructured

proteins were believed to work as absorbents for intra- and extracellular biomolecules [5]. However, it is

puzzling how a single mechanism can deal with very different needs by intracellular and extracellular

apparatuses. Furthermore, significant differences in protein sequences and subcellular localizations

between CAHSs and SAHSs speak against the notion of a shared mechanism between the two.

To better understand CAHSs and SAHSs, I started with structural analysis. As proteins' functions are largely

determined by their peptide sequences, I collected all CAHSs and SAHSs sequences in three representative

tardigrade species from GenBank. The sequence alignments unveiled highly conserved regions in both

CAHSs and SAHSs, which are significantly different from each other (Fig 1), which is confirmed by their

separation in the phylogenetic trees (Fig S2C). Next, AlphaFold 3.0 consistently predicted a single α-helix

for the consensus region of CAHSs (Figs 2, 3, and S3A&C) and a mix of β-sheets and short α-helixes for

that of SAHSs (Fig S3B&D), which suggests that neither CAHSs nor SAHSs are completely disordered.

Given their structural difference, CAHSs and SAHSs very likely act differently for cell protection.

Due to their unique and highly stable helical dimers (Fig 3), I focused on CAHSs. Intriguingly, the highly

conserved hydrophilic amino acid residues and repeated hydrophobic moments (Fig 2B&C) result in the

periodic hydrophobicity and hydrophilicity across the helical bundle, a characteristic structure found in

lipid-binding proteins like ApoE [9, 18]. This indicates that CAHS dimers favorably interact with lipid

membranes. Furthermore, the connection of CAHS dimers via their unstructured terminal regions likely

promotes the formation of CAHS-dimer networks covering cell membranes. This prediction is supported

by the experimental observation that RvCAHS3 mostly co-localizes with intracellular membrane label (i.e.,

FM4-64) upon dehydration (Fig 4). Hence, I propose that dehydration promotes the formation of a web of

CAHS dimers, which attaches to intracellular membranes and creates a barrier to prevent the collapsing or

merging of intracellular membranes. By doing so, CAHSs can help membrane-bound organelles to retain

their integrity when cells undergo desiccation. Again, this idea is supported by the observation that CAHS3-

expressing 3T3 cells exhibited significantly better survival rates than the control after prolonged

dehydration (>2 minutes) (Fig 5).

Due to the constraints of AlphaFold, the oligomer modeling could not account for changes in biomolecule

mixing, ion concentration, or other extracellular and intracellular changes during dehydration. Additionally,

there were unaccounted errors due to the limitations in AI algorithms and training datasets used by

AlphaFold. Nevertheless, the fact that AlphaFold consistently predicts the helical central motifs and helix

dimers for most CAHSs reassures the structural prediction. The cell-based assays so far only investigated

RvCAHS3 in the cytoplasm. Thus, it is worthwhile to expand such empirical study to other CAHSs from

different species of tardigrades or bearing structural difference from RvCAHS3. It is also interesting to

investigate if such a mechanism by RvCAHS3 can protect cell surface membrane, which can be achieved

by adding a secretory signaling sequence to RvCAHS3, relocating it to extracellular spaces. In addition,

alternative challenges like hyperosmotic stress or different types of cells like the more fragile neurons can

be used to explore the protection capacity of CAHSs and SAHSs. Future research on their protective

mechanisms should be extended to whole animals using model organisms such as *C. elegans*, which is

certainly more informative for translational applications. Last but not least, such hybrid studies combing

computational and empirical analyses can be applied to intrinsically disordered proteins native to

mammalian cells (e.g., late embryogenesis abundant proteins) to investigate and improve their protective

effects for clinical use.

Materials and Methods

All nucleotide and protein sequences used for this study were obtained from GenBank and UniProt using

keyword searching (i.e., abundant heat soluble protein, CAHS, or SAHS) and filtered by selected tardigrade

species. All protein sequence alignments were performed using constraint-based multiple alignment tools

(i.e., COBALT) [22] available from the National Center for Biotechnology Information. The default

alignment parameters were used. To generate phylogenetic trees based on the sequence alignments, I used

the ETE3 toolkit with default settings available from GenomeNet (www.genome.jp). All structural models

of CAHSs and SAHSs were generated using AlphaFold 3.0 [13]. The default settings were used to ensure

a fairness to all proteins. Resulting structures were downloaded and visualized using UCSF Chimera

program [23].

All chemical reagents were acquired from Thermo Fisher Scientific unless specified. 3T3 cells were gifted

from Dr. Henriette van Praag. All DNA plasmids were acquired from Addgene. DNA extraction and

purification were completed using MaxiPrep kit from Zymo Research. DNA transfection to 3T3 cells were

done using Lipofectamine. Confocal fluorescence imaging was carried out using Nikon A1R confocal

system, and Ca^{2+}-imaging were conducted with a Nikon Ti-E microscope controlled by μManager [24].

Image analyses were executed using FIJI [25]. Statistical analyses and plots were done using Excel and/or

Prism.

Acknowledgment

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Supporting information

S1 Fig. **Characterization of amino acid residues within the consensus sequences of CAHSs (A) and SAHSs (B).** Red, hydrophobic; blue, hydrophilic; gray, neutral.

S2 Fig. **Phylogenetic trees of CAHSs (A), SAHSs (B), and both (C), generated by ETE3.**

S3 Fig. **Structural prediction of 39 CAHSs and 28 SAHSs in monomer (A and B).** The prediction confidence is measured as the predicted local distance difference test (plDDT). Dark blue indicates high confidence (i.e., plDDT > 90), blue to cyan indicates good confidence (i.e., 90 > plDDT > 70), yellow indicates low confidence (i.e., 70 > pTM > 50), and orange indicates very low confidence (i.e., pTM < 50).

S1 Table. All CAHSs used in this study.

S2 Table. All SAHSs used in this study.

S1 Files. Ca^{2+}-imaging of Controls after 1, 5, and 20-minute airdry (3 AVI files).

S2 Files. Ca^{2+}-imaging of CAHS3-expressing cultures after 1, 5, and 20-minute airdry (3 AVI files).

S3 Files. 3D view of reconstructed confocal images showing CAHS3-AcGFP1 (green), DsRed (red), and FM4-64 (blue) in 3T3 cells after 5-minute airdry (3 AVI files).

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Figures and Legends

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Fig 1. Protein sequence alignment identifies highly conserved central motifs and highly variable terminal regions in CAHSs and SAHSs.
Alignments of CAHSs (A) and SAHSs (B) were generated by COBALT. Red represents highly conserved amino acid residues, blue for less conserved ones, and gray for highly variable ones. The conserved central motif for CAHSs is about 120 amino acids long, and SAHSs' is about 100 amino acids long. RC, Rv CAHS; HC, He CAHS; PC, Pm CAHS. They are all numbered in the same order as that of Figure S1 and Table S1 & S2.

Fig 2. CAHS's central motif forms long helix.
(A) the 3D structures of CAHS monomers predicted by AlphaFold. Blue indicates high confidence for the highly ordered central helix whereas yellow/orange indicates low confidence for the disordered terminals. (*, PmCAHS89226-like). (B) the hydrophobic moment plot of RvCAHS3's central motif shows hydrophobic residues are arranged in a periodic manner. (C) two central motifs of RvCAHS3 form an anti-parallel dimer via electrostatic interactions (highlighted in green) and π-π stacking (highlighted in yellow). Most hydrophobic residues face outside.

Fig 3. A helical dimer is the most likely form during CAHS oligomerization.

(A) predicted structures of full-length RvCAHS3 in mono-, di-, and trimer forms (A1) and the prediction confidence (measured as pTM) for the mono-, di-, and trimers of all 39 full-length CAHSs (A2), which lacks an overall trend of changes. (B) predicted structures of RvCAHS3 central motif in mono-, di-, and trimer forms (B1) and the prediction confidence (measured as pTM scores) of the central motifs of all 39 CAHSs (B2), which shows an overall increase for dimers and a drastic decrease for trimers. (C) the box and whisker plot combined with point-line plot shows the trend of prediction confidence (measured as ipTM) during the oligomerization (from dimers to decamers) of the central motifs of six representative CAHSs. There is a progressive decrease from dimers to decamers.

Fig 4. During dehydration, CAHS is mostly associated with cell membranes rather than proteinaceous condensates.
(A) sample confocal fluorescence images of DsRed and CAHS3-AcGFP1-expressing cells pre-loaded with FM4-64 and air-dried at 25°C for 10 minutes. Scale bar, 20μm. (B) a scatter plot of FM4-64 and CAHS3-AcGFP1 fluorescence intensities within the puncta defined by FM4-64 (i.e., membrane-bound organelles). The two values are significantly correlated ($p < 0.0001$), i.e., CAHS3-AcGFP1 colocalized with the membranes during dehydration. (C) a scatter plot of DsRed and CAHS3-AcGFP1 fluorescence intensities within the puncta defined by DsRed (i.e., proteinaceous condensates). The two values are not correlated ($p = 0.3114$), i.e., CAHS3-AcGFP1 did not co-condense with DsRed during dehydration.

Fig 5. CAHS3 increased cell survival during dehydration.
(A) sample fluorescence images of control and CAHS3-expressing 3T3 cells still responding to 50μM ATP stimulation (visualized by X-Rhod-1AM, a red Ca^{2+} indicator) after 1, 5, and 20-min air-drying at 25°C. Scale bar, 100μm. (B) Percentage of responding cells (mean ± SEM) after air-drying at 25°C. The CAHS3-expressing group had more responding cells than the control group since 5-min drying (all $p < 0.05$)

Supporting Information

Full title:

Tardigrades' cytoplasmic abundant heat soluble proteins serve as membrane protectors during dehydration.

Short title:

CAHS protects cell membranes during dehydration

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I. Supplementary Figures

Figure S1. Characterization of amino acid residues within the consensus sequences of CAHSs (**A**) and SAHSs (**B**). Red, hydrophobic; blue, hydrophilic; gray, neutral.

Figure S2. Phylogenetic trees of CAHSs (**A**), SAHSs (**B**), and both (**C**), generated by ETE3.

Figure S3. Structural prediction of 39 CAHSs and 28 SAHSs in monomer (**A** and **B**). The prediction confidence is measured as the predicted local distance difference test (plDDT). Dark blue indicates high confidence (i.e., plDDT > 90), blue to cyan indicates good confidence (i.e., 90 > plDDT > 70), yellow indicates low confidence (i.e., 70 > pTM > 50), and orange indicates very low confidence (i.e., pTM < 50).

II. Supplementary Tables

Table S1: All CAHSs used in this study

Name	GenBank ID	Abbreviation
Rv CAHS1	402783758	RC1
Rv CAHS2	402783760	RC2
Rv CAHS3	402783762	RC3
Rv CAHS4	1101393619	RC4
Rv CAHS5	1101393709	RC5
Rv CAHS6	1101393893	RC6
Rv CAHS7	1101396435	RC7
Rv CAHS8	1101389352	RC8
Rv CAHS9	1101387114	RC9
Rv CAHS10	1101380788	RC10
Rv CAHS11	1101379708	RC11
Rv CAHS12	1101379978	RC12
Rv CAHS13	1101378429	RC13
Rv CAHS14	1101375151	RC14
Rv CAHS15	1101375152	RC15
Rv CAHS16	1101372861	RC16
He CAHS 94063	1209747827	HC1
He CAHS 86272	1209747819	HC2
He CAHS 94205 (1)	1209747816	HC3
He CAHS 94205 (2)	1209747825	HC4
He CAHS 77611	1209747824	HC5
He CAHS 77580	1209747822	HC6
He CAHS 89226	1209747829	HC7
Pm CAHS 94205-like (1)	2493494936	PC1
Pm CAHS 94205-like (2)	2493480804	PC2
Pm CAHS 2-like	2493480067	PC3
Pm CAHS 94205-like (3)	2493479718	PC4
Pm CAHS 107838-like (1)	2493469471	PC5
Pm CAHS 107838-like (2)	2493468852	PC6
Pm CAHS 86272-like	2493445383	PC7
Pm CAHS 89226-like	2493438951	PC8
Pm CAHS 89226-like (2)	2493438943	PC9
Pm CAHS 94205-like (4)	2493428999	PC10
Pm CAHS 86272-like (X2)	2493423542	PC11
Pm CAHS 86272-like (X1)	2493423539	PC12
Pm CAHS 86272-like (2)	2493413587	PC13
Pm CAHS 86272-like (3)	2493398612	PC14
Pm CAHS 86272-like (4)	2493398609	PC15
Pm CAHS 86272-like (5)	2493397557	PC16

Table S2: All SAHSs used in this study

Name	GenBank ID	Abbreviation
Rv SAHS1	402783754	RS1
Rv SAHS2	402783756	RS2
Rv SAHS3	1101394461	RS3
Rv SAHS4	1101395371	RS4
Rv SAHS5	1101395434	RS12
Rv SAHS6	1101395435	RS5
Rv SAHS7	1101395438	RS6
Rv SAHS8	1101395445	RS7
Rv SAHS9	1101395447	RS8
Rv SAHS10	1101395452	RS9
Rv SAHS11	1101395453	RS10
Rv SAHS12	1101395666	RS11
Rv SAHS13	1101389123	RS13
He SAHS 63681	1210274786	HS1
He SAHS 53582	1210274784	HS2
He SAHS 33020	1210274782	HS3
He SAHS 68234	1210274787	HS4
Pm SAHS 1-like (1)	2493482411	PS1
Pm SAHS 1-like (2)	2493456970	PS2
Pm SAHS 1-like (3)	2493420974	PS3
Pm SAHS 1-like X2	2493398470	PS4
Pm SAHS 1-like X1	2493398467	PS5
Pm SAHS 1-like (4)	2493395038	PS6
Pm SAHS 1-like (5)	2493392926	PS7
Pm SAHS 1-like (6)	2493392853	PS8
Pm SAHS 1-like (7)	2493395084	PS9
Pm SAHS 646811-like (1)	2493394257	PS10
Pm SAHS 646811-like (2)	2493392930	PS11

III. Supplementary Movies

1. Ca^{2+}-imaging of Controls after 1, 5, and 20-minute airdry (3 AVI files)

2. Ca^{2+}-imaging of CAHS3-expressing cultures after 1, 5, and 20-minute airdry (3 AVI files)

3. 3D view of reconstructed confocal images showing CAHS3-AcGFP1 (green), DsRed (red), and FM4-64 (blue) in 3T3 cells after 5-minute airdry (3 AVI files)

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Claire K. Zhang[1]

Figures and Legends

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Fig 1. Protein sequence alignment identifies highly conserved central motifs and highly variable terminal regions in CAHSs and SAHSs.

Alignments of CAHSs (A) and SAHSs (B) were generated by COBALT. Red represents highly conserved amino acid residues, blue for less conserved ones, and gray for highly variable ones. The conserved central motif for CAHSs is about 120 amino acids long, and SAHSs' is about 100 amino acids long. RC, Rv CAHS; HC, He CAHS; PC, Pm CAHS. They are all numbered in the same order as that of Figure S1 and Table S1 & S2.

Fig 2. CAHS's central motif forms long helix.
(A) the 3D structures of CAHS monomers predicted by AlphaFold. Blue indicates high confidence for the highly ordered central helix whereas yellow/orange indicates low confidence for the disordered terminals. (*, PmCAHS89226-like). (B) the hydrophobic moment plot of RvCAHS3's central motif shows hydrophobic residues are arranged in a periodic manner. (C) two central motifs of RvCAHS3 form an anti-parallel dimer via electrostatic interactions (highlighted in green) and π-π stacking (highlighted in yellow). Most hydrophobic residues face outside.

Fig 3. A helical dimer is the most likely form during CAHS oligomerization.

(A) predicted structures of full-length RvCAHS3 in mono-, di-, and trimer forms (A1) and the prediction confidence (measured as pTM) for the mono-, di-, and trimers of all 39 full-length CAHSs (A2), which lacks an overall trend of changes. (B) predicted structures of RvCAHS3 central motif in mono-, di-, and trimer forms (B1) and the prediction confidence (measured as pTM scores) of the central motifs of all 39 CAHSs (B2), which shows an overall increase for dimers and a drastic decrease for trimers. (C) the box and whisker plot combined with point-line plot shows the trend of prediction confidence (measured as ipTM) during the oligomerization (from dimers to decamers) of the central motifs of six representative CAHSs. There is a progressive decrease from dimers to decamers.

Fig 4. During dehydration, CAHS is mostly associated with cell membranes rather than proteinaceous condensates.
(A) sample confocal fluorescence images of DsRed and CAHS3-AcGFP1-expressing cells pre-loaded with FM4-64 and air-dried at 25°C for 10 minutes. Scale bar, 20μm. (B) a scatter plot of FM4-64 and CAHS3-AcGFP1 fluorescence intensities within the puncta defined by FM4-64 (i.e., membrane-bound organelles). The two values are significantly correlated ($p < 0.0001$), i.e., CAHS3-AcGFP1 colocalized with the membranes during dehydration. (C) a scatter plot of DsRed and CAHS3-AcGFP1 fluorescence intensities within the puncta defined by DsRed (i.e., proteinaceous condensates). The two values are not correlated ($p = 0.3114$), i.e., CAHS3-AcGFP1 did not co-condense with DsRed during dehydration.

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