1 **Alcohol Attenuates CRF-Induced Excitatory Effects from the Extended Amygdala**

2 **to Dorsostriatal Cholinergic Interneurons**

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16 **Running Title:** Extended Amygdala–Striatum CRF Circuit Altered by Alcohol

17 **Key Words:** CRF and CRFR1, alcohol/ethanol, dorsal striatum, CeA, BNST, cholinergic

18 interneuron, stress, Acetylcholine (ACh), slice electrophysiology, neurocircuit tracing

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25 Pages: 34, Figures: 6, Abstract: 182 words, Introduction: 348, Discussion: 514

Abstract

Alcohol relapse is associated with corticotropin-releasing factor (CRF) signaling and altered reward pathway function, though the precise mechanisms remain unclear. Here, we investigated how CRF modulates cholinergic interneurons (CINs) in the dorsal striatum, a region critical in mediating cognitive flexibility and action selection. Using monosynaptic and retrograde circuit tracing, we identified direct inputs from CRF-expressing (CRF$^+$) neurons in the central amygdala (CeA) and bed nucleus of the stria terminalis (BNST) to dorsal striatal CINs. We showed that CINs express CRF receptor 1 (CRFR1) and established their functional connectivity with CeA/BNST CRF$^+$ projections. Functional recordings revealed that CRF enhanced CIN excitability and promoted acetylcholine release in the dorsal striatum. However, acute alcohol exposure and withdrawal attenuated the excitatory effect of CRF on CIN firing, suggesting a mechanism by which alcohol disrupts CRF-dependent neuromodulation. These findings reveal a previously unrecognized CRF-CIN pathway linking the extended amygdala to the dorsal striatum and provide new insight into how CRF and alcohol interact to impair striatal function. This work highlights CRF signaling as a potential target for understanding stress-induced changes to the reward pathway.

Highlights
- Dorsal striatal CINs receive monosynaptic CRF$^+$ inputs from CeA and BNST neurons.
- CRFR1 is expressed in striatal CINs, and CRF$^+$ fibers are present in the dorsal striatum.

49   • CRF enhances dorsal striatal CIN activity via CRFR1 signaling.

50   • Acute alcohol exposure impairs CRF-induced cholinergic activity.

52   **Significance Statement**
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The dorsal striatum regulates goal-directed behavior and is implicated in alcohol

use disorder (AUD). Within this region, cholinergic interneurons (CINs) support cognitive

flexibility and receive input from limbic areas, including the central amygdala (CeA) and

bed nucleus of the stria terminalis (BNST). In this study, we identified direct projections

from CRF-producing neurons in the CeA and BNST to dorsal striatal CINs, a subset of

which express CRF receptor 1 (CRFR1). Electrophysiological recordings confirmed these

projections provide functional input that is disrupted by acute alcohol exposure. These

findings lay the groundwork for future studies on how CRF and alcohol interact to impair

striatal function.

Introduction

Alcohol use disorder (AUD) is a chronic, relapsing brain condition affecting over 14 million adults in the U.S., characterized by compulsive alcohol consumption, impaired control over drinking, and negative emotional states during withdrawal. Stress is a key contributor to both the development and recurrence of AUD, with stressful experiences and elevated stress hormone levels frequently precipitating relapse episodes in abstinent individuals [1-3]. An expanding body of clinical and preclinical evidence highlights the importance of stress-responsive neurocircuits in driving addiction-related behaviors, implicating neuropeptides like corticotropin-releasing factor (CRF) in relapse vulnerability [4-8]. CRF is a central regulator of the stress response, coordinating hormonal and behavioral adaptations to stress through widespread action in both hypothalamic and extrahypothalamic brain regions. In addition to initiating hypothalamic-pituitary-adrenal (HPA) axis activity, CRF modulates affective and motivational processes through its action within the amygdala, bed nucleus of the stria terminalis (BNST), and other limbic structures.

Substantial evidence indicates that CRF signaling promotes drug-seeking behavior during stress and withdrawal across multiple substances of abuse, supporting its role as a critical mediator of relapse [5, 6, 9]. Despite extensive research on CRF in limbic areas, its role in the dorsal striatum, an area crucial for habit formation and behavioral flexibility, remains less well understood [10-16]. Within this region, cholinergic interneurons (CINs) are key regulators of striatal output and acetylcholine (ACh)-mediated dopamine modulation, integrating diverse inputs and contributing to reward-based learning [17-19]. CINs are sensitive to neuromodulatory influences, yet it is unclear

whether they are directly targeted by CRF and how this interaction might be altered by

alcohol exposure [20-22].

In this study, we investigated a novel CRF-CIN circuit linking the CeA and BNST

to the dorsal striatum. Using monosynaptic and retrograde circuit tracing, we identified

direct projections from CRF-expressing neurons to dorsal striatal CINs. CRF enhanced

CIN excitability and promoted ACh release via CRFR1 activation, but this excitatory effect

was disrupted by acute alcohol exposure, indicating that alcohol interferes with CRF-

dependent cholinergic modulation. These findings identify a CRF-CIN circuit that is

vulnerable to alcohol-induced dysregulation, providing mechanistic insight into how stress

peptides and alcohol interact to impair striatal function.

Materials and Methods

Animals

Male and female 3-4-month-old mice or rats were used in all studies. Rats were

mainly used for histological validation of CRFR1 expression with the CRFR1-Cre-

tdTomato line, whereas mice were used for histology, electrophysiology, optogenetics,

and GRAB-ACh sensor experiments because of the availability of transgenic Cre-driver

and reporter lines. ChAT-eGFP (stock 007902), ChAT-Cre (stock 031661), Drd1a-

tdTomato (D1-tdT, stock 016204), Ai32 (stock 012569), CRH-ires-CRE (stock 012704)

and C57BL/6J (stock 000664) mice were purchased from The Jackson Laboratory [23-

27]. CRFR1-GFP mice were gifted by Dr. Marisa Roberto's lab. All mice were backcrossed

onto a C57BL/6 background. ChAT-Cre mice were crossed with D1-tdTomato mice to

obtain ChAT-Cre;D1-tdTomato mice. CRF-Cre mice were crossed with ChAT-eGFP mice

to generate CRF-Cre;ChAT-eGFP mice. CRF-Cre;Ai32 mice were generated in-house

and crossed with ChAT-eGFP to generate triple transgenic CRF-Cre;Ai32;ChAT-eGFP

mice. We used CRFR1-Cre-2A-tdTomato rats that have been validated for expression of

Cre and tdTomato in CRFR1-expressing neurons [28]. We also used CRF-Cre rats that

have been shown to express Cre recombinase in CRF-producing neurons in the CeA and

BNST [29]. We crossed CRF-Cre rats with a Cre-dependent tdTomato reporter line to

visualize CRF$^+$ neurons. Genotypes were confirmed through PCR analysis of tail DNA to

detect Cre or fluorescent protein genes in mice and rats (Cre for CRF-Cre and ChAT-Cre,

tdTomato for D1-tdTomato, and GFP for Ai32) [30-34]. Animals were housed in a

temperature- and humidity-controlled vivarium with a 12-h light/dark cycle. Food and

water were available *ad libitum*. The Texas A&M University Institutional Animal Care and

Use Committee approved all animal care and experimental procedures.

Reagents

AAV8-Ef1a-FLEX-TVA-mCherry (lot # AV5008b), AAV8-FLEX-RG (lot # AV5005f),

and AAV-FLEX-Chrimson-tdTomato (lot # AV5844) were purchased from the UNC Vector

Core [35, 36]. AAVrg-pCAG-FLEX-eGFP-WPRE (catalog # 51502-AAVrg) was purchased

from Addgene [37], while EnvA-SADΔG-GFP was purchased from the Salk Institute [38].

Choline acetyltransferase (AB144P) antibody was purchased from Sigma [39]. ACh

sensor (AAV-GRAB$_{ACh4m}$) was obtained from BrainVTA (PT-7021) [40-44], which is an

updated version of ACh3.0 [45]. CRF peptide and NBI 35695 (CRFR1 antagonist) were

obtained from Tocris. 6,7-dinitroquinoxaline-2,3-dione (DNQX), tetrodotoxin (TTX), 4-

aminopyridine (4-AP), and bicuculline were also purchased from Tocris.

Stereotaxic virus infusion

The stereotaxic virus infusion procedure was conducted as described previously

[30, 46, 47]. When required for the experimental design, AAV-DIO-TVA-mCherry and AAV-

DIO-RG were bilaterally infused into the dorsomedial striatum (AP: 0.38 mm, ML: ±1.55

mm, DV: -2.90 mm from the Bregma) [48] of ChAT-Cre;D1-tdTomato mice (Fig. 1).

Rabies-GFP was infused at the same injection site three weeks later at a 10-degree angle

to avoid contamination of the infusion tract. Rabies-GFP virus was allowed to incubate for

one week. AAVrg-pCAG-FLEX-eGFP-WPRE was infused into the dorsal striatum (AP:

0.00, mm, ML: ±2.80 mm, DV: -4.85 mm from the Bregma) [49, 50] of CRF-Cre;tdTomato

rats (Fig. 3A-3E). Additionally, AAV-DIO-Chrimson-tdTomato was infused into the CeA (AP:

-1.60 mm; ML: ±4.20 mm; DV: -8.10 mm) and BNST (AP: -0.10 mm; ML: ±1.40 mm; DV:

-6.70 mm) of CRF-Cre;ChAT-GFP mice as described in published literature [51] (Fig. 3F-

3H). The animals were placed on a stereotaxic surgical frame after being sedated with 3-

4% isoflurane at a rate of 1.0 L/min, as described previously [46, 47, 52]. These

coordinates were obtained from previous publications and verified using the rat [53] or

mouse [54] brain atlases. A volume of 0.5 µL/site (mice) or 1 µL/site (rats) of virus was

infused at a rate of 0.08 µL/min. At the end of the infusion, the injectors remained at the

injection site for 10 to 15 min before removal to allow for virus diffusion. The scalp incision

was then sutured and animals were returned to their home cage for recovery.

Histology and cell counting

Animals were anesthetized and perfused intracardially with 4% paraformaldehyde

(PFA) in phosphate-buffered saline (PBS). The brains were extracted and submerged in

4% PFA/PBS solution for one day at 4°Cbefore being transferred to a 30% sucrose

solution in PBS. Once the brains completely sank in the sucrose solution, they were cut

into 50-μm thick coronal sections using a cryostat. The slices were stored in a PBS bath

at 4°C before mounting on slides for imaging using a confocal laser-scanning microscope

(Fluoview, Olympus). All images were processed using Imaris 8.3.1 (Bitplane, Zurich,

Switzerland) as previously reported [30, 32, 34]. Immunostaining for choline

acetyltransferase (ChAT) was performed using an anti-ChAT primary antibody (AB144P),

followed by a fluorophore-conjugated secondary antibody (A21447) emitting at 647 nmto

label CINs with far-red fluorescence. Cell counting was performed in 8 CRF-Cre;tdTomato

rats. For each brain region, 5-10 brain sections were imaged from each animal. Imaris

was used to quantify green and red neurons as well as evaluate colocalization. Brain

regions were identified using the Mouse Brain Atlas [54]. Images were primarily obtained

from the posterior dorsomedial striatum, corresponding to coronal slices posterior to the

crossing of the anterior commissure and anterior to the tail of the striatum (starting around

0.62 mm and ending at −1.3 mm relative to the Bregma).

Slice electrophysiology

Slice preparation. Slices were prepared and electrophysiological recordings were

conducted as described previously [30, 32, 46, 47, 55]. Briefly, coronal sections (250 μm)

containing the posterior dorsomedial striatum were cut in an ice-cold cutting solution

containing (in mM): 40 NaCl, 148.5 sucrose, 4 KCl, 1.25 NaH_2PO_4, 25 $NaHCO_3$, 0.5 $CaCl_2$,

7 $MgCl_2$, 10 glucose, 1 sodium ascorbate, 3 sodium pyruvate, and 3 myo-inositol. The

solution was saturated with 95% O_2 and 5% CO_2. Slices were then incubated in a 1:1

mixture of the cutting and external solutions at 32°C for 45 min. The external solution was

composed of the following (in mM): 125 NaCl, 4.5 KCl, 2.5 $CaCl_2$, 1.3 $MgCl_2$, 1.25

NaH_2PO_4, 25 $NaHCO_3$, 15 glucose, and 15 sucrose. The external solution was saturated

with 95% O_2 and 5% CO_2. Slices were then maintained in the external solution at room

temperature until use. Recordings were primarily obtained from the posterior dorsomedial

striatum, corresponding to coronal slices posterior to the crossing of the anterior

commissure and anterior to the tail of the striatum (starting around 0.62 mm and ending

at −1.3 mm relative to the Bregma). More anterior slices were occasionally included to

increase the sample size.

Cell-attached recordings. Individual slices were transferred to a recording chamber and

continuously perfused with the external solution at 2-3 mL/min at 32°C. Fluorescent

axonal fibers and neurons were visualized using an epifluorescence microscope

(Olympus). The presence of tdTomato and GFP allowed cell type verification and

expression of Ai32 allowed visualization of CRF-producing fibers. CINs in slices were

identified by their labeled color, large size, and spontaneous firing. Spontaneous cell-

attached CIN firing activity was recorded for 5 min to calculate the average firing

frequency. Light at 470-nm or 590-nm light was **delivered** from the objective lens for 2

ms at frequencies and durations specified in the figure legends to stimulate

channelrhodopsin-expressing axonal fibers in the dorsal striatum. We used a potassium-

based intracellular solution containing (in mM): 123 potassium gluconate, 10 HEPES, 0.2

EGTA, 8 NaCl, 2 MgATP, and 0.3 NaGTP, with an osmolarity of ~280 mOsm/L and the

pH adjusted to 7.3 using KOH. For protocols involving alcohol application, we pretreated

dorsal striatal slices with alcohol (50 mM) for 1 h outside of the recording chamber. After

pretreatment, slices were transferred to the recording chamber, where alcohol was

washed out for at least 15 min before recording. The recordings included a 10-minute

baseline period (without alcohol), followed by 10 minutes of CRF bath application and 10

minutes of alcohol exposure. Control slices did not receive alcohol pretreatment but were exposed to acute alcohol following CRF application. In both conditions, the final 10-min alcohol application allowed us to assess whether alcohol pretreatment altered the CIN firing response to subsequent CRF and alcohol exposure. In protocols that required inhibition of glutamatergic and $GABA_A$ receptors, DNQX and bicuculline were used, respectively. Electrophysiology data were acquired using Clampex-10 (Molecular Devices) and analyzed using Clampfit-10 (Molecular Devices) and Mini Analysis (Mini60, Synaptosoft Inc.).

Ex vivo live-tissue confocal imaging of ACh release

Brain slices were kept in a recording chamber perfused with oxygenated external solution (95% O_2 and 5% CO_2). An Olympus FluoView FV3000 microscope was used with a 10x NA 0.3 and a 40x NA 0.8 water immersion objective, along with a 488 nm and a 561 nm laser. The sample rate of imaging was 2 to 3 frames per second. Parameters were maintained consistently across all imaging sessions, including laser intensity, HV, gain, offset, and aperture diameter.

Statistical analysis

Before conducting all experiments shown in this study, we performed a power analysis with SigmaPlot software (12.5, Systat) using the mean and standard deviation from previous studies in our lab [34, 48-50] to determine the required sample sizes to detect a significant difference. We tested all data for normality before significance testing. If the normality test failed, we used nonparametric tests, such as the Mann-Whitney U Test. All data are expressed as mean ± SEM. Data were analyzed by two-tailed *t*-test (unpaired or paired), one- or two-way ANOVA with repeated measures, followed by the Tukey or Sidak

post hoc test. Significance was determined if $p < 0.05$. Statistical analysis was conducted

by the SigmaPlot program. Graphs were constructed using the OriginPro (2024b,

OriginLab) program.

Results

Dorsal Striatal CINs Receive Monosynaptic Inputs from CeA and BNST Neurons

To investigate the connection between dorsal striatal CINs and stress-related brain

regions, we examined whether CINs receive monosynaptic inputs from the CeA and the

BNST [56, 57]. We used ChAT-Cre;D1-tdTomato mice to perform rabies-mediated

monosynaptic retrograde tracing. In this mouse model, CINs express Cre recombinase,

and dopamine D1-receptor (D1R)-expressing medium spiny neurons (D1-MSNs) are

labeled with tdTomato. Including the D1-tdTomato marker allowed us to delineate the

CeA and BNST, which, unlike surrounding striatal areas, do not express D1Rs [52]. We

performed rabies-mediated retrograde monosynaptic circuit tracing (Fig. 1A), allowing

specific targeting of CINs (Fig. 1B). In addition to labeling neurons in brain regions known

to project to dorsal striatal CINs—including the striatum itself, cortex (e.g., cingulate

cortex, motor cortex, somatosensory cortex), thalamus (e.g., parafascicular thalamic

nucleus, centrolateral thalamic nucleus), globus pallidus, and midbrain—we were

surprised to see labeled neurons in both the CeA (Fig. 1C) and BNST (Fig. 1D), which

are well-characterized as key stress-responsive nuclei. Interestingly, the BNST had a

higher density of DMS-projecting neurons than the CeA (Fig 1E; Mann-Whitney U = 4.000,

***$p < 0.001$). These results demonstrate that dorsal striatal CINs receive direct,

monosynaptic inputs from neurons in the CeA and BNST. Together, these findings

highlight the anatomical connection of dorsal striatal CINs with key stress-responsive

brain regions.

The Dorsal Striatum Lacks CRF⁺ Neurons Unlike the CeA and BNST

We first investigated whether the dorsal striatum contains CRF-producing cells or

whether CRF signaling in this region depends on CeA and BNST inputs. While previous

studies have identified CRF-producing neurons in the CeA and BNST [51], their presence

in the dorsal striatum was uncertain. Coronal brain sections from CRF-Cre;tdTomato rats

revealed dense populations of CRF-tdTomato⁺ neurons in the CeA (Fig. 2A) and BNST

(Fig. 2B). Although CRF⁺ axonal fibers were observed in the dorsal striatum, CRF⁺ cell

bodies were largely absent (Fig. 2C). Quantitative analysis confirmed significant regional

differences, indicating that the CeA and BNST contained substantially more CRF⁺

neurons than the dorsal striatum (Fig. 2D; CeA versus DS, Q = 6.62, *$p < 0.05$; BNST

versus DS, Q = 4.54, *$p < 0.05$). Notably, the CeA exhibited a similar density of CRF⁺

neurons to the BNST (Fig. 2D; Q = 1.40, $p > 0.05$). The apparent lack of CRF⁺ cell bodies

suggests that CRF signaling in the dorsal striatum originates from CRF⁺ neurons in the

CeA and BNST.

Dorsal Striatum CINs Receive Monosynaptic CRF⁺ Inputs from the CeA and BNST

266   To test whether CRF⁺ neurons in the CeA and BNST project to the dorsal striatum,

267 we infused a retrograde adeno-associated virus into the dorsal striatum of CRF-

268 Cre;tdTomato rats. This strategy labels CRF⁺ neurons (tdTomato⁺) that project to the

269 dorsal striatum with GFP (Fig. 3A). Confocal imaging revealed GFP⁺ neurons in both the

BNST (Fig. 3B) and CeA (Fig. 3C), with substantial overlap between GFP-labeled dorsal striatum-projecting neurons and tdTomato-positive (CRF$^+$) cells in both regions. This indicates that CRF$^+$ neurons from the CeA and BNST project to the dorsal striatum. Despite a similar overall CRF$^+$ neuron density in the CeA and BNST (Fig. 3D; t_{15} = 1.06, p > 0.05), the proportion of dorsal striatum-projecting CRF$^+$ neurons was significantly higher in the BNST than in the CeA (Fig. 3E; t_{15} = -5.01, ***p < 0.001). The density of dorsal striatum-projecting CRF$^+$ neurons was also higher in the BNST than the CeA (Fig. 3F; t_{15} = -3.07, **p < 0.01). These results indicate that CRF$^+$ neurons in the CeA and BNST project to the dorsal striatum.

To test whether CRF$^+$ neurons in the CeA and BNST make monosynaptic projections to dorsal striatal CINs, we performed opsin-assisted functional circuit tracing. Given that both the CeA and BNST are primarily GABAergic nuclei [58, 59], we examined whether optogenetic stimulation of CRF-containing projections to the dorsal striatum induces inhibitory monosynaptic currents in CINs. To test this, we infused AAV-FLEX-Chrimson-tdTomato into the CeA and BNST of CRF-Cre;ChAT-eGFP mice so that we could selectively stimulate CRF-containing fibers in the dorsal striatum while recording from GFP-labeled CINs (Fig. 3G). We found that optogenetic stimulation of CRF$^+$ fibers with yellow light evoked fast synaptic currents (within ~6.5 ms from the stimulation onset) in dorsal striatal CINs (Fig. 3H-3J). This response was abolished by TTX (Fig. 3H, 3I; X^2(3) = 21.9, p < 0.001; BL versus TTX: z = 3.10, *p < 0.05) but restored using TTX+4-AP (Fig. 3H, 3I; TTX vs TTX+4-AP: z = 4.26, ***p < 0.001), suggesting the existence of monosynaptic transmission. Notably, the restored synaptic response was predominantly blocked by the GABA$_A$ receptor antagonist bicuculline (Fig. 3H, 3I; TTX+4-AP versus

293 TTX+4-AP+Bic: z = 3.10, *$p < 0.05$), demonstrating that evoked currents are GABAergic.

294 Together, these results demonstrate that dorsal striatal CINs receive monosynaptic

295 GABAergic inputs from CRF^{+} neurons in the CeA and BNST, suggesting that these

296 neurons project to the dorsal striatum and may release CRF to modulate cholinergic

297 signaling.

Striatal CINs Express CRFR1

Having established that CINs receive monosynaptic inputs from CRF^{+} neurons in

the CeA and BNST, we next sought to confirm that CINs express the CRF receptor

CRFR1 [15, 60, 61]. To address this, we used CRFR1-Cre-tdTomato rats [28], in which

CRFR1-expressing neurons express Cre recombinase and are visualized via tdTomato

fluorescence. Confocal imaging of striatal sections from these rats confirmed that CRFR1-

expressing neurons are distributed throughout the striatum (Fig. 4A). To verify that

CRFR1-positive (CRFR1^{+}) neurons are also cholinergic, we stained sections with an anti-

ChAT antibody and acquired confocal images (Fig. 4A). We found that ~25% of rat CINs

express CRFR1 (Fig. 4B, 4C; Mann-Whitney U = 0.00, ***$p < 0.001$). To determine

whether this expression pattern is conserved across species, we examined CRFR1-GFP

mice and performed ChAT immunostaining on striatal sections (Fig. 4D). We found that

approximately 10% of CINs expressed CRFR1 (Fig. 4E), indicating that while the

proportion is lower than in rats, a subset of CINs in both species express CRFR1. These

findings align with previous reports showing that a subset of striatal CINs express CRFR1,

supporting a role for CRFR1-mediated signaling in the striatum.

CRF Enhances CIN Activity and Acetylcholine Release in the Dorsal Striatum

Following the finding that CRF^{+} neurons send inputs to the dorsal striatum, we next

investigated how CRF influences spontaneous CIN firing activity. Cell-attached

recordings of GFP^{+} neurons in the dorsal striatum were conducted in ChAT-eGFP mice

before and during bath application of CRF (100 nM) (Fig. 5A). We found that CRF

significantly increased CIN firing frequency (Fig. 5B, 5C; $t_{(8)}$ = -24.08, ***$p < 0.001$). This

effect was abolished by pretreatment with the CRFR1 antagonist NBI 35695 (Fig. 5C;

Mann-Whitney U = 0.00, ***$p < 0.001$), confirming that CRF potentiates CIN firing via

CRFR1 activation in the dorsal striatum.

Because CINs are the primary source of ACh in the dorsal striatum, we next

examined whether CRF-induced CIN activation modulates ACh release. To do so, we

infused an adeno-associated virus (AAV) introducing a genetically encoded ACh sensor

(AAV-hSyn-GRAB$_{ACh4m}$) into the dorsal striatum of wildtype mice [40-45]. Live-tissue

confocal imaging was performed on brain slices containing the dorsal striatum 14 days

post-infusion to monitor ACh levels (Fig. 5D). Bath application of CRF produced a robust

ACh fluorescence signal (Fig. 5E, 5F; Mann-Whitney U = 7.00, *$p < 0.05$), indicating that

CRF enhances ACh release. These results suggest that CRF-driven CIN activation

increases ACh release in the dorsal striatum.

To further determine whether direct activation of CRF-expressing fibers modulates

CIN activity, we used an optogenetic approach. We generated CRF-Cre;Ai32;ChAT-

eGFP mice to selectively stimulate CRF[+] terminals in the dorsal striatum. Cell-attached

recordings were conducted in CINs while blue light (470 nm, 50 Hz, 60 s) activated local

ChR2-expressing CRF[+] fibers (Fig. 5G). Burst stimulation of CRF[+] terminals significantly

and reversibly increased CIN firing in the presence of DNQX and bicuculline (Fig. 5H, 5I; pre vs. stim, q = 3.69, *p < 0.05; stim vs. post, q = 11.82, ***p < 0.001). However, application of a CRFR1 antagonist abolished this effect (Fig. 5J, 5K; $F_{(2,16)}$ = 0.96, p = 0.41), confirming that the increase in CIN firing was mediated by CRFR1 signaling. Together, these findings demonstrate that CRF enhances CIN activity and ACh release in the dorsal striatum.

Acute Alcohol Application Attenuates CRF-Mediated Enhancement of CIN Firing

Given that acute alcohol exposure suppresses CIN activity [20], we next examined how acute alcohol application and subsequent withdrawal influence CRF-mediated enhancement of CIN firing. We first assessed the effect of acute alcohol by measuring spontaneous CIN activity before, during, and after 50 mM alcohol application in dorsal striatal slices from ChAT-eGFP mice. Consistent with previous reports [20], acute alcohol significantly suppressed CIN spontaneous firing, an effect reversed after a washout period, which we refer to here as withdrawal (Fig. 6A, 6B; Mann-Whitney U = 0.00, *p < 0.05).

To determine how prior alcohol exposure (modeling early withdrawal) affects CRF-induced enhancement of CIN firing, we pretreated dorsal striatal slices with alcohol (50 mM) for 1 h outside of the recording chamber (Fig. 6C), followed by CRF application during recordings. In untreated control slices, CRF significantly increased spontaneous CIN firing, consistent with our previous findings (Fig. 6D; BL versus CRF, q = 11.51, ***p < 0.001; see also Fig. 5B). When alcohol was subsequently applied after CRF, firing decreased but remained elevated relative to baseline (Fig. 6D; CRF versus EtOH, q =

6.21, **p < 0.01; BL versus EtOH, q = 5.29, **p < 0.01), likely due to a residual CRF effect

(Fig. 5B).

In slices pretreated with alcohol (mimicking early withdrawal), CRF still increased

CIN firing, but subsequent alcohol application did not fully return firing to baseline levels

(Fig. 6E; BL versus CRF, q = 5.20, **p < 0.01; CRF versus EtOH, q = 6.21, p = 0.05). This

suggests that alcohol pretreatment (withdrawal state) attenuates CRF-induced CIN

activation and diminishes alcohol's subsequent suppressive effects. Notably, when

comparing the change in firing from baseline to CRF application, alcohol pretreatment

blunted CRF-induced CIN activation (Fig. 6F; $t_{(18)}$ = 2.70, *p < 0.05). Together, these

findings indicate that both acute alcohol exposure and early withdrawal attenuate CRF-

mediated enhancement of CIN firing, supporting the conclusion that alcohol modulates

striatal cholinergic signaling.

Discussion

This study identifies a circuit in which CRF-positive neurons in the CeA and BNST

provide direct input to dorsal striatal CINs that express CRFR1. CRF enhances CIN

excitability and ACh release, linking CRF to cholinergic modulation. In addition, alcohol

exposure and withdrawal blunt this effect, suggesting that CRF signaling to dorsal striatal

CINs may contribute to mechanisms relevant to alcohol use disorder. Using

monosynaptic and retrograde circuit tracing, we identified direct projections from CRF-

expressing neurons in the CeA and BNST to dorsal striatal CINs. Functional

electrophysiology shows that CRF enhances CIN excitability and promotes ACh release

via CRFR1 receptors. However, acute alcohol exposure and withdrawal disrupted this

excitatory effect, indicating that alcohol interferes with CRF-dependent cholinergic

modulation. These findings identify a CRF–CIN circuit that is sensitive to alcohol-induced

modulation. Striatal cholinergic signaling is essential for behavioral flexibility [62], and

alcohol exposure is known to impair CIN activity and ACh release [49], leading to reduced

flexibility. Thus, alcohol-induced alterations in CRF–CIN signaling may disrupt cholinergic

control of striatal circuits, providing a potential mechanism by which alcohol promotes

cognitive rigidity and compulsive reward-seeking behaviors characteristic of AUD.

Monosynaptic Inputs from the CeA and BNST to CINs

Tracing experiments reported here show that dorsal striatal CINs receive direct

synaptic input from CRF-expressing neurons in the CeA and BNST, regions involved in

stress and emotion [58, 63]. While previous studies have identified CeA and BNST

projections to the striatum, they did not show that they arise from CRF neurons or that

they target CINs [52, 64-66]. Our results support the presence of a direct CRF-to-CIN

pathway, linking CRF release to cholinergic modulation. Given the role of CINs in striatal

output, response flexibility, and reward learning [50, 67-70], this circuit likely contributes

to stress-driven behavioral adaptations [58, 71-74]. A limitation of our optogenetic

approach is the use of CRF-Cre;Ai32 mice, in which ChR2 is expressed in all CRF+

neurons. Thus, although our tracing confirmed CeA and BNST inputs, we cannot exclude

contributions from other CRF+ populations. Future work using projection-specific

targeting approaches will be required to isolate CeA and BNST contributions.

Tracing and receptor expression studies were performed in mice and rats in a

largely non-overlapping manner. While mice and rats share many conserved

amygdalostriatal components, we did not attempt direct cross-species comparisons, and

our findings should therefore be interpreted as species-specific. In rats, CRFR1

expression was largely restricted to a subset of CINs, consistent with previous reports. In

mice, the histological distribution of CRFR1 remains less well defined; however, our

recordings from GFP-labeled CINs in ChAT-GFP mice demonstrated that bath-applied

CRF increased CIN firing in a CRFR1-dependent manner. These recordings were

conducted in the presence of glutamatergic and GABAergic antagonists, and in some

cases TTX, ensuring that CINs were functionally isolated from upstream inputs. Because

striatal acetylcholine arises almost exclusively from CINs, with only a minor contribution

from brainstem cholinergic afferents, it is most likely that CRF-induced increases in

acetylcholine reflect direct CRFR1 signaling in CINs. Nevertheless, the possibility that

CRFR1 is expressed in other striatal cell types remains an important open question.

Another unresolved question is whether CRFR1+ CINs are equally abundant across

striatal subregions. While representative images may appear to suggest higher CRFR1+

CIN density in the DLS compared to the DMS, we did not quantify this systematically.

Future work will be needed to determine whether such regional differences exist, as they

could have important implications for dorsal striatal function.

Although CRFR1 expression has been reported in a subset of striatal CINs, we

found that the majority of mouse CINs increased firing in response to bath-applied CRF.

Using a CRFR1-GFP reporter mouse, only ~10% of CINs showed detectable somatic

CRFR1-GFP expression, indicating that widespread CIN responsiveness cannot be

explained solely by direct receptor expression at the soma. Reporter lines may

underestimate functional CRFR1 expression, particularly if receptors are expressed at

low levels or localized to distal neuronal compartments. Consistent with a CRFR1-

dependent mechanism, the CRF-induced increase in CIN firing was abolished by a

selective CRFR1 antagonist. In addition, CRF may act indirectly by modulating

presynaptic inputs to CINs, and electrical coupling among CINs may allow excitation of a

subset of neurons to propagate across the network [75]. Together, these mechanisms

provide a parsimonious explanation for broad CIN sensitivity to CRF despite limited

reporter-detected CRFR1 expression.

We found no CRF$^+$ neurons in the dorsal striatum, indicating that CRF signaling in

this region originates from extrinsic inputs, including the CeA and BNST. However, CRF+

neurons have been reported in the ventral striatum, where they play a role in learning-

related processes [76]. Thus, CRF's contribution to striatal function may differ along the

dorsal-ventral axis, with intrinsic ventral striatal CRF$^+$ neurons complementing extrinsic

dorsal striatal CRF inputs. These sources of CRF may modulate striatal circuits involved

in selecting behaviors flexibly, a process critical for adaptive responses to stress.

Electrophysiological experiments further show that CRF fiber stimulation enhances CIN

excitability even in the presence of synaptic blockers, supporting a direct modulatory role

for CRF signaling on cholinergic tone in the striatum. Moreover, the transient effects of

endogenous CRF release, compared to the prolonged activation from CRF bath

application, suggest that CRF signaling may generate temporally dynamic patterns of CIN

activity to influence behavioral output.

Alcohol Disrupts CRF-Mediated CIN Excitation

One key observation is that alcohol exposure disrupts CRF-mediated CIN

excitation. Both acute alcohol exposure and withdrawal attenuate the CRF-induced

increase in CIN activity, indicating that alcohol reduces CIN responsiveness to CRF, a

stress-related neuromodulator. Because stress is a well-established trigger for alcohol

relapse [77-79], the observed alcohol-induced disruption of CRF signaling may impair the

brain's ability to adaptively respond to stress, thereby increasing susceptibility to relapse.

Such dysregulation may compromise stress resilience mechanisms normally mediated

by CRF–cholinergic interactions within the striatum and related corticostriatal circuits.

Under normal stressful conditions, CRF release onto CINs can modulate cholinergic

signaling to adjust behavioral strategies and promote flexible adaptation to environmental

demands. However, alcohol-induced impairment of CRF–CIN communication and CIN

responsiveness may blunt this adaptive flexibility [49, 62]. Consequently, stress may

instead bias behavior toward habitual or compulsive alcohol seeking, leading to relapse.

These findings highlight a potential pathway through which chronic alcohol exposure

erodes adaptive stress coping and promotes relapse vulnerability. While these alcohol

effects were modest in magnitude, they were consistent across recordings and

statistically reliable. It is important to note, however, that ex vivo slice physiology may

underestimate ethanol's impact due to factors such as washout, diffusion barriers, and

the absence of an intact network state. Thus, future in vivo studies are needed to evaluate

the robustness and behavioral relevance of this modulation. It also remains to be

determined whether ethanol pre-exposure alters subsequent CIN responses to ethanol in

the absence of CRF, an important question for future studies.

One possibility is that alcohol exposure downregulates CRFR1 expression [80, 81] or

alters CIN function [49], reducing their responsiveness to stress-related input [82, 83].

Another is that alcohol may interfere with intracellular signaling cascades downstream of

CRFR1 activation, leading to diminished excitability and ACh release. Another possibility

is that alcohol and CRF may converge on CINs through an occlusion mechanism, in which

prior activation of CRFR1 reduces the efficacy of subsequent CRF signaling. Although

our ex vivo preparation does not readily permit a direct test of this hypothesis, future in

vivo approaches with high temporal control will be important to evaluate this possibility.

Implications for Alcohol Use Disorder

By delineating a CRF-to-CIN pathway linking the extended amygdala to the dorsal

striatum, our findings provide insight into how stress and alcohol may interact at the circuit

level to influence striatal processing relevant to behavior. Given the role of CINs in habit

learning and behavioral flexibility [84], disruption of this stress-sensitive cholinergic circuit

may underlie the decision-making deficits and compulsive alcohol-seeking behavior

observed in AUD [48-50, 85-87].

In summary, we identify a direct CRF-positive projection from the CeA and BNST

to dorsal striatal CINs, revealing a new mechanism by which stress can modulate

cholinergic signaling in the striatum. We show that CRF enhances CIN excitability and

ACh release, and that alcohol exposure attenuates this modulation. These findings

highlight the CRF-CIN circuit as a potential site of vulnerability in AUD and suggest that

restoring CRF signaling may help counteract stress and alcohol-induced striatal

dysfunction. Future work should assess whether pharmacological or circuit-based

interventions targeting CRFR1 or CINs can mitigate behavioral impairments in individuals

with AUD.

Acknowledgements

We thank Yufei Huang for discussions and supplementary data. This research was supported by NIAAA R01AA021505 (JW), R01AA027768 (JW), U01AA025932 (JW), R01MH112768 (NJ), and R21AG086907 (NJ).

The authors declare no competing financial interests.

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Figure Legends

Figure 1. Dorsal Striatal CINs Receive Monosynaptic Inputs From the CeA and BNST

A, Schematic illustrating the infusion of helper viruses (AAV-DIO-TVA-mCherry and AAV-DIO-RG) and rabies-GFP (RV-GFP) into the dorsal striatum of ChAT-Cre;D1-tdTomato mice. The rabies-GFP was infused 3 weeks after the helper virus infusion, and animals were euthanized one week after the rabies infusion. **B,** Model for the retrograde transsynaptic labeling of CeA and BNST neurons projecting to dorsal striatal CINs. TVA permits selective infection by the rabies-GFP virus, while RG mediates the retrograde transsynaptic jump from postsynaptic CINs to presynaptic terminals of CeA or BNST neurons. **C,** Sample image showing CeA neurons projecting to dorsal striatal CINs, as indicated by rabies-GFP expression. AP: -1.50 mm from Bregma. TS, tail of the striatum. Scale bar: 0.5 mm, 50 µm for insert. **D,** Sample image demonstrating that BNST neurons project to dorsal striatal CINs, as indicated by rabies-GFP expression. Note that the injection site (inj. site) is also displayed in the posterior dorsal striatum. AP: -0.26 mm from Bregma. DS, dorsal striatum; ac, anterior commissure. Scale bar: 0.5 mm, 50 µm for insert. **E,** The CeA and BNST both send projections to the dorsal striatum, with the BNST providing more inputs. ***$p < 0.001$ by Mann-Whitney test. n = 13 sections from 4 mice (13/4) for the CeA and 15/4 for the BNST.

Figure 2. CRF-Positive Neurons Are Abundant in the CeA and BNST but Absent in the Dorsal Striatum

A, **B,** Confocal images showing dense populations of tdTomato-labeled CRF$^+$ neurons in the CeA (A) and BNST (B) of CRF-Cre;tdTomato rats. AP: -1.5 mm from Bregma (A) and -0.26 mm (B). Scale bars: 1 mm (left) and 50 μm (right). DS, dorsal striatum. **C**, Representative image of the posterior dorsal striatum showing the presence of CRF$^+$ axonal fibers but the absence of CRF$^+$ cell bodies. AP: -0.26 mm from Bregma. Scale bar: 100 μm. **D**, The CeA and BNST contain more CRF$^+$ neurons than the dorsal striatum. *p < 0.05 by Kruskal-Wallis with Dunn's Method. n = 20 slices from 7 rats (20/7) for the CeA, 29/7 for the striatum, and 15/7 for the BNST.

Figure 3. CINs Receive Monosynaptic Input From CeA and BNST CRF$^+$ Neurons

A, Schematic showing virus injection (AAVretro-DIO-GFP) into the dorsal striatum of CRF-Cre;tdTomato rats. **B,** Representative image showing the injection site of AAVretro-DIO-GFP in the posterior dorsal striatum of CRF-Cre;tdTomato rats. Overlapping tdTomato$^+$ (CRF$^+$) and dorsal striatum-derived Cre-driven GFP$^+$ expression in the BNST (depicted in yellow) indicates that these CRF$^+$ neurons project to the dorsal striatum. ac**,** anterior commissure; LV**,** left ventricle; tdT**,** tdTomato; DS-proj, dorsal-striatum-projecting. Scale bar: 0.5 mm (left), 10 μm (right). The AP coordinates for the injection site from each of the 5 rats are as follows: AP: 0.00 mm, 0.10 mm, 0.12 mm, 0.00 mm, 0.11 mm. **C,** Images showing the overlap (in yellow) of tdTomato$^+$ (CRF$^+$) and dorsal striatum-derived Cre-driven GFP$^+$ expression in the CeA, confirming that these CRF$^+$ neurons also project to the dorsal striatum. TS**,** the tail of the striatum. Scale bar: 1 mm (left), 10 μm (right). **D,**

The CeA and BNST contain a similar CRF$^+$ neuron density. n.s., not significant, $p > 0.05$

by unpaired t test, n = 9 sections from 5 rats (9/5) for the CeA and 8/5 for the BNST. **E,**

The proportion of CRF$^+$ neurons projecting to the dorsal striatum is higher in the BNST

compared to the CeA. ***$p < 0.001$ by unpaired t test, n = 9/5 (CeA) and 8/5 (BNST). **F,**

The density of dorsal striatum-projecting CRF$^+$ neurons is greater in the BNST than the

CeA. **$p < 0.01$. n = 9/5 (CeA) and 8/5 (BNST). **G,** Schematic showing the injection of

AAV-FLEX-Chrimson-tdTomato into the CeA and BNST of CRF-Cre;ChAT-eGFP mice

and the subsequent recording of green striatal CINs during blue light stimulation of

surrounding Chrimson-containing fibers from CRF$^+$ neurons. Fibers were stimulated at a

wavelength of 590 nm for 2 ms. **H,** Sample traces showing CIN responses to blue light

stimulation of CRF fibers, which were abolished by TTX, recovered with TTX+4-AP and

further eliminated by bicuculline (Bic). **I,** Summary of oIPSC data showing the

disappearance of oIPSCs with TTX and reappearance with TTX and 4-AP. *$p < 0.05$ by

one-way ANOVA. n = 4 slices. **J,** The average latency between the start of optogenetic

stimulation and postsynaptic response was ~6.5 ms. n = 8 cells.

Figure 4. CRFR1 is Expressed in Striatal CINs

A, Representative image of a coronal striatal section from a CRFR1-Cre-tdTomato rat

showing CRFR1 expression overlapping with anti-ChAT immunoreactivity. The section

was stained using an anti-ChAT antibody and imaged using a far-red (647 nm)

wavelength (white). Scale bars: 1 mm (left), 100 μm (middle), and 20 μm (right). **B,** There

are significantly fewer CRFR1$^+$ CINs than the total number of CINs in the dorsal striatum.

***$p < 0.001$ by Mann-Whitney test. n = 8 sections from 2 rats. **C,** Around 30% of CINs

express CRFR1 in CRFR1-Cre;tdT rat. n = 8 sections from 2 rats. **D**, Representative

image of a coronal striatal section from a CRFR1-GFP mouse showing CRFR1

expression overlapping with anti-ChAT immunoreactivity. **E**, Around 9% of CINs express

CRFR1 in CRFR1-GFP mouse. n = 35 sections from 4 mice.

Figure 5. CRF Enhances CIN Activity and ACh Release in the Dorsal Striatum

A, Sample images of GFP-labeled CINs in the striatum of a ChAT-eGFP mouse. Scale

bar: 0.5 mm, 50 µm (inset). **B**, Bath application of CRF (100 nM) increased the

spontaneous firing of dorsal striatal CINs in cell-attached electrophysiological recordings.

This effect was prevented by pretreatment with the CRFR1 antagonist NBI 35695 (5 µM).

n = 7 cells from 3 mice (7/3) for CRF and 6/3 for CRF plus antagonist recordings. **C,** Data

showing that CRF significantly increases the firing from baseline and the firing frequency

in the presence of CRF following pretreatment with CRFR1 antagonist is significantly

lower. ***$p < 0.001$ by paired t-test, ***$p < 0.001$ by Mann Whitney test. n = 7 cells from 3

mice. **D,** Sample images of ACh sensor fluorescence in dorsal striatal slices before and

during bath application of CRF (100 nM). AAV-hSyn-GRAB$_{ACh4m}$ (BrainVTA) was infused

into the dorsal striatum of wildtype mice, and live-tissue confocal imaging was conducted

two weeks post-infusion. Scale bar: 10 µm for left and right. **E,** Sample trace of

spontaneous ACh release events (indicated by red arrows, top). Bath application of CRF

increased ACh sensor fluorescence (bottom). **F,** Summary data showing a significant

increase in ACh sensor fluorescence following CRF application. *$p < 0.05$ by Mann-

Whitney test. n = 7 slices from 7 mice. **G,** Schematic of cell-attached electrophysiological

recordings from dorsal striatal CINs in CRF-Cre;Ai32;ChAT-eGFP mice, with

simultaneous optogenetic stimulation of CRF$^+$ fibers using blue light (470-nm, 2 ms, 50

Hz, 60 sec). **H,** Sample trace showing the increase in CIN firing frequency during blue

light stimulation of CRF$^+$ fibers. **I,** Data demonstrating a significant and reversible increase

in CIN firing frequency during optogenetic stimulation, *$p < 0.05$, ***$p < 0.001$ by one-way

RM ANOVA. n = 13 neurons from 8 animals. **J**, Sample trace showing no change in CIN

firing frequency during blue light stimulation of CRF$^+$ fibers when CRFR1 antagonist

(antalarmin hydrochloride, 2 μM) was bath applied. **I**, Data demonstrating no significant

change in Cin firing frequency during optogenetic stimulation. n = 9 neurons from 3 mice.

Figure 6. Acute Alcohol Exposure Attenuates CRF-Induced Enhancement of CIN

Activity

A, Time course of spontaneous firing in CINs from dorsal striatal slices of ChAT-eGFP

mice, before, during, and after bath application of alcohol (EtOH; 50 mM). **B,** Summary

data demonstrates a significant reduction in CIN firing frequency following alcohol

application. **$p < 0.01$ by Mann-Whitney test. n = 6 cells from 4 mice. **C,** Schematic of the

experimental design in which striatal slices were pretreated with alcohol (50 mM) for 1 h

in an incubation chamber and then washed for 15 min in the recording chamber. CINs

were selected for cell-attached electrophysiological recordings, measuring firing

frequency for 10 min (baseline), followed by CRF (40 nM) and alcohol (50 mM) bath

applications for 10 min each. **D, E,** Data showing spontaneous firing of CINs during

baseline (BL), CRF, and alcohol bath application for the control (D) and alcohol pretreated

(E) groups. *$p < 0.05$, **$p < 0.01$, ***$p < 0.001$ by one-way RM ANOVA. n = 10 cells from

8 mice (10/8) for the control group and 10/7 for the alcohol pretreated group. **F,** Data

showing that alcohol pretreatment attenuated CRF-induced enhancement of CIN firing

frequency. *$p < 0.05$ by unpaired t-test. n = 10 cells from 8 mice (10/8) for the control

group and 10/7 for the pretreated group.

Figure 1

Figure 2

Figure 3

Figure 4

Figure 5

Figure 6